

## Detection and Functional Analysis of Estrogen Receptor $\alpha$ Phosphorylated at Serine 216 in Mouse Neutrophils

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### Abstract

Serine 216 constitutes a protein kinase C phosphorylation motif located within the DNA binding domain of estrogen receptor  $\alpha$  (ER $\alpha$ ). In this chapter we present experimental procedures confirming that mouse ER $\alpha$  is phosphorylated at serine 216 in peripheral blood neutrophils and in neutrophils that infiltrate the uterus, as well as the role of phosphoserine 216 in neutrophil migration. A phospho-peptide antibody ( $\alpha$ P-S216) was utilized in Western blot, immunohistochemistry, and double immunofluorescence staining to detect this phosphorylation of an endogenous ER $\alpha$ . Both immunohistochemistry (with  $\alpha$ P-S216 or neutrophil marker Ly6G antibody) and double immunofluorescence staining of mouse uterine sections prepared from C3H/HeNCRIBR females revealed that phosphorylated ER $\alpha$  was expressed in all infiltrating neutrophils during hormonal cycles but not in any other of the other uterine cells. Neutrophils infiltrate the uterus from the blood stream. White blood cells (WBC) were prepared from peripheral blood of C3H/HeNCRIBR females or males and double immunostained. Blood neutrophils also expressed phosphorylated ER $\alpha$  but in only about 20 % of cells in both sexes. Only the neutrophils expressing phosphorylated ER $\alpha$  spontaneously migrated in in vitro Transwell migration assays and infiltrated the uterus in mice.

**Key words** Estrogenreceptor $\alpha$  (ER $\alpha$ ), Phosphorylation, Neutrophils, Migration, Infiltration, Mouse uterus, Immunohistochemistry, Immunofluorescencestaining

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## 1 Introduction

Serine 216 of mouse ER $\alpha$  is located on a loop between two zinc fingers and is conserved as serine 212 in human ER $\alpha$ . Mass spectroscopic analysis identified 15 different residues of human ER $\alpha$  that may be phosphorylated in a human breast cancer MCF7 cell line. One of the potential phosphorylation sites is serine 212 [1, 2]. Our cDNA microarray analysis of RNAs, prepared from human hepatoma-derived Huh7 cells, ectopically expressed phosphorylation mimicking ER $\alpha$  S212D or non-phosphorylation mimicking ER $\alpha$  S212A mutant, showed that S212D mutant regulated a distinct set of the genes [3]. While these observations suggest that this phosphorylation may impart a unique biological function to ER $\alpha$ , it has not been confirmed with endogenous ER $\alpha$  in normal

tissues and/or cultured cells. Therefore, here we describe protocols that utilize an antibody specific to phosphorylated serine 216 of mouse ER $\alpha$  to detect endogenous phosphorylation. These methods demonstrate that ER $\alpha$  is phosphorylated at serine 216 in mouse neutrophils [4]. Furthermore, only a fraction of blood neutrophils were found to express phosphorylated ER $\alpha$  and only those neutrophils were able to migrate in an in vitro assay and also infiltrate the uterus in vivo.

Neutrophils infiltrate the mouse uterus during normal hormonal cycles or in inflammatory conditions. ER $\alpha$  plays an essential role in uterine cells to regulate normal infiltration in response to estrogen [5–7]. However, the presence of ER $\alpha$  and its biological function in infiltrating neutrophils is not well understood at the present time. Our present finding that ER $\alpha$  is phosphorylated at serine 216 in infiltrating neutrophils has provided new insight to investigate the role of neutrophil ER $\alpha$  in uterine functions as well as inflammation-associated development of estrogen-dependent diseases [8–10]. Although not covered in this chapter, knock-in (KI)/knockout (KO) mouse line (*Esr1S216A*) bearing an alanine mutation at residue serine 216 has now been generated. Utilizing these mice, the in vivo roles of phosphorylated ER $\alpha$  will be further investigated.

Serine 216 of mouse ER $\alpha$  is conserved as a phosphorylation motif not only in human ER $\alpha$  but also in 41 out of 48 human nuclear receptors. In fact, phosphorylation of this conserved motif was first confirmed with threonine 38 of nuclear receptor CAR (NRII3) in hepatocytes and, moreover, its role in the activation of CAR by therapeutics such as phenobarbital [11, 12]. Thus, a unique opportunity to examine whether or not this conserved phosphorylation motif within the DNA binding domains engages a general regulatory mechanism common to the majority of nuclear receptors is presenting itself to us. Our work on serine 216 phosphorylation of ER $\alpha$  have strengthened this opportunity to be realized in future investigations. In this chapter we present experimental protocols, specifically western blot and double label immunofluorescence staining immunohistochemistry, that confirm that mouse ER $\alpha$  is phosphorylated at serine 216 in peripheral blood neutrophils and in neutrophils that have infiltrated the uterus, as well as an in vitro migration assay protocol to investigate the role of phosphoserine 216 in neutrophil migration and infiltration.

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## 2 Materials

1. Antibody directed against phospho-Ser216 ER $\alpha$  (*see Note 1*).
2. Protein kinase C (PKC) (Promega, V5261, *see Note 2*): store at  $-80^{\circ}\text{C}$ .

3. Glutathione S Transferase (GST)-mouse ER $\alpha$  and its mutant (Ser216Ala) (*see Note 3*): purified ER $\alpha$  proteins purified from bacteria transformed with plasmids carrying these cloned receptors.
4. Tris-buffered saline, pH 7.4 (TBS).
5. Kinase buffer: 41.5 mM TBS, pH 7.4, 6.67 mM CaCl<sub>2</sub>, 3.3 mM dithiothreitol, 1.67 mM MgCl<sub>2</sub>, 1.0 mg/mL phosphatidylserine, and 330  $\mu$ M ATP.
6. 4 $\times$  SDS-sample buffer: 314 mM Tris-HCl, pH 6.8, 8 % SDS, 50 % Glycerol and 0.02 % Bromophenol Blue.
7. Polyvinylidene difluoride (PVDF) membrane.
8. TBS/Tween 20 (TBS-T) buffer: 50 mM Tris-HCl, pH 7.4, 150 mM NaCl, 0.1 % Tween-20.
9. Bovine serum albumin (BSA).
10. Skim milk (nonfat dry milk).
11. Horseradish peroxidase conjugated goat anti-rabbit antibody (Goat anti-rabbit IgG-HRP). Store at 4  $^{\circ}$ C.
12. Luminol reagent (Advansta).
13. Xylene.
14. Ethanol: 100, 95, and 70 %.
15. Antigen retrieval reagent and system such as Antigen Decloaker (Biocare Medical).
16. 3 % hydrogen peroxide.
17. Normal goat serum.
18. Biotinylated goat anti-rabbit antibody (ABC kit, Vector Laboratories): store at 4  $^{\circ}$ C.
19. ExtrAvidin-peroxidase (Sigma-Aldrich).
20. 3,3'-diaminobenzidine solution (DAB+ Chromogen, Dako Cytomation).
21. Hematoxylin solution.
22. Coverslips and mounting solution such as Permount.
23. 3.8 % sodium citrate (*see Note 4*).
24. 6 % dextran (*see Note 5*).
25. Sterile saline (0.9 % sodium chloride).
26. Phosphate buffered saline (PBS).
27. Cytospin.
28. Glass microscope slides treated for adherence of tissue sections (such as Superfrost Plus, Thermo Scientific).
29. 4 or 10 % formaldehyde in PBS.
30. Avidin/biotin blocking kit (Vector Laboratories).

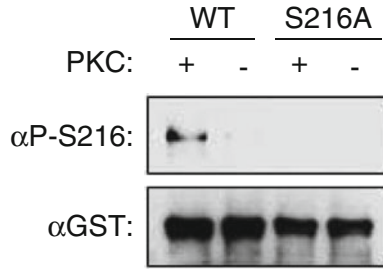
31. Fluorescein Avidin *D* at a cell sorter grade (DCS) (Vector Laboratories).
32. Texas Red® Avidin *D* at a cell sorter grade (DCS) (Vector Laboratories).
33. Anti-Ly6G (Lymphocyte antigen 6G) antibody (Clone 1A8, BD Pharmingen) as a neutrophil marker.
34. Biotinylated rabbit anti-rat antibody (ABC kit, Vector Laboratories). Store at 4 °C.
35. Alexa Fluor® 488 Goat anti-rabbit IgG (H+L) antibody (Life Technologies).
36. Alexa Fluor® 594 Goat anti-rat IgG (H+L) antibody (Life Technologies).
37. Mounting medium/DAPI (Vector Laboratories).
38. 24-well transwell plate (3.0 µm pore) (Corning Life Sciences).
39. RPMI conditional medium: RPMI1640 medium (no-phenol red), 2 mM L-glutamine, penicillin (100 U/mL), streptomycin (100 µg/mL). Store at 4 °C.
40. Charcoal–dextran stripped fetal bovine serum (FBS).
41. 0.1 M glycine–HCl, pH 2.0.
42. 3 % hydrogen peroxide.
43. Trypan blue.
44. Hemocytometer for cell counting.

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### 3 Methods

#### **3.1 *In Vitro* Phosphorylation ER $\alpha$ Proteins by PKC**

1. Add 0.5 µg of GST-mER $\alpha$  protein or its S216A mutant protein to 30 µL of kinase buffer in a 1.5 mL centrifuge tube on ice.
2. Add 1 µL (1.6 units) of PKC to this solution and incubate it at 30 °C for 30 min.
3. Stop the kinase reaction by boiling the reaction solution for 15 min in 4× SDS sample buffer containing  $\beta$ -mercaptoethanol.
4. Separate the phosphorylated mouse ER $\alpha$  proteins in SDS sample buffer (5–15 µL/lane from **step 3** of Subheading **3.1**) by electrophoresis on a 10 % SDS polyacrylamide gel. Electrotransfer the proteins from the gel to a PVDF membrane.
5. Incubate the PVDF membrane in TBS-T/1 % BSA for 1 h at room temperature using a rotating shaker.
6. Incubate the membrane with anti-P-S216 antibody (1:1000) in TBS-T/1 % BSA overnight at 4 °C.
7. Wash with TBS-T buffer for 10 min three times.



**Fig. 1** Western blot analysis to show the specificity of an anti-P-S216 antibody  $\alpha$ P-S216. Purified glutathione S transferase (GST)-tagged mER $\alpha$  wild type (WT) and its S216A mutant were incubated with or without protein kinase C (PKC). Subsequent Western blots were performed with  $\alpha$ P-S216 or an anti-GST antibody as described in Subheading 3.1

8. Incubate the membrane with a horseradish peroxidase conjugated goat anti-rabbit antibody (1:10,000) in TBS-T/5 % skim-milk for 1 h at room temperature.
9. Wash with TBS-T buffer for 15 min three times.
10. Develop membrane with Luminol reagent and expose the membrane to X-ray film.
11. After detection of phosphorylated ER $\alpha$ , reuse the same membrane for Western blot with an anti-GST antibody. Shake the membrane in 0.1 M glycine-HCl for 10 min at room temperature.
12. Wash the membrane with TBS-T buffer for 15 min three times.
13. Incubate the membrane in TBS-T/5 % skim-milk/anti-GST antibody overnight at 4 °C or for 1 h at room temperature. Hereafter, continue procedures with **steps 7–10** of Subheading 3.1 to develop the anti-GST bands (Fig. 1).
14. Quantitate the P-S216 and GST bands by densitometry.

### 3.2 Immunohistochemistry of Uterine Sections

1. Fix mouse uterus in 10 % formalin, embed in paraffin, cut 6  $\mu$ m thick sections, and place them on glass slides.
2. De-paraffinize the sections by submerging the glass slides in xylene for 5 min twice and by sequentially washing with 100, 95 and 70 % ethanol for 3 min at each step and finally with H<sub>2</sub>O.
3. Submerge de-paraffinized sections in antigen retrieval solution (decloaker buffer) and heat in the decloaking chamber (*see Note 6*).
4. Cool down to room temperature and replace decloaker buffer with H<sub>2</sub>O.
5. Incubate with 3 % hydrogen peroxide solution for 15 min to inactivate endogenous peroxidases.

6. Wash twice with TBS-T buffer for 5 min.
7. Incubate with blocking buffer (PBS/1.5 % normal goat serum) for 1 h at room temperature.
8. Incubate with anti-P-S216 antibody (1:25–50 dilution) in blocking buffer for 40 min at room temperature and wash with TBS-T buffer twice for 5 min.
9. Incubate with biotinylated rabbit secondary antibody (1:500 dilution) in blocking buffer for 15 min at room temperature.
10. Wash with TBS-T buffer twice for 5 min.
11. Treat with ExtrAvidin-peroxidase (50-fold dilution in PBS buffer) for 20 min and wash with TBS-T buffer twice for 5 min.
12. React with 3,3'-diaminobenzidine solution for 6 min and wash by flowing water onto the back of glass slides for 3 min.
13. Dip in hematoxylin solution for 10–30 s to counter-stain and wash by flowing water until color disappears from the solution.
14. Wash with TBS-T buffer for 1 min and sequentially dehydrate in 70, 95 and 100 % ethanol for 30 min and finally clear in xylene for 15 min or more.
15. Mount surface of the section with mounting solution and place a cover slip.
16. Observe staining using microscopy.

### **3.3 Competitive Immunohistochemistry of Uterine Sections**

1. To examine the specificity of the anti-P-S216 antibody, add phosphorylated antigen peptide or the non-phosphorylated peptide counterpart to an anti-P-S216 antibody solution (*see Note 7*).
2. Gently shake the mixture for 1 h at room temperature.
3. Incubate uterine sections in one or the other mixture for 40 min at room temperature, then continue the immunohistochemistry procedure from **steps 9 to 16** of Subheading **3.2**. If the anti-P-S216 antibody is specific, this step should demonstrate that phosphorylated antigen peptide, but not the non-phosphorylated counterpart, inhibits staining by the anti-P-S216 antibody.

### **3.4 Preparation of Peripheral White Blood Cell (WBC) Fractions**

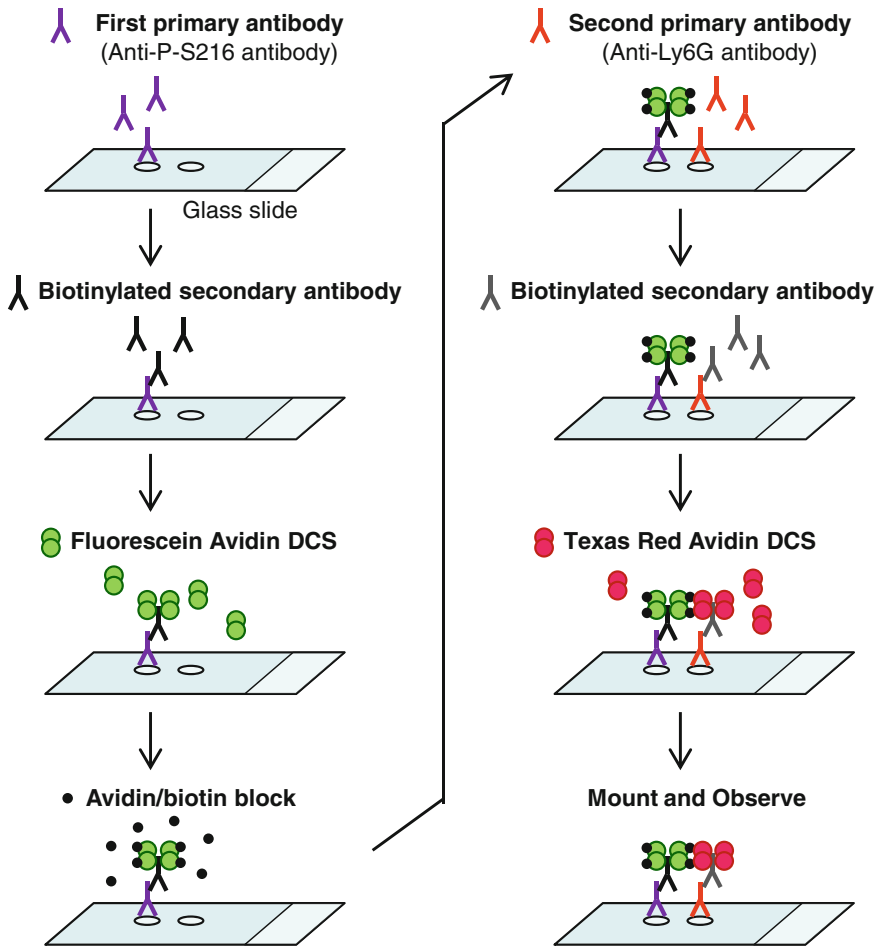
1. Collect blood from mouse postcaval veins.
2. Add 44  $\mu$ L of 3.8 % sodium citrate to 0.4 mL of blood in a swing rotor tube and shake gently.
3. Centrifuge the tube at  $350 \times g$  for 20 min at room temperature (turn off the centrifuge brake).
4. Remove upper layer (platelet rich plasma) from the tube.

5. Add a quarter volume of 6 % dextran solution to the cell pellet and gently mix with the lower layer by pipeting several times (*see Note 8*).
6. Add one volume of 0.9 % sodium chloride to the above mixture and gently pipet up and down several times (*see Note 8*).
7. Let the tube stand at room temperature for 20–30 min to allow RBC to sediment (*see Note 9*).
8. Collect the upper layer (WBC) and place in a new tube.
9. Centrifuge at  $220 \times g$  for 6 min at room temperature, with centrifuge brake set low.
10. Collect the resulting pellet and resuspend the WBC in less than 0.5 mL of PBS.
11. Dilute an aliquot of the WBC suspension in trypan blue (1/100) and count cells using a hemocytometer (*see Note 10*).

### **3.5 Double Fluorescence Staining with Fluorescein and Texas Red**

This section introduces two staining methods using Fluorescein and Texas Red or Alexa.

1. Cytospin mouse WBC ( $1 \times 10^5$  cells per 100  $\mu$ L) from **step 10** of Subheading 3.4 onto a glass slide. Allow the cells to dry overnight at room temperature.
2. Fix the cells by submerging the slide in 4 % formalin solution for 20 min at room temperature.
3. Incubate with Avidin solution for 15 min at room temperature to block for avidin/biotin.
4. Rinse briefly with PBS and incubate with a Biotin solution for 15 min at room temperature.
5. Wash with PBS twice for 5 min.
6. Incubate with blocking buffer (PBS/1.5 % normal goat serum) for 20 min at room temperature.
7. Incubate with anti-P-S216 antibody (a 1:25–50 dilution) in blocking buffer for 40 min at room temperature and wash with PBS twice for 5 min (Fig. 2).
8. Incubate with a biotinylated goat anti-rabbit antibody (5–10  $\mu$ g/mL dilution) in blocking buffer for 30 min at room temperature and wash with PBS for 5 min twice.
9. Incubate with Fluorescein Avidin DCS (1:100) in PBS for 8 min and wash with PBS twice for 5 min.
10. To stain the neutrophils in the WBC sample, use Ly6G as a neutrophil marker. Repeat the blocking reactions in **steps 3** and **4** of Subheading 3.5, then continue with **step 11** of Subheading 3.5.
11. Incubate with blocking buffer (PBS/1.5 % normal rabbit serum) for 20 min at room temperature.



**Fig. 2** Flowchart of double immunofluorescent labeling using two primary antibodies from different species

12. Incubate with anti-Ly6G antibody (1:70 dilution) in blocking buffer for 30 min at room temperature.
13. Wash with PBS twice for 5 min.
14. Incubate with a biotinylated rabbit anti-rat antibody (5–10  $\mu\text{g}/\text{mL}$  dilution) in blocking buffer for 30 min at room temperature and wash with PBS twice for 5 min.
15. Incubate with Texas Red<sup>®</sup> Avidin DCS (1:100) in PBS for 8 min and wash with PBS buffer twice for 5 min.
16. Coverslip with mounting medium/DAPI.
17. Observe fluorescence staining using a confocal microscopy.

### **3.6 Double Fluorescence Staining with Alexa 488 and Alexa 594**

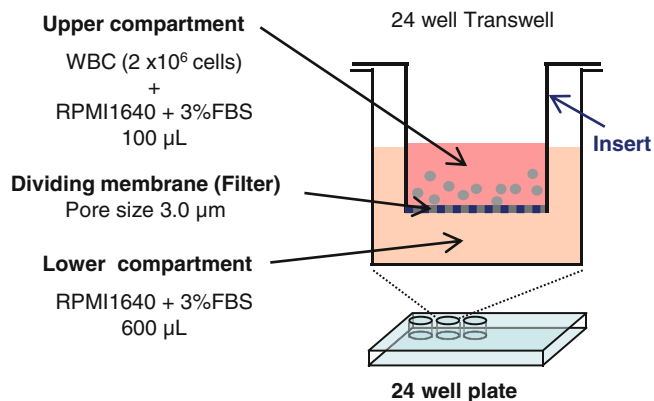
1. Fix cells as described in Subheading 3.5, steps 1 and 2.
2. Wash cells with PBS twice for 5 min.
3. Incubate with blocking buffer (PBS/1.5 % normal goat serum) for 20 min at room temperature.



4. Incubate the cells with anti-P-S216 antibody (1:25–50 dilution) in blocking buffer for 40 min at room temperature.
5. Wash with PBS twice for 5 min.
6. React with a neutrophil marker anti-Ly6G antibody (1:70 dilution) in blocking buffer for 30 min at room temperature.
7. Wash with PBS twice for 5 min.
8. Incubate with a mixture of Alexa Fluor<sup>®</sup> 488 Goat anti-rabbit secondary antibody and Alexa Fluor<sup>®</sup> 594 Goat anti-rat secondary antibody (each 1:500 dilution) in blocking buffer for 2 h at room temperature in the dark.
9. Wash with PBS twice for 5 min.
10. Coverslip with mounting medium/DAPI.
11. Observe fluorescence staining of the cells that are attached to the insert using confocal microscopy.

### 3.7 *In Vitro* Migration Assay

1. Add 600  $\mu$ L of RPMI conditional medium/3 % FBS to each well of a 24-well plate.
2. Dilute WBC (from **step 10** of Subheading 3.4) to  $2 \times 10^6$  cells per 100  $\mu$ L in RPMI conditional medium/3 % FBS.
3. Gently add the diluted WBC to a Transwell insert (Fig. 3).
4. Set insert into the well and incubate for 90 min at 37 °C.
5. Collect media from the upper and lower compartments.
6. Attach cells from both compartments on separate glass slides using a Cytospin and dry overnight at room temperature for double fluorescence staining (*see* Subheading 3.5 or 3.6) (*see* **Note 11**).
7. Some neutrophils will migrate through the filter that divides the upper from lower compartments but do not move into the media of the lower compartment. To stain the neutrophils



**Fig. 3** Schematic of the *in vitro* Transwell cell migration system

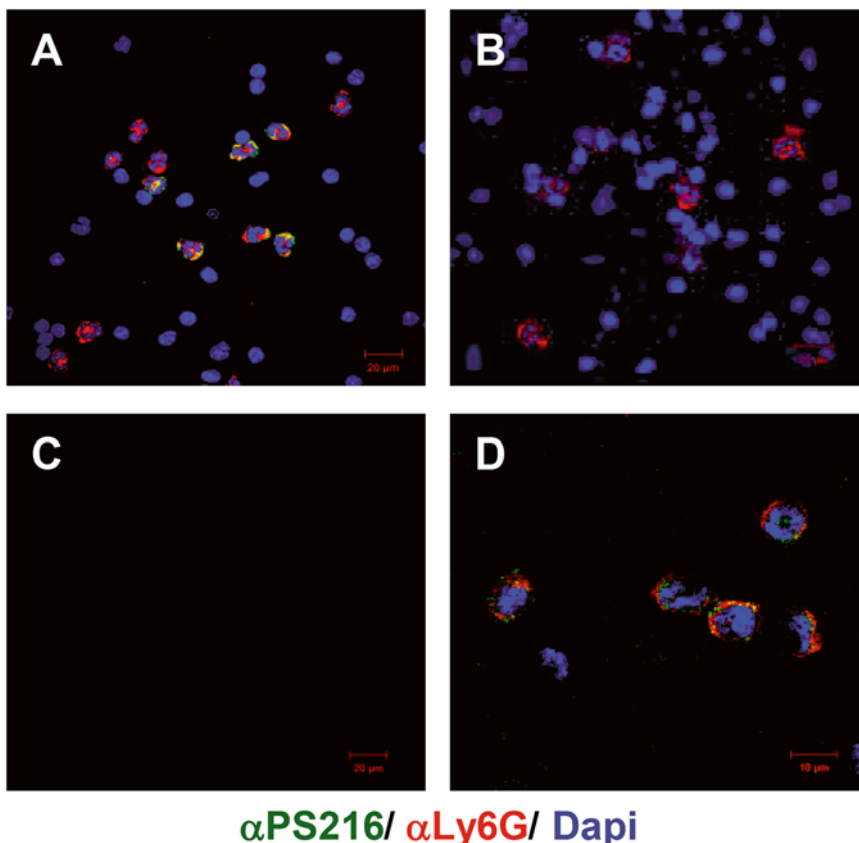
that remain attached to the membrane, employ the following procedures.

8. Wash the insert with PBS to remove cells on the upper surface of the filter.
9. Place the insert in a new well filled with 1 mL of 4 % formalin for 20 min at room temperature to fix cells on the bottom surface of the filter.
10. Perform procedures for double fluorescence staining (*see* Subheading 3.5 or 3.6).
11. Remove the stained filter from the insert and place it on a glass slide with its lower surface facing upwards.
12. Mount this filter with a coverslip and mounting medium/DAPI.
13. Observe staining using confocal microscopy as in Fig. 4.

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## 4 Notes

1. The purified antibody used here (0.29 mg protein/mL) was produced in rabbits by AnaSpec, Inc [4]. This antibody is not commercially available at the present time.
2. Purified fraction from rat brain that consists primarily of  $\alpha$ ,  $\beta$  and  $\gamma$  isoforms with lesser amount of  $\delta$  and  $\zeta$  isoforms.
3. GST-mouse ER $\alpha$  and its mutant (Ser216Ala) were constructed in our laboratory.
4. Weigh directly into bottle (without a spatula) and dissolve in sterile water. Store at 4 °C.
5. Weigh directly into bottle (without a spatula) and dissolve in sterile water by sonicating, warming and shaking. After filtration, store the solution at 4 °C.
6. Set timer of the decloaker apparatus (a type of pressure cooker) for 3 min. However, the entire decloaking process takes a total of 30 min because of the time needed for increasing and decreasing the internal pressure.
7. Dilute anti-P-S216 antibody with PBS/1.5 % normal goat serum to the concentration of 10  $\mu$ g/mL and add either phospho-peptide or non-phospho-peptide in PBS to the same final concentration as that of the antibody.
8. Pre-warm 6 % dextran solution and 0.9 % sodium chloride in 37 °C water bath just before use.
9. Pipet out bubbles from solution before allowing the tube to stand for 20–30 min.
10. Count only granulocytes based on their smaller size.



**Fig. 4** Migration of phosphorylated ER $\alpha$ -expressing neutrophils in Transwell system. The WBC fraction prepared from peritoneal blood of C3H/HeNCR1BR females was subjected to an *in vitro* migration assay as described in Subheading 3.7. Panel **a** illustrates the total WBC cell fraction that was added to the *upper* compartment. Panel **b** shows the cells that remained in the *upper* compartment after the migration assay. Panel **c** illustrates the cells that migrated into the *lower* compartment. Panel **d** illustrates the cells that migrated to the lower surface of the dividing filter. These cells were double stained by anti-Ly6G (in *red*) and  $\alpha$ P-S216 (in *green*) antibodies. DAPI stains nuclei in *blue*. Neutrophils stained by both antibodies are in *yellow*. The data demonstrate that only those blood neutrophils that expressed phosphorylated ER $\alpha$  were able to migrate in this *in vitro* Transwell assay

11. Centrifuge medium at  $220\times g$  for 6 min at room temperature. Remove the supernatant and resuspend the pellet in 100  $\mu$ L PBS in preparation for the Cytospin.

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## Acknowledgments

This work was supported by the Intramural Research Program of the NIH, National Institute of Environmental Health Sciences: Z01ES1005-01. We would like to acknowledge Dr. Kenneth Korach's lab members and also Drs. Gordon Flake and Hideki Nakano for various experimental protocols.

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