# **Chapter 12 Regulatory Considerations for Cancer Drug Products Containing Nanomaterials**



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# 12.1 Introduction

The inclusion of nanomaterials in drug products has increased in recent years, and the United States (US) Food and Drug Administration (FDA or the Agency)<sup>1</sup> has received several hundred applications from companies seeking to move these products to market [1]. These products and applications are often complex, and the ways this technology is used are myriad [1]. Among all of these nanotechnology-related submissions, the most commonly stated indication is for treatment of cancer. As described in previous chapters, nanomaterials may improve cancer treatments due to enhanced drug dissolution, drug distribution, and targeted delivery mechanisms (passive/active), which can significantly improve drug accumulation at the cancer site while reducing adverse effects [2–4]. Reflecting both the promise of these materials and the high-risk tolerance for novel treatments among clinicians and cancer patients [5, 6], FDA saw an 8% increase in submissions for cancer therapeutics containing nanomaterials between 2011 and 2016 [7].

<sup>&</sup>lt;sup>1</sup>The US Food and Drug Administration is a government agency responsible for (1) protecting the public health by assuring the safety, effectiveness, quality, and security of human and veterinary drugs, vaccines, and other biological products and medical devices; (2) ensuring safety and security of most of our nation's food supply, all cosmetics, dietary supplements, and products that give off radiation; (3) regulating tobacco products; and (4) advancing the public health by supporting innovations that facilitate more effective, safer, and affordable medicines [1]. In the USA, all companies wishing to sell or market a new pharmaceutical must first submit an application for review to the FDA.

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Applications for new pharmaceuticals in the USA are reviewed by the FDA's Center for Drug Evaluation and Research (FDA/CDER), which evaluates the safety and efficacy of both drug substances<sup>2</sup> and drug products.<sup>3</sup> The degree of innovation and variety in the drug products containing nanomaterials is broad, and FDA has developed conceptual and analytical frameworks to capture consistently the risks introduced by new therapeutic approaches. When reviewing drug product applications, the Agency considers the entire product, from the data demonstrating clinical efficacy to the chemistry, production, storage, and delivery method(s). These last four areas are collectively evaluated as the quality attributes of a drug, and FDA determined that these have particular importance for drug products containing nanomaterials. The relevant quality attributes are discussed in detail in this chapter following a brief overview of the mechanisms of action of nanomaterials within products designed to treat cancer and a description of the regulatory structure in which applications for cancer therapeutics are reviewed.

# 12.1.1 Nanomaterials in Anticancer Drug Substances and Products

The Centers for Disease Control and Prevention notes that cancer is at present the second most common cause of death in the USA [8], and as a class of diseases, it is a focus of government-funded research initiatives [9]. The progression of the disease and its potential for causing loss of life make it a good target for the development of innovative drug substances (and drug products) [5, 6]. However, many anticancer drug substances suffer from poor water solubility and toxicity issues [10], which reduce the overall efficacy and safety of the compounds.

Using nanomaterials within the drug product is one potential method for resolving these issues because a material's physicochemical properties can change with particle size. For example, by reducing the particle size of a drug substance to the nanoscale, the effective surface area can be increased severalfold to modify surfacerelated characteristics such as apparent rate of dissolution [11, 12]. Alternatively, the properties of nanoscale drug carriers can be "borrowed" to improve the bioavailability of a less-soluble or less-tolerated drug substance by facilitating longer circulation in vivo and targeted delivery (passive/active) [3, 13]. Thus, nanomaterials are used by drug developers to significantly improve drug accumulation at the cancer site while reducing adverse effects seen in the use of conventional formulations [2, 4, 14].

<sup>&</sup>lt;sup>2</sup>"an active ingredient that is intended to furnish pharmacological activity or other direct effect in the diagnosis, cure, mitigation, treatment, or prevention of disease or to affect the structure or any function of the human body, but does not include intermediates use in the synthesis of such ingredient" 21 CFR 314.3.

<sup>&</sup>lt;sup>3</sup>"a finished dosage form, for example, tablet, capsule, or solution, that contains a drug substance, generally, but not necessarily, in association with one or more other ingredients" 21 CFR 314.3.

#### 12.1.1.1 Nanotechnology-Based Platform Technologies

Several nanotechnology-based platform technologies such as liposomes, nanoparticles, micelles, and drug conjugates have been developed to take advantage of the properties of nanomaterials to deliver drug substances to cancerous tissue. They have been applied to support the reformulation of approved cancer drugs as well as to deliver new medicines (Tables 12.1 and 12.3) in order to reduce the size of tumors or related cancer events without damaging healthy tissues. These materials take a number of forms and may be lipidic, metallic, polymeric, or proteinic in nature. They can be used to facilitate drug solubilization and enzymatic stability and/or enhance cellular uptake via either complexation or covalent conjugation with the drug.

In many cases, these materials are tailored to target the tissues passively (e.g., DaunoXome®, Taxotere®, Marqibo®, Genexol, Doxil® [see Box 12.1]) or actively (e.g., Tf-LPN-G3139, MCC-465) by taking advantage of the particular characteristics of a tumor's microenvironment (i.e., the enhanced permeability and retention effect) or the surface binding features of cancerous cells [13, 15–25].

#### Box 12.1 Doxil®: Passive Targeting of Tumors with Liposomes

Adriamycin®, a doxorubicin hydrochloride injection, was approved in 1993 for treatment of various types of cancer. Even though it was an effective anticancer therapy, Adriamycin® caused severe cardiotoxicity, among other side effects. To overcome this issue, a PEGylated liposomal formulation of doxorubicin hydrochloride (Doxil®) was developed by Janssen Pharmaceuticals (FDA approved in 1995). Doxil® was designed to be able to passively target to tumor regions, thereby minimizing cardiotoxicity effect [26].

Emerging approaches for nanotechnology-based cancer treatment include the use of two anticancer drugs incorporated into a single product (e.g., ALN-VSP, CPX-351, and CPX-1) and the use of a two-stage system requiring the use of external stimuli to activate the product. The second category of drugs, using so-called "*SMART*" delivery systems, are designed to become active upon exposure to heat, ultrasound, radio-frequency, or some other energy-based trigger. The product may then change state (e.g., Thermodox®<sup>4</sup>) or enable the particle to directly affect the cell by, for example, locally increasing the temperature within a cell to modify permeability or to cause direct damage to the cell (e.g., Auroshell, NanoTherm<sup>TM</sup>) [13, 27–29].<sup>5</sup>

<sup>&</sup>lt;sup>4</sup>Thermodox® is a thermally sensitive liposomal doxorubicin formulation developed by Celsion Corporation (http://celsion.com/thermodox/). When targeted to the tumor site and exposed to temperature of 40 °C–45 °C (via radiofrequency thermal ablation, high-intensity focused ultrasound, etc.), the heat-sensitive liposomes release the encapsulated doxorubicin into and around the targeted tumor.

<sup>&</sup>lt;sup>5</sup>Many of these products are considered "combination products" and would be handled by the FDA Office of Combination Products, http://www.fda.gov/AboutFDA/CentersOfficeofMedical ProductsandTobacco/OfficeofScienceandHealthCoordination/ucm2018184.htm.

		6				
		Active	Nanotechnology			Approval
Drug product	Description	ingredient	platform <sup>b</sup>	Type of cancer	Route	year
Oncaspar®	Pegaspargase injection: PEGylated L-asparaginase	L-asparaginase	Polymer-drug conjugate	Acute lymphoblastic leukemia	IV, IM	1994
Doxil®	PEGylated doxorubicin HCl liposomes for injection	Doxorubicin HCl	Liposome	Ovarian cancer, AIDS-related Kaposi's sarcoma, multiple myeloma	IV	1995 <sup>c</sup>
DaunoXome®	Daunorubicin citrate liposomes for injection	Daunorubicin citrate	Liposome	Advanced HIV-related Kaposi's sarcoma (relapse)	IV	1996
Taxotere®	Docetaxel for injection	Docetaxel	Micelle	Breast, prostrate, gastric adenocarcinoma, head and neck cancer, non-small cell lung cancer	IV	1996 <sup>d</sup>
Eligard®	Polymeric matrix formulation of leuprolide acetate, sustained release	Leuprolide acetate	Nanoparticle	Palliative treatment of advanced prostate cancer	SC	2004
Abraxane®	Paclitaxel protein-bound particles for injectable suspension, albumin-bound	Paclitaxel	Nanoparticle	Pancreatic, lung and breast cancer	IV	2005
Marqibo®	Vincristine sulfate liposomes for injection	Vincristine sulfate	Liposome	Philadelphia (Ph) chromosome negative (-) acute lymphoblastic leukemia	IV	2012
Onivyde®	Irinotecan HCl liposomes for injection	Irinotecan HCl	Liposome	Advanced pancreatic cancer	IV	2015
<sup>a</sup> The list exclude	s antibody drug conjugates and produ	ucts with particle s	ize greater than 1000 1	mt		

**Table 12.1** Examples of cancer therapeutics using nanotechnology in the US market<sup>a</sup>

<sup>b</sup>The nanomaterial structure terminologies do not represent CDER labeling or naming conventions and are used only to describe/interpret the type of structure IV intravenous, IM intramuscular, SC subcutaneous, PEGylated contains polyethylene glycol, HCI hydrochloride

of the nanomaterial in identified drug products for the purpose of this chapter

<sup>c</sup>First ANDA approved in 2013 <sup>d</sup>First ANDA approved in 2014

# 12.2 Regulatory Guidance for Drug Products Containing Nanomaterials

The drug application review process at the FDA is the same irrespective of whether the product involves the use of nanotechnology, and the Agency has not adopted a regulatory definition of nanotechnology [30]. However, to help industry identify the use of nanotechnology in their products, the Agency has issued a final guidance document on whether FDA-regulated products involve the use of nanotechnology [31]. Guidance documents are a mechanism by which the Agency communicates to industry and to the public, and they represent FDA's current thinking on a topic. They do not create or confer any rights for or on any person and do not operate to bind FDA or the public [32]. Per the nanotechnology guidance [31], FDA and sponsors may evaluate submitted applications for a drug product to determine:

- 1. Whether a material or end product is engineered to have at least one external dimension, or an internal or surface structure, in the nanoscale range (approximately 1 nm to 100 nm).
- 2. Whether a material or end product is engineered to exhibit properties or phenomena, including physical or chemical properties or biological effects that are attributable to its dimension(s), even if these dimensions fall outside the nanoscale range, up to one micrometer (1000 nm).

In addition to the overarching nanotechnology guidance, there are several drug product-specific guidances (e.g., product-specific bioequivalence<sup>6</sup> guidances) and guidances for classes of products (e.g., liposome guidance) (Table 12.2). For

Status	Date
Final	June 2014
Final	April 2018
	·
Draft	February 2010
Draft	September 2012
Draft	April 2014
Draft	July 2014
Draft	July 2014
Draft	September 2018
	Status Final Final Draft Draft Draft Draft Draft Draft

 Table 12.2
 Guidances on drug products involving nanotechnology (partial list) [63]

<sup>&</sup>lt;sup>6</sup>"Bioequivalence is defined as the absence of a significant difference in the rate and extent to which the active ingredient or active moiety in pharmaceutical equivalents or pharmaceutical alternatives becomes available at the site of drug action when administered at the same molar dose under similar conditions in an appropriately designed study" (Code of Federal Regulations 21CFR 320.1).

in clinical trials
nanotechnology
using
therapeutics
cancer
of
Examples
Table 12.3

Drug product	Description	Active ingredient	Type of cancer	Phase	Status	Ref.
Liposomes						
Lipocurc	Liposomal curcumin	Curcumin	Advanced cancers	II/I	Ongoing	[83]
MRX34	Liposomal injection containing microRNA miR-34, a naturally occurring tumor suppressor	miR-34 microRNA	Multiple cancers	I	Terminated	[74]
siRNA-EphA2- DOPC	EphA2 gene targeting using neutral liposomal small interfering RNA delivery	Anti-EphA2 siRNA	Advanced cancers	I	Recruiting	[76]
SGT-53	Transferrin-targeted liposome loaded with the p53 gene	p53 gene	Children with refractory or recurrent solid tumors	Ι	Recruiting	[06]
MCC-465	PEGylated liposomal doxorubicin tagged with monoclonal antibody GAH	Doxorubicin	Colorectal cancer	Ι	Complete	[21]
MBP-426	Liposomal oxaliplatin	Oxaliplatin	Gastric, gastroesophageal, or esophageal adenocarcinoma	IVI	NA	[81]
Atragen	All-trans retinoic acid liposomes	All-trans retinoic acid	Advanced renal cell carcinoma	Π	NA	[69]
Liposome annamycin	Liposomal annamycin	Annamycin	Acute lymphocytic leukemia	II/I	NA	[85]
Atu-027	Liposomal formulation of siRNA against protein kinase N3 the vascular endothelium	Anti-protein kinase N3 siRNA	Advanced or metastatic pancreatic cancer	II/I	Complete	[82]
LEP-ETU	Liposome-entrapped paclitaxel easy-to- use formulation	Paclitaxel	Metastatic breast cancer	Π	Complete	88
Endo TAG-1	Paclitaxel-loaded cationic liposomes	Paclitaxel	Breast cancer	Π	Complete	[67]
CPX-1	Irinotecan HCL; floxuridine liposomes	Irinotecan HCL and floxuridine	Advanced colorectal cancer	Π	Complete	[68]

[]	sruiting [86]	nplete [70]	nplete [91]	truiting [78]		nplete [79]	nplete [75]		[20]	nplete [84]	nplete [89]	(continued)
	I Rec	I Cor	I Cor	I Rec		Cor	Cor		reclinical –	Cor	Cor	
	Hepatocellular carcinoma II	Non-small cell lung II cancer	Nonmetastatic pancreatic II cancer	Metastatic breast cancer II		Small cell lung cancer II	Non-small cell lung an cancer		Acute myeloid leukemia P	Solid tumors with liver I involvement	Advanced or metastatic II breast cancer	
	Doxorubicin	L-BLP25, a peptide vaccine	Cisplatin	Doxorubicin		7-ethyl-10- hydroxycamptothecin (SN-38), an active metabolite of Irinotecan	Paclitaxel		G3139 antisense oligonucleotide	Anti-KSP siRNA and anti-VEGF siRNA	Docetaxel	
Сунатающе; цацпогионен проѕощея	Thermositive and PEGylated liposomes encapsulating doxorubicin hydrochloride	Liposomal formulation of L-BLP25, a peptide vaccine	Cisplatin-loaded long circulating liposomes	Non-PEGylated liposomal doxorubicin		Polymeric micelle anticancer drug encapsulating 7-ethyl-10- hydroxycamptothecin (SN-38), an active metabolite of Irinotecan	Micellar diblock copolymeric paclitaxel formulation. Paclitaxel is in the micellar core		Polyethylenimine-containing and transferrin-conjugated lipid nanoparticle system for antisense oligonucleotide (G3139, anti-Bcl2) delivery	Lipid nanoparticle formulation of 2 siRNAs - anti-KSP and anti-VEGF	Nanosomal docetaxel lipid suspension	
CPX-351 (Vyxeos <sup>TM</sup> )	ThermoDox® (LTSDEL)	L-BLP25	Lipoplatin	Myocet®	Micelles	NK012	Cynviloq <sup>TM</sup> (Genexol-PM)	Nanoparticles	Tf-LPN-G3139	ALN-VSP	Nanosomal docetaxel lipid suspension	

Table 12.3 (continu	ed)					
Drug product	Description	Active ingredient	Type of cancer	Phase	Status	Ref.
NanoTherm <sup>TM</sup>	Aminosilane-coated superparamagnetic iron oxide delivered locally	Superparamagnetic iron oxide	Recurrent glioblastoma	П	Active	[29]
ABI-009	Nanoparticle albumin-bound rapamycin	Rapamycin	Advanced malignant perivascular epithelioid cell tumors	П	Recruiting	[73]
BIND-014	Docetaxel nanoparticles for injectable suspension	Docetaxel	KRAS mutation positive or squamous cell non-small cell lung cancer	П	Complete	[99]
Nanoparticle-drug	onjugates					
CRLX-101	Covalently conjugating camptothecin to a linear, cyclodextrin-polyethylene glycol (CD-PEG) copolymer that self-assembles into nanoparticles	Camptothecin	Advanced non-small cell lung cancer	Π	Complete	[87]
Cyt-6091 (Aurimune)	Tumor necrosis factor (TNF) bound to PEGylated colloidal gold nanoparticles	Tumor necrosis factor (TNF)	Advances solid tumor	I	Complete	[77]
Polymer-drug conju	gates					
NKTR-105	PEGylated-docetaxel	Docetaxel	Refractory solid tumors	I	Active	[71]
Auroshell	PEGylated gold-silica nanoshells	Gold-silica	Primary and/or metastatic lung tumors	I	Recruiting	[72]
Etirinotecan pegol (NKTR-102)	PEGylated-irinotecan	Irinotecan	Locally recurrent or metastatic breast cancer	III	Ongoing	[80]
Opaxio® (paclitaxel poliglumex)	Paclitaxel conjugated to a biodegradable, water-soluble polyglutamate polymer	Paclitaxel	Ovarian cancer	III	Ongoing	[65]
Route of administrat DOPC 1,2-dioleoyl-: HCl hydrochloride, l	ion is intravenous unless otherwise indicated sn-glycero-3-phosphatidylcholine, KSP kine; VA Not available	. This is a partial list as this does sin spindle protein, <i>VEGF</i> vascul	not include ALL products ar endothelial growth factor,	siRNA shor	t-interfering H	RNA,

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nanoparticle technology, an example of product-specific guidance is the bioequivalence guidance on lanreotide acetate [33] (a polymer-based depot injection [34]). As the FDA receives more applications related to active targeting and other (advanced) nanotechnologies as discussed above, additional relevant guidance(s) may be drafted to help streamline the application submission and review process. It should be noted that a comprehensive review of the submission for drug products containing nanomaterials was conducted by FDA. Within the review, it was noted that approval rates for drug products containing nanomaterials were comparable to both small molecule and biologics [7].

## 12.2.1 The Application Review Process

Figure 12.1 depicts the drug development process and steps where drug applications are submitted to the FDA by a sponsor (usually the manufacturer or potential marketer). Once a drug application is received by FDA/CDER (see Box 12.2), it is assigned to the appropriate division for review based on the product's indication (for new drugs) or its dosage form (for generic drugs<sup>7</sup>).

#### Box 12.2 The Role of CDER within FDA

Within the FDA, the Office of Medical Products and Tobacco houses the Center for Drug Evaluation and Research (CDER). The mission of CDER is "to protect and promote public health by helping to ensure that human drugs are safe and effective for their intended use, that they meet established quality standards, and that they are available to patients." This is in part achieved by overseeing research, development, manufacturing, premarketing, and postmarketing activities pertaining to drugs (prescription, generic, and over the counter) [35]. As per the US FDA, a "drug" may be defined as "a substance recognized by an official pharmacopoeia or formulary; a substance intended for use in the diagnosis, cure, mitigation, treatment, or prevention of disease; a substance (other than food) intended to affect the structure or any function of the body; a substance intended for use as a component of a medicine but not a device or a component, part or accessory of a device; biological products are included within this definition and are generally covered by the same laws and regulations, but differences exist regarding their manufacturing processes (chemical process versus biological process)" [36].

<sup>&</sup>lt;sup>7</sup>As per the US FDA, "a generic drug is a medication created to be the same as an existing approved brand-name drug in dosage form, safety, strength, route of administration, quality, and performance characteristics."

For new drugs (containing new drug substances), after successful preclinical testing in animals, studies are conducted by (or via) the sponsor to determine whether the product is safe for initial use in human subjects and if the testing in human would demonstrate benefits that outweigh the potential risks and that the product will not expose humans to unreasonable risks when used in early phases of clinical trials. A sponsor<sup>8</sup> submits an Investigational New Drug (IND) application to the US FDA prior to initiating drug testing in humans. Besides this type, there are other types of INDs, as discussed below [37]:

- An *investigator IND* is submitted by a physician who both initiates and conducts an investigation and, under whose immediate direction, the investigational drug is administered or dispensed. A physician might submit a research IND to propose studying an unapproved drug or an approved product for a new indication or in a new patient population.
- *Emergency use IND* allows the FDA to authorize use of an experimental drug in an emergency situation that does not allow time for submission of an IND in accordance with the Code of Federal Regulations 21CFR 312 (Sec. 312.23 or Sec. 312.20). It is also used for patients who do not meet the criteria of an existing study protocol or if an approved study protocol does not exist.
- *Treatment IND* is submitted for experimental drugs showing promise in clinical testing for serious or immediately life-threatening conditions, while the final clinical work is conducted and the FDA review takes place.

An IND application typically includes information on investigator, manufacturing, data from animal pharmacology and toxicology studies, and clinical study protocols [37, 38]. Once an IND is submitted, the sponsor has to wait for 30 calendar days before clinical trials can be initiated. Meanwhile, FDA reviews the IND for safety in order to assure that human subjects are not exposed to unreasonable risk. Once an IND is approved, Phase I clinical trials can be initiated on a small population of healthy subjects with the goal to determine dose tolerability and obvious side effects. For example, a silencing RNA (anti-EphA2)-based liposomal formulation (siRNA-EphA2-DOPC) has recently received FDA's approval for initiation of a Phase I clinical trial [39].

If the results of the Phase I trial demonstrate safety in healthy subjects, the drug can be tested in a larger population through Phase II and III clinical trials (see Fig. 12.1) with an objective to evaluate drug safety, efficacy, and toxicity in diseased patients [40].

If the results from clinical studies (end of Phase II or early Phase III) indicate that the benefits from drug efficacy outweigh the risk from drug toxicity(ies), a sponsor may submit a New Drug Application (NDA) to the FDA [40]. As per Section 505 of the *Food, Drugs and Cosmetic Act*, there are three types of new drug applications:

<sup>&</sup>lt;sup>8</sup>"*Sponsor* is a person who takes responsibility for and initiates a clinical investigation. A sponsor could be an individual, government agency, pharmaceutical company, academic institute, private or other organization." Code of Federal Regulations 21CFR 312.3. For example, Janssen Products, LP is the sponsor for "Doxil."



**Fig. 12.1** Schematic of the regulation of drug products. IND Investigational New Drug, BLA Biologics License Application, NDA New Drug Application, EOP-1 end of Phase I, EOP-2 end of Phase II. (Modified from references [42, 64])

- 505(b)(1): This application is used for approval of a new drug (for clinical use) whose active ingredient has not been approved previously. The application contains full reports of investigations of safety and effectiveness [41].
- 505(b)(2): This application is used for approval of a new drug that relies, at least in part, on data not developed by the applicant. The application contains full reports of investigations of safety and effectiveness but where at least some of the information required for approval comes from studies not conducted by or for the applicant and for which the applicant has not obtained a right of reference [42]. Typically 505(b)(2) applications include change in dosage form, strength, or route of administration compared to an approved product or substitution of an active ingredient in an approved combination product [43]. 505(b)(2) applications are often used for products containing nanomaterials, especially products where the nanomaterial is used as a carrier for an already approved drug substance. For example, Taxol®, approved in 1998, uses paclitaxel bound to albumin (new formulation of paclitaxel). Abraxane® was approved by the US FDA in 2005 under section 505(b)(2) regulatory pathway [45].
- 505(b)(1) and 505(b)(2) applications require IND and NDA applications to be submitted to the FDA for review. Whereas regulatory requirements for IND applications have been discussed earlier in this chapter, the NDA is expected to include

chemistry, manufacturing, and control (CMC) information on drug substance and drug product, bioavailability data, analytical data, labeling, and packaging information, for each of the dosage forms, the sponsor intends to commercialize and any additional toxicological study reports that were not included in the IND application [46]. Detailed requirements for 505(b)(1) and 505(b)(2) applications are described at 21 code of Federal Regulations (CFR) 314.50. Additional requirements for certain 505(b)(2) applications are described at 21 CFR 314.54 as well as in the FDA draft guidance on applications covered under section 505(b)(2) [43].

*Biologics License Application (BLA):* This is a new drug application for biological products. Biological products are approved for marketing under the provisions of the Public Health Service (PHS) Act. This application is a submission, similar to an NDA, containing information on the manufacturing processes, chemistry, pharmacology, clinical pharmacology, and the medical effects of a biologic product [47]. For review, BLA applications are assigned to CDER or the Center of Biologics Evaluation and Research (CBER) depending on the nature of the biological product. Jurisdiction of CDER and CBER pertaining to BLAs is outlined in the cited reference [48].

505(j) (generics): A new drug, during its development and a few years postapproval, is often protected under a patent in order to give the sponsor the time to exclusively sell the drug to recover development costs. Once the patent expires, other companies can apply to the FDA to sell generic versions of the drug product by filing an Abbreviated New Drug Application (ANDA) with the FDA also known as 505(j) application [49, 50]. This application contains information to show that the proposed product is identical in active ingredient, dosage form, strength, route of administration, labeling, quality, performance characteristics, and intended use, among other things, to a previously approved product. This application is called abbreviated since an ANDA is generally not required to include nonclinical (animal) and clinical (human) data to establish safety and effectiveness. Instead, generic applicants scientifically demonstrate that their product is bioequivalent (i.e., performs in the same manner as the innovator drug) [50].

In all cases, FDA encourages timely, transparent, and effective communication with sponsors before and during the drug development process. This may result in more efficient and robust development programs considering that through FDA-sponsor communications, the key issues can be addressed in the early stages of drug development. This may also help FDA achieve its goal of early availability of safe, effective, and high-quality medicines to the American public. Sponsors can request meetings with FDA during drug development especially critical milestone meetings: pre-IND, end of Phase I, end of Phase II, and pre-NDA/BLA meetings (Fig. 12.1). More details on FDA-sponsor communication can be found in the FDA draft guidance on best practices for communication between IND sponsors and FDA during drug development [51].

Once a drug (new or generic) approaches the approval stage, the FDA requires the submission of additional information on the drug to ensure its continuous safety and efficacy for the period the drug is on the market. These are called Phase IV requirements (submitted pre-approval) and Phase IV commitments (usually submitted post-approval). As an example, post-marketing studies/clinical trials to demonstrate safety and efficacy of a drug approved under the accelerated approval requirement are a Phase IV requirement.

## 12.2.2 Review of Quality Attributes

"A CQA is a physical, chemical, biological, or microbiological property or characteristic that should be within an appropriate limit, range, or distribution to ensure the desired product quality. CQAs are generally associated with the drug substance, excipients, intermediates (in-process materials), and drug product". *Guidance for Industry: Q8(R2) Pharmaceutical Development*, 2009. http://www.fda.gov/downloads/drugs/guidances/ucm073507.pdf

Clinical trials allow for an evaluation of the safety and efficacy of a new drug substance and product in humans. However, before a medication can be used in patients, quality of the product must also be ensured (e.g., the medicine can be manufactured reproducibly, and the doses produced are equivalent to each other irrespective of batch number or lot number). The evaluation of the process of developing a drug product, manufacturing process, stability protocols, etc. is also known as the quality review. In fact, the quality review is one of the major regulatory considerations for drug products containing nanomaterials, as per the risk assessment performed by the Agency (CDER) in the year 2013 [52].

Drug products containing nanomaterials can vary in their complexity. The more complex the product (containing nanomaterials or not), the more challenging it can be to demonstrate control of the manufacturing and the production of high-quality drugs with reliable batch-to-batch reproducibility. To facilitate the development of these complex products, the FDA often develops guidance for reviewers and for industry that specifically addresses manufacturing and characterization challenges. For example, from the experience reviewing applications for liposomal drug products, the Agency drafted a guidance on liposomal drug products that provides information to liposomal product manufacturers regarding development, manufacturing, pharmacokinetic aspects, and labeling of liposomal drug products [53]. From a quality perspective, the guidance points toward the importance of identification and characterization of critical physical, chemical, biological, and microbiological properties that may influence finished product quality or performance [54]. These properties are often called the critical quality attributes (CQAs) of the product. Some examples of CQAs for liposomal products are lamellarity, internal volume,

lipid-phase transition temperature, free and encapsulated drug proportions, lipid degradation products, zeta potential, particle size, and drug release kinetics [53, 55].

From the Agency's experience reviewing applications involving the use of nanotechnology across all platforms, certain quality issues were observed to be recurrent and are summarized as below.

*Inadequate identification of CQAs:* For product robustness and reproducibility, CQAs during formulation and manufacturing processes are identified and suitably controlled. For products using nanomaterials, particle size is often found to be a CQA as particle size distribution has been demonstrated to impact biodistribution, rate of drug release/dissolution, etc. Other examples of common CQAs for drug products containing nanomaterials include zeta potential and drug loading efficiency (for nanomaterials functioning as drug carriers). By definition, CQAs are product dependent. However, some CQAs can span across a product class. For example, lipid-phase transition temperature, which may influence drug loading, release, and overall stability, is a CQA specific to liposomes and not applicable to other (non-lipid) nanotechnology platforms such as dendrimers and iron colloids. By evaluating the applications submitted to FDA for drug products containing nanomaterials, CQAs for products often include (but are not limited to) the following:

- Size.
- Size distribution.
- Nanomaterial composition (e.g., lipids for liposomes).
- Crystal structure.
- Morphology/three-dimensional structure.
- API to nanomaterial ratio.
- State of API (e.g., encapsulated, bound, etc.)
- Surface functionalization and state of the surface.
- Ligands (if any).
- Zeta potential or surface charge.
- In vitro release rates (in vitro release studies under multiple conditions, including in biorelevant medium, which can be indicative of the physicochemical stability of the formulation [56]).

*Inappropriate method and/or method validation:* As with any drug product, the analytical methods used for characterization of CQAs is demonstrated to be fit for purpose (e.g., measures what it is supposed to in an accurate and reproducible fashion). Selection and validation of methods to characterize drug products containing nanomaterials may be challenging due to the complexity of the product and because the methods used for characterization of CQAs may not be as familiar for complex products as those used for small molecule drug products. Often these products require the use or development of novel techniques and methods to characterize these products. "Traditional" methods and novel methods should both be used within their capabilities. For example, both dynamic light scattering and static light

scattering can be used to determine particle size. However, the useful size range, the way the data are interpreted and analyzed, and other factors differ between the two techniques. In general, the analytical method is validated for sensitivity, accuracy, precision, robustness, and the ability to discriminate between acceptable and unacceptable batches. The use of an additional, orthogonal analytical technique to characterize the materials can often be beneficial to complete a data set prior to submission.

*Lack of appropriate control strategies*: Suitable controls are employed during product development to ensure that the CQAs are within an appropriate limit, range, or distribution in order to ensure the desired product quality. This may be achieved by including a CQA in either drug product release or in in-process specifications.

# 12.2.3 Special Regulatory Provision for Cancer Products

For therapies that address an unmet medical need in the treatment of a serious condition such as cancer, the FDA allows sponsors to request a faster review process through four FDA programs: fast track designation, breakthrough therapy designation, accelerated approval, and priority review designation [57]. Applications accepted into these expedited programs undergo an accelerated review (i.e., the review is completed faster, but with the same degree of scrutiny), thereby facilitating early availability of new therapies to the patients as soon as it can be determined that their benefits outweigh the risks. Expedited availability of new cancer therapies is crucial, especially in cases where there are no satisfactory alternative (existing) therapies. For a new cancer therapy, sponsors may apply for fast track and breakthrough therapy designations early in the development, for priority review designation during BLA or NDA submission, and for accelerated approval designation during BLA or NDA review. For example, fast track designation was granted to CRLX-101, a nanoparticle-drug conjugate currently under development (Phase I/ II) by Cerulean Pharma for the treatment of platinum-resistant ovarian carcinoma and fallopian tube or primary peritoneal cancer [58]. Breakthrough therapy desig*nation* was granted by the FDA to CPX-351 or Vyxeos<sup>TM</sup> (by Celator Pharmaceuticals) for the treatment of acute myeloid leukemia based on the encouraging results from a Phase III clinical trial [59]. Accelerated approval that is granted based on a surrogate end point (since actual end point takes a long time to measure) was granted to Doxil® (liposomal doxorubicin) in 1995 for the treatment of Kaposi's sarcoma [60]. A priority review designation can abbreviate the review time from 10 months to 6 months and was assigned to Onivyde® (liposomal irinotecan) developed by Merrimack Pharmaceuticals for the treatment of advanced pancreatic cancer [61]. These modified time lines and approaches to review are designed to increase the number of novel therapeutics available to patients, which is in accord with FDA's mission to promote and protect the public health.

### **12.3 Future Perspective**

At this time, the Agency anticipates continued interest in the development of products utilizing a variety of nanotechnology platforms, some familiar and some novel. In particular, it is likely that there will be an expansion of nanotechnology in cancer therapeutics designed to improve passive and active (triggered) targeting capabilities. Several products in clinical trials (Table 12.3) involve the use of multifunctional nanocarriers (PEGylated nano-sized particles for tumor targeting with or without an active targeting moiety) in the hope to achieve better efficacy and safety compared to the existing therapies. Industry is also investigating the use of nanotechnology-based delivery platforms for the delivery of anticancer drugs of biological origin (e.g., nucleic acids, peptides), potentially increasing the overall complexity of the products. These technologies could also be applied to therapeutics designed to target multiple tissues or active sites.

When faced with these new approaches, FDA has multiple options for response. For any new product drawing upon a novel platform or technology, the existing guidances apply as appropriate. In cases where new functionality or CQAs become relevant, these would be handled on a case-by-case basis, potentially resulting in the development of a product-specific guidance that could be extended to encompass a class of products at a later date. FDA can also draw upon related technologies. For example, the Agency has experience in reviewing monoclonal antibodies that can deliver a toxin or radioactive isotope in a targeted fashion. Targeted biologics have several parallels to drug products containing nanomaterials, and parallels may be drawn between the product classes. Such similarities have been reviewed previously [92].

In some cases, the new product or technology may require the sponsor to develop an innovative manufacturing process. To facilitate development and review of new manufacturing systems or processes, the FDA has created the Emerging Technology Program, which enables sponsors to discuss the process with Agency experts prior to a regulatory submission. These discussions are designed to identify potential concerns for the sponsor and to increase awareness of the new approach within FDA before the review process occurs to the benefit of both organizations.

As these technologies mature, FDA also anticipates that more generic versions of the products will appear as well. This is important to consider because complex formulations and manufacturing processes can impact the development of generic versions of drug products, and a lack of generic versions of medications can result in higher patient costs as well as a higher risk for drug shortages. The impact of nanotechnology on the generic drug process has been extensively reviewed [62].

# 12.4 Conclusion

It is anticipated that drug products will become more complicated in order to meet unmet medical needs. Such complexity spans all indications and routes of administration and includes both drug products containing nanomaterials and those taking advantage of other technologies. With increased incorporation of nanomaterials in cancer therapeutics, both industry and regulatory authorities alike should strive for product understanding that involves adequate characterization of the nanomaterial, understanding of its intended use and application, and how it relates to the product quality, patient safety, and efficacy. By utilizing this framework, patients may gain access to new cancer medications.

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