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# Spermatogonial Stem Cells in Adult Mice and Men

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## Abbreviations

SSCs Spermatogonial stem cells

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## Introduction

Spermatogonial stem cells (SSCs) are the resident stem cells in the testes of adult males and are responsible for maintaining lifelong spermatogenesis in mammals, yet represent only a tiny fraction of adult germ cells (e.g., about 0.03 % in mice) [1]. In humans, SSCs seem to be similarly scarce but only indirect estimates have been made, and these are based in part on ethically problematic experiments performed on prisoners who were dosed with radioisotopes in the 1960s [2]. Given the apparent paucity of SSCs, it should come as no surprise that, as yet, we are unable to definitively identify the authentic stem cell population within the testis. Nonetheless, remarkable technology developed by Ralph Brinster and others has enabled the discovery of critical molecular and functional features of SSCs, not only in mice but also in other species, making SSC biology a preeminent model for long-term self-renewing adult stem cells. In addition to maintaining genomic and epigenomic integrity for future generations, SSCs have the unusual property among other adult stem cell types of undergoing spontaneous programming *in vitro* to produce a pluripotent phenotype, a process that is poorly understood despite a number of recent controversial studies, particularly in humans [3–6]. The goal of this chapter is to present recent discoveries that pertain to the characterization and function of normal adult SSCs in mice and humans and also to address the current understanding of reprogramming of adult male germ cells.

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## Spermatogonial Stem Cells in Rodents

According to the classical view, known as the  $A_s$  model, mammalian SSCs are characterized by morphological criteria obtained from whole mount preparations of testicular seminiferous tubules. This model, initially proposed by Clermont and Bustos-Obregon [7], defines rodent SSCs as isolated  $A_{\text{single}}$  ( $A_s$ ) spermatogonia. These  $A_s$  spermatogonia are located on the basement membrane of the seminiferous tubules and are part of a larger subcategory of undifferentiated spermatogonia,  $A_{\text{undiff}}$ , which are recognized by their apparent lack of condensed heterochromatin in the nucleus.  $A_s$  spermatogonia either self-renew, dividing into two new SSCs, or begin to differentiate, forming  $A_{\text{paired}}$  ( $A_{\text{pr}}$ ) spermatogonia which remain connected by intercellular cytoplasmic bridges [8].  $A_{\text{pr}}$  spermatogonia continue on the path of differentiation to form longer chains of 4–32 cells, which are referred to as  $A_{\text{aligned}}$  ( $A_{\text{al}}$ ) spermatogonia. These  $A_{\text{al}}$  spermatogonia continue to differentiate, ultimately giving rise to diploid spermatocytes.

More recently, functional and molecular features have essentially supplanted the classic morphological descriptions of putative SSCs. The minimum requirement for stem cell functionality is the ability to maintain the stem cell population while producing differentiating progeny. This functionality can only be definitively assessed by means of transplantation, which was first published as an assay in 1994 by Ralph Brinster and others [9, 10]. The transplantation assay demonstrates that donor SSCs, when injected into the seminiferous tubules of infertile mice, have the capacity to migrate to the proper microenvironment along the basement membrane and carry out long-term self-renewal and spermatogenesis. It was also shown that donor spermatozoa could generate normal offspring and were, thus, fully functional.

It had been widely assumed, in accordance with Clermont's earlier model, that  $A_s$  spermatogonia, exclusively, are the true SSCs. However, due to the fact that there

is no universally accepted  $A_s$ -specific marker and that SSCs can only be definitively identified in retrospect using the aforementioned functional transplantation assay, the smallest population that has been proven to have stem cell properties includes all undifferentiated spermatogonia ( $A_s$ ,  $A_{pr}$ , and  $A_{al}$ ). Furthermore, it is equally unclear whether the stem cell population is limited to an even smaller subset of undifferentiated spermatogonia than the  $A_s$  spermatogonia.

Recent studies have presented convincing data suggesting that Clermont's original model is likely flawed. Using an *in vivo* lineage tracing strategy, Nakagawa et al. described two functional populations of SSCs in the mouse testis; these were referred to as "actual stem cells," which are self-renewing, and "potential stem cells," which have the ability to self-renew but only do so under stress [11]. A recent study by this same group showed that the putative stem cell pool, as defined by the  $A_s$  model, is heterogeneous and that the actual stem cell population is contained within a subpopulation of  $A_s$  spermatogonia [12]. Other studies have cast doubt on the schema of self-renewal and differentiation suggested by the Clermont model, according to which differentiation is linear and nonreversible, and have shown that the commitment of spermatogonia to the differentiation pathway is indeed reversible [12, 13]. The extent to which this phenomenon is generally applicable to SSCs in other mammals, including humans, is not currently clear.

In addition to the above studies, the ability to characterize SSCs based on molecular markers that are present on the cell surface has greatly accelerated the field. In 1999, Shinohara et al. showed that  $\alpha_6$ -integrin and  $\beta_1$ -integrin were expressed on the surface of SSCs [14]. Later, in 2003, Kubota et al. identified Thy1 (CD90) on mouse SSCs. Kubota showed that 95 % of the SSCs in the adult mouse testes are contained in the Thy1<sup>+</sup> cell fraction [15]. Kanatsu-Shinohara previously found that mouse SSCs express CD9, though the CD9<sup>+</sup> testis cell fraction was found to be enriched only 6.9-fold for SSCs [16]. In a more recent study, Kanatsu-Shinohara showed that SSCs are most concentrated in CD9<sup>+</sup>EPCAM<sup>-low</sup> population [17]. GPR125 was also shown to be a marker for undifferentiated spermatogonia in the mouse [3]. Purification of SSCs has also been facilitated by the use of negative selection against molecules such as  $\alpha_V$ -integrin [18].

While cell surface markers are particularly useful for isolation of live SSCs, other signature genes have been identified, many of which are nuclear. These include, but are not limited to, PLZF, LIN28, NANOS2, and OCT4, which are all expressed by undifferentiated spermatogonia, but not specifically by  $A_s$  spermatogonia [19–24]. Conversely, KIT expression is absent in undifferentiated spermatogonia and marks the transition to differentiating type A spermatogonia [25]. In a recent paper, however, Oatley et al. showed that ID4 is expressed exclusively in  $A_s$  spermatogonia [26].

## Spermatogonial Stem Cells in Humans

According to studies beginning with Clermont and Heller, primate spermatogonia were characterized morphologically as  $A_{dark}$  ( $A_d$ ) and  $A_{pale}$  ( $A_p$ ) spermatogonia, based on the distinct levels of chromatin condensation in the nuclei and the consequent intensity of the staining with hematoxylin [27, 28]. Both  $A_d$  and  $A_p$  spermatogonia were considered undifferentiated and it was suggested that the  $A_d$  spermatogonia are the reserve stem cells and the  $A_p$  spermatogonia are the actively renewing stem cells [27–30]. In this model of spermatogenesis, the  $A_p$  spermatogonia divide to form either new  $A_p$  spermatogonia or differentiated type B spermatogonia. The type B spermatogonia continue to divide, differentiating to form primary spermatocytes and spermatids. Other models of human SSC population dynamics suggest that the  $A_p$  spermatogonia, which undergo regular divisions, are actually transit-amplifying progenitors, whereas the  $A_d$  spermatogonia are the true SSCs [31, 32]. It has also been proposed that the  $A_d$  and  $A_p$  nuclear phenotypes may represent spermatogonia at distinct stages of the cell cycle as opposed to spermatogonia with differing stem cell fates [33]. Due to the difficulty of culturing human SSCs and the paucity of available assays, however, the true identity of the human SSC remains unknown, though it is most likely true that the human SSCs exist as a smaller subpopulation of the  $A_d$  or  $A_p$  spermatogonia [5].

In the last decade, however, progress has been made to define human SSCs using the same approaches as were used with rodent models. Izadyar et al. showed that putative SSCs in the adult human testis are phenotypically characterized as SSEA-4<sup>+</sup>, CD49f<sup>+</sup>, CD90<sup>+</sup>, GPR125<sup>+</sup>, and c-Kit<sup>neg/low</sup> [34]. The same study also found that about one-third of repopulating spermatogonia express OCT4 and NANOG, signifying the existence of populations of spermatogonia in the adult human testes with at least some characteristics of pluripotent cells.

In a 2010 study, the Dym group used human testicular material from deceased organ donors and confirmed that human spermatogonia express THY1, GFR $\alpha$ 1, ITG $\alpha$ 6 (although ITG $\alpha$ 6 is also expressed in Sertoli cells), and PLZF, all of which are also markers of rodent SSCs [35]. Localized expression of GPR125 was observed in 1–2 spermatogonia per seminiferous tubule cross-section, and they proposed that GPR125 might be a marker of SSCs. In a more recent study, von Kopylow et al. shed substantial light on the original morphology-based model proposed by Clermont [36]. It was found that the gene expression profile of  $A_p$  and  $A_d$  spermatogonia differed in regard to expression of KIT, Ki-67, and DMRT1, while many putative SSC markers were common to  $A_p$  and  $A_d$  spermatogonia. Specifically, they found that KIT, Ki-67, and DMRT1 were restricted to

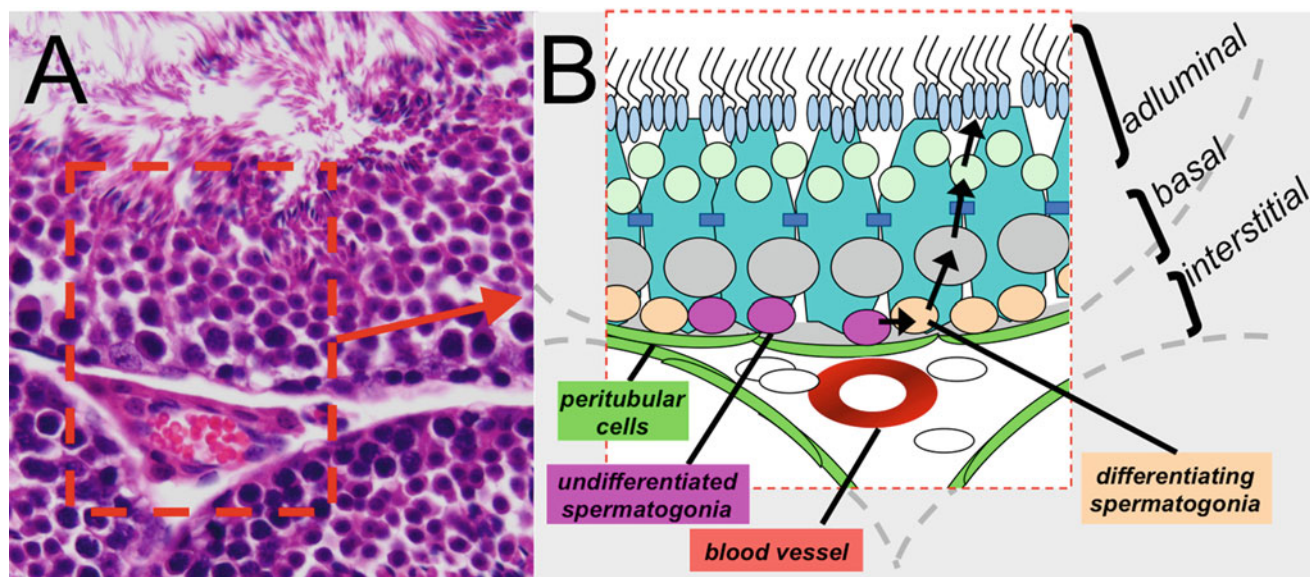
subtypes which lacked nuclear rarefaction zones, i.e., types A<sub>p</sub> and B spermatogonia only. A<sub>d</sub> spermatogonia, however, were marked by high levels of exosome component 10 (EXOSC10) in the nuclear vacuole, which may reflect differential nuclear RNA metabolism in the A<sub>d</sub> spermatogonial population; this feature was linked to the cell's immature state. Thus, as additional molecular correlates of stemness in the human testis are validated, it is likely that the utility of morphological assessments will continue to decline.

While several groups reported that OCT4 expression is not conserved in human spermatogonia [6, 35], Bhartiya et al. suggested that the reason for the discrepancy between findings in rodents and humans may be that the antibodies and primer sets used were derived from the overlapping domain between OCT4A and OCT4B rather than from an exon specific to OCT4A [37]. A novel population of 5–10 μm cells was found to express nuclear OCT4A and also other pluripotent markers such as NANOG and TERT, suggesting that these cells may represent a distinct population of cells with pluripotent features in the testis. Given the numerous pitfalls associated with accurate and valid measurement of pluripotency genes and of possible markers of human SSCs, it remains to be seen whether genes such as OCT4, NANOG, and SOX2 are meaningfully expressed, either at the level of mRNA or protein in human SSCs. Such questions become particularly relevant when addressing the reprogramming of adult germ cells, as discussed in the final section of this chapter.

## Microanatomy of the Spermatogonial Stem Cell Niche

A stem cell niche is the specialized microenvironment that supports self-renewal and survival of the stem cell population. Stem cell niches are formed by contributions from surrounding support cells, which provide extrinsic stimuli to regulate self-renewal and differentiation both through secreted growth factors and extracellular matrix support. Spermatogenesis occurs within the seminiferous tubules of the testis, which are surrounded by the basement membrane (Fig. 1). The developing germ cells and Sertoli cells together form the seminiferous epithelium [38]. Tight junctions formed between the Sertoli cells create both a basal compartment, which houses all undifferentiated spermatogonia, and an adluminal compartment. Peritubular myoid cells line the outside of the basement membrane and provide structural support for the tubules. The interstitial region between the tubules consists predominantly of Leydig cells, which secrete testosterone, along with the vascular network, and also tissue macrophages. Each of the cell types mentioned, in addition to vascular contributions, have been implicated as contributors to the SSC niche [39–44].

The Sertoli cell is the only somatic cell type within the seminiferous tubule; in addition to critical roles in fostering the latter stages of spermatogenesis, it is generally accepted



**Fig. 1** Structure of the mouse seminiferous tubule and SSC niche. (a) Hematoxylin- and eosin-stained section of adult mouse testis. Red, dashed line shows area that is illustrated in (b). (b) Cartoon showing undifferentiated spermatogonia, including stem cells, are nurtured from within the seminiferous tubule by signals produced by Sertoli

cells (turquoise) and also from the outside of the tubule by other somatic cell types, such as peritubular myoid cells (green) and others. Additional cell types of note that are present in the interstitial region include endothelial cells, macrophages, and Leydig cells

that the Sertoli cell is the predominant participant in the SSC niche. Oatley et al. recently provided more direct evidence that the Sertoli cells regulate the SSC niche, showing that increasing the number of Sertoli cells in the testes of mice concomitantly increases the number of niches accessible for colonization by SSCs posttransplantation [45].

While the Sertoli cell is critical, somatic cell populations in the interstitial tissue likely contribute to the niche as well [39, 40]. Chiarini et al. showed that undifferentiated spermatogonia accumulate in areas of the seminiferous tubule where the basement membrane is more closely associated with the interstitial tissue. Additionally, Yoshida et al. (2007) implicated the vascular network of the testes in regulation of spermatogonia by showing that during the process of differentiation, undifferentiated spermatogonia migrate away from areas of the tubule that are associated with the interstitial vasculature [46]. The functional roles of vascular-derived instructions in SSC self-renewal have yet to be elucidated.

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### Extrinsic Factors Regulating Fate Decisions

Substantial progress has been made in identifying extrinsic stimuli that control the decision of SSCs to self-renew rather than differentiate and in using this knowledge to establish culture conditions that support the long-term propagation of SSCs *in vitro* [47–49]. The first, and arguably the most important, extrinsic regulator of SSC self-renewal and propagation to be found was glial cell line-derived neurotrophic factor (GDNF) [50]. Produced by Sertoli cells, GDNF is a member of the transforming growth factor beta (TGF $\beta$ ) superfamily. Meng et al. (2000) were among the first to recognize the importance of GDNF signaling in the maintenance of undifferentiated spermatogonia. It was shown that spermatogenesis is disrupted in GDNF-deficient mice, while overexpression of GDNF in transgenic mice results in the accumulation of undifferentiated spermatogonia [50]. These findings ultimately enabled the successful creation of an *in vitro* culture system that could sustain SSCs long term. In 2004, Kubota et al. found that the addition of recombinant GDNF to serum-free medium did indeed promote the long-term expansion of mouse SSCs [49]. A recent study has shown that GDNF is required not only for the initial establishment of the stem spermatogonial pool but also for the maintenance of the SSC population in the normal adult testis [51]. GDNF was found to promote self-renewal over differentiation of replicating stem spermatogonia in the normal mature testis. GDNF is also known to signal via the GFR $\alpha$ 1/RET co-receptor through activation of Src family kinases, Ras, and PI3K-Akt pathways and subsequently induces expression of target genes in SSCs [52–55].

In addition to GDNF, other growth factors that enhance SSC self-renewal have been identified. Kubota et al. (2004) found that while fibroblast growth factor 2 (FGF2) alone

does not support SSC expansion, it does increase the rate of proliferation when added in conjunction with GDNF [49]. Kanatsu-Shinohara et al. (2005) also found that inclusion of either FGF2 or EGF in serum-free medium along with GDNF supports long-term expansion of SSCs [56]. Leukemia inhibitory factor (LIF) supports SSC growth *in vitro* and, thus, may also play a role in the regulation of SSC fate decisions *in vivo*, although it is not strictly required *in vitro* [57]. Of note, the Shinohara group recently demonstrated that activation of MAP2K1 downstream of FGF2 drives expression of ETV5 and BCL6B in SSCs [58].

Two recent studies, using gene expression profiling, found that Csf1r, the receptor for Colony Stimulating Factor 1 (CSF1), is highly expressed in undifferentiated spermatogonia isolated from mouse testes [42, 59]. The ligand, CSF1, was thus implicated as a potential extrinsic factor in the regulation of SSC proliferation. When added to cultures of undifferentiated spermatogonia, which were also supplemented with GDNF and FGF2, CSF1 did not enhance proliferative activity but did increase SSC content. These data indicate that CSF1 exposure alters the balance of SSC self-renewal versus differentiation and demonstrate that CSF1 influences SSC self-renewal without affecting proliferation of non-stem spermatogonia. Because CSF1 alone (i.e., without GDNF) did not support cluster formations, it was speculated that CSF1 likely acts in collaboration with or through GDNF. CSF1 expression was observed in both Leydig cells and select myoid cells, suggesting that these cells, too, contribute to the SSC niche [42, 59].

The Wnt family of proteins, which comprises secreted glycoproteins, is another group of cell-extrinsic signals that have been implicated in SSC maintenance *in vitro* [60, 61]. Yeh et al. (2011) showed that Wnt5a, in particular, supports SSC maintenance and enhances survival of stem spermatogonia *in vitro*, while Wnt3a may target progenitors [60]. Because the effects of Wnt5a were eliminated by the inhibition of a  $\beta$ -catenin-independent signaling pathway and also because germ cells with active  $\beta$ -catenin signaling lacked SSC activity, these data suggest that Wnt5a supports SSC self-renewal independently of  $\beta$ -catenin. Interestingly, it was also shown that Wnt5a is expressed by Sertoli cells and that SSCs express the cognate receptors. In contrast, Golestaneh et al. found that Wnt3a induces cell proliferation of spermatogonia [61]. It was suggested that Wnt3a acts through the  $\beta$ -catenin-dependent pathways. Unfortunately, direct comparison of these studies is difficult due to substantial methodological differences.

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### Intrinsic Molecular Mechanisms Regulating Spermatogonial Stem Cell Maintenance

In the SSC system, germ cell-intrinsic factors have essential roles in the maintenance of stem cells and, thus, contribute to the niche in a cell-autonomous manner. Because GDNF is

generally regarded as the most important extrinsic factor in the regulation of SSC self-renewal, the study of cell-intrinsic mechanisms involved in SSC maintenance have focused on those pathways that are regulated by GDNF. To date, numerous genes have been found to intrinsically regulate SSC maintenance. These include POU3F1, ETV5, BCL6B, LHX1, and NANOS2 [53, 62–66]. Wu et al. recently demonstrated that POU3F1 is an intrinsic regulator of GDNF-induced survival and self-renewal of mouse SSCs [63, 64]. The Brinster group showed that siRNA silencing of POU3F1 induces apoptosis in cultured THY1<sup>+</sup> spermatogonia and, in transplantation assays, greatly reduces that number of colonies formed in the testes of recipient mice [63, 64]. These studies strongly suggest that POU3F1 is an integral intrinsic regulator of SSC survival and likely acts as a suppressor of apoptosis-related genes.

ETV5 is another gene that has been strongly implicated as an upstream regulator of SSC fate in the GDNF-signaling cascade [62, 63]. Wu et al. (2011) demonstrated that ETV5 knockdown and GDNF withdrawal both dramatically reduced the expression of BCL6B, LHX1, Brachyury, and CXCR4. These data provide evidence to the fact that ETV5 is an upstream effector of all four genes and is itself regulated via GDNF activation [63]. Loss of BCL6B, a transcriptional repressor, has been shown to upregulate genes associated with apoptosis [63]. LHX1 knockdown by siRNA impairs SSC maintenance in vitro [53]. NANOS2, a zinc finger RNA-binding protein, has an expression pattern consistent with undifferentiated spermatogonia, including A<sub>s</sub>, A<sub>pr</sub>, and some A<sub>al</sub> [65]. While NANOS2 was initially thought to be unaffected via GDNF, a recent paper demonstrated that the GDNF signaling pathway induces NANOS2 expression [62, 66]. Disruption of NANOS2 results in rapid depletion of undifferentiated spermatogonia, while overexpression results in accumulation of undifferentiated spermatogonia and reduction in the number of differentiating spermatogonia [65].

In parallel to GDNF-activated signaling pathways, additional cell-intrinsic factors have been identified in the self-renewal and survival of the SSC population. One of these factors is promyelocytic leukemia zinc finger protein (PLZF), a transcriptional repressor [19, 20]. It was previously shown that male mice lacking PLZF expression undergo progressive germ cell loss and testis atrophy, strongly suggesting that PLZF is a cell-intrinsic factor that is necessary for the maintenance of germ cell lineage [19, 20]. Hobbs et al. (2010) then showed that PLZF<sup>-/-</sup> spermatogonial progenitor cells can be maintained in long-term culture [18]. Similarly, Wu et al. (2011) found that PLZF silencing did not affect the ability of SSCs to self-renew in vitro [63]. However, PLZF promotes in vivo SSC self-renewal indirectly by repressing mTORC1 activity, which inhibits normal spermatogonial progenitor cell response to GDNF [18].

FOXO1, another transcription factor, was recently found to be essential to both SSC homeostasis and spermatogenesis

[67]. As a specific marker of a subcategory of spermatogonia with stem cell potential in addition to mouse gonocytes, it was revealed that FOXO1 is closely associated with the “stemness” of the spermatogonia. This group also showed that FOXO1 is an important effector of PI3K-Akt signaling in SSCs, thus revealing novel FOXO-dependent mechanisms that affect SSC fate decisions [67]. Thus, a plethora of signals are emerging as regulators of SSCs under normal physiologic conditions.

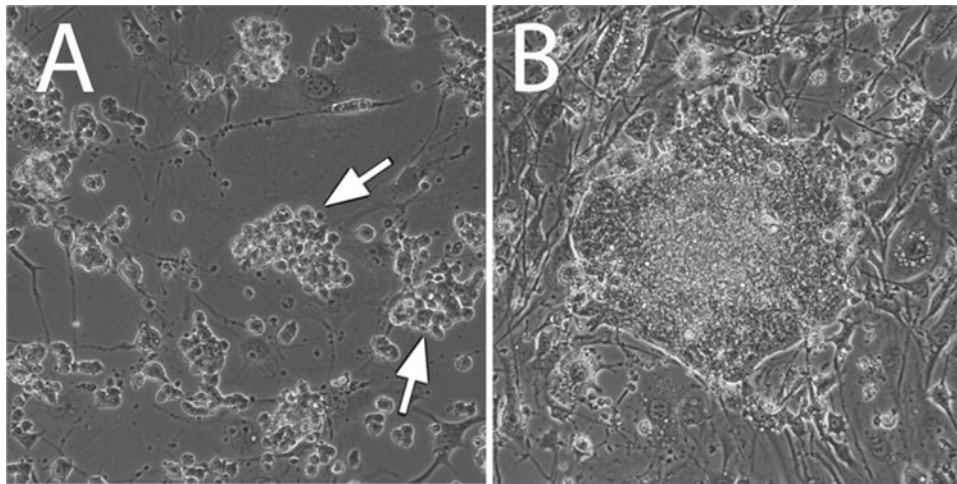
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### Loss of Lineage Commitment: Culture-Induced Acquisition of Pluripotency

As opposed to SSC self-renewal which can be demonstrated in vivo or in vitro, reprogramming of adult germ cells into a pluripotent state is generally considered a culture-induced phenomenon, wherein a unipotent germ cell converts into an ES-like state (Fig. 2). In contrast, reprogramming in vivo either in adult mice or in men is an extremely rare event (<1 in ~11,000 in wild-type laboratory mice and <1 in ~16,000 in humans) [68, 69]. The basis for studying reprogramming of SSCs in vitro rests upon (1) the availability of technology to derive and maintain SSC lines in vitro which we regard as germ lineage-committed, non-pluripotent cells and (2) the identification and functional validation of cells that have actually undergone reprogramming to a pluripotent state, concomitant with the loss of most germ cell features. Multiple studies in mice have shown that the resultant pluripotent cells are highly similar but not identical to ES cells with respect to gene expression, function, and epigenetic features [3, 70–73].

The reprogramming of spermatogonia in vitro is akin to induced pluripotency in which a different type of stable precursor (e.g., fibroblasts) is reprogrammed into a pluripotent state, with an unambiguous distinction between the precursors (e.g., fibroblasts or spermatogonia) and the resultant pluripotent cell type [74]. However, such an unambiguous distinction requires that the precursors be clearly defined, most critically, by functional assays for long-term self-renewal both in vitro and in vivo. Unfortunately, these stringent criteria are not met in many cases.

Following the seminal observations by Shinohara et al. (2004) that SSCs derived from neonatal mice could reprogram in vitro after long-term culture, the same group demonstrated that even after single cell cloning of SSCs, such potency was retained [70]. In 2007, we showed, using GPR125 to track germ cells, that even adult SSC lines in long-term culture retain the ability to reprogram spontaneously [3]. As per standard criteria for pluripotency, the reprogrammed cells derived from adult SSC lines were shown not only to form teratomas in immunocompromised mice but also to contribute to chimeric tissues upon blastocyst injection, even though gene expression was not identical to that of ES cells. Guan et al. (2006) demonstrated pluripotent cells



**Fig. 2** Reprogramming of adult mouse SSCs in culture. (a) Cultures of SSCs exhibit variably sized grape-like clusters (*arrows*) of cells that are tightly associated with each other but loosely attached to underlying feeder cells. (b) Spontaneous reprogramming of SSCs yields embry-

onic stem-cell line colonies with sharp, refractile borders that can be maintained as such if transferred to culture conditions designed from mouse embryonic stem cells. Reprogrammed cells rapidly differentiate when maintained in suboptimal conditions

could be derived from the adult testis but the precursor population was less defined in that study due to the absence of a long-term SSC culture phase [75]. Subsequently, the Scholer group showed, using OCT4-GFP reporter cells, that the culture-induced reprogramming of adult SSCs was highly dependent upon plating density [72].

While the origination of pluripotent stem cells from long-term cultures of cells with testis-repopulating activity strongly argues that SSCs are the substrate for conversion, it has not been clearly demonstrated whether all spermatogonia are similarly potent or alternatively whether only a subset give rise to pluripotent colonies. Izadyar (2008) presented data that the OCT4<sup>+</sup>/KIT<sup>+</sup> fraction of spermatogonia were enriched for cells that could be reprogrammed which is interesting, because KIT expression has been considered marker for commitment to differentiation of adult spermatogonia [72]. Intriguingly, Morimoto et al. (2012) recently found that whereas freshly isolated CD9<sup>+</sup> testis cells (enriched for SSCs) could produce ES-like colonies upon transfection of the Yamanaka factors (Oct4, Klf4, Sox2, and Myc), cultured SSCs could not, suggesting that *in vitro* propagation of cells has a negative influence on reprogramming [76].

The first evidence of culture-based reprogramming of human spermatogonia came from the Skutella group who found that testicular cells expressing germ cell markers rapidly upregulated OCT4 during the first week in culture [6]. Subsequently, colonies of putative pluripotent cells were formed continuously during the following weeks in culture. Upon differentiation, the pluripotent cells were able to form functional tissues *in vitro* and limited teratomas in immunocompromised mice. Despite substantial increases in expression of pluripotency genes, the levels were nonetheless significantly lower than those observed in human ES cells.

Subsequently, the Scholer group questioned these findings and concluded that the testis-derived cells thought to be pluripotent were actually more closely related to fibroblasts [77, 78]. An additional caveat is that the Conrad et al. study lacked a long-term self-renewal phase of SSCs in culture prior to reprogramming, without which it is difficult to be sure of the identity of the precursors to the cells that underwent reprogramming.

Following the study by Conrad et al., several studies have found evidence for the ability of normal human testicular cells to undergo apparent reprogramming, although the cell of origin and mechanism are not entirely clear [4, 5, 79, 80]. However, no study to date has demonstrated reprogramming of validated human SSCs from long-term, self-renewing cultures that have been maintained for longer than several months. Kossack et al. (2009) observed appearance of ES-like colonies within several weeks of culture of testicular cells and found not only expression of OCT4 and SOX2 but also the ability of stem cells to differentiate robustly *in vitro*, but no teratomas were formed *in vivo* [4]. Subsequently, the van Pelt group also showed *in vitro* differentiation into all three germ layers but not teratoma formation by ES-like cells derived from testicular cell cultures that had been maintained up to 8 weeks but not thereafter [79, 80]. Since teratoma formation is one of the few assays for pluripotency available for human cells *in vivo*, the observed reprogramming may have been incomplete or inadvertently produced an intermediate cellular state. Subsequently, the same group concluded that similarly derived ES-like cells were not, in fact, pluripotent due to the absence of spontaneous tri-lineage differentiation. In contrast, Golestaneh et al. (2009) discovered that ES-like cells appear after only 4 days of culture of testicular cells from organ donors; within 4 weeks, lines of pluripotent stem

cells were obtained that could form teratomas *in vivo* [5]. Unfortunately, none of the aforementioned studies was able to unequivocally identify the precursor for the reprogrammed cells, which would require a combination of single cell cloning and subsequent functional characterization of both the putative SSCs (using germ cell transplantation assays) and their ES-like progeny (through formation of teratomas).

## Conclusions

The rapid progress of the SSC field beyond morphological criteria and into a phase of functional and molecular studies has ushered in a new era. With the ability to rigorously define this cell type, various groups are moving forward with strategies to address urgent clinical problems, such as treatment-related infertility, using SSCs. Of course, such approaches will require that the level of data produced from the aforementioned rodent studies are at least matched, where possible, using human tissue. At the same time, it is urgent to understand the mechanisms behind reprogramming not only for safety-related reasons in SSC-based cell therapy but also if reprogrammed germ cells are ever to be used for disease modeling or other translational purposes.

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