



Infectious Myelopathies

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Introduction

Infections are an important cause of myelopathy globally. Causative organisms vary by population and region (Tables 8.1 and 8.2). Clinical presentations of infections affecting the spinal cord vary according to the micro-organism involved and the pathological process and can include acute flaccid myelitis, acute myelitis, radiculomyelitis and chronic progressive paraparesis. Certain populations are at increased risk of infectious myelopathies, such as immunocompromised patients. Establishing the correct diagnosis is essential in infectious myelopathies, as many of these diseases are amenable to treatment with specific anti-microbials. The clinical, diagnostic and management considerations for the most common and most important causes of micro-organism associated myelopathy will be presented in this chapter.

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Table 8.1 Important micro-organisms causing infectious or parainfectious myelopathy

Viruses	Bacteria
<i>HIV</i>	<i>Pyogenic abscesses</i>
<i>HTLV-1</i>	<i>Mycobacterium tuberculosis</i>
<i>HSV-2</i>	<i>Borrelia burgdorferi</i>
<i>VZV</i>	<i>Treponema pallidum</i>
<i>CMV</i>	Fungi
<i>Rabies virus</i>	<i>Cryptococcus neoformans</i>
<i>West Nile virus</i>	<i>Aspergillus species</i>
<i>Zika virus</i>	Parasites
<i>Dengue virus</i>	<i>Schistosoma species</i>
<i>Japanese encephalitis</i>	<i>Taenia solium</i>
<i>Tick-borne encephalitis</i>	

Table 8.2 Infectious myelopathies with regions of endemicity

Micro-organism	Areas of highest incidence	Clinical spinal cord presentation(s)
<i>HIV</i>	Global disease burden with highest frequency in sub-saharan Africa	Chronic progressive spastic paraparesis
<i>HTLV-1</i>	Japan, South America, Caribbean, Africa (west, central and south)	Chronic progressive spastic paraparesis
<i>Rabies virus</i>	Africa, Asia	Flaccid areflexic paralysis evolving to quadriplegia and respiratory failure
<i>West Nile virus</i>	United States, North Africa, Eastern Europe, France	Infectious prodrome followed by acute flaccid paralysis
<i>Zika virus</i>	South America, Central America, Caribbean, Pacific regions	Acute myelitis
<i>Japanese encephalitis</i>	South and East Asia	Acute flaccid paralysis
<i>Tick-borne encephalitis</i>	Europe, Russia, East Asia	Acute flaccid paralysis
<i>Borrelia burgdorferi</i> (<i>Lyme disease</i>)	North America, Europe, Asia	Painful polyradiculitis +/- segmental myelitis Longitudinally extensive myelitis
<i>Schistosoma species</i>	Sub-Saharan Africa, South America (Brazil & Venezuela), Asia (China, Japan & South-East Asia)	Acute painful myelitis and/or polyradiculitis
<i>Taenia solium</i> (<i>cysticercosis</i>)	Sub-Saharan Africa, South & Central America, China, India, South-East Asia	Subacute or chronic myelopathic syndrome

Viral Myelopathies

Retroviruses

HIV

Myelopathy in HIV can result from a number of underlying pathologic processes. The most common form is HIV-associated vacuolar myelopathy, named after the distinct histopathological features described below [1]. HIV-associated vacuolar myelopathy typically occurs in longstanding HIV infection with low CD4 cell counts or in the context of AIDS. However, it has been reported as an early or presenting feature of HIV on rare occasions [2]. Autopsy series in the pre-antiretroviral era demonstrated pathological changes of HIV-associated vacuolar myelopathy in 22% of spinal cords of AIDS-patients, some of whom did not have spinal cord symptoms, suggesting that the clinical syndrome is subtle or asymptomatic in some patients [1].

Early symptoms can include paresthesias, leg discomfort and erectile dysfunction [3, 4]. These are followed by progressive spastic paraparesis which is typically symmetric and may involve gait ataxia [3]. Bowel and bladder dysfunction with incontinence occurs in over half of patients [1]. Sensory deficits predominantly reflect dorsal column involvement with impaired vibration and proprioception [3]. The clinical syndrome may plateau after many years. A caveat in interpreting sensory findings and reflexes in HIV patients is the possibility of a co-existing HIV-associated peripheral neuropathy which has been reported in approximately 40% of patients with HIV [5].

HIV-associated vacuolar myelopathy is considered a clinical diagnosis and one of exclusion in HIV patients, as there are no specific diagnostic investigations other than pathological examination. MRI of the spinal cord is usually unremarkable, although high T2 signal in the posterior and lateral cord may be seen in some cases [6]. CSF analysis is often undertaken to rule out opportunistic infection which can occur in HIV and serological studies for HTLV should be sent, since co-infection with human T-cell lymphotropic virus-1 (HTLV-1) and HIV is associated with increased risk of myelopathy [7].

Anti-retroviral therapy is not thought to alter the natural history of HIV-associated vacuolar myelopathy in individuals [4], although the incidence of this syndrome in the HIV population has reduced since the introduction of highly active anti-retroviral therapy [8].

Characteristic pathological findings at autopsy are vacuolation of the white matter with infiltrate of lipid-laden macrophages, most prominent in the lateral and posterior regions of the mid to lower thoracic spinal cord [1]. As the pathological changes are very similar to those seen in subacute combined degeneration of the

cord due to B12 deficiency, it has been suggested that metabolic pathways may be involved in the pathogenesis of this disorder [9]. However, the clinical syndrome does not respond to B12 supplementation [8].

Other causes of myelopathy related to HIV are also possible. Acute transverse myelitis has been reported as a complication of seroconversion and has been successfully treated with corticosteroids and anti-retroviral therapy [10]. Co-infection or opportunistic infection with mycobacterium tuberculosis, HTLV-1, cytomegalovirus, herpes simplex virus, varicella zoster virus, syphilis or cryptococcus neoformans should also be considered as causes of myelopathy, while epidural abscess from a variety of bacteria resulting in compressive myelopathy is also more frequent in HIV patients [4].

Human T-cell Lymphotropic Virus (HTLV)

HTLV is transmitted through exchange of bodily fluids, typically in the setting of sexual intercourse, blood product transfusions, or shared needles. HTLV-1 is endemic in South America, the Caribbean, Japan and western, central and southern Africa [11], while HTLV-2 is found in certain populations in the Americas, such as American Indians [4, 12]. HTLV-1 seropositivity in the United States is very rare, with the exception being intravenous drug users and commercial sex workers in whom sero-prevalence may be as high as 18% [13]. Of the two subtypes, HTLV-1 causes myelopathy much more frequently than HTLV-2, although cases have been reported in association with HTLV-2 [14].

Most individuals with HTLV-1 seropositivity are asymptomatic carriers, with less than 4% of infected persons developing ‘HTLV-associated myelopathy’ (HAM) or ‘tropical spastic paraparesis’ (TSP) [15, 16]. Risk of progression from carrier to symptomatic state is thought to be modified by proviral load, host HLA genotype and immune response [11]. Pathological findings seen in the spinal cord at autopsy are perivascular inflammatory infiltrates in the grey and white matter and hyaloid thickening of the media and adventitia of blood vessels, with demyelination and axonal degeneration of the anterior and lateral columns of the spinal cord, most marked in the thoracic region [17].

Clinical presentation is similar to that of HIV-associated myelopathy. Patients develop a slowly progressive myelopathy with prominent spasticity and early bladder dysfunction. Pain and sensory symptoms are less prominent but can occur [18]. Symptoms and signs are typically limited to the lower extremities which results in progressive gait disturbance, without remission or plateau. Patients may become wheelchair-bound around 20 years after symptom onset [11].

Laboratory testing for HTLV-1 antigen and antibody can be performed on both serum and CSF, with newer assays providing high sensitivity and specificity [19]. Proviral load can be tested in peripheral blood [11]. Routine CSF analysis may be normal [20] or may demonstrate mild non-specific abnormalities suggestive of inflammation i.e. mild lymphocytosis, elevated protein or positive oligoclonal bands [8]. MRI of the spinal cord may be normal or show atrophy, with a minority of

patients demonstrating focal or diffuse spinal cord lesions [20–22]. It has been suggested that patients with HTLV-1 (both symptomatic and asymptomatic patients) may frequently have non-specific white matter lesions seen on MRI brain [20, 21].

Treatment with corticosteroids may be beneficial in the early inflammatory stage of the disease [11]. Various antivirals and immunomodulatory treatments such as interferon-alpha, cyclosporine A and diazole have also been reported to be of benefit in small numbers of patients [11, 23].

Herpesviruses

Herpesviruses are a family of DNA viruses with high prevalence worldwide. Herpes simplex virus (HSV), varicella zoster virus (VZV), Epstein-Barr virus (EBV) and cytomegalovirus (CMV) can cause a myelitis during primary infection or after remaining latent in sensory ganglia or the immune system for years.

Herpes Simplex Virus (HSV)

HSV-1 is a common infection transmitted via oral contact, while HSV-2 is typically transmitted during sexual contact with active genital lesions. HSV-2 can cause a myeloradiculitis of the lower spinal cord during primary infection or reactivation (Elsberg Syndrome), with symptoms of lower extremity weakness, bladder dysfunction, radicular pain, numbness or paresthesia in a lumbosacral distribution [24]. Attacks are usually self-limiting but can be recurrent. MRI may be normal, or show edema/hyperintensity/enhancement of the lower cord and nerve roots [24].

A more severe presentation of HSV-2 is acute necrotizing myelitis beginning in the lumbo-sacral region and ascending to the thoracic and cervical regions [25]. This presentation is most frequent in the immunocompromised (particularly with HIV), though cases have also been reported in immunocompetent patients [24, 26, 27]. Paraplegia can be severe and in early stages is often flaccid with absent reflexes [8]. CSF usually shows elevated protein and a mild-to-moderate pleocytosis (lymphocyte-predominant, although polymorphs can be seen with necrotizing lesions) [8].

For both presentations of HSV-2 myelitis, viral DNA can usually be detected from CSF using PCR [25, 28]. Patients can be treated with aciclovir, although the benefit of this medication is unproven in this setting. Outcome varies from complete recovery with Elsberg syndrome to severe residual spastic paraparesis with acute necrotizing lesions.

While encephalitis is the recognized manifestation of HSV-1 in the CNS, rare cases of myelitis have been reported with this viral subtype [29].

Varicella Zoster Virus (VZV)

After primary infection, VZV remains latent in the dorsal root ganglion. Reactivation is more common in the immunocompromised and results in a characteristic

vesicular painful dermatomal rash commonly known as shingles, with associated neuropathic pain. Rarely, during an episode of zoster, the virus may spread retrogradely to the spinal cord and cause a myelitis, days to weeks after the dermatomal rash [30]. In immunocompetent patients, myelitis symptoms are often mild and self-limiting [31]. By contrast, in immunocompromised individuals, the presentation is more insidious, severe or potentially fatal, and can even occur without preceding zoster rash (zoster sine herpete) [30, 32].

MRI in VZV myelitis demonstrates T2 hyperintensity at the spinal level corresponding to the involved dermatome, with lesions appearing asymmetric in axial sequences [8]. CSF findings are similar to those seen in HSV myelitis. CSF VZV PCR, VZV IgM and IgG should be tested, with antibody tests reported to demonstrate higher sensitivity than PCR tests in diagnosing CNS complications of VZV [33]. However, physicians should remember that a clinical diagnosis of VZV myelitis can often be made in the appropriate context, allowing early treatment with intravenous acyclovir. The addition of corticosteroids has also been reported to be helpful in some patients [34].

VZV vasculopathy is another well-recognized CNS complication of VZV infection, and it is important to remember that this vasculopathy can cause ischemic myelopathy as well as cerebral stroke [30].

Cytomegalovirus (CMV) & Epstein-Barr Virus (EBV)

CMV is a global infection. Population seroprevalence is between 50% and 60% in highly developed countries [35, 36] while developing countries demonstrate higher seroprevalence, even approaching 100% in some populations [37, 38]. CMV can cause a subacute polyradiculomyelitis in immunocompromised patients, particularly in individuals with advanced HIV (CD4 count <50 cells/mm³) or organ transplant recipients. Clinical presentation is usually ascending weakness and sensory impairment, loss of reflexes and sphincter dysfunction [39]. MRI shows inflammation of the spinal cord and/or nerve roots. Pleocytosis is expected in CSF, and hypoglycorrhachia can also be observed in some cases [39]. CMV DNA can be identified in the CSF with PCR, and serum antibody studies can confirm the presence of CMV IgG antibody. Patients should be treated with intravenous ganciclovir and/or intravenous foscarnet, however, the outcome is often poor [40].

Transverse myelitis occurring in association with primary CMV infection in immunocompetent hosts is likely an immune-mediated phenomenon rather than direct viral infection of the spinal cord, supported by the absence of CMV DNA in CSF of these patients [41], although rare case reports have suggested that direct infection may be possible even in immunocompetent hosts [42]. A similar clinical picture of immune-mediated para-infectious transverse myelitis can occur in association with primary EBV infection, another global infection with high population prevalence [43]. The clinical features of para-infectious transverse myelitis will be discussed later in this chapter.

Rabies Virus

Clinical presentations of rabies virus have become exceedingly rare in developed countries such as the United States, due to effective disease control at an animal level and the availability of rabies vaccine and immunoglobulin for exposed individuals [44]. However, the disease still causes morbidity and mortality in Africa and Asia, with annual human deaths worldwide estimated at almost 60,000 [45]. Rabies virus is transmitted through animal bites (typically dog or bat bites) and spreads to the CNS via peripheral nerves during an incubation period of 20–90 days [44]. Clinical manifestation can be with encephalitic ‘furious’ rabies or less commonly with a radiculomyelitic ‘paralytic’ form. These clinical presentations seem to be determined by whether the initial burden of disease occurs in the brain or the spinal cord. Both forms are usually fatal within days, although time to death in patients with the paralytic form is approximately twice that of encephalitic form [46].

Rabies virus enters the nervous system through the neuro-muscular junction and travels by retrograde tran-synaptic transmission via motor neurons to the CNS [47, 48]. The virus is also thought to spread to peripheral sensory ganglia and peripheral sensory nerves via centrifugal propagation and anterograde axonal transport [47, 49]. The predilection of rabies virus for neurons and its rapid spread through the nervous system may be related to the expression of specific neuronal membrane molecules which bind the virus, and the ability of virally-infected neurons to evade apoptosis [48, 50]. Electrophysiologic and pathophysiologic studies suggest significant peripheral nerve and nerve root dysfunction in paralytic rabies, compared to prominent anterior horn cell dysfunction in furious rabies [44, 51]. The pathogenetic reasons for these differences in clinical presentation are not completely understood, but may relate to host immunological factors [51].

Clinical presentation of paralytic rabies is with flaccid areflexic paralysis which can begin in one limb before evolving to quadriparesis, respiratory failure and dys-autonomia. Neuropathic pain can occur and presentation can be mistaken for Guillain-Barre Syndrome. Radiculomyelitis also occurs in the encephalitic form of rabies, but is a later and less clinically important feature in this form as the patient is typically already comatose and severely ill [46].

MRI spinal cord typically shows T2 hyperintensity of the nerve roots and grey matter [46, 52, 53]. MRI brain shows similar non-enhancing increased T2 signal in the brainstem, thalamus, limbic system and white matter of the cerebral hemispheres [46]. Lymphocytic pleocytosis is seen in CSF. Rabies virus RNA can be isolated in CSF, saliva or skin biopsy and anti-rabies virus antibodies can be detected in serum [44]. Rabies virus antigen can also be isolated in skin biopsy taken from a region with hair follicles (viral antigen can be identified in adjacent small sensory nerves) [54].

There is no proven treatment for human rabies, although multiple strategies including rabies vaccination, immunoglobulin, ribavirin, sedatives and

interferon-alpha have been attempted. Survival is extremely rare but has occurred with bat-variant rabies. Survival in these rare cases has not been consistently associated with given treatments, and may instead be determined by host immune response [46].

Flaviviruses

West Nile Virus

West Nile virus is an RNA virus transmitted to humans by the *Culex* mosquito [55]. The virus was first isolated from a female patient in the West Nile region of Uganda in 1937 and was named accordingly [56]. However, this nomenclature is misleading as outbreaks were quickly recognized in other regions such as the Mediterranean, Israel, North Africa, Russia and India [57]. Over the past 20 years, the epidemiology and clinical characteristics of West Nile virus have evolved [57]. Outbreaks of symptomatic disease have become more frequent in diverse locations, and CNS manifestations have become more widely recognized [57]. The first cases in the US were seen in 1999 in New York, and since then the virus has spread across the country [55]. In 2016, 2149 US cases from 46 states were reported to the Centers for Disease Control and Prevention, of which 1309 were reported to be neuro-invasive [58]. Highest incidence occurred in central states including North and South Dakota, Wyoming and Montana [58]. While North America currently has the highest global incidence of West Nile virus, presentations also remain frequent in areas of North Africa, Eastern Europe and France [59].

Symptomatic West Nile virus can be either neuroinvasive or non-neuroinvasive. As many infections are asymptomatic, neuroinvasive disease with direct infection of the nervous system only occurs in approximately 1% of overall infection [60]. Clinical presentation of neuroinvasive disease is with meningitis, encephalitis, myelitis, and radiculitis, either alone or in combination. Infectious symptoms (fever with or without maculopapular rash) usually occur 1–2 days prior to onset of West Nile myelitis, and neurological presentation is with acute flaccid paralysis due to involvement of the anterior horn cells of the spinal cord [60]. Rapid evolution of asymmetric weakness is seen, often with monoplegia, however severe presentations with quadriplegia and respiratory failure can occur [61]. Weakness usually reaches a nadir within 72 h of onset [61]. Cranial nerve manifestations such as facial weakness, extraocular muscle weakness, dysarthria and dysphagia are seen in the majority of patients [61]. Pain in affected limbs is frequent, but sensory loss or paresthesia are uncommon [60]. In rare cases, where polyradiculopathy is more prominent than myelitis, presentation with a Guillain-Barre-like syndrome of ascending weakness and sensory symptoms can occur, and a demyelinating sensorimotor neuropathy can be seen on nerve conduction studies in these patients [60, 61]. Encephalitis is frequently concurrent with other neurological involvement, which can make clinical assessment challenging.

CSF in neuroinvasive West Nile virus demonstrates a pleocytosis (typically a mixed population of lymphocytes and neutrophils with median white cell count of

100 or 200), while protein is usually elevated to the range of 100 mg/dL [61, 62]. The yield of serological and PCR tests varies depending on the stage of infection. West Nile virus replicates at the site of inoculation then spreads to lymph nodes to cause primary viremia, so in early infection viral RNA may be detectable in the serum [63, 64]. By the time symptoms of neuroinvasive infection occur, West Nile virus has typically been cleared from the serum and peripheral organs, and West Nile virus IgM antibody is typically detectable in both serum and CSF [62, 63]. In some cases, viral RNA may also be isolated in CSF with PCR, however sensitivity of this test is low [55]. MRI spinal cord in patients with myelitis shows T2 hyperintensity most prominent in the ventral horn grey matter, with or without enhancement of the conus medullaris and cauda equina) [65–67].

Prevention of outbreaks relies on protection from mosquito bites. There is no definitively proven effective treatment for West Nile virus, although case series suggest that IVIG may be beneficial [68]. IVIG is hypothesized to be therapeutic due to the presence of anti-West Nile virus antibodies, which can be detected at high titers in products pooled from endemic regions [69]. Moreover, a preparation of IVIG developed in Israel using only plasma from donors with anti-West Nile virus antibodies has shown promise in animal models [70].

Outcome is variable, though most patients with polio-like presentations will have persistent weakness [60, 61]. Respiratory failure and quadriplegia are associated with the poorest outcomes and possibility of death [60].

Other Flaviviruses

Zika is an emerging mosquito-borne virus. Rare cases of human zika infection were described prior to 2007, when the first significant outbreak occurred in the Federated States of Micronesia [71]. Over subsequent years the virus has spread across pacific regions, South America, Central America and the Caribbean [72]. Multiple neurological complications have been recognized including congenital microcephaly, Guillain-Barre syndrome, myelitis and encephalitis. A handful of cases of myelitis have been reported in association with zika infection [73, 74]. Zika infection can be diagnosed with serum and/or CSF rRT-PCR or with anti-zika IgM (if cross-reactivity with dengue virus IgM can be excluded) [74]. Further research is required to determine whether myelitis associated with zika infection is a result of direct infection, or an immune-mediated para-infectious process.

Dengue virus is another mosquito-borne virus with a significant global disease burden. Neurological manifestations are uncommon, but include encephalopathy, encephalitis, myelitis and post-infectious peripheral nervous system complications [75]. While myelitis is thought to be immune-mediated in most cases, occurrence of myelitis in the acute infectious phase with detectable dengue virus in the CSF suggests the possibility of direct infection in rare cases [75, 76].

Japanese encephalitis predominantly affects children and young adults in southern and eastern Asia, while tick-borne encephalitis is seen in Europe, Russia and East Asia [77, 78]. Both viruses typically present with encephalitis, but the spinal cord may be involved in a minority of cases. Myelitis manifests with acute flaccid paralysis and motor recovery is typically poor. Vaccination is available for both viruses.

Polio Virus

Poliomyelitis caused by the polio virus has essentially become a historical diagnosis, and for this reason we will not provide a detailed description of this disease. Due to concerted global efforts towards eradication, there were only 20 reported cases worldwide in 2017, occurring in Pakistan and Afghanistan [79]. It is hoped that poliomyelitis will become completely eradicated in the coming years. The virus is usually acquired via the fecal-oral route, and poliomyelitis almost exclusively occurs in children [80]. Clinical presentation is characterized by a flu-like illness followed by fever, meningismus, nausea and vomiting. The next symptoms are myalgia and muscle spasms, followed by asymmetric flaccid areflexic paralysis predominantly affecting the lower limbs which evolves over 48 hours [80]. Bulbar involvement, respiratory failure and autonomic involvement result in higher morbidity and mortality, and encephalitis may rarely occur [81].

CSF is typically inflammatory. The virus can frequently be isolated from nasopharyngeal or stool samples. Serological studies and PCR studies on CSF or blood may also be useful in establishing the diagnosis [81]. MRI spine shows hyperintensity of the anterior horn cells, the neuronal cell type most prominently affected [82]. Treatment is supportive and therapy should be undertaken to reduce contractures and deformity. Survivors usually experience significant residual weakness, loss of muscle bulk and skeletal deformity. Some patients will experience functional decline decades later, named post-polio syndrome, the etiology of which is uncertain [80].

Pediatric Acute Flaccid Myelitis

Since 2014, clusters of cases of ‘polio-like’ illness in children have been reported in North America, Australia, South America and Europe [83–86]. Cases have typically occurred in seasonal and/or regional clusters and affected children ranging in age from 3 months to 15 years [85, 86]. Clinical presentation is associated with prodromal symptoms of infection such as fever, upper respiratory tract symptoms or gastroenteritis. Neurological manifestations occur 1–14 days after prodromal illness [83, 86]. Pain in affected limbs often precedes acute weakness, which reaches a nadir between 4 and 72 h [86]. Asymmetric flaccid paralysis is the hallmark of this clinical syndrome, with depressed or absent reflexes in affected limbs. Cranial nerves or respiratory muscles may be involved, with some patients requiring mechanical ventilation [83, 86]. Sensory deficits, bowel/bladder dysfunction and altered mental status occur in a minority of cases [87].

CSF shows a lymphocytic-predominant mild-to-moderate pleocytosis and mildly elevated protein [87]. MRI demonstrates T2 hyperintensity in the gray matter of the spinal cord which is often patchy/poorly defined in the early stage but becomes confluent as the disease progresses, extending over multiple vertebral levels and in some cases involving the whole length of the spinal cord and brainstem (Fig. 8.1) [87]. MRI abnormalities are typically non-enhancing at onset, although nerve-root

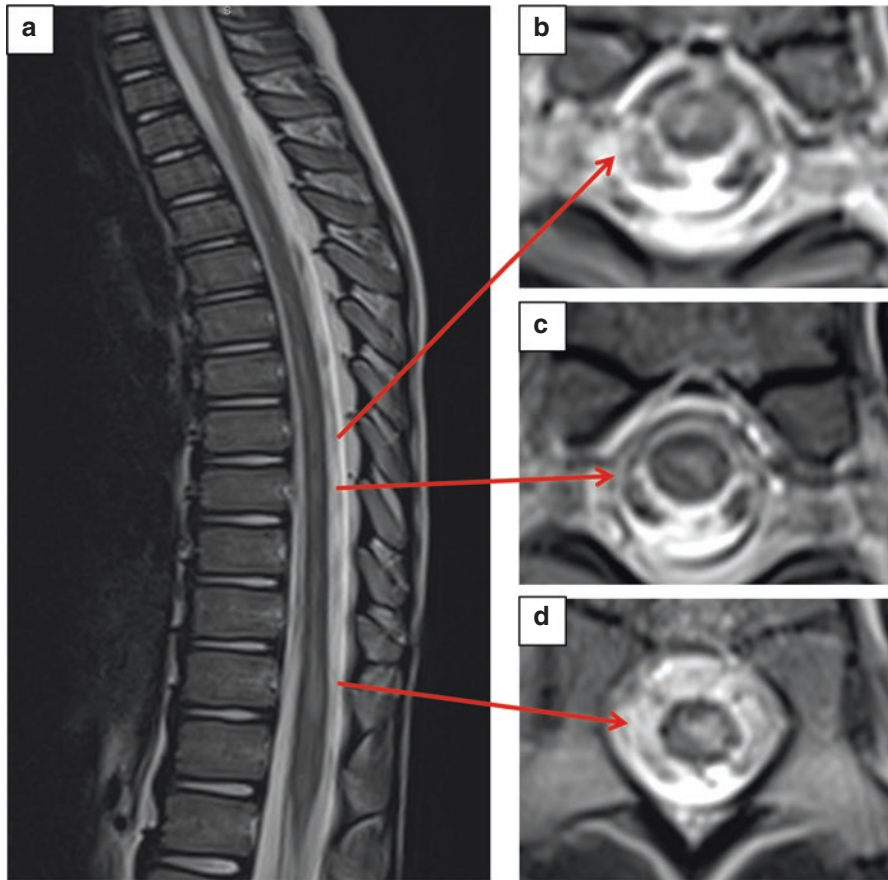


Fig. 8.1 Acute flaccid myelitis in a 3 year old male

Patchy asymmetric grey matter predominant hyperintensity can be seen throughout the spinal cord on sagittal (**a**) and (**b–d**) axial T2 sequences

enhancement may evolve later in the disease process [87]. Edema of the spinal cord may also be seen. Neurophysiology may demonstrate a motor neuropathy or neuronopathy in affected limbs, with electromyography changes persisting for a year or more [87].

The pathophysiology of AFM is not completely understood, but is thought to be primarily caused by non-polio enterovirus infection. Prodromal infectious symptoms are ubiquitous, and infectious organisms have been isolated in respiratory secretions or stool in many cases. The most frequently identified micro-organism in patients to date is enterovirus D68, with epidemiological evidence supporting an association between enterovirus D68 outbreaks and AFM clusters [87]. However, CSF PCR and next-generation sequencing studies have typically failed to identify viral organisms in the CNS of affected patients [87, 88].

There is no evidence-based treatment for AFM. Therapy with immunomodulatory or antiviral agents has been instituted in many cases, however it is unclear if any treatment affects the disease course [87]. Complete recovery following AFM is rare. Most patients have persistent motor deficits with muscle atrophy in affected limbs, and some patients may even remain ventilator dependent [87].

Bacterial Myelopathies

Abscesses in the Spinal Canal

Pyogenic Spinal Epidural Abscess

Abscess formation in the epidural space can result from hematogenous, lymphatic or contiguous sources of bacteria or from iatrogenic inoculation during medical procedures in the spinal region. The most common causative organism is *Staphylococcus aureus*, followed by gram-negative bacilli such as *Enterobacter*, *Klebsiella* and *Pseudomonas* [89, 90]. However, many other bacteria have been implicated in this infection (Table 8.3). Many risk factors for spinal epidural abscess have been identified (Table 8.3), the most important of which is diabetes mellitus [89, 91, 92]. However, in approximately 20% of cases there are no discernable risk factors [93].

The classic clinical triad described with spinal epidural abscess is back pain, fever and neurological deficits [92]. However, the full triad is only present in 10–15% of patients at first presentation [94]. Back pain is present in the vast majority of patients and is reported as acute, focal and severe. The pain may radiate in a radicular manner and the clinician may be able to elicit tenderness to palpation. A septic patient complaining of back pain should alert the physician to the possibility of a spinal epidural abscess. Meningism may occur as the disease progresses. The evolution of clinical symptoms ranges from days to weeks and neurological deficits usually follow other symptoms [94]. Findings on neurological examination will vary depending on the location of the abscess; from tetraparesis with cervical abscesses to cauda equina syndrome with lower lumbar abscesses.

Table 8.3 Pyogenic spinal epidural abscess: common organisms and risk factors

Causative bacteria	
<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>
<i>Streptococcus</i>	<i>Klebsiella</i>
<i>Coagulase negative staphylococci</i>	<i>Pseudomonas</i>
<i>Brucella</i>	<i>Mycobacterium tuberculosis</i>
Risk factors	
Diabetes mellitus	Recent surgery or procedure in spinal region
HIV	Intravenous drug use
Alcohol abuse	Trauma
Malignancy	Systemic infection (skin, soft tissue, UTI)
Other causes of immunosuppression	Indwelling catheters

Laboratory tests show raised inflammatory markers (C-reactive protein, erythrocyte sedimentation rate) and peripheral leukocytosis. MRI of the whole spine is the investigation of choice to diagnose spinal epidural abscess, as there may be multiple abscesses at different levels [90, 91]. Sensitivity of MRI is greater than 90%. Abscesses are most commonly seen in the thoracic and lumbar spine, specifically at the thoraco-lumbar junction [95]. The abscess is visualized as a T2 hyperintense, T1 hypointense mass in the epidural space, with associated thickening of overlying displaced dura. Post-contrast imaging is important as this demonstrates a rim-enhancing mass [90]. The spinal cord may show edema at the affected level, or there may be evidence of vascular compromise due to compressed or thrombosed vessels (arterial-pattern ischaemia or venous congestion can be seen). There may also be associated diskitis or facet joint infection, and fat-saturated images can be helpful in delineating areas of soft tissue and bone involvement [90, 94]. CSF is not particularly informative in spinal epidural abscess, and should be avoided in most scenarios due to the risk of creating further nidus of infection and the risk of downward spinal coning in cases with complete spinal subarachnoid block above the level of CSF sampling [96]. Instead, the causative organism should be isolated using other means. Positive blood cultures or sampling from another source of infection (e.g. cellulitis) may identify the culprit organism. However, blood cultures are negative in approximately 40% of cases, so direct sampling using CT-guided aspiration should not be delayed in cases where the organism cannot be quickly identified by other means [97]. In patients requiring urgent surgical decompression, microbiological samples can be obtained during the procedure. The decision on whether to withhold antibiotics until after a microbiological sample has been obtained depends on the patient's condition and the urgency of treatment.

In recent years, treatment of spinal epidural abscess has evolved, with approximately 40% of patients now treated by a primary medical approach rather than surgery [95]. Surgery (decompressive laminectomy and drainage) should be considered immediately in patients presenting with neurological deficits, and outcome is best with early intervention [98]. Medical therapy alone has a significant failure rate, with 10%–50% of these patients eventually requiring surgery [98]. Antibiotics are required in all cases, starting with broad-spectrum empiric treatment covering staphylococcus, streptococcus and gram-negative species, which can later be tailored according to culture and sensitivity findings.

Neurological deficits at presentation, older age (over 70 years) and co-morbid diabetes mellitus are predictors of poorer outcome in this patient group [98]. Recovery is particularly poor in patients with spinal cord injury secondary to vascular compromise [89].

Other Sites of Abscess Formation

Spinal intramedullary abscesses are extremely rare but can be a devastating neurological infection. They most frequently occur in association with an unrecognized congenital dermal sinus tract, often presenting in childhood [99, 100]. Intramedullary

abscesses can also occur with penetrating trauma/procedure to the spinal canal [101], as a complication of bacterial or fungal meningitis [102, 103], or in association with infective endocarditis [104, 105]. Patients present with localized or radicular back pain and neurological deficits. MRI typically shows a rim-enhancing lesion with associated spinal cord edema [106].

Finally, bacterial infections in structures outside the spinal canal can also lead to compressive myelopathy e.g. diskitis and vertebral osteomyelitis.

Tuberculosis

Neurological complications of *mycobacterium tuberculosis* (TB) infection remain common in the developing world. In the developed world, TB cases predominantly occur in immigrants from regions of endemicity and in higher-risk subpopulations including prisoners, illicit drug users, homeless individuals, patients with HIV and patients treated with anti-TNF therapies [107, 108]. Almost 10,000 cases of TB are reported annually in the US [107].

Pott's Disease

Myelopathy in patients with TB most commonly results from skeletal vertebrae involvement, in the form of Pott's disease (tuberculous spondylitis). The spine is the most frequent location of skeletal TB, with Pott's disease occurring in 1–2% of TB cases [109]. Infection of the vertebrae arises after spread of mycobacteria from an active source (via blood, lymphatics or adjacent lung tissue), or occurs in situ as a result of latent reactivation [110]. Any region of the vertebrae may be involved, but the anterior or central portion of lower thoracic or upper lumbar vertebrae is characteristic [110, 111]. Myelopathy results from direct compression of the spinal cord or vascular compromise (inflammatory arterial thrombosis or venous obstruction). Clinical presentation is insidious, with patients often exhibiting advanced changes on imaging by the time of diagnosis. Back pain, fever and neurological deficits (gait disturbance, leg weakness or sensory changes) are the most frequent presenting symptoms [112–114]. Advanced cases may present with Gibbus deformity, an angulated thoracolumbar kyphosis due to wedge-shaped destruction of vertebral bodies. Involvement of cervical paravertebral regions may result in dysphagia or stridor. Systemic symptoms including fever, weight loss, night sweats and cough are present in approximately half of cases, and pulmonary TB is identified in less than half of patients presenting with Pott's disease [109, 112].

Plain x-ray films remain important for diagnosis in the developing world and may demonstrate loss of vertebral body height, bony erosion, wedge-shaped destruction, kyphosis or associated soft-tissue changes [110]. Computed tomography can identify bony changes with more accuracy and may also identify pulmonary involvement. However, MRI of the entire spine should be the imaging modality of choice in patients with Pott's disease. This allows evaluation of the extent of bone and soft tissue involvement, and assessment of the spinal canal and spinal cord. Multiple non-contiguous vertebrae may be involved or a well-defined paravertebral

abscess may be identified. Involvement of the intervertebral disc occurs late in Pott's disease, and sparing of the disc may be helpful in differentiating TB from other pyogenic infections which typically arise from the disc [110]. Increased signal in the spinal cord can be a result of direct compression, or the pattern may suggest arterial compromise (prominent gray matter changes) or venous congestion (edematous lower spinal cord) [110]. Differential diagnosis includes other pyogenic infections, fungal infection, histiocytosis, lymphoma and bony metastases. Ancillary investigations for TB such as Mantoux test, serum interferon-gamma release assays, Ziehl-Neelsen staining or Lowenstein-Jensen culture of respiratory samples should be considered. However, diagnosis may be challenging and bone biopsy is frequently performed to identify caseating granulomas [109]. In addition to systemic anti-TB therapy, surgical decompression is usually required in individuals exhibiting neurological deficits.

Spinal Tuberculous Arachnoiditis

Tuberculous radiculomyelopathy results from inflammation of the arachnoid membrane and exiting nerve roots (spinal arachnoiditis). Spinal arachnoiditis can occur in association with TB meningitis, tuberculous spondylitis, or as the primary CNS TB manifestation [115]. Clinical presentation is characterized by subacute areflexic paralysis, often associated with radicular pain and sphincter disturbance [116]. Most patients present with a syndrome of polyradiculopathy, with less than 15% manifesting with myelitis [116]. Clinical findings may suggest cauda equina syndrome or conus medullaris syndrome. MRI spine demonstrates varying degrees of enhancing arachnoiditis, with possible loculated CSF spaces, cystic changes, clumping of nerve roots or spinal cord inflammation and edema [117, 118]. MRI brain should also be performed to assess for pachymeningitis, hydrocephalus or intracranial tuberculomas. Grossly elevated CSF protein (up to 8 g/L) is characteristic of TB meningitis and arachnoiditis [117]. CSF also demonstrates lymphocytic pleocytosis and low CSF glucose [117].

Other Causes of Myelopathy in TB

Cases of acute transverse myelitis (including longitudinally extensive transverse myelitis) have been reported with TB [119]. Intradural-extramedullary or intramedullary tuberculoma can also cause myelopathy and occur most frequently in the thoracic region; presentation is chronic and patients are usually not systemically unwell [116]. Epidural tuberculous abscess can result in compressive spinal cord injury [120]. Syringomyelia can occur as an early or late complication of TB meningitis or spinal arachnoiditis [121, 122]. TB can also trigger CNS vasculitis which can result in spinal cord infarction [116]. MRI and CSF studies are the cornerstone of diagnosis of CNS complications of TB. It is important to remember that patients with HIV are more likely to have disseminated TB with CNS involvement. Patients with CNS manifestations of TB may require longer courses of anti-TB therapy than patients with other manifestations. The addition of corticosteroids has been demonstrated to improve mortality in patients with TB meningitis [123].

Lyme Disease

Borrelia burgdorferi is transmitted by the Ixodes tick species and infection with the spirochete causes Lyme disease. Lyme disease is endemic in North America (particularly north-east and mid-Atlantic states), Europe (highest incidence in Central and North-Eastern Europe) and Asia (Russia, China, Mongolia and Japan) [124]. An estimated 30,000 people are diagnosed with Lyme disease annually in the US [125], with acute cases occurring in a seasonal manner (highest incidence in spring and summer) [126]. While a tick bite is necessary to acquire the infection, many patients do not report or recall this occurring.

Erythema Migrans is the initial presentation of Lyme infection, and is reported in the majority of patients [127]. EM usually occurs 1–2 weeks after the tick bite and is clinically characterized by single or multiple flat erythematous skin lesions which may be painful, itchy or associated with mild systemic symptoms such as malaise, fever and lymphadenopathy [126]. The rash may have a ‘bull’s eye’ appearance or a clear central punctum, but these features are not always present. If early infection is untreated, Lyme disease may disseminate and result in cardiac, rheumatologic or neurologic involvement.

Neuroborreliosis occurs in around 10% of patients with Lyme disease, and can be divided into early and late manifestations [128]. Spinal cord involvement is uncommon in both phases. The most common early complications are cranial neuritis, lymphocytic meningitis and painful polyradiculitis [126, 129]. Very rarely, involvement of the spinal cord can occur during this phase in the form of acute transverse myelitis, which can be longitudinally extensive or can occur as a focal lesion in association with radiculitis [126, 130, 131]. This extension of radicular inflammation into the spinal cord to cause segmental myelitis has been reported with European subspecies of *Borrelia*. Late complications of Lyme disease (disease duration greater than 6 months) are an area of ongoing debate and some uncertainty, particularly in the case of neurological complications [132–134]. Rare cases of chronic progressive Lyme encephalomyelitis have been suggested with longstanding untreated infection, however there is a relative paucity of recent studies in this field [135–137]. Patients with late CNS complications arising from longstanding untreated Lyme disease demonstrate inflammatory CSF abnormalities and intrathecal production of *Borrelia* specific antibodies [128].

Diagnosis of Lyme disease (with or without neuroborreliosis) is also an area of some contention. Two-tier serologic testing is recommended (screening with enzyme immunoassay or indirect immunofluorescence assay followed by confirmation with reflexive immunoblotting for *Borrelia* IgM and IgG to increase specificity), however these tests may be negative in the earliest stages of infection [138]. Consideration of clinical context is crucial, as even *Borrelia* IgM may persist for years after infection [138]. CSF culture and PCR for *Borrelia* are both low yield, and therefore indirect serological studies remain the mainstay of diagnosis for neurological complications [129]. In Europe, the European Academy of Neurology requires fulfillment of 3 of the following criteria for definite neuroborreliosis, and 2 of 3 for possible neuroborreliosis; [1] neurological symptoms suggestive of

neuroborreliosis, [2] CSF pleocytosis, and [3] intrathecal production of *borrelia burgdorferi*-specific antibodies [139]. In the US, which has less heterogeneity of *Borrelia* subspecies, some groups suggest that positive two-tier serology in the context of a characteristic neurological syndrome may be sufficient for diagnosis [138]. Regardless, CSF study should be performed. The vast majority of patients with neuroborreliosis demonstrate lymphocytic pleocytosis, while elevated CSF protein, and positive oligoclonal bands are also common. Intrathecal *Borrelia*-specific antibody production is the most specific test for neuroborreliosis. CSF levels should be compared to serum antibody levels, with ratio >1.0 supportive of intrathecal synthesis rather than passive transfer from serum [138]. MRI may demonstrate a segmental or longitudinally extensive enhancing lesion in cases of acute transverse myelitis (Fig. 8.2).

Treatment of neuroborreliosis should be in accordance with regional guidelines; intravenous ceftriaxone for 2 weeks is a typical recommended treatment, while other options include intravenous penicillin or oral doxycycline [138].

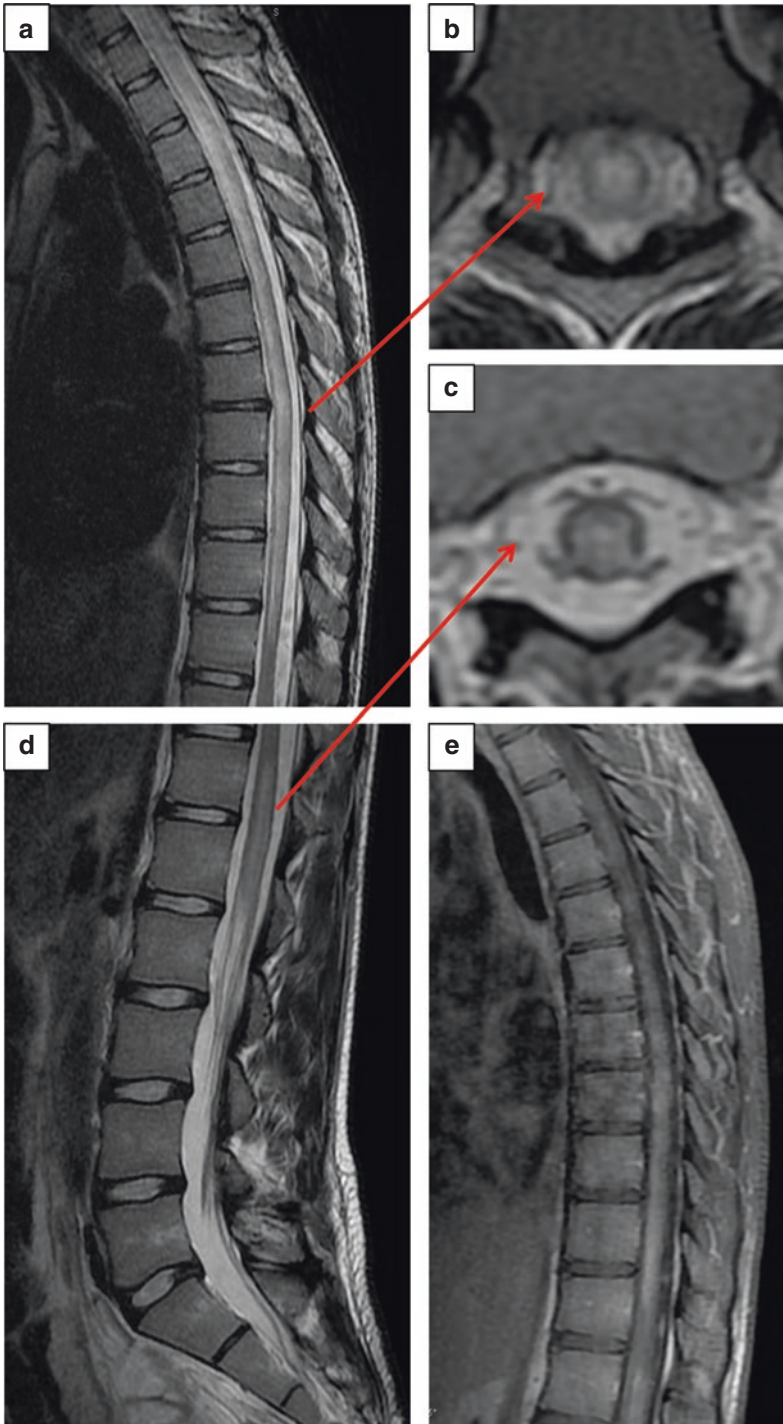
Syphilis

Syphilitic infection is caused by the bacterium *Treponema pallidum*. Almost 30,000 cases of syphilis were reported in the US in 2016 and disease rates have been increasing over the past 15 years, particularly amongst men who have sex with men [140].

T. pallidum is thought to invade the CNS at an early stage of infection, with asymptomatic CSF abnormalities detectable in up to 48% of early syphilis cases [141]. Early or late neurosyphilis can occur in patients who do not clear the organism from the CNS in this early phase (either by immune response or antibiotic treatment) [142]. Neurosyphilis occurs more frequently in patients with syphilis who are HIV-positive than in those who are HIV-negative [141]. Myelopathy as a result of syphilis infection has become rare in the antibiotic era, however it can still occur at any stage in the illness due to a variety of underlying pathologies.

Symptomatic syphilitic meningitis is the most common early CNS manifestation and typically occurs within a year of infection [142]. Spinal cord involvement can occur at this stage in the form of syphilitic meningomyelitis [143–145]. Clinical presentation is with an acute or subacute myelopathic syndrome, with or without concurrent symptoms of meningitis. MRI spine shows a T2 hyperintense lesion in the cord which is often central and longitudinally extensive, associated with cord expansion, and demonstrates areas of focal enhancement [144].

Tabes dorsalis is a late complication of untreated syphilis infection which has become very rare. It usually manifests insidiously 15 to 30 years following initial infection [141]. The first symptom is usually severe ‘lightning-like’ pains in the limbs or trunk with associated allodynia. Associated Argyll-Robertson pupils demonstrating light-near dissociation are characteristic. Proprioceptive deficits follow and cause sensory ataxia which can result in Charcot joints [141]. Interestingly, Romberg’s sign was first described based on findings in patients with tabes dorsalis



[146]. Loss of deep pain sensation can be demonstrated with a number of eponymous signs such as Abadie sign (absence of pain on squeezing the Achilles tendon) [141]. Loss of muscle stretch reflexes results in absent lower extremity reflexes. Autonomic impairment manifests with erectile dysfunction, bladder and bowel symptoms [141]. End-stage tabes dorsalis is characterized by painful spastic paraplegia with incontinence. MRI spine in untreated tabes dorsalis may show spinal cord atrophy and high signal in the posterior cord [147].

Myelopathy can also occur due to syphilitic gumma in the spinal canal (intramedullary or extramedullary) [148, 149]. Meningovascular syphilis can cause cerebral stroke, and rarely may cause spinal cord infarction [150].

Diagnosis of neurosyphilis is supported by serological tests and CSF findings in the appropriate clinical context, and there are no broadly accepted diagnostic criteria. Non-treponemal serology tests such as the rapid plasma reagin (RPR) test or the venereal disease research laboratory (VDRL) test detect IgM and IgG antibodies to a cardiolipin-lecithin-cholesterol antigen [142]. However, levels may be undetectable in late neurosyphilis, and by contrast, false positives can occur due to a range of other conditions including pregnancy, autoimmune disease and other infections such as malaria [142, 151]. Treponemal tests such as the *T. pallidum* particle agglutination assay (TPPA) measure IgM and IgG antibodies to the treponemal bacteria [142]. Treponemal test reactivity usually persists after treatment, while non-treponemal titers fall with treatment. Non-treponemal tests are usually used as a screening tool followed by treponemal tests if positive.

CSF findings can be very helpful in diagnosing neurosyphilis. Lymphocytic pleocytosis is seen in most cases, but white cell counts drop as the disease progresses and may even normalize in late disease [142]. There may also be elevated CSF protein, elevated IgG index or positive oligoclonal bands [141]. A positive CSF-VDRL test is very specific for diagnosing neurosyphilis, but less than 70% sensitive [142]. Treponemal tests can be performed on CSF but may be positive in patients with latent or asymptomatic syphilis, and therefore lack specificity in diagnosing neurosyphilis [141]. Overall, physicians should remember that there are multiple treponemal and non-treponemal tests that can be performed on serum and CSF, with varying sensitivity and specificity, so results should be considered in the context of the type of laboratory test used and the clinical scenario.

T. pallidum is highly sensitive to penicillin, and treatment should be instituted upon diagnosis. Guidelines for treatment of neurosyphilis typically suggest intravenous or intramuscular penicillin preparations for 10–21 days [141]. Early neurosyphilis (e.g. syphilitic meningomyelitis) may respond well to treatment, but late complications such as tabes dorsalis may not improve. Non-treponemal serum and



Fig. 8.2 Lyme myelitis in an 18 year old male

Longitudinally extensive central cord hyperintensity is demonstrated on sagittal (a, d) and axial (b, c) T2 sequences. Extensive contrast enhancement can be seen in the thoracic spinal cord on sagittal T1 post-gadolinium sequence (e)

CSF (e.g. VDRL) titers can be monitored and should fall after treatment, but it can take from 3 months to 5 years to convert to ‘seronegativity’ [141, 142].

Fungal Myelopathies

Fungal infections of the CNS are uncommon, and most frequently occur in immunocompromised patients.

Cryptococcus neoformans myelitis or myeloradiculitis has been reported in patients with HIV/AIDS, particularly in areas of endemicity, and rarely in immunocompetent hosts [152–154]. Formation of intramedullary or extramedullary cryptococcal granulomas is also possible [155–158], and may occur in association with cryptococcal meningitis or osteomyelitis. CSF should be stained with India ink and can be cultured with Sabouraud dextrose agar to isolate *C. neoformans*. Rapid screening for cryptococcal antigen in the CSF can also be performed, with sensitivity of over 90% in cases of cryptococcal meningitis [159].

CNS aspergillosis (most commonly due to *aspergillus fumigatus*) occurs almost exclusively in patients who are markedly immunocompromised e.g. patients with hematological malignancy, bone marrow or solid organ transplant recipients. CNS infection tends to occur in association with systemic sites of infection such as the lung. Rarely, the spinal cord may be involved in CNS aspergillosis, in the form of necrotizing transverse myelitis with or without associated spinal cord infarction [160]. CSF galactomannan testing has high sensitivity and specificity for CNS aspergillosis [161]. PCR can also be performed for *aspergillus* species in the CSF. CSF fungal cultures are frequently negative [162], and some patients with CNS aspergillosis undergo biopsy for histopathological examination [159].

Fungal infection may also result in spinal cord compromise due to the formation of epidural abscess, vertebral osteomyelitis and spondylodiskitis. These complications have been reported with *aspergillus*, *cryptococcus*, *candida*, *blastomycoses* and *histoplasma* species, among others [163–171], though it should be emphasized that these manifestations are exceedingly rare.

Parasitic Myelopathies

Schistosomiasis

Schistosomiasis is a parasitic infection acquired through contact with fresh water containing larval forms of *Schistosoma* parasites (cerceriae) which penetrate human skin. The disease occurs in Sub-Saharan Africa, Asia (China, Japan and South-East Asia) and South America (particularly Brazil and Venezuela), and different subspecies of the parasite have regional preponderances [172]. However, outbreaks in Europe have also been recognized in recent years and traced to Southern European fresh-water locations such as Corsica [173]. It is estimated that over 200 million people are infected worldwide [174].

Clinical manifestations of acute *schistosoma* infection are most frequently seen in individuals visiting endemic areas with no prior exposure to *schistosoma* species i.e. travelers [175]. A pruritic maculopapular rash at the site of larval penetration, ‘cercarial dermatitis’, may occur within 24 h of exposure. Acute schistosomiasis occurs several weeks later and manifests with cough, fever, cough, gastrointestinal symptoms and urticarial or angioedema [175]. This phase of disease is thought to be an allergic/toxic reaction to circulating parasites. However, many patients also proceed to chronic infection without any acute symptoms [175]. Chronic infection typically causes inflammation and fibrosis of gastrointestinal, hepatic or urinary tract structures.

Neurological manifestations are rare, but can occur at any stage of schistosomiasis and usually occur without other systemic symptoms. Cerebral involvement is seen with *S. japonicum*, while spinal cord involvement is seen most commonly with *S. mansoni* and less frequently with *S. haematobium* [172]. Myeloradiculopathy is the most frequent presentation, with a minority of patients presenting with either isolated myelitis or cauda equina involvement [172]. Neurological symptoms evolve over less than 2 weeks [176]. Back pain or radicular pain is the most frequent initial symptom, followed by sphincter dysfunction, leg weakness and sensory symptoms. Weakness is usually severe, with most patients unable to walk at clinical nadir. The full complement of motor, sensory and autonomic involvement are seen in the vast majority of patients [176].

CSF examination shows elevated protein and lymphocytic pleocytosis, however eosinophils are also seen in up to 50% of cases and may be a clue to the diagnosis [172, 176]. Oligoclonal bands may be present [177]. MRI typically shows a T2 hyperintense lesion with spinal cord enlargement and nerve root thickening, with associated contrast enhancement in affected regions [172]. Nearly all lesions occur in the lower thoracic or lumbar region, which may be related to venous anastomoses linking the portal venous system (a reservoir for schistosomal parasites) in this spinal region [172].

Establishing a definitive diagnosis can be challenging. *S. mansoni* ova can be identified with stool examination in less than half of cases, or with rectal biopsy which has higher sensitivity [172]. Serological studies are only useful in patients from non-endemic regions i.e. travellers. CSF ELISA for antibodies to *S. mansoni* and CSF PCR for *S. Mansoni* DNA have both been suggested as tests with high specificity [177, 178].

Treatment is with anti-schistosomal therapy such as Praziquantel, and the addition of steroids is probably beneficial (high-dose initially, followed by a taper over at least 2 months) [179]. Most patients have a good functional recovery after treatment. Outcome is worst with delayed diagnosis and with isolated myelitis [172, 180].

Neurocysticercosis

Neurocysticercosis is caused by the larval form of the tapeworm *Taenia solium*, and is the most common parasitic CNS infection [181]. The tapeworm develops in

humans after ingestion of viable larval cysts in contaminated pork, resulting in taeniasis [181]. When the tapeworm matures to adulthood, eggs are released in the host's feces. Cysticercosis develops after humans become infected with *T. solium* eggs via the fecal-oral route (typically due to contaminated food or water due to poor hygiene). Eggs penetrate the intestinal wall and travel hematogenously to distant sites – typically the brain, eye, subcutaneous tissues and muscle [181]. This infection is endemic in countries lacking sanitation and clean water supplies, such as South and Central America, Sub-Saharan Africa, China, India and Southeast Asia [181, 182]. Cases in North America and Europe occur predominantly in people who have previously lived in endemic regions [181], although outbreaks have also been reported in those who have never travelled and have been traced to tapeworm carriage in infected food handlers or domestic workers [183].

Neurocysticercosis is an important cause of seizures in endemic countries [184], but other intracranial manifestations include hydrocephalus, meningitis, arachnoiditis, psychiatric disturbance, cranial neuropathies and vasculitis [181]. Spinal cord involvement is rare (occurring in less than 3% of cases of neurocysticercosis) [185] and accompanies basal subarachnoid intracranial disease more frequently than intraparenchymal cerebral disease [186]. Spinal cord involvement without intracranial disease is exceptionally rare [187]. Spinal involvement is most frequently intradural-extramedullary [186, 188], but can also be intramedullary [187, 189].

Clinical presentation is typically with a subacute or chronic myelopathic syndrome or cauda equina syndrome, depending on lesion location [187, 189, 190]. Symptoms may include radicular pain in addition to motor, sensory or sphincter dysfunction [181]. Spinal involvement may also be asymptomatic but detectable on MRI imaging of patients presenting with intracranial manifestations [186].

Diagnosis is difficult, with diagnostic criteria including findings from histology, neuroimaging and clinical/exposure history [191]. Characteristic CNS lesions may be seen on MRI such as demonstration of a high-density scolex (the tapeworm's head) within a cystic lesion, or a 'starry sky' pattern caused by multiple intraparenchymal cysts [181]. CT may demonstrate calcifications in up to half of patients [181]. Spinal MRI findings are usually less specific. Multiple spinal segments are often involved [186], and extramedullary cystic lesions may mimic an arachnoid cyst [190] or Tarlov cyst [192]. Intramedullary involvement is characterized by well-demarcated enhancing cystic lesions with surrounding edema [187]. Subretinal cysticerci can be visualized on ophthalmologic examination in some cases, confirming CNS involvement [191]. Biopsy can be considered for brain lesions, but is not usually undertaken with spinal cord lesions.

CSF shows elevated protein and pleocytosis, with eosinophils frequently present [193]. Antibodies to *T. solium* antigens can be detected in serum or CSF using enzyme-linked immunoelectrotransfer blot (EITB), however seroprevalence may be up to 20% in endemic regions, and EITB testing may give false-negative results in patients with a single CNS lesion or calcified lesions [191]. ELISA testing for cysticercal antigen in serum or CSF is a recently described method which may also be useful [191]. The diagnosis may also be supported by identification of extra-CNS cysticercosis, for example in subcutaneous nodules [191].

Treatment is with cysticidal drugs such as albendazole and praziquantel. However, rapid death of tapeworms can trigger extensive inflammatory response in the CNS, potentially precipitating neurological deterioration, or hydrocephalus in patients with arachnoiditis or intraparenchymal lesions [181]. Furthermore, anti-cysticercal therapy does not affect calcified cysts containing dead parasites. Therefore, the full burden of CNS disease should be assessed carefully prior to consideration of treatment, and steroids should be initiated prior to anti-cysticercal therapy (and continued throughout treatment) [181]. Lastly, parenchymal neurocysticercosis lesions may self-resolve with time, and so there is some debate about whether all patients actually require treatment [194]. Surgery may be required on some spinal cases, to reduce compression of the spinal cord [190, 192].

Case reports of spinal disease suggest good clinical outcomes with both medical and surgical treatment [187, 189, 190, 192].

Other Parasites

Other parasitic causes of myelopathy are extremely rare. Intramedullary *Toxoplasma gondii* lesions have been reported in patients with HIV/AIDS [195–197]. Hydatid cysts resulting from *Echinococcus granulosus* infection can occur in vertebral bodies, paraspinal, extradural or intradural-extramedullary locations resulting in progressive compressive myelopathy or cauda equina syndrome [198–202]. Myelitis or myeloradiculitis can occur with visceral larva migrans due to *ascaris suum* or *toxocara canis* infection [203–205].

Para-infectious Myelitis

Para-infectious myelitis, one of the causes of the syndrome ‘acute transverse myelitis’, may be provoked by systemic infection with a range of micro-organisms, most of which are not known to cause direct infection of the spinal cord. Para-infectious myelitis is felt to be an immune-mediated process, with hypotheses such as molecular mimicry or superantigen effect proposed as pathophysiologic mechanisms [206]. Numerous micro-organisms have been implicated in triggering this process, including (but not limited to) *mycoplasma pneumonia*, *enteroviruses*, influenza, *adenoviruses*, measles virus, mumps virus, *haemophilus influenza*, *streptococcus pneumonia*, hepatitis A, rubeola, rubella, *legionella* and *bartonella* [206–209]. In many cases the organism is never identified, despite the presence of infectious symptoms prior to myelitis [210].

Patients present with an acute or subacute myelopathy with first neurological symptoms occurring 3–21 days after onset of infectious symptoms such as fever, upper respiratory symptoms, gastroenteritis or flu-like illness [211]. Sensory symptoms are most frequent, followed by motor symptoms and autonomic symptoms. A sensory level is often elicited on examination [210]. Around half of patients experience severe paraplegia at clinical nadir [212]. Reflexes are often depressed

in the initial days of neurological illness, but become brisk as the disease process is established.

Non-specific inflammatory markers such as serum C-reactive protein (CRP) or white blood cell counts may be elevated, supporting recent or ongoing systemic infection. MRI typically shows a T2 hyperintense lesion which may be longitudinally extensive and enhances post-contrast. In some cases there may be multiple lesions [210]. CSF typically shows evidence of inflammation with pleocytosis, elevated protein, positive oligoclonal bands or elevated CSF IgG index [210, 211], though these studies may be normal particularly if obtained early on. Cultures, PCR or antibody studies of blood, stool, or nasopharyngeal swabs should be considered in an attempt to identify the infectious agent.

It is important to consider direct causes of infection such as those discussed in this chapter, prior to proceeding with diagnosis and treatment of immune-mediated para-infectious myelitis. Other disorders that cause myelitis (such as neuromyelitis optica, multiple sclerosis or neurosarcoidosis) should be excluded as far as practicable.

Patients are treated with short course high-dose intravenous steroids (e.g. intravenous methylprednisolone 1 g daily for 3–5 days) and/or intravenous immunoglobulin. Plasma exchange can be considered for severe cases or if there is a poor response to initial steroid treatment [212].

Prognosis is varied and difficult to describe, as case series of transverse myelitis often include a wide variety of underlying etiologies [212]. By natural history, para-infectious myelitis should be a monophasic illness. Recurrent or relapsing myelitis should prompt consideration of other etiologies.

Conclusions

A wide range of infections can cause myelopathy through a number of pathological processes including direct infection, spinal cord compression, or para-infectious etiology. Some infections are endemic in certain regions or are seen more frequently in certain populations e.g. the immunocompromised. These factors should be considered when evaluating a patient with a potential infectious cause of myelopathy. Physicians should also pay careful attention to elements of the clinical presentation such as the temporal profile, prodromal symptoms, and type of neurological deficits. MRI and CSF study are the cornerstone of investigation in most cases, while further laboratory tests such as serological or PCR studies should be tailored to the specific micro-organism(s) suspected. In many cases, clinical outcome may improve with prompt diagnosis and treatment, often with specific anti-microbials.

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