Biosynthesis and Degradation of Glycine Betaine and Its Potential to Control Plant Growth and Development

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1 Introduction

Plant growth and development is affected by abiotic stress which results in important losses in plant yield and in the money spent in agriculture. The abiotic stress that has a strong impact on plant yield is the hydric stress (drought, salinity, and cold). Plants have developed strategies to contend with hydric stress, between them one of the most important is the synthesis and accumulation of osmolytes (Yancey et al. [1982\)](#page-17-0). In plants, one of the most studied osmolytes is glycine betaine followed by proline and trehalose (Singh et al. [1972;](#page-15-0) Stewart and Lee [1974](#page-15-1); Hare et al. [1998;](#page-12-0) Iordachescu and Imai [2008;](#page-12-1) Chen and Murata [2008;](#page-11-0) Paul et al. [2008;](#page-15-2) Krasenky and Jonak [2012\)](#page-13-0).

Glycine betaine (N,N,N-trimethyl glycine, GB) is a quaternary amine, isolated for the first time from sugar beet (Scheibler [1869\)](#page-15-3). In mammals, GB participates in homocysteine/methionine cycle [Hcy/Met cycle] as methyl donor to homocysteine to produce methionine, reaction catalyzed by betaine homocysteine methyl transferase [BHMT] (du Vigneaud et al. [1946](#page-11-1); Finkelstein and Martin [1984;](#page-11-2) Pajares and Pérez-Sala [2006](#page-15-4)). As a consequence of GB participation in the Hcy/Met cycle, a wide set of physiological roles of GB has been found (Craig [2004](#page-11-3); Olthof and Verhoef [2005](#page-14-0); Lawson-Yuen and Levy [2006](#page-13-1); Lever and Slow [2010](#page-13-2); Ueland [2011;](#page-16-0) Figueroa-Soto and Valenzuela-Soto [2018](#page-11-4)).

Physiological functions of GB are as an osmolyte to contribute to maintaining cellular volume, as an osmoprotector to protect cells under stress, and/or as a source of methyl groups through transmethylation reactions (Takabe et al. [2006;](#page-16-1) Craig [2004;](#page-11-3) Chen and Murata [2011\)](#page-11-5). However, not all plants accumulate GB in response to stress; in fact, the vast majority of plants of agricultural importance are not accumulators of GB. For this reason, attempts have been made to genetically transform

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those plants with the genes of GB synthesis enzymes (Takabe et al. [2006;](#page-16-1) Giri [2011;](#page-11-6) Chen and Murata [2011;](#page-11-5) Wani et al. [2013](#page-16-2)).

In plants, two routes of GB synthesis have been proposed, one from choline and the other from glycine. The first route requires two choline oxidation steps catalyzed by the choline monooxygenase [CMO] and betaine aldehyde dehydrogenase [BADH]; the second route involves two methylation steps catalyzed by glycine sarcosine methyltransferase [GSMT] and sarcosine dimethylglycine transferase [SDMT] (Weretilnyk and Hanson [1989](#page-16-3); Rathinasabapathi et al. [1997](#page-15-5); Valenzuela-Soto and Muñoz-Clares [1994;](#page-16-4) Nyyssola et al. [2000;](#page-14-1) Waditee et al. [2005;](#page-16-5) Chen et al. [2008\)](#page-11-0).

There are several studies about the GB accumulation in different plant species as a response to abiotic stress [drought, salinity, cold, heat, etc.] (Rhodes and Hanson [1993;](#page-15-6) Sakamoto and Murata [2002](#page-15-7); Giri [2011](#page-11-6); Chen and Murata [2011;](#page-11-5) Kurepin et al. [2015\)](#page-13-3). These studies have demonstrated that GB plays a role in different processes in plant metabolism, e.g., there is evidence of GB direct and/or indirect participation in protein stability, protein synthesis, enzyme activity, photosynthesis, oxidative stress response, and plant growth and development (Chen et al. [2008;](#page-11-0) Khan et al. [2009;](#page-13-4) Giri [2011](#page-11-6); Chen and Murata [2011;](#page-11-5) Wani et al. [2013\)](#page-16-2). However, less is known about the enzymes that synthesize GB or transform it into other compounds, e.g., what are the structural and kinetic characteristics of that enzymes or how they are regulated. The aim of this review is to summarize the knowledge garnered about GB's metabolism and how it impacts the growth and development of plants under abiotic stress conditions.

2 Glycine Betaine Metabolism

2.1 Synthesis Pathways

In GB accumulator plants, it is synthesized from choline, choline is oxidized to betaine aldehyde by choline monooxygenase [E.C. 1.14.15.7], and betaine aldehyde dehydrogenase [BADH EC 1.2.1.8] catalyzes the betaine aldehyde oxidation to GB (Fig. [1a\)](#page-2-0) (Rathinasabapathi et al. [1997;](#page-15-5) Ling et al. [2001](#page-13-5); Hibino [2002](#page-12-2); Wang and Showalter [2004](#page-16-6); Park et al. [2007;](#page-15-8) Muñoz-Clares and Valenzuela-Soto [2008\)](#page-14-2). Extremely halophilic plants and microorganisms, also methanogenic organisms, synthesize GB from glycine; it is methylated by glycine sarcosine methyl transferase [GSMT] to N,N-dimethylglycine and sarcosine; furthermore, N,Ndimethylglycine is methylated by the sarcosine dimethylglycine transferase [SDMT] to GB; thus, both enzymes use S-adenosylmethionine (SAM) as methyl donor (Fig. [1b\)](#page-2-0) (Nyyssola et al. [2000](#page-14-1); Waditee et al. [2005](#page-16-5)).

Choline is synthesized in the cytosol, and there are three described possible choline synthesis routes, all of them start with ethanolamine [EA], which can be N-methylated by SAM as free bases, phosphorylethanolamine bases, or phosphatidylethanolamine bases; each methylation step is catalyzed by phosphoethanolamine methyltransferase [PEAMT] (Fig. [2](#page-2-1)) (Hanson and Rhodes [1983;](#page-12-3)

Fig. 1 Glycine betaine synthesis and degradation pathways. (**a**) GB synthesis in plants. (**b**) GB synthesis in extremely halophylic plants and microorganisms or metanogenics organisms. (**c**) GB catabolism in animals, some bacteria and in the cyanobacteria *Aphanothece halophytica*. CMO choline monooxygenase, BADH betaine aldehyde dehydrogenase, GSMT glycine sarcosine methyl transferase, and SDMT dimethylglycine transferase, BHMT betainehomocysteine methyltransferase

Fig. 2 Interplay between choline, GB, ethylene, and polyamine synthesis pathways. SAMS S-adenosylmethionine synthase, PEAMT phosphoethanolamine methyltransferase, CK choline kinase, CMO choline monooxygenase, BADH betaine aldehyde dehydrogenase, ACC aminocyclopropane carboxylic acid, ACCS aminocyclopropane carboxylic acid synthase, EA ethanolamine, PEA phosphoethanolamine, Pd-EA phosphatidylethanolamine. Pink circle, choline transporter; green ellipse, chloroplast; red arrows indicate inhibition of PEAMT by P-choline

Datko and Mudd [1988;](#page-11-7) Nuccio et al. [1998,](#page-14-3) [2000\)](#page-14-4). The three pathways can be used by plants; however, preference by one of them has been found, e.g., in *Chenopodiaceae* plants, choline comes from phosphoethanolamine (P-EA); in tobacco, choline originates from phosphatidyl-EA; in soy bean instead, the first step is the methylation of P-EA to phosphomonomethyl ethanolamine [P-MME] followed by a conversion to phosphatidylmonomethylethanolamine [Ptd-MME] via a cytidyl intermediate (Mudd and Datko [1989a](#page-14-5); McNeil et al. [2000a](#page-14-6)). Later Ptd-MME is methylated to phosphatidyldimethylethanolamine [Ptd-DME], which is converted to Ptd-choline and later to P-choline (Hanson and Rhodes [1983;](#page-12-3) McNeil et al. [2000a](#page-14-6), [b;](#page-14-7) Nuccio et al. [2000](#page-14-4)). The last step in choline synthesis is the dephosphorylation of P-choline by choline phosphatase or choline kinase [CK] (Summers and Weretilnyk [1993;](#page-15-9) McNeil et al. [2000b\)](#page-14-7). Choline synthesis is regulated by P-choline and S-adenosylhomocysteine [SAH]; both are inhibitors of PEAMT activity (Fig. [2](#page-2-1)) (Mudd and Datko [1989b](#page-14-8); Nuccio et al. [2000;](#page-14-4) Sahu and Shaw [2009](#page-15-10)).

Choline is transported to the chloroplast and used as a substrate by CMO, the first enzyme in the GB synthesis. CMO is unique in plants and catalyzes the BA synthesis, its crystallographic structure has not been determined yet, the molecular mass of the monomer is \approx 45 kDa, and it contains a Rieske-type [2Fe-2S] center and requires ferredoxin to be active (Rathinasabapathi et al. [1997](#page-15-5)). Hibino et al. [\(2002](#page-12-2)) found that Cys-181 is essential to the spinach CMO function, and as found in other oxygenases, a histidine [Hys-283] participates in the coordination of the [2Fe-2S] center.

The genes coding CMO have been studied in plant accumulator species and plant non-accumulator species. CMO gene sequences from spinach and sugar beet share 78% identity between them, while the sequence of CMO from *Arabidopsis* shares 51% identity with that of spinach and sugar beet (Hibino et al. [2002](#page-12-2)). Instead, *Amaranthus tricolor* CMO shares 69.4% and 69.5% identity with spinach and sugar beet CMOs and *Atriplex prostrate*, while rice shares 82.9% and 63% identity with deduced amino acid sequence of spinach and sugar beet, respectively (Ling et al. [2001;](#page-13-5) Wang and Showalter [2004](#page-16-6); Luo [2007\)](#page-13-6).

Amino acid sequence analysis of the CMO from *Amaranthus tricolor*, *Arabidopsis*, barley, rice, sugar beet, and spinach showed that all of them contained consensus sequences for coordination of the Rieske-type [2Fe-2S] cluster, CXHX15–17CX2H, and for coordination of mononuclear non-heme Fe, G/DX3–4 DX2HX4–5H [X equal to any amino acid] (Russell et al. [1998;](#page-15-11) Rathinasabapathi et al. [1997;](#page-15-5) Meng et al. [2001](#page-14-9); Ling et al. [2001](#page-13-5); Hibino et al. [2002](#page-12-2); Wang and Showalter [2004;](#page-16-6) Luo et al. [2007;](#page-13-6) Mitsuya et al. [2011](#page-14-10)). In addition, the modeling of *Spinacia oleracea* CMO showed that in the active site there is an aromatic box conformed by Tyr281, Tyr295, and Phe301 and by a Glu residue [Glu346] (Carrillo-Campos et al. [2018](#page-11-8)). Aromatic box is involved in the choline's trimethylammonium group, while the side chain carboxyl group of Glu346 participates in an ionic interaction with that group (Carrillo-Campos et al. [2018](#page-11-8)).

An analysis of the promoter of *Amaranthus tricolor* CMO gene allowed identifying a fragment of 410 pb upstream of the translation start codon that contains the sequence responsive to salt stress (Bhuiyan et al. [2007\)](#page-11-9). In addition, Xu et al. [\(2018](#page-16-7)) found that the CMO gene from watermelon [*Citrullus lanatus*] suspension cells contained responsive elements to light, plant hormone-responsive cis-elements, and cis-elements responsive to biotic and abiotic stresses.

To this date, it seems that plants that do not accumulate GB possess the CMO genes, but those genes were proposed as not functional, as it has been found in rice and maize (Peel et al. [2010](#page-15-12); Luo et al. [2012](#page-13-7)). However, there is other possible explanation to that results, for a recent phylogenetic study in Amaranthaceae plants showed that plant CMO evolved to two kinds of CMO proteins grouped in two clades called CMO1 and CMO2 and CMO2 diverged from CMO1 (Carrillo-Campos et al. [2018\)](#page-11-8). From 167 plant CMO sequences analyzed, Carrillo et al. [\(2018](#page-11-8)) found that CMO1 and CMO2 proteins share 30% identity, CMO1 proteins share 50% identity between them, and otherwise CMO2 proteins share more than 85% identity. CMO1 and CMO2 modelling results showed that neither the CMO1 active site nor the Glu346 as found in CMO2 has the aromatic box; this would explain why CMO1 does not catalyze the oxidation of choline to betaine aldehyde (Carrillo-Campos et al. [2018\)](#page-11-8). In addition, the chloroplast signal peptide is not conserved in CMO1 amino acid sequences (Carrillo-Campos et al. [2018\)](#page-11-8).

The second step in GB synthesis is catalyzed by betaine aldehyde dehydrogenase [BADH]. Plant BADHs belong to ALDH superfamily, and they are grouped in the family ten [ALDH10] (Sophos and Vasiliou [2003\)](#page-15-13). Within the ALDH10 family, there are proteins that use as substrate ω-aminoaldehydes [3-amino propionaldehyde or 4-aminobutyraldehyde] and ω-quaternary amino group [trimethylammonium] and as betaine aldehyde, trimethylaminobutiraldehyde or dimethylsulfoniopropionaldehyde (Trossat et al. [1997;](#page-16-8) Vojtechová et al. [1997;](#page-16-9) Ŝebela et al. [2000](#page-15-14); Brauner et al. [2003;](#page-11-10) Livingstone et al. [2003](#page-13-8); Oishi and Ebina [2005;](#page-14-11) Bradbury et al. [2008](#page-11-11); Fujiwara et al. [2008\)](#page-11-12). It has been proposed that BADH activity depends on only one amino acid residue at position 441 [*So*BADH numbering] (Muñoz-Clares et al. [2014](#page-14-12)). The ability to oxidize betaine aldehyde by the BADH is related to the presence of an Ala or Cys in the 441 position in the protein (Muñoz-Clares et al. [2014\)](#page-14-12).

The first plant BADH crystal structure obtained was from spinach, which showed that there are four aromatic residues Tyr160, Trp167, Trp285, and Trp456 at the active site (Díaz-Sanchez et al. [2012\)](#page-11-13). By using in silico model building, kinetic studies, and site-directed mutagenesis of *So*BADH, it was found that the aromatic ring of Tyr160 is of great importance for BA binding, followed by Trp285 and Trp167 (Díaz-Sanchez et al. [2012](#page-11-13)). The position that occupies in the active site pocket Trp456 is determined by the conformation adopted by the side chain of the amino acid residue in position 441 [Ile, Ala or Cys], to allow or not the proper positioning of the trimethylammonium group of BA, so Ile size would push Trp456 to such a position that there would be no adequate space for the binding of trimethylammonium group (Díaz-Sanchez et al. [2012](#page-11-13); Muñoz-Clares et al. [2014\)](#page-14-12). Interestingly, a great number of BADH from GB accumulators' plants possess an Ala or Cys in position 441 (Muñoz-Clares et al. [2014](#page-14-12)).

ALDH10 isoenzymes evolved from the gene coding to an Ile in position 441 as a consequence of environmental pressure; however, all plants conserved isoenzymes with one of three amino acids in the 441 position (Ile, Ala, and/or Cys), which allow isoenzymes to perform other metabolic functions in plants (Muñoz-Clares et al. [2014\)](#page-14-12).

Different studies have demonstrated that BADH in plants is a homodimer of \approx 120 kDa, except in wild amaranth and pea which are heterodimeric and homotetrameric, respectively (Weretilnyk and Hanson [1989;](#page-16-3) Valenzuela-Soto and Muñoz-Clares [1994;](#page-16-4) Figueroa-Soto and Valenzuela-Soto [2001;](#page-11-14) Ŝebela et al. [2000;](#page-15-14) Livingstone et al. [2002;](#page-13-9) Oishi and Ebina [2005;](#page-14-11) Fujiwara et al. [2008](#page-11-12)). Plant BADHs show an acidic pI, an optimum pH ranging from 8.0 to 8.5, and they exhibit prefer-ence to use NAD⁺ as coenzyme (Weretilnyk and Hanson [1989](#page-16-3); Trossat et al. [1997;](#page-16-8) Valenzuela-Soto and Muñoz-Clares [1994;](#page-16-4) Incharoensakdi et al. [2000](#page-12-4); Hibino et al. [2001;](#page-12-5) Fujiwara et al. [2008](#page-11-12)).

Similar to cis-acting regulatory elements described before for CMO, the BADH is also regulated at the genetic level. Analysis of the BADHs' gene promoter sequence from *Suaeda liaotungensis* revealed regulatory elements, such as a TATAbox, a CAAT-box, a GC-motif, EIRE, MRE, WUNmotif, a heat shock element, ABRE, methyl jasmonate-responsive element, and ethylene-responsive element [ERE] (Zhang et al. [2008](#page-17-1); Xu et al. [2018](#page-16-7)).

2.2 Glycine Betaine Degradation Routes

In animals and some bacteria, GB is catabolized to methionine and glycine by betaine homocysteine methyl transferase [BHMT], it removes a methyl group from GB to produce dimethylglycine, and the methyl group is transferred to homocysteine for methionine synthesis (Fig. [1c\)](#page-2-0) (Pajares and Perez-Salas [2006\)](#page-15-4). A glycine betaine transmethylase was proposed in *Rhizobium meliloti* as the enzyme to convert GB to dimethylglycine (Smith et al. [1988](#page-15-15)), whereas in the cyanobacteria *Aphanothece halophytica*, GB was catabolized by BHMT under hyperosmotic conditions (Incharoensakdi and Waditee [2000](#page-12-6); Waditee and Incharoensakdi [2001\)](#page-16-10). After a deep search about BHMT in plants, no information was found. This being the reason why is not possible to relate methionine synthesis with GB degradation. However, it is possible to speculate that BHMT has not been searched and therefore identified.

2.3 Cellular Compartment of Glycine Betaine Synthesis

GB synthesis has been localized in chloroplasts, peroxisomes, and cytoplasm. It has been suggested that in dicotyledons GB synthesis takes place in the chloroplast, while in monocotyledons it occurs in the peroxisome (Nakamura et al. [1997](#page-14-13); Mitsuya et al. [2011](#page-14-10)). BADH isoenzyme localization differs between plants, e.g., in spinach, one of them is targeted to chloroplast and the other to cytosol; in barley, one isoenzyme is directed to the peroxisome and the other to the cytosol; and in rice, both isoenzymes are targeted to the peroxisome, whereas in *Avicennia marina*, one of them is delivered to the chloroplast and the other to peroxisome (Weigel et al. [1986;](#page-16-11)

Nakamura et al. [1997;](#page-14-13) Hibino et al. [2001;](#page-12-5) Nakamura et al. [2001;](#page-14-14) Shirasawa et al. [2006\)](#page-15-16). BADH isoenzymes targeted to chloroplast or to peroxisome possess a short signal peptide [seven or three residues, respectively]; in barley, the signal peptide is located in the C-terminus, whereas in spinach it is in the N-terminus (Weretilnyk and Hanson [1990;](#page-16-12) Nakamura et al. [2001\)](#page-14-14). To this date, it is known the BADHs with high BA affinity are located in the chloroplast (Weigel et al. [1986;](#page-16-11) Hibino et al. [2001\)](#page-12-5).

2.4 GB Synthesis in Plant Tissue

In plants capable of synthesizing and accumulating GB, it has been found that GB is distributed throughout the whole plant under stress conditions (Yamada et al. [2009\)](#page-17-2). The leaf is the tissue with the highest content of GB, but it is influenced by the leaf age; in barley and sugar beet, it was found that GB is synthesized mainly in old leaves where CMO activity was detected (Nakamura et al. [1996;](#page-14-15) Hattori et al. [2009;](#page-12-7) Yamada et al. [2009\)](#page-17-2). The root has the ability to synthesize GB; however, the expression of CMO and BADH is lower compared to the leaf (Bhuiyan et al. [2007;](#page-11-9) Yamada et al. [2009](#page-17-2)). On the other hand, BADH was detected in old and young leaves and roots of sugar beet, so it is concluded that the synthesis of GB is limited by the availability of CMO (Bhuiyan et al. [2007;](#page-11-9) Fujiwara et al. [2008;](#page-11-12) Yamada et al. [2009\)](#page-17-2).

Since GB has been found in tissues that do not contain CMO activity, the mobilization of GB has been investigated. Two transporters have been found: one in sugar beet and another in barley called BvBet/ProT1 and HvProT2, respectively; they transport proline and GB with the highest affinity detected for GB (Yamada et al. [2009](#page-17-2); Fujiwara et al. [2010\)](#page-11-15). BvBet/Pro1 and HvProT2 were localized in plasma membrane: BvBet/Pro1 was more abundant in old than in young leaves, while HvProT2 is distributed in old leaves and roots (Yamada et al. [2009;](#page-17-2) Fujiwara et al. [2010\)](#page-11-15).

3 GB Synthesis and Control of Plant Growth and Development

GB synthesis requires choline in any cellular compartment where it is carried out; at the date, the important aspects that limit the synthesis of GB are the availability of choline and the structural characteristics to carry out the union of the substrates and the catalysis of the CMO and BADH isoenzymes (Nuccio et al. [1998](#page-14-3); Díaz-Sanchez et al. [2012](#page-11-13); Muñoz-Clares et al. [2014;](#page-14-12) Carrillo-Campos et al. [2018\)](#page-11-8). Synthesis of P-choline is strongly favored in the cytosol; however, it depends on the dephosporylation of choline because only choline can be transported to chloroplast or vacuole (Bligny et al. [1989;](#page-11-16) McNeil et al. [2000a](#page-14-6)). On the other hand, choline produced is distributed between vacuole, chloroplast, and cytosol which limit the

availability of choline to GB synthesis (Nuccio et al. [1998](#page-14-3); McNeil et al. [2000a;](#page-14-6) Sahu and Shaw [2009\)](#page-15-10).

Considering that the concentration of choline is not limiting, the synthesis of GB would require a high concentration of SAM which would immediately cause a decrease in the synthesis of ethylene and polyamines (Ravanel et al. [1998](#page-15-17); Sahu and Shaw [2009;](#page-15-10) Wang et al. [2010;](#page-16-13) Khan et al. [2014\)](#page-13-10). In addition, SAM is required for chlorophyll synthesis, DNA replication, cell wall synthesis, etc.; therefore, GB synthesis cannot be very high, which corresponds with GB concentrations found in plants (Huang et al. [2000;](#page-12-8) Holstrom et al. [2000](#page-12-9); Sakamoto and Murata [2001;](#page-15-18) Quan et al. [2004](#page-15-19); Tabuchi et al. [2005](#page-16-14); Wei et al. [2017](#page-16-15)). Tabuchi et al. ([2005\)](#page-16-14) suggested a co-regulation between the levels of S-adenosyl-L-methionine synthetase [SAMS] transcript with those of CMO and PEAMT; this would allow sustain active GB production without significantly diminishing the synthesis of other metabolites dependent on SAM.

Plants capable of synthesizing and accumulating GB show tolerance to stress mainly to drought, salinity, and extreme temperature [cold and heat] stress; the growth and development of those plants are affected depending on the stage of development of the plant, as well as the type and species of the plant. It has been demonstrated that drought, salinity, and low and high temperature decrease root and shoot growth and development, but GB's synthesizing plants manage to reduce the effect of stress on both parameters. The degree or level of protection varies between species and even between varieties of the same species.

Under stress conditions, GB participates in maintaining of fundamental processes for growth and development such as (a) photosynthesis, energy production [ATP], and carbon skeletal, (b) conservation of the cell-reducing environment, and (c) enzyme functionality. Since GB can be present in all parts of the plant [either by synthesis or transport], its effect can occur in the entire plant. With all the information generated, it can be said that GB effects on plants under stress conditions are related to its ability to stabilize protein structure and regulate gene transcription and enzyme activities; those functions are the ways on how GB can play a role in plant growth and development.

Photosynthesis is inhibited by heat, chilling, salinity, and drought stress; however, GB contributes to maintain the photosynthesis activity through the PSII damaged reparation increasing the expression of D1 protein and increasing its degradation when it is damaged (Fig. [3](#page-8-0)) (Onishi and Murata [2006;](#page-14-16) Murata et al. [2007;](#page-14-17) Yang et al. [2008;](#page-17-3) Fan et al. [2012](#page-11-17)). In addition, PSII oxygen-evolving complex structure, Mn cluster, and PSII association with extrinsic polypeptides 18, 23, and 33 kDa are strongly stabilized by GB in plants under stress (Murata et al. [1992](#page-14-18); Papageorgiou and Murata [1995](#page-15-20); Allakhverdiev et al. [1996;](#page-10-0) Allakhverdiev et al. [1999\)](#page-11-18). An adequate electron transport in the thylakoid maintains adequate levels of photosynthetic parameters as photosynthetic rate $[A]$, intercellular $CO₂$ $[Ci]$, transpiration rate $[E]$, stomatal conductance [gs], and maximal efficiency of PSII [*F*v/*F*m] (Fig. [3](#page-8-0)) (Zhao et al. [2007](#page-17-4); Yang et al. [2008](#page-17-3); Guha et al. [2010](#page-12-10); Wei et al. [2017](#page-16-15)).

The other face of photosynthesis is the $CO₂$ fixation by the RUBISCO and the flux of carbon skeletal through the Calvin cycle enzymes. RUBISCO, Rubisco acti-

Fig. 3 Schematic model of glycine betaine synthesis effects and changes induced to explain its mode of action. The scheme includes plant hormones involved in the induction of GB synthesis. Orange ellipse enclosed proteins involved in photosynthesis; proteins are enclosed in a yellow circle

vase, fructose biphosphatase [FBPase], fructose biphosphatase aldolase [FBPaldolase], and phosphoribulose kinase [PRKase] are activated by GB by stabilizing their structure under stress conditions (Fig. [3](#page-8-0)) (Makela et al. [2000](#page-13-11); Yang et al. [2005](#page-17-5); Murata et al. [2007](#page-14-17); Konrad and Zvi [2008;](#page-13-12) Fan et al. [2012](#page-11-17)). Interestingly, Yang et al. [\(2005](#page-17-5)) found that under heat stress conditions, Rubisco activase is associated with thylakoid membrane, which is avoided by GB. A suitable $CO₂$ fixation has been proposed by Murata et al. ([2007\)](#page-14-17) as an important factor to decrease the PSII damage, because suppression of $CO₂$ fixation drives to oxidative stress which inhibits D1 protein synthesis and the repair of PSII.

To contend with oxidative stress, transgenic plants or wild-type plants able to synthesize GB increase the expression of enzymes of antioxidant system; an increase in mRNA of the enzymes superoxide dismutase [SOD], catalase [CAT], ascorbate peroxidase [APX], glutathione reductase [GR], glutathione peroxidase [GPX], and dehydroascorbate reductase [DHAR] has been found in different plant species (Fig. [3\)](#page-8-0) (Hoque et al. [2008;](#page-12-11) Islam et al. [2009](#page-12-12); Fan et al. [2012](#page-11-17); Hasanuzzaman et al. [2014;](#page-12-13) Zhang et al. [2016;](#page-17-6) Yao et al. [2018\)](#page-17-7). Increases in antioxidant enzyme activity decrease the lipid peroxidation and protein carbonylation protecting cell survival (Hoque et al. [2008;](#page-12-11) Islam et al. [2009;](#page-12-12) Karabudak et al. [2014\)](#page-13-13). Likewise, increases in the concentration of metabolites with antioxidant activity have been found, e.g., increases in glutathione reduced [GSH], ascorbate reduced [ASA], phenolic compounds, and flavonoids (Hoque et al. [2008](#page-12-11); Islam et al. [2009;](#page-12-12) Ahmed et al. [2013;](#page-10-1) Wang et al. [2019](#page-16-16)).

Changes in the activity of enzymes involved in Calvin cycle, antioxidant system (enzymatic and nonenzymatic), or proline synthesis are consequence of changes in their gene expression or changes in the enzyme activity induced by GB. In animals, GB induces changes in DNA methylation status and interacts with transcription factors to modify gene expression (Song et al. [2007;](#page-15-21) Zhang et al. [2013](#page-17-8); Deminice et al. [2015;](#page-11-19) Idriss et al. [2017\)](#page-12-14); in plants, there is no information about it. However, it is tempting to propose that something similar to what happens in animals may be happening in plants.

Synthesis of ATP under stress conditions is less studied; Jin et al. ([2015\)](#page-12-15) found a high ATP/ADP ratio induced by GB in loquat fruit submitted to a low-temperature conditioning. It has been proposed that GB improves the lipid composition of cell membranes, that is, thylakoid membranes of wheat were protected by GB application, which provoked changes in the fat acid composition (Zhao et al. [2007](#page-17-4); Tiang et al. [2017](#page-16-17)). Changes in lipid composition of thylakoid membranes increased the membrane fluidity, improving their function (Zhao et al. [2007](#page-17-4); Tiang et al. [2017\)](#page-16-17). Therefore, if GB maintains the functionality of thylakoid membranes and positively modulates photosynthesis, then there is a good proton gradient to carry out the ATP synthesis (Yang et al. [2008](#page-17-3); Zhao et al. [2007](#page-17-4); Guha et al. [2010](#page-12-10); Ogbaba et al. [2014;](#page-14-19) Wei et al. [2017](#page-16-15); Tiang et al. [2017\)](#page-16-17).

Drought, salinity, heat, and cold stress increase GB synthesis both in GB natural synthesizing and in transgenic plants; this GB increase has a strong impact in the plant growth. Several works have been demonstrated that GB increases the growth of root, shoot, hypocotyl, and plant measured as high, biomass [fresh weight or dry weight], or leaf area under stress conditions and relative of the control plant (Kishitani et al. [2000;](#page-13-14) Quan et al. [2004;](#page-15-19) Yang et al. [2005](#page-17-5); Park et al. [2007;](#page-15-8) Yang et al. [2008](#page-17-3); Guha et al. [2010](#page-12-10); Goel et al. [2011](#page-11-20); Fan et al. [2012](#page-11-17); Karabudak et al. [2014;](#page-13-13) Ke et al. [2016](#page-13-15); Manaf [2016](#page-14-20)). The spiking time in transgenic maize plants under stress was less affected compared with wild-type plants (Quan et al. [2004\)](#page-15-19). GB increased the number of anthers, pistils, and petals in transgenic *Arabidopsis* plants (Sulpice et al. [2003](#page-16-18)).

In transgenic maize, the reproductive development is promoted by GB under drought stress (Quan et al. [2004\)](#page-15-19). The percentage and time of germination of seeds of transgenic rice, tomato, and tobacco plants are promoted by GB under salt and drought stress (Park et al. [2007;](#page-15-8) Kathuria et al. [2009;](#page-13-16) Goel et al. [2011](#page-11-20); Li et al. [2011\)](#page-13-17). Plant productivity of plants under stress conditions is also promoted in those plants capable of synthesizing GB. Based on maintaining the growth and development of the plants synthesizing GB, the productivity of them is also positively affected. Sulpice et al. ([2003\)](#page-16-18) found in transgenic *Arabidopsis* plants a greater number of flowers and seeds per plant, whereas in transgenic maize, Quan et al. [\(2004](#page-15-19)) reported a greater number of seeds per plant and a greater weight per grain.

Despite all the positive effects of GB on growth and development of plants, there is no evidence that GB is directly promoting growth, so it has been proposed that GB could be interacting with plant hormones like auxins and ABA, since they are involved in the control of growth (Kurepin et al. [2015](#page-13-3)). To date it has been found that ABA and methyl jasmonate increase the synthesis of GB (Fig. [3](#page-8-0)) (Ishitani et al. [1995;](#page-12-16) Jagendorf and Takabe [2001;](#page-12-17) Xing and Rajashekar [2001](#page-16-19); Xu et al. [2018\)](#page-16-7). Salicylic acid seems to be playing a role of increasing the methionine content to support the SAM production used to GB synthesis and decreasing the ethylene pro-duction (Khan et al. [2014\)](#page-13-10). Barley and poplar transgenic plants overexpressing CodA gene showed increased expression levels of auxin-responsive IAA genes (Li et al. [2014;](#page-13-18) Ke et al. [2016\)](#page-13-15).

4 Conclusion and Future Perspectives

The growth of plants primarily requires sugars, protein synthesis, ATP, reducing power, and a reducing cellular environment, all of which are influenced directly or indirectly by GB. All those aspects are influenced by GB synthesis, transport, and accumulation, by which it has a positive influence in plant growth and development under stress conditions. The mechanism by which GB influences the expression of genes is much less known and is an important aspect to study. The capacity of GB to stabilize proteins and to induce their synthesis explains in part changes in the activity of enzymes studied up to now; however, it remains to be defined if GB interacts directly as activator or inhibitor of enzymes. A great advance has been reached in the knowledge of the impact that GB synthesis has on the growth and development of the plants, as well as in the structural and evolutionary characteristics of the enzymes that catalyze its synthesis. The role of plant hormones in the induction of GB synthesis also begins to be clearer, as well as the impact that the synthesis of GB has on the ethylene and polyamine synthesis pathways.

There are still important aspects of the GB synthesis that need to be defined to increase agricultural productivity through plants with the ability to synthesize GB. Photosynthesis requires all proteins involved in H_2O hydrolysis and in the transport of electrons and protons to remain functional, just as the enzymes that participate in ATP synthesis and carbon skeletal synthesis, as well as the chloroplast and thylakoid membranes. However, GB synthesis requires the availability of choline whose synthesis demands a high content of SAM, methionine, and ethanolamine. All these points must be taken into account for the improvement or genetic engineering of plants that synthesize and accumulate GB.

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