# **Endoscopic Forehead Elevation: Patient Marking and Preparation**

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# Geva Mannor

# **Patient Marking**

Number of incisions 3–6 depending on hair type and lift desired.

Balding patients—central incision may still be hidden.

Bald patients—central incision optional, other incision at hair fringe.

Incision length—1.5–3.5 cm.

Meticulous closure of long incision is preferred to traumatizing short incision.

Parasagittal incision vector can define brow peak.

#### **Anatomic Landmarks**

Supraorbital and supratrochlear bundles, VII branch, conjoined tendon

### **Individualized Landmarks**

Corrugator and procerus muscles, rhytids

# **Hair Confinement**

Wet or dry hair Rubber bands, hair clips Similar to "braids" little girls wear Port protectors

# **Prepping and Draping**

Occiput should hang over head of bed. The entire face, head, and hair should be prepped. The entire face, head, and hair should be exposed. Drape below the chin and occiput.

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