# Chapter 9 Role of Chemokines and Chemokine Receptors in Infectious Diseases and Targeting Strategies



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**Abstract** Chemokine receptors, a family of G-protein-coupled receptors (GPCRs), bind in a specific manner to chemokines and elicit cellular responses. Their involvement in inflammatory diseases is predominant. Although the main function of chemokine receptors is enrolment of leukocytes at the site of inflammation, they are also widely explored as drug discovery targets. This is due to the fact that blockage of chemokine receptor may provide novel therapeutic interventions. This chapter discusses the various chemokine receptors, involvement of chemokine receptors in the pathogenesis of various diseases, and receptor-mediated strategies to tackle such afflictions.

Keywords Chemokines  $\cdot$  G protein-coupled receptor  $\cdot$  Receptor-mediated targeting  $\cdot$  Signaling  $\cdot$  Ligands  $\cdot$  Cytokines  $\cdot$  Transmembrane

# Abbreviations

| Atypical chemokine receptor         |
|-------------------------------------|
| Acquired immune deficiency syndrome |
| Atherosclerosis                     |
| Burkitt's lymphoma receptor 1       |
| Cyclic adenosine monophosphate      |
|                                     |

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| CD4       | Cluster of differentiation 4                                 |
|-----------|--|
| CHO       | Chinese hamster ovary  |
| CM        | Cerebral malaria   |
| CNS       | Central nervous system                                       |
| COPD      | Chronic obstructive pulmonary disease                        |
| DAG       | Diacylglycerol   |
| DARC      | Duffy antigen receptor for chemokines                        |
| EBV       | Epstein–Barr virus   |
| ELC       | EBI1 ligand chemokine  |
| GCP       | Granulocyte chemotactic Protein                              |
| GDP       | Guanosine diphosphate  |
| GPCR      | G-protein-coupled receptors                                  |
| GTP       | Guanosine triphosphate                                       |
| GvHD      | Graft versus host disease                                    |
| HCMV      | Human cytomegalovirus  |
| HIV       | Human immunodeficiency virus                                 |
| HIVE      | HIV encephalitis   |
| HSV       | Herpes simplex virus   |
| IBD       | Inflammatory bowel disease                                   |
| IC 50     | inhibitory concentration 50                                  |
| IFN       | Interferon   |
| IL-1/IL-8 | Interleukin  |
| I-TAC     | interferon-inducible T-cell alpha chemoattractant            |
| LPS       | Lipopolysaccharide   |
| MCP       | Monocyte chemotactic/chemoattractant protein                 |
| MIG       | monokine induced by gamma interferon                         |
| MIP1α/1β  | Macrophage inflammatory protein                              |
| mRNA      | Messenger ribonucleic acid                                   |
| MTC       | Medullary thyroid carcinomas                                 |
| NAP       | Neutrophil-activating peptide                                |
| NK        | Natural killer   |
| PIP2      | Phosphatidylinositol 4, 5-biphosphate                        |
| PLC       | Phospholipase C  |
| PLGA      | Polylactic-co-glycolic acid                                  |
| PM        | Placental malaria  |
| PTC       | Papillary thyroid carcinomas                                 |
| RA        | Rheumatoid arthritis   |
| RANTES    | Regulated on activation normal T-cell expressed and secreted |
| RR-MS     | Relapsing-remitting multiple sclerosis                       |
| SDF       | Stromal-derived Factor                                       |
| SDP       | Spirodiketopiperzine   |
| SLC       | Secondary lymphoid tissue chemokine                          |
| TECK      | Thymus-expressed chemokine                                   |
| Th2       | T lymphocytes  |
| TxP       | Threonine x proline  |
| WNV       | West Nile virus  |
|           |  |

# 1 Introduction

Chemokines are secretory and transmembrane proteins which are structurally related, and whose main functions are to recruit leukocyte populations employing specific receptors into the target. Based on their function chemokines can be classified into two major classes, inflammatory chemokines and immune chemokines. Inflammatory chemokines attract and activate monocytes and neutrophils, thereby playing a major role in inflammatory conditions that are acute [1]. Promiscuity of the receptor and significant redundancy of ligands, which is their major characteristic, facilitates recruitment of inflammatory cells in severe conditions. The immune chemokines play a significantly different role by attracting dendritic and lymphoid cells reflecting their involvement in immune reactions and inflammatory diseases which are chronic. This suggests their great promise and involvement in the therapy of immunological and inflammatory diseases [2]. The receptor has also been studied for therapeutic applications through targeted drug delivery strategies. This chapter discusses chemokine receptors, importance and targeted drug delivery strategies, and their potential clinical applications.

### 2 The Chemokine Receptors

Chemokines are small signaling peptide molecules with molecular weight 8–10 kDa secreted by the cells of the immune system in the presence of endogenous stimuli like IFN, IL-1, and tumor necrosis factor (TNF) and external stimulus like bacterial lipopolysaccharide (LPS) or viruses [3]. These chemokines cause migration of immune cells and help in recruiting them to the site of action through a variety of mechanisms. The process by which activated immune cells move toward the site of infection is called chemotaxis, that is, the movement of cells in response to chemical stimuli. Chemokines are therefore chemotactic cytokines comprising of >50 small secretory proteins that exhibit their effect on target tissues by interacting with seven heterotrimeric transmembrane (7TM) spanning GPCR family [4]. Chemokine, a type of cytokine, are also known as cytokine receptors [5]. They belong to the large family of GPCR which includes receptors for inflammatory mediators, neurotransmitters, paracrine substances, odorant molecules, calcium ions, proteinases, hormones, and even photons [6].

Immune cells such as leukocytes primarily express chemokine receptors. Chemokines bind to GPCR giving rise to responses such as change in conformation in the receptor, triggering intracellular events that drive cell polarization, migration, and adhesion. This results in the induction of homing and leukocyte trafficking [7]. There are two major classes of chemokine receptors, namely, (CC) containing adjacent cysteines and (CXC) containing cysteines separated by amino acid. The CC receptors bind to CC chemokines and are named CCR1 to 9, and the CXC

| Class               | Subtype         | Ligands  | Expression on cells  |  |  |
|---------------------|-----------------|--|--|--|--|
| CC                  | CCR1            | Immature DC, mesangial cells                       |  |  |  |
|                     | CCR2A/B         | MCP-1, MCP-2, MCP-3,<br>MCP-4, IL-2, IL-10         | Immature DC, endothelium, fibroblast   |  |  |
|                     | CCR3            | Eotaxin, eotaxin 2, RANTES,<br>MCP-3, MCP-4, MIP-5 | T(Th2), eosinophils, basophils, macrophage, dendritic cells                          |  |  |
|                     |                 |  | T(Th2), basophils, immature dendritic cells  |  |  |
| MCP-2, MIP-1, IL-10 |                 | NK cells, thymocyte, dendritic cells               |  |  |  |
|                     | CCR6            |  |  |  |  |
|                     | CCR7            | ELC, SLC   | T cells, B cells, dendritic cells  |  |  |
|                     | CCR8            | I-309  | Neutrophils, thymocyte, T cells, B cells   |  |  |
|                     | CCR9            | TECK   | T thymocyte, dendritic cells   |  |  |
| CXC                 | CXCR1           | IL-8, NAP-2, ENA-78, GCP-2                         | Neutrophils, T cells, NK cells, mast cells, macrophage, dendritic cells, fibroblasts |  |  |
|                     | CXCR2           | IL-8, GROα, GROβ, GROγ,<br>NAP-2, ENA-78, GCP-2    | Monocytes, lymphocytes, neutrophils,<br>T cells, eosinophils, endothelium            |  |  |
|                     | CXCR3           | MIG, IP-10, I-TAC, eotaxin, SLC                    | Neutrophils, Th1, dendritic cells, eosinophils                                       |  |  |
|                     | CXCR4           | SDF-1  | Neutrophils, B cells, dendritic cells, macrophage, astrocyte                         |  |  |
|                     | CXCR5           | BCA-1/BCL-1  | T cells, mature B cells  |  |  |
| С                   | XCR1            | Lymphotactin                                       | T cells  |  |  |
| CX <sub>3</sub> C   | CX3CR1          | Fractalkine  | Neutrophils, macrophage, T cells, NK cells, monocyte, neurons, dendritic cells       |  |  |
|                     | D6              | MIP-1, RANTES, MCP-1                               | Alveolar macrophage, innate like B cells   |  |  |
| Duffy               | DARC<br>(ACKR1) | IL-8, NAP-2, GRO, I-309,<br>RANTES, MCP-1          | Erythrocytes, endothelial cells, T<br>lymphocytes                                    |  |  |

Table 9.1 Chemokine receptor classification and various ligands

chemokines selectively bind to the CXC receptors termed CXCR1 to CXCR5. The Duffy antigen chemokine receptor (DARC) is known to bind both CXC and CC chemokine receptors as illustrated in Table 9.1 [3, 8–10]. Inflammatory mediators such as basophils, eosinophils, macrophage, and dendritic cells primarily express CC chemokine receptors, neutrophils mainly express CXC chemokine receptors, whereas lymphocytes express both CC and CXC types of cytokines receptors. Another study has shown that chemokine receptors that have been differently expressed cause nonimmunogenic antigens to become immunogenic. This "differently expressed" receptor is in fact the fusion of chemokine with antigen-presenting cells [11]. Chemokine targeting is now seen as a novel target for the treatment of atherosclerosis. This may be possible due to interference with disease progression at a particular stage of disease [12].

# 2.1 CXCR1 and CXCR2

CXCR1 receptor contains 350 amino acids, N-terminal domain-containing N-linked glycosylation site and all other features similar to that of a 7TM GPCR. IL-8, a CXC chemokine shows high affinity toward CXCR1 and CXCR2 [13]. CXCR1 binds to neutrophil-activating peptide 2 (NAP-2), granulocyte chemotactic protein 2 (GCP-2), and epithelial neutrophil-activating peptide 78 (ENA-78) with low affinity, while binding to IL-8 is highly selective. Growth-related oncogene family are the additional chemokines which bind to CXCR2 [14]. IL-8, a potent chemoattractant, displays its role in acute inflammation by activating CXCR2 and CXCR1 expressed on the surface of neutrophils [15]. Literature reports in vitro production of IL-8 by various cells like keratinocytes, fibroblasts, mast cells, neutrophils, monocytes, endothelial cells, and macrophages [16, 17]. CXCR1 and CXCR2 are expressed in all cell types including CD56+ NK cells, some CD8+ T cells, mast cells, monocytes, and granulocytes. Neutrophils express equal amount of CXCR1 and CXCR2, while expression of CXCR2 is predominant in monocytes and positive lymphocytes compared to CXCR1. TNF and LPS are known to downregulate expression of both CXCR1 and CXCR2 upon activation of tyrosine kinase-dependent signaling pathway. On the contrary, CXCR1 and CXCR2 expression is upregulated by bacterialderived molecule fmlp and granulocyte colony-stimulating factor [18, 19].

# 2.2 CXCR3

CXCR3, a member of CXC chemokine receptor family whose primary role is in T-cell trafficking, is expressed majorly on effector T cells. It shares 41% similar amino acids to that of CXCR1 and CXCR2 receptors [20]. CXCR3 shows high expression of Th1-type CD4+ T cells, effector CD8+ T cells. Three interferon-inducible ligands activating CXCR3 are CXCL9 which is also referred as monokine induced by gamma-interferon or MIG, CXCL10 referred as interferon-induced protein of 10 kDa or IP-10 and I-TAC, that is, interferon-inducible T-cell alpha chemoattractant, or CXCL11. It is also worth noting that dendritic cells of plasma and subset of B cells show CXCR3 expression which could play a critical role in favoring their movement into inflamed lymph nodes [21].

# 2.3 CXCR4

The stromal-derived factor 1 (SDF-1) which is a CXC chemokine, attaches to CXCR4 and activates it leading to stimulation of cellular migration and polymerization of actin in a dose-dependent manner. It has been recently reported to be a vital HIV-1 coreceptor. SDF1 $\alpha$  is a highly promising lymphocyte chemical attractant

which also inhibits CD4+ permissive HIV-1 infection depending on CXCR4 expression pattern. A recent study suggests IL-4 causes overexpression of CXCR4 on resting T cells, while T-cell stimulation by CD28, CD3, and CD2 causes its downregulation [22, 23].

### 2.4 CXCR5

CXCR5 also known as Burkitt's lymphoma receptor 1 (BLR1) is a 7TM domain G protein-coupled receptor which under normal conditions shows predominant expression by follicular helper T cells and mature B cells and controls their migration in the secondary lymphoid organs. CXC chemokine CXCL13 binds to CXCR5 and causes activation of multiple intracellular signaling pathways which regulates cellular functions like cell proliferation, survival, and migration [24].

# 2.5 XCR1

The receptor for lymphotactin is XCR1. This receptor is expressed strongly in placenta and weakly in spleen and thymus, which correlates with the expression of lymphotactin in these tissues.

## 2.6 CX3CR1

A CXC chemokine called as fractalkine is known to bind CX3CR1 chemokine receptor. Fractalkine, a glycoprotein attached to membrane with the chemokine, appears perched on an elongated mucin-like strand. CX3CR1 shows high-affinity binding with fractalkine [25]. In the bound form, fractalkine promotes adhesion of monocytes, T lymphocytes, natural killer cells to dendritic, endothelial, and epithelial cells [26].

### 2.7 CCR1

A cytomegalovirus protein, US28, binds to CCR1 receptor. CCR1 receptor is 33% homologous to the 7-transmembrane protein US28 [27]. Expression of CCR1 receptor causes increase in the F actin content, inhibition of cAMP formation, and basal migration of leukocytes. CCR1 receptor responds to binding of MIP-1a, MCP-2, RANTES (regulated on activation normal T-cell expressed and secreted), along with MCP-3 show specific binding toward HCC1 and CK8b. T-cell

expression of chemokine receptor was induced by IL-2 and IL-15, whereas selective upregulation of CCR1 in human monocytes was facilitated by IL-10 [28].

## 2.8 CCR2A and CCR2B

Charo et al. produced two clones of CCR2 receptor, that is, CCR2A and CCR2B. Structurally CCR2A and CCR2B contain similar transmembrane and 58 untranslated regions but they differ in their C-terminus. A 36% similarity was observed between carboxy tail of CCR1 and CCR2B, whereas CCR2A bears no such similarity [29]. Lipopolysaccharide and IFN- $\gamma$  have been reported to decrease expression of CCR2 receptors, whereas IL-2 causes increased expression. Expression of CCR2 in monocytes is enhanced by IL-10 [30].

# 2.9 CCR3

Eotaxin and eotaxin-2, two CC chemokines, represent the primary ligands for the 7TM GPCR CCR3 and bind them with greatest affinity hence, serve as predominant eosinophil activators which represent a variety of pathological conditions like hypereosinophilic syndrome asthma and urticaria [31, 32]. Thus, CCR3 plays a central role in controlling eosinophil migration. CCR3 has been reported in progressing M tropic HIV-1 infection of permissive cells in conjunction with CD4. CCR3 receptor shows 63% resemblance to CCR1 and 51% to CCR2B and is involved in binding of several CC chemokines. Chemokines which show specific binding toward CCR3 receptor includes MCP-4, RANTES, eotaxin, MCP-3, eotaxin-2, and MIP-5, which altogether are important in eosinophil recruitment and activation [33, 34].

### 2.10 CCR4

CCL17 or the thymus and activation-regulated chemokine and a macrophage-derived chemokine CCL22, both CC chemokine ligands bind specifically to CCR4. These two chemokine ligands are known to selectively activate CD4+ Th2 T lymphocyte. T-cell receptor and CD28 predominantly enhance expression of CCR4 on Th2 cells [35, 36].

# 2.11 CCR5

CCR5 shows affinity toward CC chemokines RANTES, MIP-1, MCP-2, MIP-1 $\alpha$ , and MIP-1 $\beta$  [37]. CCR5 shows resemblance to CCR2B receptors with 71% identical amino acids. R5 strains of the human immunodeficiency virus (HIV-1 and -2)

enter permissive cells aided by CCR5 as co-receptor in association with CD4. IL-10, an immunosuppressive and anti-inflammatory cytokine, causes upregulation of CCR5 in human monocytes by activation of MAP and STAT kinases [38, 39].

## 2.12 CCR6

CCR6 receptor shows selective affinity toward LARC (liver and activation-regulated chemokine) and macrophage inflammatory protein (MIP)- $3\alpha$ //Exolus-1/CCL20 [40]. B-lymphocytes, memory T cells, and dendritic cells show CCR6 expression, while peripheral blood leukocytes do not. IL-2 has been reported to cause upregulation of CCR6 mRNA [41]. However, contradictory results have been reported [42]; hence, the expression is not completely elucidated.

## 2.13 CCR7

CCR7 shows activation upon binding of a CC chemokine ligand CCL21. Dendritic cells and lymphocytes express CCR7 in lymph node, the site for medullary (MTC) and papillary thyroid carcinomas (PTC). T- and B-lymphocytes and dendritic cells show CCR7 expression. CCR7 is highly upregulated in herpesvirus-infected T cells and B cells infected with Epstein–Barr virus [43].

## 2.14 CCR8

I-309, a CC chemokine, is the only ligand which binds to CCR8. Monocytes and T lymphocytes are mainly activated by I-309 [44]. Type 2 T lymphocyte (Th2)-polarized cells show preferential expression of CCR8 receptor thus postulating that Th2 responses are mainly restricted to CCR8. CCR8 in association with CD4+ acts as a coreceptor for chemokine ligand I-309 of M tropic HIV-1 strains and is reported to be a binding and fusion inhibitor of HIV-1 [45].

# 2.15 CCR9

CCR9 is the recently identified chemokine receptor specific for the  $\beta$  chemokine thymus-expressed chemokine (TECK)/CCL25 [46]. Activation of dendritic cells and thymocytes by TECK indicates the role played by this CC chemokine in T-cell development [47]. Expression of CCR9 receptor is predominant in thymus, whereas lymph node and spleen show relatively less expression of this receptor [48].

# 2.16 D6

D6 receptor lacks intracellular signaling on binding of ligand and therefore it appears to be nonfunctional [49]. Monocyte chemoattractant protein (MCP-1 and -2) binds to D6 with high affinity, whereas some researchers reported the receptor to be promiscuous due to its ability to bind several chemokines with similar affinity [50].

# 2.17 Duffy Antigen Receptor for Chemokines (DARC)

DARC shows affinity toward both CC chemokine and CXC chemokine ligand MCP-1 and IL-8. Other ligands include MCP-3, MCP-4, GRO- $\alpha$ , RANTES, I-309, and eotaxin [51]. DARC is primarily involved in the pathogenesis of malaria. It shows predominant expression on erythrocytes but has also been detected on the capillary endothelium of kidney and spleen. CXCL8-binding proteins have properties similar to human erythrocyte blood group antigen known as duffy that facilitates entry of Plasmodium vivax to the malarial parasite. Duffy antigen displays promiscuity to CC and CXC chemokines. Based on these findings, duffy antigen DARC was renamed as atypical chemokine receptor 1 (ACKR1). Also, binding of chemokine to DARC caused inhibition of Plasmodium vivax infection [52].

# 3 Chemokine Receptor in Pathogenesis of Diseases

Chemokine receptors participate in the progression of various diseases either by causing overexpression of the receptors or by facilitating access of virus into the target tissues to develop infection. They take part in leucocyte trafficking, recirculation, and recruiting. The chemokine receptor redundancy allows specific receptor to bind several chemokines signaling through 7 TM GPCR. Infectious diseases like malaria and HIV have been shown to use chemokine receptors as entry receptors and coreceptors, respectively. Studies showing the genetics of these receptors and their significance in the pathogenesis of infectious diseases have been possible due to the genetic mutations in these receptor genes that encode the entry receptors for the two pathogens [53].

# 3.1 Chemokine Receptors as Virus Entry Mediators in HIV Infection

An interesting finding with respect to HIV infection is the fact that leukocyte recruitment and its regulation is central to the process [54]. HIV envelope proteins interact with CD4+ cell surface receptor to ensure efficient binding of virus. The conformational changes in the virus envelope are seen upon interaction with the CCR5 and CXCR4 coreceptors to produce fusion between the viral and cell membrane of the host [55]. Different coreceptors used by different HIV 1 isolates help understand their biological variability. Discovery of coreceptors has caused the change in the nomenclature of the HIV strain [56]. HIV virus strain using CXCR4 as coreceptor are named as X4, strains which involve CCR5 as coreceptor are named as R5, whereas strains which use both the receptors are named as X4R5 virus strains. In progressive stages of AIDS, large percentage of T cells express CXCR4 than CCR5 which allows more cells to be infected and destroyed [57].

Stromal cell-derived factor 1 (SDF-1) exhibits affinity for CXCR4, whereas RANTES, MIP-1 beta, and MIP-1 alpha which belong to  $\beta$  chemokine family are ligands for CCR5, MCP-5 promotes binding of (MCP-1) to CCR2. Eotaxin 1 and 2, MCP-4, and MCP-3 readily bind to CCR3. Thus, R5 strain of virus can be inhibited by ligands which bind CCR5. SDF-1 acts as a specific inhibitor of CXCR4. Hence, chemokine receptor expression in a specific cellular type can be coined as inducible or constitutive [58]. RANTES, MIP-1alpha, and MIP-1beta, the ligands of CCR5, are known to inhibit HIV-1 infection. In a particular study, a chemokine selective for eosinophil was isolated from allergen-challenged guinea pigs and was called "eotaxin." This eotaxin has two crucial roles that it allows for recruitment of eosinophils at the local site and also enhances movement of eosinophils of the bone marrow [59].

Eotaxin's receptor is CCR3. Eotaxin has been known to be a selective ligand for CCR3 but it can also interact with CCR2 and CCR5. Eotaxin is expressed on eosinophils, basophils, and Th2 lymphocytes. It has been understood from a study that eotaxin has antagonistic effect on CCR3. In addition, it has been shown eotaxin is a CCR2 antagonist [30]. A study indicated that eotaxin-3 has modulatory function and not inflammatory as suggested previously [60].

#### 3.2 Malaria

Malaria, a severe parasitic infection of *Plasmodium* species, the most common being *P. falciparum*, is easily transmitted to humans hosts by the female anopheles mosquito. Species of the Plasmodium family that can cause malaria include *P. falciparum*, *P. malariae*, *P. ovale*, and *P. vivax*. Progression of the disease is mainly regulated by RANTES expression [61]. A study has shown that RANTES levels were upregulated at the peak of malarial infection in mouse. Hence, it was concluded that RANTES mediates inflammation that is a crucial part of malarial pathogenesis or in other words, the leukocyte recruitment helps in the pathogenesis of the disease. The leukocytes are recruited by chemokines and their receptors [62]. It was also shown that CCR1, CCR3, and CCR5 the receptors for RANTES which are expressed by macrophages, basophils, etc., also have a role in malaria upregulation.

In case of cerebral malaria (CM), the blood-brain barrier is affected causing the release of chemokines and variety of inflammatory cells inside the brain [63]. As mentioned before, CCR1, CCR3, and CCR5 have been implicated in the

progression of malaria. According to a study, CCR2 does not play any role in the development of CM (caused by *P. falciparum*) [64].

Another way to look at the CM pathogenesis is to see the CD8+ T-cell proliferation and activation that causes cerebral damage. These CD8+ T cells are activated via chemokine receptors such as CCR5 and CXCR3. CCR5 that binds CCL3, CCL4, and CCL5 is revealed as a potent chemoattractant for CD8+ T cell. A study has shown that CCR5 deficiency reduces the likeliness of CM occurrence [65]. CXCR3 has also been given attention and in a study, mice lacking CXCR3 were seen less likely to be suffering from CM with fewer T cells implying that lesser chemokine production did not lead to recruitment of T cells. Interestingly, the same study concluded that mice with CM showed increased release of chemokines that bind to CXCR3 [66]. Furthermore, a study illustrates that in the mice with CM, NK cells aid in enhanced recruitment of CXCR3+ T cells [30]. CXCR3 knockouts were protected remarkably from CM, hence confirming the important role of CXCR3 in CM. Continuing on CXCR3, a study suggested that CXCR3 and its ligand CXCL9 recruit T cells [67].

An interesting finding by a study conducted in 1998 was interaction between HIV and malaria [68]. It was later shown that placentas of malaria-infected mothers often contain macrophages in a high concentration [69]. A study concluded that the coinfection state in pregnant Malawi women could be linked to CCR5 expression (in turn, the macrophages recruited by them) which led to higher malarial parasitemias as well as the fact that it was associated with HIV infection [70].

In yet another coinfection study of two *Plasmodium* species, it was found that the coinfection state led to reduced levels of chemokine receptor and its ligands leading to lesser accumulation of CD8+ T cells, and hence prevents CM in such mice. A study with children suffering from acute malaria showed that there is dysregulation of the CC chemokines that is MIP-1alpha and MIP-1beta levels were high, while RANTES level was low at the mRNA and protein level [71].

Looking at another major type of malaria, the placental malaria (PM), a study wherein the investigators tested the chemokine concentration in placental intervillous blood plasma of four different types, that is, {HIV+ PM+/PM-, HIV- PM+ PM-} found that MIP-1beta (belonging to chemokine CC subfamily) was higher in PM+ women than in HIV+ PM- and was not related to their HIV status. The MIP-1alpha levels were invariable though [72]. CCR5 being a coreceptor for macrophagetrophic HIV-1, it can be concluded that CCR5 upregulation can indeed be used in treating coinfection of HIV and PM. A study suggests that CCR3 and CCR5 both help/promote infection of HIV-1 in the central nervous system [73].

#### 3.3 Atherosclerosis

There exists comprehensive literature on the role of chemokines in atherosclerosis (AS) and presently, several in vivo studies have suspected the involvement of several chemokine ligands and receptors in the process of AS [74]. AS is a disease that is known to cause high fatality worldwide. It was known that CCR5 had a role to

play in AS but what effect it had was clearly assumed only after a study that stated that CCR5 expression is usually upregulated during AS plaques [75]. CCR1 and CCR5 have been known to bind to those cell types that are associated with AS. RANTES, CCL3, and CCL4 have been present in monocytes/macrophages/Th1 that have implications in the disease. Met-RANTES is an antagonist for RANTES which is a peptide receptor. This Met-RANTES has been studied in mice and has shown reduction in AS-related lesions. Earlier reports have been tentative, as reports have said that CCR5 deletion led to decline in the formation of atherosclerotic lesions. Another study stated that mice with CCR5 deletion enhanced the plaque quality but had no effect on its size. Thus, a study was performed to give a conclusion to the same and it was found that deficiency in CCR5 protected the cells against the formation of lesions and the accumulation of cX3CR1 and CCR2 decreases AS [76].

#### 3.4 Miscellaneous

The chemokine receptor plays an important role in various other ailments. The same is summarized in Table 9.2 [28, 77–83].

### 4 Chemokine Receptor Structure

Chemokine receptors, a superfamily of GPCR, are known to bind chemokines in a specific manner and to elucidate a cellular response. They are membrane-bound molecules comprising of parallel strands of 7TM domain that couple with G proteins. Literature reports 18 human chemokine receptors till date. Due to their promiscuous nature, certain CXC chemokines show selective binding toward CXCR1 to CXCR5 receptors. In addition, nine receptors (CCR1 to CCR9) belong to CC chemokine receptor family. CX3CR1 and CXCR1-specific chemokine, Fractalkine has been identified. DARC binds indiscriminately to both CC and CXC chemokine [84]. A schematic representation of a chemokine receptor is illustrated in Fig. 9.1.

#### 4.1 Structural Requirements for Chemokine Receptor Binding

#### 4.1.1 Cysteine

The presence of cysteine residue on the extracellular loop is essential for proper alignment of the receptor on the cell membrane to ensure receptor signaling [85]. Out of the four conserved cysteine residues, one is present on the N-loop and other

| Table 2. |                         |  |  |   |            |
|----------|-------------------------|--|--|---|------------|
| Sr No.   | Sr No. Disease          | Chemokine receptor Ligand                | Ligand   | Pathophysiology   | References |
|          | HCMV virus              | US28                                     | CC chemokines, MCP-1, MCP-3,<br>MIP1-a, and MIP1-b, RANTES.<br>Soluble forms of the CX3C<br>chemokine, fractalkine.                            | US28 overexpression causing smooth muscle cell (SMC) proliferation and migration thus causing disease progression   | [28]       |
| 2        | Herpes<br>simplex virus | Herpes CCR1, CCR2,<br>simplex virus CCR5 | CCL3, CCL5, CXCL1, CXCL2,<br>CXCL8, and CXCL9  | Chemokine expression due to TNFw, PMNs, macrophage, and NK cells suppresses local HSV-1 infection   | [77, 78]   |
| n        | CMV<br>encephalitis     | CCR1, CCR2,<br>CCR5, CXCR3               | Increased RANTES, MIP-1α,<br>Fractalkine, IP-10, and<br>lymphotactin   | IP-10 overexpression leads to infiltration of monocytes<br>and lymphocytes which has been linked to CMV infection   | [79, 80]   |
| 4        | HIV<br>encephalitis     | CCR5, CCR1,<br>CCR3, CXCR4               | MCP-1, MIP-1α, and RANTES  | CCR5 appears to be most important for monocytes,<br>macrophages, and microglia causing recruitment of<br>inflammatory infiltrates and formation of microglial<br>nodules leading to disease progression | [81]       |
| S        | Multiple<br>sclerosis   | CCR1, CCR2,<br>CCR5, CXCR3               | CCL3, CXCL12, and CXCL13   | CXCL13 has a strong linkage to immunoglobulin levels<br>and also maintains B and T cells in lesions. CXCL12 plays<br>role in leukocyte extravasation  | [82]       |
| 9        | Psoriasis               | CCR1-CCR5,<br>CCR6, CXCR3                | CCL20  | Overexpression on monocytes, macrophages, and T cells leading to chemotaxis of monocytes, macrophage and T cells  | [10]       |
| L        | Allergy                 | CCR3, CCR4,<br>CCR8                      | Thymus- and activation-regulated<br>chemokine (TARC), macrophage-<br>derived chemokine (MDC) and<br>I-309, eotaxin, eotaxin-2, MCP-3,<br>MCP-4 | CCR3 elevation causes enhanced levels of eotaxin and MCP-4 causing infiltration of eosinophils implicating role of these chemokines in asthmatic lung inflammation                                      | [83]       |

 Table 9.2 Involvement of chemokine receptors in various pathologies

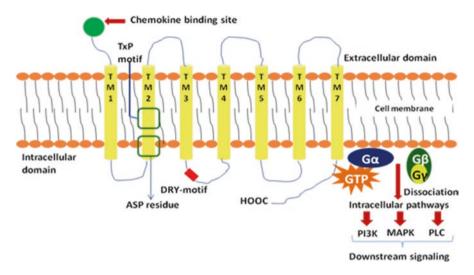


Fig. 9.1 Schematic representation of a chemokine receptor depicting receptor activation and signaling (MAPK Mitogen-activated protein kinases, DRY Asp-Arg-Tyr motif)

three on each of the three extracellular loops. Formation of disulfide bond on loop 1 and 2 is a prerequisite to elicit a cellular response. Formation of disulfide bond between N-loop and extracellular loops of CCR6 receptor is absent. However, in CCR5, all four cysteines are essential for functioning of chemokine receptor [86].

#### 4.1.2 Sulfated Tyrosine

The HIV progression is initiated by the presence of sulfated tyrosine in the N-terminal loop. Posttranslational sulfation of tyrosine in Golgi apparatus affects ligand-binding affinity of chemokine receptors. CCR5 receptor exists in two forms, namely, sulfated and nonsulfated CCR5 based on the presence and absence of sulfated tyrosine. Interaction of N-loop of CCR5 containing sulfated tyrosine with the HIV envelope protein gp120 facilitates the progression of HIV infection, whereas entry of HIV virus is restricted in nonsulfated N-loop due to the absence of interaction with CD4 complexes/gp120 thus causing inhibition of binding and fusion [87].

# 4.2 Chemokine Receptor Activation and Signaling

Chemokine receptors are stimulated by several ligands, demonstrating that activation is not necessarily due to similar modes of ligand binding but due to similar molecular mechanisms. Though some chemokine receptors show monogamous binding to their ligand, majority of them show promiscuous binding which is however restricted to the same chemokine class [88].

Upon binding of chemokine ligand to the chemokine receptor conformational changes occur in the 7TM domain of the receptor, thereby triggering downstream processes by heterotrimeric  $(\alpha\beta\gamma)$  G proteins bound to the intracellular loops which in turn leads to activation of intracellular signaling [89, 90]. In an inactive state, G alpha subunit is attached to guanosine diphosphate (GDP) which contains a GTPase domain which promotes hydrolysis and binding of guanosine triphosphate (GTP). Exchange of GDP for GTP takes place which ultimately causes cleavage of the G alpha subunit from the  $\beta Y$  subunit of the heterotrimer upon activation of receptor by the ligand. The G alpha subunit then interacts with the  $G\beta\gamma$  subunit in heterodimer. The dimer can act as an inhibitor for  $G\alpha$  because it facilitates interaction between G $\alpha$  and GDP. G $\alpha$  subunit then dissociates from G $\alpha$ -GTP and G $\beta\gamma$  heterodimer complex of which the latter participates in the signaling cascade [2, 91–93]. G alpha subunits are of four types depending on their sequence and function. Phospholipase C (PLC) is stimulated by Goq to facilitate intracellular Ca+ mobilization, membraneassociated enzyme phospholipase C2 (PLC2) is activated by the GBy heterodimer which hydrolyzes phosphatidylinositol 4,5-bisphosphate (PIP2) resulting in the formation of two products intracellularly, namely, inositol 1,4,5-trisphosphate (IP<sub>3</sub>) and diacylglycerol (DAG). Calcium from intracellular stores is triggered by IP3, while DAG can also activate protein kinase C (PKC) isoforms among other targets [94]. PKC stimulation eventually leads to physiological response. There are extensive reports suggesting downstream signaling of low molecular weight Rho and Ras proteins, tyrosine kinase, phosphatidylinositol 3-kinase, phospholipase A2, and the MAP kinase pathway. The signaling event involves phosphorylation of amino acid residues of threonine and serine in the carboxy loop of the receptor by GPCR kinases sequestration of receptor by internalization [95–97]. The nature of the ligand dictates the conformation changes which are likely to occur on the exterior of the receptor. As the chemokine ligands are large molecules, the shift in 7TM domain which occurs due to binding of ligand is different from  $\beta^2$  adrenergic receptor, another GPCR which binds small agonists or rhodopsin. Small molecules like rhodopsin lack proline residues which constitute the 7TM domain of chemokine receptors. Proline produces kinks and bends in 7TM helix which affects its folding and orientation of intra- and extracellular loop in chemokine receptors. Researchers postulated that CCR2 and CCR5 binding is determined by the presence of the motif threonine-x-proline (TxP) in TM2 [98–100].

Binding of IL-8, the agonist for chemokine receptor CXCR1/CXCR2 to its receptor, results in stimulation of the receptor and causes GDP/GTP exchange which further hydrolyzes the G alpha protein subunit from the heterodimer (G $\beta$ Y). Phospholipase D is activated giving rise to the signaling cascade, namely, MAP kinase pathway and phosphorylation of various amino acid residues like serine/ threonine on the carboxy-terminal of the receptor through secretion of various secondary messengers like DAG and IP3 which trigger the intracellular calcium pool. A series of events which follow intracellular calcium mobility include movement of chemotactic cytokines, release of inflammatory granules and free radicals, and finally modification of avidity of cell adhesion molecules like integrin [101, 102].

### 5 Ligand Binding

Several mutagenesis studies have demonstrated the ligand-binding region of chemokine receptor. The studies revealed that N terminals were important especially for certain receptors, for example, CCR2, CCR3, CCR5, and CXCR1 [84]. Further receptors bind to specific chemokines which could be considered as their ligand partners (CCR-CC, CXCR-CXC). In contrast, DARC exhibits high affinity for inflammatory chemokines of different subfamilies. Chemokine receptors involved in leukocyte migration exhibit high promiscuity. One such receptor is CCR3 which can bind to 10 different chemokines. Furthermore, such binding elicits varied cellular responses which can be very complex [85, 103]. For instance, internalization is triggered when CCL19 binds to CCR7, while the same is not observed when CCL21 binds to CCR7 [13]. In a similar manner, interaction of CCR4 with CCL22 induces internalization, while the same is not observed with CCL17. On the other hand, chemokine receptors which play a role in homeostatic function bind to single chemokines as illustrated by CCR9 which binds only to CCL25, while CXCR5 exhibits binding to CXCL13 [15]. Various ligands for chemokine receptors are depicted in Table 9.1.

Similarly, CXCR1 exhibits specific affinity for CXCL8, CXCR2 is less selective and can bind also to many CXC. More involved studies have demonstrated the role of specific regions of the receptor in binding and have associated the first extracellular loop in ligand binding by CXCR2, and have demonstrated related differences in the affinity of ligands to CXCR2 by eliciting their mechanisms. This has been substantiated by other studies. A multisite binding model has therefore been proposed for CCR1 and CCR3 [22]. Further, in case of CCR1, the role of second extracellular loop in ligand binding has been established using the cross-linkable macrophage inflammatory protein (MIP)-1 $\alpha$ . Similarly for CCR2, the relevant site for ligand binding is the amino terminus [104].

Promiscuous chemokine ligand–receptor relationships are common. As a result, defining the chemokine receptor responsible for stimulus–response coupling in primary cells is often not straightforward due to overlapping specificities of receptors for ligands and leukocytes, and a paucity of receptor subtype-selective blocking agents. Although anti-receptor monoclonal antibodies and mice with targeted gene disruptions are now being used to resolve ligand-binding specificities in vivo, problems of interpretation persist due to the inequality of chemokine and chemokine receptor repertoires, tissue distribution, and biological usage among species [8].

#### 6 Antagonists for Ligand Binding

A plethora of diseases have been identified which has postulated the role of chemokine receptors in their progression. Though chemokines have been evolved as regulators of immune response, their improper exploitation has contributed toward many afflictions. This has led to the discovery of a wide array of antagonists. Specific chemokine receptors like CXCR4 and CCR5 on cell surface of CD4+ T cells bind with HIV-1 envelope proteins, act as entry portals for HIV-1 virus which has raised significant interest by pharmaceutical companies to develop small molecules and antibodies against chemokine receptors [105, 106]. Numerous studies report molecules that potentially inhibit the interaction between gp120 proteins and chemokine receptors, thus preventing internalization. Amino oxypentane (AOP) RANTES an isoform of RANTES which act as a potential inhibitor for the eradication of HIV virus is been identified. In the same context, a series of CCR5 inhibitors have been developed for the treatment of HIV [107–109].

Though a number of biologics and GAG-based therapeutics which possess significant potential in inhibition of chemokine receptor function already exist, research efforts have also aimed toward the discovery of low molecular weight therapeutics with ability to act as chemokine receptor antagonists. CXCR4 and CCR5 have been identified as potential targets due to their roles in HIV entry [110].

A sequence of events follows the entry of human immunodeficiency virus (HIV-1) into the host.

Viral replication cycle starts with the formation of gp120/CD4+ complexes following the interaction between viral envelope protein and host cell membrane. The complex activates the chemokine receptors by undergoing conformational modifications, followed by a series of events which cause fusion between host and viral cell membranes [106]. T-tropic strains of HIV gain entry into the host predominantly through CXCR4, whereas CCR5 is essential for invasion of M-tropic HIV [68, 111, 112]. D6 receptor which lacks intracellular signaling is also reported to play a role [113]. This has led to the development of a number of CXCR4/CCR5 antagonists which have entered clinical trials and are depicted under the Sect. 8 on clinical studies later in this chapter.

### 7 Receptor-Mediated Targeting Strategies

Nanocarriers have been the major vehicles for receptor-mediated targeting due to the manifold advantages they offer. While they can enable passive targeting which is influenced by their physicochemical properties, for example, size, shape, surface charge, and hydrophobicity, attachment of ligands which can recognize cell membrane components can facilitate active cellular targeting. Using ligands for chemokine receptors can enable such active targeting via receptor-mediated endocytosis. However, despite major studies in the development of new drugs as chemokine agonists and antagonists, exploitation of chemokine receptor-based targeted drug delivery based on nanocarrier strategies is limited.

# 7.1 Liposomes

Immunoliposomes loaded with siRNA have been successfully employed for systemic targeting of LFA-1 (lymphocyte function-associated antigen-1) integrin present exclusively on leukocytes and other immune cells that act as mediators of HIV-1 infection [114].

An anti-HIV liposomal composition containing cardiolipin as phospholipid exhibited anti-HIV activity by inhibiting the binding and fusion of gp 120 with cell surface receptors CCR5 and CXCR4 of host cells [115]. Non-phospholipidic cationic liposomes containing free fatty acids, their monoesters and cholesterol, namely, Novasomes® 7474 loaded with a combination of 2 RANTES (a CCR5-specific inhibitor) and fusion inhibitor sifuvirtide enabled downregulation of CCR5 [116, 117].

#### 7.2 Nanoparticles

Nanoparticles containing a specific siRNA sequence showed a marked reduction in the expression of CD4+ and CCR5 in explants of HIV-1 negative female, which was evident by decrease in the biomarker CD45. This proposed the ability of the nanoparticles to cause suppression of receptor-specific genes [118]. Intravenous infusion of nanoparticles encapsulated with CCR5-specific siRNA complexed with CD4+ T-cell-specific antibody downregulated expression of CCR5 receptors in preclinical mice model confirming their anti-HIV potential [119].

PLGA nanoparticles incorporating PSC-RANTES (amino terminus-modified synthetic analog of RANTES) showed greater mucosal penetration of the protein and improved activity as HIV-1 entry inhibitors in rhesus macaque model compared to their non-polymeric counterparts [120, 121]. PEG-stabilized gold nanoparticles are reported to be effective HIV-1 fusion inhibitors causing inhibition of binding of HIV envelope protein gp120 and CD4+ T cell. The gold nanoparticles showed efficient inhibition against X4, R5, and X4R5 virus strains of HIV-1 infection [122].

Gold nanoparticles coated with multiple sulfate-modified amphiphilic ligand showed great promise as HIV-1 inhibitor by competitive inhibition of gp 120 glycoproteins on virus and inhibit binding of the virus to dendritic cells and subsequent transfer to T lymphocytes (CCR8), thereby preventing viral replication [123]. Anchoring neutralizing antibodies (NABs) on silver nanoparticles induced the ability to neutralize HIV-1, not observed when NAB alone was used [124].

### 7.3 Miscellaneous

Atherosclerosis, an inflammatory process is strongly influenced by chemokine/ chemokine receptor-like CCR2 which is majorly involved in leukocyte recruitment to the atherosclerotic plaque. Dextran nanoparticles encapsulating siRNA were employed to silence mRNA, thus downregulating CCR2 expression. Dextran nanoparticles labeled with Zr<sup>89</sup> also served as a targeted theranostic. When injected in ApoE knockout mice, the nanoparticles showed reduced PET/MRI signal used to spot macrophage in the atherosclerosis-inflamed tissue, suggesting the role of dextran nanoparticles in targeting atherosclerotic plaque [125].

# 8 Clinical Studies

CXCR4 and CCR5 being the main hallmark for progression of HIV-1 infection have prompted several pharmaceutical players to rapidly develop potent inhibitors against these receptors which could block the selective pathway. Selective inhibition of receptors has given rise to drug-resistant strains of HIV due to the peculiarity of the virus to switch tropism. Hence, current research efforts are aimed to develop antagonists against dual tropic strains of virus. Among the specific inhibitor, though it plays a role in the progression of autoimmune diseases like type 1 diabetes and multiple sclerosis. Clinical studies using CCR5/CXCR4 antagonists are depicted in Table 9.3. The role of chemokines in other non-infectious diseases has led their evaluation for other applications. Clinical trials for such applications are recorded in Table 9.4.

# 9 Conclusion and Future Prospects

Chemokine receptors play a multifaceted role in the progression of infectious diseases like HIV, malaria, atherosclerosis, and multiple sclerosis. A number of antagonists are developed and are under clinical trials. Nevertheless, synergizing such

| Receptor | Antagonists                          | Company                  | Clinical trial Status      | References |
|----------|--------------------------------------|--------------------------|----------------------------|------------|
| CCR5     | Maraviroc                            | Pfizer                   | Available as<br>Selzentry® | [126]      |
|          | HGS004                               | Human genome<br>sciences | Phase I                    | [127]      |
|          | Cenicriviroc/TAK 652                 | Takeda                   | Phase IIb                  | [128]      |
|          | PRO140                               | Progenics pharma         | Phase II                   | [129]      |
|          | Aplaviroc/AK602/<br>GW873140/ONO4128 | GSK                      | Phase II                   | [130]      |
|          | INCB9471                             | Incyte                   | Phase II                   | [131]      |
|          | Vicriviroc/SCH D                     | Schering-Plough          | Phase II                   | [132]      |
|          | SCH C                                | Schering-Plough          | Phase II                   | [133]      |
| CXCR4    | AMD11070                             | ANORMED                  | Phase I                    | [134]      |
|          | AMD3100                              | ANORMED                  | Discontinued               | [135]      |

Table 9.3 Chemokine receptor antagonists under clinical trials for anti-HIV activity

| Decentor | Disease indication         | Antogonista    | Company               | Clinical trial<br>Status | References |
|----------|----------------------------|----------------|-----------------------|--------------------------|------------|
| Receptor | Disease indication         | Antagonists    | Company               | Status                   | References |
| CCR1     | Rheumatoid arthritis (RA)  | CP-481         | Pfizer                | Phase II                 | [136]      |
|          | RA                         | MLN3897        | Millennium/<br>Sanofi | Phase II                 | [136]      |
|          | Multiple sclerosis<br>(MS) | BX471          | Berlex                | Phase II                 | [136]      |
|          | COPD                       | AZD-4818       | Astra-Zeneca          | Phase II                 | [136]      |
| CCR2     | RA-MS                      | MK-0812        | Merck                 | Phase II                 | [137]      |
|          | Diabetes neuropathy        | BMS-<br>741672 | BMS                   | Phase II                 | [138]      |
|          | Kidney disorder            | CCX140         | ChemoCentryx          | Phase II                 | [139]      |
| CCR3     | Allergic rhinitis          | CAT 213        | CAT/Astrazeneca       | Phase II                 | [140]      |
|          | Asthma                     | GSK<br>766994  | GSK                   | Phase III                | [141]      |
|          | Asthma                     | SCH 527123     | Schering-Plough       | Phase II                 | [142]      |
|          | Pulmonary disease          | SB-656933      | GSK                   | Phase I                  | [143]      |

Table 9.4 Chemokine receptor antagonists under clinical trials for other applications

developments with targeted drug delivery strategies using nanocarriers could play a major role in harnessing chemokine receptor-based targeting for improved therapeutic outcomes.

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