

Chapter 2

Cholangiocarcinoma



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Epidemiology of BTC

Cholangiocarcinoma (CCA) is a malignancy that arises from the epithelium lining the bile ducts. CCAs are subdivided based on anatomic criteria into intrahepatic (iCCA), perihilar (pCCA), and distal cholangiocarcinoma (dCCA). The most recent estimates from the Global Burden of Disease Study are of 184,000 incident cases of biliary tract cancer (BTC) worldwide in 2016, with 108,000 (59%) occurring in women and 76,000 (41%) in men [1]. Particularly concerning is the evidence for

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increasing incidence of CCA in younger birth cohorts. The risk factors most strongly associated with CCA are those characterized by chronic inflammatory states. However, most CCAs are sporadic, with no identifiable risk factors. In Western countries, primary sclerosing cholangitis (PSC) is the most recognized risk factor for CCA. Even though PSC is a well-established risk factor for CCA, the incidence of CCA in patients with PSC is relatively low at 0.5–1.5% per year, reflecting the fact that most of the CCA cases diagnosed in Western countries arise de novo [2–7].

At present, there are no effective screening protocols for early detection of sporadic CCA, nor explicit recommendations for screening of PSC patients for CCA. The most effective strategy for detecting early CCA in PSC involves annual magnetic resonance imaging (MRI) and magnetic resonance cholangiopancreatography (MRCP) or ultrasound and CA 19-9, followed by endoscopic retrograde cholangiopancreatography (ERCP) and brush cytology or forceps biopsy for evaluation of suspicious strictures [8]. This strategy, however, is invasive and costly [9]. The only curative modality for CCA is surgical resection or liver transplantation for early-stage disease [10]. The vast majority of patients with CCA have late-stage disease not amenable to surgical resection with curative intent [11]. The standard of care for intermediate to advanced stage CCA, which is chemotherapy, is typically accompanied by significant toxicity and a high rate of recurrence. In this chapter, we provide a detailed review of the current practices employed to evaluate and manage patients diagnosed with CCA, with a particular emphasis on the imaging features.

Imaging of Cholangiocarcinoma (CCA)

Imaging Classification Overview: Anatomic Location and Morphology

Cholangiocarcinoma (CCA) can be classified at imaging by anatomic location and morphologic growth pattern [12]. CCA classified by location includes (i) intrahepatic CCA (iCCA) occurring proximal to the second-order bile ducts, (ii) perihilar CCA (pCCA) occurring from the second-order bile ducts to the level of the cystic duct origin, and (iii) distal CCA (dCCA) occurring from the cystic duct origin to the ampulla of Vater [13, 14]. CCA classified by morphologic growth pattern includes (i) mass-forming exophytic subtype which appears as a focal hepatic mass, (ii) periductal infiltrating subtype which appears as longitudinal tumor with growth along the bile ducts, (iii) intraductal polypoid type which appears as a focal intraluminal mass, and (iv) mixed pattern [15]. The initial imaging modality for detection of CCA may vary from incidental detection such as in a patient with new onset jaundice versus screening detection in high-risk populations such as those with known cirrhosis or primary sclerosing cholangitis [16] (Figs. 2.1, 2.2, 2.3, 2.4, 2.5, and 2.6).

Imaging Features

Intrahepatic CCA (iCCA)

iCCA or peripheral cholangiocarcinoma occurs proximal to the second-order bile ducts. The mass-forming exophytic type is the most common subtype of iCCA (80%) followed by periductal infiltrating, intraductal growth with or without papillary features, and mixed subtypes [15, 17]. Imaging features of iCCA are dependent on size, morphologic growth pattern, and degree of intratumoral fibrosis, necrosis, or mucin content (Figs. 2.1, 2.2, 2.3, and 2.4).

Ultrasound (US)

On US, mass-forming iCCA may appear as a nonspecific focal mass with variable echogenicity ranging from a hypoechoic (<3 cm) to hyperechoic (>3 cm) mass with heterogeneous echotexture depending on degree of fibrosis, necrosis, mucin content, or calcification and occasional peripheral echogenic rim [18, 19]. The periductal infiltrating subtype may appear as a small mass or with diffuse bile duct thickening with or without a bile duct stricture and peripheral dilated ducts [18, 20]. The intraductal subtype may demonstrate focal or diffuse biliary ductal dilatation with or without an echogenic intraluminal mass with papillary features [18]. A few studies have examined contrast-enhanced US (CEUS) in iCCA and hepatocellular carcinoma (HCC), with

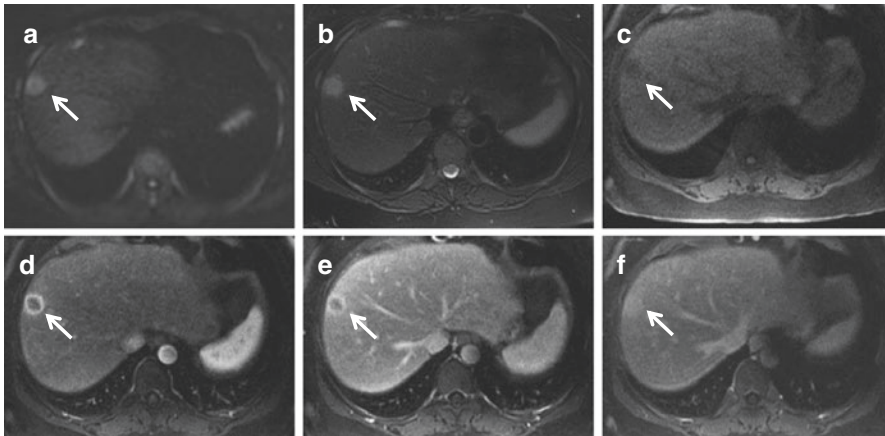


Fig. 2.1 Small mass-forming intrahepatic cholangiocarcinoma (iCCA) evaluated with extravascular contrast on MRI. The mass shows (a) peripheral DWI hyperintensity (white arrow), (b) T2-weighted hyperintensity, (c) T1-weighted hypointensity, (d) peripheral arterial phase hyperenhancement (white arrow), and (e, f) progressive centripetal enhancement on (e) portal venous and (f) delayed phase MRI (white arrow). DWI diffusion-weighted imaging, MRI magnetic resonance imaging

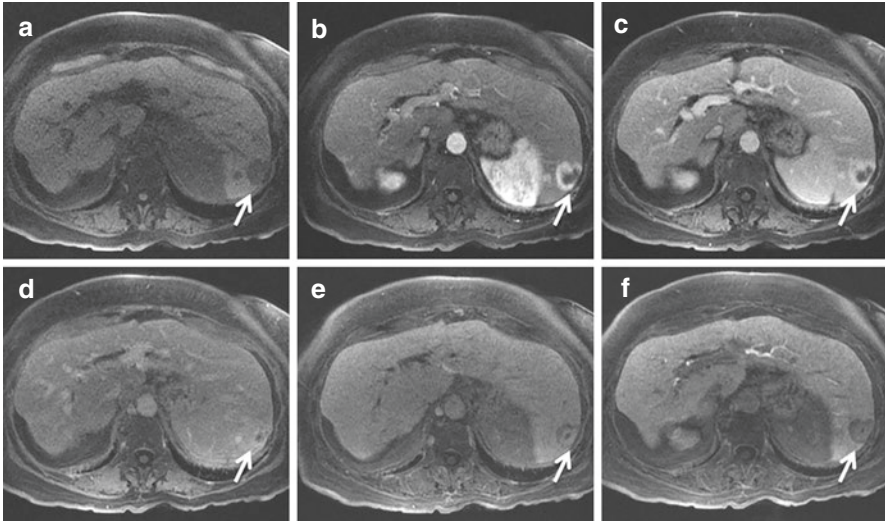


Fig. 2.2 Small mass-forming intrahepatic cholangiocarcinoma (iCCA) evaluated with hepatobiliary contrast on MRI. The mass shows (a) T1-weighted hypointensity (white arrow), (b) peripheral arterial phase hyperenhancement (white arrow), (c, d) progressive centripetal enhancement on (c) portal venous and (d) delayed phases (white arrow), and (e, f) a rim of peripheral hypointensity with a central hypointense focus on the hepatobiliary phase imaging. DWI diffusion-weighted imaging, MRI magnetic resonance imaging

conflicting results. Although studies have identified similar arterial phase enhancement between iCCA and HCC, both overlapping and nonoverlapping portal venous and delayed phase washout kinetics have been reported with dynamic CEUS [21, 22].

Computed Tomography (CT)

On CT, mass-forming iCCA may appear as a well-defined focal mass or a poorly defined infiltrative mass that is typically homogeneously hypo- to iso-attenuating to the normal hepatic parenchyma on unenhanced CT [19, 21, 23–25]. Typical enhancement characteristics include peripheral or rim arterial phase enhancement followed by gradual centripetal enhancement in the portal venous and delayed phases relative to the normal background liver [18, 26–30]. The viable tumor at the periphery of iCCA may show arterial phase enhancement with subsequent iso- to hypoenhancement during the portal venous phase [28]. This appearance, which is sometimes referred to as the “target pattern,” is not specific to iCCA and may also be seen in colon carcinoma metastases. Conversely, the central portion of the iCCA may show central hypoenhancement with centrally necrotic tumors and/or those with higher mucin content [28, 30]. Associated findings include satellite lesions,

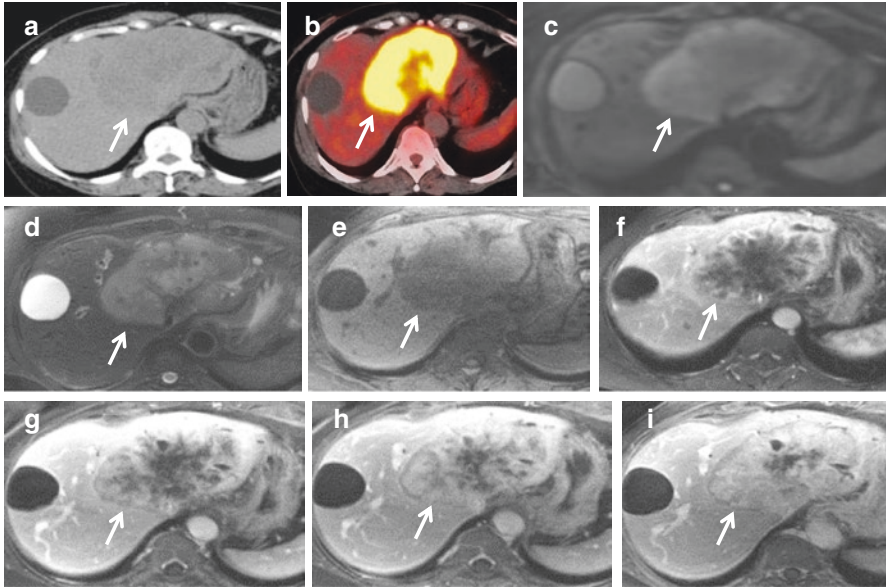


Fig. 2.3 Large mass-forming intrahepatic cholangiocarcinoma (iCCA) CT, ^{18}F -FDG PET, and MRI. The mass is (a) isodense with areas of central hypodensity on noncontrast CT (white arrow). (b) Axial ^{18}F -FDG-PET/CT show heterogeneous hypermetabolism in the periphery of the hepatic mass (white arrow). The mass shows (c) DWI hyperintensity (white arrow), (d) heterogenous T2-weighted hyperintensity, (e) T1-weighted hypointensity, (f) peripheral arterial phase hyperenhancement (white arrow), and (g–i) progressive centripetal enhancement on portal venous and delayed phases (white arrow). ^{18}F -FDG 8F-fluorodeoxyglucose, PET positron emission tomography, CT computed tomography, MRI magnetic resonance imaging, DWI diffusion-weighted imaging

hepatic capsular retraction which may be seen in up to 20% of patients, and vascular invasion [20]. Some small mass-forming iCCA may demonstrate arterial phase hyperenhancement (APHE), similar to HCC; as such, portal venous and delayed phase enhancement characteristics become important for differentiating these two. The periductal infiltrating subtype may show diffuse biliary ductal mural thickening and enhancement as well as dilated or narrowed ducts [18]. The CT appearance of the intraductal subtype is the most variable and depends on the presence of an intraluminal mass and the degree of biliary ductal obstruction. Different patterns include (i) an intraluminal mass that is hypo- to isoattenuating to liver on unenhanced CT and enhances with contrast associated with concomitant diffuse severe upstream biliary ductal dilatation, (ii) severe intrahepatic biliary ductal dilatation without an intraductal mass, (iii) an intraductal mass with only localized or mild biliary ductal dilatation, or (iv) a focal biliary stricture with mild proximal biliary ductal dilatation [18]. Primary hepatic tumors with biphenotypic characteristics of both CCA and HCC may demonstrate overlapping imaging features and may ultimately require biopsy for diagnosis and treatment planning [31].

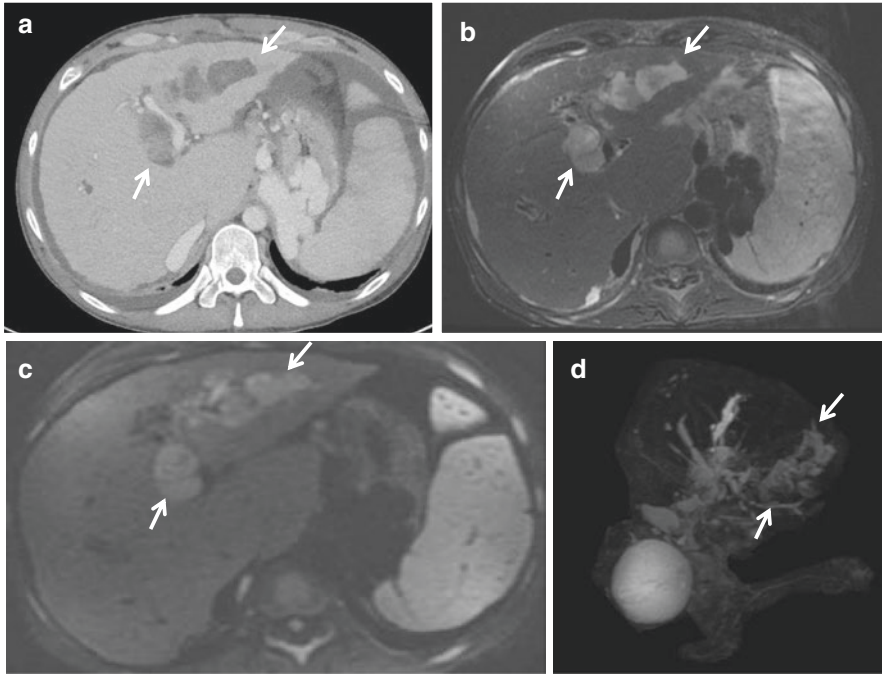


Fig. 2.4 Intraductal intrahepatic cholangiocarcinoma (iCCA) in a patient with ulcerative colitis and primary sclerosing cholangitis evaluated with CT and MRI/MRCP. The ill-defined mass in the left hepatic lobe is (a) hypodense with minimal enhancement on portal venous phase CT (white arrows) and shows (b) T2-weighted hyperintensity (white arrow) and (c) DWI-weighted hyperintensity (white arrow) on MRI. (d) Coronal MIP MRCP shows marked intraductal/periductal irregularity of the intrahepatic bile ducts in the left hepatic lobe (white arrows). CT computed tomography, MRI magnetic resonance imaging, MRCP magnetic resonance cholangiopancreatography, DWI diffusion-weighted imaging, MIP maximum intensity projection

Magnetic Resonance Imaging/Magnetic Resonance Cholangiopancreatography (MRI/MRCP)

The morphologic, signal, and enhancement features of iCCA at MRI depend on the morphologic growth pattern and degree of intratumoral fibrosis, necrosis, mucin content, and/or hemorrhage [18, 26]. Mass-forming iCCA is typically iso- to hypointense on T1-weighted (T1W) imaging relative to background liver with possible foci of T1 hyperintensity when intratumoral hemorrhage is present. Additionally, mass-forming iCCA typically shows variable hypo- to hyperintensity on T2-weighted (T2W) imaging depending on the degree of fibrosis (more T2 hypointense) versus necrosis or mucin content (more T2 hyperintense) [18, 25, 27]. On diffusion-weighted imaging (DWI), 50–75% of iCCA may demonstrate target-like central hypointensity with peripheral high signal intensity at high b-values [25, 32, 33].

Additionally, MRCP may show bile duct invasion [20]. Similar to CT, gadolinium-enhanced MRI with extracellular-based agents shows peripheral or rim arterial phase enhancement with patchy central enhancement on portal venous phase and progressive central enhancement on delayed phase imaging [18, 20, 25, 34] with peripheral washout in the portal venous and/or delayed phases. Areas of early enhancement correlate with viable tumor, whereas areas of delayed enhancement correlate with the relatively hypovascular fibrosis. Conversely, gadolinium-enhanced MRI with hepatobiliary-specific contrast agents shows relative hypoenhancement of iCCA relative to the background liver [18, 35]. A target sign has been described in intrahepatic cholangiocarcinoma in the hepatobiliary phase with hepatocyte-specific agents. This is due to circulating contrast agents that tend to remain in the extracellular space associated with fibrosis. This appearance is not specific to iCCA but can also be seen in fibrous tumors such as fibrolamellar hepatocellular carcinoma or treated colorectal metastases. CT and MRI have similar diagnostic performance in the detection of primary and satellite iCCA lesions, but the spatial resolution of CT is superior for the detection of vascular involvement [36]. The morphologic appearance and enhancement characteristics of the periductal infiltrating and intraductal subtypes of iCCA are similar between CT and MRI [18].

Positron Emission Tomography (PET)

18F-fluorodeoxyglucose (18F-FDG) PET/CT can provide metabolic information related to tumoral glucose uptake and is the most common radiotracer investigated in iCCA. Viable tumor shows FDG uptake, while centrally necrotic or fibrotic portions of the tumor will appear as a photopenic defect. 18F-FDG PET/CT has been shown to be accurate for the evaluation and detection of primary tumors as well as both lymph node and distant metastases in patients with iCCA [37]. Moreover, quantitative tumor standardized uptake value max (SUV-max) has been shown to be an independent prognostic factor for oncological outcomes in patients with resectable iCCA, with tumor SUV-max >8 associated with worse disease-free and overall survival after surgical resection [38, 39]. Moreover, iCCA has been shown to have greater SUV-max compared to extrahepatic CCA [40].

Perihilar CCA (pCCA)

pCCA develops from the second-order bile ducts to the common bile duct at and above the cystic duct origin and may be nodular, sclerosing (periductal infiltrating), or papillary morphologic subtypes [12, 27] (Fig. 2.5). Nodular pCCA tends to grow intraluminally with bile duct invasion resulting in significant fibrotic reaction [41]. Conversely, papillary pCCA grows intraluminally without invasion of the bile duct wall [42]. Sclerosing pCCA produces concentric thickening of the bile duct and

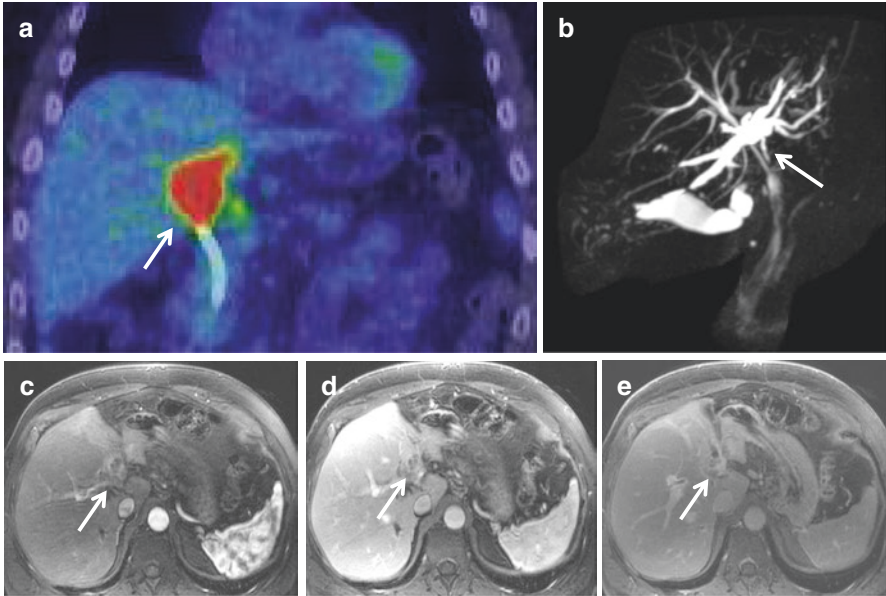


Fig. 2.5 Perihilar cholangiocarcinoma—“Klatskin” tumor—evaluated with ^{18}F -FDG PET/CT and MRI/MRCP. **(a)** Coronal ^{18}F -FDG-PET/CT shows a hypermetabolic mass in the central liver (white arrow). **(b)** Coronal MIP MRCP shows dilatation of intrahepatic bile ducts beginning at the confluence of the left and right hepatic ducts secondary to an hilar obstructing mass and no filling of the extrahepatic bile duct (white arrow). **(c–e)** MRI shows an ill-defined mass in the porta hepatis that shows **(c)** peripheral arterial phase hyperenhancement (white arrow) and **(d, e)** slight progressive centripetal enhancement on **(d)** portal venous and **(e)** delayed phases (white arrow). ^{18}F -FDG 18F-fluorodeoxyglucose, PET positron emission tomography, CT computed tomography, MRI magnetic resonance imaging, MRCP magnetic resonance cholangiopancreatography, MIP maximum intensity projection

eventual duct obliteration without a discrete mass [43]. Early pCCA is very difficult to detect due to their small tissue volume that causes only focal thickening of the bile duct wall and relatively less stricturing or complete biliary obstruction.

Ultrasound (US)

Because patients with pCCA often present with obstructive jaundice, US is often the initial imaging modality for evaluation of biliary duct obstruction and is helpful for identifying the level of obstruction [27]. US has a reported sensitivity and specificity of 89% and 80–95% for detection of pCCA [27, 44, 45]. An intraluminal mass with variable echogenicity ranging from hypo- to hyperechoic with upstream ductal dilatation may be seen. Nonetheless, while a mass or stricture may not be directly visualized, US is useful for detecting invasion of the liver parenchyma or portal veins and can help guide next steps for invasive or noninvasive imaging evaluation.

Computed Tomography (CT)

Unenhanced CT may show a variably defined hypodense mass centered near the porta hepatis, which demonstrates variable progressive enhancement of contrast-enhanced imaging. The overall diagnostic accuracy of CT has been reported at 79–92%, and it may be particularly useful for demonstrating the level of biliary obstruction, extent of local invasion into adjacent tissue, and metastatic disease in the abdomen and pelvis [27, 28]. Moreover, CT with angiogram (CTA) and venogram (CTV) protocols are accurate for detection of hepatic arterial and portal vein involvement by pCCA in up to 87–93% of cases [26, 27, 46, 47]. Nevertheless, CT may underestimate the longitudinal extension of tumor along the bile duct for periductal infiltrating subtypes as well as regional lymphadenopathy and peritoneal metastases in up to 50% of cases [36, 46]. Streak artifact from metallic biliary stents may further limit evaluation of locoregional disease extent [46]. As such, CT cholangiography may provide further detail on the biliary anatomy and is an option when MRCP is not available [47]. Nonetheless, CT cholangiography is dependent on a functioning secretory system of the biliary tree, which may be limited in patients with severe biliary obstruction or hyperbilirubinemia.

Magnetic Resonance Imaging/Magnetic Resonance Cholangiopancreatography (MRI/MRCP)

Periductal infiltrating pCCA may be difficult to directly visualize at MRI in the absence of a mass-like lesion. Consequently, tumor extent may be inferred by secondary signs, including proximal biliary ductal dilatation, periductal thickening, and enhancement. Intraductal mass is rare but when present often appears as hyperintense on T2-weighted imaging, hypointense on T1-weighted imaging, and with mild hypoenhancement relative to the liver with the use of extracellular gadolinium-based contrast agents [12, 16, 18, 27]. In addition, hepatobiliary-specific contrast agents may provide the dual benefit of dynamic contrast-enhanced imaging followed by delayed hepatobiliary phase imaging for better delineation of the biliary tree [48]. The utility of hepatobiliary contrast alone for evaluation of pCCA still needs further evaluation as dynamic contrast-enhanced phases are often limited or of inferior quality compared to standard extracellular contrast agents.

MRCP is a particularly accurate method for imaging the biliary tree and is the imaging modality of choice in patients with suspected CCA in conjunction with MRI, particularly for periductal infiltrating tumors [12, 16, 25, 27, 49]. MRCP is ideally performed prior to decompression of the biliary tree by percutaneous or endoscopic techniques. MRCP and ERCP serve complementary roles with MRCP being better able to evaluate the peripheral hepatic ducts. Overall, MRI/MRCP has an overall diagnostic accuracy of 66% for detection of locoregional lymph node metastases, 78% sensitivity and 91% specificity for portal vein invasion, and 58–73% sensitivity and 93% specificity for hepatic arterial invasion, slight

less than CT [50–52]. As such, CT and MRI/MRCP serve complementary roles in the diagnosis and staging of pCCA with CT better at demonstrating vascular involvement while MRI/MRCP better demonstrates extent of biliary neoplastic invasion [51, 53].

Invasive Cholangiography: Endoscopic Retrograde Cholangiopancreatography (ERCP) or Percutaneous Transhepatic Cholangiography (PTC)

Both ERCP and PTC are invasive techniques that can be both diagnostic and therapeutic [54, 55]. Both techniques are useful diagnostically for delineating the biliary tree, location of biliary pathology and/or strictures, and obtaining tissue for histologic, cytologic, or molecular testing. Moreover, ERCP and PTC can be therapeutic with the ability to place internal biliary stents or internal–external biliary drains to decompress an obstructed biliary system [54]. Overall sensitivity and specificity of invasive cholangiography is ~75% with an accuracy of 95% for diagnosis of pCCA [56]. Percutaneous transhepatic biliary drainage (PTBD) has been shown to have a lower complication rate compared to endoscopic biliary drainage (EBD) in the pre-operative setting prior to CCA resection [57].

Endoscopic Ultrasound (EUS)

EUS has emerged as an important modality for assessment of pCCA with advantages for evaluating extent of local periductal tumor invasion and regional lymph nodes [58].

Positron Emission Tomography (PET)

Experience with 18F-FDG PET/CT or PET/MRI in pCCA is much more limited than for iCCA, but it may be helpful in detection of distant metastatic disease (Fig. 2.5).

Distal CCA (dCCA)

dCCA develops in the common bile duct between the cystic duct origin and the ampulla of Vater. In general, imaging findings of dCCA and pCCA are similar, with the two subclasses often referred to together as extrahepatic cholangiocarcinoma [12, 18, 27] (Fig. 2.6).

Ultrasound (US)

Similar to pCCA, US may be the first imaging modality in the setting of new obstructive jaundice and is helpful for identifying the level of obstruction, upstream biliary ductal dilatation, and guiding subsequent invasive and noninvasive imaging.

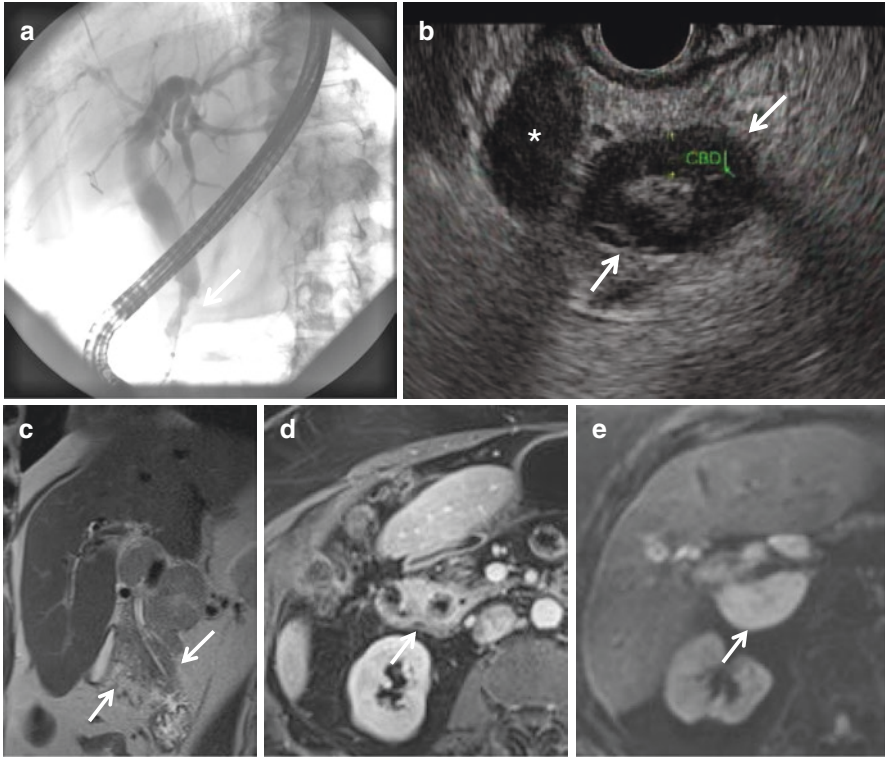


Fig. 2.6 Periductal infiltrating cholangiocarcinoma of the distal common bile duct evaluated with ERC/EUS and MRI. (a) Endoscopic retrograde cholangiography (ERC) shows irregular narrowing of the distal common bile duct (CBD) (white arrow). (b) Endoscopic ultrasound shows marked mural thickening of the distal common bile duct (white arrow) and a large porta hepatis lymph node (white asterisk). (c–e) MRI shows (c) the periductal infiltrating soft tissue with T2-weighted iso- to hypointensity and (d) diffuse enhancement as well as (e) multiple enlarged porta hepatis lymph nodes that demonstrate DWI hyperintensity. MRI magnetic resonance imaging, DWI diffusion-weighted imaging

Computed Tomography (CT) and Magnetic Resonance Imaging/Magnetic Resonance Cholangiopancreatography (MRI/MRCP)

CT and MRI/MRCP may demonstrate thickening, enhancement, or stricturing of the common bile duct, with or without an enhancing intraluminal mass. Contrast-enhanced CT or MRI provides important information about tumor involvement of the duodenum and pancreas as well as vascular involvement of the portal vein (PV) or hepatic artery (HA) and locoregional lymph node metastases.

Endoscopic Retrograde Cholangiopancreatography (ERCP) and Endoscopic Ultrasound (EUS)

ERCP has a high diagnostic accuracy for detection of dCCA and evaluating the extent of tumor involvement of the biliary tree. Moreover, EUS is helpful for

evaluating invasion of the biliary wall, hepatic vasculature, and pancreas, as well as detecting porta hepatis lymph node metastases. EUS with fine-needle aspiration (FNA) can be used for sampling the primary tumor as well as locoregional lymph nodes and is often diagnostic. Importantly, individuals who are potential candidates for liver transplantation for their pCCA or dCCA should not have FNA sampling of the primary tumor through the bile duct wall, as that increases the risk of tumor dissemination and is a contraindication to liver transplantation.

Pathology

Grossly, intrahepatic cholangiocarcinoma is typically firm and not encapsulated (Fig. 2.7). It is usually mass forming but can sometimes grow in a diffusely infiltrating periductal distribution or display an intraductal growth pattern [13, 18, 59, 60]. Histologically, cholangiocarcinomas are primarily adenocarcinomas, but other rare histologic variants also exist [61–84]. Extrahepatic cholangiocarcinoma, particularly perihilar cholangiocarcinoma, is typically rich in fibrous stroma, and often has a dense desmoplastic response; this results from extracellular matrix production by activated myofibroblasts present in the stroma [85] (Fig. 2.8). In most

Fig. 2.7 Peripheral intrahepatic cholangiocarcinoma: this cholangiocarcinoma forms a distinct fibrotic mass occupying the peripheral liver parenchyma



Fig. 2.8 Perihilar cholangiocarcinoma: a fibrotic irregular mass is present in the hilum, compressing adjacent ducts



cholangiocarcinomas, the tumor forms glands or tubules which are lined by epithelial cells (Fig. 2.9). Generally, the more centrally located hepatic cholangiocarcinomas are more likely to have well-formed glands lined by columnar epithelial cells with mucin production, whereas cholangiocarcinomas located at the liver periphery are more likely to grow as irregular, anastomosing tubular structures lined by low cuboidal cells that do not produce mucin [65]. Cholangiocarcinoma can also have a variety of growth patterns, often present in the same tumor, including irregular tubules, infiltrating glands, solid nests, trabeculae, and micropapillary structures (Fig. 2.10). Cholangiocarcinoma can grow along sinusoids and spread extensively throughout the liver through the portal venous or lymphatic system (Fig. 2.11). Perineural invasion is usually seen only where the larger nerves of the liver are located, in the large portal areas close to the liver hilum, and is more frequently seen in perihilar cholangiocarcinoma.

Fig. 2.9

Cholangiocarcinoma with glandular histology. Cholangiocarcinoma is typically an adenocarcinoma, consisting of abnormal glands lined by highly atypical epithelial cells

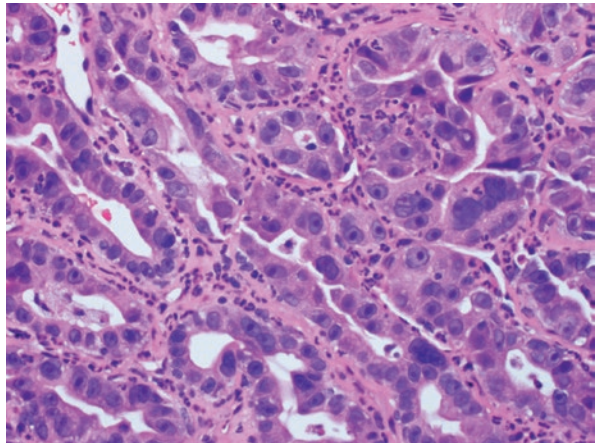


Fig. 2.10

Cholangiocarcinoma with histologic phenotype of solid sheets. Cholangiocarcinoma can also grow in solid sheets and nests of malignant epithelial cells

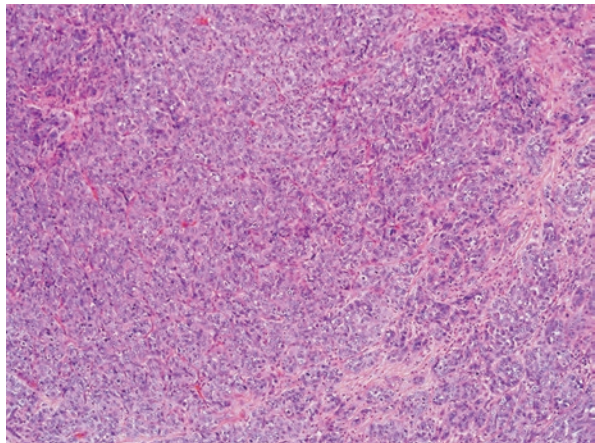
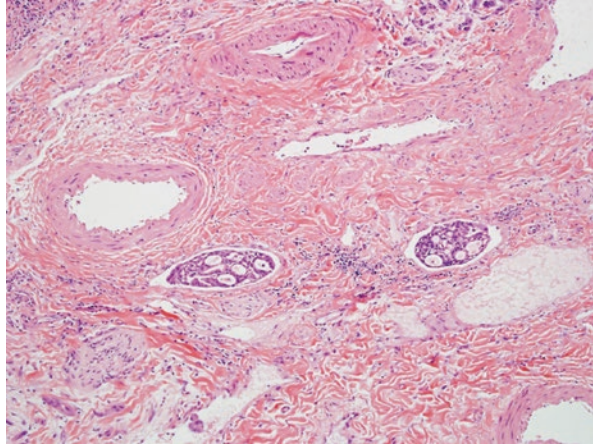


Fig. 2.11 Lymphovascular invasion in a cholangiocarcinoma with dense stroma. Lymphovascular invasion features groups of cholangiocarcinoma cells occupying lymphatic spaces



Although there is not a universally adopted grading system for cholangiocarcinoma, many pathologists in the United States utilize a four-tier grading system adapted by the College of American Pathologists (CAP) and American Joint Committee on Cancer (AJCC), based on the percentage of the glandular component in the tumor [86]. According to this schema, adenocarcinomas are graded as follows: well-differentiated (grade 1), moderately differentiated (grade 2), poorly differentiated (grade 3), and undifferentiated (grade 4). Tumor grade is an independent predictor of patient survival and cancer recurrence [87, 88]. Of note, rare variants of cholangiocarcinoma cannot be graded according to this scheme and are usually not assigned a specific grade.

Immunohistochemical stains are frequently performed on cholangiocarcinoma to exclude metastatic disease to the liver or hepatocellular carcinoma. Cholangiocarcinoma shows positive cytoplasmic staining with polyclonal carcinoembryonic antigen (CEA). CK19 is also positive in 70–80% of cases, and MOC31, a monoclonal antibody that recognizes an epithelial-associated glycoprotein also known as Epithelial Specific Antigen/Ep-CAM, is positive in 90% of cases [89]. Intrahepatic cholangiocarcinoma is virtually always positive for CK7, but varies in CK20 expression. Interestingly, the immunoprofile of cholangiocarcinoma can depend on its location. For example, 50% of peripheral cholangiocarcinomas are CK20 negative, while central and extrahepatic cholangiocarcinomas tend to be CK20 positive [90]. Likewise, peripheral cholangiocarcinomas, especially those with a “bile ductular” pattern, tend to express CD56 [91]. Finally, focal positive staining for HepPar-1, though rare, is more commonly seen in peripherally located tumors.

The histologic differential diagnosis for cholangiocarcinoma includes metastatic adenocarcinoma to the liver, hepatocellular carcinoma, epithelioid hemangioendothelioma, bile duct adenoma, bile duct hamartoma, and biliary adenofibroma. Immunohistochemical stains, when necessary, are used in conjunction with tumor morphology to distinguish cholangiocarcinoma from these tumors.

Cholangiocarcinoma has an immunoprofile that is similar to that of other pancreaticobiliary and upper gastrointestinal adenocarcinomas. In recent times, however, in situ hybridization for albumin has shown high sensitivity and specificity in distinguishing hepatic cholangiocarcinoma from metastatic adenocarcinoma to the liver or carcinoma of unknown origin [92]. Hence, the pathologic diagnosis is based on exclusion of other tumors using morphology, immunostains, in situ hybridization, imaging studies, and clinical findings; once other carcinomas have been excluded, a diagnosis of cholangiocarcinoma can be made.

Diagnosis Using Fluorescence In Situ Hybridization (FISH)

Infiltrating extrahepatic cholangiocarcinoma and pancreatic ductal cancers are often sampled by endoscopic brushing cytology. Although routine cytology has been the primary tool for detecting pancreatobiliary tract malignancy and has near perfect clinical specificity, the diagnostic sensitivity of routine cytology is limited and varies considerably based on stage at diagnosis, cytology collection type, and patient cohort (PSC vs. non-PSC, mass presenting lesions, etc.). More specifically, a review demonstrated a wide range of performance characteristics based on cytology preparation, including pancreatobiliary brushings (sensitivity range, 26–89%; specificity range, 80–100%; accuracy range, 48–96%), bile duct brushings (sensitivity range, 33–54%; specificity range, 100%; accuracy range, 43–67%), pancreatic duct brushings (sensitivity range, 47–66%; specificity range, 100%; accuracy range, 67–79%), and bile cytology (sensitivity range, 6–50%; specificity range, 100%; accuracy range, 31–57%) [93].

The main limitation of cytology is false-negative results in patients with pancreatobiliary tract cancer. As a result, ancillary molecular markers can be utilized to increase diagnostic sensitivity. Cancer genomes contain a wide assortment of genetic alterations that activate oncogenes or that inactivate tumor suppressor genes, including single-nucleotide substitutions, structural rearrangements, small insertions, small deletions, and copy number variation. Fluorescence in situ hybridization (FISH) is a technique that uses fluorescently labeled DNA probes to detect chromosomal copy number variation. For pancreatobiliary testing, FISH probes are specifically designed to assess for neoplastic cells with chromosomal abnormalities (i.e., aneuploidy) in neoplastic cells among a background of diploid nonneoplastic cells. Nonneoplastic cells generally show disomy, with two copies for each of the FISH probes, because each probe targets the two alleles in an individual cell (Fig. 2.12). Specimens are interpreted as abnormal when the number of cells demonstrating losses or gains of probes exceeds the thresholds established in normal value studies for the FISH probes used.

The majority of publications have focused on one of two FISH probe sets. The UroVysion probe set (Abbott Molecular, Inc., Des Plaines, IL) contains a probe directed to the CDKN2A gene located at 9p21 and chromosome enumeration probes directed to chromosomes 3, 7, and 17. In 2009, Fritcher et al. published the most comprehensive report of FISH testing with UroVysion and indicated that the

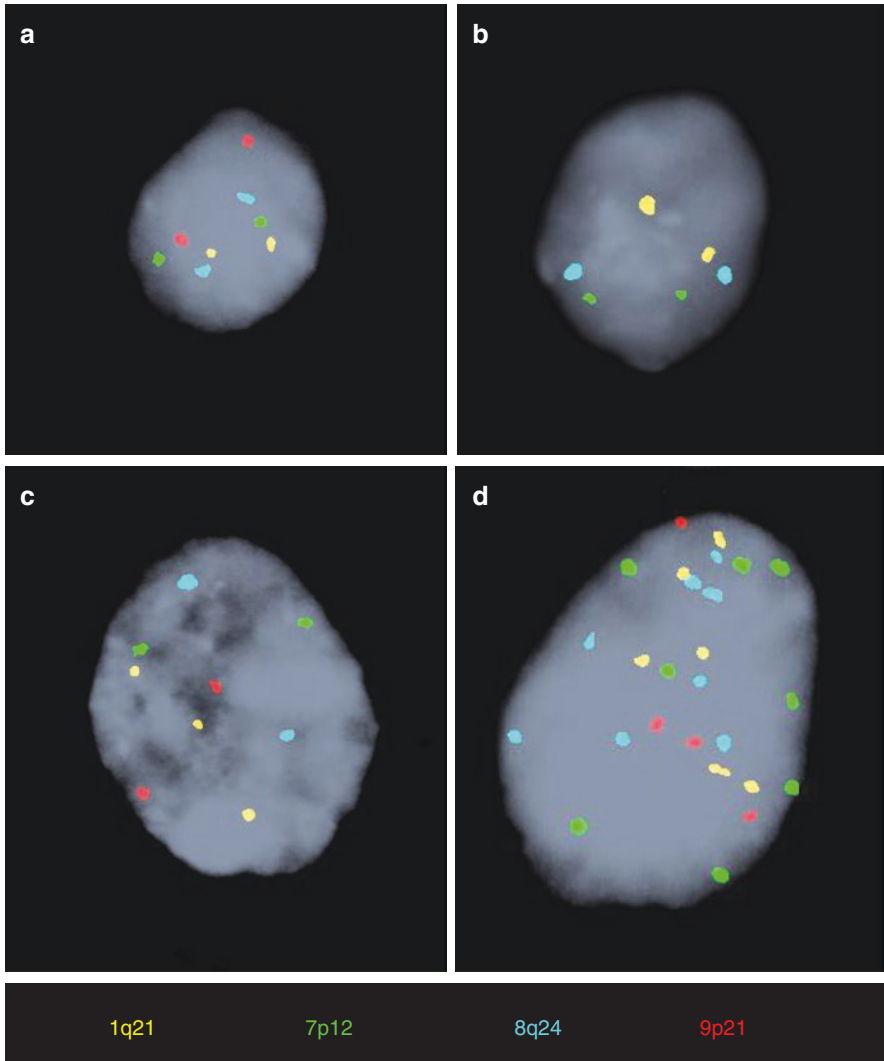


Fig. 2.12 These representative examples of cells demonstrate (a) disomic (normal), (b) 9p21 loss, (c) single locus gain, and (d) polysomy FISH signal patterns

sensitivity of FISH was significantly higher than cytology for detecting malignancy (43% vs 20%; $P < 0.001$) [94]. Many other institutions have also reported the improved performance characteristics of FISH using the UroVysion probe set for detecting pancreatobiliary tract malignancy [3]. More recently, a newly tailored pancreatobiliary FISH probe set targeting chromosomal regions 1q21 (*MCL1*), 7p12 (*EGFR*), 8q24 (*MYC*), and 9p21 (*CDKN2A*) has gained acceptance clinically. In a comparison study, the newer tailored pancreatobiliary FISH probe set had a

significantly higher sensitivity (64.7%) than the UroVysion FISH probe set (45.9%) for detecting malignancy and is now the preferred probe set for these specimens [95]. Representative examples of the pancreatobiliary probe set are shown in Fig. 2.12. Future molecular markers and newer technologies for assessing cytology specimens for malignancy will likely continue to improve detection and direct therapeutic decisions.

Treatments with Curative Intent

Surgical resection is the standard treatment for CCA. The goal is complete removal of the tumor with a negative margin and an adequate functional liver remnant (FLR). The use of strategies such as portal vein embolization, preoperative biliary drainage, and complex vascular reconstructive techniques has improved outcomes following surgical resection [96–101]. Staging laparoscopy prior to laparotomy is recommended, especially in patients with high CA 19-9 to assess for evidence of peritoneal metastasis, given that resection is not beneficial in this setting [102].

For iCCA, surgical therapy usually consists of hemi-hepatectomy with excision of regional nodes to ensure adequate staging [103]. Most guidelines recommend resection only for single iCCA tumors, though recent reports have also noted benefit in patients with two or three lesions [104, 105]. Outcomes following resection in patients with iCCA are related to the extent of disease and the ability to obtain a complete resection. In a recent large multicenter series of 1013 patients, those with a single completely resected tumor had a 43% 5-year survival, compared to 28% 5-year survival for those with two tumors [105]. The use of liver transplantation (LT) has been recently described in a multicenter retrospective series of 15 patients with small unresectable (<2 cm) iCCA occurring in the setting of decompensated cirrhosis, achieving a 65% 5-year survival [106, 107]. On the opposite end of the spectrum, favorable outcomes following LT for patients with large, indolent unresectable iCCA occurring in the setting of normal background liver with no evidence of metastasis and a prolonged period of disease stability following chemotherapy have also recently been reported [108]. Prospective data collection from larger series will be needed to confirm these preliminary findings.

Resection is also the standard therapy for patients with pCCA though unfortunately many patients present with unresectable disease either due to metastatic disease, extensive bi-lobar involvement precluding resection, or advanced underlying liver disease such as primary sclerosing cholangitis (PSC). For those who are eligible, resection typically involves an (extended) hemi-hepatectomy including the caudate lobe with en bloc resection of the extrahepatic bile duct as well as regional lymph nodes [109]. Even in those thought to be resectable, a complete resection is only achieved in approximately 70% of cases [109–111]. Outcomes following resection of pCCA depend on the ability to obtain a complete resection as well as the presence of nodal disease, and typically range from 25% to 45% 5-year survival [109–111].

Liver transplantation was initially considered an ideal strategy to improve the likelihood of complete resection for patients with pCCA, but outcomes for LT alone were poor due to a high rate of disease recurrence [112, 113]. Because of this unacceptable rate of disease recurrence for LT alone, a protocol combining neoadjuvant chemoradiotherapy followed by LT for patients with early-stage unresectable pCCA was developed [114, 115]. The use of this combined protocol has achieved 5-year survival rates of 65–70%, leading to the adoption of neoadjuvant chemoradiotherapy followed by liver transplantation as a part of standard organ transplant allocation policy for patients with early-stage pCCA [116–119].

The benefit of combined neoadjuvant therapy and LT for patients with unresectable pCCA has led to the question of whether the same therapy should be offered to patients with resectable pCCA. The severe shortage of available liver allografts and the need for lifelong immunosuppression are key obstacles to this strategy. Recently, a multicenter retrospective analysis found that those with unresectable pCCA undergoing combined neoadjuvant therapy + LT protocol had superior 5-year survival (64% vs 18%; $P < 0.001$), compared to patients undergoing resection who otherwise met LT criteria, and this remained even after accounting for tumor size, nodal status, and PSC ($P = 0.049$) [120].

Surgical resection is often feasible for patients with early-stage distal cholangiocarcinoma with no evidence of local invasion, lymph node, peritoneal, or distant metastases. The most common operation is pancreatoduodenectomy with hepaticojejunostomy (the Whipple procedure). In selected patients in whom the tumor is located above the upper pancreatic border, an extrahepatic bile duct resection may be performed as an alternative [121].

Locoregional Interventional Radiologic Therapies for Treatment of iCCA

Local and locoregional interventional radiologic therapies include image-guided percutaneous thermal and nonthermal ablative therapies using energy-based devices and transarterial chemoembolization (TACE) or radioembolization (TARE).

Percutaneous Ablation

Image-guided percutaneous radiofrequency (RFA) and microwave (MWA) ablation have been shown to be safe and effective for treatment of iCCA in the palliative setting in patients with unresectable tumors or in those patients whose tumors have recurred after surgical resection (Fig. 2.13). Local tumor recurrence has been reported in up to 22% of patients following RFA and MWA with a greater risk of local tumor progression with primary tumors and superficially located tumors [122].

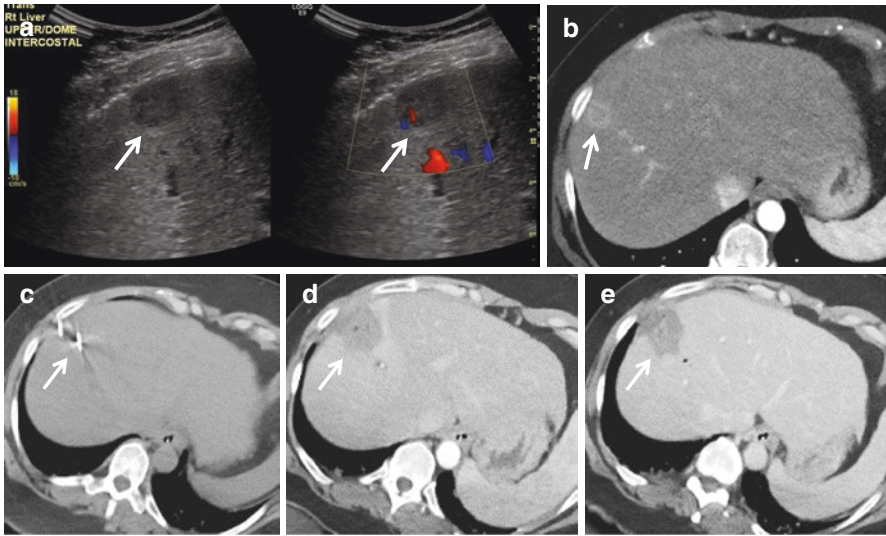


Fig. 2.13 Small mass-forming intrahepatic cholangiocarcinoma (iCCA) evaluated with ultrasound and CT and treated with percutaneous microwave ablation (MWA). (a) Grayscale and color Doppler ultrasound shows a small, well-circumscribed hypoechoic mass with mild vascularity (white arrow). (b) The mass shows peripheral enhancement on contrast-enhanced CT (white arrow). (c) The mass was treated with percutaneous microwave ablation using two microwave antennae (white arrow). (d, e) Immediate postablation contrast-enhanced CT shows the hypoechoic ablation zone encompassing the tumor without any residual enhancing tumor on (d) arterial or (e) portal venous phase (white arrow). CT computed tomography

Irreversible Electroporation (IRE)

Percutaneous irreversible electroporation (IRE) is a nonthermal-based ablation treatment option that induces pores in cell membranes, leading to cell death by complex mechanisms. Few reports have demonstrated the safety, feasibility, and early local tumor control of image-guided percutaneous IRE in patients with iCCA and pCCA [123, 124]. Currently, there is an ongoing phase I/II multicenter trial of ablation with IRE in patients with advanced pCCA [125].

Transarterial Chemoembolization (TACE) and Radioembolization (TARE)

Transarterial chemoembolization (TACE) may be performed with drug-eluting beads (DEB-TACE) or with conventional embolic agents mixed with chemotherapeutics (cTACE). Transarterial radioembolization (TARE) is performed with yttrium-90 (Y90) beta-emitting radioactive glass or resin microspheres (Fig. 2.14). DEB-TACE, cTACE, and Y90-TARE have all been shown to be safe and effective

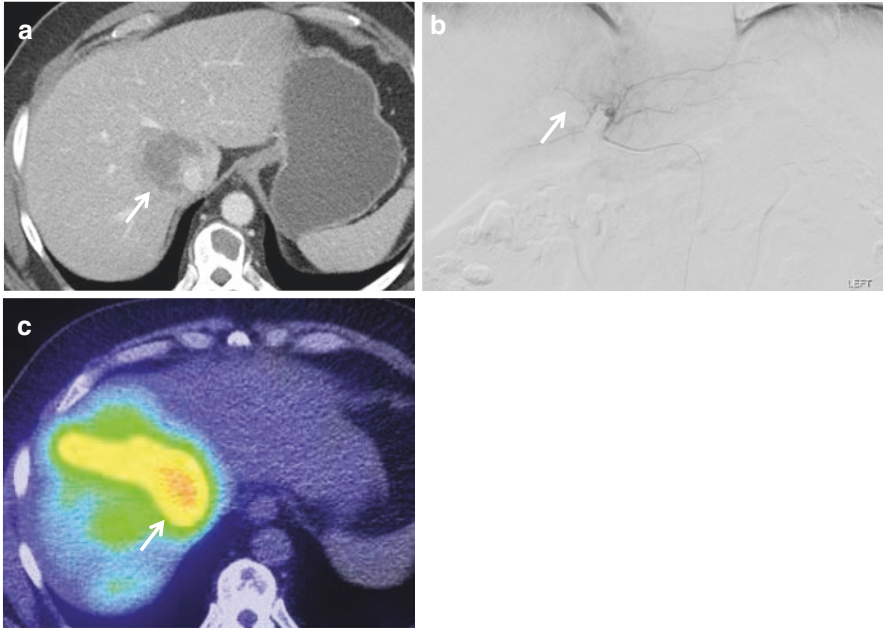


Fig. 2.14 Large mass-forming intrahepatic CCA with hepatic vein invasion evaluated with CT and catheter angiography and treated with transarterial radioembolization (TARE). The mass in the central superior right hepatic lobe shows (a) minimal central enhancement on contrast-enhanced CT (white arrow) and (b) mild enhancement on selective right hepatic arteriogram (white arrow). The mass was treated with yttrium-90 (Y90) transarterial radioembolization (TARE). (c) Post-Y90 SPECT/CT bremsstrahlung scan shows intense uptake within the tumor corresponding with the region of treated tumor. SPECT single-photon emission computed tomography, CT computed tomography

for treatment of unresectable CCA in the palliative setting. Median overall survival for TACE ranges from 12 to 15 months with an improved toxicity profile of DEB-TACE compared to cTACE [126–131]. Similarly, median overall survival for TARE ranges from 11 to 22 months [130, 132–135].

Radiation Therapy

External Beam Radiotherapy

External beam radiotherapy (EBRT) plays a role in the treatment of localized intrahepatic (iCCA) and extrahepatic (eCCA) cholangiocarcinoma. Advances in diagnostic imaging and EBRT planning and delivery allow for potential radiotherapy dose escalation and/or improved protection of normal tissues, which may improve the therapeutic ratio for treatment of CCA.

For patients with resected iCCA or eCCA and features suggestive of a high risk for local/regional recurrence, such as positive surgical margins and/or regional lymph node involvement, postoperative EBRT with concurrent chemotherapy has been utilized, with suggestion of benefit in reducing risk of recurrence and possible improvement in survival [136]. A recent multi-institutional phase II trial evaluated the safety and efficacy of an adjuvant therapy regimen for resected eCCA consisting of initial gemcitabine and capecitabine for 3 months, followed by EBRT (52.5–59.4 Gray in 25–33 fractions) with concurrent capecitabine [137]. The regimen was reasonably well tolerated and associated with promising efficacy, with 2-year overall and disease-free survival of 68% and 54%, respectively. Local/regional recurrence was uncommon, and the most common pattern of recurrence was distant metastasis.

For patients with early stage but unresectable perihilar CCA, a novel treatment approach has been utilized in select patients, consisting of preoperative EBRT (45 Gy in 30 fractions delivered twice per day over 3 weeks) with concurrent 5-fluorouracil chemotherapy, followed by intracavitary bile duct brachytherapy, maintenance chemotherapy, and orthotopic liver transplantation. Favorable outcomes have been reported from Mayo Clinic and other institutions [116].

For patients with localized, unresectable iCCA, focal high-dose EBRT, using conformal, hypofractionated photon, or proton techniques, has emerged as a safe and efficacious treatment approach (Fig. 2.15). In a multi-institution phase II trial conducted in the United States, 37 patients with localized, unresectable iCCA were treated with high-dose focal proton beam radiotherapy (median dose 58.05 Gy in 15 fractions). The median overall survival was 22.5 months, and the 2-year local control rate was 94% [138].

For patients with localized eCCA not amenable to resection or liver transplantation, EBRT with concurrent chemotherapy may provide modest benefit in overall survival [139].

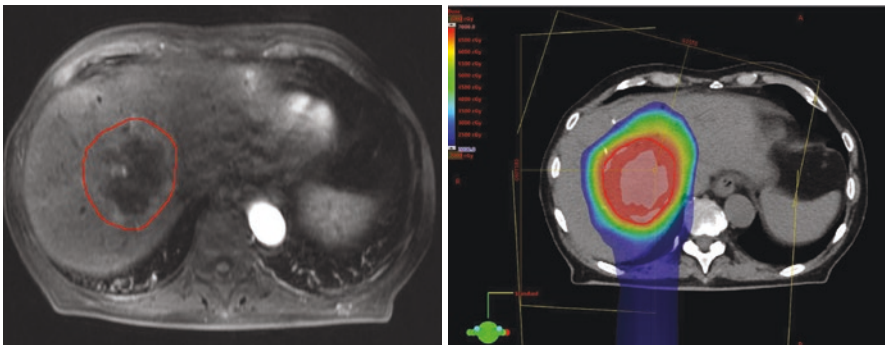


Fig. 2.15 Patient with an unresectable 8-cm central intrahepatic cholangiocarcinoma (red outline) treated with proton beam radiotherapy (67.5 Gy in 15 fractions over 3 weeks). The blue indicates the volume receiving 20 Gy or higher, and the red indicates the volume receiving 67.5 Gy or higher

Chemotherapy and Other Targeted Therapies

Most patients with biliary tract cancers (BTCs) present with advanced stage disease and are only candidates for systemic therapy. Gemcitabine combined with cisplatin has emerged as a standard-of-care regimen for patients with advanced BTCs [140]. Here, we summarize recent advances in systemic and targeted therapies for the treatment of BTCs.

Taxanes have emerged as a class of cytotoxic therapies with promising efficacy in BTCs. In a single-arm Phase 2 clinical study, gemcitabine in combination with nab-paclitaxel yielded a response rate of 30%, progression-free survival (PFS) of 7.7 months, and overall survival (OS) of 12.4 months [141]. A parallel, single-arm Phase 2 trial using a triplet combination of gemcitabine, cisplatin, and nab-paclitaxel (GAP) demonstrated a response rate of 45%, PFS of 11.8 months, and OS of 19.2 months [142]. These promising data have formed the basis for a prospective, multicenter Phase 3 study comparing the GAP triplet to standard-of-care gemcitabine/cisplatin (S1815, NCT03768414) [143]. Similarly, gemcitabine has been tested in combination with fluoropyrimidines using agents such as S-1 (response rate: 15.8%, PFS: 5.8 months, OS: 15.9 months) [144] or capecitabine (PFS: 8 months, OS: 13 months) [145]. Definitive Phase 3 studies comparing these regimens have not been conducted. Nevertheless, these preliminary data are encouraging and provide alternatives for patients who are not suitable for or are found to be intolerant of platinum-based regimens. For patients who progress or have intolerance while on first-line therapies, a Phase 3 trial of modified FOLFOX (5-FU, leucovorin, oxaliplatin) versus best supportive care (ABC-06, NCT01926236) showed a benefit for the combination over best supportive care, and is currently considered the standard of care in the second-line [146].

While therapies that are currently in use in advanced BTCs largely comprise empirical use of cytotoxic therapies, precision medicine has been an area of increasing investigation. Genomic profiling of cancers has become feasible on a large scale, and initial application has been in the context of therapy selection for patients with advanced disease. Tractable targets include receptor tyrosine kinases such as fibroblast growth factor 2 (FGFR2) fusions, HER2/neu amplifications/mutations, epidermal growth factor receptor amplifications/mutations, and MET amplifications. Mutations in the metabolic enzymes isocitrate dehydrogenase 1 and 2 (IDH1/IDH2), RAS/RAF pathway (KRAS/NRAS mutations, BRAF mutations), PI3K-mTOR signaling pathway, and chromatin modifiers have also been observed.

Oncogenic fusions of FGFR2 with other proteins have been found predominantly in patients with iCCA at a frequency of ~10–15%. In this group of patients, promising clinical efficacy has been observed with a number of FGFR small molecule kinase inhibitors. These include infigratinib (BGJ398), derazantinib, and pemigatinib, which have exhibited response rates of 14–48% in single-arm Phase 2 studies [147–149]. Class effects have included hyperphosphatemia, rash, and eye toxicities. Resistance mechanisms are a subject of intense investigation. Emergence of gatekeeper, polyclonal mutations has been observed [150]. In April 2020 pemigatinib was approved by the US FDA for previously treated unresectable locally advanced or metastatic CCA with an FGFR2 fusion or other rearrangement.

Drugs targeting IDH1 (ivosidenib) and IDH2 (enasidenib) are approved for clinical use in patients with acute myeloid leukemia bearing these alterations. IDH1 mutations occur at a frequency of approximately 10–15% in patients with iCCA, predominantly in codon 132 [151]. IDH2 mutations are less common (~5%) and are typically seen in codon 172. In an early-phase clinical trial with ivosidenib (AG-120), a response rate of 6% and 6-month PFS of 40% were observed [152]. This led to a pivotal Phase 3 trial (ClarIDHy, NCT02989857) which demonstrated a significant improvement in progression free survival in patients with advanced IDH1 mutant CCA who had progressed on previous treatment (median 2.7 months [95% CI 1.6–4.2] vs 1.4 months [1.4–1.6]; hazard ratio 0.37; 95% CI 0.25–0.54; one-sided $p < 0.0001$) [153].

While not separately approved for use in advanced BTCs, tumor-agnostic drug approvals have provided a mechanism for rapid availability of promising therapies with genetic alterations amenable to therapeutic intervention. Currently, this includes pembrolizumab in patients with microsatellite instability (MSI-high) or mismatch repair deficiency (MMR). Patients with MSI-high or MMR exhibited deep and durable responses to pembrolizumab, irrespective of the organ of origin of the tumor [154]. Similarly, patients with fusions involving NTRK1, NTRK2, or NTRK3 who received larotrectinib experienced durable tumor-agnostic responses [155]. Both of these trials included patients with advanced BTCs. The prevalence of both sets of markers is only 2–3% in advanced BTC patients, but due the durability of the responses seen, the data are felt to be meaningful in nature.

As highlighted, advances in novel cytotoxic combinations, precision medicine, and immunotherapies are transforming the care of patients with advanced BTCs.

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