



# Acidum fumaricum

**Fumaricum acidum, Fumaric acid, 2-Butenedioic acid, Allomaleic acid, Donitic acid, Lichenic acid**

*David S. Riley*

**Important Proving Symptoms and Themes Noted by the Investigators** Symptoms from this proving are noted for their effect on the upper respiratory system: hoarseness, dry cough, sore and raw throat, sneezing, catarrh, head heaviness, and difficult breathing. Many varied food desires. Vertigo. Headaches. Nausea.

**Mind** Anxiety or improvement of anxiety about finances. Angry and hurried. Sulky and indifference with aversion to company. Active concentration. Fear that something bad is about to happen or of being injured. Irritability without reason. Mild and quiet during stress. Sensitive to others. Shrieking during an ill mood or able to scream with anger. Talking in sleep. Rapid thoughts as from drinking coffee.

**Vertigo** Light-headed. Vertigo while standing.

**Head** Headaches, worse in the forehead. Pressing headaches, better by eating. Heaviness of the head. Pimples above the eyebrow. Fullness on the forehead and vertex. Pressing head pain in the forehead and vertex. Waking with headache.

**Eye** Thick discharge with lachrymation. Sleeping with the eyes open. Lacrimation and itching from the right eye. Twitching of left eye.

**Vision** Blurred vision with vertigo.

**Nose** Sneezing. Catarrh extending to the frontal sinuses associated with a post-nasal drip from allergies.

**Face** Acne or pimples on the chin. Tingling sensation on the face and lips.

**Mouth** Dryness with thirst.

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**Taste** Alternations of the sensation of taste in the mouth. Metallic taste in the mouth.

**Throat** Sore throat, worse when swallowing. Raw sensation in the throat. Heaviness in the throat. Sense that there is a lump in the throat. Raw, painful throat. Scratchy pain. Swollen sensation. Weakness of throat when talking.

**Stomach** Nausea, worse before or after eating, while fasting. Increased thirst. Diminished appetite. Burping.

**Abdomen** Distention of the abdomen. Painful flatulence, worse in the evening.

**Rectum** Constipation with straining or improvement of constipation. Flatus in the morning. Ineffectual urging.

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**Stool** Hard or small stools. Flakey stools, difficult to eliminate. Explosive stools. Elongated stools. Loose stools.

**Bladder** Bladder pain before and during urination.

**Urethra** Sharp pain in the urethra during urination.

**Urine** Blood in the urine.

**Female** Gushing vaginal discharge. Increased frequency of menses. Improvement of painful menstrual cramps.

**Larynx & Trachea** Hoarse, weak, or lost voice. Difficult speaking as from weakness, worse after talking.

**Respiration** Breathing difficult during exertion.

**Cough** Dry cough with allergies.

**Expectoration** Thick and yellow from allergies.

**Chest** Sharp chest pain behind and under the sternum. Sense of pulsation in the region of the heart. Palpitation on going to sleep. Pressure as a weight on the chest. Sensation of emptiness in the chest.

**Back** Pain in the sacroiliac joint on the right side. Twisting, pressing pain in the sacroiliac joints; worse while standing, better with motion.

**Extremities** Swelling in the fingers, especially the joints. Weakness of the lower limbs.

**Sleep** Sleeping on the left side. Restful sleep. Waking frequently or with the desire to urinate.

**Dreams** Dreams of giving birth, flying, clairvoyant events, cutting injuries, forests. Vivid dreams.

**Generalities** Desire for strong tasting food, salt, cheese, sausages, yogurt, and sweets. Feeling of weakness, or relaxation that leads to sleep. Excessive physical irritability as from coffee.