Chapter 2 Surface Functionalization of Polymers

Deval Prasad Bhattarai, Pashupati Pokharel, and Dequan Xiao

Abstract The wide range of inherent and tunable physicochemical properties of polymers made them ubiquitous and unavoidable materials in the physical and biological world. Both natural and synthetic polymers fnd their wide range of applications from everyday life to technical innovations. The unique physicochemical properties dependent on the morphology of the polymers have led its wide range of applications in therapies and diagnostic options. The inherent and tunable surface characteristics of polymers are used for technical applications with specifc surface specialties. The polymers used for biomaterial application must meet some criteria, such as non-cytotoxicity, high drug loading capacity and improved cellular internalization. However, the polymer may have some special surface properties due to its performance according to its application design. In these perspectives, the surface functionalization of polymers is necessary to take advantage of their properties and achieve the selective and specifc recognition required for biomedical applications. The surface functionalization of polymers is a promising technique to introduce and monitor some specifc surface properties, such as adhesion, adsorption, biocompatibility, electrical conductivity, optical properties and wettability to target their corresponding applications. In this chapter, the chemistry, scope and current trends of surface functionalization will be discussed in terms of chemical, physical, and nanotechnological methods.

Keywords Advanced materials · Macromolecule · Nanotechnology · Surface properties

D. P. Bhattarai

Department of Chemistry, Amrit Campus, Tribhuvan University, Kathmandu, Nepal

P. Pokharel (\boxtimes) · D. Xiao

The original version of this chapter was revised. The correction to this chapter is available at https://doi.org/10.1007/978-3-030-52052-6_9

Department of Chemistry and Chemical Engineering, Center for Integrative Materials Discovery, University of New Haven, West Haven, CT, USA e-mail: ppokharel@newhaven.edu

[©] The Editor(s) (if applicable) and The Author(s), under exclusive license to 5 Springer Nature Switzerland AG 2020 , Corrected Publication 2020T. J. Gutiérrez (ed.), *Reactive and Functional Polymers Volume Four*, [https://doi.org/10.1007/978-3-030-52052-6_2](https://doi.org/10.1007/978-3-030-52052-6_2#DOI)

Abbreviations

2.1 Introduction: Fundamentals of Surface Functionalization of Polymer

Various polymeric substances have been designed in different nano-forms (polymeric NPs, nanofbers, nanorods, nanospheres, nanotubes, electro-spun fbers, etc.) and have been used in various aspects of research and commercial applications (Bhattarai et al. [2019b,](#page-24-0) [2020\)](#page-24-1). The properties of the polymeric nanomaterial are the synergistic effect of its bulk properties, surface properties, formulation and engineering. The nanomaterials endowed with the intended bulk and surface properties could be the material chosen for their applications as advanced materials with desirable characteristics. The high surface/volume ratio of nanomaterials and quantum confnement have triggered its scope and dynamics in various research felds, as well as trades and commerce. A wide range of materials and their performance depend largely on their surface characteristics. In biological settings, surface functionalization of polymer is intended to infuence on the implant biocompatibility, thus reducing thrombogenicity and tuning the adhesion of proteins and cells (Tang et al. [2008\)](#page-28-0). Some properties such as thermal stability, mechanical strength, behavior towards solvent, polymer degradation, swelling/deswelling properties are more related with bulk properties of polymer, while other properties such as surface adhesion, chemistry and wettability, as well as behavior towards harsh chemical/environmental agents are more concerned with surface characteristics. In most cases, the polymers of choice may be lower than the intended properties required for particular applications. To fll these gaps, the polymerization surface functionalization strategy can be a way of implementation (Penn and Wang [1994](#page-27-0)).

The understanding of the material surfaces and their engineering has increased signifcantly with a greater capacity to tailor and modulate the surface characteristics for specifc application. Especially, such surface modifcations of polymers *via* surface functionalization would change the fate of surface hydrophilicity, cellular behavior and physicochemical platforms such as antibacterial or photothermal properties (Tiwari et al. [2019](#page-29-0)).

Different types of polymers are used for several types of physical applications. The electric charge transfer process through the polymer flm and metal electrode interfaces plays a key role in many polymeric optoelectronic devices, including light-emitting diodes, photovoltaic cells and thin flm transistors. Polymers such as PBTP, PC, PDMS, PMMA, polyolefns (e.g. PE and PP), etc. can be used in the manufacture of thermosetting materials (Zarrintaj et al. [2019](#page-29-1)). However, the polymers used can capture some specifc types compounds from the solution passing through it. In order to inhibit such undesired molecular adsorptions, it is required to functionalize the surface of such polymers (Rohr et al. [2003\)](#page-28-1).

Polymers, in different forms and designs, are being used in different felds of bio-applications. Whatever the polymeric materials or their design, it is the surface of the biomaterials which comes into contact with physiological environment immediately after their accommodation into the body (Dai et al. [2003\)](#page-24-2). To improve the surface effectiveness of the engineered material, it is a common practice to carry

out surface functionalization of the material. However, the approaches of surface functionalization might be different. The surface of electro-spun fbers can be modifed or functionalized by various ways to introduce new functionalities. In some cases, even after surface functionalization, cell-recognizable ligands can be chemically immobilized on the substrate surface for anchoring (Gutiérrez et al. [2018](#page-25-0)). The surface functionalization of polymers can be linked to different felds of applications including drug delivery, gene delivery and various aspects of tissue engineering. The high surface area of nanomaterials could provide platforms for the immobilization of bioactive molecules such as antibodies, DNA, enzymes and peptides (Kim and Park [2006\)](#page-26-0). In view of the bio-application of any polymer, the cellular interaction and cytotoxicity of the materials depends on the physicochemical properties and the surface modifcation of material (Dowding et al. [2013\)](#page-25-1). Once nanomaterials enter the body's administration, they come into immediate contact with various plasma constitutes. The initial interaction of nanomaterials with body environment induces the formation of protein coronas which infuences the subsequent immunological cascade and can either stimulate or mitigate the immune response. For this reason, *in vivo* therapeutics requires the evaluation of the nanomaterial/protein corona formation and their subsequent destination towards the physicochemical properties of the substrate (Lee et al. [2015\)](#page-26-1). The surface of polymeric substrates (electro-spun mats, NPs, nanorods, etc.) can be chemically or physically modifed with bioactive molecules (carbohydrates, nucleic acid and proteins) and cell-recognizable ligands (Yoo et al. [2009\)](#page-29-2). Such types of biologically modifed synthetic nanofbers can further support the specifc cell phenotype and cell organization due to diverse biochemical signals on the cell contact surface.

The chemical functionalities of the surface infuence the adsorption of proteins, cell behavior and subsequent tissue responses. Common functionalities in relation to biomaterial interactions are the amino $(-NH₂)$, carboxyl $(-COOH)$, hydroxyl $(-$ OH) and methyl $(-CH_3)$ groups. The hydrophilic surface provides low interfacial free energy resulting in less protein adsorption and cell adhesion. Reduction of protein adsorption infuence on subsequent cellular responses. The interactions between protein and biomaterial can be modulated by the nature of functional groups and their density. Increasing the density of $-OH$ and $-NH₂$ groups onto the polymeric substrate can improve the surface hydrophilicity and the infuence on immunoglobulin G (IgG) adsorption from serum. Fibrinogen can be linked to the hydroxyl and amino surfaces, as well as fbrinogen can be linked to methyl-functionalized surface *via* hydrophobic interactions (Tang et al. [2008\)](#page-28-0). The functional group of polymeric surfaces characterized by hydrophilic nature, presence of hydrogen bond acceptors (no hydrogen bond donor) and electrically neutral charge can resist the protein adsorption (Ostuni et al. [2001](#page-27-1)).

All in all, the inherent surface properties of the polymer may not meet all the requirements for specifc physical or biomedical applications. However, it is possible to induce and monitor the desired interfacial properties of a substrate by some chemical or physical means. In this context, it has been commendable to modify the outermost layers of polymer by introducing some types of functional groups onto the polymer surface. The approaches of surface functionalization may be different for each case and particularly depends on the interplay between functionalized materials and anchor molecules. For example, aminolysis, hydrolysis, and plasma treatment can be adopted for surface functionalization of non-degradable synthetic polymers (Croll et al. [2004\)](#page-24-3).

2.2 Scope of Surface Functionalization of Polymers

Surface functionalization of polymers paves the way for their novel applications in different research felds, including biomedical applications, electronics, protective coatings, textiles, thin flm technology and others (Fig. [2.1](#page-4-0)) (Iijima et al. [2016\)](#page-25-2). Different felds of research involving surface functionalization of polymers are described briefy below.

2.2.1 Surface Functionalization of the Polymer in Microfuidic Channels

Surface chemistry plays an important role in the interactions of fowing liquid to the inner surface of the microfuidic channels. The polymers commonly used in microfuidic channels are PC, PDMS, PMMA, etc. These polymers exhibit hydrophobic nature and can capture some specifc molecules during the solution fow through the channels. The capture of specifc molecules can change the concentration of the solution by denying the precise quantitation of the analytes, as a result, the adsorbed molecules on the wall of channels continuously change the surface chemistry, thus affecting the reliability of quantitative assays. Appropriate functionalization of the

Fig. 2.1 Scope of surface functionalization of polymer

polymeric microchannel surface could control the undesired adsorption process causing better reliability in the tests (Rohr et al. [2003\)](#page-28-1).

2.2.2 Surface Functionalization of the Polymer in Ultrafltration

Ultrafltration is a kind of membrane fltration that is used to separate high molecular weight solute (1–1000 kD, retentate) from low molecular weight solute and water (permeate) through a semipermeable membrane under the effect of gradient of pressure or concentration. Adsorption and permeation are two main events that can occur in biological fltration. During the fltration process, the protein molecules are adsorbed and deposited onto the porous membrane. Researches have shown that hydrophilic polymers adsorbed on the surface of membranes relieve fouling of proteins during the time of ultrafltration and microfltration (Chen and Belfort [1999\)](#page-24-4). In such cases, the polymer layers can be functionalized on the surface to obtain more stability and durable surface properties to support the ultrafltration process.

2.2.3 Surface Functionalization of the Polymer in Drug Delivery

Recent studies have suggested that the surface functionality of drug delivery vehicles infuence on rate and mechanism of cellular absorption. Polymeric nanomaterials can be a good drug delivery depot and form a vehicle for slow drug molecule release, thus obtaining a sustained therapeutic effect. The surface functionalization of polymeric nanomaterials by hydrophilic polymer (e.g. PEG) can increase the residence time of polymeric NPs in the systemic circulation. The tailor of tissuerecognizable ligands can also help drug delivery to targets (Patil et al. [2009](#page-27-2); Otsuka et al. [2003\)](#page-27-3). Surface functionalization of the polymer can complement some additional tunable characteristics of polymeric materials and can make them responsive to external stimuli such as light (e.g. near infrared (NIR) and ultraviolet (UV) radiation), pH, temperature, ultrasound, etc. to trigger the controlled release of drugs. Surface functionalization can signifcantly change the biological response beyond the mere performance of the polymer's core structure (Masserini [2013](#page-27-4)). The pHresponsive drug delivery systems can mediate the drug release rate according to the pathophysiological need demand. For example, Jiang et al. ([2014\)](#page-26-2) reported that PDA coating can load and release the rate of charged molecules from PCL nanofbers with different pH values. In this work, the positively charged molecules triggered the quick release of the drug in acidic medium compared to the neutral and basic medium under the same incubation conditions. In addition, polymer NPs must be biodegradable and biocompatible, as well as non-infammatory and nonimmunogenic for medical use. They should be nontoxic to bloodstream cells or to

Fig. 2.2 Graphical representation of surface functionalized NPs with cationic molecules, targeting aptamer and peptide, fuorescent and PEG spacer, and drug

stationary cells. Figure [2.2](#page-6-0) shows the graphic representation of surface modifed NPs with drugs for brain drug delivery (Masserini [2013](#page-27-4); Jiang et al. [2014](#page-26-2)).

2.2.4 Surface Functionalization of the Polymer in Electronics

Uniform dispersion of NPs into polymer nanocomposites for polymer matrix formulation in order to tune the desired electrical, mechanical opto-electronic and thermal properties is a challenging task. One of the solutions for such complications could be surface functionalization of particles with organic surfactant molecules to develop compatible polarity in mixing solutions. Polymer composite materials with low temperature processability and various functionalities are good materials for optoelectronic applications. For example, functionalized GO nanosheets with hydrophobic brushes (e.g. PtBuA-grafted GO nanosheet) can be tailored onto an electroactive polymer matrix for switching behavior of bistable electrical conductivity (Jiang et al. [2006](#page-26-3); Li et al. [2010\)](#page-26-4). Dopamine-functionalized PMMA has also been shown to improve dielectric properties compared to pristine PMMA flms (Thakur et al. [2014](#page-28-2)). Functionalized conductive polymers could be used to improve performance, selectivity and sensitivity of sensors beyond the level of their pristine form (Anantha-Iyengar et al. [2019](#page-23-0)).

2.2.5 Surface Functionalization of the Polymer in Textiles

Superhydrophobic surfaces offer a self-cleaning mechanism in compliance with lotus effect. The concept of superhydrophobicity arose in the feld of textile industry since about 1940. For example, amine functionalized $SiO₂$ coating onto cotton fibers followed by dipping into epoxy functionalized silica (particles solution) was performed to avail epoxy group for surface grafting (Hao et al. [2012\)](#page-25-3). Stearic acid grafting can also impart superhydrophobic property to the cotton fabric (Gao and McCarthy [2006;](#page-25-4) Xue et al. [2008](#page-29-3)). Zemljič et al. ([2018\)](#page-29-4) also reported the encapsulation of iodine with chitosan (Cs) on cellulose viscose fabrics to exhibit an antimicrobial and antioxidative function.

2.2.6 Surface Functionalization of the Polymer in Food Packaging Process

The application of novel technique in the food packaging process could reduce discomfort related to operating conditions and processing costs, which reduces environmental and fnancial costs. Plasma-induced effects can exploit the surface functionalization of food packaging polymers to promote adhesion or anti-adhesion, printing and sealing capacity, adhesion of antibacterial coatings. PP is a polymer commonly used to develop packaging flms which are often coated with acrylic to improve durability, fexibility and resistance to degradability caused by UV rays (Vukušić et al. [2018](#page-29-5)). PEGylated CNCs *via* PDA chemistry have been shown to signifcantly improve the crystallization, mechanical and barrier properties of PLLA bio-nanocomposites, thus exhibiting great promise for potential applications in packaging felds (Li et al. [2019](#page-26-5)).

2.2.7 Surface Functionalization of the Polymer in Protective Coatings

Only a polymer coating on a substrate may not satisfy the anticorrosive action, but the surface functionalization of polymer could support this. PDA, which contains the catechol and amine groups, can be used to modify a wide variety of material surface to support protein immobilization (Kang et al. [2010](#page-26-6); Cho et al. [2009\)](#page-24-5). Keeping this in view, Tian et al. [\(2016](#page-28-3)) demonstrated that the PEO/PCL coating on the AZ31 magnesium alloy can improve bioactivity, cytocompatibility and corrosion resistivity of the substrate.

2.2.8 Surface Functionalization of the Polymer to Infuence Particle Stability

Zeta potential value of NPs allows to know the fate of the stability of the particles (Bhattarai et al. [2019b](#page-24-0)). Some polymeric NPs need to improve their stability for their sound stability under a physiological pH value. Under such requirements, a greater zeta potential magnitude can be achieved by surface functionalization. The research results shown, e.g. that the zeta potential magnitude of PLGA NPs can be increased by surface functionalization using heparin- or Cs-pluronic conjugates (Chung et al. [2010](#page-24-6)). Zeta potential of polymeric NPs can also be tuned by varying the nature of surfactants (anionic, cationic or non-ionic) and, consequently, changes the stability of the particles (Sis and Birinci [2009\)](#page-28-4).

2.2.9 Surface Functionalization of the Polymer in Biomedical Applications

The applications of polymer varieties in different forms and functions are ubiquitous and wonderful in the biological world. It would be commendable in most of the cases to functionalize the polymer surface by inducing some desired physicochemical properties. The surface functionalization of polymers for bio-application can be multipurpose. For example, the surface functionalization of polymers is carried out not only to develop hydrophilicity, or to develop a conducive environment to protein adhesion, but also to develop antimicrobial and antifouling properties (Zeng et al. [2018\)](#page-29-6).

Metallic implants are prone to corrosion under physiological environment. It is usual to develop a coating of anticorrosive polymer on the substrate to solve the corrosion problem. Under such conditions, the surface functionalization of polymers plays a crucial and promising role in the feld of materials science. Surface functionalization of polymers for biomedical applications is considered under the tuning possibilities of the physicochemical properties of the polymer capable of working within a physiological niche. The reduced dimensions, the high surface area/volume ratio and the high drug loading effciency of biocompatible NPs also make them attractive for drug delivery (Wang et al. [2017](#page-29-7)). These NPs may have the ability to respond quickly to environmental stimuli, such as magnetic feld, pH, temperature or ultrasound. Different synthetic polymers such as PGA, PLA and PLGA copolymers have been used for the manufacture of NPs to control drug release due to its established safety profle, its long history of clinical applications and its well-understood degradation mechanism. Figure [2.3](#page-9-0) shows the multiple nanocarriers for the encapsulation and release of growth factors.

Protein-based nanoparticles Polysaccharide-based NPs

Polymer nanocapsule

Functionalized scaffolds

Fig. 2.3 Multiple nanocarriers for the encapsulation and release of growth factors. Adapted with permission from Wang et al. ([2017\)](#page-29-7)

2.3 Classifcation of Surface Functionalization of Polymer

Surface functionalization of polymer can be classifed into different bases. Some of the classifcation approaches are given below:

2.3.1 Classifcation According to the Surface Charge

– **Cationic surface functionalization:**

In this type of functionalization, cationic moieties are tailored onto the polymer surfaces. As an example, a large number of hydroxyl groups present onto CNCs make it a space for diverse chemical functionalization possibilities with the generation of relevant surface properties. In addition, the extent of surface functionalization and the nature of tailored functional group onto the substrate can infuence the surface charge density and impact the physic-chemical properties of the substrate. Wide varieties of surface functionalization of polymers have been made possible to interact with the corresponding biomolecules for multiple biomedical applications. With this in mind, Despres et al. [\(2019](#page-24-7)) obtained a CNC-PAPMA polymer with cationic surface functionalization. The cationic or

anionic surface charge of the synthesized polymer can be determined by zeta potential measurements, while functionalized chemical structure can be determined by Fourier transform infrared (FTIR), energy-dispersive X-ray (EDX), X-ray photoelectron spectra (XPS) or nuclear magnetic resonance (NMR) analysis. Such types functionalized polymer on different surfaces behave differently towards cell interaction.

– **Anionic surface functionalization:**

In this type of surface modifcation, the anionic groups are tailored onto the polymer surface. This can be done by acid hydrolysis process or by some other methods. For example, hydrolysis of cellulose by using sulphuric acid incorporates anionic sulphate half-ester $(OSO₃⁻)$ (Fig. [2.4](#page-10-0)) (Sunasee and Hemraz [2018\)](#page-28-5) and hydrolysis by using phosphoric acid incorporates phosphate groups onto the surface of CNCs (Eyley and Thielemans [2014\)](#page-25-5). In such cases, the extent of the sulphate or phosphate groups onto the polymer can be estimated by elemental detection or functional group identifcation. Similarly, CNC-PNIPAAm is a polymer with anionic surface functionalization.

– **Zwitter-ionic surface functionalization:**

Zwitterion is a chemical moiety that has at least one positive and one negative electric charge. The net charge of the entire chemical species is zero. The surface charge of such molecules is a function of the pH value of the solution. It means

Fig. 2.4 Hydrolysis of cellulose through the use of sulfuric acid incorporating anionic sulfate half-ester (OSO₃⁻). Adapted with permission from Sunasee and Hemraz [\(2018](#page-28-5))

that they behave like cationic or anionic molecules below or above a particular pH value. However, the molecule behaves like a neutral molecule at a particular pH value, called an isoelectric point. At the isoelectric point, the zwitterionic molecule does not migrate at all, even under the application of electric feld. Such zwitterionic molecules can be exploited to functionalize the polymer surface. Wu et al. [\(2018](#page-29-8)) reported the grafting of zwitterionic PSBMA onto the cotton fabrics *via* intermediate reaction of reactive dye and a surface-initiated atom transfer radical polymerization method to develop a non-fouling property.

2.3.2 Classifcation on the Basis of Functional Group Modifcation

– **Amine functionalization:**

It is the tailoring of the amine groups onto the polymer surface. For example, the amine functionalized PS NPs can be synthesized by a copolymerization of styrene miniemulsion and a different amount of amine functionalized monomer such as 2-aminoethylmethacrylate hydrochloride (Fig. [2.5](#page-11-0)) (Holzapfel et al. [2005\)](#page-25-6).

– **Amide functionalization (Amidation):**

It is the tailoring or insertion of amide groups onto the polymer surface. Amidefunctionalized polymers have shown substantial electron mobility and have gained the most encouraging device performance in the feld of organic optoelectronics and polymer semiconductors (Guo et al. [2014\)](#page-25-7). Suresh et al. [\(2014](#page-28-6)) synthesized amide-functionalized microporous organic polymers from trimesic acid and *p*-phenylenediamine in the presence of thionyl chloride. The amide group in the polymer helps, e.g. to adsorb carbon dioxide molecules *via* Lewis acid-base type interaction.

– **Carboxylate functionalization:**

It is the tailoring of carboxylate groups onto the polymer surface. For example, the carboxylate functionalized PS NPs can be synthesized by mini-emulsion copolymerization of styrene and a different amount of carboxylic functionalized monomers such as AA (Holzapfel et al. [2005\)](#page-25-6). Murphy et al. [\(2005](#page-27-5)) reported the increased stability of polythiophene against oxidative doping due to the addition of an electron-withdrawing alkyl carboxylate substitute.

– **Ester functionalization (esterifcation):**

Esterifcation is the process of introducing the ester group onto the polymer surface. Esterifcation by substituting hydroxyl groups of polymers introduce less polar ester group onto the polymer surface. The hydroxyl substituted esterifcation is applied to hydrophobize polymer. For bio-application, natural α -hydroxy acids such as citric acid, glyceric acid, glycolic acid, lactic acid, malic acid, mandelic acid, tartaric acid, etc. can be used to catalyze the esterifcation of CNC (hydroxyl rich molecule). CNCs can, for example, be esterifed by treatment with acetic anhydride in presence of citric acid. Here, the hydroxyl group of α-hydroxy acid presumably induce a nucleophilic attack on the acylating agent (Ávila Ramírez et al. [2014](#page-23-1), [2017](#page-23-2)).

– **Surface acetylation:**

The acetyl group can be introduced onto the polymer surface by an acetylation process. For example, surface acetylation of CNC can be carried out by treating the CNC with acetic anhydride in presence of pyridine (Eyley and Thielemans [2014](#page-25-5)).

– **Surface acylation:**

It is the tailoring of acyl (RCO-) group onto the polymer by chemical method. For example, alkenyl succinic anhydride can be used as an acylating agent for polysaccharide nanocrystals in non-polar media (Gopalan Nair et al. [2003;](#page-25-8) Angellier et al. [2005](#page-23-3)).

– **Catechol functionalization:**

Catechol group of a molecule imparts water solubility, which makes it a useful candidate in the design of biomimetic materials. Catechol functionalization onto polymer such as Cs increases the bio-adhesiveness and antioxidant properties (Zhang et al. [2018](#page-29-9); Ryu et al. [2015;](#page-28-7) Faure et al. [2013\)](#page-25-9).

– **Oxidation:**

The oxidation modifcation of the functional groups on the surface signifcantly affects the surface charge density, hydrophilicity/hydrophobicity of polymer which infuences the cellular interactions accordingly. For example, the primary hydroxyl (hydroxymethyl) group of cellulose into carboxyl group is possible by 2,2,6,6-tetramethylpiperidinyloxyl radical-mediated oxidation process (Habibi et al. [2006](#page-25-10)). However, the oxidation of CNCs by sodium periodate can develop aldehyde functional group (Sun et al. [2015\)](#page-28-8).

2.3.3 Classifcation Based on the Polymer Grafting/Spraying

– **Polymer grafting:**

The results of current research have suggested the grafting of conjugated polymers into biopolymers to introduce novel functionalities with new features. Conductive polymer grafting over the specifed polymer introduces conductivity in the polymer composite. Surface functionalization of cellulose can, for example, be performed by direct grafting of P3HT *via* oxidative polymerization. The grafting of P3HT onto the cellulose surface increases the hydrophobic properties with lotus effect and also increases conductivity (Hai and Sugimoto [2018\)](#page-25-11).

– **Spray coating:**

The antibacterial or antimicrobial properties can be developed onto a polymer by a spray coating method. For example, mussel-inspired polyglycerol (MI-PG) can be successfully functionalized to impart antibacterial activities *via* the spray coating of an aqueous solution of silver nitrate (Schlaich et al. [2018](#page-28-9)).

– **PEGylation:**

PEG is an amphiphilic polymer composed of a repetitive unit of ethylene glycol. PEG is activated for polymer conjugation by substituting its terminal –OH functional group by appropriate group retaining its biological activities. The activated PEG may be PEG-aldehyde, PEG-alkyne, PEG-amine, PEG-hydrazine, PEG-NHS ester, PEG-thiol, etc. (Giorgi et al. [2014](#page-25-12)). This process links the PEG polymer chain to the target molecules *via* covalent or non-covalent bonding. PEGylation is most commonly adopted to functionalize proteins and anticancer drugs. Generally, PEGylation is carried out to improve the water solubility of substances such as drugs, proteins, etc. and to improve colloidal stability to polymers (Lin et al. [2008](#page-26-7); Veronese and Pasut [2005](#page-29-10); Pelaz et al. [2015\)](#page-27-6).

– **Silylation (silane grafting)**:

It is the process of introducing a substituted silyl group (R3Si) to a molecule such as alcohol, amine, carboxylic acid, phosphate, thiol, etc. of a particular polymer. The silane group can be introduced onto CNCs to increase hydrophobicity. APTES is a commonly used silane, and can functionalize the CNC surface for silylation. For example, Khanjanzadeh et al. [\(2018](#page-26-8)) linked the APTES hydrocarbon chain to the surface of the CNC *via* an Si-O-C bond by the condensation reaction between the hydroxyl group of CNC and the silanol group of APTES. This type of surface modifcation promotes the dispersion of the polymer into non-polar media. The surface properties of polymers can change with the incorporation of functionalized nanomaterials and, consequently, improve the effectiveness of the material for a specifc application (Pokharel and Lee [2014;](#page-27-7) Pokharel et al. [2015a;](#page-27-8) Pant et al. [2015;](#page-27-9) Pokharel and Truong [2014\)](#page-27-10). Figure [2.6](#page-14-0) shows the schematic diagram for grafting of PU chains onto the APTES-treated GO surface (Pokharel et al. [2015b](#page-28-10)). The epoxide groups of GO react with the amine group of aminosilane in aqueous medium *via* S_N^2 nucleophilic displacement (Pokharel et al. [2015b](#page-28-10)). Following Pokharel et al. ([2015b\)](#page-28-10), the GO-grafted APTES methoxy groups underwent hydrolysis and this was

Fig. 2.6 Schematic diagram to illustrate the functionalization of polymers during the preparation of GO-based PU nanocomposites. *BD* 1,4-butanediol, *FGSs* functionalized graphene sheets, *MDI* 4,4′-methylene diphenyl diisocyanate, *PTMEG* poly(tetramethylene glycol) (average Mw = 1000 g/ mol). Reprinted with permission from Pokharel et al. ([2015b](#page-28-10))

responsible for increasing the number of hydroxyl groups onto the GO surface. The hydroxyl and carboxyl groups onto GO surface can also react with the -NCO groups of MDI and the PU pre-polymer (Pokharel et al. [2015c,](#page-28-11) [2019](#page-28-12); Pokharel and Choi [2015;](#page-27-11) Pokharel [2014](#page-27-12)). As a result, the electrical, mechanical, surface and thermal properties of the nanocomposite are completely changed during the preparation of PU nanocomposites by *in-situ* polymerization (Pokharel et al. [2015c](#page-28-11), [2019](#page-28-12); Pokharel and Choi [2015;](#page-27-11) Pokharel [2014\)](#page-27-12).

2.4 Methods of Surface Functionalization of Polymers

The surface functionalization of polymer depends on several factors, such as the material used in the surface functionalization, the functional group intended to bind onto the polymer and purpose of the specifc application. Although several methods of surface functionalization of polymers are theoretically possible, practically some methods are limited by some types of technical problems and aspects of applicability. Basically, the surface modifcation/functionalization of polymer can be carried out by covalent fxation of chemical moieties, plasma treatment, wet chemical oxidation, and functionalization based on classical organic chemistry (Penn and Wang [1994\)](#page-27-0). Some commonly used methods of the surface functionalization of polymers are given below:

2.4.1 Plasma Treatment

Plasma is considered the fourth state of matter, it is a mixture of highly-excited molecular, atomic, ionic and radical species (Chu et al. [2002\)](#page-24-8). Plasma treatment can be used to etch the polymer surface, develop a certain functional group and thin layer coat of polymer on the substrate. For surface functionalization of polymer, plasma sources are selected to direct a particular functional group on the polymer surface to introduce the desired functionality without compromising their bulk properties. Plasma treatment with oxygen, ammonia or air can generate amine and carboxyl groups on the surface of the substrate. Air, water vapor and oxygen plasma are used to introduce oxygen-containing functional groups, while alkyl amine, ammonia, nitrogen, etc. are used to introduce nitrogen-containing functional groups.

Plasma treatment can also modify the polymer surface *via* different ways such as activation, cleaning, crosslinking, etching, etc. Chemical etching is promoted by radicals such as O_2 and CF_4 discharge, while physical etching is promoted by strong ion bombardment (e.g. argon plasma). Plasma treatment on polymer refnes the surface and also leaves some post-reaction-active sites (Hegemann et al. [2003\)](#page-25-13). Plasma treatment can increase or decrease the surface hydrophilicity of polymer. For example, oxygen plasma (mixing several reactive oxygen species) can improve the hydrophilicity while fuorocarbon treatment increases the surface hydrophobicity to the polymer. According to Park et al. ([2007a](#page-27-13)) the hydrophilicity of electrospun PLGA nanofbers can be increased by the gas plasma treatment method. The increase in hydrophilicity could be associated with the intrusion of polar functional moieties (Park et al. [2007a\)](#page-27-13), whereas air plasma treatment on PCL nanofbers can, for example, introduce –COOH functional groups which can help gelatin grafting in the presence of carbodiimide cross-linker (Ma et al. [2005a](#page-26-9)).

Plasma treatment followed by grafting of hydrophilic moieties could also be an alternative approach to polymer surface modifcation. For example, the surface of biodegradable polymers such as PGA, PLGA and PLLA can be chemically modifed by an oxygen plasma treatment which makes a room for grafting hydrophilic acid such as AA. Such grafting of hydrophilic moieties can be evidenced by a higher ratio of oxygen to carbon, a lower contact angle and the presence of a carboxylic acid group. Such surface-functionalized scaffolds improve the cell attachment and proliferation (Park et al. [2007b\)](#page-27-14). The surface of the electro-spun PVDF fbers can also be treated to argon plasma followed by graft-copolymerization with methacrylic acid, thus increasing material hydrophilicity (Kaur et al. [2007\)](#page-26-10). Hetemi and Pinson ([2017\)](#page-25-14) showed that the surface functionalization of S-Nitrosated

lactic acid glycolic acid S-nitrosocysteine

Fig. 2.7 Surface functionalization of S-Nitrosated PLGA-cysteine (PLGH-cysteine) by water plasma treatment without disturbing the active NO group. Adapted with permission from Hetemi and Pinson [\(2017](#page-25-14))

PLGA-cysteine (PLGH-cysteine) by water plasma treatment without disturbing the active NO group can also decrease water contact angle values from 116° to 0° (Fig. [2.7](#page-16-0)).

2.4.2 UV Treatment

Surface functionalization of polymer can be made feasible by UV treatment (~200–400 nm of radiation). The effect of UV treatment depends on the UV irradiation parameters (distance, power and time of UV irradiation), room temperature, concentration of functionalizing and oxidizing agent (Gutiérrez and González [2016\)](#page-25-15). UV treatment can cause surface functionalization of polymer *via* radical formations, or oxidation of the polymer or some types of bond cleavage (Hetemi and Pinson [2017](#page-25-14)). For example, surface functionalization of PES nanofbers can be carried out by UV irradiation into the PES nanofbers immersed in an aqueous solution of functionalizing agent (e.g. AA) in the presence of oxidant (e.g. sodium periodate solution) (Chua et al. [2006\)](#page-24-9). The functionalization of AA onto the substrate introduces a functional group of carboxylic acid, while the poly(acrylic acid) grafted PES can further be conjugated with other chemical moieties (such as the amino groups) by using different spacers (butylene, ethylene, hexylene, etc.) ethylene diamine employing carbodiimide crosslinking technique (Chua et al. [2007](#page-24-10)).

2.4.3 Ozone Treatment

Surface functionalization of polymer by ozone treatment method is also a type of oxidation process. This can develop the peroxide formation on or within the polymer, making a space for the binding of the active group. For example, an active group can be linked onto PE *via* ozone treatment (Hetemi and Pinson [2017](#page-25-14)).

2.4.4 Electrospinning

The desired functional group in the polymer can be introduced by electrospinning of the mixing solution. For example, the primary amino groups can be introduced onto the polymer surface by electrospinning of the PLGA and PLGA-*b*-PEG-NH2 diblock copolymer mixture. Such surface-aminated polymeric fbers offer rich sites for enzyme or peptide immobilization, which lead to greater cell attachment and proliferation (Kim and Park [2006\)](#page-26-0).

2.4.5 Enzyme Immobilization

In some cases, polymer nanofbers are activated and processed for a chemical reaction with enzyme such as lipase. For example, hydrogen chloride gas can be bubbled into the PAN fber immersed in an absolute ethanol solution to introduce imidoester (R-CNH-OR′) functionalities which impart the sites for conjugation with amine moieties of lipase (Fig. [2.8](#page-17-0)) (Li et al. [2007\)](#page-26-11).

Fig. 2.8 Modifcation of PAN fber by enzymatic immobilization of lipase. Adapted with permission from Li et al. ([2007\)](#page-26-11)

2.4.6 Hydrolysis

Hydrolysis of the esters produces carboxylic acid and hydroxyl groups. The carboxylic acid groups can be introduced into the ester bond polymer by hydrolysis, which would be benefcial for further processing. For example, partial hydrolysis of PCL fbers develops carboxylate groups which promotes the nucleation of calcium ions during the biomineralization process (Fig. [2.9](#page-18-0)) (Araujo et al. [2008](#page-23-4)). Similarly, the hydrolysis of PET produces a polymer surface with functionality of the carboxyl and hydroxyl groups (Chen and McCarthy [1998\)](#page-24-11).

2.4.7 Grafting

It is the method of chemical immobilization of molecular moieties or polymer chain onto the polymer surface. The polymer chain can be linked onto the polymer either by graft polymerization (synthesis of polymer chains from the reactive sites of the polymer substrate) or by polymer grafting (attachment of polymer segment previously synthesized onto the polymer substrate). Proteins or some types of monomers are covalently conjugated onto the material surface to alter surface chemistry. The polymer surfaces are activated with some types of reactive groups followed by grafting of the desired functionality. The polymer surface activation can be carried out by ozone exposure, plasma treatment, UV irradiation, etc. Chemical grafting method is more prone to toxicity compared to the physical adsorption method (Tang et al. [2008\)](#page-28-0).

Fig. 2.9 Hydrolysis of PCL using sodium hydroxide. Adapted with permission from Araujo et al. [\(2008](#page-23-4))

2.4.8 Chemical Reduction

The functional groups of some polymer can be reduced to other types by treating the polymer with some types of reducers such as NaBH4. For example, the ketone functional group of PEEK polymer can be reduced to hydroxyl functional group by treating the polymer with NaBH₄ in DMSO at 120 °C (Fig. [2.10\)](#page-19-0) (Park et al. [2007b\)](#page-27-14). The –OH group can further be transformed into other desired functionalities by some types of chemical treatment (Hetemi and Pinson [2017](#page-25-14); Diez-Pascual et al. [2009\)](#page-24-12). Similarly, the alcohol functionality can be introduced onto PET by reducing it with lithium aluminum hydride (Chen and McCarthy [1998\)](#page-24-11).

Some specifc polymers and approaches for surface functionalization, as well as their advantages are briefy presented in Table [2.1.](#page-20-0)

Fig. 2.10 Surface functionalization of PEEK polymers by transforming its carbonyl group into hydroxyl group by the reducing action of NaBH4 in DMSO medium. Adapted with permission from Hetemi and Pinson [\(2017](#page-25-14))

Surface functionalization of polymers			
Polymers	Approaches	Achievements	References
PCL	Immobilization of soluble eggshell membrane on PCL electros-pun mat	Increases hydrophilicity and proliferation of human dermal fibroblasts	Jia et al. (2008)
PCL	Plasma treatment on PCL mat	Increases hydrophilicity and improves Schwann cell adhesion and proliferation	Prabhakaran et al. (2008)
PCL	Plasma treatment on PCL mat followed by immersion in a synthetic body fluid solution	Increases biomineralization and hydrophilicity	Yang et al. (2008)
PCL	Alkaline hydrolysis followed by peptide coupling	Carboxylic acid group is introduced by ester hydrolysis, peptide coupling can increase the cell attachment and proliferation	Sun and Önneby (2006)
PET	Formaldehyde treatment on PET nanofibers to introduce hydroxyl group on the surface of the substrate	Improves the viability of endothelial cells	Ma et al. (2005b)
PES	Helium plasma or UV treatment on PES mat	Improves stability in acetonitrile medium where amination can be carried out efficiently	Chen and Belfort (1999)
PLA	Surface functionalization by heparin or hyaluronic acid	Sustained drug delivery for growth factors	Kim and Park (2008)
PLA, PLGA, PS, silk fibroin	Plasma treatment	Increases hydrophilicity and improves the cellular affinity of porous scaffolds	Yang et al. (2002) and Cheon et al. (2010)
PLLA, PCL	Alkaline hydrolysis	Increases biomineralization and hydrophilicity	Yoo et al. (2009)
Ester, PLLC	Surface aminolysis	Develops surface positive charge and creates amine functionalized surface	
PET nanofibers	Modification of PET nanofibers with PMAC by graft polymerization in mild condition	Increases surface hydrophilicity Introduces multifunctional groups on the surface which support for the covalent immobilization of bioactive molecules. This enhances the cell adhesion, proliferation, and differentiation	
PU nanofibers	Modification of PU nanofibers with poly(4- vinyl-N-hexyl pyridinium bromide) on the surface	Improves antibacterial properties	

Table 2.1 Surface functionalization approaches for some polymers

(continued)

Surface functionalization of polymers			
Polymers	Approaches	Achievements	References
PDA	Amines (Schiffs base) reaction) or thiols (Michael addition)	Organic ad-layer formation	Lee et al. (2007)
PLLA	Co-electrospinning (electrospinning of the HAp/PLLA mixture)	High surface free energy, increases hydrophilicity and decreases degradation rate	
PP. PE	Water vapor plasma treatment	Increase hydrophilicity	Lee et al. (1991)
PP, PE, polyester	Wet chemical oxidation	Introduces carbonyl, hydroxyl and carboxylic group onto the polymer surface	Penn and Wang (1994)

Table 2.1 (continued)

2.5 Analytical Techniques for Surface Characterization

The surface functionalization of polymer causes some types of chemical and physical changes associated to surface chemistry, morphology and topography, as well as hydrophilicity or hydrophobicity, crystallinity and functional group on the polymer surface. Accurate evaluations of such modifcations are required in relation to physicochemical characterizations and their targeted objectives. However, the characterization is a bit sensitive because the mass or volume of the functionalizing species is extremely low in relation to bulk mass. In addition, the spectroscopic signal from the bulk mass overwhelms the contribution from the surface. No single method of characterization can provide a complete evaluation of the surface. Many of the characterizations in concert can give supporting evidence on surface characterization. The techniques commonly used for the assessment of surface functionalization of polymers are given in Table [2.2.](#page-22-0)

2.6 Recent Trends in the Surface Functionalization of Polymers

Several approaches of surface functionalization of polymers have been practiced for some decades. In this sense, surface functionalization of polymer should be carried out without compromising their inherent biocompatibility, biodegradability concerns, non-cytotoxicity and bulk properties. Until now, the surface functionalization of polymers has expanded the various promising aspects of the polymer, from physical applications to biomedical applications. Currently, research is not limited to only reducing or increasing the hydrophilicity of polymers, but are expanding for multipurpose applications. In addition, modulation of the degree of surface functionalization has been achieved based on the polymer nature and the fux of reactive

Measurement properties	Characterization method	References
Surface morphology and roughness	Field emission scanning electron microscopy (FESEM)/atomic force microscopy (AFM)	Pant et al. (2011)
Surface hydrophilicity	Water contact angle	Croll et al. (2004) and Tiwari et al. (2017)
Functional group insertion or modification	FTIR	Tiwari et al. (2018)
Crystallinity	XRD	Bhattarai et al. (2019a)
Elemental detection	EDX	Bhattarai et al. (2019a)
Surface composition and elemental analysis	XPS	Weibel (2010)
D/G ratio in carbon materials	Raman spectra	Pokharel et al. (2019)
Hyperthermia	Photothermal performance	Tiwari et al. (2018, 2019) and Bhattarai et al. (2019a)
Chemical analysis	NMR	
Surface charge measurement	Zeta potential	Bhattarai et al. (2019b)

Table 2.2 Surface characterization methods commonly employed

plasma species (Vesel and Mozetic [2017](#page-29-13)). Selective synchrotron radiations can be applied to functionalize the polymer in presence of reactive gas species (Weibel [2010\)](#page-29-14). Medical implants are more susceptible to microbial attack and embedding. Polymer-coated implants must retain certain specifc properties for their targeted applications. Sterilization and other material processing events should not deteriorate the properties of polymers. For this reason, surface functionalization of polymer should be seen as a holistic approach rather than as a stereotype. Today, surface functionalization of polymers has developed new properties on the simple state of the polymer. For example, Tiwari et al. [\(2018](#page-29-15)) functionalized the PCL electro-spun mat by using poly(pyrrole) *via* chemical polymerization to induce photothermal property for hyperthermia applications targeted at cancer treatment. PDA surface functionalization onto PCL mat unveils an efficient photothermal chemotherapy route (Tiwari et al. [2019\)](#page-29-0).

Although there have been several types of surface functionalization approaches in practice, surface functionalization by plasma treatment has played a leading role among many other methods. The reasons behind the main role of plasma treatment in surface functionalization is that plasma treatment can introduce various functional groups with different concentrations (Zille et al. [2015;](#page-29-16) Kajjout et al. [2019\)](#page-26-15). For example, oxygen plasma treatment can introduce several oxygenated functional groups, such as carbonyl (>C=O), ether (C–O–C), hydroxyl (–OH), peroxy (–C–O– O–), etc. As plasma treatment does not involve the maximum use of harsh chemicals, it is more applicable in industrial sectors.

2.7 Conclusion

Regarding the various aspects of surface functionalization of polymers, the crucial issue is to tune the surface functionalities without compromising the inherent bulk properties, targeted for a specifc application. Specifcally, the related nanotoxicology and cytotoxicity issues are the main concerns regarding their bioapplication in clinical trials. However, it may get some exemption of toxicity concerns for physical applications. To date, signifcant progress has been made in the feld of surface functionalization of polymers. A large number of polymer surface functionalization approaches have been designed, formulated and employed in recent decades. Successes in surface functionalization of polymers has led to progress in the design and formulation of multifunctional platforms to recapitulate the complex functioning process both in biological and physical felds. The surface functionalization of polymer has not only modifed the polymer surface, but also provides effciencies of differential immobilization and release kinetics of growth factors and drugs. The surface functionalized polymer can be used for a wide range of nanocarriers to improve the therapeutic efficacy. Future research directions related to surface functionalization of polymer should be focused on a comprehensive understanding of surface functionalized polymer-tissue interactions and optimization for long-term performance.

Acknowledgments D. Xiao sincerely acknowledges the Jacob F. Buckman Chair endowment fund at the University of New Haven. P. Pokharel and D. Xiao gratefully acknowledge the Higasket Research Fund.

Conficts of Interest The authors declare no confict of interest.

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