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## **Acidum succinicum**

## Succinicum acidum, Succinic acid, Amber acid, Butanedioic acid

David S. Riley

Important Proving Symptoms and Themes Noted by the Investigators Dreams of being chased by robbers or wild animals. Irritable when people place too many demands on them. Pains in the area of the ileocecal valve. Aching in the lower extremities. Tearing in both eyes. Painful dryness inside the nose with bloody discharges, crusts, or epistaxis. Constipation with straining and feeling of incomplete evacuation. Upset stomach with the desire to vomit. Loose stool. Aching in lower left molars or upper left teeth.

Mind Anxiety about health of loved ones. Fear of leaving home. Irritability when demands are placed upon the person. Sensitive to body odors.

**Head** Congestion as if a cold is coming on. Head pain in forehead or temples. Sharp or dull pain. Pain on waking.

Eye Agglutination of eyes in the morning. Lacrimation. Itching.

**Ear** Stopped-up sensation like with cotton or with air pressure in the right ear. Increased cerumen. Hot feeling inside.

**Nose** Cracks in tip or inside from dryness. Bloody discharge or crusts in the nose. Dryness inside that is painful. Right-sided epistaxis with clots in the morning in the shower.

Smell Acute awareness of others' body odors.

Face Bruising at inner canthus of right eye. Pimples on chin.

**Mouth** Painful aphthae behind lower lip, but does not develop more than one. Bleeding behind front teeth.

**Teeth** Aching in lower left molars or upper left teeth. Appearance of upper left wisdom tooth.

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**Throat** Dryness, itching, or scratchiness on waking. Clearing of throat in evening improves.

**Stomach** Appetite is either increased or decreased. Empty, hungry feeling with rumbling. Gnawing pain. Upset stomach with the desire to vomit.

**Abdomen** Full sensation. Pain in ileocecal region is burning or prickling, or twinging. Sore and bruised sensation around umbilicus.

**Rectum** Constipation and must strain or no urge. Fullness. Feeling of incomplete evacuation.

**Stool** Hard or soft. Loose stool, or loose stool is more formed. Sticky. Green.

**Bladder** Improvement of nighttime waking to urinate.

Urine Frothy.

**Female** Spotting at time of menses but without flow of blood.

**Larynx & Trachea** Hoarseness in the morning.

**Chest** Waking with chest pain under right breast that is sharp and deep on inhalation. Hard heartbeat. Boil-like pimples on chest.

**Back** Pimples that are inflamed and tender. Sore and bruised sensation between the scapulae.

**Extremities** Itching rash on left hand. Hip stiffness on waking. Aching of hip joints while standing. Aching when standing in ball of right foot.

Sleep Not waking at the usual 3 a.m. time but more toward morning. Improvement of nighttime waking to urinate. Waking from sleep with laughter.

**Dreams** Dreams of being pursued by robbers or chased by wild animals. Vivid dreams.

Skin Boil-like pimples.

**Generalities** Tendency to take cold. Desire for cold drinks, especially tea, for fruit, rich foods, or vegetables. Aversion to sweet drinks.