

# Cascaded Framework with Complementary CMR Information for Myocardial Pathology Segmentation

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Abstract. Myocardial pathology segmentation in cardiac magnetic resonance (CMR) is an important step for patients suffering from myocardial infarction. In this paper, we present a cascaded framework with complementary information for infarcted and edema regions segmentation in CMR sequences. Specifically, instead of using all the three CMR sequences as joint inputs, we first use a 2D U-Net with balanced-Steady State Free Precession (bSSFP) cine sequence to segment the whole heart (left ventricle and myocardium) because bSSFP can capture cardiac motions and present clear boundaries. Then, we crop the whole heart as a region of interest (ROI). Finally, we segment the scar and edema regions in the late gadolinium enhancement (LGE) and T2 CMR sequence ROI. We evaluate the proposed method on MICCAI 2020 MyoPS testing set and achieve Dice scores  $0.6283 \pm 0.2772$  for scar and  $0.5419 \pm 0.2406$  for the combination of edema and scar, which is better than the interobserver variation of manual scar segmentation ( $0.5243 \pm 0.1578$ ).

**Keywords:** Segmentation  $\cdot$  Myocardial pathology  $\cdot$  Cascaded framework

### 1 Introduction

Quantitative assessment of myocardial viability is essential in the diagnosis and treatment management for patients suffering from myocardial infarction (MI). Cardiac magnetic resonance (CMR) is particularly used to provide imaging anatomical and functional information of heart, such as the late gadolinium enhancement (LGE) CMR sequence which visualizes MI, the T2-weighted CMR which images the acute injury and ischemic regions, and the balancedSteady State Free Precession (bSSFP) cine sequence which captures cardiac motions and presents clear boundaries. Combining these multi-sequence CMR data can provide rich and reliable information as well as morphological information of the myocardium [9].

One of the important tasks is to segment the myocardium into different regions, including normal myocardium, infarction and edema, from multisequence CMR dataset. Manual annotation is generally time-consuming, tedious

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and subjects to inter- and intra-observer variations. Thus, fully automatic segmentation method is highly desired in clinical practice. Figure 1 presents some images from different CMR sequences and the corresponding edema and scars annotations. It can be observed that the intensity appearances vary significantly among different sequences, and the both edema and scars have ambiguous boundaries and low contrast. Thus, it is very challenging to automatically segment them.



**Fig. 1.** Visual examples of different CMR sequence images. C0, DE, and T2 stand for the balanced-Steady State Free Precession (bSSFP) cine sequence, the late gadolinium enhancement (LGE) CMR sequence, and the T2-weighted CMR, respectively. In the second row, the gray and light green color denote myocardial edema and myocardial scar respectively. (Color figure online)

To the best of our knowledge, most of CMR segmentation related studies focus on left ventricle, right ventricle, and myocardium segmentation [1,2,10], little work has been done in the fully automatic cardiac pathology segmentation [4,5,8]. Zhuang [8] proposed a multivariate mixture model and maximum of log-likelihood framework for simultaneous registration and segmentation of multi-source CMR images, achieving a Dice score of 0.4779  $\pm$  0.1855 for scars segmentation. Recently, Li et al. [5] proposed a new framework of scar quantification based on surface projection and graph-cuts framework, achieving a mean accuracy of 0.856  $\pm$  0.033 and mean Dice score of 0.702  $\pm$  0.071 for LA scar quantification.

### 2 Method

This paper focuses on myocardial scar and edema segmentation from the following three CMR sequences

- C0 sequence; It is a balanced steady-state, free precession (bSSFP) cine sequence, which captures cardiac motions and presents clear boundaries;
- DE sequence; It is late gadolinium enhancement (LGE) CMR sequence, which visualizes myocardial infarction (MI);
- T2 sequence; It is T2-weighted CMR, which visualizes acute injury and ischemic regions.

One of the main challenges is how to combine these multi-sequence CMR data and exploit rich and reliable information regarding to the pathological as well as morphological information of the myocardium.



**Fig. 2.** Pipeline of the proposed method. Due to C0 sequence can present clear boundaries of left ventricular (LV), we first use a 2D U-Net to segment whole LV from the C0 sequence, including LV blood pool and myocardium. Then, we crop the LV region of interest (ROI) from DE sequence and T2 sequence. The pathology is relatively more clear in DE and T2. Thus, a new 2D U-Net is used to segment the scars and the combination of scars and edema from the DE sequence and T2 sequence.

Motivated by the characteristics of different CMR sequences, we propose a cascaded framework for myocardial edema and scar segmentation, which can exploit the complementary information of the three CMR sequences. Figure 2 presents the whole pipeline of the proposed method. Specifically, the proposed method contains three steps<sup>1</sup>:

- Step 1 (whole LV segmentation). Train a 2D U-Net [6] to segment the whole LV (including left ventricular blood pool and myocardium) from C0 sequence, because the heart boundary is clear in this sequence;
- Step 2 (creating ROI). Crop LV region of interest (ROI) from DE and T2 sequence based on the segmentation results in step 1. In this way, the unrelated background can be excluded;
- Step 3 (scar and edema segmentation). Train a new 2D U-Net to segment the scar and edema from DE and T2 sequences because the pathology is more clear in the two sequences. Specifically, DE and T2 sequences are combined as two channels and then input to the network.

<sup>&</sup>lt;sup>1</sup> In step 1 and step 3, the networks are trained end-to-end, while the whole framework is not end-to-end.

## 3 Experiments and Results

### 3.1 Dataset and Training Protocols

**Dataset.** Three-sequence CMR from 45 patients [7,8] are involved in this study. Specifically,

- C0 sequence generally consists of 8 to 12 contiguous slices, covering the full ventricles from the apex to the basal plane of the mitral valve, with some cases having several slices beyond the ventricles. The typical parameters are as follows, TR/TE: 2.7/1.4 ms; slice thickness: 8–13 mm; inplane resolution: reconstructed into  $1.25 \times 1.25$  mm.
- DE sequence consists of 10 to 18 slices, covering the main body of the ventricles. The typical parameters are as follows, TR/TE: 3.6/1.8 ms; slice thickness: 5 mm; in-plane resolution: reconstructed into  $0.75 \times 0.75$  mm.
- T2 sequence generally consists of a small number of slices. For example, among the 35 cases, 13 have only three slices, and the others have five (13 subjects), six (8 subjects) or seven (one subject) slices. The typical parameters are as follows, TR/TE: 2000/90 ms; slice thickness: 12–20 mm; in-plane resolution: reconstructed into  $1.35 \times 1.35$  mm.

The number of training cases is 25, and the remained 20 cases are used for testing. During preprocessing, we apply z-score to separately normalize each sequence.

We employ nnU-Net [3] as the main network. Due to the fact that the CMR data has large slice thickness, 2D U-Net is more suitable in this task. During training, the patch size is  $112 \times 112$  and batch size is 6. We apply five-fold cross validation in all experiments. Each fold is trained on a TITAN V100 GPU.



Fig. 3. Visual examples of the whole LV segmentation results.

Fold	0	1	2	3	4	Average
Dice	0.9651	0.9613	0.9558	0.9659	0.9665	0.9629

Table 1. Five-fold cross validation results of the whole LV segmentation.

#### 3.2 Five-Fold Cross Validation Results of the Whole LV Segmentation

Table 1 shows five-fold cross validation results for the whole LV segmentation, and Fig. 3 presents some examples of the segmentation results. It can be found that the segmentation results are quite accurate, where the average Dice score in each fold is more than 0.95. The high LV segmentation accuracy can insure that all the myocardial lesions (scar and edema) are included in the segmentation ROI. Thus, when we crop the LV ROI from DE and T2 CMR sequences based on the segmentation results.

#### 3.3 Five-Fold Cross Validation Results of the Pathology Segmentation

Table 2 shows the five-fold cross validation results of scar and edema segmentation. We conduct two groups of experiments: only using DE CMR sequence and using both DE and T2 sequence. Results show that using two sequences can obtain better performance, especially for Edema + Scar, with up to 10% improvements in terms of Dice.

Sequence	Fold	Scar Dice	Edema + Scar Dice	
DE 0		0.5608	0.5372	
	1	0.6336	0.6049	
	2	0.5176	0.4659	
	3	0.621	0.6332	
	4	0.4675	0.4995	
	Average	0.5601	0.54814	
DE+T2	0	0.5626	0.6512	
	1	0.6864	0.6925	
	2	0.5199	0.5847	
	3	0.6241	0.6931	
	4	0.4912	0.6522	
	Average	0.57684	0.65474	

**Table 2.** Five-fold cross validation results of scar and edema segmentation based on only DE sequence and both DE and T2 sequence, respectively.



Fig. 4. Visual examples of the scar and edema segmentation results from validation set.

Figure 4 presents some examples of the scar and edema segmentation results. The boundaries of edema and scar are very unclear as show in Fig. 4-(a), which are extremely challenging. There are obvious errors in the segmentation results, which is in accordance with the relatively low Dice scores in Table 2.

#### 3.4 Pathology Segmentation Results on Testing Set

Table 3 shows the quantitative segmentation results for each case in testing set. Some cases (e.g., myops\_2204, myops\_2215) obtain good segmentation performance for scar segmentation, with 0.8+ in Dice. However, some cases (e.g., myops\_2207, myops\_2218) are failed with almost zero Dice. Figure 5 presents the box plots to visualize the quantitative results. It should be noted that the Dice of Edema + Scar is significantly worse than the Dice of Scar, indicating that the segmentation results of edema is much more worse than scar. Figure 6 presents some visualized segmentation results of edema and scar.



Fig. 5. Box plots of testing set segmentation results.

Cases	DE		DE+T2	
	Scar Dice	Edema + Scar Dice	Scar Dice	Edema + Scar Dice
myops_2201	0.6468	0.5455	0.5580	0.4367
myops_2202	0.1721	0.4020	0.0949	0.2583
myops_2203	0.5212	0.4981	0.5086	0.3762
$myops_2204$	0.8446	0.6497	0.7453	0.5704
myops_2205	0.6829	0.6616	0.7479	0.6660
$myops_2206$	0.7602	0.7650	0.8490	0.7861
$myops_2207$	0.0000	0.1789	0.0000	0.0000
myops_2208	0.7796	0.6970	0.7148	0.6631
myops_2209	0.6947	0.5995	0.8222	0.6716
myops_2210	0.2754	0.0667	0.2574	0.1453
$myops_2211$	0.8289	0.7182	0.8583	0.7013
myops_2212	0.8307	0.6499	0.8962	0.6610
$myops_2213$	0.4314	0.3867	0.2912	0.2681
$myops_2214$	0.4294	0.3171	0.7333	0.5605
$myops_2215$	0.9076	0.8730	0.8938	0.8652
$myops_2216$	0.5432	0.4689	0.6848	0.6075
$myops_{2217}$	0.8107	0.7558	0.8327	0.7463
$myops_2218$	0.1593	0.1478	0.3782	0.3135
myops_2219	0.8289	0.8178	0.7876	0.7820
myops_2220	0.7517	0.7389	0.8516	0.7587
Average	0.5950	0.5469	0.6253	0.5419
Standard deviation	0.2680	0.2328	0.2772	0.2406

Table 3. Quantitative scar and edema segmentation results on testing set.



Fig. 6. Visual examples of the scar and edema segmentation results on testing set.

### 4 Conclusion

Myocardial pathology segmentation is a challenging task due to its unclear boundaries and low contrast in CMR sequences. In this paper, we designed a cascaded framework that enables to utilize the complementary informations in 166 J. Ma

different CMR sequences. Experiments on MICCAI 2020 MyoPS testing dataset show that the proposed method can achieve better performance than the interobserver variation.

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