Pharmacokinetics of Anti-Cancer Drugs Used in Breast Cancer Chemotherapy

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Abstract

Pharmacokinetics of anticancer drugs used in breast cancer therapy are well established. This chapter reviews preclinical and clinical pharmacokinetics of the following drugs: cyclophosphamide, docetaxel, doxorubicin, 5-fluorouracil, methotrexate and tamoxifen. The absorption, distribution, metabolism and elimination of drugs are discussed in the context of breast cancer. The effect of age and menopause status on drug pharmacokinetics is evaluated. The important role of pharmacokinetic-pharmacodynamic modeling in understanding the phenomenon of chemo fog, memory deficit in breast cancer chemotherapy, is explored.

Introduction

Pharmacokinetics (PK), the study of the time course of drug absorption, distribution, metabolism and excretion, is a critical tool for optimization of drug therapy. Pharmacodynamics (PD) is the study of the pharmacologic effect (Fig. 1A). Pharmacokinetics and pharmacodynamic modeling are especially useful in clinical oncology, because anticancer drugs typically have narrow therapeutic windows. Further, drug exposure and clinical outcome are usually related. Thus, drug safety and efficacy need to be optimized to yield desired therapeutic outcome with the administered dosage, with minimal adverse effects. Pharmacokinetic-pharmacodynamic (PK-PD) evaluation of drugs allows this optimization (Fig. 1B).

The pharmacokinetics of anticancer drugs used in breast cancer therapy are well defined. The utility of PK studies in designing preclinical studies, human dosage regimen design and dose adjustment in special populations is explored with specific examples in this chapter. Future directions such as PK-PD evaluation of breast cancer drugs and the phenomenon of chemo fog are additionally discussed.

Pharmacokinetics of Anticancer Drugs Used in Breast Cancer Chemotherapy

Of the numerous anticancer drugs currently in clinical use, PK of drugs commonly used in breast cancer therapy (Fig. 2) are discussed below.

Cyclophosphamide

Cyclophosphamide is a prodrug that is activated via cytochrome P450 (CYP) enzymes to its active forms.^{1,2} It is extensively metabolized to both active as well as inactive metabolites. Its elimination half life is 5-9 h and is shorter in children compared with adults.³ The prodrug is not highly protein bound and renal excretion is low, possibly due to extensive reabsorption. With advances

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Figure 1. Pharmacokinetics studies the time-course of chemotherapeutic drug plasma concentration after a dose has been administered. Pharmacodynamics is the evaluation of the pharmacologic effect (therapeutic or toxic) that the drug elicits with respect to time (A). A PK-PD model uses a 'link' effect site compartment to relate the drug's concentration to its effect (B).

in bioanalytical methods, studies have recently focused on the PK of active metabolites instead of the inactive prodrug.³ Large inter-individual variability has been noted in cyclophosphamide PK and CYP pharmacogenetics explains at least part of this variability.¹ Cyclophosphamide is known to cause autoinduction and is susceptible to drug-drug interactions because it is metabolized via CYPs.

Cyclophosphamide PK has been evaluated extensively in preclinical models. The role of CYP enzymes in the PK of cyclophosphamide was characterized in an elegant study utilizing cytochrome P450 reductase null mice.⁴ In male wild-type mice, intraperitoneal doses of 100 and 300 mg/kg yielded areas under the plasma-time curve (AUCs) of 1560 and 8100 µg · min/ml respectively. The maximum plasma concentration (Cmax) was 38 and 181 µg/ml respectively at these doses. The intrinsic clearance of the drug was 6-fold greater in wild-type mice compared with the cyp-activity



Figure 2. Chemical structures of cyclophosphamide (N,N-Bis(2-chloroethyl)-1,3,2-oxazaphosphinan-2-amine 2-oxide), docetaxel ((2R,3S)-N-Carboxy-3-phenylisoserine, N-tertbutyl ester, 13-ester with 5, 20-epoxy-1, 2, 4, 7, 10, 13-hexahydroxytax-11-en-9-one 4-acetate 2-benzoate, trihydrate), doxorubicin ((8S,10S)-10-(4-Amino-5-hydroxy-6-methyl-tetrahydro-2Hpyran-2-yloxy)-6,8,11-trihydroxy-8-(2-hydroxyacetyl)-1-methoxy-7,8,9,10-tetrahydrotetracene-5,12-dione), 5-fluorouracil (5-Fluoro-1H-pyrimidine-2,4-dione), methotrexate ((2S)-2-[(4-{[(2,4-Diamino-7,8-dihydropteridin-6-yl)methyl](methyl)amino}phenyl)formamido]pentanedioic acid), and tamoxifen ((Z)-2-[4-(1,2-diphenylbut-1-enyl)phenoxy]-N,N-dimethyl-ethanamine).

null mice. Profound differences in the PK of cyclophosphamide between the two groups led to direct evidence of the critical role of CYP enzymes in cyclophosphamide disposition. A recent study developed a different genetically modified mouse model, again with no cyp activity.⁵ The PK of cyclophosphamide was similar to previous reports in the wild-type mice. This study corroborated previous reports of the importance of CYP enzymes in cyclophosphamide PK.

Clinically, cyclophosphamide is administered orally or intravenously, most often in combination with doxorubicin, 5-fluorouracil, or adriamycin. Doses ranging from 100-600 mg/m² are administered to breast cancer patients⁶ and its PK in humans is well established.³ A study with 1 g/m² cyclophosphamide IV 1-h infusion in 29 Caucasian hematological cancer patients reported an AUC of 367 μ g · h/ml and Cmax of 37 μ g/ml. Drug clearance was estimated to be 6 L/h.⁷ Another study was conducted in 51 Japanese breast cancer patients⁸ and levels of cyclophosphamide as well as its 4-hydroxy metabolite were measured. The dose range was 600-1500 mg (300-750 mg/m²), delivered as a one-hour IV infusion. Mean cyclophosphamide AUC was 775 μ mol · h/L and a mean clearance of 4 L/h. The mean AUC for the 4-hydroxy metabolite was 9.4 μ mol · h/L.⁸

Docetaxel

Docetaxel is a semi-synthetic analog of paclitaxel and is a cytotoxic antimicrotubule agent.⁹ It exhibits complex PK in humans. Docetaxel is highly protein bound and α 1-acid glycoprotein levels are found to predict docetaxel total clearance.¹⁰ The drug is mainly metabolized by CYP3A4 and 3A5 and metabolites are eliminated fecally. Urinary elimination of the parent and metabolites is <10%.¹¹ CYP pharmacogenetics and docetaxel PK have been evaluated extensively, but the role of CYP polymorphisms in variable docetaxel disposition remains to be clearly defined.¹⁰ Docetaxel is also a substrate for the efflux transporter P-glycoprotein.

Docetaxel PK has been evaluated in preclinical models, especially to delineate the role of efflux transporters and metabolizing enzymes in its disposition.¹² Docetaxel exhibits linear PK in mice.¹³ It is highly protein bound and distributes well into most tissues. Like humans, docetaxel is metabolized and undergoes predominantly hepatobiliary elimination. Docetaxel (10 mg/kg) was dosed orally and IV in control and Pgp knockout mice in a recent study.¹⁴ Oral docetaxel was well absorbed in control mice despite the presence of Pgp. It undergoes extensive first-pass metabolism resulting in poor oral bioavailability. Inhibition of its metabolism is a useful strategy to increase its AUC and exposure.

Clinically, docetaxel exhibited a total clearance of about 29 L/h/m² upon a 35 mg/m² weekly or 3-weekly schedule.¹⁰ The elimination half-life was 15.6 h based on a 24 h sampling schedule. A mean AUC of $1.32 \,\mu$ g · h/ml was obtained, with a Cmax of $1.85 \,\mu$ g/ml. Studies in elderly patients did not show an effect of age on drug clearance.¹⁵ Docetaxel dose adjustment is required in patients with liver function impairment.¹⁰

Doxorubicin

Doxorubicin is an anthracycline antibiotic that intercalates with DNA and inhibits topoisomerase II. It is delivered either as the free salt form or as a liposomal formulation.¹⁶ Clearance as well as apparent volume of distribution is lower for liposomal doxorubicin compared with the free form. Doxorubicin is metabolized to cytotoxic doxorubicinol and inactive aglycones.¹⁷ It is known to induce several CYP superfamily members.¹⁸ It is a substrate for the efflux transporter P-gp.

In preclinical studies doxorubicin (0.9 mg/kg dose in rats) was shown to exhibit biphasic PK profiles, with a distribution half life of 5-10 min and an elimination half-life of 29 h.¹⁶ The clearance was about 120 ml/h/kg and the volume of distribution was 5 L/kg. A study in tumor-bearing mice utilized an IV dose of 6 mg/kg doxorubicin formulated in liposomes and yielded an AUC of 3.02 mg \cdot h/ml.¹⁹ The same dose given as free doxorubicin yielded a lower AUC (1.4 mg \cdot h/ml) in tumor-bearing mice in an independent study.²⁰

Clinical PK of doxorubicin is well established. Pegylated liposomal doxorubicin was administered as an IV infusion every 4 weeks to 15 patients with advanced solid tumors.²¹ The PK profile was monophasic, with a long elimination half-life, low clearance and small volume of distribution. For a dose range of 30-50 mg/m², observed plasma AUC was 2513-4663 µg · h/ml, with Cmax in the range of 19-35 µg/ml and systemic clearance estimate of 13 ml/h/m². Similar PK parameters were estimated in an independent study involving liver cirrhosis patients.²²

5-Fluorouracil

5-fluorouracil (5-FU) is a pyrimidine analog that inhibits DNA synthesis. 5-FU must be converted to its active nucleotide for cytotoxic activity. It is administered IV and a continuous infusion achieves plasma concentrations of 0.5-0.8 μ M.²³ 5-FU readily enters the cerebrospinal fluid. Urinary excretion of a single dose is low, about 5-10%. It is inactivated mainly in the liver via dihydropyrimidine dehydrogenase.

In tumor-bearing mice, an oral 13 mg/kg dose of 5-FU was reported to yield a plasma AUC of 55 ng \cdot h/g.²⁴ In another study, free 5-FU administered IV (40 mg/kg) to control mice displayed one-comparment PK, with an AUC of 639 mg \cdot min/L and an initial plasma concentration of 36 mg/L.²⁵ A dose of 100 mg/kg of 5-FU administered intraperitoneally to tumor-bearing mice yielded an AUC of 2922 mg/min/L and a Cmax of 124 µg/ml.

Clinical PK of 5-FU has been established in cancer patients. A study in 22 patients with upper gastrointestinal tract adenocarcinomas was conducted in order to establish an association between 5-FU toxicity and its plasma AUC.²⁶ A dose range of 315-560 mg/m² was administered as a 1-h infusion. Plasma AUC in the range of 147-405 mg \cdot min/L was observed, with Cmax ranging from 2.8 to 6.8 µg/ml. The study concluded that increasing the infusion period for 5-FU administration decreased the AUC and therefore its toxicity. A subsequent larger study by another group enrolled 181 colorectal cancer patients.²⁷ The initial 5-FU dose was selected to attain a target AUC of 596 mg \cdot min/L. However, this study concluded that 5-FU toxicity was not completely associated with its PK and other clinical correlates were necessary to understand its toxic profile.

Methotrexate

Methotrexate is an antifolate drug used in several cancers besides breast cancer.²³ After IV administration it displays triphasic plasma-time curves. About 50% of the drug is plasma albumin-bound. Metabolism is minimal and 90% of the drug is excreted unchanged in the urine. Methotrexate concentrations in the cerebrospinal fluid are low, but cytotoxic levels can be achieved in the CNS with high doses followed by leucovorin rescue.

Methotrexate PK has been reported in preclinical models and appears to be highly variable. For example, a 100 mg/kg intraperitoneal dose in mice yielded plasma AUC in the range of 156-207 μ g \cdot h/ml in one study.²⁸ Another study at a dose of 400 mg/kg i.p. however resulted in a plasma AUC of 238 μ g \cdot h/ml.²⁹ A recent study evaluated i.p. doses in the range 10-600 mg/kg in mice and reported AUCs at 267-12500 μ g \cdot h/ml.³⁰

Methotrexate disposition was evaluated in 44 pediatric patients with acute lymphoblastic leukemia (ALL).³¹ A high dose of 5 g/m² resulted in high plasma exposure of drug. The authors evaluated genetic polymorphisms in the human transporter multidrug resistance related protein 2 (MRP2; ABCC2) gene and found a significant gender—specific effect of the -24C > T polymorphism on methotrexate PK. Female patients with at least one copy of the -24T allele had significantly higher AUCs (measured between 36-48 h after start of infusion) than other patients.³¹ Methotrexate population PK was evaluated in another study enrolling 79 pediatric ALL patients.³² A 2-compartment model described drug PK, with a clearance estimate of 8.8 L/h and initial volume of distribution 17.3 L. A 24-h infusion of a 5 g/m² dose resulted in an AUC of 588 μ g · h/ml. The population PK model made it possible to predict that below a threshold methotrexate level of 0.2 μ M, folinic acid administration (delivered to minimize methotrexate-related toxicity) can be stopped.³²

Tamoxifen

Tamoxifen is a selective estrogen receptor modulator and is commonly used in hormone-responsive breast cancer therapy. The usual dose is 10 mg twice a day, but doses as high as 200 mg per day have been prescribed. It is readily absorbed upon oral administration, with steady-state levels reached at 4-6 weeks.²³ Tamoxifen is metabolized to oxidative metabolites (some of which are active) via CYP enzymes, which undergo further Phase II glucuronidation and sulfation. The drug and its metabolites undergo enterohepatic recirculation and elimination is predominantly in the feces.

Early preclinical studies reported a lack of detectable tamoxifen concentration at low doses. Slow-release pellets containing 5 or 25 mg tamoxifen were administered subcutaneously to mice, but no plasma drug levels were detectable even after 2 weeks of treatment.³³ Daily s.c. injections of 1000 μ g or i.p. 25-100 mg/kg doses resulted in plasma concentrations of 0.21-0.51 μ M. In another study, single high dose of tamoxifen in mice (200 mg/kg oral) resulted in detectable levels of parent drug as well as metabolites 4-hydroxytamoxifen and *N*-desmethyltamoxifen.³⁴ Parent drug plasma AUC was 15.9 μ g \cdot h/ml in mice. Metabolite formation in rats was found to be more representative of human metabolism, suggesting that rats rather than mice might be a better preclinical model for tamoxifen disposition studies.

Tamoxifen PK has been well documented in humans.³⁵⁻⁴⁰ In a clinical trial including 34 postmenopausal metastatic breast cancer women, 20 mg tamoxifen was administered daily for 6 weeks.³⁸ Median concentrations of 107 ng/ml parent, 200 ng/ml N-desmethyltamoxifen and 3 ng/ml for 4-hydroxy tamoxifen were observed. High-dose tamoxifen PK was evaluated in 34 male patients with hormone-refractory metastatic prostate cancer.³⁶ Tamoxifen at 16 mg/m²/day was administered and yielded an average steady-state concentration of 2.96 µM. Results from a large clinical trial involving 24 international centers and a total of 357 patients were recently published.³⁵ Tamoxifen alone (20 mg/day) was administered to 111 postmenopausal women with early stage breast cancer. The geometric mean steady-state trough plasma concentration of tamoxifen was 95 ng/ml, while that of N-desmethyltamoxifen was 265 ng/ml. A dose range study (1-20 mg/day tamoxifen) was conducted recently in pre as well as postmenopausal women (total n = 120).³⁹ Median tamoxifen concentration ranged from 7.5 to 83.6 ng/ml in serum and 78.2-744.4 ng/ml in breast tissue. This study further quantitated levels of the 4-hydroxy, N-desmethyl and N-didesmethyl metabolies in serum, normal breast tissue and breast cancer tissue. Finally, 32 postmenopausal breast cancer patients on 20 mg/day tamoxifen were enrolled in a PK study and a steady-state plasma drug AUC of 3.04 mg · h/L was reported.³⁷

Pharmacokinetics in Special Populations: Age and Menopause Status

Age related physiologic changes can alter the PK-PD of a drug. Age therefore becomes an important consideration before starting systemic chemotherapy in breast cancer patients.⁴¹ Drug absorption is affected with age due to decreased gastrointestinal motility, decreased digestive enzyme secretion and decreased blood flow.^{42,43} Changes in body composition, decrease in total body water and lower body mass all contribute to altered drug distribution. Hepatic metabolism may be affected with age due to a decrease in liver mass, hepatic blood flow and enzyme function.⁴¹ Tumor biology additionally changes with age.⁴⁴ These age-related changes in drug PK-PD also play a critical role in drug-drug interactions, especially in the older patient who is more likely to be on numerous drugs at a given time. Pharmacokinetic data have been collected in elderly breast cancer patients. In some cases, decreased drug clearance has been noted, while other studies have not found a significant effect of age on drug PK.^{41,44} It is nevertheless critical to take into account patient age when making decisions regarding chemotherapy drug selection, dosing, single versus combination therapy and therapeutic monitoring for toxicity or adverse events.

Choice of therapy (chemotherapy, hormone therapy, monoclonal antibody) for breast cancer depends on the cancer status, i.e., stage (early versus metastatic), estrogen/progesterone receptor status (positive versus negative) and human epidermal growth factor receptor 2 (Her2/neu) status (positive versus negative). Menopause status—whether a woman is premenopausal, perimenopausal, or postmenopausal—also dictates choice of breast cancer therapy. For example, aromatase inhibitors improve the outcome for early-stage breast cancer in postmenopausal women, but should not be given to premenopausal women as they may stimulate tumor growth.^{45,46} Relative amounts of estrogen hormones depend on menopausal status and it remains to be studied whether differential levels of estrogens would alter the PK of an administered drug. Tamoxifen has been shown

to increase estrogen hormone clearance.⁴⁷ Estrogens are glucuronidated and sulfated in humans and might interact via these common metabolic pathways with drugs that are also substrates for glucuronidation and sulfation (e.g., tamoxifen). The picture is further complicated by genetic polymorphisms in sulfating and glucuronidating enzymes and their effects on hormone and drug metabolism.⁴⁸⁻⁵²

Pharmacokinetics of Anticancer Drugs and Memory Deficit as a Pharmacodynamic Endpoint

There is renewed interest in the evaluation of memory deficit as a result of breast cancer chemotherapy. Several reports have recently evaluated cognition in relation to chemotherapy.⁵³⁻⁵⁶ There is debate as to whether any cognitive deficit is associated with chemotherapy, or is instead correlated with stress, hormone changes and age in the older patient. Further, mechanisms underlying cognitive deficits are not yet understood. To date, there have been no studies correlating pharmacokinetics of anticancer drugs with cognition as a pharmacodynamic endpoint. Such studies will be critical to discern the role of PK in any memory deficits due to chemotherapy. It is conceivable that differential effect site drug (or active metabolite) concentrations will correlate with altered cognitive endpoints. Furthermore, study design of such PK-PD studies must incorporate effect site (e.g., brain) drug concentrations instead of only evaluating plasma drug levels.

Conclusion

Pharmacokinetics of drugs used in breast cancer therapy have been evaluated in detail. Memory deficit due to breast cancer chemotherapy is a new area of research. PK-PD studies correlating memory deficit to effect-site anticancer drug concentrations have not been conducted to date. Such studies will be critical in understanding the phenomenon of chemo fog, its underlying mechanisms and in designing therapeutic regimens to minimize these adverse effects.

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