# Chapter 10 Design of Novel PPAR Agonist for Neurodegenerative Disease



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Abstract Peroxisome proliferator-activated receptors (PPARs) are ligand-activated transcription factors of the nuclear hormone receptor superfamily comprising three subtypes: PPAR $\alpha$ , PPAR $\gamma$ , and PPAR $\beta/\delta$ . The PPAR family of nuclear receptors is centrally involved in regulating whole-body energy homeostasis and metabolic function. Endogenous ligands include free fatty acids, eicosanoids, and leukotrienes. Synthetic ligands developed to serve as full agonists aim at treating diabetes type 2, hyperlipidemia, and other metabolic-related diseases. Further, there has been a developing interest in the role of PPAR agonist's role in neurodegenerative disease. However, many of these clinically practical therapeutics are associated with harmful effects on human health. Therefore, new approaches have led to a new class of selective PPAR modulators (SPARMs), or partial agonists meet this challenge. In addition, these partial agonists have been observed to show a favorable impact on insulin sensitivity, blood glucose levels, and dyslipidemia with significantly reduced side effects on human health. Partial agonists have been found to display differences in transcriptional and cellular outcomes by acting through distinct structural and dynamic mechanisms within the ligand-binding region when compared to full agonists. Recently, a new focus on PPAR agonists' class has intensified for neurodegenerative diseases, as new ligands and novel biological roles have emerged particularly for its therapeutic potential in Alzheimer's disease (AD). The present chapter critically analyzes current PPAR ligands using in silico modeling and the implication of promising new therapeutics in neurodegenerative disorders.

Keywords PPAR · Neurodegeneration · Alzheimer's disease

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### 10.1 Introduction

Peroxisome proliferator-activated receptors (PPARs) are members of the nuclear hormone receptor superfamily that are ligand-activated transcription factors [1]. These receptors have been linked to many systemic and cellular functions including insulin sensitivity and whole-body energy regulation. PPARs exhibit isotypespecific tissue expression patterns based upon energy demand in the regulation of cellular process. PPAR $\alpha$  is abundantly expressed in tissues that utilize fatty acid catabolism such as the heart, liver, brown adipose tissue, and kidney [2, 3]. PPAR $\gamma$ exists in two isoforms,  $\gamma 1$  and  $\gamma 2$ , and is principally expressed in white and brown adipose tissues, where they regulate adipocyte differentiation and lipid storage [4, 5]. Although expression of PPAR $\gamma 2$  is mostly observed in adipose tissue, PPAR $\gamma 1$ is ubiquitously expressed in tissues including the gut and immune cells, where they promote anti-inflammatory processes [6]. PPAR $\delta/\beta$  has broad expression patterns and prominent roles in the skeletal muscle, adipose tissue, skin, gut, and brain [7, 8].

### **10.2** Overview of PPARs and Their Structures

PPARs act as transcription factors by binding and functionally responding to endogenous small molecule ligands [9]. These ligands, either endogenous or synthetic, bind to an orthosteric pocket existing in the core of the nuclear receptor ligandbinding domain. PPARs exist as a conserved domain association, including a central DNA-binding domain (DBD) flanked by two regulatory regions, a distinct amine (N)-terminal activation function-1 (AF-1) domain. In addition there is also a carboxyl (C)-terminal ligand-binding domain (LBD) containing the activation function-2 (AF-2) domain that has a coregulator interaction surface [10, 11] (Fig. 10.1). The N-terminal regulatory domain consists of A and B domains and the AF-1 domain, which is involved in ligand-independent coregulator binding [12, 13]. This region is not conserved because it varies greatly between members of this class of nuclear receptors. Two highly conserved zinc fingers are central in the recognition of specific DNA half-sites termed peroxisome proliferator response elements (PPREs) [14]. These sites are represented as either direct or indirect repeats and are separated by a spacer of base pairs. Each zinc finger contains several cysteine residues allowing for the interactions to a zinc ion. These specific zinc finger motifs permit for the discernment of nuclear receptors from other DBDs (Fig. 10.1).

Mechanistically, DNA binding allows for either the activation and recruitment of DNA transcription machinery or the repression of transcription. All members of the PPAR nuclear receptor superfamily bind to DNA as a heterodimer, where the DNA binding is in association with the retinoic acid receptor (RXR) [14]. Each DBD subunit binds to a separate DNA half-site. The most poorly conserved PPAR region is the flexible hinge domain, which allows for rotation between the DBD and the LBD, and contains a nuclear localization signal. The LBD is the largest domain in PPAR molecule and is highly conserved across all PPARs. Ligand binding stabilizes the AF-2 domain and facilitates the interaction with coregulator molecules to



Fig. 10.1 (a) Linear illustration of the PPAR $\gamma$  structure, where the ligand binds to the ligandbinding domain (LBD) in the AF-2 domain. (b) Full agonist rosiglitazone bound to PPAR $\gamma$  in complex with the heterodimeric partner RXR. PPAR $\gamma$  LBD lies within the RXR-LBD and DNA (DBD) to stabilize interactions with the PPRE. Additional recruitment of coactivator peptides to the PPAR $\gamma$  AF-2 LBD and RXR-LBD allows for additional gene transcription through ligandstabilized conformations. Ligand stabilization of the  $\beta$ -sheet region and the H2' and H3 helices allow for enhanced stabilization of the RXR-DBD and additional binding of the PPAR $\gamma$  DBD to the PPRE. Specific ligand-induced modifications may allow for enhanced coactivator recruitment and enhanced gene transcription. Crystal structure PDB-(3DZY) was used for constructing the image [10]

remodel chromatin resulting in the induction of gene expression [15]. Although the LBD is highly conserved, specific differences exist in the amino acid make-up of the active site and thus influences the ligand specificity. Ligand binding influences the conformation of the ligand-binding surface of the AF-2 domain, resulting in adapting the binding affinity for chromatin remodeling and transcriptional coregulator proteins. Together these modifications to the ligand-binding domain result in the activation or repression of selective gene transcription [16, 17]. Further knowledge for understanding the conformational changes associated with ligand receptor interactions have been identified by crystal structures that help define the inactive or repressive and active conformations, which result in binding of transcriptional corepressor or coactivator proteins, respectively, by stabilizing specific conformations of the AF-2 region [18].

Recent findings describe how ligands can potentially form interactions with the AF-2 ligand-binding domain via an induced fit or conformational selection mechanism [19]. In the conformational selection scenario, ligands selectively bind to the receptor resulting in selecting a specific conformation that is occupied within the ligand-binding conformational group. In the induced fit model, ligand binding occurs through an encounter complex which results in promoting the ligand-binding conformational group to transform into the final ligand-bound complex. Once this complex becomes stabilized in the active, ligand-bound position, the AF-2 site acts as a binding site for coregulator proteins [19].

## 10.3 PPAR-Gamma Activation Site

PPARy relies on cytosolic ligand binding to activate the complex and consequences in the translocation to the nucleus. For gene transcription to occur, PPARy forms a heterodimeric complex with RXR and binds to the PPAR recognition element (PPRE). Interestingly, the PPARy LBD intersects the DBD and LBD of RXR, whereby stability of gene transcription is dependent upon the stabilization of this interaction. Stability is greater with the intact nuclear receptor versus the DBD alone. PHE 347 was shown to greatly impact binding to the PPRE indicating that stabilization of this residue is important for gene transcription. Other heterodimeric protein interactions along with coactivator recruitment are also possible leading to increased gene transcription through cooperation [20]. Fatty acids and cyclooxygenase-derived eicosanoids are endogenous activators of PPARy owing to its specific role in lipid storage, adipogenesis, and glucose metabolism [21, 22]. PPARy ligands have distinct pharmacophore properties including a carboxylic acid head followed by an aromatic ring with a hydrophobic tail. In a study done with clofibric acid analogs, extension of the hydrophobic tail showed enhanced activity for both the PPARy and alpha subtypes [23, 24]. This indicates that stabilization of residues outside of the LBD greatly influences the transcriptional potential of novel PPAR ligands. This interaction most likely arises from the ability to influence DBD stabilization to the PPRE outside of initial LBD activation. Specificity for the different PPAR isoforms becomes evident as the length of the hydrophobic tail is increased, highlighting unique gene transcription profiles between them based on the substrate available [25].

### 10.4 Structure of the Ligand-Binding Domain

The understanding of the PPAR $\gamma$  structure was deciphered by X-ray crystallography and determined that the ligand-binding domain consists of 13  $\alpha$ -helices that are labeled H1–H12 and H2', as well as one  $\beta$ -sheet region, as shown in Figs. 10.1 and 10.2 [11, 26, 27]. Further, the ligand-binding pocket is located in the core of the ligand-binding domain [11, 26]. The ligand-binding domain is composed of 270 amino acids and resembles a large Y-shaped cavity and thus three branches, each branch having different properties based upon binding preferences [11, 28]. For example, arm 1, which displays a hydrophobic character, includes H3, H5, H11, and H12 and is the binding site for the acidic head group of ligands such as rosiglitazone [29, 30]. In comparison, arm 2, which is surrounded by helices H2', H3, H6, and H7, includes the  $\beta$ -sheet region and is hydrophobic in nature, while arm III, which is surrounded by the  $\beta$ -sheet and helices H2, H3, and H5, and has both hydrophobic and hydrophilic regions [29]. The large ligand-binding pocket in PPARy allows for the promiscuous binding of many ligands (endogenous and synthesized) with lower affinity, thus allowing for targeting of variable ligand interactions. The AF-2 surface includes stands H12, H3, H4, and H5 and forms a hydrophobic binding fork on the surface of PPAR $\gamma$  to which the coactivators bind. Ribbon diagrams of the full-length PPARy-RXR heterodimer on DNA can be viewed in Fig. 10.1 and partially in Figs. 10.2, 10.3, and 10.4. These structures show that the PPAR/RXR ligand-binding domains dimerize with a view of a PPAR<sub>γ</sub> DNA-binding domain [27]. The hinge region is composed of coils that allow for movement of the ligand-binding domain and DNA-binding domain around each other. Surprisingly, minimal surface contact is observed between the RXR and PPARy DNA-binding domains. The region of the PPARy ligand-binding domain that is near the  $\beta$ -sheet, proximal loops, and small helices (H2 and H2') thus contacts the RXR DNA-binding domain (rather than the ligand-binding domain surface near the AF-2). This interaction allows for understanding as to how signals are conducted from the ligand-binding domain to the DNA-binding domain and vice versa. The LBD of PPARy consisting of the transcriptional AF-2 motif associated with helix 12 mediates most of the pharmacological actions of PPARy agonists [31]. The importance of AF-2 domain for regulating PPARy-targeted gene expression is based upon the mechanism of ligand-induced transcriptional activation by PPAR $\gamma$  [31, 32]. In close inspection (Fig. 10.2), the AF-2 domain exists in an equilibrium state between closed (active) and open (inactive) conformations in the absence of the ligand [31]. Therefore, the binding of a full agonist induces the AF-2 domain conforming into the closed (active) state, thereby allowing the recruitment of coactivators for transcriptional activation [31]. Thus, a rational mechanism for developing novel PPARy ligands would be to stabilize AF-2 domain in distinct states between closed and open conformations. Several studies have reported that locking the AF-2 domain in its closed conformation is responsible for the anti-diabetic effects as well as unwanted adverse effects from PPARy agonists like thiazolidinediones [31, 33]. More recently, selective PPAR agonists and dual agonists are proving to be more efficacious in eliciting therapeutic efficacy and avoiding unwanted physiological effects associated with full agonism. More research is needed to understand how specific binding motifs can promote gene transcription to better utilize this drug target and remove the stigma surrounding this class of nuclear receptors. Therefore further evaluation of the stability and conformation and cofactor recruitment if the closed conformation will yield possibilities for the design of better therapeutic agents with increased tolerability.



**Fig. 10.2** RXR in the (**a**) open conformation illustrating the "mouse trap" model in the heterodimerization with PPAR $\gamma$ . As dimerization occurs, the RXR-LBD and DBD are stabilized through the ligand-induced activation of PPAR $\gamma$ 's LBD. PDB(3DZY). (**b**) PPAR $\gamma$  in the closed conformation. As dimerization occurs PPAR $\gamma$ 's DBD is able to bind to the major and minor grooves in the DNA allowing for gene transcription to occur. PDB(3DZY) [10]



**Fig. 10.3** Rosiglitazone bound within the PPAR $\gamma$  LBD active site. Rosiglitazone's polar head forms a tight hydrogen bond network with the AF-2 TYR 473 residue, and additional hydrogen bonds with HIS 323 allows for PPAR $\gamma$  activation and subsequent nuclear translocation. Additional stabilization of the H3 alpha helix in ARG 288 and SER 289 along with hydrophobic interactions to the beta-sheet region provides stabilization upon heterodimerization with RXR allowing for gene transcription to occur. PDB(3DZY)



Fig. 10.4 PPAR $\gamma$  antagonist (BADGE) bound within the PPAR $\gamma$  LBD. Strong hydrogen bonding to the AF-2 leads to PPAR $\gamma$  activation. However, conformational changes in the H3-ARG288 result in destabilization of this region opening ARG288 to post-translational modification and gene silencing. PDB(3DZY) [10]

# 10.5 Structural Dynamics of PPAR Gamma

Initial predictions postulated that mechanism of action of full agonists stabilizes the AF-2 surface through H12, thus allowing less of a physical price for coactivator binding and full transcriptional yield. Likewise, it was thought that partial agonists

can only partially stabilize the AF-2 domain through the H12 helix by generating more of an physical burden for coactivator binding resulting in less transcriptional output. Thus the activating ligands, particularly full agonists, induced the reposition of helix H12 according to the "mousetrap model," and the movement of H12, following ligand binding, traps the ligand within the ligand-binding pocket (Fig. 10.2) [33, 34]. Despite these models involving helix H12, the significance toward stabilization of helix H12 for coregulator binding and transactivation may not be completely understood. In particular, partial agonists are observed to preferentially stabilize other regions of the ligand-binding domain, specifically those associated with the  $\beta$ -sheet region. The connection between the impact of upon stabilization by partial agonists, coactivator recruitment, and PPARy activity, including insulin-sensitizing effects, is an important question for investigation. The mechanism of action of PPAR $\gamma$  is initiated by ligand binding, resulting in a conformational change of the receptor and the dissociation of any corepressor complexes, including those associated with histone deacetylase activity and the resulting recruitment of coactivators [34]. When the PPAR-RXR receptor heterodimer is unbound to a ligand (natural or synthetic), it becomes associated with corepressor proteins, including NCoR (nuclear receptor corepressor 1) and SMRT (silencing mediator of retinoic acid and thyroid hormone receptor). These inactive complex functions to prevent PPAR-activated transcription and keep homeostatic PPAR-mediated transcription minimal. Upon ligand binding (full or partial), the corepressors dissociate from the receptor (PPAR-RXR) complex, permitting for the recruitment of coactivators. These coactivators then implement diverse functions to promote transcription, including altering chromatin structure (acetylation) and recruiting transcriptional machinery to the target gene promoter. Members of the PPAR coactivator family include CBP (CREB-binding protein), MED1 (Mediator 1, also known as PBP/TRAP220/DRIP205), SRC1 (steroid receptor coactivator 1), SRC2, SRC3, and PGC1 $\alpha$  (peroxisome proliferatoractivated receptor gamma coactivator 1  $\alpha$ ) [27].

### **10.6 Selective PPAR Modulators (SPPARMs)**

The popularity of full PPAR $\gamma$  agonist as insulin-sensitizing agents has been constrained because of their association with several adverse effects, including increased plasma volume and edema that is associated with inducing or exacerbating congestive heart failure, osteoporosis, as well as weight gain. Thus, there exists a critical need to develop newer PPAR $\gamma$ -targeted that display robust efficacy with improved tolerability. Consequently we and others have identified and characterized promising selective PPAR modulators (SPPARMs). SPPARMs are PPAR $\gamma$  ligands that serve as partial agonists of the receptor in cell-based transcriptional activity and adipogenesis assays [35, 36]. They have also been shown to generate attenuated and selective gene expression patterns in adipocytes in vitro. The greater therapeutic window of several SPPAR $\gamma$ Ms has been established in preclinical species. These findings would include improved insulin-sensitizing activity with attenuated adverse effects on weight gain, adiposity, and cardiac hypertrophy relative to a potent PPAR $\gamma$  full agonist [37–40]. Previous reports indicate that the unique properties of the SPPARMs may be due to their selective physical interaction with the distinct amino acids in the PPARy receptor, resulting in selective conformational stability of the receptor when compared to full agonists. Findings from X-ray co-crystallographic studies of the PPARy ligand-binding domain (LBD) associated with full agonist rosiglitazone indicated that the nitrogen of the thiazolidinedione (TZD) ring of rosiglitazone formed hydrogen-bonding interactions with the tyrosine (Y) 473 sidechain hydroxyl group in helix 12 of the human PPARy LBD [11]. The tyrosine-473 is known to exist deep in the AF-2 ligand-binding domain as demonstrated by in silico analysis [30]. In contrast, X-ray co-crystallography and molecular modeling studies with PPARy LBD and SPPARyMs indicate that the carboxylic acid moiety of such ligands avoids forming hydrogen-bonding interactions with Tyr473 [41, 42]. The result of these partial interactions demonstrated by biochemical and NMR studies demonstrates that SPPARyMs induce a unique and less stable receptor conformation of the ligand-binding domain than PPARy full agonists [37]. This instability of the AF-2 ligand-binding domain by SPPARyMs results in the compromised interactions with the transcriptional coactivator-binding pocket of the ligand-binding domain [11, 43] and thus serves as the physical basis for the altered receptor-coactivator interactions, reduced transcriptional activity, and resulting improved tolerability observed in preclinical studies with these ligands [37-40, 44, 45]. In summation, these findings suggest that Tvr473 is a critical site of interaction between the PPARy LBD and full agonists but not SPPARyMs.

## 10.7 PPAR Delta Active Site Description

PPARs are approximately 70% conserved in homology, which allows promiscuity of ligand binding between the three PPAR isotypes. Furthermore the key features of the PPARS active site can be distinguished between PPAR gamma and alpha. Crystallography structures of PPAR $\delta$  that are bound with the selective agonist GW-0742, a full PPAR8 agonist, display a preference for arm 2 occupation with its hydrophobic tail. This occupation of arm 2 of PPAR delta is attributed to the unique interactions involving Valine-312 residue. The VAL312 allows for a slightly larger volume and greater flexibility to accommodate PPAR-delta ligands in the arm 2 occupation, when compared to arm 2 in PPARy. These observations were verified by mutating the VAL-312 to MET resulting in a 2.5-fold reduction in the  $EC_{50}$  of GW-0742 [46]. Crystallographic data showing PPAR8 bound with EPA illustrate the dynamic interactions that are crucial for determining ligand-specific binding. EPA's hydrophobic tail can assume a tail that extends up arm 2 or a tail down that extends into the entrance conformation. These interactions induce a conformational stability that can regulate the binding of selective coactivators to PPAR\delta. Rational drug design for PPAR selectivity must consider not just the AF-2 interaction but more importantly the stabilizing ability of the hydrophobic tail to increase interaction in PPRE interactions [47].

# 10.8 PPAR Alpha Active Site Description

In all PPARs, 80% of the active binding site residues are conserved. PPAR $\alpha$  is uniquely different when examining the AF-2 region, where a histidine residue is substituted for a tyrosine (TYR) residue on the H5 helix. The larger TYR can explain some of the selectivity of the polar head when designing ligands for PPAR alpha. Although the binding site volume in PPARs is conserved, PPAR alpha is narrower in nature when approaching the AF-2 due to the larger volume of the residues involved in forming the AF-2 stabilizing hydrogen bond network [48].

Compound	Structure	PPARγ	PPARβ/δ	PPARα	References
Alkylphenylpropanoic acid R-7		Partial activity	No apparent activity	No apparent activity	[49]
MRL-20		Partial activity	No apparent activity	No apparent activity	[50]
GW-0742	E C C C C C	No apparent activity	Full activity	No apparent activity	[12]
MBX-0825		No apparent activity	Full activity	No apparent activity	[51]
Rosiglitazone		Full activity	No apparent activity	No apparent activity	[52]
Pioglitazone		Full activity	No apparent activity	No apparent activity	[52]
Indeglitazar	HOG	Partial activity	Partial activity	Partial activity	[53]
Chiglitazar	05-02-B0	Full activity	Partial activity	Partial activity	[54]
WY14643		No apparent activity	No apparent activity	Full activity	[55]
Gemfibrozil	ОН	No apparent activity	No apparent activity	Full activity	[56]

### **10.9 PPARS and Neurodegenerative Diseases**

PPAR $\gamma$  agonists have shown efficacy in Alzheimer's disease, Parkinson's disease, brain and spinal injuries, and ALS. Interestingly, in the brain the relative expression of all three isoforms of PPARs are expressed; however PPAR $\delta/\beta$  is most abundant in the brain with expression in neurons and microglial cells [57]. PPAR $\gamma$  is observed less in the neuron and microglia, and PPAR $\alpha$  is observed mostly in astrocytes [57]. These findings offer PPARs as potential therapeutic targets for mitigating neurodegenerative diseases. Although PPAR $\delta/\beta$  is the most abundant PPAR isotype in the brain, PPAR $\gamma$  has been the most extensively studied by using clinical applicable therapeutics in brain injury and degenerative models. The application of PPARy agonists has been significantly investigated in rodent models of Alzheimer's disease. Findings indicating improvement in amyloid beta burden as well as neurodegeneration have allowed PPARy agonists to offer promise at the clinical levels. Clinical investigations using PPARy agonists have revealed a significant reduction in amyloid beta and tau pathology measured in patient samples suffering from AD [58, 59]. More recently, PPARs have been demonstrated to modulate inflammation by inhibiting the production of pro-inflammatory molecules by peripheral immune cells as well as resident inflammatory cells. Furthermore, PPAR agonists have effectively suppressed the development of CNS inflammation in animal models of neuroinflammation and neurodegeneration [60]. In line with this oral administration of the pioglitazone (PPARy), agonist nullified glial cell activation and the accumulation of A $\beta$ -positive plaques in the hippocampus and cortex [61]. However, the protective signaling mechanisms mediated by central PPARy activation resulting in improved cognition in AD have not been extensively investigated. Furthermore, PPARy agonist has been observed to improve cognitive deficits in AD but is limited due to its poor bioavailability in the brain and off-target effects [62, 63].

Furthermore, failures at the clinical level and trials have quenched the clinical applicability of these agonists and have negated volumes of findings verifying these therapeutics for mitigating pathology and neurodegeneration associated with AD. Therefore, there is a perilous need to develop novel PPAR-targeted agents that display improved bioavailability and tolerability. To understand the significance of the chemical interactions on pharmacological consequences will help develop newer PPAR agonists for different cellular targets. Currently, no SPPAR $\gamma$ Ms have been applied to the clinical level, and mechanistically it remains unclear how to achieve selective PPAR $\gamma$  activation. The current review discusses the role of PPAR in modulating the pathologies of AD followed by SPPARMs under development for treating AD.

## 10.10 PPARS for Alzheimer's Disease: Overview of AD

The manifestation of clinical symptoms associated with AD is due to years of pathological markers related to AD. For example, the development of AD is thought to be due to the amyloid beta cascade, which involves amyloid beta deposition and damage and leads tau hyperphosphorylation. However, alternative signaling mechanisms associated with the development and progression of pathological mechanisms promote development of clinical AD [64]. Therefore, therapeutics with multi-targets of action against AD pathology may offer potential for treatment of AD (Fig. 10.5).

### **10.11 PPARs and Neuroinflammation**

Neuroinflammation is now considered one of the hallmark's early mediators for developing the pathological process of AD [65]. The inflammatory process is associated with abeta plaque formation as well as microglial activation. Over time, the increase in inflammatory signals associated wit microglia or infiltrating monocytes and macrophages induces cytokine expression and reactive oxygen species in neurons, resulting in spine loss and reduced neural plasticity (Fig. 10.6). The development of memory dysfunction in the later stages of AD is correlated with the levels of synaptic destruction and severity of tau pathology [67]. Therefore, an ideal AD drug would target multiple facets of the disease including Aß formation and/or clearance, provide anti-inflammatory properties, and reduce tau-related pathologies. However, failures at the clinical level in late-stage AD clinical trials have encouraged researchers to focus on prophylactically administration of PPARy agonists in the pre-symptomatic phase where  $A\beta$  and inflammation play a critical role in the neurodegenerative process and progression. One of the many potential characteristics of PPARy is to suppress inflammatory signaling pathways in immune cells [68, 69]. For example, PPAR $\gamma$  activation reduces the A $\beta$  burden by inducing microglial phagocytosis of Aß and consequences in reduced cytokine levels as well [70]. In addition, the activation of PPAR $\gamma$  suppresses transcription factors associated with neuroinflammation including nuclear factor-kB, Stat-1, and transcription factor activator protein-1 [71]. Additionally, PPARy also downregulates cyclooxygenase-2 (COX-2), metalloproteinase-9 (MMP-9), inducible nitric oxide synthase (iNOS), pro-inflammatory cytokines, chemokines, and interleukins [72, 73]. Similarly, the anti-inflammatory effects of full PPARy agonists including rosiglitazone and pioglitazone were observed to be efficacious in several rodent models [74]. Specifically, pioglitazone reduced A<sup>β</sup> levels as well as astrocyte and microglial activation in the cortex and hippocampus in APP<sub>695</sub>SWE mice that are associated with over-expression of A $\beta$  and TGF- $\beta$ 1 [75]. Mechanistically, PPAR $\gamma$  reduces macrophage polarization from M1 to M2, in neurodegenerative diseases. M1



**Fig. 10.5** nTZDpa a partial agonist bound within the PPAR $\gamma$  LBD. Partial agonism of the PPAR $\gamma$  LBD progresses in the absence of interactions with the full AF-2 domain. Therefore full stabilization of the AF-2 domain stabilization by the ligand is not required for PPAR $\gamma$  activation. Binding to the ARG288 and SER342 permits stabilization to occur between the RXR-LBD and DBD, and dimerization can proceed. However the recruitment of coactivators may be a factor that arise in regulating gene transcription because of partial agonism PDB(3DZY) [10]

microglia are pro-inflammatory and neurotoxic via secretion of pro-inflammatory cytokines including interleukin IL-1 $\alpha$ , IL-1 $\beta$ , tumor necrosis factors (TNF), and nitric oxide (NO) (Fig. 10.6). The alteration of microglia polarization axis from M1 to M2 when treated with PPARy agonist results in increased anti-inflammatory gene expression profile and increased neurotrophin expression [76, 77]. Surprisingly 12-month-old APP/PS1 mice treated with pioglitazone showed a significant alteration of M1 to M2 microglial in the area surrounding A $\beta$  deposits and a reduction in GFAP-immunopositive astrocytes adjacent to the amyloid plaques [78]. These data validate PPARy agonist inducing an anti-inflammatory phenotype in microglia and astrocytes and in the process also facilitate the removal of  $A\beta$ pathology. However, further research in understanding the mechanisms how TZDs and PPARs confer their anti-inflammatory properties for AD will fill the gaps in knowledge for how newer PPAR agonists can be developed. For example, PPAR $\delta$  is the most prominent form of PPAR expressed in the brain from the PPAR family. To this, GW501516, a potent PPAR<sup>8</sup> agonist, demonstrated anti-inflammatory activity [79]. Alternatively, a study by Malm et al. applied a short-term treatment of a PPARd agonist GW0742 to 5XFAD mice and observed a reduction in the parenchymal Aß load. This was associated with a decrease in overall microglial activation (M1 levels) and reduction in pro-inflammatory cytokines. Instead, microglial immunoreactivity around A $\beta$  deposits was increased [80]. Importantly, the reduction in the pro-inflammatory condition induced by GW0742 resulted in reduction of neuronal loss in the 5XFAD mice.



Fig. 10.6 Schematic illustration demonstrates that (1) microglia polarization/activation from M2 to M1 results in secretion of cytokines. Increased cytokines and neuroinflammation are associated with the progression of Alzheimer's disease which is associated with the resulting synaptic deficits and loss in dendritic spines. (2) Further advancement in spine loss potentiates neuronal degeneration. (3) PPAR $\gamma/\delta$  agonists are known to reduce neuroinflammation and induce an increase in neurotrophins, including BDNF [66]. (4) The neurotrophins then enhance spine formation resulting in increased spine density

# 10.12 PPARs and Microglia and Neurotrophins

Microglia are associated with synaptic pruning by regulating spine formation and reduction as a normal process associated with alterations in memory and aging. However advancing AD from moderate to severe stages is highlighted by the development of synaptic deficits and memory impairment. Moreover, neuronal plasticity is associated with synaptic dysfunction, which is due to the loss of dendritic spines. However, neurotrophins mediated by microglia are significantly involved in regulating spine formation and dendritic spine density (Fig. 10.6). Brain-derived neurotrophic factor (BDNF), a major neurotrophin, is known to progressively decrease in expression as AD progresses from moderate to severe stages of AD [81]. Microglia are central mediators associated with inducing neurotrophins including BDNF. Rosiglitazone has been shown to prevent dendritic spine loss and improve synaptic function in hippocampal neurons treated with A $\beta$  oligomers [82]. These findings can be explained mechanistically by the findings that demonstrated ligand activation of PPAR $\gamma$  induced the BDNF promoter in a

dose-dependent manner [66]. Supportive findings from alternative studies in A $\beta$ -injected rats treated with pioglitazone demonstrated reduced levels of active caspase-3 and enhanced BDNF levels yielding improved synaptic plasticity [83]. These observations suggest that PPAR $\gamma$  agonists prevent the development of synaptic deficits by improving BDNF expression and the resulting dendrite spine density.

Alternative protective signaling mechanisms are observed in studies that confirm that the full PPAR $\gamma$  agonist, rosiglitazone, increases the expression of neurotrophic factor- $\alpha$ 1 (NF- $\alpha$ 1), a neuroprotective protein, which results in the increase of the pro-survival protein BCL 2 expression in the hippocampus [84]. These observations are important because the use of PPAR $\gamma$  agonists improves mitochondrial function and synaptic plasticity and mitigates memory loss. In summation, PPAR $\gamma$  agonism can promote mitochondrial viability while also improving metabolic and energy regulation, modulate neuroinflammation, stimulate spine growth, and clear toxic A $\beta$ from the brain [85]. Findings from our lab has observed that direct PPARg activation induces an increase in BDNF and the ensuing post-synaptic density marker 95 (PSD95), thus representing an increase in spine formation [66].

### 10.13 PPARS, TREM2, and Amyloid Beta

Dysfunction of microglial appears implicit to the etiology of late-onset Alzheimer's disease (LOAD), as explained in findings from genetic studies that discovered variants in LOAD risk-associated genes that are highly expressed in microglia [86, 87]. One gene in particular from the study, the triggering receptor expressed on myeloid cells 2 (TREM2), a single-pass transmembrane immune receptor was observed to be expressed selectively in microglia within the CNS. TREM2 is a phagocytic receptor and has been demonstrated to be involved in the phagocytosis of apoptotic neurons (Fig. 10.7). However, recent findings demonstrate that TREM2 over-expressing macrophages accumulate on Aß plaques where they exhibit an inflammatory phenotype yet paradoxically and phagocytically ineffective, as verified by the progressive increase in plaque burden through the course of the disease. Conversely, work by Zhao et al. has observed that TREM2 directly binds to Aβ oligomers with high affinity [88]. Further that TREM2 deficiency results in preventing Aß degradation in primary microglial culture and in TREM 2 knock-out mice. It is well known that TREM2 suppresses inflammatory gene expression, based on findings from knockdown or genetic knock-out models of TREM2 that show higher levels of pro-inflammatory cytokines and increased levels of Aß accumulation [89-91]. Thus, neurobiological functions of TREM2 and its pathophysiological ligands remain controversial and need further investigation to understand the role of TREM2 in AD. Clinically, TREM2 levels are regulated by proteolytic cleavage by ADAM10 and ADAM17 at the amino acids His157-Ser158 peptide bonds, resulting in the release of the soluble TREM2 (sTREM2) into cerebrospinal fluid [92, 93]. This soluble form of TREM2 is considered a new biomarker for AD because it is abundantly detected in human cerebrospinal fluid (CSF) and its levels are elevated

in the CSF of patients with sporadic AD [94, 95]. Recent work by Savage et al. [95] provides evidence that nuclear receptors (PPAR $\gamma$  and PPAR $\delta$ ) act to stimulate the A $\beta$  plaques from the brain, by inducing the expression of the phagocytic receptors Axl and MerTK on macrophages. The observation that these cells are from circulating monocytes and express TREM2 suggests that the actions of TREM2 and myeloid cells are involved in ameliorating AD pathogenesis. Additionally, Wang et al. observed that brain-residing TREM2 over-expressing microglia sense lipids that accumulate during A $\beta$  deposition and thus more efficiently clear the A $\beta$  plaques [96]. Further work on understanding the neuroprotective signaling mechanism of TREM 2 is required, including understanding the mechanism and consequence of PPAR-mediated increase in expression of TREM2 on reducing A $\beta$  and tau phosphorylated levels in AD (Fig. 10.8).

**PPARs and Astrocytes** Astrocytes play a crucial role in brain homeostasis. Among other functions, they provide metabolic support for neurons, uptake neurotransmitters such as glutamate, and blood-brain barrier maintenance [97]. Similar to microglia, astrocytes rapidly react to a wide array of insults or damaging events. Reactive astrocytes, which are characterized by increased expression of glial fibrillary acidic protein (GFAP), a constituent of the intermediate filaments, are typical of most brain pathologies. Thus, astrocytes represent an important target for anti-inflammatory and neuroprotective therapeutic strategies. In addition, rosiglitazone and the non-TZD agonist L-796,449 induced a concentration-dependent increase in glutamate transporter EAAT2/GLT-1 expression and glutamate uptake in primary rat astrocytes, which may help in improving the glutamate dysregulation associated with the progression of AD from mild cognitive impairment to full dementia



Fig. 10.7 Schematic illustration demonstrating that PPAR $\gamma$  ligands promote amyloid beta clearance by microglia. Mechanistically, PPAR $\gamma$  agonists induce an increase in TREM2 expression by transcriptional regulation. The increase in TREM2 via Syk-PI3K signaling results in diffuse and reduced levels of amyloid beta plaques in the brain by microglia activity



Fig. 10.8 Schematic illustration shows that (1) glutamate regulation is compromised in moderate to late stages of AD. (2) PPAR $\gamma$  ligands can induce an increase in expression of GLT1/EAAT2 glutamate uptake receptor in astrocytes. (3) The increase in surface levels of GLT1/EAAT2 receptors results in improved glutamate handling in the synaptic cleft

(Fig. 10.2). In addition, the authors identified six putative PPREs in the promoter region of GLT1/EAAT2 gene, suggesting GLT1/EAAT2 glutamate transporter is a novel PPAR $\gamma$  target gene [98]. These findings suggest that PPAR ligands can reduce glutamate-mediated neurotoxicity; however critical intervention with the ligands will offer protection against the progression of glutamate-mediated cytotoxicity.

#### 10.14 Conclusion

PPARs offer a unique advantage in treating disease states brought on by chronic inflammation and metabolic dysregulation. Current clinical PPAR therapeutics offer a molecular tool to investigate PPAR roles in neurodegenerative pathologies, yet barriers remain with these compounds as CNS activity is poor at best. High dosages required to achieve CNS activity only compound the unwanted systemic side effects seen at normal therapeutic levels, further complicating in vivo results. Advancements in the design and development of novel selective PPAR agonists may allow researchers clinically relevant compounds that are capable of achieving more efficacious CNS activity without excessive dosing. Achieving selective PPAR agonism may also be beneficial as specific gene transcription can avoid systemic

side effects and elicit cellular-specific gene profiles in targeting various stages of disease pathology. When designing novel selective PPAR agonists, a greater emphasis on understanding the specific roles each arm in the PPAR LBD plays in the ability to recruit coactivators and promotes gene transcription is imperative. PPARs have long been stigmatized as clinically irrelevant therapeutics, but lack of understanding on how to regulate such a powerful molecular tool should not rule out further investigation. Furthermore, understanding the dynamic roles of PPARs in immune cell regulation is crucial to mitigate the pro-inflammatory signaling cascade and improve tissue regeneration. Energy dysregulation and metabolism are at the heart of all disease pathologies, and PPARs offer a unique tool to modulate reorganization of metabolic pathways in various tissue types.

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