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Genetics and Neuroimaging in Schizophrenia

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16.1 Introduction

Schizophrenia is a complex disorder affecting approximately 1% of the population (McGrath et al. [2008\)](#page-19-0) and found to have a heritability as high as 85% (Sullivan et al. [2003;](#page-21-0) Wray and Gottesman [2012](#page-23-0)). However, genetic underpinnings and the widespread polygenic contributions to risk are far from fully understood (Sullivan et al. [2012](#page-21-1)). Accumulating evidence

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demonstrates that individuals with schizophrenia have disruptions on the molecular, cellular, and neural circuit level that lead to the behaviors and cognitive impairments associated with the illness. Although a person's genetic profile can predispose them to have increased vulnerability for developing schizophrenia, there are also environmental factors and external stressors that may be the tipping point for illness onset or symptom severity. Neuroimaging is an important tool to understand better the neurobiological and genetically mediated risk mechanisms associated with this debilitating brain disorder.

There has been an increased focus in the literature on identifying biomarkers of schizophrenia and indicators of vulnerability, instead of examining the illness only as a clinical phenotype (Schmitt et al. [2016\)](#page-21-2). Studies integrating genetic and imaging approaches can aid in the identification of endophenotypes or intermediate biomarkers between genotype and risk for disorders, such as quantifiable brain measures. If intermediate phenotypes capture a middle point in the pathway towards pathology, and are closer biologically to mechanisms underlying schizophrenia than clinical measures, then focusing on them may increase power for genetic studies. However, this approach assumes that the genetic architecture underlying brain structures will be less complex than that involved in neuropsychiatric disorders. Despite initial hopes for increased effect sizes, recent larger studies show that effect sizes of SNPs on imaging phenotypes are quite small (<1%), and similar to those of schizophrenia risk variants (Hibar et al. [2017](#page-18-0); Franke et al. [2016\)](#page-16-0).

Two main approaches exist for studying genetic risk and imaging phenotypes. The first, and more bottom-up, is to examine the effect of a single or group of genetic risk variants on neural systems and circuitry. Alternatively, a topdown data-driven approach can be used to begin with an altered pattern of neural circuitry, and then find both novel genetic variants, as well as confirm existing knowledge of variants. Some challenges with beginning first with an imaging phenotype is that one to one mapping in relation to the presentation of symptoms is challenging. However, it is a less biased approach and has the potential for discovery regarding biological pathways associated with the illness.

A common strategy to understand the contribution of genetics to risk for schizophrenia is to study patients and their unaffected family members. Investigating brain structure and functional abnormalities in healthy family members allows for analyses of genetic contribution of risk, without complications introduced by confounds such as illness duration, treatment, or symptom severity. This approach however, cannot infer specificities of which risk variants contribute to associated brain alterations, or how such contributions are made. It does not take into account the heterogeneity in genetic risk factors that can lead to schizophrenia. Nevertheless, family and twin studies have importantly indicated high heritability across neuroimaging phenotypes in relation to schizophrenia and have been reviewed in depth elsewhere (Lancaster et al. [2016a](#page-19-1), [b](#page-19-2); Blokland et al. [2012;](#page-15-0) Jansen et al. [2015;](#page-18-1) Polderman et al. [2015\)](#page-20-0).

The field of imaging genetics is gaining momentum, specifically in psychiatry, as multimodal approaches are increasingly used to study elevated vulnerability and the underlying pathophysiology of mental health and illnesses (Arslan [2015,](#page-15-1) [2018a,](#page-15-2) [b;](#page-15-3) Bogdan et al. [2017](#page-15-4); Lancaster et al. [2016a,](#page-19-1) [b](#page-19-2); Dima and Breen [2015](#page-16-1); Carter et al. [2017;](#page-15-5) Meyer-Lindenberg [2010\)](#page-19-3). Advances in neuroimaging methodologies and the increasing number of publically available datasets with multimodal data are contributing factors. Sample sizes for psychiatric populations are growing exponentially through large-scale collaborative consortiums such as Enhancing Neuro Imaging Genetics through Meta-Analysis (ENIGMA, Chap. [21](https://doi.org/10.1007/978-3-030-35206-6_21)) (Thompson et al. [2014\)](#page-21-3), the Cohorts for Heart and Aging Research in Genomics Epidemiology (CHARGE) (Psaty et al. [2009](#page-20-1)), IMAGEN (Schumann et al. [2010\)](#page-21-4), Alzheimer's Disease Neuroimaging Initiative (ADNI) (Petersen et al. [2010](#page-20-2)), and recently specifically targeted at schizophrenia Genetics of Endophenotypes of Neurofunction to Understand Schizophrenia (GENUS) (Blokland et al. [2018\)](#page-15-6), and have become accessible to a wide range of researchers.

In this chapter, we will focus on studies combining the use of neuroimaging and genetic approaches to review what is currently known about the genetic architecture underlying imaging phenotypes of schizophrenia. Work that has been done in healthy subjects, schizophrenia patients, as well as youth at clinically high-risk for psychosis is included.

16.2 Types of Genetic Variation

Genetic risk for schizophrenia is highly polygenic and heterogeneous, with no single factor associated with the guaranteed development of schizophrenia in an individual. The most wellknown variations in the genome associated with schizophrenia are single nucleotide polymorphisms (SNPs), more rare mutations such as copy number variants (CNVs), and larger structural chromosomal abnormalities. The majority of rare mutations involve several genes and have greater functional and more deleterious effects as compared to common variants (Sebat et al. [2009;](#page-21-5) Sebat and Malhotra [2013](#page-21-6)). They also often are not inherited and occur *de novo*, perhaps explaining their enduring prevalence despite reduced fitness of carriers (Van Dongen and Boomsma [2013](#page-22-0)). There has been a surge in studies and shift towards focusing on rare variants and their contribution to genetic risk for schizophrenia, alongside the variance explained by common variants (Bustamante et al. [2017](#page-15-7)). Studies of effect sizes have shown that the 16p11.2 duplication has an Odds Ratio (OR) for psychosis of 14.4 (Giaroli et al. [2014\)](#page-17-0), the 3q29 deletion is above 40 (Mulle [2015](#page-19-4)), and the 22q11.2 deletion increases risk for schizophrenia roughly 30-fold (Schneider et al. [2014](#page-21-7)). Implicated rare variants like 22q11.2 increase risk for multiple neural pathologies in addition to schizophrenia, such as Autism Spectrum Disorder and intellectual disability. Imaging genetic studies have begun determining brain structure and functional abnormalities associated with rare variants. Additionally, with the recent emergence of a 22q11.2 deletion ENGIMA working group, there is promise moving forward for large meta-analyses with the power to build on our understanding of developmental trajectories associated with this condition. However,

further in-depth discussion of imaging studies focusing on rare mutations is beyond the scope of this chapter, and moving forward, the focus will be on studies involving common variants.

16.3 Moving from a Candidate Gene Approach to the Era of GWAS

A substantial portion of imaging-genetic studies thus far have been dominated by investigations of candidate genes pre-selected for studies based on *a priori* knowledge. These initial studies were important in creating neurobiological models of schizophrenia risk and validating hypotheses of the involvement of these genes in specific biological systems. Candidate genes such as catechol-O-methyltransferase (COMT; Witte and Flöel [2012;](#page-23-1) Gonzalez-Castro et al. [2016\)](#page-17-1), brain-derived neurotrophic factor (BDNF; Hong et al. [2011;](#page-18-2) Harrisberger et al. [2015\)](#page-17-2), dopamine 2-receptor (DRD2; Luykx et al. [2017](#page-19-5)), and 5-HTTLPR (Raab et al. [2016](#page-20-3); Murphy et al. [2013\)](#page-19-6). Their effects have been reviewed and found to be associated with a variety of brain changes from altered activation to structure (Arslan [2015](#page-15-1); Hashimoto et al. [2015;](#page-17-3) Rasetti and Weinberger [2011](#page-20-4)). However, the strategy of investigating a single gene at a time has not been overly successful, as effects of single variants are quite small and statistical power is often low (Meyer-Lindenberg [2010;](#page-19-3) Farrell et al. [2015\)](#page-16-2).

Recently, growth in sample sizes has provided the opportunity to use GWAS to study genetic risk variants associated with schizophrenia. The largest GWAS of risk for schizophrenia currently published by the PGC includes 36,989 cases and 113,075 controls, scanned for 9.5 million variants, and has identified 125 genetic loci (of which 108 are independent) associated with this mental disorder (Schizophrenia Working Group of the Psychiatric Genomics Consortium [2014\)](#page-20-5). This un-biased data-driven alternative to studying candidate genes has been able to identify novel genetic variants and polymorphisms linked to schizophrenia because of the large study power. Although GWAS findings have increased support for some candidate risk variants such

as zinc-finger protein 804A (ZNF804A), calcium voltage-gated channel subunit alpha1 C (CACNA1C), glutamate receptor mgluR3 (GRM3), and DRD2, they have also found unexpected negative results for others such as COMT and BDNF, and questioned previous effect size findings of others such as 5-HTTLPR (serotonin transporter–linked polymorphic region; Hariri et al. [2002;](#page-17-4) Flint and Munafò [2013\)](#page-16-3).

There are many hypotheses about the mechanisms underlying schizophrenia development, such as the dysregulation of the dopamine (Howes et al. [2017;](#page-18-3) Meltzer and Stahl [1976\)](#page-19-7), glutamate (Moghaddam and Javitt [2012](#page-19-8)), or GABAnergic systems (Nakazawa et al. [2012](#page-19-9)), disruption in myelin and axons (Stedehouder and Kushner [2017](#page-21-8); Cassoli et al. [2015\)](#page-15-8), calcium imbalance (Berridge [2014;](#page-15-9) Lidow [2003\)](#page-19-10), or inflammation (Howes and Mccutcheon [2017](#page-18-4)). These have traditionally been investigated separately and as more is discovered about the genetic architecture and polygenic nature of schizophrenia through GWAS, evidence has emerged that supports each of these theories instead of narrowing down possible mechanisms or pathophysiological processes (Devor et al. [2017](#page-16-4)). However, recent analyses are converging on the involvement of biological pathways to unify many of these theories into a general hypothesis of disrupted intracellular signaling pathways, communication across fast (voltage-gated ionic channels) and slow (G-protein coupled receptors) neurotransmission (Devor et al. [2017](#page-16-4)), as well as on excitatory and inhibitory synaptic neurotransmission and plasticity (Hall et al. [2015](#page-17-5)).

16.4 Targeted GWAS Risk Variant Studies

As a result of GWAS findings, a great deal of work has been done to target identified risk genes or specific variants and to examine their relationship with imaging phenotypes. These structural and functional studies involving genes implicated in the schizophrenia GWAS have found associated alterations in brain volume, density, white and gray matter, cortical folding and thickness, as well as regional activation and connectivity during executive tasks (Gurung and Prata [2015;](#page-17-6) Harrison [2015](#page-17-7)).

Genes containing loci that were implicated in the most recent PGC GWAS include dopaminergic system related gene DRD2, glutamatergic transmission genes GRM3 and GRIN2A, and calcium signalling genes CACNA1C and NRG1, in addition to other genes of interest such as ZNF804A, DISC1, MIR137, and ANK3, to name a few.

GWAS have been important for the identification of novel variants to target for further investigation. Results have inspired follow up imaging and molecular studies to try to understand the relationship between common variants and effects on functioning that might be related to psychosis symptoms. These multimodal explorations are especially important for identifying the actual susceptibility gene and mechanism conferring risk. Only 10 of the identified variants exist in exonic regions of the genome and result in amino acid changes in proteins. Many of the others are most likely located in regulatory regions and lead to functional effects through changes in splicing, gene expression, or other molecules involved in these processes. Considering the high linkage disequilibrium that can occur across many variants and span regions that encompass multiple genes, it is also possible that identified risk variants are merely in high define with the actual variant that confers risk through altered functioning (Bray and Hill [2015\)](#page-15-10).

A recent large study by Erk et al. [\(2017](#page-16-5)) examined all of the significant GWAS schizophrenia risk alleles (Schizophrenia Working Group of the Psychiatric Genomics Consortium [2014\)](#page-20-5) and their effects across RDoC neurocognitive domains and brain activation. Only a single SNP rs9607782 near EP300 survived significance after correcting for multiple comparisons and was associated with amygdala activation during emotional processing, indicating that the schizophrenic risk may be mediated by amygdala functioning. There were also findings regarding ZNF804A and CACNA1C, but these only reached subthreshold significance and did not survive correction. It is possible that other mean-

ingful links were lost because of the multiple tests and stringent corrections applied to address false positives. There have also been negative findings in another smaller study looking at associations between identified GWAS schizophrenia risk variants and both cortical thickness and white matter FA neuroimaging phenotypes across the lifespan (Voineskos et al. [2015\)](#page-22-1).

However, significant progress has been made in smaller studies with more a narrowed focus on one or a few risk variants in elucidating functioning. A highly implicated risk allele and one of the first to be identified by GWAS is ZNF804A rs1344706, an intron of a zinc-finger gene coding for a transcription factor. This gene is thought to regulate other genes (Donohoe et al. [2011\)](#page-16-6), including other candidate genes associated with schizophrenia: PRSS16, COMT, PDE4B and DRD2 (Girgenti et al. [2012\)](#page-17-8), and to impact cell adhesion among other functions (Hill et al. [2012](#page-18-5)). The effect of ZNF804A on structural white matter fractional anisotropy (FA) remains unclear, with both positive (Mallas et al. [2017;](#page-19-11) Kuswanto et al. [2015](#page-19-12); Ikuta et al. [2014\)](#page-18-6) and negative findings (Voineskos et al. [2011;](#page-22-2) Fernandes et al. [2014](#page-16-7); Sprooten et al. [2012;](#page-21-9) Wei et al. [2015\)](#page-23-2). A recent study showed more widespread effects on white matter FA (Mallas et al. [2017\)](#page-19-11). The ZNF804A risk allele also has mixed effects on gray matter volume in schizophrenia and healthy controls (Donohoe et al. [2011;](#page-16-6) Cousijn et al. [2012](#page-16-8); Voineskos et al. [2011](#page-22-2)).

Functional imaging studies of the ZNF804A risk allele have replicated findings related to working memory and modulation of connectivity between the hippocampus and dorsolateral PFC (Esslinger et al. [2009](#page-16-9), [2011](#page-16-10); Rasetti and Weinberger [2011](#page-20-4)), as well as altered regional activity during social theory of mind tasks and emotional processing (Esslinger et al. [2011;](#page-16-10) Walter et al. [2011;](#page-22-3) Mohnke et al. [2014](#page-19-13)), as well as cognitive control (Thurin et al. [2013\)](#page-22-4).

Investigations have shown that rs1344706 reduces the expression of ZNF804A during the fetal stage, a critical period in neurodevelopment (Hill and Bray [2012](#page-18-7); Tao et al. [2014\)](#page-21-10). However, the mechanism by which this risk variant alters expression remains unknown. There is also evi-

dence from animal models that ZNF804A is involved in neurite growth and elongation in the hippocampus and frontal cortex, areas also implicated in imaging studies, and that the rs1344706 allele reduces dendritic spine density, which is consistent with the clinical presentation of schizophrenia (Deans et al. [2016](#page-16-11)). Overall, compelling findings indicate that this risk variant is a significant factor relating to the onset of schizophrenia that affects the brain early in life and may be involved in white matter structure, connectivity, and cognition (Chang et al. [2017\)](#page-16-12).

It is clear that although GWAS studies have identified novel risk variants, the underlying functioning of these variants and their involvement in molecular pathways leading to their effect on the brain is far from understood. A combination of basic science and molecular genetic studies are needed to move forward in disentangling how genetics contribute to the risk for mental illnesses (Bogdan et al. [2017\)](#page-15-4). A recent study by Sekar et al. ([2016\)](#page-21-11) investigated the possible mechanisms of C4 risk alleles located in the dense major histocompatibility complex (MHC), the area most highly associated with schizophrenia through GWAS. Through post-mortem, animal, and population studies, these investigators reported that structural variants altered C4A and C4B expression in the brain that were related to risk for schizophrenia. In combination with findings that C4 mediated synaptic pruning in mice during neuronal maturation, this research suggests that alterations in C4 expression may be related to the reduced number of synapses in the brains of individuals with schizophrenia. These findings have triggered studies of C4 expression and the complement system, although neuroimaging studies have not been done to elucidate how expression relates to imaging phenotypes in humans.

16.5 Polygenic Risk Scores and Imaging Phenotypes

Examining the role of each GWAS identified risk variant or groups of variants is important for understanding the specificities of how they are involved in schizophrenia risk. However, individual GWAS SNPs capture little of the phenotypic variance observed in schizophrenia (often much less than 1%) and do not address the possible polygenic, additive, or synergistic contributions thought to be involved in illness development. Using an accumulated polygenic risk score (PRS), created by aggregating the effects of many risk variants based on odds ratios, increases the amount of explained variance to as much as a third, and can be a useful tool for applying findings from large GWAS to small samples (Dima and Breen [2015](#page-16-1)). PRS is thus advantageous as it can incorporate the effects of all or a portion of SNPs, which can extend beyond the few that reach genome-wide significance as determined by a corrected statistical threshold. This approach most likely introduces false positives for the effects of some SNPs, but it also overcomes biases associated with a relatively arbitrary cut-off threshold for significance. Recently, studies have begun to investigate the overlap between polygenic risk for schizophrenia and brain abnormalities linked with the disorder as a complementary bottom-up approach to studying individual common variants. Effect sizes from the PGC GWAS are typically used to construct scores, although not universally (Ohi et al. [2014\)](#page-20-6), and studies often use all SNPs under a certain p-value significance threshold. Importantly, even in healthy youth, an increased polygenic risk score (PRS) for schizophrenia has been found to be correlate with impairments in social cognition and verbal reasoning, demonstrating that relationships emerge early in development (Germine et al. [2016](#page-17-9)). Additionally, a higher PRS is linked to a family history of psychotic illnesses (Bigdeli et al. [2016\)](#page-15-11). However, there are variations in how studies define PRS and the number of variants included, which has led to challenges related to comparing and replicating results.

As genetic testing of massive numbers of an individual's SNPs continues to quickly become more inexpensive and accessible, it is increasingly becoming an attractive option for quickly determining an individual's risk load for a mental illness that is consistent across a lifespan. A recent growth of studies examining PRS and their associations with cognition, behavior, and

neuroimaging phenotypes are improving our understanding of the implications of this aggregated score and its possible utility in health care and clinical practice. As research accumulates to improve specificity and sensitivity, it is possible that one day a PRS may be used for more personalized and preventative medicine, resulting in early identification and more individually targeted interventions.

16.6 Findings from PRS Imaging Studies

Despite the well-established structural alterations prevalent in schizophrenia, larger studies examining overlap between PRS and these abnormalities have found mixed results. Some earlier studies identified direct relationships between PRS and total brain and white matter volume using a range of significance cut-offs for PRS (Terwisscha van Scheltinga et al. [2013](#page-21-12)), although this has not been consistently replicated and there have been predominantly negative findings for total GM volume (Papiol et al. [2014;](#page-20-7) Van der Auwera et al. [2015;](#page-22-5) Reus et al. [2017](#page-20-8); Lancaster et al. [2018\)](#page-19-14). One study did support an association between reductions in total white matter and PRS in psychosis, as well as familial genetic risk using a 7 SNP white matter targeted score (Oertel-knöchel et al. [2015\)](#page-20-9).

Studies looking at regional volume differences associated with PRS have found a negative relationship with globus pallidus volume and a trending negative relationship with thalamic volume, both with a range of schizophrenia PRS and a shared PRS between schizophrenia and bipolar disorder (Caseras et al. [2015](#page-15-12)). This trending association with thalamic volume has been replicated (Reus et al. [2017\)](#page-20-8). Additionally, when a range of PRS are examined using effect sizes from a Japanese GWAS (Ikeda et al. [2011\)](#page-18-8), a negative relationship was found with the left superior temporal gyrus volume (Ohi et al. [2014\)](#page-20-6).

Findings related to the hippocampus show that a higher PRS based on 108 loci is negatively associated with volume (Harrisberger et al. [2016\)](#page-17-10). Additionally, higher scores for a range of PRS have been related to reduced neuroplasticity in response to an aerobic exercise intervention for schizophrenia, specifically in the left CA4/ DG region of the hippocampus (Papiol et al. [2017](#page-20-10)). Another study with a discovery Chinese sample and European replication sample found negative results for hippocampus volumes, intracranial volume (ICV), and total volumes when both a mixture of GWAS significant and previously found variants associated with candidate genes were included in a PRS (Li et al. [2015\)](#page-19-15). Additionally, when PRS scores based on the 108 identified variants were broken down into biological systems such as calcium signalling, neurodevelopment, and glutamatergic neurotransmission, findings of volume changes were negative across the brain (Van der Auwera et al. [2017](#page-22-6)). Further, there were no associations found between white matter tract measures FA and MD with a PRS based on the 108 loci (Voineskos et al. [2015\)](#page-22-1), or a range of PRS (Reus et al. [2017](#page-20-8)). Of note, replicated findings show evidence for lower cortical gyrification in the inferior parietal lobes associated with a range of PRS (Liu et al. [2017](#page-19-16)). Global cortical thinning has also been associated with a range of higher PRS in individuals with schizophrenia (Neilson et al. [2017](#page-19-17)).

In a large study by French et al. (2015) (2015) , a negative relationship was discovered between cannabis use and cortical thickness in adolescent boys with high PRS determined by the significant 108 loci. This relationship was replicated in three samples and was not present in any of the adolescent girls or the boys with low PRS, although a higher PRS in girls was associated with elevated cortical thinning. This finding demonstrates possible useful applications of PRS in elucidating neurobiological mechanisms of risk factors for schizophrenia development, such as cannabis use during adolescence (Manrique-Garcia et al. [2012](#page-19-18)).

There have been fewer functional neuroimaging studies involving PRS, but with more consistently positive results. A novel study by Erk et al. ([2017\)](#page-16-5) investigated schizophrenia risk PRS and its impact on brain activation during the five neurocognitive domains outlined by the RDoc in healthy controls using two thresholds from the

PGC study—5 \times 10⁻⁸ and 0.05. Findings showed activation of the perigenual anterior cingulate during an emotion recognition task, and posterior cingulate during a theory of mind task, which were both associated with PRS.

Altered activation and inefficiency of the dorsolateral and middle superior PFC during WM related tasks has been found to be related to a variety of differently chosen PRS (Walton et al. [2013,](#page-22-7) [2014;](#page-22-8) Kauppi et al. [2014](#page-18-9)). A recent study also showed a positive association between a PRS created from 418 genes from the CREBS and BDNF family, with deviation in the variability in resting-state networks and functional network connectivity predominantly related to the thalamus, parahippocampal gyrus, visual, and/or sensorimotor areas compared to cohort-common patterns (Chen et al. [2018\)](#page-16-14).

Multiple studies have found a relationship between PRS and alterations in ventral striatal activity. The first examined a monetary incentive delay task and found that higher scores across a range of PRS thresholds were associated with lower IQ and striatal activity, indicating that it may be related to different reward processing in higher risk individuals (Lancaster et al. [2016b\)](#page-19-2). The second study found increased BOLD signal in the ventral striatum, extended reward-related areas, and cortical networks, including posterior regions, occurred during a reversal learning task in individuals with a higher PRS thresholded at 0.05 (Lancaster et al. [2018\)](#page-19-14).

These findings overall support a lack of genetic overlap between this disorder and subcortical volumes, but larger overlap with cognition and altered neural circuitry (Hubbard et al. [2016;](#page-18-10) Hagenaars et al. [2016](#page-17-11)). However, the success of studies focusing on specific variants and targeted PRS including variants previously implicated in structural abnormalities may indicate that a subgroup of variants are involved in structural changes related to risk, and that the use of more complex PRS dilute effects. Evidence points to the hypothesis that common genetic variants associated with schizophrenia are involved in altering cognition (especially emotion processing) and motivational circuitry predominantly, which may influence the volu-

metric abnormalities observed in schizophrenia. The varied findings may also be related to the fact that the relationships observed between neuroimaging phenotypes and a continuous PRS are not as linear as expected, especially in functional imaging (Birn and Bandettini [2005](#page-15-13)).

16.7 Successes and Failures of Collaborative Imaging Genetic Efforts

In the last decade, multiple large-scale consortiums have worked to combine impressive quantities of imaging and genetic data internationally into meta-analyses. One of the largest efforts has been by ENIGMA, which had as its initial aim to use GWAS to identify common variants underlying variation in brain structure, function, and connectivity. This work now extends to identifying factors that reliably affect brain features and can be used for individual prediction of risk and deviations from normal development (Thompson et al. [2014\)](#page-21-3). Although individually common variants have small effects, collaborative efforts use the strategy of collecting large samples and increasing power to identify enough variants that, when aggregated, explain a substantial portion of imaging phenotype variance. This increase in power through meta-analysis can also be used to study diseased populations and build upon our knowledge of intermediate phenotypes to clarify mechanisms involved in how these abnormalities relate to the development of mental illnesses such as schizophrenia. Thus far, over 20 psychiatric, neurodegenerative and neurodevelopmental disorders have been studied as part of ENIGMA, and publications have followed from the largest structural MRI studies for multiple mental illnesses (Schmaal et al. [2015](#page-20-11); Hibar et al. [2017](#page-18-0); Boedhoe et al. [2017;](#page-15-14) Hoogman et al. [2017](#page-18-11)). Initiatives have also led to the identification of the first genome-wide variants associated with subcortical structures (Hibar et al. [2015,](#page-17-12) [2017;](#page-18-0) Stein et al. [2012\)](#page-21-13). However, this large-scale approach has met with both successes and failures, and there are many challenges to offering insight into pathology related to schizophrenia.

Findings to date have shown that there is little overlap between GWAS identified risk variants for schizophrenia and those associated with subcortical volume (Hibar et al. [2015,](#page-17-12) [2017\)](#page-18-0). A large population study by (Hibar et al. [2015\)](#page-17-12), including both healthy and mentally ill individuals, examined ICV and seven subcortical volumes in 13,171 subjects of European ancestry, and a replication sample of 17,546. Findings showed significant and suggestive findings for ICV, hippocampus, putamen, amygdala and caudate, but not the nucleus accumbens, pallidum or thalamus. A single significant SNP rs2909457 is also associated with schizophrenia risk, and was found to be correlated with hippocampus volume. A similar correlation with a SNP in high LD emerged in a following study (Hibar et al. [2017\)](#page-18-0). Contrary to what was expected based on changes commonly seen in schizophrenia (Adriano et al. [2012\)](#page-14-1), hippocampal volume increased with increasing risk.

A study by Franke et al. ([2016\)](#page-16-0) examined the overlap between genetic variants related to these same structural measures and those associated with schizophrenia to further confirm null results. These results are perhaps even more surprising as the use of the same methodology has found large overlaps in common variants between schizophrenia and both bipolar disorder and major depressive disorder (Cross-Disorder Group of the PGC [2013a](#page-16-15), [b](#page-16-16)). Overall, converging evidence does not support the hypothesis that alterations in brain structure are causally associated with schizophrenia risk, or that there are pleiotropic effects of common variants on structural phenotypes and schizophrenia. Limited progress has forced the reassessment of the potential for this approach to assist with constructing new or improved hypotheses about how the brain is involved in the onset and course of schizophrenia.

Little overlap in associated common variants suggest that alternative hypotheses independent of genetic causes regarding structural abnormalities seen in schizophrenia may need to be considered. Other possible contributing factors are rare

mutations, epigenetics (Cariaga-Martinez and Alelú-Paz [2017](#page-15-15)), gene interactions, environmental interactions (Davis et al. [2016\)](#page-16-17), course of illness (Mathalon et al. [2001\)](#page-19-19), or treatments (Ho et al. [2011](#page-18-12)). More consistent findings of altered cognitive and behavioral alterations associated with common variants may be related to downstream effects or reverse causation of volume changes (Owens et al. [2012;](#page-20-12) Toulopoulou et al. [2015\)](#page-22-9).

Alternatively, it is possible that the effect sizes of genetic overlap between brain structure and schizophrenia are quite small and that GWAS are either underpowered or methodology is insufficient to find results. The higher the number of participants in a study, the larger the power to discover variants contributing small effects that may be overshadowed by heterogeneity within the sample. This is supported by a more recent focused study with increased power that examined only the overlap between schizophrenia and subcortical structures genetic risk, and had positive findings in loci such as FOXO3 and ITIH4, associated with ICV, SLC4A10 and SPATS2L with the hippocampus, as well as DCC, and DLG2 with the putamen (Smeland et al. [2017\)](#page-21-14). Additionally, the use of a newer method called partitioningbased heritability analysis demonstrated that schizophrenia risk variants significantly modulate normal variation in cortical thickness and surface area in multiple brain regions (Lee et al. [2016](#page-19-20)).

16.8 Combining Gene Expression, Risk Variants and Imaging Phenotypes

A similar approach to beginning with imaging phenotypes as continuous quantitative traits and determining genetic associations is to begin with gene expression and discover genetic variation contributing to changes. Variants that affect expression levels are considered expression quantitative trait loci (eQTL) and provide a possible mechanism by which common variants may influence imaging phenotypes and confer risk for schizophrenia. Many genes have altered expression in schizophrenia, and a significant

portion of variants associated with schizophrenia (Schizophrenia Working Group of the Psychiatric Genomics Consortium [2014](#page-20-5)) have been found to be eQTL and to alter the expression of at least one gene (Richards et al. [2012;](#page-20-13) Fromer et al. [2016\)](#page-16-18).

However, another aspect not commonly captured is the wide-ranging effects these risk variants sometimes have spatially across the brain. It is known that the majority of gene expression varies both by brain region and temporally across the lifespan, as well as that SNPs can impact expression (Kang et al. [2012\)](#page-18-13). Post-mortem studies have shown that gene expression disturbances in schizophrenia patients exist across and vary by brain region (Horváth et al. [2011](#page-18-14)). Recent studies are beginning to highlight the importance of regional expression of specifically schizophrenia related risk genes associated with abnormalities observed in the brain that may improve understanding of why brain changes are concentrated in certain areas or along specific pathways in schizophrenia. This strategy also provides the opportunity to study the relationships between genetic risk and more complex imaging phenotypes, such as network connectivity.

In the same way that similar co-expression networks of multiple genes indicate a common regulatory pathway (Weirauch [2011\)](#page-23-3), overlapping gene expression and brain connectivity networks may indicate common underlying mechanisms and influence. Further, areas where risk variants have increased expression may indicate increased influence on neural functioning of that region and greater effect on local imaging phenotypes.

With increasing accessibility through publically available resources such as the Allen Human Brain Atlas, BrainCloud, BrainSpan, and CommonMind Consortium (providing maps of gene specific transcription across the brain), it is possible to examine genetic risk with regionally specific gene expression patterns throughout the brain. Examining the spatial expression of schizophrenia risk variants together with brain abnormalities may provide insight into the complex relationships between them and the pathogenic mechanisms involved in psychosis development (French et al. [2015](#page-16-13)).

16.9 Structural and Functional Connectivity Overlapping with Networks of Gene Expression

A recent study by Romme et al. ([2016\)](#page-20-14) crosscorrelated connectivity networks determined using diffusion-weight imaging with spatial expression of schizophrenia GWAS identified genes (Schizophrenia Working Group of the Psychiatric Genomics Consortium [2014\)](#page-20-5) from post-mortem microarray data in the Allen Human Brain Atlas (Hawrylycz et al. [2012\)](#page-17-13). Results showed that increased differences in structural connectivity between schizophrenia and healthy controls across the brain overlapped with areas of the cortex where there was heightened expression of risk genes. Further breakdown of schizophrenia risk genes into classes of function, as specified by PGC, showed that genes involved in neuronal calcium signaling (including CACNA1C) were most closely associated with connectivity differences. Additionally, findings were specific to schizophrenia and there was no association between expression of schizophrenia risk genes and structural connectivity in individuals with bipolar disorder. This differentiation between these illnesses may be key, particularly given the strong overlaps in genetic risk of approximately 65% (Cross-Disorder Group of the Psychiatric Genomics Consortium [2013a,](#page-16-15) [b](#page-16-16)) in brain abnormalities and symptomology that exist.

As well as investigating previously associated genes found through GWAS of schizophrenia, Romme et al. [\(2016](#page-20-14)) linked novel genes, as well as supported previous findings, in a data driven approach examining all available gene expression networks and the most highly correlated with networks of altered connectivity in schizophrenia. Many of the identified top 100 and 500 genes (the second most highly correlated being C4A) have already been associated with psychiatric disorders, and investigation of the remaining genes may assist with the identification of risk genes involved in pathophysiology specifically related to altered neural connectivity observed in schizophrenia.

Another study examined the relationship between white matter network organization and local gene expression across age in schizophrenia (Powell et al. [2017\)](#page-20-15). Declining network integrity across age was delayed in individuals with schizophrenia compared to controls. Additionally, when the spatial expression of six top schizophrenia associated genes were examined, DISC1, DRD2, DTNBP1, and GRM3 were associated with age-dependent changes in white matter network modularity, with DISC1 additionally associated with local efficiency. There were no significant associations between white matter network measures and regional expression of the COMT and BDNF genes.

A study by Pergola et al. ([2017\)](#page-20-16) focused on the commonly implicated dopamine molecular pathway and DRD2 gene expression across the PFC. SNPs associated with co-expression of specifically the D2 long dopamine receptor were identified to create a Polygenic Co-expression Index (PCI). An increased PCI was found to predict working memory performance, greater BOLD signal in the PFC indicating inefficiency during this task, as well as a better clinical course. This approach demonstrates that investigating gene co-expression can be used to investigating gene co-expression can be used to better understand the role of risk genes in biological pathways that relate to behavioral and clinical phenotypes.

There is also evidence that resting-state networks are heritable (Glahn et al. [2010;](#page-17-14) Fu et al. [2015\)](#page-16-19), signifying that genetic risk associated with schizophrenia may underlie alterations observed in the disorder. Furthermore, resting-state functional connectivity networks correspond with networks of correlated gene expression, and polymorphisms in these identified genes, which alters resting-state connectivity in healthy adolescents (Richiardi et al. [2015](#page-20-17)). It has also been shown that spatial patterns of gene expression have a high correspondence with cortico-striatal pathways involved in limbic and somatomotor functional networks (Anderson et al. [2018\)](#page-14-2), which are pathways strongly associated with schizophrenia pathology.

16.10 At Risk Youth and Discovering Predictors for Psychosis

Schizophrenia is considered a neurodevelopmental disorder involving altered neural maturation and connectivity (Insel [2010;](#page-18-15) Marenco and Weinberger [2000\)](#page-19-21). Numerous studies have examined and found alterations in brain circuitry and functioning in youth at all stages of psychosis development, from subthreshold symptoms (Satterthwaite et al. [2016](#page-20-18)) to clinically high-risk groups and genetic high-risk groups (Fusar-Poli et al. [2012](#page-17-15)), to the emergence of first-episode psychosis. There is support that increased genetic risk based on family history increases risk of transition and is associated with symptom severity and with brain abnormalities (Fusar-Poli et al. [2015](#page-17-16); Seidman et al. [2010\)](#page-21-15).

Imaging-genetic studies in neurodevelopmental samples as well as adult samples provide the opportunity to study changes across the emergence of symptoms and answer the question of when, in addition to how, genetic factors confer risk by affecting brain structure and function. The early detection and treatment of psychosis at prodromal stages is an important and widely accepted goal to move towards reducing the burden of schizophrenia (Pettersson-Yeo et al. [2013](#page-20-19)). If biomarkers are identified, they can be integrated into predictive models to distinguish better high risk youth that will later transition to full psychosis or schizophrenia so that they can be targeted for preventative early interventions (Millan et al. [2016](#page-19-22)).

Despite this surge in studies examining highrisk youth, the majority of imaging-genetics studies focus on neuroimaging phenotypes and increased risk in the context of familial or genetic risk, with fewer studies addressing specifics in the heterogeneity of genetic vulnerability (Fusar-Poli et al. [2015](#page-17-16)). Additionally, there are challenges with methodology and reporting of studies aimed at predicting transition to psychosis in CHR (Studerus and Ramyead [2017\)](#page-21-16). For example, a study reviewing brain abnormalities in genetic high-risk groups and clinical highrisk groups found that clinical high risk groups had more severe structural and functional differences, including abnormalities associated with transition to psychosis. This is most likely related to the higher symptom severity seen in this highrisk group (Smieskova et al. [2013](#page-21-17)).

A promising finding from multiple studies is the association of risk variants in the 5′ region of neuroregulin 1 (NRG1) and rates of transition to schizophrenia in high-risk psychosis groups. This gene is involved in regulating myelination processes (Ortega et al. [2012](#page-20-20); Wood et al. [2009](#page-23-4)) and is important for cortico-cortical myelination during neurodevelopment (Chen et al. [2016\)](#page-16-20). It has been marginally associated with total brain FA, and together with other genes involved in myelination, it is significantly associated with schizophrenia and FA, perhaps indicating that it works by affecting oligodendrocyte-expressed specific genes (Chavarria-siles et al. [2015](#page-16-21)).

Studies have also found a 100% transition rate in both genetic and clinical high-risk cohorts associated with the NRG1 rs6994992 SNP (Hall et al. [2006](#page-17-17); Keri et al. [2009](#page-18-16)). Another larger study by Bousman et al. ([2013\)](#page-15-16) did not replicate these findings, but did discover that nearby rs4281084 and rs12155594 risk alleles increased the risk for transition. A recent follow-up imaging-genetics study by Bousman et al. ([2018\)](#page-15-17), looked at the neurobiological effect of having a high allelic risk load based on these identified SNPs in the NRG1 gene. Individuals who had an early age of onset and developed schizophrenia before the age of 26 had increased left and right ventricles. Further, all carriers of high risk alleles had reduced FA, elevated RA, and stable AD in the frontal cortex, but no differences in cortical thickness, gray matter volume, and surface area.

In another study, higher schizophrenia PRS has been associated with decreasing hippocampal volume in at-risk mental state youth, and with a higher rate of transition to first episode psychosis (Harrisberger et al. [2016](#page-17-10)).

Recent initiatives, such as the publically available Philadelphia Neurodevelopmental Cohort (PNC), hold promise for improving our understanding of factors involved in psychosis risk. This large-scale population sample study began with just genetics data, but now has approximately 1600 participants aged 8–21 with multimodal neuroimaging, cognitive, and psychopathology data, with an enrichment for youth with psychosis spectrum symptoms. Further, a portion of the participants have data from multiple follow up assessments 2 years apart. Studies to date have shown structural and functional brain abnormalities associated with youth experiencing psychosis spectrum symptoms (Wolf et al. [2015](#page-23-5); Satterthwaite et al. [2016](#page-20-18)). An investigation by Voineskos et al. [\(2015](#page-22-1)) examining the relationship between schizophrenia risk variants, cortical thickness, and white matter tract measures included PNC participants but showed negative findings. A recent paper by Cordova-Palomera et al. ([2018\)](#page-16-22) examined a wide range of PGR, as well as brain thickness, surface and volume in the PNC. A higher risk score was associated with reduced cortical surface area and thalamic volume. This study also found an apparent suppressing effect, in that altered brain features compensated for the effect of PGR on cognition. Although there are only a few PNC studies integrating imaging and genetics as of yet, this sample's large numbers and range of data present exciting possibilities for elucidating mechanisms associated with psychosis development in adolescence.

There is also accumulating evidence that genetic factors and epigenetic mechanisms are involved in hormonal responses causing brain changes during adolescent development, and that these are linked to underlying pathophysiological mechanisms of psychosis development (Trotman et al. [2013](#page-22-10); Walker et al. [2013](#page-22-11)). Further work is needed to better understand the relationship between hormones and their role during this key neurodevelopmental period when symptoms being to emerge. Revealing these mechanisms may also explain sex differences in cognition and brain abnormalities occurring in schizophrenia in adulthood that may be tied to hormonal divergences that begin in adolescence (Mendrek and Mancini-Marïe [2016](#page-19-23)).

16.11 The Challenge of High Dimensionality of Imaging and Genetic Data

Mixed findings of genetic overlap between schizophrenia risk and brain structure, but replicated positive findings from studies examining individual SNPs and neuroimaging phenotypes indicate that the problem may lie in the methodology for discovering GWAS common variants, and not that there truly is no overlap in genetic underpinnings. There are a number of evolving statistical methods to address the challenge of the high-dimensionality of imaging and genetic data (Schork et al. [2016](#page-21-18)). In GWAS, each SNP is independently tested using regression models for association with a scalar measure such as clinical diagnosis. This results in huge numbers of pairwise univariate tests that need to have statistical corrections applied to reduce the prevalence of false positives. The number of tests increases when multiple neuroimaging phenotypes, especially voxel-wise measures, are investigated, and leads to reductions in power and elevated computational costs. Additionally, applied corrections may be too stringent, ignoring the possibility that SNPs may have high LD and that regions of imaging phenotypes such as cortical thickness, FA, and volume tend to be highly co-varied across the brain, and not actually independent. Alternative strategies such as controlling for false discovery rate (FDR) instead of family-wise error rates, or prioritizing genes based on ontology in combination with stratified corrections have been proposed (Patel et al. [2016\)](#page-20-21).

Other approaches such as set-based association tests can reduce the number of comparisons, as well as detect small effects from rare variants that GWAS currently does not have the power to take into account. By looking at whether a group of variants collectively affect a phenotype, their accumulated effect may be large enough to be identified. Different set-based association tests are more appropriate depending on whether or not genetic variants within a set are heterogeneous or homogeneous in their effects (Lee et al. [2014\)](#page-19-24). This approach has been successfully extended for analyses of gene-environment interactions on

neuroimaging phenotypes, taking into account both fixed and random effects (Wang et al. [2017\)](#page-23-6). Bayesian approaches with mixed models have also been a sophisticated multivariate strategy to select variables and reduce dimensionality, while ensuring that variables are more likely to correspond to SNPs within the same gene and across different neuroimaging phenotypes (Greenlaw et al. [2016](#page-17-18); Stingo et al. [2014;](#page-21-19) Chekouo et al. [2016](#page-16-23)). Parallel independent component analysis is also an option for a multivariate method to associate groups of common variants with neuroimaging phenotypes (Pearlson et al. [2015\)](#page-20-22). Additionally, the use of machine learning is an important way forward with both approaches based on pre-selected risk variants and more data-driven analyses (Yang et al. [2010](#page-23-7)).

16.12 Other Limitations and Future Directions

Although, substantive progress has been made in understanding the pathology of schizophrenia and how risk is conferred genetically using imaging genetic studies, there are many limitations that need to be considered (Blokland et al. 2017). In general, there has been an overall lack of replication of many candidate findings and effect sizes in structural and functional imaging genetic studies (Button et al. [2013](#page-15-18), Ioannidis from Thompson et al. [2014](#page-21-3)), including in the large meta-analyses that have been done by ENIGMA.

One of the reasons that there has been little success in linking imaging phenotypes such as subcortical structure to genetic risk for schizophrenia in meta-analyses may be that these simplistic phenotypes are not complex enough to capture relationships bridging genetic risk with a multifaceted illness such as schizophrenia. More promising progress may be made by examining networks of structure and function to represent the polygenic and clinical diversity of schizophrenia. Additionally, continuing to move towards combining multiple levels of data such as risk variants, gene expression, and more intricate brain features holds promise for disentangling convoluted causal mechanisms. Further,

methodology is being developed to integrate factors such as gene-environment interactions and epistatic effects of genes into imaging genetic studies (Kang et al. [2015\)](#page-18-17).

Some limitations on imaging genetic studies targeting a single or groups of variants often include small samples, inconsistencies choosing phenotypes, demographic differences, as well as a range of symptom severity, course of illness, comorbidities, medication confounds, and a publication bias that may lead to false positives (Nickl-Jockschat et al. 2015). However, smaller samples can provide the opportunity for more homogeneity to discern aspects of altered biological processes that affect subgroups of individuals with schizophrenia. In combination with larger studies, it is important to further dissect potentially meaningful differences in studies when findings are not uniform.

The GWAS and collaborative approach has and continues to contribute greatly to our understanding of genetic architecture. However, there are disadvantages and limitations to using simple phenotypes such as binary categorizations for cases and controls. This method relies on sample size to address heterogeneity within cases, as well as controls. It allows genetic variants with small effects to be identified, but it also forces the creation of national and sometimes international norms that may or may not exist. By grouping everyone together, signals from important risk factors that affect subgroups of the cases may be drowned out. This is important considering our knowledge of the heterogeneity in schizophrenia, as well as the effects from factors such as environment and ethnicity. It is becoming apparent that the same disorder, schizophrenia, can develop from a range of differently implicated genetic alterations and impaired biological systems, and that the key to moving towards meaningful understanding of this illness and the ability to aid in treatment is to acknowledge and accept these subtypes of pathophysiological mechanisms instead of studying the disorder as a whole. Moving forward we can take advantage of larger samples to find subgroups within meta-analyses, and instead of trying to remove the effect of influential factors, we can strive to integrate them meaningfully into the analytic models used.

There are also specific limitations associated with bringing together studies in large metaanalyses, such as the heterogeneity between samples in scanners, protocols, participant inclusion criteria, and recruitment location. Substantial work by groups such as ENIGMA are creating a shift towards standardized procedures of data collection and analysis to address these differences. A general challenge with collaborations though, is how to define accurate measurements and models that are both consistent and relevant across the studies being brought together. There are many confounds that interact with measurements and impact results. Additionally, many individuals have co-morbidities and potentially subtypes of illnesses that cause variation in their classification and inclusion in studies. As more information is gathered and modelling approaches are developed to take these variables and their complex interactions into account, predictive models relevant to an individual or cohort are likely to become more valuable in the variance they describe.

Another consideration is the timing of many studies in the context of brain maturation and development. Large changes in volume, cortical thickness, growth, and maturation occur across late childhood and adolescence (Sussman et al. [2016](#page-21-20)). Investigations using GWAS at earlier ages may better capture genetic underpinnings of structural function and development. The aspect of development across time is underutilized in imaging genetic studies, especially considering our knowledge of how temporally dependent gene expression, brain changes, and clinical presentation are. Studying younger samples may be particularly helpful for elucidating disease risk, as opposed to studying adults who may be more indicative of disease progression or course. The increasing number of large youth multimodal datasets such as the PNC hold promise for pursuing these key questions.

Additionally, longitudinal studies provide the opportunity to investigate timing of changes. Thus far, longitudinal imaging genetics findings in adults have varied results, although predominantly declines in gray matter are observed, but this may be partially explained by the genetic

effect on variation (Olabi et al. [2011;](#page-20-23) Vita et al. [2012\)](#page-22-12). A systematic review by Harari and Díazcaneja ([2017\)](#page-17-19) uncovered the few studies analyzing the longitudinal structural changes associated with gene variants. Progressive brain changes were most commonly observed in frontal regions, with small or intermediate effect sizes. None of the findings were replicated, and for the two risk variants with multiple studies there were heterogeneous results, indicating that further work is needed for concrete conclusions.

A further limitation that may affect consistency of imaging genetic findings is that many studies were done with healthy controls, and not individuals with schizophrenia. Studying healthy samples has the advantage of minimizing confounding factors associated with clinical diagnoses. However, there is evidence that results can differ between these populations (Lett et al. [2013\)](#page-19-25), and it is important to consider that effects might be observed only once vulnerability for schizophrenia development has progressed to full illness onset. Although there is support that disease risk lies along a continuum, there may still be a tipping point leading to illness onset and a cascade of risk mechanisms and emerging effects.

A final limitation of imaging genetic studies is that the use of MRI cannot capture whether genetic variants are influencing specific cell types within the brain, which may be contributing to a lessened signal strength for association with imaging phenotypes. The use of both imaging and genetics methods to study schizophrenia need to be interpreted within the context of their methodology and limitations.

16.13 Conclusion

As the field evolves rapidly in terms of technology, method development, collaborative initiatives, sample sizes, and statistical power, there is no doubt that new discoveries will continue to be made regarding the genetic risk and neural circuit disruptions underlying schizophrenia. Huge progress has been made that can inform new initiatives and redirect focus moving forward. A

recent project, the Adolescent Brain Cognitive Development (ABCD), is a massive longitudinal study with well characterized phenotyping and multimodal assessments of a population sample (Casey et al. [2018\)](#page-15-19). This rigorous multi-site study includes over 11,000 American children ages 9–10 who will receive follow up assessments every year for the next 10 years. As a publically available resource, there is immense potential for improving our understanding of the development of mental illnesses, cognition, and overall neurodevelopment across adolescence including the effect of environmental and genetic influences.

Another opportunity is the integration of multiple data types, such as structural and functional imaging, clinical, cognitive, and genetic risk measures into models that can capture complex patterns across individuals. Further, clustering algorithms able to integrate these diverse data, such as Similarity Network Fusion (Wang et al. [2014](#page-22-13)), can be used to group participants into more biologically and functionally homogeneous groups in a way that is agnostic to diagnostic labels. These subgroups within schizophrenia or psychosis may be useful for developing and targeting treatments and interventions in a more personalized way that takes into account specific biological alterations and genetic risk, instead of just inferences from symptomology.

Summary

- Schizophrenia is highly heritable and has heterogeneous and polygenic contributions to risk.
- Studies integrating genetic and imaging approaches can improve our understanding of pathophysiology and aid in the identification of endophenotypes or intermediate biomarkers between genotype and disorder risk.
- Hypothesis driven studies focusing on single candidate genes complement data-driven GWAS that identify novel variants in improving our understanding of mechanisms underlying schizophrenia development.
- Polygenic risk scores that aggregate the effects of many risk variants increases the amount of explained variance and has potential for an accessible, inexpensive, and effective method for determining individualized risk.
- There has been a surge in collaborative efforts that increase sample sizes and power with meta-analyses, but results have been mixed in terms of overlapping with previous findings and hypotheses.
- Examining genetic variants that affect gene expression levels (eQTL) and regional gene expression across the brain provide a possible mechanism by which variants may influence imaging phenotypes, confer risk for schizophrenia, and provide insight into why brain changes are concentrated in certain areas or along specific pathways in schizophrenia.
- Studying youth at all stages of psychosis development provides the opportunity to evaluate changes across the emergence of symptoms and answer the question of when, in addition to how, genetic factors confer risk by affecting brain structure and function, in addition to aiding with early detection and treatment of psychosis at prodromal stages.
- Although imaging genetic studies face challenges such as the high dimensionality of data, lack of findings replication, and heterogeneity in samples, there has been progress in developing strategies to overcome these obstacles.

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