# **Chapter 10 Design of Novel PPAR Agonist for Neurodegenerative Disease**



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**Abstract** Peroxisome proliferator-activated receptors (PPARs) are ligand-activated transcription factors of the nuclear hormone receptor superfamily comprising three subtypes: PPARα, PPARγ, and PPARβ/δ. The PPAR family of nuclear receptors is centrally involved in regulating whole-body energy homeostasis and metabolic function. Endogenous ligands include free fatty acids, eicosanoids, and leukotrienes. Synthetic ligands developed to serve as full agonists aim at treating diabetes type 2, hyperlipidemia, and other metabolic-related diseases. Further, there has been a developing interest in the role of PPAR agonist's role in neurodegenerative disease. However, many of these clinically practical therapeutics are associated with harmful effects on human health. Therefore, new approaches have led to a new class of selective PPAR modulators (SPARMs), or partial agonists meet this challenge. In addition, these partial agonists have been observed to show a favorable impact on insulin sensitivity, blood glucose levels, and dyslipidemia with signifcantly reduced side effects on human health. Partial agonists have been found to display differences in transcriptional and cellular outcomes by acting through distinct structural and dynamic mechanisms within the ligand-binding region when compared to full agonists. Recently, a new focus on PPAR agonists' class has intensifed for neurodegenerative diseases, as new ligands and novel biological roles have emerged particularly for its therapeutic potential in Alzheimer's disease (AD). The present chapter critically analyzes current PPAR ligands using in silico modeling and the implication of promising new therapeutics in neurodegenerative disorders.

**Keywords** PPAR · Neurodegeneration · Alzheimer's disease

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### **10.1 Introduction**

Peroxisome proliferator-activated receptors (PPARs) are members of the nuclear hormone receptor superfamily that are ligand-activated transcription factors [[1\]](#page-17-0). These receptors have been linked to many systemic and cellular functions including insulin sensitivity and whole-body energy regulation. PPARs exhibit isotypespecifc tissue expression patterns based upon energy demand in the regulation of cellular process. PPAR $\alpha$  is abundantly expressed in tissues that utilize fatty acid catabolism such as the heart, liver, brown adipose tissue, and kidney [\[2](#page-17-1), [3](#page-17-2)]. PPARγ exists in two isoforms,  $\gamma$ 1 and  $\gamma$ 2, and is principally expressed in white and brown adipose tissues, where they regulate adipocyte differentiation and lipid storage [\[4](#page-17-3), [5\]](#page-17-4). Although expression of PPARγ2 is mostly observed in adipose tissue, PPARγ1 is ubiquitously expressed in tissues including the gut and immune cells, where they promote anti-infammatory processes [[6\]](#page-17-5). PPARδ/β has broad expression patterns and prominent roles in the skeletal muscle, adipose tissue, skin, gut, and brain [\[7](#page-17-6), [8\]](#page-17-7).

### **10.2 Overview of PPARs and Their Structures**

PPARs act as transcription factors by binding and functionally responding to endogenous small molecule ligands [\[9](#page-17-8)]. These ligands, either endogenous or synthetic, bind to an orthosteric pocket existing in the core of the nuclear receptor ligandbinding domain. PPARs exist as a conserved domain association, including a central DNA-binding domain (DBD) fanked by two regulatory regions, a distinct amine (N)-terminal activation function-1 (AF-1) domain. In addition there is also a carboxyl (C)-terminal ligand-binding domain (LBD) containing the activation function-2 (AF-2) domain that has a coregulator interaction surface [\[10](#page-17-9), [11\]](#page-17-10) (Fig. [10.1\)](#page-2-0). The N-terminal regulatory domain consists of A and B domains and the AF-1 domain, which is involved in ligand-independent coregulator binding [[12,](#page-17-11) [13\]](#page-17-12). This region is not conserved because it varies greatly between members of this class of nuclear receptors. Two highly conserved zinc fngers are central in the recognition of specifc DNA half-sites termed peroxisome proliferator response elements (PPREs) [[14\]](#page-17-13). These sites are represented as either direct or indirect repeats and are separated by a spacer of base pairs. Each zinc fnger contains several cysteine residues allowing for the interactions to a zinc ion. These specifc zinc fnger motifs permit for the discernment of nuclear receptors from other DBDs (Fig. [10.1](#page-2-0)).

Mechanistically, DNA binding allows for either the activation and recruitment of DNA transcription machinery or the repression of transcription. All members of the PPAR nuclear receptor superfamily bind to DNA as a heterodimer, where the DNA binding is in association with the retinoic acid receptor (RXR) [\[14](#page-17-13)]. Each DBD subunit binds to a separate DNA half-site. The most poorly conserved PPAR region is the fexible hinge domain, which allows for rotation between the DBD and the LBD, and contains a nuclear localization signal. The LBD is the largest domain in PPAR molecule and is highly conserved across all PPARs. Ligand binding stabilizes the AF-2 domain and facilitates the interaction with coregulator molecules to

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**Fig. 10.1** (**a**) Linear illustration of the PPARγ structure, where the ligand binds to the ligandbinding domain (LBD) in the AF-2 domain. (**b**) Full agonist rosiglitazone bound to PPARγ in complex with the heterodimeric partner RXR. PPARγ LBD lies within the RXR-LBD and DNA (DBD) to stabilize interactions with the PPRE. Additional recruitment of coactivator peptides to the PPARγ AF-2 LBD and RXR-LBD allows for additional gene transcription through ligandstabilized conformations. Ligand stabilization of the  $\beta$ -sheet region and the H2' and H3 helices allow for enhanced stabilization of the RXR-DBD and additional binding of the PPARγ DBD to the PPRE. Specifc ligand-induced modifcations may allow for enhanced coactivator recruitment and enhanced gene transcription. Crystal structure PDB-(3DZY) was used for constructing the image [[10](#page-17-9)]

remodel chromatin resulting in the induction of gene expression [\[15](#page-17-14)]. Although the LBD is highly conserved, specifc differences exist in the amino acid make-up of the active site and thus infuences the ligand specifcity. Ligand binding infuences the conformation of the ligand-binding surface of the AF-2 domain, resulting in adapting the binding affnity for chromatin remodeling and transcriptional coregulator proteins. Together these modifcations to the ligand-binding domain result in the activation or repression of selective gene transcription [\[16](#page-18-0), [17\]](#page-18-1). Further knowledge for understanding the conformational changes associated with ligand receptor interactions have been identifed by crystal structures that help defne the inactive or repressive and active conformations, which result in binding of transcriptional corepressor or coactivator proteins, respectively, by stabilizing specifc conformations of the AF-2 region [[18\]](#page-18-2).

Recent fndings describe how ligands can potentially form interactions with the AF-2 ligand-binding domain via an induced ft or conformational selection mechanism [[19\]](#page-18-3). In the conformational selection scenario, ligands selectively bind to the receptor resulting in selecting a specifc conformation that is occupied within the ligand-binding conformational group. In the induced ft model, ligand binding occurs through an encounter complex which results in promoting the ligand-binding conformational group to transform into the fnal ligand-bound complex. Once this complex becomes stabilized in the active, ligand-bound position, the AF-2 site acts as a binding site for coregulator proteins [\[19](#page-18-3)].

### **10.3 PPAR-Gamma Activation Site**

PPARγ relies on cytosolic ligand binding to activate the complex and consequences in the translocation to the nucleus. For gene transcription to occur,  $PPAR\gamma$  forms a heterodimeric complex with RXR and binds to the PPAR recognition element (PPRE). Interestingly, the PPARγ LBD intersects the DBD and LBD of RXR, whereby stability of gene transcription is dependent upon the stabilization of this interaction. Stability is greater with the intact nuclear receptor versus the DBD alone. PHE 347 was shown to greatly impact binding to the PPRE indicating that stabilization of this residue is important for gene transcription. Other heterodimeric protein interactions along with coactivator recruitment are also possible leading to increased gene transcription through cooperation [\[20](#page-18-4)]. Fatty acids and cyclooxygenase-derived eicosanoids are endogenous activators of PPARγ owing to its specifc role in lipid storage, adipogenesis, and glucose metabolism [\[21](#page-18-5), [22\]](#page-18-6). PPARγ ligands have distinct pharmacophore properties including a carboxylic acid head followed by an aromatic ring with a hydrophobic tail. In a study done with clofbric acid analogs, extension of the hydrophobic tail showed enhanced activity for both the PPAR $\gamma$  and alpha subtypes [[23,](#page-18-7) [24\]](#page-18-8). This indicates that stabilization of residues outside of the LBD greatly infuences the transcriptional potential of novel PPAR ligands. This interaction most likely arises from the ability to infuence DBD stabilization to the PPRE outside of initial LBD activation. Specifcity for the different PPAR isoforms becomes evident as the length of the hydrophobic tail is increased, highlighting unique gene transcription profles between them based on the substrate available [\[25](#page-18-9)].

### **10.4 Structure of the Ligand-Binding Domain**

The understanding of the PPAR $\gamma$  structure was deciphered by X-ray crystallography and determined that the ligand-binding domain consists of 13  $\alpha$ -helices that are labeled H1–H12 and H2′, as well as one *β*-sheet region, as shown in Figs. [10.1](#page-2-0) and [10.2](#page-5-0) [\[11](#page-17-10), [26,](#page-18-10) [27\]](#page-18-11). Further, the ligand-binding pocket is located in the core of the

ligand-binding domain [\[11](#page-17-10), [26](#page-18-10)]. The ligand-binding domain is composed of 270 amino acids and resembles a large Y-shaped cavity and thus three branches, each branch having different properties based upon binding preferences [[11,](#page-17-10) [28](#page-18-12)]. For example, arm 1, which displays a hydrophobic character, includes H3, H5, H11, and H12 and is the binding site for the acidic head group of ligands such as rosiglitazone [\[29](#page-18-13), [30\]](#page-18-14). In comparison, arm 2, which is surrounded by helices H2', H3, H6, and H7, includes the *β*-sheet region and is hydrophobic in nature, while arm III, which is surrounded by the *β*-sheet and helices H2, H3, and H5, and has both hydrophobic and hydrophilic regions [[29\]](#page-18-13). The large ligand-binding pocket in PPARγ allows for the promiscuous binding of many ligands (endogenous and synthesized) with lower affnity, thus allowing for targeting of variable ligand interactions. The AF-2 surface includes stands H12, H3, H4, and H5 and forms a hydrophobic binding fork on the surface of PPARγ to which the coactivators bind. Ribbon diagrams of the full-length PPARγ-RXR heterodimer on DNA can be viewed in Fig. [10.1](#page-2-0) and partially in Figs. [10.2,](#page-5-0) [10.3,](#page-6-0) and [10.4](#page-6-1). These structures show that the PPAR/RXR ligand-binding domains dimerize with a view of a PPARγ DNA-binding domain [[27\]](#page-18-11). The hinge region is composed of coils that allow for movement of the ligand-binding domain and DNA-binding domain around each other. Surprisingly, minimal surface contact is observed between the RXR and PPARγ DNA-binding domains. The region of the PPARγ ligand-binding domain that is near the *β*-sheet, proximal loops, and small helices (H2 and H2') thus contacts the RXR DNA-binding domain (rather than the ligand-binding domain surface near the AF-2). This interaction allows for understanding as to how signals are conducted from the ligand-binding domain to the DNA-binding domain and vice versa. The LBD of PPARγ consisting of the transcriptional AF-2 motif associated with helix 12 mediates most of the pharmacological actions of PPARγ agonists [\[31](#page-18-15)]. The importance of AF-2 domain for regulating PPARγ-targeted gene expression is based upon the mechanism of ligand-induced transcriptional activation by PPARγ [\[31](#page-18-15), [32](#page-18-16)]. In close inspection (Fig. [10.2\)](#page-5-0), the AF-2 domain exists in an equilibrium state between closed (active) and open (inactive) conformations in the absence of the ligand [\[31](#page-18-15)]. Therefore, the binding of a full agonist induces the AF-2 domain conforming into the closed (active) state, thereby allowing the recruitment of coactivators for transcriptional activation [\[31](#page-18-15)]. Thus, a rational mechanism for developing novel PPARγ ligands would be to stabilize AF-2 domain in distinct states between closed and open conformations. Several studies have reported that locking the AF-2 domain in its closed conformation is responsible for the anti-diabetic effects as well as unwanted adverse effects from PPARγ agonists like thiazolidinediones [[31,](#page-18-15) [33\]](#page-18-17). More recently, selective PPAR agonists and dual agonists are proving to be more effcacious in eliciting therapeutic effcacy and avoiding unwanted physiological effects associated with full agonism. More research is needed to understand how specifc binding motifs can promote gene transcription to better utilize this drug target and remove the stigma surrounding this class of nuclear receptors. Therefore further evaluation of the stability and conformation and cofactor recruitment if the closed conformation will yield possibilities for the design of better therapeutic agents with increased tolerability.

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**Fig. 10.2** RXR in the (**a**) open conformation illustrating the "mouse trap" model in the heterodimerization with PPARγ. As dimerization occurs, the RXR-LBD and DBD are stabilized through the ligand-induced activation of PPARγ's LBD. PDB(3DZY). (**b**) PPARγ in the closed conformation. As dimerization occurs PPARγ's DBD is able to bind to the major and minor grooves in the DNA allowing for gene transcription to occur. PDB(3DZY) [\[10\]](#page-17-9)

<span id="page-6-0"></span>

**Fig. 10.3** Rosiglitazone bound within the PPARγ LBD active site. Rosiglitazone's polar head forms a tight hydrogen bond network with the AF-2 TYR 473 residue, and additional hydrogen bonds with HIS 323 allows for PPARγ activation and subsequent nuclear translocation. Additional stabilization of the H3 alpha helix in ARG 288 and SER 289 along with hydrophobic interactions to the beta-sheet region provides stabilization upon heterodimerization with RXR allowing for gene transcription to occur. PDB(3DZY)

<span id="page-6-1"></span>

**Fig. 10.4** PPARγ antagonist (BADGE) bound within the PPARγ LBD. Strong hydrogen bonding to the AF-2 leads to PPARγ activation. However, conformational changes in the H3-ARG288 result in destabilization of this region opening ARG288 to post-translational modifcation and gene silencing. PDB(3DZY) [[10](#page-17-9)]

# **10.5 Structural Dynamics of PPAR Gamma**

Initial predictions postulated that mechanism of action of full agonists stabilizes the AF-2 surface through H12, thus allowing less of a physical price for coactivator binding and full transcriptional yield. Likewise, it was thought that partial agonists can only partially stabilize the AF-2 domain through the H12 helix by generating more of an physical burden for coactivator binding resulting in less transcriptional output. Thus the activating ligands, particularly full agonists, induced the reposition of helix H12 according to the "mousetrap model," and the movement of H12, following ligand binding, traps the ligand within the ligand-binding pocket (Fig. [10.2](#page-5-0)) [[33,](#page-18-17) [34](#page-18-18)]. Despite these models involving helix H12, the signifcance toward stabilization of helix H12 for coregulator binding and transactivation may not be completely understood. In particular, partial agonists are observed to preferentially stabilize other regions of the ligand-binding domain, specifcally those associated with the *β*-sheet region. The connection between the impact of upon stabilization by partial agonists, coactivator recruitment, and PPARγ activity, including insulin-sensitizing effects, is an important question for investigation. The mechanism of action of PPAR<sub>Y</sub> is initiated by ligand binding, resulting in a conformational change of the receptor and the dissociation of any corepressor complexes, including those associated with histone deacetylase activity and the resulting recruitment of coactivators [[34\]](#page-18-18). When the PPAR-RXR receptor heterodimer is unbound to a ligand (natural or synthetic), it becomes associated with corepressor proteins, including NCoR (nuclear receptor corepressor 1) and SMRT (silencing mediator of retinoic acid and thyroid hormone receptor). These inactive complex functions to prevent PPAR-activated transcription and keep homeostatic PPAR-mediated transcription minimal. Upon ligand binding (full or partial), the corepressors dissociate from the receptor (PPAR-RXR) complex, permitting for the recruitment of coactivators. These coactivators then implement diverse functions to promote transcription, including altering chromatin structure (acetylation) and recruiting transcriptional machinery to the target gene promoter. Members of the PPAR coactivator family include CBP (CREB-binding protein), MED1 (Mediator 1, also known as PBP/TRAP220/DRIP205), SRC1 (steroid receptor coactivator 1), SRC2, SRC3, and PGC1 $\alpha$  (peroxisome proliferatoractivated receptor gamma coactivator 1 *α*) [[27\]](#page-18-11).

### **10.6 Selective PPAR Modulators (SPPARMs)**

The popularity of full PPAR $\gamma$  agonist as insulin-sensitizing agents has been constrained because of their association with several adverse effects, including increased plasma volume and edema that is associated with inducing or exacerbating congestive heart failure, osteoporosis, as well as weight gain. Thus, there exists a critical need to develop newer PPARγ-targeted that display robust effcacy with improved tolerability. Consequently we and others have identifed and characterized promising selective PPAR modulators (SPPARMs). SPPARMs are PPARγ ligands that serve as partial agonists of the receptor in cell-based transcriptional activity and adipogenesis assays [[35,](#page-18-19) [36](#page-18-20)]. They have also been shown to generate attenuated and selective gene expression patterns in adipocytes in vitro. The greater therapeutic window of several SPPARγMs has been established in preclinical species. These fndings would include improved insulin-sensitizing activity with attenuated adverse effects on weight gain, adiposity, and cardiac hypertrophy relative to a potent PPARγ full agonist [[37–](#page-18-21)[40\]](#page-19-0). Previous reports indicate that the unique properties of the SPPARMs may be due to their selective physical interaction with the distinct amino acids in the PPARγ receptor, resulting in selective conformational stability of the receptor when compared to full agonists. Findings from X-ray co-crystallographic studies of the PPARγ ligand-binding domain (LBD) associated with full agonist rosiglitazone indicated that the nitrogen of the thiazolidinedione (TZD) ring of rosiglitazone formed hydrogen-bonding interactions with the tyrosine (Y) 473 sidechain hydroxyl group in helix 12 of the human PPAR $\gamma$  LBD [[11\]](#page-17-10). The tyrosine-473 is known to exist deep in the AF-2 ligand-binding domain as demonstrated by in silico analysis [[30\]](#page-18-14). In contrast, X-ray co-crystallography and molecular modeling studies with PPARγ LBD and SPPARγMs indicate that the carboxylic acid moiety of such ligands avoids forming hydrogen-bonding interactions with Tyr473 [[41,](#page-19-1) [42\]](#page-19-2). The result of these partial interactions demonstrated by biochemical and NMR studies demonstrates that SPPARγMs induce a unique and less stable receptor conformation of the ligand-binding domain than PPAR $\gamma$  full agonists [\[37](#page-18-21)]. This instability of the AF-2 ligand-binding domain by SPPARγMs results in the compromised interactions with the transcriptional coactivator-binding pocket of the ligand-binding domain [\[11](#page-17-10), [43](#page-19-3)] and thus serves as the physical basis for the altered receptor-coactivator interactions, reduced transcriptional activity, and resulting improved tolerability observed in preclinical studies with these ligands [[37–](#page-18-21)[40,](#page-19-0) [44](#page-19-4), [45\]](#page-19-5). In summation, these fndings suggest that Tyr473 is a critical site of interaction between the PPARγ LBD and full agonists but not SPPARγMs.

# **10.7 PPAR Delta Active Site Description**

PPARs are approximately 70% conserved in homology, which allows promiscuity of ligand binding between the three PPAR isotypes. Furthermore the key features of the PPARδ active site can be distinguished between PPAR gamma and alpha. Crystallography structures of PPARδ that are bound with the selective agonist GW-0742, a full PPARδ agonist, display a preference for arm 2 occupation with its hydrophobic tail. This occupation of arm 2 of PPAR delta is attributed to the unique interactions involving Valine-312 residue. The VAL312 allows for a slightly larger volume and greater fexibility to accommodate PPAR-delta ligands in the arm 2 occupation, when compared to arm 2 in PPARγ. These observations were verifed by mutating the VAL-312 to MET resulting in a 2.5-fold reduction in the  $EC_{50}$  of GW-0742 [\[46](#page-19-6)]. Crystallographic data showing PPARδ bound with EPA illustrate the dynamic interactions that are crucial for determining ligand-specifc binding. EPA's hydrophobic tail can assume a tail that extends up arm 2 or a tail down that extends into the entrance conformation. These interactions induce a conformational stability that can regulate the binding of selective coactivators to PPARδ. Rational drug design for PPAR selectivity must consider not just the AF-2 interaction but

more importantly the stabilizing ability of the hydrophobic tail to increase interaction in PPRE interactions [\[47](#page-19-7)].

# **10.8 PPAR Alpha Active Site Description**

In all PPARs, 80% of the active binding site residues are conserved. PPAR $\alpha$  is uniquely different when examining the AF-2 region, where a histidine residue is substituted for a tyrosine (TYR) residue on the H5 helix. The larger TYR can explain some of the selectivity of the polar head when designing ligands for PPAR alpha. Although the binding site volume in PPARs is conserved, PPAR alpha is narrower in nature when approaching the AF-2 due to the larger volume of the residues involved in forming the AF-2 stabilizing hydrogen bond network [\[48](#page-19-8)].



### **10.9 PPARS and Neurodegenerative Diseases**

PPARγ agonists have shown effcacy in Alzheimer's disease, Parkinson's disease, brain and spinal injuries, and ALS. Interestingly, in the brain the relative expression of all three isoforms of PPARs are expressed; however PPARδ/β is most abundant in the brain with expression in neurons and microglial cells [\[57](#page-19-17)]. PPARγ is observed less in the neuron and microglia, and PPAR $\alpha$  is observed mostly in astrocytes [[57\]](#page-19-17). These fndings offer PPARs as potential therapeutic targets for mitigating neurodegenerative diseases. Although PPARδ/β is the most abundant PPAR isotype in the brain, PPARγ has been the most extensively studied by using clinical applicable therapeutics in brain injury and degenerative models. The application of PPARγ agonists has been signifcantly investigated in rodent models of Alzheimer's disease. Findings indicating improvement in amyloid beta burden as well as neurodegeneration have allowed PPARγ agonists to offer promise at the clinical levels. Clinical investigations using PPARγ agonists have revealed a signifcant reduction in amyloid beta and tau pathology measured in patient samples suffering from AD [\[58](#page-19-18), [59\]](#page-19-19). More recently, PPARs have been demonstrated to modulate infammation by inhibiting the production of pro-infammatory molecules by peripheral immune cells as well as resident infammatory cells. Furthermore, PPAR agonists have effectively suppressed the development of CNS infammation in animal models of neuroinfammation and neurodegeneration [\[60](#page-19-20)]. In line with this oral administration of the pioglitazone (PPARγ), agonist nullifed glial cell activation and the accumulation of  $\mathsf{A}\beta$ -positive plaques in the hippocampus and cortex [[61\]](#page-19-21). However, the protective signaling mechanisms mediated by central PPARγ activation resulting in improved cognition in AD have not been extensively investigated. Furthermore, PPARγ agonist has been observed to improve cognitive deficits in AD but is limited due to its poor bioavailability in the brain and off-target effects [\[62](#page-19-22), [63](#page-20-0)].

Furthermore, failures at the clinical level and trials have quenched the clinical applicability of these agonists and have negated volumes of fndings verifying these therapeutics for mitigating pathology and neurodegeneration associated with AD. Therefore, there is a perilous need to develop novel PPAR-targeted agents that display improved bioavailability and tolerability. To understand the signifcance of the chemical interactions on pharmacological consequences will help develop newer PPAR agonists for different cellular targets. Currently, no SPPARγMs have been applied to the clinical level, and mechanistically it remains unclear how to achieve selective PPARγ activation. The current review discusses the role of PPAR in modulating the pathologies of AD followed by SPPARMs under development for treating AD.

# **10.10 PPARS for Alzheimer's Disease: Overview of AD**

The manifestation of clinical symptoms associated with AD is due to years of pathological markers related to AD. For example, the development of AD is thought to be due to the amyloid beta cascade, which involves amyloid beta deposition and damage and leads tau hyperphosphorylation. However, alternative signaling mechanisms associated with the development and progression of pathological mechanisms promote development of clinical AD [\[64](#page-20-1)]. Therefore, therapeutics with multi-targets of action against AD pathology may offer potential for treatment of AD (Fig. [10.5](#page-12-0)).

### **10.11 PPARs and Neuroinfammation**

Neuroinfammation is now considered one of the hallmark's early mediators for developing the pathological process of AD [\[65](#page-20-2)]. The infammatory process is associated with abeta plaque formation as well as microglial activation. Over time, the increase in infammatory signals associated wit microglia or infltrating monocytes and macrophages induces cytokine expression and reactive oxygen species in neurons, resulting in spine loss and reduced neural plasticity (Fig. [10.6\)](#page-13-0). The development of memory dysfunction in the later stages of AD is correlated with the levels of synaptic destruction and severity of tau pathology [[67\]](#page-20-3). Therefore, an ideal AD drug would target multiple facets of the disease including Aβ formation and/or clearance, provide anti-infammatory properties, and reduce tau-related pathologies. However, failures at the clinical level in late-stage AD clinical trials have encouraged researchers to focus on prophylactically administration of PPARγ agonists in the pre-symptomatic phase where  $\mathbf{A}\beta$  and inflammation play a critical role in the neurodegenerative process and progression. One of the many potential characteristics of PPAR $\gamma$  is to suppress inflammatory signaling pathways in immune cells [[68,](#page-20-4) [69](#page-20-5)]. For example, PPARγ activation reduces the Aβ burden by inducing microglial phagocytosis of  $\mathbf{A}\beta$  and consequences in reduced cytokine levels as well [\[70](#page-20-6)]. In addition, the activation of PPARγ suppresses transcription factors associated with neuroinfammation including nuclear factor-kB, Stat-1, and transcription factor activator protein-1 [[71\]](#page-20-7). Additionally, PPARγ also downregulates cyclooxygenase-2 (COX-2), metalloproteinase-9 (MMP-9), inducible nitric oxide synthase (iNOS), pro-infammatory cytokines, chemokines, and interleukins [\[72](#page-20-8), [73\]](#page-20-9). Similarly, the anti-infammatory effects of full PPARγ agonists including rosiglitazone and pioglitazone were observed to be effcacious in several rodent models [[74\]](#page-20-10). Specifcally, pioglitazone reduced Aβ levels as well as astrocyte and microglial activation in the cortex and hippocampus in  $APP<sub>695</sub>SWE$  mice that are associated with over-expression of A*β* and TGF-*β*1 [\[75](#page-20-11)]. Mechanistically, PPARγ reduces macrophage polarization from M1 to M2, in neurodegenerative diseases. M1

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**Fig. 10.5** nTZDpa a partial agonist bound within the PPARγ LBD. Partial agonism of the PPARγ LBD progresses in the absence of interactions with the full AF-2 domain. Therefore full stabilization of the AF-2 domain stabilization by the ligand is not required for PPARγ activation. Binding to the ARG288 and SER342 permits stabilization to occur between the RXR-LBD and DBD, and dimerization can proceed. However the recruitment of coactivators may be a factor that arise in regulating gene transcription because of partial agonism PDB(3DZY) [\[10\]](#page-17-9)

microglia are pro-infammatory and neurotoxic via secretion of pro-infammatory cytokines including interleukin IL-1α, IL-1β, tumor necrosis factors (TNF), and nitric oxide (NO) (Fig. [10.6](#page-13-0)). The alteration of microglia polarization axis from M1 to M2 when treated with PPARγ agonist results in increased anti-infammatory gene expression profle and increased neurotrophin expression [[76,](#page-20-12) [77\]](#page-20-13). Surprisingly 12-month-old APP/PS1 mice treated with pioglitazone showed a signifcant alteration of M1 to M2 microglial in the area surrounding Aβ deposits and a reduction in GFAP-immunopositive astrocytes adjacent to the amyloid plaques [\[78](#page-20-14)]. These data validate PPARγ agonist inducing an anti-infammatory phenotype in microglia and astrocytes and in the process also facilitate the removal of A*β* pathology. However, further research in understanding the mechanisms how TZDs and PPARs confer their anti-infammatory properties for AD will fll the gaps in knowledge for how newer PPAR agonists can be developed. For example, PPARδ is the most prominent form of PPAR expressed in the brain from the PPAR family. To this, GW501516, a potent PPARδ agonist, demonstrated anti-infammatory activity [\[79](#page-20-15)]. Alternatively, a study by Malm et al. applied a short-term treatment of a PPARd agonist GW0742 to 5XFAD mice and observed a reduction in the parenchymal Aβ load. This was associated with a decrease in overall microglial activation (M1 levels) and reduction in pro-infammatory cytokines. Instead, microglial immunoreactivity around A $\beta$  deposits was increased [[80\]](#page-20-16). Importantly, the reduction in the pro-infammatory condition induced by GW0742 resulted in reduction of neuronal loss in the 5XFAD mice.

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**Fig. 10.6** Schematic illustration demonstrates that (1) microglia polarization/activation from M2 to M1 results in secretion of cytokines. Increased cytokines and neuroinfammation are associated with the progression of Alzheimer's disease which is associated with the resulting synaptic deficits and loss in dendritic spines. (2) Further advancement in spine loss potentiates neuronal degeneration. (3) PPARγ/δ agonists are known to reduce neuroinfammation and induce an increase in neurotrophins, including BDNF [\[66\]](#page-20-19). (4) The neurotrophins then enhance spine formation resulting in increased spine density

# **10.12 PPARs and Microglia and Neurotrophins**

Microglia are associated with synaptic pruning by regulating spine formation and reduction as a normal process associated with alterations in memory and aging. However advancing AD from moderate to severe stages is highlighted by the development of synaptic defcits and memory impairment. Moreover, neuronal plasticity is associated with synaptic dysfunction, which is due to the loss of dendritic spines. However, neurotrophins mediated by microglia are signifcantly involved in regulating spine formation and dendritic spine density (Fig. [10.6\)](#page-13-0). Brain-derived neurotrophic factor (BDNF), a major neurotrophin, is known to progressively decrease in expression as AD progresses from moderate to severe stages of AD [[81\]](#page-20-17). Microglia are central mediators associated with inducing neurotrophins including BDNF. Rosiglitazone has been shown to prevent dendritic spine loss and improve synaptic function in hippocampal neurons treated with  $A\beta$ oligomers [\[82](#page-20-18)]. These fndings can be explained mechanistically by the fndings that demonstrated ligand activation of PPARγ induced the BDNF promoter in a

AD associated Neurodegeneration



dose-dependent manner [[66\]](#page-20-19). Supportive fndings from alternative studies in Aβ-injected rats treated with pioglitazone demonstrated reduced levels of active caspase-3 and enhanced BDNF levels yielding improved synaptic plasticity [[83\]](#page-20-20). These observations suggest that  $PPAR\gamma$  agonists prevent the development of synaptic defcits by improving BDNF expression and the resulting dendrite spine density.

Alternative protective signaling mechanisms are observed in studies that confrm that the full PPARγ agonist, rosiglitazone, increases the expression of neurotrophic factor- $\alpha$ 1 (NF- $\alpha$ 1), a neuroprotective protein, which results in the increase of the pro-survival protein BCL 2 expression in the hippocampus [\[84](#page-21-0)]. These observations are important because the use of PPARγ agonists improves mitochondrial function and synaptic plasticity and mitigates memory loss. In summation, PPARγ agonism can promote mitochondrial viability while also improving metabolic and energy regulation, modulate neuroinfammation, stimulate spine growth, and clear toxic Aβ from the brain [\[85](#page-21-1)]. Findings from our lab has observed that direct PPARg activation induces an increase in BDNF and the ensuing post-synaptic density marker 95 (PSD95), thus representing an increase in spine formation [\[66](#page-20-19)].

# **10.13 PPARS, TREM2, and Amyloid Beta**

Dysfunction of microglial appears implicit to the etiology of late-onset Alzheimer's disease (LOAD), as explained in fndings from genetic studies that discovered variants in LOAD risk-associated genes that are highly expressed in microglia [[86,](#page-21-2) [87\]](#page-21-3). One gene in particular from the study, the triggering receptor expressed on myeloid cells 2 (TREM2), a single-pass transmembrane immune receptor was observed to be expressed selectively in microglia within the CNS. TREM2 is a phagocytic receptor and has been demonstrated to be involved in the phagocytosis of apoptotic neurons (Fig. [10.7](#page-15-0)). However, recent fndings demonstrate that TREM2 over-expressing macrophages accumulate on Aβ plaques where they exhibit an infammatory phenotype yet paradoxically and phagocytically ineffective, as verifed by the progressive increase in plaque burden through the course of the disease. Conversely, work by Zhao et al. has observed that TREM2 directly binds to Aβ oligomers with high affinity  $[88]$  $[88]$ . Further that TREM2 deficiency results in preventing Aβ degradation in primary microglial culture and in TREM 2 knock-out mice. It is well known that TREM2 suppresses infammatory gene expression, based on fndings from knockdown or genetic knock-out models of TREM2 that show higher levels of pro-infammatory cytokines and increased levels of Aβ accumulation [\[89](#page-21-5)[–91](#page-21-6)]. Thus, neurobiological functions of TREM2 and its pathophysiological ligands remain controversial and need further investigation to understand the role of TREM2 in AD. Clinically, TREM2 levels are regulated by proteolytic cleavage by ADAM10 and ADAM17 at the amino acids His157–Ser158 peptide bonds, resulting in the release of the soluble TREM2 (sTREM2) into cerebrospinal fuid [[92,](#page-21-7) [93\]](#page-21-8). This soluble form of TREM2 is considered a new biomarker for AD because it is abundantly detected in human cerebrospinal fuid (CSF) and its levels are elevated in the CSF of patients with sporadic AD [\[94](#page-21-9), [95](#page-21-10)]. Recent work by Savage et al. [\[95](#page-21-10)] provides evidence that nuclear receptors (PPARγ and PPARδ) act to stimulate the Aβ plaques from the brain, by inducing the expression of the phagocytic receptors Axl and MerTK on macrophages. The observation that these cells are from circulating monocytes and express TREM2 suggests that the actions of TREM2 and myeloid cells are involved in ameliorating AD pathogenesis. Additionally, Wang et al. observed that brain-residing TREM2 over-expressing microglia sense lipids that accumulate during  $\overrightarrow{AB}$  deposition and thus more efficiently clear the A $\beta$  plaques [\[96](#page-21-11)]. Further work on understanding the neuroprotective signaling mechanism of TREM 2 is required, including understanding the mechanism and consequence of PPAR-mediated increase in expression of TREM2 on reducing Aβ and tau phosphorylated levels in AD (Fig. [10.8](#page-16-0)).

**PPARs and Astrocytes** Astrocytes play a crucial role in brain homeostasis. Among other functions, they provide metabolic support for neurons, uptake neurotransmitters such as glutamate, and blood-brain barrier maintenance [\[97](#page-21-12)]. Similar to microglia, astrocytes rapidly react to a wide array of insults or damaging events. Reactive astrocytes, which are characterized by increased expression of glial fbrillary acidic protein (GFAP), a constituent of the intermediate flaments, are typical of most brain pathologies. Thus, astrocytes represent an important target for antiinfammatory and neuroprotective therapeutic strategies. In addition, rosiglitazone and the non-TZD agonist L-796,449 induced a concentration-dependent increase in glutamate transporter EAAT2/GLT-1 expression and glutamate uptake in primary rat astrocytes, which may help in improving the glutamate dysregulation associated with the progression of AD from mild cognitive impairment to full dementia

<span id="page-15-0"></span>

**Fig. 10.7** Schematic illustration demonstrating that PPARγ ligands promote amyloid beta clearance by microglia. Mechanistically, PPARγ agonists induce an increase in TREM2 expression by transcriptional regulation. The increase in TREM2 via Syk-PI3K signaling results in diffuse and reduced levels of amyloid beta plaques in the brain by microglia activity

<span id="page-16-0"></span>

**Fig. 10.8** Schematic illustration shows that (1) glutamate regulation is compromised in moderate to late stages of AD. (2) PPARγ ligands can induce an increase in expression of GLT1/EAAT2 glutamate uptake receptor in astrocytes. (3) The increase in surface levels of GLT1/EAAT2 receptors results in improved glutamate handling in the synaptic cleft

(Fig. [10.2\)](#page-5-0). In addition, the authors identifed six putative PPREs in the promoter region of GLT1/EAAT2 gene, suggesting GLT1/EAAT2 glutamate transporter is a novel PPAR<sub>γ</sub> target gene [[98\]](#page-21-13). These findings suggest that PPAR ligands can reduce glutamate-mediated neurotoxicity; however critical intervention with the ligands will offer protection against the progression of glutamate-mediated cytotoxicity.

#### **10.14 Conclusion**

PPARs offer a unique advantage in treating disease states brought on by chronic infammation and metabolic dysregulation. Current clinical PPAR therapeutics offer a molecular tool to investigate PPAR roles in neurodegenerative pathologies, yet barriers remain with these compounds as CNS activity is poor at best. High dosages required to achieve CNS activity only compound the unwanted systemic side effects seen at normal therapeutic levels, further complicating in vivo results. Advancements in the design and development of novel selective PPAR agonists may allow researchers clinically relevant compounds that are capable of achieving more effcacious CNS activity without excessive dosing. Achieving selective PPAR agonism may also be benefcial as specifc gene transcription can avoid systemic

side effects and elicit cellular-specifc gene profles in targeting various stages of disease pathology. When designing novel selective PPAR agonists, a greater emphasis on understanding the specifc roles each arm in the PPAR LBD plays in the ability to recruit coactivators and promotes gene transcription is imperative. PPARs have long been stigmatized as clinically irrelevant therapeutics, but lack of understanding on how to regulate such a powerful molecular tool should not rule out further investigation. Furthermore, understanding the dynamic roles of PPARs in immune cell regulation is crucial to mitigate the pro-infammatory signaling cascade and improve tissue regeneration. Energy dysregulation and metabolism are at the heart of all disease pathologies, and PPARs offer a unique tool to modulate reorganization of metabolic pathways in various tissue types.

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