

# Chapter 8

## Progression of Early Breast Cancer to an Invasive Phenotype

Connor D. MacMillan, Ann F. Chambers and Alan B. Tuck

**Abstract** Histological and molecular evidence has led to a model of breast cancer progression in which cells from the terminal duct lobular unit give rise to atypical ductal hyperplasia or atypical lobular hyperplasia, which can progress to ductal carcinoma in situ or lobular carcinoma in situ, and eventually to invasive ductal carcinoma or invasive lobular carcinoma respectively. This review will present a histomorphological and epidemiological overview of the pre-invasive stages of breast cancer progression. As there is mounting evidence that these stages are likely rough phenotypes of underlying molecular changes, current knowledge regarding changes in genetic and epigenetic features of breast cancer progression will also be discussed. Microarray and CGH-based studies will be described, which suggest that low- and high-grade breast cancers can arise from normal terminal ducts through two distinct molecular pathways. Various in vitro and in vivo models used to study the cellular and molecular changes involved in early breast cancer progression will be presented. Lastly, the specific transition from pre-invasive to invasive breast cancer will be addressed, including possible molecular predictors of the invasive phenotype and a contemporary view highlighting the involvement of the tumor microenvironment during the transition to invasive disease.

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## 8.1 Introduction

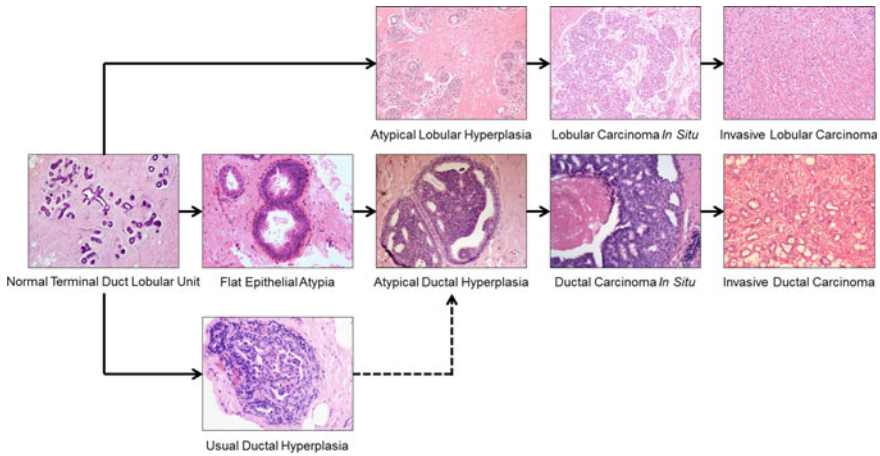
Breast cancer continues to be a major health concern among women worldwide. In North America, there has been a decreasing trend in the mortality rate of breast cancer over the last several decades [1,2]. This is likely due to increased screening and improved diagnostic recognition of early curable stages. However, there will still be approximately 45,000 deaths due to metastatic breast cancer in North America in 2012 [1,2]. There continues to be a clinical need for molecular biomarkers that can predict which non-invasive breast cancers are likely to progress to malignancy. An important event in the progression of breast cancer is the transition from a pre-invasive lesion to an invasive phenotype. Upon diagnosis of an in situ lesion, 10–15 % of women develop subsequent invasive disease [3]; hence, there is a clinical problem of predicting which pre-invasive lesions are likely to progress to malignancy.

## 8.2 Histopathologic Description of Breast Cancer Progression

Evidence has led to a histological model of breast cancer progression in which cells from the terminal duct lobular unit give rise to atypical ductal hyperplasia (ADH) or atypical lobular hyperplasia (ALH), which can in turn give rise to ductal carcinoma in situ (DCIS) or lobular carcinoma in situ (LCIS), and eventually to invasive ductal carcinoma (IDC) or lobular carcinoma (ILC) respectively (Fig. 8.1) [4–9]. In this chapter, breast cancer progression will first be discussed from histomorphological and epidemiological perspectives, followed by molecular evidence to support the view of this progression model.

### *8.2.1 A Histopathological Overview of the Pre-invasive Stages of Breast Cancer*

In order to provide a contemporary overview of the current molecular-based model of breast cancer progression, this section will build a conceptual framework of progression from normal breast tissue to the pre-invasive stages of breast cancer from a histomorphological perspective (Fig. 8.1).



**Fig. 8.1** Traditional linear model of breast cancer progression. Multiple lines of evidence (histomorphological, immunohistochemical, and molecular) support this model. Molecular alterations occurring in the normal terminal duct lobular unit (TDLU) can result in flat epithelial atypia (FEA). FEA may lead to additional changes that give rise to atypical ductal hyperplasia and ductal carcinoma in situ, upon which subsequent alterations in turn give rise to invasive ductal carcinoma (*middle*). Likewise, molecular alterations occurring in the normal TDLU result in atypical lobular hyperplasia, which can give rise to lobular carcinoma in situ, upon which subsequent alterations in turn give rise to invasive lobular carcinoma (*top*). There is some evidence that usual ductal hyperplasia may in some instances also be considered an early stage of breast cancer progression (*bottom*)

The human breast is composed of thousands of small glands lined by epithelial cells that produce milk. These glands are composed of a single terminal duct with multiple end acini (terminal ductules in the non-functioning state) and are referred to as the terminal duct lobular unit (TDLU). Once milk is secreted from cells of the TDLU, it is propagated outward through a series of interconnecting and increasingly larger ducts. The TDLU is composed of two cell layers: (a) an inner luminal epithelial layer composed of low columnar cells in the terminal duct and cuboidal cells in the acini/terminal ductules, and (b) an outer myoepithelial layer directly adjacent to the basement membrane. Pre-invasive epithelial lesions are characterized by a neoplastic epithelial cell proliferation, which remains confined to the ductal-lobular network and does not penetrate the basement membrane or invade into the surrounding stroma.

The two most common histologic types of invasive breast cancer are known as infiltrating ductal (also known as “no special type, NOS”) and lobular carcinoma. These are matched by pre-invasive ductal and lobular neoplasias. Both types of breast cancers arise in the TDLU and the distinction between the two is based on morphological differences of the cells [10, 11]. Specifically, the lobular morphology consists of small, non-polarized cells that are discohesive, with vacuolated cytoplasm and a high nuclear to cytoplasmic ratio, resembling cuboidal cells of breast acini/terminal ductules. In contrast, the ductal morphology consists of larger, polarized cells in cohesive groups that resemble columnar cells of terminal

ducts. The pre-invasive lobular lesions include atypical lobular hyperplasia (ALH) and lobular carcinoma in situ (LCIS). Pre-invasive ductal lesions include atypical ductal hyperplasia (ADH), ductal carcinoma in situ (DCIS) and possibly some columnar cell lesions, such as flat epithelial atypia (FEA). In addition, although more controversial, there is some evidence that usual ductal hyperplasia (UDH) and an entity known as “unfolded lobules” may in some instances also be considered early stages (non-obligate precursors) of breast cancer progression [8, 12].

FEA, ADH, and DCIS are considered non-obligate precursors of invasive ductal carcinoma (IDC). FEA is characterized by a proliferation and replacement of luminal cells of the TDLU by one or more layers of columnar epithelial cells that exhibit low-grade cytological atypia [13]. The cells of FEA may form either a single cell layer or multiple cell layers [14], such that FEA by present definition is comprised of both columnar cell change with atypia (1-2 cell layers) and columnar cell hyperplasia with atypia (multiple cell layers). Like FEA, ADH is also characterized by low-grade cytological atypia, but differs from FEA in that it exhibits architectural abnormalities such as solid patterns with even cell placement, punched-out secondary lumina, rigid bridging and cribriform or micropapillary morphologies. The differences between ADH and DCIS are based upon the degree of atypia and the extent of the atypical epithelial proliferation [15, 16]. DCIS is further classified based on cytomorphological (low, intermediate, or high nuclear grade) and architectural features, as well as the presence or absence of luminal necrosis, all of which have been associated with outcome. Comedo-type DCIS consists of cells that show a high degree of nuclear atypia and is associated with abundant central luminal necrosis. Comedo-type DCIS is generally more aggressive in terms of both risk for recurrence (with narrow margins of excision) and risk for associated invasion. Specific architectural types of DCIS also have different implications in terms of clinical behavior. For example, micropapillary type DCIS tends to be very extensive in the breast [17], whereas a centrally located papillary carcinoma in situ is more commonly a localized lesion with lower risk for recurrence upon complete excision [18]. Lastly, with the transition to invasive disease, important distinguishing factors between DCIS and IDC are the complete loss of the outer myoepithelial layer in the latter, with extension of neoplastic cells into the surrounding stromal compartment, beyond the basement membrane [19].

Lobular neoplasias form a spectrum of diseases and include ALH and LCIS, both of which are considered non-obligate precursors of invasive lobular carcinoma (ILC) [20, 21]. The main histological distinction between ALH and LCIS is based on the degree to which the TDLU is filled with neoplastic cells and the amount the lobular unit becomes distended as a result [4]. In ALH, the TDLU is colonized by a homogenous cell population of small, round, non-polarized, loosely cohesive cells that have a high nuclear to cytoplasmic ratio. The proliferation of ALH is limited (by definition involves less than 50 % of acini of a lobular unit) and leaves the acini/terminal ductules somewhat intact (lack distension/distortion). Conversely, cells of classical LCIS are the same cytomorphologically compared to ALH, but proliferation is extensive enough to completely fill and distend/distort the acini/terminal ductules of the TDLU. The loss of expression of membrane

E-cadherin is a hallmark feature of both ALH and LCIS [22]. Variants of LCIS have been described, including a pleomorphic variant, which consists of medium- to large-sized cells, with pleomorphic nuclei, and LCIS with central zonal (“comedo type”) necrosis [23, 24].

### 8.3 Epidemiological Evidence of Breast Cancer Progression

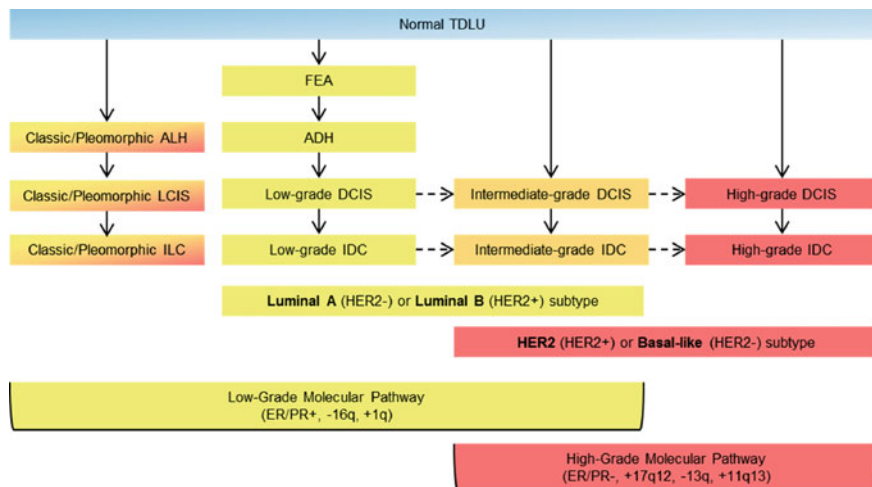
Epidemiological studies have provided support for a linear model of breast cancer progression. Through long term cohort studies it has been shown that having a previous ADH or DCIS diagnosis greatly increases the risk of developing invasive mammary carcinoma, up to 4–5 times for ADH and up to 8–10 times for DCIS compared to the general population [4, 5, 25]. In addition, the relative risk positively correlates with grade, extent and presence/absence of zonal necrosis. Similarly, the risk of invasive disease in women diagnosed with LCIS (classic type) is estimated at 8–10 times greater than women in the general population [25]. The relative risk associated with a finding of FEA is not yet well-established, but studies to date suggest the risk for developing DCIS or invasive mammary carcinoma varies from a slightly increased risk to an increase in risk similar to ADH [13, 14, 26, 27]. Although epidemiologic data would suggest possible precursor status of usual ductal epithelial hyperplasia as well (1.5–2 fold increased risk for mammary carcinoma), molecular (loss of heterozygosity) studies indicate that this is likely a rare event [28].

### 8.4 Molecular Evidence of Breast Cancer Progression

The histological patterns observed during breast cancer progression are likely rough phenotypic indications of underlying molecular changes. There is interest in identifying the cellular and molecular events involved to determine which lesions are more likely to progress. An important barrier in understanding these changes has been the inability to accurately assess the molecular events as they relate to progression. Highly specific tissue-microdissection technologies and rapidly evolving high-throughput genomic and transcriptomic analyses have combined to identify a number of genomic and gene expression correlates between different stages of breast cancer.

#### *8.4.1 Molecular Features of Ductal Carcinoma Progression*

DCIS forms a spectrum of neoplastic lesions, with some behaving more aggressively than others. These different behaviors are to some degree associated with morphologic characteristics, as described above; however, it has been further



**Fig. 8.2** A multistep model of human breast cancer progression based on immunohistochemical, genomic and gene-expression data. Molecular events that occur in the normal terminal duct lobular unit (*TDLU*) (*blue rectangle*) give rise to two distinct molecular pathways (low- and high-grade molecular pathways). Linear pathological progression occurs from normal *TDLUs* to invasive breast cancer (*solid arrows*) and intrastage progression occurs within ductal carcinoma in situ (*DCIS*) and invasive ductal carcinoma (*IDC*) (*dotted arrows*). The low-grade molecular pathway is characterized by loss of 16q, gain of 1q, and estrogen receptor (*ER*) and progesterone receptor (*PR*) positivity and is observed during pre-invasive and invasive stages of both ductal and lobular lesions (*yellow rectangles*). The high-grade molecular pathway is characterized by amplification of 17q12 and 11q13, loss of 13q, and *ER/PR* negativity (*red rectangles*). Pleomorphic lobular lesions [atypical lobular hyperplasia (*ALH*), lobular carcinoma in situ (*LCIS*), and invasive lobular carcinoma (*ILC*)] resemble high-grade tumors; however, immunohistochemical and genetic analyses support an association with the low-grade molecular pathway. The Luminal A and Luminal B subtypes of *IDC* constitute the majority of lesions in the low-grade molecular pathway. The human epidermal growth factor receptor 2 (*HER2*) and basal-like subtypes of *IDC* constitute the majority of the lesions in the high-grade molecular pathway. Abbreviations: *ADH*, atypical ductal hyperplasia; *FEA*, flat epithelial atypia [12]

revealed that different morphological subtypes of *DCIS* reflect distinct genomic alterations (Fig. 8.2). For example, comparative genomic hybridization (*CGH*)-based studies of *DCIS* revealed frequent loss of 16q in low- and intermediate-grade *DCIS* and gain of 1q and loss of 11q in intermediate-grade *DCIS* [29, 30]. Additionally, high-grade *DCIS* has been characterized by frequent loss of 8p, 11q, 13q, and 14q; gains of 1q, 5p, 8q, and 17q; and amplifications of 17q12 and 11q13 [29]. Further *CGH* analysis comparing *DCIS* and *IDC* revealed an almost identical pattern of genetic variations [29, 31] and there is also a correlation between copy number variations and progression [32]. Together, this data supports the view that *DCIS* is a direct precursor of *IDC* and that distinct genetic abnormalities are reflected by nuclear grade within the morphological spectrum of *DCIS*.

A number of loss of heterozygosity-based and *CGH*-based studies support the hypothesis that *ADH* is a precursor to low-grade *DCIS*. For example, *LOH* in

regions 16q and 17p in ADH is similar to the variations observed in low-grade DCIS [6, 33, 34]. Given that ADH and low-grade DCIS share many architectural and cytological features [15, 16], it makes sense that they share common chromosomal abnormalities. This supports the presumed sequence of progression of ADH to low-grade DCIS; however, the progression to high-grade DCIS is less clear. In terms of histological presentations and genetic aberrations, high-grade DCIS is more heterogeneous than low- and intermediate-grade DCIS. Despite the greater intricacy of the pattern of genetic aberrations found in high-grade DCIS (those with 17q12 amplifications), deletions of 16q are less frequent, suggesting that the majority of high-grade DCIS lesions arise *de novo*.

There is also molecular evidence suggesting that FEA is a precursor to ADH and/or low-grade DCIS. It has been shown that FEA has similar genetic alterations compared to ADH and both low-grade DCIS and low-grade invasive carcinoma [35]. There is an increase of loss of heterozygosity at chromosome 16q in FEA, low-grade DCIS, and low-grade IDC [33] and there are comparable chromosomal copy number gains and losses present in FEA, ADH, and low-grade DCIS [28]. A number of immunohistochemical approaches have also linked FEA, ADH, and low-grade DCIS. For example, the atypical/neoplastic cells of all three of these pre-invasive lesions show the same high-level expression of estrogen receptors, progesterone receptors and cytokeratin 19 [30, 36], an increase in expression of cyclin D1 [36], as well as identical negativity for cytokeratin 5/6 [30] and Human Epidermal Growth Factor Receptor 2 (HER2) [30, 37]. These data support the view that FEA may be a precursor to ADH and low-grade DCIS.

Much of the research on understanding the gene expression alterations that occur during the early pre-invasive stages of breast cancer have focused on the neoplastic epithelial cells of ADH and DCIS [38, 39]. For example, a patient-matched microdissection and microarray-based study showed that marked transcriptional alterations occur between normal TDLUs and ADH, which are sustained in DCIS and IDC [38]. However, in several studies, there were no major transcriptional profile changes between the pre-invasive and invasive stages [38–40]. This has led these authors to suggest that both pre-invasive and invasive stages of progression are clonal in origin and that genes expressed during ADH and DCIS may be responsible for progression. A number of studies have linked gene expression patterns during early stages of progression to the risk of developing IDC and metastasis [41–44]; however, there is a clinical need to further identify and characterize reliable markers of risk for progression.

Distinct differences in gene expression are also associated with grade [38, 45, 46]. For example, distinct gene expression patterns are present in low- and high-nuclear grade DCIS [38] similar to what is observed in IDC. Additionally, ADH and low-grade DCIS share gene expression patterns associated with ER expression, whereas high-grade DCIS has a gene expression pattern more associated with the cell-cycle and mitosis [38]. In a similar respect, gene expression analysis of intermediate-grade DCIS shows a combination of low- and high-grade characteristics [38, 46]. These gene expression analyses support the view that low- and high-grade breast cancers arise from normal TDLUs through distinct molecular pathways (Fig. 8.2). Defining

distinct molecular pathways and breast cancer subtypes (see [Sect. 8.6.1](#)) continues to be an evolving field as stratification of breast cancer into distinct subgroups and their molecular drivers involves an integrated view of the both the genome and transcriptome [47].

### ***8.4.2 Molecular Features of Lobular Carcinoma Progression***

CGH-based analyses of ALH and classic LCIS have revealed a similar pattern of chromosomal variation—loss of 16p, 16q, 17p, and 22q [48] in both. Further studies have identified a common loss of 16q in ALH, LCIS, and classic ILC [49, 50]. This supports the view that ALH and LCIS are closely related lesions and that all three (ALH, LCIS, and classic ILC) represent a progression continuum. Additionally, gene expression analysis of LCIS and classic ILC shows a pattern that is correlated with low-grade DCIS and IDC [50]. Taken together, these studies support a common—16q, low-grade molecular pathway that includes ALH, LCIS, and classic ILC, as well as FEA, ADH, low-grade DCIS and low-grade IDC.

A small subset of ILCs shows a more aggressive clinical course, and consists of neoplastic lobular cells with more marked nuclear atypia (pleomorphic ILC). These cancers share common genetic variations with classic ILC—e.g., loss of 16q and gain of 1q; as well as common features of high-grade IDC—e.g., amplification of 17q12 [51, 52]. However, a CGH-based study revealed that overall genetic variations of pleomorphic ILC are more closely correlated to those observed in classic ILC compared to IDC [52]. This suggests that pleomorphic ILC has a common molecular pathway of progression to that of classic ILC, that later accumulates alterations more characteristic of a high-grade lesion (Fig. 8.2). Similarly, there is CGH evidence that variant LCIS (pleomorphic LCIS, LCIS with necrosis) is of a common molecular background to classic LCIS (loss of 16q, gain of 1q), but that it is also associated with numerous further genetic aberrations that are more characteristic of a high-grade lesion [53].

## **8.5 Models and Methods Used to Study Breast Cancer Progression**

In order to study the pre-invasive stages of breast cancer progression, several in vitro and in vivo models have been developed. Most take advantage of established human breast epithelial cell lines, which have been altered with activated oncogenes which drive production of these pre-invasive phenotypes [54–57]. In vivo models take advantage of the short time interval required for murine mammary progression and the high incidence of pre-malignant lesions in certain genetic backgrounds [58].



One such model system is the HMT-3522 series cell lines [54, 57], which consists of three cell lines derived from a single patient presenting with fibrocystic change. The HMT-3522/S1 cell line was produced during *in vitro* culture of the explant and was shown to be non-tumorigenic in a mouse xenograft model; whereas the HMT-3522/S2 cell line was established after an EGF-independent growth selection of the HMT-3522/S1 cell line and was shown to be tumorigenic. The third cell line, HMT-3522/T4-2, was derived from a HMT-3522/S2 tumor and is considered to be the most tumorigenic of the three cell lines. The HMT-3522 cell lines have undergone malignant transformation *in vitro* without being exposed to known carcinogenic agents and this transformation resembles some aspects of progression during pre-invasive breast disease [57]. Similarly, the MCF10AT cell lines represent a range of pre-invasive breast lesions [55, 56]. The MCF10A cells, also derived from a patient with fibrocystic change, are benign, immortalized breast epithelial cells. The MCF10AT cell line was derived from these cells by *ras* transformation. Subclones of the MCF10AT cells have generated a number of pre-invasive lesions including ADH and DCIS [55, 56]. Both the HMT-3522 and MCF10AT cell lines have proven useful; however, both model systems suffer from disadvantages. Both show mixed phenotypes and lack of stability of the phenotypes after culture. Additionally, the HMT-3522 cell lines lack a pre-DCIS stage, while the MCF10AT series is *ras*-transformation dependent, an uncommon event in spontaneous human breast cancers.

The 21T cell lines, derived from a single patient with metastatic breast cancer, represent a human breast cancer progression series [59, 60]. When grown in the mammary fat pad of nude mice, each cell line can reproduce a distinct stage of progression. For example, 21PT cells are non-tumorigenic and generate lesions of ADH, 21NT cells form lesions with the morphology of DCIS, and 21MT-1 cells generate IDC and are both tumorigenic and metastatic [60].

*In vitro* systems are very useful for high throughput studies. However, it has been shown that when grown in 2D *in vitro* culture, cell lines can have distinctly different morphology and genetic profiles compared to *in vivo* growth [61–66]. Also, important signals released by the extracellular matrix, which control normal homeostasis and tissue phenotypes, are lost when cells are cultured in 2D. When cells are cultured in a laminin-rich extracellular matrix, many of these signals remain intact [64]. By allowing cells to grow in a 3D conformation in contact with extracellular matrix proteins, certain characteristics of cell morphogenesis, proliferation, apoptosis and invasiveness may be studied in a highly controlled 3D environment. In fact, there have been many studies using 3D systems to examine molecular controls of morphogenesis in normal and neoplastic breast epithelial cells [65, 67–70]. There has been limited use of 3D *in vitro* systems to directly study progression through the pre-invasive to invasive stages of breast cancer; however, use of the HMT-3522 cell lines [71], the MCF10A-derived cell lines [72] and the 21T series cell lines [60] in 3D systems have proven useful in identifying potential regulators of progression.

*In vivo* breast cancer progression models have often made use of genetically engineered mice that have been designed to develop atypical lesions that mimic some pre-invasive lesions in humans [73]. In addition to genetic manipulation,

other murine models make use of viral, chemical or hormonal agents that induce pre-malignant lesions [58]. However, since these model systems are mouse-derived, they fail to mimic exactly human breast cancer progression, especially from a molecular perspective. Therefore, in order to study the molecular events underlying the pre-invasive stages of human breast cancer progression, researchers often make use of human cell lines in xenograft model systems. One such model system makes use of genetically engineered human breast organoids and activated human breast stromal cell xenografts. This approach has been useful in defining genetic events that are required to drive progression from pre-invasive stages to invasive carcinoma [74].

Breast cancer tissues are comprised of a complex mixture of healthy epithelial cells, invasive or in situ tumor cells, surrounding stroma, infiltrating immune cells, blood vessels, and capillaries. As a consequence, whole tissue lysates represent a variety of cell types, making analysis of tumor cell-specific signals very difficult. Laser capture microdissection technology has, however, proven useful in identifying different gene expression signatures of progression [29, 30, 32, 49–52, 75] that are representative of the different tissue components of a tumor or precursor lesion.

## **8.6 The Transition from Pre-invasive to Invasive Breast Cancer**

One of the most important events in the progression of breast cancer is the transition from pre-invasive, in situ lesions, to an invasive phenotype, in which neoplastic cells of DCIS (or LCIS) gain the ability to break through the basement membrane and invade into the surrounding stromal tissue. First, to address the clinical problem of predicting which in situ lesions are likely to progress to malignancy, molecular markers of the invasive phenotype will be discussed. This will be followed by a discussion of the traditional epithelial centric view of progression, as well as a more contemporary view that includes involvement of the tumor microenvironment.

### ***8.6.1 Molecular Predictors of the Invasive Phenotype***

Microarray analysis has been used to identify gene expression patterns that are associated with clinical outcome of invasive breast cancers [41, 76–78]. These invasive breast cancers have been commonly categorized into four major subtypes: luminal A, luminal B, HER2 overexpressing/ER-, and basal-like. The basal-like subtype is typically ER-/PR- and HER2-, has high proliferation rates and is associated with a poor prognosis [77, 78]. There has been emerging refinement of these subtypes using paired DNA-RNA profiles that has revealed 10 novel subgroups based on clinical outcome [47].

**Table 8.1** p16, COX-2, and Ki67 as molecular predictors of progression to an invasive phenotype

	p16	COX-2	Ki67	References
Normal stress-activation response	High	High	Low	[80]
Abnormal stress-activation response (poor prognosis DCIS)	High	High	High	[80, 81]
ADH prone to progression	No association	High	High	[82]

In women diagnosed with DCIS, 15–30 % will develop subsequent DCIS or IDC within 10 years after lumpectomy and radiation [3]. Of the 70–85 % that do not recur, it is likely that some are being overtreated. Conversely, since a majority of DCIS lesions are treated with lumpectomy (usually with accompanying radiation), some women are still prone to recurrence and/or subsequent invasive disease and require more aggressive treatment (mastectomies). Therefore, there is a clinical need for accurate markers that will predict if and when DCIS will progress to an invasive phenotype. Recently, expression profiling and immunohistochemical studies confirm the presence of molecular subtypes in DCIS [79–81] that parallel subtypes of invasive breast cancers, which may help to address this clinical problem. For example, it has been proposed that DCIS with high p16 and COX-2 expression in the absence of the cell proliferation marker Ki67 produces a normal stress-activation response that is protective against progression to an invasive phenotype [80]. In contrast, DCIS expressing high p16, high COX-2, and high Ki67 is interpreted as an abnormal response to cellular stress, and has been said to be associated with progression to a basal-like subtype of invasive breast cancer [80] (Table 8.1). In one study, DCIS with high p16, high COX-2, and high Ki67 was a better predictor for invasive breast cancer than nuclear grade [81]. In ADH, expression of p16, either alone or in combination with COX-2 and Ki67, was not found to be associated with progression to malignancy, although the combination of high COX-2 and Ki67 was found to convey stronger risk of breast cancer within 10 years [82] (Table 8.1). In DCIS at least, the expression signature of high p16, COX-2 and Ki67 may define a progression pathway of basal-like breast cancers to invasive disease, and could prove useful in the management of patients with high-grade DCIS. Identification of biomarkers indicating probability of progression to other subtypes of invasive cancer is ongoing and could further improve the clinical management of patients diagnosed with pre-invasive disease.

### ***8.6.2 The Transition to the Invasive Phenotype: “Escape” versus “Release”***

The transition from a pre-invasive to an invasive phenotype occurs when cells of DCIS (or LCIS) invade through the basement membrane and into the surrounding stromal tissue, thus representing a key event in the progression of breast cancer.

Work such as that described above has yielded a rudimentary understanding of the stage-specific molecular changes within the neoplastic epithelial cells themselves. However, there is evidence that the tumor microenvironment is important during progression and that molecular changes in non-neoplastic cells [39, 83, 84], in addition to neoplastic epithelial cells, have the potential to drive progression [72, 85–87]. For example, in a cell line model for DCIS, the transition from DCIS to IDC did not require additional molecular alterations within the neoplastic epithelial cells, but rather progression to IDC was promoted by fibroblasts and suppressed by myoepithelial cells that make up the stromal and periductal microenvironment of DCIS. Molecular profiling of isolated epithelial and myoepithelial cells identified a signaling interaction network involving transforming growth factor  $\beta$  (TGF- $\beta$ ), hedgehog, cell adhesion molecules and p63, which was required for the differentiation of myoepithelial cells. Elimination of this signalling network resulted in loss of the myoepithelial cells and progression to an invasive phenotype [72]. Similarly, the establishment of the self-sustaining TGF- $\beta$  and stromal cell-derived factor 1 (SDF-1) autocrine-signaling loops in resident mammary myofibroblasts can give rise to carcinoma-associated myofibroblasts that promote progression to invasive mammary carcinoma [88]. In addition, carcinoma-associated fibroblasts may mediate tumor growth and angiogenesis through the secretion of SDF-1 by acting directly on neoplastic epithelial cells via the CXCR4 receptor and by recruiting endothelial progenitor cells respectively [85]. Additionally, tumor-associated macrophages can have progression-promoting effects through the secretion of immunosuppressive cytokines, the release of free radicals such as nitric oxide and hydrogen peroxide, and the secretion of angiogenic factors. It has been suggested that these signaling mechanisms may be useful as therapeutic targets to block the development of tumor-promoting stromal cells [89].

Studies such as these have changed our view of breast cancer progression as solely an epithelial/tumor cell-driven process. Two possible models of the DCIS-to-IDC transition (“escape” vs. “release”) have been suggested [90]. The “escape” model proposes that genetic alterations accumulate in a subpopulation of neoplastic epithelial cells, which provides them with the ability to disrupt the myoepithelial layer and invade through the basement membrane into the surrounding stromal compartment. In contrast, the “release” model proposes that degradation of the basement membrane and subsequent invasion is due to alterations in the tumor microenvironment, particularly in the myoepithelial cells, myofibroblasts, fibroblasts, and tumor-infiltrating inflammatory cells. What is actually occurring is most likely a combination of both models whereby changes in neoplastic epithelial cells and non-neoplastic cells of the tumor microenvironment both contribute to the transition from pre-invasive to invasive disease.

## 8.7 Conclusion

Histological and molecular evidence has led to a model of breast cancer progression in which cells from the TDLU give rise to ADH or ALH, which can progress to DCIS or LCIS, and eventually to IDC or ILC respectively. Gene expression analyses suggest that low- and high-grade breast cancers can arise from normal TDLUs through two distinct gene expression pathways. The low-grade molecular pathway is characterized by loss of 16q, gain of 1q, and ER/PR positivity; whereas the high-grade molecular pathway is characterized by amplification of 17q12 and 11q13, loss of 13q, and ER/PR negativity. In addition, gene expression profiling has revealed distinct subtypes of invasive breast cancer based on clinical outcome. There is a clinical need to identify markers that will predict which pre-invasive lesions will progress, some of which may be unique to a particular subtype of IDC. Identification of such biomarkers is currently ongoing, which could improve the management of patients diagnosed with DCIS. It is important to bear in mind that the transition to invasive disease likely involves an interplay between the neoplastic cells themselves, as well as cells of the surrounding tumor microenvironment, such that both may be important in the future development of biomarkers and potential therapeutic targets.

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