

Desmoid Fibromatosis and Dermatofibrosarcoma Protuberans

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Introduction

Desmoid tumors (DTs, also known as desmoid-type fibromatosis) and dermatofibrosarcoma protuberans (DFSP) are rare mesenchymal neoplasms of fibroblastic/ myofibroblastic derivation.

DT can be locally invasive, but has no metastatic potential. They account for 0.03% of all neoplasms with an annual incidence of 2–4 per 1,000,000 individuals [3, 10, 37]. The peak age of presentation is between 30 and 40 years of age. In contrast to its superficial counterpart, palmer/planter fibromatosis, DT typically occurs in the deep soft tissues. Most desmoids arise sporadically, although some may be associated with trauma or pregnancy. Approximately 5–10% of desmoids occur in patients that have familial adenomatous polyposis (FAP); 10–20% of FAP patients will develop DT [52]. Nuchal fibromas (Gardner's syndrome) can occasionally transform into desmoids [53].

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DFSP is a soft tissue neoplasm that is locally invasive and a subset have metastatic potential. They account for less than 0.1% of all malignancies, but are the most common sarcoma of the skin [54]. The annual incidence of DFSP is 1–4 per 1,000,000 individuals [6, 7]. It is most commonly seen between 20 and 50 years of age. Most DFSPs are low grade tumors. However, fibrosarcomatous transformation (FS-DFSP) occurs in 5–15% of tumors. FS-DFSP is an intermediate grade sarcoma that has a 10–15% chance of metastasis [8]. The presence of a positive surgical margin significantly increases the risk of local recurrence in DFSP [9, 24, 40].

Histology and Molecular Genetics

DT

DTs are characterized histologically by infiltrative fascicles of monomorphic spindle cells. The majority (85%) of sporadic tumors contain mutations in exon 3 of the CTNNB1 gene which encodes for β -catenin [1, 2, 22]. Recent studies have shown that many of the so-called "wild-type" (15%) DT will actually contain mutations in *CTNNB1* with deeper sequencing [55]. Familial DT and a subset of sporadic DT display mutations in the adenomatous polyposis coli (*APC*) gene [56, 57].

DFSP

DFSP originates superficially in the dermis or subcutis. Histologically it is characterized by storiform whorls of monomorphic spindle cells [58]. FS-DFSP is associated with architectural transformation into a herringbone pattern, and greater pleomorphism and mitotic activity; frequently, these tumors will also lose expression of CD34, an immunohistochemical marker typical of DFSP. Greater than 90% of tumors exhibit a translocation resulting in *COL1A1-PDGFB* gene fusion [5], which renders the tumor sensitive to imatinib.

Staging and Prognosis (See Table 8.1)

DT

DT is not included in the most recent American Joint Committee on Cancer AJCC 8th edition staging system as it is considered a benign neoplasm. Staging systems

	Prognosis [9–17]	
	5-year overall survival (OS) (%)	5-year local recurrence (LR) (%)
DT	$76^{a} - 100$	20–47
DFSP	98–100	3–25

 Table 8.1
 Prognosis of DT and DFSP

aIntra-abdominal DT in FAP patients - deaths due to complications of DT treatment or other causes

for intra-abdominal DT in the context of FAP has been proposed based on size, symptoms, growth, and complications [59].

DFSP

The AJCC 8th edition is the current recommended staging system for DFSP. Staging differs based on location of the primary tumor; extremities and trunk vs. head and neck.

Management (See Table 8.2)

DT

There has been a paradigm shift in the management of DT from upfront surgical resection to upfront active surveillance [18, 19, 25, 65]. A large recent prospective French

Workup	Management	Follow-up
History and	Trial of active surveillance to assess growth rate	History and
physical exam	(1-2 years)	physical exam
Imaging:	Ensure discontinuation of all exogenous	every 3-6 months
MRI preferred	estrogen (i.e., oral contraception)	to establish pattern
for abdominal	Consider active treatment if:	of growth MRI or
wall, trunk, and	Progression over at least 2 subsequent	CT every
extremity (CT if	assessments	3–6 months for
MRI not	Increase of symptom burden	first 2 years
available)	Disease close to critical structure (mesentery,	If stabilization/
CT for intra-	head and neck)	regression \rightarrow
abdominal lesions	Initial medical treatment on progression:	active surveillance
Investigations:	Intra-abdominal/retroperitoneal DT	with annual MRI/
Percutaneous	Head and neck, extremity, chest wall DT	physical exam
core biopsy	Abdominal wall DT	Can consider US if
MCC discussion	Medical treatment options:	demonstrated
Consider	Consider targeted agents ^a or cytotoxic	long-term stability
colonoscopy to	chemotherapy ^b [26–31]	In case of
r/o FAP (higher	Consider for a clinical trial or trial of NSAIDs ^c	progression,
risk in <40,	or antiestrogens ^d if the above options not	consider medical
multifocal,	possible	or surgical
intra-abdominal/	Surgical resection can be considered at all DT	treatment
retroperitoneal	sites if progression on medical treatment; the aim	
DT, family hx of	is for gross resection with preservation of function	
colon cancer)	Radiotherapy can be first-line alternative in highly	
	selective cases (age, comorbidities, etc.)	

Table 8.2 Management, workup, and follow-up for DT

ER/PR estrogen receptor/progesterone receptor, MCC multidisciplinary cancer conference, NSAIDs nonsteroidal anti-inflammatory drugs, US ultrasound, TKIs tyrosine kinase inhibitors ^aFor example, sorafenib, pazopanib

^bFor example, Methotrexate plus vinca alkaloid, doxorubicin, liposomal doxorubicin, dacarbazine ^cFor example, sulindac, indomethacin

^dFor example, tamoxifen, raloxifene, toremifene

study showed no difference in surgery vs. active surveillance in 2-year event-free survival [60]. Similar results have been observed in studies comparing initial active surveillance to upfront medical therapy [63]. Studies have demonstrated through multivariate analysis and predictive nomograms that age (<37), tumor site (non-abdominal wall), and tumor size (>7 cm) are independent risk factors for local recurrence after resection [20, 21]. Specific mutations in exon 3 such as S45T have also been associated with increased risk of recurrence after resection [22, 23]; whether this mutation is associated with tumor progression during active surveillance is currently being prospectively studied.

Special Notes

Recurrence:

- Recurrent DT should be managed in a similar fashion to primary DT with consideration to previous therapies, tumor location, and biology
- Patients with multiple recurrences after adequate resections should be considered for medical therapy

Margins:

- The aim of surgical resection should be negative histologic margins with preservation of function. Despite this, 25% of cases with negative margins will recur locally.
- The evidence is controversial on margin status and recurrence. Therefore, unlike sarcomas, positive margins should be followed and not necessarily re-excised [65].

Imaging:

• A baseline MRI and assessment of T2 hyperintensity within the tumor may be predictive of desmoid progression during active surveillance [64].

Medical Therapy:

Several options and considerations for medical therapy are listed in Table 8.3. The discussion of pros/cons of various therapies with the patient will aid in decision-making.

Regression:

• Spontaneous regression has been reported in 19–28% of cases [20, 32]; this is seen predominately in abdominal wall DT.

FAP:

- Younger patients (<40 years) with a new diagnosis of DT should be screened for FAP with colonoscopy.
- Intra-abdominal or retroperitoneal DT, multifocal disease, and positive family history are associated with FAP.

-	Number of	Objective		
Type of therapy	patients	response rates	Considerations	Reference
Targeted therapy1.Sorafenib2.Pazopanib3.Imatinib	87 72 51	33% 37% 5%	Total duration of therapy remains unclear	Gounder MM; 2018 [41] Maud T; 2018 [42] Chugh R; 2010 [43]
Cytotoxic chemotherapy			1. Intravenous therapy,	Azzarelli A; 2001 [44]
1. Metho- trexate/ vinblastine or vinorelbine	30 11 14	40% 54% 33%	prolonged course2. Hair loss with doxorubicin	Patel S; 1993 [45] Constantinidou A; 2010 [46]
 Doxorubicin/ dacarbazine Pegylated liposomal doxorubicin (PLD) 			doxorubiciii	
Nonsteroidal anti- inflammatory drugs (NSAIDs)			May be considered in patients with FAP	Nishida Y; 2012 [47] Tsukada K; 1992 [48]
 Meloxicam Sulindac 	20 14	40% 57%		
Antiestrogen therapy			Use with caution in	Brooks M; 1992 [49]
 Toremifene or tamoxifen Toremifene 	20 27	65% 26%	premenopausal women due to ovarian cyst development	Fiore M; 2011 [50]
Gamma- secretase inhibitors			Duration of therapy unclear. Diarrhea can be	Kummar S; 2017 [51]
1. Nirogacestat	17	29%	problematic.	

Table 8.3 Type of medical therapy for DT

• FAP patients with DT have a higher rate of recurrence and nonsurgical options should be strongly considered prior to resection [11].

Pregnancy:

- Disease progression often occurs during pregnancy but can generally be managed safely with close observation with serial US in most cases [33].
- The risk of adverse obstetric events is not increased in DT [33].
- DT should not be a contraindication to future pregnancies [33].
- Tumors arise in previous caesarian-section sites.

Workup	Management	Follow-up [62]
History and physical exam	Surgical resection	Low risk DFSP (wide R0, no
Investigations:	Wide local excision (WLE)	FS changes)
Percutaneous or excisional	2–3 cm	Routine self-examination
biopsy	Plastic surgery consultation if	Np formal follow-up
MRI in selected cases to	primary closure is anticipated	Low risk DFSP (close R0, R1,
assess extent/depth/	to be challenging ^a	no FS, difficult to examine
multifocality	Medical treatment:	locations, i.e., axilla,
Routine staging not indicated	Imatinib (inoperable	perineum, etc.)
unless:	tumors or preoperative	Annual clinical exam ×
Clinical signs of	downstaging to preserve	10 years
metastases	function, limit extent of	No routine imaging
Recurrent disease	soft tissue reconstruction)	High risk DFSP (FS changes)
Fibrosarcomatous		Clinical exam + CXR
transformation		q3–6 months \times 2–3 years
MCC discussion		then annually \times 10 years
		total

Table 8.4 Workup, management, and follow-up for DFSP

^aApproximately 30% of reconstructions require plastic surgery techniques [35]

- 17% of pregnancy induced DT experience spontaneous regression [33].
- Discontinue the use of exogenous hormones as they can impact growth.

Radiation Therapy:

- In selected circumstances such as age, patient intolerance/preference to surgical/ medical therapy, comorbidities, rapidly growing lesion threatening vital structures (head and neck, limb salvage, etc.), radiation can be considered in as a treatment for DT [65].
- May be considered in patients with multiple local recurrences or unresectable disease, but MCC discussion should be conducted prior to treatment [34].

Primary DFSP (See Table 8.4)

The primary treatment modality for localized DFSP is surgical resection with negative margins. Local recurrence has been associated with depth of invasion, anatomical location, margin status [40], and FS status [61].

Special Notes

Imatinib:

- Consider neoadjuvant imatinib for large, borderline resectable, or complex recurrent lesions in order to downsize prior to surgery.
- Can also use imatinib to help with function preservation.

Resection:

- Wide local excision is preferred, 2–3 cm in non-critical areas. Margins may be limited in facial resections.
- Mohs micrographic surgery (MMS) is not recommended in the treatment of DFSP.

Margins:

- Negative histologic margins should be the goal of surgical resection (R0).
- The ideal planned margins are 2–3 cm radially in the dermis with fascial clearance deep to tumor.

Reconstruction:

• Delayed definitive reconstruction for complex resections until margin status is confirmed can be considered in some cases.

Recurrence:

- Treat with surgical resection if possible.
- Local recurrence rates have been reported between 1% and 22% [35, 40, 61].

Lymph Nodes:

• Assessment of regional lymph nodes is not required in the absence of clinically or radiologically apparent disease.

FS-DFSP:

• Approximately 10–15% of DFSP contain fibrosarcomatous progression that behaves more aggressively (i.e., widespread metastasis) than classic DFSP [36].

Radiation Therapy:

• May be useful for recurrent tumors when surgical morbidity limits ability to reexcise. Delivery of radiation is considered only after multidisciplinary discussion [62].

Metastatic DFSP (See Table 8.5)

Special Notes

Metastases

- Most commonly occur in lungs.
- Can also occur in pancreas, liver, and bone [61].

Medical Therapy:

- Imatinib can be used for unresectable, recurrent, or metastatic disease.
- >90% of DFSP are characterized by the t(17;22) chromosomal translocation and may be susceptible to targeted platelet-derived growth factor inhibition [38].
- Response rate has been reported at 50%.

Workup	Management	Follow-up
History and physical exam CT chest/abdo/pelvis Case discussion at MCC	Systemic therapy with imatinib Consider resection (lung, liver) if: R0 resection can be achieved Favorable biology (slow growing, long disease-free interval) Primary tumor is resected or resectable Isolated/few metastases Radiation therapy for unresectable, progressive, or bony metastases	As clinically warranted

Table 8.5 Workup, management, and follow-up for metastatic DFSP

• There is limited data on cytotoxic chemotherapy and its utility in DFSP; when transformation has occurred, traditional cytotoxic therapies may be considered in the palliative setting.

Landmark Publications

There are limited prospective randomized control trials (RCT) on the management of DT (see Table 8.6) or DFSP (see Table 8.7). Management is largely dictated by consensus statements formed by expert, high-volume centers [65].

DT

DFSP

Referring to Medical Oncology

DT

- 1. Patients with progressive or recurrent disease.
- 2. Multifocal disease.
- 3. FAP patients.

Study	Methods	Results
Burtenshaw et al. [15]	Retrospective review <i>n</i> = 213 Abdo wall DTs Primary DT with no prior treatment (Group A) vs. previously resected DT (Group B) vs. recurrent DT (Group C)	Abdo wall (48%) or intra-abdominal (43%) Group A ($n = 176$) 93% of patients who underwent observation alone (54/58) had stable disease or spontaneous regression 38% (67) overall required surgery (primary treatment or second line after observation/medical tx) 24% recurrence after surgery (med f/u 22 months) Abdo wall DT >7 cm and intra-abdo DT more likely to recur Group B ($n = 19$) 95% managed with upfront observation despite 63% having had R1/R2 resection Group C ($n = 18$) 61% managed non-operatively
Gronchi et al. [39]	Retrospective review $n = 203$ All patients treated with surgical resection All patients had complete macroscopic resection	DFS better in primary disease than recurrent disease (76% vs. 59% at 10 years)
Nieuwenhuis Et al. [4]	Retrospective population- based review $n = 519$ All Dutch patients with DT over a 10-year period	7.5% of DT associated with FAP factors identified with FAP- associated DT: Male, age < 60, intra-abdominal location
Gounder et al. [41]	Phase III RCT <i>n</i> = 87 Progressive, recurrent, or symptomatic DT Sorafenib vs. placebo	2-year PFS 81% vs. 36% Of note, objective response in placebo arm of 30%, consistent with spontaneous regression rates
Penel et al. [60]	Prospective randomized study Initial surgery vs. initial observation $n = 771$	Overall 2-year EFS 53% vs. 58% Favorable location DT (abdo wall, intra-abdo, breast, digestive viscera, lower limb) similar 2-year EFS (70% vs. 63%) Unfavorable location (chest wall, upper limb, head and neck) 2-year EFS significantly better in observation group (25% vs. 52%)
Salas et al. [20]	Multi-institution retrospective review $n = 426$ All patients had sporadic DT	Subgroup of patients treated with wait-and see (policy 19% spontaneous remission) Age, tumor size, tumor site (extra-abdominal) predictive of PFS on multivariate analysis

Table 8.6 Landmark publications for DT

RT radiation therapy, DFS disease-free survival, PFS progression-free survival, EFS event-free survival

Study	Methods	Results
Bowne et al. [9]	Retrospective review N = 159 All patients treated with WLE 16% had ES-DESP	Positive margins and FS-DFSP predictors of poor outcome 2% of patients developed metastases and died of disease
Fiore et al. [16]	Retrospective review N = 218 All patients treated with WLE	Low rate of LR at 5 years (3%) Rate of distant metastases at 5 years (2%)
Huis in't Veld et al. [61]	Retrospective review N = 357 87.5% treated with WLE 11.5% treated with MMS 17.4% presented with local recurrence 11.4% had FS-DFSP	LR rate 22.7% Median time to recurrence 55.5 months FS-DFSP and positive margin prognostic for recurrence 61.7% of LR identified by self-examination Rate of distant metastases 1.1% at median time of 68 months
Fields et al. [40]	Retrospective review N = 244 All patients treated with WLE	Depth and margin status predictive of DFS Low LR with WLE (92% DFS at 5 years)

Table 8.7 Landmark publications for DFSP

FS-DFSP DFSP with fibrosarcomatous transformation, *DFS* disease-free survival, *WLE* wide local excision, *LR* local recurrence

DFSP

- 1. All patients with metastatic, recurrent, or unresectable disease.
- 2. Patients considered for neoadjuvant therapy to downstage bulk of disease or to preserve function.

Referring to Radiation Oncology

DT

- 1. Patients with multiple local recurrences for consideration of combined pre- or postoperative treatment.
- 2. Patients with unresectable disease that has progressed on medical therapy.
- 3. Patients with progressive disease not amenable to frontline medical or surgical therapy due to comorbidities/preferences.

DFSP

- 1. Patients with positive margins after maximal surgical resection.
- 2. Patients with DFSP-FS progression not amenable to surgery.
- 3. Patients with disease not amenable to frontline medical or surgical therapy due to comorbidities/preferences.

Referring to Multidisciplinary Cancer Conference (MCC)

DT

All cases should be discussed.

DFSP

All cases should be discussed.

Toronto Pearls

DT

- The biology and behavior of DT can be greatly varied between growth, stabilization, or regression. Non-aggressive interventions including active observation are increasingly employed in DT patients. Systemic therapy choices must balance quality of life, drug access, and symptoms.
- Percutaneous core biopsies should ideally be done with image guidance at sarcoma centers with specialized radiologists. A minimum of 4 good quality tissue cores should be obtained for accurate diagnosis.
- Pathology review should be performed by expert pathologists experienced in sarcoma.
- DT is commonly seen in young patients and has no metastatic potential. Surgical resection, if undertaken, should focus on preservation of function to avoid significant morbidity.
- DT is rarely a cause for mortality except in large, recurrent intra-abdominal tumors (particularly in FAP). Consequently, a multidisciplinary approach should be considered before embarking on extensive surgical resection.

DFSP

- Pathology review should be performed by expert pathologists experienced in sarcoma with access to appropriate molecular diagnostic techniques for accurate diagnosis.
- Definitive treatment is surgical resection in DFSP. A wide local excision should be performed to minimize local recurrence.
- Patients with DFSP-FS progression should be followed closely as they have a higher propensity for metastatic disease.
- Consider the use of imatinib in the neoadjuvant setting for locally advanced disease or in the management of metastatic disease.

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