Silicon and Plant Responses Under Adverse Environmental Conditions



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1 Introduction

Food security is the most important fundamental need of society. The wide-ranging increase in environmental damage and the pressure of ever-increasing human population have adversely affected global food production (Etesami and Jeong 2018). The world population today is estimated to be about 7 billion and projected to reach between 7.5 to 10.5 billion by 2050 (Godfray et al. 2010). Such an enormous rise in the population would demand higher agricultural productivity per unit area from already degraded lands. Moreover, climate change has aggravated the occurrence and intensities of various biotic and abiotic stresses (Etesami and Jeong 2018). Such

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conditions would compel farmers to cultivate marginal lands and poor soils (Glick 2014).

Stress affects the growth and development of the plants, thereby leading to more significant losses in agricultural productivity. However, plants have adopted numerous mechanisms to tolerate stress and survive stress-induced conditions. Healthy plants are capable of combating stress, and plant nutrients are vital to maintaining healthy plant growth. The microelements or micronutrients are known to give stress tolerance to plants (Vanderschuren et al. 2013; Bradáčová et al. 2016). Though the roles of several macro- and micronutrients in plants have been well documented, few of the nutrient elements have remained neglected. This chapter focuses on the role of silicon, one of the neglected plant nutrients, and its role in plants suffering from adverse environmental conditions.

2 Adverse Environmental Conditions

2.1 Biotic Stress

Throughout their life, plants get exposed to a multitude of stresses that modify plant growth and development. Organisms like fungi, bacteria, mycoplasma, insets, nematodes, weeds, and parasitic plants induce biotic stress. The viruses and viroids, though nonliving, also contribute to the biotic stress. These agents affect the plant growth and development by depriving nutrients leading to reduced plant vigor and death of plants in extreme cases (Das and Rakshit 2016). The severity of biotic stress depends on the environmental factors, cropping systems, types of crops, cultivars, and resistance levels of plants. Hot and humid conditions and poor crop management practices are the two leading causes of biotic stresses (Pantazi et al. 2020). Early recognition of biotic stress is the key to control it via integrated pest management and the use of pesticides.

Plants do not have an adaptive immune system like vertebrates. They can neither adapt to new diseases nor memorize the previous infections. However, plants have developed several mechanisms to combat biotic stresses. They rely on various physical and chemical barriers that confer strength and rigidity to survive under biological stress.

2.2 Abiotic Stress

The nonliving factors imposing adverse effects on healthy growth and development of the plants are called abiotic stresses. These include drought, salinity, heavy metals, too low or too high temperatures, and other environmental extremes. These factors can reduce the crop yield by 51–82% (Bray et al. 2000). Plants combat these

stresses at various levels like morphological, physiological, biochemical, and molecular levels (Husen 2010; Getnet et al. 2015; Embiale et al. 2016; Husen et al. 2016, 2018, 2019; Hussein et al. 2017; Siddiqi and Husen 2017, 2019; Zeng et al. 2020; Kar and Öztürk 2020). Over the past few decades, advances in plant physiology, genetics, and molecular biology have greatly upgraded our understanding in terms of crops respond to stress conditions. These responses depend not only on their duration and severity but on the age and the developmental stage of the plant as well (He et al. 2018).

3 Is Silicon Essential to Plants?

Silicon (Si) is the eighth-most abundant element in the universe. In earth's crust, its abundance ranks only second to oxygen. The lithosphere contains about 27.7% silicon (Epstein 1999). It rarely occurs in its pure form, and more than 90% of the Si in the earth's crust exists as silicates (Mitra 2015).

Biological systems also contain significant amounts of silicon, as amorphous silica (SiO₂·nH₂O), and its soluble form, silicic acid (Si(OH)₄). The first indication of in vivo formation of organosilicates, their distribution, and physiological importance was discovered in a diatom *Navicula pelliculosa* (Kinrade et al. 2002). Plants also contain significant amounts of Si that can range from 0.1 to 10% on the dry weight basis (Epstein 1994; Ma and Takahashi 2002; Hodson et al. 2005; Ma et al. 2006). Differences in the levels of silicon in different plants could be due to the differential ability of roots to absorb Si (Takahashi et al. 1990). Despite its high amounts in plants, Si is looked upon as a quasi-essential element since most of the plant species can live their entire life in the absence of silicon (Arnon and Stout 1939). Nonavailability of Si-free environment due to its contamination in purified water, chemicals, and dust might be the reasons for considering Si as nonessential for higher plants (Liang et al. 2015). Therefore, adhering to the definition of essentiality proposed by Epstein and Bloom (2005), Si is a quasi-essential element in plants.

Interestingly, there are several reports on the positive roles of Si in the plant growth (Eneji et al. 2008; Soundararajan et al. 2014; Zhang et al. 2015), yield (Epstein 1999), structural toughness (Epstein 1994), nutrient management (Tripathi et al. 2012), and absorption of light (Li et al. 2004). Its role in accelerating the tolerance to biotic and abiotic stresses in plants has also been explained (Ma 2004; Cookson et al. 2007; Liang et al. 2007; Muneer et al. 2014; Soundararajan et al. 2014). How Si alleviates biotic and abiotic stresses has become a booming topic of interest. In the past 15 years, several researchers have reported and reviewed the positive effects of Si under biotic and abiotic stresses (Fig. 1a, b). However, studies on Si in conjunction with abiotic stress were significantly more than those with biotic stress (Fig. 1b). This chapter summarizes how plants use silicon and respond to Si availability during adverse environmental conditions.



Fig. 1 (a) Silicon-related publications in the plant sciences from 2005 to 2020 (Till June) (Based on PubMed search with the keywords "silicon" and "abiotic stress"). (b) Silicon-related publications in the plant sciences from 2005 to 2020 (Till June) (based on PubMed search with the keywords "silicon" and "biotic stress")

4 Uptake of Si in Plants Under Adverse Environmental Conditions

In plants, roots take up more than 90% of Si and translocate it to shoots (Ma and Takahashi 2002). Roots absorb Si in the form of silicic acid at pH < 9 (Takahashi and Hino 1978; Raven 2001; Ma and Takahashi 2002). The concentration of silicic acid in soil solutions usually ranges between 0.1 and 0.6 mM (Epstein 1994), and in some cases, up to 0.8 mM (Sommers and Lindsay 1979). The soil pH modulates the solubility of silicates, and with the increasing pH, solubility decreases. However, most of the crops are cultivated in soils with pH well below the alkaline mark of pH 9.0.

Studies in rice have shown that roots take up Si from the rhizosphere by some kind of transporter, which transports it radially from the root cortical cells to the xylem (Tamai and Ma 2003). Once absorbed, Si is transported to the shoot as silicic acid. In different plants like rice, cucumber, and tomato, the concentration of silicic acid in the root cell symplast was higher than that in the external solution. Rice has shown a significantly higher concentration of Si than observed in cucumber and tomato (Mitani et al. 2005). This difference in the ability to take up Si is attributed to the different modes of transporter. In contrast, in cucumber and tomato, it occurs by passive diffusion.

Plants differ in their ability to take up and distribute Si. The highest levels of Si uptake are reported in bryophytes and lycopods and *Equisetum* among the pteridophytes. However, ferns and gymnosperms tend to accumulate Si in lesser quantities (Takahashi et al. 1990). Two of the angiosperm families, viz., Cyperaceae and Poaceae, are known to accumulate Si at higher concentrations (Hodson et al. 2005). Depending upon their ability to accumulate Si, plants are categorized into three classes: Si accumulators (e.g., rice, wheat, millet, and sugarcane) since they absorb large quantities of Si; Si non-accumulators (e.g., Snapdragon); and Si excluders (e.g., soybean) (Van der Vorm 1980; Marschner 1995).

So far, only a few genes have been identified that are involved in the uptake of Si in plants. The first of those genes is *Lsi1* that was reported in rice (Ma et al. 2006). The *Lsi1* gene is expressed mainly in roots, and its encoded protein has Si transporter activity. The *Lsi1*-encoded protein is located on the distal sides on plasma membranes in both the layers of exodermis and endodermis. Bioinformatics tools have revealed that the *Lsi1* belongs to a subfamily of aquaporin Nod26-like major intrinsic proteins (NIP). Chiba et al. (2009) have reported the *HvLsi1* gene in barley for the influx of Si from roots. The presence of *ZmLsi1* and *ZmLsi6* transporter from maize was reported by Mitani et al. (2009). Bokor et al. (2017) have studied the expression of *ZmLsi1*, *ZmLsi2*, and *ZmLsi6* genes and their effects on Si uptake and ionome content in maize (Bokor et al. 2017).

5 Transport of Si in Plants

Si absorbed by the root cells must be transported to other plant organs. Therefore, Si must be taken out of the root cells first. In marine organisms, the influx and efflux of Si are mediated by the same protein (Hildebrand et al. 1998). In rice, however, the efflux is mediated by a transporter *Lsi2* (Ma et al. 2006), and *Lsi6* mediates the influx of silicic acid from xylem to xylem parenchyma cells, thus influencing the distribution of Si in rice roots (Yamaji et al. 2008).

Plants are capable of synthesizing Si-rich molecules of various sizes. The accumulated Si provides rigidity and roughness to the plant cell walls (Epstein and Bloom 2005) and also offers other beneficial effects (Van Soest 2006). The passive transport of Si driven by transpiration also leads to its deposition on the cell wall. Researchers have used several biophysical tools like scanning electron microscopy (SEM) coupled with X-ray microanalysis, laser ablation (LA), X-Ray fluorescence spectrometry, and X-ray absorption near edge structure (XANES) to study the distribution of Si in plants (Rufo et al. 2014; Bokor et al. 2017). Si is mostly deposited in the epidermal cells of leaves, stems, and hulls where double layers of silica-cuticle or silica-cellulose containing hydrated polymers of amorphous silica are formed on their surface (Fauteux et al. 2005; Wiese et al. 2007; Deshmukh et al. 2017).

6 Role of Si in Plants Under Adverse Environmental Conditions

It is speculated that the global climate changes will trigger more frequent incidences of biotic and abiotic stresses leading to severe agricultural losses. The abiotic stresses reduce the global agricultural yield by as much as 70% (Acquaah 2012). How to fulfill the ever-increasing food demand under such circumstances will be a real challenge. The application of Si in soils deteriorated due to abiotic stresses has been beneficial for crop productivity. A summary of the beneficial and or positive effects of Si in plants exposed to various biotic and abiotic stresses is presented in Table 1.

6.1 Si and Plant Growth

Seed germination plays a significant role during seedling establishment. Drought adversely affects seed germination leading to agriculture losses (Hubbard et al. 2012; Shi et al. 2014). However, there are few reports on the effects of Si on seed germination under drought stress (Hameed et al. 2014; Shi et al. 2014). Priming of wheat seeds with sodium silicate was beneficial in enhancing the rate of seed germination under drought stress (Hameed et al. 2014). Similar observations were reported in tomato (Siddiqui and Al-Whaibi 2014), and maize (Zargar and Agnihotri 2013) seeds germinated under drought stress.

All the essential nutrients are required in adequate amounts for the healthy growth and development of plants. The process of absorption of these nutrients from the surrounding is disturbed under various stresses (Gunes et al. 2007a; Chen et al. 2011; Khattab et al. 2014). The deposition of Si in the endodermal layer of root cells helps in the selective uptake of nutrients, and such deposition reduces the accumulation of toxic ions in different plant parts (Yeo et al. 1999). The soil application of Si has enhanced the uptake of macronutrients (P, K, Ca, and Mg) and micronutrients (Fe, Cu, and Mn) in sunflower (Gunes et al. 2008a). The application of Si to the rice plants subjected to drought stress showed an increase in the uptake of

Table 1	Summary of the beneficial effects of silicon in different plants under adverse environmental
condition	18

Crop	Stress	Effect of Si	Reference
Abelmoschus esculentus (Okra)	NaCl	Enhanced photosynthesis, osmoprotectants, and antioxidant metabolism	Abbas et al. (2015)
Aloe vera (Aloe)	NaCl	Growth, quality, and ionic homeostasis	Xu et al. (2015)
Arachis hypogaea (Pea nut)	Aluminum toxicity	Antioxidative enzymes and lipid peroxidation	Shen et al. (2014)
<i>Brachypodium</i> <i>distachyon</i> (stiff brome)	Antiherbivore	Jasmonic acid (JA) signaling pathway	Hall et al. (2019)
Brassica napus (Canola)	NaCl	Alleviates physiological disorders	Farshidi et al. (2012)
Capsicum annuum (Capsicum)	NaCl	Regulating the physiology, antioxidant enzyme activities, and protein expression	Manivannan et al. (2016)
Chloris gayana (Rhodes grass), Phleum pretense (Timothy grass), Sorghum sudanense (Sudan grass) and Festuca arundinacea (Tall fescue).	Drought	Growth and nutrient use	Eneji et al. (2008)
<i>Cucumis sativus</i> (Cucumber)	Drought	Physiological and biochemical mechanisms	Ma et al. (2004)
	NaCl	Antioxidant enzymes activity in leaves	Zhu et al. (2004)
	Manganese toxicity	Hydroxyl radical accumulation in the leaf apoplast	Maksimović et al. (2012)
	Iron deficiency	Mobilization of iron in the root apoplast	Pavlovic et al. (2013)
	NaCl	Lipid peroxidation and antioxidant response	Khoshgoftarmanesh et al. (2014)
	NaCl	Increasing root water uptake	Zhu et al. (2015)
	NaCl	Act as an elicitor to precondition	Zhu et al. (2019)
Dianthus caryophyllus	NaCl	Antioxidant enzyme activities	Soundararajan et al. (2015)
(Carnation)	Hyperhydricity in <i>in-vitro</i> cultures	Recovery of hyperhydric shoots by stabilizing the physiology and protein expression	Soundararajan et al. (2017)

Crop	Stress	Effect of Si	Reference
<i>Eleusine coracana</i> (Finger millet)	Pink stem borer (Sesamia inferens Walker)	Defense hormone regulation	Jadhao et al. (2020)
(Grasslands)	High-Salinity	Biomass accumulation	Liu et al. (2020)
Gossypium hirsutum (Cotton)	Copper	Physiological and biochemical mechanisms	Ali et al. (2016)
<i>Glycine max</i> (Soybean)	Helicoverpa punctigera (Lepidoptera: Noctuidae)	Relative growth rates (RGR)	Johnson et al. (2020)
Helianthus annuus (Sunflower)	Drought	Growth, Antioxidant mechanisms, and Lipid peroxidation	Gunes et al. (2008b)
	Drought	Essential and Nonessential element uptake	Gunes et al. (2008a)
	Brackish water stress	Growth and yield improvement	Hussain et al. (2018)
Hordeum vulgare (Barley)	NaCl	Increases antioxidant enzyme activity and reduces lipid peroxidation in roots	Liang et al. (2003)
	NaCl	H ⁺ -ATPase activity, phospholipids, and fluidity of the plasma membrane in leaves	Liang et al. (2005)
Mangifera indica (Mango)	Drought	Growth and mineral uptake	Aal and Oraby (2013)
Medicago sativa (Alfalfa)	NaCl	Ion distribution in the roots, shoots, and leaves	Wang and Han (2007)
Nicotiana rustica L. (Tobacco)	Salinity	Mitigation of cell death in cultured tobacco	Liang et al. (2015)
	Drought	Growth, antioxidant mechanisms, osmolytes accumulation	Hajiboland et al. (2017)
	<i>Cuscuta europaea</i> (Dodder)	Protein profile and antioxidant enzymes activities (POX, CAT, and SOD)	Lukacova et al. (2019)

Table 1 continued

Table	1	continued

Crop	Stress	Effect of Si	Reference
Oryza sativa (Rice)	Drought & Heat Stress	Electrolyte leakage	Agarie et al. (1998)
	Drought	Plant water status, photosynthesis, and mineral nutrient absorption	Chen et al. (2011)
	Salinity	Decreased chloride transport	Shi et al. (2013)
	Salinity	Phytohormonal and antioxidant responses	Kim et al. (2014)
	Heavy metal stress	Regulation of P-type heavy metal ATPases, <i>Oryza</i> <i>sativa</i> low silicon genes, and endogenous phytohormones	Kim et al. (2015)
	cadmium toxicity	Cd-responsive transcription factor (TF) genes	Farooq et al. (2016)
	Arsenic (As)	Mineral nutrient uptake and biochemical responses through modulation of <i>Lsi1</i> , <i>Lsi2</i> , <i>Lsi6</i> and nutrient transporter genes	Khan and Gupta (2018)
	Low temperature	Plant growth and yield	Jang et al. (2018)
	Salinity	Multivariate analysis of antioxidants and osmolytes	Lekklar et al. (2019)
	Cadmium	Improving oxidative stress	Chen et al. (2019a)
	NaCl	Alters organic acid production and enzymatic activity of the TCA cycle	Das et al. (2019)
	Ultraviolet-B radiation	Antioxidant capacity, osmolytes	Fang et al. (2019)
	Cadmium and Lead	Physiological and biochemical responses (ROS Production)	Wang et al. (2020)
	Cadmium	Induction of phytochelatin and ROS scavengers	Bari et al. (2020)
Phaseolus vulgaris (Bean)	Salinity	Photosynthesis, water relations, and nutrient uptake	Zuccarini (2008)
Phaseolus vulgaris and Vigna unguiculata (Beans)	Salinity	Growth, physiological parameters, and mineral nutrition	Murillo-Amador et al. (2007)
<i>Phoenix</i> <i>dactylifera</i> (Date palm)	Salinity and Cadmium stress	Improvements in plant growth, physiology, and modulation of stress-related hormonal crosstalk	Khan et al. (2020a)

Crop	Stress	Effect of Si	Reference
Pisum sativum (Pea)	Salinity	Antioxidant enzyme activity	Shahid et al. (2015)
	Boron (B) toxicity	Antioxidant defense systems	Oliveira et al. (2020)
Portulaca oleracea (Purslane)	Salinity	Root characteristics, growth, water status, proline content, and ion accumulation	Kafi and Rahimi (2011)
Raphanus sativus L. (Radish)	Ammonium toxicity	Increased photosynthesis, greater instantaneous water-use efficiency, and higher total dry biomass	Olivera Viciedo et al. (2020)
Spartina densiflora (Cordgrass)	Salinity	Physiological parameters and mineral composition	Mateos-Naranjo et al. (2013)
Spinacia oleracea (Spinach) and Solanum lycopersicum (Tomato)	Salinity	Some physiological and enzymatic parameters symptomatic for oxidative stress	Gunes et al. (2007a)
Spinacia oleracea (Spinach)	Boron toxicity and salinity	Oxidative damage and antioxidant activity	Eraslan et al. (2008)
Saccharum officinarum	Salinity	Improve yield and juice quality	Ashraf et al. (2009)
(Sugarcane)	Salinity	Decreased Na ⁺ concentration and increased K ⁺	Ashraf et al. (2010a)
	Salinity	Morphology and mineral content	Ashraf et al. (2010b)

Table 1 continued

Crop	Stress	Effect of Si	Reference
Solanum lycopersicum (Tomato)	Salinity	Chlorophyll content, chlorophyll fluorescence, and antioxidative enzyme activities	Al-aghabary et al. (2004)
	Salinity	Growth, ion content, and water relation	Romero-Aranda et al. (2006)
	Cadmium toxicity	Mineral nutrient concentrations	López-Millán et al. (2009)
	Salinity	Physiological parameters	Haghighi and Pessarakli (2013)
	Drought	Seed germination and alleviates oxidative stress	Shi et al. (2014)
	Salinity	Physiological and proteomic analysis in chloroplasts	Muneer et al. (2014)
	Salinity	Proteomic analysis of salt-stress responsive proteins in roots	Muneer and Jeong (2015)
	Salinity	Gas exchange, ion accumulation, root hydraulic conductance, antioxidant defense	Li et al. (2015)
	Drought	Root Hydraulic Conductance	Shi et al. (2016)
	high-pH stress	Modification of the endogenous Na ⁺ and K ⁺ contents, regulating oxidative damage and key genes and modulating endogenous hormone levels	Khan et al. (2019)
	Bacterial Wilt	Contents of salicylic acid (SA), ethylene (ET), and jasmonic acid (JA) and the activity of defense-related enzymes	Jiang et al. (2019)
	Thermo tolerance	Activation of the antioxidant system, heat shock proteins, and endogenous phytohormones	Khan et al. (2020b)

Table 1 continued

Crop	Stress	Effect of Si	Reference
Sorghum bicolor	Drought	Silicon deposition	Lux et al. (2002)
(Sorghum)	Drought	Drought tolerance mechanism	Ahmed et al. (2011)
	Salinity	Ameliorating osmotic and ionic stresses	Yin et al. (2013)
	Drought	Increase in root hydraulic conductance	Liu et al. (2014)
	Drought	Changes in polyamine and 1-aminocyclopropane-1- carboxylic acid	Yin et al. (2014)
	Drought	Growth and level of antioxidant enzymes	Ahmed and Fayyaz-ul- Hassan (2014)
	Salinity	Enhanced root hydraulic conductance by aquaporin regulation	Liu et al. (2015)
	Salt stress	Modifying the antioxidative defense mechanism	Calero Hurtado et al. (2020)
Sorghum bicolor (Sorghum) and	Sodium toxicity	Improving nutritional efficiency	Calero Hurtado et al. (2019)
Helianthus annuus (Sunflower)	salt stress	Modifying the antioxidative defense mechanism	Calero Hurtado et al. (2020)

Table 1 continued

Table 1 continued

Crop	Stress	Effect of Si	Reference
Triticum aestivum (Wheat)	Copper	Growth	Nowakowski and Nowakowska (1997)
	Drought	Growth	Gong et al. (2003)
	Drought	Alleviation of oxidative damage	Gong et al. (2005)
	Powdery mildew	Induction of antifungal compounds	Rémus-Borel et al. (2005)
	Freezing stress	Morphology and antioxidant enzymes	Liang et al. (2008)
	Drought	Oxidative stress at different developmental stages	Gong et al. (2008)
	Salinity	Morphophysiology and Osmolyte	Tuna et al. (2008)
	Powdery mildew	Absorption of aqueous inorganic and organic silicon compounds and their effect on growth	Côté-Beaulieu et al. (2009)
	Drought	Antioxidant defense and Osmotic adjustment	Pei et al. (2010)
	Drought	Antioxidant enzyme activities and osmotic adjustment	Ahmad and Haddad (2011)
	Drought	Regulation of water relations, photosynthetic gas exchange, and carboxylation activities of wheat leaves	Gong and Chen (2012)
	Salinity	Morphophysiology and Osmolyte	Chen et al. (2014)
	Salinity	Germination, grain yield, foliar application, photosynthesis, proline, relative water content	Ahmad (2014)
	Copper	Micro and macro elements content	Keller et al. (2015)
	Drought	Transcriptional regulation of multiple antioxidant defense pathways	Ma et al. (2016)
	Drought	Tolerance by seed priming with silicon	Ahmed et al. (2016)
	Salinity	Morphology and osmolyte accumulation	Sienkiewicz-Cholewa et al. (2018)
	NaCl	Improved the growth and physiological performance	Javaid et al. (2019)
	Cadmium	Enhanced the leaf gas exchange attributes and chlorophyll a and b concentrations and antioxidant enzymes	Ali et al. (2019)
	Cadmium	Improved the plant growth indicators and photosynthesis	Khan et al. (2020c)

Crop	Stress	Effect of Si	Reference
<i>Trifolium repens</i> (White Clover)	Salinity	Selective transport capacity for K ⁺ over Na ⁺	Guo et al. (2013)
Vitis vinifera (Grapevine)	Boron toxic, salinity	Antioxidant and stomatal response	Soylemezoglu et al. (2009)
Zea mays (Maize)	Drought	Plant growth and mineral nutrition composition	Kaya et al. (2006)
	Drought and oxygen deficiency	Antioxidant enzyme activities and osmotic adjustment	Sayed and Gadallah (2014)
	Salinity	Antioxidant enzyme activity and ammonia assimilation	Kochanová et al. (2014)
	Alkalinity	Physiological and biochemical responses	Latef and Tran (2016)
	Drought	Regulates morphophysiological growth and oxidative metabolism	Parveen et al. (2019)
Zingiber officinale (Ginger)	Lead toxicity	Morphology indexes, antioxidant enzyme activities	Chen et al. (2019b)

Table 1 continued

potassium and phosphorus (Khattab et al. 2014). An increased levels of phosphorus (Gong and Chen 2012), and potassium and calcium (Kaya et al. 2006) were observed in wheat under drought stress. In other grasses such as *Chloris gayana*, *Sorghum sudanense*, *Festuca arundinacea*, and *Phleum pratense*, the levels of N, P, and K were increased upon the application of Si under drought stress (Eneji et al. 2008).

6.2 Effect of Si on Structure and Physiology of Plants

Si plays two critical roles under adverse environmental conditions: physical and mechanical protection due to its deposition in the epidermal layer, and triggering a biochemical response to metabolic changes. Numerous researchers have reported the deposition of Si in the form of phytoliths in plant tissues (Katz 2015). Evidence of cross-linking of Si in cell walls with hemicellulose is also reported (He et al. 2015; Luyckx et al. 2017). Si accumulates in the epidermal layer of leaves in the form of silica bodies. This deposition of Si in various forms improves mechanical properties and may act as a physical barrier (Massey et al. 2007). Such Si deposition might also increase roughness and tensile strength of leaves, causing reduced palatability and digestibility in herbivores (Massey and Hartley 2009; Hartley et al. 2015; Frew et al. 2016).

The supplementation of Si has proven beneficial to reduce the transpirational loss of water from leaves (Gong et al. 2003). It also enhanced the UV tolerance that resulted in reduced membrane damage (Goto et al. 2003; Shen et al. 2010). Stomatal conductance in relation to turgidity in guard cells is also reduced due to the deposition of Si in leaves (Zhu and Gong 2014). Under drought stress, plants can absorb water from the soil due to Si-induced root elongation and upregulation of aquaporin genes in roots (Hattori et al. 2005; Liu et al. 2015). The supply of Si reduces the translocation of toxic ions such as Na⁺, Cl⁻, and heavy metals from root to shoot (Savvas and Ntatsi 2015). Si-containing materials alter the rhizospheric pH and limit the bioavailability of heavy metals (Wu et al. 2013). In contrast, soluble silicates produce metasilicic acid (H₂SiO₃), which is gelatinous and retains heavy metals (Gu et al. 2011).

6.3 Role of Si in Plant Defense Under Adverse Environmental Conditions

Supplementation of Si fertilizers enhances the defense mechanisms of plants against pathogens such as viruses, bacteria, fungi, and other organisms like nematodes, arthropods, vertebrates, and herbivores (Griffin et al. 2015; Reynolds et al. 2016). Si mitigates the biotic stress in plants by either acting as a physical barrier in the epidermal layer or by alleviating resistance to pathogens. The distribution of silica in the leaf tissues can contribute more to the defense against herbivorous insects than other animals (O'Reagain and Mentis 1989). Likewise, the deposition of phytoliths throughout the leaf epidermis acts as a barrier against leaf-chewing insects than the phloem-feeding insects (Massey et al. 2006).

The application of Si improves the plant's ability to restrict the spread of pathogens. For example, enhanced resistance to *Eldana saccharina* in sugarcane was examined by Keeping et al. (2009). Si application has also reduced the rates of infections by pathogenic fungi such as *Rhizoctonia solani* and *Bipolaris oryzae* (Ning et al. 2014; Schurt et al. 2014; Zhang et al. 2014). In the Si-supplemented wheat plants, the invasion by *Pyricularia oryzae* and *Bipolaris sorokiniana* was restricted within the leaf epidermis (Domiciano et al. 2013).

6.4 Effect of Si on the Plant Biochemical Responses Under Adverse Environments

At the biochemical level, Si contributes to the defense mechanisms by increasing the levels of diverse secondary metabolites like phenolics, flavonoids, momilactones, and phytoalexins (Cherif et al. 1994; Rémus-Borel et al. 2005; Debona et al. 2017). It also enhances the activities of defense enzymes like chitinase,

lipoxygenase, peroxidase, phenylalanine ammonia-lyase, and polyphenol oxidase (Rahman et al. 2014). Signaling of key phytohormones like salicylic acid, jasmonic acid, and ethylene that are active during stress is also influenced by the Si treatments (Glazebrook 2005; Wu and Baldwin 2010; Liang et al. 2015). Si also interferes with the insect's life cycle by lowering the phenology, thereby making it more prone to predation (James 2003; Connick 2011). Elevated malondialdehyde (MDA) contents reflect membrane damage caused due to lipid peroxidation (Zhu et al. 2004). The MDA levels were reduced upon supplementation of Si in barley (Liang et al. 2003), grapevine (Soylemezoglu et al. 2009), and maize (Moussa 2006). Additionally, Si also influences the levels of osmolytes and plant growth regulators (Adrees et al. 2015; Ali et al. 2015; Noman et al. 2015; Jabeen et al. 2016).

7 Si and Osmolytes

Osmolytes are organic solutes that maintain the cellular potential for a healthy metabolism. They do not interfere with the normal metabolism of the plants (Zhang et al. 2004) but protect the cellular enzymes and cell membranes from the detrimental effects of high ion concentrations due to stress (Bohnert and Shen 1999; Ashraf and Foolad 2007). Thus, osmolytes act as osmoprotectants and include low molecular weight solutes like glycine betaine (GB), proline, polyols, alanine betaine, and simple sugars like trehalose and sucrose (Sharma et al. 2019). These solutes help the host to sustain severe osmotic stress (Singh et al. 2015) by maintaining the osmotic balance between the cytosol and surrounding medium of the cell. Osmolytes are also known to inhibit the production of ROS, thereby protecting the plants from oxidative damage. Plants produce osmolytes mainly under adverse environmental conditions, especially abiotic stress. Accumulation of osmolytes indicates the plant's adaptation to stress.

Si seems to modulate the levels of osmolytes in stressed plants. Application of Si reduced the proline levels in stressed plants of spinach and tomato (Gunes et al. 2007b), wheat (Tuna et al. 2008), sorghum (Yin et al. 2013), soybean (Lee et al. 2010), and grapevine (Soylemezoglu et al. 2009). The levels of glycine betaine, proline, and total soluble sugars were elevated after foliar application of Si in the tolerant as well as sensitive okra genotypes exposed to salt stress. However, the effect was more pronounced in sensitive genotypes (Abbas et al. 2015). A similar trend was also reported in capsicum (Pereira 2013), tobacco (Pereira 2013), and maize (Sayed and Gadallah 2014). Exposure of Si has enhanced the plant tolerance to drought stress via osmolytes modification in many crops (Crusciol et al. 2009), such as the augmented proline content in drought-stressed condition for wheat (Gong et al. 2005; Kaya et al. 2006) and pepper plants (Pereira 2013).

8 Si and Phytohormones

Phytohormones induce the vital responses needed for the healthy growth and development of plants. Apart from their regulatory functions, they also coordinate signal transduction pathways under biotic and abiotic stress (Wolters and Jürgens 2009). Si application regulates the levels of phytohormones to enhance plant tolerance to stress (Kim et al. 2014). However, the level of ethylene declined after the application of Si under salinity stress in sorghum (Yin et al. 2016). In soybean, the level of GA was elevated, and that of abscisic acid (ABA) declined in the presence of Si (Lee et al. 2010). Similarly, the level of jasmonates (JA) was reduced, and that of salicylic acid (SA) increased in the presence of Si (Hamayun et al. 2010). Si induced the thermo-tolerance in potato by regulating the endogenous level of SA and ABA. The Si-mediated tolerance to brown spot disease in rice depends on immune hormones SA and JA as well as fungal ethylene (Van Bockhaven et al. 2015). Likewise, Si priming of seeds gave tolerance to powdery mildew in *A. thaliana* (Vivancos et al. 2015).

9 Si and Antioxidant Enzymes

All kinds of stress culminate in oxidative stress caused by reactive oxygen species (ROS) such as superoxide (O2⁻) radicals, hydrogen peroxide (H₂O₂), and hydroxyl (OH⁻) radicals (Imlay 2003). Plants have evolved many protective mechanisms against ROS. These mechanisms include the production of antioxidants and antioxidative enzymes, for instance, catalases (CAT), superoxide dismutases (SOD), peroxidases (POD), and glutathione reductases (GR) (Ahire et al. 2012). Among various antioxidative enzymes, SOD, CAT, and POD make up the first line of defense in scavenging ROS. SOD converts superoxide radicals to H_2O_2 , which is noxious to the nucleic acids, proteins, and chloroplast, and is dealt with by CAT and POD (Shen et al. 2010).

Si modulates the plant antioxidant defense system to prevent oxidative damage in the stressed plants (Kim et al. 2017). Several reports have described the Si-induced upregulation of antioxidative enzymes such as CAT, GR, SOD, guaiacol peroxidase (GPX), and ascorbate peroxidase (APX) (Shen et al. 2010; Soundararajan et al. 2014; Zhu and Gong 2014; Etesami and Jeong 2018), and peroxidase mediated host defense responses as well (Torres et al. 2006). Supplementation of Si had increased the level of POD in rice and cucumber plants challenged with *Bipolaris oryzae* and *Podosphaera xantii* (Dallagnol et al. 2011).

10 Si and Nutrient Uptake

The availability and uptake of nutrients in sufficient amounts is a prerequisite for healthy plant growth and architecture. Plant nutrients are primarily divided into two groups: macronutrients and micronutrients, based on the amount in which the plants require them. Any change in the optimum levels of any of these nutrients leads to abnormalities in plants (Shrivastav et al. 2020).

The application of Si is known to influence the uptake of macronutrients like N, P, and K in plants. Such an application elevated the level of N in cowpea (Mali 2008), wheat (Mali and Aery 2008), and rice (Singh et al. 2006; Detmann et al. 2012). The use of Si fertilizers increases the availability of P (Ma 2004; Singh et al. 2006) and influences the uptake of K (Kaya et al. 2006). In soybean, the application of Si was shown to improve the growth of plants and enhance the uptake of K (Miao et al. 2010). Si also mediates enhanced uptake of Ca and Mg (Kaya et al. 2006; Mali and Aery 2008). Moreover, the presence of Si not only reduces the uptake of heavy metals like Al and Cd (Ma and Takahashi 2002; Ma et al. 2004) but also mitigates the deficiency of micronutrients like Fe, Mn, Cu, Zn, and B in plants (Pavlovic et al. 2013; Hernandez-Apaolaza 2014).

11 Conclusions

Adverse environmental conditions adversely affect plant growth, development, and yield. Si plays a vital role in the alleviation of stress caused by various harsh environments. It influences multifunctional traits such as growth, morphology, the activity of antioxidant enzymes, accumulation of osmolytes, photosynthesis, and nutrient uptake in plants. The ability to take up Si under different environmental conditions varies from species to species. Moreover, the effects and their magnitudes caused due to Si supplementation vary from species to species and the prevalent conditions. Substantial evidence exists that underline the beneficial role of Si in plants under abiotic stress, but how Si manipulates the mechanisms of alleviation is still much of a mystery.

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