

# Microbiological Spoilage of Fish and Seafood Products

Lone Gram

## Introduction

Fish and seafood products are some of the most important protein sources in human nutrition. At the same time, these products are perishable and, if left unpreserved, spoil rapidly. Some fish products are heavily cured (salted, dried) and shelf stable at ambient temperature. An increasing number of fish products are preserved by low levels of salt, cooling, packaging in modified atmosphere, and/or addition of low levels of preservatives. The microflora of these products is often complex; however, spoilage is mostly caused by microbial action.

Production of fish has increased over many years and the increase in the last two decades has mostly been due to a dramatic growth in the aquaculture sector (Fig. 1). Catches from wild fish populations have stagnated at approximately 90–100 million metric tons and today (2005), 40% of the fish used for human consumption are aquaculture-reared species. Also, our processing of fish has changed. The increase in fish production has mostly been utilized as “fresh fish,” whereas cured and canned products have become, proportionally, less popular (Fig. 2).

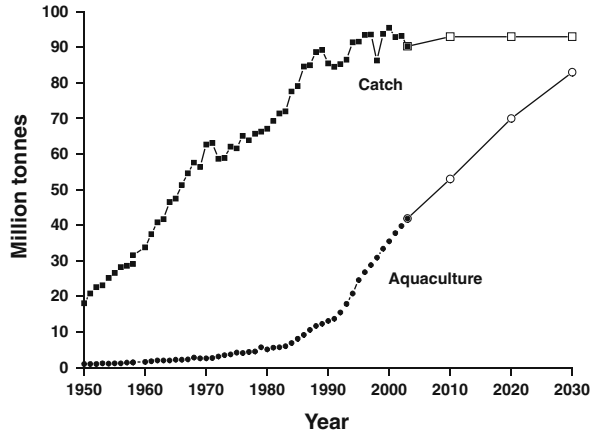
The raw materials for seafood products are bivalve mollusks, crustaceans, cephalopods, or finfish. These organisms have very different lifestyle and different gross composition, which influence subsequent spoilage patterns. Bivalve mollusks such as oyster accumulate glycogen (Martino & da Cruz, 2004), whereas other fish raw materials are virtually devoid of carbohydrates. Therefore, postmortem pH does not decrease to the same extent as pH in red meats and *Shewanella* species, which are quite sensitive to low pH can therefore grow and spoil chilled finfish similar to their involvement in spoilage of high-pH meat (Borch, KantMuermans, & Blixt, 1996). Crustacea have a high content of free amino acids, some of which (e.g., arginine and glycine) contribute to the characteristic crustacean flavor (Finne, 1992). Many cephalopods contain ammonia ( $\text{NH}_4^+$ ) in quite high concentration

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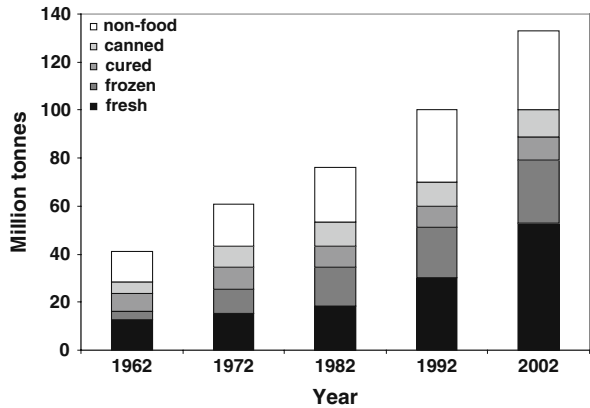
L. Gram (✉)

National Institute of Aquatic Resources, Technical University of Denmark, Soltofts Plads bldg 221, DK-2800 Kgs Lyngby, Denmark  
e-mail: gram@aqu.dtu.dk

**Fig. 1** Global fish production from wild fish catches and from aquaculture (FAO, 2004)



**Fig. 2** Utilization of fish catches (FAO, 2004)



(100–300 mM) (Seibel, Goffredi, Thuesen, Childress, & Robison, 2004). Seafood raw materials are, in general, very rich in nonprotein nitrogen (NPN) such as amino acids and trimethylamine oxide, and bacterial metabolism of these compounds is often the cause of spoilage.

### Spoilage Concepts

Spoilage of a food product is, in this chapter, a term used to describe that the product is no longer edible based on a sensory assessment. Safety issues are not included in the spoilage or shelf-life considerations. The sensory rejection may be caused by discoloration, physical changes, textural changes, slime or gas formation, or the development of off-flavors and off-odors. Spoilage may arise due to a number of chemical or microbiological changes. Lipid hydrolysis and oxidation are very

common causes of spoilage in many fatty fish species and rejection of small unviscerated species such as anchovies may be caused by “belly burst” in which the enzymes and microorganisms of the digestive tract cause massive gas development (Careche, Garcia, & Borderias, 2002). Protein denaturation and development of “card box” flavor due to changes in the protein and lipid fraction are common causes of spoilage of frozen fish products. However, microbial growth and metabolism is the major cause of spoilage of fresh, lightly preserved, and semi-preserved fish products. Microbial spoilage involves growth of bacteria, yeast, or fungi to high numbers and products of their metabolism give rise to the sensory impressions perceived as spoilage. Visible slime may appear as a result of the formation of extracellular polysaccharides from carbohydrate substrates (Lyhs, Koort, Lundstrom, & Bjorkroth, 2004). Fungal growth on, for example, dried fish is also a very visible spoilage form (Chakrabarti & Varma, 2000) as is the red discoloration that often accompanies spoilage of heavily salted fish (Prasad & Panduranga Rao, 1994). Off-odors and off-flavors arise when low-molecular-weight compounds are degraded by microorganisms. Typical spoilage compounds of seafood products include ammonia from deamination of amino acids, sulfides formed from sulfur-containing amino acids (Herbert & Shewan, 1975), trimethylamine resulting from bacterial reduction of trimethylamine oxide, and esters that may arise from degradation of phospholipids (Table 1).

The microflora on newly caught or produced product is a function of the microorganisms present on the live animal and the microorganisms contaminating during processing. Each seafood processing operation has its own unique microflora reflecting the raw materials and the preservation parameters used (Bagge-Ravn, Yin, Hjelm, Christiansen, Johansen, & Gram, 2003). Only some of the microorganisms will be able to tolerate the product-specific conditions (temperature, packaging, pH, water activity) and proliferate during storage. Those successful will form the spoilage microflora (or microbiota), which simply are the microorganisms present on the product at the point of sensory rejection. Only some of the species present are able to produce the off-odors and off-flavors, which are typical of the spoiling product, and this spoilage potential is typically determined by inoculating pure cultures of bacteria in sterile food systems (Chinivasagam, Bremner, Wood, & Nottingham, 1998; Dalgaard, 1995b; Gram, Trolle, & Huss, 1987; Herbert, Hendrie, Gibson, & Shewan, 1971; Joffraud, Leroi, & Chevalier, 1998; Miller, Scanlan, Lee, & Libbey, 1973). Subsequently, it must be determined if the microorganisms with spoilage potential are capable of producing the amounts of compounds associated with the spoiling product under relevant conditions of storage. This assesses the so-called spoilage activity of the microorganisms. For instance, *Vibrio* spp., *Aeromonas* spp., *Shewanella* spp., and *Photobacterium phosphoreum* are capable of reducing trimethylamine oxide (TMAO) to trimethylamine (TMA). The latter, fishy smelling compound, is typical of spoiling gadoid fish species. Gadoid species are those fish belonging to the Gadidae family, which includes cod, haddock, whiting, and pollock.

*Shewanella* species can grow under aerobic storage to  $10^8$ – $10^9$  cfu/g and produce the amounts of TMA found in aerobically, iced-stored fish. When the fish is packed

**Table 1** Examples of substrates, spoilage products, and spoilage bacteria from different seafood products (modified from Gram, 2005)

Sensory impression	Spoilage substrate	Spoilage product	Food product	Specific organism	Reference
Slime	Sugars	Extracellular polysaccharide (dextran)	Acetic acid herring preserve	<i>Leuconostoc gelidium</i> <i>Leuconostoc gasicomitatum</i>	Lyhs et al. (2004)
Gas	Sugars, Protein	CO <sub>2</sub>	Preserved herring	<i>Lactobacillus alimentarius</i> Yeast	Lyhs, Lahtinen, et al. (2001)
Fishy off-odor	Trimethylamine oxide	Trimethylamine	Several fish products	<i>Shewanella baltica</i> <i>Photobacterium phosphoreum</i> <i>Aeromonas</i> spp. <i>Vibrio</i> spp. Enterobacteriaceae	Dalgaard et al. (1993) Gram et al. (1990) Vogel et al. (2005)
Musty off-odor			Salted fish, fresh fish	<i>Pseudomonas</i> <i>Psychrobacter</i>	Bjorkevoll, Olsen, and Skjerdal (2003) Castell, Greenough, and Jenkin (1995)
Ammonia	Amino acids	Ammonia, NH <sub>3</sub>	Several fish products	Enterobacteriaceae, lactic acid bacteria <i>P. phosphoreum</i>	Jorgensen, Huss, et al. (2000)
Sulfide	Cysteine	Hydrogen sulfide, H <sub>2</sub> S	Several fish products	<i>S. baltica</i> Enterobacteriaceae <i>Lactobacillus sakei</i> , <i>Lactobacillus curvatus</i>	Chai et al. (1968) Hansen (1995) Joffraud, Leroi, Roy, & Berdague (2001) Kadota and Ishida (1972)
Sulfhydryl off-odors	Methionine	Dimethyl/diulfide, (CH <sub>3</sub> ) <sub>2</sub> S <sub>2</sub>	Several fish products	<i>Pseudomonas</i> Enterobacteriaceae	Segal and Starkey (1969) Chinivasagam, Bremner, et al. (1998) Kadota and Ishida (1972) Segal and Starkey (1969)

in CO<sub>2</sub> atmosphere, large amounts of TMA are detected; however, counts of *Shewanella* remain below 10<sup>6</sup> cfu/g. Although they have the spoilage potential, they do not possess sufficient spoilage activity. Instead, CO<sub>2</sub>-tolerant *P. phosphoreum* grow and produce the TMA formed in packed fish (Dalgaard, 1995b; Dalgaard, Gram, & Huss, 1993).

In some products, the specific spoilage microorganisms are one single group or species, for example, *Shewanella baltica* in iced cod (Chai, Chen, Rosen, & Levin, 1968; Vogel, Venkateswaran, Satomi, & Gram, 2005), *P. phosphoreum* in CO<sub>2</sub>-packed chilled fish (Dalgaard, Mejlholm, Christiansen, & Huss, 1997), or *Lactobacillus alimentarius* in some marinated herring (Lyhs, Korkeala, Vandamme, & Bjorkroth, 2001). The spoilage patterns of other products may be much more complex and spoilage is brought about by a combination of several microorganisms. Typically, these as single cultures do not give rise to the product spoilage off-odors but only when cocultured (Jorgensen, Huss, & Dalgaard, 2000; Mejlholm, Boknaes, & Dalgaard, 2005).

### ***Fish Substrates of Spoilage***

Fish muscle is rich in nonprotein nitrogen and the amino acids, nucleotides, and trimethylamine oxide serve as microbial substrates or electron acceptors. The products of microbial metabolites result in the spoilage of the products (Table 1). Trimethylamine oxide is a small odorless compound which accumulates in finfish, elasmobranchs, cephalopods, and some bivalves (Sadok, Uglow, & El-Abed, 2003; Seibel & Walsh, 2002). In finfish, it is mostly found in marine gadoid fish species but can also be formed in other species. It was believed for many years that the compound was not produced in freshwater fish species; however, it has been detected in both Nile perch and tilapia (Anthoni, Borresen, Christophersen, Gram, & Nielsen, 1990). The role of TMAO in fish is not known but it is generally believed that it acts as a compatible solute balancing the effects of salt levels in the marine environment, deep pressure, or high concentrations of urea found in elasmobranchs (Seibel & Walsh, 2002; Yancey, Clark, Hand, Bowlus, & Somero, 1982), where it stabilizes protein folding (Yancey, 2005). Several bacterial species may use TMAO as an electron acceptor in an anaerobic respiration and the reduced compound, trimethylamine (TMA), is the most prominent compound giving rise to “fishy” odor. TMAO/TMA is a redox couple and its presence in fish ensures a positive redox potential of approximately 200 mV as opposed to red meat where the Eh is negative. The Eh decreases to negative values when TMAO is reduced to TMA (Huss & Larsen, 1980; Yancey, 2005).

The ability to use TMAO as an electron acceptor gives obligately respiratory microorganisms an advantage when oxygen becomes limited. Ringo, Stenberg, and Strom (1984) suggested that the complete Krebs' cycle was used when *Shewanella* respired using TMAO and that amino acids such as cysteine were used as substrates, resulting in the parallel formation of hydrogen sulfide (H<sub>2</sub>S). More recent studies

have determined that the metabolism is slightly more complex and that TMAO reduction involves only part of the TCA cycle (Scott & Nealson, 1994).

Sulfurous odors arise from bacterial degradation of L-cysteine and L-methionine. The volatiles consist of an array of compounds including hydrogen sulfide, methyl mercaptan, and dimethyl sulfide (Herbert & Shewan, 1975). Some sulfurous off-odors give rise to more fruity or onion-like off-odors. The fruity off-odors also consist of esters and are typically formed from degradation of monoamine–monocarboxylic amino acids (Castell & Greenough, 1959) but also low-molecular-weight fatty acids can act as substrates for bacterial production of fruity off-odors (Reddy, Bills, & Lindsay, 1969).

Bacterial decarboxylation of amino acids gives rise to the formation of the so-called biogenic amines (Table 2), some of which are off-odorous. These compounds have mainly been of interest due to their role in food safety being the cause of histamine poisoning; however, they have also been used as indicators of spoilage in a number of products.

**Table 2** Amino acids and biogenic amines formed by bacterial degradation

Amino acid	Biogenic amine	Reaction
Histidine	Histamine	Decarboxylase
Tyrosine	Tyramine	Decarboxylase
Lysine	Cadaverine	Decarboxylase
Arginine	Agmatine	Decarboxylase
L-Phenylalanine	$\beta$ -Phenylethylamine	Decarboxylase
Ornithine	Putrescine	Decarboxylase
	Spermidine	Spermidine synthase
	Spermine	Spermine synthase

Seafoods are products rich in protein and it is often stated that proteolytic bacteria are important for the spoilage process. However, the pool of free amino acids is more than sufficient to support bacterial growth and acts as substrates for the off-odors and off-flavors formed. In a series of classical experiments, Lerke and coworkers (Adams, Farber, & Lerke, 1964; Lerke, Adams, & Farber, 1963; Lerke, Adams, & Farber, 1965; Lerke, Farber, & Adams, 1967) inoculated spoilage bacteria into fish juice and separated it into a high-molecular-weight fraction (protein) and a low-molecular-weight fraction (amino acids and TMAO). In the LMW fraction, off-odors and spoilage compounds identical to the spoiling fish developed, whereas no off-odors were formed in the HMW fraction (Table 3).

The odor, flavor, and color of fish are influenced by its feed; however, little is known about the influence of fish feed on subsequent spoilage patterns. This is becoming an issue as an increasing amount of fish raw material is produced in aquaculture. Replacing 50% of fish meal in a typical trout diet with vegetable protein had no influence on subsequent growth of bacteria on iced fillets or on spoilage rates (Ozogul, Ahmad, Hole, Ozogul, & Deguara, 2006).

**Table 3** Spoilage of low-molecular-weight and high-molecular-weight fractions of fish muscle press juice inoculated with a fish spoilage bacterium (modified from Lerke et al., 1967)

Sample	Day	Volatile reducing substances (microequivalents of reduction/5 ml)	Total volatile nitrogen (mg/100 ml)	Trimethylamine nitrogen (mg/100 ml)	Log (cfu/ml)
Whole juice	0	7.5	0	0	3.3
	1	7.5	0	0	7.35
	2	36	5	3.3	8.5
	2.5	—	6	3.2	8.9
Nonprotein fraction	0	5	0	0	3.3
	1	4.5	0	0	6.8
	2	16	2.8	2.5	8.6
	2.5	36	5.5	4.7	8.6
Protein fraction	0	5	0	0	3.3
	1	5	0	0	6.3
	2	4	0	0	7.8
	2.5	4	0	0	8.1

### *Taxonomy of an Important Fish Spoilage Bacterium*

The understanding of the bacteriology of seafood spoilage was brought about by studies in a 20-year period from 1950 to 1970 by Castell (Castell & Anderson, 1948), by Lerke's group (Adams et al., 1964; Lerke et al., 1963, 1965, 1967), and by the microbiology team at Torry Research Station led by James Shewan (Castell & Anderson, 1948; Shaw & Shewan, 1968; Shewan, 1977). It was discovered, relatively early, that the "total bacterial count" was not a parameter that could indicate spoilage or remaining shelf life of fresh fish (Castell, Anderson, & Pivnick, 1948; Huss, Dalsgaard, Hansen, Ladefoged, Pedersen, & Zittan, 1974). However, the spoilage off-odors and off-flavors were produced by very specific bacteria, and the most noticeable were the fishy and sulfidy odors of spoiling gadoid fish species produced by Gram-negative, psychrotrophic bacteria capable of producing hydrogen sulfide and reducing trimethylamine oxide. The specific microorganisms associated with chill storage fish spoilage were originally grouped as *Achromobacter*, which was a compilation of Gram-negative, nonfermentative, rod-shaped bacteria, several of which today have been reclassified as *Acinetobacter*, *Moraxella*, *Psychrobacter*, and *Shewanella*. In 1941, Long and Hammer (Long & Hammer, 1941) reclassified the bacterium as *Pseudomonas* and due to its role in fish spoilage, the species became *Pseudomonas putrefaciens*. The research team at Torry Research Station classified pseudomonads into four groups (I, II, III, IV) (Shewan, Hobbs, & Hodgkiss, 1960) and the fish spoilage bacterium belonged to group IV. This bacterium was moved to the *Alteromonas* genera because of different GC contents between *Ps. putrefaciens* (43–53%) and the majority of pseudomonads (58–72%). Molecular approaches once again led to the bacterium's name being changed. Colwell and coworkers (Macdonell & Colwell, 1985) sequenced the 5S rRNA gene

of several marine bacteria and determined that the bacterium belonged to a completely new genus named *Shewanella*. Recently, results of 16S rRNA gene sequence analyses of genera from this group led to a proposal for a new family Shewanellaceae (Ivanova, Flavier, & Christen, 2004), which contains about 30 *Shewanella* spp. The number of new *Shewanella* species is constantly increasing. In 1998, Ziemke, Hofle, Lalucat, and Rossello-Mora (1998) characterized a large number of *Shewanella* isolates from the Baltic Sea using DNA–DNA hybridization, 16S rRNA gene sequencing, and phenotypic testing. They concluded that strains classified as *Shewanella putrefaciens* were a diverse group and belonged to two different species, one being *S. putrefaciens* and a new one being *S. baltica*. Recent studies (Vogel et al., 2005) have revealed that the H<sub>2</sub>S-producing bacteria that develop during iced storage of cod and plaice are indeed *S. baltica* strains. Although it is not possible to know whether bacterial isolates from former studies are *S. baltica* or *S. putrefaciens* or even some of the new psychrotrophic *Shewanella* species such as *S. hafniensis* or *S. morhaue* (Satomi, Vogel, Gram, & Venkataraman, 2006; Shewan et al., 1960), one must assume that several of these probably today would be classified as *S. baltica*. Recent studies of low-temperature-stored garfish and tuna have also identified the H<sub>2</sub>S-producing bacteria of the spoilage microflora as *S. baltica* (Dalgaard, Madsen, Samieian, & Emborg, 2006; Emborg, Laursen, & Dalgaard, 2005).

## Microbiology of Freshly Caught Fish

The muscles of healthy fish are sterile and microorganisms reside at the surfaces such as skin, gills, and gastrointestinal tract of finfish. The level of microorganisms vary depending on the area of catch; however, the skin typically contains 10<sup>4</sup> cfu/cm<sup>2</sup>, the gills 10<sup>6</sup> cfu/g, and the digestive tract up to 10<sup>8</sup> cfu/g (Austin, 2002). The level of microorganisms in the digestive tract may vary from 10<sup>4</sup> to 10<sup>9</sup> cfu/g (Spanggaard et al., 2000). Most of the microbiota are culturable under standard laboratory conditions; however, the digestive tract may contain high levels of anaerobic microorganisms (Huber, Spanggaard, Appel, Rossen, Nielsen, et al., 2004) requiring special culture conditions.

A wide array of different bacterial species can be found on fish; however, the dominant microbes are genera or species typical of the aquatic environment, including pseudomonads, coryneforms, and bacteria belonging to the *Acinetobacter/Moraxella* group (Table 4). In some studies of tropical fish species, Gram-positive bacteria dominate the microbiota; however, the bacterial flora mostly consists of Gram-negative species. The microbiota on the skin surface is often dominated by aerobic, nonfermentative microorganisms, whereas a higher proportion of fermentative bacteria are present on the gills and in the gastrointestinal tract (Spanggaard et al., 2001). The bacteria that subsequently become important in spoilage of fresh finfish are present only in small proportions. Vogel et al. (2005) determined that the number of H<sub>2</sub>S-producing bacteria varied between 10<sup>1</sup> and 10<sup>3</sup> and constituted between 0.1 and 10% of the total bacterial count. After 3 weeks of storage, the counts had increased to 10<sup>8</sup>–10<sup>9</sup> and H<sub>2</sub>S-producing bacteria constituted



**Table 4** Bacterial genera associated with raw finfish and crustaceans, and their percentage of the total microflora (modified from ICMSE, 2005)

Group or species	Percentage Composition			
	Marine		Freshwater	
	Temperate	Tropical	Temperate	Tropical
<i>Pseudomonas</i>	3–32	2–22	0–26	0–6
Vibrionaceae	1–29	0–28	0–7	0–2
<i>Acinetobacter</i> – <i>Moraxella</i>	11–56	9–30	0–47	10–43
<i>Flavobacterium</i> – <i>Cytophaga</i>	2–22	4–25	–	0–11
Other Gram-negative bacteria	0–21	0–12	0–55	0–30
Coryneforms	3–81	0–43	0–15	0–5
Gram-positive cocci	1–23	3–51	0–45	30–50
<i>Bacillus</i>	0–4	0–2	0–5	0–40
Others	0–8	0–22	0–34	–

2–30% of the viable count. In the warm summer months, several of the H<sub>2</sub>S-producing bacteria were mesophilic *Shewanella algae*, which is a human pathogen. These bacteria quickly disappeared upon iced storage and the psychrotrophic H<sub>2</sub>S-producing bacteria subsequently dominated the spoilage bacterial community.

## Product Categories and Spoilage

The principal spoilage microorganisms and microbial spoilage processes are described in this chapter. The seafood products are grouped in categories having somewhat similar microbial ecology – and hence, similar spoilage processes. Table 5 provides examples of typical shelf lives of some seafood products.

### *Raw, Fresh Seafood*

#### **Bivalve Mollusks**

As mentioned, oysters have a relatively high content of glycogen and spoilage is characterized by the growth of lactic acid bacteria, the formation of lactic acid, and a concurrent decrease in pH. The pH of fresh oysters is approximately 6 and spoiled oysters have pH values of 4.9–5.3 (Aaraas et al., 2004; Cook, 1991). Other studies have noted an increase in bacteria such as *Ps. putrefaciens* (Brown & McMeekin, 1977) or *Pseudoalteromonas* (Romero, Gonzalez, & Espejo, 2002) during spoilage and this is more likely to cause development of amine compounds. It is often stated that bacteria will not grow when mollusks are stored live; however, Lorca, Pierson, Flick, and Hackney (2001) determined that counts of halotolerant bacteria (such as *Vibrio* spp.) increased from approximately 10<sup>5</sup> to 10<sup>8</sup> cfu/g over a 10-day storage period. The increase was seen at storage temperatures of 7, 13, and 21°C.

**Table 5** Typical shelf lives of some seafood products – shelf lives are a function of sensory acceptability and do not consider safety aspects

Category	Subcategory	Product example	Storage conditions	Typical shelf life
Raw fresh seafood	Mollusks	Live oysters	Live, 10°C	3–6 days
	Crustaceans	Shrimp	In ice (0°C)	10–16 days
	Cephalopods	Squid	In ice (0°C)	8–12 days
	Finfish	Cod	In ice (0°C)	12–16 days
Packed fresh fish		Cod	CO <sub>2</sub> packed, at 2°C	11–12 days
		Cold-smoked salmon	Vacuum packed, 5°C	3–8 weeks
Cured seafood	Other lightly preserved products	Brined shrimp	Contain sorbate, benzoate, packed, 5°C	1–2 months
	Semipreserved products	Marinated herring	Acetic acid brine, preservatives, 5°C	3–6 months
	Heavily salted fish	Tropical salted fish	Aerobic	2–6 days
	Hot-smoked fish	Hot-smoked mackerel	Ambient temperature, aerobic, vacuum-packed, 5°C	1–2 months
Heated seafood products	Sous vide-cooked products	Cod	Heated, vacuum packed, 3°C	1–2 weeks
	Fully canned products	Tuna	–20°C	1–2 years
Miscellaneous	Frozen fish	Cod	5°C	1–12 months
	Surimi	White fish	Double washed, –18°C	5 days 12 months

## Crustaceans

Fresh shrimp are often stored in ice for a few days to facilitate loosening of the shell, known as ripening (Hoegh, 1989). This process is autolytic and partly caused by the increase in pH which loosens the shrimp shell proteins that have a low pI (Hoegh, 1989). The content of ammonia increases steadily during iced storage to 1.5 g/kg after 7–8 days of storage. This is primarily a result of autolytic proteases and is accompanied by a concurrent increase in free amino acids (Hoegh, 1989).

Psychrotrophic bacteria increase during storage (Cann, 1973). The spoilage flora may contain a large proportion of *Moraxella* or *Acinetobacter* (Surendran, Mahadeva Iyer, & Gopakumar, 1985; Vanderzant, Cobb, Thompson, & Parker, 1973), but other studies have revealed that pseudomonads and alteromonads dominate (Shamshad, Kher, Riaz, Zuberi, & Qadri, 1990). *Pseudomonas fragi* and *Shewanella putrefaciens* have been identified as the primary spoilage agents of chill-stored shrimp, with *Ps. fragi* spoiling iced-stored shrimp and *S. putrefaciens* being the dominant microorganism in shrimp stored in ice slurry (Chinivasagam, Bremner, Thrower, & Nottingham, 1996). Naturally, spoiling prawns are characterized by amines, sulfides, and esters and both *Ps. fragi* and *S. putrefaciens* produced sulfides, whereas amines were mostly formed by *S. putrefaciens* and the spoilage esters mainly by *Ps. fragi* (Chinivasagam, Bremner, et al., 1998).

Indole has been suggested as a spoilage indicator for shrimp and prawn; however, this is not a universal compound in all species. Indole is produced by bacteria that degrade tryptophan. Levels may, in some species, increase to above 100 µg/100 g and some regulatory agencies use 250 µg/100 g as the spoilage limit. Indole production is mainly an issue of high-temperature storage and is likely caused by members of Enterobacteriaceae; however, indole is not formed in all species (Mendes, Goncalves, Pestana, & Pestana, 2005), not even at elevated temperatures in severely spoiled product (Table 6). Sensory rejection of crustacea may also be caused by the formation of black spots (melanosis). Melanin is formed from tyrosine and it has been suggested that this is a bacterial process as several spoilage pseudomonads can oxidize tyrosine (Chinivasagam, Bremner, & Reeves, 1998). This process is normally prevented or controlled by dipping the shrimp in sulfites or other reducing components.

## Cephalopods

The shelf life of iced-stored squid is slightly shorter than that of most finfish and the product is rejected in 8–12 days (Albanese, Cinquanta, Lanorte, & Di Matteo, 2005; Paarup et al., 2002; Vaz-Pires & Barbosa, 2004). Spoilage is characterized by ammoniacal off-odors and the rapid onset of ammonia production at relatively low cell densities suggested that spoilage is mainly autolytic and not caused by bacterial growth (Vaz-Pires & Barbosa, 2004). Paarup et al. (2002) determined that the spoilage microflora was dominated by *Pseudoalteromonas* that reached  $10^7$  cfu/g. This bacterium may contribute to late ammonia formation. Trimethylamine also

**Table 6** Indole formation in shrimp/prawns (ICMSF, 2005)

Species	Temperature (°C)	Time (days)	Indole (µg/100 g)	Reference
<i>Penaeus merguensis</i>	0–4	9–13	4	Shamshad et al. (1990)
<i>Penaeus setiferus</i> or <i>Penaeus duorarum</i>	0–4 12–22	8–13 1–2	10–15 >100	Chang, Cheuk, Nickelson, Martin, and Finne (1983)
<i>Pandalus platycens</i>	0	14–21	30–40	Layrisse and Matches (1984)
<i>Pandalus jordani</i>	0 11 22	10 3 2	65 130 623	Matches (1982)
<i>Pandalus borealis</i>	0 22	10 1	4 1	Solberg and Nesbakken (1981)

develops during iced storage (Paarup et al., 2002) but it is not known which microbes are responsible for its production.

### Finfish

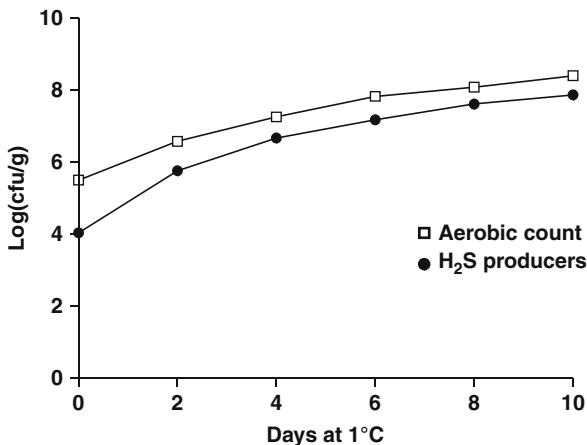
Storage of finfish at ambient temperature leads to rapid growth of mesophilic Gram-negative bacteria belonging to Vibrionaceae or Enterobacteriaceae (Len, 1987; Liston, 1992). These bacteria reduce TMAO to TMA and produce several sulfides and shelf life is short, typically less than 24 h. Cooling, mostly in flaked or crushed ice, is the most common and most effective method for preservation of fresh finfish. The initial biochemical changes in the fish muscle are autolytic and related to the breakdown of ATP. These changes, however, do not have a major impact on sensory quality. Lipid hydrolysis and oxidation may proceed in fatty fish species and contribute to the development of unpleasant off-flavors and off-odors. However, the most offensive off-odors and flavors leading to spoilage at a low temperature are a consequence of bacterial action. As temperature decreases, the microbiota of the product changes and at 0–2°C, the spoilage microflora which reach 10<sup>8</sup>–10<sup>9</sup> cfu/g after 2–4 weeks is mostly dominated by pseudomonads and shewanellae (Fig. 3, Table 7) even though other psychrotrophic microbes sometimes also grow. Some studies have reported the growth of the Gram-positive bacterium *Brochothrix thermosphacta* in iced finfish (Grigorakis, Alexis, Gialamas, & Nikolopoulou, 2004; Lalitha et al., 2005) but their numbers are two orders of magnitude lower than numbers of *Shewanella* (Koutsoumanis & Nychas, 1999). *Photobacterium phosphoreum* may also grow during aerobic low-temperature storage of some fish species, and together with shewanellae and pseudomonads constitute the spoilage microflora (Dalgaard et al., 2006). The specific importance of each of these three groups in the actual spoilage process has not been described.

The dominance of pseudomonads and shewanellae has been seen in warm tropical freshwater fish and in fish caught in cold, marine waters (Gram, Wedell-Neergaard, & Huss, 1990; Koutsoumanis & Nychas, 1999). Growth of these psychrotrophic bacteria in marine fish is accompanied by the production of TMA

**Table 7** Changes in the composition of the microflora during storage of a marine (mackerel, *Rastrelliger faughnMatsui*) and a freshwater (*Tilapia aurea*) fish species in ice (Acuff, Izat, & Finne, 1984; Barile, Milla, Reilly, & Villadsen, 1985a, 1985b)

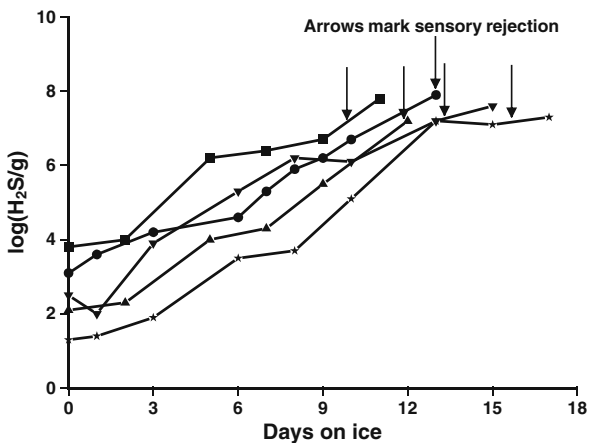
Species/group	Percentage composition of the microflora at different times during iced storage										
	Mackerel						Tilapia				
	0 10 <sup>4</sup>	1 10 <sup>5</sup>	5 5 × 10 <sup>5</sup>	10 5 × 10 <sup>7</sup>	15 10 <sup>9</sup>	0 2 × 10 <sup>4</sup>	3 2 × 10 <sup>2</sup>	9 10 <sup>3</sup>	15 5 × 10 <sup>6</sup>	19 6 × 10 <sup>7</sup>	
Storage time cfu/g											
<i>Pseudomonas</i>	30	25	38	58	53	16	27	62	82	71	
<i>Shewanella</i>			38	14	42						
<i>Acinetobacter/Moraxella</i>	10	8				19	11	6	16	15	
<i>Flavobacterium</i>						13	1	7			
Vibrionaceae						16	1	6			
Enterobacteriaceae	10		6				4				
<i>Bacillus</i>	40	42	18	14		1	13		1	6	
<i>Micrococcus</i>						26	22	3		2	
Coryneform	10	17				4	22	16	1	6	
Unknown/other		8		14	5	5					

**Fig. 3** Changes in total bacterial count and in H<sub>2</sub>S-producing bacteria during storage of haddock fillets at 1°C. At day 0 and 10, H<sub>2</sub>S-producing bacteria account for 3 and 29% of the total bacterial count, respectively (Chai et al.,1968)



caused by *Shewanella* metabolism. *Pseudomonas* spp. dominate the spoilage of iced freshwater finfish (Chytiri, Chouliara, Savvaidis, & Kontominas, 2004; Gelman, Glatman, Drabkin, & Harpaz, 2001; Gram, 1989) and the spoilage off-odors are typically more fruity or onion-like. Remaining shelf life of iced gadoid species can be predicted based on numbers of H<sub>2</sub>S-producing bacteria because their numbers correlate closely with sensory rejection (Fig. 4; Jorgensen, Gibson, & Huss, 1988).

**Fig. 4** Growth of H<sub>2</sub>S-producing bacteria in iced cod and the rejection based on sensory evaluation (Jorgensen et al., 1988)



Temperature is the most important factor influencing shelf life of fresh finfish. Shelf life of iced cod is approximately 14–16 days (Jorgensen et al., 1988), whereas increasing the temperature to 5°C shortens the shelf life to 6–7 days.

### Packed, Fresh Fish

Spoilage of aerobic chill-stored fish is mainly caused by the growth of pseudomonads and shewanellae which are respiratory bacteria and it could be expected that removal of the oxygen-containing atmosphere either by vacuum packing or by CO<sub>2</sub> packaging would result in extension of shelf life. However, *Shewanella* species are capable of anaerobic respiration using TMAO as an electron acceptor (Jorgensen & Huss, 1989; Pitt & Hocking, 1999; Ringo et al., 1984; Scott & Nealson, 1994) and the CO<sub>2</sub>-tolerant marine bacterium *P. phosphoreum* also grows well in vacuum-packed fish at low temperatures (Dalgaard et al., 1993). Therefore, vacuum packing does not result in a marked extension of the sensory shelf life of many marine fish species. Freshwater fish and some tropical species do not carry these two spoilage bacteria in high amounts and vacuum packing is likely to select for a microflora dominated by lactic acid bacteria (Hussain, Ehlermann, & Diehl, 1976; Pedersen & Snabe, 1995); however, little is known about the effect on shelf life. Concern has been raised that vacuum packing would increase the risk of botulism because *Clostridium botulinum* type E would be able to grow and produce toxin if temperatures were above 3°C. However, no case of botulism has ever been attributed to fresh, packed fish. First, no toxin was detected in a survey of 1,100 commercial packages of vacuum-packed fresh fish (Lilly & Kautter, 1990) and second, type E toxin is heat labile and would likely be inactivated in cooked product (Ohye & Scott, 1957).

One would assume that packaging in a CO<sub>2</sub>-containing atmosphere would cause a dramatic extension of chilled shelf life because CO<sub>2</sub> has a marked inhibitory effect on respiratory bacteria such as shewanellae and pseudomonads. Red meat typically spoils due to the growth and metabolism of pseudomonads and packaging in CO<sub>2</sub> extends chilled shelf life from days to months, with the microflora becoming dominated by lactic acid bacteria (Borch et al., 1996). The shelf life of marine fish species packaged in a CO<sub>2</sub> atmosphere is only marginally extended as compared to nonpackaged product and in gadoid species, significant amounts of trimethylamine are produced (Dalgaard et al., 1993; Debevere & Boskou, 1996; Ruiz-Capillas, Saavedra, & Moral, 2003). This is due to the growth and metabolism of the CO<sub>2</sub>-tolerant marine bacteria *P. phosphoreum* (Dalgaard et al., 1993; Debevere & Boskou, 1996; Emborg, Laursen, Rathjen, & Dalgaard, 2002) and remaining shelf life of CO<sub>2</sub>-packaged cod can be modeled based on numbers of *P. phosphoreum* (Dalgaard, 1995a). *Photobacterium phosphoreum* grows to 10<sup>7</sup>–10<sup>8</sup> cfu/g during low-temperature storage of packed fish and the amounts of TMA produced far exceeds the amounts formed during spoilage of nonpacked fish. This is due to very high production of TMA per cell of *P. phosphoreum* (Dalgaard, 1995b).

CO<sub>2</sub> packaging of fish that do not contain *P. phosphoreum* extends shelf life to some degree. *Photobacterium phosphoreum* is sensitive to freezing and a freezing step before CO<sub>2</sub> packaging eliminates the bacteria and extends shelf life of the packaged product (Dalgaard, Munoz, & Mejlholm, 1998; Emborg et al., 2002). Also, the shelf life of freshwater fish or tropical water fish that do not naturally harbor *P. phosphoreum* may be extended by packaging either under vacuum (Merivirta,

Koort, Kivisaari, Korkeala, & Bjorkroth, 2005) or in a CO<sub>2</sub> atmosphere (Gimenez & Dalgaard, 2004; Reddy, Villanueva, & Kautter, 1995). The elimination of *P. phosphoreum* from packaged fish often leads to a dominance by lactic acid bacteria and *B. thermosphacta* which can reach 10<sup>7</sup>–10<sup>8</sup> cfu/g (Emborg et al., 2002; Lannelongue, Finne, Hanna, Nickelson, & Vanderzant, 1982), which is similar to patterns observed for stored, packaged red meats (Borch et al., 1996; Dainty & Mackey, 1992). A bacterium belonging to Enterobacteriaceae has also been detected as a major part of the spoilage microflora in CO<sub>2</sub>-packaged tuna fish (Emborg et al., 2005). This bacterium and *P. phosphoreum* are both capable of forming large amounts of histamine at low temperatures (2°C) (Emborg et al., 2005, 2002). The production of biogenic amines is in several fish species believed to be a consequence of elevated temperatures that allow mesophilic *Morganella morganii* to grow and decarboxylate amino acids (Lehane & Olley, 2000). Amine production is of special interest in scombroid fish species which are rich in histidine, the precursor of histamine. *Photobacterium phosphoreum* may produce histamine (van Spreekens, 1987) at refrigeration temperatures but the finding of other *M. morganii*-like psychrotolerant histamine producers is novel. Histamine production in Sri Lankan tuna fish packed in CO<sub>2</sub> and N<sub>2</sub> and stored at 2°C began at day 3 and increased to more than 1,000 ppm on day 9 (Emborg et al., 2005). In garfish stored aerobically at 0°C, only low concentrations of histamine were detected and only after sensory rejection; however, at 5°C, more than 1,000 ppm were formed both in aerobically stored and CO<sub>2</sub>-packaged garfish (Dalgaard et al., 2006). Histamine formation parallels TMA formation and, hence, is a similar spoilage indicator.

## ***Cured Seafood***

Curing of fish refers to a wide variety of preservation principles combining salting, acidification, fermentation, and addition of preservatives such as sorbate, benzoate, lactate, and acetate. Although the proportion of the fish catch that is used for cured products is decreasing (Fig. 2), still at least 10 million tons are preserved in this manner. As the degree of preservation is “increased” compared to fresh fish, there is a change in the spoilage microflora toward fermentative Gram-negative bacteria, lactic acid bacteria, and yeast (Gram, 2005).

### **Salted, Cold-Smoked Fish**

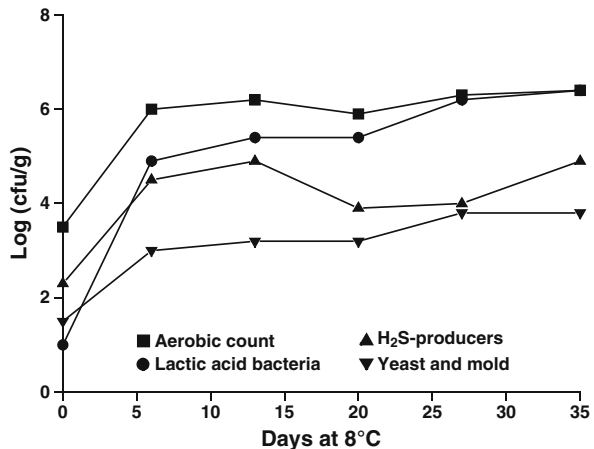
Especially salmon, but also to some extent trout, cod, and halibut are processed as lightly salted, cold-smoked products. The salt concentration is typically between 3 and 6% (as water-phase salt) and the cold-smoking process never increases above 28–30°C. Fish proteins denature at higher temperatures and the fish would obtain a “cooked” appearance as in hot-smoked products. The process may also rely on a combination of drying and addition of liquid smoke (Siskos, Zotos, & Taylor, 2005). Cold-smoked products are typically packaged under vacuum and retail distributed at refrigeration temperature. Often the products are held under frozen storage before



display at retail. If products are stored aerobically, spoilage occurs more rapidly and visible colony growth of pseudomonads and yeast cells can be seen. Packaging of salmon and other fatty fish species also serves the purpose of eliminating oxidation of the lipid fraction as rancidity otherwise becomes a major off-odor.

The shelf life of vacuum-packaged, cold-smoked fish varies between species and factories and depends to some extent on the degree of drying, smoking, and the amount of salt added (Leroi & Joffraud, 2000). The sensory shelf life varies between 3 and 9 weeks (Jorgensen, Dalgaard, & Huss, 2000); however, the longer shelf lives may not be acceptable from a safety perspective as, for instance, *Listeria monocytogenes* and sometimes *C. botulinum* may be able to grow in this product (Gram, 2001a, 2001b). Recently, consumption of a packed cold-smoked salmon product 3 days after “use-by-date” was linked to a case of botulism (Dressler, 2005). The total bacterial count is reduced slightly by the cold-smoking process and is between  $10^1$  and  $10^4$  cfu/g in the freshly produced product (Dondero, Cisternas, Carvajal, & Simpson, 2004; Hansen, Drewes Rontved, & Huss, 1998; Leroi, Joffraud, Chevalier, & Cardinal, 1998).

**Fig. 5** Changes in aerobic count, lactic acid bacteria,  $H_2S$ -producing bacteria, and yeasts and molds in cold-smoked salmon stored under vacuum at 8°C (Leroi et al., 1998)



The total bacterial count of vacuum-packaged, cold-smoked fish increases during refrigerated storage (4–5°C) and the spoilage microflora is often dominated by lactic acid bacteria or a combination of lactic acid bacteria and fermentative Gram-negative bacteria (Enterobacteriaceae or *P. phosphoreum*) (Hansen et al., 1998; Leisner, Millan, Huss, & Larsen, 1994; Leroi et al., 1998; Lyhs, Bjorkroth, Hyytia, & Korkeala, 1998). Lactic acid bacteria counts typically increase to  $10^6$ – $10^8$  cfu/g during a few weeks of refrigerated storage (Fig. 5) (Jorgensen, Dalgaard, et al., 2000a; Leroi & Joffraud, 2000). The spoilage pattern of cold-smoked fish is complex and no single bacterial species has been identified as being responsible for the spoilage. Although autolytic changes may cause some textural changes, the actual spoilage is of bacterial origin (Hansen, Gill, Rontved, & Huss, 1996). Several types of lactic acid bacteria may become dominant in cold-smoked fish; some studies revealed that

the microflora is dominated by carnobacteria (Paludan-Muller, Dalgaard, Huss, & Gram, 1998) and in other trials different *Lactobacillus* species are dominant. Based on phenotypic characteristics, the lactobacilli have been identified as *Lb. curvatus*, *Lb. sakei*, and *Lb. plantarum*, with each of three processing plants having their own composition of the flora (Hansen & Huss, 1998). The odor profile of spoiled cold-smoked fish varies and a range of potentially odorous volatile compounds are produced during spoilage, including alcohols, aldehydes, esters ketones, and phenols (Jorgensen, Huss, & Dalgaard, 2001). Only some compounds were produced in quantities exceeding an odor threshold and trimethylamine and 3-methylbutanal were both believed to contribute to the spoilage odor profile (Jorgensen et al., 2001). Several of the bacteria that can be isolated from the spoilage microflora of cold-smoked fish produce spoilage off-odors either as pure cultures or as mixed cultures (Joffraud et al., 1998; Stohr, Joffraud, Cardinal, & Leroi, 2001). However, it has not been possible to correlate these odor profiles directly to the profile of the spoiling product.

Cold-smoked fish products are high-value delicatessen products which are traded globally, and an objective chemical "spoilage index" would be valuable in quality and shelf-life determinations (Leroi, Joffraud, Chevalier, & Cardinal, 2001). It has been demonstrated that the production of biogenic amines may be indicative of spoilage, although the amines themselves apparently do not contribute to the spoilage profile (Jorgensen, Huss, et al., 2000). Several different combinations of biogenic amines can be found at the point of spoilage (Table 8) (Jorgensen, Dalgaard, et al., 2000) and some are likely to be the result of metabolism by mixed bacterial communities. For instance, most spoilage bacteria produce only low concentrations (max 10  $\mu\text{g}/10\text{ g}$ ) of putrescine when grown as single cultures (Jorgensen, Huss, et al., 2000). The spoiling product is characterized by much higher putrescine concentrations and cocultures of lactic acid bacteria and Gram-negative bacteria give rise to the concentrations equivalent of the spoiling product. A similar metabiosis is seen in spoilage of vacuum-packed meat (Dainty, Edwards, Hibbard, & Ramantanis, 1986; Edwards, Dainty, & Hibbard, 1985). Putrescine is formed by ornithine decarboxylation which is common in several Gram-negative bacteria. The pool of ornithine may be replenished by lactic acid bacteria that use arginine deiminase to convert arginine to citrulline and ornithine carbamoyltransferase to convert citrulline to ornithine (Jorgensen, Huss, et al., 2000).

### Other Lightly Preserved Seafood Products

A number of other delicatessen seafood products are similar to the cold-smoked fish in preservation profile and, hence, in spoilage microbiology. For instance, cooked shrimp may be packaged in modified atmosphere and distributed at refrigeration temperature (Mejlholm et al., 2005) or brined before packaging (Dalgaard et al., 2003). These products contain 2–3% NaCl (water-phase salt) and are preserved with either lactic acid or a combination of citric, sorbic, and benzoic acid. The shelf life is 2–3 weeks and the spoilage microflora is dominated by lactic acid bacteria accompanied by *B. thermosphacta* that grow to  $10^7$ – $10^8$  cfu/g (Mejlholm et al., 2005).

**Table 8** Production of biogenic amines by pure and mixed cultures of bacteria isolated from spoiled cold-smoked salmon (Jørgensen, Dalgaard, et al., 2000; Jørgensen, Huss, et al., 2000)

Species/group	No of strains or batches	Biogenic amines ( $\mu\text{g/g}$ )					
		Agmatine	Cadavarine	Histamine	Putrescine	Tyramine	
<i>Photobacterium phosphoreum</i>	3	200	400	180	9	90	
<i>Aeromonas</i>	1	<	50	<	<	<	
<i>Serratia liquefaciens</i>	2	<	400	<	9	<	
<i>Enterobacter</i>	2	13	5	<	10	<	
<i>Hafnia</i>	1	<	180	<	5	<	
<i>Lactobacillus curvatus</i> (I)	5	<	<	<	6	0-200	
<i>Lactobacillus curvatus</i> (IV)	2	<	5	<	6	0-100	
<i>Lactobacillus sakei</i>	3	<	<	<	5	<	
<i>Carnobacterium divergens</i>	2	<	<	<	4	95	
<i>S. liquefaciens</i> or <i>Hafnia</i> + <i>C. divergens</i> or <i>Lb. sakei</i>					25-80		
<i>C. divergens</i> + Gram-negative bacteria						80-130	
Spoiling product (I)	6	90-270	150-350	100-240	3-35	80-140	
Spoiling product (II)	3	2-30	100-135	3-50	8-40	130-180	
Spoiling product (III)	2	2-25	180-300	10-15	190-380	225-335	
Spoiling product (IV)	1	20	35	20	30	200	

Single bacterial cultures did not produce the odor profile typical of the spoiling product, but a coculture of *Carnobacterium maltaromaticum* and *B. thermosphacta* produced the typical “wet dog” off-odors.

The Scandinavian speciality “gravad” fish is also a lightly preserved product similar to cold-smoked fish. Fillets are sprinkled with salt, sugar, herbs (typically dill), and spices and left under slight pressure for 1–2 days at refrigeration temperature. The product is stored aerobically or vacuum packaged (Leisner et al., 1994; Lyhs, Bjorkroth, & Korkeala, 1999; Lyhs, Lahtinen, et al., 2001). The aerobic count increases in vacuum-packed product to approximately  $10^8$  cfu/g over 2–3 weeks and the microflora is dominated by lactic acid bacteria and also  $H_2S$ -producing bacteria, which may increase to  $10^6$  cfu/g (Lyhs, Lahtinen, et al., 2001). The dominant lactic acid bacteria are *Lactobacillus sakei*, *Lb. curvatus*, and *Carnobacterium piscicola* (now *C. maltaromaticum*) (Lyhs, Korkeala, & Bjorkroth, 2002).

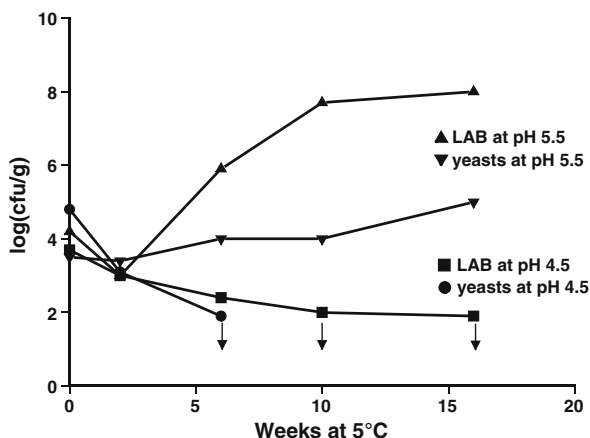
Barrel-salted lumpfish roe (as described below) is used in a desalted type of product in which the salt concentration is adjusted to 4% and pH is reduced with lactic acid to approximately 5.5 (Basby, Jeppesen, & Huss, 1998a). This product is packed in airtight containers and distributed at refrigeration temperature. Spoilage which manifests itself with off-odors characterized as sulfidy, sour, or rotten is caused by bacterial growth (Basby, Jeppesen, & Huss, 1998b). Lactic acid bacteria increased to  $10^7$ – $10^8$  cfu/g and Enterobacteriaceae were detected at levels between  $10^5$  and  $10^6$  cfu/g. When assessing spoilage potential, only *M. morgani* strains produced off-odors in a heat-treated roe (Basby, Jeppesen, & Huss, 1998c). Although not tested, it is likely that spoilage in this product is brought about by an interaction between the lactobacilli and the Gram-negative bacteria present.

### Semipreserved Seafood Products

Several fish products are preserved by NaCl, acid, and preservatives like benzoic acid, sorbic acid, lactate, acetate, and/or nitrate. Some of the products are based on raw fish such as Scandinavian marinated herrings, the German rollmops, or the anchovies of Southern Europe. Other types of products such as brined shrimp are based on cooked raw materials.

The raw materials for marinated herring are either barrel-salted herring stored for 6–12 months or fillets that are acid-brined for 2–3 weeks. Subsequently, the fish is drained and covered in a brine (or marinade) with salt, acetic acid, sugar, and preservatives. The products are left to ripen and stored at 5–10°C. Often these products are microbiologically stable; however, when spoilage occurs, it is typically due to the growth of acetic acid-tolerant lactic acid bacteria (Lyhs et al., 2004; Lyhs, Korkeala, et al., 2001) or yeasts (Somners, 1975). Spoilage can be characterized by gas formation produced by heterofermentative lactobacilli such as *Lb. alimentarius* (Lyhs, Korkeala, et al., 2001). Spoilage may also be manifest by slime or ropiness which is caused by the growth of *Leuconostoc* species (Lyhs et al., 2004) or halophilic Gram-negative rod-shaped bacteria (Magnusson & Moeller, 1985). pH is an important parameter in preventing the growth of spoilage lactobacilli and yeasts (Fig. 6).

**Fig. 6** Growth of lactic acid bacteria and yeasts in brine of marinated herring is dependent on pH (Jessen, 1987)



Ripened anchovies are prepared by salting partially gutted (or nongutted) fresh anchovies. By tradition, the product is packaged in cans but these are not heat sterilized and must be held at refrigeration temperature. Microbial counts decrease during the ripening process to less than  $10^4$  cfu/g (Pons-Sanchez-Cascado, Veciana-Nogues, & Vidal-Carou, 2003). Biogenic amines increase during the ripening process but do not reach hazardous levels under controlled salt and storage conditions (Pons-Sanchez-Cascado et al., 2003). Total volatile bases increase during ripening (Pons-Sanchez-Cascado, Veciana-Nogues, Bover-Cid, Marine-Font, & Vidal-Carou, 2005) but this is believed, as the herring ripen, to be caused by enzymes from the gut and is not a consequence of bacterial action. The microflora rapidly becomes dominated by halophilic bacteria but their counts remain relatively low ( $10^4$ – $10^5$  cfu/g) (Perrez Villarreal & Pozo, 1992).

Similar to the herring and anchovy products, some types of fish roe are also barrel salted (at 15–25% NaCl) for months before further processing to caviar products. Caviar is produced from a number of fish species of which the most famous is sturgeon, but also a number of other species such as cod and lumpfish are used (Bledsoe, Bledsoe, & Rasco, 2003). Some of these products retain high levels of salt during subsequent marketing but others are desalted before marketing. Yet others are processed directly to lower levels of salt, i. e., 5–8% NaCl (water phase salt) (Bledsoe et al., 2003). Very little is known about spoilage of these products and microbiological studies have mainly addressed food safety issues related to potential for growth of *C. botulinum* and *L. monocytogenes*.

### Heavily Salted Fish

Some fish, including gadoid species, are sometimes preserved exclusively by heavy salting. This process eliminates all of the spoilage bacteria described in the products above and the product is shelf stable at ambient temperature for a long time.

**Table 9** Fungal spoilage of heavily salted fish (data from Pitt & Hocking, 1999)

Geographical region	Genera of filamentous fungi	Species of filamentous fungi
Temperate climate	<i>Wallemia</i>	<i>W. sebi</i>
Subtropical climate	<i>Hortaea</i>	<i>H. werneckii</i>
Tropical	<i>Aspergillus</i>	<i>A. flavus</i> , <i>A. niger</i> <i>A. clavatus</i> , <i>A. penicilliodes</i> , <i>A. wentii</i> <i>A. fumigatus</i> , <i>A. restrictus</i>
	<i>Penicillium</i>	<i>P. chrysogenum</i> , <i>P. citrinum</i> <i>P. thomi</i> , <i>P. chalybeum</i>
	<i>Polypaecilum</i>	<i>P. pisce</i>
	<i>Eurotium</i>	<i>E. rubrum</i> , <i>E. amstelodami</i> , <i>E. repens</i>
	<i>Basipetospora</i>	<i>B. halophila</i>
	<i>Cladosporium</i>	<i>C. cladosporioides</i>
	<i>Scopulariopsis</i>	<i>S. brevicaulis</i>

However, the use of poor-quality salt can lead to a very characteristic type of spoilage called pinking. This is due to the growth of red-pigmented halophilic bacteria (Lamprecht, 1988; Prasad & Panduranga Rao, 1994; Prasad & Seenayya, 2000) that are strongly proteolytic causing a softening of the muscle and rotten off-odors. Pink is a traditional term for visible growth of extremely halophilic Gram-negative bacteria, such as *Halobacterium salinarium*, that belong to the family Halobacteriaceae. Most are nonmotile and obligate aerobes. Also, especially in tropical countries, this type of product may spoil due to fungal growth visible on the salted fillets or fish (Santoso, Gandjar, Sari, & Sembiring, 1999). Several different filamentous fungi have been isolated from spoiled, salted fish (Pitt & Hocking, 1999). Fungal spoilage of salted fish from temperate or subtropical climates differs from that of tropical salted fish with respect to genera and species (Pitt & Hocking, 1999) (Table 9). The spoilage described as “dun” is the visible appearance of brown colonies (1–2 mm in diameter). This is caused by the growth of the fungus *Wallemia sebi*, an obligate aerobe.

### ***Heated Seafood Products***

Seafood raw materials are heated or cooked and result in a number of products such as hot-smoked fish, pasteurized crab meat, sous vide-cooked fillets, and fully canned products. Typically, the temperatures used are sufficient to result in substantial reduction of any microorganism present and it is either postprocess contamination that introduces spoilage microorganisms or spores surviving heat treatment that give rise to vegetative cells with spoilage potential.

### Hot-Smoked Fish

The hot-smoking process is very similar to the cold smoking described above in that the fish are typically salted to 3–6% NaCl (water phase salt). However, the smoking process typically takes place at higher temperatures (50–80°C) which results in “cooking” of the fish flesh. Several species, such as herring and mackerel, are hot smoked but recently salmon has also become popular as a hot-smoked product. Hot smoking is also a common preservation technology in many developing countries. The hot-smoking process of mackerel can involve a drying step (30°C) and heating step at 50 and 80°C. The entire process usually requires 3 h. Larger and heavier fish require longer smoking (cooking) time.

Lightly salted, hot-smoked fish can be stored aerobically and bacterial growth limits shelf life of the product (Karnop, 1980). Also, fungal growth is quite common and is a shelf-life-limiting factor (Efiuvwevwe & Ajiboye, 1996). The fungi isolated are typically identified as *Aspergillus* or *Penicillium* species (Lilabati, Vishwanath, & Shymkesho Singh, 1999). If the product is vacuum packaged immediately after smoking under hygienic conditions, there is virtually no change in microbial levels during subsequent storage. The product becomes dry and somewhat tasteless, but microbial spoilage is not apparent.

### Sous Vide-Cooked Fish

The “sous vide” (under vacuum) technology involves heating of the product typically at less-than-boiling temperature (65–75°C) followed by storage of the product at refrigeration temperature. The technique has been developed to improve sensory quality of several types of cooked food. Due to risk from *C. botulinum*, e.g., survival of spores and subsequent growth and toxin production, it has been recommended that sous vide fish products be heated to at least 90°C for 10 min. To control *L. monocytogenes*, heating to an internal temperature of 70°C for 2 min must be done (ACMSF, 1992). Several types of bacteria grow during subsequent chill storage and length of lag phase and extent of growth depend on the severity of the preceding heat treatment; however, sensory rejection does not appear to be a consequence of bacterial metabolism (Gonzalez-Fandos, Villarino-Rodriguez, Garcia-Linares, Garcia-Arias, & Garcia-Fernandez, 2005) and shelf lives range from 3 to 5 weeks (Gonzalez-Fandos et al., 2005; Nyati, 2000). Sporadically, Ben Embarek (1994) found that sous vide-cooked cod developed very strong putrid off-odors after storage at 5°C. Spore-forming, Gram-positive bacteria were isolated from these samples; however, their identity (*Bacillus* or *Clostridium*) was never determined (Ben Embarek, 1994).

Crab products are important especially to the US market. Crabs are harvested around the world. Some species are dissected before cooking, whereas others are cooked as whole animals. Subsequently the meat is removed from the shell (Cockey & Chai, 1991). Although cooking leaves the flesh sterile, subsequent picking and handling recontaminates the product. Spoilage of canned crab has, as with spoilage of sous vide cod, been caused by sporeformers (Cockey & Chai, 1991).

## Fully Canned Products

Some species of fish are often processed and distributed as fully canned products. This is typical of tuna, mackerel, and salmon. These products are shelf stable if correctly processed and microbiological spoilage is not an issue. The use of raw materials of poor quality may result in the presence of biogenic amines in the canned products. The amines are heat stable and will not be inactivated even during canning (Luten et al., 1992)

## Miscellaneous

### Frozen Fish

Almost 20% of the global fish production is preserved by freezing (Fig. 2) and storage at  $-18$  to  $-20^{\circ}\text{C}$ . Growth of bacteria is stopped at these temperatures and sensory rejection is caused by nonmicrobial changes in the protein and lipid fractions of the fish flesh. Spoilage bacteria may grow in the raw fish if stored above  $0^{\circ}\text{C}$  before freezing and this may be reflected in the quality of the frozen product.

Filamentous fungi may grow in these products if stored at elevated freezing temperatures ( $-10$  to  $-5^{\circ}\text{C}$ ). Many bacteria may, to some extent, survive frozen storage and if the product is thawed, grow and cause a normal type of spoilage. As mentioned above, *P. phosphoreum* is very sensitive to freezing and a freezing step before thawing and storage in  $\text{CO}_2$  atmosphere may increase the shelf life of  $\text{CO}_2$ -packaged fish at refrigeration temperature quite substantially (Boknes, Osterberg, Nielsen, & Dalgaard, 2000; Dalgaard et al., 2006; Emborg et al., 2002).

### Surimi

Surimi is a product prepared from either deboned meat or fillets. It consists mainly of muscle protein fibers that have been washed several times. Surimi is also prepared by mechanical deboning but is reduced essentially to muscle protein fibers by repeated washing. Some studies have reported that the microflora on surimi is similar to the microflora of fresh fish and consists of *Moraxella*, pseudomonads, and *Corynebacterium* (Himelbloom, Brown, & Lee, 1991), with counts of approximately  $10^6$  cfu/g (Matches, Raghurber, Yoon, & Martin, 1987). Bacteria grow very well in surimi and surimi-based products; however, these are mostly stored frozen, hence bacterial growth is not a problem (Elliott, 1987).

### Dried Fish

The water activity of fully dried or salted and dried fish is so low that no bacteria can grow. However, fungal growth is a major problem, specifically in developing countries and spoilage is caused by *Aspergillus* and *Penicillium* species (Chakrabarti & Varma, 2000), but a range of other fungi may also be isolated from these products (Santoso et al., 1999). *Aspergillus niger*, *Aspergillus flavus*, and *Penicillium* spp. are



among the dominant fungi in salted, dried fish (Chakrabarti & Varma, 2000) and *A. niger* also appear to dominate in dried fish (Atapattu & Samarajeewa, 1990). Not only does visible fungal growth spoil the product per se, but filamentous fungi may also produce mycotoxins, hence constituting a health risk. Aflatoxin has been detected in smoked freshwater fish from Africa (Jonsyn & Lahai, 1992).

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