

Benign Lesions in Cirrhosis

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Abstract

The accurate diagnosis of benign lesions in a cirrhotic liver is clearly important to avoid misdiagnosis of hepatocellular carcinoma (HCC) or other malignancies and to direct

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A. A. Borhani · A. Furlan (⊠) Department of Radiology, University of Pittsburgh Medical Center, Pittsburgh, PA, USA the patient toward the most appropriate management. In this chapter we review the appearance of the most common benign lesions encountered on CT and MR imaging of a cirrhotic liver. The lesions are divided into two main groups depending on the histological composition as non-hepatocellular lesions (i.e., cysts and peribiliary cysts, hemangiomas, pseudolesions) and hepatocellular lesions (i.e., nonmalignant cirrhosisassociated nodules, focal nodular hyperplasia like nodules, and hepatobiliary hypointense nodules without arterial phase hyperenhancement).

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1 Non-hepatocellular Lesions

1.1 Peribiliary Cysts and Hepatic Cysts

Peribiliary cysts result from dilatation of obstructed periductal glands and have a prevalence of 9% in cirrhotic patients (Baron et al. 1994; Bazerbachi et al. 2018). They are usually multiple and seen along the portal triads in the hilum and central part of liver (Elsayes et al. 2018; Ronot et al. 2017). Peribiliary cysts do not communicate with the bile ducts but may mimic biliary ductal dilatation (Baron et al. 1994). Their presence on both sides of portal vein without upstream biliary dilatation is key finding for a proper diagnosis (Ronot et al. 2017) (Fig. 1). When the diagnosis is unclear on contrastenhanced CT or MR cholangiography, injection of a hepatobiliary contrast agent (i.e., Gd-EOB-DTPA or Gd-BOPTA) may be considered to differentiate the contrast-enhanced bile ducts from the unenhanced peribiliary cysts on hepatobiliary phase (Bazerbachi et al. 2018; Ronot et al. 2017). Size progression of peribiliary cysts has been

reported with worsening of the liver disease and rarely results in biliary obstruction (Bazerbachi et al. 2018).

Hepatic cysts in cirrhosis do not usually represent a diagnostic challenge as they maintain the same imaging appearance as in non-cirrhotic livers (Ronot et al. 2017). The lack of enhancement and the bright signal intensity on T2-weighted MR images are key features for a confident diagnosis.

1.2 Hemangiomas

Hemangiomas are among the most common benign lesions, but are less frequently encountered in cirrhotic patients (Dodd et al. 1999; Duran et al. 2015). In the early stages of hepatic fibrosis hemangiomas show a classic appearance including peripheral nodular and progressive enhancement that remains isoattenuating/isointense to blood pool, as well as high signal intensity on T2-weighted MR images (Brancatelli et al. 2001) (Fig. 2). As fibrosis progresses, hemangiomas become smaller and may lack the



Fig. 1 Axial T2-weighted MR image (**a**) in a 63-year-old man with cirrhosis and para-coronal thick slab MR cholangiography image (**b**) in a 78-year-old man with cirrhosis show multiple small cystic lesions (arrows in **a**, **b**)

compatible with peribiliary cysts. The location of the cysts on both sides of the portal vein and the lack of upstream biliary ductal dilatation are key features for a proper diagnosis



Fig. 2 Axial contrast-enhanced CT images in a 53-yearold-male with history of alcoholic cirrhosis show a small hypodense nodule with peripheral nodular enhancement (arrow) on the image obtained during the arterial phase

(a). The nodule is isoattenuating on the image obtained during the portal venous phase (b). The diagnosis of hemangioma was pathologically proven at fine needle biopsy

typical imaging features, thus making it difficult to characterize radiologically (Brancatelli et al. 2001). Additionally, regressing hemangiomas may show capsular retraction further complicating the differential diagnosis with other lesions in cirrhosis. In such cases, other imaging features may help in the differential diagnosis with HCC, including the low signal intensity on diffusion weighted images and the evolution over time from prior studies. More recently, Duran et al. (Duran et al. 2015) found no significant difference in the rate of typical enhancement pattern on MR images for hemangiomas arising in a normal liver compared to those arising in a fibrotic or cirrhotic liver.

The radiologists using Gd-EOB-DTPAenhanced MR for the surveillance of HCC in cirrhotic patients should be aware of an important diagnostic pitfall related to the diagnosis of hemangiomas. Flash-filling hemangiomas are usually hypointense on hepatobiliary phase images and may appear hypointense also on the images acquired during the transitional phase (i.e., delay of at least 120 seconds post-contrast). The phenomenon, referred as "pseudo-washout," is due to the rapid uptake of contrast agent in the surrounding liver after the extracellular phase and may result in misdiagnosis of HCC (Chernyak et al. 2019; Doo et al. 2009). This phenomenon emphasizes that washout for the diagnosis of HCC should only be assessed during the portal venous phase, when using Gd-EOB-DTPA as the contrast agent, in order to reduce the number of false-positive diagnoses (Joo et al. 2015).

1.3 Pseudolesions

Pseudolesions are observations only detected on imaging in absence of a true pathological lesion (Papadatos et al. 2018). Vascular pseudolesions are usually due to arterioportal shunting, as a consequence of the altered microcirculation in cirrhosis (American College of Radiology 2018). They classically appear as triangularshaped, subcapsular, hyperenhancing areas visible only on the images obtained during the arterial phase (Fig. 3). When they appear round,



Fig. 3 Axial contrast-enhanced CT image obtained during the arterial phase (**a**) shows a triangular-shaped, subcapsular hyperenhancing "lesion" (arrow) lacking washout on the corresponding image obtained during the

portal venous phase (**b**). The combination of imaging features and enhancement pattern is most compatible with a pseudolesion, such as arterioportal shunt in cirrhosis



Fig. 4 Axial contrast-enhanced CT image obtained during the portal venous phase shows a hypertrophic caudate lobe (arrow) simulating a liver mass. The "lesion" isoattenuation to the background liver parenchyma and the lack of mass effect on vessels (arrowhead) are key imaging features to exclude malignancy

the isodensity/isointensity to the background liver on all other phases and sequences and the lack of mass effect on vascular and biliary structures are clues to differentiate them from HCC (Murakami and Tsurusaki 2014). Other pseudolesions that can be encountered in cirrhosis include a hypertrophic pseudomass and confluent hepatic fibrosis (Papadatos et al. 2018; Elsayes et al. 2018). A hypertrophic pseudomass is a hypertrophic area of liver surrounded by fibrosis mimicking a mass on imaging (Fig. 4). A hypertrophic pseudomass can be differentiated from HCC or other malignancies on the basis of iso-enhancement to the background parenchyma and lack of mass effect on vessels or bile ducts. Confluent hepatic fibrosis (or focal parenchymal extinction) is a focal or regional area of marked increased fibrosis and parenchymal loss compared to the surrounding liver parenchyma (Wanless et al. 1995). On imaging, confluent hepatic fibrosis typically appears as wedge-shaped observations, peripherally located most often in segments 4, 5, and 8 and associated with liver surface retraction and delayed enhancement (Ohtomo et al. 1993) (Fig. 5). The morphology and the typical location as well as the progressive contraction at imaging follow-up are key features for a correct diagnosis (Elsayes et al. 2018).



Fig. 5 Gross pathology specimen (**a**) demonstrating cirrhosis and confluent hepatic fibrosis (arrow). Axial T1-weighted MR images obtained during the delayed phase postinjection of Gd-BOPTA (**b**) demonstrate

wedge-shaped area of delayed enhancement with capsular retraction (arrow) compatible with confluent hepatic fibrosis

2 Hepatocellular Lesions

2.1 Regenerative and Dysplastic Nodules

Cirrhosis is the endpoint of a long-standing fibrotic repair process in response to repetitive injuries (Papadatos et al. 2018). The key pathologic features of cirrhosis are bridging fibrosis surrounding regenerative nodules (RN), also called cirrhotic nodules. RNs are composed of nonneoplastic hepatocytes and are histologically and radiologically identical to the background liver. On contrast-enhanced cross-sectional imaging, RNs are not hypervascular and mostly appear isointense compared to the surrounding liver on all MR sequences, including the images obtained during the hepatobiliary phase (American College of Radiology 2018; Ronot et al. 2017) (Fig. 6). Dysplastic nodules are caused by clonal expansion of a certain cell lineage and are typically distinct from the background parenchyma. They may have a higher content of fat and iron compared to the surrounding liver which may result in

intrinsic hyperintensity on T1-weighted imaging (American College of Radiology-LI-RADS 2018). Based on the presence and degree of atypia DNs are further classified into low-grade and high-grade subtypes (Ronot et al. 2017). Lowgrade DNs are histologically benign although they have the potential to become neoplastic due to presence of molecularly aberrant cells (American College of Radiology-LI-RADS 2018). High-grade DNs are the last step in the hepatocarcinogenetic process (premalignant nodules) before early and progressed HCC. Highgrade DNs show cellular and architectural atypia without stromal invasion or other malignant features (Choi et al. 2015). They may show changes in their blood supply resulting in imaging features commonly described in HCC, such as arterial phase hyperenhancement because of arterial neoangiogenesis and hypointensity on the hepatobiliary phase after injection of Gd-EOB-DTPA because of reduced expression of the organic anion transporter (OATP), the peptide responsible for the intracellular accumulation of Gd-EOB-DTPA (Motosugi et al. 2015) (Fig. 7).



Fig. 6 Gross pathology specimen (**a**) of a cirrhotic liver shows innumerable tan, regenerative nodules delineated by fibrous septa. On the axial T1-weighted MR images obtained during the arterial (**b**) and portal venous (**c**)

phases after injection of Gd-BOPTA, the regenerative (cirrhotic) nodules are barely visible and only minimally hypoenhancing on the portal venous phase image

2.2 Focal Nodular Hyperplasia-Like Nodules

Focal nodular hyperplasia (FNH) is a benign hepatic lesion arising as a hyperplastic response to a congenital vascular malformation in an otherwise normal liver (Vilgrain et al. 1992). FNH-like lesions are microscopically, macroscopically, and immunohistochemically identical to FNH but occur in patients with liver diseases or hepatic vascular abnormalities (Yoneda et al. 2016; Vilgrain 2006). Although rare in cirrhosis, FNH-like nodules have been described more often when the etiology of liver disease is alcoholic with an incidence ranging from 3.4 to 8% (Quaglia et al. 2003; Libbrecht et al. 2006) (Fig. 8). In a cirrhotic background, these nodules likely arise from a hyperplastic hepatocellular response to a localized arterial over-inflow caused by focal angio-architectural



Fig. 7 Axial MR images of a cirrhotic liver obtained during the arterial (**a**), portal venous (**b**), and hepatobiliary phase (**c**) following injection of Gd-EOB-DTPA show a small hepatobiliary hypointense nodule (arrow in **c**) without arterial phase hyperenhancement. Hematoxylin and eosin staining of the specimen (**d**) obtained at ultrasound-guided core biopsy of the lesion shows areas of increased cellularity with hepatocytes displaying uniform hyperchromatic nuclei with slightly increased nuclear/cytoplasmic ratio and focal irregular nuclear contour, suggesting a dysplastic nodule. The lesion was monitored with repeated MR imaging studies and developed arterial phase hyperenhancement (arrow in \mathbf{e}) and portal venous washout (arrow in \mathbf{f}) 5 years later while maintaining hypointensity on hepatobiliary phase (arrow in \mathbf{g}). The microscopic evaluation of the surgical specimen post resection (\mathbf{h}) demonstrates hypercellular proliferation of hepatoid appearing cells in a trabecular pattern with pseudo-acini, bile production, and Mallory hyaline compatible with hepatocellular carcinoma. Unpaired (socalled aberrant) arteries were also identified (black arrows in \mathbf{h} , inlet) (Images \mathbf{d} and \mathbf{h} are courtesy of Marta I. Minervini, MD, Department of Pathology, University of Pittsburgh)



Fig.7 (continued)

anomalies (Nakashima et al. 2004). Histologically, FNH-like lesions may show a modest increase in cell density with irregular trabecular pattern, unpaired arteries, and diffuse capillarization of the sinusoids similar to well-differentiated HCC. In such cases, immunohistochemistry is helpful, demonstrating increased staining for HSP70 GPC3 and glutamine synthetase in FNH-like lesions (Choi et al. 2011). On contrast-enhanced crosssectional imaging FNH-like lesions generally present with brisk arterial phase hyperenhancement, lack of washout on the extracellular phase

images, and iso- to hyperintensity on the images acquired during the hepatobiliary phase postinjection of Gd-BOPTA or Gd-EOB-DTPA (Figs. 9 and 10). The signal intensity on hepatobiliary phase images is key for differentiating FNH-like lesions from HCC. Most HCCs are hypointense on hepatobiliary phase images, although 10–15% of HCC have been reported to be iso- to hyperintense given the overexpression of OATP (also referred as "paradoxical uptake"). The most common appearance of both FNH-like lesions and HCCs with contrast uptake on hepatobiliary phase images is diffuse



Fig. 8 Axial contrast-enhanced CT images in a 57-yearold male with history of alcoholic cirrhosis show a 2 cm lesion with homogeneous enhancement on the image obtained during the arterial phase (arrow in **a**) and lack of

washout on the image obtained during the portal venous phase (**b**). A FNH-like nodule was pathologically proven at resection



Fig. 9 Axial MR images obtained prior to (\mathbf{a}, \mathbf{b}) and following $(\mathbf{c}-\mathbf{e})$ the administration of Gd-EOB-DTPA in a 64-year-old male with history of cirrhosis. The image obtained during the hepatobiliary phase (\mathbf{e}) shows multiple small hyperintense lesions (arrow) which appear iso-intense on pre-contrast T1- (\mathbf{a}) and T2-weighted (\mathbf{b}) and post-contrast images obtained during the arterial (\mathbf{c}) and portal venous (\mathbf{d}) phases. The pathological analysis of the specimen obtained via ultrasound-guided biopsy of the

lesion reveals changes similar to those seen in FNH lesions. The immunohistochemistry for glutamine synthetase (\mathbf{f}) shows increased diffuse positive hepatocyte uptake without a definite maplike pattern. The CD34 staining (\mathbf{g}) demonstrates diffuse capillarization of the hepatic sinusoids (Images (\mathbf{f} , \mathbf{g}) are courtesy of Marta I. Minervini, MD, Department of Pathology, University of Pittsburgh)





Fig. 10 Surveillance ultrasound (**a**) in a cirrhotic patient shows an ill-defined hypoechoic nodule prompting further evaluation with contrast-enhanced MR. Axial (**b**) Gd-EOB-DTPA-enhanced MR image obtained during the hepatobiliary phase shows several hyperintense lesions

with central hypointense scar suggesting FNH-like lesions. At follow-up MR imaging studies (not shown), the lesions remained stable in size (Case courtesy of Dr. Jessica Yang, MD, Concord Repatriation General Hospital, Sydney, Australia)

homogeneous hyperintensity. Other patterns of signal distribution have also been described, which could help with the diagnosis. A mosaic pattern and a nodule-in-nodule appearance are typical of HCC while a doughnut pattern is more commonly seen in FNH-like nodule. Presence of washout, a low ADC value, and the absence of a central scar are other features helpful to differentiate HBP hyperintense HCC from FNH-like lesion (Kim et al. 2017; Kitao et al. 2018). Finally, longitudinal assessment of changes in lesion size is important because FNH-like lesions tend to show no change or decrease in size over time. Recently a new subset of FNH-like lesions has been described in alcoholic cirrhosis which shows strong immunereactivity to serum amyloid A (SAA) with histologic features commonly seen in inflammatory adenomas including sinusoidal dilatation, ductular reaction, and inflammatory reaction (Yoneda et al. 2016). While FNH-like nodules are typically iso- to hyperintense on hepatobiliary phase images, SAA-positive nodules may appear hypointense (Yoneda et al. 2016; Sasaki et al. 2015).

2.3 Hepatobiliary Hypointense Nodules Without Arterial Phase Hyperenhancement

This is a separate group of hepatocellular nodules encountered in cirrhotic patients after injection of hepatobiliary contrast agent (Motosugi et al. 2015; Motosugi et al. 2018). Although discussed in this chapter, pathologically these lesions may represent either early HCC or high-grade DNs (Golfieri et al. 2011). The key element to differentiate early HCCs from dysplastic nodules on histologic examination is the presence of stromal invasion, a feature that is not possible to discern on imaging (American College of Radiology 2018; Motosugi et al. 2015). Early HCC is a welldifferentiated tumor usually described as "vaguely nodular" (The international Consensus Group for Hepatocellular neoplasia 2009). On imaging, early HCCs typically lack the hallmark arterial phase hyperenhancement of progressed HCCs, given the combination of reduced number of portal triads and a not-yet-fully-developed arterial neo-angiogenesis. These lesions are typically hypovascular during the dynamic contrastenhanced CT or Gd-enhanced MRI study and have reduced expression of OATP, thus resulting in hypointensity on hepatobiliary phase compared to the surrounding liver parenchyma after injection of Gd-EOB-DTPA. Hepatobiliary hypointense nodules without arterial phase hyperenhancement should be carefully evaluated because of the increased risk of progression to typical HCC (Motosugi et al. 2015). A recent meta-analysis showed that 18.3, 25.2, and 30.3% of these nodules develop arterial phase hyperenhancement at 1, 2, and 3 years, respectively (Fig. 7). In contrast, only less than 1% of hypovascular nodules isointense on hepatobiliary phase images develop arterial hyperenhancement on subsequent imaging (Suh et al. 2017) (Fig. 11).



Fig. 11 Axial MR images of a cirrhotic liver obtained during the portal venous (**a**) and hepatobiliary (**b**) phases following injection of Gd-EOB-DTPA show a small hypoenhancing lesion (arrow in **a**), which is isointense compared to the surrounding liver on hepatobiliary phase. The lesion was monitored with MRI for years. In an MR

imaging study obtained 7 years later, the lesion shows long-term size stability and hypovascular appearance on portal venous phase (c). Arterial phase images (not showed) also demonstrate lack of arterialization after 7 years The risk of progression to arterial hyperenhancement is associated with the initial nodule size (i.e., higher risk for nodules larger than 9 mm), the presence of intralesional fat, and the high signal intensity on T2-weighted and diffusion-weighted images (Suh et al. 2017). Moreover, the presence of these nodules increases the risk of developing cancer elsewhere in the liver and the risk of recurrence of HCC after resection (Komatsu et al. 2014; Toyoda et al. 2013). The management of hepatobiliary hypointense nodules without arterial phase hyperenhancement is still controversial – options include (1) further evaluation with another imaging modality to assess arterial phase hyperenhancement (e.g., contrast-enhanced ultrasound), (2) imaging follow-up, and (3) biopsy.

3 Summary

Benign hepatic lesions may have imaging features overlapping with those of malignant lesions. Also, they frequently have atypical imaging features due to alteration in liver perfusion and architectural distortion in setting of cirrhosis. As such, radiologists have to be familiar with them in order to provide correct diagnosis and optimal care.

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