Chapter 2 Moment Estimation Implied by the Bobkov-Ledoux Inequality

Witold Bednorz and Grzegorz Głowienko

Abstract In this paper we consider a probability measure on the high dimensional Euclidean space satisfying Bobkov-Ledoux inequality. Bobkov and Ledoux have shown in (Probab Theory Related Fields 107(3):383–400, 1997) that such entropy inequality captures concentration phenomenon of product exponential measure and implies Poincaré inequality. For this reason any measure satisfying one of those inequalities shares the same concentration result as the exponential measure. In this paper using B-L inequality we derive some bounds for exponential Orlicz norms for any locally Lipschitz function. The result is close to the question posted by Adamczak and Wolff in (Probab Theory Related Fields 162:531–586, 2015) regarding moments estimate for locally Lipschitz functions, which is expected to result from B-L inequality.

Keywords Concentration of measure · Poincaré inequality · Sobolev inequality

Subject Classification 60E15, 46N30

2.1 The Bobkov-Ledoux Inequality

Let μ be a probability measure on \mathbb{R}^d . We assume that μ satisfies Bobkov-Ledoux inequality i.e. with fixed $D > 0$, for any positive, locally Lipschitz function f such that $|\nabla f|_{\infty} \leq f/2$ we have

$$
\mathbf{Ent}_{\mu} f^2 \leqslant D\mathbf{E}_{\mu} |\nabla f|_2^2. \tag{2.1}
$$

As noticed by Bobkov and Ledoux in [\[3\]](#page-11-0) this modification of log-Sobolev inequality is satisfied by product exponential measure, but more importantly, it implies

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subexponential concentration. It is also quite easy to show that it implies Poincaré inequality. For any smooth function g we may take $f = 1 + \epsilon g$ and $\epsilon > 0$ such that $|\nabla f|_{\infty} \leq f/2$, which allows us to apply [\(2.1\)](#page-0-0). In the next step divide both sides of inequality by ϵ^2 , consider standard Taylor expansion and take limit with ϵ tending to 0. As a result

$$
\mathbf{Var}_{\mu}g \leqslant \frac{D}{2}\mathbf{E}_{\mu}|\nabla g|_2^2, \tag{2.2}
$$

which is exactly the Poincaré inequality. Finally just notice that any locally Lipschitz function f such that both f and $|\nabla f|_2$ are square integrable w.r.t. μ may be approximated in (2.2) by smooth functions. The result means that B-L inequality (2.1) is stronger than Poincaré inequality (2.2) , nevertheless both inequalities imply concentration phenomenon of product exponential measure, therefore any measure satisfying one of those inequalities shares the same concentration result. See [\[3\]](#page-11-0) for more details regarding this subtle connection.

As we are dealing with big number of constants in the following section, it would be wise to adopt some useful convention. Therefore, let us denote by D' numeric constant which may vary from line to line, but importantly, it is comparable to D from log-Sobolev inequality (2.1) . Similarly let C be constant comparable to 1 and by $C(\alpha)$ denote one that depends on α only.

In $[4]$ it was noticed by E. Milman that, Poincaré inequality (2.2) implies the following estimate for $p \geq 1$

$$
||f - \mathbf{E}_{\mu} f||_p \le \sqrt{D'}p \, ||\nabla f|_2||_p,\tag{2.3}
$$

with f locally Lipschitz. It is easy to see that above results with the following bound

$$
|| f - \mathbf{E}_{\mu} f ||_p \leqslant \sqrt{D'} p \sqrt{d} || |\nabla f|_{\infty} ||_p.
$$

Adamczak and Wolff has conjectured in $[1]$ that Bobkov-Ledoux inequality (2.1) imply

$$
||f - \mathbf{E}_{\mu}f||_p \leqslant \sqrt{D'}\sqrt{p}|||\nabla f|_2||_p + Cp|||\nabla f|_{\infty}||_p.
$$

They also proved following weaker form of the conjecture

$$
||f - \mathbf{E}_{\mu} f||_p \le \sqrt{D'}\sqrt{p}|||\nabla f|_2||_p + Cp|||\nabla f|_{\infty}||_{\infty}.
$$
 (2.4)

Their result is based on tricky modification of given function so that (2.1) could be used. In our paper we are trying to understand this phenomenon and apply its more advanced form.

2.2 Bounds for Moments

In this section we investigate possible estimates for $||g||_{p\alpha}$, with a given $\alpha > 0$, when we know that g^{α} is globally Lipschitz. This bounds will be useful when we start dealing with the exponential Orlicz norms.

Theorem 2.1 *If measure* μ *satisfies [\(2.1\)](#page-0-0), function* g *is non-negative, locally Lipschitz and* $p \ge 1$ *, then for* $0 < \alpha \leqslant 1$

$$
\|g\|_{p\alpha} \leqslant 2^{\frac{1}{\alpha}} \max \left\{ p^{\frac{1}{\alpha}} \left\| |\nabla g^{\alpha}|_{\infty} \right\|^{\frac{1}{\alpha}}_{\infty}, \|g\|_{2\alpha}, \alpha p^{\frac{1}{2}} \sqrt{D'} \|\|\nabla g|_{2}\|_{p\alpha} \right\}
$$

and in case of $\alpha > 1$

$$
\|g\|_{p\alpha} \leqslant \max\big\{2^{\frac{1}{\alpha}}p^{\frac{1}{\alpha}}\big\| |\nabla g^{\alpha}|_{\infty}\big\|^{\frac{1}{\alpha}}_{\infty}, 2^{\frac{1}{\alpha}}\|g\|_{2\alpha}, \alpha p^{\frac{1}{2}}\sqrt{D'}\||\nabla g|_{2}\|_{p\alpha}\big\}.
$$

Proof Consider g^{α} to be a non-negative Lipschitz function, otherwise estimate is trivial. Note that in case of $p \le 2$ there is also nothing to prove, therefore we may take $p > 2$. For simplicity let us assume that $\|\nabla g^{\alpha}\|_{\infty}\|_{\infty} = 1$. If it happens to be

$$
\|g\|_{p\alpha}^{\alpha} \leqslant 2p \left\| |\nabla g^{\alpha}|_{\infty} \right\|_{\infty} \tag{2.5}
$$

then proof is once again trivial, therefore assume that

$$
\|g\|_{p\alpha}^{\alpha} > 2p \|\nabla g^{\alpha}|_{\infty}\|_{\infty},\tag{2.6}
$$

then following the idea of the proof of (2.4) from [\[1\]](#page-11-2) we define function $h =$ max{*g*, *c*}, where $c = ||g||_{p\alpha}/2^{\frac{1}{\alpha}}$. Obviously, for $2 \le t \le p$

$$
\frac{|\nabla h^{\alpha t/2}|_{\infty}}{h^{\alpha t/2}} = \frac{t}{2} \frac{|\nabla h^{\alpha}|_{\infty}}{h^{\alpha}}.
$$

Due to our definition $h \geq c$ and $|\nabla h^{\alpha}|_{\infty} \leq |\nabla g^{\alpha}|_{\infty}$, which gives us

$$
\frac{|\nabla h^{\alpha}|_{\infty}}{h^{\alpha}} \leqslant \frac{2|\nabla g^{\alpha}|_{\infty}}{\|g\|_{p_{\alpha}}^{\alpha}}.
$$

Combining above with [\(2.6\)](#page-2-0) we get

$$
\left\|\frac{|\nabla h^{\alpha t/2}|_\infty}{h^{\alpha t/2}}\right\|_\infty \leqslant \frac{t}{2p} \leqslant \frac{1}{2}.
$$

Therefore, we may apply [\(2.1\)](#page-0-0) to the function $h^{\alpha t/2}$ and thus by the Aida Stroock [\[2\]](#page-11-3) argument i.e.

$$
\frac{d}{dt}||h^{\alpha}||_{t}^{2} = \frac{2}{t^{2}} (\mathbf{E}h^{\alpha t})^{2/t-1} \mathbf{Ent}(h^{\alpha t/2})^{2} \leq \frac{D}{2} (\mathbf{E}h^{\alpha t})^{2/t-1} \mathbf{E}|h^{\alpha t/2-\alpha} \nabla h^{\alpha}|_{2}^{2},
$$

combined with Hölder inequality with exponents $t/(t - 2)$ and $t/2$ applied to the last term, gives us

$$
\frac{d}{dt}||h^{\alpha}||_t^2 \leqslant \frac{D}{2}(\mathbf{E}h^{\alpha t})^{2/t-1}(\mathbf{E}h^{\alpha t})^{1-2/t}(\mathbf{E}|\nabla h^{\alpha}|_2^t)^{2/t} = \frac{D}{2}||\nabla h^{\alpha}|_2||_t^2.
$$

The moment function (as function of t) is non-decreasing, therefore for $2 \leq t \leq p$ we get

$$
||h^{\alpha}||_p^2 - ||h^{\alpha}||_2^2 \leqslant \frac{D}{2}(p-2)||\nabla h^{\alpha}|_2||_p^2. \tag{2.7}
$$

Now we have to consider two cases. First suppose that $\alpha \leqslant 1$ and then

$$
\|\nabla h^{\alpha}|_2\|_p \leq \alpha \|\nabla g|_2 h^{\alpha-1}\|_p \leq \alpha c^{\alpha-1} \|\nabla g|_2\|_p
$$

and combining this with [\(2.7\)](#page-3-0), we infer

$$
||h^{\alpha}||_p^2 \le ||h^{\alpha}||_2^2 + \frac{\alpha^2 D}{2} (p-2)c^{2\alpha-2} |||\nabla g|_2||_p^2.
$$

Now observe that $||h^{\alpha}||_p^2 \ge ||g^{\alpha}||_p^2$ and furthermore

$$
||h^{\alpha}||_2^2 \leq c^{2\alpha} + ||g^{\alpha}||_2^2 \leq \frac{1}{4} ||g^{\alpha}||_p^2 + ||g^{\alpha}||_2^2,
$$

which combined together gives us

$$
\frac{3}{4} \|g^{\alpha}\|_{p}^{2} \le \|g^{\alpha}\|_{2}^{2} + \frac{\alpha^{2}D}{2}(p-2)c^{2\alpha-2}\| |\nabla g|_{2}\|_{p}^{2}.
$$
 (2.8)

Noting that the case of

$$
\|g\|_{p\alpha}^{\alpha} \leq 2\|g\|_{2\alpha}^{\alpha},\tag{2.9}
$$

is another trivial part, we assume conversely getting

$$
||g^{\alpha}||_2^2 = ||g||_{2\alpha}^{2\alpha} \leq \frac{1}{4} ||g||_{p\alpha}^{2\alpha} = \frac{1}{4} ||g^{\alpha}||_p^2
$$

which together with (2.8) implies that

$$
||g||_{p\alpha}^{2\alpha} \leq \alpha^2 D(p-2)c^{2\alpha-2}|||\nabla g|_2||_p^2.
$$
 (2.10)

Reminding that $c^{\alpha} = 2^{-1} ||g||_{p\alpha}^{\alpha}$ we infer

$$
\|g\|_{p\alpha}^2 \leqslant 2^{\frac{2}{\alpha}-2}\alpha^2 D(p-2)\|\nabla g|_2\|_p^2
$$

and rewriting it in simplified form

$$
\|g\|_{p\alpha} \leq 2^{\frac{1}{\alpha}} \alpha \sqrt{D'} p^{\frac{1}{2}} \||\nabla g|_{2} \|_{p}.
$$
 (2.11)

Combining together [\(2.5\)](#page-2-1), [\(2.9\)](#page-3-2), and [\(2.11\)](#page-4-0) implies the result in the case of $0 < \alpha \leq$ 1.

Consider now case of $\alpha > 1$, following the same reasoning as in previous case, up to the [\(2.7\)](#page-3-0) after that Hölder inequality is used, we get

$$
\||\nabla h^{\alpha}|_2\|_p \leq \alpha \||\nabla g|_2 h^{\alpha-1}\|_p \leq \alpha \||\nabla g|_2\|_{p\alpha} \|h\|_{p\alpha}^{\alpha-1}.
$$

Therefore, by [\(2.7\)](#page-3-0)

$$
||h||_{p\alpha}^{2}(1 - \frac{||h||_{2\alpha}^{2\alpha}}{||h||_{p\alpha}^{2\alpha}}) \leq \alpha^{2} \frac{D}{2}(p-2)||\nabla g|_{2}||_{p\alpha}^{2}.
$$
 (2.12)

Again, either (2.9) holds or we have

$$
||h||_{2\alpha}^{2\alpha} = ||h^{\alpha}||_2^2 \leq c^{2\alpha} + ||g^{\alpha}||_2^2 = \frac{1}{4} ||g^{\alpha}||_p^2 + \frac{1}{4} ||g^{\alpha}||_p^2 = \frac{1}{2} ||g||_{p\alpha}^{2\alpha}.
$$

Since obviously $||h||_{p\alpha}^{2\alpha} \ge ||g||_{p\alpha}^{2\alpha}$, we get

$$
||h||_{p\alpha}^2(1-\frac{||h||_{2\alpha}^{2\alpha}}{||h||_{p\alpha}^{2\alpha}}) \geq 2^{-1}||g||_{p\alpha}^2
$$

and combining above with (2.12) gives us

$$
\|g\|_{p\alpha} \leqslant \alpha \sqrt{D'} p^{\frac{1}{2}} \|\nabla g|_{2}\|_{p}.
$$
\n(2.13)

Clearly [\(2.5\)](#page-2-1), [\(2.9\)](#page-3-2), and [\(2.13\)](#page-4-2) cover the case of $\alpha > 1$, which ends whole proof. \blacksquare Next step of the reasoning is to apply previous result to $g = |f - \mathbf{E}_{\mu} f|$ and combine it with Poincaré inequality. Let us gather everything together in form of

Corollary 2.1 *If measure* μ *satisfies* [\(2.1\)](#page-0-0), function f *is locally Lipschitz and* $p \geq$ 1, then for $0 < \alpha \leq 1$

$$
||f - \mathbf{E}_{\mu} f||_{p\alpha} \leq 2^{\frac{1}{\alpha}} \max \left\{ p^{\frac{1}{\alpha}} \left\| |\nabla |f - \mathbf{E}_{\mu} f|^{\alpha} \right\|_{\infty} \right\|_{\infty}^{\frac{1}{\alpha}},
$$

$$
\sqrt{D'} |||\nabla f|_{2}||_{2}, \alpha p^{\frac{1}{2}} \sqrt{D'} |||\nabla f|_{2}||_{p\alpha} \left\}.
$$

and in case of $\alpha > 1$

$$
|| f - \mathbf{E}_{\mu} f ||_{p\alpha} \leq \max \left\{ 2^{\frac{1}{\alpha}} p^{\frac{1}{\alpha}} |||\nabla| f - \mathbf{E}_{\mu} f|^{\alpha} \Big|_{\infty} \right\|_{\infty}^{\frac{1}{\alpha}},
$$

$$
2^{\frac{1}{\alpha}} \alpha \sqrt{D'} |||\nabla f|_2 \bigg|_{2\alpha}, \alpha p^{\frac{1}{2}} \sqrt{D'} |||\nabla f|_2 \bigg|_{p\alpha} \bigg\}.
$$

Proof If we fix $g = |f - \mathbf{E}_{\mu}f|$ then by the Poincaré inequality

$$
\|f - \mathbf{E}_{\mu}f\|_{2\alpha} \leqslant (\alpha \vee 1)\sqrt{D'} \|\nabla f|_2\|_{2(\alpha \vee 1)}.
$$

Note also that

$$
\left\| |\nabla g|_2 \right\|_{p\alpha} = \left\| |\nabla f|_2 \right\|_{p\alpha},
$$

then applying Theorem [2.1](#page-2-2) statement easily follows.

2.3 Bounds for Exponential Orlicz Norms

First, let us recall the notion of exponential Orlicz norms. For any $\alpha > 0$

$$
||f||_{\varphi(\alpha)} = \inf\{s > 0: \ \mathbf{E}_{\mu} \exp(|f|^{\alpha}/s^{\alpha}) \leq 2\}.
$$

Obviously, $|| f ||_{\varphi(\alpha)}$ is a norm in case of $\alpha \geq 1$ only, otherwise there is a problem with the triangle inequality. Moreover, we have $||f||_{\varphi(\alpha)} = |||f|^{\alpha}||_{\varphi(1)}^{\frac{1}{\alpha}}$. Nevertheless, in case of $0 < \alpha < 1$ one can use

$$
||f + g||_{\varphi(\alpha)} = |||f + g|^{\alpha}||_{\varphi(1)}^{\frac{1}{\alpha}}
$$

\n
$$
\leq |||f|^{\alpha} + |g|^{\alpha}||_{\varphi(1)}^{\frac{1}{\alpha}} \leq (|||f|^{\alpha}||_{\varphi(1)} + |||g|^{\alpha}||_{\varphi(1)})^{\frac{1}{\alpha}}
$$

\n
$$
= (||f||_{\varphi(\alpha)}^{\alpha} + ||g||_{\varphi(\alpha)}^{\alpha})^{\frac{1}{\alpha}} \leq 2^{\frac{1}{\alpha}-1} (||f||_{\varphi(\alpha)} + ||g||_{\varphi(\alpha)}).
$$

It is worth to know that $||f||_{\varphi(\alpha)}$ is always comparable with $\sup_{k\geq 1} \frac{||f||_{k\alpha}}{k^{1/\alpha}}$. More precisely, observe that for all $k \geq 1$ and a positive g

$$
\frac{\|g\|_{k\alpha}^{k\alpha}}{k!} \leqslant \|g\|_{\varphi(\alpha)}^{k\alpha}.
$$

Note that, just by the definition of $||g||_{\varphi(\alpha)}$, there exists $k \geq 1$ for which

$$
\frac{\|g\|_{k\alpha}^{k\alpha}}{k!} \geq 2^{-k} \|g\|_{\varphi(\alpha)}^{k\alpha}.
$$

Let us denote the set of such $k \geq 1$ by $J(g, \alpha)$ and note that for any $k \in J(g, \alpha)$

$$
(k!)^{-\frac{1}{k\alpha}} \|g\|_{k\alpha} \leq \|g\|_{\varphi(\alpha)} \leq 2^{\frac{1}{\alpha}} (k!)^{-\frac{1}{k\alpha}} \|g\|_{k\alpha}.
$$
 (2.14)

Next let $M \geq e$ be such a constant that $(k!)^{\frac{1}{k}} \geq k/M$ for all $k \geq 1$. We have following crucial observation namely for all $k \in J(g, \alpha)$

$$
\|g\|_{\varphi(\alpha)} \leqslant (2M)^{\frac{1}{\alpha}} \frac{\|g\|_{k\alpha}}{k^{\frac{1}{\alpha}}}.
$$
\n(2.15)

Therefore, we may use Theorem [2.1](#page-2-2) in order to obtain

Corollary 2.2 *If* μ *satisfies [\(2.1\)](#page-0-0) and* g *is non-negative locally Lipschitz function, then for any* $k \in J(g, \alpha)$ *in case of* $0 < \alpha \leq 1$

$$
\|g\|_{\varphi(\alpha)} \leqslant (4M)^{\frac{1}{\alpha}} \max\left\{ \left\| |\nabla g^{\alpha}|_{\infty} \right\|^{\frac{1}{\alpha}}_{\infty}, k^{-\frac{1}{\alpha}} \|g\|_{2\alpha}, \alpha k^{\frac{1}{2}-\frac{1}{\alpha}} \sqrt{D'} \right\| |\nabla g|_{2} \right\|_{k\alpha} \Big\}.
$$

and for $1 < \alpha \leqslant 2$

$$
\|g\|_{\varphi(\alpha)} \leqslant (4M)^{\frac{1}{\alpha}} \max\left\{\left\||\nabla g^{\alpha}|_{\infty}\right\|^{\frac{1}{\alpha}}_{\infty}, k^{-\frac{1}{\alpha}}\|g\|_{2\alpha}, 2^{-\frac{1}{\alpha}}\alpha k^{\frac{1}{2}-\frac{1}{\alpha}}\sqrt{D'}\right\| |\nabla g|_{2}\right\|_{k\alpha}\right\}.
$$

Note that set $J(g, \alpha)$ is stable with respect to $g \mapsto h$, where $h = \max\{g, c\}$ i.e. if c is comparable to $||g||_{\varphi(\alpha)}$ there exists $C \geq 1$ such that for $k \in J(g, \alpha)$

$$
\frac{\|h\|_{k\alpha}^{k\alpha}}{k!} \geqslant \frac{1}{C^k} \|h\|_{\varphi(\alpha)}^{k\alpha},
$$

which means that we cannot easily improve the result using the trick.

In the same way as we have established Corollary [2.1](#page-5-0) we can deduce the following result.

Corollary 2.3 *If* μ *satisfies [\(2.1\)](#page-0-0) and* g *is locally Lipschitz function, then for any* $k \in J(g, \alpha)$ *in case of* $0 < \alpha \leq 1$

$$
|| f - \mathbf{E}_{\mu} f ||_{\varphi(\alpha)} \leqslant (4M)^{\frac{1}{\alpha}} \max \left\{ \left\| |\nabla | f - \mathbf{E}_{\mu} f |^{\alpha} \right|_{\infty} \right\|_{\infty}^{\frac{1}{\alpha}},
$$

$$
k^{-\frac{1}{\alpha}} \sqrt{D'} \left\| |\nabla f|_2 \right\|_2, \alpha k^{\frac{1}{2} - \frac{1}{\alpha}} \sqrt{D'} \left\| |\nabla f|_2 \right\|_{k\alpha} \right\}.
$$

and for $\alpha > 1$

$$
|| f - \mathbf{E}_{\mu} f ||_{\varphi(\alpha)} \leqslant (4M)^{\frac{1}{\alpha}} \max \left\{ \left\| |\nabla| f - \mathbf{E}_{\mu} f|^{\alpha} \right|_{\infty} \right\|_{\infty}^{\frac{1}{\alpha}},
$$

$$
k^{-\frac{1}{\alpha}} \sqrt{D'} \left\| |\nabla f|_2 \right\|_2, 2^{-\frac{1}{\alpha}} \alpha k^{\frac{1}{2} - \frac{1}{\alpha}} \sqrt{D'} \left\| |\nabla f|_2 \right\|_{k\alpha}.
$$

A simple consequence of the above is

Corollary 2.4 *If* μ *satisfies* [\(2.1\)](#page-0-0) and $0 < \alpha \leq 2$, then for any locally Lipschitz *function* f

$$
\|f - \mathbf{E}_{\mu}f\|_{\varphi(\alpha)} \leqslant C(\alpha) \left(\left\| |\nabla|f - \mathbf{E}_{\mu}f|^\alpha \right|_{\infty} \right\|_{\infty}^{\frac{1}{\alpha}} + \sqrt{D'} \|\nabla f|_2 \right\|_{\varphi(\frac{2\alpha}{2-\alpha})}.
$$

The result shows that at least for globally Lipschitz function $|f|^\alpha$, $\alpha \leq 1$ the exponential moment $|| f - \mathbf{E}_{\mu} f ||_{\varphi(\alpha)}$ has to bounded, though it is still far from replacement of $|||\nabla|f - \mathbf{E}_{\mu} f|^{\alpha}|_{\infty} || \frac{1}{\infty}$ by the expected $|||\nabla f|_{\infty} ||_{\varphi(\frac{\alpha}{1-\alpha})}$.

Note that it is not possible to simply replace the constant $C(\alpha) \sim (4M)^{\frac{1}{\alpha}}$ in Corollary [2.4](#page-7-0) by 1 which would be a natural choice for the question. In the next section we will show another approach which allows to obtain such a result.

2.4 Another Approach

Theorem 2.2 *If* μ *satisfies* [\(2.1\)](#page-0-0) and $0 < \alpha \leq 2$, then for any locally Lipschitz *function* f

$$
\|f - \mathbf{E}_{\mu}f\|_{\varphi(\alpha)} \leqslant \| |\nabla|f - \mathbf{E}_{\mu}f|^{\alpha} \Big|_{\infty} \|\frac{1}{\alpha} + C(\alpha)\sqrt{D'}\| |\nabla f|_2\|_{\varphi(\frac{2\alpha}{2-\alpha})}
$$

where $C(\alpha) = \alpha \left(\frac{2}{\ln 2}\right)^{\frac{1}{\alpha}}$.

Proof Let g^{α} be a non-negative Lipschitz function, we may assume that

$$
\|\nabla g^{\alpha}|_{\infty}\|_{\infty} = \alpha \|\nabla g|_{\infty} g^{\alpha - 1}\|_{\infty} \leq 1.
$$

Then for any $t \leq 1$ and a function $h = \exp(g^{\alpha}t/2)$ we can apply [\(2.1\)](#page-0-0), indeed

$$
\left\|\frac{|\nabla h|_{\infty}}{h}\right\|_{\infty} = \frac{t}{2} \left\| |\nabla g^{\alpha}|_{\infty} \right\|_{\infty} \leqslant \frac{1}{2}
$$

In fact there are three possibilities we should acknowledge.

The first case we should consider is $\mathbf{E}_{\mu} \exp(g^{\alpha}) \leq 2$, but then

$$
\|g\|_{\varphi(\alpha)} \leqslant 1. \tag{2.16}
$$

Otherwise there must exist $t_* \leq 1$ such that $\mathbf{E} \exp(g^{\alpha} t_*) = 2$. Clearly $1/t_*^{\frac{1}{\alpha}} =$ $||g||_{\varphi(\alpha)}$. For simplicity let us denote $V(t) = \ln \mathbf{E} \exp(g^{\alpha}t), t \ge 0$. It is well known that V is convex, increasing and $V(0) = 0$. Now we use [\(2.1\)](#page-0-0), in order to get for all $t \in [0, 1]$

$$
\left(\frac{V(t)}{t}\right)' \leqslant \frac{D}{4} \mathbf{E}_{\mu} |\nabla g^{\alpha}|_2^2 \exp(g^{\alpha} t - V(t)). \tag{2.17}
$$

Note that $V(0)' = \mathbf{E}_{\mu} g^{\alpha}$. Moreover, for $0 \leq t \leq t_*$ we have $\frac{1}{2} \leq \exp(-V(t)) \leq 1$, so we can rewrite (2.17) in the following form

$$
\left(\frac{V(t)}{t}\right)' \leqslant \frac{D}{4} \mathbf{E}_{\mu} |\nabla g^{\alpha}|_2^2 e^{g^{\alpha}t}.
$$
\n(2.18)

Since *V* is convex $V(0) = 0$ we know that $V(t)/t$ is increasing and also $V'(0) =$ $\mathbf{E}_{\mu} g^{\alpha}$. Consequently, integrating [\(2.18\)](#page-8-1) on [0, t_*]

$$
\frac{V(t_*)}{t_*} - \mathbf{E}_{\mu} g^{\alpha} \leq \frac{D}{4} \sum_{k=0}^{\infty} \mathbf{E}_{\mu} |\nabla g^{\alpha}|_2^2 \frac{g^{k\alpha} t_*^{k+1}}{(k+1)!}.
$$

Note that $V(t_*) = \ln 2$, so

$$
\ln 2 \leqslant t_* \mathbf{E}_{\mu} g^{\alpha} + \frac{D}{4} \sum_{k=0}^{\infty} \frac{t_*^{k+2}}{(k+1)!} \mathbf{E}_{\mu} |\nabla g^{\alpha}|_2^2 g^{k\alpha}.
$$

The second case which should be considered is when t_* is very close to $\mathbf{E}_{\mu}g^{\alpha}$. If $t_* \mathbf{E}_{\mu} g^{\alpha} > \frac{1}{2} \ln 2$, then

$$
\|g\|_{\varphi(\alpha)} = \frac{1}{t_*^{\frac{1}{\alpha}}} \leqslant \left(\frac{2}{\ln 2}\right)^{\frac{1}{\alpha}} \|g\|_{\alpha}.
$$
 (2.19)

For the last part of the proof we assume that

$$
t_* \mathbf{E}_{\mu} g^{\alpha} \leqslant \frac{1}{2} \ln 2.
$$

Obviously, we have then

$$
\frac{\ln 2}{2} \leqslant \frac{D}{4} \sum_{k=0}^{\infty} \frac{t_*^{k+2}}{(k+1)!} \mathbf{E}_{\mu} |\nabla g^{\alpha}|_2^2 g^{k\alpha}.
$$

Using the Hölder inequality, we get

$$
\mathbf{E}_{\mu} |\nabla g^{\alpha}|^2_2 g^{k\alpha} = \alpha^2 \mathbf{E}_{\mu} |\nabla g|^2_2 g^{(k+2)\alpha - 2}
$$

\$\leq \alpha^2 |||\nabla g|_2||^2_{(k+2)\alpha} ||g||^{(k+2)\alpha - 2}_{(k+2)\alpha} = \frac{\alpha^2 |||\nabla g|_2||^2_{(k+2)\alpha}}{||g||^2_{(k+2)\alpha}} \mathbf{E}_{\mu} g^{(k+2)\alpha}.

Therefore,

$$
\frac{1}{2}\ln 2 \leqslant \frac{D\alpha^2}{4} \sum_{k=0}^{\infty} \frac{(k+2)\|\nabla g\|_{2}^2\|_{(k+2)\alpha}^2}{\|g\|_{(k+2)\alpha}^2} \frac{t_{*}^{k+2} \mathbf{E}_{\mu} g^{(k+2)\alpha}}{(k+2)!}.
$$
\n(2.20)

Now we split all the indices k into two classes.

$$
I = \{k \geq 0: \|g\|_{(k+2)\alpha} \leq \frac{(k+2)^{\frac{1}{\alpha}}}{M^{\frac{1}{\alpha}}t_*^{\frac{1}{\alpha}}}, \quad J = \{k \geq 0: \|g\|_{(k+2)\alpha} > \frac{(k+2)^{\frac{1}{\alpha}}}{M^{\frac{1}{\alpha}}t_*^{\frac{1}{\alpha}}}\},
$$

where the constant $M \geq 1$ will be chosen later. First, we bound summands over the set I , i.e.

$$
\sum_{k \in I} \frac{(k+2) \|\nabla g|_2\|_{(k+2)\alpha}^2}{\|g\|_{(k+2)\alpha}^2} \frac{t_*^{k+2} \mathbf{E}_{\mu} g^{(k+2)\alpha}}{(k+2)!}
$$
\n
$$
\leq \max_{k \geq 0} (k+2) \|\nabla g|_2\|_{(k+2)\alpha}^2 t_*^2 M^2 (k+2)^{-\frac{2}{\alpha}} \sum_{k \in I} \frac{(k+2)^{k+2}}{M^{k+2}(k+2)!} t_*^{\frac{2}{\alpha}} M^{\frac{2}{\alpha}}.
$$

Obviously it is easy to choose *M* close to 2*e* so that $\sum_{k \in I} \frac{(k+2)^{k+2}}{M^{k+2}(k+2)!} \le 1$. Thus, we may state our bound over I in the following form

$$
\sum_{k \in I} \frac{(k+2) \|\nabla g|_2\|_{(k+2)\alpha}^2}{\|g\|_{(k+2)\alpha}^2} \frac{t_*^{k+2} \mathbf{E}_{\mu} g^{(k+2)\alpha}}{(k+2)!} \leqslant K^2 t_*^{\frac{2}{\alpha}} M^{\frac{2}{\alpha}},\tag{2.21}
$$

where $K = \max_{k \geq 1} \frac{\frac{\|\nabla g\|_2\|_{ka}}{\sqrt{\frac{1}{\alpha}-\frac{1}{2}}}}$. On the set J we do as follows

$$
\sum_{k \in J} \frac{(k+2) \|\nabla g|_2\|_{(k+2)\alpha}^2}{\|g\|_{(k+2)\alpha}^2} \frac{t_*^{k+2} \mathbf{E}_{\mu} g^{(k+2)\alpha}}{(k+2)!}
$$
\n
$$
\leq t_*^{\frac{2}{\alpha}} M^{\frac{2}{\alpha}} \max_{k \geq 0} \frac{(k+2) \|\nabla g|_2\|_{(k+2)\alpha}^2}{(k+2)^{\frac{2}{\alpha}}} \sum_{k \in J} \frac{t_*^{k+2} \mathbf{E}_{\mu} g^{(k+2)\alpha}}{(k+2)!}.
$$

But now

$$
\sum_{k\in J}\frac{t_*^{k+2}\mathbf{E}_{\mu}g^{(k+2)\alpha}}{(k+2)!} \leq \sum_{k\geq 0}\frac{t_*^{k+2}\mathbf{E}_{\mu}g^{(k+2)\alpha}}{(k+2)!} \leq e^{V(t_*)}-1=1.
$$

Thus, our bound on J is

$$
\sum_{k \in J} \frac{(k+2) \|\nabla g|_2\|_{(k+2)\alpha}^2}{\|g\|_{(k+2)\alpha}^2} \frac{t_*^{k+2} \mathbf{E}_{\mu} g^{(k+2)\alpha}}{(k+2)!} \leqslant M^{\frac{2}{\alpha}} K^2 t_*^{\frac{2}{\alpha}}.
$$
 (2.22)

Combining bounds (2.21) , (2.22) , and (2.20) we get

$$
\frac{2\ln 2}{D\alpha^2} \leqslant M^{\frac{2}{\alpha}} K^2 t_*^{\frac{2}{\alpha}}
$$

but this implies

$$
\frac{1}{t^*} \leqslant (D')^{\frac{\alpha}{2}} \alpha^{\alpha} K^{\alpha}.
$$

Note that K is comparable with $\|\nabla g\|_2\|_{\varphi(\frac{2\alpha}{2-\alpha})}$. It leads to the formula

$$
\|g\|_{\varphi(\alpha)} = \frac{1}{t_*^{\frac{1}{\alpha}}} \leq \alpha \sqrt{D'} \|\nabla g\|_2 \|\varphi(\frac{2\alpha}{2-\alpha})}.
$$
\n(2.23)

Bound (2.16) , (2.19) , and (2.23) implies that for any positive g

$$
\|g\|_{\varphi(\alpha)} \leqslant \max\left\{ \left\| |\nabla g^{\alpha}|_{\infty}^{\frac{1}{\alpha}} \right\|_{\infty}, \left(\frac{2}{\ln 2} \right)^{\frac{1}{\alpha}} \|g\|_{\alpha}, \alpha \sqrt{D'} \|\nabla g|_{2} \|_{\varphi(\frac{2\alpha}{2-\alpha})} \right\}.
$$
 (2.24)

If we now fix $g = |f - \mathbf{E}_{\mu}f|$ then by the Poincaré inequality

$$
||f - \mathbf{E}_{\mu} f||_{\alpha} \leqslant \sqrt{D'} |||\nabla f|_2||_2.
$$

Note also that

$$
\||\nabla g|_2\|_{\varphi(\frac{2\alpha}{2-\alpha})}=\||\nabla f|_2\|_{\varphi(\frac{2\alpha}{2-\alpha})}.
$$

Thus, by [\(2.24\)](#page-10-2) we obtain

$$
\|f - \mathbf{E}_{\mu}f\|_{\varphi(\alpha)} \leqslant \max\left\{\left\||\nabla|f - \mathbf{E}_{\mu}f|^{\alpha}\right|_{\infty}\right\|_{\infty}^{\frac{1}{\alpha}}, \left(\frac{2}{\ln 2}\right)^{\frac{1}{\alpha}}\|f - \mathbf{E}_{\mu}f\|_{\alpha}, \alpha\sqrt{D'}\||\nabla f|_{2}\|_{\varphi(\frac{2\alpha}{2-\alpha})}\right\}.
$$

It ends the proof.

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