

# Chapter 7

## Gadd45 Stress Sensors in Preeclampsia

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**Abstract** Preeclampsia is a pregnancy-induced complex of multiple pathological changes. Numerous stresses during pregnancy, including hypoxia, immune activation, inflammatory cytokines, and oxidative stress were reported as contributing factors to the preeclamptic pathology. Seeking common sensors of various stressors in preeclampsia is of new interest and can potentially benefit in disease prevention and treatment. Recent studies have highlighted the role of the Gadd45a protein as a stress sensor in preeclampsia. In response to various pathophysiological stressors, notably hypoxia, inflammatory cytokines, and AT1-AAAs, Gadd45a activates Mkk3-p38 and or JNK signaling. This, in turn, results in immunological and inflammatory changes as well as triggering the production of circulating factors such as sFlt-1, which are believed to account for many of the pathophysiological-related symptoms of preeclampsia. Activation of inflammatory/immune responses in preeclampsia may function in a feedback loop to maintain elevated expression of Gadd45a protein.

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## 7.1 Stress and Preeclampsia

Preeclampsia, which affects approximately 5–8 % of all pregnancies, is one of the leading causes of maternal and fetal morbidity and mortality (Turner 2010; MacKay et al. 2001). It is a pregnancy-induced complex of multiple pathological changes, which are manifested as elevated blood pressure, proteinuria, and edema in the mid-late term of gestation (ACOG 2002). Multiple stresses were found contributing to the preeclamptic condition (Hubel 1999; Benyo et al. 2001; Teran et al. 2001).

### 7.1.1 Hypoxia

Hypoxia (i.e., placental ischemia) is essential in the pathogenesis of preeclampsia and is caused through a variety of mechanisms involved with abnormal placentation. Inadequate trophoblast invasion that results in deficient remodeling of the uterine spiral arteries is regarded as a primary cause of placental ischemia (Conrad and Benyo 1997). Poor placentation impairs the development of the early placenta and the maternal blood supply (Redman and Sargent 2005). This process starts from the 6th week of gestation and is prolonged to the latter two trimesters, eventually resulting in typical clinical presentations of preeclampsia, including intrauterine growth retardation (IUGR) (Redman and Sargent 2005).

Hypoperfusion can be both a cause and a consequence of abnormal placental development. A causal connection between poor placental perfusion, abnormal placental development, and preeclampsia is supported by the following evidences: medical conditions associated with vascular insufficiency (e.g., hypertension, diabetes, systemic lupus erythematosus, renal disease, acquired and inherited thrombophilias) increase the risk of abnormal placentation and preeclampsia (ACOG 2002; Dekker 1999). Recent updates, on the other hand, showed that reducing uteroplacental blood flow in pregnant rats can reproduce characteristic preeclamptic manifestations (Li et al. 2012; Makris et al. 2007).

One remarkable consequence of hypoxia is the endothelial cell dysfunction, which subsequently increases circulating factors such as fms-like tyrosine kinase receptor-1 (sFlt-1) and soluble endoglin (sENG) from the placenta and triggers preeclamptic pathology (Maynard et al. 2003). Both sFlt-1 and sENG were found elevated in the serum of preeclamptic patients as well as in their placentas. sFlt-1 is a splicing variant of the VEGF receptor and acts as a VEGF antagonist due to the absence of transmembrane and cytoplasmic domains, resulting in vessel constriction and high blood pressure (Maynard et al. 2005). Injecting sFlt-1 into pregnant rats generated systemic preeclamptic changes such as hypertension, proteinuria, and renal pathology (Maynard et al. 2003). sENG, a soluble TGF- $\beta$  co-receptor, induces vascular permeability and hypertension in vivo, correlated with disease severity. Injection of sFlt-1 in combination with sENG into pregnant rats produced nephrotic-range proteinuria, severe hypertension, and biochemical evidence of HELLP syndrome (Venkatesha et al. 2006).

## 7.1.2 Immune Activation

### 7.1.2.1 Multiple Factors Triggers Immune Activation in Preeclampsia

**Paternal Antigen:** Retrospective studies have shown that preeclampsia occurs mostly in the first pregnancy. Likewise, partner change is correlated with increased risks of preeclamptic or hypertension in pregnancy (Zhang and Patel 2007). The prevailing hypothesis is that after the first pregnancy, the maternal immune system has “recognized” the paternal antigens and could tolerate the same antigens in subsequent pregnancies. Changing partner introduces new paternal antigens and with it a new risk for preeclampsia. The maternal immune system, therefore, has to reestablish an immune tolerance (Zhang and Patel 2007). Failure of this tolerance to occur may contribute to preeclampsia.

**HLA System:** Human trophoblast has a limited expression of strong transplantation antigens. These include nonpolymorphic HLA-E, F, and G (without signal paternal specificity) and HLA-C, on extravillous cytotrophoblast in interface II (with signal paternal specificity). It is reported that this interface regresses in the second half of pregnancy (Choudhury and Knapp 2001a, b). Since it is devoid of HLA expression at the third trimester, alloantigen-provoked pathological change occurs in the first half of pregnancy with the clinical presentation of preeclampsia in the late second or third trimester of the pregnancy.

**Autoimmune Antibodies:** Autoimmune antibodies were highlighted recently by numerous researches of their role in preeclampsia. Agonistic angiotensin II type 1 (AT1) receptor autoantibodies (AT1-AAAs) that share the same AT1 receptor with angiotensin II (Wallukat et al. 1999; Zhou et al. 2008) and were found exclusively in peripheral blood of preeclamptic patients (Wallukat et al. 1999) are stressors that elicit preeclamptic symptoms (hypertension, proteinuria, renal damage, and sFlt-1 elevation) in vivo (Zhou et al. 2008). Therefore, triggering AT1 receptor signaling by circulating autoimmune antibodies (AT1-AAAs) is notable evidence of how immune activation is involved in preeclamptic pathology (Zhou et al. 2008). In addition, angiotensin II by itself was elevated in preeclamptic placentas and increases systemic sensitivity to angiotensin II in preeclampsia (Shah 2005).

## 7.1.3 Inflammatory Cytokines

Although normal pregnancy evokes systemic inflammatory including innate immune responses which mainly take place in the third trimester (Redman et al. 1999), preeclampsia is associated with a more extreme maternal systemic inflammatory response (Christopher and Sargent 2004).

Tumor necrosis factor (TNF- $\alpha$ ) is a multifunctional pro-inflammatory cytokine. It is produced chiefly by activated macrophages (Carswell et al. 1975) and can also be produced by other cells/tissues including human placentas (Wang and Walsh 1996; Kirwan et al. 2002). The primary role of TNF- $\alpha$  is regulating immune cells.

TNF, as an endogenous pyrogen, induces fever. It elicits apoptotic cell death, sepsis, cachexia, and inflammation and inhibits tumorigenesis and viral replication (Idriss and Naismith 2000). It was reported that TNF- $\alpha$  was abnormally elevated in the peripheral blood of preeclamptic patients (Wang et al. 1996). Chronic infusion of TNF- $\alpha$  into normal pregnant rats results in significant increases in arterial pressure and a decrease in renal hemodynamics (Babbette et al. 2007). TNF- $\alpha$  infusion in pregnant rats also triggered AT1-AAAs production (LaMarca et al. 2008), suggesting that TNF- $\alpha$  can cause both inflammatory and immune activation in preeclampsia.

IL-1, including IL-1 $\alpha$  and IL-1 $\beta$ , is also an important inflammatory and immune regulator. Both IL-1 $\alpha$  and IL-1 $\beta$  are produced by macrophages, monocytes, fibroblasts, and dendritic cells (Dinarelli 2011). They play an important role against infection. IL-1 is also an endogenous pyrogen and regulates hematopoiesis. Increased IL-1 levels were found in the peripheral blood of preeclamptic patients with other inflammatory cytokines (Greer et al. 1994). Intracisternal or intravenous infusion of IL-1 beta increases blood pressure in a prostaglandin-dependent manner in rats (Takahashi et al. 1992).

IL-6 is secreted by T cells and macrophages (Kishimoto 2010). It is one of the most important mediators of fever and the main regulator of acute-phase response. Increased IL-6 levels were found in the serum of severe preeclamptic patients (Greer et al. 1994). Chronic infusion of IL-6 into normal pregnant rats resulted in similar effect as TNF- $\alpha$ , causing significant increases in arterial pressure and a decrease in renal hemodynamics (LaMarca et al. 2007). However, TNF- $\alpha$  activates the endothelin system in placental, renal, and vascular tissues, whereas IL-6 stimulates the renin-angiotensin system. In addition, these inflammatory cytokines may activate the sympathetic nervous system. They may also play an important role in causing hypertension in response to chronic reductions in uterine perfusion during pregnancy, by activating multiple neurohumoral and endothelial factors (LaMarca et al. 2007).

#### **7.1.4 Oxidative Stress**

Free radicals are atoms with an unpaired number of electrons that can be formed when oxygen interacts with certain molecules. Once formed, these highly reactive radicals can start a chain reaction. They react with and thus damage cellular components such as DNA or the cell membrane. The most common physiological radical is the superoxide anion. Sources of superoxide under physiological conditions include the enzymes nicotinamide adenine dinucleotide phosphate (NADPH) oxidase, 5 cytochrome P450, and other oxidoreductases (Muller et al. 2007).

Oxidative stress (i.e., NADPH oxidase) is generated substantially at the maternal-fetal interface during pregnancy, particularly in the early trimester. It functions in the normal development of the placenta and contributes to the pathophysiology of pregnancy complications such as miscarriage, preeclampsia, intrauterine growth restriction (IUGR), and premature rupture of the membranes (Burton and Jauniaux 2004; Jauniaux et al. 2006). Unlike in normal pregnancy, oxidative stress and the systemic inflammatory response are more critical in preeclampsia (Redman and

Sargent 2007). Preeclampsia, particularly early-onset preeclampsia, was associated with placental oxidative stress including increased concentrations of protein carbonyls, lipid peroxides, nitrotyrosine residues, and DNA oxidation (Myatt and Cui 2004; Burton et al. 2009). Moreover, early-onset preeclampsia, which is frequently associated with intrauterine growth retardation (IUGR), was reported with high levels of ER stress in the placenta (Burton et al. 2009).

Autoantibodies AT1-AAs also trigger oxidative stress in preeclampsia. They stimulate NADPH oxidase, resulting in an increase in ROS production (Dechend et al. 2003).

Cellular response to oxidative stress is via the mitogen-activated protein kinases (MAPK) pathway. For examples, ROS-induced activation of extracellular-regulated kinases (ERK1/2) generally promotes cell survival and proliferation, whereas stimulation of p38 and stress-activated protein kinase-c-Jun amino terminal kinases (SAPK-JNK) mostly induces apoptosis (Trachootham et al. 2008; Liebermann and Hoffman 2008).

## 7.2 The Role of Gadd45 Stress Sensors in Preeclampsia

Evidence accumulating in recent years has highlighted the role of the growth arrest and DNA damage-inducible 45 (Gadd45) family of genes as important sensors of environmental and physiological stress, including genotoxic damage (UV, X-ray), hypoxia, oxidative stress, and pro-inflammatory cytokines (Fornace et al. 1992; Liebermann and Hoffman 2002). Gadd45 proteins are, in essence, signal transducers that convert environmental and physiological stresses into various cellular stress responses including inflammation (Gupta et al. 2006), innate immunity (Gupta et al. 2006; Lu et al. 2004), and autoimmune diseases (Salvador et al. 2005). Gadd45 proteins bind to and regulate the activity of several downstream stress-response proteins (Liebermann and Hoffman 2002) such as MTK1 (MEKK4), an upstream activator of MKK3 and MKK6 that ultimately mediates activation of both p38 and JNK stress-response kinases (Takekawa and Saito 1998; Gupta et al. 2005).

The first direct evidence showing Gadd45 as a stress sensor contributing to preeclampsia was via the placental examination. Placental tissues from both preeclamptic and normotensive (control) patients were examined for the mRNA levels of the Gadd45 family genes (a, b, and g). Although the expression of all three genes were elevated in preeclamptic placentas, the difference was statistically significant only for Gadd45a mRNA. In addition, Gadd45a protein was readily detectable only in preeclamptic placentas, and this elevation was independent of different BMI or race between the preeclamptic and control groups. Further, via immunohistochemical detection, Gadd45a protein was found localized in preeclamptic placentas, particularly in endothelial and trophoblast cells with the increased expression of Gadd45a downstream effector p38 protein. With dual immunofluorescence staining for both Gadd45a and sFlt-1 (circulating factor and a key player in preeclampsia), the co-expression of these two proteins was targeted at the preeclamptic placental endothelial cells (Xiong et al. 2009).

### **7.2.1 Hypoxia and Gadd45a in Preeclampsia**

As previously discussed, hypoxia is essential in the pathogenesis of preeclampsia. In vitro culture of both endothelial cells and placental explants showed that Gadd45a protein was induced with the downstream p38 protein phosphorylation under hypoxic circumstances. The activation of Gadd45a signaling caused elevation of sFlt-1 in the supernatant of cultured endothelial cells of placental explants. When Gadd45a expression was knocked down by specific Gadd45a RNAi, the elevation of sFlt-1 was depleted. The regulation of sFlt-1 secretion by Gadd45a occurred via the p38 activation (Xiong et al. 2009, 2011).

### **7.2.2 AT1-AAs and Gadd45a in Preeclampsia**

Angiotensin II is a vessel constrictor which causes increasing blood pressure and shares the same AT1 receptor with AT1-AAAs. In order to study the interaction of Gadd45a and AT1-AAAs in preeclampsia, angiotensin II was introduced to cultured placental explants. Treatment of placental explants with angiotensin II resulted in Gadd45a induction, p38 phosphorylation (i.e., activation), and elevation of sFlt-1 in the supernatant (Xiong et al. 2011). To establish a causal link between Gadd45a induction, p38 activation, and elevated secretion of sFlt-1, Gadd45a expression was knocked down with Gadd45a RNAi in the placental explants. RNAi-mediated knockdown of Gadd45a abolished angiotensin II-induced p38 activation and significantly reduced sFlt-1 levels in culture. Furthermore, blocking p38 activation with the specific chemical inhibitor also resulted in attenuated levels of sFlt-1 in the culture medium. On the other hand, blocking the activation of JNK, which is also a downstream effector of Gadd45a, did not attenuate sFlt-1 secretion (Xiong et al. 2011).

### **7.2.3 Inflammatory Cytokines and Gadd45a in Preeclampsia**

Two important preeclampsia-associated inflammatory cytokines IL-6 and TNF- $\alpha$  were examined with Gadd45a stress-response cascade.

Incubation with IL-6 induced Gadd45a in placental explants is associated with activation of the downstream effectors p38 and phospho-JNK as well as elevated levels of sFlt-1 in the culture medium. RNAi-mediated knockdown of Gadd45a abolished p38 activation and significantly reduced sFlt-1 levels in the culture medium following IL-6 treatment. Blocking p38 also attenuated sFlt-1 secretion in the culture medium, whereas blocking JNK activation had no effect on sFlt-1 levels (Xiong et al. 2011).

Induction of Gadd45a in response to TNF- $\alpha$  was prompt (peak time at 10 or 20 min), compared to the other stressors discussed above. In addition, it was associated with both p38 and JNK activation and increased sFlt-1 levels in the culture

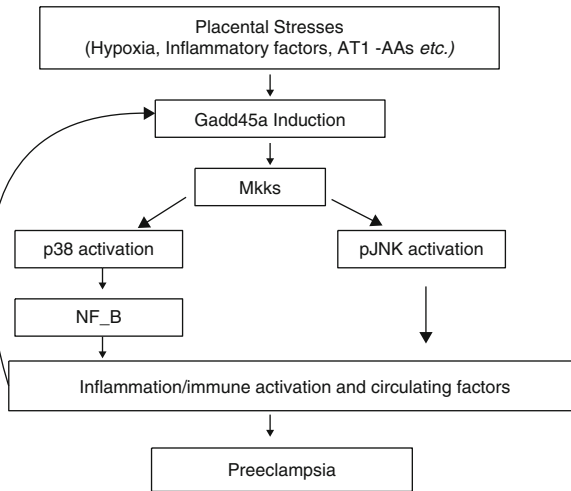


Fig. 7.1

medium. However, unlike other pre-inflammatory stressors, it was the inhibition of JNK activation, but not p38 activation, that attenuated sFlt-1 secretion (Xiong et al. 2011).

### 7.3 Conclusions

Gadd45a protein works as a stressor sensor in preeclampsia. In response to various pathophysiological stressors, notably hypoxia, inflammatory cytokines, and AT1-AAAs, Gadd45a activates Mkk3-p38 and/or JNK signaling. This, in turn, results in immunological and inflammatory changes as well as triggering the production of circulating factors such as sFlt-1, which are believed to account for many of the pathophysiological-related symptoms of preeclampsia (Maynard et al. 2003). Inflammatory/immune activation in preeclampsia may function in a feedback loop to maintain elevated expression of Gadd45a protein (Fig. 7.1).

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