Chapter 3 Physiology of the Medial and Lateral Olivocochlear Systems

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3.1 Introduction

In this chapter we deal with the ways in which the two olivocochlear (OC) efferent systems, the medial (MOC) and lateral (LOC) systems, change the operation of the cochlea and how these changes may benefit hearing. To understand these changes, it is necessary to understand OC anatomy. OC anatomy is dealt with extensively in Brown (Chap. 2). Here we present the anatomy necessary for understanding OC physiology and function.

An important anatomical difference between MOC and LOC fibers is that MOC fibers are myelinated and can be recorded from and electrically stimulated, whereas LOC fibers are unmyelinated and have not been recorded from or directly stimulated. In addition, MOC fibers can be readily excited by acoustic stimulation, but it is not well established whether LOC fibers are acoustically excited, or not. The result is that we know a lot about the MOC system and very little about the LOC system.

Our focus is on OC function at the systems level of cochlear operation, covering important topics studied primarily since 1996. For a more elaborated review of older work, see the Guinan [\(1996](#page-37-0)) SHAR chapter. Sewell (Chap. 4) and Katz et al. (Chap. 5) present more detailed aspects of OC pharmacology, neurochemistry and the mechanisms of cholinergic inhibition. We will present enough of these topics for the reader to understand the material of this chapter.

The most important features of OC anatomy are shown in Fig. [3.1](#page-1-0) (Smith [1961;](#page-41-0) Kimura and Wersäll [1962;](#page-38-0) Warr and Guinan [1979;](#page-42-0) Liberman [1980](#page-38-1)). Medial olivocochlear (MOC) fibers synapse on outer hair cells (OHCs), whereas lateral olivocochlear

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Fig. 3.1 Afferent and efferent innervation of the cochlea. A schematic of the organ of Corti showing (1) radial, type I, afferent auditory-nerve (AN) fibers that innervate inner hair cells (IHCs), (2) lateral olivocochlear (LOC) efferent fibers that synapse on these radial afferent fibers, (3) medial olivocochlear (MOC) efferent innervation of outer hair cells (OHCs), and (4) spiral (spiraling not shown), type II afferent AN fibers that form reciprocal synapses on OHCs and receive synapses from MOC fibers. Omitted are synapses between LOC and MOC efferents in the tunnel of Corti, and MOC synapses onto supporting cells

Fig. 3.2 MOC acoustic-reflex pathways to the right (ipsilateral) cochlea. Schematic transverse brain stem section and cochlear cross sections showing the three-neuron contralateral and ipsilateral MOC acoustic reflexes: (1) Auditory nerve (VIIIth nerve) fibers (*solid lines*) to the cochlear nucleus (CN), (2) CN relay neurons with their crossed projections (*dashed lines*) to MOC cell bodies, and (3) MOC neuron axons to the cochlea (*solid lines*). Also shown are descending inputs to MOC cells (*dotted lines*)

(LOC) fibers synapse on the dendrites of the type I afferent fibers, the fibers that make up the bulk of the auditory nerve (AN). Type II afferents send unmyelinated fibers to the brain and have much thicker processes that innervate OHCs with reciprocal synapses (i.e., the synapses go in both directions) (Thiers et al. [2002,](#page-41-1) [2008\)](#page-41-2). These type II fibers spiral along the cochlea and receive innervation from MOC fibers at several places along their route (only one is shown in Fig. [3.1\)](#page-1-0). The type II afferents may provide an additional way for MOC fibers to affect OHCs.

The main brain stem pathways of the MOC acoustic reflexes are shown in Fig. [3.2](#page-1-1) (Guinan et al. [1983;](#page-37-1) Thompson and Thompson [1991;](#page-41-3) de Venecia et al. [2005](#page-35-0)). Inner hair cells (IHCs) sense cochlear mechanical movements and excite AN fibers. The AN fibers innervate neurons in the cochlear nucleus (CN). Reflex interneurons in the posteroventral cochlear nucleus send axons across the midline to innervate MOC neurons. These MOC neurons then send crossed or uncrossed axons that innervate OHCs. Note that the reflex signal crosses in the axons of the CN interneurons so that the contralateral MOC reflex (the MOC elicitor sound is contralateral to the side of the measurement) is mediated by the uncrossed MOC axons. Similarly, the ipsilateral reflex is mediated by the crossed MOC axons (it is a double-crossed reflex).

In most laboratory animals there are twice as many crossed as uncrossed MOC fibers (review: Warr [1992](#page-41-4)) which is consistent with the ipsilateral reflex being twice as strong as the contralateral reflex (see later). In the squirrel monkey, there are 1.5 times as many crossed as uncrossed MOC fibers. In humans the ratio is unknown. Anatomical data indicate that the LOC projection to the cochlea is tonotopic but anatomical data are inconclusive for the MOC reflex (Guinan et al. [1984;](#page-37-2) Robertson et al. [1987](#page-40-0)). However, single-fiber labeling, which combines anatomical and physiological data, shows that the MOC reflex projection to the cochlea is also tonotopic.

3.2 MOC Effects in the Cochlea: Overview

MOC activation produces effects in the cochlea on two time scales, fast (-100 ms) and slow (10s of seconds) (Sridhar et al. [1995](#page-41-5); Cooper and Guinan [2003](#page-35-1)). The most common MOC effects are fast effects. Classic fast effects are due to turning down the gain of the cochlear amplifier, and this has different consequences depending on whether there is a background noise, or not. These classic fast effects are reviewed in Sects. [3.3](#page-4-0) and [3.4.](#page-9-0) There are several MOC effects that are not due simply to turning down the gain of a cochlear amplified traveling wave. These effects appear to involve other vibrational motions of the organ of Corti in addition to motion that strictly follows basilar membrane (BM) motion. These are termed nonclassic MOC effects and are reviewed in Sect. [3.5.](#page-11-0) The MOC slow effect is reviewed in Sect. [3.6.](#page-15-0) The focus then changes, and Sects. [3.7](#page-16-0) and [3.8](#page-19-0) review MOC fiber responses to sound and MOC acoustic reflexes, followed in Sect. [3.9](#page-28-0) by a discussion of MOC function in hearing. LOC physiology is reviewed in Sect. [3.10](#page-31-0). This is short because we know little about LOC physiology. Finally, Sect. [3.11](#page-33-0) summarizes the highlights of OC efferent physiology and makes suggestions for future research directions. But first, the next part of the present section provides some background and reviews two minor fast MOC electrical effects, an increase in cochlear microphonic (CM) and a decrease in endocochlear potential (EP).

3.2.1 MOC Activation Increases CM

The electrical effects produced by MOC efferents originate in the MOC synapses on OHCs. The neurochemistry and cellular physiology of these synapses are reviewed in detail in Sewell (Chap. 4) and Katz et al. (Chap. 5). Briefly stated, acetylcholine (ACh) released by the MOC presynaptic terminal acts on an unusual kind of ACh receptor that has a high calcium conductance (Elgoyhen et al. [1994,](#page-36-0) [2001\)](#page-36-1). Activation of the ACh-receptors allows calcium (Ca^{2+}) ions to flow into the OHC and these Ca^{2+} ions turn on nearby Ca^{2+} -activated potassium (K^+) channels (Housley and Ashmore [1991;](#page-37-3) Fuchs [1996\)](#page-36-2). The resulting outflow of K^+ ions overwhelms the smaller inflow of Ca^{2+} so that the net effect is a hyperpolarization of the OHC.

MOC stimulation *increases* CM (Fex [1959\)](#page-36-3). This effect is produced primarily by the increase in OHC basolateral conductance brought about by the opening of both the K+ and the ACh channels. This increase in OHC synaptic conductance increases the receptor current through OHC stereocilia by increasing the conductance of the current return path. The receptor current is also increased slightly by the OHC hyperpolarization which slightly increases the voltage that drives current through the OHC stereocilia (this voltage is the difference between the \sim +100 mV EP and the ~−60 mV OHC intracellular potential). The OHC receptor current flowing through the resistance of the surrounding tissue produces the CM voltage, and the MOC-induced increase in the receptor current increases this CM. Although MOC activation reduces basilar-membrane (BM) motion and the resulting receptor currents near the best-frequency place of a tone, this region contributes little to the externally measured CM because the phase of BM motion, and the resulting current flow, changes by more than 360° across this region and mostly cancels out when measured at a distant electrode. A distant electrode records primarily CM from the in-phase current sources basal to the peak of the traveling wave. Since there is no cochlear amplification in this region to be decreased, the MOC effect in this region is to increase the receptor current resulting in an increased CM seen from a distant electrode.

3.2.2 MOC Activation Decreases EP and Has Other Related Effects

The MOC-induced increase in OHC receptor current produces a small (a few millivolts) decrease in EP (Fex [1959;](#page-36-3) Gifford and Guinan [1987\)](#page-36-4). The EP source in stria vascularis, like any battery, has an associated resistance, and the reduction in EP is due to a voltage drop in this resistance produced by the receptor current. The MOC-induced increase in receptor current increases the voltage drop resulting in a decreased EP.

The decrease in EP produces several other effects. A large part of the driving voltage at both IHC and OHC stereocilia comes from EP. In the OHCs, the MOC reduction in EP contributes to the reduction in cochlear amplification. In the IHC, the MOC reduction in EP produces a reduction in IHC receptor potentials and reduces AN responses. This may account for part of the MOC-induced reduction of AN responses at high sound levels where there is little cochlear amplification (Guinan and Stankovic [1996](#page-37-4)). The MOC reduction in EP also lowers the resting IHC potential and thereby reduces AN spontaneous activity (Guinan and Gifford [1988b\)](#page-37-5). More detail and a circuit diagram illustrating these concepts are given in the Guinan [\(1996](#page-37-0)) SHAR chapter.

3.3 Classic MOC Fast Effects in a Silent Background

Before we consider MOC effects on cochlear amplification we must understand the basics of cochlear amplification. "Cochlear amplification" is the name given to the process by which OHCs increase the amplitude of BM responses to sound. Cochlear amplification comes about by a process in which BM motion bends OHC stereocilia thereby causing OHC motion that feeds energy back into BM motion. The gain of cochlear amplification comes from the interplay of all parts of this cycle, but two aspects are particularly important and reasonably well understood. The gain of forward transduction (stereocilia motion to receptor current) is set by the *slope* of the OHC-receptor-current vs. stereocilia-angle curve and is reduced during two-tone suppression (e.g., Geisler et al. [1990;](#page-36-5) Geisler [1992\)](#page-36-6). The gain of backward transduction (OHC voltage to OHC motion) is set by the characteristics of the protein prestin, which produces OHC somatic motility by voltage-controlled changes in molecular conformation that cause OHC elongation and contraction (Santos-Sacchi [1991;](#page-40-1) Dallos et al. [2008\)](#page-35-2). The least well understood part of cochlear amplification is the micromechanical motions involved, both the coupling of BM motion to the bending of OHC stereocilia (including tilting of the reticular lamina – Nowotny and Gummer (2006), and possible traveling waves in the tectorial membrane – Ghaffari et al. [\(2007\)](#page-36-7), and the coupling of OHC elongation back into BM motion (see Cooper and Kemp [2009](#page-35-3)). Another poorly understood area is how fluctuations in OHC receptor current produce an adequate change in OHC voltage at frequencies far above the OHC membrane low-pass frequency of \sim 1 kHz (see Lu et al. [2006](#page-39-0) for one answer). Also poorly understood is the role of OHC stereocilia motility in mammalian cochlear amplification; its lack of a clear role is surprising considering that it is the main source of cochlear amplification in non-mammalian vertebrates (Hudspeth [2008](#page-37-6)).

Cochlear amplifier gain is changed during the MOC fast effect by two mechanisms: shunting and hyperpolarization. First, the MOC-induced increase in OHC synaptic conductance shunts the OHC receptor current thereby producing smaller changes in OHC voltage. The effect of OHC shunting should be less at frequencies above the OHC membrane low-pass frequency where the OHC capacitance dominates the OHC impedance (Guinan [1997\)](#page-37-7). Second, the MOC-induced hyperpolarization of OHCs moves the operating point of reverse transduction away from its optimum point which reduces the OHC motion produced by a given OHC voltage change (Santos-Sacchi [1991](#page-40-1)). This effect should be independent of sound frequency. Finally, MOC fibers also synapse on type II afferent fibers and may indirectly exert effects on OHCs and cochlear amplification through the type II reciprocal synapses on OHCs (see Fig. [3.1](#page-1-0)).

3.3.1 Classic MOC Fast Effects on Basilar-Membrane Motion

MOC activation turns down the gain of cochlear amplification, and since amplification is greatest at low sound levels and at the best frequency, MOC activation has the largest effect at low sound levels and at the best frequency. In BM level functions, MOC activation shifts the response curve to higher levels and this shift is largest at low sound levels (Fig. [3.3a\)](#page-6-0) (Murugasu and Russell [1996;](#page-39-1) Dolan et al. [1997](#page-35-4); Cooper and Guinan [2003,](#page-35-1) [2006](#page-35-5)[a;](#page-35-6) but see Russell and Murugasu [1997](#page-40-2) with Ren and Nuttall [2001\)](#page-40-3). Since MOC activity turns down the gain, to get the same BM response the sound level must be turned up. The shift to higher sound levels (called the "level shift") is a measure of how much cochlear amplification has been reduced. The level shift is greatest at the tip of the BM tuning curve (TC) and is near zero at much lower frequencies (Fig. [3.3b\)](#page-6-0). This is consistent with the pattern of cochlear amplification deduced from measurements of BM motion in sensitive vs. damaged preparations (Robles and Ruggero [2001\)](#page-40-4). Since MOC stimulation produces larger shifts near the best frequency (BF) than at the edges of the TC tip, the TC width is increased by MOC stimulation (Fig. [3.3b](#page-6-0)) (Murugasu and Russell [1996](#page-39-1); Cooper and Guinan [2006a](#page-35-5)). MOC stimulation also produce phase leads in BM motion in the low-level tip portion of the response (Guinan and Cooper [2003\)](#page-37-8).

MOC effects on BM responses to clicks follow what would be expected from the MOC effects on BM responses to tones (Guinan and Cooper [2008\)](#page-37-9). MOC inhibition, as a percentage of the response, is strongest at low click levels and becomes very small at high click levels (Fig. [3.4a\)](#page-7-0). There is no MOC inhibition on the first half cycle of the BM response at any level, consistent with this initial response being passive. After the first half cycle, inhibition builds up gradually, and ultimately increases the decay rate of the BM click response. BM click responses in sensitive preparations show prominent waxing and waning, presumably from the interaction of two resonances (Recio et al. [1998;](#page-40-5) Guinan and Cooper [2008](#page-37-9)). MOC stimulation had little effect on the waxing and waning of the responses or response instantaneous frequency. MOC stimulation also produced small phase leads in the response waveforms.

3.3.2 Classic MOC Fast Effects on Otoacoustic Emissions

Otoacoustic emissions (OAEs) are sounds that originate from within the cochlea and travel backward through the middle ear into the ear canal. They are useful because they can be measured noninvasively and provide a window into the mechanical response of the cochlea. They have been most valuable when used in humans, and here they are paired with noninvasive eliciting of MOC activity by sound. Most of the new things learned using OAEs will be considered in Sect. [3.8.2](#page-21-0) (the MOC acoustic reflexes). The present section considers how well MOC effects on OAEs fit with what has been learned from more direct measurement techniques, and how well the various OAE types serve as metrics for MOC effects.

For a detailed presentation of the three types of evoked OAEs: transient evoked, stimulus frequency, and distortion product (TEOAEs, SFOAEs, and DPOAEs), see Shera and Guinan ([2007\)](#page-40-6). At the sound levels usually used, TEOAEs and SFOAEs are due to coherent reflection, whereas DPOAEs are a combination of components

Fig. 3.3 Fast MOC effects on basilar membrane (BM) motion and auditory nerve (AN) firing. *Left*: BM motion (**a**) and AN firing rate (**c**, **e**) vs. sound level. *Right*: Tuning curves for BM motion (**b**) and AN firing (**d**, **f**) vs. tone frequency. *Thin* and *thick lines* are with and without MOC activity elicited by brain stem shocks. ((**a**, **b**) Adapted with permission from Cooper and Guinan [2006a](#page-35-5), (**c**, **e**) Adapted with permission from Guinan and Stankovic [1996](#page-37-4), (**d**) Adapted with permission from Guinan and Gifford [1988c](#page-37-10), and (**f**) from unpublished data of Guinan and Gifford)

from a distortion source and a coherent reflection source¹ (Shera and Guinan [1999,](#page-40-7) [2007\)](#page-40-6). The two DPOAE sources have different phase properties and they interfere in the ear canal, that is, they can be in-phase and add, or out-of-phase and cancel.

The principal on which OAE measurements of MOC effects are based is that OAEs get most of their energy from cochlear amplification and MOC activity turns down the gain of the cochlear amplifier thereby lowering OAE amplitudes. MOC effects are obtained by first measuring the OAE without MOC activation and then with MOC activation; the difference is the MOC effect. MOC effects on OAEs are

¹In small animals such as guinea pigs, coherent reflection emissions are relatively weak (Zurek [1985\)](#page-42-1) with the result that DPOAEs are primarily from the distortion component (see Fahey et al. [2008](#page-36-8)).

Fig. 3.4 MOC effects on BM motion (**a**) and AN firing (**b**) in response to clicks. (**b**) Compound histograms with the recovered-probability post-stimulus-time histogram from rarefaction plotted upwards and from condensation plotted downward. *Black solid line*=clicks alone; *red dashed line*=clicks plus MOC shocks (adapted with permission from Guinan et al. 2006)

usually expressed in a normalized form as the decibel change from the original OAE amplitude. This dB change is more closely related to the decibel change in cochlear amplification than the absolute value of the change which varies with the OAE amplitude as well as with changes in cochlear amplification. An even better measure is the MOC-induced level shift. The relationship between MOC-induced changes in OAEs and in cochlear output (i.e., in AN responses), is unknown. In a study using DPOAEs, the relationship varied widely from nearly equal changes to much smaller OAE changes than N_1 changes (Puria et al. [1996](#page-40-8)).

Since TEOAEs and SFOAEs originate from a single mechanism, linear coherent reflection, they show a simple pattern of MOC effects. The MOC effect on these emissions is almost always a reduction of their amplitude (e.g., Guinan [1990;](#page-36-9) Collet et al. [1990](#page-35-7); Veuillet et al. [1991,](#page-41-6) [1996;](#page-41-7) Ryan and Kemp [1996](#page-40-9); Guinan et al. [2003;](#page-37-11) Backus and Guinan [2006\)](#page-34-0). In contrast, since the two DPOAE sources interfere, the MOC effect on DPOAEs is very complex and can even be an increased DPOAE (Siegel and Kim [1982](#page-41-8); Moulin et al. [1993](#page-39-2); Muller et al. [2005](#page-39-3); Wagner et al. [2007](#page-41-9)). If the two DPOAE components normally cancel, and MOC stimulation inhibits one component more than the other, this inhibition reduces the cancelation and increases the DPOAE. Thus, the relative phases of the two DPOAE components greatly influences the DPOAE change measured. Since this phase relationship is unrelated to the MOC effect but strongly influences the result, the MOC change in DPOAE amplitude is not an accurate way of measuring MOC effects. Measuring MOC effects at response dips makes the value obtained larger, but, in humans, the result depends on the phase relationship more than on MOC strength.

A different kind of OAE paradigm is "DPOAE adaptation" which uses the DPOAE time course to measure the MOC effect (Liberman et al. [1996\)](#page-38-2). The DPOAE primary tones are turned on abruptly and evoke MOC activity that builds up with a time constant of \sim 100 ms. The difference between the DPOAE just after the onset (which is not yet affected by MOC activity) and the DPOAE after a few hundred ms (which is affected by the MOC activity elicited by the primary tones) provides a metric of the MOC effect. This method measures effects of the ipsilateral MOC reflex, which is an advantage. A disadvantage is that the primary tones also produce a slower DPOAE change (time constant \sim 1 s) that remains after all efferents are cut and therefore is due to effects intrinsic to the cochlea (these intrinsic effects might be due to a build up of potassium around the OHC or an effect of the afferent type II neural network). The DPOAE adaptation technique has been applied in humans (e.g., Kim et al. [2001;](#page-38-3) Bassim et al. [2003;](#page-34-1) Muller et al. [2005](#page-39-3)) but, in humans, the results cannot be reliably interpreted because efferents cannot be cut and MOC effects cannot be separated from cochlear intrinsic effects.

In summary, MOC effects on TEOAEs and SFOAEs can be interpreted in a straightforward manner, but DPOAE measurements are complex because they originate from two separate cochlear mechanisms and places. DPOAE measurements of MOC effects can be made more accurate by separating the DPOAE into its two source components (e.g., Thompson et al. [2009;](#page-41-10) Abdala et al. [2009\)](#page-34-2). Overall, OAEs provide imperfect measures of MOC effects on cochlear mechanical changes, but have the great advantage of being noninvasive.

3.3.3 Classic MOC Fast Effects on IHC and AN Responses

MOC effects were first observed on AN compound action potential (CAP) responses (N_1) to clicks. In N_1 responses evoked by clicks or tone-pips in a silent background, there are MOC level shifts as large as 20–30 dB at low sound levels (Galambos [1956](#page-36-10); Desmedt [1962;](#page-35-8) Wiederhold and Peake [1966;](#page-42-2) Gifford and Guinan [1987\)](#page-36-4). These N_1 level shifts decrease to near zero at high sound levels, consistent with the MOC effect being to turn down the gain of the cochlear amplifier.

The dependence of MOC inhibition on MOC firing rate has been determined from MOC effects on AN N_1 responses. The greatest inhibition of N_1 is produced by shock rates of 200–400/s with little change in inhibition across this range. Inhibition diminishes rapidly as shock rates are lowered below 200/s, for example, at 60 /s shocks the inhibition is about $\frac{1}{4}$ of the maximum value (Gifford and Guinan [1987\)](#page-36-4). Existing data suggest that all MOC effects have a similar dependence on shock rate (Desmedt [1962](#page-35-8); Konishi and Slepian [1971;](#page-38-4) Gifford and Guinan [1987;](#page-36-4) Rajan [1988\)](#page-40-10). MOC fibers follow MOC shocks one-for-one for shock rates up to rates of 200/s, but not at 400/s (McCue and Guinan, unpublished). Thus, the effects shown by shocks at rates of 200/s, or less, indicate the effects that would be produced by sound-evoked MOC activity at the same rate. The effects produced by trains with different numbers shocks indicate that the MOC synapse shows strong, time-dependent facilitation, and that this facilitation is the origin of the dependence of MOC effects on shock rate (Cooper and Guinan [2006b](#page-35-6)).

For low-level sounds, MOC stimulation shifts sound level functions of IHC receptor potential and AN-fiber firing rate toward higher sound levels (Fig. [3.3c](#page-6-0)) and this shift is greatest for tones at the characteristic frequency (CF) (Fig. [3.3d\)](#page-6-0), similar to the MOC effect on BM motion (Wiederhold [1970](#page-42-3); Teas et al. [1972;](#page-41-11) Guinan and Gifford [1988a;](#page-37-12) Guinan and Stankovic [1996](#page-37-4)). The pattern of MOCinduced AN rate shifts across fiber CFs closely matches the pattern of MOC innervation of OHCs along the cochlea (Guinan and Gifford [1988c;](#page-37-10) Liberman et al. [1990;](#page-38-5) Maison et al. [2003\)](#page-39-4). The characteristics of these cochlear responses to low level sound are readily explained by the classic MOC effect of turning down the gain of the cochlear amplifier.

MOC inhibition makes TCs wider for fibers with CFs >3 kHz and for most fibers with lower CFs. Again, this is what is expected from the pattern of cochlear amplification relative to CF and efferents turning down the gain of the cochlear amplifier by a fixed ratio at each frequency. However, in some low CF fibers, MOC stimulation narrows the TC (e.g., Fig. [3.3f\)](#page-6-0); this is not a classic MOC effect and will be dealt with in Sect. [3.5.](#page-11-0)

3.4 Classic MOC Fast Effects in a Noisy Background

In the presence of a low-level background noise, MOC stimulation can increase the neural response to a brief sound (Winslow and Sachs [1987](#page-42-4); Kawase et al. [1993\)](#page-38-6). The mechanisms for this are illustrated in Fig. [3.5](#page-10-0). The top panels show the MOC inhibition of AN fiber responses to short tone bursts at CF without a background noise, which is a shift of the rate-vs.-level function to higher levels. The bottom panels show responses to the same stimuli with an added background noise. The AN response with a background noise but no MOC activation (dashed line in Fig. [3.5c\)](#page-10-0) shows an increased firing rate at very low tone-burst levels from excitation by the background noise. Because the noise is continuous, the increased AN firing is continuous. This continuous firing causes AN fiber adaptation, principally by using up vesicles at the IHC-AN synapse. The resulting vesicle depletion has the effect of lowering the AN rate to high-level tone bursts because there are fewer vesicles to release. The result of both effects is to reduce the dynamic range of the AN output, that is, the noise partially masks the response to the tone. MOC stimulation reduces cochlear amplifier gain, which reduces the response to the low-level background noise (Fig. [3.5d,](#page-10-0) bottom left). The noise then causes less adaptation so high-level tones can evoke higher firing rates. The net effect is to partially restore the output dynamic range of the auditory fiber (called MOC unmasking). Although there is little change in the threshold produced by the MOC activity, the increase in output dynamic range means that small changes in the tone are more robustly signaled to the central nervous system (CNS), which increases the discriminability of the tone in the noise. This increase in the in the discriminability of the tone, or of other brief signals such as the transitions in speech, is probably the most important function of MOC efferents in everyday hearing (see Sect. [3.9](#page-28-0)).

Fig. 3.5 Schematic of MOC unmasking of AN fiber responses. Each *panel* shows rate-vs. level functions for a single AN fiber with different conditions coded by line styles (key at the *top* of *each panel*). Schematized from the results of Wiederhold ([1970](#page-42-3)); Winslow and Sachs ([1987](#page-42-4)); Guinan and Gifford ([1988a](#page-37-12)); and Kawase et al. ([1993\)](#page-38-6) (adapted with permission from Guinan [1996\)](#page-37-0)

Another circumstance in which MOC inhibition of the cochlear amplifier has been suggested to affect psychophysical performance is the signal-in-noise "temporal effect," also called "overshoot" (e.g., Zwicker [1965;](#page-42-5) Strickland and Krishnan [2005;](#page-41-12) Strickland [2008](#page-41-13)). The temporal effect is the phenomenon that a higher level of noise is needed to mask a brief tone when the tone is presented long after (>100 ms) the noise onset compared to just after the noise onset. One hypothesis is that the noise elicits efferent activity that turns down the gain of the cochlear amplifier thereby decreasing the response to the noise more than the response to the tone (Fig. [3.6](#page-11-1)). Since it takes 100 ms, or more, for MOC activity to reduce the gain, the S/N of the cochlear response is increased only for tones presented >100 ms after the onset of the noise. With SFOAEs as a monitor, the hypothesized increase in MOC activity was not seen even though the parameters used produced a substantial temporal effect (Keefe et al. [2009](#page-38-7)). However, the temporal effect shows a complicated dependence on the parameters of tone frequency and the noise spectrum

Fig. 3.6 The MOC-induced change in BM input–output function in the tone-detection-in-noise "temporal effect" (also called "overshoot"). The BM input–output function shows a large shift at low levels due to the noise-elicited MOC activity turning down the gain of cochlear amplification. The lowered gain means that a long-delayed tone in noise requires more noise to be just masked than a tone just after the noise onset (adapted with permission from Strickland and Krishnan [2005\)](#page-41-12)

relative to the tone. It may be that the temporal effect is due both to MOC effects and to other, perhaps central, effects, depending on the parameters used. Overall, it seems likely that both Figs. [3.5](#page-10-0) and [3.6](#page-11-1) illustrate ways in which MOC inhibition can increase the ability to hear brief sounds in noise.

3.5 Nonclassic MOC Fast Effects in a Silent Background

Nonclassic MOC effects are effects that cannot be explained by the classic view that: (1) organ of Corti motion is a single vibration pattern that directly follows the BM motion of the traveling wave, (2) this motion is amplified by the cochlear amplifier, and (3) MOC effects are produced by turning down the gain of this amplifier. The part of this view that has the greatest need for revision is that organ of Corti motion is a single vibration pattern. Measurements in excised preparations show complex vibrational patterns of the organ of Corti consistent with the motion being the sum of motions from multiple vibrational modes (Mountain [1998\)](#page-39-5). Further, some of these vibrational modes could lead to bending of IHC or OHC stereocilia without there being a direct coupling to BM motion (Nowotny and Gummer [2006](#page-40-11); Karavitaki and Mountain [2007a,](#page-37-13) [b;](#page-38-8) Ghaffari et al. [2007](#page-36-7)). It has not been possible to make micromechanical measurements in intact mammalian cochleas with demonstrated normal sensitivity. However, AN recording from intact cochleas with demonstrated normal sensitivity provide ample evidence that the motion that drives IHC stereocilia and leads to AN responses is due to multiple vibrational modes (e.g., Gifford and Guinan [1983](#page-36-11); Liberman and Kiang [1984;](#page-38-9) Lin and Guinan [2000,](#page-38-10) [2004](#page-39-6); Guinan et al. [2005\)](#page-37-14).

MOC effects on BM motion have only been measured in the basal half of the cochlea (review: Cooper and Guinan [2006a\)](#page-35-5). In fact, reliable measurements of mechanical responses of any kind in live preparations with thresholds shown to be normal (by tone-pip CAPs) are only from the basal half of the cochlea (Robles and Ruggero [2001](#page-40-4)). Measurements of cochlear motions have been made in the apex, but these have been without a good monitor of the preparation's sensitivity in the frequency region tested. Furthermore, many apical measurements are also contaminated by artifactual motion from the cochlear fast wave (Cooper and Rhode [1996\)](#page-35-9). The result is that there is little direct knowledge of cochlear motions in the apical half of the cochlea. Motion in the apical half of the cochlea is often thought to be similar to motion in the base because of apex-to-base similarities in cochlear anatomy and in many aspects of AN responses. However, mechanical measurements in excised preparations show qualitative differences in the apex compared to the base (Nowotny and Gummer [2006](#page-40-11)) and there are many apex-to-base differences in AN response patterns. Because of this, nonclassic MOC effects in the base and apex are considered separately.

3.5.1 Nonclassic MOC Fast Effects in the Basal Half of the Cochlea

In the basal turn of guinea pigs, MOC stimulation produces an *increase* in BM motion in response to high-level tones at frequencies well above the local best frequency (Dolan et al. [1997](#page-35-4); Guinan and Cooper [2003](#page-37-8)). In plots of BM motion vs. sound level, there is typically a dip in BM motion at these frequencies. Below the dip MOC stimulation decreases the BM response, above the dip MOC stimulation increases the response, and at the dip there is a phase change close to a reversal (Guinan and Cooper [2003\)](#page-37-8). A hypothesis that fits the data is that BM motion is due to a cochlear-amplified component that is large at low sound levels and saturates at high levels, plus a passive component that grows linearly and is out-of-phase with the amplified component. When the two components are equal in amplitude they cancel. MOC stimulation inhibits the amplified component which reduces the cancelation so that the resulting BM motion increases (Guinan and Cooper [2003\)](#page-37-8). The origin of the unamplified component and its vibration pattern in the organ of Corti is not known, but one possibility is that this motion is a direct mechanical response to the fast pressure wave (Rhode [2007\)](#page-40-12). It is unknown whether there is a similar effect in AN responses in the cochlear base because there are no suitable measurements of MOC effects for tones at high levels and frequencies above CF. However, this effect has many similarities to the MOC effects in AN fibers with CFs near 1 kHz (Gifford and Guinan [1983](#page-36-11)) (see Sect. [3.5.2\)](#page-13-0).

A second nonclassic MOC effect is that AN fibers with low spontaneous rates (SRs) have rate vs. level functions that show greater level shifts at moderate-to-high sound levels than at low sound levels (Fig. [3.3e](#page-6-0)) (Guinan and Stankovic [1996\)](#page-37-4). At low sound levels, the level shift appears to be due to MOC activity turning down the gain of cochlear amplification. However, at moderate to high sound levels the level shifts are too large to be fully accounted for by a MOC reduction of cochlear amplifier gain. Some additional reduction in AN firing rate must come from the MOC-induced reduction of EP (Sect. [3.2.2\)](#page-3-0), but it is not clear that this is enough to account for the large level shifts observed. Another possibility is that AN drive at high levels is a combination of two out-of-phase components (as suggested in the previous paragraph), and that the more linear component approaches the cochlearamplified component but never becomes larger than it (in the motion of IHC stereocilia). With this scenario, at high levels these two components would partially cancel and MOC inhibition, by reducing the larger component, would increase the cancelation. This would make the resulting level shift greater than the reduction of cochlear amplification. A similar mechanism may explain the large two-tone suppression observed in low-SR AN fibers (Cai and Geisler [1996](#page-35-10)).

Another nonclassic MOC effect is that in cat AN fibers with high CFs (>10 kHz), MOC stimulation inhibits the response at frequencies much lower than the TC tip (called "tail" frequencies; Fig. [3.3d\)](#page-6-0) (Stankovic and Guinan [1999](#page-41-14)). BM measurements indicate that there is no cochlear amplification at tail frequencies and there is no comparable MOC inhibition of BM motion at similar tail frequencies (Fig. [3.3b](#page-6-0)) (Murugasu and Russell [1996;](#page-39-1) Dolan et al. [1997](#page-35-4); Guinan and Cooper [2003;](#page-37-8) Cooper and Guinan [2006a](#page-35-5)). MOC inhibition of \sim 1 dB at tail frequencies in AN fibers is attributable to the MOC-induced reduction of EP which reduces IHC receptor currents and the resulting AN response (Guinan and Gifford [1988b\)](#page-37-5). However, the AN inhibition is particularly large (as much as 10 dB) near 2–3 kHz (Stankovic and Guinan [1999\)](#page-41-14). It is noteworthy that AN response latencies (derived from phase-gradient group delays) at this 2–3 kHz region are slightly less than AN latencies at lower frequencies, despite the fact that the lowest frequency energy in the traditional traveling wave arrives first at any given cochlear location (Shera [2001;](#page-40-13) Rhode [2007](#page-40-12)). A hypothesis that fits these data is that: (1) there is a cochlear motion produced by sounds near 3 kHz that is inhibited by MOC efferents (which implies that the motion is derived from, or influenced by, OHCs), (2) this motion occurs slightly before the motion produced by low-frequency energy in the traveling wave, and (3) this motion produces bending of IHC stereocilia that excites AN fibers but with little or no associated BM motion (Guinan et al. [2005\)](#page-37-14). The exact motion is unknown but one possibility is that the motion is a combination of fluid flow in the tunnel of Corti and an associated tilting of the reticular lamina (Karavitaki and Mountain [2007a](#page-37-13); Nowotny and Gummer [2006\)](#page-40-11).

3.5.2 Nonclassic MOC Fast Effects in the Apical Half of the Cochlea

Cat AN fibers with low CFs have rate and phase sound-level functions that show a sharp dip in rate at a high level (80–100 dB SPL) that is accompanied by an abrupt reversal of phase (Liberman and Kiang [1984\)](#page-38-9). MOC stimulation reduces the firing

rate at levels below the dip but not above the dip (Gifford and Guinan [1983\)](#page-36-11). The reduction in rate below the dip follows the pattern of a classic MOC fast inhibition, but the whole phenomena of a rate dip and phase reversal does not. A hypothesis similar to the one for the MOC-induced enhancement of BM motion also fits these data (except that above the dip the AN response is not significantly enhanced), namely that the dip is due to the cancelation of two out-of-phase drives with the drive that is dominant at low levels being cochlear amplified and therefore inhibited by MOC activity. Presumably the AN fiber rate above the dip is not increased, whereas BM motion is, because the AN rate is limited by a separate saturation, for example, in the amount of transmitter that can be released. In both the high-CF BM enhancement and the low-CF AN dip phenomena, the low level component is presumably the cochlear amplified traveling wave drive. It is not known if the component that becomes dominant at high levels is the same for these two phenomena.

As noted earlier, for some low-CF AN fibers, MOC stimulation makes the TCs narrower instead of wider as expected. Guinan and Gifford ([1988c](#page-37-10)) obtained some data that suggest an explanation. Low-CF AN fiber TCs, in addition to the basic V-shaped tuning, have side lobes. In at least some fibers, MOC produces a particularly large inhibition in the side-lobe region with level shifts far exceeding those seen at CF (Fig. [3.3f](#page-6-0)). A MOC-induced reduction of these side lobes might be the explanation for the MOC narrowing of TCs.

A particularly striking nonclassic MOC effect in the apical half of the cochlea is the MOC inhibition of the AN initial peak (ANIP) response to clicks (Guinan et al. [2005\)](#page-37-14). In AN fibers with CFs <4 kHz, the synchronization of AN spike times is adequate to show individual peaks in post-stimulus-time histograms of responses to clicks. These peaks show the oscillations of the mechanical drive at frequencies near the local CF. AN fiber recordings with and without MOC stimulation show the MOC effects expected from the MOC effect seen in BM motion due to turning down the gain of the cochlear amplifier. That is, MOC stimulation completely inhibits AN click responses near threshold, and above threshold reduces the decaying part of the response consistent with the reduction in BM ringing due to widening cochlear tuning. However, in addition, MOC stimulation inhibits the initial peak of the AN response (the ANIP response). In BM motion (in the cochlear base) the first peak of the response is passive, grows linearly and is little changed by death (Recio et al. [1998;](#page-40-5) Guinan and Cooper [2008\)](#page-37-9). The AN response was expected to have the same properties, so the inhibition of the first peak was unexpected. The ANIP inhibition cannot be explained by MOC stimulation turning down the gain of the classic cochlear amplifier because the BM first peak is not amplified. The ANIP inhibition implies that the first peak is produced by a motion that originates in (or is strongly modified by) OHCs and that the motion is distinct from the motion of the classic traveling wave which is not inhibited in the first peak. One possibility is that the presumed ANIP motion is due to tilting of the reticular lamina produced by OHC contractions (Nowotny and Gummer [2006;](#page-40-11) Karavitaki and Mountain [2007a](#page-37-13)) but another possibility is that it is a motion of the tectorial membrane (Ghaffari et al. [2007](#page-36-7)). The ANIP response might be the most behaviorally important response that shows nonclassic MOC effects because it is

present at moderate to high sound levels and could have a large effect on the cue for the localization of transient sounds.

All of the nonclassic MOC effects imply the presence of two (or more) vibration modes of the organ of Corti. Most of these effects appear to be due to a classic MOC gain reduction in the amplification of the traveling wave vibrational mode which interacts with another, perhaps linear, response mode. The inhibition of the ANIP response, however, is different. It implies there is a nontraveling-wave mode that is MOC inhibited and therefore not linear and passive.

3.6 MOC Slow Effects

When MOC stimulation that produces a fast inhibition is continued for 10s of seconds, it produces an additional long-lasting inhibition called the MOC slow effect (Fig. [3.7\)](#page-15-1). This effect was first seen in guinea-pig AN N_1 responses to clicks and high-frequency tone pips (Sridhar et al. [1995,](#page-41-5) [1997](#page-41-15)). Since the slow AN N_1 inhibition was accompanied by a slow CM increase, the slow inhibition was attributed to a slow increase in the MOC-OHC synaptic conductance. However, in BM motion, while fast and slow MOC effects both produce inhibition, there is a phase advance during the fast effect and a phase delay during the slow effect (Fig. [3.7b](#page-15-1))

Fig. 3.7 MOC fast and slow effects both produce reductions of BM motion but with different phase changes. Variations in BM response amplitude (*top*) and phase (*bottom*) vs. time. The *gray bar* indicates the period with MOC stimulation (adapted from Cooper and Guinan [2003\)](#page-35-1)

(Cooper and Guinan [2003](#page-35-1)). These phase changes in opposite directions mean that different underlying mechanisms in the OHC must be involved in producing MOC fast and slow effects. A related discovery is that application of the MOC neurotransmitter, ACh, to isolated OHCs produces a slow decrease in OHC stiffness (Dallos et al. [1997](#page-35-11)). A hypothesis that fits these data is that the MOC slow effect is due to the decrease in OHC stiffness, whereas the MOC fast effect is due to the OHC hyperpolarization and conductance change (Cooper and Guinan [2003](#page-35-1)). The increase in CM during the slow effect suggests there is also an OHC conductance change (Sridhar et al. [1995\)](#page-41-5) but the BM phase change indicates the slow effect is dominated by the other change (e.g., stiffness). The ACh-induced decrease in OHC stiffness takes place in prestin molecules and the associated OHC cytoskeleton which are distant from the MOC synapse (He et al. [2003](#page-37-15)). One possibility is that there is a calcium action potential (a "calcium spark") that travels from the subsynaptic cistern at the OHC-MOC synapse to the OHC cytoskeleton and produces the slow change in stiffness and the MOC slow effect (see Sridhar et al. [1997](#page-41-15)). One reason for interest in MOC slow effects is that they may be involved in protecting the ear from acoustic trauma (Reiter and Liberman [1995\)](#page-40-14). MOC slow effects are largest at high frequencies (>10 kHz) in guinea pigs, and it is not known if they are present in humans.

3.7 MOC-Fiber Responses to Sound

There are two ways that we can learn about MOC responses to sound: (1) by recording from MOC fibers and (2) by measuring sound-evoked MOC effects. In this section we review recordings from MOC fibers, and in the next section we review sound-evoked MOC effects. Most recordings from MOC fibers have been done in anesthetized animals. A variety of evidence indicates that anesthesia reduces sound-evoked MOC activity (Robertson and Gummer [1985](#page-40-15); Liberman and Brown [1986](#page-38-11); Brown [1989](#page-34-3); Boyev et al. [2002](#page-34-4)) so results from anesthetized animals must be viewed with caution, especially MOC firing rates. Sound-evoked MOC effects can measured in awake humans but the sound levels have be kept low to avoid eliciting middle-ear-muscle reflexes. Overall, for awake intact animals, we do not have a good quantitative assessment of MOC firing rates or how big a neural change can be produced by sound-evoked MOC activity.

Recordings from single medial efferents come from two species: cats and guinea pigs (Fex [1962,](#page-36-12) [1965](#page-36-13); Cody and Johnstone [1982](#page-35-12); Robertson [1984](#page-40-16); Robertson and Gummer [1985](#page-40-15); Liberman and Brown [1986](#page-38-11); Liberman [1988a](#page-38-12), [b;](#page-38-13) Gummer et al. [1988;](#page-37-16) Brown [1989,](#page-34-3) [2001;](#page-34-5) Brown et al. [1998a,](#page-34-6) [b\)](#page-34-7). MOC fibers have been contacted at two places: (1) in the vestibular–cochlear anastomosis – also called the "bundle of Oort" – where the MOC fibers pass from the vestibular nerve to the cochlear nerve and (2) in the intraganglionic spiral bundle within the cochlea. MOC fibers were distinguished from other nearby fibers by three criteria: (1) They respond to sound. If some MOC fibers do not respond to sound, they would not have been identified. (2) They have "regular" firing patterns (i.e., their spike-interval distributions

are approximately Gaussian) in both spontaneous activity (which is low or zero in most fibers) and responses to sound (Robertson and Gummer [1985;](#page-40-15) Liberman and Brown [1986](#page-38-11)), and (3) their latency to sound is 5 ms, or more.

The latency of the initial MOC response to sound is highly dependent on sound level. The first spike latency is tens of ms for sounds near threshold, but for highlevel sounds it can be as short as 5 ms (Robertson and Gummer [1985](#page-40-15); Liberman and Brown [1986](#page-38-11); Brown [1989;](#page-34-3) Brown et al. [2003\)](#page-35-13). This latency-vs.-level behavior suggests that MOC neurons integrate responses from their synaptic inputs and fire when threshold is reached. MOC response latency is more uniform, averaging 8.2 ± 1 ms, when measured as a modulation transfer function at moderate sound levels (Gummer et al. [1988\)](#page-37-16). These data, particularly the 5 ms minimal latency, are consistent with the MOC reflex being the three-neuron arc shown in Fig. [3.2.](#page-1-1) However, additional contributions from longer pathways may also be present, for example, from the marginal shell of the anteroventral cochlear nucleus (Ye et al. [2000\)](#page-42-6).

TCs from MOC fibers are similar to, or slightly wider than TCs from AN fibers, particularly at their tips (Fig. [3.8\)](#page-17-0) (Cody and Johnstone [1982;](#page-35-12) Robertson [1984;](#page-40-16) Liberman and Brown [1986\)](#page-38-11). Single MOC fibers labeled by dye injections show that each fiber innervates a cochlear frequency region close to the MOC fiber's best frequency (i.e., MOC projections are tonotopic) and most individual fibers innervate OHCs over a 0- to 1-octave range of cochlear length (Robertson [1984;](#page-40-16) Liberman and Brown [1986](#page-38-11); Brown [1989,](#page-34-3) [2002](#page-34-8)) although some rat MOC fibers innervate OHCs over more than 40% of the length of the cochlea (Warr and Boche [2003\)](#page-41-16). The TCs and cochlear innervation patterns of MOC fibers have lead to the idea that MOC fibers provide frequency-specific feedback to the cochlea (Winslow and Sachs [1987\)](#page-42-4). The extent to which the MOC acoustic reflex actually produces narrow, tonotopic effects on cochlear responses will be considered later.

MOC fibers have been divided into three types based upon the ear that activates them using monaural sound; this ear is called the "main ear." The types are: Ipsi (these respond only to ipsilateral sound – ipsilateral re the ear innervated by the MOC fiber), Contra (these respond only to contralateral sound), and Either-Ear (these respond to

sound in either ear). In cats and guinea pigs, most $(-2/3)$ MOC efferents are Ipsi, some $(\sim 1/3)$ are Contra, and a few $(4-11\%)$ are Either-Ear. These percentages correspond well with the percentages of crossed and uncrossed MOC fibers (Warr [1975;](#page-41-17) Robertson [1985;](#page-40-17) Liberman [1988a](#page-38-12); Brown [1989;](#page-34-3) Robertson and Gummer [1988](#page-40-18)) and the observation from a few labeled MOC fibers that crossed fibers respond to ipsilateral sound while uncrossed MOC fibers respond to contralateral sound (see Fig. [3.2\)](#page-1-1). Although for monaural sound most MOC fibers only respond to one ear, almost all MOC fibers are binaural in that once they are activated by the main ear, sound in the opposite ear (re the main ear) can modulate their firing rate. Typically, sound in the opposite ear produces additional activation, although sometimes it inhibits the response (Robertson [1985](#page-40-17); Liberman [1988](#page-38-12)[a](#page-38-13); Brown [1989;](#page-34-3) Brown et al. [1998a\)](#page-34-6). Opposite-ear sound usually widens MOC TCs (Fig. [3.8\)](#page-17-0).

The reported firing rates of MOC fibers in response to monaural sound are relatively low. In anesthetized animals, using monaural tones or noise at nontraumatic levels (\lt -90 dB SPL), the highest reported firing rate of a MOC fiber is \lt 60/s and for most MOC fibers the highest rate is one half to one third of that (Fex [1962](#page-36-12); Robertson and Gummer [1985](#page-40-15); Liberman [1988](#page-38-12)[a](#page-38-13); Brown [1989;](#page-34-3) Brown et al. [1998](#page-34-6)[a](#page-34-7)). When using binaural sounds, or after priming by a previously traumatic sound, rates up to 134/s (cats) and 140/s (guinea pigs) have been found (Liberman [1988](#page-38-12)[a;](#page-38-13) Brown et al. [1998a\)](#page-34-6), however, on average, the highest MOC firing rate is much less.

These sound-evoked MOC firing rates are distinctly less than the 200/s shock rates typically used to excite MOC fibers. The sound/shock rate discrepancy has raised the question of whether sound-evoked MOC activity produces significant effects (Pfalz [1969](#page-40-19)). Sound-evoked MOC effects on OAEs in awake humans are typically only a few dB (see later), again raising the same question. There are several factors which may account for this apparent discrepancy. First, all early MOC recordings and most experiments using OAEs used monaural sound; binaural sounds evoke much higher rates. Second, anesthesia is likely to have reduced the measured firing rates, perhaps by as much as a factor of two considering that MOC effects decreased approximately by a factor of 2 when awake animals were anesthetized with a barbiturate (Boyev et al. [2002](#page-34-4)). Third, in many MOC fibers, especially fibers with $BFs > 2$ kHz, the firing rate continues to increase as long as the sound level increased, that is, no rate saturation was found. This suggests that much higher firing rates would be produced by sounds at traumatic levels. Finally, only a fraction of MOC fibers are activated by shocks (as shown by recordings of MOC fibers at the bundle of Oort while stimulating at the floor of the fourth ventricle; McCue and Guinan, unpublished). In contrast, it is thought that all, or almost all, MOC fibers are activated by sound. Thus, to produce the same effect, shock activation of MOC fibers might require higher rates than sound activation.

MOC response properties vary with fiber BF. MOC fibers with low BFs have shorter latencies, lower thresholds and higher maximum rates than high-BF fibers (Liberman and Brown 1986). During the presentation of a BF ipsilateral tone, binaural facilitation by contralateral tones is largest for low BF MOC fibers, whereas binaural facilitation by contralateral noise is largest for high-BF MOC fibers (Liberman [1988](#page-38-12)[a](#page-38-13)).

3.8 MOC Acoustic Reflexes

MOC fibers respond to sound and form ipsilateral, contralateral and bilateral MOC acoustic reflexes, terms that refer to the ear stimulated relative to the measurement ear. The MOC effects on cochlear responses presented in Sects [3.2–](#page-2-0)[3.7](#page-16-0) were mostly from shock-activation of MOC fibers. The same MOC effects are also produced by the MOC acoustic reflexes, but many aspects of the patterns of these effects may be altered by the brain stem control of MOC activation. For instance, shock activation of MOC fibers is not frequency specific, but sound activation may be frequency specific. In Sect. [3.8,](#page-19-0) first we consider the effects of sound-elicited MOC activation on AN responses. AN responses provide a direct measure of MOC effects on the output of the cochlea. Next, we consider MOC effects as seen by the changes induced in OAEs. OAEs are an indirect measure but have the advantage of being noninvasive so they can be measured in humans. Finally, we consider the influence of descending projections to MOC neurons.

3.8.1 Sound-Elicited MOC Effects on AN Fibers

Most MOC fast effects on AN responses produced by shocks are also produced by contralateral sound, but they are smaller when evoked by contralateral sound. Inhibition of AN N_1 has been reported by many papers (e.g., Buño [1978;](#page-35-14) Folsom and Owsley [1987;](#page-36-14) Liberman [1989](#page-38-14); Warren and Liberman [1989a,](#page-42-7) [b;](#page-42-8) Aran et al. [2000\)](#page-34-9). In single AN fibers, contralateral sound shifts rate and synchrony soundlevel functions to higher levels but has little effect on phase functions (Warren and Liberman [1989a](#page-42-7)) which is similar to findings with shocks (Gifford and Guinan [1983\)](#page-36-11). In both of these studies, MOC effects were greatest with the probe sound at the CF of the AN fiber. In fibers that showed dips in rate-vs.-level functions, contralateral sound lowered the rate below the dip and produced little change above the dip, again, the same pattern as found with shock activation of MOC fibers (Gifford and Guinan [1983;](#page-36-11) Warren and Liberman [1989a](#page-42-7)). Both contralateral sound and shocks produced small decreases in AN spontaneous activity, presumably due to the small MOC-induced decrease in EP.

For AN fibers excited by an ipsilateral CF tone, the addition of a contralateral tone inhibited the AN response (Warren and Liberman [1989b](#page-42-8)). The inhibition had a complicated pattern across fiber CFs, but was always largest for contralateral tones at frequencies near the AN-fiber CF. Fibers with CFs of 2–5 kHz showed the largest inhibitions for contralateral tones 0.5–1 octave below the CF (Fig. [3.9a\)](#page-20-0). In fibers with much lower CFs, the largest inhibitions were for contralateral tones at frequencies above CF, and in fibers with CFs higher than 5 kHz, the largest inhibitions were for tones near CF.

Several lines of evidence indicate that all of the sound-evoked efferent effects described above are due to MOC and not LOC activity. First, sound evokes firing

in MOC fibers that could produce these effects (see Sect. [3.7](#page-16-0)). Second, the fast time course and the patterns of the neural inhibition evoked by sound are qualitatively compatible with the inhibition produced by shocks to the olivocochlear bundle (OCB) (Warren and Liberman [1989a,](#page-42-7) [b\)](#page-42-8), and all of the effects elicited by OCB shocks are attributable to MOC fibers (review: Guinan [1996\)](#page-37-0). Third, many studies show sound-evoked effects on OAEs that are similar to the effects on neural responses (see Sect. [3.8.2](#page-21-0)), and OAE changes are mechanical changes that cannot be produced by LOC synapses. Finally, the LOC effects that have been measured to date show very slow changes (Groff and Liberman [2003\)](#page-36-15), and these are much slower than any of the sound-evoked fast effects reviewed above. Overall, it seems highly likely that the fast sound-evoked efferent effects described so far are all due to MOC efferents.

In addition to the fast effects, slower effects due to contralateral sound have been reported. Lima da Costa et al. [\(1997](#page-38-15)) found that a contralateral broad-band noise reduced ipsilateral round-window noise (RWN) with fast and slow time courses. RWN near 1 kHz is dominated by small contributions from far-field potentials from the random firing of AN fibers (Dolan et al. [1990\)](#page-35-15). With no ipsilateral sound, RWN is due to spontaneous AN activity (or AN activity from animal noise) and a reduction of AN spontaneous activity can be produced by MOC activation (Guinan and Gifford [1988b](#page-37-5)). The fast reduction of RWN found by Lima da Costa et al. was blocked by a gentamicin injection, which blocks MOC synapses, and seems likely to be a MOC effect. The slower reduction of RWN by contralateral sound was attributed to the MOC slow effect by Lima da Costa et al., but was not blocked by the same gentamicin dose that blocked the fast effect. Blocking at the same ACh concentration is expected because fast and slow effects are both produced by the same ACh synapses on OHCs (Sridhar et al. [1995](#page-41-5)). An alternative explanation is that the slow effect of Lima da Costa et al. is due to LOC efferents (Yoshida et al. [1999\)](#page-42-9). A somewhat similar slow increase in RWN along with a slow increase in AN N_1 and a slow decrease in DPOAEs, was found by Larsen and Liberman ([2009\)](#page-38-17). This constellation of changes indicates that MOC efferents are involved. Larsen and Liberman attributed the slow change to a centrally mediated slow increase in the MOC fast effect, rather than to a MOC slow effect. More work is needed to sort out the contributions of the various possible candidates for these slow sound-evoked efferent effects.

3.8.2 Sound-Elicited MOC Effects on Otoacoustic Emissions

The measurement of sound-elicited effects using OAEs has been one of the most productive ways of measuring MOC effects because it is noninvasive and can be done in humans. However, OAEs provide an indirect measure of cochlear mechanical responses and before considering results from them, we first consider the issues in their use.

Most measurements of MOC effects on OAEs used contralateral sound to elicit MOC activity because this is the easiest method. However, measurements can also be made with ipsilateral or bilateral elicitors if the two main problems with these are avoided. First, the high-level acoustic waveform of the ipsilateral elicitor can be canceled out by reversing sign of the elicitor on alternate presentations and averaging an even number of responses. The second problem, "two tone suppression"2 produced by an ipsilateral elicitor, is more difficult. Two tone suppression is produced by energy in the elicitor that is near in frequency to the probe frequency and turns down the gain of the probe-frequency cochlear amplifier by bending OHC stereocilia into their nonlinear range (Geisler et al. [1990;](#page-36-5) Geisler [1992](#page-36-6)). There are two ways to get around this: (1) select ipsilateral elicitors that do not have energy near the probe frequency (e.g., notched noise, Backus and Guinan [2006](#page-34-0); Lilaonitkul and Guinan [2009b](#page-38-18)), or (2) separate the effects in time using the difference in their decay rates, that is, two-tone suppression decays in a few milliseconds but MOC

² In the literature the term "contralateral suppression" is often used to mean the effect of MOC activity elicited by contralateral sound. We avoid this term because it does not distinguish between MOC inhibition elicited by contralateral sound and two-tone suppression produced by acoustic crosstalk from the contralateral to the ipsilateral ear. Instead, we use the term "contralateral inhibition" or "contralateral MOC inhibition".

inhibition decays with a time constant of \sim 100 ms (Guinan [1990](#page-36-9)). This second technique can be achieved by measuring in a "post elicitor window" that is after the two-tone suppression has died out but before the MOC inhibition has decayed away (Guinan et al. [2003\)](#page-37-11). With the second technique, the MOC effect is measured while it is decaying and is not as large as it was during the elicitor. To make comparable measurements of ipsilateral and contralateral MOC effects, the same window has to be used for both.

There are several other issues that must be considered when using OAEs to measure MOC effects. First, the signal-to-noise ratio (S/N) must be adequate. Although this seems obvious, the S/N criterion has almost never been applied correctly in the literature. Most commonly, the S/N criterion has been applied to the OAE measurement. However, when measuring MOC effects, the "signal" of interest is the change in the OAE, not the OAE. To have an accurate measurement, the S/N of the change in the OAE must be adequate (e.g., 6 dB). A second consideration is to have an adequate number of alterations of elicitor-on vs. elicitor-off to remove any systematic drift. Third, there must be no middle-ear-muscle (MEM) contractions. MEM contractions interfere by changing sound transmission through the middle ear and by changing the impedance of the ear as seen by the acoustic source. Weak MEM contractions are not always shown by clinical MEM instruments (Feeney and Keefe [2001;](#page-36-16) Feeney et al. [2004](#page-36-17)). A more sensitive test for MEM contractions is the suppressed-OAE test (Lilaonitkul and Guinan [2009a,](#page-38-16) [b](#page-38-18)). Finally, the sound used to evoke the OAE may also elicit unintentional MOC activity (Guinan et al. [2003](#page-37-11)). Such unintended MOC activity is certainly undesirable, but it is not known how much this changes measurements using contralateral elicitors.

MOC effects on OAEs in humans have been measured over a frequency range from ~0.5 to 5 kHz with the largest effects often at 1–2 kHz (e.g., Collet et al. [1990;](#page-35-7) Moulin et al. [1993;](#page-39-2) Lilaonitkul and Guinan [2009b\)](#page-38-18). In animals, MOC effects on OAEs have been measured up to 30 kHz in cats and over 60 kHz in bats (Guinan [1986;](#page-36-18) Henson et al. [1995\)](#page-37-17). Considering that MOC innervation peaks in the basal half of the cochlea in animals (the pattern in humans is assumed to be similar), it might seem surprising that the largest MOC effects are often at 1–2 kHz. However, contralateral sound evokes the highest MOC firing rates at these frequencies (Liberman [1988](#page-38-12)[a\)](#page-38-13). In addition, the change in OAEs may vary across frequency due to the processes by which OAEs are generated. Considering this, MOC effects vs. OAE probe frequency must be interpreted cautiously.

The threshold for MOC effects on OAEs is slightly (e.g., 10–15 dB) above the hearing threshold, and above that, MOC effects increase as the elicitor level increases (e.g., Collet et al. [1990;](#page-35-7) Ryan et al. [1991](#page-40-20); Backus and Guinan [2006\)](#page-34-0). Note, however, that the elicitor level range is limited by the need to avoid MEM activation, so it is not known if MOC effects saturate at higher elicitor levels or continue to increase. Presumably, the growth of MOC effects on OAEs with increases in sound level is due to, and provide a window on, the growth in MOC fiber activity.

The time course of MOC effects in humans is shown most clearly by \triangle SFOAEs (Backus and Guinan [2006\)](#page-34-0). For probes near 1 kHz, there is a delay of \sim 25 ms from sound onset, or offset, to the beginning of the change in the Δ SFOAE; \sim 20 ms of this is the delay to the beginning of the change in cochlear amplification, and \sim 5 ms is for this change to be carried backward in the cochlea to the ear canal. After the initial delay, there is a monotonic rise in the \triangle SFOAE with an overall time constant of a few hundred ms, and after the offset delay there is a decrease in the \triangle SFOAE that is typically faster than the rise. In some subjects the Δ SFOAE shows a small, short overshoot lasting a few tens of ms. The time course of MOC effects on TEOAEs has not been adequately demonstrated because of the noncontinuous nature of TEOAEs. However, this time course should be the same as for SFOAEs. In contrast to the above, MOC effects on DPOAEs can show very complicated time patterns, presumably because of the complicated mixing of the two different sources of DPOAEs (Muller et al. [2005\)](#page-39-3). Overall, the OAE data indicate that the MOC fast effect is not fast enough to significantly change the hearing of speech on a syllable-by-syllable basis.

During continuous or intermittent contralateral noise, MOC effects are maintained for many minutes with little evidence of adaptation but with some evidence for a slow increase in the effect (Giraud et al. [1997a;](#page-36-19) Lima da Costa et al. [1997;](#page-38-15) Larsen and Liberman [2009](#page-38-17); Zyl et al. [2009\)](#page-42-10). After a long stimulation evoking MOC effects, there is sometimes a rebound enhancement lasting seconds (Zyl et al. [2009\)](#page-42-10). This enhancement may be a rebound from a MOC slow effect, or may arise from an entirely different cause (see Maison et al. [2007](#page-39-7)).

3.8.2.1 MOC Reflex Tuning

OAE measurements in awake humans show there is tuning in the MOC reflex, but the largest MOC effects are not always centered on the elicitor frequency. Measurements of the MOC effects produced by 1/3 octave noise-band elicitors using DPOAEs or tone-pip TEOAEs show tuning in the MOC reflex for probes near 1 and 2 kHz but not 3 and 4 kHz (Veuillet et al. [1991;](#page-41-6) Chéry-Croze et al. [1993\)](#page-35-16). Both studies concluded that the largest MOC effects were when the elicitor noise band was centered on the probe frequency, but both studies also show cases where elicitor bands below the probe frequency had larger effects than those at the probe frequency. Lilaonitkul and Guinan measured the MOC effects produced by 60 dB SPL tones or half-octave noise-bands using SFOAEs from probes at 0.5, 1, and 4 kHz. The change in SFOAEs (\triangle SFOAE) for probes near 1 kHz show broad, skewed tuning with the most effective elicitor frequencies 0.5–1 octave below the probe frequency (Fig. [3.9b\)](#page-20-0) (Lilaonitkul and Guinan [2009a\)](#page-38-16). For 0.5-kHz probes, there was also broad tuning but with a skew in the opposite direction, whereas for 4-kHz probes, the tuning had a narrower peak and a broad low-frequency activation region (Lilaonitkul and Guinan, unpublished). These ASFOAE tuning patterns are similar to the effects of contralateral sound on AN fibers found by Warren and Liberman [\(1989b](#page-42-8)) (see Fig. [3.9](#page-20-0) and Sect. [3.7](#page-16-0)) except that the human pattern is shifted down by about an octave from the cat pattern (presumably because the human hearing range is about an octave lower than cats). In contrast, a different SFOAE metric, the change in the magnitude of the SFOAE (SFOAEmoc) showed MOC effects that were much narrower and centered on the probe frequency

(Lilaonitkul and Guinan, unpublished). The correspondence between \triangle SFOAE and the neural data gives support to the \triangle SFOAE metric for MOC effects in humans. However, the more centered results found with TEOAEs, DPOAEs and SFOAEmoc indicates that we still do not fully understand the ways that MOC activity affects OAEs and the tuning of the MOC reflexes. Also, the above experiments were done with passive listening; perhaps in the context of a task such as identifying a 1-kHz signal in noise, the MOC effect might be more focused on 1 kHz.

3.8.2.2 MOC Reflex Amplitude as a Function of Elicitor Bandwidth

MOC effects on OAEs from elicitors of various bandwidths show little evidence of a frequency selective reflex. MOC effects measured with elicitors at a fixed level, but with increasing bandwidths, show that MOC activation increases as bandwidth increases up to 4–6.7 octaves (Fig. [3.10\)](#page-24-0) (Maison et al. [2000](#page-39-8); Lilaonitkul and Guinan [2009b](#page-38-18)). Because the elicitor SPL was held constant as bandwidth increased, the spectral level near the probe frequency decreased. However, despite the resulting decrease in MOC activation in frequency regions near the probe, the overall activation does not decrease, even at the widest bandwidths. This indicates that the increased activation from frequency regions remote from the probe frequency must have compensated for the activation lost near the probe frequency. These experiments indicate that the MOC reflex must integrate activation from practically the whole cochlea.

The wide frequency integration profile of the MOC reflex shown by the bandwidth experiments helps to explain why a wide variety of experiments found that the

Fig. 3.10 MOC inhibition grows as elicitor noise bandwidth is increased despite the overall noise level being held constant at 60 dB SPL. MOC effect is the change in the SFOAE normalized by the magnitude of the SFOAE. *BBN* broad-band noise (0.1–10 kHz, or 6.67 octaves). Error bars are standard errors of the mean. *Horizontal lines*: *Solid*=noise-floor mean, *dotted*=1 std. above the noise mean (adapted with permission from Lilaonitkul and Guinan [2009b\)](#page-38-18)

most potent elicitor of MOC effects is broad band noise (Ryan et al. [1991](#page-40-20); Veuillet et al. [1991;](#page-41-6) Chéry-Croze et al. [1993;](#page-35-16) Norman and Thornton [1993;](#page-39-9) Maison et al. [2000;](#page-39-8) Guinan et al. [2003](#page-37-11)). Potency in eliciting MOC activity appears to increase in the following order: single tones, two tones (DPOAE primaries), repetitive tone pips, repetitive clicks and broad-band noise (Guinan et al. [2003\)](#page-37-11). Note that the first four of these sounds are used to evoke OAEs, but they also elicit MOC activity.

White noise that is amplitude modulated (AM) at 100 Hz has been reported to produce larger MOC activations than unmodulated noise (Maison et al. [1999\)](#page-39-10). Our experiments with AM noise show an increase for some subjects but not others, and it is unclear if these are two separate groups or a continuum (Backus and Guinan [2004\)](#page-34-10). The extent to which AM might be used to increase MOC effects in humans is not yet clear.

3.8.2.3 MOC Reflex Laterality

The ratio of ipsilateral/contralateral MOC fibers is approximately 2:1 in small mammals but is unknown in humans. This ratio was derived largely from labeling the MOC neurons that project to one cochlea. Such data show that twice as many MOC fibers originate from the contralateral side as from the ipsilateral side (reviewed by Warr [1992](#page-41-4)) (keep in mind the innervation pattern of Fig. [3.2\)](#page-1-1). Comparable experiments cannot be done on humans, but relevant information might be obtained by comparing the effects of ipsilateral vs. contralateral sound on OAEs. As shown in Fig. [3.10,](#page-24-0) binaural sound produces the largest MOC effects, often twice as large as the ipsilateral or contralateral effects alone. Monaural broadband noise elicits ipsilateral and contralateral effects of very similar amplitudes (Fig. [3.10](#page-24-0), the points labeled BBN). In contrast, for narrow-band noise, ipsilateral elicitors produce changes that are approximately twice as large as contralateral elicitors. The ratio of ipsilateral/ contralateral MOC fibers cannot change with elicitor bandwidth. These results show that the laterality of MOC effects is strongly influenced by central processes that change the activity in crossed vs. uncrossed MOC fibers according to the bandwidth of the stimulus.

One theory to explain the change in MOC laterality with elicitor bandwidth is that having the reflexes be equal when they produce large effects prevents the MOC effects from producing interaural time differences that disrupt binaural hearing. 60 dB SPL contralateral noise produces low-frequency cochlear phase advances in the 0.5 ms range (Francis and Guinan 2010), and this phase change would have a profound effect on the interaural time cue for binaural localization if it were not binaurally balanced. In cats, a species that hears at low enough frequencies to use interaural time differences, the crossed/uncrossed MOC fiber ratio is a function of the cochlear frequency region, that is, the overall ipsi/contra reflex ratio is 2/1, but at low frequencies the ratio is near 1:1 (Guinan et al. [1984\)](#page-37-2). In contrast the ratio stays near 2:1 across frequency in the mouse, a species that does not have significant low-frequency hearing (Maison et al. [2003\)](#page-39-4). These patterns are consistent with the hypothesis that MOC reflex equality at low frequencies evolved to enable good binaural localization at low frequencies.

3.8.2.4 MOC Reflex Strength

Most studies of MOC effects in humans used averages across groups of subjects. Such studies show that MOC efferents produced a change across the group as a whole, but not whether the change was present in each individual. To date, only one study applied an adequate S/N criterion to insure that the MOC effect on each subject was significantly different from the measurement noise (Backus and Guinan [2007\)](#page-34-11). This study measured normalized Δ SFOAEs elicited by 60 dB SPL contralateral sound and found more variation between measurements at nearby frequencies than could be accounted for by the expected variation across frequency of the MOC effect. One explanation is that the MOC effect changes the weighting of the cochlear irregularities involved in the coherent reflection that produces SFOAEs (Backus and Guinan [2007](#page-34-11)). To get consistent measures of MOC strength, MOC effects had to be averaged across measurements at several nearby frequencies. The resulting MOC strength distribution is shown in Fig. [3.11.](#page-26-0) The distribution is approximately Gaussian with a mean of 36% (\sim 3 dB) and a range of a factor of 5 between subjects with weak effects and subjects with strong effects. Thus, whatever benefits MOC reflexes provide, these benefits must vary considerably across individuals.

3.8.3 Descending Influences on MOC Acoustic Reflex Properties in Humans

Reviews of the anatomy of the descending auditory system and its influences within the CNS are given in Schofield (Chap. 9), Robertson and Mulders (Chap. 10), and Suga et al. (Chap. 11). Here we concentrate on descending influences on MOC neurons, particularly in humans. There are three areas that appear to show descending

Fig. 3.11 A histogram of the MOC strengths at 1 kHz for 25 subjects (mean = 36.6% , SD = 11.7%). MOC activation from 60 dB SPL contralateral wide-band noise. MOC effect was measured by the SFOAE change. The curve is a Gaussian fit to the data (adapted with permission from Backus and Guinan [2007](#page-34-11))

influences: (1) MOC reflex modulation by attention, (2) right-vs.-left ear differences, and (3) auditory learning.

There is an extensive literature on the effects of attention on cochlear processes. In one class of experiments, attention to a visual task is alternated with attention to an auditory task (reviews: Guinan [1996](#page-37-0); Delano et al. [2007](#page-35-17)). Numerous experiments of this kind show changes in cochlear potentials and/or OAEs that indicate there is increased MOC activation during the visual task. However, such changes were not seen in all cases so perhaps the MOC activation is present in some subjects but not others. In other experiments, comparisons were made across auditory tasks, or MOC effects were elicited by contralateral noise (e.g., Giard et al. [1994;](#page-36-20) Michie et al. [1996;](#page-39-11) Maison et al. [2001](#page-39-12); de Boer and Thornton [2007\)](#page-35-18). A theme that may explain the diverse results from these experiments is that MOC efferents are activated for tasks when the MOC activity produces a benefit (e.g., reducing a distracting sound during a visual task, or aiding in difficult signal-in-noise tasks) but not when there is no benefit (e.g., doing an easy auditory task while ignoring a visual stimulus, or counting tone pips embedded in a click train).

An interesting attentional experiment was conducted by Scharf et al. [\(1997](#page-40-21)) using the probe-signal method, which focuses on subject detection of an "odd-ball" stimulus presented in a small fraction of the trials. Using a signal just above threshold in a background noise, Scharf et al. found that on-frequency signals were heard, but odd-ball signals that differed in frequency by 5% were not heard. Scharf et al. concluded that the off-frequency tone was MOC inhibited because the effect was not present in subjects with efferents cut for medical reasons. More recently, Tan et al. [\(2008](#page-41-18)) performed a set of similar experiments and drew an opposite conclusion. Tan et al. concluded that MOC efferents are activated by the tone cue used in the probe-signal method and produce a MOC benefit at the cued on-frequency, whereas targets at nearby off-frequencies get little or no MOC benefit and so their perception is worse than tones at the cued frequency.

There are right–left asymmetries in various aspects of the peripheral auditory system. There are small handedness and gender differences in OAE amplitudes, and in MOC effects on OAEs (e.g., Aidan et al. [1997;](#page-34-12) Khalfa et al. [1998](#page-38-19); Morlet et al. [1999;](#page-39-13) Sininger and Cone-Wesson [2004\)](#page-41-19). Benzodiazepines reduce contralaterally elicited MOC inhibition in the right ear, but not the left, according to Morand et al. [\(2001](#page-39-14)); Morand-Villeneuve et al. ([2005\)](#page-39-15), who suggested that this is because there are more benzodiazepine receptors in the left cortex than the right. At the cortical level, right–left asymmetries are well established. An attractive hypothesis is that these cortical right–left differences, through descending projections, produce MOC asymmetries and these produce the OAE asymmetries (see Khalfa et al. [2001\)](#page-38-20).

A variety of evidence suggests that auditory training can have an effect on MOC reflex strength. Musicians have stronger MOC reflexes than people who never had musical training (Perrot et al. [1999](#page-40-22)). In a study in children with reading disabilities, certain children showed an absence of the asymmetry favoring the right ear that is found in average-reading children (Veuillet et al. [2007\)](#page-41-20). After auditory training that improved their score in a speech task, these children's MOC function changed and their asymmetry became closer to normal. In a study using adults, subjects were given a 5-day training regimen on a speech-discrimination-in-noise task, and their

MOC activation was measured on each day (de Boer and Thornton 2008). Subjects who originally had weaker MOC activation showed greater improvement in the speech-in-noise task and also showed increases in MOC activation so that after the training their MOC activation was similar to the subjects who originally had larger MOC activation (Fig. [3.12](#page-28-1)). More work is needed to show whether the improvement in perception is brought about by the increased MOC activity, or whether the increased MOC activity is simply a byproduct of other central changes. In either case, the work suggests that a test for MOC strength might predict subjects who would benefit from auditory training.

3.9 MOC Function in Hearing

There are two areas for which there is good evidence for a MOC function in hearing: aiding discrimination of signals in noise, and preventing or reducing acoustic trauma. In a third area, attention and learning, the evidence that the measured effects are primarily due to efferents is not clear, but there may be an important MOC function in this area as well.

3.9.1 MOC Activity Changes the Dynamic Range of Hearing and Thereby Increases the Discriminability of Transients in Background Noise

The hypothesis that MOC efferents aid in the discrimination of signals in noise originated from animal results showing that when AN output dynamic range is reduced by background noise, the dynamic range can be partially restored by MOC activation (see Fig. [3.5](#page-10-0) and Sect. [3.4](#page-9-0)). There have been two main ways in which this "MOC unmasking" hypothesis has been tested: (1) by cutting MOC fibers and (2) by looking for correlations between psychophysical performance and MOC strength.

In many animal studies, MOC fibers were cut and performance deficits were investigated (review: Guinan [1996](#page-37-0)). In a noisy background, lesions of MOC efferents in cats reduce their performance in speech discrimination, high-frequency tone discrimination, and sound localization (May et al. [1995;](#page-39-16) Hienz et al. [1998;](#page-37-18) May et al. [2004\)](#page-39-17). In contrast, functional MOC lesions in mice produced by altering the ACh receptor did not reveal any deficit in detecting signals in noise (May et al. [2002\)](#page-39-18). This surprising result may be because the conditions tested were not right for mice. In humans, surgical cuts of the vestibular nerve (MOC fibers exit the brain in this nerve) revealed a MOC benefit in detecting speech in noise in some patients, but not others (Zeng and Shannon [1994](#page-42-11); Zeng et al. [2000;](#page-42-12) Giraud et al. [1997b\)](#page-36-21). Perhaps the inconsistent results were because these lesions interrupt MOC fibers to varying degrees (Zeng and Shannon [1994](#page-42-11); Giraud et al. [1995;](#page-36-22) Chays et al. [2003\)](#page-35-19). Scharf et al. ([1997\)](#page-40-21) performed signal-in-noise tests on humans with vestibular nerve cuts without finding a deficit, but the tests used conditions for which no MOC benefit is expected (tones and noise that were both continuous or both equal-duration bursts; see Sect. [3.4\)](#page-9-0).

Measurements across subjects of psychophysical performance and MOC activation, with MOC activation sometimes increased by contralateral noise, have found correlations between performance and MOC activation that indicate both MOC benefits and handicaps (e.g., Micheyl and Collet [1996;](#page-39-19) Micheyl et al. [1997](#page-39-20); Giraud et al. [1997b](#page-36-21); Kumar and Vanaja [2004](#page-38-21)). Using the correct stimulus conditions appears to be the key to finding a MOC benefit. Subjects with strong MOC reflexes are better than those with weak reflexes in detecting signals in noise when the S/N is moderate (Fig. [3.13\)](#page-30-0) but not near threshold or with high-level noise (Kumar and Vanaja [2004\)](#page-38-21). In studies that found no correlation between MOC activation and subject ability to detect a signal in noise (e.g., Wagner et al. [2008](#page-41-21); Mukari and Mamat [2008\)](#page-39-21), the negative results may be due to the methods used (e.g., MOCinduced changes in human DPOAEs are poor MOC metrics; see earlier) and/or to using the wrong stimulus conditions (e.g., signals too close to threshold). Overall, the data support the hypothesis that one function of MOC efferents is to aid in the detection of signals in noise, although the conditions that produce this benefit are not well documented.

Fig. 3.13 A positive correlation across subjects between the improvement of speech perception in noise and MOC inhibition of transient evoked otoacoustic emissions (TEOAEs), which indicates that MOC activity provides a benefit in the detection of signals in noise. Correlation coefficient, $r = 0.48$, $p = 0.001$. MOC inhibition elicited by 30 dB SL contralateral noise. Speech at 50 dB HL and 10 dB S/N re ipsilateral noise (adapted with permission from Kumar and Vanaja [2004\)](#page-38-21)

3.9.2 MOC Activity Helps to Protect Against Acoustic Trauma

Data from many animal experiments leave little doubt that MOC activity helps to prevent both temporary and permanent threshold shifts (TTS and PTS) due to traumatic sounds (review: Rajan [2000](#page-40-23)). We highlight one study, a prospective PTS study in which animals were exposed to traumatizing sounds after being classified into those with weak, average, and strong MOC reflexes using OAE measurements (Maison and Liberman [2000](#page-39-22)). The animals with strong MOC reflexes had the least PTS and the animals with weak MOC reflexes had the most PTS (Fig. [3.14](#page-31-1)). This result indicates that MOC activity reduces PTS, and also that an OAE-based test may show which subjects are susceptible to acoustic trauma.

3.9.3 Possible Roles of MOC Activity in Attention and Learning

Changes in MOC activation during attention and learning were shown in Sect. [3.8.3](#page-26-1). At least for some subjects and conditions, MOC activation brought about by attention helps to reduce distracting sounds or aids in discriminating the attended sound when it is in a background noise. More data are needed to understand the extent to which attention modifies the function of the MOC acoustic reflex in everyday hearing.

Attention is important in learning and may bring about changes in MOC activity that are important for learning a task. The de Boer and Thornton (2008) results (see Sect. [3.8.3\)](#page-26-1) suggest that some normal subjects had to learn to turn on their MOC efferents so that they could detect a signal in noise as well as was done by other subjects who required no training (Fig. [3.12\)](#page-28-1). Learning to control MOC efferents seems to have been the key factor in this learning experiment. On the other hand,

Fig. 3.14 MOC reflex strength predicts acoustic trauma. Twelve guinea pigs were grouped by the preexposure strength of their MOC reflexes. The noise-induced permanent threshold shifts (PTSs) measured from AN compound action potentials were least in the group with the strongest reflexes. The results imply that MOC reflexes reduce PTS. Error bars indicate SEM (adapted with permission from Maison and Liberman [2000](#page-39-22))

the change in MOC activation and gaining of normal right–left differences in the reading impaired children of Veuillet et al. ([1996\)](#page-41-7) seems more likely to be a byproduct of some other central change. There may be an important MOC role in learning, but more work is needed before it is understood.

3.10 LOC Physiology and Function

Before we review LOC physiology, we briefly review LOC anatomy. There are two types of LOC neurons based on their position around the lateral superior olivary nucleus: intrinsic and shell neurons. In the cochlea, these appear to correspond to unidirectional fibers and bidirectional fibers, respectively (Brown [1987](#page-34-13); Warr et al. [1997\)](#page-42-13). In the mouse, intrinsic-unidirectional neurons are cholinergic and shell-bidirectional neurons are dopaminergic (Darrow et al. [2006b](#page-35-20)); whether this holds for other species is unknown. A wide variety of other neurotransmitters and neuroactive substances have been found in LOC neurons. For further details on LOC anatomy and neurochemistry, see Brown (Chap. 2) and Sewell (Chap. 4).

3.10.1 LOC Effects in the Cochlea

The fibers of both LOC groups are unmyelinated, and neither has been recorded from or stimulated. However, indirect activation of LOC neurons has been achieved by electrical stimulation in the inferior colliculus (IC). Depending on where the IC is stimulated, AN responses can be enhanced or reduced by effects that are attributable to LOC efferents (Groff and Liberman [2003](#page-36-15)). Considering that the two LOC groups have different neurotransmitter contents, an attractive hypothesis is that excitation is produced when one LOC group is activated and inhibition when the other group is activated. When LOC efferents are lesioned, AN activity is depressed (Liberman [1990;](#page-38-22) Le Prell et al. [2003](#page-38-23)) or enhanced (Darrow et al. [2006a\)](#page-35-21). The difference in results might be explained by the lesions in different studies affecting the two LOC groups to different extents.

All of the effects attributable to LOC efferents are very slow (Groff and Liberman [2003\)](#page-36-15). This is not surprising because these fibers are unmyelinated and have slow conduction velocities. In Groff and Liberman experiments, the LOC effects decayed with time constants (τ) of minutes (the onset time courses of LOC effects were obscured by shock artifacts and MOC effects). Thus, efferent effects occur on three time scales: MOC fast effects with τ 's of \sim 100 ms, MOC slow effects with τ 's of 10's of seconds, and LOC effects with τ 's of minutes.

3.10.2 LOC Response to Sound

LOC neurons receive innervation from the ipsilateral ventral cochlear nucleus and this innervation could form the basis of an ipsilateral LOC acoustic reflex (Thompson and Thompson [1991\)](#page-41-3). There are no known inputs to LOC neurons from the contralateral side. However, most neurons in the vicinity of LOC neurons are excited by sound in the ipsilateral ear and inhibited by sound in the contralateral ear (Guinan et al. [1972\)](#page-37-19), and MOC neurons might be similar. There are no recording from LOC neurons in intact preparations, so there are no definitive data on LOC responses to sound. LOC acoustic reflexes, if they exist, can be expected to act on a slow (minutes) time scale.

3.10.3 LOC Function in Hearing

LOC fibers synapse directly on AN fibers and can change their firing patterns. The wealth of neurotransmitters in the two types of LOC fibers suggests that LOC fibers have multiple functions; however, we know relatively little about these functions.

LOC fibers appear to reduce the acoustic-trauma-induced excitotoxic effect of the IHC neurotransmitter, that is, they reduce the swelling and bursting of AN fibers produced by over stimulating IHCs (e.g., Ruel et al. [2001\)](#page-40-24). See Groff and Liberman [\(2003](#page-36-15)) for a review of the evidence that LOC fibers reduce acoustic trauma in this and other ways.

Guinan ([1996](#page-37-0)) suggested that LOC neurons act to achieve balance in the outputs from the two ears to enable binaural localization based on interaural level differences. Support for this hypothesis comes from LSO lesions that produced an imbalance in ABR responses from the right ear vs. the left ear (Darrow et al. [2006a](#page-35-21)). However, more evidence is needed before this hypothesis can be considered as established.

3.11 Summary and Future Directions

Most MOC effects are classical effects owing to turning down the gain of cochlear amplified traveling waves. At high sound levels, the traveling wave interacts with a more linear mechanical response and produces most of the nonclassic MOC effects. Click responses in the apical half of the cochlea show there is an additional motion that is MOC inhibited and that produces the ANIP response. Work is needed to determine the exact nature of the ANIP motion. Another unknown is what tone response corresponds to the ANIP click response. One possibility is TC side lobes (Fig. [3.3f](#page-6-0)). Overall, progress in understanding MOC effects requires a better understanding of the multiple motions involved in cochlear mechanics.

In addition to MOC fast effects, there is a MOC slow effect that has been seen only at high frequencies in guinea pigs. Its presence and frequency range in other species remains to be determined. It is also unknown whether the MOC slow effect originates from an OHC stiffness change and whether it has any relationship to protection from TTS.

Sound in either ear evokes MOC activity and produces MOC effects. More work is needed to show the single-fiber MOC responses evoked by ipsilateral, contralateral and bilateral noise of various bandwidths. Measurements in awake animals are necessary for a full understanding of MOC responses to sound.

Aiding the detection and discrimination of signals in noise is probably the most important MOC function. Physiological mechanisms capable of producing this benefit have been demonstrated, but we do not yet understand how powerful these mechanisms are or the conditions under which MOC activity provides a benefit and when it does not. Although it seems likely that MOC activity plays an important role in the signal-detection-in-noise temporal effect (i.e., "overshoot"), the MOC role needs to be more clearly shown. For instance, the fact that narrow-band noise centered on the signal frequency produces little temporal effect may be because narrow-band noise elicits little MOC effect (Fig. [3.10](#page-24-0)).

A wide variety of data indicate that both MOC and LOC activity reduce acoustic trauma, but the mechanisms for this are largely unknown. Small reductions in sound level can greatly reduce both TTS and PTS, so one possibility is that a small MOC-induced reduction in cochlear mechanical motion may be involved, but such reductions have not yet been demonstrated at traumatic sound levels. Although dopamine released by LOC activity may reduce TTS by blocking excitotoxity from too much transmitter released by IHCs (Ruel et al. [2001](#page-40-24)), the role of the many other neuroactive substances released by LOC synapses needs to be elucidated, for TTS, PTS, and on neural signaling. Prospective tests are needed to determine whether a MOC strength test can determine whether a person is particularly susceptible to noise damage. MOC reflex testing needs to be done with an adequate S/N whenever the results are to apply to a single individual.

Finally, at least under some circumstances, MOC activation changes during learning. Whether the learning causes the change in MOC activation or is caused by MOC activation needs to be determined. Also, work is needed to show whether MOC activation tests can predict which subjects will be aided by auditory training.

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