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# Do $\beta$ -Thymosins Play a Role in Human Nephrogenesis?

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## Introduction: The $\beta$ -Thymosin Family

$\beta$ -Thymosins are a family of ubiquitous peptides with a molecular mass of about 5 kDa and with a sequence of 40–44 amino acid residues [1]. The name thymosin derives from the first isolation of these peptides from calf thymus in 1966 by Goldstein et al. [2] among other lymphocytopenic factors. Thymosins are subdivided into three main groups according to their different isoelectric points:  $\alpha$ -thymosins,  $\beta$ -thymosins, and  $\gamma$ -thymosins with a pH below 5.0, between 5.0 and 7.0, and above 7.0 respectively. Hannappel and coworkers

first isolated T $\beta$ 4 from vertebrate's and invertebrate's cells through different schemes of purification [3, 4]. More than 15  $\beta$ -thymosins were described but T $\beta$ 4 is known to be the most expressed peptide in mammals including humans [4, 5]. In water solution,  $\beta$ -thymosins are destructured and N- and C-terminal helixes are generated after addition in alcohol or binding to G-actin. Moreover, thanks to a flexible structure,  $\beta$ -thymosins can interact with different intra and extra cellular proteins [5].

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## Thymosin $\beta$ 4

T $\beta$ 4 is an ubiquitous peptide with very interesting multiple functions. The complete amino acid sequence of T $\beta$ 4 was described in 1981: it contains 43 amino acids, with a high proportion of lysyl and glutamyl residues [6]. The human T $\beta$ 4 gene (hT $\beta$ 4) is located on chromosome X and comprises three exons and two introns [7]. The translation product is modified by removal of the N-terminal methionine and acetylation. T $\beta$ 4 plays pivotal roles in the cytoskeletal system as G-actin sequestering peptide, activity that can explain T $\beta$ 4 effects on regulation and differentiation of T lymphocytes [8], and inhibition of macrophage migration [9]. T $\beta$ 4 is leaderless: as a consequence, the mechanism of its release is completely unknown [1]. T $\beta$ 4 is considered the most abundant among  $\beta$ -thymosin peptides in mammalian tissues: its activity has been mainly related to the regulation of actin polymerization in living cells [10, 11].

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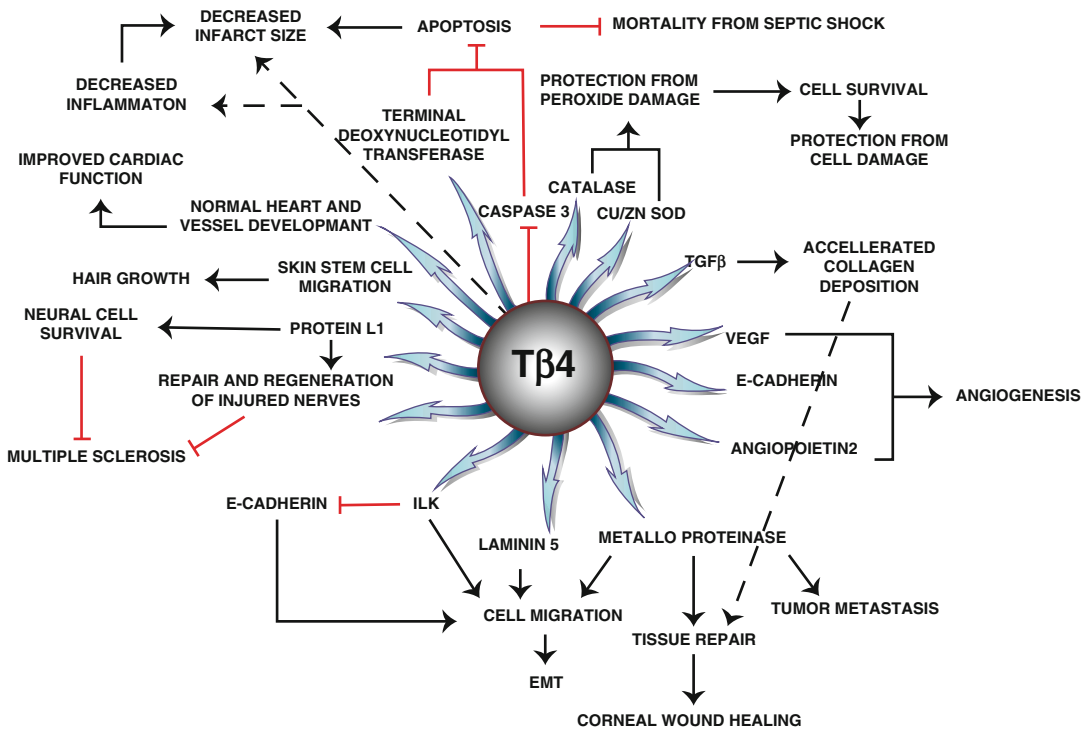
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**Fig. 8.1** Multiple biological functions of T $\beta$ 4

T $\beta$ 4 also exerts biological effects on hypothalamus and pituitary gland [12] and it is a potential precursor of seraspenide, the Ac-SPDK tetrapeptide corresponding to the N-terminal sequence of T $\beta$ 4 [13]. Seraspenide blocks hematopoietic pluripotent stem cells in the G<sub>0</sub>-phase, inhibiting their entry into the S-phase in vivo [14]. T $\beta$ 4 is also involved in many critical biological activities [15], including angiogenesis [16], wound healing [17], inflammatory response [18], and cell migration [19]. Furthermore, T $\beta$ 4 modifies the rate of spreading of endothelial cells on matrix components by inducing matrix metalloproteinases [20] and it is involved in the development and repair of heart [19] and brain damages [20] (Fig. 8.1). The presence of T $\beta$ 4 in human saliva and tears has been recently demonstrated by immunological techniques [21]: T $\beta$ 4 is highly expressed in saliva of human newborns, but not in saliva of adult subjects [22]. T $\beta$ 4 immunostaining was identified in acinar cells of the parotid, submandibular, and sublingual glands, as well as in minor salivary

glands of fetuses, clearly indicating these cells as the source of T $\beta$ 4 in the saliva of human newborns [23].

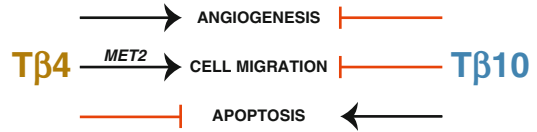
## Thymosin $\beta$ 10

T $\beta$ 10, a member of  $\beta$ -thymosins, was described for the first time in 1983 in mammalian tissues as a T $\beta$ 4 analogous [24, 25]. The T $\beta$ 10 gene is located on chromosome 2 and it consists in three exons and two introns. T $\beta$ 10 is a peptide with 43 amino acids and is located in the cytoplasm of different cell types. It plays a role in the modulation and organization of the cytoskeleton, by binding to G-actin. Thanks to this peculiarity, T $\beta$ 10 can interfere in cellular motility and proliferation [26]. There are many differences between T $\beta$ 4 and T $\beta$ 10: while T $\beta$ 4 promotes angiogenesis [27], T $\beta$ 10 inhibits it interfering with the Ras functions [28]. On the one hand, T $\beta$ 4 facilitates cellular migration through the production of metallopro-

teinases-2 and on the other hand T $\beta$ 10 inhibits endothelial cellular migration [29]. T $\beta$ 4 plays an important anti-apoptotic role preventing the apoptosis in cardiomyocytes [19] whereas hyperexpression of T $\beta$ 10 in cell lines of ovarian carcinoma enhances the process of apoptosis inhibiting tumoral growth [30]. T $\beta$ 10 has been reported to be over-expressed in human carcinogenesis [31], in carcinoma of the thyroid [32], in breast tumors [33], in lung carcinoma [34], in renal carcinoma [35], and in pancreatic tumors [36]. T $\beta$ 10 plays a critical role during human embryogenesis in multiple organs, including the central nervous system [22, 37, 38]. Interestingly, the high levels of T $\beta$ 10 found in human fetal brain were reported to drop rapidly after birth [39], suggesting a specific role for T $\beta$ 10 during human brain development [40, 41]. The role of T $\beta$ 10 during embryogenesis of neural cells was subsequently confirmed by studies showing its participation in neurite outgrowth [42]. Taken all together, these data suggest that T $\beta$ 10 is specifically implicated in the development of brain and nervous tissues. However, detailed expression patterns of T $\beta$ 10 in different cells and tissues of the human embryo and newborn, at the best of our knowledge, are not available.

### Thymosin $\beta$ 10 in Fetal Salivary Glands

T $\beta$ 10 and T $\beta$ 4 are detectable in high concentration in whole saliva of human preterm newborns, while it disappears in adults. On the basis of these data, it seemed of interest to study even the influence of T $\beta$ 10 during the development of the human salivary glands. To this end, we analyzed, using immunohistochemistry, the expression of T $\beta$ 10 in samples of the major and minor salivary glands obtained, at autopsy, from human fetuses and newborns, ranging from 13 up to 33 weeks of gestation. T $\beta$ 10 immunoreactivity was detected in all salivary glands examined, with marked differences from one gland to the next. The parotid glands showed the highest T $\beta$ 10 reactivity while the lowest reactivity was detected in the minor



**Fig. 8.2** Main antithetic functions of T $\beta$ 4 and T $\beta$ 10

salivary glands. Marked changes were observed in T $\beta$ 10 expression and localization during embryogenesis. In particular, T $\beta$ 10 was mainly localized extracellularly in the youngest human fetuses (13 weeks), in the cytoplasm of immature duct cells at 20 weeks, in acinar cells, and in the duct lumen in 33 weeks old fetuses. For the first time we showed a strong expression of T $\beta$ 10 in the human salivary glands during the initial phases of the physiological development, T $\beta$ 10 being detected starting from the 13th week of gestation, and suggesting a role for the peptide in the salivary glands' organogenesis (37) (Fig. 8.2).

### The Role of $\beta$ -Thymosins in Embryogenesis

First works on  $\beta$ -thymosins in human tissues focused on the role of T $\beta$ 4 in embryogenesis with the following aims: to identify whether the pattern of T $\beta$ 4 expression might change at different gestational ages during the intrauterine life, to control whether the T $\beta$ 4 expression pattern could change in neonates and adult subjects. To this end, we analyzed parotid, submandibular, sublingual, and minor salivary gland tissue samples obtained from human fetuses of different gestational ages. Immunohistochemical studies clearly demonstrated the presence of two main protein reactivity patterns: a granular pattern, observed in the cytoplasm of acinar cells, inside the ductal lumen, and in the connective tissues surrounding the epithelial structures; a diffuse pattern, characterized by the homogeneous staining of the entire cytoplasm, mainly detected in ductal cells [23]. We hypothesized that the granular immunoreactivity could be related to T $\beta$ 4 secretion in two ways: at the apical pole of acinar cells into saliva, in which the peptide is present in high quantities

[18, 44] and at the basolateral pole into the connective tissues, in which the peptide could have autocrine or paracrine functions. The homogeneous cytoplasmic pattern, mainly found in the ductal cells of adult salivary glands, was interpreted as characteristic of the binding of T $\beta$ 4 to G-actin monomers [23]. Moreover, when we analyzed immunoreactivity for T $\beta$ 4 in tumors originating from salivary glands we detected the peptide in the vast majority of neoplasias studied. In particular, a strong expression for the peptide was detected in mixed tumors of salivary glands, being found in the cytoplasm of myoepithelial tumor cells and in Warthin tumor cells. Our data collectively suggest that T $\beta$ 4 expression in human salivary glands may be summarized by: (1) a strong reactivity in fetal glands; (2) marked decrease in expression in adult glands and (3) re-expression in tumor progression. Moreover, in some salivary gland tumors, a great number of intra- and peritumoral mast cells were observed, all characterized by a strong immunostaining for the peptide [45]. These findings indicate a role for T $\beta$ 4 not restricted to the physiological development of salivary glands, but also in cancer development and progression, likely due to the utilization of fetal programs by salivary gland cancer cells. In line with this hypothesis, the observation of T $\beta$ 4-rich tumor-infiltrating mast cells in salivary gland tumors underscores the hypothesis that this peptide could serve as a local paracrine mediator, with a relevant role in cellular cross-talking within the tumor microenvironment [46]. Concerning the function of T $\beta$ 4 in neoplastic cells, this peptide has been shown to have antiinflammatory and cytoprotective functions by suppressing secretion of the proinflammatory cytokine IL8 and by protecting cells against TNF-induced apoptosis [47] (Fig. 8.1) and by inhibiting neutrophil infiltration and decreasing the expression of proinflammatory cytokines [48]. Because of its multifunctional roles in protecting cells against apoptosis [22, 48] and in stimulating neoangiogenesis [49], T $\beta$ 4 released by tumor cells and/or by mast cells in the tumor microenvironment could significantly contribute to cancer cell survival and diffusion. As a consequence, T $\beta$ 4 might represent a new

molecular target to be considered for future antitumor strategies in different human tumors [50]. The finding of strong expression of T $\beta$ 4 in the cytoplasm of tumor-infiltrating mast cells [45] extends our knowledge regarding the immunophenotypic profile of mast cells and contributes to our understanding of immune cells/cancer cells cross talk. T $\beta$ 4 has been suggested as the ideal actin monomer sequestering protein [51]. Its function was first restricted to regulate actin polymerization of non-muscle cells, with multiple effects on cell surface remodeling and motility [52]. Further data suggesting a role of T $\beta$ 4 in modulating stem cell migration [49], activation [53], and inhibition [54], as well as in regulating integrin signaling [55] prompted some authors to speak of the “thymosin enigma.” [56]. The theory on the putative role of T $\beta$ 4 in the physiological development of embryos, as well as in vascularization and tissue recovery in acute and chronic ischemia, was reinforced by the discovery that T $\beta$ 4 is one of the most abundant factors secreted by embryonic endothelial progenitor cells [57]. Data suggesting a role for T $\beta$ 4 in the recruitment of stem cells in different organs, and in particular during the embryonic and fetal development, prompted us to investigate the expression of the peptide in human fetuses and embryos of different gestational ages, assessing a potential role of T $\beta$ 4 in the development of the different components of the gastrointestinal tract [58]. Moreover, we analyzed samples from gut, liver, and pancreas in order to study T $\beta$ 4 expression. T $\beta$ 4 was highly expressed in the epithelial cells during the early phases of the development, both in gut and pancreas, confirming previous studies indicating a possible relevant role of T $\beta$ 4 in the development of the gastrointestinal tract. For the first time, a marked heterogeneity of T $\beta$ 4 expression within the gastrointestinal tract was found, ranging from a diffuse immunoreactivity for the peptide in pancreas and gastrointestinal cells to the absence of the protein in the vast majority of fetal and newborn livers examined. Moreover, we detected marked differences in T $\beta$ 4 expression among different cell types within the single organs. The most striking differences were found in the fetal pancreas: T $\beta$ 4 immunoreactivity was

strong in the endocrine cells of the Langerhans islets, in the absence of any significant reactivity in exocrine acinar and ductal cells. Interindividual differences were also reported regarding the intensity of the immunoreactivity for T $\beta$ 4 and its subcellular localization, primarily related to the different gestational age of the subjects studied. The strong positivity of T $\beta$ 4 in multiple cell types of the developing gastrointestinal tract in humans suggests a relevant role for the peptide in human physiological development. When T $\beta$ 4 expression pattern was analyzed in the adult gastrointestinal tract, we observed a marked decrease in immunoreactivity for the peptide. In particular, enterocytes of the ileum and colon did not show any significant reactivity for T $\beta$ 4. The pattern of immunostaining for T $\beta$ 4 in the adult pancreas appeared similar to that described in fetal pancreas. On the contrary, significant changes were detected in the adult human liver: T $\beta$ 4 was highly expressed in the vast majority of adult hepatocytes, with a preferential localization in the hepatocytes bordering the terminal veins (zone3 of the acinus) [59].

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### Thymosin $\beta$ 10 Expression in Human Nephrogenesis

The report that the T $\beta$ 10 is expressed at high levels in embryonic human tissues as well in human kidney induced us to study T $\beta$ 10 reactivity in the preterm kidney in order to verify the immunoreactivity of this peptide during renal embryogenesis [37]. To this end, we analyzed by immunohistochemistry, the expression of T $\beta$ 10 in samples of human kidney obtained, at autopsy, from fetuses and preterm infants ranging from 25 to 36 weeks of gestation and at term newborns. T $\beta$ 10 immunoreactivity was detected in the majority of kidneys examined. In all kidneys, immunostaining for the peptide was mainly restricted to proximal and distal tubules. T $\beta$ 10-positive tubular cells showed a diffuse cytoplasmic immunoreactivity, in the absence of significant intraluminal reactivity. Occasionally, even nuclei of tubular cells showed a mild reactivity for the peptide. No significant immunoreactivity was observed in the collecting ducts.

The glomerular compartment was mainly excluded by T $\beta$ 10 localization with the vast majority of glomeruli being completely negative. In half of kidneys examined we detected scattered reactive cells inside the glomerular tufts. Nevertheless, in all preterms older than 29 weeks of gestation, glomeruli were completely negative. The extent and the intensity of immunoreactivity for T $\beta$ 10 in proximal and distal tubular cells changed from one case to the next. Immunostaining for T $\beta$ 10 was also observed in the subcapsular regions, in areas of active glomerulogenesis in half of cases observed. In this area, the reactivity for the peptide was mainly granular, and localized in the cytoplasm of the comma- and S-shaped bodies. Even in the zones of active glomerulogenesis, developing collecting tubules did not show any reactivity for the peptide. The adult kidney, utilized as a control biopsy, showed reactivity for T $\beta$ 10 restricted to the cytoplasm of proximal and distal tubules. No reactivity was detected in the glomeruli. In that study we added some new data, showing that T $\beta$ 10 is highly expressed in the developing human kidney, being localized in the “comma-shaped bodies” and in the “S-shaped bodies” during the earliest phases of glomerulogenesis and in ductal cells in mature nephrons. Interestingly, reactivity for T $\beta$ 10 disappeared in the “S-shaped bodies” when glomerulogenesis started, with the generation of the primitive vascular tuft by vascular cells. Immunostaining for T $\beta$ 10 was more often absent in the glomeruli during their maturation, only scattered positive cells being found in half of cases. These data confirm even in the human kidney the selective localization of  $\beta$ -thymosins during development and the restriction of their immunoreactivity to specific peculiar structures and cells, with marked differences from one organ to the next. In the developing kidney, the marked preference of T $\beta$ 10 for the proximal and distal ductal structures, from their origin from the “S-shaped bodies” to the developed proximal and distal ducts, observed in this study is peculiar and does not parallel any previously reported reactivity for the peptide in other organs. The reason for this localization and the intimate function of T $\beta$ 10 during the different phases of



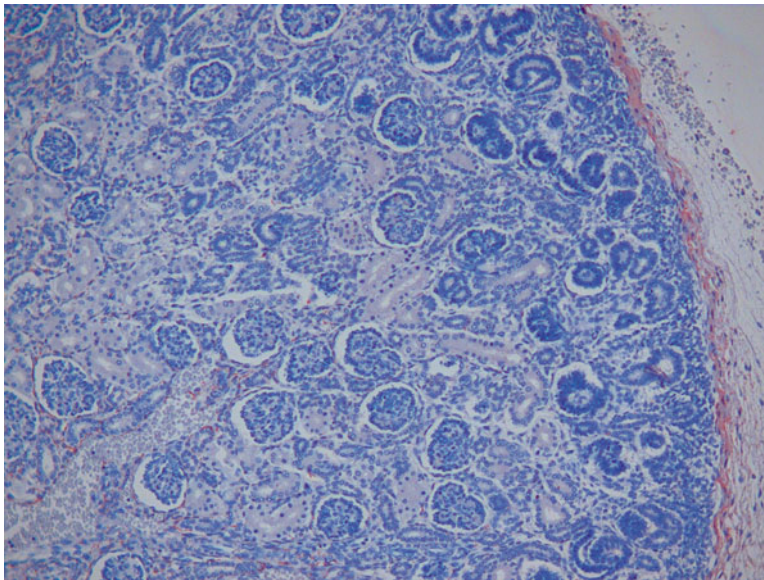
kidney development remain, at the best of our knowledge, unknown. We showed, for the first time, a marked heterogeneity of T $\beta$ 10 expression among glomerular and tubular structures, ranging from a diffuse immunoreactivity for the peptide in the proximal and distal tubuli to the absence of T $\beta$ 10 immunostaining in the vast majority of glomeruli. Marked interindividual differences are also present in T $\beta$ 10 expression at tissue level, regarding the intensity of the immunoreactivity for T $\beta$ 10 and its localization, even in fetuses and newborn with the same gestational age, suggesting the presence of additional factors which might influence the expression of the peptide in the developing kidney.

### Thymosin $\beta$ 4 Expression in Human Nephrogenesis

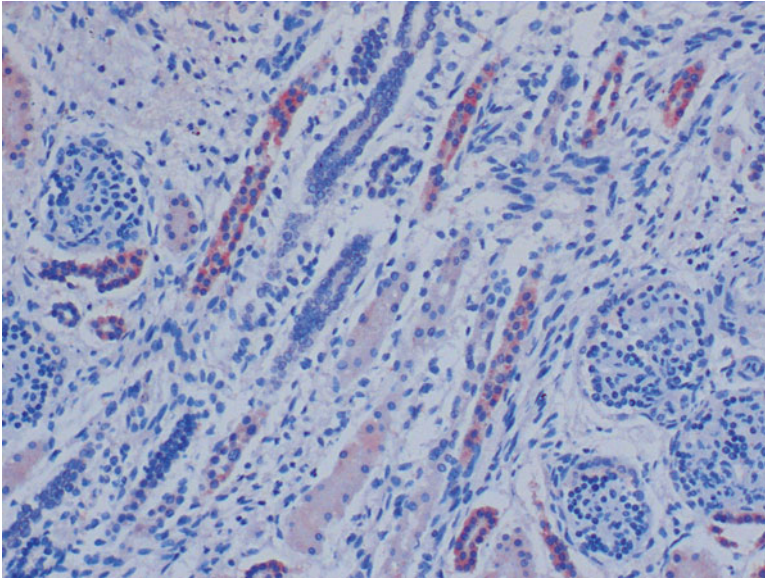
In order to verify if T $\beta$ 4 was involved in human nephrogenesis, immunoreactivity for this  $\beta$ -thymosin was performed in a series of fetal and newborn kidneys, ranging from 17 up to 38 weeks of gestation. The aim of our work was to verify if: (1) T $\beta$ 4 was expressed in the developing

kidney; (2) T $\beta$ 4 was detectable in the same renal structures in which T $\beta$ 10 was previously observed; (3) the expression pattern of T $\beta$ 4 might change in the different phases of gestation. Here the preliminary results of our study are reported. These preliminary data show that, contrary to T $\beta$ 10, T $\beta$ 4 is not mainly expressed in the epithelial components of the developing kidney. In particular, in all kidney samples immunostained, T $\beta$ 4 reactivity was very weak or completely absent in all cell types of the nephrogenic zone in the subcapsular areas. Moreover, T $\beta$ 4 did not mark any cell component of developing glomeruli, of proximal tubules, and of collecting tubules (Fig. 8.3). Regarding the different segments of renal tubules, only in few cases anti-T $\beta$ 4 antibodies immunostained distal tubules (Fig. 8.4) and Henle loops (Fig. 8.5).

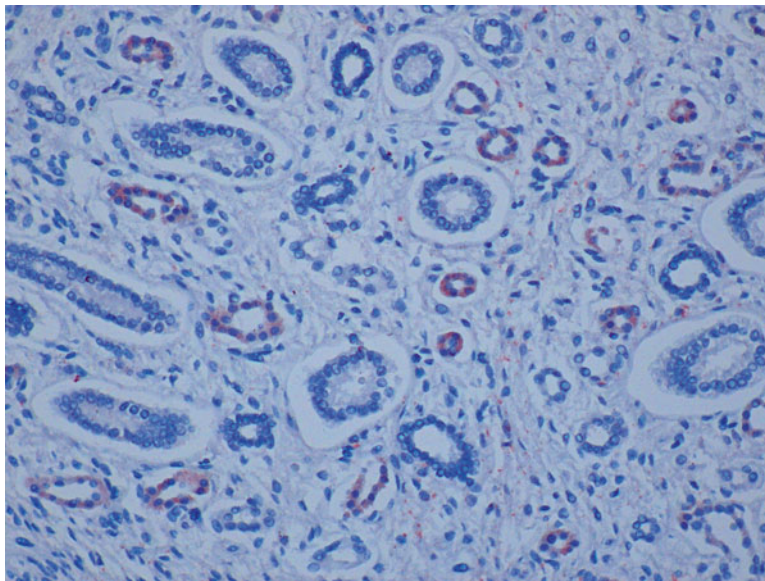
Contrasting with the absence of reactivity in the outer cortex, T $\beta$ 4 appeared strongly expressed at the renal hilum. In the perihilar regions the peptide appeared restricted to the mesenchymal/stromal cells, i.e., in the interstitium of the renal medulla (Fig. 8.6). Some peculiar zones appeared characterized by a stronger expression of T $\beta$ 4. The highest levels of T $\beta$ 4



**Fig. 8.3** A strong immunoreactivity for T $\beta$ 4 is detected in cells of the renal capsule. Developing glomeruli, proximal tubules, and collecting tubules are not reactive for the peptide



**Fig. 8.4** T $\beta$ 4 shows a homogeneous immunoreactivity in the distal tubules

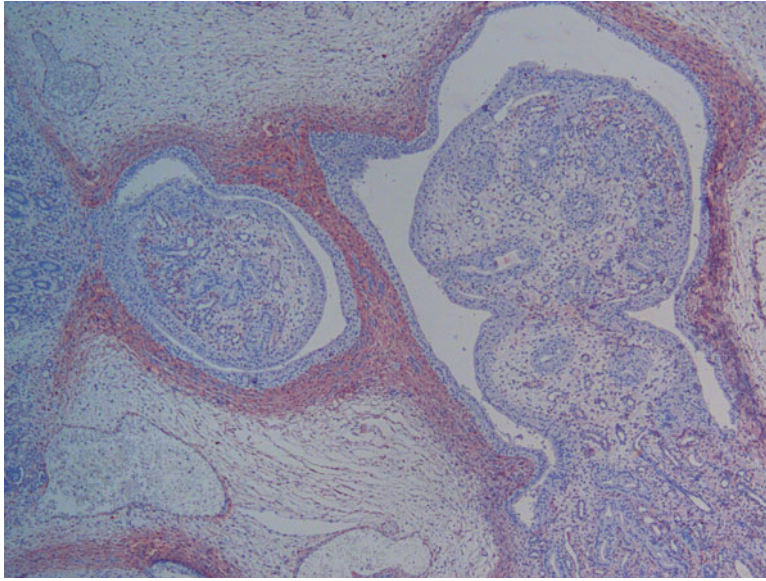


**Fig. 8.5** A homogeneous activity for T $\beta$ 4 is observed in the Henle loops. Collecting tubules do not show any reactivity for the peptide

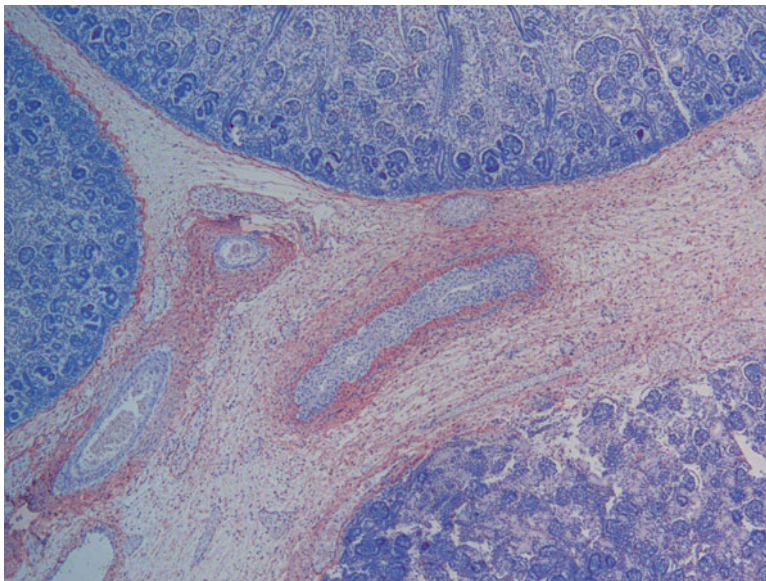
immunoreactivity were frequently found in the stromal cells encircling the ureter (Fig. 8.7). In the ureteral wall, the negativity of the transitional epithelium contrasted with the high levels of T $\beta$ 4 expression in the majority of cells giving rise to the ureteral wall (Fig. 8.8). The second

preferential location of T $\beta$ 4 reactivity was the arterial wall: in particular, T $\beta$ 4 was highly expressed in cells of the outer layer of arteries (Fig. 8.9). Undifferentiated mesenchymal stromal cells of the renal medulla often showed T $\beta$ 4 immunoreactivity, appearing as small cytoplasmic





**Fig. 8.6** A strong immunorepression for Tβ4 is detected at the renal hilum



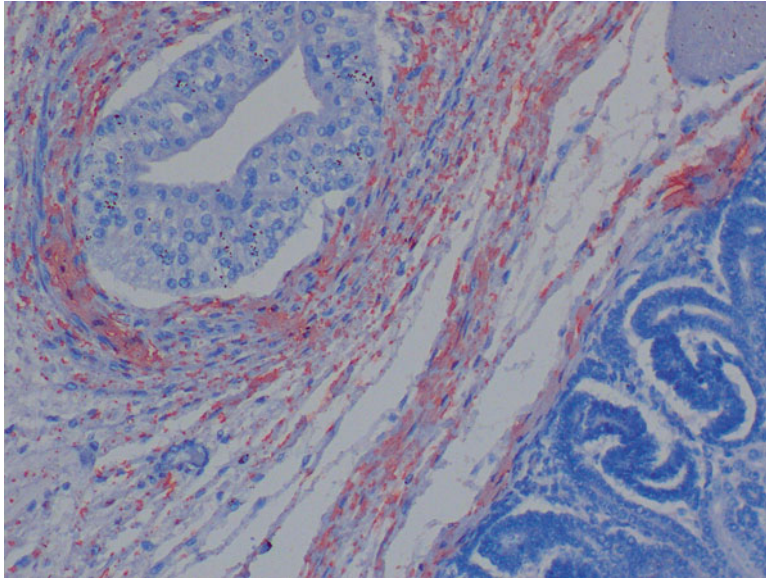
**Fig. 8.7** An intense immunoreactivity for Tβ4 is observed in the cytoplasm of the stromal cells encircling the ureter and renal artery branches

granules, contrasting with the absence of any reactivity for the peptide in the collecting tubules (Fig. 8.10). The expression of Tβ4 in the renal cortex was less evident at panoramic views. At higher power, Tβ4 expression appeared restricted to the cortical-stromal interstitial cells.

The following compartments were mainly immunoreactive for Tβ4:

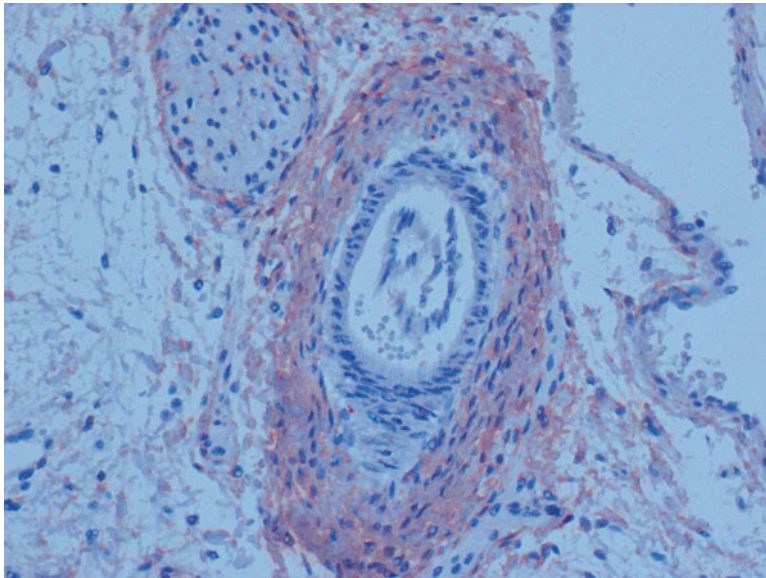
1. The Bowman capsule cells were frequently encircled by a thin Tβ4-reactive line. Occasionally, Tβ4 was also expressed in the cytoplasm of capsular cells (Fig. 8.11).





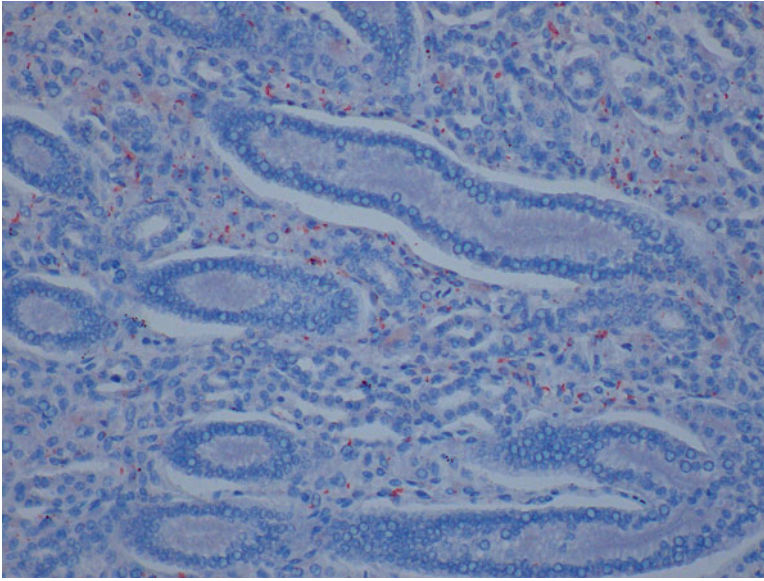
**Fig. 8.8** Coarse cytoplasmic granules immunoreactive for T $\beta$ 4 are detected in the majority of cells of the ureteral wall. The transitional epithelium is negative. A diffuse

immunoreactivity for T $\beta$ 4 is observed in the stromal cells surrounding the renal capsule

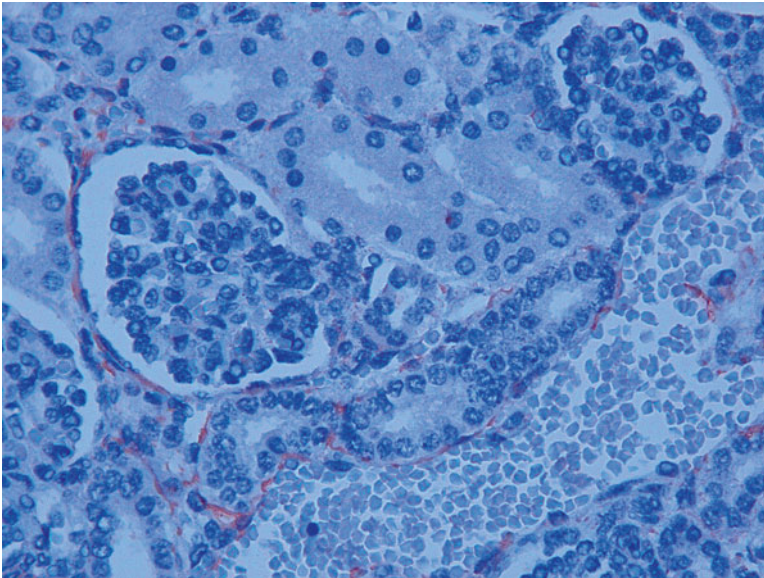


**Fig. 8.9** A diffuse cytoplasmic reactivity for T $\beta$ 4 is detected in cells of the outer layer of the arterial wall. Immunoreactivity for T $\beta$ 4 is also detected in the stromal cells surrounding nerves and in the mesenchymal stroma

2. T $\beta$ 4 frequently marked the basal lamina of distal tubules, appearing as a thin line encircling epithelial tubular cells (Fig. 8.11).
3. Interstitial cortical cells, located among glomeruli and tubuli, frequently showed immunostaining for the peptide, appearing as granular deposits in the cytoplasm of stromal cells (Fig. 8.12).
4. A strong reactivity for T $\beta$ 4 was constantly detected in cells of the renal capsule.



**Fig. 8.10** Mesenchymal stromal cells of the renal medulla show immunoreactive for Tβ4. No reactivity for the peptide is detected in collecting tubules



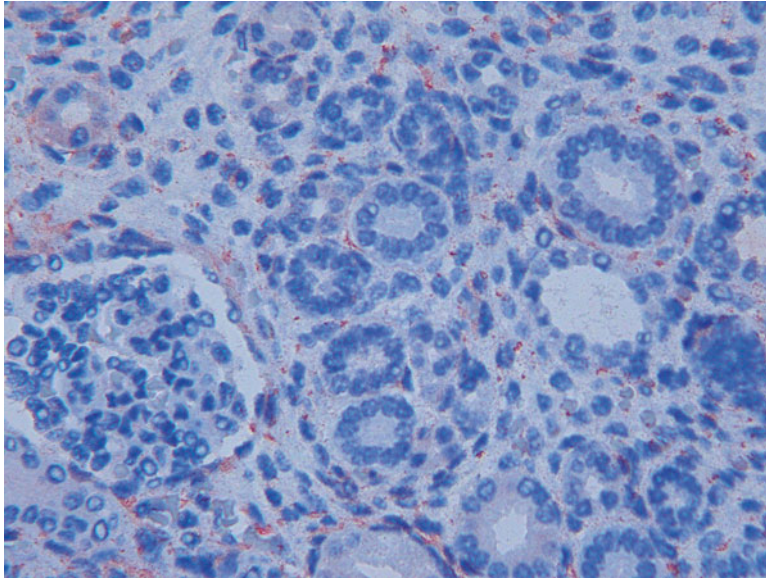
**Fig. 8.11** Tβ4-reactive cells encircle distal tubules and Bowman capsule cells

## Conclusions

Tβ4 and Tβ10 are both involved in human nephrogenesis, being detected in fetal and neonatal kidney at different gestational ages. The most interesting

finding emerging from our immunohistochemical studies is represented by the restriction of these two β-thymosins to different kidney compartments. Tβ10 appears to be mainly involved in the early phases of differentiation of the proximal nephron lineage, being expressed in the S-shaped bodies.





**Fig. 8.12** Granular deposits in the cytoplasm of stromal cells are detected around glomeruli and tubuli

Moreover, T $\beta$ 10 was also expressed in proximal tubular cells. Contrasting with the prevalent “epithelial immunoreactivity of T $\beta$ 10, T $\beta$ 4 was mainly expressed in cells of the non-nephron lineage and, in particular, in the stromal–interstitial cells located in the cortex and in renal medulla. According with these data, T $\beta$ 4 appears as an important factor involved in the differentiation of the multiple (and in part unknown) cell types of the stromal lineage during kidney development. From a practical point of view, given the scarcity of immunohistochemical markers useful for the identification of cortical and medullary stromal cells, we suggest that T $\beta$ 4 might be utilized in the study of the interstitial component of the fetal and the newborn kidney. Expression of T $\beta$ 4 by two epithelial components, the cells of the Henle loops and the cells of the Bowman capsule, adds new data to confirm the “Thymosin enigma” [56]. In conclusion, our data evidence that T $\beta$ 4 and T $\beta$ 10 are both involved in human nephrogenesis but that their expression is restricted to different cell compartments: T $\beta$ 4 to the stromal/interstitial cells, and T $\beta$ 410 to the nephron lineage [57–59]. Further studies are needed in order to better clarify the relationships between these two  $\beta$ -thymosins during the different phases of kidney development, with

the purpose to better defining the role of these peptides during human kidney development.

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