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# **Notch in Head and Neck Cancer**

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#### **Abstract**

Head and neck cancer is a group of neoplastic diseases affecting the facial, oral, and neck region. It is one of the most common cancers worldwide with an aggressive, invasive evolution. Due to the heterogeneity of the tissues affected, it is particularly challenging to study the molecular mechanisms at the basis of these tumors, and to date we are still lacking accurate targets for prevention and therapy. The Notch signaling is involved in a variety of tumorigenic mechanisms, such as regulation of the tumor microenvironment, aberrant intercellular communication, and altered metabolism. Here, we provide an upto-date review of the role of Notch in head and neck cancer and draw parallels with other types of solid tumors where the Notch pathway plays a crucial role in emergence, maintenance, and progression of the disease. We therefore give a perspective view on the importance of the pathway in neoplastic development in order to define future lines of research and novel therapeutic approaches.

#### **Keywords**

Notch pathway · Oral epithelium · Oral mucosa · Epithelial Notch · Oral cancer · Carcinoma · Squamous cell carcinoma · Cell-to-cell interaction · Intercellular communication

# **Abbreviations**





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# **Introduction**

Head and neck cancers (HNCs) represent a group of neoplastic diseases affecting different tissues and organs in the head and neck anatomical region. An estimated 5.5 million people are affected by HNCs with a poor prognosis of survival (379.000 deaths in 2015). More than 90% of HNC are carcinomas that mainly emerge from the epithelial wall of the oral cavity, although several other tissues, such as the nasal cavity, pharynx, larynx, and salivary glands, can also be affected (Sun et al. [2014](#page-21-0); Mazur et al. [2010;](#page-19-0) Maliekal et al. [2008;](#page-19-1) Zagouras et al. [1995\)](#page-22-0). Carcinogenesis is often triggered by chronic exposure to tobacco or alcohol, but it might also be associated with viral infections, commonly the human papillomavirus (HPV) infection (Rivera [2015](#page-20-0); Bratman et al. [2016](#page-15-0); Wang et al. [2019\)](#page-21-1). Alcohol dissolves the lipid barrier in the external part of the epithelium and is metabolized into acetaldehyde, which in turn reacts with DNA molecules to induce damage (including adducts, single- and double-strand breaks, and point mutations) (Rivera [2015](#page-20-0); Hunter et al. [2005\)](#page-17-0). Similarly, tobacco-derived carcinogens (such as benzopyrenes, aromatic amines, and nitrosamines) covalently bind DNA, inducing gene mutations (Brennan et al. [1995\)](#page-15-1). Finally, chemical exposure reduces the local immune surveillance, and local inflammation increases susceptibility to cancer development (Rivera [2015;](#page-20-0) Wang et al. [2019](#page-21-1)). Thus, chemically promoted DNA damage often results in an aberrant repair process, consequently causing uncontrolled proliferation and dysplasia of the epithelial layers (Hunter et al. [2005](#page-17-0)).

Conversely, infections with HPV require the presence of a preexisting wound, which allows the virus to reach the basal cell layer and integrate its dsDNA into the DNA of the host cell, ultimately exploiting the proliferative machinery of the epithelial tissue (Bratman et al. [2016;](#page-15-0) Bodily and Laimins [2011](#page-15-2)). Abrasion through mastication is a common cause of wound occurrence, and therefore the tongue and oral mucosa are the most common sites of cancer development (Ferlay et al. [2015;](#page-16-0) Ndiaye et al. [2014](#page-19-2)).

Less common neoplasms of the head and neck region include odontogenic tumors and tumors of the salivary glands. Salivary gland tumors represent 6% of all HNC and mainly occur in the parotid gland. A substantial risk factor for the development of a salivary gland tumor is exposure to ionizing radiation, which is typically used in radiotherapy. Odontogenic tumors are a heterogeneous group arising specifically in the jaw and are classified based on their peculiar ability to generate aberrant interconnection between ectomesenchyme and epithelium. Malignant odontogenic tumors are quite rare; however their benign counterparts are able to infiltrate surrounding structures, alter their architecture and function, and ultimately evolve into malignancy. Of the most common types of odontogenic tumors, the ameloblastoma and intraosseous carcinoma have epithelial origin and involve progression from altered odontogenic epithelium or an odontogenic cyst (Wright and Soluk Tekkesin [2017\)](#page-21-2).

# **Histology of Craniofacial Epithelium**

Epithelium lining the respiratory and digestive tract is often formed by squamous cells, of the simple or stratified type. Simple squamous cells line the air sacs of the lungs, but also of the heart, blood and lymphatic vessels and are characterized by a single layer of epithelial cells resting on the basal lamina. Stratified squamous cell epithelium is found in the oral and nasal cavity, but also in the esophagus, skin and vaginal walls. In contrast to the simple version of squamous epithelium, the stratified epithelium is composed of several overlapping layers of flattened cells, of which the first layer is in direct contact with the basement membrane. Cells are bound together by tight junctions with very limited or absent intercellular space. These structures allow resistance to constant abrasion and are normally found in areas where the physical barrier of the body meets the external environment. The continuous exposure to sheering forces induces the elimination of older cells from the external layers. As a

result, stem and progenitor cells located in the deep basal layers undergo a proliferation stage and progress further in their maturation process, replenishing the outer layers of the stratified epithelium. Therefore, this type of epithelium faces a fast turnover, with cycles of stem cell activation, increased proliferation, and differentiation occurring in a finely coordinated manner.

In the head and neck region, the protective layers of a stratified squamous cell epithelium are the major protective structure of the tongue, oral mucosa, internal portion of the lips, larynx, and pharynx (Fig. [7.1](#page-3-0)). Similarly to specialized skin, the oral mucosa is additionally protected by a keratinized external layer. Cytokeratins (cK) are fibrous structural proteins abundant in epithelial cells, and the expression of specific keratins within a tissue determines both the type of cell and the function of the tissue. High levels of keratins increase the endurance of epithelium to mechanical stress and at the same time preserve hydration of its deeper layers. The basal epithelial cell layer, called the stratum basale, contains slow-cycling stem cells that are anchored to the basement membrane. The larger portion of the stratified epithelium is composed of several layers of proliferating progenitors that are generated from stem cells via asymmetric cell divisions and passively displaced toward the surface. When proliferative progenitors differentiate further, they acquire an elongated shape, leading to a tightening of the intercellular space by expression of modified desmosomes in the stratum granulosum. The most external layer of the squamous stratified epithelium is composed of maturing cells that produce and accumulate large amounts of protein aggregates containing keratin filaments. The large amount of aggregates promotes the collapsing and flattening of the corneocytes, while the synthesis of other proteins (involucrin, trichohyalin, and other small proline-rich proteins) continues. Proteins integrate into the plasma membrane, where they physically interact with membrane lipids (ceramides and cholesterol) to provide a waterproof barrier. When desquamation is induced by abrasion, desmosomes are degraded, and cells detach from the epithelial structure.

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**Fig. 7.1 Epithelia in the head and neck region.** Various types of epithelial tissue line the walls of head and neck structures (A). Mesenchyme and epithelia are divided by the ECM-rich basement membrane (brown line), in direct contact with the first layer of immature keratinocytes. Depending on the type of cells found, epithelial tissue is classified as stratified squamous epithelium, cuboidal epithelium, and columnar epithelium. Epithelia exposed to a continuous mechanical stress, such as masticatory mucosa and tongue epithelium (upper and middle left panels),

contain an external layer of deposited keratins to function as protective layer. Simple columnar epithelium is found in the striated ducts of salivary glands (right lower panel), while the intercalated ducts are mainly formed by cuboidal epithelium (right middle panel). A specialized form of columnar epithelium is found in the respiratory epithelium of the nasal mucosa, where cilia work as both a physical barrier to pathogens and are actively engaged in their removal via beating motion

More specialized epithelia characterize other head and neck regions, such as the ciliated pseudostratified columnar epithelium of the nasal cavity, trachea, and upper respiratory tract. Here, a single layer of ciliated columnar epithelial cells is positioned in direct contact with the basal lamina (Fig. [7.1](#page-3-0)). They possess cilia, projections extruding from the cell membrane, which help to

trap particles brought in through respiration. Finally, the secretory function of the salivary glands is supported by cuboidal and columnar epithelia, which are differentially distributed within acini and ducti and are functionally important for the distinct levels of permeability of these structures to ions and water (Fig. [7.1](#page-3-0)) (Porcheri and Mitsiadis [2019\)](#page-20-1).

Epithelial turnover varies greatly depending on the region analyzed (50–75 days in the skin, 4–14 days in the gut, 40–55 days in gingiva, and 25 days in the oral mucosa of the cheek) and correlates with epithelial maturation. Cancer treatment severely affects the dynamics of epithelium maturation and regeneration, as it interferes with mitosis regulation. Upon chemotherapeutic treatment, oral cancers patients often develop ulcers, experience painful conditions, and have difficulty in maintaining oral hygiene, eating, and drinking.

# **Epithelial Notch from Embryo to Cancer**

Mammalian epithelial tissues derive from all three embryonic germ layers and form different anatomical structures (i.e., the epidermis derives from the ectoderm, inner epithelial walls from the mesoderm, and gut epithelium from the endoderm). The epithelium of the head and neck region has a heterogeneous nature from the beginning of its development. The oral mucosa is subdivided into epithelial walls composing palate, floor of the mouth, inner lips, and gingiva, all structures that are derived from the ectoderm. Conversely, the epithelium of the tongue is derived from endoderm and mesoderm (Winning and Townsend [2000;](#page-21-3) Rothova et al. [2012\)](#page-20-2). Embryonic epithelial structures often constitute organ primordia and aid in shaping future functional units as a result of cell-to-cell interactions that coordinate specific molecular program activation, mechanical stimuli, and induction of maturation. During early embryonic stages (gestational week 4 in humans), neural crest cells migrate to the first and second pharyngeal arches to instruct the local epithelial structure in forming bone and cartilage of the face and neck but also pigments and cranial nerves. Once within the pharyngeal arch, neural crest cells surround a specific portion of the epithelium and give rise to odontoblasts, small bones of the middle ear, and thymic cells (Gilbert [2000](#page-17-1)).

The molecular mechanisms involved in the specification of craniofacial epithelium are

largely unknown, but the essential role of cell-tocell communication appears to play a major role in orchestrating maturation and dynamics of epithelial organs. In regard to intercellular communication, the Notch pathway plays an essential role in both inside-out and outside-in molecular activation (Siebel and Lendahl [2017](#page-20-3)). In mammals, four Notch receptors interact with specific ligands (three of the Delta-like type, Dll1, Dll3, Dll4, and two of the Jagged type, Jagged1, Jagged2) to regulate fate determination, survival, proliferation, and regulation of transcription (Fig. [7.2\)](#page-5-0). Upon receptor interaction with the ligand, the intracellular portion of NOTCH is cleaved and transmigrates into the nucleus, where it recruits a transcription complex responsible for regulating the expression of specific target genes (among others of the Hes and Hey family: Hes1–7 and Hey1, Hey2, HeyL).

Specifically, the Notch target family of Hes genes is thought to be involved in the definition of a variety of head and neck structures, as mutations in these genes are involved in palate cleft, frontal bone agenesis, defects in cranial base formation, and proper size definition of lower and upper maxilla. These malformations are associated with an uncontrolled migration and positioning of the neural crest stem cells, which might utilize Hes1 as a regulator of local morphogenesis. Similarly, Hey1 was reported to be expressed in the branchial arches from early to late facial development, where a clear expression is confined to the epithelium of the nasal pit (Carbonell et al. [2018](#page-16-1)).

During embryonic development, several epithelial structures express Notch3 and Notch1 receptors, together with the ligands Jagged1 and Jagged2, and are involved in craniofacial morphogenesis (Zhu et al. [2017\)](#page-22-1). Alagille syndrome patients have mutations in the gene coding for the Jagged1 ligand, resulting in facial hypoplasia and craniosynostosis. Depletion of the Jagged2 ligand results in altered tooth morphogenesis, mainly due to aberrant ameloblast differentiation and poor enamel deposition. Additionally, mutations of the Jagged 2 gene result in the abnormal fusion between palatal processes and the tongue, causing cleft palate. The Notch pathway has a specific

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**Fig. 7.2 The Notch signaling: controlling steps at a glance.** The Notch signaling pathway is a complex pathway with various levels of regulation and fine-tuning. Initially, the immature NOTCH receptor faces a stepwise process of cleavage and glycosylation in the Golgi apparatus, before being exposed to the plasma membrane as a functional molecule. On the cell surface, it interacts with a member of the Delta or Jagged family present on the surface of the juxtaposed cell. Ligands present on the surface of the same cell exposing Notch participate in a more complex level of regulation of the pathway, known as *cisinhibition* (not depicted, for reviews (Bigas and Porcheri

role in the regulation of tongue morphogenesis, where the crosstalk between Notch activity and the canonical Wnt signaling pathway directs the boundary formation between epithelium and mesenchyme, inducing the formation of the lamina propria during tongue organogenesis (Zhu et al. [2017\)](#page-22-1).

Due to the involvement of Notch signaling in epithelial tissue definition and its role in balancing stem cell maintenance and differentiation, its activation is common to a variety of embryonic epithelial structures (Bigas and Porcheri [2018\)](#page-15-3). In particular, the tongue epithelium shares strong similarities with the keratinized epithelium of the skin. From E8.5 in the mouse embryos, ectodermal cells activate the expression of cK5 and cK14 as differentiation markers of keratinocyte fate acquisition (Fuchs [2007;](#page-17-2) Koster and Roop

[2018;](#page-15-3) Bray [2016](#page-15-4))). Activation of the pathway occurs upon receptor-ligand physical interaction, when the receptor undergoes a series of cleavages for the intracellular release of its active intracellular domain (NICD), which then migrates to the nucleus to join the complex for the activation of transcription of Notch-target genes. In the absence of the NICD, the complex works as a repressor of transcription. The NICD is additionally regulated by its transport in the endosomes and final lysosomes degradation, under the control of specialized inhibitor of Notch activity (such as NUMB)

[2007](#page-18-0)). Ectodermal cells at specific locations become columnar (epidermal placode), and interacting mesenchymal cells start to secrete extracellular matrix molecules that will provide an initial lamina upon which the epithelial stratification is built (Wessells and Roessner [1965;](#page-21-4) Stuart and Moscona [1967;](#page-21-5) Stuart et al. [1972;](#page-21-6) Holbrook et al. [1988;](#page-17-3) Kopan and Fuchs [1989\)](#page-18-1). Ectodermal progenitors that acquire keratinocyte fate, start to express the differentiation marker p63 first, followed by keratin 14. Notch signaling is activated upstream of these markers, as blockage of the Notch signaling leads to a failure of keratinocyte differentiation in the mouse embryos (Tadeu and Horsley [2013](#page-21-7); Candi et al. [2005\)](#page-16-2).

Various events occurring during development are recapitulated during tumorigenesis, such as the establishment of a supportive niche for undifferentiated cells, epithelial-to-mesenchymal transition, and change of balance between stem cell maintenance and differentiation (Fig. [7.3](#page-7-0)). The Notch pathway is involved in the regulation of common embryonic and oncogenic processes, and it is therefore not surprising that aberrant expressions of Notch receptors and ligands are hallmarks of several solid tumors, including head and neck tumors (Leethanakul et al. [2000\)](#page-18-2).

Epithelial Notch has been specifically linked to the maintenance of cancer stem cells, the increase in invasion capabilities promoting epithelial-to-mesenchymal transition (EMT), and the constitution of a supportive tumor microenvironment (TME) (Fig. [7.3](#page-7-0)).

## **Notch in Cancer Stem Cells**

Cells with characteristics of self-renewal and multi-fate differentiation have been identified in a variety of cancers, including colon, pancreatic, lung, and prostate carcinomas. Due to their low rate of proliferation, undifferentiated cells inside the tumor can escape chemotherapy and radiotherapy treatments and activate primordial programs for tissue homeostasis. Notch signaling is one of the major pathways involved in preserving undifferentiation of stem cells in both healthy and cancerogenic conditions (Bigas and Porcheri [2018](#page-15-3)) and has been specifically linked to cancer stem cell (CSC) self-renewal (Bolós et al. [2009;](#page-15-5) Wang et al. [2009a;](#page-21-8) Bolós et al. [2007\)](#page-15-6). The Notch pathway increases stem cell survival in a variety of cancers (such as glioma and medulloblastoma (Fan et al. [2006\)](#page-16-3)), and its activity results in induced de-differentiation of committed cells into more undifferentiated progenitors, as well as expansion of the stem cell pool by proliferation (i.e., mammary stem cells and mammospheres (Liu et al. [2005](#page-18-3); Dontu et al. [2004\)](#page-16-4)). A similar role of Notch is preserved in non-epithelial tumors, such as acute myeloid leukemia, where blocking the Notch pathway affects the survival of CD34+/CD38- undifferentiated populations (Gal et al. [2006](#page-17-4)).

Epithelial Notch operates as a stem cell keeper in a variety of tissues, with a few notable exceptions. In the head-neck region and specifically in the oral epithelium, stem cells located in the basal layer express the Notch1 receptor, although genetic depletion of Notch1 was reported to have limited effects on the maturation of normal mucosa. Oral epithelium lacking Notch1, displays unaltered morphology and expression of differentiated keratinocytes markers such as cK13 and cK15 (Barakat and Siar [2015;](#page-15-7) Sawangarun et al. [2018\)](#page-20-4). In oral squamous cell carcinomas, the level of Notch expression correlates with tumor development and severity of dysplasia. In vitro assays based on head-andneck squamous cell carcinoma (HNSCC)-derived spheres showed high expression of Notch1 and its direct role in regulating self-renewal. Overexpression of cleaved NOTCH induces the expression of classical stem cells markers, such as Oct4, Sox2, and CD44, while knockout of Notch1 inhibits tumor formation and increases sensitivity to chemotherapy (Lee et al. [2016](#page-18-4)).

As previously noted, the Notch signaling pathway has diverse, context-dependent functions. For example, in the adult gut, Notch preserves proliferation and undifferentiation via interaction with Dll1 and Dll4 ligands (Stanger et al. [2005](#page-21-9)). Notch1 upregulation results in maintenance of an undifferentiated state in colon cancer, mainly by interaction with Jagged1 and activation of Hes1 (Guilmeau [2012;](#page-17-5) Kazanjian and Shroyer [2011;](#page-18-5) Ueo et al. [2012](#page-21-10); Peignon et al. [2011;](#page-20-5) Rodilla et al. [2009\)](#page-20-6). In epidermal tumors, Notch works as a tumor suppressor, promoting differentiation of uncommitted progenitors in the hair follicle, sebaceous glands, and interfollicular epidermis (Nicolas et al. [2003](#page-19-3); Okuyama et al. [2004\)](#page-19-4). During the development of embryonic epidermis, Notch activity regulates the expression of p63, an important transcription factor involved in stem cell maintenance, and its upregulation in the basal layer prompts progression of differentiation (Tadeu and Horsley [2013](#page-21-7); Estrach et al. [2008;](#page-16-5) Blanpain and Fuchs [2006;](#page-15-8) Lefort et al. [2007](#page-18-6)). Consistently, Notch deletion induces the development of spontaneous squamous cell

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tors in the cancer core. It also participates in the process of EMT and its reverted MET, at the basis of invasiveness and metastases formation. Finally, it modulates the formation of an inflammatory milieu, inducing macrophage subtype specification and oxygen levels establishment in the tumor microenvironment. Depicted blue cells highlight the elements where Notch operates

carcinoma in the skin, probably via the Jagged1 ligand (Lefort et al. [2007](#page-18-6); Estrach et al. [2006\)](#page-16-6).

Due to the central role of Notch in preserving the more resistant core of cancer stem cells inside the tumor, the Notch signaling pathway represents a major therapeutic target. Radiotherapy treatments were shown to increase the activity of the Notch pathway, particularly in breast cancer and glioma stem cells. The radioprotective role of Notch might be linked with the Notch-dependent regulation of the AKT/PI3K pathway, which is specifically activated by the subpopulation of undifferentiated cells sustaining tumor survival (Phillips et al. [2006](#page-20-7); Wang et al. [2010a](#page-21-11)).

## **Notch in Epithelial-to-Mesenchymal Transition**

It is now widely accepted that epithelial cells can acquire a mesenchymal phenotype by the process of epithelial-to-mesenchymal transition (EMT). Upon tissue-reorganization stimuli, such as wound healing, embryonic development, and cancerogenic conditions, epithelial cells can undergo a remarkable change in morphology, modifying their genetic expression panel to acquire mesenchymal features. Specifically, they downregulate molecules involved in cell-to-cell junctions, such as E-cadherin and γ-catenin, destabilizing the epithelial structure and promoting cell migration (Christiansen and Rajasekaran [2006](#page-16-7); Klymkowsky and Savagner [2009;](#page-18-7) Moreno-Bueno et al. [2008](#page-19-5)). An internal reorganization of the actin cytoskeleton together with the upregulation of mesenchymal markers (such as vimentin, fibronectin, α-smooth muscle actin, fibrillar collagen type I and type III, and fibroblast-specific protein-1) completes their change of fate (Christiansen and Rajasekaran [2006;](#page-16-7) Klymkowsky and Savagner [2009;](#page-18-7) Moreno-Bueno et al. [2008](#page-19-5)). Once the cell-to-cell interactions are disassembled, cells in transition start to produce and secrete matrix metalloproteases (MMPs) like MMP2, MMP3, and MMP9, increasing motility and invasion capabilities (Moreno-Bueno et al. [2008](#page-19-5); Wang et al. [2010b\)](#page-21-12). The Notch pathway has been found to be a major regulator in EMT, by regulating E-cadherin regu-

lation of expression, the TGFβ pathway, and growth factor signaling. Repressors of E-cadherin genes (such as Snail and Slug) bind to the E-cadherin promoter to inhibit gene transcription (Becker et al. [2007\)](#page-15-9). Notch directly regulates Snail and Slug, inducing their upregulation in epithelial cells and consequently downregulating E-cadherin expression, a crucial step in the early phase of EMT (Timmerman et al. [2004](#page-21-13); Niessen et al. [2008\)](#page-19-6). Additionally, Notch could control the expression of a hypoxic environment that would stabilize the Snail-1 protein (Sahlgren et al. [2008\)](#page-20-8).

EMT is an essential event during wound healing and embryonic development and is Notchdependent. For instance, during cardiac development, the Notch signaling pathway is expressed in endocardium and cardiac valve maturation, and both structures depend on EMT for completion. Similarly, embryos carrying Notch mutations or cardiac explants exposed to the Notch inhibitor DAPT, experience impaired EMT, which results in an aberrant cardiac valve formation (Timmerman et al. [2004\)](#page-21-13).

In tumorigenic processes, downregulation of E-cadherin with a simultaneous increase of Snail expression is a hallmark of carcinomas (Brabletz et al. [2018](#page-15-10)). Activation of the EMT program can be triggered at the premalignant state of carcinoma, although their prognostic relevance in predicting the formation of new metastases remains to be elucidated (Hüsemann et al. [2008;](#page-17-6) Klein [2013](#page-18-8)). Interestingly, human samples and disease models display an incomplete form of EMT with epithelial and mesenchymal transcripts coexpressed in tumor cells (Mareel et al. [1992](#page-19-7); Birchmeier and Behrens [1994](#page-15-11)). This partial activation of EMT allows tumor cells to convert back to an epithelial fate via mesenchymal-to-epithelial transition (MET) when needed, increasing the level of plasticity of the invasive cancer (Fig. [7.3\)](#page-7-0). Cells from the primary tumor can therefore utilize this great adaptability to establish metastases in distant tissues, increasing their heterogeneity and making their identification via transcriptional signature more challenging (Tsai et al. [2012\)](#page-21-14). How EMT and MET contribute mechanistically to the spreading of the tumor remains to be understood.

Alterations to the surrounding microenvironment may help EMT establishment. Hypoxic conditions often present in poorly vascularized portions of carcinoma can contribute to the establishment of an EMT program. HIF1, a major hypoxia activator, indirectly represses the expression of epithelial key factors (such as E-cadherin) and thus promotes a mesenchymal differentiation (Krishnamachary et al. [2006;](#page-18-9) Esteban et al. [2006\)](#page-16-8).

EMT is particularly important in conferring drug resistance (specifically to Taxol, vincristine, and oxaliplatin treatment (Wang et al. [2009b;](#page-21-15) Fuchs et al. [2008;](#page-17-7) Cheng et al. [2007;](#page-16-9) Sabbah et al. [2008](#page-20-9))) and may be a useful therapeutic target to prevent the acquisition of an invasive phenotype and the development of metastases. Therefore, understanding the precise mechanism that governs EMT is an essential step for future cancer therapy, and Notch-dependent regulation of EMT offers a promising target for the molecular dissection of this process in human malignancies.

#### **Notch in Tumor Microenvironment**

A specialized tumor microenvironment (TME) sustains, nourishes, and protects tumor cells, which in turn can thrive supported by denovo angiogenesis, a cooperative immune system, and a modified extracellular matrix. Solid tumors strongly rely on the intercellular communications with the surrounding environment for their maintenance. Cell-to-cell interactions become central in the regulation and generation of a cancerogenic milieu, and the Notch molecular pathway has been implicated in the regulation of various factors shaping the TME (Meurette and Mehlen [2018](#page-19-8)). As previously described, the expression of cadherins and integrins might directly depend on Notch regulation, being direct targets of the activated pathway. In parallel, Notch might also coordinate the activity of a subpopulation of resident cells (such as immune and endothelial cells) in the formation of a cancerous-prone environment.

#### **Notch in Tumor Macrophages**

TME is characterized by very specific immune infiltrates that can be exploited by the cancer itself for local release of tumorigenic factors. A specific subpopulation of bone marrow-derived monocytes give rise to tumor-associated macrophages (TAMs) that invade the aberrant tissue. Using the CCL2-CCR2 chemokine pathway, TAMs are recruited by the growing tumor mass whose constant release of trophic cytokines enhances angiogenesis and suppresses antitumoral T-cell response (Qian et al. [2011](#page-20-10)). TAMs have been identified in a variety of solid tumors of epithelial origin, such as breast, bladder, ovarian (Cassetta et al. [2016,](#page-16-10) [2019;](#page-16-11) Zhang et al. [2012\)](#page-22-2), and head and neck cancers (Lee et al. [2014;](#page-18-10) Hu et al. [2016](#page-17-8); Evrard et al. [2019\)](#page-16-12). Macrophages are generally classified in M1 or M2 subgroups (Fig. [7.3\)](#page-7-0). M1 macrophages are characterized by a pro-inflammatory phenotype, in that they release antitumoral cytokines such as TNFα, IL1b, IL-6, and CXC10, and their polarization is induced upon LPS or  $TNF\alpha$  exposure. Tumor cells instead induce the acquisition of the M2 phenotype, characterized by the production and secretion of high levels of IL10, IL4, TGFβ, VEGF, and matrix metalloproteases to promote tumor survival and invasiveness. In addition to the regulation of the inflammatory milieu, TAMs might also be involved in controlling the EMT process, as suggested by in vitro models (Lee et al. [2018](#page-18-11)). Both subtypes of macrophages express the CD68 markers, while expression of M2 macrophages inside the tumor is specified by the expression of CD163. In oral and oropharyngeal carcinoma, high infiltrates positive for CD68 are a hallmark of the cancerogenic condition already present during the early stages of OSCC (Marcus et al. [2004\)](#page-19-9). A correlative paradigm between poor survival rate in OSCC and high CD163 expression appears to be present in human samples where the TAM population localizes inside the tumor nest rather than in the tumor stroma (Fujii et al. [2012;](#page-17-9) He et al. [2014\)](#page-17-10). Although the role of the M2 subpopulation seems to be the most relevant in shaping the tumor microenvironment, we cannot exclude a partial role of the M1

macrophages, as sub-distribution of the two populations might be relevant to understanding their mode of action. Additionally, a specific marker for M1 macrophages is still to be found, and their presence in a confined portion of the tumorigenic area cannot be excluded.

The Notch pathway has been largely associated with the induction of differentiation in both central and peripheral lymphoid organs, contributing to the development of the T- and B-lymphocytes. Notch might also be involved in the process of monocytic differentiation starting very early in the progenitor definition and fate acquisition. Gene expression barcoding revealed that Notch controls a myelomonocyticspecific gene signature via inhibition of transcription mediated by Hes1 (Klinakis et al. [2011\)](#page-18-12). Additionally, macrophages and dendritic cells constitutively express members of the Notch family whose expression is regulated by the Toll-like receptor (TLR) (Palaga et al. [2008\)](#page-20-11). TLR upregulates the expression of receptors, and Jagged1, Dll1, and Dll4 ligands directly promote Notch-pathway activation. During inflammation, cytokines like TNF and IL1b can induce the expression of Notch1, Notch4, and Jagged2 (Ando et al. [2003](#page-15-12)). As both inflammatory cytokines and TLR activate the NF-kB pathway, it has been postulated that this pathway functions as a molecular bridge in many systems, including cancer (Espinosa et al. [2010\)](#page-16-13). In contrast with a pro-inflammatory fate acquisition driven by Notch activation, RBPJ depletion in TAMs blocks their differentiation and induces a previously inhibited cytotoxic T-cell response (Franklin et al. [2014\)](#page-17-11). Therefore, it remains to be clarified whether blockage of Notch signaling involved in the proinflammatory induction can dampen the immune activation unfavorable for tumor growth. In epithelial cancers, Notch1 and Notch2 signaling through Jagged1 induces a TAM-antiinflammatory phenotype (Liu et al. [2017\)](#page-19-10). Interestingly, in head and neck squamous cell carcinoma, high levels of the Notch1 receptor are correlated with a high infiltration of CD163+ TAMs (Franklin et al. [2014;](#page-17-11) Mao et al. [2018;](#page-19-11) Wang et al. [2010c](#page-21-16)).

Due to their supportive role in tumor growth and evolution, TAMs are under the spotlight as emerging therapeutic targets. Blockage of the CCl2/CCR2 interaction has been shown to be beneficial in human pancreatic ductal adenocarcinoma as it interferes with TAM recruitment (Nywening et al. [2016\)](#page-19-12). Maturation of monocytes into M2 macrophages depends on IL6, which acts in synergy with other factors (such as COX2 dependent prostaglandin production and STAT3 activation). Current clinical trials are therefore focusing on inhibition of IL-6 and COX2 enzymes with promises to contrast lung and ovarian cancer progression (Edelman et al. [2008;](#page-16-14) Coward et al. [2011\)](#page-16-15).

#### **Notch in Tumor Angiogenesis**

The tumor vasculature is an essential asset providing trophic support in solid tumor masses. Cancer cells secrete endothelial growth factors that sustain sprouting, migration, and rearrangement of vessels, in order to regulate the income of oxygen and nutrients enabling tumor growth. Notch signaling is a major regulator of physiological and aberrant angiogenesis, mainly through the Jagged1 or Dll4 ligands (Hellström et al. [2007\)](#page-17-12). Vasculature dynamics depend on the coordinated activity of tip and stalk cells: high activation of Notch1 induces acquisition of the stalk phenotype, while low Notch activity is associated with tip-cell fate determination (Benedito and Hellström [2013\)](#page-15-13). The difference in activity is directly associated with the type of ligand expressed on the surface of the different cell types, with tip cells expressing high levels of Dll4 and stalk cells expressing low levels of Dll4 and high levels of Jagged1 (Benedito et al. [2009\)](#page-15-14). This in turn regulates the expression of the VEGF receptor and cell metabolism to drive directional sprouting and new vasculature formation (Benedito and Hellström [2013](#page-15-13)).

Tumors modify this balance to create the most suitable environment for their own growth, with high levels of Jagged1 inducing an increase in tumor vasculature and Jagged1 downregulation leading to decreased angiogenesis (Pedrosa et al. [2015](#page-20-12)). Metastatic tumors use the newly generated vasculature to enable spreading of mobilized cancer cells and may directly regulate endothelial cell quiescence (Sonoshita et al. [2011](#page-21-17)). Breast cancer cells, otherwise kept quiescent, proliferate in the presence of newly generated microvasculature derived from lung, brain, and bone marrow tumors, suggesting that a stable vasculature contributes to a dormant niche, while sprouting, activated endothelial cells are able to initiate metastatic growth (Ghajar et al. [2013\)](#page-17-13). In line with these findings, high activity of the Notch3 receptor has been found in tumor vasculature (Lin et al. [2017](#page-18-13)). In aberrant conditions, Jagged1is overexpressed in cancer cells, blocking endothelial apoptosis driven by Notch3 and promoting local angiogenesis (Lin et al. [2017](#page-18-13); Su et al. [2017](#page-21-18); Zeng et al. [2005;](#page-22-3) Lu et al. [2013\)](#page-19-13).

Regulation of tumor vascularization is also central in the establishment of a hypoxic microenvironment favored by a subset of carcinomas (i.e., lung, breast, kidney, and oral cancer) (Fig. [7.3\)](#page-7-0) (Al Tameemi et al. [2019;](#page-15-15) Giatromanolaki et al. [2017;](#page-17-14) Chappell et al. [2019;](#page-16-16) Kujan et al. [2017](#page-18-14); De Francesco et al. [2018](#page-16-17)).

Mammalian cells typically react to a reduced oxygen availability by activating transcription of HIF1 factor to trigger angiogenesis (Manalo et al. [2005](#page-19-14)). The two existing isoforms of HIFa (HIF1a and HIF2a) translocate to the nucleus upon binding with the HIF1b form, interact with the hypoxia-binding elements, and consequently promote the transcription of selected target genes. Activation of HIF has various implications in promoting tumorigenesis, including changes in metabolism and the production of oxygen radicals, maintenance of undifferentiation, and induction of a motile phenotype acquisition via EMT (Semenza [2012](#page-20-13)). Specifically, it directly correlates with advanced stages of oral cancer, and it has been proposed as significant prognostic marker (Fig. [7.3](#page-7-0)) (Qian et al. [2016\)](#page-20-14). In hypoxic conditions both Notch activity and expression of Notch-dependent target genes are increased. Crosstalk of hypoxia and Notch signaling has been implicated in EMT and results in an increase of invasiveness in oral squamous cell carcinoma, although a full detailed mechanism of action

remains to be described (Kujan et al. [2017](#page-18-14); De Francesco et al. [2018](#page-16-17); Yoshida et al. [2013](#page-22-4); Wang et al. [2015\)](#page-21-19).

Therefore, Notch signaling is involved in the regulation of normoxia and physiological vasculature growth, with important consequences for therapeutical application. Treatment with cetuximab showed broad effects on both Notch activation and HIF sensitivity, inhibiting tumor-induced angiogenesis in a murine model for HNSCC (Wang et al. [2015\)](#page-21-19).

# **Notch in Carcinoma: When Context Matters**

The Notch pathway is genetically altered in a large number of hematopoietic and solid tumors, resulting in aberrant activation or repression of the pathway. Different types of mutations interfere with receptor-ligand interaction, molecular regulation, gene targeting, and epigenetic regulations (Haines and Irvine [2003](#page-17-15); Lei et al. [2003;](#page-18-15) Ntziachristos et al. [2014](#page-19-15); Okajima et al. [2003](#page-19-16)).

In carcinomas, the role of epithelial Notch varies greatly depending on the organ affected (Kopan and Ilagan [2009](#page-18-16); Dotto [2008](#page-16-18); Dufraine et al. [2008](#page-16-19)). Emerging evidence suggests that the Notch signaling network is frequently deregulated in human malignancies, with upregulated expression of Notch receptors and their ligands in head and neck, cervical, lung, colon, and pancreatic cancer supporting the idea that Notch promotes cancer development (Miele and Osborne [1999;](#page-19-17) Miele et al. [2006](#page-19-18)). In a limited number of carcinomas, including skin cancer, human hepatocellular carcinoma, and small cell lung cancer, Notch signaling has been shown to be antiproliferative rather than oncogenic (Dotto [2008\)](#page-16-18). It is therefore essential to establish the context of analysis to define the function of epithelial Notch as either oncogenic or antiproliferative (Kopan and Ilagan [2009;](#page-18-16) Dotto [2008](#page-16-18); Dufraine et al. [2008](#page-16-19)). In the following paragraphs, we compare the role of Notch in a few relevant carcinomas, where its activity fluctuates significantly with its tumorigenic potential.

### **Head and Neck Cancer**

Due to the high heterogeneity of the HNSCC and the different types of tissues that group under the same name, the exact function of the Notch pathway in this type of tumor remains to be clarified. All Notch receptors can be found highly expressed in HNSCC samples and OSCC, where they activate downstream signaling through Hey1 (Network [2015\)](#page-19-19). Notch1 mutations are the second most common mutations found in head and neck carcinoma (HNSCC), suggesting an essential role of the pathway in the pathogenesis of the tumor. In an in vitro model of HNSCC, inhibition of Notch3 decreased sphere formation and proliferation in parallel with the inhibition of the activated target genes Hey1, cMyc, and CCND1 (Sun et al. [2014](#page-21-0); Man et al. [2012](#page-19-20)).

In line with the oncogenic role of Notch1, its upregulation leads to resistance to chemotherapy treatments, and inhibition of Notch reduces the undifferentiated portion of cells in the HNSCC (Gu et al. [2010](#page-17-16); Zhao et al. [2016\)](#page-22-5). Dll4 overexpression can be found in subtypes of HNSCC and appears to have a role in vasculature reorganization and risk of metastases, consequently resulting in poor prognosis (Lin et al. [2010](#page-18-17)). Once activated, the Notch pathway increases the expression of target genes between normal mucosa and its dysplastic stage, with Hes1 and Hey1 being key players in the malignant condition (Sun et al. [2014\)](#page-21-0). The upregulation of Hes1 seems to also correlate with an increase in undifferentiation or an amplification of the stem cell population, as demonstrated by self-renewal assay in sphere formation (Lee et al. [2012](#page-18-18)). Several studies identified high levels of Notch1 expression in HNSCC, especially when considering the subset of OSCC (Yoshida et al. [2013\)](#page-22-4). Tongue cancer specifically displays an increased Notch3 expression that correlates with the degree of tumor progression, although cell proliferation does not appear to be altered (Zhang et al. [2011\)](#page-22-6). High expression of Notch1 additionally correlates with high level of metastasis formation in patients with tongue cancer (Joo et al. [2009](#page-18-19)).

The Notch pathway is therefore relevant for HNSCC progression, although the exact mechanism of function remains to be identified.

#### **Breast Cancer**

Breast cancer is a form of cancer in which the Notch pathway may act as a both tumor suppressor and oncogene (Fu et al. [2010;](#page-17-17) Imatani and Callahan [2000;](#page-17-18) Jhappan et al. [1992](#page-18-20)). One of the first indications that Notch signaling may play a role in solid tumors came from experiments with mammary models developed after tissue infection with the mouse mammary tumor virus (MMTV). Integration of the MMTV genome next to the *Int-3* locus resulted in an activating mutation of *Notch4*, leading to the constitutive activation of the receptor and subsequent breast cancer development (Gallahan and Callahan [1997;](#page-17-19) Jarriault et al. [1995;](#page-18-21) Robbins et al. [1992\)](#page-20-15). Recent observations indicate that Notch4 play a more specific role compared to other Notch receptors in breast cancer stem cells (Harrison et al. [2010](#page-17-20)) through signaling via other oncogenic pathways, such as Ras and Wnt (Ayyanan et al. [2006](#page-15-16); Fitzgerald et al. [2000](#page-16-20); Izrailit et al. [2013;](#page-17-21) Meurette et al. [2009;](#page-19-21) Weijzen et al. [2002\)](#page-21-20).

Thus, Notch activation seems to play a protumorigenic role in breast cancer (Colaluca et al. [2008;](#page-16-21) Pece et al. [2004](#page-20-16); Robinson et al. [2011;](#page-20-17) Xu et al. [2012](#page-21-21)). However, recent studies indicate that hyper-activation of NOTCH3 induce senescence in breast cancer cells and therefore have a detrimental effect on cancer development (Cui et al. [2013\)](#page-16-22). This apparent divergence of results might be explained by the fact that mammary epithelial cells respond differently to different levels of activation of the Notch pathway (Mazzone et al. [2010\)](#page-19-22). Consequently, different Notch receptors may have unique signaling outputs in mammary epithelial cells as well as producing alternative responses in different subtypes of breast cancers.

#### **Colorectal Cancer**

The intestinal epithelium possesses an unprecedented self-renewal rate that appears to be linked to a high susceptibility to malignant transformation (Legato et al. [1991](#page-18-22); Miyaki et al. [2009\)](#page-19-23). Notch signaling has been known to be involved in both the control of homeostatic self-renewal in stem cell populations and the development of colorectal cancer (CRC) (Fre et al. [2005;](#page-17-22) Radtke and Clevers [2005;](#page-20-18) van Es et al. [2005](#page-21-22)). While mutations of *NOTCH* genes are rare, regulators of the pathway are often affected (including *FBXW7)*, resulting in an overall overexpression or uncontrolled activation of Notch signaling in CRC (Miyaki et al. [2009](#page-19-23); Babaei-Jadidi et al. [2011](#page-15-17); Camps et al. [2013](#page-15-18); Sancho et al. [2010](#page-20-19); Zhu et al. [2013](#page-22-7)). In addition, Notch activation has been linked to activation of Wnt signaling and Hippo/YAP signaling in CRC cells, although the various levels of crosstalk between these pathways are still not fully understood (Peignon et al. [2011](#page-20-5); Rodilla et al. [2009](#page-20-6); Fre et al. [2005;](#page-17-22) Tschaharganeh et al. [2013;](#page-21-23) Camargo et al. [2007;](#page-15-19) Kim et al. [2012](#page-18-23); Kwon et al. [2011](#page-18-24)). In particular, Jagged1, expressed on tumor cells themselves or produced from endothelial cells, is thought to be a key ligand for Notch activation in CRC cells (Rodilla et al. [2009](#page-20-6); Lu et al. [2013](#page-19-13); Tschaharganeh et al. [2013\)](#page-21-23). Another Notch ligand, DLL4, plays a non-cell autonomous role in CRC development, in large part by controlling the development of blood vessels necessary for tumor growth (Fischer et al. [2011;](#page-16-23) Ridgway et al. [2006\)](#page-20-20). Expression of miR-34a in CRC stem cells may help to control Notch output and generate a bimodal Notch response (Bu et al. [2013](#page-15-20)). Finally, Notch signaling play a crucial role not only in the early stages of CRC development by controlling the fate of stem cells and cancer stem cells, but also at the later stages of tumor invasion and metastasis (Sonoshita et al. [2011\)](#page-21-17).

# **Cutaneous Squamous Cell Carcinoma (cSCC)**

Tumors arising from keratinized squamous epithelium can have different disease outcome; however they all derive from a disrupted differentiation of the basal progenitors, resulting in dysplastic epithelium and increased proliferation (Wang et al. [2011;](#page-21-24) Nowell and Radtke [2013](#page-19-24)). Cutaneous squamous cell carcinomas (cSCC) often occur as a result of exposure to UV radiation, which results in genetic aberration, mostly ending in TP53 loss. The Notch pathway has been found to be inactive in cutaneous SCC malignancies and instead works as a tumor suppressor under the control of p53 (Lefort et al. [2007;](#page-18-6) Wang et al. [2011\)](#page-21-24). Notch1 and Notch2 mutations affecting the EGF repeats have been mapped in human cSCC and are linked to a dominant-negative phenotype (Rebay et al. [1991](#page-20-21), [1993\)](#page-20-22). Similarly, murine models of conditional Notch1 or Notch2 deletions result in structural defects and tumor formation, although the details of the molecular activation are not completely known (Demehri et al. [2009;](#page-16-24) Dumortier et al. [2010](#page-16-25)).

#### **Lung Adenocarcinoma**

Lung adenocarcinoma (LAC) is a major subtype of lung cancer (Licciulli et al. [2013;](#page-18-25) Westhoff et al. [2009](#page-21-25); Zheng et al. [2013\)](#page-22-8). In vitro studies initially identified the Notch signaling pathway as a promoter of LAC cell proliferation (Dang et al. [2003](#page-16-26); Eliasz et al. [2010;](#page-16-27) Haruki et al. [2005\)](#page-17-23). In parallel with these observations, in vivo modeling confirmed the relevance of the Notch pathway in preserving LAC development and maintenance (Licciulli et al. [2013;](#page-18-25) Allen et al. [2011;](#page-15-21) Maraver et al. [2012\)](#page-19-25). Specifically, the NOTCH3 receptor is crucial in regulating the self-renewal of LAC tumor-propagating cells (Zheng et al. [2013\)](#page-22-8). LAC cells express the Jagged2 ligand on their surface and support the metastatic potential of LAC stem cells (Yang et al. [2011](#page-22-9)). Thus, despite the absence of Notch mutations in LAC screenings, activation of Notch may be important in LAC growth, and Notch activity significantly correlates with the worsening of survival in lung cancer patients (Westhoff et al. [2009;](#page-21-25) Zheng et al. [2013;](#page-22-8) Hassan et al. [2013\)](#page-17-24).

The squamous cell lung carcinoma (lung SCC) is the second major type of non-small cell lung cancer. Upon mapping of human-derived lung-SCC samples, several loss-of-function mutations were identified in the EGF-like repeats of the Notch1 receptor and result in a truncated, nonfunctional receptor. Therefore, in contrast to LAC, Notch may play a tumor suppressor role in the lung-SCC subtype of malignancy (Wang et al. [2011;](#page-21-24) Agrawal et al. [2012](#page-15-22); Pickering et al.

[2013](#page-20-23); Proweller et al. [2006;](#page-20-24) Rothenberg and Ellisen [2012](#page-20-25)).

Thus, different subtypes of lung cancer display strikingly different roles for Notch signaling in cancer development, possibly depending on the type of cells involved, the crosstalk with other molecular pathways, or the fine-tuning of Notch activation in different biological context.

#### **Notch as Therapeutic Target**

Notch signaling is implicated in a variety of processes leading to cancer initiation, growth, and progression and has therefore been a focus for the development of novel therapies in the recent years.

As the Notch pathway requires a proteolytic cleavage by  $\gamma$ -secretase for the generation of its active intracellular form, small γ-secretase inhibitor (GSI) molecules have been developed to interfere with Notch1 activity (Fig. [7.2\)](#page-5-0). Unfortunately, testing in animal models and clinical trials has revealed a high gastrointestinal toxicity due to the accumulation of goblet cells in the intestine upon Notch-dependent induction of differentiation (Aster and Blacklow [2012;](#page-15-23) Palomero and Ferrando [2009](#page-20-26)). Alternatively, a combination of treatment for GSI blockage and glucocorticoids mitigates intestinal side effects and controls goblet cell metaplasia (Real et al. [2009](#page-20-27)). Other proteolytic enzymes, such as ADAM10/17, participate in pathway activation and are used as target molecules for  $\alpha$ -secretase inhibition (Fig. [7.2](#page-5-0)) (Zhou et al. [2006](#page-22-10); Purow [2012](#page-20-28)). A promising approach involves specific blockage of the receptor-ligand interaction, for which a strong knowledge of the basic biological processes is necessary. Antibodies against Notch1 and Notch2 receptors protect the intracellular domain from its own cleavage, inhibiting the release of NICN1 and NICN2 active molecules (Fig. [7.2\)](#page-5-0) (Wu et al. [2010\)](#page-21-26). Importantly, the molecular specificity of these antibodies reduces the intestinal side effects, and, in particular, a blocking antibody against Notch1 showed promising results in inhibiting tumor growth (Funahashi et al. [2008\)](#page-17-25). As the

function of the Notch pathway strongly relies on the specific interaction between receptor and ligand, the efficiency of blockers varies from system to system (Hicks et al. [2002\)](#page-17-26). Similarly to the blocking antibodies, several synthetic peptides have been developed to inhibit Notch activation. They are mainly used for basic research studies, although a blocker of the Notchcoactivator MALM1 was found to have useful applications in the treatment of several models of human T-ALL by interfering with cell proliferation and leukemia progression (Fig. [7.2](#page-5-0)) (Moellering et al. [2009](#page-19-26)). Finally, it might be of interest to alter the regulation of Notch turnover by interfering with its trafficking in the cancer cell secretory pathway (Fig. [7.2\)](#page-5-0) (Ilagan and Kopan [2013](#page-17-27); Krämer et al. [2013\)](#page-18-26).

Anti-Notch therapies needs an overhaul when Notch works as tumor suppressor. In head and neck cancer, the heterogeneity of the tissues affected increases the level of complexity in predicting the exact role of the Notch pathway and which Notch receptor and ligand are most relevant to sustain the tumor. Mapping the expression and the level of activation of the pathway might be a valuable initial screening to determine the relevant molecules in each condition and their clinical interest. Finally, Notch agonists and antagonists could be used in combination with existing therapies to contrast tumor development.

#### **Conclusions**

To summarize, the Notch pathway plays an essential role in regulating major aspects of tumor emergence, maintenance, and evolution into a more aggressive phenotype. It is involved in preserving the cellular elements that sustain carcinoma, the formation of a supportive microenvironment, and their bilateral synergistic interaction. Although its effect varies greatly from system to system, Notch is central in head and neck malignancies, particularly in the most common and aggressive squamous cell carcinoma subtype. In order to improve our therapeutic approaches, we need a deeper molecular understanding of the function of the Notch pathway, including detailed knowledge of the pattern of expression in the heterogeneous population of tumor cells, genetic changes, transcript signatures, and fine-tuning of activity levels in a dynamic view, that takes into consideration the evolution of the disease over time.

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