

Distortion Energy for Deep Learning-Based Volumetric Finite Element Mesh Generation for Aortic Valves

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Abstract. Volumetric meshes with hexahedral elements are generally best for stress analysis using finite element (FE) methods. With recent interests in finite element analysis (FEA) for Transcatheter Aortic Valve Replacement (TAVR) simulations, fast and accurate generation of patient-specific volumetric meshes of the aortic valve is highly desired. Yet, most existing automated image-to-mesh valve modeling strategies have either only produced surface meshes or relied on simple offset operations to obtain volumetric meshes, which can lead to undesirable artifacts. Furthermore, most recent advances in deep learning-based meshing techniques have focused on watertight surface meshes, not volumetric meshes. To fill this gap, we propose a novel volumetric mesh generation technique using template-preserving distortion energies under the deep learning-based deformation framework. Our model is trained endto-end for image-to-mesh prediction, and our mesh outputs have good spatial accuracy and element quality. We check the FEA-suitability of our model-predicted meshes using a valve closure simulation. Our code is available at [https://github.com/danpak94/Deep-Cardiac-Volumetric-](https://github.com/danpak94/Deep-Cardiac-Volumetric-Mesh)[Mesh.](https://github.com/danpak94/Deep-Cardiac-Volumetric-Mesh)

Keywords: 3D image to volumetric mesh \cdot ARAP energy \cdot CNN-GCN \cdot Finite element analysis \cdot Aortic valve modeling

1 Introduction

For stress analyses using finite element (FE) methods, volumetric meshes with hexahedral elements lead to most accurate results and better convergence [\[25\]](#page-9-0). With recent interests in finite element analysis (FEA) for Transcatheter Aortic Valve Replacement (TAVR) simulations [\[2,](#page-8-0)[28\]](#page-9-1), fast and accurate generation

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of patient-specific volumetric meshes of the aortic valve is highly desired. Yet, most existing automated valve modeling strategies have only focused on voxelwise segmentation [\[15\]](#page-9-2), surface meshes, [\[7,](#page-8-1)[18\]](#page-9-3) or volumetric meshes generated by simple offset operations [\[6](#page-8-2),[12\]](#page-8-3). Although offsetting is viable for certain initial surface meshes, it quickly becomes ill-defined when combining multiple components or modeling structures with high curvature. Post-processing can mitigate some of these problems, but it limits usability by non-experts during test time. In this work, we aim to address this limitation by learning an image-to-mesh model that directly outputs optimized volumetric meshes.

Most existing valve modeling approaches have used template deformation strategies $[4,7,12,16]$ $[4,7,12,16]$ $[4,7,12,16]$ $[4,7,12,16]$ $[4,7,12,16]$. We adopt a similar approach, as it ensures mesh correspondence between model predictions for easy application to downstream tasks (e.g. shape analysis or batch-wise FEA). Some previous works have used sequential localization + deformation-along-surface-normals and/or hand-crafted image features [\[7](#page-8-1),[12\]](#page-8-3), both of which limit the methods' adaptability to image and template mesh variations. Instead, we focus on deep learning-based deformation methods $[3,16,27,30]$ $[3,16,27,30]$ $[3,16,27,30]$ $[3,16,27,30]$ $[3,16,27,30]$, which addresses both of these limitations by (1) not limiting the deformation to the surface normal directions and (2) learning image features via end-to-end training. Deep learning also has additional benefits such as fast inference and the ability to generate diffeomorphic deformation field [\[3](#page-8-5)].

Mesh deformation in computer graphics aims to match the user-defined locations of handle points while preserving the mesh's geometric detail [\[1](#page-8-6),[24\]](#page-9-7). Unfortunately, the same formulation is not ideal for valve modeling because it is difficult to define proper handle points and their desired locations on 3D images for the flexible valve components. Instead, we apply the idea of minimizing the mesh distortion energy into our deep learning pipeline, while enforcing spatial accuracy through surface distance metrics.

In summary, we propose a novel deep learning image-to-mesh model for volumetric aortic valve meshes. Our contributions include: (1) identifying two effective deformation strategies for this task, (2) incorporating distortion energy into both strategies for end-to-end learning, and (3) generating volumetric meshes from just the base surface training labels (i.e. surface before adding thickness).

2 Methods

2.1 Template Deformation-Based Mesh Generation

Template deformation strategies aim to find the optimal displacement vectors δ for every vertex $v_i \in V$ of a mesh M, where $M = (V, \mathcal{E})$ is a graph with nodes V and edges \mathcal{E} . Then, the optimization over a loss \mathcal{L} is:

$$
\delta^* = \underset{\delta}{\text{arg min}} \ \mathcal{L}(M, M_0, \delta) \tag{1}
$$

where M and M_0 are target and template meshes, respectively. We used deep learning models as our function approximator $h_{\theta}(I; M_0) = \delta$, where I is the image and θ is the network parameters. Thus, we ultimately solved for θ :

$$
\theta^* = \underset{\theta}{\arg\min} \left[\mathbb{E}_{(I,M)\sim\Omega} [\mathcal{L}(M, M_0, h_\theta(I; M_0))] \right]
$$
 (2)

where Ω is the training set distribution. We experimented with two variations of h_{θ} , as detailed below. Both models are shown schematically in Fig. [1.](#page-2-0)

Fig. 1. (Top) Training steps using space deformation. (Bottom) Inference steps using node-specific displacements; training is performed with the same losses as space deformation using $\delta(M_0)$, M, $M_{0,open}$ and $M_{0,closed}$.

2.1.1 Space Deformation Field (U-Net)

For the first variation, we designed h_{θ} to be a convolutional neural network (CNN) that predicts a space deforming field $\phi \in \mathbb{R}^{H \times W \times D \times 3}$ for each $I \in$ $\mathbb{R}^{H\times W\times D}$. From ϕ , we trilinearly interpolated at V_0 to obtain δ . To obtain a dense topology-preserving smooth field, we used the diffeomorphic B-spline transformation implemented by the Airlab library [\[22\]](#page-9-8). In this formulation, the loss typically consists of terms for task accuracy and field regularization [\[3](#page-8-5)[,21](#page-9-9)]:

$$
\mathcal{L}(M, M_0, \phi) = \mathcal{L}_{acc}(P(M), P(\phi(M_0))) + \lambda \mathcal{L}_{smooth}(\phi)
$$
\n(3)

where $\mathcal L$ from Eq. [1](#page-1-0) is modified to include ϕ , which fully defines δ . P is point sampling on the mesh surface, where for a volumetric mesh such as $\phi(M_0)$, points are sampled on the extracted base surface. In this work, L_{acc} is fixed for all methods to be the symmetric Chamfer distance:

$$
\mathcal{L}_{acc}(A, B) = \frac{1}{|A|} \sum_{\mathbf{a} \in A} \min_{\mathbf{b} \in B} \|\mathbf{a} - \mathbf{b}\|_2^2 + \frac{1}{|B|} \sum_{\mathbf{b} \in B} \min_{\mathbf{a} \in A} \|\mathbf{b} - \mathbf{a}\|_2^2 \tag{4}
$$

For baseline comparison, we used the bending energy for \mathcal{L}_{smooth} [\[11,](#page-8-7)[21\]](#page-9-9). For our final proposed method, however, we show that the proposed distortion energy is able to replace \mathcal{L}_{smooth} and produce better results.

2.1.2 Node-Specific Displacement Vectors (GCN)

For the second variation of h_{θ} , we directly predicted δ using a combination of a CNN and a graph convolutional network (GCN), similar to [\[5,](#page-8-8)[27](#page-9-5)]. The intuition is to have the CNN extract useful imaging features and combine them with the GCN using the graph structure of M_0 . In this formulation, it is difficult to restrict node-specific displacements to be smooth or topology-preserving. Instead, the loss typically consists of metrics for task accuracy and mesh geometric quality:

$$
\mathcal{L}(M, M_0, \delta) = \mathcal{L}_{acc}(P(M), P(\delta(M_0))) + \boldsymbol{\lambda}^T \mathcal{L}_{geo}(\delta(M_0))
$$
 (5)

where \mathcal{L}_{acc} is defined by Eq. [4.](#page-3-0) Similar to the space deformation method, we established the baseline with common \mathcal{L}_{geo} terms (\mathcal{L}_{normal} , \mathcal{L}_{edge} , \mathcal{L}_{lap} with uniform edge weights) $[5,10,27,30]$ $[5,10,27,30]$ $[5,10,27,30]$ $[5,10,27,30]$ $[5,10,27,30]$. For our final proposed method, we show that the proposed distortion energy is able to replace $\mathcal{L}_{q\neq o}$ and produce better results.

2.2 Distortion Energy (\mathcal{L}_{arap})

Although \mathcal{L}_{smooth} and \mathcal{L}_{geo} have been effective in their proposed domains, they are not ideal for volumetric mesh generation, especially when we only use the base surface labels for training. To preserve the volumetric mesh quality of $\delta(M_0)$, we used the deformation gradient **F** to allow for the calculation of various distortion energies [\[8\]](#page-8-10). For each tetrahedral element with original nodes $\bar{\mathbf{x}}_i$ and transformed nodes $\mathbf{x}_i = \delta_i(\bar{\mathbf{x}}_i)$:

$$
\mathbf{F} = \left[\mathbf{x}_1 - \mathbf{x}_0 \middle| \mathbf{x}_2 - \mathbf{x}_0 \middle| \mathbf{x}_3 - \mathbf{x}_0 \right] \left[\bar{\mathbf{x}}_1 - \bar{\mathbf{x}}_0 \middle| \bar{\mathbf{x}}_2 - \bar{\mathbf{x}}_0 \middle| \bar{\mathbf{x}}_3 - \bar{\mathbf{x}}_0 \right]^{-1} \tag{6}
$$

which can be broken down into rotation and stretch components using the polar decomposition: $\mathbf{F} = \mathbf{RS}$. More specifically, we can use singular value decomposition (SVD) to obtain $\mathbf{F} = \mathbf{U} \Sigma \mathbf{V}^T$, from which we can calculate $\mathbf{R} = \mathbf{U} \mathbf{V}^T$ and $S = V\Sigma V^T$. Using these components, we can derive various task-related distortion energies $[8,24]$ $[8,24]$. We used the as-rigid-as-possible $(ARAP)$ energy, a widely used energy for geometry processing. The ARAP energy density for each ith element can be expressed as:

$$
\Psi_{arap}(i) = \|\mathbf{F} - \mathbf{R}\|_F^2 = \|\mathbf{R}(\mathbf{S} - \mathbf{I})\|_F^2 = \|(\mathbf{S} - \mathbf{I})\|_F^2
$$
(7)

where **I** is the identity matrix and $\lVert \cdot \rVert_F$ is the Frobenius norm. Assuming equal weighting, $\mathcal{L}_{arap} = \frac{1}{N} \sum_{i=1}^{N} \Psi_{arap}(i)$ for N elements. Note that all operations are fully differentiable and therefore suitable for end-to-end learning, as long as **F** is full rank (i.e. no degenerate elements) and Σ has distinct singular values (i.e. $\mathbf{F} \neq \mathbf{I}$). In our experiments, both conditions were satisfied as long as we initialized δ with randomization. Computing **F** for hexahedral elements involves using quadrature points, but we were able to obtain just as accurate results in less training time by simply splitting each hexahedron into 6 tetrahedra and using the above formulation.

2.3 Weighted \mathcal{L}_{arap} (\mathcal{L}_{warap})

Due to the large structural differences in the leaflets during valve opening and closing, imposing \mathcal{L}_{arap} with one template leads to suboptimal results. We addressed this with a simple weighting strategy:

$$
\mathcal{L}_{warap} = \alpha_{closed} \mathcal{L}_{arap, closed} + \alpha_{open} \mathcal{L}_{arap, open}
$$
\n(8)

where α is the softmax of distances from the output to the closed and open templates: $\alpha(i) = 1 - \exp(\mathcal{L}_{acc}(M_{0,i}, \delta(M_0)))/\sum_i \exp(\mathcal{L}_{acc}(M_{0,i}, \delta(M_0))).$ The final loss of our proposed method is then:

$$
\mathcal{L}(M, M_0, \delta) = \mathcal{L}_{acc}(P(M), P(\delta(M_0))) + \lambda \mathcal{L}_{warap}(\delta(M_0))
$$
\n(9)

3 Experiments and Results

3.1 Data Acquisition and Preprocessing

We used a dataset of 88 CT scans from 74 different patients, all with tricuspid aortic valves. Of the 88 total scans, 73 were collected from IRB-approved TAVR patients at the Hartford hospital, all patients being 65–100 years old. The remaining 15 were from the training set of the MM-WHS public dataset [\[31\]](#page-9-10). For some Hartford scans, we included more than one time point. The splits for training, validation, and testing were 40, 10, 38, respectively, with no patient overlap between the training/validation and testing sets. We pre-processed all scans by thresholding the Hounsfield Units and renormalizing to [0, 1]. We resampled all images to a spatial resolution of $1 \times 1 \times 1$ mm³, and cropped and rigidly aligned them using three manually annotated landmarks, resulting in final images with [64, 64, 64] voxels.

We focused on 4 aortic valve components: the aortic wall and the 3 leaflets. The ground truth mesh labels were obtained via a semi-automated process [\[12\]](#page-8-3), which included manually annotating the component boundaries and points on the surface. Commissures and hinges were separately labeled to assess correspondence accuracy. Two mesh templates for open and closed valves were created using Solidworks and Hypermesh, with the representative anatomical parameters in [\[26](#page-9-11)]. Each template has 19086 nodes and 9792 linear hexahedral elements.

Table 1. All evaluation metrics for baseline $(\mathcal{L}_{smooth}/\mathcal{L}_{geo})$, weighting ablation, (\mathcal{L}_{arap}) , and proposed (\mathcal{L}_{warap}) methods. Values are combined across all patients and valve components (mean(std)). U-net: space deformation, GCN: node-specific displacements, CD: Chamfer Distance, HD: Hausdorff Distance, Corr: Correspondence error, Jac: scaled Jacobian determinant, (1): unitless, $* : p < 0.01$ between baseline and \mathcal{L}_{warap} , \dagger : $p < 0.01$ between \mathcal{L}_{arap} and \mathcal{L}_{warap} . Lower is better for all metrics.

	CD (mm)	HD (mm)	$Corr$ (mm)	$1 - \text{Jac}(1)$	Skew(1)
U-net (\mathcal{L}_{smooth})	0.63(19)	3.60(128)	1.72(117)	0.18(14)	0.40(19)
U-net (\mathcal{L}_{arap})	0.61(20)	3.65(140)	1.61(101)	0.14(13)	0.32(20)
U-net (\mathcal{L}_{warap})	$0.60(19)^*$	3.71(139)	1.60(109)	$0.12(12)^{*^{\dagger}}$	$0.30(18)$ ^{*†}
GCN (\mathcal{L}_{geo})	0.70(23)	3.91(174)	1.68(116)	0.48(32)	0.62(21)
GCN (\mathcal{L}_{arap})	0.72(23)	3.77(140)	1.81(110)	0.14(13)	0.33(20)
GCN (\mathcal{L}_{warg})	$0.69(20)^{\dagger}$	$3.58(122)^{*^{\dagger}}$	1.74(108)	$\mid 0.11(11)^{*^{\dagger}}$	$0.28(18)$ [*]

Fig. 2. Mesh predictions using space deformation (U-net) and node-specific displacements (GCN), with baseline regularization terms vs. *Lwarap*. The zoomed-in parts demonstrate the main advantage of our approach - good volumetric mesh quality throughout the entire mesh (shape closer to cube is better).

3.2 Implementation Details

We used Pytorch ver. 1.4.0 [\[17\]](#page-9-12) to implement a variation of a 3D U-net for our CNN [\[20\]](#page-9-13), and Pytorch3d ver. 0.2.0 [\[19](#page-9-14)] to implement the GCN. The basic CNN Conv unit was Conv3D-InstanceNorm-LeakyReLu, and the network had 4 encoding layers of ConvStride2-Conv with residual connections and dropout, and 4 decoding layers of Concatenation-Conv-Conv-Upsampling-Conv. The base number of filters was 16, and was doubled at each encoding layer and halved at each decoding layer. The GCN had 3 layers of graph convolution operations defined as $ReLU(\mathbf{w}_0^T \mathbf{f}_i + \sum_{j \in \mathcal{N}(i)} \mathbf{w}_1^T \mathbf{f}_j)$ and a last layer without $ReLU$. The input to the initial GCN layer was concatenation of vertex positions and pointsampled features from the last 3 U-net decoding layers. The GCN feature sizes were 227 for input, 128 for hidden, and 3 for output layers. We found λ for every experiment with a grid search based on validation error, ranging 5 orders of magnitude. $\lambda = 5$ for \mathcal{L}_{wargp} . The value of λ is crucial for all experiments, but results were generally not too sensitive within one order of magnitude.

Fig. 3. CT images and predicted meshes at 2 orthogonal viewing planes. Each block of 8 images is a different test set patient. Y: aortic wall and R, G, B: valve leaflets

We used the Adam optimizer [\[9](#page-8-11)] with a fixed learning rate of 1e−4, batch size of 1, and 2000 training epochs. The models were trained with a B-spline deformation augmentation step, resulting in 80k training samples. All operations were performed on a single NVIDIA GTX 1080 Ti, with around ∼24 h of training time and maximum GPU memory usage of ∼1.2 GB. Inference takes ∼20 ms per image.

3.3 Spatial Accuracy and Volumetric Mesh Quality

We evaluated the mean and worst-case surface accuracy of our predicted meshes using the symmetric Chamfer distance (divided by 2 for scale) and Hausdorff distance, respectively. Note that the ground truth meshes are surface meshes, so we extracted the base surface of our predicted volumetric meshes for these calculations. For correspondence error, we measured the distance between handlabeled landmarks (3 commissures and 3 hinges) and specific node positions on the predicted meshes. We also checked the predicted meshes' geometric quality using the scaled Jacobian determinant (−1 to 1; 1 being an optimal cube) and skew metrics (0 to 1; 1 being a degenerate element) [\[23](#page-9-15)]. Statistical significance was evaluated with a paired Student's t-test between our proposed method vs. the baseline/ablation experimental groups. The baseline was established with U-net + \mathcal{L}_{smooth} and GCN + \mathcal{L}_{geo} , and the ablation study was for comparing against non-weighted \mathcal{L}_{arap} .

For both deformation strategies, our proposed method with $\mathcal{L}_{w \text{arap}}$ holistically outperformed the baseline and non-weighted \mathcal{L}_{arap} (Table [1,](#page-5-0) Fig. [2,](#page-5-1) [3\)](#page-6-0). As expected, the most significant improvement was in element quality, and our method also showed slight improvements in spatial accuracy. Our model was

Fig. 4. FEA results using U-net + \mathcal{L}_{warg} meshes for 10 test set patients. Values indicate maximum principal stress in the aortic wall and leaflets during diastole (kPa).

robust to the noisy TAVR CT scans riddled with low leaflet contrast and lots of calcification, and was applicable to various phases of the cardiac cycle.

3.4 FE Stress Analysis During Valve Closure

Figure [4](#page-7-0) shows the results of FEA performed with volumetric meshes generated directly from our method (i.e. no post-processing). We used an established protocol [\[12](#page-8-3),[29\]](#page-9-16) with the static and nonlinear analysis type on Abaqus/Standard. Briefly, we simulated valve closure during diastole by applying an intraluminal pressure $(P = 16 \text{ kPa})$ to the upper surface of the leaflets and coronary sinuses and a diastolic pressure $(P = 10 \text{ kPa})$ to the lower portion of the leaflets and intervalvular fibrosa. The resulting maximum principal stresses in the aortic wall and leaflets were approximately $100-500$ kPa (Fig. [4\)](#page-7-0), consistent with previous studies [\[12](#page-8-3)[,29](#page-9-16)]. This demonstrates the predicted meshes' viability for FEA, and thus potential clinical relevance in the form of biomechanics studies and TAVR planning.

Note that we can easily extend the analysis using the same predicted meshes, such as by using a material model that incorporates the strain energy function of fibrous and anisotropic structures. In this work, we evaluated the stresses based on the fact that the aortic valve is approximately statically determinate [\[13,](#page-8-12)[14\]](#page-9-17).

3.5 Limitations and Future Works

There were no hard failure cases of our model, but in future works, we hope to enable expert-guided online updates for more rigorous quality control during test time. We will also aim to address our main limitation of requiring two well-defined volumetric mesh templates. Lastly, we will expand our framework to other important structures for TAVR simulations, such as calcification, myocardium, and ascending aorta.

4 Conclusion

We presented a novel approach for predicting aortic valve volumetric FE meshes from 3D patient images. Our method provides a principled end-to-end learnable way to optimize the volumetric element quality within a deep learning template deformation framework. Our model can predict meshes with good spatial accuracy, element quality, and FEA viability.

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