Chapter 16

An Optimized Calcium-Phosphate Transfection Method for Characterizing Genetically Encoded Tools in Primary Neurons

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Abstract

In order to characterize genetically encoded tools under the most relevant conditions, the constructs need to be expressed in the cell type in which they will be used. This is a major hurdle in developing optogenetic tools for neuronal cells, due to the difficulty of gene transfer to these cells. Several protocols have been developed for transfecting neurons, focusing on improved transfection efficiency. However, obtaining healthy cells is as important. We monitored transfected cell health by measuring electrophysiological parameters, and used them as a guideline to optimize transfection. Here we describe an optimized transfection protocol that achieves reasonably high efficiency (10–20 %) with no discernable impact on cell health, as characterized by electrophysiology.

Key words Primary neurons, Dissociated culture, Transfection, Electrophysiology, Optogenetics

1 Introduction

When developing genetically encoded tools, it is critical to assess the level of expression, proper folding, and trafficking of the protein construct in the cell type that they will be used. Systematic metagenomic screens that characterized microbial opsin homologues from a wide range of archaea and alga in mammalian neurons found that successful expression and trafficking of these proteins are key to high-performance tools [1, 2]. This was also true for tool optimization; screens based on primary neurons [3] resulted in dramatic further improvement of genetically encoded calcium indicators which had been extensively optimized using bacteria-based screens [4]. Performing screens in primary neurons is especially challenging, due to the difficulty of gene transfer into neuronal cells. To tackle this challenge, several transfection methods, based on electrical, chemical, or viral gene transfer approaches have been developed [5, 6]. Many of these studies focused on

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improved transfection efficiency, but reducing toxicity to obtain healthy cells is also critical. Objective criteria on neuronal cell health may be obtained from electrophysiological characterizations, by measuring properties such as resting potential, membrane resistance, and threshold for generating action potentials. We have found that DNA transfection mediated by calcium-phosphate precipitation results in healthy neurons as characterized by electrophysiological properties, and have successfully used it to identify highly efficient channelrhodopsins [2]. The transfected cells using this approach yielded hippocampal mouse neurons that routinely formed giga-ohm seals in whole-cell patch clamp, have membrane capacitance around 50-60 pF, membrane resistance higher than 250 M Ω , and resting potential at -65 mV [2], which are typical values for untransfected control neurons. The method allows transfection of plasmid DNA regardless of its size, and is labor- and cost-effective compared to viral vectors. The transfection efficiency ranges between 10 and 20 %. In addition, we identify specific parameters to tune for improved efficiency.

The transfection method is based on a previous report [7], but has been optimized with fully defined components, instead of relying on commercial kits. As indicated in the previous study [7], the formation of uniform and small calcium phosphate precipitates, and their removal after transfection were found to be critical. We optimized the amount of DNA, calcium chloride concentration, and phosphate concentration for forming uniform small precipitates. We also identified a slightly lower pH wash buffer (pH 6.9) that effectively dissolves all calcium phosphate precipitates after transfection. The protocol has been optimized using primary mouse hippocampal neurons, and has been tested in cortical neurons.

2 Materials

- 2.1 Neuronal Culture 1. 24-well plate.
 - 2. Hemocytometer.
 - 3. Round coverglass (25 mm in diameter, 0.15 mm in thickness), autoclaved.
 - 4. Matrigel: Make 250 μ L aliquots. Store at -20 °C. Thaw one vial and dilute in 12 mL Dulbecco's modified eagle medium (DMEM) (without phenol red). Diluted solution can be stored at 4 °C.
 - Culture Medium (500 mL): 450 mL minimum essential media (MEM) (without phenol red); 5 g/L Glucose (add 2.5 g), 0.1 g/L Transferrin (Bovine holotransferrin, add 50 mg), 2.38 g/L HEPES (add 1.19 g), 2 mM l-Glutamine, 0.025 g/L

Insulin (Bovine pancreas), 50 mL Heat Inactivated Fetal Bovine Serum, 10 mL B27 Supplement. Adjust pH to 7.3 using 10 M NaOH, sterilize with 0.2 μ m filter, make 40 mL aliquots, store at -20 °C (*see* Note 1).

- 6. AraC solution (500 mL): 500 mL MEM, 5 g/L Glucose, 50 mg Transferrin, 1.19 g HEPES, 0.5 mM l-Glutamine, 10 mL B27 Supplement, 4 μ M Cytosine β -d-arabinofuranoside hydrochloride (AraC), 25 mL Heat Inactivated Fetal Bovine Serum. Adjust pH to 7.3–7.4, sterilize with 0.2 μ m filter, make 40 mL aliquots, store at –20 °C.
- 2.2 Transfection
 1. Transfection buffer (500 mL): 500 mL MEM (without phenol red). pH to 7.15, sterilize with 0.2 μm filter, store at 4 °C (see Note 2).
 - Calcium chloride solution (50 mL): 50 mL double-deionized H₂O, 2 M CaCl₂ (add 14.7 g). Sterilize with 0.2 μm filter, make 1 mL aliquots, store at -20 °C.
 - 3. Sodium phosphate solution (10 mL): Start with about 8 mL double-deionized H₂O, 1.5 M Na₂HPO₄·7H₂O (add 4.02 g). Add double-deionized H₂O to final volume of 10 mL. Sterilize with 0.2 μ m filter, make 1 mL aliquots, store at -20 °C (*see* Note 3).
 - 4. 2× HBS solution (50 mL): 50 mL double-deionized H₂O, 50 mM HEPES (add 0.65 g), 280 mM NaCl (add 0.8 g), 1.5 mM sodium phosphate (add 50 μ L of sodium phosphate solution). pH to 7.0, sterilize with 0.2 μ m filter, make 1 mL aliquots, store at -20 °C.
 - 5. Sterile water: Filter sterilize double-deionized H₂O, make 1 mL aliquots, store at 4 °C.
 - 6. Wash buffer (500 mL): 500 mL MEM (without phenol red). pH to 6.9, sterilize with 0.2 μ m filter, store at 4 °C.

3 Methods

- **3.1** Neuronal Culture 1. Round coverglasses are placed into each well of a 24-well plate. $75 \ \mu L$ of diluted matrigel is added at the center of coverglass to form a droplet. Transfer the plate carefully to a $37 \ ^{\circ}C \ 5 \ \% \ CO_2$ incubator without disturbing the droplets, and incubate for 2 h or longer.
 - 2. Remove the matrigel by aspiration, and dry for 30 min with lid open in a biosafety cabinet.
 - 3. Procedure for preparing dissociated hippocampus follows previously published protocols [8, 9], but uses the culture media described here. 75 μ L of dissociated mouse hippocampus (at a density of 50,000 total cells per well) in culture medium are

added at the center of coverglass and incubated for 3 h in a 37 $^{\circ}\mathrm{C}$ 5 % CO_2 incubator.

- 4. After incubation, the cells are inspected under a microscope to check for adhesion, and 1 mL of prewarmed culture media is added to each well. Cells are placed in a 37 °C 5 % CO_2 incubator.
- 5. After 1–2 days the glial cells cover 50–70 % of the coverglass, and axonal projections of neurons are visible. At this stage, 1 mL AraC solution is added to each well to inhibit glial proliferation. The cells can be transfected starting 1–2 days after this step.
- 3.2 Transfection1. For transfection, total of 1.25 μg of DNA is required for each well (*see* Note 4).
 - 2. Prewarm sterile water, calcium chloride, and 2× HBS to room temperature.
 - 3. Remove culture media from wells using a serological pipette, and collect in a 50 mL tube. The collected culture media is placed in a 37 °C bath, and will be added back after the transfection is completed (*see* **Note 5**).
 - 4. Add 0.5 mL of transfection buffer to each well, and place the plate in a 37 °C 5 % CO_2 incubator.
 - 5. For each well, prepare the following transfection mix according to Table 1:
 - 6. For each transfection mix, prepare equal volume of 2× HBS in a 1.5 mL tube. Take the cells out from the incubator.
 - 7. Transfer transfection mix into the 1.5 mL tube containing equal volume of $2 \times$ HBS and mix by pipetting 10 times to start calcium phosphate precipitation. Incubate the mixture for 30 s without mixing (*see* **Note 6**).
 - 8. Add 50 μ L of the transfection mix plus HBS drop-wise to each well (*see* Note 7).
 - 9. Repeat steps 7 and 8 until all transfection mix are added. Transfer the plate into a 37 °C 5 % CO₂ incubator, and incubate for 20–30 min (*see* Note 8).

Component	1 well	2-wells	3-wells
DNA	1.25 μg	2.5 μg	3.75 µg
2 M calcium chloride	3.13 μL	6.25 μL	9.38 μL
ddH ₂ O	Bring to 25 μ L	Bring to $50 \ \mu L$	Bring to $75 \ \mu L$

Table 1Preparation of transfection mixture

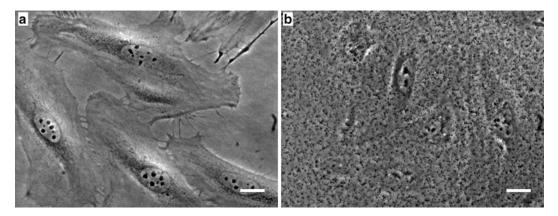


Fig. 1 Bright-field microscope images of small and even calcium phosphate precipitates. Since the precipitates are hard to visualize in neuronal cultures, HeLa cells are shown to give a sense of precipitate size. (a) Untransfected HeLa cells. (b) HeLa cells being incubated with calcium phosphate precipitates. *Small black dots* covering the cells are the precipitates. Scale bars indicate 20 μm

- 10. After incubation, view cells under the microscope to check calcium phosphate precipitate size (Fig. 1).
- 11. Remove the transfection mixture by aspiration, and add 1 mL wash buffer drop-wise to each well. Incubate cells in wash buffer for 10 min in a 37 °C 5 % CO_2 incubator. After this incubation calcium phosphate precipitates should be completely dissolved when visualized under a microscope. If the precipitates remain, repeat this wash step.
- 12. Remove wash buffer by aspiration, and add 1.5 mL of culture media collected from **step 3** to cells. Add 0.5 mL of fresh culture media to bring the total volume to about 2 mL.
- 13. The transfected cells remain healthy in a 37 °C 5 % CO₂ incubator for 2 weeks or longer. Typically for high-expressing proteins, expression is detected after 1–2 days. For well-expressing microbial opsins, expression is detected after 1–2 days, and reach optimal levels after a week (Fig. 2).

4 Notes

- 1. The pH of plating medium is critical for neuronal health. Measure pH of an aliquot again after filtration to make sure pH is at 7.3.
- 2. The pH of the transfection buffer is important for generating even and small precipitates. If the pH is low, no precipitate will form, and if too high, large aggregates tend to form.
- 3. This sodium phosphate solution is prepared to accurately control the phosphate concentration in the 2× HBS solution.

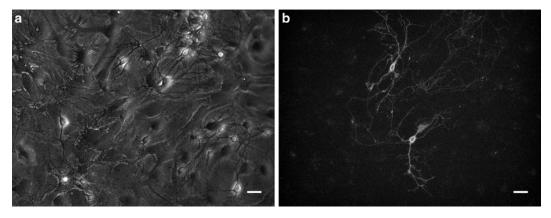


Fig. 2 Primary mouse hippocampal neurons transfected with channelrhodopsin-2 (ChR2) fused with EGFP. (a) Bright-field image. (b) ChR2 expression visualized by EGFP fluorescence. Images were taken 1 week after transfection. Scale bars indicate 20 μ m

The phosphate concentration is critical for obtaining small and even calcium phosphate precipitation [10].

- 4. The DNA is typically a plasmid, or can be a mixture of multiple plasmids. DNA in double-deionized water works best and the concentration should be higher than 100 ng/ μ L.
- 5. The culture media at this point may contain factors released by cells, and therefore is kept for use after transfection.
- 6. It seems better not to disturb the mixture during this step for obtaining small uniform precipitates. Incubation over 30 s is not necessary.
- 7. Drop-wise addition of the transfection mix plus HBS is critical for forming uniform precipitates. When doing this, the pipette tip should be about 1 in. above the liquid surface, so that the mixture is added in droplets.
- 8. This incubation time can be extended to 1 h to improve transfection efficiency, but it tends to increase toxicity to neurons.

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