# **Chapter 12 Natural Antifungal Agents Isolated from Argentine Plants. A Summary of Studies Developed in the Period 2000–2020**



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**Abstract** Fungal species are able to carry out benefcial actions on industrial processes that directly affect human being wellness. They can also be the cause of severe pathologies both in humans or food products. Fungicidal agents currently used to treat human or plant pathogens have many drawbacks after prolonged or inappropriate use, proving to be ineffcient in a short term. Therefore, academics and the pharmaceutical or agrochemical industries are constantly encouraged to search for new chemical entities with antifungal action. In this sense, taking advantage of secondary plant metabolites to fnd out antifungal molecules could be of high interest. During the last 20 years, we have constituted a group of scientists that broach the subject related to antifungal products obtained from vegetable sources, and we have assayed hundreds of plant species and a considerable number of natural metabolites isolated from them, against the main fungal pathogens that affect humans and crops. The aim of this chapter is to update the plants that have demonstrated the best antifungal action during this period of time and the natural compounds responsible for this. In addition, new strategies like the evaluation of photoactive species and synergism, as well as comparisons with results obtained by other authors reported in the literature, will be discussed.

**Keywords** Antifungals · Natural products · Human pathogens · Fruit pathogens · Photoactivity · Synergism · Argentine plants

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## **Abbreviations**



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#### **1 Introduction**

Fungal diseases are life-threatening to human health and cause an important burden around the world and are associated with high numbers of morbidity and mortality. Moreover, food contaminations due to different fungal infections are frequently the cause of great economic losses in horticultural businesses and economy. However, the same fungi which may exhibit great pathogenicity could also be used by the industry for different applications:

*Candida albicans* and *C. glabrata* are species of yeasts which cause candidiasis, a recurrent disease that is produced in humid and warmer environments of the human body such as the oral or vaginal cavity, skin folds, oropharyngeal, and bronchial secretions (Bonifácio et al. [2019](#page-31-0)). Moreover, they could cause dangerous opportunistic fungal infections on immunocompromised hosts and candidemia in adults, mainly in patients with hematological disorders (Butassi et al. [2015\)](#page-31-1). On the other hand, the production of lipids (Enshaeieh et al. [2013\)](#page-33-0), butyl oleate, and ethyl oleate catalyzed by *Candida* spp. (Chen et al. [2018](#page-32-0)) is used in the industry as a source for biodiesel production. Moreover, these yeasts may be harnessed for producing biosurfactants (Nwaguma et al. [2019](#page-36-0)). *Saccharomyces cerevisiae* is another yeast that commonly colonizes mucosa and can cause superfcial or invasive visceral infections associated with immunosuppressed individuals (Davicino et al. [2007\)](#page-32-1). However, some studies described the biocontrol capacity of *S. cereviciae* against other phytopathogenic fungi of fruits such as *Botrytis* spp. (Nally et al. [2012\)](#page-36-1). Another study demonstrated that a strain of this fungus could synthesize the bioactive peptide pediocin PA-1 that showed its antibacterial activity against two Gram-negative strains such as *Shigella boydii* and *S. fexneri* (Nguyen et al. [2020\)](#page-36-2). These systems have been regarded as safe because they are suitable for bioindustrial processes applied to food. *Cryptococcus* spp. cause important systemic mycosis globally, and their most common clinical manifestation is cryptococcal meningitis, principally in patients suffering from AIDS (Lima et al. [2016\)](#page-35-0). But this fungal genus

produces useful enzymes like *α*-amylase, lipase, polygalacturonase, and xylanase which could be used for the treatment of polymer waste or wastewater (Basak and Das [2014;](#page-31-2) Thirunavukarasu et al. [2016](#page-39-0)).

*Microsporum gypseum* causes skin diseases in humans and animals such as the disseminated and recalcitrant tinea corporis eruption, particulary in immunocompromised patients (Singh [2011](#page-38-0)). In animals, it produces circular and patchy alopecia, scales, follicular papules, erythema, hyperpigmentation, and pruritus. On the other hand, some studies concluded that the application of keratinolytic microbes, such as fungi (including *M. gypseum*), could be useful for the treatment of keratinaceous wastes (Ghaffar et al. [2018\)](#page-34-0). *Trichophyton* spp. are the most common dermatophytic fungi and the causal agents of fungal nail infections (onychomycosis), a very common disorder in industrialized nations, and it represents a risk for diabetics or patients with keratinization problems (Nenoff et al. [2013\)](#page-36-3). These fungi affect the *stratum corneum* of the epidermis and the nail keratin, but they are not common in the hair roots. Like *M. gypseum*, the keratinases produced by *Trichophyton* spp. may actively degrade the chicken feather waste (Anbu et al. [2008](#page-31-3)). *Epidermophyton foccosum* constitutes the causal agent of many skin diseases and may lead to recurrent outbreaks of dermatophytosis in hospitals or health institutions due to its persistence in the environment (Svetaz et al. [2010](#page-38-1)). Frequently, it causes tinea cruris, tinea pedis, tinea corporis, and onychomycosis (Lacaz et al. [2002\)](#page-35-1).

*Paracoccidioides brasiliensis* is the etiological agent of the disease paracoccidioidomycosis (PCM), the most important systemic mycosis in Latin America (do Prado et al. [2018](#page-33-1)). The isolates of this fungus are highly virulent, since it is capable of adapting to transient iron availability as strategies to survive and overcome stress conditions inside the host (do Amaral et al. [2019\)](#page-33-2). *Aspergillus* spp. are airborne pathogenic fungi which may cause skin and respiratory infections which could be lethal in immunocompromised patients (Davicino et al. [2007\)](#page-32-1). However, these fungi are able to produce lipases with high industrial potential (Contesini et al. [2010\)](#page-32-2). Many pharmaceutical or agrochemical products have been obtained from them as well as aromatic compounds. Their capacity for effuent biodegradation and bioadsorption of the toxic metals Cd and Cr is well known (Ahmad et al. [2005\)](#page-30-0).

*Fusarium* spp. cause pernicious infections on humans and crops but also offer some industrial applications. They could cause some opportunistic infections in humans, mostly in immunocompromised patients, such as keratitis and onychomycosis (Salah et al. [2015\)](#page-38-2). Moreover, Torres et al. ([2009\)](#page-39-1) suggested that fumonisins (a type of toxins produced by this fungal genus) increase the incidence of esophageal cancer. Particularly, *F. verticillioides* cause root and stem rots in cereals that are cultivated in subtropical and temperate regions, and their mycotoxins are harmful to human and animal health causing leucoencephalomalacia in equines, pulmonary edema in porks, and immunosuppression in poultry (Sampietro et al. [2014](#page-38-3)). *F. oxysporum* cause accelerated wilting in banana (Forsyth et al. [2006](#page-33-3)) and tomato (Duyvesteijn et al. [2005](#page-33-4)), since it can penetrate the roots and colonize vascular tissues leading to the disruption of water translocation towards the shoots. On the other hand, lipase enzymes obtained from *F. oxysporum* have shown several properties with signifcant industrial applications, such as an additive for detergents formulations (Prazeres et al. [2006\)](#page-37-0). *Rhizopus* spp. are opportunist fungi which may cause different pathogenicity in humans (mucormycosis, an invasive fungal infection with high morbidity and mortality principally in immunocompromised patients) (Teal et al. [2016\)](#page-38-4), animals, and vegetables (soft rot, a disease that produces great economic losses in feshy fruits) (Pergomet et al. [2018\)](#page-36-4). Species of this fungal genera are considered good bioremediators, as they can bioadsorb high concentrations of heavy metals such as Cd and Cr (Ahmad et al. [2005](#page-30-0)). Additionally, these fungi offer capacity to produce pectinolytic enzymes which have wide applications in fruit juice and wine industries (Anisa and Girish [2014](#page-31-4)). *Mucor* spp. principally cause chronic cutaneous and subcutaneous infections, but they can also produce rhinocerebral and sinopulmonary infections (frequently lethal), blood and intestinal infections, as well as septic arthritis (Morin-Sardin et al. [2017\)](#page-36-5). Some *Mucor* species have been used for metabolites production or biotransformations, for biodiesel production and in the food industry as starters of cheese fermentations (Morin-Sardin et al. [2017](#page-36-5)).

During the last decades, most pathogens have developed resistance towards synthetic fungicides, and consequently, the search for new alternatives applied to the treatment of fungal diseases is urgently required (Di Liberto et al. [2017](#page-33-5); Carrizo et al. [2020](#page-31-5)). Antifungals show different targets over the fungal cells and among them we could mention: cell wall (inhibition of *β*-glucan or chitin synthesis); cell membrane (binding to ergosterol or inhibition of its synthesis, e.g. phenols disrupt the cytoplasmic membrane and cause the cells leakage); inhibition of cell division (by cutting of microtubule polymerization); inhibition of RNA/DNA (by causing defcient RNA synthesis or inhibition of DNA transcription); and the inhibition of effux pumps which function by transporting toxic substances out of the cell (inhibiting the effux pumps, drug resistance may be reduced) (Alanís Garza [2005;](#page-30-1) Freiesleben and Jäger [2014\)](#page-33-6).

Natural products are the best known reservoir of chemicals. Plants have developed different active principles for defense towards the fungal attack, and their content depends on different factors, mainly climatic conditions (Acosta de la luz [2003;](#page-30-2) Petenatti et al. [2008](#page-37-1)). The simple phenolic compounds, such as hydroxybenzoics, monophenols (e.g., cresol), diphenols (e.g., hydroquinones), and triphenols (e.g., gallic acid), are the more common secondary metabolites displaying fungicide properties (Lizcano González [2007;](#page-35-2) Martinez [2012\)](#page-35-3). Moreover, compounds, such as phytoalexins, steroidal saponins, alkaloids, and some proteins, have also been depicted to have an important function in the defense systems of plants against pathogens (Montez-Belmont et al. [2000;](#page-36-6) Alanís Garza [2005](#page-30-1); Lizcano González [2007\)](#page-35-2). The secondary metabolites offer different actions against pathogens and they could be classifed in three main groups according to their biosynthetic pathway (Lizcano González [2007](#page-35-2); Freiesleben and Jäger [2014](#page-33-6)): (1) **phenolic compounds** such as coumarins and phytoalexins which are incorporated into the plant cell wall to increase rigidity and prevent the entry of pathogens; (2) **terpenoids** such as mono-, di-, or tri-terpenes, saponins, steroids, cardiac glycosides, and sterols which may act disrupting the cell membrane and directly eliminating the pathogenic organism in order to restrain its invasion towards the rest of the plant; (3) **nitrogencontaining compounds** such as alkaloids and lectins which also eliminate the pathogenic organism and restrain its invasion through the attack to the cell membrane and cell wall. Other compounds such as phytoalexins, substances with low molecular weight and whose biosynthesis is induced by pathogens or herbivores have demonstrated a biostatic or biocidal effect at relatively low concentrations (Reichling [2018\)](#page-37-2).

### **2 Summary of Argentinean Antifungal Plants Evaluated against Human Pathogens**

Secondary metabolites are mainly obtained by distillation or extraction of aromatic or non-aromatic plant species, respectively. Plant extracts constitute a group of substances, with diverse chemical characteristics, extracted from different parts of plants such as roots, barks, seeds, buds, leaves, and fruits (Martinez [2012\)](#page-35-3). On the other hand, essential oils are highly volatile substances (lipophilic molecules) synthesized and stored in glandular trichomes, which are capable to disrupt the fungal cell wall or membrane through a permeabilization process and also may inhibit the synthesis of fungal DNA, RNA, proteins, and polysaccharides (Martinez [2012;](#page-35-3) Karpiński [2020\)](#page-35-4). Many researchers all over the world have investigated the properties and capacity of some plants against fungal pathogens. Table [12.1](#page-6-0) summarizes the native or naturalized plants of Argentina which showed antifungal activities against different fungal species throughout the last 20 years (2000 to 2020).

### *2.1* **Zuccagnia punctata***: A Treasure Used in Traditional Medicine: Validation of its Antifungal Properties and Isolation of Bioactive Compounds*

*Zuccagnia punctata* Cav. (Fabaceae, Caesalpinioideae) is the only representative species of this genus that is endemic of central and western arid and semi-arid regions of Argentina (Fig. [12.1](#page-14-0)). It is an aromatic shrub of 1–5 m in height which grows on hills and plains between 700–2700 m.a.s.l. It is commonly known as "jarilla macho," "jarilla de la puna," "jarilla pispito," "laca," or "pus-pus" and has a certain resemblance to the true "jarillas," a species of the genus *Larrea* (Zygophyllaceae), with which it coexists (Vattuone et al. [2013\)](#page-39-2). *Z. punctata* has a long history of use in the traditional indigenous medicine of Argentina. Infusions and decoctions in water, as well as extracts prepared by maceration in ethanol of its aerial parts, have been widely used as foot antiseptic, rubefacient, antibacterial, antifungal, anti-infammatory, antitumor, asthma, arthritis, rheumatism, among others (Ortega et al. [2000;](#page-36-7) Vattuone et al. [2013\)](#page-39-2). To date, there have been numerous

	Parts used (extract			
Species	types)	Reported antifungal activities	References	
<b>Aquifoliaceae</b>				
Ilex paraguariensis $A.St.-Hil.$	Leaves (aqueous extracts)	Malassezia furfur (cause catheter-related systemic infections in humans and animals, dandruff, psoriasis and foliculitis)	(Filip et al. $2010$ )	
<b>Amaranthaceae</b>				
Amaranthus spinosus L.	Aerial parts (hexane and MeOH extracts)	Fusarium sp.	(Thembo et al. 2010)	
Amaranthus viridis L.	Whole plant (lectines)	F. oxysporum	(Kaur et al. 2006)	
Anacardiaceae				
Astronium urundeuva Engl.	Aerial parts (saline and hydroethanolic extract)	C. albicans and Fusarium sp.	(Sa et al. 2009; Bonifácio et al. 2019)	
Lithraea molleoides (Vell.) Engl.	Aerial parts (MeOH extracts)	Dermatophytic strains	(Muschietti et al. 2005	
Myracrodruon urundeuva Allemão	Whole plant (EtOH extracts)	C. albicans, C. neoformans and C. gattii	(dos Santos Silva et al. 2020)	
Schinopsis balansae Engl.	Leaves (urushiol fraction)	F. graminearum	(Aristimuño Ficoseco et al. 2017)	
Schinus areira L.	Aerial parts (EtOH extracts)	M. gypseum, T. rubrum, T. mentagrophytes and E. floccosum	(Svetaz et al. 2010)	
Schinus molle L.	Whole plant (essential oils)	<i>Fusarium</i> sp. and <i>P</i> . <i>brasiliensis</i>	(Sampietro et al. 2014; Prado et al. 2018)	
Apiaceae				
Gymnophyton polycephalum clos	Aerial parts (essential oils)	Treating dermatophyte infections	(Lima et al. 2011)	
Araucariaceae				
Araucaria araucana (Molina) K.Koch	Wood (MeOH extracts)	T. mentagrophytes and <i>Fusarium</i> sp.	(Céspedes et al. 2006)	
<b>Aristolochiaceae</b>				
Aristolochia argentina Griseb.	Aerial parts (EtOH extracts)	F. verticillioides	(Carpinella et al. 2010)	
Asteraceae				
Acanthostyles buniifolius (hook. Ex hook. & Arn.) R.M.King & H.rob.	Aerial parts (MeOH extracts)	M. gypseum, T. <i>mentagrophytes</i> and <i>T. rubrum</i>	(Muschietti et al. 2005)	

<span id="page-6-0"></span>Table 12.1 Native or naturalized plants of Argentina with antifungal activities against human pathogenic fungi. Part used of each species evaluated and references are also depicted

Species	Parts used (extract types)	Reported antifungal activities	References
<b>Baccharis</b> artemisioides hook. & Arn.	Aerial parts (EtOH extracts)	<i>F. verticillioides</i>	(Carpinella et al. 2010)
Baccharis boliviensis (Wedd.) Cabrera	Aerial parts (hydroalcoholic preparations)	Treating dermatophyte infections	(Carrizo et al. 2020)
Baccharis darwinii hook. & Arn.	Aerial parts (petroleum ether and MeOH extract)	C. neoformans, M. gypseum, T. rubrum and T. mentagrophytes	(Kurdelas et al. 2010)
Baccharis grisebachii Hieron.	Aerial parts (hexane and $CH2Cl2$ extracts)	Microsporum canis	(Feresín et al. 2001)
Baccharis inamoena Gardner	Aerial parts (essential oils)	T. rubrum	(Sobrinho et al. 2016)
Baccharis salicina Torr. & A.Gray	Aerial parts (EtOH extracts)	<i>F. verticillioides</i>	(Carpinella et al. 2010)
<b>Baccharis</b> spartioides (hook. & Arn. Ex DC.) J.Rémy	Aerial parts (essential oils)	C. albicans	(Demo et al. 2005)
Baccharis trimera (less.) DC.	Aerial parts and seeds (decocción; essential oils)	Saccharomyces cerevisiae, C. albicans, Trichophyton sp. and Microsporum sp.	(Davicino et al. 2007; Caneschi et al. $2015$ )
Chromolaena laevigata (lam.) R.M.King & H.rob.	Aerial parts (essential oils)	T. rubrum, T. mentagrophytes and C. albicans	(Murakami et al. 2013; Valarezo et al. 2016)
Flourensia oolepis S.F.Blake	Aerial parts (EtOH extracts)	F. verticillioides	(Carpinella et al. 2010)
Gaillardia megapotamica (Spreng.) baker	Aerial parts (EtOH extracts)	F. verticillioides	(Carpinella et al. 2010)
Gochnatia glutinosa (D.Don) D.Don ex hook. & Arn.	Aerial parts (MeOH extracts)	Dermatophytes fungi	(Postigo et al. 2012)
<b>Heterothalamus</b> alienus (Spreng.) Kuntze	Aerial parts and roots (EtOH extracts)	F. verticillioides, T. rubrum and T. mentagrophytes	(Pacciaroni et al. 2008; Carpinella et al. 2010)
Mikania periplocifolia hook. & Arn.	Aerial parts (EtOH extracts)	M. gypseum, T. rubrum, T. mentagrophytes and E. floccosum	(Svetaz et al. 2010)
Parastrephia quadrangularis (Meyen) Cabrera	Aerial parts (MeOH extracts)	F. verticillioides	(Di Ciaccio et al. 2018)
Parthenium hysterophorus L.	Leaves (MeOH, EtOH and EtOAc extracts)	C. albicans	(Malarkodi and Manoharan 2013)

**Table 12.1** (continued)

Species	Parts used (extract types)	Reported antifungal activities	References
Pluchea dodonaeifolia (hook. & Arn.) H.rob. & Cuatrec.	Aerial parts (two flavanones: Naringenin and pinocembrin)	C. albicans	(Soberón et al. 2020)
Porophyllum <i>obscurum</i> (Spreng.) DC.	Aerial parts (hexane extracts)	Candida sp. (treatment of oropharyngeal candidiasis)	(Postigo et al. 2017)
Pseudognaphalium gaudichaudianum (DC.) Anderb.	Whole plant (EtOH/MeOH extracts and decoction)	S. cerevisiae, Sporothrix schenckii and Fonsecaea pedrosoi	(Davicino et al. 2007; Gaitán et al. 2011)
Pterocaulon <i>alopecuroides</i> (lam.) DC.	Aerial parts (crude MeOH/CH <sub>2</sub> Cl <sub>2</sub> / hexane extracts)	S. cerevisiae, C. neoformans, M. gypseum, T. rubrum and T. <i>mentagrophytes</i> (hight activity); C. albicans, C. tropicalis, A. flavus, A. niger and A. fumigatus (moderate activity)	(Stein et al. $2005$ )
Pterocaulon balansae Chodat	Aerial parts (crude $MeOH/CH_2Cl_2/$ hexane extracts)	C. tropicalis, S. cerevisiae, C. neoformans, M. gypseum, T. rubrum and T. mentagrophytes (hight activity); C. albicans, A. flavus, A. niger and A. <i>fumigatus</i> (moderate activity)	(Stein et al. $2005$ )
Pterocaulon polystachyum DC.	Aerial parts (crude $MeOH/CH_2Cl_2/$ hexane extracts)	S. schenckii, M. gypseum, T. rubrum and T. mentagrophytes (hight activity); C. albicans, C. tropicalis, S. cerevisiae, C. neoformans, A. flavus, A. niger and A. fumigatus (moderate activity)	(Stein et al. 2005; Stopiglia et al. 2011)
Senecio grisebachii baker	Flowers $(CH_2Cl_2/$ EtOH and aqueous extracts)	M. gypseum and T. mentagrophytes	(Portillo et al. 2001).
Senecio nutans Sch. Bip.	Aerial parts (essential oils)	Fusarium sp. (moderate activity)	(Galvez et al.) 2020)
Senecio subpanduratus O.Hoffm.	Aerial parts (essential oils)	C. albicans, C. guillermondii, C. krusei and C. glabrata	(Arancibia et al. 2010)
Senecio viridis Phil.	Aerial parts (essential oils)	Fusarium sp. (moderate activity)	(Galvez et al. 2020)
Solidago chilensis Meyen	Leaves (essential oils)	M. gypseum, T. mentagrophytes and C. albicans	(Alonso and Desmarchelier 2015)
Tagetes minuta L.	Roots (hexane and $CH2Cl2$ extracts)	Treatment of skin mycoses and Candida virulence	(Giacone et al. 2020)

**Table 12.1** (continued)



#### **Table 12.1** (continued)



#### **Table 12.1** (continued)

<b>Species</b>	Parts used (extract types)	Reported antifungal activities	References
Glechon spathulata Benth.	Aerial parts (essential oils)	T. rubrum and E. floccosum	(Venturi et al. 2015)
Hedeoma multiflora Benth.	Leaves and stems (essential oils)	A. flavus and A. parasiticus	(Fiuza et al. 2009)
Hyptis mutabilis (rich.) Briq.	Leaves (essential oils)	Mucor spp.	(Oliva et al. 2006)
Lepechinia floribunda (Benth.) Epling	Aerial parts (EtOH extracts)	F. verticillioides	(Carpinella et al. 2010)
Ocimum campechianum mill.	Leaves (essential oil)	C. albicans and S. cerevisiae	(Sacchetti et al. 2004)
Salvia cuspidata Ruiz & Pav.	Aerial parts (EtOH extracts)	F. verticillioides	(Carpinella et al. 2010)
Lycopodiaceae			
Lycopodiella cernua $(L.)$ pic. Serm.	Leaves (triterpenes)	C. albicans	(Zhang et al. 2002)
<b>Malvaceae</b>			
Sida cordifolia L.	Aerial parts (acetone extracts)	Candida sp. and Trichosporon inkin	(Ahmed et al. 2018)
<b>Myrtaceae</b>			
Eugenia uniflora L.	Leaves (essential oil)	P. brasiliensis	(Costa et al. 2010)
<b>Moraceae</b>			
Maclura tinctoria (L.) D.Don ex Steud.	Leaves (EtOH extracts)	C. albicans and C. neoformans	(ElSohly et al. <b>2001</b> )
<b>Oxalidaceae</b>			
Oxalis erythrorrhiza Gillies ex hook. & Arn.	Aerial parts (hexane and $CH2Cl2$ extracts)	M. canis	(Feresín et al. 2001)
<b>Passifloraceae</b>			
Passiflora caerulea L.	Leaves (MeOH extracts and nanoparticles)	A. <i>flavus</i> and dermatophytes fungi (principally T. rubrum)	(AL-Rubaey et al. 2019: Santhoshkumar et al. 2019)
Phytolaccaceae			
Phytolacca bogotensis Kunth	Leaves $\text{CH}_2\text{Cl}_2$ extracts)	S. schenckii	(Gaitán et al. 2011)
Phytolacca dioica L.	<b>Berries</b> (hydrolysis of extracts)	C. albicans and C. neoformans	(Liberto et al. 2010)
Seguieria americana L.	Leaves $(CH_2Cl_2)$ extracts)	F. pedrosoi and S. schenckii	(Gaitán et al. 2011)
Trichostigma octandrum (L.) H. Walter	Leaves $(CH_2Cl_2)$ extracts)	F. pedrosoi	(Gaitán et al. 2011)

**Table 12.1** (continued)

	Parts used (extract)			
Species	types)	Reported antifungal activities	References	
Piperaceae				
Piper sp.	Aerial parts (EtOH extracts)	Candida sp., C. neoformans, S. cerevisiae, Aspergillus sp., M. gypseum, E. floccosum and Trichophyton sp.	(Svetaz et al. 2010)	
Poaceae				
Elionurus muticus (Spreng.) Kuntze	Aerial parts (essential oil)	Candida sp.	(Sabinil et al. 2006)	
Polygonaceae				
Persicaria acuminata (Kunth) M.Gómez	Aerial parts $(CH_2Cl_2$ extracts)	Yeasts and dermatophytes fungi	(Derita et al. 2009)	
Persicaria ferruginea (Wedd.) Soják	Aerial parts (MeOH and hexane extracts)	E. floccosum and Neurospora crassa	(López et al. 2011)	
Persicaria hydropiperoides (Michx.) small	Whole plant (MeOH extracts)	C. albicans	(Braga et al. 2007)	
Persicaria maculosa gray	Aerial parts $(CH_2Cl_2$ extracts)	T. mentagrophytes, T. rubrum and M. gypseum	(Derita and Zacchino 2011a)	
Persicaria punctata (Elliott) small	Aerial parts (polygodial compound)	C. albicans and dermatophytes fungi	(Alves et al. 2001).	
Pteridaceae				
Pityrogramma calomelanos (L.) link	Leaves (MeOH extracts)	Curvularia lunata	(Guerra et al. 2020)	
<b>Solanaceae</b>				
Solanum sisymbriifolium lam.	Leaves and stems (MeOH extracts)	C. albicans, A. niger, A. flavus, A. xylinium	(Vaghela et al. 2009)	
Ranunculaceae				
Clematis campestris A.St.-Hil.	Aerial parts (EtOH extracts)	M. gypseum, T. rubrum, T. <i>mentagrophytes</i> and E. floccosum	(Svetaz et al. 2010)	
<b>Rutaceae</b>				
Zanthoxylum coco Gillies ex Hook. f. & Arn.	Aerial parts (flavonoids and lignans)	F. verticillioides	(Carpinella et al. 2010)	
Zanthoxylum rhoifolium lam.	Leaves (volatile oil)	A. flavus	(da Silva et al. 2006)	
Smilaceae				
Smilax campestris Griseb.	Aerial parts (EtOH extracts)	C. krusei and C. gattii	(Morais et al. 2014)	

Table 12.1 (continued)





pharmacological studies that have shown important activities that support the traditional uses of this plant (Isla et al. [2016](#page-34-8)).

Regarding its chemical composition, 13 phenolic compounds were isolated from extracts of the aerial parts of *Z. punctata*: two chalcones, 2′,4′-dihydroxy-3′ methoxychalcone (DHMC) and 2',4'-dihydroxychalcone (DHC); five flavones, 3,5,7-trihydroxyfavone (galangin), 3,5-dihydroxy-7-methoxy favone (izalpinin), 3,5,4′-trihydroxy-7-methoxy favone (rhamnocitrin), 3-hydroxy-7,8-dimethoxy favone (3-H-7,8-DMF); and 3,7-dihydroxy favone (3,7-DHF); four favanones, 7-hydroxy favanone (7-HF), 5,7-dihydroxy favanone (pinocembrin), 5-hydroxy-7 methoxy favanone (pinostrobin), and 7-hydroxy-8-methoxyfavanone (7-H-8-MF); and two caffeic acid derivatives, 1-methyl-3-(4′-hydroxyphenyl)-propyl caffeate [1-M-3-(4'-HP)-PC] and 1-methyl-3-(3′,4′-dihydroxyphenyl)-propyl caffeate [1-M-3-(3′,4'-DHP)-PC]. Chalcones being the main components of such extracts (Ortega et al. [2000](#page-36-7); Nuño [2015](#page-36-15)). In the essential oil of the aerial parts of *Z.* 

<span id="page-14-0"></span>

**Fig. 12.1** *Zuccagnia punctata* Cav. (Fabaceae, Caesalpinioideae). (**a**) specimens in their natural environment. (**b**) Aerial parts

*punctata*, 80 constituents were identifed, mainly oxygenated monoterpenes. The main components were identifed as linalool and (−)-5,6-dehydrocamphor (Álvarez et al. [2012\)](#page-30-7).

Below we describe the results obtained from our recent studies on the antifungal activity of extracts, essential oil, and compounds obtained from *Z. punctata* against phytopathogenic and human pathogenic fungi.

The activity of the crude ethanolic extract of aerial parts of *Z. punctata* was evaluated by the agar dilution method (Zacchino et al. [1999](#page-39-8)), against strains of fungi isolated from soybean plants growing in the most important producing regions of Argentina that presented typical symptoms of disease (*Phomopsis longicolla, Alternaria alternata, Sclerotium bataticola, Fusarium equiseti, F. graminearum,* and *Colletotrichum truncatum*) (Svetaz et al. [2004](#page-38-11)). The ethanolic extract showed activity against all of the fungi tested with Minimal Inhibitory Concentration (MIC) values between 100 and 500 μg/mL. This extract was successively partitioned between *n*-hexane, chloroform, and *n*-butanol; the chloroform extract showed the lowest MIC value (62.5 μg/mL) against the most relevant pathogenic fungus on soybean seed (*P. longicolla*). Repeated bioassay-guided chromatographies of the chloroform extract led to the isolation of DHMC, DHC, 7-HF, 1-M-3-(4'-HP)-PC, and 1-M-3-(3′,4'-DHP)-PC. The chalcones DHMC and DHC showed potent antifungal activities against all fungi tested with MIC values ranging from 6.25 and 3.12 to 50 μg/mL, respectively. 7-HF and 1-M-3-(4'-HP)-PC showed very interesting activities only against *P. longicolla* (MIC = 6.25 μg/mL), while 1-M-3-(3′,4'- DHP)-PC did not show any activity up to 50 μg/mL. It is interesting to note that four of the fve compounds isolated from the antifungal chloroform extract of *Z. punctata* displayed very good activities (MIC ≤6.25 μg/mL) against *P. longicolla.* Additionally, DHMC and DHC showed strong activities against *C. truncatum* (MIC = 6.25 μg/ mL) (Svetaz et al. [2004\)](#page-38-11). Both pathogens are the cause of the most serious soybean diseases due to their high incidence and persistence, causing reduction of seed quality and yields*. P. longicolla* is a primary agent of seed decay, a severe pathogen that affects soybean seed quality and *C. truncatum* is the causal agent of soybean anthracnose, a disease acquired mainly in the last growing step that affects stems and pods diminishing the number of seeds and their weight (Pioli et al. [2000\)](#page-37-13).

Concerning to human pathogenic fungi, petroleum ether and dichloromethane extracts of fruits, aerial parts, and resinous exudate (obtained by dipping the fresh aerial parts in dichloromethane) of *Z. punctata* showed moderate antifungal activities against the yeasts *C. albicans*, *S. cerevisiae,* and *C. neoformans* (MICs: 62.5–250 μg/mL) and very strong antifungal activities against the dermatophytes *M. gypseum*, *T. rubrum,* and *T. interdigitale* (MICs: 8–16 μg/mL) thus supporting the ethnopharmacological use of this plant. Antifungal activitydirected fractionation of the most active extract led to the isolation of DHMC and DHC as the compounds responsible for the antifungal activity. DHCM displayed a selective and strong activity against dermatophytes (MIC =  $8 \mu g/mL$ ) and DHC showed a broader spectrum of activity inhibiting the yeasts *C. albicans*, *S. cerevisiae,* and *C. neoformans* (MICs: 16–31.2 μg/mL) and dermatophytes (MIC =  $4 \mu g/mL$ ). Second-order studies showed that DHC, in addition to being the most active chalcone, is fungicidal rather than fungistatic and that it would act through a different mechanism of action from that of antifungal drugs in current clinical use, so it appears to be a very promising antifungal agent (Svetaz et al. [2007](#page-38-12)).

The essential oil obtained by hydrodistillation from aerial parts of *Z. punctata* was evaluated against a panel of human opportunistic and pathogenic fungi using standardized procedures (CLSI [2017](#page-32-12)). The microbroth dilution method showed that the essential oil was not active against *C. albicans*, *C. tropicalis*, *S. cerevisiae,* or *C. neoformans* (MIC >1000 μg/mL) and possessed marginal activity against *Aspergillus niger*, *A. favus,* and *A. fumigatus* (MIC = 1000 μg/mL). In contrast, it showed an interesting antifungal activity against dermatophytes (*M. gypseum*, *T. rubrum,* and *T. interdigitale*) with MIC values between 15.6 and 125 μg/mL, being *T. rubrum* the most susceptible species. A total of 80 constituents were identifed in the oil, with linalool and (−)-5,6-dehydrocamphor being the main constituents. Both compounds were also tested against the same fungal strains. Linalool showed moderate activity against dermatophytes (MICs: 125–250 μg/mL) but was inactive against yeasts and *Aspergillus* spp. The other major component was inactive up to 250 μg/mL against all the fungi tested. The main components of the essential oil would not be responsible for its antifungal activity, but the identifcation of thymol and carvacrol as minor components suggests that they could contribute to this activity. The results of their antifungal evaluation undoubtedly suggest that both compounds could contribute to the activity of the essential oil since they were active against all of the evaluated fungal species (MICs: 15.6–250 μg/mL). Both compounds displayed interesting activities against dermatophytes (MICs: 15.6–31.2 μg/mL), while carvacrol also showed very good activity against *A. favus* and *A. fumigatus* (MIC = 31.2 μg/mL) (Álvarez et al. [2012](#page-30-7)).

<span id="page-16-0"></span>

**Fig. 12.2** *Phytolacca tetramera* Hauman (Phytolaccaceae)

### *2.2* **Phytolacca tetramera***: Berries Extracts and Compounds with Potential Antifungal Activity*

*Phytolacca tetramera* Hauman (Phytolaccaceae), commonly known as "ombusillo," is an endemic species from Argentina (Fig. [12.2\)](#page-16-0). It is currently considered one of the threatened plant species, being in critical danger of extinction (Delucchi et al. [2006\)](#page-32-13), mainly due to anthopic causes that lead to the reduction of their habitat, such as human settlements, construction of roads, the periodic weeding of these roads, agricultural and livestock activity, industrial facilities, etc. (Hernandez et al. [2008](#page-34-9)).

Our research group has studied this plant species for several years, and the information about the chemical composition, antifungal activity, and mechanism of action allowed us to know the importance of this plant for the treatment of fungal infections, promoting thus its conservation. From our studies, an area related to research and development for the conservation *in situ* of *P. tetramera* was created (Petri et al. [2010\)](#page-37-14).

After Escalante et al. ([2002\)](#page-33-13) studies, the antifungal activity of methanolic, dichloromethanic, butanolic, and aqueous extracts of *P. tetramera* obtained not only from berries but also from leaves and roots (*Pt*MEb, *Pt*DEb, *Pt*BEb, *Pt*AqEb, *Pt*MEl, *Pt*DEl, *Pt*BEl, *Pt*AqEl, *Pt*MEr, *Pt*DEr, *Pt*BEr, and *Pt*AqEr) was assessed with the standardized CLSI [\(2017](#page-32-12)) microbroth dilution method against the yeasts *C. albicans* and *C. glabrata* (Butassi et al. [2019\)](#page-31-15). The use of the most recent guidelines of CLSI [\(2017](#page-32-12)) for yeasts assured more reproducible and more reliable results. Table [12.2](#page-17-0) shows the results corresponding to the re-evaluation of the antifungal activity of *P. tetramera* extracts.

Results showed that *Pt*MEb, *Pt*DEb, and *Pt*BEb were moderately active against *C. albicans* and *C. glabrata*, with *Pt*DEb being the most active against the tested strains (MIC = 250 μg/ml), followed by *Pt*MEb (MICs between 500 and 1000 μg/



<span id="page-17-0"></span>**Table 12.2** MICs (μg/ml) of the different extracts of *P. tetramera* against *C. albicans* (*Ca*) CCC 125–2000 and *C. glabrata* (*Cg*) CCC 115–2000 determined

i: inactive (MIC>1000 µg/ml). C. albicans and C. glabrata were clinically isolates obtained from CEREMIC, Centro de Referencia en Micología, FCByF, UNR i: inactive (MIC>1000 μg/ml). *C. albicans* and *C. glabrata* were clinically isolates obtained from CEREMIC, Centro de Referencia en Micología, FCByF, UNR

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**Fig. 12.3** Phytolaccoside B, phytolaccoside E and phytolaccoside F isolated from berries of *P. tetramera* butanolic extract

ml) and *Pt*BEb (MIC = 1000  $\mu$ g/ml). The rest of the extracts was inactive (MIC  $>1000 \mu$ g/ml) (Table [12.2\)](#page-17-0).

By bioassay-guided fractionation (Escalante et al. [2002\)](#page-33-13), three monodesmosidic triterpenoid saponins were isolated from *Pt*BEb: phytolaccoside B (3-O-β-Dxylopiranosylphytolaccagenin) (PhytB), phytolaccoside E (3-O-β-Dglucopyranosyl-(1,4)-β-D-xylopiranosyl-phytolaccagenin) (PhytE), and phytolaccoside F [3-O-α-L-rhamnopyranosyl-(1,2)-β-D-glucopyranosyl-(1,2)-β-Dxylopyranosyl-phytolaccagenic acid] (PhytF) (Fig. [12.3](#page-18-0)). The three saponins belong to the olean-type triterpenoid saponins, possessing 28,30 dicarboxylic groups and an olefnic double bond on C-12. PhytB and PhytE, but not PhytF, showed antifungal activities against a panel of human pathogenic opportunistic fungi. PhytB was the most active compound and showed the broadest spectrum of action (MICs between 25 and 125 μg/ml) (Escalante et al. [2002](#page-33-13)).

The chemical composition of *P. tetramera* extracts obtained from berries, leaves, and roots was studied using Thin Layer Chromatography (TLC). These studies allowed the detection of PhytB, PhytE, and phytolaccagenin (PhytG) in all the extracts except in aqueous ones (Butassi et al. [2019](#page-31-15)) (Fig. [12.4](#page-19-0)).

According to this chemical analysis, the antifungal activity of PhytB, PhytE, and PhytG was evaluated against *C. albicans* and *C. glabrata*. PhytB and PhytG were active against both pathogens with MIC =  $62.5 \mu g/ml$ . In contrast, PhytE did not show activity (MIC >250 μg/ml) (Butassi et al. [2019\)](#page-31-15). Based on these results, PhytB and PhytG were selected as active markers (EMA [2010\)](#page-33-14) and were quantifed in all the extracts using UHPLC-ESI-MS (Table [12.3](#page-19-1)) (Butassi et al. [2019](#page-31-15)). The most potent extract of *P. tetramera* (*Pt*DEb) showed the highest amount of active markers, followed by *Pt*MEb and *Pt*BEb. The extracts from leaves and roots contained a low level of both PhytB and PhytG. Therefore, it could be stated that these two compounds contribute strongly to the antifungal activity of the active extracts.

<span id="page-19-0"></span>

PIMEb PIMEI PIMEr PIDEb PIDEI PIDEr PhytB PhytE PhytG PtBEb PtBE1 PtBEr PtAqEb PtAqE1 PtAqEr

**Fig. 12.4** Chemical profle of different extract types obtained from *P. tetramera* berries, using PhytB, PhytE, and PhytG as markers

<span id="page-19-1"></span>**Table 12.3** Content (mg of compound/g plant material) of active markers PhytB and PhytG in *P. tetramera* extracts analyzed by UHPLC-ESI-MS. Values are the mean  $\pm$  standard deviation  $(n = 3)$ . Nd: not detected

		PhytB	PhytG
	<b>Extracts</b>	(mg/g)	(mg/g)
<b>Berries</b>	PtMEb	$66.12 \pm 0.33$	$24.92 \pm 0.09$
	PtDEb	$155.24 \pm 5.27$	$121.48 \pm 1.36$
	PtBEb	$36.27 \pm 0.30$	$0.68 \pm 0.03$
Leaves	PtME1	$2.11 \pm 0.28$	$0.01 \pm 0.005$
	PtDE1	$0.61 \pm 0.11$	$0.06 \pm 0.0002$
	PtBEl	$3.13 \pm 0.66$	Nd
Roots	PtMEr	$0.09 \pm 0.01$	$0.004 \pm 0.0003$
	$Pt$ DEr	$0.56 \pm 0.10$	$0.017 \pm 0.005$
	PtBEr	$0.55 \pm 0.21$	Nd

Additionally, the mechanism of action of the active markers PhytB and Phyt G and the most active extract *Pt*DEb was studied. For that, morphological studies (using scanning electron, phase contrast, and fuorescence microscopies) which target the fungal cell wall [cellular sorbitol assay and enzymatic (1,3)-β-D-glucan synthase (GS) and chitin synthase 1 (ChS) assays] and studies which target the fungal cell membrane (ergosterol-binding assay) were carried out. Table [12.4](#page-20-0) summarizes the results obtained.

	Mechanism of antifungal action	References
PhytB	Produces shortening of <i>Neurospora crassa</i> hyphae and highly branched bulbous hyphal tips	(Escalante et al. 2008)
	Modifies the normal morphology of the yeast <i>S. cerevisiae</i> producing aggregates and swollen cells	(Escalante) et al. 2008)
	Produces an increase of chitin synthase 1 activity. A high deposit of chitin would lead ultimately to the arrest of cell growth	(Escalante) et al. 2008)
PhytG	Binds to ergosterol and disrupts the fungal plasma membrane causing cell wall damage and cell death	(Butassi et al. 2019)
PtDEb	Modifies the normal morphology of the yeast <i>Schizosaccharomyces</i> <i>pombe</i> producing smaller, wrinkled, brighter, deformed, and swollen cells. The wrinkled and brighter appearance of S. pombe cells indicates a phenotype of dead cells, which was more abundant during the process of cell separation	(Butassi et al. 2019
	Modifies the normal morphology of the yeast C. albicans producing swollen or elongated and refringent cells, which suggest sick or dead cells due to an altered plasma membrane. Produces an enrichment of chained cells, indicating a defect in the final process of cell separation	(Butassi et al. 2019
	Binds to ergosterol and disrupts the fungal plasma membrane causing cell wall damage and cell death	(Butassi et al. 2019)

<span id="page-20-0"></span>Table 12.4 Mechanism of action studies of the active markers PhytB and PhytG and the most active extract *Pt*DEb

### *2.3 The Genus* **Polygonum***: An Update for its Antifungal Effects and Infuence of Chemotaxonomy*

*Polygonum* constitutes one of the plant genera most used by Argentinian traditional medicine to treat fungal conditions. This genus comprises about 250 species that have a wide geographical distribution, from Polar Regions to the tropics of all continents. Formerly, it was divided into fve sections: *Echinocaulon*, *Amblygonum*, *Persicaria*, *Tiniaria* and *Polygonum* but nowadays, due to its botanical and phytochemical complexity, species are classifed into two true genera: *Polygonum* and *Persicaria*. According to the plant list ([www.plantlist.org](http://www.plantlist.org)) most of them have been regrouped with accepted names, but their synonyms are still used (Álvarez et al. 2020). In Argentina, about 20 species belonging to both genera grow throughout the country, but the most active in terms of their antifungal properties is *Persicaria acuminata* syn. *Polygonum acuminatum* and *Persicaria maculosa* syn. *Polygonum persicaria* (Fig. [12.5\)](#page-21-0) (Derita and Zacchino [2011a](#page-32-9)).

From the bio-guided fractionation of *P. acuminata* aerial parts, fve sesquiterpenes with drimane skeleton were isolated: drimenol, isopolygodial, confertifoline, polygodial, and 1-*β*- (p-methoxycinnamoyl) polygodial. Among them, the most active was polygodial, inhibiting the growth of *C. albicans*, *C. neoformans,* and the dermatophytes *M. gypseum*, *T. rubrum,* and *T. mentagrophytes* with MICs between 3.9 and 62.5 μg/mL and MFCs between 7.8 and 125 μg/mL, being fungicide as well as a strong inhibitor of fungal growth (Derita et al. [2013](#page-32-14)).

<span id="page-21-0"></span>

**Fig. 12.5** *Persicaria acuminata* (**a**) and *P. maculosa* (**b**)

The bioguided fractionation of *P. maculosa*, in addition to the sesquiterpenes mentioned above, allowed the isolation of the favanone pinostrobin and the chalcones favokawin B and cardamonin. The latter compounds were active against *C. albicans*, *C. neoformans,* and the dermatophytes *M. gypseum*, *T. rubrum,* and *T. mentagrophytes* displaying MICs between 15.6 and 500 μg/mL. Unlike *P. acuminata*, the antifungal activity of *P. maculosa* was due not only to polygodial and isopolygodial but also to favonoids, which added an interesting chemotaxonomical data (Derita and Zacchino [2011b](#page-32-15)).

Flavonoids have played an important role in the systematics of *Polygonum* species being proposed as chemotaxonomic markers of the genus. However, as stated before, the fnding of polygodial within the *Persicaria* section promoted a sesquiterpene (not a favonoid) to be proposed as a chemotaxonomic marker for the *Persicaria* section. Consequently, with the aim of fnding compounds that could be suggested as new chemical markers for the delimitation of *Persicaria* section of the genus, a comparative study about the presence and quantifcation of sesquiterpenes and favonoids in six species belonging to the section was carried out. It was found that *P. hydropiperoides*, *P. lapathifolia,* and *P. ferruginea*, which were the three species that did not contain polygodial, showed the presence of the three favonoids. In turn, *P. punctata* and *P. acuminata* contained the four sesquiterpenes but no favonoids. Surprisingly, *P. persicaria* was the only species belonging to this section that presented both types of compounds (Derita and Zacchino [2011b\)](#page-32-15). All these fndings contributed to the regrouping of these species into the current *Polygonum* and *Persicaria* genera (Álvarez et al. [2021\)](#page-30-8).

### **3 Photoactivity: An Underexplored Property for Detection of Antifungal Plants**

Antimicrobial photodynamic therapy (APDT) is increasingly being recognized as an alternative clinical treatment for fungal infections. Their advantages include a broad spectrum of activities (viruses, protozoa, Gram-positive and Gram-negative bacteria and fungi), the possibility of eliminating microorganisms independently of their antimicrobial resistance pattern, low probability of adverse side effects and low cost (Donnelly et al. [2008\)](#page-33-16). In addition, APDT is highly selective (Dai et al. [2012\)](#page-32-16), resistance has not been described (Wainwright et al. [2017\)](#page-39-9), it has been implicated in changes in the expression of virulence determinants factors and showed effcacy against bioflms (Kato et al. [2013\)](#page-35-12). PDT involves the administration of a non-toxic photosensitizer (PSs) and harmless visible light of the correct wavelength to generate reactive oxygen species (ROS), which can oxidatively damage surrounding biomolecules, such as lipids, proteins, and nucleic acids, thus killing pathogenic microorganisms (Liang et al. [2016;](#page-35-13) Pinto et al. [2018](#page-37-15)). ROS are produced by the reaction of the excited PSs and oxygen  $(O_2)$  through type I reactions, that involve electron-transfer reactions that generate hydroxyl radical (OH⦁), hydrogen peroxide  $(H_2O_2)$ , and superoxide radical  $(O_2^{\bullet-})$  and type II reactions that involve energy transference to produce singlet oxygen  ${}^{1}O_{2}$  (Maisch et al. [2007\)](#page-35-14).

PSs are present in certain plants as a chemical defense mechanism developed to protect themselves from the action of microbes and herbivorous attack. This action is triggered when these secondary metabolites are excited to higher energy levels by absorbing solar or artifcial radiation at a particular wavelength range (Mamone et al. [2014\)](#page-35-15). Siewert and Stuppner ([2019\)](#page-38-13) described 10 classes of natural PSs: thiophenes, furanocoumarins, polyacetylenes, curcumins, xanthenoids, alkaloids, anthraquinones and perylenequinones, phenalenones, and porphyrins. Thiophenes is one of the larger groups with more than 150 natural biologically active compounds with absorbance maximum for photobiological effects between 314–350 nm (Postigo et al. [2017](#page-37-5); Siewert and Stuppner [2019\)](#page-38-13), present in plants of the family Asteraceae including the genus *Porophyllum*, *Tagetes,* and *Flaveria* widely distributed in Argentina (Downum and Towers [1983](#page-33-17); Ibrahim et al. [2016](#page-34-10)). *Porophyllum* comprises 25 species, six of them inhabit the Argentinean central-western region, they are annual or perennial plants with secretory cavities in oil-bearing leaves and bracts which emanate a strong foul odor (Johnson [1964](#page-35-16); Loockerman et al. [2003\)](#page-35-17). *Tagetes* includes approximately 56 species that have been used as a source of essential oil for favoring in the food industries, and their fowers, which are rich in orange–yellow carotenoids, are used as food coloring (Vasudevan et al. [1997\)](#page-39-10). *Flaveria* comprises 21 species widely distributed in America, only *F. bidentis* and *F. haumanii* occur in Argentina (de los A. Páez et al. [2019\)](#page-32-17).

Below we describe the photodynamic antifungal activity of different extracts obtained from six species belonging to the genus *Porophyllum*, *Tagetes,* and *Flaveria* which were evaluated against *C. albicans.* The experiments were carried on following the guidelines of CLSI ([2017\)](#page-32-12) document that assures confdent and reproducible

		Extract type			
Species Voucher specimen	Parts used	Hex	<b>DCM</b>	EA	Met
Flaveria bidentis (L.) Kuntze (Del Vitto & Petenatti #9491, UNSL)	Whole plant	0.24/NA	0.98/NA	NA / NA	NA/ NA.
Porophyllum lanceolatum DC. (Del Vitto & Petenatti #9478, UNSL)	Whole plant	500/NA	125/NA	NA/NA	NA/ <b>NA</b>
<i>Porophyllum obscurum</i> (Spreng.) DC (Del Vitto & Petenatti #9436, UNSL)	Whole plant	0.98 / NA	7.81/NA	NA/NA	NA/ <b>NA</b>
Porophyllum ruderale (Jacq.) Cass (Del Vitto & Petenatti #9539, UNSL)	Whole plant	62.50/ <b>NA</b>	31.25/ NA.	NA/NA	NA/ NA.
Tagetes minuta L. (Del Vitto and Petenatti #9230,	<b>Stems</b>	3.91/NA	31.25/ <b>NA</b>	NA/NA	NA/ NA
UNSL)	Leaves	7.81/NA	7.81 / NA	NA/NA	NA/ NA.
	<b>Flowers</b>	31.25/ <b>NA</b>	31.25/ <b>NA</b>	NA / NA	NA/ NA.
	Roots	1.95/NA	0.49 / NA	62.5/ <b>NA</b>	NA/ NA.
Tagetes patula L. (Del Vitto & Petenatti #9239,	Aerial parts	250/NA	500 / NA	NA / NA	NA/ NA.
UNSL)	Roots	1.95 / NA	15.63/ <b>NA</b>	NA/NA	NA/ <b>NA</b>

<span id="page-23-0"></span>**Table 12.5** Minimal Fungicide Concentrations (MFC expressed in μg/mL) against *C. albicans* (light/darkness)

Hex: Hexane; DCM: dichloromethane; EA: ethyl acetate; Met: methanol. NA: not active (MFC >1000 μg/mL). In bold, photoactive extracts

results. Microplates were submitted to irradiation (light) or kept in darkness. In light experiments, UVA irradiations were performed with a homemade UVA light array composed of a set of three lamps (Alic, Buenos Aires, Argentina), emitting at 315–400 nm (100 W). Microplates were aligned perpendicular to the samples that illuminate uniformly the entire area of the microplate, placed at a distance to 12 cm from the light source and irradiated for 60 min. In darkness experiments, assays were carried out in the same conditions but microplates were wrapped with aluminum foil to avoid exposure to light. Table [12.5](#page-23-0) shows the Minimal Fungicide Concentrations (MFC expressed in μg/mL) against *C. albicans* under light/darkness conditions.

No signifcant differences were observed in the number of yeasts Colony Forming Units (CFU/mL) in the growth controls between darkness and light experiments, suggesting that the action of UVA irradiation did not reduce *C. albicans* viability. None of the evaluated extracts, at a concentration up to 1000 μg/mL, showed antifungal activity in experiments performed without irradiation. All hexane and DCM

extracts were considered photoactive, because they showed antifungal activity against *C. albicans* only under UVA irradiation. Most ethyl acetate and methanolic extracts did not exhibit antifungal photosensitive activity at concentrations up to 1000 μg/mL. The observed higher activity of the apolar extracts, compared with the more polar extracts, could be attributed to the presence of apolar thiophenic compounds previously reported for the studies on related species (Gil et al. [2002;](#page-34-11) Postigo et al. [2017;](#page-37-5) Ibrahim et al. [2018;](#page-34-12) Giacone et al. [2020](#page-34-3)). The main photoactive components of these extracts were identified as  $2,2'$ :5',2"-terthienyl ( $\alpha$ -T);<br>5-(3-buten-1-ynyl)-2,2'-bithiophene (BBT); 5-(4-acetoxy-1-butynyl)-2,2'- $5-(3-buten-1-ynyl)-2,2'-bithipphen (BBT);$ bithiophene (BBTOAc); 5-(4-hydroxy-1-butynyl)-2,2′-bithiophene (BBTOH); and 5-(3-penten-1-ynyl)-2,2′-bithiophene (PBT). When different parts of the plant were studied, the highest activity was obtained in root extracts, that is, the organ where thiophenes accumulate (Marotti et al. [2010](#page-35-18)).

#### **4 Probing Synergistic Effects to Increase Antifungal Activity in Plants**

Combination therapy has emerged as an effective strategy for antifungal treatment to fght against microbial resistance (Hemaiswarya et al. [2008\)](#page-34-13). In fact, the high incidence rates of *Candida* infections are supposed to be closely related with their recalcitrant resistance to conventional antifungals and their capacity for bioflm formation (Zavrel and White [2015](#page-39-11)). Synergism, defned as a phenomenon in which the combined action of two agents is more effective than the action of a single agent, has been the main focus for combinatory therapy as it greatly reduces the effective dosages of them required to treat an infection (Yang et al. [2017\)](#page-39-12). Combinations of drugs with different targets prevents the development of drug resistance, may improve the interaction with its target and can reduce toxicity, since lower concentrations of both agents can be used (Ayaz et al. [2019\)](#page-31-16). Research of new antimicrobials boost the use of bioactive compounds and extracts from plants, either alone, combined, or together with antibiotics (Ríos and Recio [2005](#page-37-16)) that can potentiate the activity of antimicrobials by targeting different sites in the microbial cell (multitarget effect), by improving their solubility or bioavailability (pharmacokinetic or physicochemical effects) or by targeting the resistance mechanism (Wagner and Ulrich-Merzenich [2009\)](#page-39-13).

In recent years, there has been an increased interest in using herbs along with conventional drugs rather than using them in place of drugs that raises concerns about studying herb–drug interactions (Spitzer et al. [2017\)](#page-38-14). Here we detail the results of our research on the antifungal activity of plant extracts of the Argentine fora alone and in combination with currently used antifungal drugs (Cordisco et al. [2019\)](#page-32-18). The antifungal activity of 253 plant extracts used in traditional Argentine medicine (obtained from 153 species of plants, belonging to 120 genera and 56 families) was evaluated alone and in combination with the antifungal drugs amphotericin B (AMB), fuconazole (FCZ), and itraconazole (ITZ), against *C. albicans*.

MICs alone and in combination were determined with the broth microdilution technique following the guidelines of CLSI ([2017\)](#page-32-12) and using a modifcation of the High-Throughput Synergy Screening (HTSS) test, respectively (Zhang et al. [2007\)](#page-39-14). Only 27 extracts tested alone showed activity (MICs between 31.25–1000 μg/mL), which represents 10.67% of the total evaluated. For this reason, we decided to reexplore all extracts through combination trials with antifungal drugs, hoping to detect those with enhanced activity and thus take full advantage of nature's chemodiversity and fnd new structures with antifungal activity.

First, we analyzed the importance of ethnopharmacological uses in the selection of extracts by investigating whether the probability of detecting plant extracts which enhance the activity of antifungal compounds is higher when obtained from species with reports of ethnopharmacological uses related to fungal infections. To achieve this, the plant extracts were classifed into three groups according to whether they have reports of ethnopharmacological uses related to fungal infections (Group  $I = 37$ ) species), if they are not reputed as antifungal but belong to a genus which has species with ethnopharmacological use related to antifungal activity (Group  $II = 11$  species) and without any ethnopharmacological use related to fungal infections (Group  $III = 46$  species). The results obtained from the combinations between the commercial antifungals and the extracts of the different group of plants showed that 7/37 (18.92%), 1/11 (9.09%), and 1/46 (2.17%) plant species of Groups I–III, respectively, enhanced the activity of AMB (Fig. [12.6a](#page-26-0)); 7/37 (18.92%), 1/11 (9.09%), and 4/46 (8.69%) plant species of Groups I–III respectively, enhanced the activity of FCZ (Fig. [12.6b](#page-26-0)) and 10/37 (27.03%), 2/11 (18.18%), and 7/46 (15.22%) plant species of Groups I–III, respectively, enhanced the activity of ITZ (Fig. [12.6c](#page-26-0)). These results indicated that when extracts came from plants with ethnopharmacological use related to fungal pathologies, there were more possibilities of fnding extracts that enhance the activity of commercial antifungal drugs, suggesting that the ethnopharmacological approach is useful in designing extract–antifungal combinations with enhanced activity. Regarding the antifungal drug, the activity of azoles, especially ITZ, has been improved to a greater extent with respect to AMB (Cordisco et al. [2019\)](#page-32-18).

Additionally, we evaluated whether the probability of detecting plant extracts which enhance the activity of antifungal compounds is greater when they have antifungal activities alone (MIC  $\leq$ 1000 μg/mL) than when they do not possess it (MIC >1000 μg/mL). Our results indicated that there is a greater probability of fnding an enhancement in the activity of commercial drugs when the combination is performed with extracts that have shown activity alone as compared to those previously inactive extracts. It is important to note that 42 extracts behaved as enhancers in combination with at least one of the antifungal agents evaluated and that among these, a total of 27 extracts had not shown activity alone. These extracts would have been considered inactive and discarded for further studies according to the classic strategy, however, by using this new paradigm, they remain potential candidates in the search for new antifungals (Cordisco et al. [2019](#page-32-18)).

<span id="page-26-0"></span>

**Fig. 12.6** Number of species from Groups I, II, and III which showed no enhancement (NE) and enhancement (E) of the activity of (**a**) amphotericin B; (**b**) fuconazole and (**c**) itraconazole

### **5 An Extension of Plant Antifungal Properties toward the Control of Phytopathogenic Fungi on Fruits**

Phytopathogenic fungi cause pre- and post-harvest diseases in vegetable, cereal, and fruit crops and are responsible for considerable world agriculture economic losses. The most common species of phytopathogenic fungi that cause the deterioration of fruits, leaves, stems, and ground organs (roots, tubers, corms, etc.) belong to the genera *Alternaria*, *Botrytis*, *Diplodia*, *Monilinia*, *Penicillium*, *Colletotrichum*, *Phomopsis*, *Fusarium*, *Rhizopus,* and *Mucor* (Juárez-Becerra et al. [2010](#page-35-19)).

Plant extracts and their isolated active compounds have been tested for their effcacy in the control of a wide range of phytopathogenic fungi (Jiménez-Reyes et al. [2019\)](#page-34-14). In this sense, an *in vitro* study revealed the antifungal activity of 18 Argentinean plants species against four phytopathogenic fungi that greatly affect the post-harvest stage of commercially important fruits, including *Penicillium digitatum*, *Botrytis cinerea*, *Monilinia fructicola,* and *Rhizopus stolonifer*. All the species studied were at least active against one fungus of the panel, while three of them (*Solidago chilensis* Meyen, *Drimys winteri* J.R.Forst, and *Polygonum stelligerum*

Cham.) displayed high antifungal properties inhibiting the growth of the selected pathogens. The antifungal activity of these plants was attributed to the presence of solidagenone in *S. chilensis*, polygodial in *D. winteri* and pinostrobin, and favokawin B in *P. stelligerum* (Di Liberto et al. [2019](#page-32-19)). All these compounds have been identifed as antimicrobial compounds (Muñoz-Concha et al. [2007](#page-36-16); Derita and Zacchino [2011a;](#page-32-9) Ramirez et al. [2013;](#page-37-17) Carrasco et al. [2017\)](#page-31-17) with the exception of solidagenone, which has been recently evaluated for its antiproliferative potential (Gomes et al. [2018\)](#page-34-15). In a similar study, 17 Chinese medicinal plants were determined against eight species of plant pathogenic fungi, including *Rhizoctonia cerealis*, *F. graminearum*, *Gaeumannomyces graminis*, *F. oxysporum*, *Valsa mali*, *Colletotrichum gloeosporioides*, *F. oxysporum* sp. *Cucumebrium,* and *Colletotrichum lagenarium*. The results showed that the ethanol extracts of *Syzygium aromaticum* (L.) Merr. Et Perry (Myrtaceae) has the highest antifungal effect over the tested pathogens, isolating 2-methoxy-4-(2-propenyl) phenol (eugenol) as the active compound (Yang et al. [2019\)](#page-39-15). Moreover, the antifungal activity of hexane, dichloromethane, and methanol extracts of 45 Thai plants were *in vitro* screened against plant phytopathogenic fungi (*Alternaria porri*, *C. gloeosporioides*, *F. oxysporum,* and *Phytophthora parasitica*). Seven extracts strongly inhibited the mycelial growth of the fungi. The plant extract with highest antifungal activity was *Melodorum fruticosum* Lour. (Annonaceae). Two of the eight isolated compounds (benzoic acid and melodorinol) exhibited strong activity against mycelial growth of *P. parasitica* (Mongkol et al. [2016\)](#page-36-17). Extracts from the chilean plants *Ephedra breana* Phil. (Ephedraceae) and *Nolana sedifolia* Poepp. (Solanaceae) have revealed antifungal activity against *B. cinerea* (Vio-Michaelis et al. [2012](#page-39-16)). The bioactive compounds of these plants were veratric, *p*-hidroxybenzoic, and caffeic acids in *E. breana*, and *p*-coumaric and ferulic acids in *N. sedifolia*. All these compounds have been identifed as antimicrobials (Fu et al. [2010\)](#page-34-16). These examples, regarding the antifungal potential of plant products, are listed in Table [12.6](#page-28-0).

On the other hand, essential oils have gained popularity in the agricultural sector due to their great antifungal activity and mycotoxin inhibition. They are ecological, biodegradable, and safe to human health (Dwivedy et al. [2016](#page-33-18); Stegmayer et al. [2020\)](#page-38-15). Their volatility makes them suitable as fumigants in protected environments and for post-harvest diseases of horticultural crops (Shukla [2018\)](#page-38-16). The antimicrobial activity of essential oils is attributed mainly due to the bioactivity of the major compound or the overall synergistic effect of all major and minor compounds (Mishra et al. [2013](#page-36-18)). Although their modes of action are still unclear, they are known to decline the biosynthesis of ergosterol and disrupt the cell membrane.

Essential oils from *Illicium verum* Hook.f (Schisandraceae) and its main component *trans*-anethole showed potent antifungal activity against several phytopathogenic fungi and could be developed as natural fungicides for disease control in fruit and vegetable preservation (Huang et al. [2010\)](#page-34-17). Essential oils from the Lamiaceae plants peppermint (*Mentha piperita* L.) and sweet basil (*Ocimum basilicum* L.) proved to be effective fumigants against the two post-harvest phytopathogens *M. fructicola* and *R. stolonifer* in stored peach (*Prunus persica*) (Ziedan and Farrag [2008\)](#page-39-17). A number of essential oils based on food preservatives are commercially

			Controlled	
Structure	Compound	Source	plant pathogen	Reference
$H_{\rm{M}_{\nu_{\alpha}}}$ н Ó	Solidagenone	S. chilensis	P. digitatum; B. cinerea; M. fructicola; R. stolonifer	(Di Liberto) et al. 2019)
CHO CHO	Polygodial	D. winteri	P. digitatum; B. cinerea; M. fructicola; R. stolonifer	(Di Liberto et al. 2019)
Ω $H_3CO$ Ö OН	Pinostrobin	$P_{\cdot}$ stelligerum	P. digitatum; B. cinerea; M. fructicola; R. stolonifer	(Di Liberto et al. 2019)
OCH3O $H_3CO$ OH	Flavokawin B	Р. stelligerum	P. digitatum; B. cinerea; M. fructicola; R. stolonifer	(Di Liberto et al. 2019)
HO	Eugenol	S. aromaticum	R. cerealis, F. graminearum, G. graminis, F. oxysporum f. sp. vasinfectum, V. mali, C. gloeosporioids, F. oxysporum sp. cucumebrium, C. lagenarium	(Yang et al. 2019)
O ÒН	Benzoic acid	М. fruticosum	P. parasitica	(Mongkol et al. 2016)
Ω δĦ	Melodorinol	$M_{\cdot}$ fruticosum	P. parasitica	(Mongkol et al. 2016
OН	Veratric acid	E. breana	B. cinerea	$(Vio-$ Michaelis et al. 2012)

<span id="page-28-0"></span>Table 12.6 Natural products isolated from plants which proved to be potent against different phytopathogenic fungi



#### **Table 12.6** (continued)

used and listed in "Generally Recognized as Safe" category by the Food and Drug Administration (FDA) and Environment Protection Agency (EPA) in the United States (Burt [2004\)](#page-31-18), but only a few commercial biopesticides containing essential oils or artifcial mixtures of terpene constituents are available. Cinnamite and Valero (from Mycotech Corporation) are commercialized as aphicide/fungicide being based on cinnamaldehyde and cinnamon oil, respectively. SPoran (a fungicide based on rosemary oil), from EcoSMART Technologies, is another example of biopesticide commercially available.

#### **6 Conclusions**

Throughout this chapter, we highlighted the most relevant results obtained during the last 20 years in our laboratory, which is internationally recognized for its quality on antifungal studies. The main human and plant fungal pathogens as well as the properties of fungi that are exploited in different industries were deeply discussed. An extensive list of Argentine plants belonging to different botanic families which have been described in the literature as antifungals was exhaustively detailed, taking into account its parts used, the fungi type against they were active, and the research group that generated the information.

The results obtained up to date give support to the ethnopharmacological use of *Z. punctata*, *P. acuminata, P. maculosa,* and *P. tetramera* as the most important species used as antiseptic and antifungal in the traditional medicine of Argentina, indicating the potential of their extracts, essential oils, and metabolites isolated from them for the control of a wide range of fungi affecting both crops and humans.

In view of the lack of new classes of drugs or different molecular targets against the most threatening yeast *C. albicans*, photodynamic therapy emerged as an

alternative approach to treat fungal infections. Plants containing phototoxic compounds were discovered in various botanic families, and several researchers have demonstrated that herbal extracts could be used in antimicrobial treatments, including antifungal. Aligned with this, the re-exploration of inactive extracts, by combining them with commercial antifungal agents, allowed to obtain synergistic mixtures, offering new possibilities for antifungal formulations. A greater probability of fnding an enhancement in the activity of commercial drugs was observed when the combination was performed with extracts that had shown activity alone compared to the previously inactive extracts. Notably, 42 extracts behaved as enhancers in combination with at least one of the antifungal agents evaluated and 27 of them had not shown activity alone. These extracts would have been considered inactive and discarded for further studies according to the classic strategy, however, by using this new paradigm, they remain potential candidate in the search for new antifungals.

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