

Chapter 5

Environmental Epigenetics and Effects on Male Fertility

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Abstract Environmental exposures to factors such as toxicants or nutrition can have impacts on testis biology and male fertility. The ability of these factors to influence epigenetic mechanisms in early life exposures or from ancestral exposures will be reviewed. A growing number of examples suggest environmental epigenetics will be a critical factor to consider in male reproduction.

Keywords Testis • Spermatogenesis • Sperm • Epigenetics • Transgenerational • DNA Methylation • Epimutations

Introduction

Environmental toxicants present in the environment, from either synthetic or natural origins, can influence physiological responses and developmental processes in organisms. Some of these compounds interfere with the action of endogenous hormones at several physiological levels and so are categorized as endocrine disruptors (Schug et al. 2011). Industrialization and the progressive accumulation of synthetic endocrine disruptors in the environment has altered the ecological balances in natural populations and affected human health (Balabanic et al. 2011). These compounds are present in cosmetics, food items and containers, packaging materials, toys, agrochemicals, and in practically every manufactured product with which humans have contact. These toxicants are often associated with increased incidence of reproductive disease (Balabanic et al. 2011; Caserta et al. 2011; Fowler et al. 2012). Research has demonstrated that exposure to environmental factors such as

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environmental contaminants, stress, or dietary compounds early during fetal and postnatal development have a significant impact on human health (Guillette and Iguchi 2012). Many common human diseases have seen a dramatic increase in incidence in the past decade. Exposure to environmental factors are estimated to account for 40 % of deaths worldwide (Pimentel et al. 2007), which includes the majority of cancers being linked to environmental exposures. Regional environmental influences are an important component in noninfectious disease incidence (Wallace 2010). For example, regional variations exist in cancer incidence worldwide (Forouzanfar et al. 2011; Parkin 2004). Differences in lifestyles, exposure to dietary compounds, or environmental toxicants are the primary factors involved. Regions of the world with high consumption of salt, processed meat, and N-nitroso compounds are associated with increased risk of gastric cancer (Tsugane and Sasazuki 2007). Other noninfectious diseases are correlated with exposure to environmental toxicants. For example, human populations that are highly exposed to arsenic tend to present increased susceptibility to develop liver, bladder, skin, and lung cancer (Anetor et al. 2007).

One of the disease states that has emerged as a result of exposure to environmental factors is the increasing incidence of abnormalities of the male reproductive system (Giwercman and Giwercman 2011). Recent epidemiological trends indicate changes in the incidence of several pathologies of the male reproductive tract in humans in recent decades such as decreases in sperm count and quality (Sharpe 2010) and increases in testicular cancer (Skakkebaek et al. 2007) or suggested increases in cryptorchidism or hypospadias (Main et al. 2010). These trends have led authors to group these male reproductive conditions into the complex disease trait of testicular dysgenesis syndrome, which has been associated with the environmental exposures that humans have been subjected to in recent decades (Giwercman and Giwercman 2011; Skakkebaek et al. 2001). A number of examples exist of a direct correlation between environmental toxicants and effects on male reproductive health. Accidental in utero exposures of humans to the synthetic organic pollutants polychlorinated biphenyls and polychlorinated dibenzofurans in Taiwan was reported to produce a marked effect in semen quality and motility (Guo et al. 2000, 2004). Cases of massive agroworker pesticide-induced sterilization have been observed in California (1970s) (Whorton et al. 1979) and in Costa Rica (early 1960s to 1984) (Thrupp 1991) due to exposure to nematicide 1,2-Dibromo-3-chloropropane (DBCP). Exposure to naturally available estrogenic compounds has also been associated with reduced fertility in male animals. For example, the identification of phytoestrogens as having estrogenic or reproductive effects in animals started with observations from farmers in New Zealand who found that ewes would become infertile after eating clover (Adams 1981, 1990). The same effect was further reported in cattle (Adams 1995). Understanding the basic developmental biology of the male reproductive tract (e.g., testis) and mechanisms of action of these environmental factors is reviewed below.

Epigenetic and Transgenerational Effects of Environmental Exposures

Epigenetics is defined as molecular factors around the DNA that regulate genome activity independent of DNA sequence and that are mitotically stable (Skinner 2011; Skinner et al. 2010). The factors involved include DNA methylation, histone modification, chromatin structure, and noncoding RNAs. Environmental epigenetics involves the ability of environmental factors to alter epigenetic marks that then alter genome activity and cellular function (Skinner et al. 2010). Since the vast majority of environmental factors cannot influence or alter DNA sequence, epigenetics provides an efficient mechanism to mediate environmental impacts on biology (Skinner 2011). Many research groups have documented the epigenetic actions of environmental exposures. Environmental factors can directly influence epigenetic marks that generate phenotypic variation that includes the induction of disease such as subfertility and imprinting disorders (Inbar-Feigenberg et al. 2013). Epigenetic tools will help identify etiological factors causing specific molecular pathologies (Ogino et al. 2013). For example, environmental effects such as trauma, stress, or disorganized attachment can induce epigenetic changes in the brain to cause long-term effects on the regulation of the genome function to promote psychopathology, such as schizophrenia (Gonzalez-Pardo and Perez Alvarez 2013). Studies have shown that early-life environment and epigenetics have an important role in a variety of diseases, such as cardiovascular disease (Sun et al. 2013), allergies (North and Ellis 2011), and asthma (Karmaus et al. 2013). Several environmental factors have been described as causing epigenetic effects, including hypoxia (Yuen et al. 2013), phytochemicals (Guerrero-Bosagna and Skinner 2012), organic environmental toxicants (Manikkam et al. 2012a), inorganic compounds (Cheng et al. 2012), and nanosized materials (Stoccoro et al. 2012).

A number of environmental exposures have been shown to produce transgenerational effects on disease and phenotypic variation (Anway et al. 2005; Skinner et al. 2010). Epigenetic transgenerational inheritance processes involve key features such as the action of environmental toxicants on gestating females during the period of fetal gonadal sex determination resulting in generational phenotypes (Skinner et al. 2010). Since the gestating female (F0 generation), fetus (F1 generation), and fetal germline (F2 generation) are directly exposed, phenotypes in these generations are due to multigenerational exposures. Interestingly, the occurrence of phenotypes for three generations or more, following the initial F0 generation exposure, constitutes an epigenetic transgenerational inheritance phenomenon (Skinner 2011; Skinner et al. 2010). The role of germline in transmitting epigenomes is essential for this phenomenon and is becoming well established in several different organisms (Arico et al. 2011; Carone et al. 2010; Dunn and Bale 2011; Guerrero-Bosagna et al. 2010; Morgan and Bale 2011). During the initiation of development of the germline, a major DNA methylation erasure occurs followed by a reestablishment of DNA

methylation patterns (Lees-Murdock and Walsh 2008; Reik et al. 2001). DNA methylation erasure takes place during the migration of primordial germ cells to the genital ridge and gonad, and then remethylation is initiated during the first events of sex determination (Allegrucci et al. 2005; Durcova-Hills et al. 2006). This period in germ cell development and epigenetic programming represents a window of sensitivity to environmental factors, and when an altered epigenetic programming is induced, it can be perpetuated across generations (Anway et al. 2005; Skinner et al. 2010).

A number of different environmental toxicants have been shown to promote exposure-specific alterations in the F3 generation sperm epigenome (DNA methylation) (Manikkam et al. 2012a). These include dioxin (Bruner-Tran and Osteen 2011; Manikkam et al. 2012c), a mixture of plastic compounds [bisphenol A (BPA) and phthalates] (Manikkam et al. 2013), the pesticide methoxychlor (Anway et al. 2005), a mixture of pesticide and insecticide (permethrin and DEET) (Manikkam et al. 2012b), and a hydrocarbon mixture (JP8 jet fuel) (Tracey et al. 2013). In addition to environmental toxicants, nutritional compounds (Burdge et al. 2011; de Assis et al. 2012) and stress (Champagne 2008; Crews et al. 2012) can promote epigenetic transgenerational phenotypes.

Testis Development and Biology

The process of gonadal development is essential for sex determination and the establishment of the germline. Cell lineages and cell populations are established during early embryonic development; they then influence adult gonadal function, endocrine responses, and fertility. Understanding the fetal basis of adult onset testis defects and infertility requires an elucidation of the molecular and cellular events during gonadal sex determination. The adult testis is a complex organ that is composed of seminiferous tubules enclosed by a surrounding interstitium. The seminiferous tubules are the site of spermatogenesis where germ cells develop into spermatozoa in close interaction with Sertoli cells. The Sertoli cell is an important testicular somatic cell that controls the germ cell environment by the secretion and transport of nutrients and regulatory factors (Fawcett 1975; Sertoli 1865). Tight junctional complexes between the Sertoli cells contribute to the maintenance of a blood–testis barrier (Setchell and Waites 1975) and create a unique environment within the tubule (Waites and Gladwell 1982). Surrounding the basal surface of the Sertoli cells is a layer of peritubular myoid cells that function to contract the tubule. The peritubular cells surround and form the exterior wall of the seminiferous tubule. The interstitial space around the seminiferous tubules contain another somatic cell type, the Leydig cell, which is responsible for testosterone production. Leydig cells have a major influence on spermatogenesis through the actions of testosterone on both the seminiferous tubule and the pituitary. Although the Leydig cell has numerous secretory products (Skinner 1991), testosterone is the most significant secretory product of the cells. Interaction of all three somatic cells, Sertoli, peritubular, and Leydig, is important for the regulation of normal spermatogenic function in the

testis (Skinner 1991). The coordinated interactions of different testis cell populations are critical for the initial morphogenesis process through the adult stage of maintaining the process of spermatogenesis.

The process of fetal testis formation occurs late in fetal development (embryonic day 13, E13, in the rat). Initially this involves migration of primordial germ cells from the yolk sac to the hindgut and then from the hindgut to the genital ridge and gonad. After migration, germ cell differentiation in the gonad is dependent on gonadal sex determination and the induction of specific transcription factors (McLaren 1991; Takasaki et al. 2001). The gonad is bipotential after germ cell migration and can be distinguished morphologically from the adjoining mesonephros (E12 in rat) but cannot be identified as an ovary or a testis. A variety of genes such as *Sry* (sex determining region Y), *Sox9* (SRY box 9), *Sfl* (splicing factor 1), *Dmrt1* (double sex and mab-3 related transcription factor), and *Tcf21* (transcription factor 21) are involved in the transcriptional induction of Sertoli cell differentiation and testis development (Bhandari et al. 2012b; Clinton and Haines 2001; Drews 2000; Ikeda et al. 2001; McLaren 2000; Ostrer 2000; Parker et al. 2001; Raymond et al. 2000; Vaillant et al. 2001). Two morphological events occur early at embryonic day 13 (E13) during sex determination to alter the bipotential gonad. First, Sertoli cells, which are proposed to be the first cell in the testis to differentiate, aggregate around primordial germ cells (Jost et al. 1981; Magre and Jost 1980). Secondly, migration of mesenchymal cells occurs from the adjoining mesonephros and coelomic epithelium into the developing gonad to surround the Sertoli cell-germinal cell aggregates. It has been speculated that the migrating population of cells is preperitubular cells (Buehr et al. 1993; Merchant-Larios et al. 1993; Ricci et al. 1999). The mechanism for this migration signal is from the testis to promote cell migration (Clement et al. 2011) through observations that female mesonephros cells can also be stimulated to initiate cell migration after close interaction with a developing testis (McLaren 2000). In addition, using an organ culture system in which mesonephros and embryonic testis were separated by an embryonic ovary, mesonephros cells migrated through the ovary to the testis (Karl and Capel 1998). Another cell migration event required for cord formation involves endothelial cells from the coelomic epithelium to form the testis vasculature (Bott et al. 2008; Cool and Capel 2009; Cool et al. 2008). The cords develop neonatally into seminiferous cords and at the onset of puberty develop into seminiferous tubules.

Molecular Processes in Fetal Development

SRY is the testis-determining factor on the Y chromosome proposed by Jost that initiates the molecular events for Sertoli cell differentiation and male gonadal sex determination (McClelland et al. 2012; Parma and Radi 2012). The combined interactions between SRY and SOX9 are critical for male sex determination and precursor Sertoli cell differentiation (Kim and Capel 2006; Miyamoto et al. 2008; Ottolenghi et al. 2007). Upstream genes such as *Wtl* (Wilms tumor 1) precede *Sry*

(Gao et al. 2006; Kanai et al. 2005), but SRY initiates Sertoli cell differentiation, which subsequently involves an upregulation of SOX9 in Sertoli cells (Gao et al. 2006; Kidokoro et al. 2005; Sekido et al. 2004). SRY and SOX9 expression in Sertoli cells is associated with germ cell–Sertoli cell aggregation prior to cord formation (Moreno-Mendoza et al. 2003; Sekido et al. 2004). Abnormal SRY or SOX9 expression is associated with sex reversal and other disease states, including abnormal testis development (Barrionuevo et al. 2006; Bouma et al. 2005; Bullejos and Koopman 2005; Moreno-Mendoza et al. 2003; Nikolova and Vilain 2006). In regards to the regulation of the *Sry* promoter and inducing factors, very little is known outside the timing of the event in the genital ridge (Daneau et al. 2002; Hiramatsu et al. 2009; Nikolova and Vilain 2006). In regards to downstream genes to *Sry*, a large number of binding targets have recently been identified (Bhandari et al. 2012a). A downstream target of SRY is the basic helix loop factor TCF21 that promotes a secondary cascade of events associated with Sertoli cell differentiation (Bhandari et al. 2012b). Another downstream function of SRY/SOX9 is the production of prostaglandin D2 (Daneau et al. 2002; DiNapoli and Capel 2008; Malki et al. 2005; Wilhelm et al. 2005), but SOX9 appears to be the primary regulator of prostaglandin synthesis (Wallis et al. 2008; Wilhelm et al. 2007). Synergistic actions of SRY and SF1 have been shown on the *Sox9* promoter (Sekido and Lovell-Badge 2008). Recent SRY downstream *gene* candidates have been suggested (Bhandari et al. 2012a; Bradford et al. 2009), such as the *Cbln4* gene with no known function. Recently *Wdr5* (WD repeat domain) has been shown to be a downstream target of SRY (Xu et al. 2012) and NTF3 (neurotrophin 3) (Clement et al. 2011) and the bHLH factor TCF21 (Bhandari et al. 2011). Interestingly, NTF3 was previously shown to act as a Sertoli-cell-produced chemotactic factor to promote mesonephros cell migration into the developing testis to promote cord formation (Cupp et al. 2003). The induction of fetal testis cord function is an anticipated initial downstream function for SRY (Cupp et al. 2003), while TCF21 is proposed to be involved in the induction of Sertoli cell differentiation (Bhandari et al. 2011, 2012b).

Environmental Exposures and Fetal Testis Development

Early life exposures to nutritional alterations or environmental compounds have been shown to cause later life adult onset disease (Manikkam et al. 2012a; Skinner et al. 2010). The fetal basis of adult onset disease is now well established and one of the primary mechanisms involved is epigenetics (Skinner 2011). The fetal exposure to an environmental insult at a critical window of development for an organism can shift the epigenetic programming that is mitotically stable to then promote altered gene expression and adult onset disease (Skinner 2011; Skinner et al. 2010). The critical window of exposure for the testis and subsequent adult onset testis disease is the gonadal sex determination period. This is when the somatic cells fate, germ-line cell fate and initial differentiation develops. The later life adult onset disease associated with these fetal exposures are spermatogenic cell apoptosis and defects

(Shukla et al. 2012), as well as male infertility (Anway et al. 2005, 2006). Fetal exposure to vinclozolin during male gonadal sex determination has been shown to promote later life testis spermatogenic cell defects (apoptosis) in 90 % of the males and in adult rats at 1 year of age a 30 % increase of male infertility (Anway et al. 2005, 2006). Vinclozolin is a commonly used agriculture fungicide which is an antiandrogenic endocrine disruptor. In addition to promoting adult onset testis disease in the F1 generation, the germline (sperm) epigenome becomes permanently programmed epigenetically to transmit the epigenetic alterations (epimutations) and disease phenotypes to subsequent generations (F1–F4) through epigenetic transgenerational inheritance of the disease phenotype (Anway et al. 2005, 2006; Skinner et al. 2010). Therefore, the *in vivo* exposure of a gestating female during the period of gonadal sex determination for the F1 generation fetus promotes adult onset testis disease in the F1 generation, as well as induces an epigenetic transgenerational inheritance of the testis disease phenotype to subsequent generations (Anway et al. 2005, 2006). Other authors have shown similar transgenerational effects on fertility after peritoneal exposure to bisphenol-A (Salian et al. 2009).

Epigenetic Alterations of Testis Cell Biology and Fertility

Epigenetic mechanisms are fundamental to ensuring normal gonadal development and spermatogenesis (Carrell 2012; Rajender et al. 2011; Skinner et al. 2010). One of the crucial processes that depends on epigenetic mechanisms is the exchange of histones for protamines, which results in the genome's becoming tightly compacted (heterochromatin) in the sperm and in inhibition of expression (Carrell 2012; Rajender et al. 2011). For this process to occur, hyperacetylation of histone H4 is needed (Sonnack et al. 2002). Recent experiments have shown that H4K12ac associates preferentially with regions near the transcription start site and in promoters that express transcripts stored in mature human sperm (Paradowska et al. 2012). Interestingly, decreased histone H4 acetylation in spermatids results in impaired spermatogenesis and decreased fertility (Sonnack et al. 2002). Additional histones such as H2AL1 and H2AL2 have also been described to mark pericentric regions in condensing spermatids and be involved in forming new nucleoprotein structures (Govin et al. 2007). Recently, several publications have highlighted the interaction between histone modifications and DNA methylation in several organism models (Du et al. 2012; Johnson et al. 2007; Ooi et al. 2007). This would also be the case for histone modifications during spermatogenesis. Observations suggest that the fertilized zygote inherits specific histones and histone-based chromatin organization from the sperm (Paradowska et al. 2012), but the potential random nature of this programming needs to be assessed. Histone binding and chromatin organization in the male germline would be a consequence of fine-scale base composition variation GC and CpG content (Vavouri and Lehner 2011). GC-rich regions in promoters would be prone to retain the nucleosomes and not exchange them for protamines, which happens in 4 % of the sperm genome (Vavouri and Lehner 2011). These regions with

nucleosome retention would prevent reprogramming of DNA methylation after fertilization (Vavouri and Lehner 2011). Interestingly, it was recently shown that infertile men display abnormalities in both histone modifications (H3K4me and H3K27me) and DNA methylation at imprinted and developmental loci (Hammoud et al. 2011, 2010; Houshdaran et al. 2007) in the sperm DNA. Reduced histone methylation in the *Brdt* (bromo domain testis-specific) promoter is associated with reduced BRDT expression in subfertile men (Steilmann et al. 2010). Studies have also shown that sperm from men with fertility problems have altered DNA methylation patterns in imprinted genes (Boissonnas et al. 2010; Kobayashi et al. 2007; Marques et al. 2004, 2008, 2010), which would generate imprinting abnormalities in the offspring when this sperm is used in assisted reproductive technologies (Kobayashi et al. 2007; Marques et al. 2004). Adult exposure to butyl-paraben has been shown to produce DNA methylation changes in the sperm (Park et al. 2012). Prenatal exposure to ethanol has also been shown to induce decreased spermatogenesis and DNA methylation changes in imprinted genes (Stouder et al. 2011). It is postulated that the methylenetetrahydrofolate reductase (*Mthfr*) gene would have a central role in idiopathic male infertility. Some *Mthfr*-deficient strains of mice have alterations in sperm DNA methylation in a number of sites (Chan et al. 2010). Also, *Mthfr* DNA hypermethylation in sperm is associated with idiopathic male infertility in humans (Wu et al. 2010). In addition to the importance of DNA methylation changes in germline development in imprinted and developmental loci, the DNA methylation in repeat elements such as B1 SINEs has been proposed as having a role in transcriptional regulation of testis-specific genes (Ichiyanagi et al. 2011). Genes involved in the pathway of PIWI-associated small RNAs (piRNAs), such as *Piwi2* (Piwi-like 2) and *Tdrd1* (tudor domain containing 1), are hypermethylated in the testicular tissue of males with different forms of fertility problems (Heyn et al. 2012).

Epigenetic modifications have also been reported in the somatic cells controlling the process of spermatogenesis, such as Sertoli and Leydig cells. In Sertoli cells *Rhox5* (reproductive homeobox 5) deletion produces subfertility, increases germ-cell apoptosis, and decreases sperm count and motility through two promoters repressed by DNA methylation (Shanker et al. 2008). Another interesting observation relates to epigenetic changes produced in the proximal promoter of the fatty acid amide hydrolase (*Faah*) gene (reduced DNA and histone H3 methylation) in response to estradiol in mouse Sertoli cell cultures (Grimaldi et al. 2012). Epigenetic changes have also been observed in Leydig cells after exposure to environmental contaminants. Changes in DNA methylation have been observed in mouse Leydig TM3 cell line cultures following exposure to either low or high doses of arsenic (Singh and DuMond 2007). Exposure of these cells to cadmium leads to reduced expression of DNA methyltransferase 1 (Singh et al. 2009). In utero exposure to di-(2-ethylhexyl) phthalate has been shown to produce postnatal alteration in demethylation in several nuclear receptor genes in Leydig cells, among them the estrogen receptor beta (ER-beta), Nr142 (thyroid receptor beta), peroxisome proliferator activated receptor alpha (PPAR-alpha), and mineralocorticoid receptor (MR) (Martinez-Arguelles et al. 2009). Interestingly, treatment of Leydig cells with luteinizing hormone causes cellular hypomethylation, suggesting that environmental exposures that alter

Table 5.1 Epigenetic modifications in testicular somatic or germ cells associated with infertility or poor semen parameters

Epigenetic modification	Tissue/cell type	Reference
DNA methylation promoting spermatogenic defects and infertility transgenerationally	Sperm	Anway et al. (2005), Guerrero-Bosagna et al. (2010)
DNA methylation change at <i>Mthfr</i>	Sperm	Wu et al. (2010)
DNA methylation change at Igf2-H19 locus	Sperm	Boissonnas et al. (2010), Stouder et al. (2011)
DNA methylation change at Mest and Igf2-H19 locus	Sperm	Marques et al. (2008, 2010), Poplinski et al. (2010)
DNA methylation changes at several imprinting loci	Sperm	Kobayashi et al. (2007)
DNA methylation changes in several imprinted and nonimprinted genes	Sperm	Houshdaran et al. (2007)
Histone and DNA methylation changes in developmental and imprinted genes	Sperm	Hammoud et al. (2010, 2011)
Histone methylation change	Sperm	Steilmann et al. (2010)
Histone acetylation change	Spermatids	Sonnack et al. (2002)
DNA methylation change at <i>Mthfr</i>	Testis biopsies	Khazamipour et al. (2009)
DNA and histone methylation change at <i>Faah</i>	Sertoli cell culture	Grimaldi et al. (2012)
DNA methylation changes at several nuclear receptor genes	Leydig cells	Martinez-Arguelles et al. (2009)
DNA methylation change at several loci	TM3 Leydig cell culture	Singh and DuMond (2007)

DNA methylation in testicular cells may influence hormone actions (Reddy and Reddy 1990). Epigenetic modifications in somatic testicular tissues or germ cells that are associated with infertility or poor semen parameters are shown in Table 5.1.

Conclusions

Increasing concerns about the decrease in fertility in men have developed over the past few decades. An explanation for this trend is the exposure of the human population to toxicants derived from industrial products or processes. Many of these contaminating agents are capable of altering epigenetic programming in organisms. These alterations are generally produced during early developmental stages and generate diseases in adults. A number of reproductive and metabolic diseases have been shown to have an epigenetic and developmental component. Interestingly, these environmentally induced disease states can become transgenerationally transmitted. Strong evidence has accumulated in recent years showing that environmental toxicants alter developmental and epigenetic processes to promote abnormal spermatogenesis in men. Although the molecular mechanisms await full elucidation, there is no longer any doubt that an important component of the disruption of

spermatogenic cell development is exposure to environmental toxicants. Therefore, future studies addressing fertility in humans should place special emphasis on the role of environmental epigenetics on testis development and spermatogenic-cell-associated disease.

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