



GY MEDIC: Analysis and Rehabilitation System for Patients with Facial Paralysis

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Abstract. The diagnosis and treatment of facial paralysis is timely in the first seventy-two hours to avoid implications on the return of motor functions of facial muscles. The proposed solution is a software made up of two modules for the analysis and rehabilitation of facial paralysis: (i) *The analysis module* detects and quantifies the level of asymmetry in the face, this is achieved with the inclusion of techniques for calculating the divergence between the vital points of the face located in the eyes, nose and mouth, measurements optimized with the gamma correction method; (ii) *The rehabilitation module* stimulates the facial nerves with physical exercises and monitors the patient's progress during therapy, for this purpose, a 3D virtual environment was developed that tracks the patient's facial gestures and, through these, directs a series of activities supported in the physical rehabilitation processes.

Keywords: Facial paralysis · Diagnosis · Treatment · Kinect and virtual environment

1 Introduction

Facial paralysis is a condition characterized by degeneration of the motor and sensory function of the facial nerve [1]. This condition may be caused by causes such as facial nerve infections, head trauma, metabolic disorders [2, 3]. It is a mildly prevalent disorder in children under 10 years of age, the elderly; and high in pregnant women, diabetics and people with a previous history of the disease, 67% of patients exhibit excessive tearing of the eyes, 52% have postauricular pain, 34% have taste disorders and 14% may develop phonophobia [4].

The brief treatment of facial pathology is essential to prevent the clinical picture of the patient decline, the patient's recovery varies from 15 to 45 days or can even extend to 4 years, depending on the level of affection of the patient. Facial paralysis has a great impact on the quality of life of the sufferer, afflicts the capacity for facial-emotional expression, interferes with activities such as eating, ingesting liquids and speaking [2], loss of movement in the eyelid, dysfunctional tearing, nasal dysfunction and obstruction [5].

Among the methods for clinical evaluation of facial function are: (i) *The House-Brackmann scale*, which establishes 6 degrees of facial phase shift: Grade I: Normal functioning, Grade II: Mild dysfunction, Grade III: Moderate dysfunction,

Grade IV: Moderately severe dysfunction, Grade V: Severe dysfunction and Grade VI: Total paralysis [6, 7], while (ii) *The Burres-Fisch system* provides a linear measurement index on a continuous graduated scale. All methods quantify the distances between reference points, both at rest and during voluntary movement [5, 8]; (iii) *The scoring method* is performed according to the movement of the points extracted as reference from the affected side and relates them to the healthy side.

In recent years, the widespread use of cameras equipped with stereo vision (Kinect) has increased security in facial recognition systems, using stereo images in clinical applications with great success, aimed at functions for rehabilitation of the patient. This research proposes a facial recognition system that uses passive stereoscopic vision to capture facial information. So far, face recognition techniques assume the use of active measurement to capture facial features [9]. The main problem in research carried out when using stereo vision for facial detection is its low accuracy, and therefore a treatment of the images extracted from the sensor is carried out applying the methods studied for their correction. Several investigations have been conducted on the use of Kinect for virtual rehabilitation in recent years. (i) *The pecado and Lee* operate the Kinect device for rehabilitation in clinics where they demonstrate significant improvements in the motor function of stroke patients [10, 11]. (ii) *Chang et al.* employs Kinect-based rehabilitation for people with motor disabilities, where extracted results show greater motivation of patients towards treatment and correction of their movement [12]. (iii) *Gonzalez-Ortega et al.* developed a Kinect-based 3D computer vision system for evaluation and cognitive rehabilitation, which has been successfully tested as a percentage of surveillance [13, 14].

A virtual environment supports two important concepts: (i) *Interaction*, the user is directly involved with the virtual environment in real time, (ii) *Immersion*, through hardware devices the patient has the feeling of being physically in the virtual environment, while for a virtual rehabilitation are repetition, feedback and patient motivation [7]. Therefore, a virtual environment was used that simulates a recreation context directed directly at the patient and his rehabilitation.

It is imperative for facial nerve recovery that the patient follow a traditional exercise guide to overcome these limitations and regain sufficient control of their movements. However, physical rehabilitation is a complex, long-term process with repetitive instructions that can diminish the patient's motivation and interest in moving forward with their treatment [15].

The proposed virtual rehabilitation system can be used for rehabilitation under medical supervision or at home. The advantages include the recreation of different treatment exercises in a virtual way, the configuration of the characteristics of the rehabilitation exercise according to the obtaining of patient data, providing a more familiar, comfortable and attractive environment, with tasks based on games. With all these advantages, virtual clinical rehabilitation increases patient motivation, interest and adherence to treatment.

eHealth (medical informatics) involves the insertion of technology into medicine, aims at preventive diagnosis and, above all, maintains a certain prominence when making medical decisions. mHealth covers the use of information technologies in a safe and effective way, with the support of mobile devices in tasks such as: the evaluation and monitoring of the patient's condition, surveillance and control of health risks [16].

In this research work, we present a medical diagnosis and rehabilitation system directly dedicated to patients affected with facial paralysis using the Microsoft Kinect sensor, a device that allows the transmission of facial information to the virtual environment through the use of gestures and face mapping; the information extracted goes through an image correction to reduce error percentages. The first analysis quantifies the degree of paralysis of the patient shown in the interface dynamically. The second analysis presents a criterion for patient recovery, a proposal in the form of a virtual game.

2 System Structure

The system developed in Unity3D aims to operate autonomously and as a support to medical specialists in the diagnosis of facial paralysis, with the compilation of the patient's facial characteristics and the calculation of the symmetry index in the areas of the eyebrows, eyes and mouth. In addition, it contains an alternative module for the rehabilitation of the disease, based on the gestures that the patient can perform during his clinical picture. Figure 1 presents the general scheme of operation of the medical system segmented into three parts: (i) *The inputs*, which manage the acquisition of facial data; it is proposed to use the Kinect device for the detection of the patient's facial coordinates used in the diagnosis and recognition of gestures used in rehabilitation, (ii) *The Unity interfaces*, contain the virtual environments of the medical system, operated by several scripts that manage the facial data, the calculation of the symmetry index and the control of the game, (iii) *The outputs*, displayed by screen; they expose the results in real time of the percentage of affection of the pathology and the score obtained in the virtual rehabilitation process.

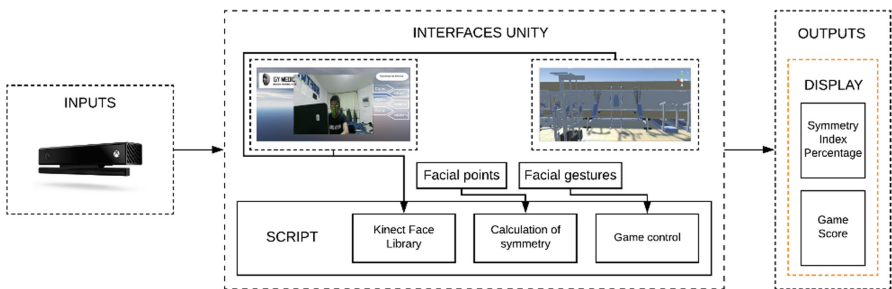


Fig. 1. Operation schema.

GY MEDIC system consists of the modules (i) *The analysis module*, described in Fig. 2 and (ii) *The rehabilitation module*, described in Fig. 3.

The module one subdivided in three sublayers (a) *Facial characteristics*, it processes the Kinect detection to capture the data, besides it maps the face in a model of visible points in screen for the final users, (b) *Error*, this section is in charge of filtering the facial coordinates used to estimate the damage of the disease, the software collects data only

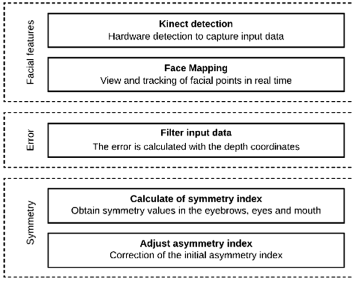


Fig. 2. Analysis module.

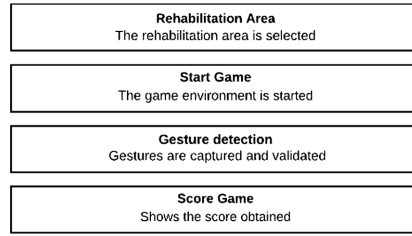


Fig. 3. Rehabilitation module.

when the user is in frontal position with respect to the Kinect with a margin of error less than 2%, (c) *Symmetry*, responsible for quantifying the degree of facial paralysis, applies correction methods to deliver accurate results of the analysis carried out.

Module two comprises the following structure: (a) *Rehabilitation area*, in sequence to the diagnostic process and immersed in the rehabilitation environment the user is assigned an exercise routine, this depends on the area affected by facial paralysis, (b) *Start Game*, the module begins with the registration of the patient in the Firebase Realtime Database of GY MEDIC housed in the cloud; This record is responsible for keeping a clinical picture of the progress of the user’s treatment; below are presented series of physiotherapeutic exercises controlled by a time counter and distributed in series of times of 30, 60 and 90 s depends on the degree found in the user all this focused on three areas: eyebrows, eyes and mouth, (c) *Gesture detection*, the presence of the Kinect hardware is evident, the gestures detected in the patient are recognized and validated, (d) *Score Game*, in charge of weighing the results achieved by the patient, the score increases or decreases according to the rehabilitation process.

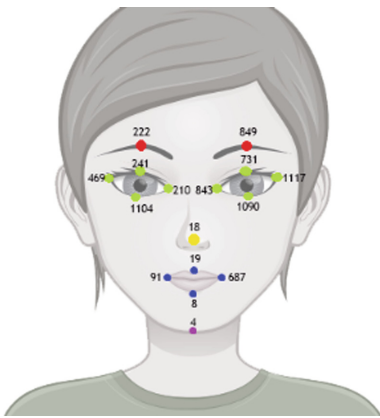
3 Facial Features Detection

Facial recognition with 2D cameras involves a series of problems related to gestures, occlusion between extremities and lighting changes. The developed system uses 3D facial recognition, the methods applied to the software algorithm use images of color, depth and space, which allow a high performance against the use of accessories and involuntary facial expressions, absence of light and noise tolerance. The software developed with this technology has a great impact on people with physical disabilities as well as on the diagnosis and rehabilitation of pathologies; their cost, performance and robustness make them very effective in medical support [13, 17]. The software solution incorporates an RGB panel provided by the *ColorFrameReader* attribute for the visualization of the patient’s face; a 3D model superimposed on the real image is generated from the 2D reference points mentioned [9].

The tracking of the face in real time, the obtaining of coordinates and the decrease of errors when acquiring data implies the use of the following attributes: (a) *CameraSpacePoint*, represents a 3D point in the space of the camera (in meters);

(b) *DepthSpacePoint*, represents pixel coordinates of an image of depth inside [18–20]. The tracking of the face is a process that allows the visualization and tracking of the facial points superimposed on the image of the patient, offering a better interaction with the system in terms of movement, detection of features and diagnosis by a medical professional.

For the initial quantification of the pathology, sixteen reference points located in specific areas of the face detailed in Fig. 4 were captured, points extracted using the *Microsoft.Kinect.Face* library referring to the *HighDetailFacePoints* attribute that provides up to 1300 facial points [3].



Coordinate	Detail
222	Middle of Eyebrows
849	Middle of Eyebrows
241	Eye Top
469	Eye Outer Corner
210	Eye Inner Corner
1104	Eye Bottom
731	Eye Top
843	Eye Inner Corner
1117	Eye Outer Corner
1090	Eye Bottom
18	Tip of the Nose
19	Mouth Top
91	Mouth Corner
687	Mouth Corner
8	Mouth Bottom
4	Chin Center

Fig. 4. Referential face points.

The process of estimating the symmetry index (IS) includes calculating the distances between the reference points of the face (see Table 1) and their differences expressed in percentages; these variations decrease or increase according to the patient’s level of affection [3].

Table 1. IS distances.

Name	Distance	Difference
Right eyebrow - Nose	$d_1 = d_{222_18}$	$\frac{d_1}{d_2}$
Eyebrow left - Nose	$d_2 = d_{849_18}$	
Vertical right eye	$d_1 = d_{241_1104}$	
Vertical left eye	$d_2 = d_{731_1090}$	
Left lip - Nose	$d_1 = d_{91_18}$	
Right lip - Nose	$d_2 = d_{687_18}$	

(i) Gamma correction method

The gamma correction method consists of a non-linear mathematical operation that specifies the relationship between a pixel and its luminance; it is applied to images of modern visualization systems to improve contrast [21]. The proposed system adopts this method to reduce the error of quantification and magnify the measurements in the event that the patient presents the disease [3].

$$V_{output} = KV_{input}^{\gamma} \quad (1)$$

The gamma function with V_{output} represents the corrected output value, K represents the constant, V_{input} represents the value to be corrected, $\gamma = \text{constant gamma}$. The readjustment of the symmetry indices is carried out with the aim of specifying the results obtained and the correction is focused on the areas: (a) *Eyes*: as they have an elliptical shape, the areas can be calculated with the measurements of the major axis A and the least axis B by applying (2). (b) *Mouth*, patients with absence of pathology their vectors u (Nose - Chin) and v (left - right points of the lips) are perpendicular, this measure varies according to the condition (3) [3].

$$A_{ellipse} = AB\pi \quad (2)$$

$$\theta = \frac{u \cdot v}{|u||v|} \quad (3)$$

These modifications suppose a correction to the initial values and give precision to the system, being more sensitive to changes in the detected facial coordinates.

4 Virtual Environment

The presence of support systems in clinical decision making is insufficient in medical centers and rehabilitation programs, a system of this type considers some issues: cost, size, operation and automation. Rehabilitation software reduces the cost of personal therapy, increases patient motivation, and evaluates patient progress with satisfactory results [13].

One of the problems faced in the development of the application is the GUI, due to the patient-computer interaction. In particular, the concept of usability of software development maintains that the essential factor to be considered is the ease of use, parallel to the actions performed by the user that are described as in Fig. 5, this affects the precision requirements of the system in the mechanism of processing functions [22, 23].

The SketchUp software has the ability to design any 3D environment or virtual object and even allows assigning properties such as textures, colors and animations that can be used in Unity. The process for the development of the virtual environment in Unity, is guided by the steps: (i) *Import*, in Unity are used the models 3D * .fbx, generated in SketchUp or other modeling software, (ii) *Properties*, you have the option to scale, modify their textures and add new features of Unity, (iii) *Control*, the structure

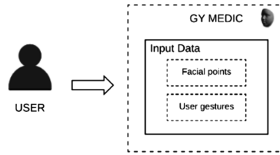


Fig. 5. Input data.

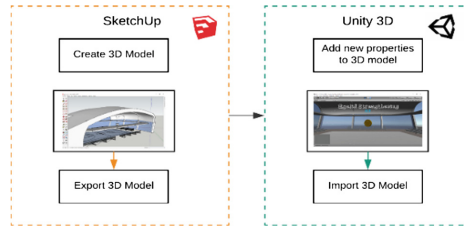


Fig. 6. Exporting a 3D model to unity.

of the system depends on the configuration and programming of the entries, the process of exporting a model to Unity is described in Fig. 6 [24, 25].

5 Experimental Results

5.1 Module I: Analysis

The following results allow to observe the performance that the user shows when using “GY MEDIC”. The analysis module uses the coordinates of the facial points provided by the Kinect device, these coordinates are used in the calculation of the symmetry of the face. The main interface displays a window that allows to visualize the face of the user during his examination, superimposed we have sixteen points of green color that carry out the tracking of the face in coordination with the real image of the user, finally there are three text boxes with their respective indicators that correspond to the percentage of asymmetry of the analyzed zones, described in Fig. 7.

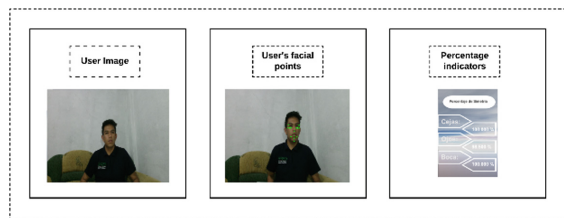


Fig. 7. Analysis and execution module.

The process of analysis for the detection of facial paralysis begins with the preparation of the scenario that involves the use of Kinect V2, a computer and the Kinect V2 adapter for computer. In sequence the patient’s location with respect to the Kinect suggested in 1.4 m and the height of the Kinect with respect to the floor with a minimum of 0.6 and a maximum of 1.8 m. The system is switched on, which validates the presence of the sensor and initiates the tracking of the face. Finally, the analysis is carried out under medical assistance and the results of the examination are displayed on the screen in real time as described in Fig. 8.

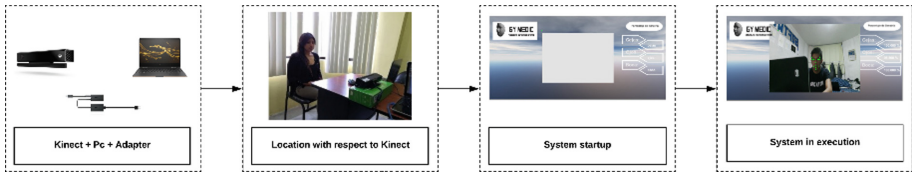


Fig. 8. Analysis process.

In order to obtain experimental data in the analysis phase, samples from several participants have been used, the percentages are expected to vary according to the positioning with respect to the sensor, according to their facial characteristics and if they suffer any indication of facial paralysis. “GY MEDIC” uses a function to validate the input data; when the user is out of the recommended position the values are completely discarded to avoid erroneous results, this validation considers an error less than 2%. The values shown in Table 2 have been classified on the House-Brackmann scale which considers 6 degrees of dysfunction. In addition, the results showed some susceptibility of the system to changes in user gestures mainly by blinking.

Table 2. Results of the House-Brackmann gradation scale initial samples.

Samples	Percentage			House-Brackmann
	Eyebrows	Eyes	Mouth	
Sample 1	99,76	98,5	98,12	Degree I
Sample 2	99,72	57,31	97,2	Degree I
Sample 3	99,32	62,34	98,32	Degree I
Sample 4	99,21	94,4	97,98	Degree I
Sample 5	99,82	57,56	98,45	Degree I
Sample 6	99,86	97,47	99,2	Degree I
Sample 7	99,46	47,82	98,23	Degree II
Sample 8	98,91	63,47	97,87	Degree I
Sample 9	98,86	72,5	97,98	Degree I
Sample 10	99,39	57,68	98,21	Degree I
Sample 11	99,1	97,21	98,34	Degree I
Sample 12	98,7	45,56	99,11	Degree II
Average	99,34	70,99	98,25	Degree I
Standard deviation	0,40	20,35	0,53	

5.2 Module II: Rehabilitation

The rehabilitation module implements a total of twelve physiotherapeutic exercises, divided into three levels; that is, four games for each area: eyebrows, eyes and mouth. The game starts with the (i) *Initial Interface*, the data of the users are stored in the Firebase database of real time in the cloud; necessary record for the follow-up of the clinical picture of the patient (Figs. 9 and 10); (ii) *Main Menu*, through a menu of options of the three facial areas the user chooses with which option he wants to start the game, described in Fig. 11; (iii) *Indications Interface*, interface where the user in a period of three seconds receives indications of the exercise to be performed; it should be noted that the levels are being assigned according to their degree of affection (Fig. 12); (iv) *Game Interface*, dynamic interface contained of animations, sound effects where the user in a lapse of thirty seconds must collect thirty stars one for each second. The upper part of the game shows information about the muscular area that is being rehabilitated (Fig. 13). It should be pointed out that the user will only be able to go to the next level if the proposed exercise is carried out correctly in such a way that in all the interfaces of the virtual environment it contains a camera that shows in real time the tracking of the Kinect sensor.

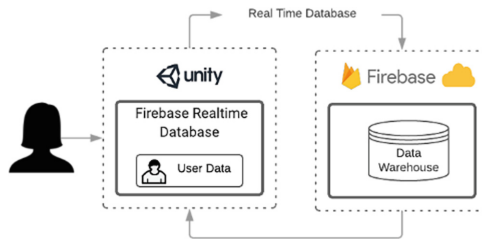


Fig. 9. Data warehouse schema.

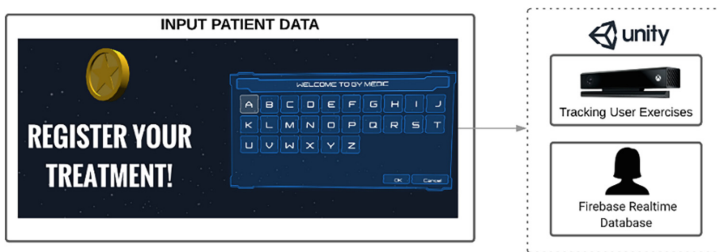


Fig. 10. Initial interface.

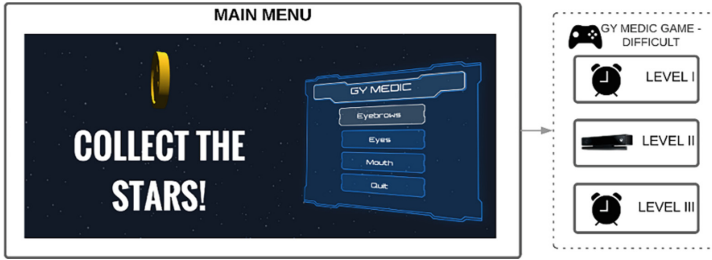


Fig. 11. Main menu interface.

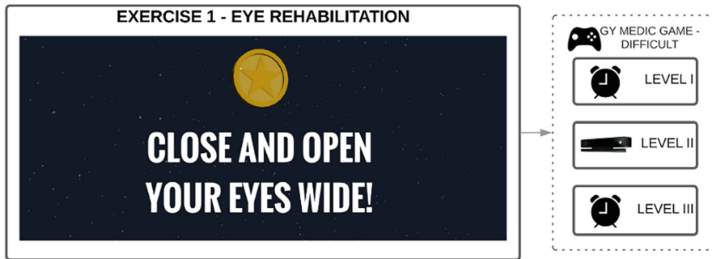


Fig. 12. Indications interface.

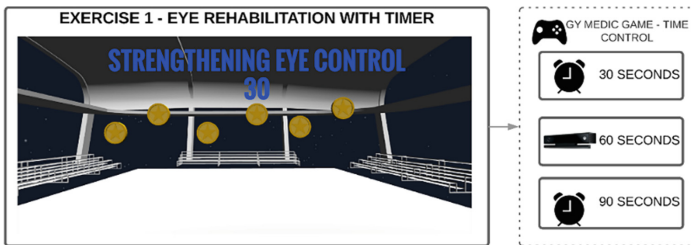


Fig. 13. Game interface.

The module of rehabilitation of patients with facial paralysis through interaction with a semi immersive virtual environment is put to validation with a group of users (FP) with facial paralysis Grade I and Grade II; and physicians (FM) specialists in the areas of Physiotherapy, Traumatology and Homeopathy. To determine the simplicity of the operation, a usability test is elaborated under several criteria of: learning, efficiency, user experience among others; through a bank of questions in Table 3, in a validation factor on ten points representing as a positive answer on the contrary a validation factor of zero as negative.

Table 3. Bank of questions under usability criteria.

FP1. It's a technological solution that reduces costs, time and space
FP2. "GY MEDIC" facilitates semi-immersive interaction with hardware and software
FP3. The management of virtual environments is no longer a myth, its use is relatively easy
FP4. The execution of the interface is simple and intuitive
FP5. The visual design, typographies, colors, animations are imperceptible
FP6. The system can be implemented in the work area of all specialists for pathology purposes
FP7. The hardware devices do not cause any discomfort, on the contrary, it generates in me the desire to surpass more levels in the game
FM1. Physiotherapist assures that the patients are enthusiastic while performing their rehabilitation, you can see that the patient's experience is positive
FM2. As a specialist in the area of Traumatology, "GY MEDIC" facilitates a precise clinical analysis in comparison to traditional techniques that are usually diagnosed
FM3. As a Homeopath the implementation of improvement levels seen in each game makes the patient's rehabilitation progress more rapid

6 Conclusion

This research presents a medical system for the analysis and rehabilitation of facial paralysis developed in Unity 3D, which can be used autonomously by the user or as a software that assists a medical specialist. The analysis module processes face depth coordinates in real time that optimizes the results when faced with problems such as involuntary movement of the patient and lack of light; the final quantification yields a percentage in the eyebrows, eyes and mouth area, with the highest values determining the presence of the pathology. The rehabilitation module presents a minimalist design according to the concepts of software usability, with an entertaining environment, intuitive and easy to use, which preserves the patient's attention for the treatment, the virtual rehabilitation exercises suggested by the system are based on current techniques used by physiotherapists, designed for each affected area, the final result of the game is an increase according to the recovery of the movement of the facial nerve of the patient.

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