

Cancer of the Oral Cavity, Pharynx, and Nasopharynx

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Keywords

Oral cancer • Pharyngeal cancer • Occupation • Asbestos • Diesel engine exhaust • Leather dust • Cotton dust • Occupational risk factors • Formaldehyde • Wood dust • Welding fumes

Overview

Oral Cavity and Pharynx Cancer

Cancer of the oral cavity and pharynx is one of the ten most common in the world. In 2008, the age-standardized incidence rate was 8.7 per 100,000 men and 3.4 per 100,000 women, and mortality rate was 7.0 per 100,000 men and 1.7 per 100,000 women [1]. About 90 % of oral cavity and pharynx tumors are histological squamous cell type. Incidence increases with age and peaks between ages of 50 and 70 years. Incidence is higher in more developed regions for males than less developed regions, while mortality is similar between the more and less developed regions. In women, incidence and mortality are higher in less developed regions [2]. In India, these tumors are a heavy health burden in both urban and rural areas. They are responsible for the highest cancer mortality rates in men and are third after breast and uterine cervix tumors in women [1]. Other high-incidence areas are Eastern, Western, and Southern Europe, Australia and New Zealand, and Melanesia [3]. Latin America and the Caribbean have intermediate incidence rates of oral and pharynx cancers; however, rates vary widely between countries in the region and even within those countries [4, 5]. In Brazil, mortality rates from oral cavity cancer are stable in both men and women; however, pharynx cancer is increasing [6].

Increasing incidence of oral and pharynx cancers has been observed in some Western Europe countries [7–10]. Incidence of oral cavity and pharynx tumors in the United States has been decreasing over the last 30 years [11]. However, increasing incidence in cancer of the tongue, base of the tongue, and the tonsils has been observed in patients under 45 years of age [12, 13]. Nordic countries have also shown increasing incidence of tongue cancer in both male and female young adults [14, 15].

Nasopharynx Cancer

Incidence of nasopharynx cancer is higher for those in their 50s. Worldwide incidence rates are about 1.7 per 100,000 in men and 0.8 per 100,000 in women, and mortality rates are 1.1 and 0.4 per 100,000, respectively, in men and women [1]. However, incidence is much higher in Southern China, Southeast Asia, the Middle East, and North Africa. In some regions of Southern China, such as Hong Kong, incidence in men reached levels higher than 20 per 100,000, but there has been a remarkable continuous downward trend for these tumors [16–18]. This can mainly be attributed to changes in environmental risk factors within the Chinese population, such as a diet that has been changing to a more Western style; thus, preserved salted fish is no longer a common food for most Chinese households [16]. This downward trend has also been seen in the United States among Chinese Americans living in California [19, 20]. The World Health Organization classifies nasopharyngeal carcinoma into three types according to histology: squamous cell carcinoma (Type I), nonkeratinizing carcinoma (Type II), and undifferentiated carcinoma (Type III). Nonkeratinizing and undifferentiated

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carcinomas are the most common (>90 %) in high-incidence areas [20–22], and squamous cell carcinoma is the most common (>70 %) in low-incidence regions [20, 21, 23].

Nonoccupational Risk Factors

Oral Cavity and Pharynx Cancer

For a long time, tobacco smoking and alcohol consumption have been recognized as the main causal factors for oral cavity and pharynx tumors; recent pooled analysis and multicenter studies have confirmed this [24–26]. Tobacco smoking and alcohol intake have a dose-response relationship in the occurrence of these tumors; there is also an evident interaction between these two risk factors [27]. Environmental exposure to tobacco smoke in homes and workplace is also associated with oral cavity and pharynx tumors. A pooled analysis of case-control studies has shown the carcinogenic effect of involuntary smoking on head and neck anatomical sites, particularly the pharynx and larynx [28]. Incidence of oral cavity and pharynx cancer is higher among groups of low socioeconomic status [29]. This can be partly explained by higher prevalence of smoking and alcohol consumption in individuals from socially disadvantaged groups [30]. Other factors related to these tumors have also been reported: for instance, diet, where consumption of fruit and vegetables is inversely associated to the risk of these tumors [31]; being underweight, where individuals with low BMI are at increased risk of head and neck cancer (including oral cavity, pharynx, and larynx) [32, 33]; chewing betel quid with or without tobacco, where products commercially available in India are considered carcinogenic to humans, affecting the oral cavity and pharynx with tobacco and just the oral cavity without tobacco [34–36]; and periodontal disease and regular gum bleeding, as well as daily mouthwash use, which may be independent risk factors for oral cavity and pharynx cancer [37, 38]. Poor mouth condition and missing teeth indicate low mouth health care and limited access to dental assistance, both correlated with low socioeconomic status. Human papillomavirus (HPV), particularly HPV16, is associated with oropharyngeal cancer [39]. Increasing incidence of tongue and tonsil tumors seen among those under 45 has been attributed to increasing prevalence of HPV infection in developing countries, practice of oral sex, and number of sexual partners [2, 40, 41]. In addition to environmental factors, familial clustering of oral cavity and pharynx cancer is related to increased risk of oral cavity and pharynx cancer [42].

Nasopharynx Cancer

Nasopharynx cancer is a complex disease; some environmental factors are involved in its origin, probably interacting, and there is also some type of genetic susceptibility.

Consumption of salted fish starting in childhood is an important cause of nasopharyngeal cancer in the Chinese population [35, 36], but in contrast to salted fish and other preserved foods, frequent consumption of fresh fruit and vegetables has been linked to a lower risk [21]. Epstein-Barr virus is associated with nasopharynx cancer, but other cofactors must also be present for the disease to manifest [20, 39, 43]. Other factors also associated with nasopharynx cancer are previous chronic ear or nose diseases, such as chronic rhinitis or otitis media [23, 44]; active and passive smoking [23, 36, 44–47]; and the use of Chinese nasal oil and traditional herbal medicine [45, 48]. Additionally, family history of nasopharynx cancer has also been related to increased risk of nasopharynx cancer [44, 45, 49].

Occupational Risk Factors

Oral Cavity and Pharynx Cancer

Some studies have investigated the relationship between occupation and oral cavity and pharynx cancer considering broad categories; Garrote et al. [50] divided subjects into white-collar and blue-collar workers, farmers and housewives, and others, and Menvielle et al. [51] classified their study population into three groups, manual, nonmanual, and agricultural. Tables 4.1 and 4.2 describe 20 case-control and 24 cohort studies which reported an association between specific occupations and industries and oral cavity and pharynx cancer. Several occupations, work in specific industries, and exposure to specific agents have been screened for their carcinogenic potential.

Formaldehyde

Formaldehyde is widely used to manufacture building materials and household products. Most of formaldehyde production is for manufacture of resins, used to make adhesives for pressed wood products. Formaldehyde is also used as a preservative in medical laboratories and mortuaries.

Three of the four case-control studies in Table 4.1, which examined the effect of exposure to formaldehyde in oral and pharynx cancers, found relative risks (RR) of around 1.0 [52–54], whereas Vlajinac et al. [55] found a high risk (RR 4.4, 95 % confidence interval [95 % CI] 0.6–31.6). In a cohort study of workers from ten formaldehyde-producing or formaldehyde-using plants in the United States, Blair et al. [56] found standardized mortality ratio (SMR) of 443 ($p<0.05$) for oropharynx cancer in those exposed to cumulative doses of 0.5 parts per million-years (ppm-years) or less; however, SMRs were lower than 100 for those exposed to higher cumulative dose levels. Gardner et al. [57] in a cohort study of six formaldehyde-producing companies in the United Kingdom observed increased SMRs for oral and pharynx cancers in those employed before 1965 and for

Table 4.1 Case-control studies on occupation and cancer of the oral cavity and pharynx

Reference, study location and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Decoufle [74], United States, 1956–1965	Oral cavity and pharynx cancer patients from a single New York clinical center	Patients without cancer conditions	Employment in the leather industry	Men Ever employed at least for 5 years	18 (?)	3.22 ($p < 0.01$)	RR adjusted for tobacco smoking	
Winn et al. [88], United States, 1975–1978	232 women with oral and pharynx cancer residents in certain central North Carolina counties (156 from 5 hospitals and 99 from death certificates)	502 controls matched by admission date, age, race, and county of residence (from the same institutions as cases and from death certificate lists). Controls were not eligible if they had a diagnosis of mental disorder; neoplasms of the oral cavity or pharynx, esophagus, or larynx; or other noninfectious oral or pharyngeal diseases	Employment in textile, apparel, and hosiery industries. It was examined also exposure to dust in textile industry	Textile No Yes 1–4 years 5–9 years 10–19 years 20 years or more Apparel No Yes 1–4 years 5–9 years 10 years or more	192 (344) 40 (66) 13 (16) 6 (9) 6 (18) 13 (16) 233 (392) 9 (18) 3 (7) 1 (4) 4 (5)	1.0 1.1 (0.7–1.7) 1.5 (0.7–3.1) 1.2 (0.4–3.4) 0.6 (0.3–1.6) 1.5 (0.7–3.1) 1.0 0.9 (0.4–2.0) 0.8 (0.2–3.0) 0.6 (0.1–3.7) 1.4 (0.4–5.1)	RR crude. Authors referred that adjusting for smoking and snuff consumption did not appreciably reduce the association	
			Hosiery	Never Yes 1–4 years 5–9 years 10 years or more	225 (384) 7 (26) 3 (7) 2 (5) 1 (11)	1.0 0.5 (0.2–1.1) 0.8 (0.2–2.9) 0.8 (0.2–3.5) 0.2 (0.0–1.2)		
			Textile dust	Never (work <6 months) 1–4 years 5–9 years 10+ years	204 (373) 9 (4) 4 (5) 14 (26)	1.0 3.9 (1.2–12.0) 1.5 (0.4–5.3) 1.0 (0.5–1.9)		

(continued)

Table 4.1 (continued)

Reference, study location and period of cases	Characteristics of controls	Characteristics of cases	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Vaughan et al. [114], United States, 1980–1983	285 cases (186 men, 99 women) of oro- and hypopharynx cancer ($n=205$), nasopharynx ($n=27$), sinus, and nasal cavity ($n=53$) selected from a population-based cancer registry	552 controls (327 men, 225 women) were identified via random digit dialing	Occupational formaldehyde exposure was assessed via a job-exposure matrix	Oro-hypopharynx Exposure level Background Low Medium High Number of years exposed 0 1–9 10+ Exposure score (all years) 0–4 5–19 20+ Exposure score induction (excluding 15 years before diagnosis) 0–4 5–19 20+	147 (381) 41 (121) 13 (42) 4 (8)	1.0 0.8 (0.5–1.4) 0.8 (0.4–1.7) 0.6 (0.1–2.7)	Odds ratio adjusted for age, sex, cigarette smoking, and alcohol consumption	
Orenggia et al. [96], Uruguay, 1977–1981	242 cases of men with oral cavity, pharynx, and hypopharynx cancer ($n=236$) and larynx cancer ($n=6$) selected in a single center	322 controls matched by age among patients from the same hospital of cases, excluding those with lung, bladder, pancreas, and kidney cancer	Occupation with the longest duration was codified according to the International Classification of Occupations	Oro-hypopharynx Farmers Baristas Mechanics workers Agriculture workers Butchers Blacksmiths Bricklayers Drivers Telephone Operators Electricians Railwaymen	16 (72) 2 (6) 2 (7) 2 (6) 7 (8) 3 (3) 18 (23) 6 (13) 3 (2) 2 (2) 2 (1)	0.9 (0.3–2.2) 1.0 (0.1–7.0) 1.5 (0.3–9.3) 1.9 (0.3–10.7) 2.0 (0.4–9.5) 2.8 (0.5–16.0) 2.8 (1.1–7.6) 3.1 (0.7–14.0) 4.2 (0.5–34.9) 5.5 (0.7–40.2) 5.7 (0.6–51.3)	RR adjusted for tobacco smoking and alcohol consumption	Reference category: administrative, commerce, and professional workers
Franco et al. [75], Brazil, 1986–1988	232 cases (201 men, 31 women) with oral cavity cancer from three clinical centers in three Brazilian cities	Controls selected among patients of the same hospitals of cases or from neighboring general hospitals, matched to cases by sex, age, and period of hospital admission	Never/ever employed in selected occupational settings	Textile Wood Paper Mining Leather Metal Sugar/alcohol Rubber	12 (40) 27 (39) 6 (5) 10 (27) 7 (13) 23 (70) 7 (11) 7 (11)	0.5 (0.3–1.1) 1.2 (0.7–2.2) 2.1 (0.6–7.3) 0.8 (0.3–1.8) 1.3 (0.4–3.7) 0.6 (0.3–1.0) 0.9 (0.3–2.5) 1.5 (0.5–4.8)	Adjusted for tobacco smoking and alcohol consumption	Reference category: never exposed

Vaughan [82], United States, 1980–1983	183 cases (121 men, 62 women) of oro- and hypopharynx squamous cell carcinoma selected from a population- based cancer registry	552 controls (327 men, 225 women) were identified via random digit dialing, matched on age and gender	Jobs were broadly classified into 31 industrial and 59 occupations classified via the US Census Bureau. Never/ever considering all years and induction period (excluding 15 years before diagnosis). Presented here are only the odds ratios equal or higher than 1.5 for both situations “all years” and “induction period”	<i>OR (all years)</i> Occupation/industry Writers, entertainers, athletes in entertainment and recreation Administrative support in personal services Food service in transportation and communication Food service in retail trade Personal service in personal services Personal service in professional services Vehicle mechanics in repair services Industrial mechanics in all industries Carpenters in construction Painters in all industries Painters in construction Other construction in construction Precision metal workers in all industries Precision metal workers in metal product manufacturing Precision metal workers in public administration Metal working machine operator in metal product manufacturing Other machine operators in agriculture, forestry, and fisheries Other machine operators in lumber and wood product manufacturing Motor vehicle operators in public administration Other transportation workers in transportation communication Handlers, cleaners, and laborers in lumber and wood product manufacturing	8 (8) 3.6 (0.9–13.9) 2.2 (0.8–6.0) 3.8 (0.2–57.2) 41 (67) 4 (10) 2.0 (0.4–9.2) 4 (9) 3.5 (0.8–14.5) 5 (9) 2.5 (0.8–8.3) 4 (1) 31.0 (3.0–315.1) 10 (17) 4 (5) 3 (4) 6 (10) 13 (33) 3 (3) 5 (4) 3 (3) 6 (11) 4.4 (0.7–28.3) 4 (3) 5.4 (1.0–28.4) 8 (9) 1.7 (0.7–4.5) 8 (18) 1.6 (0.6–4.7)	Adjusted for age, gender, race, and smoking
		Induction period = duration in job calculated after excluding the most recent 15 years before reference date (diagnosis for cases, interview for controls)				

(continued)

Table 4.1 (continued)

Reference, study location and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
<i>OR (induction period)</i>								
			Occupation/industry		8 (8)	4.0 (1.0–16.1)		
			Writers, entertainers, and athletes in entertainment and recreation					
			Administrative support in personal services	3 (4)		3.0 (1.1–7.9)		
			Food service in transportation and communication	3 (1)		3.8 (0.2–57.2)		
			Food service in retail trade	41 (67)	2.1 (1.1–4.0)			
			Personal service in personal services	4 (10)	2.2 (0.5–10.4)			
			Personal service in professional services	4 (9)	9.1 (1.9–44.8)			
			Vehicle mechanics in repair services	5 (9)	2.6 (0.8–8.8)			
			Industrial mechanics in all industries	4 (1)	31.0 (3.0–315.1)			
			Carpenters in construction	10 (17)	1.8 (0.7–4.8)			
			Painters in all industries	4 (5)	2.3 (0.4–14.4)			
			Painters in construction	3 (4)	2.2 (0.3–14.3)			
			Other construction in construction	6 (10)	1.7 (0.4–6.4)			
			Precision metal workers in all industries	13 (33)	1.7 (0.8–3.7)			
			Precision metal workers in metal product manufacturing	3 (3)	4.6 (1.0–21.8)			
			Precision metal workers in public administration	5 (4)	7.6 (1.1–54.0)			
			Metal working machine operator in metal product manufacturing	3 (3)	3.3 (0.6–19.7)			
			Other machine operators in agriculture, forestry, and fisheries	6 (11)	1.6 (0.5–5.4)			
			Other machine operators in lumber and wood product manufacturing	4 (3)	2.8 (0.3–24.0)			
			Motor vehicle operators in public administration	4 (3)	5.4 (1.0–28.4)			
			Handlers, cleaners, and laborers in lumber and wood product manufacturing	8 (9)	1.5 (0.6–4.0)			
				8 (18)	1.6 (0.6–4.7)			

	Haguenoer et al. [78], France, 1983	283 men with nose (<i>n</i> =14), lips (<i>n</i> =16), oral cavity (<i>n</i> =64), pharynx (<i>n</i> =114) and larynx (<i>n</i> =54), and other and multiple site (<i>n</i> =21) cancer diagnosed in the 1st semester of 1983 in a regional cancer center in North of France	Two controls per case were chosen from patients without cancer in general hospitals in the same geographical area, matched by age, gender, ethnic group, area of residence, and smoking and alcohol drinking history	Types of occupation classified in 11 groups	<i>Oral cavity</i>	
					Mining	Building industry
				Metal work and mechanics	13 (22)	1.2 (<i>p</i> >0.5)
				Agriculture	1 (7)	0.3 (<i>p</i> >0.5)
				Road transport	4 (10)	0.8 (<i>p</i> >0.5)
				Shipping and seamen	3 (9)	0.5 (<i>p</i> >0.5)
				Textile industry	2 (5)	0.7 (<i>p</i> >0.5)
				Woodwork	2 (3)	1.3 (<i>p</i> >0.5)
				Road works	5 (5)	2.2 (<i>p</i> >0.5)
				Service	11 (39)	0.5 (<i>p</i> >0.5)
				Others	1 (3)	0.7 (<i>p</i> >0.5)
				<i>Pharynx</i>		
				Mining	17 (28)	1.4 (<i>p</i> >0.5)
				Building industry	21 (23)	2.0 (<i>p</i> <0.5)
				Metal work and mechanics	16 (42)	0.7 (<i>p</i> >0.5)
				Agriculture	4 (15)	0.5 (<i>p</i> >0.5)
				Road transport	6 (15)	0.8 (<i>p</i> >0.5)
				Shipping and seamen	5 (10)	1.0 (<i>p</i> >0.5)
				Textile industry	12 (11)	2.4 (<i>p</i> <0.5)
				Woodwork	4 (1)	—
				Road works	5 (6)	1.8 (<i>p</i> >0.5)
				Service	20 (67)	0.5 (<i>p</i> <0.5)
				Others	5 (10)	1.0 (<i>p</i> >0.5)

(continued)

Table 4.1 (continued)

Reference, study location and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Merletti et al. [53], Italy, 1982–1984	86 men with oral cavity and pharynx cancer diagnosed among residents of Turin	Random sample stratified by gender and age from the files of residents of the city of Turin (1980–1984)	Job titles and economic activities were coded according to the International Standard Classification of Occupations of the International Labour Office and the International Standard Industrial Classification of the United Nations, respectively. For each occupational category and each industry, the subjects were classified as ever versus never employed. Duration was calculated for each period of employment. A latency analysis was also carried; then, occupational history after 1967 was ignored. A job-exposure matrix for 13 agents which are or may be related to respiratory cancer and three nonspecific exposures was applied to this database. Presented here are only the odds ratios (OR) with 95 % confidence intervals included	<i>Occupation</i> Service workers Working proprietors Cooks, waiters, and bartenders Service workers Production and related workers and transport equipment Chemical processors and related workers Tailors, dressmakers, and sewers Machinery fitters and assemblers and precision instrument makers (except electrical) Plumbers and pipe fitters	15 (36) 3 (1) 3 (3) 3 (4) 69 (235) 4 (2) 3 (8) 18 (43) 6 (5)	2.7 (1.0–4.6) 14.7 (1.0–206.5) 10.3 (1.3–81.2) 5.9 (1.0–35.4) 2.3 (1.1–5.0) 8.3 (1.3–55.0) 6.8 (1.4–38.7) 2.0 (1.0–4.0) 5.0 (1.8–21.5)	Odds ratios adjusted for age, education, area of birth, tobacco smoking, and alcohol drinking	Analysis considering probable or definitive exposure to asbestos, polycyclic aromatic hydrocarbons, chromium, nickel, arsenic, man-made mineral fibers, wood dust, leather dust, isopropyl alcohol, dimethyl sulfate, naphthalene, sulfuric acid, formaldehyde, dusts, gases, and solvents were conducted, but all RR had 95 % confidence intervals excluded

Vaughan and Davis [79], United States, 1983–1987	183 cases of oropharynx squamous cell carcinoma diagnosed in a single center	Controls were selected by random digit dialing matched to the cases by age and sex	Lifetime occupational histories were obtained, including a description of the duties involved in each job, as well as the associated industry. Jobs considered to entail significant exposure to wood dust included carpenters, forestry and logging workers, precision woodworkers (including patternmakers, cabinetmakers, and other furniture makers and finishers), and woodworking machine operators	Ever employed in wood-related occupations Employed in wood-related occupations >15 years before diagnosis Employment for 10 or more years taking place at least 15 years before the reference date	14 12	0.6 (0.3–1.1) 0.5 (0.2–1.2)	RR adjusted for age, sex, cigarette smoking, and race
			Reference category: never exposed				

(continued)

Table 4.1 (continued)

Reference, study location and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Huebner et al. [83], United States, 1984–1985	1,114 incident cases of the oral cavity and oropharynx (762 men, 352 women) of ages 18–79 years	1,268 controls (837 men, 431 women) matched by gender, race, age, and study area	Employment history information was coded using four-digit job and industry codes (respectively)	Suspected high-risk jobs Men Carpet installer Semiconductor manufacturing Resistor/transistor	23 (4) 12 (10) 14 (10)	7.68 (2.37–24.9) 2.27 (0.83–6.19) 1.43 (0.56–3.65)	RR adjusted for age, race, smoking, alcohol, and study location	Self-reported exposures to formaldehyde and to asbestos were also analyzed. But low OR were observed among men (formaldehyde 0.73, asbestos 0.82) and women (formaldehyde 0.36, asbestos 0.71)

<i>Employment categories</i>		
Tongue		
Males		
Boiler/furnace operator	6 (14)	2.32 (0.80–6.79)
Furniture/fixtures industry worker	3 (26)	0.57 (0.16–2.04)
Iron/steel worker	6 (17)	1.23 (0.41–3.70)
Machinist	10 (31)	1.22 (0.51–2.93)
Painter	5 (18)	0.97 (0.33–2.84)
Petroleum industry worker	8 (11)	3.20 (1.15–8.90)
Primary metal industry worker	8 (35)	0.75 (0.30–1.89)
Transportation worker	23 (82)	0.92 (0.52–1.64)
Woodworking machine worker	1 (9)	0.34 (0.04–3.28)
Women		
Transportation equipment manufacturing worker	3 (27)	0.66 (0.19–2.34)
Mouth		
Males		
Boiler/furnace operator	8 (14)	1.67 (0.58–4.84)
Furniture/fixtures industry worker	8 (26)	0.94 (0.37–2.40)
Iron/steel worker	6 (17)	1.08 (0.36–3.20)
Machinist	11 (31)	1.15 (0.51–2.59)
Painter	5 (18)	0.71 (0.22–2.34)

(continued)

Table 4.1 (continued)

Reference, study location and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Tisch et al. [126], Germany, 1988–1991	100 incident cases of oral cavity cancer	400 randomized controls		Petroleum industry worker Primary metal industry worker Transportation worker Woodworking machine worker	1 (11) 13 (35)	0.41 (0.05–3.46) 1.03 (0.47–2.23)		
				Women Transportation equipment manufacturing worker Pharynx	41 (82) 2 (9)	1.65 (1.04–2.61) 0.51 (0.09–2.96)		
				Males Boiler/furnace operator Furniture/fixtures industry worker	8 (27)	0.76 (0.29–1.98)		
				Iron/steel worker Machinist Painter Petroleum industry worker worker	8 (14) 14 (26)	1.92 (0.63–5.83) 2.17 (1.01–4.66)		
				Primary metal industry worker Transportation worker Woodworking machine worker	12 (17) 7 (11) 22 (35)	2.03 (0.83–5.13) 1.93 (0.93–4.00) 2.03 (0.87–4.71) 2.31 (0.75–7.15) 2.22 (1.16–4.25)		
				Women Transportation equipment manufacturing worker	6 (9)	0.65 (0.36–1.18) 2.27 (0.69–7.44)		
				Exposed or nonexposed as machine workers	13 (27)	2.75 (1.13–6.66)		
				Ever/never employment as machine workers	22/34	3.4 (1.7–7.0)	Adjusted for tobacco and alcohol consumption	

		Adjusted for geographical region, age, alcohol consumption, and tobacco smoking			
Gustavsson et al. [54], Sweden, 1988–1990	Incident cases of cancers of the oral cavity ($n = 128$), pharynx ($n = 138$), esophagus ($n = 122$), and larynx ($n = 157$) of all Swedish men aged 40–79 years living in two regions of Sweden	641 controls were selected stratified by age and region as a random sample of the population base	Occupational history included all jobs held for more than 1 year over lifetime, recording the times of starting and stopping job title, job tasks, and company for each job. An occupational hygienist examined the intensity and probability of the exposure to 17 specific occupational exposure factors	<i>Oral cavity</i> PAHs Asbestos Dust Low High Low High Low High Low High Wood dust Quartz Metal dust Oil mist Welding fumes Formaldehyde MMMF Paper dust Textile dust Chromium Phenoxy acids Nickel Acid mist Leather dust	25 41 0.99 (0.57–1.73) 1.39 (0.86–2.25) 0.64 (0.35–1.20) 0.67 (0.36–1.25) 1.76 (0.98–3.16) 1.35 (0.70–2.60) 0.70 (0.38–1.29) 0.85 (0.48–1.50) 0.76 (0.43–1.36) 0.69 (0.37–1.29) 0.88 (0.48–1.60) 1.28 (0.64–2.54) 0.51 (0.20–1.32) 0.63 (0.24–1.64) 0.80 (0.26–2.48) 1.60 (0.63–4.06) 1.61 (0.61–4.24) 1.53 (0.57–4.16) 1.39 (0.34–5.8) 2.15 (0.54–8.67)

(continued)

Table 4.1 (continued)

Reference, study location and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
<i>Pharynx</i>								
			PAHs		28	1.06 (0.61–1.82)		
		Low			44	1.52 (0.94–2.45)		
		High						
		Asbestos			24	1.01 (0.57–1.80)		
		Low			22	1.08 (0.62–1.91)		
		High						
		Dust						
		Low			15	1.06 (0.55–2.05)		
		High			17	1.42 (0.74–2.72)		
		Wood dust			14	0.52 (0.27–0.99)		
		Quartz			27	1.29 (0.77–2.18)		
		Metal dust			31	1.40 (0.84–2.33)		
		Oil mist			19	0.78 (0.43–1.41)		
		Welding fumes			28	1.57 (0.91–2.71)		
		1–8 years				1.12 (0.53–2.35)		
		>8 years				2.26 (1.09–3.69)		
		Formaldehyde			13	1.01 (0.49–2.07)		
		MMMF			7	0.56 (0.23–1.38)		
		Paper dust			7	0.68 (0.27–1.69)		
		Textile dust			3	0.53 (0.14–1.93)		
		Chromium			3	0.66 (0.18–2.41)		
		Phenoxy acids			0	—		
		Nickel			2	0.45 (0.10–2.11)		
		Acid mist			4	1.21 (0.35–4.23)		
		Leather dust			5	2.83 (0.79–10.20)		

	<i>OR</i>		
Schildt et al. [84], Sweden, men, 134 women of squamous cell carcinoma of the oral cavity diagnosed and reported to Cancer Registry in four most northern counties in Sweden	410 cases (276 410 controls matched by age, sex, and of the same county as cases 410 controls covered lifetime occupational history up to date of diagnosis and asked about exposure for some agents. All occupations were classified according to the Nordic Working Classification system	A questionnaire Occupations (10 or more subjects) Secretary and typist Miner and rock blaster Delivery boy Welder Wood and wood product workers Pulp industry worker Storemen Agents (10 or more subjects) Organic solvents All pesticides Phenoxyacetic acids Herbicides DDT Mercurial seed dressing Impregnating agents Diesel oil Oil Chlorine Producer gas Sulfur compounds Plastics	4 (10) 0.4 (0.1–1.3) 0.4 (0.1–1.4) 0.4 (0.1–1.4) 0.4 (0.1–1.5) 2.3 (0.6–9.1) 5.5 (1.2–25) 12 (3) 18 (6) 10 (5) 69 (60) 49 (43) 20 (12) 4 (6) 8 (12) 6 (4) 17 (16) 8 (8) 7 (11) 4 (6) 6 (6) 7 (6) 7 (7)

(continued)

Table 4.1 (continued)

Reference, study location and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Marchand et al. [100], France, 1989–1991	206 incident cases of hypopharynx cancer in men recruited from 15 hospitals in six French cities	305 men hospital- based controls with other (non- respiratory) cancers	Subjects' past occupational exposure to asbestos and to four types of MMVF (mineral wool, refractory ceramic fibers, glass filaments, and microfiber(s) was evaluated through a job-exposure matrix	Asbestos Never exposed Ever exposed Cumulative level Low Intermediate High Asbestos None/low and smoking <30 pack-years None/low and smoking >30 pack-years Intermediate/high and smoking <30 pack-years Intermediate/high and smoking >30 pack-years Mineral wools Ever exposed Ceramic fibers Ever exposed Glass filaments Ever exposed Microfibers Ever exposed	40 (110) 161 (185) 52 (67) 52 (67) 57 (51) 3.95 (2.16–7.24) 1.19 (0.61–2.32) 6.22 (3.41–11.36) 99 (99) 7 (9) 8 (11) 7 (9)	1.0 1.80 (1.08–2.99) 1.92 (1.03–3.57) 1.40 (0.74–2.63) 2.14 (1.14–4.01) 3.95 (2.16–7.24) 1.19 (0.61–2.32) 6.22 (3.41–11.36) 1.55 (0.99–2.41) 0.78 (0.26–2.38) 0.91 (0.30–2.76) 0.78 (0.26–2.38)	RR adjusted for age, smoking, and alcohol consumption. In the analysis of joint effect of exposure to asbestos and smoking, RR adjusted for age and alcohol consumption	
Garrote et al. [50], Cuba, 1996–1999	200 incident cases of oral cavity and oropharynx cancer (143 men, 57 women)	200 hospital controls (136 men, 64 women) matched by age and gender with cases	Four major occupational groups	White collar Blue collar Farmers Housewives	51 (85) 68 (57) 37 (19) 35 (30)	1.0 1.73 (0.97–3.09) 2.22 (0.97–5.10) 1.94 (0.87–4.33)	Adjusted for gender, age, area of residence, education, smoking, and drinking habits	

Coble et al. [127], Puerto Rico, 1992–1995	327 incident cases (286 men, 41 women) of oral cavity and pharynx cancer among Puerto Rican residents aged 21–79 years	499 population-based controls (413 men, 86 controls) matched on age, gender, and area of residence with cases	Occupation classified according to industry categories and occupation categories. A job-exposure matrix was used to examine the potential exposure to dusts, metals, and solvents	<i>Oral cavity</i>	36 (64) 16 (13) 14 (10)	1.4 (0.8–2.6) 3.4 (1.2–9.4) 4.4 (1.4–13.6)	Adjusted for age, smoking, and alcohol consumption. P-value for trend: dusts 0.5, metals 0.2, and solvents 0.03
				<i>Pharynx</i>			
Menyelle et al. [51], France, 1989–1991	504 incident cases of hypopharynx (n = 201) and larynx cancer (n = 303) in men from 15 French hospitals in six cities	242 hospital-based controls, men with non-respiratory cancers	Occupation classified in ever manual or never manual	<i>Hypopharynx</i>	27 174	1.0 1.0	RR adjusted by alcohol intake, smoking, and occupational exposures: asbestos, coal dust (ever/never), and formaldehyde (maximal probability of exposure)
Andreotti et al. [80], Brazil, 1999–2001	325 incident cases of oral cavity and pharynx (274 men, 51 women) from seven hospitals in the city of São Paulo	362 hospital-based controls without cancer, matched by age and gender	Occupation classified according to industry categories and occupation categories and considering periods of exposure in each category (>10 years, >10 years, and >20 years of latency)	<i>Working in vehicle maintenance shop</i>	26 (12) 21 (3) 19 (3)	2.45 (1.14–5.27) 7.90 (2.03–30.72) 7.38 (1.88–28.98)	Adjusted for age, smoking, and alcohol consumption
				<i>Vehicle repair worker</i>	14 (7) 13 (1) 11 (1)	2.10 (0.78–5.68) 26.21 (2.34–294.06) 24.46 (2.10–284.60)	Analysis conducted only with men workers. We reported only the occupation or industry with RR statistically significant

(continued)

Table 4.1 (continued)

Reference, study location and period of cases	Characteristics of controls	Characteristics of cases	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Vlajinac et al. [55], Serbia and Montenegro, 1998–2000	100 incident cases (89 men, 11 women) of oropharynx cancer (including base of the tongue, neoplasm of the palate, neoplasm of the tonsils) recruited in a single center	100 controls recruited among patients treated in the same period as cases of some nonmalignant diseases of head and neck matched with cases according to age, sex, and place of residence	Occupational exposure was assessed by asking the participants whether they have ever been exposed to the items listed to the items listed	OR High temperature Low temperature High humidity Dry air Coal dust Cement dust Aniline dyes Wood dust Metal dust Chemical dust or smoke Nickel and chromium Mortar Formaldehyde	49 (52) 56 (56) 52 (45) 57 (73) 16 (14) 16 (12) 11 (7) 22 (12) 23 (30) 24 (30) 6 (5) 16 (11) 8 (2)	0.51 (0.12–2.09) 0.82 (0.42–1.58) 1.04 (0.53–2.05) 0.30 (0.14–0.64) 0.88 (0.36–2.14) 1.58 (0.58–4.33) 1.41 (0.44–4.44) 2.33 (0.96–5.66) 0.57 (0.27–1.18) 0.71 (0.34–1.48) 1.33 (0.30–5.90) 1.68 (0.57–4.97) 4.48 (0.63–31.63)	OR adjusted for education, BMI, smoking, alcohol consumption, and family history of oropharynx cancer	
Jayaprakash et al. [81], United States, 1982–1988	1,522 men of upper aerodigestive and respiratory cancers (241 oral and pharynx)	1,522 controls matched on age and smoking, selected from hospital visitors with a cancer suspicion and those who were screened as outpatients in the same hospital of cases, but not diagnosed with any malignant or benign tumors	Wood dust exposure was assessed through several questions about prior exposure at work. If exposed, they were queried about the frequency and duration exposure and also the year of first exposure	Oral and pharynx cancers Wood dust exposure Never Occasionally Regularly <i>Squamous cell carcinoma of oral cavity and pharynx</i> Wood dust exposure Never Occasionally Regularly	188 (1.153) 32 (262) 21 (107) 169 (1.153) 28 (262) 21 (107)	1.0 0.72 (0.48–1.08) 1.14 (0.68–1.92) 1.0 0.68 (0.44–1.06) 1.27 (0.76–2.14)	RR adjusted for age, pack-years of smoking, body mass index, smoking status, education, and alcoholic drinks per week and year of enrolment	

Table 4.2 Cohort studies on occupation and cancer of the oral cavity and pharynx

Reference, location	Cohort description	Exposure assessment	Tumor site	No of cases/deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Moulin et al. [98], France	1,374 men workers of a single man-made mineral fibers present at the factory (1975–1984) and who had been working for at least one full year. No clear definition of period of beginning of exposure, but the first production lines started in 1940. Cancer incidence follow-up (1975–1984)	Environmental surveys were performed in 1981 in order to measure the pollution by fibers	Oral cavity and pharynx	9	SIR	3.01		Both SIR estimates were not statistically significant
Blair et al. [56], United States	26,561 workers first employed in 10 formaldehyde-producing or formaldehyde-using plants before 1996. Mortality follow-up (1980)	A job-exposure matrix was prepared for industrial hygienists considering each job-work area/calendar year combination. Measures of exposure to formaldehyde used in the analysis included level or intensity, duration, average, cumulative or peak exposure, presence of particulates, and measures that excluded recent exposures from the exposure index	Several tumors	SMR	Oral cavity and pharynx			Black women were excluded from analysis because of small numbers ($n=26$). SMR based on US national rates. NS = nonstatistically significant
			White men					
			Exposed	18		96 (57–152)		
			Nonexposed	3		54 (11–157)		
			White women					
			Exposed	0		–		
			Nonexposed	0		–		
			Black men					
			Exposed	3		–		
			Nonexposed	3		–		
			Intensity of exposure (white men)					
			0	2		89 (NS)		
			>0–<0.1	1		30 (NS)		
			0.1–0.4	4		59 (NS)		
			0.5–1.9	14		130 (NS)		
			>2.0	0		–		
			Lip					
			Cumulative formaldehyde exposure	0				

(continued)

Table 4.2 (continued)

Reference, location	Cohort description	Exposure assessment	Tumor site	No of cases/ deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
<i>Tongue</i>								
				1	0 ppm-year	—		
				0	<0.5 ppm-year	477 (NS)		
				1	0.51–5.5 ppm/year	—		
					>5.5 ppm/year	764 (NS)		
				0	Cumulative formaldehyde exposure			
				0	0 ppm/year	—		
				2	<0.5 ppm/year	—		
				0	0.51–5.5 ppm/year	—		
					>5.5 ppm/year	96 (NS)		
				0	Gum, floor, and other mouth sites			
					Cumulative formaldehyde exposure			
				0	0 ppm/year	—		
				1	<0.5 ppm/year	66 (NS)		
				0	0.51–5.5 ppm/year	—		
				1	>5.5 ppm/year	88 (NS)		
				0	Oropharynx			
					Cumulative formaldehyde exposure			
				0	0 ppm/year	—		
				4	<0.5 ppm/year	443 ($p < 0.05$)		
				1	0.51–5.5 ppm/year	95 (NS)		
				0	>5.5 ppm/year	—		
				0	Hypopharynx			
					Cumulative formaldehyde exposure			
				1	0 ppm/year	594 (NS)		
				1	<0.5 ppm/year	172 (NS)		
				0	0.51–5.5 ppm/year	—		
				0	>5.5 ppm/year	—		
				0	Other pharynx			
					Cumulative formaldehyde exposure			
				0	0 ppm/year	—		
				1	<0.5 ppm/year	—		
				0	0.51–5.5 ppm/year	73 (NS)		
				0	>5.5 ppm/year	—		

Stayner et al. [62], United States	11,030 workers from three garment manufacturers who had been working for at least 3 months (1955–1977). Mortality follow-up until end of 1982	All tumors	<i>SMR</i> Oral cavity White men Nonwhite men Nonwhite women Plant 1 Plant 2 Plant 3 Latency period (3 months–9 years) Duration of exposure 3 months–3 years 4–9 years 10+ years Overall latency period (10–19 years) Duration of exposure 3 months–3 years 4–9 years 10+ years Overall latency period (20+ years) Duration of exposure 3 months–3 years 4–9 years 10+ years Overall year of first exposure 1955–1962 1963–1970 1971–1978	343 (118–786)
		White women		—
		Nonwhite men		485 ($p < 0.01$)
		Nonwhite women		—
		Plant 1		—
		Plant 2		306 (NS)
		Plant 3		886 ($p < 0.01$)
		Latency period		—
		(3 months–9 years)		—
		Duration of exposure		—
Stayner et al. [62], United States	11,030 workers from three garment manufacturers who had been working for at least 3 months (1955–1977). Mortality follow-up until end of 1982	3 months–3 years	<i>SMR</i> Pharynx White men Nonwhite men Nonwhite women Plant 1 Plant 2 Plant 3 Latency period (3 months–9 years) Duration of exposure 3 months–3 years 4–9 years 10+ years Overall latency period (10–19 years) Duration of exposure 3 months–3 years 4–9 years 10+ years Overall year of first exposure 1955–1962 1963–1970 1971–1978	—
		4–9 years		—
		10+ years		822 ($p < 0.01$)
		Overall latency period		357 (NS)
		3 months–3 years		—
		4–9 years		—
		10+ years		315 (NS)
		Overall year of first exposure		654 (NS)
		1955–1962		705 ($p < 0.01$)
		1963–1970		440 ($p < 0.01$)
Stayner et al. [62], United States	11,030 workers from three garment manufacturers who had been working for at least 3 months (1955–1977). Mortality follow-up until end of 1982	1971–1978	<i>SMR</i> Pharynx White men Nonwhite men Nonwhite women Plant 1 Plant 2 Plant 3 Latency period (3 months–9 years) Duration of exposure 3 months–3 years 4–9 years 10+ years Overall latency period (10–19 years) Duration of exposure 3 months–3 years 4–9 years 10+ years Overall year of first exposure 1955–1962 1963–1970 1971–1978	—
		White women		—
		Nonwhite men		359 (NS)
		Nonwhite women		239 (NS)
		Plant 1		86 (NS)
		Plant 2		—
		Plant 3		100 (NS)
		Latency period		—
		(3 months–9 years)		—
		Duration of exposure		—
Stayner et al. [62], United States	11,030 workers from three garment manufacturers who had been working for at least 3 months (1955–1977). Mortality follow-up until end of 1982	3 months–3 years	<i>SMR</i> Overall latency period (20+ years) Duration of exposure 3 months–3 years 4–9 years 10+ years Overall year of first exposure 1955–1962 1963–1970 1971–1978	—
		4–9 years		—
		10+ years		368 (NS)
		Overall latency period		490 (NS)
		3 months–3 years		—
		4–9 years		—
		10+ years		233 (NS)
		Overall latency period		—
		3 months–3 years		—
		4–9 years		—
Stayner et al. [62], United States	11,030 workers from three garment manufacturers who had been working for at least 3 months (1955–1977). Mortality follow-up until end of 1982	10+ years	<i>SMR</i> Overall year of first exposure 1955–1962 1963–1970 1971–1978	—
		Overall latency period		76 (NS)
		3 months–3 years		273 (NS)
		4–9 years		—
		10+ years		—
		Overall year of first exposure		—
		1955–1962		—
		1963–1970		—
		1971–1978		0
		0		0

(continued)

Table 4.2 (continued)

Reference, location	Cohort description	Exposure assessment	Tumor site	No of cases/ deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Lynge and Thygesen [128], Denmark	Cohort included people aged 20–64 years at the census on 9 November 1970. Ten-year follow-up for cancer incidence (1970–1980)	Industry and occupation were recorded only for people economically active at the time of census, through the International Standard Industrial Classification and a special Danish code, respectively	Pharynx cancer	RR Occupation/industry Waiter Bricklayer Painter Dock laborer Self-employed/groceries Chief engineer at sea Cashier Other banking staff	12 8 6 5 4 3 3 2	12.08 (6.26–21.17) 2.69 (1.16–5.31) 3.30 (1.21–7.18) 5.23 (1.69–12.16) 3.89 (1.06–9.94) 5.00 (1.03–14.62) 8.94 (1.82–25.79) 9.90 (1.21–36.10)	Here we reported only RR with 95 % confidence interval excluded 1	
Gardner et al. [57], United Kingdom	14,017 men employed in six of formaldehyde-producing or formaldehyde-using plants (7,660 first employed before 1965, 6,357 first employed after 1964); mortality follow-up until the end of 1989	Exposure to formaldehyde was on the basis of recorded titles of jobs undertaken by each of the men before 1982. Exposures have been qualitatively classified after detailed discussions on past working conditions	All tumors	SMR Employed before 1965 Oral cavity Pharynx Employed after 1964 Oral cavity Pharynx	3 7 1 0	137 (28–401) 147 (59–303) 190 (5–10.59) –	Here we reported only the risks for oral cavity and pharynx cancer	
Johnson [94], United States	Cohort with 10,841 members of meatcutter union in Baltimore (6,906 men, 3,935 women) employed for at least 1 year; mortality follow-up (1949–1989)	Subjects who ever worked in the meat department of supermarkets or grocery stores	Oral cavity and pharynx	SMR Meat department Men Women Other departments Men Women		1.8 (1.0–3.0) 1.5 (0.3–4.4) 1.7 (0.8–3.2) 0.5 (0.0–2.6)		

Pukkala et al. [86], Finland	Cohort of persons born in Finland during 1906–1945. Follow-up (1971–1985) detected 3,178 cases (2,369 in men, 809 in women) of cancer of the lip, tongue, oral cavity, and pharynx	Occupations were coded at Statistics Finland using a modified Nordic Classification of Occupations	Oral cavity (lip, tongue) and pharynx	SIR Tongue (men only) Journalists	SIR adjusted for social class Tongue (men only) Journalists	We reported here only SIR with 95% confidence interval excluded 1
Andjelkovich et al. [58], United States	3,929 men with potential exposure to formaldehyde for at least 6 months between 1960 and 1987 at an automotive iron foundry; mortality follow-up until end of 1989. An internal referent population of 2,032 men who had worked in jobs with no exposure to formaldehyde during the same period was selected for comparison	Work history of each subject, including all jobs, department number, and job title, was examined by an industrial hygienist as associated with high, medium, and low or no formaldehyde and silica exposure	All malignant tumors	SMR Oral cavity and pharynx Exposed Smokers Nonsmokers Unexposed Smoker Nonsmokers <i>RR</i>	We reported only risks for oral cavity and pharynx cancer. Reference group for RR estimates consists of white nonsmokers with nonexposure to formaldehyde and cumulative silica exposure in first quartile	We reported only risks for oral cavity and pharynx cancer. Reference group for RR estimates consists of white nonsmokers with nonexposure to formaldehyde and cumulative silica exposure in first quartile
Coggan and Wield [97], England and Wales	Cohort of men, 4,018 butchers and 2,062 cooks, identified from 1961 Census; mortality follow-up until the end of 1992 (79.9 % of the cohort)	Oral cavity and pharynx	SMR Butchers Oral cavity Pharynx Cooks Oral cavity Pharynx	0.59 (0.14–2.93) 1.16 (0.20–6.51) 4.41 (1.04–22.7) 1.00 (0.23–6.84) 0.43 (0.02–4.54) 0.48 (0.06–4.00) 0.37 (0.06–2.91)	0.55 (0.01–3.08) 0.53 (0.06–1.91) 5.57 (1.52–14.26) 2.66 (0.73–6.81)	(continued)

Table 4.2 (continued)

Reference, location	Cohort description	Exposure assessment	Tumor site	deaths	No of cases/ deaths	Exposure categories	SIR	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Bofetta et al. [99], Denmark, Finland, Norway, Sweden	6,296 workers employed >1 year in 9 factories (3,685 rock-slag wool; 2,611 glass wool) (1933–1961); follow-up (1995) (94.2 % of the cohort)	Medium and high exposure to wood dust; employment duration: <10 years, 10–19 years, > and 20 years; formaldehyde exposure (no/possible)	Oral cavity or pharynx	38 27 11	Total cohort Rock-slag wool Glass wool	SIR	1.65 (1.17–2.26) 1.84 (1.22–2.68) 1.31 (0.65–2.34)			

	RR reference category: other workers, excluding other animal-related jobs	Relative risk adjusted for age, calendar period, geographical region, and urban setting	
		SIR	RR
Boffetta et al. [95], Sweden	Three categories: butchers in the meat industry; butchers employed in other industries, and non-butchers in meat industry	Oral cavity and pharynx 73 14	Butcher or meat workers Butcher in meat industry 1.1 (0.8–1.3) 1.5 (0.8–2.5)
Boffetta et al. [93], Sweden	Exposed men (7,400,000 person-years) and women (240,000) to diesel engine emissions according to 1960 Census occupation and industry of employment of Swedish population; mortality follow-up (1971–1989)	Job-exposure matrix elaborated according to jobs and industry titles of cohort members (men and women with available occupational data from Census of 1960 and 1970) considering probability and intensity of exposure to diesel engine emissions	Oral cavity and pharynx 1,733 31
		Men Women RR	Men 1.05 (1.00–1.10) 1.64 (1.11–2.33)
		Probability Low Medium High	Men 1.2 (1.11–1.26) 1.11 (0.99–1.18) 1.1 (0.99–1.21)
		Intensity Low Medium High	Men 1.2 (1.11–1.26) 1.2 (0.95–1.21) 0.98 (0.85–1.13)
		Women Probability Low Medium High	Women 1.4 (0.91–2.30) 1.2 (0.46–3.31) 1.7 (0.75–3.74)
		Intensity Low Medium-high	Women 1.4 (0.77–2.84) 1.7 (0.77–3.84)

(continued)

Table 4.2 (continued)

Reference, location	Cohort description	Exposure assessment	Tumor site	No of cases/ deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Marsh et al. [59], United States	7,328 workers (6,859 men, 469 women) employed at a plastic-producing plant (1941–1984); mortality follow-up until 1998	Exposure estimation was based on an examination of the available sampling data and job descriptions and verbal descriptions of jobs and tasks	Oral cavity and pharynx	SMR Cancer	Oral cavity + pharynx Lip Tongue Gum and other mouth sites Floor of the mouth Pharynx (including nasopharynx)	1.80 (1.22–2.55) 3.23 (0.08–18.0) 0.76 (0.16–2.22) 1.20 (0.25–3.51) 2.07 (0.25–7.48) 2.63 (1.65–3.98)		
			Oropharynx	5	2.17 (0.71–5.07)			
			Hypopharynx	3	2.25 (0.46–6.58)			
			Pharynx, unspecified	7	2.11 (0.85–4.35)			
			All pharyngeal cancers (including nasopharyngeal)					
			Short term (<1 year)	12	2.35 (1.22–4.11)			
			Long term (1+ years)	10	2.10 (1.01–3.86)			
			Year of hire					
			1941–1946	1	0.46 (0.01–2.56)			
			1947–1956	18	3.24 (1.92–5.12)			
			1957+	3	1.41 (0.29–4.12)			
			DOE (year) (all workers)					
			<1	12	2.34 (1.21–4.09)			
			1–9	5	1.89 (0.61–4.42)			
			10+	5	2.36 (0.76–5.50)			
			TSFE (year)					
			<20	4	1.41 (0.38–3.61)			
			20–29	7	2.32 (0.93–4.78)			
			30+	11	2.75 (1.37–4.92)			
			Formaldehyde exposure					

Brown et al. [187], sweden		Cohort of individuals identified in Census of 1960 and 1970 in Sweden.	The jobs of individuals at either Census (1960, 1970) were classified according to Swedish Occupational Classification	Oral cavity	SIR Men	
2	Unexposed				1.24 (0.15-4.49)	
20	Exposed				2.42 (1.48-3.74)	
	Duration of exposure				2.35 (1.17-4.21)	
11	>0-<1					
5	1-9				1.81 (0.49-4.63)	
6	10+				3.65 (1.18-8.52)	
	Cumulative exposure					
6	>0-<0.004				3.31 (1.22-7.21)	
7	0.004-0.129				2.06 (0.83-4.24)	
7	0.22+				2.30 (0.92-4.73)	
	AIE to formaldehyde (ppm)					
6	>0-<0.03				2.02 (0.74-4.40)	
7	0.03-0.159				3.82 (1.54-7.88)	
7	0.16+				2.03 (0.82-4.19)	
	Formaldehyde >0.2 ppm					
8	Unexposed				1.72 (0.74-3.39)	
14	Exposed				2.68 (1.46-4.49)	
	Duration (year)					
6	>0-<1				2.19 (0.80-4.77)	
3	1-9				1.68 (0.34-4.90)	
5	10+				7.35 (2.39-17.16)	
	Formaldehyde >0.7 ppm					
16	Unexposed				2.12 (1.21-3.45)	
6	Exposed				2.55 (0.94-5.56)	
	Duration (year)					
4	>0-<1				2.58 (0.70-6.61)	
2	1+				2.50 (0.30-9.03)	

Table 4.2 (continued)

Reference, location	Cohort description	Exposure assessment	Tumor site	No of cases/ deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Coggan et al. [60], United Kingdom	14,014 men employed in six of formaldehyde-producing or formaldehyde-using plants; each individual was followed starting at the latest of 1 January 1941; mortality follow-up until the end of 2000	Exposure to formaldehyde was on the basis of recorded titles of jobs undertaken by each of worker occupational history. A separate job-exposure matrix was constructed for each factory. Exposure to formaldehyde was classified as follows: background (<0.1 ppm), low (0.1–0.5 ppm), moderate (0.6–2.0 ppm), high (>2.0 ppm), and unknown	All tumors	Total cohort (1941–2000) 4	SMR Tongue Oral cavity Pharynx Men with high exposure (1941–2000)	0.84 (0.23–2.14) 1.28 (0.47–2.78) 1.55 (0.87–2.56)	This study is an update of the cohort of Gardner et al. [57]. See above in this table. Here we reported only the risks for oral cavity and pharynx cancer	
Pinkerton et al. [63], United States	11,039 workers (2,015 men, 9,024 women) exposed to formaldehyde in three garment manufactures who had been working for at least 3 months (1955–1977). Mortality follow-up until the end of 1998	Workers of the cohort were compared with the US population. Exposure assessment considered duration of employment, latency, and first-year exposure	All tumors	SMR Original study period (1955–1982) Oral cavity + pharynx Oral cavity Pharynx Updated period (1983–1998) Oral cavity + pharynx Oral cavity Pharynx Total study period (1955–1998) Oral cavity + pharynx Oral cavity Pharynx	1.58 (0.58–3.45) 3.53 (0.96–9.02) 1.15 (0.14–4.15) 0.31 (0.04–1.14) — 0.34 (0.01–1.87)	This study is an update of the cohort of Stayner et al. [129]. See above in this table. Here we reported only the risks for oral cavity and pharynx cancer		

	Hauptmann et al. [61], United States	Cohort of 25,619 workers (22,493 men, 3,126 women) employed in 10 US formaldehyde-producing or formaldehyde-using plants prior 1966; mortality from solid cancer follow-up until the end of 1994	Exposure to formaldehyde (nonexposed and exposed) was estimated from job titles, tasks, visits to the plants, discussion with workers and managers by industrial hygienists, and defining average intensity, peak of exposure, cumulative exposure, and duration of exposure	<i>SMR</i>	RR adjusted for calendar year, age, gender, race (black/white), and pay category (salary/wage)	This study is an update of the cohort of Blair et al. [56]. See above in this table. (*) 95 % confidence interval does not include 1. (NS) 95 % confidence interval include 1
Ji and Hemminki [89], Sweden		Swedish population economically active (men, 1960 Census, 1,644,958; women, 1970 Census, 1,154,091); follow-up of incidence of upper aerodigestive tract cancer until the end of 2000	Occupation was coded according to national adaptations of the Nordic Occupational Standard Classification of Occupation. We defined 53 occupational groups	Tongue, oral cavity, and pharynx	SIR	We reported here only occupations with SIR statistically significant
				Men (1960 Census)		
				Tongue cancer		
				Dentists	2.88 (1.14–5.41)	
				Sale	1.36 (1.09–1.65)	
				Shop	1.44 (1.01–1.94)	
				Beverage	5.95 (1.88–12.31)	
				Cooks	4.83 (2.56–7.82)	
				Waiters	5.41 (2.21–9.80)	
				Hairdressers	2.41 (1.09–4.25)	
				Oral cancer		
				Sale	1.27 (1.06–1.50)	
				Painter	1.40 (1.01–1.85)	
				Printer	1.52 (1.00–2.15)	
				Cooks	2.27 (1.03–4.00)	

(continued)

Table 4.2 (continued)

Reference, location	Cohort description	Exposure assessment	Tumor site	No of cases/ deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Purdue et al. [101], Sweden	Cohort of 307,799 Swedish men workers in Swedish construction industry; follow-up (1971–2001)	Exposure to diesel exhaust, asbestos, organic solvents, metal dust, asphalt, wood dust, stone dust, mineral wool, and cement dust were assessed through a semiqualitative job-exposure matrix	Oral cavity or pharynx	RR	Pharynx cancer Technical Artistic Sale Shop Seamen Printer Launderers Women (1970 census)	0.85 (0.73–0.98) 1.87 (1.22–2.66) 1.19 (1.02–1.39) 1.52 (1.20–1.97) 1.85 (1.06–2.87) 1.53 (1.08–2.06) 1.83 (1.17–2.64)	Adjusted for age, smoking status, and snuff use	Included only occupational exposures with RR equal or higher than 1.5 in some level of exposure
Kristev et al. [85], United States	Cohort of all workers employed at the US Coast Guard shipyard workers (4,413 men; 289 women) (1950–1964); mortality follow-up until the end of 2001 (completed for 93.3 % of cohort)	Occupation groups. An exposure inventory identifying agents, such as specific metals, solvents, acids, asbestos, and others in order to classify workers as exposed or nonexposed in shipyard	Oral cavity, pharynx, and nasopharynx	SMR Men ≤10 years job >10 years job Exposed in shipyard Occupational groups Carpenters Machinists Woodworkers Professionals Women	3.83 (1.63–6.94) 2.27 (1.24–3.62) 2.49 (1.13–4.39) 1.0 1.3 (0.7–2.6) 1.7 (0.9–3.3) 0.5 (0.1–5.2) 1.0 1.9 (1.2–3.1) 1.9 (1.1–3.2) 1.9 (0.7–5.0) 1.0 1.8 (0.7–4.9) 0.89 (0.53–1.40) 0.64 (0.28–1.27) 1.28 (0.61–2.35) 0.94 (0.56–1.49) 1.53 (0.31–4.48) 2.06 (0.41–6.02) 6.20 (2.27–13.50) 2.04 (0.03–11.33) –	Adjusted for age, sex, and race	We reported here only occupational groups with SMR >1.5. SMR was observed for a group of tumors including oral cavity, pharynx, and nasopharynx taken together. RR reference category: no occupational exposure	

	Exposure assessment obtained by work histories	Tongue, gum and other oral sites unspecified, floor of the mouth, and pharynx	SIR	SIR adjusted for age, calendar period and social class.	
				Tongue	Gum and other oral sites unspecified
Marsh et al. [107], United States	7,345 workers employed at a plastic-producing plant (1941–1984); mortality follow-up until 2003 (obtained for 98 % and cause of death for 95 % of the cohort)	5	1.08 (0.55–2.53)		
Tarvainen et al. [69], Finland	Cohort comprised all Finns (725,868 men and 825,528 women) born during 1906–1945; incidence follow-up (1971–1995)	23	2.38 (1.51–3.57)	SIR reported here only for equal or higher than 1.2 and 95 % CI statistically significant.	
	Occupational branches, specific occupations, and national job-exposure matrix (FINJEM) for 43 chemical agents; cumulative exposure (annual average of exposed people X mean level of exposure in the occupation) for every 5-year birth cohort	Men Lawyers Authors Journalists Performing artists Musicians Electronics, telefitters Painters, building Building hands Dockers Hotel porters Women Private secretaries Dressmakers Shoemakers and cobblers Waiters Purzers and stewardesses Men and women	Men Lawyers Authors Journalists Performing artists Musicians Electronics, telefitters Painters, building Building hands Dockers Hotel porters Women Private secretaries Dressmakers Shoemakers and cobblers Waiters Purzers and stewardesses Men and women	5.70 (1.55–14.59) 9.32 (1.13–33.65) 3.28 (1.57–6.03) 5.60 (1.53–14.35) 3.03 (1.15–5.90) 2.92 (1.07–6.35) 1.63 (1.01–2.49) 1.58 (1.16–2.09) 2.28 (1.28–3.76) 3.51 (1.41–7.23) 2.20 (1.00–4.17) 2.42 (1.25–4.23) 17.42 (2.11–62.94) 1.80 (1.14–2.70) 9.56 (1.16–34.52)	SIR adjusted for age, calendar period and social class. Reference total Finnish population
	Cumulative exposure	Lowest Asbestos Iron Lead Cadmium Carbon monoxide Diesel engine exhaust Gasoline engine exhaust Fungicides	Lowest Asbestos Iron Lead Cadmium Carbon monoxide Diesel engine exhaust Gasoline engine exhaust Fungicides	1.32 (1.08–1.60) 1.23 (1.00–1.49) 1.32 (1.12–1.53) 1.45 (1.17–1.78) 1.26 (1.08–1.45) 1.26 (1.03–1.53) 1.28 (1.07–1.52) 1.48 (1.05–2.04)	
	Middle				(continued)

Table 4.2 (continued)

Reference, location	Cohort description	Exposure assessment	Tumor site	No of cases/ deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders		Comments
Andersen et al. [130], Denmark	3.22 million Danish born 1925–1973 and aged >30 years in the incidence period 1994–2003			37 87 51	Chlorinated hydrocarbon Engine exhaust Gasoline engine exhaust Highest	1.42 (1.00–1.96) 1.34 (1.08–1.66) 1.37 (1.02–1.80)			
				22	Aliphatic and alicyclic hydrocarbons	1.97 (1.23–2.98)			
				23	Petroleum-based products	1.60 (1.02–2.41)			
				88	Asbestos	1.26 (1.01–1.55)			
				25	Engine exhaust	1.68 (1.09–2.48)			
				20	Diesel engine exhaust	1.62 (0.99–2.50)			
					<i>RR</i>				
					Men and women				
					High level of cumulative exposure				
				22	Aliphatic and alicyclic hydrocarbons	1.69 (1.06–2.71)			
				10	Pesticides	1.92 (1.00–3.68)			
				25	Engine exhaust	1.37 (0.90–2.09)			
					<i>IRR</i>				
					Men				
					Affiliation to work market				
					Working	1.00			
				956	Unemployed early retirement	2.98 (2.63–3.37)			
				427	Retirement	4.52 (4.01–5.11)			
				480	Social class				
					Creative core	0.69 (0.52–0.90)			
					Creative professional	0.65 (0.56–0.76)			
					Bohemian	1.80 (1.15–2.82)			
					Service	0.92 (0.83–1.03)			
					Manual	1.00			
					Agricultural	0.31 (0.23–0.42)			
					Unknown	0.95 (0.81–1.12)			
					Women				
					Affiliation to work market				
					Working	1.00			
					Unemployment	2.46 (2.02–2.99)			
					Early retirement	3.90 (3.22–4.72)			
					Social class				
					Creative core	0.70 (0.37–1.33)			
					Creative professional	0.60 (0.42–0.87)			
					Bohemian	0.47 (0.07–3.37)			
					Service	0.81 (0.63–1.04)			
					Manual	1.00			
					Agricultural	0.12 (0.03–0.47)			
					Unknown	1.20 (0.92–1.57)			

SIR standardized incidence ratio, SMR standardized mortality ratio, IRR incidence rate ratio, RR relative risk

oral cancer in those employed after 1964. Andjelkovich et al. [58] found SMR 131 (95 % CI 48–286) for workers exposed to formaldehyde in an automotive iron foundry. Marsh et al. [59] in a cohort of workers in a plastic-producing plant found for oral and pharynx cancers SMR of 1.80 (95 % CI 1.22–2.55). Other results from this study, including exposure duration and cumulative exposure to formaldehyde, are difficult to interpret as analysis for pharynx cancer included nasopharyngeal carcinoma. A cohort study in the United Kingdom [60] found SMRs below 2.0 for men with high exposures (estimated as greater than 2.0 ppm). Hauptmann et al. [61] expanded the follow-up from previously cited Blair et al.'s [56] cohort study. Even though risks for oral cavity cancer above 2.0 were found for some average-intensity exposure levels, no dose-response effect was detected. Stayner et al. [62] conducted a mortality cohort study in garment manufacturers, as workers in this industry are potentially exposed to formaldehyde. They concluded that there was a possible relationship between formaldehyde and oral cavity cancer (SMR 343, 95 % CI 118–786). An extension of this cohort until 1998 [63] confirmed increased risks, particularly for oral cavity cancer SMR (3.53, 95 % CI 0.96–9.02), for the original cohort exposure period, but revealed decreased SMRs for the updated period. Several other cohorts were conducted specifically with formaldehyde-exposed professionals, such as pathologists, anatomists, medical laboratory technicians, embalmers, and funeral directors [64–68], but revealed decreased risks of oral and pharynx cancers. A Finnish cohort population [69] did not find any increased risk at the lowest, middle, or highest exposure levels to formaldehyde for oral cavity and pharynx cancer. Innos et al. [70] in a cohort of furniture workers in Estonia detected slight risks for those with possible exposure to formaldehyde. Bosetti et al. [71] conducted the most recent meta-analysis of cohort studies on formaldehyde and cancer risk; related to oral cavity and pharynx, they found RR of 1.09 (95 % CI 0.88–1.34) for industrial workers and RR of 0.96 (95 % CI 0.75–1.23) for professionals. The results of all available studies are inconsistent, and no clear association could be established between exposure to formaldehyde and oral and pharynx cancers [72, 73].

Leather Dust and Leather Industry Work

A case-control study conducted in the United States [74] showed evidence of oral and pharynx cancers in leather industry workers (RR 3.58; $p < 0.01$). However, three subsequent case-control studies reporting specifically on the leather industry or exposure to leather dust showed less emphatic results: in Brazil [75] the risk was low (RR 1.3), in Italy [53] risk deficits were observed (RR 0.4 for any exposure to leather dust and RR 0.9 for probable or definitive exposure), and in Sweden [54] risks higher than 2.0 were observed, but they were not statistically significant. A cohort

study in Finland [69] reported increase risk of oral and pharynx cancers from exposure to leather dust as standardized incidence ratio (SIR) 1.75 (95 % CI 0.36–5.13) for those with medium-category exposure, as no cases were observed at high exposure level. There is no specific cohort study with workers in leather industry. Even though leather dust has been classified by the International Agency for Research on Cancer (IARC) as definitively carcinogenic for humans, into Group 1 [76, 77], from results of available case-control and cohort studies which have investigated exposure to leather dust and oral and pharynx cancers, no conclusive association can be assumed.

Wood Dust and Wood Industry Work

Many case-control studies that have reported an association between wood dust exposure or jobs in wood-related work and oral and pharynx cancers have revealed decreased risks or risks around unity [53, 54, 75, 78–81]. Other studies have found risks ranging from 1.5 to 2.0 for pharyngeal cancer [55, 82, 83]. A case-control study [84] observed a high risk for oral cavity cancer in wood and wood product workers (RR 5.5, 95 % CI 1.2–25.0); and other case-control study [53] found increased risk (RR 5.5, 95 % CI 0.7–44.6) for those exposed for 16 years or more in wood furniture production. A cohort study of United States Coast Guard shipyard workmen [85] detected a high risk (RR 6.20, 95 % CI 2.27–13.50) of oral and pharynx cancers in woodworkers, but analysis included nasopharynx cancer. In Finland, two cohort studies did not reveal any risks of oral and pharynx cancers in woodworkers. In the first [86], decreased risks for oral cancer in construction carpenters and pharynx cancer in woodworkers were found. In the second [69], authors found a protection (SIR 0.79, 95 % CI 0.62–0.99) for oral and pharynx cancers in woodworkers but SIR 1.3 (95 % CI 0.7–2.1) for men and women in the highest category of exposure to hardwood dust. Innos et al. [70] conducted a cohort study in two large furniture factories; they found increased risk of pharynx cancer in men (RR 1.82, 95 % CI 0.83–3.46) and oral cavity cancer in women (RR 1.84, 95 % CI 0.50–4.71). Brown et al. [87] observed increased risk of oral cancer in male wood lacquerers (SIR 2.1, 95 % CI 1.0–3.9), but probably in the context of this cohort study, agents other than those habitually used in wood industry were involved, such as the basic components of paint, varnish, and lacquer, including pigments, resins, and solvents. In general, the risks of oral and pharynx cancers for wood dust or wood industry exposure were imprecise, and no dose-response effect could be observed considering level or time of exposure.

Gustavsson et al. [54] speculated that lowered risk to wood dust exposure could be due to residual confounding from low smoking levels in these workers because of the obvious fire hazard in this activity; however, after subdividing smoking habits into eight increasing cumulative tobacco

classes, low RR associated with exposure to wood dust persisted. IARC has classified wood dust in Group 1 [77]; however, specifically for oral and pharynx cancers, results from studies conducted until now do not allow conclusive answers on a causal relationship between wood dust exposure and oral and pharynx cancers.

Cotton Dust and Textile Work

A case-control study of women in the United States [88] found increased risk (RR 3.9, 95 % CI 1.2–12.0) of oral cancer in those with presumed exposure to dust in textile industry for 1–4 years, but no risk was observed for those exposed for 10 years or more. Increased risks were also found in France [78] for pharynx cancer (RR 2.4, 95 % CI 1.0–5.7) and in Italy [53] for oral cancer (RR 2.5, 95 % CI 0.5–9.9). However, many other case-control studies have revealed risk deficits or close to unity values for oral and pharynx cancers in textile dust exposure or textile work [54, 75, 80, 82, 83]. Tarvainen et al. [69] in a cohort study also found risk deficits in men and women exposed to any level of textile dust. This inconsistency in results does not allow the supposition of a causal relationship between cotton dust exposure or textile work and oral and pharynx cancers.

Welding Fumes and Welding as an Occupation

There are many different welding methods which involve exposure to chemicals, such as irritant gases, chromium, polycyclic aromatic hydrocarbons, and metal dust. A case-control study in Sweden [54] found risk excess of pharynx cancer (RR 2.26, 95 % CI 1.09–3.69) in workers exposed to welding fumes for more than 8 years. In another case-control study in Sweden [84], increased risk of oral cancer was detected in welders (RR 2.3, 95 % CI 0.6–9.1). There is little consistency between these findings and results from other case-control [53, 80, 82, 83] and cohort studies [85, 89]. Exposure to welding fumes clearly needs further investigation in order to arrive at a definite conclusion of carcinogenicity for the oral cavity and pharynx anatomical regions.

Diesel Engine Exhaust and Vehicle Repair Mechanics

Recently, IARC considered the evidences of causal association between diesel engine exhaust and cancer as sufficient, particularly for lung cancer [90]. This decision was taken considering a large US National Cancer Institute/National Institute for Occupational Safety and Health study conducted among underground miners [91, 92].

Boffetta et al. [93] conducted a cohort study to evaluate exposure to diesel engine emissions in a Swedish population and found a general SIR of 1.64 (95 % CI 1.11–2.33) for oral and pharynx cancers in women, but no risk was detected for men. Using a job-exposure matrix, exposure was categorized

according to probability and intensity as low, medium, and high. Some tenuous positive relative risks were observed, but without a dose-response effect. A cohort study in Finland [69] detected increased risks of mouth and pharynx cancer in men and women with medium levels of exposure to engine exhaust (SIR 1.34, 95 % CI 1.08–1.66) and at the highest level of exposure to engine exhaust (SIR 1.68, 95 % CI 1.09–2.48). Vaughan [82] in a case-control study found a risk higher than 2.0 for vehicle mechanics in repair services, but they examined oral cavity, pharynx, and nasopharynx tumors all together. In a case-control study in Brazil, Andreotti et al. [80] found increased risks, greater than 2.0, for oral and pharynx cancers in every occupation of vehicle mechanic, and for every vehicle repair service job, these risks were augmented considering the restrictions of 10 or more years of exposure and induction period (equal to or greater than 20 years before diagnosis). Vehicle mechanics are potentially exposed to diesel and gasoline engine exhaust, but they are also exposed to other hazardous agents, such as solvents, mineral oils, strong acid fumes, and metal dust. They are therefore exposed to a complex mixture of potential carcinogens. Vehicle mechanics in repair and diesel and gasoline exhaust services are potentially at increased risk of contracting oral and pharynx cancers, but more studies are needed to confirm this relationship.

Other Occupations

Several other occupations, industries, and agents have been linked to oral cavity and pharynx cancer. Certainly, all these circumstances require further studies before a definitive view can be taken on their possible role in the causal chain for the disease.

Exposures in meat industry, such as viruses, nitrosamines, and polycyclic aromatic hydrocarbons, may contribute for elevated cancer risks. Two cohorts have identified increased risks for oral and pharynx cancers in butchers. Johnson et al. [94] in a mortality cohort in the United States found increased risk of oral cavity and pharynx cancer in male meat cutters working in supermarket or grocery store meat departments (SMR 1.8, 95 % CI 1.0–3.0); there was also increased risk for those working as meat cutters in other departments (SMR 1.7, 95 % CI 0.8–3.2). Boffetta et al. [95] in a cohort of butchers and meat workers in Sweden found increased risk for butchers in meat industry (RR 1.6, 95 % 1.0–2.7). Also, a case-control study in Uruguay [96] found increased risk of oral and pharynx cancers in butchers (RR 2.0, 95 % CI 0.4–9.5). In contrast, Coggon and Wield [97] in a cohort study in England and Wales found deficit risks for oral and pharynx cancers in butchers.

Moulin et al. [98] in a cohort study of workers at a man-made mineral fiber (MMMF) factory in France found SIRs of 3.0 for oral and 1.4 for pharynx cancer, both not statistically significant. A Scandinavian cohort of employees in

nine factories producing rock-slag wool and glass wool [99] found increased risk of oral cavity and pharynx cancer in those exposed to rock-slag wool (SIR 1.84, 95 % CI 1.22–2.68) but a lower risk for glass wool exposure (SIR 1.31, 95 % CI 0.65–2.34). Two case-control studies reported results for exposure to MMMF; the first [54] found risk deficits for oral or pharynx cancer, and the second [100] reported increased risk for hypopharynx cancer in those ever exposed to mineral wools (RR 1.55, 95 % CI 0.99–2.41).

Marchand et al. [100] found increased risks for those with any exposure to asbestos once (RR 1.80, 95 % CI 1.08–2.99) or cumulative low (RR 1.92, 95 % CI 1.03–3.57) or high exposure (RR 2.14, 95 % CI 1.14–4.01). However, previous case-control studies did not find increased risks of oral and pharynx cancers associated to asbestos [53, 54, 83]. A cohort of Finns born between 1906 and 1945 [69] found increased risks with cumulative asbestos exposure at the lowest (SIR 1.32, 95 % CI 1.08–1.60) and highest levels (SIR 1.26, 1.01–1.55). In a cohort study with construction industry workers [101], an RR of 1.7 was detected (95 % CI 0.9–3.3) for those with moderate exposure to asbestos, but the risk dropped for those with high exposure (RR 0.5, 95 % CI 0.1–5.2).

Several other agents such as chromium, nickel, lead, iron, cadmium, phenoxy acids, solvents, cement dust, asphalt, pesticides, and aliphatic and alicyclic hydrocarbons; occupations such as blacksmiths, bricklayers, drivers, electricians, railway workers, industrial mechanics, painters, metal workers, chemical workers, plumbers and pipe fitters, plastic transformation workers, printers, carpet installers, boiler, furnace and petroleum industry workers, dockers, shoemakers and cobblers, sugarcane farmers, glaziers, cutting/sewing workers, hairdressers, dentists, and journalists; and industries such as rubber, paper, pulp, plastics, mining, and building have all been cited as presenting increased risks for oral and pharynx cancers in different cohort and case-control studies. In general, these increased risks were tenuous and imprecise and based in small number of observed cases.

Cooks, waiters, and bartenders, as well as workers at restaurants, bars, and hotels, have shown consistently increased risks of oral and pharynx cancers through some case-control and cohort studies [53, 69, 86]. However, the main hypothesis for these increased risks is the higher prevalence of heavy tobacco smoking and alcohol consumption among these workers.

Nasopharynx Cancer

Tables 4.3 and 4.4 show results of 14 case-control and 7 cohort studies, which examined the association between occupation or exposure to some agents and nasopharynx cancer. Formaldehyde and wood dust showed strong evidence of carcinogenicity to nasopharynx; however, the effect

for some other agents and occupations was inconclusive because of results inconsistency among studies.

Formaldehyde

The first epidemiological evidence suggesting an association between exposure to formaldehyde and nasopharynx cancer came in 1986. A mortality cohort study of workers in ten plants producing or using formaldehyde [56] found increased SMRs for different formaldehyde exposure levels. Also a case-control study [52] found increased relative risks for longer exposures. These epidemiological studies were conducted after research with animal models had indicated nasal squamous cell carcinomas occurring in rodents submitted to formaldehyde vapor inhalation [102, 103]. A case-control study in the Philippines [104] has found increased risk for those with long induction period (25 or more years since first exposure). In a cohort study with 14,014 British chemical workers exposed to formaldehyde and followed up for almost 60 years [60], the only death from nasopharynx cancer was of a man whose exposure was classified as low. However, there was evidence of increased death rates from nasopharynx cancer in a cohort of formaldehyde-industry workers by Hauptmann et al. [61], an update of the Blair et al. cohort [56]. This cohort revealed an exposure-response effect for peak and cumulative exposure to formaldehyde, but not for average-intensity exposure or duration.

The study by Hauptmann et al. [61] was a major component in the epidemiological evidence evaluated by the IARC when making their decision on classifying formaldehyde as a definite carcinogen for humans in 2004 [105–107]. Some criticisms on the Hauptmann et al.'s [61] cohort study have been addressed, such as the detected association was mainly from one cluster of deaths in a single plant, where five of nine nasopharynx deaths occurred [107]. However, as pointed out by Cogliano et al. [106], in order to classify an agent as carcinogenic, if evidence in humans is insufficient, one should consider that mechanistic evidence and sufficient evidence in experimental animals led to the agent being classified in IARC Group 1. This decision has been upheld in a recent new IARC evaluation [72, 73], and formaldehyde was listed as a known human carcinogen in the 12th Report on Carcinogens of the US National Institute of Environmental Health Sciences [108].

Wood Dust and Wood Industry Work

As well as dust, workers in wood industry may also be exposed to formaldehyde, chlorophenol, and other chemical substances, giving them increased risk of nasopharyngeal cancer. Even so, this increased risk seems to be attributable to wood dust exposure independent to other exposures in the workplace, as the other chemicals do not present relative risks of the magnitude associated to wood dust exposure [77, 109].

Table 4.3 Case-control studies on occupation and nasopharynx cancer

Reference, study location, and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Henderson et al. [121], United States	156 cases of nasopharynx squamous cell carcinoma (105 men, 51 women) diagnosed (1960–1974)	267 controls (179 men, 88 women) recruited in hospitals from the same two cities of cases	Detailed occupational history was obtained through questionnaire, and for each occupation each subject was asked if he was usually exposed to fumes, dust, smoke, chemicals, or heat	Fumes	RR	RR adjusted for age at diagnosis, race, sex, socioeconomic class, and city of residence	Reference category: never exposed. NS = nonsignificant	
			Ever	<10 years	2.0 ($p = 0.006$)			
				>10 years	1.9 (NS)			
				Dust	1.7 ($p < 0.05$)			
			Exposed to fumes, dust, smoke, chemicals, or heat	Ever	1.5 ($p = 0.07$)			
				<10 years	1.3 (NS)			
				>10 years	1.2 (NS)			
			Smoke					
			Ever		3.0 ($p = 0.008$)			
				<10 years	1.5 (NS)			
				>10 years	7.5 ($p < 0.005$)			
			Chemicals					
			Ever		2.4 ($p = 0.006$)			
				<10 years	2.3 ($p < 0.05$)			
				>10 years	2.7 ($p < 0.05$)			
			Heat					
			Ever		1.6 (0.053)			
				<10 years	1.4 ($p < 0.05$)			
				>10 years	1.6 ($p < 0.05$)			
Armstrong [110], Malaysia	100 cases of nasopharynx squamous cell carcinoma (65 men, 35 women), Malaysian Chinese, diagnosed (1973–1980)	100 neighborhood controls matched by age and sex	Occupational history obtained through interviews using a questionnaire	RR	RR adjusted for salted fish intake	RR adjusted for salted fish intake	Reference category: never exposed. NS = nonsignificant	
			Ever					
			Smoke		6.0 ($p = 0.006$)			
				Wood, paper, and grass	7.0 ($p = 0.04$)			
				smoke				
			Other smokes		5 (1)			
			Dust		52 (25)			
			Wood dust and sawdust		17 (10)			
			Construction-related dust		15 (9)			
			Quarry dust		10 (1)			
			Road dust		11 (2)			
			Other dusts		17 (8)			
			Smoke and/or dust		58 (26)			
			Men					
			Never		26 (46)	1.0		
			1–9 years		19 (11)	3.3 (NS)		
			10+ years		22 (8)	8.4 (NS)		

		Occupational history obtained through interviews using a questionnaire	RR	Reference category: never exposed. NS = nonsignificant
	Domestic exposure			
Women				
Never	18 (28)	1.0	3.5 (NS)	
1-9 years	8 (4)		∞ (NS)	
10+ years	9 (3)			
Under age 45				
Never	19 (43)	1.0	4.3 (NS)	
1-9 years	20 (11)		∞ (NS)	
10+ years	17 (2)			
Age 45+				
Never	23 (31)	1.0	2.7 (NS)	
1-9 years	7 (4)		3.3 (NS)	
10+ years	14 (9)			
Total				
Never	42 (74)	1.0	3.4 (NS)	
1-9 years	27 (15)		11.4 ($p < 0.001$)	RR adjusted for salted fish intake
10+ years	31 (11)			
Yu et al. [49], Hong Kong	250 cases of nasopharynx carcinoma (160 men, 90 women) of Chinese in Hong Kong, diagnosed after 1981	250 controls friends of cases, matched by sex and age	RR	
		Occupational history obtained through interviews using a questionnaire		
		Wood cooking fuel	183 (161)	
		3 years ago		1.4 (NS)
		Incense	186 (170)	1.4 (NS)
		Antimosquito coils	61 (58)	2.4 (NS)
		At age 10 years		
		Incense	208 (193)	0.9 (NS)
		Antimosquito coils	78 (76)	1.8 (NS)
		At birth (by mother)		
		Incense	108 (107)	0.6 (NS)
		Antimosquito coils	29 (37)	0.8 (NS)
		Carried subject while cooking		
		Occasionally	52 (63)	0.8 (NS)
		Often	40 (41)	0.7 (NS)
		Occupational exposure		
		Smoke	10 (3)	0.6 (NS)
		Dust	59 (41)	1.2 (NS)
		Chemical fumes	75 (49)	0.7 (NS)

(continued)

Table 4.3 (continued)

Reference, study period	Location, and cases	Characteristics of controls	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Vaughn et al. [52], United States	285 cases (186 men, 99 women) of oro- and hypopharynx cancer ($n=205$), nasopharynx cancer ($n=27$), and sinus and nasal cavity cancer ($n=53$) selected from a population-based cancer registry (1980–1983)	552 controls (327 men, 225 women) were identified via random digit dialing	Occupational formaldehyde exposure was assessed via a job-exposure matrix	Nasopharynx Exposure level	Background Low Medium High Number of years exposed	41 (381) 9 (121) 3 (42) 0 (8)	1.0 0.8 (0.5–1.4) 0.8 (0.4–1.7) 0.6 (0.1–2.7)	Odds ratio adjusted for age, sex, cigarette smoking, and alcohol consumption	
Roush et al. [117], United States	173 men with nasopharynx cancer registered by the Connecticut Tumor Registry and dying (of any cause) in the period 1935–1975	605 controls sampled from Connecticut	An industrial hygienist classified each subject according to potential formaldehyde exposure in the same time period as cases of deaths	I Probably exposed to some level for most of working life II Probably exposed to some level for most of working life and probably exposed to some level at 20+ years prior to death III Probably exposed to some level for most of working life and probably exposed to high level in some year IV Probably exposed to some level for most of working life and probably exposed to high level at 20+ years prior to death	21 (79) 17 (51) 9 (27) 7 (14)	1.0 (0.6–1.7) 1.3 (0.7–2.4) 1.4 (0.6–3.1) 2.3 (0.9–6.0)	OR adjusted for age at death, year at death, and availability of occupational information		
Kawachi et al. [112], New Zealand	19,904 cases of cancer in men of 20 years of age or older at the time of registration in the New Zealand Cancer Registry (1980–1984)	For each cancer site examined, registrants from other tumor sites formed the control group	Exposed and nonexposed in wood-related occupations and specific type of woodwork	All woodwork Type of woodwork Forestry and logging Sawmiller, pulp, and paper mill Cabinet makers Carpenters	5 (741) 2.46 (0.86–6.60) 2 (102) 0 (108) 0 (91) 5 (741)	Adjusted for age 6.02 (1.01–28.41) – – 2.51 (0.62–8.53)			

	Subjects were asked to indicate, for each job that was held for longer than 6 months, whether exposure to dust, smoke, or chemical fumes had occurred and the name of the specific substances involved.	RR		Reference category: never exposed. NS = nonsignificant. For products of combustion and cotton dust, there are no information if assessment were done from subject response or by occupational hygienist
		Dust	Subject response	
Yu et al. [118], China	For each case, a control was matched for sex and date of birth (within 5 years) from neighborhood of case residence at the time of diagnosis	1.2 (NS)	1.2 (NS)	RR adjusted for intake frequencies of salted fish, moldy bean curd, preserved plum, and tomatoes at age 10 years
	Additionally, an industrial hygienist checked the exposure based on the job title and the industry of employment and also reviewed all specific substances named by each study participant	74 (71) 46 (33) 25 (30)	1.2 (NS) 1.6 (NS) 0.9 (NS)	
	Industrial hygienist	138 (146) 67 (78) 41 (45) 30 (23)	1.0 (NS) 1.0 (NS) 1.0 (NS) 1.1 (NS)	
	Smoke	62 (37) 31 (28) 31 (9)	2.4 ($p < 0.05$) 1.6 (NS) 7.6 ($p < 0.05$)	
	Subject response			
	Ever	111 (81) 54 (44) 39 (28) 18 (9)	1.7 ($p < 0.05$) 1.5 (NS) 1.8 ($p < 0.05$) 2.7 (NS)	
	Industrial hygienist			
	Ever	72 (50) 39 (35) 33 (15)	1.8 ($p < 0.05$) 1.4 (NS) 2.7 ($p < 0.05$)	
	Chemical fumes			
	Subject response			
	Ever	138 (139) 67 (85) 53 (40) 18 (14)	1.1 (NS) 0.9 (NS) 1.5 (NS) 1.3 (NS)	
	Industrial hygienist			
	Ever	63 (33) 32 (24) 31 (9)	2.7 ($p < 0.05$) 1.9 ($p < 0.05$) 10.1 ($p < 0.05$)	
	Combustion products			
	Ever	6 (19) 5 (12) 1 (7)	0.3 ($p < 0.05$) 0.4 (NS) 0.2 (NS)	

(continued)

Table 4.3 (continued)

Reference, study location, and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
Vaughan and Davis [79], United States	21 cases of nasopharynx squamous cell carcinoma diagnosed in a single center (1983–1987)	Controls were selected by random digit dialing matched to the cases by age and sex	Lifetime occupational histories were obtained, including a description of the duties involved in each job, as well as the associated industry, jobs considered to entail significant exposure to wood dust	OR			OR adjusted for age, sex, cigarette smoking, and race	Reference category: never exposed
Sriamporn et al. [113], Thailand	120 cases (80 men, 40 women) diagnosed (1987–1990) in a single hospital in Thailand	120 controls were recruited in the same hospital admitted for other diseases excluding neoplasms and respiratory diseases, matched by sex and age	Several potential factors for the etiology of nasopharynx cancer were studied including occupation. Then, occupations reported were grouped into a few broad categories, but employment in sawmills and jobs such as wood cutting or rice husking were investigated specifically, since these entail high exposures to dust	Not agriculture, not wood cutting Wood cutting, not agriculture Agriculture, not wood cutting Agriculture and wood cutting	20 (47) 5 (3) 76 (64) 19 (6)	1.0 4.1 (0.8–22.1) 2.8 (1.3–62) 8.0 (2.3–28.2)	Adjusted for alcohol intake, type of cigarette, salted fish consumption, education, and area of residence	

West et al. [104], Philippines	104 incident cases of nasopharynx carcinoma (76 men, 28 women) recruited in a single hospital	104 controls matched with cases for sex, age, and hospital ward using various sources of exposure information. Each occupation was classified as likely or unlikely to involve exposure to any of the following factors: formaldehyde, solvents, wood dust, dust, and pesticides. This information was combined with the complete occupational history: overall duration of exposure, duration of exposure excluding exposure in the 10 years immediately preceding diagnosis (for cases) or interview (for controls), number of years since first exposure, and age at first exposure	Occupations reported were reviewed by an industrial hygienist using various sources of exposure information. Each occupation was classified as likely or unlikely to involve exposure to any of the following factors: formaldehyde, solvents, wood dust, dust, and pesticides. This information was combined with the complete occupational history: overall duration of exposure, duration of exposure excluding exposure in the 10 years immediately preceding diagnosis (for cases) or interview (for controls), number of years since first exposure, and age at first exposure	RR Formaldehyde	RR adjusted for education, processed meat intake, fresh fish intake, smoking, and herbal medicines
			<25 years since 1st exposure 25+ years since 1st exposure Dust/exhaust	12 (12) 14 (10)	1.2 (0.4-3.6) 4.0 (1.3-12.3)
Armstrong et al. [111], Malaysia	282 cases (195 men aged 19-72 years, 87 females aged 24-74 years) (1987-1992)	282 controls matched by sex and age and with no history of cancer of the head and neck and respiratory system, selected from the general Chinese population of the study area using a standard procedure of multistage area sampling	Exposure to 20 inhalants and heat from two sources were recorded by trade or profession with calendar years, frequency (days per week), and duration (hours per day) of exposure. Inhalant selection was limited to those dusts, smoke, and gases associated with deposition or absorption in the nasopharynx, with special attention to formaldehyde	Dusts Construction Fertilizer Metal Talc Tin Textile Wood Others Fumes	Adjusted for diet and cigarette smoke The study includes cases of incidents ($n = 163$), diagnosed in 1990-1992 and cases of prevalence ($n = 119$) diagnosed before 1990 (initiation of data collection)

(continued)

Table 4.3 (continued)

Reference, study location, and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
<i>Chemicals</i>								
Vaughan et al. [114], United States	196 incident cases of nasopharynx cancer (133 men, 63 women), aged 18–74 years, identified at five population-based cancer registries from 1987 to 1991	244 controls were selected over the same period from the general population through random digit dialing and frequency matched to the cases by age, sex, and cancer registry	Exposure to formaldehyde and wood dust was carried with the occupational history (job-by-job basis for each subject) including industry description, job title, duties, and dates started and stopped	Possible, probable, or definite Probable or definite Definite, probable, or definite	61 (79) 27 (30) 10 (2)	1.6 (1.0–2.8) 2.1 (1.1–4.2) 13.3 (2.5–70.0)	OR for formaldehyde adjusted for age, sex, race, cancer registry, smoking, proxy status, and education. OR for wood dust adjusted beyond all these variables, adjusted for cumulative exposure to formaldehyde	Reference category: never exposed
			Duration					
			1–5 years	16 (41)	0.9 (0.4–2.1)			
			6–17 years	20 (19)	1.9 (0.9–4.4)			
			18+ years	25 (19)	2.7 (1.2–6.0)			
			Cumulative exposure (ppm/year)					
			0.05–0.40	15 (40)	0.9 (0.4–2.0)			
			>0.40–1.10	22 (20)	1.8 (0.8–4.1)			
			>1.10	24 (19)	3.0 (1.3–6.6)			
			Wood dust Ever					
			Maximum exposure (mg/m ³)	17 (24)	1.2 (0.5–2.7)			
			>0.00–0.55	10 (15)	1.3 (0.5–3.6)			
			>0.55–1.50	6 (4)	2.0 (0.5–8.1)			
			>1.50	1 (5)	0.2 (0.0–2.1)			
			Duration					
			1–4 years	8 (12)	1.4 (0.5–4.4)			
			5–13 years	4 (6)	1.3 (0.3–5.4)			
			14+ years	5 (6)	2.0 (0.2–3.7)			
			Cumulative exposure (mg/m ³ ·years)		0.8 (0.2–3.7)			
			>0.0–2.75	5 (13)	0.7 (0.2–2.5)			
			>2.75–15.70	10 (5)	3.0 (0.9–9.8)			
			>15.70	2 (6)	0.4 (0.1–2.3)			

		<i>RR</i>	Reference category not exposed. Authors conducted an analysis only with subjects (cases and controls) who are Epstein-Barr virus positive. For wood exposure and solvent exposures, the results did not suffer important changes; however, for formaldehyde exposure, some relevant modifications were observed: ever exposed RR = 2.7 (95 % CI 1.2–6.2); years since first exposure (>20 year) RR = 2.8 (95 % CI 1.1–7.6), and age at first exposure (<25 years) RR = 2.6 (95 % CI 1.1–6.5)		
Hildesheim et al. [22], Taiwan	375 incident cases (260 men, 115 women) of nasopharynx cancer recruited in two hospitals in Taipei (1991–1994)	325 controls (233 men, 92 women) recruited from the lists of the National Household Registration System and matched on age, sex, and district/township of residence	Occupational history was obtained through a questionnaire and was reviewed by an industrial hygienist. Each job was classified according to industry and occupation classification. The probability and intensity of exposure to formaldehyde, wood, and organic solvents were evaluated. Years of exposure, intensity and probability of exposure, cumulative exposure, age at first exposure, and years since first exposure since first exposure were considered.	All subjects Wood exposure	RR adjusted for age, sex, education, and ethnicity

(continued)

Table 4.3 (continued)

Reference, study location, and period	Characteristics of cases	Characteristics of controls	Exposure assessment	Exposure categories	No cases (controls)	Relative risk (95 % CI)	Adjustment for potential confounders	Comments
				Duration (excluding 10 years before diagnosis/interview)				
			<10 years	34 (18)	1.6 (0.89–3.0)			
			>10 years	34 (20)	1.2 (0.67–2.2)			
			Cumulative exposure (intensity X duration)					
			<25	29 (19)	1.3 (0.70–2.4)			
			>25	45 (22)	1.5 (0.88–2.7)			
			Years since first exposure					
			<20 years	19 (7)	2.3 (0.95–5.8)			
			>20 years	55 (34)	1.2 (0.76–2.0)			
			Age at first exposure					
			<25 years	62 (38)	1.3 (0.80–2.0)			
			>25 years	12 (3)	3.4 (0.94–12)			
			Solvent exposure					
			Ever exposed	178 (130)	1.2 (0.84–1.7)			
			Duration (overall)					
			<10 years	89 (54)	1.5 (0.99–2.3)			
			>10 years	89 (76)	0.93 (0.61–1.4)			
			Cumulative exposure (intensity X duration)					
			<10 years	88 (65)	1.1 (0.74–1.6)			
			>10 years	61 (48)	0.94 (0.58–1.5)			
			<40	93 (68)	1.3 (0.86–1.9)			
			>40	85 (62)	1.1 (0.70–1.6)			
			Years since first exposure					
			<20 years	74 (57)	1.2 (0.76–1.8)			
			>20 years	104 (73)	1.2 (0.79–1.8)			
			Age at first exposure					
			<25 years	133 (98)	1.1 (0.78–1.6)			
			>25 years	45 (32)	1.3 (0.78–2.2)			
			Exposure to formaldehyde					
			Exposure to formaldehyde (nonexposed and exposed) was estimated from job titles, tasks, visits to the plants, visits to the plant, discussion with workers and managers, by industrial hygienists, and defining average intensity, peak of exposure, cumulative exposure, and duration of exposure					
			Unexposed		0 (8)			
			Exposed		7 (47)			
			Duration of exposure					
			<1 year		4 (35)			
			1–9 years		1 (11)			
			10+ years		2 (9)			
			Cumulative exposure					
			<0.004		1 (16)			
			0.004–0.219		3 (21)			
			Average intensity of exposure		3 (18)			
			<0.03		1 (24)			
			0.03–0.159		4 (6)			
			0.16+		2 (25)			

Duration (excluding 10 years before diagnosis/interview)
 <10 years
 >10 years
 Cumulative exposure (intensity X duration)
 <25
 >25
 Years since first exposure
 <20 years
 >20 years
 Age at first exposure
 <25 years
 >25 years
 Solvent exposure
 Ever exposed
 Duration (overall)
 <10 years
 >10 years
 Duration (excluding 10 years before diagnosis/interview)
 <10 years
 >10 years
 Cumulative exposure (intensity X duration)
 <40
 >40
 Years since first exposure
 <20 years
 >20 years
 Age at first exposure
 <25 years
 >25 years
 >25 years
 Exposure to formaldehyde
 Unexposed
 Exposed
 Duration of exposure
 <1 year
 1–9 years
 10+ years
 Cumulative exposure
 <0.004
 0.004–0.219
 Average intensity of exposure
 <0.03
 0.03–0.159
 0.16+

1.0

2.87 (0.21– ∞)

1.1 (0.74–1.6)

0.94 (0.58–1.5)

1.3 (0.86–1.9)

1.1 (0.70–1.6)

1.2 (0.76–1.8)

1.2 (0.79–1.8)

1.1 (0.78–1.6)

1.3 (0.78–2.2)

0 (8)

7 (47)

4 (35)

1 (11)

2 (9)

1 (16)

3 (21)

3 (18)

1 (24)

4 (6)

2 (25)

See results of a cohort
study with these deaths
by nasopharynx cancer
in Table 4.4

Table 4.4 Cohort studies on occupation and nasopharynx cancer

Reference, location	Cohort description	Exposure assessment	No of cases/deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Blair et al. [56], United States	26,561 workers first employed in 10 formaldehyde-producing or formaldehyde-using plants before 1996. Mortality follow-up (1980)	A job-exposure matrix was prepared for industrial hygienists considering each job-work area-calendar year combination.	SMR Cumulative formaldehyde exposure 0 ppm·year <0.5 ppm·year 0.51–5.5 ppm·year >5.5 ppm·year	1 2 2 2	530 271 256 433		Black women were excluded from analysis because of small numbers ($n=26$). All SMRs were not statistically significant
Malker et al. [125], Sweden	Cohort of men in occupational groups defined by employment in 1960; incidence follow-up (1961–1979)	Occupation and industries defined according to job title	3 3 5	SIR Occupation Glassmaker Bookbinders Shoemaker Industries Shoe repair Fiberboard plant	6.2 ($p < 0.05$) 6.1 ($p < 0.05$) 3.8 ($p < 0.05$) 4.0 ($p < 0.05$) 3.9 ($p < 0.05$)	Adjusted for age and region	Only statistically significant increases of SIR are reported for specific occupations and industries

(continued)

Table 4.4 (continued)

Reference, location	Cohort description	Exposure assessment	No of cases/deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Demers et al. [116], United Kingdom and United States	28,704 persons (26,506 men, 2,198 women) from five mortality cohort studies in wood-related industries (4 American and 1 British). These cohorts had different periods of entrance and also different follow-up periods.	The cohorts included in the pooled analysis differed in the amount and detail of data collected exposure. To analyze the risk of cancer associated with wood dust exposure, a special classification scheme was developed incorporating the exposure information available for each study.	9 7 2 4	SMR Woodworkers combined Furniture workers Plywood workers Wood dust exposure for all woodworkers Possible Probable Definite Calendar period of first employment for all woodworkers Prior to 1940 1940–1949 1950–1959 1960 or later Years since first employment for all woodworkers <10 years 10–19 years 20–29 years >30 years Wood dust exposure for furniture workers Possible Probable Definite Calendar period of first employment for furniture workers	2.4 (1.1–4.5) 2.9 (1.2–5.9) 4.6 (0.6–16.4) 2.9 (0.8–7.5) – 5.3 (1.7–12.4) 7.7 (1.6–22.5) 5.3 (1.7–12.3) – – 1.7 (0.0–9.3) – 1.6 (0.2–5.9) – 8.9 (3.6–18.3) 2.2 (0.3–7.8) – 7.3 (2.4–16.9)Z		

3	Prior to 1940	8.6 (1.8–25.1)
4	1940–1949	7.7 (2.1–19.7)
0	1950–1959	–
0	1960 or later	–
	Years since first employment for furniture workers	
0	<10 years	–
0	10–19 years	–
0	20–29 years	–
7	>30 years	10.8 (4.3–22.2)
	Wood dust exposure for plywood workers	
2	Possible	11.8 (1.4–42.5)
0	Probable	–
0	Definite	–
	Calendar period of first employment for plywood workers	
0	Prior to 1940	–
1	1940–1949	5.0 (0.1–27.9)
0	1950–1959	–
1	1960 or later	25.0 (0.6–99.9)
	Years since first employment for plywood workers	
0	<10 years	–
2	10–19 years	13.3 (1.6–48.2)
0	20–29 years	–
0	>30 years	–

(continued)

Table 4.4 (continued)

Reference, location	Cohort description	Exposure assessment	No of cases/deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Marsh et al. [59], United States	7,328 workers (6,859 men, 469 women) employed at a plastic-producing plant (1941–1984); mortality follow-up until 1998	Exposure estimation was based on an examination of the available sampling data and job descriptions and verbal descriptions of jobs and tasks	7 4 3 0 6 1 4	<i>SMR</i> Nasopharynx Short term (<1 year) Long term (1+ years) Year of hire 1941–1946 1947–1956 1957+ DOE (year) (all workers) <1 1–9 10+ TSFE (year) <20 20–29 30+ <i>Formaldehyde exposure</i> Unexposed Exposed Duration of exposure >0–<1 1–9	4.94 (1.99–10.19) 5.35 (1.46–13.71) 4.59 (0.95–13.42) – 8.13 (2.98–17.69) 2.63 (0.07–14.64) 5.33 (1.45–14.64) 2.62 (0.06–14.57) 7.49 (0.91–27.06) 5.01 (0.61–18.08) 8.72 (1.80–25.48) 3.04 (0.37–11.00) – 6.03 (2.42–12.42) 5.84 (1.59–14.94) 3.17 (0.08–17.68)		

2	10+		12.46 (1.51–45.02)
1	Cumulative exposure		
3	>0–<0.004	3.97	9.10–22.10)
3	0.004–0.129	5.89	(1.22–17.22)
3	0.22+	7.51	(1.55–21.93)
	AIE to formaldehyde (ppm)		
1	>0–<0.03	2.41	(0.06–13.44)
4	0.03–0.159	15.27	(4.16–39.10)
2	0.16+	4.13	(0.50–14.91)
	Formaldehyde >0.2 ppm		
2	Unexposed	3.01	(0.36–10.87)
5	Exposed	6.79	(2.21–15.85)
	Duration (year)		
2	>0–<1	4.81	(0.58–17.37)
1	1–9	4.04	(0.10–22.51)
2	10+	27.61	(3.34–99.73)
	Formaldehyde >0.7 ppm		
4	Unexposed	3.64	(0.99–9.31)
3	Exposed	9.98	(2.06–29.17)
	Duration (year)		
2	>0–<1	9.51	(1.15–34.37)
1	1+	11.07	(0.28–61.67)

(continued)

Table 4.4 (continued)

Reference, location	Cohort description	Exposure assessment	No of cases/deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
Hauptmann et al. [61], United States	Cohort of 25,619 workers (22,493 men, 3,126 women) employed in 10 US formaldehyde-producing or formaldehyde-using plants prior to 1966; mortality from solid cancer follow-up until the end of 1994	Exposure to formaldehyde (noneexposed and exposed) was estimated from job titles, tasks, visits to the plants, visits to the plant, discussion with workers and managers, by industrial hygienists, and defining average intensity, peak of exposure, cumulative exposure, and duration of exposure	2 8 0 1 6 2 0 0 0 7 2 3 1 3 2	SMR Nonexposed Exposed RR Intensity (ppm) 0 >0–<0.5 0.5–<1.0 >1.0 Peak (ppm) 0 >0–<2.0 2.0–<4.0 >4.0 Cumulative (ppm-year) 0 >0–<1.5 1.5 - ≤ 5.5 >5.5 Duration (years) 0 >0–<5 5–<15 >15	1.56 (0.39–6.23) 2.10 (1.05–4.21) 1.0 NA 0.38 1.67 1.0 NA NA NA 1.83 2.40 1.0 1.19 4.14 1.77 1.0 0.83 4.18	RR adjusted for calendar year, age, gender, race (black/white), and pay category (salary/wage)	None of RR were statistically nonsignificant

Li et al. [119], China	Cohort of 267,400 women in 526 factories in the Shanghai Textile Industry Bureau; all currently working and risk factors in retired employees, textile industry who were born in 1925–1958 were eligible to participate; incidence follow-up (1989–1998)	Job categories; a job-exposure matrix was used for estimate exposure to several potential risk factors in	<i>HR</i>	
			Job categories	Cotton handling, processing, and spinning
		<10 years	1.9 (0.7–5.3)	
		>10 years	1.3 (0.6–2.4)	
		Mixed fiber handling, processing, and spinning process		
		<10 years	0.8 (0.2–3.6)	
		>10 years	1.0 (0.4–2.3)	
		Dyeing		
		<10 years	1.8 (0.2–14.1)	
		>10 years	3.6 (1.0–12.1)	
		Finishing		
		<10 years	2.6 (0.3–21.3)	
		>10 years	1.6 (0.2–12.5)	
		Weaving		
		<10 years	0.7 (0.3–2.1)	
		>10 years	0.6 (0.3–1.2)	
		Printing		
		<10 years	9.2 (1.7–48.9)	
		>10 years	2.0 (0.3–16.3)	
		Cutting/sewing		
		<10 years	0.9 (0.2–3.9)	
		>10 years	1.3 (0.6–3.2)	
		Warehouse, packing, and quality control		
		<10 years	0.7 (0.2–2.1)	
		>10 years	0.6 (0.3–1.6)	
		<i>Occupational exposures</i>		
		Cotton dust		
		<1 year	1.0	
		>1 year	1.8 (1.1–3.2)	
		Wood dust		
		<1 year	1.0	
		>1 year	0.6 (0.3–1.5)	
		Skill dust		
		<1 year	1.0	
		>1 year	0.9 (0.3–3.0)	
		Synthetic fiber dust		
		<1 year	1.0	
		>1 year	0.9 (0.5–1.5)	
		Non-textile dust		
		<1 year	1.0	
		>1 year	0.5 (0.2–1.2)	

(continued)

Table 4.4 (continued)

Reference, location	Cohort description	Exposure assessment	No of cases/deaths	Exposure categories	SIR, SMR, IRR, or RR (95 % CI)	Adjustment for potential confounders	Comments
		Solvents					
		<1 year			1.0		
		>1 year			1.3 (0.7–2.5)		
		Bleaching agents					
		<1 year			1.0		
		>1 year			2.4 (0.7–8.2)		
		Acids, bases, and caustics					
		<1 year			1.0		
		>1 year			1.8 (0.9–3.6)		
		Dyes					
		<1 year			1.0		
		>1 year			2.1 (0.8–5.5)		
		Inks					
		<1 year			1.0		
		>1 year			5.0 (1.6–15.4)		
		Pesticides					
		<1 year			1.0		
		>1 year			1.9 (0.4–8.1)		
		Endotoxin					
		<1 year			1.0		
		>1 year			1.6 (0.9–2.6)		
Marsh et al. [107], United States	7,345 workers employed at a plastic-producing plant (1941–1984); mortality follow-up until 2003; vital status was obtained for 98 % and cause of death for 95 %	Exposure assessment obtained by work histories	7	SMR (United States) 4.34 (1.74–8.94) SMR (local county) 4.43 (1.78–9.13)		See results of a nested case-control study with these deaths by nasopharynx cancer in Table 4.3	

SIR standardized incidence ratio, SMR standardized mortality ratio, IRR incidence rate ratio, RR relative risk

In 1983, Armstrong et al. [110] reported increased risk of nasopharynx squamous cell carcinoma in Malaysian Chinese ever exposed to wood dust (RR of 2.2, $p=0.08$). Another case-control study in the same population [111] found RR of 2.36 (95 % CI 1.33–4.19) for those exposed once to wood dust and RR of 1.24 (95 % CI 1.07–1.44) for those exposed to a tenfold increased exposure. Almost all other case-control studies that investigated the association between wood-related occupations and nasopharyngeal cancer have found increased risks [22, 79, 112, 113]. However, Vaughan et al. [114] did not find any evidence that exposure to wood dust increased the risk of nasopharyngeal carcinoma, as the modest crude association disappeared after controlling for potential exposure to formaldehyde. Also Siew et al. [115] in a large cohort of Finnish men born from 1906 to 1945 did not find any indication that wood dust and formaldehyde would increase the risk of nasopharyngeal cancer.

In a pooled reanalysis of four American cohorts and one British cohort of wood-related industries [116], excess risks of nasopharynx cancer were found for all combined wood-workers (SMR 2.4, 95 % CI 1.1–4.5), furniture workers (SMR 2.9 95 % CI 1.2–5.9), and plywood workers (SMR 4.6, 95 % CI 0.6–16.4). Mortality risk from nasopharynx cancer was higher in those employed in wood industry prior to 1940 (RR 7.7, 95 % CI 1.6–22.5), but this was restricted to workers from the British cohort as entry into the American cohorts only began in 1946. Increased risks were identified in workers definitively exposed to wood dust from any wood-work (RR 5.3, 95 % CI 1.7–12.4), for furniture workers definitively exposed to wood dust (RR 7.3, 95 % CI 2.4–16.9), and for plywood workers possibly exposed to wood dust (RR 11.8, 95 % CI 1.4–42.5).

The IARC has considered there is sufficient evidence that human exposure to wood dust is carcinogenic to the nasopharynx [109]. This was reaffirmed in a recent revision [77].

Cotton Dust and Textile Work

Several groups of chemicals are found in the textile manufacturing industry; these include flame retardants, textile dyes, solvents, preservatives, and textile prints. Some could be carcinogenic. Also some studies have suggested that cotton dust is a possible carcinogen for the nasopharynx.

In the United States, Roush et al. [117] found a deficit risk for nasopharynx cancer in textile work. In China, Yu et al. [118] also observed decreased risks for those ever exposed to cotton dust at any exposure duration. However, in Malaysia, Armstrong et al. [111] detected RR of 1.77 (95 % CI 0.76–4.11) for those ever exposed to cotton dust and RR of 1.16 (95 % CI 0.94–1.42) for those with a tenfold exposure to cotton dust. Li et al. [119] conducted a case-cohort study in Shanghai and detected increased risks of nasopharyngeal cancer for those exposed to cotton dust: RR of 2.7 (95 % CI 1.2–5.7) for less than 10 years and RR of 1.6 (95 % CI 0.9–

2.9) for 10 years or more. An RR of 3.6 (95 % CI 1.8–7.2) was found for those with the highest cumulative exposure to cotton dust category ($>143.4 \text{ mg/m}^3 \times \text{years}$). The same study has also found increased risks of nasopharynx cancer for those in the textile industry exposed to acids, bases and caustics, dyes, and inks.

The IARC classifies cotton dust and working in textile industry as possibly carcinogenic to humans (Group 2B) [120]. Results from case-control studies conducted during the last decade of the twentieth century were more incisive on the relationship between cotton dust exposure and nasopharyngeal cancer. Also workers in textile industry have a possible increased risk of nasopharyngeal cancer. Nevertheless, no definite conclusion could be taken at this point on this relationship.

Other Occupations

Evidence linking nasopharynx cancer to other occupational risk factors is less definitive, as the number of studies is limited and results are conflicting. Henderson et al. [121] in a case-control study found increased risks of nasopharynx cancer for fumes, smoke, and chemicals, but not for dusts. Yu et al. [118] found increased risks for smoke and chemical fumes, but not for dusts. Armstrong et al. [111] did not find risks for exposure to chemicals, fumes, or dusts.

Chlorophenols are classified by IARC as possibly carcinogenic to humans – Group 2B [122]. A series of case-control studies have found relationships between exposure to chlorophenols and nasopharynx cancer. Hardell et al. [123] found about a sevenfold risk of nasopharyngeal and nasal cancer analyzed together for exposure to chlorophenols in the wood industry. Mirabelli et al. [124] also found high risks for those classified as ever exposed to high levels of chlorophenols (RR 2.64, 95 % CI 1.10–5.78) and even higher risks for those exposed for less than 10 years (RR 3.52, 95 % CI 1.07–9.73) or 10 years or more (RR 9.07, 95 % CI 1.41–42.9). Zhu et al. [23] found increased risks of nasopharyngeal squamous cell carcinoma in people exposed to chlorophenol (RR 2.2, 95 % CI 1.1–4.3).

Two case-control studies have examined the effect of industrial heat on nasopharynx cancer. Henderson et al. [121] found increased risks, around 1.5, but these were not statistically significant. Armstrong et al. [111] also found increased risks of nasopharynx cancer for heat exposure of RR of 1.23 ($p=0.021$), after adjustment for wood dust, diet, and cigarette smoke. Increased risks of nasopharynx cancer were also found for exposure to combustion products in a case-control study in China [118] with RR of 2.7 ($p<0.05$) for those with occasional exposure and RR of 10.1 ($p<0.05$) for those exposed for 10 years or more. The limited number of studies does not permit definitive conclusions to be made on the effect of industrial heat on nasopharynx cancer.

A case-control study in Taiwan [22] explored the effect of organic solvents on nasopharynx cancer, but risks were low and imprecise, and no dose-response effect was detected.

Zhu et al. [23] found increased risk for all histological types of nasopharyngeal cancer in people working with or around cutting oil (RR 1.9, 95 % CI 1.1–3.1); and increased risk of squamous cell carcinoma was found for occupational exposure to chromium compounds or alloys (RR 2.6, 95 % CI 1.1–6.1). Malker et al. [125] in a cohort study in Sweden found increased SIRs for glassmakers, bookbinders, and cobblers and in shoe repair and fiberboard industries.

Further studies are needed for all these occupational factors in order to have a clearer definition of their carcinogenic role on the nasopharynx.

Conclusion

The efforts to decrease major occupational risk factors for oral, pharyngeal, and nasopharyngeal cancers depend on the knowledge of potential carcinogen agents present in a particular occupation in different industry settings and the effective surveillance and prevention of workers' exposure to these agents. Table 4.5 shows the carcinogenicity evidence strength of some agents, occupations, or industries on oral cavity, pharyngeal, and nasopharyngeal anatomical sites.

Asbestos, diesel engine exhaust, leather and wood dust, man-made mineral fibers, and welding fumes have a possible association with oral and pharyngeal cancers. Waiters, cooks, and bartenders have a high risk of oral and

pharyngeal cancers; however, the prevalence of tobacco smoking and alcohol consumption is higher among these workers than those in other occupations, and this fact could be the straightest explanation for the risk observed. Butchers, vehicle repair mechanics, welders, and wood-workers have showed evidences of possible increased risk of oral and pharyngeal cancers. Regarding the type of industry, jobs in the leather industry, man-made mineral fiber manufacturing, meat industry, vehicle repair service, and wood industry have also presented a possible impact on oral and pharyngeal cancer incidence.

There are convincing documentation on the causal relationship of exposure to chlorophenols, formaldehyde, and wood dust with nasopharyngeal cancer, as well as among woodworkers and in garment manufacturing. The carcinogenicity evidences of cotton dust and heat in the workplace to the nasopharynx are limited.

Additional studies are necessary to confirm the association of many suspicious agents, occupations, and industries with oral cavity, pharyngeal, and nasopharyngeal cancers. Nevertheless, the knowledge accumulated so far enables prevention and safety at work. That can be triggered in the context of surveillance programs, particularly considering exposure to chlorophenols, formaldehyde, and wood dust. For example, a well-oriented control of exposure to dust in the wood industry would prevent not only many cases of nasopharyngeal and sinonasal cancers but also probably some cases of pharyngeal, laryngeal, and lung tumors.

Table 4.5 Strength of evidence (low, possible, high) of association of exposure to some agents, occupations or industries, and oral cavity, pharynx, and nasopharynx cancers

Agent	Evidence	Occupation	Evidence	Industry	Evidence
<i>Oral and pharynx cancers</i>					
Asbestos	Possible	Butcher	Possible	Garment manufacture	Low
Diesel engine exhaust	Possible	Textile worker	Low	Leather industry	Possible
Dust		Vehicle repair mechanic	Possible	Man-made mineral fiber factory	Possible
Cotton	Low	Waiters and cooks	High	Meat industry	Possible
Leather	Possible	Welder and cutter	Possible	Textile industry	Low
Wood	Possible	Woodworker	Possible	Vehicle repair service	Possible
Formaldehyde	Low			Wood industry	Possible
Man-made mineral fibers	Possible				
Welding fumes	Possible				
<i>Nasopharynx cancer</i>					
Chlorophenols	High	Textile worker	Possible	Garment manufacture	High
Formaldehyde	High	Woodworker	High	Textile industry	Possible
Dust				Wood industry	High
Cotton	Possible				
Wood	High				
Industrial heat	Possible				

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