David A. Puleo • Rena Bizios Editors

# Biological Interactions on Materials Surfaces

*Understanding and Controlling Protein, Cell, and Tissue Responses* 





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# Understanding and Controlling Protein, Cell, and Tissue Responses

David A. Puleo and Rena Bizios Editors



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*Cover Illustration*: (Left image): Nanogold beads used to identify proteins in a dual-protein film. The proteins were patterned on PDMS surfaces that were coupled to 1.4 nm gold particles. The film was imaged by tapping mode AFM. (**Right image**): Histology example of a section obtained from an implant in a rabbit femur trabecular bone 4 weeks postimplantation. The implant material is collagen-coated nanoporous Ti. Stain: acid fuchsin; original magnification,  $\times$  10. The histology was performed by Drs. Milena Fini, Gianluca Giavaresi, and Roberto Giardino, Istituti Ortopedici Rizzoli, Bologna, Italy.

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# Preface

Biomaterials are used in numerous in vivo applications, ranging from joint and dental implants to vascular grafts and heart valves. Recent advances in fields such as tissue engineering have expanded the scope of uses for biomaterials as an integral part of implant devices. Depending on particular aspects/specifications for each such application, chemical, mechanical, and electrical properties undoubtedly contribute to the performance of biomaterial/prosthetic devices. In all cases, however, success or failure of implants in vivo critically depends on the biological interactions (molecular, cellular, and tissue) at the implant/tissue interface. Advances in molecular biology and biochemistry, cell biology, developmental biology, wound-healing physiology, materials science and engineering, and novel laboratory techniques, as well as in advanced laboratory and clinical instrumentation, have provided incentives and capabilities for renewed and ever-increasing interest in the tissue/biomaterial interfacial milieu. These new approaches have the potential for elucidating the mechanisms of important physiological processes pertinent to new tissue formation and for enhancing integration of implants in the surrounding tissues. As scientists and engineers meet these challenges, they are opening new scientific frontiers and are making seminal contributions that steer the biomaterials/implant device field in new directions of great potential and promise.

*Biological Interactions on Materials Surfaces* was motivated by the need to bring to the attention of the scientific community the latest developments in current understanding of protein, cell, and tissue interactions with biomaterials (possessing both conventional as well as nanoscale features). In addition to discerning and judicious reviews, established and renowned experts provided insightful evaluation of the current state of the art in, and projected their opinions on the future of, their respective research areas. Multidisciplinary perspectives in the field are represented in contributions from authors from North America, Europe, and Asia.

The present book is intended to provide valuable insight for scientists, engineers, and medical researchers seeking not only to understand but also to control tissue–biomaterial interactions for the in vivo success of implant biomaterials/devices and tissue-engineering constructs. It is our hope that the scientific information presented in this book will also stimulate further research, resulting in important contributions toward development of the next generations of devices used to replace, augment, or perform the functions of diseased and damaged tissues and organs. Clinical applications of such knowledge will, undoubtedly, have a major impact on the health care and welfare of many patients.

David A. Puleo Rena Bizios Lexington, KY San Antonio, TX

# Acknowledgment

It has been a pleasure to work with our colleagues who contributed chapters in this book. We take this opportunity to thank all the authors for sharing aspects of their research endeavors as well as for providing discerning reviews of their respective fields of expertise. Furthermore, we are thankful for their insightful projections into the future pertinent to understanding a critically important milieu and of controlling cellular-, molecular-, and genetic-level events at the tissue/implant interface.

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# Short Biographical Sketches

David A. Puleo received B.S. and Ph.D. degrees in Biomedical Engineering from Rensselaer Polytechnic Institute. In 1991, he joined the University of Kentucky as a junior faculty member to establish a track in biomaterials in the Center for Biomedical Engineering. In addition to being promoted through the ranks to Professor, he served as Director of Graduate Studies and currently is Director of the Center, overseeing all administrative and educational matters. He also holds an appointment in the Center for Oral Health Research in the College of Dentistry. Dr. Puleo has developed and teaches courses ranging from introductory biomaterials to advanced offerings on events at the tissue–implant interface. He has taught undergraduates, graduates, orthopedic surgery residents, and postgraduate dental students.

Dr. Puleo's research interests focus on applying understanding of cell-biomaterial interactions to develop materials and surface modification strategies for the purpose of controlling cellular responses at the tissue-implant interface. He is active in a variety of professional organizations, including the Society for Biomaterials, the Biomedical Engineering Society, and the International and American Associations for Dental Research. He is an Associate Editor for the Journal of Biomedical Materials Research Part B (Applied Biomaterials) and is on the editorial board of the Journal of Biomedical Materials Research Part A. He has served on and chaired numerous review panels centered on biomaterials and tissue engineering at the National Institutes of Health (NIH) and the National Science Foundation (NSF) and has reviewed for several other domestic and foreign organizations. Dr. Puleo received a Research Initiation Award from the NSF, and he was awarded the Bourses de stage de recherche scientifique of the Programme québécois de bourses d'excellence administered through the Ministère de l'Éducation of the Gouvernement du Québec. He is coauthor of An Introduction to Tissue-Biomaterial Interactions, a textbook written specifically for undergraduates and first semester graduate students transitioning into the field of biomaterials. Dr. Puleo is a Fellow of the American Institute for Medical and Biological Engineering (AIMBE).

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During her career in academia, Dr. Bizios has taught various undergraduate and graduate fundamental engineering and biomedical engineering courses as well as developed new courses for biomedical engineering curricula. She has coauthored a textbook (entitled *An Introduction to Tissue–Biomaterial Interactions*) and authored/coauthored numerous scientific publications and book chapters. Her research interests include cellular engineering, bone tissue engineering, tissue regeneration, biomaterials (including nanostructured ones), and biocompatibility. She has given numerous presentations at scientific conferences and invited seminars/lectures in academic institutions and industry. She has also organized and/or cochaired many symposia and sessions at national/international conferences. Dr. Bizios is a member of many professional societies; she has been an active participant (including elected officer positions) in the Society for Biomaterials, the Biomedical Engineering Society, and the American Institute of Chemical Engineers. She is a member of the editorial board of the *Journal of Biomedical Materials Research Part A*. She has participated in various NSF Review Panels and similar national-level review committees, and she has participated in (and even chaired some) NIH Study Sections.

Dr. Bizios received the *Outstanding Alumna in Engineering Award* of the Society of Women Engineers, College of Engineering, University of Massachusetts, Amherst, MA (1985), the *Rensselaer Alumni Association Teaching Award*, Rensselaer Polytechnic Institute (1997), and the *Clemson Award for Outstanding Contributions to Literature* (the Scientific Literature of Biomaterials) from the Society for Biomaterials (1998). She was Jubileums Professor at Chalmers University of Technology, Göteborg, Sweden (fall of 2002), Chercheur Associé (spring of 2003), and Directeur de Recherche Associé, Centre National de la Recherche Scientifique, Faculté de Médicine Saint-Louis Lariboisiére, Université Paris VII, Paris, France (fall of 2005). She is a Fellow of the American Institute for Medical and Biological Engineering (AIMBE), an International Fellow of Biomaterials Science and Engineering, and a Fellow of the Biomedical Engineering Society (BMES).

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Within milliseconds after biomaterials come in contact with a biological fluid such as blood, proteins begin to adhere to the surface through a process known as protein adsorption. Protein adsorption is initially strongly influenced by protein diffusion, but protein affinity for the surface becomes critically important and, over time, higher-affinity proteins can be replaced by lower-affinity proteins in a dynamic process. By the time cells arrive, the material surface has already been coated in a monolayer of proteins; hence, the host cells do not "see" the material but "see" instead a dynamic layer of proteins. Multiple parameters influence protein adsorption to a substrate surface including the chemical and physical properties of both the protein and the material surface, as well as the presence of other proteins on the surface.

Many methods have been developed in the last several decades to study protein adsorption to biomaterial surfaces. These new techniques provide information about the type and conformation of adsorbed proteins from multicomponent solutions such as blood serum. Nanomaterials as well as functional group immobilization and novel, stimuli-sensitive polymer surfaces have provided new alternatives for the study and modulation of protein adsorption, with insight into the mechanisms underlying protein adsorption and subsequent cell adhesion. However, a molecular-level understanding of all aspects of protein adsorption is still incomplete. The future of this field, however, is bright as new technologies offer great promise for further elucidation of protein adsorption.

#### Abbreviations

AFM	Atomic force microscopy
ATR-FTIR	Attenuated total reflectance-Fourier transform infrared spectroscopy
ELISA	Enzyme-linked immunosorbent assay
FTIR	Fourier transform infrared spectroscopy
HA	Hydroxyapatite
IR	Infrared

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MALDI-ToF/MS	Matrix-assisted laser desorption/ionization time-of-flight mass spectrometry
PEG	Polyethylene glycol
PEO	Polyethylene oxide
pI	Isoelectric point
PLGA	Poly(lactic-co-glycolic acid)
PLLA	Poly(L-lactic acid)
PNIPAAm	Poly(N-isopropylacrylamide)
RGD	Arginine-glycine-aspartic acid
SAM	Self-assembled monolayer
SEIRA	Surface-enhanced infrared absorption
SEM	Scanning electron microscopy
SPR	Surface plasmon resonance
STM	Scanning tunneling microscopy
ToF-SIMS	Time-of-flight secondary ion mass spectrometry
XPS	X-ray photoelectron spectroscopy
2D	Two dimensional
3D	Three dimensional

### 1.1. Introduction

The host response to a biomaterial is critical in the determination of the success of biomedical implants. This response is in turn dictated by the function of cells that respond to the implant; however, one of the most important aspects of such events is that the cells of the body do not interact directly with the implant material itself but with proteins bound to the surface of the implant material. Almost immediately upon coming into contact with blood, a biomedical implant is coated with serum proteins in a process known as protein adsorption. "Adsorption" means adherence of a molecule to the surface of a solid and should not be confused with the term "absorption," which indicates that the molecule is brought into the solid. Consequently, once cells finally get to the surface they no longer "see" the biomaterial surface itself but instead "see" a dynamic coating of proteins [1–3].

The nature and activity (that is, the ability to interact with cells and other biological molecules) of these proteins once they are adsorbed dictates the initial cellular, and subsequent, host responses. Cells interact with proteins through direct binding to receptors on the cell membrane but do not have receptors for a material surface alone without a coating of proteins. Consequently, the presence of proteins allows cells to adhere to surfaces; the presence of increased amounts of protein may lead to increased cell adhesion, but this is not always the case [1-3].

In subsequent sections of this chapter, the underlying concepts of protein adsorption will be discussed in greater detail, followed by a presentation of more recent discoveries in the field of protein adsorption and future directions for this critical area for biomaterials.

#### 1.2. Fundamentals of Protein Adsorption

#### 1.2.1. General Concepts

Before addressing the underlying properties that influence protein adsorption at solid surface interfaces and specific protein examples, it is important to discuss the concepts relating to protein adsorption in some detail. To begin with, protein adsorption to a biomaterial

is influenced by the bulk concentration of the protein in solution. The practical application of this concept is that higher concentration of a single protein in a liquid solution surrounding a material generally leads to more protein on the material surface. However, this phenomenon gets considerably more complicated when more than one type of protein is present in solution because, in this case, more than one protein becomes involved. This phenomenon will be discussed later in the section "The Monolayer Model and Protein–Protein Interactions". Another important aspect in protein/material interactions is the movement of the protein in solution, which is principally governed by the rate of diffusion. In turn, the rate of diffusion is dictated primarily by the size of the protein. Faster (that is, smaller) proteins tend to get to the surface first and adsorb onto that surface before slower moving (that is, bulkier/bigger) proteins arrive.

Yet another important aspect, and perhaps the most important one for long-term considerations, is the affinity of a protein for the substrate surface. Affinity of a protein for a surface describes how likely that protein will adsorb and how strongly it will adhere to the substrate surface. Compared with proteins with a lower affinity, proteins with a higher affinity for a material are more likely to adsorb and stay on the substrate surface. This interaction can vary tremendously depending on the protein and the material surface. Proteins that adsorb to a material form a number of bonds on that surface; proteins with high affinity have more and/or stronger bonds while proteins with low affinity tend to have weaker and/or a smaller number of such bonds [1, 2, 4].

Taking these three aspects together, namely, protein concentration, rate of diffusion, and affinity, one can come to the conclusion that, in a multicomponent solution, proteins are in competition for a surface. Arriving at the surface first, however, does not necessarily mean that a protein will stay there permanently. Proteins adsorbed on a material surface replace each other over time in a process called the Vroman effect, named for the well-known scientist (also poet and painter) who initially discovered and studied this phenomenon. The bonds between a protein and a material surface established during protein adsorption are not completely static; they can be broken and reformed randomly over and over. However, a single protein is highly unlikely to desorb (the process opposite of adsorption) off a material surface because that event requires that all bonds between the protein and surface are broken simultaneously. In contrast, another protein may form bonds with the sites that have become available as bonds are broken between an already adsorbed protein and the material surface. If the new protein has higher affinity with surface sites, this protein will take over the specific site from the lower-affinity protein (Figure 1.1). Over time, the higher-affinity protein can replace the previously preadsorbed, lower-affinity protein; thus, a dynamic protein layer that changes over time is formed on the material surface [1, 2, 4].

#### 1.2.2. Protein Properties

#### **Overview of Relevant Protein Properties**

Once a protein arrives at a material surface, it interacts with that surface through intramolecular bonds, such as hydrophobic interactions (nonpolar domains of the protein molecule avoid polar regions of the material surface or vice versa in a process referred to as the hydrophobic effect); ionic bonds (bonds between positive and negative charges); and charge transfer (a stabilizing charge is transferred between two molecules). The prevalence of these types of bonds between proteins and material surfaces is strongly influenced by the properties of individual proteins, which are summarized in Table 1.1. Protein size influences protein adsorption because it affects the rate of protein diffusion; the size of a protein molecule also partially determines the affinity of the protein. Larger proteins may have more binding sites for interaction with regions on the material surface and thus they may adsorb readily.



**Figure 1.1.** Schematic of the sequential adsorption of proteins as described by the Vroman effect. Initially, many protein molecules in various conformations are adsorbed onto the biomaterial surface. On the left portion of all three frames are two proteins A (green) in different conformations, which change over time. In the center of the figure, different proteins B (yellow) with multiple bonds are replaced over time by a larger, higher-affinity protein C (red) that arrived later on the substrate surface.

A number of other factors come into play when considering the underlying properties of the amino acid constituents of proteins. Since proteins consist of sequences of amino acids, their properties affect the adsorption properties of protein molecules. Amino acids may be charged (depending on the pH of their environment), and thus be more polar;

Protein property	Description	
Hydrophilicity/hydrophobicity	Since more hydrophilic side chains are present on the outside of a protein molecule in aqueous media, they may interact with substrate surfaces. Polar (hydrophilic) domains tend to adsorb to polar material surfaces, while hydrophobic domains tend to adsorb to hydrophobic material surfaces	
Size	In a multicomponent solution, smaller proteins diffuse more quickly and arrive at the substrate surface faster. Smaller pro- teins, however, form fewer contact points with the material surface than larger proteins	
Charge	Charged proteins preferentially adsorb on substrate surfaces of the opposite charge. On most surfaces, however, proteins adsorb the most at their $pI$ where they are at neutral charge	
Structural stability/rigidity	Proteins that are less structurally stable exhibit greater unfolding upon adsorption onto a material surface and form more contact points/bonds. Proteins that unfold quickly form bonds with the surface before other proteins from a multicomponent solution arrive at that surface	

 Table 1.1. Protein properties that affect protein adsorption on material substrates
 [1, 2] (adapted from [1]).

such amino acids are more hydrophilic because they are attracted to the polar water molecules in their environment. These charged hydrophilic amino acids then have a tendency to be on the outside of a protein and thus can interact preferentially with the polar regions of the material surface. Positively charged domains preferentially adsorb to negatively charged surface regions and vice versa; however, this scheme of interactions is not the dominant process for adsorption because many other aspects influence the protein adsorption process. Generally, proteins tend to adsorb more readily near their isoelectric point (p*I*; that is, when the environmental pH is such that the protein has no net charge). This adsorption event was theorized to be due to reduced electrostatic repulsion with other proteins on the material surface. Hydrophilic domains tend to preferentially interact with hydrophilic surface regions and vice versa. Hydrophobic domains tend to be buried within the three-dimensional (3D) structure when proteins are in solution; however, these domains may become exposed during unfolding while the protein interacts with a material surface. Depending on the extent of conformation of the protein, pertinent amino acid sequences may not be completely hidden within the protein structure [1, 2, 4].

In addition to specific amino acid sequences, proteins have shapes and structures that may also influence their adsorption on material surfaces. "Soft" proteins, that is, proteins with lower than average thermodynamic stability, less internal bonding, and/or crosslinks (such as disulfide bonds), tend to adsorb more easily than "hard" proteins, which have a higher level of thermodynamic stability compared with "soft" proteins. "Relatively" softer proteins tend to adsorb strongly to surfaces due to the easier unfolding of protein molecules that have lower levels of thermodynamic stability [1, 2]. As a protein unfolds, more domains may be revealed and be available for subsequent interactions with the material surface. The structure of a protein may be crucial to its adsorption because specific binding sites may only be exposed when the protein molecules are in a specific conformation. A protein with specific activity in bulk solution may lose its activity once it undergoes a conformational change



**Figure 1.2.** Schematic depiction of protein conformational changes upon adsorption of proteins on material surfaces. The protein in this illustration has a binding site that requires a specific structure of two regions of the molecule (A). Once the protein is adsorbed, these conformational epitopes are no longer functional because the two regions are far apart (C). Alternatively, the protein may have a hidden biding site that is revealed but becomes available for binding to another molecule once the protein has unfolded upon adsorption on the material surface (B). Over time, the adsorbed protein may continue to unfold, thereby exposing additional binding sites (D).

upon adsorption to a material surface; pertinent protein unfolding and changes in protein activity may occur over some period of time (Figure 1.2) [1, 2, 4].

#### The Monolayer Model and Protein–Protein Interactions

Adsorption of a specific protein on a substrate surface is also affected by the presence of other proteins in the solution. Excepting coagulation, most blood serum proteins do not adhere to one another on a surface. Exceptions to this rule occur because the conformation of the adsorbed protein may expose new binding sites for subsequent protein–protein interactions; this process is hypothesized to occur when extracellular matrix proteins adsorb on material surfaces. Since most proteins do not adsorb in a conformationally favorable fashion to mediate subsequent protein–protein binding, protein–protein bonds reflect a small percentage of the total protein layer compared with protein–surface bonds. Consequently, monolayers and near-monolayers are the rule in protein adsorption on material surfaces [1, 2, 4, 5].

The presence of other proteins on a material surface may induce lateral interactions between adsorbed protein molecules. Many proteins (such as enzymes) have specific binding sites that need to be accessible for effective function; moreover, the presence of other proteins on the material surface can sterically hinder target proteins from interacting with their respective binding sites and thus affect bioactive function. Additionally, proteins adsorbing

on a material surface may unfold and thus expose previously hidden bioactive epitopes; however, the presence of other proteins on a material surface can sterically contain this unfolding process, rendering respective epitopes unavailable for binding. Lateral protein interactions become more apparent in situations involving increases from a lower to greater concentration of protein in the bulk solution; in this case, an increased number of proteins on the material surface may interact with one another [1, 2, 4, 5].

#### 1.2.3. Surface Properties

#### Overview of Material Surface Properties Relevant to Protein Adsorption

The properties of individual proteins are important in protein adsorption, but are only half the story. The material surface itself is another determinant of the quantity, type, conformation, and function of proteins that preferentially adsorb there. Material properties of surfaces that affect protein adsorption are listed in Table 1.2. It should be noted that, even before proteins adsorb onto a material surface, water molecules from the aqueous biological environment interact with the material. In the case of hydrophobic materials, a "shell" of water molecules forms in which these molecules interact with each other more than with the hydrophobic surface. One hypothesis postulates that these surface-surrounding water molecules represent a fairly ordered scenario with a decreased level of entropy; disruption of this layer with proteins is energetically favorable due to a concomitant increase in entropy. This increase in entropy is the primary motivating force behind protein adsorption to material surfaces that are hydrophobic. Consequently, enhanced protein adsorption and conformational change are observed on hydrophobic surfaces. Greater conformational change may also lead to a greater loss of protein activity in cases that require the protein to be in its native state. In contrast, since more water molecules can form hydrogen bonds directly on hydrophilic surfaces, competition between water molecules and proteins results in decreased protein adsorption and conformational change. Moreover, material surfaces may have a distribution of charge. Since like charges tend to repel one another, opposite charges promote adsorption and ionic bonding of proteins on such substrates. For example, since the majority of blood serum proteins are negatively charged, a net negative charge on a material surface may reduce adsorption of these proteins. This outcome, however, is complicated because proteins contain amino acids that are themselves either positively or negative charged; for this reason, even if a protein is net negatively charged, there may still be positively charged domains on that molecule.

Surface property	Description	
Hydrophilicity/hydrophobicity	Hydrophobic surfaces tend to adsorb more proteins, while hydrophilic surfaces tend to resist protein adsorption	
Charge	Opposite charges between the surface and protein promote increased protein adsorption, while like charges tend to reduce protein adsorption	
Topography	Increased surface roughness and topological features provide increased material surface area for protein adsorption	
Chemistry	The chemical composition of a substrate surface dictates the types of bonds between protein and material surface	

Table 1.2.	Surface properties that affect protein adsorption on material substrates [1, 2]
	(adapted from [1]).

Topographical features on a biomaterial surface may also strongly influence protein adsorption. Increased surface roughness provides more surface area for protein adsorption onto the biomaterial surface; this event may lead to a net increase in protein adsorption. Such protein adsorption outcomes may be achieved either intentionally (by incorporating material surface physical modifications such as grooves, etc., during manufacturing) or unintentionally (through creation of surface defects and flaws during the manufacturing processes). Surface defects of micrometer size can accommodate thousands to millions of blood serum proteins [1, 2, 6, 7].

#### Effect of Material Surface Functional Groups on Protein Adsorption

The chemical properties of a material surface can strongly influence adsorption of proteins and, through these proteins, subsequent adhesion of various cell types. Material surface chemistry and topography affect cell functions via the conformation and bioactivity of the adsorbed proteins. Examples of material surface functional groups and their observed effects on proteins and cells are listed in Table 1.3. It should be noted though that these are generalized observations and may vary depending on experimental conditions and the presence of a multicomponent protein solution. Since "protein surface concentration" is not the same as "protein surface activity," higher protein concentration at the material surface does not necessarily mean that these surfaces are more bioactive [8].

The influence of a number of surface functional groups on protein adsorption has been studied. Methyl ( $-CH_3$ ), nonpolar, hydrophobic groups tightly bind fibrinogen (a protein involved in blood clotting), and immunoglobin IgG, a family of antibody proteins involved in the immune response. *In vivo*, the  $-CH_3$  group induces high recruitment of inflammatory cells to the material surface, likely due to the high adsorption of IgG on material surfaces containing  $-CH_3$ . Hydroxyl groups -OH increase the hydrophilicity of a material surface and, thus, reduce the affinity of plasma proteins there. The -OH group induces changes in the conformation of fibronectin, thus exposing adhesive domains for cell "focal" (tight mechanical links) adhesion. Amine groups ( $-NH_2$ ) are polar and, thus, hydrophilic; these groups are also

Functional group	Properties	Effect on proteins and cells
-CH <sub>3</sub>	Neutral; hydrophobic	Has high affinity/binding with fibrinogen; binds strongly with IgG; promotes increased leukocyte adhesion and phagocyte migration
–OH	Neutral; hydrophilic	Has decreased affinity for plasma proteins; induces exposure of cell adhesive domains on fibronectin; increases differentiation of osteoblasts
-NH <sub>2</sub>	Positive; hydrophilic	Has high affinity for fibronectin; promotes increased myoblast proliferation; promotes differentiation of osteoblasts; promotes increased endothelial cell proliferation
-COOH	Negative; hydrophilic	Has increased affinity for fibronectin and albumin

 Table 1.3.
 The effect of material surface functional groups on proteins and cells (adapted from [8]).

*Note:* These are generalized observations and may vary depending on experimental conditions and the presence of other proteins in solution.

positively charged in blood serum and most other solutions in which the solvent is water. The  $-NH_2$  group binds strongly to fibronectin and induces several responses from various cells (Table 1.3). Moreover,  $-NH_2$  also triggers acute inflammatory reactions *in vivo*. Carboxyl (-COOH) groups are negatively charged in blood serum and other aqueous protein solutions, are hydrophilic, and interact preferentially with fibronectin and albumin [8, 9].

Multiple functional groups, such as the ones mentioned earlier in this section, can be found on the same material surface. In the case of mixed -OH and  $-CH_3$  groups, hydrophobic and hydrophilic influences are effectively in competition with each other. In this case, as the surface concentration of -OH groups is increased, protein adsorption decreases (likely due to the increased hydrophilicity associated with increased -OH groups) [9]. In the case of mixed  $-NH_2$  and -COOH functional groups, platelet adhesion was the lowest when these two functional groups were mixed in equal molar fractions making the net charge of the surface approximately neutral [8, 9]. It should be noted that, over time, the presence of water and other molecules in the surrounding environment may modify these material surface groups [8, 9].

#### Nonfouling Surfaces

While hydrophobic surfaces promote increased protein adsorption, highly hydrophilic surfaces are characterized by decreased protein adsorption. The phenomenon of decreased protein adsorption is known as nonfouling. Since serum protein adsorption on the surfaces of cardiovascular biomaterials is associated with blood clotting and inflammatory/immunological responses, a strategy in biomaterials research and applications is to use materials that inhibit serum protein adsorption. Although polysaccharides can also be used for such applications, by far the most widely used material is polyethylene glycol (PEG; also known as polyethylene oxide [PEO] depending on its molecular weight), as well as its derivatives and copolymers. PEG, a very hydrophilic material surface, was chosen and is used in numerous drug delivery, biomaterials, and tissue engineering applications primarily because of its low level of protein adsorption. The unique ability of PEG to greatly limit protein adsorption is due to the highly hydrophilic nature of its polymer coils. Once PEG comes into contact with water, these hydrophilic coils become surrounded by water molecules and, thus, get highly hydrated. When a protein arrives at the PEG surface, the adsorption process requires compression of these hydrated coils. Since this process requires energy (because water molecules must be removed), it is thermodynamically unfavorable. However, some small amount of protein still adsorbs and, given enough exposure time, protein adsorption may occur, but to a smaller degree [10, 11].

A recent example of protein adsorption research on polyethylene glycol involved the use of a plasma deposited PEG-like polymer called tetraethylene glycol dimethyl ether (tetraglyme  $[CH_3O(CH_2CH_2O)_4CH_3]$ ). Tetraglyme-coated surfaces resist protein adsorption *in vitro*; these surfaces, however, still induced a foreign body reaction *in vivo*, most probably due to monocyte (a critical inflammatory/immune leukocyte) activation on the tetraglyme surface. Although resistant to other serum proteins, the blood complement factor C3 adsorbs to tetraglyme in significant amounts (approximately 10 ng/cm<sup>2</sup>) [12]. Monocytes may interact with, and bind to, complement factors in the blood. Monocyte adhesion to tetraglyme was considerably reduced when C3-depleted serum (instead of normal serum) was used, suggesting that monocyte binding to tetraglyme is primarily mediated by monocytes binding to adsorbed C3. This result provides an explanation for the reported foreign body reaction to PEG-coated surfaces *in vivo* because significant C3 adsorption in such cases may be inducing adhesion and subsequent activation of monocytes [12]. In certain cases, monocyte adhesion to PEG hydrogels is comparable to that observed *in vitro* on tissue culture polystyrene culture plates, potentially due to the same C3-related mechanism [13].

#### 1.2.4. Environmental Effects

The environment in which protein adsorption occurs can also affect the extent of, and conformation during, such interactions. Temperature can have a significant impact on protein adsorption; temperatures significantly above room temperature (for example,  $80^{\circ}$ C) can increase the amount of protein that is adsorbed. However, very high temperatures may lead to denaturation of proteins and loss of important bioactivity. The temperature at which temperature-driven denaturation of proteins (and thus changes in bioactivity and adsorption) occurs can vary considerably for different types of proteins due to differences in protein stability. Temperature-driven denaturation of proteins, particularly those with cysteine residues, can lead to protein aggregation on material surfaces. Since many published studies on protein adsorption were conducted at room temperature ( $22^{\circ}$ C), for this reason, the difference between room and *in vivo* temperature ( $37^{\circ}$ C) should be considered when analyzing the results of studies on protein adsorption.

Environmental pH can also affect protein adsorption because changes in the charge of both the material surface and the protein molecule may lead to variations in electrostatic interactions. Adsorption of a single protein is the highest at the pI but is reduced at other pH conditions. Decreases in protein adsorption due to either increases or decreases in the pH away from the pI lead to increased repulsion between like-charged protein molecules.

Lastly, the presence of detergents/surfactants (that is, molecules that are both hydrophilic and hydrophobic) can alter protein adsorption to a material surface by competing with proteins for adsorption sites or by binding directly to proteins. Adsorption of proteins in the presence of surfactants has not been well studied yet [4, 14].

#### 1.2.5. Adsorption of Serum Proteins

There are more than 150 proteins in human blood serum; many of them have been used in studies of protein adsorption. These studies provided information regarding the sequence of protein adsorption on many material surfaces including glass, metal oxide

	-	-
Blood serum proteins	Concentration in normal	Major function
	human blood (mg/ml)	
Albumin	40	Maintains osmotic pressure; forms complexes with, and thus "carries," other serum molecules
Complement C3	1.6	Participates in complement system activation and function
Hemoglobin	0.01	Transports oxygen
High molecular weight kininogen	0.08	Participates in blood clotting
Immunoglobin (IgG)	15	Participates in the immune response
Fibrinogen	3	Participates in blood clotting
Fibronectin	0.3–0.4	Mediates cell adhesion
Factor XII	0.03	Participates in blood clotting
Vitronectin	0.3	Mediates cell adhesion

Table 1.4. Select human blood serum proteins and their main biological functions.

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surfaces, and polymers such as polyethylene. The most widely studied serum proteins in protein adsorption studies are listed in Table 1.4. Pertinent studies reported in the literature provided evidence that serum protein adsorption on glass follows the sequence: albumin first, followed by IgG, fibrinogen, fibronectin, Factor XII, and high molecular weight kininogen. Since albumin is a small protein, but is present in high concentration in serum, it tends to adsorb first on material substrate surfaces. Albumin, however, has a relatively low affinity and so, over time, it is partially replaced by larger, higher-affinity proteins such as fibrinogen [1, 7].

### 1.3. Techniques for the Study of Protein Adsorption

Numerous techniques exist for the study of protein adsorption and for the characterization of biomaterial properties pertinent to such processes. This section will focus exclusively on techniques that directly monitor either adsorbing proteins or the adsorbed protein layer on material surfaces. Techniques that indirectly lead to information about protein adsorption (for example measuring and comparing the hydrophobicity of one surface versus another) may allow predictions of relative protein adsorption on those material surfaces but will not be covered in this section. Several of the more important techniques for the analysis of protein adsorption will be highlighted for discussion, and powerful emerging techniques will also be discussed in this section.

#### 1.3.1. Established Techniques for the Study of Protein Adsorption

Various aspects of protein adsorption, including kinetics, thickness of the protein layer, conformation of adsorbed proteins, identity of adsorbed proteins, structure of the adsorbed protein layer, and/or the types of forces operating between the protein and the surface, have been the focus of research activities that either developed new or adapted existing methodologies for such studies. In the study of the chemical composition of adsorbed protein layers, spectroscopy/spectrometry methods have been very useful. Auger electron spectroscopy did not provide useful information on adsorbed proteins because this technique is very destructive to organic matter. On the other hand, X-ray photoelectron spectroscopy (XPS) has been used extensively in protein adsorption studies. In XPS, when a material surface is irradiated by a beam of monochromatic X-rays, photoelectrons are released and are then captured by a detector and analyzed. XPS provides detailed elemental (but not molecular) composition analysis, is relatively nondestructive, and is very useful for single-protein studies; however, this method is very limited for analysis of multicomponent solutions due to its inability to resolve individual proteins in an overly complex spectrum. Secondary ion mass spectrometry (SIMS) and time-of-flight (ToF)-SIMS have become widely used in studies of protein adsorption. ToF-SIMS offers significant advantages in protein resolution over SIMS. In both SIMS and ToF-SIMS, bombardment of the adsorbed protein layer with a focused beam of either ions or atoms results in the emission of secondary particles, which can then be analyzed to provide elemental and molecular information about the material surface. ToF-SIMS is similar to SIMS but includes an additional step. In this case, the secondary ion particles are accelerated through a field-free drift region; heavier ions travel more slowly than lighter ions, allowing for greater separation and increased sensitivity of detection of the ToF-SIMS over the SIMS technique [15-18].

Infrared (IR) spectroscopy has also been used to examine protein adsorption. An IR beam is reflected from a sample and a spectrum can be developed from the IR absorbance to different components of the adsorbed protein. Different chemical bonds have differing vibrational frequencies and thus absorb the IR beam at different frequencies; this property allows for the generation of an IR spectrum "fingerprint," which provides information about the chemical bonds, which, in turn, provide information about the protein conformation and load. IR has limited use in analyzing multicomponent protein solutions because the spectra in these cases can become very complicated and difficult to resolve.

Fourier transform infrared spectroscopy (FTIR) allows for the measurement of all wavelengths at once (rather than one at a time). A more advanced method called attenuated total reflectance (ATR)-FTIR uses total internal reflection of the IR beam back into the detector along the region of contact between the sample and the device. By combining IR with ATR, it is possible to greatly reduce the area of the material surface needed for analysis. Both techniques provide conformational and submolecular information about adsorbed proteins. IR spectroscopy can be used to analyze activity shifts in proteins by measuring the IR spectrum of a protein in one state and then subtracting this IR spectrum from another one obtained in a different (for example, active) state of the same protein, or, in the case of an enzyme, when it acts as a reaction intermediate. This spectrum difference between the two states contains the respective vibrational bands. An additional advantage of this technique is that since all redundant vibrational bands cancel out, the information thus obtained relates to the change in protein functionality only [15, 16, 18–20].

One of the oldest, and most popular, techniques for studying protein adsorption is the use of solute-depletion strategies. In such studies, changes in the bulk concentration of a protein are measured over time as the protein adsorbs onto a material surface. One assumption that must be made in this case is that all loss of protein from the bulk solution is due to its adsorption onto the material surface. The kinetics of protein adsorption onto a specific material surface at constant temperature can then be determined by plotting the change in bulk protein concentration versus time. Another similar technique that has been used extensively is to label proteins in solution with either fluorescent or radioactive probes. In this case, the concentration of adsorbed protein is determined by measuring either fluorescence or radioactivity, respectively, on the material surface. Protein adsorption can also be measured indirectly using immunoassays such as an enzyme-linked immunosorbent assay (ELISA). In an ELISA, an antibody directed against the protein is used to detect the presence of the adsorbed protein. Binding of the antibody to specific portions of the target protein indicates that the adsorbed protein is in a recognizable conformation, at least for that particular antibody. This approach provides information regarding the bioactivity of a protein rather than just confirming and quantifying the presence of proteins on material surfaces [19].

Several techniques have been developed to study the thickness of the adsorbed protein layer on material surfaces. Ellipsometry, a method that utilizes polarized light to nondestructively examine surfaces, is one of the most widely used such techniques. In a standard ellipsometry procedure, polarized light is directed at a surface at an angle, and is then reflected back to a detector. Changes in this reflected polarized light beam provide information about the interface, primarily the thickness of the adsorbed protein layer, which in turn can be directly correlated to the amount of adsorbed protein. Ellipsometry measures protein layer thicknesses in the nanometer range and is highly accurate. Surface plasmon resonance (SPR) is comparable to, and provides similar information as, ellipsometry; SPR, however, depends on excitation of surface plasmons (instead of changes in polarized light). Another method that has some similarities to ellipsometry is "neutron reflectivity," in which a beam of neutrons

directed at the adsorbed protein layer is reflected back (in the form of reflected radiation) and is measured in a detector. The resulting reflected radiation profile provides information not only about the thickness of the adsorbed protein layer but also about the conformation of the adsorbed molecules. Neutron reflectivity is not widely used because of several drawbacks, which include very limited equipment availability, the need for a large specimen surface area, and the risk of making radioactive the material surface tested [15, 21].

#### 1.3.2. Emerging Techniques for the Study of Protein Adsorption

Several emerging techniques for the study of protein adsorption offer improvements over the limitations of established techniques. Modern mass spectrometry-based techniques identify proteins from multicomponent solutions and exudates such as blood, serum, tears, and saliva, adsorbed either on biomaterials *in vitro* or on excised devices. These techniques can resolve many and different proteins of a large range of molecular masses. Tandem scanning probe microscopy techniques offer the unmatched ability to image a single protein adsorbed on a material surface. Lastly, new developments in surface IR techniques may offer the opportunity to study changes in protein conformation at the level of a single atomic bond.

The advent of more advanced tandem mass spectrometry techniques improved the sensitivities of ToF-SIMS/SIMS technologies and these techniques have tremendous potential for future studies of protein adsorption on biomaterial surfaces. To improve the resolution of mass spectrometry, researchers have used surface treatments (involving the use of matrix molecules such as nicotinic acid, dihydroxybenzoic acid, and sinapinic acid) to protect the protein sample and improve resolution of individual proteins. Matrix-assisted laser/desorption/ionization (MALDI) time-of-flight mass spectrometry (MALDI-ToF/MS) provides, in theory, unlimited mass resolution and extremely low detection limits. In this method, matrix molecules (such as nicotinic acid, dihydroxybenzoic acid, and sinapinic acid) are added to the adsorbed protein layer prior to irradiation with a pulse laser; the released ions are then carried to a detector for analysis (Figure 1.3). A mass-to-charge ratio for the peptide fragments can then be generated, compared with a database of known protein sequences, and statistically analyzed to determine the likelihood that a particular peptide fragment belongs to a specific protein. This technique can examine a wide mass range but, in practice (and depending on the specific mass spectrometer and equipment setup), the ability to resolve larger proteins can diminish because the large, slower-moving ions do not reach the detector quickly. The cut-off point for decreased sensitivity of larger proteins is highly dependent on the individual mass spectrometer used in the study [15, 22].

Another option is to digest adsorbed proteins with enzymes, blot the resulting solution directly onto a MALDI matrix plate, and analyze the digested proteins using a mass spectrometer. By first digesting the adsorbed protein *in situ*, mass spectrometers with a lower mass range are capable of detecting larger peptide fragments with greater sensitivity. For example, in our lab, adsorption of human and bovine serum on standard tissue culture polystyrene took place for 2, 24, and 96 h and was then analyzed via this digestion method. After washing and removing the nonadsorbed proteins, the adsorbed protein layer was digested with trypsin in 10% NH<sub>4</sub>HCO<sub>3</sub> and 2% methanol in a trypsin resuspension buffer. The resultant protein fragments were further separated via reverse phase chromatography followed by MALDI-ToF/MS. The results were compared against the National Center for Biotechnology Information and Expert Protein Analysis System databases and provided evidence that albumin, vitronectin, and complement protein C3 were present on the polystyrene surface [unpublished data].



**Figure 1.3.** Schematic illustration of the major components of the MALDI-ToF/MS technique used for the analysis of proteins adsorbed on a material surface. The MALDI matrix is added to the adsorbed protein sample, which is then bombarded by a pulsed laser. Ion fragments (i.e., ionized peptide fragments from the adsorbed proteins that are generally smaller than the adsorbed protein molecules) are released from the MALDI plate and directed via an electrostatic field into the extraction grid. From there the ions pass though a flight tube to the detector, where proteins and peptide fragments can be analyzed and identified.

MALDI-ToF/MS can also be coupled with protein separation techniques such as twodimensional (2D) gel electrophoresis to isolate specific bands of proteins from the gel; individual proteins can then be resolved using a mass spectrometer. Potential limitations of MALDI-ToF/MS include the inability to recognize proteins present at very low concentrations and the inability to identify specific proteins when using a MALDI matrix that does not effectively protect the protein sample. The selection of an appropriate MALDI matrix is often a process of trial and error [15, 22]. Future developments involving mass spectrometry will address some of these issues by utilizing tandem equipment strategies and improved proteinprocessing techniques.

Scanning electron microscopy (SEM), solid-state crystallography, and transmission electron microscopy have also been used to examine the structure of adsorbed proteins; all of these techniques, however, require extensive sample preparation, which may alter either the material surface or the adsorbed protein layer, particularly when the substrate surface interacts with a multicomponent, aqueous protein solution. These methods often require dehydration of the organic sample (which may alter the conformation of proteins), and coating with a conductive substrate (which can sometimes lead to additional artifacts due to changes in the structure of surfaces when dehydrated). Atomic force microscopy (AFM) improves upon other microscopic techniques by allowing imaging of the adsorbed proteins in their native state in nearly physiological conditions and in three dimensions. AFM functions by "feeling" the surface with a very sharp microscale cantilevered tip. More recently, strategies have been developed that combine multiple scanning-probe microscopy techniques to analyze single adsorbed proteins. AFM has been combined with scanning tunneling microscopy (STM) to accurately characterize single adsorbed proteins on conductive substrates. STM functions through measurement of the quantum mechanical tunneling current between

a conductive surface and a very sharp metallic tip. Since the rate of tunneling electrons depends on the distance between the tip and surface, an image can be generated that captures extremely fine changes in height across the scanned surface area. AFM alone provides accurate information about the height of a protein, but STM can provide improved lateral information. Tandem STM/AFM has been used to characterize the morphology of metalloproteins such as azurin [15, 23, 24].

Surface-enhanced infrared absorption spectroscopy (SEIRA), which is an addition to traditional IR spectroscopy, has been applied to study interactions involving surface-immobilized proteins. SEIRA improves on the resolution of traditional IR by amplifying the signal of an adsorbed molecule by approximately two orders of magnitude. In addition to studies on protein recognition, SEIRA has been used to study the adsorption of nucleic acids and DNA. The high level of sensitivity of SEIRA potentially lends the technique to improved analysis of changes in protein functionality over the results obtained by the IR difference method, although it has yet to be used extensively to study adsorbed proteins [20, 25].

#### 1.4. Recent Advances in Protein Adsorption

#### 1.4.1. Protein Adsorption to Nanomaterials

Nanotechnology has exploded as a research direction in many fields of science; the study of protein adsorption on nanophase materials is no exception. Nanoscale materials, or nanomaterials, are defined as materials that have some component or feature (i.e., grains, surface texture, fibers, particles, etc.) with at least one dimension between 1 and 100 nm. Compared with conventional materials (such as a microphase metal or polymer) nanomaterials exhibit improved properties due to their nanoscale characteristics. Additionally, nanomaterials have vastly increased surface area-to-volume ratios compared with conventional materials [26]. Nanomaterials also better mimic physiological structures as most tissues in vivo have nanoscale features because they are assembled from nanoscale units of amino acids, proteins, and lipids, all of which are in the low end of the nanoscale range in terms of size (below 15 nm). In addition, the size of most blood proteins is in the range of 3-15 nm. The characteristic dimension of nanoscale materials is, therefore, nearly the size of, or smaller than, a serum protein molecule [26]. Thus, nanoscale biomaterials may promote protein adsorption, and subsequent cell attachment and function, in ways analogous to those promoted by tissues of the body and, potentially, much more effectively than the results obtained in conjunction with conventional materials. Many material surface properties relevant to protein adsorption can be modulated at the nanoscale level, since properties such as hydrophilicity/hydrophobicity, charge, topography, and chemistry can all greatly affect protein adsorption and conformation. Since such properties of nanoscale substrates vary from those of conventional material substrates, nanomaterials may induce controlled conformations of various proteins and, thus, present multiple and/or different cues and signals to cells.

Several literature reports have characterized protein adsorption to nanomaterials [26–30]. For example, adsorption of lysozyme and cytochrome c (an enzymatic heme molecule) to mesoporous (defined as having pore sizes between 2 and 50 nm) silica increased with pore diameter; specifically, using adsorption isotherms, the highest amount of lysozyme adsorbed increased from 13.4  $\mu$ mol g<sup>-1</sup> for the 3.54-nm diameter pores to 35.3  $\mu$ mol g<sup>-1</sup> for the 10.98-nm diameter pores with similar concentrations of cytochrome c. Additionally, cytochrome c adsorbed to the mesoporous silicate had greater

bioactivity than the enzyme in solution. Sustained enzyme activity was also observed on a mesoporous carbon support substrate [27]. Additionally, a hydroxyapatite (HA) poly(L-lactic acid) (PLLA) composite made from nanocrystal hydroxyapatite mixed with PLLA promoted increased protein adsorption from fetal bovine serum as a function of increased nano-HA weight percentage content in the range 10–70% [26, 28]. Studies of the adhesion of osteoblasts on nanophase hydroxyapatite, titania, and alumina ceramics reported increased surface concentration of vitronectin, an adhesion protein known to mediate adhesion of osteoblasts [29, 30]. Compared with the respective conventional material, the nanophase ceramics contained many small pores (24–97 nm) where vitronectin may have preferentially adsorbed. Additionally, vitronectin displayed increased conformational unfolding on the nanomaterial (measured via Raman scattering), likely leading to exposure of more cell adhesive domains within this molecule that promoted the observed increased osteoblast adhesion [29, 30].

Researchers have sought to characterize the effect of nanoscale surface features on such phenomena as gross protein adsorption and changes in protein conformation. Recently, fibronectin (a large, cell adhesion molecule) interactions with a poly(lactic-*co*-glycolic acid) (PLGA) surface with nanoscale surface features was imaged for the first time using AFM [26, 31]. Fibronectin at concentrations of 0.5–5  $\mu$ g ml<sup>-1</sup> was adsorbed to PLGA surfaces with 3D spherical "bumps" with sizes of 100, 200, and 500 nm. AFM images revealed small globules of fibronectin present on the 500-nm surface. The fibronectin molecules were more spread and elongated on the 200- and 100-nm surfaces; the greatest initial spreading was observed on the material surface with the 200-nm bumps [31]. This result indicates that there are specific surface feature sizes that promote enhanced spreading of specific protein molecules. It should be noted that since both the 100-nm and 200-nm spherical "bumps" are much larger than the "typical" (5–15 nm) size of proteins, these surface features can support adsorption of multiple protein molecules [26, 31].

#### 1.4.2. Manipulating Protein Adsorption

Besides nanomaterial-directed strategies, researchers have continued to investigate the effect of other material surface properties on protein adsorption. Self-assembled monolayers (SAMs) present specific molecules on a material surface and are used in the study of protein adsorption. For the purpose of studying osteopontin (an extracellular matrix protein involved in inflammation) adsorption, various SAM terminal groups such as hydrophobic (-CH<sub>2</sub>), hydrophilic but neutral (-OH), positively charged (-NH<sub>2</sub>), and negatively charged (-COOH) were assembled on a gold material surface. SPR indicated that osteopontin adsorption to the -NH, surface was in the monolayer range, and comparable to that observed on the -COOH surface. Subsequent interactions of bovine aortic endothelial cells exhibited increased cell spreading on the surfaces tested in the following order: -COOH, -CH,, gold, and -NH,. Although the amount of total protein absorbed was similar on both the -COOH and -NH, surfaces, cell adhesion and spreading was much higher on the -NH, surface. This result provides evidence that the conformation and bioactivity of osteopontin on the positively charged surface was more favorable for cell binding. Liu et al. [32] speculated that the orientation of osteopontin on the -NH2 surface may have exposed the cell adhesive domain arginine-glycine-aspartic acid (RGD) in an orientation favorable to cell adhesion, while on the -COOH surface, RGD was oriented toward the material surface and not toward the adhering cells. Osteopontin is a very acidic, negatively charged protein that may have bound strongly and in a different orientation to the positively charged -NH, surface than to the negatively charged -COOH surface [32, 33].

Stimuli-responsive polymers (also known as "smart" polymers, defined as materials that respond to external stimuli by altering a specific property) have been developed to modulate protein adsorption in a dynamic and as-needed fashion. Since protein adsorption on material surfaces may vary tremendously due to hydrophilicity/hydrophobicity properties, switching these properties on a material surface may affect and/or change the adsorbed protein monolayer and, thus, subsequent cell interactions. Poly(N-isopropylacrylamide) (PNIPAAm), a thermoresponsive coating, has been used on traditional tissue culture polystyrene and in a microfluidic hotplate. Up to 37°C, the PNIPAAm surface is hydrophobic and promotes protein adsorption; when cooled to room temperature, this polymer undergoes a phase transition and its surface becomes hydrophilic, inducing decreased protein adsorption. PNIPAAm was used in a microfluidic hotplate to induce fast (in less than 1s) protein adsorption/desorption. A different type of stimuli-responsive polymer utilized monolayers with photocleavable 2-nitrobenzyl groups. Bovine serum albumin was adsorbed to this layer, limiting human embryonic kidney cell adhesion due to the inertness of albumin. When this material surface was exposed to ultraviolet light, the 2-nitrobenzyl groups were cleaved and albumin was released; then increased adsorption of fibronectin and human embryonic kidney cell adhesion was observed [34, 35].

#### 1.5. Current Limitations and Potential Future Opportunities

Protein adsorption has been studied on many materials and under various conditions. In many of these cases, researchers reported changes in protein conformation and bioactivity upon adsorption; however, the underlying mechanisms correlating material surface chemistry, protein conformation, and protein bioactivity are still not fully understood.

Nanomaterials offer a new, and relatively untapped, opportunity to study these phenomena at the nanoscale. Coupling a wide range of proteins, nanomaterials, and cells with imaging techniques (such as AFM) will provide valuable information regarding specific aspects of these phenomena, potentially leading to improved understanding of protein-surface interactions. In addition to improving current understanding of protein adsorption, nanomaterials may also allow for improved control of protein adsorption (and, thus, subsequent cell adhesion and function pertinent to new tissue formation), leading to the design and formulation of new and improved biomaterials for use in clinical applications.

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# Investigating Protein Adsorption via Spectroscopic Ellipsometry

Maria F. Mora, Jennifer L. Wehmeyer, Ron Synowicki, and Carlos D. Garcia

In this chapter, the basic concepts behind ellipsometry and spectroscopic ellipsometry are discussed along with some instrument details. Ellipsometry is an optical technique that measures changes in the reflectance and phase difference between the parallel  $(R_p)$  and perpendicular  $(R_s)$  components of a polarized light beam upon reflection from a surface. Aside from providing a simple, sensitive, and nondestructive way to analyze thin films, ellipsometry allows dynamic studies of film growth (thickness and optical constants) with a time resolution that is relevant to biomedical research. The present chapter intends to introduce ellipsometry as an emerging but highly promising technique, that is useful to elucidate the interactions of proteins with solid surfaces. In this regard, particular emphasis is placed on experimental details related to the development of biomedically relevant conjugated surfaces. Results from our group related to adsorption of proteins to nanostructured materials, as well as results published by other research groups, are discussed to illustrate the advantages and limitations of the technique.

#### Abbreviations and Symbols

Γ	Adsorbed amount
d <i>∏</i> /dt	Adsorption rate
Δ	Phase difference
λ	Wavelength
ψ	Amplitude
AFM	Atomic force microscopy
BSA	Bovine serum albumin
CNT	Carbon nanotubes

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d	Thickness
DAAO	D-amino acid oxidase
DC	Direct current
DNA	Deoxyribonucleic acid
EMA	Effective medium approximation
Fib	Fibrinogen
HSA	Human serum albumin
IEP	Isoelectric point
k	Extinction coefficient
n	Refractive index
$R_{\rm p}$	Parallel component of polarized light beam
$R_{s}^{i}$	Perpendicular component of polarized light beam
SDS	Sodium dodecyl sulfate
SE	Spectroscopic ellipsometry
t	Time

# 2.1. Introduction

Interaction of proteins with material surfaces is a common but rather complicated phenomenon [1]. One of the most remarkable consequences of this interaction is that materials coated with biomolecules display the properties of the adsorbed protein layer, rather than the material itself [2]. Consequently, understanding the protein adsorption phenomena is critical for the rational design of biologically active composites with sensing, biological, and electronic functions.

Among other substrates, nanomaterials are part of an industrial revolution that provides materials with unique properties (thermal, mechanical, electrical, biological, etc.) not found in conventional/microphased materials [3-7]. The combination of remarkable recognition capabilities of biomolecules with the unique properties of nanomaterials resulted in systems with significantly improved performance [8]. Apart from mechanical strength and light weight, most of the extraordinary biological properties of nanomaterials are linked to unique surface properties (surface area, surface roughness, energetics, and altered electron distributions) [9], which enable improved interactions between material surfaces and biological entities. Most importantly, the type and conformation of proteins adsorbed to nanomaterials proved to be a key factor in subsequent cellular responses [4]. Consequently, various experimental parameters must be optimized in order to control the biological activity of the bio/ nano composite. Proteins, which tend to spontaneously accumulate at interfaces with materials, may undergo structural changes upon adsorption. The extent of such conformational changes induced by the sorbent surface depends on the material surface properties, the protein, the pH, and the degree of protein coverage of the surface. Understanding these conformational changes is probably one of the most important points for biomedical applications because they can generally be controlled. In this respect, the structural stability of the protein, defined by differential scanning calorimetry as "soft" or "hard" proteins, can provide the first indications about the driving forces behind, and consequences of, protein-biomaterial interactions [10, 11]. Further details regarding the adsorption of proteins to biomaterials can be found in other chapters of this book.

From the kinetics standpoint, the rate of protein adsorption at the solid/liquid interface comprises two steps: (1) transport of the solute molecules toward the interface and

(2) interaction with the sorbent material surface. The basic mechanisms of transport of molecules to the material surface are diffusion and convection by either laminar or turbulent flow. In the second step, the adsorbate molecules may attach at, or detach from, the sorbent material surface, giving rise to two fluxes, one forward and one backward. The relative contributions of each one of these fluxes to the overall adsorption process depend on both the attraction exerted by the material surface to the adsorbate and the solvent–sorbent interactions. Many energetic and entropic effects contribute to the free energy of the protein adsorption process. However, when proteins are adsorbed at the solid/liquid interface, the main driving forces of the interaction are electrostatic and hydrophobic ones. In the simplest case, the protein adsorption rate  $(d\Gamma/dt)$  may be considered as a first-order process, as described by Eq. (2.1):

$$\frac{\mathrm{d}\Gamma}{\mathrm{d}t} = k_{\mathrm{ADS}}C_{\mathrm{S}},\tag{2.1}$$

where  $k_{\text{ADS}}$  is the adsorption rate constant and  $C_{\text{S}}$  is the concentration of solute (proteins, in the case under consideration). As the material surface coverage increases with time,  $k_{\text{ADS}}$  decreases, and an equilibrium is reached ( $\Gamma_{\text{SAT}}$ ). When changes in the structure of the protein upon adsorption occur, the process could be described by considering an equilibrium reaction, in which the protein in solution can interact with the material surface, adsorb, and subsequently, undergo a structural/conformational change on that material surface. Such equilibria have been described for diverse proteins including lysozyme [12], albumin, and fibrinogen [13–18].

Kinetic and thermodynamic studies have indicated that significant conformational changes may occur as a protein adsorbs to a surface [19]. For this reason, many different techniques have been used to study not only the adsorption/desorption phenomena but also structural changes of such interactions [20]. Among others, Brewster angle microscopy, neutron and X-ray reflection, fluorescence and time-resolved fluorescence, circular dichroism, infrared spectroscopy, and electron microscopy were discussed in a book edited by Baszkin and Norde [21]. Studies of protein adsorption using mass spectrometry [22], confocal laser scanning microscopy [23], neutron reflection [24], atomic force microscopy (AFM; see other pertinent chapters in this book), scanning force microscopy [25], optical waveguide light-mode spectroscopy [19], quartz crystal microbalance [26, 27], surface plasmon resonance, total internal reflection fluorescence [28, 29], and capillary electrophoresis [30–33] have been also reported in the scientific literature.

## 2.2. Ellipsometry

Another technique that can provide information regarding the protein adsorption processes as well as the structure of the adsorbed protein layer is ellipsometry. Ellipsometry is an optical technique that measures changes in the reflectance and phase difference between the parallel ( $R_p$ ) and perpendicular ( $R_s$ ) components of a polarized light beam upon reflection from a surface. Using Eq. (2.2),

$$\tan\left(\psi\right)e^{i\Delta} = \frac{R_{\rm P}}{R_{\rm S}},\tag{2.2}$$

the intensity ratio of  $R_p$  and  $R_s$  can be related to the amplitude ( $\psi$ ) and the phase difference ( $\Delta$ ) between the two components [34]. Because ellipsometry measures the ratio of two values originated by the same signal, the data collected are highly accurate, and reproducible. Most importantly, no reference specimen is necessary. The changes in polarization measured by ellipsometry are extremely sensitive to film thickness (down to the monolayer level), optical constants, and film microstructure (such as surface roughness, index grading, and intermixing). This monolayer sensitivity is useful for real-time studies of layer-by-layer film deposition, including biological monolayers on a variety of substrates.

When substrates are flat, isotropic, and uniform, the interpretation of the ellipsometry results is relatively simple. Needless to say, biological substrates rarely meet these specifications, and often present multiple layers with different thicknesses, optical constants, and topographies. Because of the complexity of biological substrates, data must be obtained at multiple wavelengths and angles. Since the time of early applications, which were mainly focused on thickness quantification of oxide layers, ellipsometry has evolved to spectroscopic ellipsometry that is able to resolve details in the kinetics of layer formation for a variety of molecules [35] and even to investigate two-dimensional film thickness profiles with high spatial resolution and sensitivity [36–40]. Aside from providing a simple and nondestructive way to analyze thin, organic layers of biological interest, ellipsometry allows dynamic studies of film growth (thickness and optical constants) with a relevant time resolution.

# 2.3. Optical Models Used to Interpret Ellipsometric Results

Interpretation of ellipsometric measurements from raw data ( $\psi$  and  $\Delta$ ) is rather difficult and requires an optical model that describes the substrate microstructure in terms of refractive index (*n*), extinction coefficient (*k*), and thickness (*d*). This requirement is probably one of the biggest limitations of the technique, because the reliability of the calculated properties is only as good as the model used [41]. A second limitation (pertaining mostly to very thin films substrates), is that ellipsometry is not very sensitive to the value of *n*, because the *n* and *d* values of very thin films are highly correlated [42]. On the other hand, advances in instrumentation, matrix multiplication procedures, and modern computer applications enable modeling ellipsometric data with multilayer structures with better accuracy, reasonable time, and different optical models [43]. Most modern instruments provide comprehensive software packages with a built-in mean square error calculation that can be used to quantify the difference between the experimental and model-generated data.

The main objective of ellipsometry data analysis is to achieve an accurate description of the substrate using the simplest possible model. The procedure employed generally includes several iterations through four main steps: (1) modeling the dielectric function, (2) constructing an optical model that describes the overall behavior of the system, (3) fitting the collected spectra to the optical model, and (4) calculating the fitting error. If done correctly, this procedure also minimizes the uncertainty associated with the measurements. In other words, the conclusions obtained by ellipsometry are only as good as the optical model.

Depending on the electronic properties of the materials tested, different optical models can be applied to the data collected by ellipsometry [34, 44]. In the simplest case, when the layers can be considered transparent and homogeneous, the refractive index (*n*) as a function of the wavelength ( $\lambda$ ) can be described using a classical Cauchy model (Eq. 2.3):

$$n_{(\lambda)} = A + \frac{B}{\lambda^2} + \frac{C}{\lambda^4},$$
(2.3)

where *A*, *B*, and *C* are constants fitted by the model. Cauchy models have been used to study the structure of layers of biotin–avidin [45], albumin [46], ferritin [47], and polymers [48, 49], as well as binding of T-2 molecules to antibodies [50], and other small molecules [51, 52]. The interpretation of data related to biological molecules that absorb light (e.g., resonant electrons at 280 nm) requires the use of other models such as the Tauc–Lorentz model, which accounts for the unique band-gap of such amorphous materials.Tauc–Lorentz models have been used to describe the hemocompatibility of carbon thin films and their interaction mechanism with blood plasma proteins such as human serum albumin (HSA) and fibrinogen [53–57]. Similar models have also been used to evaluate the thrombogenicity of polysaccharide-coated surfaces [58].

These mathematical models used to describe each layer must be combined in a reasonable optical model that describes the overall behavior of the system. In this regard, most biomedically relevant substrates can be modeled by a small number of uniaxial layers with optical axes parallel to the normal axes of the substrate. Although other examples of these models abound in the literature, Figures 2.1 and 2.2 show two optical models used to describe biomedically relevant processes.

In the first case (*see* Figure 2.1), the model consists of a two-layer substrate (bulk silicon coated with a layer of amorphous hydrogenated carbon) and a protein layer (fibrinogen) as an overlayer [53]. An additional layer (four layers in total) was used to model the adsorption of  $\beta$ -casein at air/water and oil/water interfaces [60]. In situations where the



**Figure 2.1.** Three-layer model used to investigate the adsorption of fibrinogen (Fib) on hydrogenated carbon films. Reprinted from Ref. [53].



Figure 2.2. Five-layer model used to investigate the adsorption/penetration of human serum albumin (HSA) to porous silicon substrates. Reprinted from Ref. [59].

material surface and interface microstructures have to be accounted for, an effective medium approximation (EMA) model can be applied. EMA layers mix the optical constants of two or more materials and are extremely useful in modeling surface roughness [61], interface layers, and volume fractions in composite materials [62]. This is the case of the model illustrated in Figure 2.2, where a five-layer model, each layer with different composition (of silicon, void space, and protein), was used to investigate the adsorption of HSA to a porous silicon substrate [59]. Similar models were later used by Karlsson [46, 63] and Tsargorodskaya [64] to rationalize information related to the adsorbed protein amount as well as the concentration profile into the porous substrate. EMA layers also allow mixing materials, independently described by different optical models such as the Cauchy, Lorentz, or Tauc–Lorentz. EMA layers have been also applied to describe interactions between ferritin and gold [47].

Once the construction of an accurate optical model, describing the adsorbed protein layer (and the substrate), has been achieved, the thickness of a protein layer obtained by ellipsometry can be used to calculate the adsorbed protein amount ( $\Gamma$ , expressed in milligrams per meter squared) using Eq. 2.4:

$$\Gamma = \frac{\mathrm{d}(n - n_0)}{(\mathrm{d}n \,/\,\mathrm{d}c)},\tag{2.4}$$

where *n* and  $n_0$  are the refractive indices of the protein and the ambient environment, respectively [65]. In accordance with previous reports, the refractive index increment for the molecules in the layer (dn/dc) is generally assumed to be around 0.187 mL/g [66–69].

# 2.4. Instrument Considerations

In general, ellipsometers are relatively simple instruments. Figure 2.3 shows schematically (and not to scale) the main components of a rotating analyzer spectroscopic ellipsometer. Light from a Xe–arc lamp is directed through a monochromator (1), collimated,



**Figure 2.3.** Schematic (not to scale) of the main components of a variable angle spectroscopic ellipsometer. (1) Monochromator, (2) fiber optic cable, (3) input unit, (4) alignment detector, (5) substrate stage, (6) goniometer base, and (7) detector unit. Note: The control box and the associated computer (for data acquisition and analysis) have been omitted from the diagram. (courtesy of J. A. Woollam Co., Inc.).

and passed through a polarizer (3). Then, the polarized beam interacts with the substrate (mounted on 5) at an oblique angle. Finally, the reflected beam passes through a second polarizer and enters a detector (7). Although many different instrument configurations are available, the data acquisition frequency is generally limited by the rotating element, light source intensity, selected precision of the measurement, wavelengths selected, and angles required for each experiment.

Many ellipsometric adsorption studies have been performed by measuring surfaces *ex situ* in air before and after protein adsorption [56, 70]. These experiments are very simple, allow many substrates (material surface/adsorbed protein) to be measured over a short period of time, and can be performed by minimally trained personnel. However, as pointed out by Arwin [59], this *ex situ* experimental approach involves rinsing and, sometimes, drying steps that introduce the uncertainty of possible desorption and denaturation of proteins before the pertinent measurements.

For this reason, several cells<sup>1</sup> have been designed enabling in situ ellipsometric measurements of protein adsorption processes. In this respect, a widely used design is an open cell assembled of fused silica slides [35] that could be mounted on the vertical substrate-stage of

<sup>&</sup>lt;sup>1</sup>Unless otherwise noted, the word "cell" in this chapter has been reserved to denominate the chamber in which the adsorption experiment is performed.

the ellipsometer. Arwin's group also designed a cell for total internal reflection ellipsometry under flow injection conditions that can be also used without flow injection as well as with or without stirring [47]. Logothetidis [55] and other research groups [71] have recently reported very interesting results obtained with other cells suited for aqueous liquids (like salty solutions and buffers). Although these designs have proven to be extremely useful, they do not provide information to resolve the question of whether the mass transfer from the bulk or an interfacial process is the determinant step in the protein adsorption rate. To solve this problem, the adsorption experiment can be performed under stagnation conditions. In this case, the axis of the impinging jet intersects perpendicularly to the material surface that is being measured. Stagnation flow cells have been extensively applied to study adsorption kinetics of proteins [72–76], surfactants [77], and polymers [78] using reflectometry, a similar technique.

## 2.5. Material Surface Preparation

Unlike other techniques such as surface plasmon resonance, ellipsometry allows a wide variety of materials to be used as substrates. Gold [79], carbon [80], silicon [49], alumina [81], stainless steel [82], and titania [83] are only a few examples with biomedical relevance. Particularly important are micro/nanophased materials, which promote enhanced interactions with biological molecules. A major problem encountered when performing ellipsometric studies using nanomaterials is, however, that nanophase substrates are typically not suitable for ellipsometry. This is the case for ceramics [4], and material substrates prepared by either dip-coating [84] or electrophoresis [85], which result in rather opaque surfaces, with roughnesses that are several orders of magnitude larger than the nanofeatures themselves. Other techniques such as chemical vapor deposition [86] and direct-current reactive magnetron sputtering [87] offer versatility of fabrication conditions, crystal structure, composition, optical properties, bactericidal abilities, and effective ways to improve the reactivity of the obtained films. However, the cost and complexity of these techniques prevent them from being adopted for general use.

Often, the optical anisotropy observed in polymer thin films [88, 89], self-assembled layers [90], and Langmuir–Blodgett films [91] can be accounted for during the ellipsometric measurement and subsequent modeling. According to our experience, techniques such as sputtering, vaporization (for metallic surfaces), and sol-gel deposition [92–94] have the potential of producing nanometer-thick films with minimum instrument requirements and porosity values that are appropriate for ellipsometry. Other materials such as carbon nanotube (CNT) films can be deposited on a variety of substrates by spin-coating [95], spraying [96], chemical vapor deposition [97], and vacuum filtration [98]. Although they will not be discussed in this chapter, successful examples of ellipsometrically characterized nanostructured films abound in the literature [99–103].

# 2.6. Typical Protein Adsorption Experiment Followed by Ellipsometry

As mentioned in Sects. 2.2 and 2.3 of this chapter, the raw data generated using the ellipsometer are generally expressed in terms of the amplitude ( $\psi$ ) and the phase difference ( $\Delta$ ) as functions of either time (t) or wavelength ( $\lambda$ ). These data can be then interpreted using

an optical model, which considers the optical constants (*n* and *k*) and thicknesses (*d*) of each layer. Figure 2.4 shows the raw data ( $\psi$  and  $\Delta$  as functions of time) obtained during a typical dynamic adsorption experiment collected at two wavelengths (450 and 650 nm) using spectroscopic ellipsometry.

After fitting the data with an appropriate model, in which the thickness of the protein layer is variable, Figure 2.4 can be expressed in terms of either thickness of the protein layer or surface mass ( $\Gamma$ ), and expanded to include the data collected during a subsequent desorption experiment. Figure 2.5 shows the final plot of the protein adsorption/desorption experiment.



**Figure 2.4.** Typical amplitude ( $\psi$ ) and phase difference ( $\Delta$ ) as functions of time (*t*) collected during an adsorption experiment of 0.1 mg/mL of DAAO to CNT by spectroscopic ellipsometry. Other pertinent conditions are described in Ref. [104].



Figure 2.5. Typical protein adsorption/desorption experiment monitored by spectroscopic ellipsometry.

Figure 2.5 can be subdivided in five regions. In the first part (A), while only the background electrolyte is pumped through the cell, the initial thickness of the substrate is measured and the baseline stability is verified. In (B), the solution containing protein is introduced and the protein adsorption starts at an initial fast rate process, allowing the calculation of the maximum adsorption rate ( $d\Gamma/dt$ ). As the protein molecules fill the substrate, the adsorption process slows down, reaching a plateau value (C). At this point, the adsorbed amount at saturation ( $\Gamma_{SAT}$ ), for the designated experimental conditions, can be obtained. In the next region (D), a desorbing agent is introduced into the cell, the adsorbed amount decreases, and the initial desorption rate can be calculated. Finally, in region (E) the amount of protein that remains on the substrate ( $\Gamma_{LEFT}$ ) can be determined. Additionally, a more accurate value for the optical constants of the substrate and the protein layer before and after desorption can be obtained upon performing spectroscopic scans during stages (A), (C), and (E), respectively.

# 2.7. Ellipsometric Determination of the Adsorption of Proteins to Nanomaterials

So far, this chapter has focused on the importance of studying protein adsorption to nanomaterials surfaces, the most remarkable features of ellipsometry and its instrumental and substrate requirements, as well as the type of data that can be collected in a typical ellipsometric experiment. In the following sections, the most recent results from our laboratory will be discussed. Emphasis will be placed on the adsorption of two proteins (bovine serum albumin [BSA] and D-amino acid oxidase [DAAO]) to two nanostructured materials (TiO<sub>2</sub> and CNT) deposited on Si/SiO<sub>2</sub> strips.

# 2.7.1. Adsorption of BSA to Nanostructured TiO<sub>2</sub>

During the last decades, plain carbon and vanadium–steel orthopedic/dental implants have been gradually replaced by those made of stainless steel, cobalt–chromium alloys, titanium–platinum alloys, and polymeric materials, such as poly(tetrafluoroethylene), poly(methylmethacrylate), polyethylene, and silicones [105]. Because of their biocompatibility and mechanical properties, titanium and titanium-based alloys are one of the most popular materials for medical applications including bone and joint replacements, dental implants, and cardiovascular devices. Since titanium spontaneously generates a surface layer of  $TiO_2$  when exposed to oxygen-containing environments (such as air or aqueous media), its biocompatibility is dominated by the interaction of cells, tissues, biological fluids, and the oxide layer instead of the metal itself [106].

This phenomenon has been widely recognized and it has motivated recent studies of the interaction of various proteins and  $\text{TiO}_2$  [107, 108]. Among other proteins, BSA has been extensively studied. BSA is a globular protein with an isoelectric point (IEP) of 4.5–5.0, approximate molecular dimensions of  $4 \times 4 \times 14$  nm, and a molecular weight of 66.5 kDa [109]. Because BSA generally undergoes significant structural changes upon adsorption to solid surfaces, it has been considered to be a "soft" protein [10, 11]. Besides its abundance in physiological fluids (such as blood plasma) and physiological functions attributed to albumin (control of osmotic pressure, buffer, and transport), BSA has been also considered a model protein for various biomedically related studies [110–112]. For these reasons, the mechanisms that regulate the adsorption of albumin to nanostructured TiO<sub>2</sub> surfaces were selected for further analysis in this chapter. In order to attain a better understanding of how

nanostructured surfaces modulate protein–surface interactions, the "real-time" adsorption of BSA to nanostructured  $\text{TiO}_2$  was investigated using spectroscopic ellipsometry [113]. For these experiments, the  $\text{TiO}_2$ -coated substrates were prepared using dip-coating techniques [92–94] and characterized by ellipsometry and atomic force microscopy (AFM). The thickness of the deposited  $\text{TiO}_2$  films was between 1.5 and 3.5 nm. The ellipsometric data were modeled by three uniaxial layers (Si, bulk;  $\text{SiO}_2 d = 2.5 \pm 0.5$  nm; and  $\text{TiO}_2$ ) with the optical axis parallel to the silicon wafer substrate. As shown in Figures 2.6 and 2.7, the agreement between the data generated by the optical model, the experimental data, and the topography of the nanostructured  $\text{TiO}_2$  thin films (determined by AFM) was good.



**Figure 2.6.** An example of data ( $\Psi$ , *blue*; and  $\Delta$ , *red*) collected from a spectroscopic scan (*dots*) as well as data generated by the optical model (*lines*). Other pertinent conditions for this experiment are described in Ref. [113].



**Figure 2.7.** AFM image of a representative thin-film of  $TiO_2$  deposited on a silica wafer. Other pertinent conditions for this experiment are described in Ref. [113].

As shown in Figures 2.8 and 2.9, both the adsorbed amount and the adsorption rate of BSA to nanostructured  $\text{TiO}_2$  increased as a function of the protein concentration in the 0.001–0.1 mg/mL range.

Although the interaction of BSA on  $\text{TiO}_2$  was not affected by the ionic strength of the protein solution, greater amounts of BSA were adsorbed at the IEP. This behavior can be explained by considering that, at the IEP, the adsorbed molecules minimize electrostatic repulsions, attain closer packing [114], and retain their native structure. The results collected by ellipsometry indicate that BSA adsorbed to nanostructured  $\text{TiO}_2$  formed a monolayer with a (more or less) compact arrangement. In agreement with a rather general phenomenon in protein adsorption [115], formation of the BSA adsorbed layer was driven by a combination



**Figure 2.8.** Effect of the protein concentration on the amount of BSA adsorbed on nanostructured TiO<sub>2</sub>. Other pertinent conditions of this experiment are described in Ref. [113].



Figure 2.9. Effect of the protein concentration on the initial adsorption rate of BSA on nanostructured TiO<sub>2</sub>. Other pertinent conditions of this experiment are described in Ref. [113].

of hydrophobic (mainly) and hydrophilic interactions. Data collected by ellipsometry indicated that protein layers in the 2–5-nm thickness range were obtained; this result suggests that, upon adsorption to nanostructured films of  $\text{TiO}_2$ , BSA undergoes (at least some) structural changes.

The aforementioned results highlight the utility of spectroscopic ellipsometry to investigate not only the optical properties of nanostructured materials, but also the adsorption of proteins to such layers. More information regarding adsorption of BSA to nanostructured  $TiO_2$  can be found in Ref. [113].

# 2.7.2. Adsorption of Proteins to Carbon Nanotubes: Biosensing Applications

Sensitive, selective, and cost-effective analysis of biomolecules is important in clinical diagnostics and treatment. Among others, electrochemical biosensors based on enzymemodified electrodes are very attractive because they integrate the selectivity of enzymatic reactions with highly sensitive electrochemical signal transduction [116–118]. Biosensors are currently applied in the clinical [116, 118], environmental [119, 120], agricultural [117], and pharmaceutical fields. Although different nanomaterials can be used as substrates [121], carbon nanotubes (CNT) have an enormous potential because they can act simultaneously as immobilization matrices and as electrochemical transducers [122–128]. In addition, CNT are stable over a large range of potentials, are catalytically active toward many electrochemical reactions [127–130], and provide a significant increase in electrode area [129]. Although considerable progress has been made by encapsulating or cross-linking enzymes [131–133], the analytical performance of CNT biosensors still suffers from some fundamental deficiencies such as slow response ( $\geq$ 10 s) and limited sensitivity (approximately micromolar).

In order to better understand the driving forces and consequences of the interaction of proteins with CNT, preliminary studies were performed by reflectometry using BSA as a model protein [74]. According to those results, BSA molecules arriving to the CNT surface adopted a preferred orientation with the positive and nonpolar patches of the protein facing the hydrophobic sorbent surface; this arrangement resulted in an attachment-controlled adsorption process. Even under electrostatically unfavorable conditions, dehydration of both the CNT surface and the nonpolar regions of BSA promoted adsorption on CNT. At steady state conditions, a layer of BSA adsorbed to CNT (at the IEP of the protein) resembled a close-packed monolayer of protein molecules. At pH values away from the IEP, repulsive protein–protein interactions prevailed over attractive surface–protein interactions, limiting the amount of BSA adsorbed to the CNT layer.

More recently, our group described the interaction of CNT with D-amino acid oxidase (EC 1.4.3.3, DAAO) [104]. DAAO is a dimeric protein of approximately 80.6 kDa that exhibits an elongated ellipsoidal framework with approximate dimensions of 11 nm (length)  $\times$  4 nm (width) [134] and an IEP in the 6.3 [135] to 7.0 [136] range. DAAO is of particular interest because it recognizes functional groups, instead of a specific analyte [137, 138]. Therefore, combining DAAO with a separation technique such as capillary electrophoresis should increase the versatility of the sensor, allowing detection of several analytes with similar structure. Although the biological role of DAAO in animals is not clear yet, recent progress in the detection of D-amino acids has linked DAAO to aging [139, 140] and pathological conditions such as schizophrenia [141, 142], epilepsy, Alzheimer's disease, and renal diseases [143]. Additionally, understanding the adsorption mechanisms of DAAO to solid surfaces would enable developing more efficient catalysts for biomedical applications [144–146]. Consequently, understanding the driving forces for the adsorption of DAAO to

CNT would enable the rational design of biosensors and biocatalysts, avoiding harsh immobilization conditions and trapping membranes [147, 148].

Dynamic adsorption/desorption experiments of DAAO to CNT were performed as a function of the protein concentration, pH, and ionic strength. In general, all adsorption experiments exhibited a similar general behavior: (1) adsorption of DAAO to the CNT surface was a single step process; (2) adsorbed DAAO was not significantly affected by rinsing the substrate with buffer; and (3) part of the adsorbed DAAO was removed by rinsing with 4 mM sodium dodecyl sulfate (SDS). An example of the data collected during such adsorption/desorption experiments is shown in Figure 2.5. Neither the desorption kinetics nor the amount of protein remaining attached to the CNT surface was affected by the amount of DAAO adsorbed ( $\Gamma_{SAT}$ ). Based on these experimental observations, the overall adsorption process could be interpreted as the sum of two different populations of DAAO on the CNT surface: one that is removable by SDS ( $\Gamma_1$ ), and another ( $\Gamma_2$ ) that remains attached to the surface even after washing with surfactant.

Thickness values of the adsorbed DAAO obtained with spectroscopic ellipsometry analysis indicate that DAAO can adopt multiple orientations, either horizontal or tilted at different angles with respect to the CNT surface (Figure 2.10). It was also observed that higher amounts of DAAO were adsorbed at the IEP of the DAAO; moreover, the initial adsorption rate and the population of DAAO loosely attached ( $\Gamma_1$ ) to the CNT surface increase as the bulk protein concentration increases. More importantly, measurements of the enzymatic activity of the adsorbed protein (Figure 2.10) provided evidence that the enzymatic activity correlated with the adsorbed amount of protein when the adsorption reaction was performed under attractive electrostatic conditions. However, CNT surfaces modified with DAAO at, or above, the IEP of the protein displayed lower enzymatic activity.



**Figure 2.10.** Comparison between the enzymatic activity and amount of DAAO adsorbed to CNT under different experimental conditions. The *dashed line* was included with the sole purpose of connecting the DAAO thickness values  $(d_{DAAO})$ . Other pertinent conditions for this experiment are described in Ref. [104].

If one considers that proteins generally display higher structural stability (and, therefore, a smaller tendency to spread at the IEP) [114], these results may suggest that, despite the amount adsorbed, DAAO could undergo small changes in orientation rather than changes in structural conformation on the CNT surface. These changes in orientation are responsible for the observed differences in the biological activity of the adsorbed protein; for this reason, not only the surface and the protein [149], but also the adsorption conditions dictate the biological activity of a protein adsorbed on a CNT surface. More information regarding adsorption of DAAO to CNT surfaces can be found in Ref. [104].

## 2.8. Innovative Applications

Recent developments in instrumentation and data analysis software have enabled ellipsometry to transcend the boundaries of traditional physics, engineering, and chemistry settings. In this respect, several biomedical applications have been recently reported. For example, Schulz et al. [150] demonstrated that spectroscopic ellipsometry is a suitable optical tool to investigate biological specimens such as liver tissue, human nails, and human skin. These researchers performed a hydration study that revealed changes of the optical constants upon hydration and dehydration of nails and liver. The very different dehydration time scales for nails and liver provided evidence of the importance of the keratin matrix as a water barrier [150]. Danny et al. later extended this study to investigate the optical properties of various layers of human skin. In this case, the evolution of  $\psi$  and  $\Delta$  were described using a morphological model containing an effective medium approximation accounting for the water content of the skin, surface roughness of corneocytes, and the alternating lipid layers in the skin [151].

Cardenas et al. recently applied ellipsometry to investigate the amount, thickness, and structure of films formed by human whole saliva on alumina surfaces [81]. Their analyses were complemented by means of neutron reflectivity and AFM, and showed that saliva adsorbed rapidly on alumina. Such a film could be modeled by two layers: (1) an inner, dense, and thin region that formed a uniform layer and (2) a second layer, more diffuse and thicker, which protruded toward the bulk of the solution. The thickness of both layers of a salivary film formed on sapphire was found to be on the order of a few hundreds of Ångstroms [81]. Researchers from the same laboratory also investigated the adsorption of two salivary mucins (specifically, structure and topography) under conditions similar to those found in the oral cavity in terms of ionic strength, pH, and protein concentration [152]. In this case, the salivary protein film was described as a two-sublayer structure in which an inner, dense layer was decorated by large aggregates of proteins. The shape and height of these large aggregates largely depended on the type of substrata tested. Additionally, Santos et al. showed that adsorption of a human salivary mucin (MUC5B) was controlled by the type of substrata; in this case, film topography was similar to that of the larger aggregates present in the salivary films. According to these results, MUC5B molecules adsorbed on hydrophobic substrates were especially resistant to both elution with buffer solution and SDS. Therefore, these large mucins can be responsible for the increased resistance of the saliva films on hydrophobic substrates. Mucins could then protect the intraoral surfaces against surface-active components present in oral health care products. These results are also in line with the adsorption of other salivary proteins to biological materials [152].

Ellipsometry has also been applied in the development of various biosensors. Several of these sensors were reviewed by Arwin [153]. Attractive features for ellipsometric sensors

are the high resolution of the thickness of the adsorbed protein layer and the possibility of performing in situ measurements using nonlabeled molecules. According to the type of sensing mechanism used, ellipsometric sensors were classified in terms of affinity layer (analyte interacts with a sensing layer deposited on a substrate, resulting in a change in thickness of the protein layer), matrix layer (analyte diffuses inside a thin layer deposited on a substrate, resulting in a change in the refractive index), integrating layer (analyte interacts with a surface resulting in an accumulated thickness change over time), and a homogeneous layer (optical properties of the layer change upon interaction with the analyte) [153]. Among other ellipsometric sensors, Demirel et al. [154] investigated the effects of several variables on the formation of self-assembled monolayers of 3-mercaptopropyltrimethoxysilane on Si surfaces. Such surfaces were then modified with oligodeoxynucleotides and used to detect hybridization by ellipsometry. Other studies involving DNA adsorption and subsequent interactions have been also reported [155–157]. Using a micropatterned panel of seven lectins, Carlsson et al. [158] discriminated different meat juices from cattle, chicken, pig, cod, turkey, and lamb. In this case, biorecognition was evaluated with null ellipsometry and the data obtained were related to lactoferrin, an internal standard. Furthermore, the patterns of lectins binding to the meat proteins were visualized by scanning ellipsometry [158].

One of the most exciting areas in ellipsometry research is the development of imaging ellipsometry, which enabled quantification and visualization of the lateral thickness distribution of thin protein layers formed on solid substrates [38]. Biosensors based on imaging ellipsometry combine the specificity of biomolecular interactions with protein-patterned surfaces and have the advantages of high spatial resolution, fast data acquisition, and simplicity of use [159]. In this respect, van Noort et al. [160] reported the fabrication of an affinity biochip with a matrix of 900 targets for detection of binding events of carbohydrates with lectins using imaging ellipsometry. More recently, an immunosensor based on imaging ellipsometry was developed for the detection of Legionella pneumophila [161]. The sensor was fabricated by sequential deposition of 11-mercaptoundecanoic acid, protein G, and a monoclonal antibody. Imaging ellipsometry was then used to detect binding of L. pneumophila to the antibody layer; the limit of detection in this case was approximately 10<sup>3</sup> colony-forming units/ml [161]. Similar results were obtained when Salmonella typhimurium [162] and *Yersinia enterocolitica* [163] were examined. Comparable approaches have been also used to detect Arthrobacter oxydans [164] and dengue virus particles [165], to investigate the orientation of human immunoglobulin G [166], and to visualize two neutralizing human monoclonal antibodies from patients infected with severe acute respiratory syndrome coronavirus [167].

Yu and Jin [79] recently combined ellipsometry with electrochemical methods for studying electrostatic interactions of proteins and solid surfaces. These researchers provided evidence that the rate of fibrinogen adsorption on a potentiostatic surface was faster than that observed on the non-potentiostatic surface and concluded that hydrophobic interactions were the major driving force for the observed adsorption of fibrinogen to gold. Descriptions of other biomedical applications of imaging ellipsometry abound in the literature [168–171].

# 2.9. Conclusions

In this chapter, the basic concepts behind ellipsometry and spectroscopic ellipsometry were discussed along with some pertinent instrument details. Particular emphasis was placed on experimental details related to the development of medically relevant bioconjugated

surfaces. In this regard, ellipsometry has enabled collecting real-time data related to a wide variety of biological processes. When complemented with other techniques such as electron and fluorescence microscopy, circular dichroism, infrared spectroscopy, AFM, and quartz crystal microbalance, ellipsometry enables a rational interpretation of the microstructure of layers of protein adsorbed on material surfaces. Original papers investigating live tissues as well as imaging ellipsometry should open new possibilities for applications in the biomedical field. Clearly, opportunities abound for fundamental discovery as well as for breakthroughs in applications that involve proteins and biomaterials, biotechnology, and nanotechnology.

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# Atomic Force Microscopy Methods for Characterizing Protein Interactions with Microphase-Separated Polyurethane Biomaterials

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Understanding the molecular scale interactions between proteins and microphase-structured polyurethane (PU) biomaterials can provide mechanistic insights into the blood/biomaterial problem. This knowledge is critically important to provide design parameters for developing new blood-contacting materials with improved hemocompatibility. This chapter introduces a series of novel atomic force microscopy (AFM) techniques for characterization of PU biomaterials under ambient and physiologically relevant conditions. Techniques for measuring the interaction forces between proteins and surfaces or proteins and proteins, for measuring the bioactivity of proteins, and for correlating biological activity with material surface properties are discussed. The measurements reveal a complex interfacial environment where the material surface is undergoing dynamic changes at the same time as proteins are undergoing time-dependent conformational and bioactivity changes. Combining the traditional in vitro techniques for biocompatibility with these new AFM techniques offers new insights into the fundamental relationships between PU microphase structures and the biological response to these materials.

# Abbreviations and Symbols

Ab	Antibody
AFM	Atomic force microscopy
APS	3-aminopropyltrichlorosilane
DOI	<b>D</b> · · · · ·

- BSA Bovine serum albumin
- BTS n-butyltrichlorosilane

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Fib	Fibrinogen
HOPG	Highly ordered pyrolytic graphite
LDPE	Low-density polyethylene
mAb	Monoclonal antibody
OTS	octadecyltrichlorosilane
PBS	phosphate-buffered saline
PDMS	Polydimethylsiloxane
PTMO	Polytetramethyleneoxide
PC	Polycarbonate
PU	Polyurethane
PUU	Poly(urethane urea)
SAM	Self-assembled monolayer
A	the set point amplitude of the oscillation of the cantilever
$A_{0}$	the free amplitude of the oscillation of the cantilever
A(T)	the prefactor
d	the deflection of the cantilever (nm)
$d_0$	the initial deflection of the cantilever (nm)
Ĕ	the modulus (GPa)
$E_{a}$	the activation energy for protein unfolding (kT)
<i>F</i> <sup>°</sup>	the adhesion force (nN)
F	the adhesion force at equilibrium (nN)
$F_0$	an empirical coefficient related to the initial interaction force (nN)
Ĥ	the domain height of fibrinogen (nm)
$H_{e}$	the equilibrium height of the domains at very long adsorption times (nm)
$H_0$	the initial height of molecule at the time of contact (nm)
h	the Planck constant
k	the Boltzmann constant
k <sub>c</sub>	the spring constant of the cantilever (N/m)
k <sub>s</sub>	the rate constant $(s^{-1})$
$k_{\rm off}$	the thermal off-rate at zero force $(s^{-1})$
$r_{\rm sp}$	the ratio of set point amplitude and free amplitude of oscillation
$h_{\text{indent}}$	the indentation depth (nm)
R	the radius of the tip (nm)
V	the Poisson ratio
Т	the absolute temperature (K)
t	the contact time (s)
$\theta$	the water contact angle (degree)
τ	the water adhesion tension (dyn/cm),
$r_{\rm f}$	the loading rate (nN/s)
$\chi_{eta}$	the effective distance between the bound and transition states (Å)
$Z_{\rm pos}$	the movement of the piezo during compression of the surface (nm)
$\overline{Z}_{defl}$	the cantilever deflection (nm)

# 3.1. Introduction

When a biomaterial is placed into contact with blood or other tissues, proteins will immediately compete to adsorb onto the material surface; this event is then followed by cellular/platelet interactions with these adsorbed proteins [1–3]. These initially adsorbed

#### Atomic Force Microscopy Methods for Characterizing Protein Interactions

eters for new blood-contacting devices with improved hemocompatibility.

proteins can mediate a series of subsequent interactions of cells and tissues with surfaces that may be either beneficial or detrimental to the performance of biomaterials [4]. For example, adsorption of albumin and globulins can affect the attachment of tissue cells [5] and decrease platelet adhesion and activation [6]. On the other hand, adsorbed fibrinogen may induce platelet adhesion and activation, and accelerate thrombus formation, which remains one of the major problems associated with the long-term use of blood-contacting medical devices [7, 8]. Thus, understanding the factors influencing protein interactions with surfaces can provide mechanistic insights into the blood/biomaterial problem and provide design param-

Protein adsorption to a surface is a complex process governed by the properties of the protein itself, the composition of the biological fluid, and, perhaps most importantly, the properties of the material substrate [9–12]. A variety of different interfacial forces exist between proteins and surfaces that can potentially influence protein adsorption, including van der Waals' interactions, electrostatic interactions, hydrogen bonding, covalent bonding, and particularly hydrophobic interactions [13–17]. Protein adsorption is also affected by solvent–protein interactions that provide an energetic basis to drive proteins from solutions to the material surface [18–20]. However, despite decades of intense research into this most fundamental area of biomaterials science, the relationships between surface properties and protein–surface interactions at the molecular level are still not well established.

Blood contains a multitude of proteins that have different biological functions and activity, and are present in vastly different concentrations. Albumin, immunoglobulins, and fibrinogen are the most abundant proteins in plasma and represent more than 50% of all plasma proteins. Albumin is generally considered to be inert toward platelet adhesion and activation [21], while fibrinogen is a central protein in the process of biomaterial-induced thrombosis [22, 23]. Fibrinogen is a multifunctional protein that is capable of promoting thrombus formation through binding of the platelet integrin receptor  $\alpha_{IIb}\beta_3$  (GPIIb/IIIa), leading to platelet adhesion, activation, and aggregation [24], as well as being the precursor to fibrin, the important structural component in blood clotting/coagulation. Fibrinogen is also involved in bacterial adhesion to surfaces [25–27].

Fibrinogen is a symmetric molecule with two sets of three intertwined polypeptide chains termed A $\alpha$ , B $\beta$ , and  $\gamma$  chains (Figure 3.1) [28, 29]. Each fibrinogen molecule possesses three pairs of potential platelet-binding peptide sequences, two arginine–glycine– aspartic acid (RGD) sequences in each of the A $\alpha$  chains (RGDF and RGDS) and a dodecapeptide sequence (HHLGGAKQAGDV) in each of the  $\gamma$  chains; the  $\gamma$  chain dodecapeptide sequence is the primary ligand for platelet adhesion to adsorbed fibrinogen [30, 31]. Although the amount of fibrinogen adsorbed on a material surface is one of the



Figure 3.1. Schematic diagram of fibrinogen structure.



Figure 3.2. Schematic diagram of the PU structure.

important factors responsible for platelet adhesion, there is increasing evidence that the protein conformation and availability of platelet-binding sites in fibrinogen are more important in mediating platelet adhesion than just the amount of adsorbed protein [32, 33]. Studies have demonstrated that fibrinogen structure is dependent upon the substrate to which it is adsorbed, especially with regards to the surface chemistry, and that the material surface can potentially control the orientation/activity of adsorbing proteins thereby providing mechanisms for cellular responses to the adsorbed protein layer [34].

Segmented polymeric materials such as polyurethanes (PUs) are frequently used in a variety of blood-contacting medical devices due to their desirable mechanical properties, fatigue resistance, and acceptable hemocompatibility for many applications, including circulatory support devices, vascular grafts, and heart valves. PU materials are block copolymers constructed from a mixture of "soff" and "hard" segments that form a microphase-separated structure as a result of thermodynamic immiscibility of the polar hard segments and the relatively nonpolar soft segments (Figure 3.2) [35]. This microphase-separated structure is believed to contribute to the improved success of the polymer in blood-contacting applications, as it appears to influence protein adsorption, platelet adhesion, vascular cell attachment and proliferation, and bacterial adhesion. Yet, despite these observations linking microphase separation and biological responses, there is little insight into the molecular mechanisms underlying these fundamental protein–surface interactions.

A variety of techniques has been utilized to study protein adsorption on material surfaces in both physiologic and nonphysiologic environments. This extensive list of techniques includes ellipsometry [36, 37], surface plasmon resonance [38, 39], quartz crystal microbalance [40], radiolabeling [41], electrophoretic depletion measurements [20], circular dichroism [42], infrared spectroscopy [43], X-ray photoemission electron microscopy [44, 45], electron spectroscopy for chemical analysis, and time-of-flight secondary ion mass spectroscopy [46, 47]. Most of these techniques used in detecting proteins are indirect and measure the average properties of the biological events. The advent of atomic force microscopy (AFM) and related scanning probe microscopies offers new opportunities to directly examine protein adsorption on surfaces [48–50]. Utilizing a microprobe mounted on a flexible cantilever scanning across the surface, AFM can obtain topography images with molecular level resolution, and can also measure the interaction forces between proteins and surfaces or proteins and proteins at the piconewton scale. Moreover, AFM can perform these measurements of proteins under physiological conditions, opening the door to direct measurements of time-dependent, dynamic, biological processes at the molecular scale.

We have developed and utilized a series of novel AFM techniques to study the surface microphase-separated structures of polymers and to address the questions of protein adsorption and activity on these microphases. The aim of this endeavor is to eventually determine how the spatially dispersed chemical functionalities present in these important biomaterials contribute to the success of the material in biomedical device applications.

## 3.2. Surface Microphase Separation Structures of PU Materials

Biomedical-segmented PUs are generally synthesized from soft segment and hard segments. Materials used for soft segments are often polyethers, but, increasingly, PU materials are being made from polycarbonates (PCs) or mixed polytetramethyleneoxide (PTMO)/ polydimethylsiloxane (PDMS) precursors; for the hard segments, a diisocyanate with either a diol (resulting in a PU) or a diamine (resulting in a poly(urethane urea) [PUU]) are often used. The microphase structures of PUs depend on the chemistry and relative amounts of the two segments [51, 52] as well as the processing conditions [53]. Phase separation has been studied using a number of techniques, with small-angle X-ray scattering proving particularly useful [54–56]. However, most of these studies focus on the bulk properties of polymers under ambient environments. Obviously, these sorts of studies provide limited information that is relevant to blood-material interactions and subsequent biological responses. The material surface structure is believed to differ from the bulk and is influenced by the local environment [57]. It has long been suggested that exposure to aqueous environments results in significant rearrangements of the domains in PU biomaterials, leading to changes in phase separation and surface morphology that would not be detected by ambient environment techniques [58, 59].

### 3.2.1. Microphase Structure of PU Under Ambient Environments

High-resolution AFM imaging can illustrate the three-dimensional (3D) microphaseseparated structure of polymers and also probe microphase dimensions and connectivity [60, 61]. Furthermore, and of particular importance to the biomedical problem, these studies can be extended to observe the dynamic rearrangement of these surface regions under physiologically relevant buffer conditions. Figure 3.3 illustrates the AFM height and phase images of a PUU film in an ambient environment. This particular PUU was synthesized using PTMO (2000 Da) end-capped with 4,4'-methylene di(p-phenyl isocyanate) and chain extended with ethylene diamine [62]. The PUU film surface was relatively smooth across the  $500 \times 500$  nm<sup>2</sup>



**Figure 3.3.** AFM (**a**) height and (**b**) phase images of PUU under ambient environment. Scan size:  $500 \times 500$  nm<sup>2</sup>. Scale: height 50 nm. Phase  $25^{\circ}$ .

scan area, with only a few occasional topographic features observed. The largest vertical features on the PUU surface were approximately 13.5 nm tall and the average roughness ( $R_q$ ) was 2.1 nm. The phase image illustrates the distribution of mechanical properties in the film and shows the distribution of the microphase structures. The phase angle shifts of probe scanning across the polymer surface in tapping mode arise from differences in the mechanical properties of the film (principally viscoelasticity), with high phase angle shifts (lighter colors) representing the "harder" regions. In this PUU film, the hard microphases show spherical or cylindrical features that are dispersed in a soft segment matrix. The lateral dimensions of the hard domains are 15–50 nm (Figure 3.3b), similar in dimension to many plasma proteins, including fibrinogen.

Detection of the hard domains depends on the force applied by probe to the substrate, which is represented by the ratio of set point amplitude and free amplitude of oscillation  $(r_{sp} = A/A_0)$ . At very light tapping force (Figures 3.4a and 3.4b;  $r_{sp} = 0.95$  and 0.90, respectively), few or no phases are observed, suggesting the presence of a soft segment overlayer on the surface. As the imaging force increases (Figures 3.4c and 3.4d;  $r_{sp} = 0.85$  and 0.75, respectively), randomly oriented cylindrical and spherical structures are observed, indicating that hard domains are being detected.

## 3.2.2. Microphase Structure of PU Under Aqueous Buffer Conditions

PU materials undergo significant reorganization and reorientation when placed in aqueous environments; AFM imaging is capable of demonstrating these changes directly. Figure 3.5 illustrates a series of sequential images of a PUU film following hydration in phosphate-buffered



**Figure 3.4.** AFM phase images of PUU under different tapping forces. Scan size:  $500 \times 500$  nm<sup>2</sup>. Scale: Phase 25°. The *box* indicates a reference feature common in all images. (a)  $r_{sp} = 0.95$ ; (b)  $r_{sp} = 0.90$ ; (c)  $r_{sp} = 0.85$ ; (d)  $r_{sp} = 0.75$ .



**Figure 3.5.** Sequential phase images of PUU under PBS. Scan size:  $500 \times 500$  nm<sup>2</sup>. Scale: Phase  $20^{\circ}$  buffer hydrated for 21 h, illustrating the hard domain reorientation and reorganization due to hydration.

saline (PBS) for 21 h. These images were captured at approximately 9-min intervals. Reorientation and reorganization of some of these hard domains even at this extended time point are indicated by the arrows in Figure 3.5. The reorientation results in hard domain enrichment on the surface as well as overall rougher surfaces [59, 63]. It is believed that reorientation of domains is a thermodynamic response to the aqueous environment; such reorientation minimizes surface energetics by relocating the more polar hard segment to the water/solid interface and moving the relatively less polar soft segments deeper into the material.

## 3.2.3. Micromechanical Analysis of PU Materials by AFM Indentation

AFM phase images illustrate the distribution of soft and hard domains in polymers through the indirect measurement of the "phase shift" in tapping mode. More quantitative information on the properties of phases can be observed from compression/adhesion measurements obtained by force curves. Figure 3.6 represents a typical force–distance curve as the probe approaches and compresses a PDMS-based PU surface at single location (Figure 3.6a). The indentation depth,  $h_{indent} = Z_{pos} - Z_{defl}$  ( $Z_{pos}$  is the movement of the piezo during compression of the surface and  $Z_{defl}$  is the cantilever deflection), changes with the applied force in a nonlinear fashion, because the PU consists of both hard and soft domains distributed in the z-direction (Figure 3.6b). The large difference in the indentation depth to applied force relationships (as the probe indents deeper into the material) suggests that there are substantial changes in the mechanical properties of this film at different depths (Figure 3.6b). These properties can be quantified by calculating the modulus (*E*) from any arbitrary two points, ( $z_1$ ,  $d_1$ ) and ( $z_2$ ,  $d_2$ ), on the force curve using the Hertz model [64], which can be modified to the practical form that follows [65]:

$$\frac{1}{E} = \left[ \frac{\left[ \left( z_1 - z_2 \right) - \left( d_1 - d_2 \right) \right]}{\left( \frac{3k_c \left( 1 - v^2 \right)}{4\sqrt{R}} \right)^{\frac{2}{3}} \left[ \left( d_1 - d_0 \right)^{\frac{2}{3}} - \left( d_2 - d_0 \right)^{\frac{2}{3}} \right] \right]^{\frac{3}{2}}, \quad (3.1)$$

In this equation,  $k_c$  is the spring constant of the cantilever (0.32 N/m in this case), R is the radius of the tip, v is the Poisson ratio, and  $d_0$  is the initial deflection of the cantilever. The indentation depth and modulus curves confirmed a soft segment layer on the material surface, as was suggested by the phase images at different tapping forces (Figure 3.4), with the thickness of the soft overlayer being about 5–10 nm in this case.

Generally, the AFM software can acquire an array of individual force–distance curves during scanning. We developed Matlab (Mathworks, USA) programs to analyze all curves and extracted the compression region data used for calculating the modulus from each curve. These data were used to produce modulus maps at different indentation depths. Figure 3.7 illustrates a series of these modulus maps at different depth levels for a PDMS-based PU material in an ambient environment. These maps show an increase in the amount of hard segment content at deeper levels in the material. At a depth of 3 nm, only about 11% of the material had a modulus consistent with hard domains, suggesting that the outer layers were primarily soft segment material. As the measurement depth increased, increasing amounts of



Figure 3.6. (a) Representative force–distance curve and (b) indentation and modulus curves as a function of the applied forces for a PDMS-based PU material.



**Figure 3.7.** Modulus maps of PDMS-based PU showing the distribution of hard and soft segments at depths of (a) 3 nm, (b) 7 nm, (c) 11 nm, and (d) 15 nm. Cool colors represent soft segments while warm colors indicate hard segments.

hard domains were detected. For this sample, 11.2%, 40.0%, 76.8%, and 73.9% of the area tested possessed at modulus values greater than 0.2 GPa at depths of 3, 7, 11, and 15 nm, respectively. Similar measurements and analysis can be performed under aqueous conditions. Thus, this AFM indentation technique provided a powerful tool to produce a quantitative 3D network of micromechanical properties of polymer in air and under biologically relevant aqueous environments.

# 3.3. Protein Interactions with Hydrophobic and Hydrophilic Surfaces

Surface wettability (generally referred to as hydrophobicity/hydrophilicity) is one of the most important parameters affecting protein adsorption, platelet adhesion/activation, and blood coagulation, as well as vascular cell and bacterial adhesion [66–70]. Generally hydrophobic surfaces are considered to promote protein adsorption more than hydrophilic surfaces because of the strong hydrophobic interactions occurring at these interfaces, particularly when contrasted to the repulsive solvation forces arising from strongly bound water at the hydrophilic surface [14]. Wettability also affects the time-dependent conformational structures of proteins on material surfaces [71] as well as protein activity [42]. In this section, we introduce methodologies for observing and analyzing the conformational changes in fibrinogen when contacting either a hydrophobic or hydrophilic surface in an aqueous environments either through direct visualization of the protein structure [72] or by measuring the adhesive forces between proteins and material surfaces that reveal protein denaturation processes in terms of energy interactions [73].

## 3.3.1. Time-Dependent Conformational Changes in Fibrinogen Measured by AFM

The fibrinogen molecule can be modeled as two outer spherical domains (termed the D domains) having a diameter of 6.5 nm, connected by thin linear helical regions to a central E domain (Figure 3.1). The proposed structure and dimensions in this trinodular model have been confirmed through a combination of different techniques and have also been refined to a more detailed model [74]. The 3D molecular structure of fibrinogen has been visualized by AFM under aqueous conditions [28]; conformation of the protein is affected by the material surface properties. It was observed that structural deformation (spreading) of fibrinogen increased with material surface hydrophobicity; quantitative analysis of the different domains showed that the overall molecular length and widths of the individual D and E domains increased while the heights decreased when the material surface was more hydrophobic [75].

Various studies provided evidence that fibrinogen undergoes conformational changes following adsorption to synthetic material substrates [76-82] and that the transient exposure of functional epitopes (which result in platelet binding) appear to be both time and surface dependent. Using AFM, we measured the time-dependent changes of heights of the D and E domains of fibrinogen and calculated the free energy of protein spreading [72]. Two materials with vastly different surface wettability were used as the substrates: hydrophobic, highly ordered pyrolytic graphite (HOPG) and hydrophilic, muscovite mica. A fibrinogen solution was introduced to the sample and, following exchange for a fresh buffer solution, images of individual proteins were taken continuously for periods up to  $\sim 2$  h. Spreading curves generated by plotting the height of the D and E domains of the individual fibrinogen molecules as a function of time demonstrated that the heights of both D and E domains decreased with time on the hydrophobic HOPG surface, indicating the expected protein spreading. On the hydrophilic mica surface, the height of the D and E domains actually increased with time (up to 60 min), eventually reaching a plateau height of 2.1 nm (Figure 3.8), greater than what was observed on the hydrophobic surfaces but still much lower compared with the dimension of 6.5 nm observed for fibrinogen in solution.



**Figure 3.8.** Spreading curves for (**a**) the D domain and (**b**) the E domain of fibrinogen on HOPG and mica surfaces. (Reprinted from [72]).

The spreading curves were fit to a simple exponential decay of height model, and were expressed in terms of domain height (H) at time (t) as:

$$H = H_{e} + (H_{0} - H_{e})\exp(-k_{s}t), \qquad (3.2)$$

where  $H_e$  is the equilibrium height of the domains at very long adsorption times,  $H_0$  is the initial height of the molecule at the time of contact, and  $k_s$  is the rate constant. Since spreading of proteins on a material surface is indicative of a protein denaturation process, the spreading rate can be used to calculate the Gibbs free energy of protein unfolding by the following equation:

$$k_{\rm s} = \frac{kT}{h} \exp\left(\frac{-\Delta G}{kT}\right),\tag{3.3}$$

where k is the Boltzmann constant, h is the Planck constant, and T is the absolute temperature. Calculation using Eq. (3.3) yields a free energy of unfolding of  $\sim 37 kT$  for fibrinogen adsorbed on an HOPG surface; this result is similar to the value of 36 kT obtained by Wertz and Santore [80] for fibrinogen on a hydrophobic surface using macroscopic optical techniques.

Due to the long period of time required for AFM images acquired by scanning the material surface, the changes of protein structure at initial contact time (out to approximately 10 min) are not available through traditional imaging. Acquisition of AFM data at these early time points requires a different approach. In order to generate data for early time points of protein–material surface contact, proteins are attached to an AFM probe and interaction forces between this protein-modified probe and various material surfaces can be measured as a function of contact time; the approach provides insight into the early unfolding processes that occur when a protein contacts a synthetic material surface.

## 3.3.2. Effects of Surface Wettability and Contact Time on Protein Adhesion to Materials

We utilized a low-density polyethylene (LDPE) as a base material for preparation of modified surfaces spanning a range of water wettability. LDPE surfaces were treated with a glow discharge plasma cleaner for different periods of time (up to 150 min) to yield various levels of wettability as determined by advancing water contact angle measurements. Three test proteins (specifically bovine serum albumin [BSA], human fibrinogen, and Factor XII) were covalently coupled to AFM probes [83, 84]. Adhesion forces between protein and material surface were measured under PBS buffer using the AFM force mode.

The adhesion forces of proteins on the LDPE substrate showed a step-dependence on the wettability of surfaces. For surfaces with contact angle ( $\theta$ ) > ~60–65°, stronger adhesion forces were observed for all three proteins tested than for the surfaces with  $\theta$  < 60°. One representative trend for fibrinogen is shown in Figure 3.9(a). Analysis of variance was performed for each of the protein–substrate combinations in order to test the statistical reliability of this observation. Poorly wettable (hydrophobic) surfaces always had statistically larger adhesive forces than highly wettable (hydrophilic) surfaces, confirming the observation of a step change in adhesive forces at/or around a water contact angle of ~60° for each protein tested. This observation is similar to the results of Sethuraman et al. [70], who reported a step in adhesion forces between protein-modified AFM probes and self-assembled



**Figure 3.9.** (a) Adhesion forces for human fibrinogen on LDPE surfaces as a function of water adhesion tension  $(\tau)$ ;  $\tau = \gamma \cos\theta$ ,  $\gamma = 72.8$  dyn/cm for water. The *shaded area* is drawn to aid visualization of the results. (b) Adhesion forces between fibrinogen and material surfaces as a function of contact time. The curve is the fit of the exponential described in Eq. (3.4) to the experimental data. (Reprinted from [73]).

monolayer (SAM) surfaces. The results of these studies suggest that the range of contact angle of ~60–65° might be viewed as a criterion for distinguishing a material surface as either "protein adherent" or "protein nonadherent," consistent with other studies [66, 85]. More importantly, the presence of this type of step response in protein adhesion suggests that modifying material surfaces through subtle changes in wettability may not be an effective tool in affecting protein adhesion to surfaces unless that change yields a transition across the  $\theta = 60-65^\circ$  region.

Early time points for time-dependent analysis of protein–surface interactions were investigated by bringing a protein into contact with a material surface for brief (<50 s) times and then assessing the effects of contact times on protein adhesion forces. In all cases investigated, the adhesion forces between protein and substrate increased with increasing contact time (Figure 3.9b), with smaller adhesion forces measured on highly wettable surfaces. Changes in adhesion forces with contact time were modeled by a simple exponential of the form:

$$F = F_{\rm e} - F_0 \exp(-k_{\rm s}t),$$
 (3.4)

where  $F_{e}$  is the adhesion force at very long times (assumed to be equilibrium),  $F_{0}$  is an empirical coefficient related to the initial interaction force, *t* is the contact time, and  $k_{s}$  is a rate constant. This rate constant was used to calculate an energy barrier for unfolding of the protein by using the Arrhenius equation [78]:

$$k_{\rm s} = A(T)\exp(-E_{\rm a}/kT), \tag{3.5}$$

where T is the absolute temperature,  $E_a$  is the activation energy for protein unfolding, and k is the Boltzmann constant. A prefactor,  $A(T) = 10^7 - 10^9$ /s was used [78]. This analysis yields 18.0–22.6 kT, and 18.6–23.2 kT for the activation energies of human fibrinogen on hydrophobic surfaces and hydrophilic surfaces, respectively [73].

## 3.3.3. Dynamic Force Microscopy Studies of Fibrinogen–Material Surface Interactions

AFM has been used to measure the strength of bonds between biological receptor molecules and their ligands [86–88]. The bond strengths measured under a variety of loading rates are governed by the barriers traversed in the energy landscape along the force-driven, bond dissociation pathway [89, 90]. Bell [91] was the first to suggest that the dissociation of adhesive receptor–ligand complexes is influenced by force. Using the Bell model, dissociation rates and energy barriers in biological molecule reactions can be quantified. Test systems include biotin and avidin [92, 93], P-selectin and P-selectin glycoprotein ligand 1 [94], aptamer and protein [95], and cell adhesion molecules [96, 97]. We have extended these measurements to probe protein–surface interactions and reveal the energy profiles in interactions of fibrinogen with both hydrophobic and hydrophilic surfaces. The results provide new insights into the effects of surface wettability on protein interaction with biomaterial substrates.

In investigating protein–surface interactions by AFM, protein is immobilized either on the AFM probe or on a material substrate. In the first method, the proteins on the probe undergo repeated compression and decompression cycles during multiple measurements, potentially leading to errors in the force measurement and analysis. Alternatively, proteins can be immobilized to the underlying substrate so that only one force measurement and protein perturbation is performed. Glass colloids (~4  $\mu$ m in diameter) modified with SAMs to produce different surface chemistry and wettability were attached to AFM cantilevers. The "bond strengths" (in this case, adhesive forces) between proteins and surfaces were measured by AFM at different loading rates ( $r_{\rm p}$ ), where the loading rate ( $r_{\rm f}$ ) is defined as the product of the probe retraction velocity and the spring constant of the cantilever.

Figure 3.10 illustrates the trends for the average adhesive forces between fibrinogen and different model material surfaces as a function of the loading rate. A linear relationship between adhesion forces and the  $\ln(r_t)$  was obtained for hydrophilic surfaces (bare glass and 3-aminopropyltrichlorosilane [APS]-coated glass) (Figures 3.10a and 3.10b), while two line segments with ascending slopes were observed on hydrophobic surfaces, (specifically, polystyrene and methyl-terminated n-butyltrichlorosilane [BTS]) (Figures 3.10c and 3.10d). The two distinct linear regions suggest that there are multiple energy barriers and multiple transition states present during interactions of fibrinogen with hydrophobic surfaces, while the single linear region suggests a single energy barrier during interactions of fibrinogen with hydrophilic surfaces. Dynamic force spectroscopy analysis was performed to fit the plots of adhesion force, *F*, against  $\ln(r_t)$  by fitting the data to Eq. (3.6):

$$F = \frac{kT}{\chi_{\beta}} \ln(r_{\rm f}) - \frac{kT}{\chi_{\beta}} \ln\left(\frac{k_{\rm off}kT}{\chi_{\beta}}\right),\tag{3.6}$$

where k is the Boltzmann constant, T is the absolute temperature,  $k_{off}$  is the thermal off-rate at zero force, and  $\chi_{\beta}$  is the effective distance between the bound and transition states along the direction of applied force that measures the width of the energy well that kinetically traps the interacting molecules in the bond state. The parameters,  $\chi_{\beta}$ ,  $k_{off}$ , and the binding lifetime  $\tau$  (=1/ $k_{off}$ ), were derived and are shown in Table 3.1. These results show that the off-rate ( $k_{off}$ ) for protein interactions with hydrophilic material surfaces lie in the range of 1.35–2.92/s,



**Figure 3.10.** Adhesion forces of fibrinogen and colloid surfaces under different loading rates (residence time = 1 s). (a) Glass, (b) APS, (c) polystyrene, and (d) BTS. Multiple energy barriers are present between fibrinogen and hydrophobic surfaces while a single energy barrier is present between fibrinogen and hydrophilic surfaces.

	Colloid surface	Loading rate (nN/s)	$\chi_{\beta}(\text{\AA})$	$k_{\rm off}  ({ m s}^{-1})$	au(s)
Highly wettable (hydrophilic)	Glass APS	6–5100 5–6500	0.060 0.040	2.92 1.35	0.34 0.74
Poorly wettable (hydrophobic)	BTS	4-100	0.11	0.19	5.12
	OTS	5–100 100–3200	0.02 0.07 0.01	0.42 13.8	0.18 2.38 0.07

**Table 3.1.** Bell model parameters for Eq. (3.6).

about three- to tenfold greater than those obtained for protein interactions with hydrophobic material surfaces at the lower loading rates. These results show that the bond lifetimes on the hydrophobic material surfaces are longer than they are on hydrophilic surfaces, and are consistent with the increased adhesion forces observed between proteins and hydrophobic material surfaces.

### 3.4. Recognition of Proteins on Material Surfaces by AFM

A critical step in using AFM to study protein adsorption at the molecular scale is the ability to detect specific proteins when numerous proteins simultaneously adsorb to the same material surface. Although molecular recognition of a specific protein might be feasible through topography alone on an ideally smooth surface, clinically used biomaterials have much rougher topographies; for this reason, it is difficult to detect proteins on these surfaces through standard imaging techniques, let alone to identify different proteins [98].

## 3.4.1. Immunological Recognition of Protein with Polyclonal Antibodies by AFM Force Mode

The ability to functionalize an AFM probe with a recognition molecule such as an antibody offers a unique method for AFM-based immunoassay detection [99–101]. This technique allows examination of multiple proteins at the molecular scale. These techniques may also be useful for studying protein–surface interactions, and with the appropriate choice of antibodies, studies of the conformation, orientation, and activity of adsorbed proteins may be an attainable goal [102].

Force-mode AFM imaging acquires both topographic and interaction force data simultaneously across the material surface. The force–distance curves can be analyzed so that the tip–surface interactions (e.g., adhesion force or rupture length) can be used to generate various interaction maps [103, 104]. We utilized techniques for adhesion mapping with a polyclonal antibody against fibrinogen coupled to the end of the AFM probe [84]. Figure 3.11 illustrates the technique using proteins patterned in a known distribution. BSA was patterned by microcontact printing on a mica surface, fibrinogen was then added to the fluid cell and allowed to adsorb into the nonpatterned areas. An AFM probe coupled with a polyclonal antibody against human fibrinogen was used to measure the topography and the forces across the substrate surface. The adhesive force measured at each point resulted in an adhesion map (Figure 3.11b) where the lighter regions having higher adhesive forces correspond closely



**Figure 3.11.** Images of microcontact printing patterned BSA on mica after backfilling with fibrinogen. (a) Topographic image of the pattern, (b) adhesion map showing the interaction strength, and (c) binary recognition map showing fibrinogen recognition as *white pixels* and nonspecific interactions with BSA as *black pixels*. (Reprinted from [84]).
with the holes in the height image, indicating the presence of fibrinogen. Control experiments were used to determine the nonspecific interaction forces between BSA and the antibody-modified probes so that a binary recognition image showing the distribution of specific and nonspecific interactions could be generated (Figure 3.11c).

#### 3.4.2. Immunological Nanogold Labeling Technique

Limitations of the force-mode AFM imaging method are time requirements and relatively low resolution. Producing an adhesion map with resolution of  $32 \times 32$  pixels as shown in Figure 3.11 may require between 30 and 60 min. This is a particularly important limitation when studying the postadsorptive transitions in fibrinogen structure and activity since the conformation of adsorbed fibrinogen is time dependent, as discussed in Sect. 3.3.1. An alternative approach is to use nanogold beads coupled to antibodies to characterize the distribution of proteins. Gold-bead labeling techniques are commonly used in electron microscopy [105, 106] and have become increasingly common in AFM studies in order to visualize small molecule binding to either individual proteins or on cells [107]. Hussain et al. [108] used nanogold beads to visualize individual ligand-receptor interactions in a physically relevant environment where the nanogold beads were conjugated to an RGD peptide. The peptide ligand bound to an integrin receptor was detected by AFM phase imaging with high resolution and by standard scanning techniques. These nanogold beads have also been used to identify proteins in dual-protein films [109]. In this case, proteins were patterned on PDMS surfaces and labeled using polyclonal antibodies against human fibrinogen that were coupled to 1.4 nm gold particles. The films were imaged by tapping mode AFM (Figure 3.12). Fibrinogen in the dual-protein layer was detected after incubation with the nanogold-antibody conjugate (Figure 3.12c).



**Figure 3.12.** AFM tapping-mode phase images on PDMS substrates with (**a**) BSA pattern microcontact printed onto substrates, (**b**) after human fibrinogen (*Fib*) adsorption (1 mg/mL). Note that the microcontact printed pattern is not visible after backfilling of the holes. (**c**) Following nanogold–antibody incubation. *Dark regions* indicate the location of the conjugated nanogold binding to fibrinogen while the *bright regions* indicate lack of binding to BSA [109].

This AFM immunodetection technique is potentially applicable to complex multicomponent protein films adsorbed on clinically relevant polymers used in medical devices. The advantages of the nanogold labeling techniques are that images can be obtained at higher resolution and more rapidly than those obtained using force measurements.

# 3.5. Measuring the Functional Activity of Adsorbed Fibrinogen

Fibrinogen possesses three pairs of potential platelet-binding peptide sequences: two RGD sequences in each of the A $\alpha$  chains and a dodecapeptide sequence in each of the  $\gamma$  chains. There is ample evidence that the  $\gamma$ -chain dodecapeptide sequence is the primary ligand for platelet binding to adsorbed fibrinogen [30, 31, 110]. Many investigators have demonstrated that the functional activity and availability of these dodecapeptide sequences in fibrinogen are related to the conformation and/or orientation of adsorbed fibrinogen. Furthermore, fibrinogen conformation and activity are time-dependent processes [72, 76, 111].

Monoclonal antibodies (mAbs) have been used to study the protein states and bioactivity in conjunction with platelet adhesion studies [112, 113]. Tunc et al. [114] used a mAb clone to determine the conformation changes in the carboxyl-terminal region of the  $\gamma$  chain of fibrinogen. Balasubramanian et al. [76] studied the effects of fibrinogen residence time on various biomaterials using a mAb directed against the C-terminal dodecapeptide of the  $\gamma$  chain ( $\gamma$ 400–411).

The force mode of AFM provides an approach to study the fibrinogen activity (specifically, the availability of the dodecapeptide sequence in fibrinogen) as recognized by mAbs as a function of residence time [115]. A mAb that recognizes the last 20 amino acids of the  $\gamma$  chain of fibrinogen ( $\gamma$ 392–411) was coupled to the AFM probe and was used to measure the interaction forces between mAb and adsorbed fibrinogen. Figure 3.13(a) illustrates the probability of a mAb against fibrinogen  $\gamma$ 392–411 encountering the antigen in the platelet-binding region as a function of fibrinogen residence time after adsorption to a hydrophilic muscovite mice surface. The maximum likelihood of recognition occurred near 45 min, but decreased at longer adsorption times.



**Figure 3.13.** (a) Probability of interaction between a mAb against  $\gamma$ -chain 392–411 and its antigen on fibrinogen measured by AFM. The *solid line*, the average of 5 points, is included for visualization purposes. (b) Platelet adhesion data from multiple experiments ( $n \ge 6$  for each time point) showing changes in platelet adhesion as a function of fibrinogen residence time on mica substrates. Figure 3.13(b) is reprinted from reference [115].

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Time-dependent macroscale platelet adhesion measurements on the same muscovite mica substrates were carried out using a lactate dehydrogenase assay [116, 117]. The results illustrated in Figure 3.13(b) show that platelet adhesion reached a peak at ~45 min of fibrinogen residence time; this result correlated well with the molecular scale AFM results. Thus, the methodology described in this section combined with the high resolution of AFM offers a unique opportunity to assess the biological activity of single adsorbed protein molecules.

# 3.6. Measuring Protein Adsorption on PU Surfaces at the Molecular Scale

### 3.6.1. Microphase Separation Structure Affects Protein Adsorption

The microphase structure in PU biomaterials creates a surface microenvironment where chemical composition and physicochemical properties are distributed spatially at the molecular scale. Most studies of the role of PU and PUU microphase-separated structures on biological responses investigated the bulk properties of these materials, which may be substantially different from those of the surface microphase structures [118, 119]. AFM tapping mode with phase detection illustrates distribution of hard and soft domains at the surface of PU biomaterials [63], and provides an approach to simultaneously characterize the nature of adsorbed proteins on the material surface and the phase/chemical structure of the underlying substrate; for this reason, the relationships between material surface properties and biological response can be directly measured.

Direct visualization of single proteins adsorbed on PU surfaces is difficult due to the rough topography of these materials. Heights of the features on these materials are generally much larger than the size of the proteins of interest. An alternative approach to detect single-protein adsorption on these rough biomaterial surfaces is to add a label to the proteins [120]. Nanogold particles are suitable for labeling biological samples with the advantages of stability, being available in well-defined sizes, and being detectable by AFM. A commercial product consisting of BSA conjugated to 6-nm-diameter nanogold beads was used to follow protein adsorption onto PUU films. Figure 3.14 illustrates the height and phase images of a PUU film under aqueous condition following BSA–nanogold adsorption. The protein-conjugated nanogold beads are detectable on both soft and hard segment regions; quantitative measurements of the labeled proteins showed that there were  $131 \pm 36$  proteins/µm<sup>2</sup> on the soft segment regions and  $61 \pm 20$  proteins/µm<sup>2</sup> on the more hydrophobic soft segment than to the more hydrophilic, polar hard segments of the material substrate.

As AFM probes can often be used for multiple imaging modes under aqueous conditions, different maps of tip–surface interactions can be obtained at the same location, allowing for direct correlation of protein interactions with microphase structures. A BSA-modified AFM probe was used to measure the adhesion force and local modulus of PUU films. Once the force data were collected, a phase image was recorded at the same location. Figure 3.15 displays the phase image, adhesion force map, and modulus map (determined from the compression region of the force curves) for a hydrated PUU film. The adhesion map illustrates the distribution of the measured adhesion forces between the BSA-modified probe and the PUU surface, where lighter regions represent large forces and darker regions indicate smaller adhesion forces. Note the strong correlation between the hard domains in the phase image (Figure 3.15a) and the low adhesion forces in the maps (Figure 3.15b). The white lines



**Figure 3.14.** AFM images of BSA conjugated to 6-nm nanogold labels adsorbed on PUU and imaged under PBS buffer. Gold beads are seen in both height (**a**) and phase (**b**) images. Quantification revealed more than twofold increase in the number of labeled proteins per unit area on the soft segment regions compared with those obtained on the hard segment. Scale: height image, 50 nm; phase image  $20^{\circ}$ . Scan size:  $500 \times 500$  nm<sup>2</sup>.



**Figure 3.15.** (a) AFM phase image, (b) adhesion map, and (c) modulus map of hydrated PUU obtained with a BSA-modified probe. Scan size:  $500 \times 500 \text{ nm}^2$ .

denote the hard domain regions that were identified on the phase image and then superimposed on the adhesion map; these regions overlay predominantly onto low adhesion force areas. A secondary analysis using the modulus map generated from the compression region of the curves showed a similar distribution of hard and soft regions on the phase image and corroborated the correlation between hard segment domains and low adhesion forces (Figure 3.15c). Taken together, these results provide direct evidence of decreased protein adhesion forces to the hard segment regions in PUU.

# 3.6.2. Soft Segment Chemistry and Hard Segment Content of PUs Affect Fibrinogen Adsorption/Bioactivity and Platelet Adhesion

A variety of PUs have been developed and synthesized for meeting multiple requirements in medical device applications. Principle candidate PU biomaterials generally consist of similar hard segments, but have different soft segment chemistries, including polyether, aliphatic PC, and PDMS. These different soft segments produce different

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surface chemistries and affect material properties. The conventional polyether soft segments are sensitive to oxidative degradation [121]; poly(carbonate urethane) has superior oxidative biostability but is prone to enzymatic hydrolytic degradation [122]. The more recently developed PDMS-based PUs have good oxidative stability and good hemocompatibility [123, 124]. Although bulk studies have been undertaken on the phase separation structure and biocompatibility of these PUs, little is known about how the soft segment chemistry and microphase separation affects protein adsorption and platelet adhesion, particularly at the molecular scale.

A series of PU biomaterials with PC, PTMO, and PDMS soft segments were used to address the links between heterogeneous surface chemistries and fibrinogen adsorption/bioactivity. Blood platelet adhesion was measured so that the correlations between surface chemistry and biocompatibility could be addressed. Note that since pure PDMSbased PUs result in materials with poor mechanical properties, a second soft segment, poly(hexamethylene oxide), is generally added at up to 20% in order to improve the mechanical properties of the material. Addition of the second soft segment results in strong phase separation and formation of three phases characterized as soft, intermediate, and hard [56].

Protein adsorption was carried out by immersion of polymers in either mixed protein solutions consisting of BSA (40 mg/mL) and fibrinogen (5 mg/mL), or alternatively in plasma solutions. Fibrinogen adsorption was analyzed by an AFM probe modified with polyclonal antifibrinogen antibody. For the PDMS-based PUs, the amount of adsorbed fibrinogen recognized within a unit area generally increased with hard segment content except for PDMS-PU32.5 (Figure 3.16a). This trend was roughly consistent with platelet adhesion results measured by fluorescent microscopy (Figure 3.16c). However, larger amounts of fibrinogen were measured on the PC-PU40 and PTMO-PU40 surfaces despite the fact that fewer platelets adhered on these materials. These inconsistent trends between platelet adhesion and fibrinogen adsorption suggest the importance of fibrinogen bioactivity, specifically availability of appropriate platelet-binding sites. The functional activity of fibrinogen adsorbed on polymer surfaces was detected by coupling a mAb against fibrinogen  $\gamma$ 392–411 to AFM probes. Although more fibrinogen was again detected by the polyclonal antibody on the PC-PU40 and PTMO-PU40 surfaces, fewer specific binding events were observed between the mAb and the proteins adsorbed on these materials (Figure 3.16b). Generally, the activity of fibrinogen (measured by the mAb) was consistent with platelet adhesion on the three types of polymers tested. These results suggest a correlation between platelet adhesion and availability of platelet-binding sites in the fibrinogen  $\gamma$  chain.

### 3.7. Summary

The microphase-separated structure of segmented PUs creates a unique surface microenvironment that is important in mediating protein adsorption, platelet adhesion, and thrombus formation on these materials. New and advanced AFM methods for the molecular-scale study of protein–surface interactions are important tools in understanding platelet adhesion and blood coagulation on biomaterial surfaces.

AFM is becoming an increasingly powerful tool for the characterization of biomaterials, including the study of microphase structure of block copolymers. Additionally, these techniques have led to advancements in the measurement of protein–surface interactions at



**Figure 3.16.** (a) Fibrinogen adsorbed on PUs as recognized by a polyclonal antibody; (b) adsorbed fibrinogen detected by a mAb against the fibrinogen  $\gamma$ -chain 392–411; (c) platelets adherent to PDMS-PU, PC-PU, and PTMO-PU surfaces. *Note*: The number following the type of PU is the percentage hard segment content.

the molecular scale. Combinations of these new techniques with traditional in vitro techniques for determining the biocompatibility of materials offer new insights in the fundamental relationships between PU microphase structures and biological responses.

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# 4

# Molecular Simulation of Protein–Surface Interactions

**Robert A. Latour** 

Protein-surface interactions are fundamentally important in a broad range of applications in biomedical engineering and biotechnology. The adsorption behavior of a protein is governed by the complex set of interactions between the atoms making up the protein, surface, and surrounding solution. Molecular simulation provides a means of theoretically viewing, studying, and understanding these types of interactions at the atomic level. However, as with any application, molecular simulation methods must be properly developed and applied if protein-surface interactions are to be accurately portrayed. This chapter provides an overview of the basics of molecular simulation with a focus on the simulation of protein-surface interactions using molecular dynamics. Important issues such as force field transferability, solvation effects, and statistical sampling are addressed, as well as directions for further development. Molecular simulation methods have the potential to greatly enhance our ability to understand protein–surface interactions, leading to improvements in biomaterials design to control cellular response and to improve the sensitivity of biosensors and other bioanalytical systems.

# Abbreviations and Symbols

b	bond length
$b_0$	force field parameter: bond length at zero energy
СМ	classical mechanics
Ε	potential energy
F	force
$f_{ii}$	force vector between atoms $i$ and $j$
ĞВ	generalized Born
K.E.	kinetic energy
k <sub>B</sub>	Boltzmann's constant
k_	force field parameter: bond stretching stiffness
k <sub>u</sub>	stiffness constant for an umbrella-sampling simulation

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k <sub>o</sub>	force field parameter: dihedral angle rotational stiffness
$k_{\theta}^{T}$	force field parameter: bond angle bending stiffness
Ľ-J	Lennard–Jones
т	mass
MC	Monte Carlo
MD	molecular dynamics
MM	molecular mechanics
N	number of degrees of freedom
$N_{\rm c}$	number of constraints on the degrees of freedom
NPT	constant number of atoms, pressure, and temperature
NVT	constant number of atoms, volume, and temperature
Р	pressure
P-B	Poisson-Boltzmann
$p_i$	probability of system to be in state <i>i</i>
q	partial charge
Q	configurational partition function of the system
QM	quantum mechanics
REMD	replica-exchange molecular dynamics
$r_{ii}$	distance between atoms <i>i</i> and <i>j</i>
SAM	self-assembled monolayer
Т	temperature
TIGER	temperature intervals with global energy reassignment
TIGER2	temperature intervals with global exchange of replicas-2
TIP3P	name of a type of three-site water model
U	internal energy
V	velocity
V	volume
x	coordinate position
$\Delta B_{ii}$	biasing energy function between states $i$ and $j$
$\Delta t$	time-step increment for a molecular dynamics simulation
δ	force field parameter: rotational dihedral shift
$\mathcal{E}_{r}$	relative dielectric constant
$\mathcal{E}_{ii}$	well-depth for Lennard–Jones interactions
$\varepsilon_0$	permittivity of free space
$\theta$	bond angle
$\theta_0$	force field parameter: bond angle at zero energy
λ	variable coordinate parameter for an umbrella-sampling simulation
$\lambda_{ m h}$	fixed coordinate parameter for an umbrella-sampling simulation
$\sigma_{_{ij}}$	collision diameter between atoms $i$ and $j$
φ	dihedral angle

# 4.1. Introduction

When a synthetic material either is placed in the body or is exposed to a protein-containing media, the surface of the material generally becomes rapidly coated with an irreversibly adsorbed layer of protein. The characteristics of the material surface (e.g., surface chemistry and topology) and the conditions of the solution to which it is exposed (e.g., types of proteins and their concentrations, solution temperature, pH, salt concentration, and flow

conditions) determine the types and amounts of proteins that are adsorbed to the material surface, as well as their arrangement, orientation, and conformation. All of these factors together then determine the bioactive state of this adsorbed layer. The bioactivity of this layer in turn provides the cues that direct the cellular response to a biomaterial surface or determine the sensitivity of the surface if it is used as a biocatalyst, biosensor, or bioanalytical system for diagnostics or detection [1-9]. If we are to learn how to optimally design surfaces for these types of applications, it is essential that an understanding of the cause-and-effect relationships that govern protein-surface interactions first be achieved.

Protein adsorption processes occur as a result of coordinated associations between chemical functional groups presented by the biomaterials surface, the proteins, and the surrounding solvent, with influence from the topology of the surface at scales at, and below, the dimensions of the adsorbing proteins. As such, experimental methods are very limited at this time in terms of assessing the behavior of a system at this level of scale. For this reason, molecular simulation has become increasingly recognized as a valuable addition to research programs aimed at understanding and interpreting protein adsorption processes at the molecular level. While the molecular simulation of protein interactions with synthetic surfaces is a relatively new area of research in the biomaterials field, molecular simulation methods have been widely developed over the past three decades in other fields (such as biophysics and pharmacology) for the investigation of protein folding [10-12], protein-protein [13-15] and protein-cell membrane [16, 17] interactions, and drug design [18–20], and in materials science for the investigation of the atomic-level structure and behavior of materials [21–24]. Similar potential exists for the application of molecular simulation methods to help understand interactions between proteins and synthetic material surfaces. However, molecular simulation methods cannot just be borrowed from other applications, but must be carefully and specifically developed and validated for applications that are relevant to the biomaterials field [25]. Once properly developed and applied, molecular simulation methods hold promise to provide an excellent complement to experimental studies to understand and predict protein adsorption behavior and to proactively design biomaterials at the atomic level to control protein adsorption behavior in a manner that is simply not attainable by any other means at this time.

The objective of this chapter is to provide an introduction to the topic of molecular simulation with a specific focus on protein-surface interactions. This will be addressed by first presenting an overview of some of the fundamentals regarding protein structure, folding, and adsorption (Sect. 4.2), followed by a summary of the basic types of methods that are used to conduct molecular simulations, with a focus on molecular dynamics (MD) (Sect. 4.3). Some of the key issues that should be considered when conducting a molecular simulation of protein-surface interactions are addressed, namely the suitability of the force field that is used (in the section "The Empirical Force Field Equation"), the representation of solvation effects (Sect. 4.3.3), and statistical sampling (Sect. 4.3.4). The final sections in this chapter will then address future directions for development that are particularly relevant to the simulation of protein-surface interactions (Sect. 4.4), followed by concluding remarks (Sect. 4.5).

# 4.2. Fundamentals of Protein Structure and Protein–Surface Interactions

Proteins are complex biomolecules that are generally composed of four levels of structural organization, which are termed primary, secondary, tertiary, and quaternary structures [26, 27]. The primary structure of a protein details the specific amino acid sequence that makes up the continuous polypeptide chain of the protein, with the individual amino acids along the chain

referred to as "amino acid residues." DNA codes for 20 different types of L-amino acids, which have the general structure of -(NH-CHR-CO)-, where R represents the side group that differentiates between the different amino acid types. Amino acids are classified based on the chemical functionality of these R groups as nonpolar, polar, and positively or negatively charged. The primary sequence of a protein is defined as beginning with the amino group of the first amino acid in the chain and ending with the carbonyl group of the last amino acid in the chain. At pH 7.4, the beginning amino group will typically be protonated to form a positively charged end, referred to as the N terminus, while the opposite end is oxidized to form a negatively charged carboxylate group, referred to as the C terminus. The secondary structure of a protein defines how the polypeptide chain wraps with itself to form three basic units of structure:  $\alpha$ -helices,  $\beta$ -sheets, and random loops. The  $\alpha$ -helices typically form a right-handed helical structure with 3.6 amino acids per complete helical rotation, with the NH and CO functional groups of the main chain forming stabilizing hydrogen bonds with the portions of the polypeptide chain along the helical axis and with the R-groups extending in a radial direction outward from the long axis of the helix. The  $\beta$ -sheets elements are formed from either parallel or antiparallel chain segments of the polypeptide chain, with the NH and CO groups of the main chain forming hydrogen bonds that stabilize the association of these chain segments with one another. In this case, the R-groups of each amino acid extend out essentially perpendicularly above and below the sheet. Random loop segments of the polypeptide chain represent the amino acid residues in the polypeptide chain that lie in between the  $\alpha$ -helix and  $\beta$ -sheet forming elements of the chain. The tertiary structure of the protein is determined by the manner in which the secondary structures organize with one another and is primarily stabilized by interactions between the R-groups that extend out from the secondary structures. Because proteins typically reside in an aqueous environment, formation of the tertiary structure is primarily driven by the tendency of the nonpolar amino acid side groups to complex together to reduce their exposure to the surrounding aqueous environment. This structure is also stabilized by hydrogen bonding, salt-bridge formation (i.e., associations between oppositely charged side groups), and covalently bonded disulfide bridges formed between cysteine amino acid residues. Finally, the quaternary structure of a protein is formed by the association of multiple polypeptide chains, each with their own tertiary structure; these interactions result from the same types of interactions that stabilize the tertiary structure of each individual polypeptide chain. The combination of the chemical functionality provided by the primary structure of the protein and the geometric structure provided by the secondary through quaternary organization of the polypeptide chain(s) in turn create the bioactive sites within a protein that enable it to perform its designated biological functions.

The final folded structure of a protein is primarily driven by thermodynamics [27–30], with each type of protein adapting its own uniquely folded structure on the basis of achieving its lowest free-energy state within its physiological environment. This is conceptualized by a "folding funnel" [27–30], such as that depicted in Figure 4.1a, which represents the free-energy state of a given protein as a function of all of the possible configurations in which the polypeptide chain making up the protein can arrange itself. As depicted in Figure 4.1a, there are numerous local low free-energy minima that the protein can become trapped in as it folds into its native structure, with the depth of each well effectively representing the stability of that localized state. As illustrated in Figure 4.1a, there is only one global free-energy minima mum conformation, which represents the native structure of the protein.

Conceptually, when a protein adsorbs to a material surface, the atoms making up the surface impose additional external forces on the protein, which perturb the free-energy state of the combined protein-surface system, likely resulting in a shift in the shape of the folding funnel to a different global low free-energy state. This behavior is depicted in Figure 4.1b.



**Figure 4.1.** (a) Illustration of the protein-folding funnel for a protein in aqueous solution. The horizontal axis represents the conformational phase space and the vertical axis represents the free energy of the protein. The global free-energy minimum position represents the native structure of the protein. (b) Conceptual illustration of the way that protein-surface interactions shift the protein-folding funnel, resulting in a new low free-energy state of the system. The *dark blue* folding funnel represents the aqueous solution behavior, as shown in (a), with the *red* and *light blue* folding funnels depicting how different orientations of the protein on the surface will shift the folding funnel to different free-energy minima. (Adapted from [28]).

Based on this concept, the change in the conformation of a protein following adsorption may be most properly understood as surface-induced protein refolding as opposed to unfolding. Furthermore, because the external forces applied by a material surface on a protein will act in an anisotropic manner on the protein (i.e., the surface will not surround the protein, but will apply external forces from one side of the protein), it can be expected that the protein will refold into different states depending on the orientation of the protein on the material surface. Therefore, two different factors will be important for determining the adsorbed conformation of a protein: the first factor is the orientation of the protein on the material surface, which influences how the surface will interact with the protein, and the second is how the folding funnel of the protein will be perturbed for each orientation, thus determining how the protein conformation will shift after it adsorbs in a given orientation. The dependence of protein refolding behavior on the adsorbed orientation of the protein then further complicates the behavior of the system based on the kinetics of protein reorientation vs. refolding once a protein adsorbs to a material surface. If the process of protein reorientation on a material surface is much faster than surface-induced refolding, then it can be expected that the adsorbed proteins will generally exhibit the same orientation and subsequent refolding behavior, thus resulting in a fairly uniform layer of restructured proteins on the material surface. However, if the opposite is true, adsorbed proteins will tend to undergo surfaceinduced refolding before reorientation can occur, resulting in proteins being adsorbed in a much more heterogeneous manner [31]. With this perspective, if the horizontal axis of Figure 4.1a were changed to adsorbed orientation, then Figure 4.1a could equally well represent the relationship between adsorption free energy and adsorbed orientation, with one specific orientation resulting in an overall global free-energy minimum for the system. Again, the energy barriers separating the different free-energy states of the protein after it refolds from a given initial adsorbed orientation may be so large that transitions between these refolded states may

be extremely slow. This depiction of the thermodynamic behavior of the system is consistent with the experimentally observed behavior that an adsorbed layer of protein may continue to change its conformation on a material surface over a time period of hours to days following initial adsorption on that surface [32–35].

As described in the preceding paragraphs, while protein adsorption is of critical importance in a wide-range of technologies, the adsorption behavior of proteins is extremely complex and is dependent on the collective interactions between the functional groups making up the protein, the material surface that the protein is interacting with, and the molecules making up the solvent (i.e., water and salt ions). These complexities make it very difficult to investigate protein adsorption behavior using experimental methods alone and make molecular simulation such a powerful tool to be used to investigate how all of these factors combine together to determine the bioactive state of the adsorbed protein layer on a biomaterials surface.

# 4.3. Molecular Simulation Methods

#### 4.3.1. Overview

Molecular simulation methods can basically be separated into two distinct categories [36]: (1) quantum mechanics (QM) methods that treat electrons as the fundamental elements of the system and use approximations to Schrödinger's equation to calculate the behavior and the properties of the molecules in the system, and (2) classical mechanics (CM) methods that treat individual atoms or groups of atoms as the fundamental units of the system and use empirical force fields to calculate the behavior and the properties of the system. While QM methods are generally very accurate and may require no empirical data about the molecular system being analyzed, they are much more computationally rigorous and, therefore, are generally restricted to small set of atoms (i.e., a couple dozen atoms), thus making them unsuitable for the simulation of protein-surface interactions. CM methods, on the other hand, are much less computationally demanding and can be used to conduct simulations containing hundreds of thousands of atoms, or even much larger systems if united-atom methods are used, thus making them much better suited for the simulation of protein-surface interactions. This reduction in computational complexity, however, comes at a cost of the simulations being dependent on the accuracy of the empirical force field parameters that are used to determine how the atoms or groups of atoms in the system interact with one another during the simulation. More comments will be made about force field parameters in the section "The Empirical Force Field Equation."

CM simulation methods can be further subdivided into three basic types [36]: (1) molecular mechanics (MM), (2) Monte Carlo (MC), and (3) MD methods, each of which have their own advantages and limitations. MM methods are used to calculate the potential energy of a molecular structure based on the coordinates and bonded state of the atoms in the system. This method is most commonly used to calculate the geometry or organization of a molecule or system of molecules that will minimize the potential energy of the molecular system, referred to as "energy minimization" or "geometry optimization." Because this calculation does not include thermal energy effects, it should be realized that the resultant geometries represent conditions under zero Kelvin. Although at first glance this aspect may not seem to be of much practical use, MM methods are almost always used at the front end of an MC or MD simulation, especially when representing a condensed-phase system, in

order to relax oddly stretched, bent, or twisted covalent bonds in the system and to avoid energetically unfavorable overlaps between atoms. The effect of temperature on the system is then introduced by the subsequent MC or MD simulation.

MC and MD methods are similar to MM methods in that they may use the same empirical force field for the calculations; however, the MC and MD methods incorporate temperature in the simulation, which provides the very valuable capability of calculating thermodynamic properties of the system, such as changes in free energy. MC methods are particularly used to efficiently search the conformational phase space (or coordinate degrees of freedom) of a molecular system by applying various algorithms to randomly move the positions of atoms within a defined move set (e.g., atom translation or dihedral rotation around a covalent bond) to efficiently explore the conformational phase space of the system. Conformational phase space simply represents all of the different ways that the atoms can be arranged within a given system of molecules. Because the move algorithms applied are not time dependent, MC simulations are primarily used to efficiently calculate the thermodynamic properties (e.g., changes in free energy) of a system but do not provide direct information regarding the rate, or the kinetics, of molecular processes. In contrast, MD simulations use Newton's equations of motion to predict the behavior of the molecules in the system over time in a manner that reflects both the thermodynamic and kinetic behavior of the system. The decision of whether a MC or a MD method would be the best choice for the simulation of protein-surface interactions will depend on the system at hand and the properties that are desired. For example, if it is desired to conduct a simulation to address which face of a protein will be most strongly attracted to a given surface, thus addressing the issue of the initial adsorbed protein orientation, and if the solvent is being represented using a mean-field implicit solvation algorithm (a topic that is addressed in Sect. 4.3.3), a MC method would probably be most efficient. In this case, the protein could be represented as a rigid molecule that is rotated and translated over a designated set of incremental moves to rapidly generate a converged set of states that depict how the potential energy of the system changes as a function of the protein orientation on the material surface. An example of this type of approach is illustrated in the paper by Zhou et al. [37]. An MD simulation in this case would not be nearly as efficient because of the relatively slow kinetics involved for a protein rotating on a material surface. Alternatively, if this same simulation was conducted in explicitly represented water (i.e., individual molecules of the solvent represented in the simulation, see Sect. 4.3.3), or if conformational changes in the protein structure were to be investigated as it adsorbs to a material surface, MC moves would be drastically limited because any large change in the position of the atoms of the protein would cause it to overlap with neighboring atoms, leading to unacceptably high values of potential energy. In this case, MC and MD methods would both be expected to provide about the same general degree of efficiency for sampling the various states of the system, with the MD method providing additional data regarding the predicted time course of the simulation [36]. For this reason (along with other reasons), MD methods are much more commonly used to simulate the behavior of large biomolecular systems and, therefore, this chapter will primarily focus on MD methods and their application to simulate the adsorption behavior of a protein.

# 4.3.2. Molecular Simulation of Protein–Surface Interactions

An MD simulation uses an empirical force field equation to calculate the forces acting on the atoms represented in the molecular system as a function of their spatial configuration and state of bonding and then applies Newton's equations of motion to calculate how the atoms in the system will move as a result of the forces acting upon them. Additional equations, based on molecular thermodynamics and statistical mechanics, are then also used in the calculations to control and determine thermodynamic properties of the system, such as temperature and pressure. In this section, each of these components of an MD simulation will be addressed with specific focus on their application for the simulation of protein-surface interactions.

#### The Empirical Force Field Equation

The empirical force field is an equation that is used in an MM, MC, or MD simulation to calculate the potential energy (*E*) of the system as a summation of the individual energetic contributions from each pair of atoms in the system (Figure 4.2). This is called a "force field equation" because, when differentiated with respect to the coordinate positions of the atoms ( $x_i$ ), it yields an expression that provides the force acting on each atom, i.e.,  $F_i = -dE/dx_i$ ; these forces determine how the atoms will move for the next MD step of the simulation.

The general form of the force field equation that is most widely used for biomolecular simulations (e.g., proteins, carbohydrates, phospholipids, RNA, and DNA) is shown in Eq. (4.1), which is referred to as a "Class I force field" [36].Class I Force Field Equation:

$$E = \sum_{\text{bonds}} k_{\text{b}} (b - b_0)^2 + \sum_{\text{angle}} k_{\theta} (\theta - \theta_0)^2 + \sum_{\text{dihedrals}} k_{\varphi} [1 + \cos(n\varphi - \delta)]$$
  
+ 
$$\sum_{\text{vdW}} 4\varepsilon_{ij} \left[ \left( \frac{\sigma_{ij}}{r_{ij}} \right)^{12} - \left( \frac{\sigma_{ij}}{r_{ij}} \right)^6 \right] + \sum_{\text{Coulomb}} \frac{q_i q_j}{4\pi\varepsilon_0 \varepsilon_r r_{ij}}$$
(4.1)

The first three terms on the right-hand side of Eq. (4.1) represent the potential energy of the covalently bonded atoms in the system. These terms represent covalent bond stretching  $(b-b_0)$ , bond bending  $(\theta-\theta_0)$ , and dihedral bond rotation ( $\phi$ ). For these terms, the parameters



Figure 4.2. Illustration of the various types of bonded and nonbonded contributions to the potential energy of the molecular system as accounted for in the force field equation.

b,  $\theta$ , and  $\phi$  represent the bond length, bond angle, and dihedral angle, respectively, of the bonded state at a given time point, relative to a reference position (designated by force field parameters  $b_0$ ,  $\theta_0$ , and  $\phi_0$ , with  $\phi_0 = 0$ ; the ks represent additional empirical force field parameters that reflect the stiffness of the system. The last two terms of the force field equation (Eq. 4.1) represent the contributions of the nonbonded interactions to the potential energy of the system. The first of these two represent Lennard-Jones (L-J) 12-6 interactions, which are considered as pairwise interactions for all nonbonded atoms (i.e., atoms separated by more than two covalent bonds along a covalently bonded chain or between two atoms in different molecules in the system), where  $\varepsilon_{ii}$  and  $\sigma_{ii}$  represent the L-J well-depth and the collision diameter (i.e., the distance between atoms when the interaction energy between them equals zero) between the designated pairs of atoms, respectively, for atoms i and j. The second nonbonded term represents the energy contributions from the electrostatic interactions between pairs of atoms, which are represented by Coulomb's law, where  $q_i$  and  $q_j$  represent the partial charges centered on atoms i and j,  $\varepsilon_0$  is the relative permittivity of free space, and  $\varepsilon_r$  is the relative dielectric constant;  $\varepsilon_{r}$  is typically set to 1.0 or about 79 depending whether an explicit or implicit solvation method is being used, respectively (this aspect is further addressed in Sect. 4.3.3).

A force field for a given molecular simulation is thus described by both the form of the force field equation (e.g., Eq. 4.1) and the values of the empirical force field parameters, which are assigned for each designated atom type of the system. For example, a C-C covalent bond will have one set of defined  $b_0$  and  $k_b$  values, while a C-O bond will have a different set of  $b_0$  and  $k_b$  values, etc. The L-J parameters,  $\varepsilon_{ii}$  and  $\sigma_{ii}$ , are handled slightly differently, with each individual atom type given an  $\varepsilon$  and  $\sigma$  parameter value. These values are then combined for a given atom-atom pair interaction using Lorentz-Berthelot combination rules [36], in which  $\varepsilon_{ii}$  and  $\sigma_{ii}$  are derived using either the geometric or arithmetic mean of the two values (depending on the rules of the type of force field used). The values of these empirical parameters for both the bonded and nonbonded terms are generally determined either using QM calculations of small molecules containing similar functional groups with parameters adjusted to optimize the force field to match the QM-predicted behavior, or by adjusting the parameters to match experimentally determined properties, such as density, heat of vaporization, and vibrational spectra. If parameterized properly, an empirical force field can provide a very accurate representation for a given molecular system. However, if not parameterized properly, the predicted behavior of the system can be very far from reality.

One of the difficulties involved in force field parameterization is that an appropriate set of force field parameters for one set of atoms in one type of molecular environment may not be appropriate for the same set of atoms in a different type of molecular environment; this situation is referred to as the "issue of force field transferability." Force field transferability is particularly a problem for the fixed partial charges assigned to each atom type in an empirical force field (i.e.,  $q_i$ ), because, in reality, the partial charges of the atoms in a molecule will shift substantially depending on their polarizability and the distribution of charges in their immediate surroundings. As an excellent example of this problem, van Gunsteren and co-workers [38] showed that two different sets of partial charge parameters were needed to accurately represent the behavior of the same set of molecules depending on whether they were represented in their pure condensed liquid state compared with when they were represented as individual molecules in aqueous solution. As a potential solution to this problem, a substantial amount of research is currently underway in the computational chemistry community for the development of polarizable force field methods that are capable of adjusting the partial charges of each atom in the simulation in response to the local environment [39–41]. Currently, however, these methods are too computationally expensive to be considered of practical use [40] and fixed-charged empirical force fields are still the only methods available to handle the large types of systems that must be addressed for the simulation of proteinsurface interactions. Given this situation, it is important to use a validated set of parameters for a given molecular simulation.

The question of force field transferability raises a particularly important issue for the use of empirical force field-based methods for the simulation of protein-surface interactions. Generally, a force field is validated for a given molecular system by using the force field to conduct simulations for the calculation of experimentally measurable properties of the system (e.g., density, structure, vibrational frequencies, heat of evaporation, and free energy of solvation). By comparing calculated values to experimentally measured data, the validity of the force field to accurately represent the behavior of the given molecular system can then be assessed. If substantial errors are found in the calculated values, the experimental data then also provide a means whereby the force field parameters can be adjusted until suitable agreement is found, thereby validating the force field for the designated type of molecular system under consideration. The difficulty that this approach presents for the simulation of protein-surface interactions is that presently there are relatively few experimental data available that can be used to determine whether the results from a molecular simulation of protein adsorption behavior are correct or not. Without such data, it is impossible to determine whether a simulation realistically portrays the molecular behavior of the system. As one approach to address this deficiency, we have been conducting carefully matched experimental and simulation studies to measure and calculate the free energy of adsorption for a broad series of peptide-surface systems using a custom-designed host-guest peptide model and a series of alkanethiol self-assembled monolayer (SAM) surfaces with surface functionality set to represent common functional groups present in polymeric biomaterials [42–44]. This method provides a means of assessing the validity of a given force field for the simulation of protein-surface interactions. Similar efforts are also needed to develop experimental methods that can be used to quantitatively measure the orientation, conformation, and bioactive state of adsorbed proteins, from which the accuracy of simulations of protein adsorption behavior, using a given force field, can be further assessed.

#### Newton's Laws of Motion and System Control for an MD Simulation

An MD simulation uses the force field equation combined with the numerical integration of Newton's equations of motion over defined time-step increments to determine the movement of each of the atoms represented in a molecular simulation [36, 45]. This process is graphically presented in Figure 4.3. As indicated in this figure, the MD cycle starts with some defined initial starting coordinates for all of the atoms of the system and a set of initial velocities (Figure 4.3, steps 1 to 3). As described in the section "The Empirical Force Field Equation," the force field equation provides an analytical expression to calculate the potential energy (*E*) of the system as a function of the designated force field parameters and the coordinates of the positions of the atoms in the system (Figure 4.3, step 4). When differentiated with respect to *x*, *y*, and *z*, this expression then provides the *x*, *y*, and *z* components, respectively, of the force vector acting on each of the atoms in the system (Figure 4.3, step 5), and, when divided by atomic mass, the acceleration of each atom from Newton's second law,  $a_n = F_n/m$ , is determined (Figure 4.3, step 6). The acceleration of each of the atoms is then numerically integrated over a designated time step ( $\Delta t$ ) to calculate an incremental change in velocity (Figure 4.3, step 7), which, when added with the velocity at the end of the



**Figure 4.3.** Illustration of the cycle that is followed during a molecular dynamics simulation in order to calculate the motions of the atoms in the system. The process begins with a set of initial values that define the coordinate position  $(x_0)$  and velocity  $(v_0)$  of each atom in the system (step 1). The cycle counter (*n*) is then set to zero (step 2) and the positions  $(x_n)$  and velocities  $(v_n)$  of the atoms are updated with these values (step 3). The positions of the atoms are plugged into Eq. (4.1) from the section "The Empirical Force Field Equation," and into the differentiated form of this equation to calculate the potential energy of the system (step 4) and the force vector  $(F_n)$  (step 5) acting on each atom, respectively. The acceleration of each atom  $(a_n)$  is next calculated from Newton's second law (step 6). The acceleration of each atom (taken as a constant over the time interval,  $\Delta t$ ) is integrated over the time interval to calculate the change in velocity (step 7), which is then added to the previous velocity  $(v_n)$  to calculate the new velocity of each atom,  $v_{n+1}$  (step 8). The new velocity (taken as a constant over the time interval,  $\Delta t$ ) is integrated over the time interval to calculate the change in position (step 9), which is then added to the previous position  $(x_n)$  to calculate the new position of each atom,  $x_{n+1}$  (step 10). The cycle counter is updated (step 11), and the new positions and velocities (step 12) are then used to begin the next cycle.

previous cycle, provides the new velocity of each atom (Figure 4.3, step 8). The velocities are then numerically integrated over the time step  $\Delta t$  to provide the incremental change in coordinate position (Figure 4.3, step 9), which is added to the position from the previous cycle to update the new positions of all of the atoms of the system (Figure 4.3, step 10). The coordinate positions and velocities of all of the atoms are then updated (Figure 4.3, steps 11 and 12) for use in the next cycle. This process completes one full round of the MD cycle, which describes the behavior of all atoms in the system after the new incremental time period of  $\Delta t$ . These new positions are then reinputted into the force field equation to calculate the new force vectors acting on each atom to begin the next MD cycle. This cyclic process is continued, ideally until the system converges to a steady state, from which thermodynamic and kinetic properties of system behavior can be determined. One of the critical issues in this cycle is that the time increment,  $\Delta t$ , must be sufficiently small to smoothly follow the fastest motions of the system, which are the vibrational motions of covalent bond stretches. A time step of  $\Delta t = 1.0$  fs is typically used for an all-atom MD simulation without any constraints, or if covalent bond lengths for hydrogen atoms are held fixed (commonly done using an algorithm called "Shake" [46] or "Rattle" [47]), a longer time step of  $\Delta t = 2.0$  fs can be used. While this adjustment may seem like a minor issue, the use of a time step of 2.0 vs. 1.0 fs will reduce the wall-clock time required to perform a given simulation by a factor of two (e.g., a month-long simulation can be completed in 2 weeks).

While the integration cycle represents the "engine" of an MD simulation, there are several other factors that must be included to control the simulation in order to accurately represent a real molecular system. For molecular interactions within a condensed-phase system, such as in aqueous solution using explicitly represented water (i.e., water molecules atomically represented in the simulation, see Sect. 4.3.3), three-dimensional (3D) periodic boundary conditions are used in which the "real space" part of the simulation represents a unit "cell" that is repeated in each direction to create an infinite system of "images," thus representing a continuous condensed-phase system, as depicted in Figure 4.4. Because of the infinite periodicity of this type of representation, it is important that the set of atoms represented in the real-space system (e.g., the center box highlighted in red in Figure 4.4) have a net charge of zero. The use of periodic boundary conditions creates the situation where an atom or molecule that moves through one of the boundaries of the real-space system reenters the system from the adjacent image through the opposite boundary, as illustrated in Figure 4.4. This technique enables a constant number of atoms to be maintained in the real-space system of the simulation and allows the molecules to freely move around as if they really were in an infinitely large condensed-phase system. The use of periodic boundary conditions



Figure 4.4. Illustration depicting how periodic boundary conditions are used to represent an infinite, condensedphase system. The real-space system is highlighted in *red* with images of this same system reproduced as unit cells surrounding the real-space cell. When an atom passes through one side of the real-space cell, the same atom will reenter the real-space cell through the opposite side from the adjacent imaged cell. The *solid black circles* represent the atoms in the system, with the open circles representing the same atoms after they cross a boundary into the adjacent cell.

then also enables thermodynamic properties to be determined from the behavior of the molecules contained within the real-space system, such as internal energy (U), temperature (T), and pressure (P), which can be calculated from molecular thermodynamics principles using the following equations (Eq. 4.2) [36]:

$$U = \langle E \rangle = \frac{1}{M} \sum_{i=1}^{M} E_i$$
  

$$T = \frac{2}{(3N - N_c)k_B} \langle K.E. \rangle = \frac{\langle m_i v_i^2 \rangle}{(3N - N_c)k_B}$$
  

$$P = \frac{1}{V} \left[ Nk_B T - \frac{1}{3} \sum_{i=1}^{N} \sum_{j=i+1}^{N} r_{ij} f_{ij} \right],$$
(4.2)

where *M* represents the number of times the potential energy of the system (*E*) is sampled during the MD simulation, *N* is the number of atoms in the system (each with three degrees of freedom), and  $N_c$  is the number of constraints applied to the system (which reduces the total number of degrees of freedom in the system). *K.E.>* is the ensemble average of the kinetic energy of the system, which equals  $\langle m_i v_i^2 \rangle$ , where  $m_i$  and  $v_i$  are the mass and velocity, respectively, of each atom in the system,  $k_B$  is Boltzmann's constant, *V* is the volume of the real-space system that is represented, and  $r_{ij}$  and  $f_{ij}$  are the radial distance and the force vector, respectively, between each *i-j* pair of atoms in the system. The ability to calculate and monitor the temperature and pressure of the system enables a simulation to be performed under either NVT or NPT conditions, which represent a constant number of atoms (*N*) and constant volume (*V*), temperature (*T*), and pressure (*P*) conditions.

While the use of a periodic system for an MD simulation is a very useful and efficient technique to represent a condensed-phase system, it also causes a problem with respect to how the nonbonded interactions of the force field equation (i.e., the last two terms in Eq. 4.1) are calculated. Ideally the nonbonded interactions for the condensed-phase system would represent the summation of L-J and electrostatic interactions between each of the atoms in the real-space system with each of the surrounding atoms, including the imaged atoms that extend out to infinity. This, of course, is not possible, and thus simplifying assumptions must be made for the calculation of these terms. The most widely accepted practice is to use a cutoff method for the L-J interactions in which the L-J interactions for a given atom are only calculated for atoms within a defined cutoff distance from the atom in question; a correction is then added to account for the remaining atoms beyond the cutoff. This method is usually implemented using a "switching" or "shifting" function at the cutoff to smoothly transition L-J interactions to zero [48]. This smooth transitioning is necessary to avoid artifacts that can be induced if the energy vs. distance function is reduced to zero too rapidly, in which case the resulting force, which is the gradient of the energy function, would be calculated as an unnaturally large value, thus causing artifacts in the motions of the atoms. For example, a 10-12 switching function would mean that L-J interactions would be calculated for all atoms within 10 Å of the atom in question, with L-J interactions then smoothly being decreased to zero for atoms between 10 and 12 Å away, with interactions beyond 12 Å being ignored. Because L-J interactions are relatively short ranged (i.e., they decrease as a function of  $r_{ii}^{-6}$ ; see Eq. 4.1), this truncation results in negligible error. When using this procedure with periodic boundary conditions, it is important that the minimum dimension of the periodic cell be at least twice as long as the outer range of the cutoff distance. This condition ensures that an atom in the real-space system that is represented will not feel a force from its own image in the neighboring cells; such a situation will introduce undesirable correlations in the motion of the atoms in the simulated system. In contrast to the short-ranged L-J interactions, electrostatic interactions are much more long ranged and decrease on the order of  $r_{ij}^{-1}$  (see Eq. 4.1). Thus, use of a cutoff for electrostatic interactions is generally not advised, as it will tend to introduce a substantial amount of error in the simulation.

Instead, Ewald methods, such as particle mesh Ewald [49, 50], which closely approximate electrostatic interactions in an efficient manner including all of the images surrounding the real-space system, are recommended. While this representation does mean that atoms will effectively feel forces from their own images in the neighboring periodic "cells," errors introduced from this condition are minimal and much lower than those that are introduced by the truncation of these types of interactions. While the use of 3D periodic boundary conditions with particle mesh Ewald represents a very realistic situation for the simulation of either a peptide or a protein in aqueous solution, it does raise concerns regarding its applicability for the simulation of a protein interacting with a material surface. In this case, a model system that represented an adsorbing surface at the bottom of the real-space unit "cell" would then also represent an image of the surface immediately above the real-space "cell" as well, as depicted in Figure 4.5. Thus, a peptide or protein in solution would just as easily interact with the "bottom" of the surface that was imaged at the top of the real-space "cell" as it would with the top of the adsorbent surface that is represented at the bottom of the real-space "cell." Under this circumstance, the ideal situation would be to use two-dimensional (2D) periodicity and a 2D Ewald method where the surface is periodically imaged only along the sides of the real-space system, but not above and below it. Unfortunately, 2D Ewald methods have not yet been adequately developed to represent this type of molecular system, and 3D periodicity with 3D particle mesh Ewald is still the best way of representing this type of system. To avoid the situation where a protein will be able to interact with the bottom of the surface via the top image "cell," a constraint can be added to the MD simulation that prevents the protein from approaching within about 20 Å from the top of the real-space unit "cell." While long-range electrostatic interactions are theoretically still a concern, especially when representing a material surface with a high charge density, in practice we have found that when representing an aqueous solution with 140 mM Na<sup>+</sup> and Cl<sup>-</sup> (i.e., representing physiological conditions [51]), charged molecules in solution that are separated more than 20 Å from the top image of the surface are sufficiently far away that artifacts in the simulated behavior do not occur to a noticeable degree.

# 4.3.3. Representation of Solvation Effects for Protein–Surface Interactions

The process of protein adsorption to a material surface is often simply represented as a chemical reaction in the form of:

$$P + S \to P.S,\tag{4.3}$$

where P, S, and  $P \cdot S$  represent the protein, the surface, and the protein-surface complex after the protein adsorbs, respectively. Equation 4.3, however, is actually very misleading in that it omits the critically important interactions of the molecules of the solvent during this



**Figure 4.5.** (a) Real-space system showing an aqueous solution made up of explicitly represented water molecules (*small red* and *white dots*) and Na<sup>+</sup> and Cl<sup>-</sup> ions (*vellow* and *blue spheres*, respectively) over a self-assembled monolayer (SAM) surface functionalized with negatively charged COOH groups. (b) Illustration showing the periodic system that is represented in the simulation to reveal how the use of periodic boundary conditions results in the SAM surface being represented both above and below the real-space surface. A protein in solution will therefore interact with both the top of the SAM surface in the real-space cell and the bottom of the SAM surface that is imaged above the real-space cell. A constraining function can be used to keep the protein sufficiently far from the bottom of the imaged surface so that the presence of this imaged surface has negligible influence on the behavior of the protein during the simulation.

process. A much more appropriate description of the protein adsorption process on a material surface is represented by Eq. (4.4):

$$P \cdot m \mathbf{H}_2 \mathbf{O} + S \cdot n \mathbf{H}_2 \mathbf{O} \to P \cdot S + \left(\frac{m+n}{2}\right) \mathbf{H}_2 \mathbf{O} \cdot \mathbf{H}_2 \mathbf{O}, \tag{4.4}$$

in which case m and n represent the number of water molecules that are complexed with the protein and the material surface that must be consequently dissociated in order for the interaction between the protein and the surface to take place; these water molecules then subsequently

interact with one another and with the other water molecules in the bulk solvent [1]. As indicated by this expression, the process of a protein thus adsorbing to a material surface does not just involve interactions between the atoms of the protein and atoms of the surface, but rather involves competitive interactions between the water molecules with the atoms making up the protein and surface vs. interactions between the atoms of the protein with those of the surface and between the water molecules with one another. This process is further complicated when the protein and/or material surface includes charged functional groups, in which case the counterions in solution also take part in the adsorption process as very influential components of the system, but very active components that are just as involved in the protein adsorption process as are the protein and the adsorbing surface themselves. Because of this situation, the proper representation of solvation effects is essential if a simulation is to be carried out in a manner that realistically represents the interaction of a protein with a material surface.

The most direct way of representing solvation effects in an MD simulation of proteinsurface interactions is to include water molecules and salt ions (e.g., 140 mM Na<sup>+</sup> and Cl<sup>-</sup> to represent physiological conditions [51] plus additional counter-ions for overall charge neutrality) as explicitly represented molecules in the simulation. Many different water models, and their associated force field parameters, have been developed over the years and they generally provide an excellent representation of solvation effects at around 298 K. Some of the most popular water models are SPC [52, 53], SPC/E [53], TIP3P [53, 54], TIP4P [55, 56], TIP4P/ Ew [57, 58], and TIP5P [59]. Decisions regarding which water model should be used for a given simulation of protein-surface interactions should primarily be made based on selecting the water model that is recommended by the force field developers to go with the force field used to represent the protein. For example, the CHARMM force field was parameterized with the CHARMM version of TIP3P water [48]. Unfortunately, the explicit representation of water molecules greatly increases the number of atoms that must be represented in a molecular simulation; this situation then directly translates into the need for much greater computing capacity and/or much longer wall-clock time that is required to perform a given simulation.

To get around the high computational cost of using explicit solvation, several methods have been developed to represent solvation effects using mean-field continuum approximations, which are referred to as "implicit solvation methods." The most simple of these methods involves merely changing the relative dielectric constant ( $\varepsilon$ ) in the Coulomb's term of the force field (see Eq. 4.1) from a value of 1.0, which is used in explicit solvation simulations, to a value of about 79 [36], which is the dielectric constant of bulk water at about 298 K. A similar technique involves setting  $\varepsilon_{r} = r_{ij}$  (i.e., the distance between atoms *i* and *j*), which provides a situation where electrostatic interactions are very strong when atoms are close to one another, but die down proportional to  $r_{ii}^{-1}$  as the separation distance increases; this approach is intended to account for the influence of intervening water molecules that would dampen the strength of electrostatic interactions. This procedure is known as the "distantdependent dielectric method" [36]. These methods were developed as very crude approaches to represent the dampening of electrostatic effects for protein-folding simulations. For this type of process, however, the behavior of the protein is largely mediated by the covalently bonded state of the protein. The structural stability provided by the bonded state of the protein enables this type of approximation to be considered, even though its use in this case is still not recommended because of the possible artifacts in the simulated behavior that it may cause [36, 60]. On the other hand, the simulation of protein-surface interactions is completely dominated by nonbonded interactions between the atoms of the protein, material surface, and solvent, with the solvent molecules playing a critical role in the process. Under these conditions, the

use of the relative dielectric constant alone (either as a constant or in the distance-dependent form) to represent solvation effects is strongly advised against because this procedure will completely neglect the competitive interaction of water for the atoms of the protein and the material surface through both electrostatic and L-J interactions; the result will be to substantially overestimate the strength of adsorption, particularly for polar functional groups. For example, Sun and Latour [61] have shown that the use of a distance-dependent dielectric method will cause polar hydrophilic groups of the amino acid residues of a protein to be attracted to polar groups on a material surface nearly as strongly as they would in a vacuum; in contrast, in aqueous solution, the attraction between these same functional groups can be expected to be relatively weak due to their capability to interact just as strongly with water.

A much more sophisticated and accurate form of implicitly representing solvation effects due to electrostatic interactions is provided through the use of the Poisson-Boltzmann (P-B) equation to calculate the free energy of molecular solvation [62, 63]. Because this method is computationally too rigorous to be used in MD simulations, its use is primarily limited to MM simulations for the calculation of the solvation free energy contribution of molecules in a given conformation. A much less computationally expensive approximation of the P-B equation, known as the "generalized Born (GB) equation," has been developed and widely applied as an implicit solvation method for MD simulations of peptide and protein folding with a reasonable degree of accuracy [64–68]. One of the well-established problems with GB methods, however, is that they tend to overemphasize the strength of hydrogen bond interactions [69]. While this approach may actually be advantageous for simulations seeking to fold a polypeptide chain because of the importance in hydrogen bonding for the formation of secondary and tertiary protein structures, this same tendency will again tend to greatly misrepresent protein adsorption processes. This situation occurs because the overemphasis of hydrogen-bonding interactions in this case will lead to overly strong interactions between the hydrogen-bondable functional groups of a protein and a material surface while neglecting the competitive nature of water to form hydrogen bonds to these same functional groups.

Finally, as noted in the previous paragraph, P-B and GB methods only address the electrostatic component of solvation effects while completely neglecting hydrophobic effects. To address this deficiency when using either a P-B or GB method to represent hydrophobic interactions, an additional term is required in the force field equation. This term is generally expressed in the form of a surface tension per unit area parameter that is then multiplied by the surface area of the molecule in solution. However, because of the complexities involved in discriminating between surface areas of functional groups with hydrophobic vs. hydrophilic character, this surface energy term is generally applied to the total surface area of the molecules in the simulation. Once again, while this approach may be suitable for protein-folding applications, for which these methods have been primarily developed, their suitability for use in protein adsorption simulations is questionable at best. This issue is addressed in a paper by Sun et al. [70] in which simulations were performed for peptide adsorption to a hydrophobic material surface with results from two different types of implicit GB models compared with results using explicit water (TIP3P). These simulations showed that substantially different peptide adsorption behavior is predicted between each of the GB methods and the explicit solvent case; the GB methods tend to over predict the strength of hydrophobic interactions.

Based on the points discussed in the preceding paragraphs, at this time there is really no basis to support the use of any of the implicit solvation methods for the simulation of protein-surface interactions [25]. All of the currently available methods fall far short of providing an accurate representation of protein interactions with a material surface. Use of any of these methods will simply result in the prediction of protein adsorption behavior that has little to do with the real molecular behavior of these types of systems. Thus, simulations of protein-surface interactions should be performed with an appropriately selected explicit water model along with the desired concentration of counter- and co-ions in the system. This being stated, the use of implicit solvation methods is still highly desirable because they greatly reduce the computational requirements that are needed to perform a given simulation. There is thus a need for the development of new implicit solvation methods that are specifically designed, tuned, and validated for use with protein adsorption simulations.

### 4.3.4. Statistical Sampling Considerations for Protein-Surface Interactions

Statistical sampling is just as important in a molecular simulation as it is in an experimental study. In an experiment, it is necessary to test a sufficient number of independent samples of a system in order to generate an estimate of the mean and variance of the population, from which statistical analyses can be performed to determine whether changes in the measured behavior (caused by different treatments and conditions) can be considered to be statistically different. In an MD simulation, it is necessary to run the simulation over a sufficient length of time in order to obtain converged ensemble-average estimates of the properties of the system. This condition requires that the MD simulation be performed ergodically, which means that the simulation should be run sufficiently long to enable it to visit all of the available microstates of the system, such that the calculated time-averaged properties accurately represent the macroscopic properties of the system that would be measured experimentally [45]. The results of such a simulation can then be taken as being equivalent to one sample for an experimental system. In practice, this situation can be problematic for an MD simulation since it is often very difficult to determine whether or not a simulation has run sufficiently long to explore all of the pertinent microstates of the system. This determination is particularly difficult for systems that have a "rugged" energy landscape, in which case the relatively high-energy barriers that separate local low-energy states may trap the simulation in localized regions of the conformational phase space and prevent proper sampling of the system, as illustrated in Figure 4.6. Under such circumstances, a given property of the system, such as either the average potential energy or the orientation of a protein, may appear to converge to a stable value, but in fact a much longer simulation would reveal that this property only represents the conditions for a localized state or set of states, while the properly converged property has a substantially different value.

Unfortunately, protein folding and adsorption-induced refolding behavior, as illustrated in Figure 4.1, presents a situation where the microstates of the system are separated by these types of high-energy barriers. The presence of these types of energy barriers results in a situation where a conventional MD simulation is generally not able to adequately sample system behavior within time frames that are practically accessible with current-day computational resources. To address this issue, several different types of advanced sampling algorithms have been developed that enable energy barriers to be readily crossed, thus enabling an MD simulation to escape from these types of local low-energy wells, explore the relevant phase space of the system, and generate ensemble-averaged properties that can be confidently compared with experimental results. Estimates of the mean and variance of the calculated properties can then be obtained by either running separate simulations of the system, or a single long simulation can be broken up into uncorrelated blocks of time with each block then representing an independent, converged representation of the system; this approach is referred to as "block averaging."



**Figure 4.6.** (a) Illustration depicting a sampling problem that often occurs during a conventional MD simulation in which the molecular system is "stuck" in a local low-energy well (conformational state I), which in this case is shown as being 0.96 kcal/mol higher in potential energy than conformational state II. The *red spheres* represent the states of the system that are sampled during the MD simulation. This approach results in improper sampling of the system with subsequent errors in the calculation of the thermodynamic properties of the system. (b) The proper Boltzmann-weighted equilibrium distribution of the system at 298 K that would be sampled if the MD simulation were run infinitely long (see Eq. 4.6).

The basic principles behind most advanced sampling algorithms can be understood based on the statistical mechanics relationships that describe the probability  $(p_i)$  of a given state for a given molecular system and the relative probability of sampling a different state,  $p_j$ , relative to  $p_i$  (i.e.,  $p_j/p_i$ ). These relationships can be described by the following Eqs. (4.5) and (4.6) [71]:

$$p_i = \frac{e^{-E_i/k_B T}}{Q}$$
; with  $Q = \sum_i e^{-E_i/k_B T}$  (4.5)

and

$$p_{ij} \equiv \frac{p_j}{p_i} = e^{-\Delta E_{ij}/k_{\rm B}T},\tag{4.6}$$

where  $E_i$  is the potential energy of the system for state "*i*",  $k_B$  is the Boltzmann constant, *T* is absolute temperature, *Q* is the configurational partition function of the system, and  $\Delta E_{ij}$  is the difference in potential energy between states "*i*" and "*j*." Given these relationships, the probability of the system being in a given energy state can be adjusted by altering the value of the group of parameters in the exponential function (i.e.,  $E_i/k_BT$ ), either by introducing a biasing energy function into the force field equation to influence the energy state of the system ( $E_i$ ) or by adjusting the temperature of the system (*T*).

The introduction of a biasing energy function  $(\Delta B_{ij})$  can be done by adding a userdefined term into the force field equation that controls how the atoms interact with one another during the simulation in a manner that lowers the energy difference that separate the various states of the system that one wishes to sample during the simulation [72]. The introduction of a biasing function can be expressed mathematically by Eq. (4.7) [43]:

$$\overline{p}_{ij} \equiv \left(\frac{p_j}{p_i}\right) e^{-\Delta B_{ij}/k_{\rm B}T} = e^{-(\Delta E_{ij} + \Delta B_{ij})/k_{\rm B}T}, \qquad (4.7)$$

where  $\overline{p}_{ij}$  represents the biased probability distribution that results from the addition of the biased energy function. As is clear from this relationship, if  $B_{ij}$  is set to exactly cancel the potential energy difference between the two states (i.e.,  $B_{ij} = -E_{ij}$ ), then the energy difference separating them will be zero, creating a situation where there is equal probability of being in either state, thus eliminating the sampling problem. After the simulation is completed, the biased probability ratio that is obtained from the trajectory of the simulation can then be corrected to remove the applied bias to obtain the unbiased probability distribution by inverting Eq. (4.7) to obtain Eq. (4.8):

$$p_{ij} \equiv \frac{p_j}{p_i} = \overline{p}_{ij} e^{\Delta B_{ij}/k_{\rm B}T}.$$
(4.8)

This method is highly effective if the coordinate position and the depth of a given local low-energy well are known such that a biasing energy function can be appropriately determined and applied in the simulation. If these parameters are not known a priori, they can be determined by running preliminary MD simulations to assess where the system tends to become trapped, and then adaptively adding a biasing function until the sampling problem is removed [43, 72–75].

The use of a biased-energy function is most widely used to force sampling over a singledesignated system coordinate, such as either the dihedral rotation about a bond in a peptide chain [72, 76, 77] or the separation distance between a solute and a material surface [43]. For these types of applications, an umbrella-sampling technique [72, 78] is typically used in the form of Eq. (4.9):

$$\Delta B = k_{\rm u} (\lambda - \lambda_{\rm u})^2 \,, \tag{4.9}$$

which is also referred to as a "restraining potential," where  $k_u$  is the stiffness constant,  $\lambda_u$  is the coordinate parameter of interest, which is set at a designated coordinate value, and  $\lambda$  is the sampled value of the coordinate at a given time point in the simulation. In this form, the biasing energy function penalizes the system in a quadratically increasing manner as it deviates from the designated position,  $\lambda_h$ . A series of independent parallel simulations, referred to as "windows," can then be carried out with the value of  $\lambda_h$  incrementally varied over the full range of interest; these increments are set so that the neighboring sampled populations overlap one another. The resulting overlapping sampled distributions from all of these simulations can then be combined using the weighted histogram analysis method (WHAM) [79, 80], which serves to remove the applied bias from the sampling distribution and to generate an unbiased probability distribution of states over the full range of the parameter of interest (i.e., over the full range of  $\lambda$ ).

While a biasing energy function in an MD simulation can be very helpful to overcome many types of sampling problems, its use is primarily restricted to a single degree of freedom, such as either protein-surface separation distance or the dihedral rotation of a peptide chain about a designated covalent bond. However, for cases where there are numerous different types of energy barriers that must be overcome, such as the case of simulating protein adsorption behavior, temperature is a much more versatile parameter to use since it operates on all degrees of freedom at the same time, thus enabling all energy barriers to be overcome

by the addition of thermal energy to the molecular system without requiring a priori knowledge of where the energy barriers are.

One of the most widely used methods to accomplish this type of sampling is known as "replica-exchange molecular dynamics" (REMD) [81–83], which is based on a method previously developed for MC simulations called "parallel tempering" [84]. With this method, independent MD simulations are run in parallel for a series of replicas of a given molecular system, with each replica being run at an increasingly higher temperature level above the baseline temperature of interest, e.g., 298 K. After a short user-designated time period (e.g., 250 steps of MD), a statistical mechanics-based exchange algorithm (similar to that used in a Metropolis MC exchange process [36]) is applied to compare the potential energy levels between replicas at neighboring temperature levels. If the exchange is accepted, then the temperatures between the pair of replicas are swapped. If it is not, the replicas remain at their prior temperature levels for another sampling cycle, following which, the swapping decision process is repeated again. A diagram depicting this process is shown in Figure 4.7. By this method, a replica that is trapped in a local low-energy well that actually represents a relative high-energy state of the system tends to be exchanged upward in temperature; this procedure provides additional thermal energy to help a given replica escape from the local energy well and explore other states of the system. Similarly, replicas that happen to be in relatively low-energy states tend to be exchanged downward in temperature, thus increasing their



**Figure 4.7.** Schematic comparison of a conventional MD simulation compared with an REMD simulation for a simple model system containing two potential energy wells separated by an energy barrier. As in Figure 4.6, the conventional MD simulation is shown to be trapped in a local low-energy well during the entire simulation, resulting in a poorly sampled system. The REMD simulation uses thermal energy to enable the system to readily cross the energy barrier. The Metropolis-type exchange procedure used to swap temperature levels enables the development of a Boltzmann-weighted ensemble of states being sampled at the baseline temperature, thus representing a properly sampled, equilibrated system with ensemble-average properties that should be comparable to experimental measurements. (Adapted from [25]).

probability of ending up being sampled at the baseline temperature. The effect of this somewhat complicated process is to greatly enhance the sampling of the conformational phase space of a molecular system and, in the end, generate a Boltzmann-weighted ensemble of states at each temperature level. The resulting sampled distribution is no longer a time sequence as the one generated by a conventional MD simulation, but rather it represents an equilibrated system of states from which ensemble-averaged thermodynamic properties of the system can be calculated; the calculated values should be comparable to experimental measurements of the same system under equilibrium conditions. While this is an extremely useful computational technique, it can require that a very large number of replicas be used in order to span the temperature range that is necessary to be used to enhance energy-barrier crossing, and it still requires that the simulations be run for a sufficiently long time in order to obtain a properly converged ensemble of states at the baseline temperature of interest. The combination of these two requirements thus means that a very large amount of computing resources is often needed in order to use this method. In fact, for a very large molecular system, as is required for the simulation of protein adsorption behavior with explicit solvation, the use of a conventional REMD method may require that hundreds of computer processors be run in parallel, thus potentially making it prohibitively expensive to use.

To address these limitations, many different versions of this method have been, and are being, developed to improve computational efficiency [85–90]. In this respect, methods that vary the potential energy function instead of temperature are referred to as "Hamiltonian replica exchange methods" [91, 92]. To address the limitations of conventional REMD simulations for application to a large system simulation, such as would be needed to simulate protein adsorption behavior, we have recently developed a new advanced sampling method, which is called "Temperature Intervals with Global Energy Reassignment" (TIGER) [89, 90]; a revised method, currently under development, is called "TIGER2." These methods effectively uncouple the number of replicas that must be used to span a given temperature range from the size of the simulation, thus enabling a REMD-like simulation to be conducted with however, many processors that a given user has on hand to perform the simulation.

When performing simulations of protein-surface interactions, it is generally necessary to combine both energy-biasing and temperature-based advanced sampling algorithms to control the behavior of the molecular system. While elevated temperature is very useful to overcome the multiple energy barriers that are needed to be surmounted to sample the different conformational states of the protein on the material surface, elevated temperature also tends to cause the protein to desorb and diffuse away from that surface. To overcome this type of problem, a constraining potential can be used in the simulation, like that described in Eq. (4.9), to cause the protein to be maintained close to the surface. In this case, the restraining potential would only be turned on if the center of gravity of the protein moved further than a designated distance away from the material surface; the restraining potential then applies a force to the protein to push it back toward the material surface. In addition, if the surface being modeled is a crystalline polymer, elevated temperature will tend to cause the polymer to melt and transition into an amorphous state; this transition represents an undesirable event. In such a case, a second thermostat may be used during the simulation to maintain the atoms of the material surface at a desirable temperature level (e.g., 298 K), while the temperature of the protein and aqueous solution is allowed to be elevated to overcome the activation energy barriers of the system [93]; such an approach is necessary to explore how interactions of the protein with the material surface influence the folded state of the protein.

#### 4.4. Future Directions

New methods and algorithms in the computational chemistry field are continually being developed and refined to improve current molecular simulation capabilities. For example, as mentioned in the section "The Empirical Force Field Equation," there is a substantial effort currently underway for the development of polarizable empirical force fields with force field parameterization that is able to adapt to the local surroundings of an atom during the simulation [39–41]; this approach should then greatly enhance the transferability of a force field to different molecular environments. This capability would be particularly useful for protein adsorption simulations to get around issues related to the appropriateness of a given force field to accurately represent this type of molecular system. Another area of ongoing research is the development of empirical force field methods that provide for bond breaking and forming capabilities [94–96]. This capability would enable the protonation state of functional groups to shift as a function of their environment; this result can have a substantial effect on protein adsorption behavior as well as enabling simulations to be conducted to represent the hydrolysis of hydrolytically degradable polymers (such as poly[glycolic acid] and poly[lactic acid]), and the subsequent influence of these chemical processes on protein adsorption behavior. Unfortunately, at this time, neither one of these types of methods is computationally efficient enough to be used for MD simulations of protein adsorption behavior; their implementation will have to wait until computational methods and computational power increases well beyond current capabilities.

One of the most promising areas of new development that will most directly impact the ability to predict protein-surface interactions, and potentially even cellular response, is the development of multiscale modeling methods [97–99]. These methods involve the development and application of coarse-graining techniques to combine groups of atoms, such as those making up either a single amino acid residue or a monomer unit of a polymer chain, into a single particle with force field parameterization adjusted to capture the general molecular behavior of that group of atoms. Conceptually, coarse graining can then be further applied in a sequential manner to join length scales all the way from the atomic to the macroscopic scale, with time scales of the simulation similarly extending from nanoseconds to seconds and longer. However, as with all of the other methods described in this chapter, these types of methods can only be realized if the biomaterials field itself works to develop and validate them for biomaterials-related applications.

#### 4.5. Concluding Remarks

In this chapter a general overview of the topic of molecular simulation was presented with a focus on the use of MD methods for the simulation of protein-surface interactions. Emphasis was placed on addressing some of the key issues that must be considered when conducting simulations of peptide and protein adsorption behavior; namely, the validity of force field parameterization for the system being considered, the accurate representation of solvation effects, and statistical sampling to obtain converged results that are representative of an equilibrated system.

When these methods are properly developed and applied, they have the potential to provide the biomaterials field with an extremely valuable tool for the design of surfaces at the atomic level that will enable the adsorption behavior and subsequent bioactivity of adsorbed proteins to be manipulated and controlled in an optimal manner. This capability should directly translate to the development of biomaterial systems with improved performance for a broad range of applications in biomedical engineering and biotechnology. This situation, however, will only be realized if the biomaterials field will recognize this potential and promote further development of methods specific for simulation of proteinsurface interactions.

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# Biomolecule–Nanomaterial Interactions: Effect on Biomolecule Structure, Function, and Stability

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We have characterized the influence of protein–carbon nanotube interactions on protein structure and function using various techniques such as Fourier transform infrared spectroscopy, circular dichroism spectroscopy, and atomic force microscopy. This structure-based analysis revealed that different proteins interact with nanotubes differentially, consistent with the observed biological activity data. Furthermore, the high degree of surface curvature of the nanoscale support was found to play an important role in stabilizing proteins under denaturing conditions. Along with these fundamental studies, various applications of such highly active and stable nanotube–protein conjugates have been pursued, which include self-cleaning nanobiocomposite films, interfacial biocatalysis in a biphasic medium, and synthesis of nanotube–nanoparticle hybrids, among others.

# Abbreviations

ADH	alcohol dehydrogenase
AFM	atomic force microscopy
AGP	α1-acid glycoprotein
AOT	Aerosol-OT
BSA	bovine serum albumin
CALB	Candida antarctica lipase B
CD	circular dichroism
CNT	carbon nanotube
CT	α-chymotrypsin
d-SBP	deglycosylated soybean peroxidase
EDC	<i>N</i> -ethyl- <i>N'</i> -(3-dimethylaminopropyl) carbodiimide hydrochloride
EDX	energy dispersive X-ray
FAM	carboxyfluorescein

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FT-IR	Fourier transform infrared
HOPG	highly ordered pyrolytic graphite
HRP	horseradish peroxidase
HSA	human serum albumin
Lys	lysozyme
MJL	Mucor javanicus lipase
MWNT	multiwalled nanotube
NaDDBS	sodium dodecylbenzene sulfonate
NHS	N-hydroxysuccinimide
NIR	near infrared
PAGE	polyacrylamide gel electrophoresis
PLL	poly-L-lysine
PMMA	poly(methyl methacrylate)
PMSF	phenylmethansulfonyl fluoride
ROS	reactive oxygen species
SAM	self-assembled monolayer
SBP	soybean peroxidase
SC	subtilisin Carlsberg
SWNT	single-walled nanotube
TEM	transmission electron microscopy
TRY	trypsin
UV	ultraviolet

## 5.1. Introduction

There has been considerable progress in the synthesis of nanomaterials with unique optical, electrical, and physicochemical properties [1-4]. Recently, there has been an increasing interest in realizing their wide-ranging applications in solid-state nanoelectronics, nanocomposites, nanolithography, chemical and biomolecule sensing, biomedical imaging and diagnostics, and targeted delivery for cancer therapy [5-11]. The applications of such biomolecule-functionalized nanomaterials have been described in recent reviews [12–15]. For example, Kane and coworkers [12, 13] reviewed recent advances in understanding and applying protein-nanomaterial interactions in nanomaterial assembly, molecular imaging, targeted cancer therapy, and biomolecule delivery. Katz et al. [14] provided a broad overview of the synthesis of biomolecule-nanoparticle hybrid systems and their application in the generation of two-dimensional (2D) and three-dimensional (3D) architectures in solutions and on surfaces. Lacerda et al. [15] summarized recent work on the application of carbon nanotubes in nucleic acid delivery via in vitro and in vivo models. While nanomaterials, in general, offer numerous opportunities in materials, electronics, biotechnology, and medical research, there has been particular interest in understanding and controlling the interactions of carbon nanotubes with biomolecules (peptides, proteins, and nucleic acids [e.g., DNA and RNA]) and cells, and their ultimate use for biosensing, designing functional surfaces and coatings, biomolecule delivery, and targeted cancer therapy [7, 8, 16–22].

The use of carbon nanotubes in biomaterials for scaffolds or implants is another rapidly growing area of research. While some studies have provided evidence that carbon-based nanomaterials, e.g., single-walled nanotubes (SWNTs), multiwalled nanotubes (MWNTs), and fullerenes, exhibit low biocompatibility when dispersed in cell culture [23], there are

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some examples where carbon nanomaterial-based biomaterials have been found to be compatible with neural cells, osteoblasts, and fibroblasts [24–27]. It has recently been shown that the adsorption, conformation, and bioactivity of specific proteins such as vitronectin and fibronectin play an important role in facilitating the adhesion and proliferation of osteoblasts onto carbon nanofibers, nanophase alumina, and nanophase ceramics, thereby improving the efficacy of corresponding orthopedic and dental implants [27–30]. Clearly, protein–nanomaterial interactions are of great importance in designing such novel biomaterials and realizing their applications. Moreover, interactions between nanomaterials and other biomolecules such as DNA and enzymes are also important as the function of such hybrids is largely governed by the conformation of the biomolecules on the nanomaterial.

In this chapter, we review our own research on designing, characterizing, and utilizing nanomaterial-biomolecule conjugates. We have considered carbon nanotubes and proteins as model nanomaterials and biomolecules, respectively, because of their growing importance in the various aforementioned applications.

# 5.2. Structure and Function of Proteins on Carbon Nanotubes

In one of the earliest reports on protein–nanotube interactions, Karajanagi et al. [17] studied the structure and function of proteins adsorbed onto SWNTs, using enzymatic activity as a highly sensitive probe of protein function. This work represented the first detailed evaluation of both the structure and the function of proteins adsorbed onto carbon nanotubes. Two structurally and functionally distinct enzymes, soybean peroxidase (SBP) and  $\alpha$ -chymotrypsin (CT), were adsorbed onto SWNTs (Figure 5.1a) to assess the influence of the hydrophobic, nanoscale environment on protein structure and function. Activity measurements for the SWNT–SBP conjugates indicated that SBP retained ~30% of its native activity when loaded onto nanotubes at 50% of maximal surface coverage, while CT retained no greater than 1% of its native activity. These results suggest that attachment onto SWNTs affects the structure of the two enzymes in a fundamentally different manner [17].



**Figure 5.1.** Two mechanisms by which carbon nanotube (CNT)–enzyme conjugates are prepared. Schemes (**a**) and (**b**) depict physical adsorption and covalent attachment of a protein onto CNT, respectively. *EDC*, *N*-ethyl-*N'*-(3-dimethylaminopropyl) carbodiimide hydrochloride; *NHS*, *N*-hydroxysuccinimide. (Reprinted with permission from Karajanagi et al. [17] and Asuri et al. [32], respectively).

Next, transmission-mode Fourier transform infrared (FT-IR) spectroscopy and atomic force microscopy (AFM) were used to characterize the changes in secondary structure of the proteins and overall structural perturbations, respectively. The FT-IR spectra were analyzed in the amide I region, between 1,600 and 1,700 cm<sup>-1</sup>; analysis of this region has been previously used to obtain a quantitative estimation of the secondary structural features of proteins [31]. As shown in Table 5.1, both SBP (minor) and CT (major) undergo changes in secondary structure (13% and 44% overall change, respectively). Figure 5.2 shows AFM images of SBP and CT adsorbed onto SWNTs. In both images, regions of the nanotube not covered by enzyme had a height of ~4 nm, indicating the presence of bundles of SWNTs. In the case of SWNT–SBP conjugates, distinct globular structures were observed, as shown in Figure 5.2a; line scans suggested that the height of these structures ranged from 4 to 6 nm, which matched very well with the molecular dimensions of SBP ( $6.1 \times 3.5 \times 4.0 \text{ nm}^3$ ). On the other hand, the AFM image of SWNT–CT conjugates shows a layer of CT on the SWNT surface. The height of the layer varied between 2 and 20 nm, which is far different from the molecular size

**Table 5.1.** Secondary structure of SBP and CT (solution phase and adsorbed onto SWNTs) as determined by FT-IR spectros-copy. (Reprinted with permission from Karajanagi et al. [17].)

Sample	$\% \alpha$ -Helix	% β-Sheet
Solution SBP	$36.1\pm1.2$	$25.1\pm2.5$
SBP adsorbed onto SWNTs	$27.9\pm4.1$	$20.6\pm 6.9$
Solution CT	$13.6\pm3.5$	$50.0\pm2.4$
CT adsorbed onto SWNTs	$31.5\pm2.9$	$23.5\pm5.1$



**Figure 5.2.** AFM images of SBP and CT adsorbed onto SWNTs at half-maximal surface coverage. The globular structures seen on SWNTs in image (**a**) represent SBP molecules. Image (**b**) shows a nonuniform layer of CT on SWNT. (Reprinted with permission from Karajanagi et al. [17]).

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of CT ( $5.1 \times 4.0 \times 4.0 \text{ nm}^3$ ), suggesting that significant unfolding and aggregation of CT occurred on the nanotubes [17].

Collectively, these results suggest that retention of protein structure and function are related, and that the extent of retention of protein structure and activity on carbon nanotubes is protein specific.

In addition to water-insoluble conjugates formed by non-covalently attaching proteins onto the nanotubes, we have also designed active and water-soluble nanotube–protein conjugates in which the protein is covalently attached to the nanotube (Figure 5.1b). We first synthesized water-soluble MWNT–SBP conjugates by a covalent attachment method [32]. MWNT–SBP conjugates were prepared with an enzyme loading of at least 0.15 mg/mg of MWNT; the resulting conjugates were active (see Table 5.3a) and stable in solution for as long as a week. The conjugates were tested for their activity with *p*-cresol as the substrate, which followed conventional Michaelis–Menten kinetics; the kinetic parameters obtained are shown in Table 5.2. To further characterize the nanotube–enzyme conjugates, we employed Hammett analysis, which can be used to probe local structural perturbations in the active site of the enzyme. Kinetic parameters for native SBP and MWNT–SBP conjugates were determined by activity measurements against a range of phenolic substrates with varying electronic parameters. Hammett coefficients ( $\rho$ ), in each case, were then determined using these kinetic parameters in Eq. (5.1):

$$\log\left(\frac{V_{\max}}{K_{\rm M}}\right) = \sigma\rho + \text{constant},\tag{5.1}$$

where  $\sigma$  is the substrate electronic parameter (whose values vary between -0.24 and +0.24 for electron donating [*p*-OC<sub>2</sub>H<sub>5</sub>, *p*-CH<sub>3</sub>] and electron withdrawing [*p*-CH<sub>2</sub>OH, *p*-Cl] phenolic substrates),  $V_{\text{max}}$  is the maximum reaction rate, and  $K_{\text{M}}$  represents the Michaelis constant. We obtained nearly identical values of Hammett coefficients for native SBP and MWNT–SBP conjugates (-1.6 ± 0.1 and -1.5 ± 0.2, respectively), indicating that SBP retains its intrinsic active site structure in MWNT–SBP conjugates.

We also recently reported the design and characterization of water-soluble conjugates of SWNTs with enzymes [33]. We were able to obtain high protein loadings (up to 1.3 mg/ mg of SWNT; see Table 5.3b). The combination of high solubility and high enzyme loading enabled a detailed spectroscopic characterization of protein structure in the conjugates, which complements the kinetic analysis shown in Table 5.3b.

Figure 5.3 shows far-UV circular dichroism (CD) spectra for native horseradish peroxidase (HRP), covalently attached SWNT–HRP conjugates, and oxidized SWNTs alone. Quantification of the  $\alpha$ -helix content by measuring the mean residue ellipticity at 222 nm indicated that HRP attached to SWNTs retained 68% of its native  $\alpha$ -helix content (Table 5.3b); consistent with the significant retention of HRP activity [33].

	$V_{\rm max} ({ m mM} { m mg}^{-1} { m s}^{-1})$	$K_{\rm M}$ (mM)	$V_{\rm max}/K_{\rm M}~({\rm mg}^{-1}~{\rm s}^{-1})$
Native SBP	45.1	4.9	9.2
MWNT-SBP	24.8	7.2	3.4

 Table 5.2. Kinetic parameters for native SBP and MWNT–SBP conjugates.

 (Reprinted with permission from Asuri et al. [32].)

**Table 5.3.** Loading values for various enzymes when attached covalently to MWNTs and SWNTs.

Enzyme	Loading (mg enzyme/ mg MWNT)	Relative activity (%)
SBP	0.172	55 ± 5
SC	0.168	$54 \pm 4$
CALB	0.203	$58\pm7$

Table 5.3a

SBP soybean peroxidase, SC subtilisin Carlsberg, CALB Candida antarctica lipase B

Enzyme	Loading (mg enzyme/mg SWNT)	Relative activity (%)	Relative structure (%)
HRP	1.3	49 ± 5	68 ± 4
SC	1.3	$53 \pm 4$	$76 \pm 3$
Lys	1.2	$43 \pm 6$	$63 \pm 3$

Table 5.3b

HRP horseradish peroxidase, SC subtilisin Carlsberg, Lys lysozyme



Figure 5.3. Far-UV CD spectra of native HRP (*empty circles*), HRP–SWNT conjugates (*filled circles*), and oxidized SWNTs alone (control; *filled squares*). (Reprinted with permission from Asuri et al. [33]).

### 5.3. Enhanced Protein Stability on Nanomaterials

The results described in Sect. 5.2 indicate that proteins can retain a significant fraction of their native activity when attached to nanoscale supports; the extent of such retention depends both on the protein and on the physicochemical properties of the nanomaterial. However, we have recently found that nanoscale supports can also *enhance* protein stability in harsh environments to a significantly greater extent than on macroscopic supports [34, 35]. This finding may be useful for preparing conjugates for incorporation into biomaterials for implants, preparation of functional coatings, and designing drug delivery systems.

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As shown in Figure 5.4, SBP adsorbed onto SWNTs was significantly more stable under harsh denaturing conditions (e.g., 95°C or 100% methanol) than native SBP or SBP adsorbed onto conventional flat supports such as graphite flakes. SBP was ca. two times more stable on SWNTs than on relatively flat supports, under both conditions (Figure 5.4a, b).

We hypothesized that the enhanced stability of SBP resulted from a decrease in protein–protein interactions, one of the important factors that induce protein denaturation under harsh conditions. As depicted in Figure 5.5, a highly curved support, such as SWNTs,



**Figure 5.4.** Time-dependent deactivation of native SBP (*open circles*) and SBP on various supports – SWNTs (*filled circles*), highly ordered pyrolytic graphite (HOPG) (*diamonds*), self-assembled monolayer (SAM) of undecanethiolate on gold (*squares*), and graphite flakes (*triangles*) (**a**) at 95°C and (**b**) in 100% methanol. The activities were normalized relative to the initial activity (activity at t = 0 min). Figure 5.4b does not contain percent activity data for native SBP as the enzyme showed no activity in 100% methanol. (Reprinted with permission from Asuri et al. [34]).



**Figure 5.5.** Schematic depicting the reduced lateral interactions between enzyme molecules on a cylindrical support, namely SWNT, compared with that observed on a flat graphite support. (Reprinted with permission from Asuri et al. [34]).

suppresses unfavorable lateral protein–protein interactions by keeping adjacent enzyme molecules separated. Specifically, a geometric model was developed wherein the center-to-center distance between neighboring molecules, measured along the circumference of the particle, is given by Eq. (5.2):

$$x'_{\rm c} = \frac{\left(R+r\right)}{R}x,\tag{5.2}$$

where *R* is the radius of the nanomaterial, *r* represents the average radius of an enzyme molecule, and *x* signifies the distance between adjacent proteins (measured along the protein–substrate interface). As depicted in Figure 5.5, for the same value of *x*, the center-to-center distance between adjacent molecules increases on highly curved cylindrical nanomaterials. As a result of this increased separation distance, there may be reduction in the interaction, which could in turn lead to the decrease in protein deactivation. In other words, this curvature effect could contribute to the greater protein stability on nanosupports when compared with that on a flat support.

To support the hypothesis that the observed stability was indeed a result of reduced protein–protein interactions, deactivation constants for SBP adsorbed onto SWNTs and graphite flakes were determined at different fractional surface coverage values on these supports. At low surface coverage where protein molecules are spaced far apart, protein–protein interactions would be nearly absent, resulting in similar rates of deactivation, irrespective of the support used for protein immobilization (as shown in Figure 5.6). On the other hand, at higher surface coverage, protein molecules are closer together, thereby leading to a greater likelihood of unfavorable protein–protein interactions that would enhance the rate of protein deactivation. Importantly, at higher surface coverage, SBP on SWNTs showed less protein deactivation compared with SBP on graphite flakes (Figure 5.6), thus demonstrating that surface *chemistry* is less critical than surface curvature in affecting protein stability [34].

To gain additional mechanistic insights, we introduced a dimensionless parameter  $\varepsilon$  to capture the effect of both surface curvature and surface coverage on protein–protein interactions. We determined the value of  $\varepsilon$  by taking into account the geometric mean of center-to-center distances between adjacent proteins measured along the two orthogonal axes (*S*). This



**Figure 5.6.** Deactivation constants for SBP adsorbed onto SWNTs (*circles*) and graphite flakes (*triangles*) as a function of surface coverage (**a**) at 95°C and (**b**) in 100% methanol. The deactivation constant is defined as the first-order exponential decay constant (k) in the equation  $A/A_0 = \exp(-kt)$ , where A and  $A_0$  are the enzymatic activities at time t = t and t = 0, respectively; k is determined from the slope of a straight-line fit through the plot of  $\ln(A/A_0)$  versus time. (Reprinted with permission from Asuri et al. [34]).



**Figure 5.7.** Influence of average center-to-center distance between adsorbed proteins on deactivation rate. Deactivation constants for SBP adsorbed onto SWNTs (*circles*) and graphite flakes (*triangles*) at 95°C plotted as a function of the dimensionless variable  $\varepsilon$ . (Reprinted with permission from Asuri et al. [34]).

mean value (S) in the case of a flat and a cylindrical support is given by  $(x_t'y_t')^{1/2}$  and  $(x_c'y_c')^{1/2}$ , respectively, where  $x_t'$  and  $y_t'$  are center-to-center distances between neighboring molecules measured along the x and y axes, respectively, on a flat support, and  $x_c'$  and  $y_c'$  are the distances corresponding to protein molecules on a cylindrical support. Clearly, S is greater in the case of a cylindrical support compared with its flat counterpart as a result of surface curvature (Figure 5.5). The dimensionless parameter  $\varepsilon$  is then determined from the equation:  $\varepsilon = S/S_m$ , where  $S_m$  is the value of S calculated on a flat support at maximum surface coverage.

In Figure 5.7, the deactivation rate constants are plotted as a function of  $\varepsilon$  that now takes into account both surface coverage and surface curvature. The observed collapse of the data onto a single curve (Figure 5.7) provides strong evidence supporting our hypothesis. While a cylindrical support is curved in one dimension, spherical particles are curved in all dimensions, which should lead to even greater enhancement in protein stability due to further suppression of protein–protein interactions. Indeed, our recent experimental results support this hypothesis (data not shown) [35].

## 5.4. Functional Materials

In addition to an improved understanding of protein–nanotube conjugate structure, function, and stability, we have demonstrated various applications of such highly active and stable conjugates, which include self-cleaning nanobiocomposite films, interfacial biocatalysis in biphasic media, and nanomaterials assembly, among others.

### 5.4.1. Polymer–Nanotube–Enzyme Composites for Antifouling Applications

As discussed in Sects. 5.2 and 5.3, nanotube–enzyme conjugates were found to be active and highly stable. In this section, we show that nanotubes serve as ideal supports for incorporating enzymes into polymeric matrices due to their large surface area that leads to large functional enzyme loadings and to their high aspect ratio, which aids in the retention of enzyme–nanotube conjugates in the matrix. We recently described the generation of highly

stable and active polymer–nanotube–enzyme composites that prevent fouling of material surfaces by proteins [36]. These nanocomposite films contained proteases that carried out proteolytic degradation of adsorbed proteins thereby preventing nonspecific protein adsorption. We demonstrated the ability of these nanocomposites to prevent fouling by two proteins, specifically human serum albumin (HSA) and fibrinogen, that are present in blood plasma and readily adsorb onto most surfaces. Composites incorporating conjugates of nanotubes with proteases such as subtilisin Carlsberg (SC) and trypsin (TRY) showed significant reduction in protein fouling (as shown in Figure 5.8). Further experiments were conducted using dextranase to test the films for hydrolysis of glucan-based polymers that are the major constituents of biofilms (data not shown).

Such antifouling nanocomposite films may ultimately find use in preventing the fouling of a variety of material surfaces ranging from membranes (for downstream bioprocessing and water purification) to medical instruments and implantable materials.

### 5.4.2. Nanotube-Assisted Protein Deactivation

A number of nanomaterials, including nanoshells and carbon nanotubes, strongly absorb near-infrared (NIR) light (700–1,100 nm) [22, 37, 38]. Since biological systems are



**Figure 5.8.** Antifouling properties of polymer–nanotube–enzyme composite films. (a) Schematic of preparation of biocatalytic films. (b) Amount of HSA adsorbed onto poly(methyl methacrylate) (PMMA) films (control; *red open circles*), PMMA–SWNT–SC films (*black-filled circles*), PMMA–SWNT–SC–TRY films (*blue-filled squares*), SWNT–SC–TRY buckypaper (*grey-filled triangles*), PMMA–SWNT–SBP (control films containing nonproteolytic enzyme; *red-filled circles*), and PMMA–SWNT–SC–TRY–PMSF films (control films containing protease conjugates preincubated with a serine protease inhibitor, phenylmethansulfonyl fluoride [PMSF]; *blue open squares*). (c) Amount of HSA adsorbed onto paint films (control; *red open circle*), paint–SWNT–SC–TRY films (*blue-filled squares*). (c) Amount of HSA adsorbed onto paint films (control; *red open circle*), paint–SWNT–SC–TRY films (*blue-filled squares*). (c) Amount of HSA adsorbed onto paint films (control; *red open circle*), paint–SWNT–SC–TRY films (*blue-filled squares*). (c) Amount of HSA adsorbed onto paint films (control; *red open circle*), paint–SWNT–SC–TRY films (*blue-filled squares*). (Reprinted with permission from Asuri et al. [36]).

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relatively transparent in this range of wavelengths, these nanomaterials have been utilized for NIR thermal therapy of tumors wherein the localized generation of heat, resulting from NIR irradiation of nanomaterials, causes cell death [22, 38]. We decided to test whether the ability of carbon nanotubes to absorb NIR radiation could also be used to provide local control over the activity of adsorbed proteins [39].

We adsorbed the enzyme alcohol dehydrogenase (ADH) from aqueous buffer onto SWNTs. ADH remained catalytically active on SWNTs, with specific activity ca. 70% relative to that of native ADH in aqueous buffer. To test the influence of NIR irradiation on enzyme activity, a solution of the SWNT–ADH conjugates in phosphate buffer was transferred to a quartz cuvette and exposed to radiation from a continuous wave laser at room temperature. Aliquots were removed periodically, and the enzymatic activity was determined. As shown in Figure 5.9, NIR irradiation resulted in a significant loss of enzymatic activity of SWNT–ADH conjugates. In contrast, NIR irradiation of a solution of ADH alone did not result in a loss of enzymatic activity.

Interestingly, this NIR-induced deactivation of ADH was inhibited in the presence of free radical quenchers, thus suggesting that the mechanism of protein deactivation was photochemical, i.e., mediated by reactive oxygen species (ROS) generated upon irradiation of SWNTs. We also confirmed that this phenomenon was broadly applicable by demonstrating the ability to deactivate protease SC, another protein different from ADH in function, and by using MWNTs instead of SWNTs [39].

This unique property of carbon nanotubes enables the nanotube-assisted protein deactivation to be exploited in a variety of contexts. As a first demonstration, we functionalized MWNTs with a peptide that binds to the heptameric subunit of the anthrax toxin. On exposing a solution containing a mixture of the polyvalent, functionalized MWNTs, the anthrax toxin heptamer, and ADH (an unrelated protein) to NIR radiation, we were able to selectively destroy the anthrax toxin heptamer [39]. This selective polyvalent recognition and destruction strategy may be broadly applicable for the neutralization of bacterial and viral pathogens and toxins.

Our next demonstration exploited the ability of carbon nanotubes to form ultrathin, flexible, and transparent films [40]. Hydroxyl radicals and superoxide anions are known to cause protein fragmentation and amino acid modification [41]. We therefore reasoned that



**Figure 5.9.** Retention of activity of SWNT–ADH conjugates (*filled triangles*) and native ADH (*open squares*) with NIR irradiation at room temperature, and of SWNT–ADH (*open circles*) conjugates at 60°C without NIR irradiation. (Reprinted with permission from Joshi et al. [39]).

these transparent films may self-clean (e.g., eliminate protein fouling) on exposure to either NIR or even visible radiation. To that end, we fabricated nanotube films that were optically transparent and exposed them to a solution of a model protein, bovine serum albumin (BSA), followed by exposure to either NIR or visible radiation. Exposure of these films to radiation eliminated protein fouling as confirmed by several characterization techniques [39].

The ability to generate ultrathin, transparent coatings that self-clean on exposure to visible light would be particularly advantageous in a variety of both indoor and outdoor applications.

## 5.4.3. Protein-Mediated Formation of Nanotube–Nanoparticle Hybrid Materials

Nanotube–protein conjugates can also mediate the formation of hybrid nanotube– nanoparticle conjugates [42]. Furthermore, this process does not require any functionalization of the nanotube surface and preserves its properties, which may be important for applications of these materials. Along these lines, we prepared MWNT conjugates of a variety of polypeptides and proteins, specifically poly-L-lysine (PLL), BSA,  $\alpha$ 1-acid glycoprotein (AGP), and SBP, and tested their ability to mediate the formation of silver nanoparticles. The conjugates were exposed to a solution of silver nitrate for 24 h in the dark, washed, and treated with sodium borohydride, a reducing agent. Characterization by transmission electron microscopy (TEM) and energy dispersive X-ray (EDX) spectroscopy indicated that PLL and BSA mediated the formation of silver nanoparticles when adsorbed onto nanotubes, whereas glycosylated proteins such as SBP and AGP mediated the formation of silver nanoparticles only upon deglycosylation (Figure 5.10). Moreover, when silver nanoparticle conjugates were formed using conjugates of nanotubes with deglycosylated SBP (d-SBP), the enzyme retained significant activity, making such a mechanism an attractive approach for preparing hybrid multifunctional nanomaterials.

### 5.4.4. Nanotube-Directed Interfacial Biocatalysis

Production of various pharmaceuticals and fine chemicals involve biphasic biocatalytic reactions of water-insoluble compounds. The rate of phase transfer biocatalysis, however, is limited by mass transfer of the substrate from the organic phase into the aqueous phase. Therefore, interfacial adsorption of enzymes is desired to carry out biotransformations at the aqueous–organic interface. However, interfacial adsorption of enzymes is one of the main sources of protein inactivation, which can be reduced by decreasing either the enzyme concentration or the interfacial area, both of which cause reduction in the rate of biocatalytic reactions and product yield.

Nanomaterials such as SWNTs can be directed to aqueous–organic interfaces with the aid of surfactants. SWNTs have a high intrinsic surface area without any intraparticle diffusional limitations. As a result, the nanotube-mediated interfacial assembly of enzymes can be very advantageous in directing greater amounts of enzymes from the bulk aqueous phase to the interface and increasing the stability of enzymes against inactivation [43].

Asuri et al. [43] prepared an aqueous dispersion of purified SWNTs, as per a previously described protocol [17]. When contacted with an equal volume of hexane (or isooctane, CHCl<sub>3</sub>, or CH<sub>2</sub>Cl<sub>2</sub>) containing a 2-mM concentration of the anionic surfactant Aerosol-OT (AOT), the SWNTs were transferred from the aqueous phase (Figure 5.11a) to the interface (Figure 5.11b). Thus, nanotubes can serve as carriers to transport proteins to an aqueous–



**Figure 5.10.** TEM showing the ability of proteins to selectively mediate the formation of silver nanoparticles. TEM images (a) and (c) show silver nanoparticles formation on nanotubes mediated by PLL and deglycosylated SBP (d-SBP), respectively. Image (b) corresponds to MWNT–SBP indicating the inability of the glycosylated protein to mediate nanoparticle formation. The absorbance versus time plot in panel (d) presents the enzymatic activity of d-SBP (*open triangles*), MWNT–d-SBP (*filled triangles*), MWNT–d-SBP–nanoparticle hybrids (*open circles*), and solution without enzyme (*filled circles*). (Reprinted with permission from Bale et al. [42]).

organic interface. For example, using a model hydrophobic peroxidase substrate, *p*-cresol (soluble in the organic phase), and the hydrophilic  $H_2O_2$  (soluble in the aqueous phase), the SWNT–SBP conjugates assembled at the hexane–water interface and showed catalytic activity. The initial rate of reaction was at least three orders of magnitude higher than that observed with identical enzyme concentrations for either native SBP or SWNT–SBP in the aqueous phase of a biphasic system in the absence of AOT, or for native SBP in the aqueous phase in the presence of AOT. In addition to enhancing the rate of interfacial biotransformations, the nanotubes also enhance enzyme stability at higher temperatures and facilitate long-term storage at the interface.

Thus, the confluence of the three properties afforded by nanomaterials like SWNTs, specifically their high surface area, ability to assemble at the aqueous–organic interface, and absence of intraparticle diffusional limitations, can be employed to assemble SWNT–enzyme conjugates at the aqueous–organic interface, and facilitate interfacial biotransformations.



**Figure 5.11.** Photographs demonstrating the assembly of SWNTs at an interface: (a) suspension of SWNTs in water and (b) interfacial assembly of SWNTs on addition of a solution of AOT in hexane (2 mM) to the aqueous dispersion of SWNTs. (Reprinted with permission from Asuri et al. [43]).

### 5.4.5. Solubilization of SWNTs Using Proteins

Water-insoluble SWNTs could be solubilized by ultrasonicating a mixture of proteins and nanotubes [44]. The proteins essentially act as pseudosurfactants that facilitate solubilization of the intrinsically hydrophobic carbon nanotubes in water (Figure 5.12a). The ability to achieve dispersion at the individual nanotube level was confirmed by using multiple complementary techniques such as ultraviolet-visible (UV-Vis) spectroscopy, Raman spectroscopy, and AFM. Figure 5.12b shows UV-Vis spectra of aqueous dispersions of SWNTs prepared using three different methods. The spectrum for aqueous solution of pristine SWNTs without any dispersing agent was featureless (data not shown) indicating the presence of SWNT aggregates. Conversely, sharp and well-resolved peaks were observed for SWNTs solubilized using the proteins BSA and *Mucor javanicus* lipase (MJL); such spectra are characteristic of solutions containing SWNTs in debundled and individually dispersed form (Figure 5.12b). As a positive control, we prepared a uniform dispersion of SWNTs using the surfactant sodium dodecylbenzene sulfonate (NaDDBS), which showed a similar UV-Vis spectrum (Figure 5.12b). Further analysis using Raman spectroscopy was consistent with UV-Vis spectroscopy results, confirming the solubilization of nanotubes (data not shown). SWNT–BSA conjugates were further characterized by AFM, which also revealed the presence of individually dispersed SWNTs (Figure 5.12c).

Formulations containing such solubilized nanotubes may be useful for applications in biomedical engineering, such as the processing of nanocomposite biomaterials. In addition, the wide variety of functional groups present on adsorbed proteins could be used as orthogonal reactive handles for further functionalization of the carbon nanotubes. Furthermore, biorecognition properties of proteins may also be used in preparing self-assembled nanostructures and materials composed of SWNTs.

### 5.4.6. DNA Degradation by MWNT–DNAzyme Hybrids

In nature, certain small single-stranded DNA fragments are known to possess catalytic activity, e.g., endonuclease-type activity, and hence are called "DNAzymes" [45]. Conjugating such



**Figure 5.12.** (a) Photographs of SWNT dispersed (*left* to *right*) in water without protein, water with BSA, and water with MJL. (b) UV-Vis absorption spectra of SWNTs dispersed in water using NaDDBS (*black, dashed line*), BSA (*red, solid line*), and MJL (*blue, dash–dot line*) (c) Height image of SWNT–BSA. The scale bar represents 100 nm. Line scan revealed that the diameter of the SWNT is ~1 nm. (Reprinted with permission from Karajanagi et al. [44]).

DNAzymes with nanomaterials has resulted in the development of biosensors to detect metal ions and nucleic acids as well as strategies for directing nanoparticle assembly [46, 47]. We have studied the generation and characterization of MWNT–DNAzyme conjugates, which might provide novel opportunities as templates for nanoscale assembly and as vectors for gene delivery [48].

Yim et al. [48] covalently attached streptavidin to acid-treated MWNTs using *N*-ethyl-*N'*-(3-dimethylaminopropyl)carbodiimidehydrochloride(EDC)–*N*-hydroxysuccinimide (NHS) chemistry, followed by the binding of biotinylated DNAzyme to yield MWNT–DNAzyme conjugates that were soluble in aqueous buffer. The DNAzyme used was a 38-mer, which gets activated in the presence of  $Pb^{2+}$  ions; the substrate for this DNAzyme consisted of a 20-mer labeled with 6-carboxyfluorescein (FAM) at its 5' end, also incorporating a ribonucleotide. The activated DNAzyme cleaved the substrate at the ribonucleotide position to give two double-stranded DNA fragments.

The MWNT–DNAzyme conjugates followed Michaelis–Menten kinetics when the substrate concentration was higher than that of DNAzyme (Figure 5.13). The conjugates showed multiple turnover kinetics in more than 400 catalytic turnovers of the DNAzyme. There was essentially no deactivation of DNAzyme on the MWNT conjugates; moreover, there was no need to heat up and cool the MWNT–DNAzyme conjugate to hybridize and then cleave substrate DNA [48].

The catalytic activity and selectivity of MWNT–DNAzyme conjugates may be useful for the directed assembly of nanomaterials into functional 3D architectures and for the development of therapeutics that rely on the RNA cleaving ability of DNAzymes and the delivery capability of nanotubes [49].



**Figure 5.13.** Catalytic activity of MWNT–DNAzyme conjugates. The line represents a nonlinear fit of the Michaelis–Menten expression to the data. The inset shows analysis of the extent of conversion of the fluorescently labeled substrate DNA by polyacrylamide gel electrophoresis (PAGE), with the *upper band* representing uncleaved DNA and the *lower band* representing cleaved fragments. (Reprinted with permission from Yim et al. [48]).

# 5.5. Conclusion and Future Directions

While we have shown the ability to characterize protein structure and function in protein–nanomaterial conjugates, it is also useful to characterize the orientation of proteins on the nanomaterial surface. Measurements of hydrogen–deuterium exchange by solid-state nuclear magnetic resonance spectroscopy and liquid chromatography mass spectrometry show promise in investigating the structure and orientation of proteins on nanomaterials [50, 51]. Furthermore, conjugates prepared with nanoparticles varying in size and surface properties could also help to elucidate the relationship between the physicochemical properties of the nanomaterial and the structure and function of attached proteins. Collectively, these studies will provide control over the orientation and function of proteins attached to nanomaterials thereby helping in designing novel and optimal hybrids for various applications.

Because biomolecule–nanomaterials conjugates possess significant potential as key components of biosensors, gene delivery systems, nanomaterial assemblies, etc., we continue to explore different areas where these functional composites may be of use. One interesting opportunity involves the design of enzyme-based self-decontaminating antimicrobial coatings, which could be used to avoid the fouling of bioimplants and to thwart the transmission and proliferation of pathogens in hospital settings. It is known that the interaction between the surface of a material and the proteins and polysaccharides present on microbial surfaces facilitate microbial adhesion and proliferation, which in turn leads to biofouling. We have already demonstrated the antiprotein-fouling properties of protease-containing nanobiocomposite films [36]; we believe that polymer coatings containing a suite of enzymes could be used to prepare antimicrobial films. Furthermore, the ROS-generating capabilities of nanotubes could also be used to design coatings that are effective not only against proteins but also against other contaminants including organic compounds, bacteria, and viruses. The design of such novel materials is underway in our laboratories.

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# Phage Display as a Strategy for Designing Organic/Inorganic Biomaterials

# Sharon Segvich and David H. Kohn

To extend and optimize the performance of biomaterials, better control of biofunctionality is needed. In this chapter, we focus on the integration of peptides into biomaterials as a strategy for providing a biomaterial with greater ability to control subsequent protein, cell, and tissue responses. The focus of this chapter is on phage display, a high-throughput selection technique used to identify peptides that have preferential affinity to a specific material or cell type. The use of phage display provides a genetic engineering platform for designing new materials at the nanoscale. The basics of the phage display technique are presented, and postprocessing approaches to analyze the combinatorial data derived from phage display are discussed. Specific examples of the use of phage display with calcium phosphate biomaterials are presented, as are examples from the use of phage display to define amino acid sequences that preferentially bind to specific cell types. Data from multiple phage pannings can be used to create dual-functioning peptides that serve as linkers between the organic and inorganic worlds.

### Abbreviations

BLM	bone-like mineral
CN	carbon nanotubes
DNT	2,4-dinitrotoluene
ECM	extracellular matrix
ELISA	enzyme-linked immunosorbent assay
FASTA	DNA and protein alignment software
PEG	polyethylene glycol
PPyC1	chlorine-doped polypyrrole
RELIC	REceptor Ligand Contacts

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# 6.1. Introduction: Biomaterials Development and the Need for More Robust Approaches to Control Protein, Cell, and Tissue Responses

Historically, most biomaterials have had their origins in other fields and only secondarily found utility in medicine and dentistry. For example, high-strength alloys used in joint replacements were first developed in the aerospace field, and acrylic bone cement was developed in the paint industry. Although many such materials have functioned well, few interact with their surrounding host environment or promote integration with host tissue in an intelligent and proactive fashion. The desire to implement more biological approaches toward biomaterials design such that materials can provide instructions has led to an expansion and paradigm shift in the field of biomaterials in the last two decades. Many biomaterials are now being rationally designed to interact with the biological milieu they will encounter in vivo and, in some cases, facilitate tissue regeneration.

Biomaterial systems that can promote tissue regeneration should satisfy the following design requirements [1, 2]: (1) biocompatibility; (2) conductivity for attachment and proliferation of committed cells or their progenitors, and production of new, functional extracellular matrix (ECM); (3) ability to incorporate inductive factors to direct and enhance new tissue growth; (4) support of vascular ingrowth for transport of oxygen and biomolecules; (5) mechanical integrity to support loads at the implant site; (6) controlled and predictable degradation into nontoxic species that are easily metabolized or excreted; and (7) simple and inexpensive processing into irregular three-dimensional (3D) shapes of sufficient volume to fill clinically relevant tissue defects. Integration of these criteria into a single material presents design challenges that require more biomimetic complexity than many of the current simplified ECM mimics can provide.

The first generation of biomaterials that mimicked structural and/or functional aspects of ECMs and satisfied a subset of the design requirements listed earlier in this section included both organic and inorganic biomaterials: copolymers of poly(lactic–glycolic acid) [3], collagen [4], polyphosphazenes [5], polyurethanes [6], polycaprolactone [7], polyethylene glycol (PEG) [8], poly(propylene fumarate) [9], starch-based materials [10], alginate [11], silk [12], bioactive glasses and glass ceramics [13, 14], calcium–phosphate ceramics [15–17], and composites of calcium–phosphates and collagen [4] or synthetic polymers [18–21]. Varying the material properties of a biomaterial, such as composition, topology, and crystallinity can lead to a significant variation in a number of cell functions in vitro, including cell attachment, cell proliferation, RNA transcription, and protein synthesis [1, 13,14, 22–28]. The material properties of a biomaterial can also significantly affect cell differentiation, the rate and amount of tissue formation, and the duration and magnitude of inflammatory responses in vivo [1, 16, 22, 29, 30].

To extend the performance of biomaterials beyond the capabilities of what these firstgeneration materials can provide and to incorporate more of the above design criteria into a single material, better control of biofunctionality is needed. The specific microenvironment that interacts with the material must be considered in the design process, such that in vivo functionality and tissue remodeling can be maintained in the long-term.

Biomaterial modification can take on different levels of complexity, resulting in increasing levels of physiological replication and functionality. One approach is to capitalize on the instructive cues inherent in natural ECMs; in fact, variations of ECM molecules serve as one basis for formulating biomaterials [31, 32]. Surface and bulk chemical modifications of

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synthetic materials can also help control cell–material interactions and enhance tissue integration. These chemical modifications include changes in hydrophilicity and surface functionalization with charged groups [33, 34], supramolecular self-assembly [35–38], and development of materials that bind and release soluble factors [39–43]. Incorporation of insoluble ligands and cell recognition sequences from peptides, as well as attachment of larger proteins, are also key strategies to impart communication between a material and cells [33, 44–47]. Strategies based on physical, rather than chemical cues, include reproduction of the nanoscale topology of natural ECMs [31, 32, 48] and superposition of mechanical cues [49].

In this chapter, we focus on the integration of peptides into biomaterials as a strategy for providing a biomaterial with greater ability to control protein, cell, and tissue responses. Starting with a discussion of the rationale for utilizing peptides over larger proteins and the physiological importance of using peptides as a component of a biomaterial, we next focus on the high-throughput technique of phage display as a tool to discover peptides that have preferential affinity to specific materials. Following a general presentation of the phage display technique and postprocessing approaches to analyze the combinatorial data derived from phage display, we present specific examples of the use of phage display with calcium phosphate biomaterials. We next discuss the analogous use of phage display to define amino acid sequences that preferentially bind to progenitor cells. Finally, we discuss how data from multiple phage pannings can be used to create dual-functioning peptides that serve as linkers between the organic and inorganic worlds. The objective of this chapter is to discuss the use of the phage display technique as a means of linking cells to biomaterials in a more rational manner via the discovery of linker peptides.

Peptide sequence	Derived from	Proven function	Reference
RGD	Multiple proteins	Relevant to bone engineering, RGD enhances cell adhesion and differen- tiation into bone, cartilage, neural, and endothelial tissue	[53–59]
FHRRIKA	Heparin-binding domain	Increases osteoblast adhesion and mineralization	[60]
KRSR	Heparin-binding domain	Increases osteoblast adhesion and mineralization	[53]
YIGSR	Laminin	Increases human foreskin fibroblast adhesion	[66]
IKVAV	Laminin	Increases neurite extension	[61]
REDV	Fibronectin	Increases endothelial cell adhesion	[67]
KHIFSDDSSE	Neural cell adhesion molecules	Increases astrocyte adhesion	[68]
VPGIG	Elastin	Increases stiffness of synthetic matrices	[64]
SVSVGMKPSPRP	Phage display	High selectivity toward hydroxyapatite and tooth enamel	[117]
VTKHLNQISQSY	Phage display	High selectivity toward hydroxyapatite and bone-like mineral (BLM)	[47]

Table 6.1.	List of peptides	discussed in	this chapter and	their proven functions.
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(continued)

Peptide sequence	Derived from	Proven function	Reference
CRKRLDRNC	Phage display	Interacts with IL-4 receptor on endothelial cells, macrophages, and smooth muscle cells	[131]
THRTSTLDYFVI	Phage display	High selectivity toward polypyrrole that increases adhesion of PC12 cells	[81]
STFTKSP	Phage display	Homes to primitive hematopoietic progenitor cells in bone marrow	[98]
WYRGRL	Phage display	Binds to collagen IIa1	[93]
ASSLINA	Phage display	Binds to both skeletal and cardiac tissue	[97]
CAGALCY	Phage display	Targets brain tissue	[94]

 Table 6.1.
 (continued)

### 6.2. Peptide–Biomaterial Interactions

Functionalizing a surface via either protein or peptide adsorption or attachment can increase binding of specific cell receptors. Incorporation of proteins or their subsequences into the backbone of a polymer can control processes, such as cell differentiation and matrix synthesis. Proteins, growth factors, and peptides have been either ionically or covalently attached to biomaterial surfaces to promote cell adhesion, and, ultimately, the amount of tissue regenerated [33, 40, 47, 50]. While several proteins enhance cell adhesion, proteins are challenging to isolate and prone to degradation [51]. Proteins can also change conformation or orientation because they possess sections with varying hydrophobicities that modulate cellular functions other than adhesion. On the other hand, peptides can mimic the same response as a protein while being smaller, cheaper, and less susceptible to degradation. Peptides may, therefore, have a greater potential for controlling initial biological response to a material, because they can contain specific target amino acid sequences and can permit control of hydrophilic properties through specific sequence design [52].

In addition to its structural role, the ECM contains adhesive ligands, such as fibronectin, vitronectin, and, laminin that direct cell function. Identification of peptide sequences within proteins that are responsible for cell adhesion led to the development of peptidefunctionalized biomaterials [44]. Incorporation of peptide motifs containing sequences, such as the arginine–glycine–aspartic acid (RGD)-based sequences, that are recognized by integrin receptors on cell membranes is now a common strategy to enhance the biological functionality of substrates [33, 45, 46]. Materials with appropriate concentrations of RGD-containing sequences can enhance cell adhesion and direct differentiation into cells of the bone [53–55], cartilage [56, 57], neural [58], and endothelial [59] tissues.

Using recombinant DNA technology, synthetic proteins can be designed to mimic specific ECM constituents (Table 6.1). In addition to the ubiquitous RGD sequence, sequences derived from the heparin-binding domain, such as FHRRIKA [60] and KRSR [53], increase osteoblast adhesion and mineralization. Peptide sequences that mimic sections of collagen [50] and of the noncollagenous proteins laminin [61], bone sialoprotein [62], osteopontin [63],

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statherin [63], elastin [64], and osteonectin [65] also increase cell adhesion, proliferation, and lineage-specific progenitor cell differentiation. A noninclusive list of synthetic sequences used in tissue engineering and their functions includes: YIGSR, derived from laminin, increases human fibroblast adhesion [66]; IKVAV, derived from laminin, increases neurite extension [61]; REDV, derived from fibronectin, increases endothelial cell adhesion [67]; KHIFSDDSSE, derived from neural cell adhesion molecules, increases astrocyte adhesion [68]; and VPGIG, derived from elastin, increases stiffness of synthetic matrices [64].

In addition to using recombinant technologies to synthesize peptide sequences found within proteins known to promote a specific biological function, domains within a protein can be deleted to investigate the effect of targeted sequence deletions on the function of the protein. Subsequently, sequences deemed to control a specific function could be synthesized for integration with a biomaterial. The focus of this chapter is, however, on another discovery technique, phage display, a high-throughput selection technique in which a bacteriophage library expressing combinations of either linear or cyclic peptide inserts is used to identify amino acid sequences that have high affinity to either a substrate or a cell type. The use of phage display provides a genetic engineering platform for designing new materials at the nanoscale.

### 6.3. Phage Display as a Selection Technique

Typically, phage display technologies introduce a combinatorial library (on the order of 10<sup>9</sup> sequences) of 7-mer or 12-mer peptide sequences to a molecule, ligand, or material. The phage display technique has been utilized to identify amino acid sequences that recognize specific substrates, serving as a strategy to create biological linkers to bridge biomolecules and synthetic materials at the nanoscale. Targeted inorganic substrates include BaTiO<sub>3</sub> for electronic applications [69], SiO<sub>2</sub> [70], TiO<sub>2</sub> [70], aluminum [71], steel [71], semiconductors [72–74], platinum [75], and silver [76, 77]. Organic substrates include carbon [78,79], helical wrapping of DNA [80], the electrically conductive chlorine-doped polypyrrole (PPyCl) [81], plastics [82], and poly(methyl methacrylate) [83]. The use of phage display is not limited to solid surfaces. To detect volatile organic compounds, phage libraries have been used to identify peptide recognition motifs for 2,4,6-trinitrotoluene (TNT) and 2,4-dinitrotoluene (DNT) and to develop gas-binding assays [84].

In addition to creating functional materials via the adhesion of phage motifs to a synthetic material, M13 phage can be assembled into a material itself. The M13 phage is a nanofiber-like virus that can self-align to form higher-order structures [74, 85–87]. Phage fibers can also be fabricated via wet spinning and electrospinning techniques [88]. The fiberlike organization and specific recognition motifs also allow this phage to coassemble with other molecules. Ordered phage-based materials can be constructed by controlling the concentration of virus and ionic strength of the solution in which the virus is suspended, as well as exogenous forces [86–88].

In the biomedical sector, phage display has been used to identify biological species that selectively bind to polystyrene (*Saccharomyces cerevisiae*; [89]), poly(hydroxybutyrate) (immunoglobulin variable regions of human antibodies; [90]), catheters (*Staphylococcus aureus*; [91]), and carbon nanotubes (CN) for drug delivery [92]. Peptides that target specific tissues, including cartilage [93], brain microvasculature [94], kidney tubules [95], breast vasculature [96], muscle [97], bone marrow [98], cell/organ targets in vivo [99], and malignant cell types [100, 101] have also been identified. In vivo tissue screening via phage display

allows targeted delivery of drugs [102] and imaging agents [103]. Furthermore, phage displays have identified sequences with high affinity to cell lines cultured in vitro [104, 105], enzymes and their inhibitors, DNA, proteins, and specific tissues [52, 106, 107].

Although phage display has been mostly used in identifying enzyme substrates and inhibitors, DNA and protein-binding peptides, tissue-specific peptides, and receptors [52, 106, 107], the principle of the technique can be applied to identifying peptides that have high affinity and specificity to biomaterials.

Introduction of phage display libraries to the research fields of cancer, tissue engineering, and molecular biology has proven fruitful since its debut in 1990 [108]. The concept behind phage display is to create an oligonucleotide insertion mutation on the gene of a virus allowing a library of sequences to be expressed on the exterior protein coat of the phage [109]. After several rounds of panning, or expanding and reintroducing the sequences that adhere, consensus sequences emerge and are identified by DNA sequencing (Figure 6.1). The peptide sequences physically presented on the exterior of the bacteriophage (or phage) coats are the result of a genetic modification within the virion DNA encapsulated within the phage.



**Figure 6.1.** Schematic showing the phage display panning technique in vitro on either a substrate or a cell population. One round of panning includes introducing the parent library ( $\sim 10^{9}$ ) to the substrate or cell population, washing off the phages that do not adhere, and eluting the phages that have high affinity. Multiple rounds of panning can yield consensus sequences identified via DNA sequencing.

This provides the user with a link between the physically presented peptide and the encoded DNA within the virion, allowing simultaneous testing of a vast number of possible peptide sequences (e.g., 10<sup>9</sup> sequences). This simple biopanning approach allows researchers to investigate either stabilized molecules or substrates in vitro in addition to organ and tissue targeting in vivo. Once the phages display library is introduced in vitro, multiple rounds of rigorous washing discard nonadherent phages, allowing highly adherent phages to be eluted and amplified, constituting one round of phage panning. Multiple rounds of panning, typically between three and five rounds, can elucidate phages that physically bind to either the substrate or biological constituent of interest. DNA sequencing of the adherent phages reveals the peptide sequence presented on the phage protein coat. This sequence information is often used to synthesize a peptide, and its affinity to either the material or biological target is verified via peptide adsorption and/or immunohistochemical assays.

If the phage display library is introduced in vivo, targeted organs are often harvested, the bound phages are carefully eluted and amplified, and the amplified phages are reintroduced in vivo, constituting one round of in vivo panning. Similar steps as in in vitro studies are then taken to achieve peptide sequences that home to the targeted tissue.

The biological vehicle that is oftentimes used in phage display combinatorial libraries is the filamentous M13 bacteriophages. M13 bacteriophages are a well understood and characterized strain with three main structural protein regions on the virion, pIII, pVIII, and pVI, which have been manipulated to display random peptides [109]. The most commonly used region is the pIII, which allows presentation of approximately five copies of the randomly generated peptide expressed in either a linear or cyclic manner. In commercial phage display libraries (e.g., from New England Biolabs), the random peptide is fused to the pIII protein coat and is expressed at the N terminus of the pIII, typically with a Gly–Gly–Gly–Ser spacer (Figure 6.2). Commercial libraries contain ~10<sup>9</sup> sequences amplified such that ~55 copies are presented in 10  $\mu$ L of the parent library. The bacterial host used for M13 bacteriophage is typically a strain of *Escherichia coli*.

The technique of biopanning is not limited to combinatorial peptide libraries, as other polypeptide libraries such as immunological protein and cDNA libraries have been also utilized. In addition, the means of peptide display is not limited to bacterial display in eukaryotic



**Figure 6.2.** Schematic of a bacteriophage identifying the protein coat regions encoded in the virion DNA. The phage display library expresses the same random peptide sequence in three to five copies at the pIII end of the bacteriophage. A parent library can have on the order of 10<sup>9</sup> random sequences.

viruses, since yeast, mammalian cells, ribosomes, messenger RNA (mRNA), and DNA display techniques have also been investigated [110].

Phage display combinatorial libraries offer potential in isolating binding peptide sequences from a vast library, making otherwise unfathomable experiments possible [106, 107, 111]. However, as with any biological system, limitations intrinsic to the technique do exist. Phage libraries can express an unequal representation of each amino acid within the library, but are not able to include every peptide combination possible, and oftentimes omit important post-translational modifications such as phosphorylation of serine residues in the parent library. Nonetheless, the array of peptides presented in these libraries provides the opportunity to identify sequences specific to biological molecules, tissues, as well as synthetic and natural materials. It is possible with phage display techniques to identify high adsorbing, nonmodified sequences that could achieve even higher affinity after synthetic phosphorylation.

### 6.3.1. Computational Analysis Tools

Because the phage display experiment involves a biological system that can produce biased results from broth growth conditions and/or ease of sequence fabrication by the bacteriophages, computational tools have been developed to supplement experimentation in order to further analyze phage display data. An example of such a tool is REceptor Ligand Contacts (RELIC), a database designed to advance functional genomics through identification of small molecule-binding regions on proteins (http://relic.bio.anl.gov/programs.aspx). This publicly accessible database allows the user to utilize a statistically based approach in analyzing peptide populations, searching for common motifs, and comparing homologous regions with protein sequences [112]. RELIC is broken into five main categories: translation, characterization of peptide populations, peptide motif identification, comparison of peptide population to known sequence structures, and analysis of either single or multiple FASTA (the DNA and protein sequence alignment software) sequences. Translation involves taking DNA sequences of individual phage plaques and translating them to protein code. Although the program is written for New England Biolabs' libraries, other libraries can be inserted if the start and end vector sequences are known. Characterization of the peptide population provides multiple programs that can provide analysis of amino acid frequency with position within a given peptide population, diversity of a peptide population, and the likelihood of observing sequences by chance based on amino acid composition and position for a given peptide population. Both continuous and discontinuous peptide motifs allowing conservative substitutions can be identified using the peptide motif identification programs. To better link the identified sequences with a protein-ligand interaction, peptides within a population that could be in contact with proteins listed in the Protein Data Base are listed and visually displayed. Sequence alignments between peptides and a given protein sequence list (from text only, no coordinates) can also be generated using the analysis of either single or multiple FASTA sequences. Depending on the aim of the study, one or many of the programs can facilitate data analysis.

Other computational tools exist for evaluating parent libraries and they can be used to estimate diversity [113]. Another computational approach uses genetic algorithms to assign sequence similarity scores for individual sequences in a population of peptides [114]. Computational programs are also available to facilitate the design and construction of randomized unbiased libraries [113]. With increased phage display research, we can only hope to mirror the evolution of a variety of computational tools now available in molecular biology to help us advance our abilities of identifying significant peptide sequences [115].

### 6.3.2. Characterization Techniques

Computational analysis tools are available to aid in the analysis of data sets resulting from phage display experiments; however, characterization techniques to verify that identified peptides are indeed specific binders include analyses ranging from biological assays to computer modeling. The purpose of this section is to give an overview of the techniques researchers are utilizing to support their phage display findings.

The enzyme-linked immunosorbent assay (ELISA), is a common technique used to determine the binding affinity of the isolated and amplified phage binders to both substrate materials and cell sources [47, 116]. High background noise on some substances, such as apatite-based materials, has been reported as one limitation of the ELISA [117]. Another common technique used to visually display the binding of either phage or synthetic peptides uses microscopy to image fluorescently tagged phage or peptides [81, 93, 95, 117]. While this technique can provide qualitative analysis, it is important to couple this technique with a quantitative measure. If a cell source or tissue is being panned against, immunohistochemistry methods can be employed to visually detect phage binding [96–98, 101, 104, 118]. Another powerful instrument commonly used in imaging nanoscale features, the atomic force microscope, is used to determine peptide–substrate binding affinities [81, 116]. Less common techniques include quartz crystal microbalance [70, 90, 117], surface plasmon resonance [90], and circular dichroism [76], which are used to detect phage binding to particles, respectively.

Synthetic peptide fabrication is a logical next step after identifying highly specific phage to either a material or cell of interest, and thus, the adsorption behavior of the peptide should also be thoroughly investigated. Being able to control the amount of peptide that adsorbs to the surface of a substrate is imperative when linking peptide concentration to subsequent cellular function. Controlling the amount of peptide on a surface can be as simple as covalently linking the peptide to a functionalized polymer, but mainly relies on peptide adsorption in the case of ceramic materials that do not have modifiable surface chemistries. Fluorescently tagged or untagged peptide adsorbed to a substrate can be quantified using an adsorption assay that detects the peptide via UV spectrophotometry [47]. Additionally, a fluorescein isothiocyanate tag is a common tag that can be added during or after peptide synthesis. Radiolabeling tyrosine is an alternative to fluorescently tagging a peptide that can also provide quantitative results [119]. Less commonly used peptide quantification methods include x-ray photoelectron spectroscopy and amino acid analysis [53, 120]. Once adsorbed peptide quantities are established, cell functions can be tested using various cell attachment assays [99, 121–123].

Synthetic peptide can also be useful in performing competitive binding studies between either phage and peptides or untagged and tagged peptides, to provide evidence that peptide binding to material, cell, or tissue is being established [93, 95, 101, 104, 117, 124]. Finally, computational modeling of identified peptide sequences on a substrate of interest, with or without water, is another tool useful in determining the utility of the phage data sets [47, 94, 125, 126].

# 6.4. Phage Display on Apatite-Based Mineral

A complete set of sequences known to selectively adhere to each of the variety of biomaterials used in bone tissue engineering would provide the opportunity to more optimally functionalize the material surfaces. An appropriately functionalized material surface could minimize inflammation, deliver biological molecules, and direct tissue growth when implanted in vivo. To achieve this, combinatorial phage display technology has been utilized to elucidate specific sequences or sequence patterns that adhere to biomaterials of interest in orthopedic and dental applications.

Since the osteoconductivity of a bone implant material is improved if the material is either made or coated with an apatite-based material [25, 127], it is of interest to design peptide sequences with preferential adsorption to apatite. Compared with polymer-based materials, apatite-based materials are less amenable to surface modification required for covalent molecular attachment; for this reason, these materials must rely on their inherent material properties to achieve consistent, ionic adhesion of peptides. Post-translational modifications and poly-acidic peptide strings are two strategies that have been used to encourage peptide adhesion to apatite-based materials [62, 65]. Phage display technology can be utilized to identify 12-mer peptide sequences with preferential binding abilities to apatite-based materials, including bone-like mineral (BLM) (Figure 6.3). It has also been suggested that 7-mer peptide sequences have been identified on hydroxyapatite substrates, but limited information on either the substrate preparation or pertinent properties is reported [128, 129]. Another study identified the peptide SVSVGMKPSPRP as having high selectivity toward hydroxyapatite and tooth enamel [117].

The limited number of known peptides that selectively adhere to apatite led the pursuit of sequences that preferentially bind to BLM. Since BLM is a synthetic form of carbonated apatite fabricated at benign physiologic conditions (pH = 6.8; 37°C), it is capable of biomolecular incorporation and positively influences cell spreading [24, 39, 43], making it an



**Figure 6.3.** Representation of the steps utilized to identify peptide sequences with preferential adsorption to substrates via phage display. The analysis techniques listed are used to identify a small number of peptides from the hundreds of phage sequences identified after multiple rounds of phage panning.

important apatite-based substrate to investigate. Specifically, compared with bone sialoprotein-derived peptide  $E_7PRGDT$ , the sequence VTKHLNQISQSY was identified as having increased ability to bind to BLM and hydroxyapatite [47].

Understanding the conformation of peptides and proteins adsorbed to a material surface is imperative to control the presentation of cell adhesion sequences. Therefore, links between surface adsorption density, free peptide in solution, and peptide conformation must be established. For example, an optimal peptide surface density of  $\rho \ge 0.62$  pmol/cm<sup>2</sup> has been reported for a bone sialoprotein-derived peptide covalently attached to quartz [54]. As another example, adsorption of proteins onto hydroxyapatite occurs preferentially on certain mineral faces, specifically the (100) planes [130]. Effects of peptide density and peptide conformation on subsequent cell adhesion have not been studied on mineral surfaces; such information is, however, critical in presenting concentrations and appropriate sequences that will promote cellular responses and functions pertinent to new tissue formation.

Phage display techniques can also be utilized to identify peptide sequences that bind to mineral deposits formed in vivo, such as in atherosclerotic plaques. Identifying peptides that home to calcified plaques in cardiovascular tissue can prove effective in delivering target drugs to the diseased areas. The peptide CRKRLDRNC has been reported as an atherosclerotic plaque-homing peptide that interacts with the interleukin-4 (IL-4) receptor on endothelial cells, macrophages, and smooth muscle cells [131]. Attachment of nanoparticles acting as both drug delivery carriers and imaging probes could advance in vivo imaging of atherosclerotic lesions, as well as have therapeutic benefits. Other pathological mineral systems known to develop in vivo that could potentially benefit from this approach include kidney stones, gallstones, and dental calculus.

Phage display experiments are not limited to ceramics and have been used to identify peptide sequences on polymer substrates. An advantage of most polymer substrates is their modifiable surface chemistry that can be altered to covalently link drugs or therapeutic molecules. However, the polymer polypyrrole, mainly used in neural tissue engineering, does not have a surface group capable of modification; as a result, polypyrrole is a good candidate for surface modification via peptides. A 12-mer phage display library run on polypyrrole isolated the peptide, THRTSTLDYFVI, as a positive binder to polypyrrole that increased adhesion of PC12 cells when the identified peptide was conjugated with an RGD sequence [81].

# 6.5. Phage Display on Cells and the Role of Dual-Functioning Peptides

In order to improve guided tissue formation using peptides, the peptides identified to selectively bind to a material of interest need to be functionalized with a cell-instructive sequence that will promote appropriate cell function for the desired cell lineage needed. This approach encourages the idea of a dual-functioning peptide where one portion of the peptide attaches to the material and the other portion controls cell function, particularly cell adhesion. The usefulness of phage display in cell adhesion has been proven through the isolation of integrin receptor sequences that bind to RGD [99]. Understanding the steps involved in cell adhesion is imperative when trying to modulate function of anchorage-dependent cells using peptides. Cell adhesion progresses in four steps: cell attachment, cell spreading, production of organized actin filaments, and focal adhesion formation [132]. The importance of cell adhesion has been demonstrated in a variety of tissues including the differentiation of myoblasts [133], keratinocytes [134], mammary epithelium [135], and osteoblasts [136]. Since cell



**Figure 6.4.** Representation of the steps utilized to identify peptide sequences with preferential adsorption to cell populations via phage display. The analysis techniques listed are used to identify a small number of peptides from the hundreds of phage sequences identified after multiple rounds of phage panning.

attachment is the first step of adhesion, dual-functioning peptides can aim to improve attachment of cells to the biomaterial. In the process of bone and other tissue repair, establishing cell attachment is essential, as subsequent phenotypic differentiation cannot occur if anchorage-dependent cells do not attach. Before a dual-functioning peptide can be constructed, both ends of the peptide need to be identified; phage display techniques, therefore, can be utilized on cells and tissues to identify appropriate peptide sequences (Figure 6.4).

The cell sequence can be identified either by panning against an in vitro population of cells, or by injecting the phage library in vivo and harvesting target organs. For example, the 7-mer peptide, STFTKSP, was identified via in vivo phage display panning to possess the specific ability to home to primitive hematopoietic progenitor cells in the bone marrow [98]. For cartilage, the peptide sequence, WYRGRL, was found to bind to collagen II $\alpha$ 1 after biopanning against denuded cartilage. Functionalizing such peptides could provide a therapeutic approach in targeting avascular tissue [93]. In another example, phage display was able to identify the peptide, ASSLINA, as a muscle-specific sequence by panning against murine C2C12 myotubes both in vitro and in vivo. This muscle specific sequence binds to both skeletal and cardiac tissue [97]. Phage display was also used to isolate the cyclic sequence, CAGALCY, that targets brain tissue [94]; most importantly, this study demonstrated that this sequence inhibits platelet adhesion to the brain microvasculature.

Ongoing work to identify peptide sequences that adhere to clonally derived human bone marrow stromal cells could benefit dual function peptide design for guided bone regeneration. Such an identified sequence can be attached to an apatite-binding sequence, providing an effective peptide that can increase initial cell attachment, the imperative first step in anchorage-dependent cell viability and function.

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Identification of specific substrate-binding moieties has led to the development of dual-functioning peptides for a diverse range of applications, including digital printing. For this purpose, peptide elements are binding domains for a pigment (cellulose) and for a printing surface (carbon black). Incorporation of a hydrophilic linker in between the binding domains isolates the two-functional elements, allowing dual binding activity [78]. Another use of dual peptides is in drug delivery. By combining peptide motifs that have affinity to the surfaces of CN with peptides that can target specific organs, the CN can be functionalized, leading to CN drug carriers [92]. For cytophobic coatings, amphiphilic macromolecules containing a polystyrene-adherent peptide domain and a cell-repellent PEG domain have been designed [116]. Moreover, a dual-functioning peptide was formulated by linking a phage, with high binding capability, to the electrically conductive polymer PPyCl, to a cell-adhesive sequence to promote cell attachment to PPyCl [81].

# 6.6. Advancing Phage Display in Biomaterials Research – Summary

Developing multifunctioning biomolecules is necessary in biomaterials design if we are to better mimic the ability of nature to fabricate intricate tissues in situations that require either repair or restoration. In this chapter, we present phage display as a lesser-used discovery technique that can potentially identify useful peptide sequences to be used in drug targeting, establishing a union between two substrates, and increasing initial cell attachment on a biomaterial prior to implantation. Furthermore, identification of such peptides could lead to a better understanding of the behavior of biomolecules, including proteins, during tissue growth, disease, and repair. In order to capitalize on the powerful phage display technique, multiple bioinformatics, experimental, and analytical tools in addition to characterization techniques should be implemented in tandem with phage display.

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7

# Extracellular Matrix-Derived Ligands for Selective Integrin Binding to Control Cell Function

# Timothy A. Petrie and Andrés J. García

Integrins are key cell surface receptors that function as the primary bridge between the intracellular and extracellular matrix environments and play a critical role in modulating adhesive cell-material interactions. Over the past decade, several biomimetic material surface modification strategies to actively engage integrins have been employed, including the use of robust integrin-binding sequences (i.e., RGD) and native matrix proteins, with varying levels of success in vivo. This chapter details these aforementioned ligand strategies as well as more recent, next-generation biomaterial surface strategies geared toward specifically engineering integrin selectivity. Building on our expanding knowledge of the functional roles of particular integrin subunit combinations, including  $\alpha_5\beta_1$ ,  $\alpha_4\beta_1$ ,  $\alpha_2\beta_1$ , and  $\alpha_y\beta_3$ , in multiple cell and tissue types, these integrin-specific biointerfaces incorporate unique protein fragments, engineered oligopeptides, multivalent ligands, and exclusive integrin-binding sequences to direct selective integrin binding and activation. This chapter highlights these major integrin-specific ligands and details the varying successes that these designs have achieved as implant biomaterial coatings, therapeutics, in vitro adhesive substrates, and templates for matrix assembly. Collectively, these biomolecular strategies have contributed to the rational engineering of bioactive materials to achieve desired tissue responses.

# Abbreviations

BSP	Bone sialoprotein
COL	Collagen
DGEA	Aspartic acid-glycine-glutamic acid-alanine
ECM	Extracellular matrix
ERK	Extracellular signal-related kinase
	-

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FAK	Focal adhesion kinase
FN	Fibronectin
FNIII <sub>7 10</sub>	Fibronectin fragment encompassing the seventh through tenth type III repeats
GAG	Glycosaminoglycan
GDP	Glow discharge plasma
GFOGER	Glycine-phenylalanine-hydroxyproline-glycine-glutamic acid-arginine
GRGDSP	Glycine-arginine-glycine-aspartic acid-serine-proline
HA	Hydroxyapatite
MAPK	Mitogen-activated protein kinase
PHSRN	Proline-histidine-serine-arginine-asparagine
PLL-g-PEG	Poly(L-lysine)-poly(ethylene) glycol
REDV	Arginine-glutamic acid-aspartic acid-valine
RGD	Arginine-glycine-aspartic acid
SAMs	Self-assembled monolayers

# 7.1. Extracellular Matrix: Composition and Role

The interactions of cells with their extracellular matrix (ECM) are critically involved in mediating the development, organization, and repair of numerous tissues. At the cell level, cell-matrix interactions can directly modulate cell morphology, survival, proliferation, and differentiation in multiple cell systems [1, 2].

The ECM is primarily composed of a complex meshwork of fibrous proteins (fiberforming elements) surrounded by space-filling molecules such as glycosaminoglycans (GAGs)—as well as mineral deposits in tissues such as bone. Many of these components are secreted by resident cells and primarily provide support and anchorage, but also serve important roles as tissue boundaries and in the modulation of intracellular and intercellular communication [3]. Moreover, the ECM is not only made, but also organized and remodeled, by the cells within it. Formation and remodeling of this ECM network is vital for a number of tissue responses such as cell migration during tissue formation and repair, growth, wound healing, and fibrotic responses [4]. Many of the fibrous proteins that make up the ECM, including collagen, fibronectin (FN), elastin, and laminin, have both structural and adhesive functions, and are secreted in specific tissues by specialized cells, including fibroblasts (present in most connective tissue), chondroblasts (cartilage), and osteoblasts (bone).

The collagens constitute a family of abundant ECM molecules that contribute significantly to the integrity and mechanical properties of tissues such as bone, skin, cartilage, and tendon [5]. Elastin is the dominant ECM protein in elastic fibers, a major component of arteries, lungs, and skin [3]. Laminin is the major noncollagenous component of the basal lamina, playing a critical role as the "glue" that holds many body structures together [6]. Fibronectin (FN) is a complex, multifunctional protein with multiple domains, each with specific binding sites for other matrix macromolecules and for receptors on the surface of cells. FN therefore contributes to both organizing the matrix and helping cells attach to it [4, 7]. These essential roles of the ECM in regulating cell and tissue structure and function are illustrated schematically in Figure 7.1.



**Figure 7.1.** General key roles of the extracellular matrix (ECM) in regulating cellular response in tissue. (a) ECM interactions provide structure and anchorage for cells residing in tissue and modulate; (b) cell phenotype and differentiation; (c) migration of cells to specific spatial locales during development, repair, and growth; (d) matrix secretion, assembly, and remodeling of the extracellular environment; (e) secretion of local, soluble tissue-specific factors for degradation, repair, and migration through tissue; (f) intercellular communication; and (g) boundaries from one tissue to another, or within specialized regions of one tissue. *GAGs* glycosaminoglycans.

# 7.2. Cell–ECM Adhesive Interactions: Integrins as Pivotal Linkers

Most of these aforementioned structural proteins also play fundamental roles in promoting cell adhesion and mediating intracellular signals critical to tissue function. In particular, cell adhesion to the ECM is essential for controlling such complex biological processes as embryonic development, wound healing, immune responses, and tissue organization and repair [8, 9]. For example, cell–adhesive interactions with specific ECM proteins, such as FN and type I collagen, regulate bone cell survival, cell cycle progression, differentiation, and matrix formation; at the tissue level, these interactions can play crucial roles in bone remodeling, maintenance, and formation [10, 11]. Moreover, ECM-mediated cell adhesion plays critical roles in animal development, as evidenced by the embryonic lethality of mice that have genetic deletions for particular ECM ligands and receptors [8, 12]. Proteins such as FN are important in guiding cell movements during organism development, including migration of mesodermal cells at different embryonic stages [13]. These ECM components regulate cell behavior by interacting with cell surface receptors to activate particular intracellular signaling pathways, resulting in tissue-specific alterations in cell spreading, migration, cell–cell communication, and differentiation [14–16].



**Figure 7.2.** Integrins link the extracellular and intracellular environments. (a) Integrin subunit structure. Each subunit ( $\alpha$  and  $\beta$ ) noncovalently associates with each other and contains a head (ligand binding), knee (genuflection), and hinge (at the cell membrane) region. (b) Primary integrin activation and binding steps. (1) "low affinity" ligand binding unactivated integrin state demonstrating bending at knee regions, (2) "high affinity" ligand binding activated state as a result of interaction with intracellular (talin) and/or extracellular (divalent ions, ligands) factors, (3) integrin clustering into (4) focal adhesions, which also consist of large intracellular scaffolds of structural and signaling components, important in regulating functions such as cell adhesion, cell shape, migration, proliferation, and differentiation. *FAK* focal adhesion kinase; *EGF* endothelial growth factor; *PSI* plexin–semaphorin–integrin.

Although there are many types of cell receptors that facilitate cell–ECM interactions, cells recognize and adhere to ECM ligands primarily via integrins, a widely expressed class of cell surface receptors. Integrins are transmembrane, heterodimeric proteins consisting of a particular combination of two noncovalently associated subunits ( $\alpha$  and  $\beta$ ), of which 24 specific combinations have been currently identified in humans [17] (Figure 7.2a). Integrins interact with the ECM through their extracellular domains, and are linked to cytoskeletal

elements and signaling molecules through their intracellular domains, functioning as the primary bridge between the ECM environment and the cell. Different  $\alpha$  and  $\beta$  subunit combinations have the capacity to bind to one or more ECM ligands, whereas many ECM proteins can act as ligands for more than one integrin. Moreover, a wide array of integrins can be expressed, typically in tissue- and development-specific patterns. For example, osteoblasts and osteoprogenitor cells express multiple integrins, including  $\alpha_1\beta_1$ ,  $\alpha_2\beta_1$ ,  $\alpha_3\beta_1$ ,  $\alpha_4\beta_1$ ,  $\alpha_5\beta_1$ ,  $\alpha_6\beta_1$ ,  $\alpha_8\beta_1$ ,  $\alpha_9\beta_3$ , and  $\alpha_9\beta_5$ , that can vary in degree of expression with the stage of the osteoblast and bind to numerous ECM components [18–20].

Most integrins recognize specific binding sites, typically small peptide sequences, such as the ubiquitous arginine-glycine-aspartic acid (RGD) motif present in a variety of ECM proteins [21]. Integrin binding to ligands is a dynamic and highly regulated process that requires "activation" of the integrin and mechanical coupling to the ligand. This activation changes the conformation of the extracellular portion of the receptor into a more "highaffinity" structural orientation for ligand binding, although divalent metal ions are also typically needed for functional binding. After integrin-ligand binding, integrins associate with the actin cytoskeleton and begin to aggregate together in clusters forming focal adhesions, distinct structures that form intracellular scaffolds of structural and signaling molecules [1, 22, 23]. Focal adhesions mediate stable adhesion by providing structural links between the ECM and cell cytoskeleton to regulate force-associated cell functions such as adhesion, spreading, morphology, and migration. These adhesive structures also activate discrete signaling pathways (mitogen-activated protein kinase [MAPK], JNK, extracellular signal-related kinase [ERK]) through accumulation and activation of signaling mediators, such as focal adhesion kinase (FAK) and Src, that can ultimately regulate transcription factor activity and direct major cell functions such as migration, proliferation, and differentiation [1, 24] (Figure 7.2b). For example,  $\alpha_{2}\beta_{1}$ -mediated cell attachment to type I collagen stimulates the tyrosine phosphorylation of FAK and, subsequently, the activation of ERK, a MAPK that has been implicated in the control of osteoblast-specific gene expression and matrix mineralization [25, 26].

Specialized integrin-ECM ligand interactions can regulate many cell functions, including survival, proliferation, motility, morphology, and differentiation in a cell/tissue-specific and time-dependent manner. Numerous studies using antibodies that block specific integrins have underscored the importance of the FN interaction with  $\beta_1$  integrins in regulating osteoblast, chondrocyte, myoblast (muscle cells), neural, and human mesenchymal stem cell survival, proliferation, gene expression, and cell fate [18, 27–29]. In bone cells, blocking antibodies against collagen-specific  $\alpha_{3}\beta_{1}$  integrin impede the expression of osteoblast-specific genes, such as osteocalcin, and inhibit calcification and formation of a mineralized matrix [30, 31]. Engagement of distinct integrins will often direct particular cell responses that are specific to different tissues. While  $\alpha_{\beta}$ , binding is pro-proliferative and aids in migration of osteoblasts, liver, and even cancer cells, activation of this same integrin will impede bone mineralization and osteoblast differentiation; these functions can be rescued by binding of  $\alpha_5\beta_1$  [32–35]. Leukocyte-specific  $\beta_2$  including the Mac-1 receptor  $\alpha_M\beta_2$  regulates macrophage adhesion to FN, as well as interactions with complement macromolecules and various domains of fibrinogen that may become exposed on different biomaterial surfaces [14, 36, 37]. A compendium of integrin subunit combinations and their demonstrated individual highaffinity recognition to various ECM proteins and their binding motifs is presented in Figure 7.3. These studies highlight the importance of specific integrin–ECM interactions to control tissue-specific cell function.



b

ECM Ligand	Integrin	Binding Motif
FN	$\alpha_4\beta_1$	<b>HICS (REDV, EILDV)</b>
	$\alpha_5\beta_1$	RGD + PHSRN
	$\alpha_{II}\beta_3$	RGD
	$\alpha_v \beta_3$	RGD
COL-I	$\alpha_2 \beta_1$	RGD, DGEA
COL-IV	$\alpha_1 \beta_1$	CNBr a1(IV)2
VITRONECTIN	$\alpha_{II}\beta_3$	RGD
	$\alpha_v \beta_3$	RGD
FIBRINOGEN	$\alpha_{II}\beta_3$	RGD, KQAGD
	$\alpha_v \beta_3$	RGD
	$\alpha_M \beta_2$	P1,P2
LN	$\alpha_1\beta_1$	P1, E1-4
	$\alpha_3\beta_1$	GD6 peptide, E3
	$\alpha_6 \beta_1$	E8
VON WILLENBRAND	$\alpha_{II}\beta_3$	RGD
FACTOR	$\alpha_v \beta_3$	RGD
OSTEOPONTIN	$\alpha_4\beta_1$	IDAPS
	$\alpha_v \beta_3$	RGD
THROMBOSPONDIN	$\alpha_3\beta_1$	TSP-768
	$\alpha_v \beta_3$	RGD
BONE SIALOPROTEIN	$\alpha_v \beta_3$	RGD
TENASCIN	$\alpha_v \beta_3$	RGD
FACTOR X	$\alpha_M \beta_2$	

**Figure 7.3.** Integrin–matrix interactions are finely tuned and regulated, and are essential for subsequent cell functional pathways. (a) Focal adhesions (FA) are initiated when integrins bound to ECM or ECM-derived ligands are activated and subsequently "pulled" by cytoskeletal elements together. (b) List of selected native ECM proteins and associated binding epitopes noted for specific recognition of individual integrin subunit combinations.

# 7.3. Engineering Biomaterial Surface Properties for Integrin Binding

Given the central roles of integrins in cellular processes, ongoing biomaterials research has focused on identifying key material surface characteristics that modulate the type, strength, and degree of ECM–integrin binding. Cell adhesion to ECM components or ECM-derived

ligands on engineered surfaces governs host responses to implanted devices, integration of biomedical prostheses and tissue-engineered constructs, and the performance of biotechnological supports [38]. More specifically, integrins promote this robust cell adhesion to biomaterials by binding adhesive ligands on the material that have been (a) adsorbed from solution, (b) deposited by cells onto the surface, or (c) specifically engineered onto a surface, or a combination of these mechanisms [39]. Several material surface properties have been identified that modulate the type, amount, strength and conformation of proteins adsorbed or immobilized on the surface, which, in turn, directly modulate the level and specificity of engaged integrins. A summary of these different adsorption states and their impact on integrin binding is illustrated in Figure 7.4. For example, following protein adsorption, various protein unfolding events may occur, either (a) exposing "cryptic" binding sites that promote engagement of more selective integrins or (b) "stretching" integrin-binding epitopes that may negatively affect integrin recognition and levels of binding [40, 41].

Physiochemical properties of material surfaces that influence the nature of integrin binding include substrate composition, surface energy, surface charge, surface chemistry, and topography. The underlying chemical composition of a biomaterial substrate alone may regulate cell type-specific integrin expression. Osteoblasts on titanium alloys express  $\alpha_2$ ,  $\alpha_3$ ,  $\alpha_4$ ,  $\alpha_6$ ,  $\alpha_v$ ,  $\beta_1$ , and  $\beta_3$  integrin subunits; however, on CoCrMo alloys, these same cells do not always express  $\alpha_3$ ,  $\alpha_6$ , or  $\beta_3$  [42]. Osteosarcoma and bone marrow stromal cells cultured on hydroxyapatite (HA), titanium, and CaP-coated titanium surfaces display differential trends in integrin expression [43, 44]. It has been reported that HA-coated surfaces promote more



**Figure 7.4.** Different modes of adsorption to biomaterial surfaces for integrin binding ligands. (a) Short oligopeptides typically do not physisorb well to metal and polymeric surfaces. (b) Favorable adsorption of larger ligands presenting adhesive epitopes in an accessible orientation promote integrin binding. (c) Unfavorable adsorption of ligands presenting adhesive epitopes in a nonaccessible orientation reduce integrin binding. (d) Protein unfolding post-adsorption may "stretch" integrin-binding epitopes, resulting in suboptimal or no integrin binding. (e) Protein unfolding may also expose "cryptic" epitopes that may promote interaction with different integrins.

robust adsorption of serum proteins compared with titanium, and that these proteins are in distinct conformations on each surface [45]. Surface energy and charge, which are closely related, also may elicit differential integrin expression profiles. Materials that are hydrophobic, including poly(methyl methacrylate) and polystyrene, typically exhibit higher levels of total protein adsorption compared with more hydrophilic surfaces, such as ceramics and metallic materials [3]. More general biomaterial surface strategies to utilize unique charged and higher surface energy substrates have been used to take advantage of common electrostatic interactions that occur in many biomaterial interfacial events in physiological conditions. Titanium implants have been engineered via glow discharge plasma (GDP) technology to exhibit altered charge density and increased surface energy [46]. It is hypothesized that this treatment enables favorable surface energy for binding serum proteins and growth factors that increase integrin expression for enhanced osteoblast differentiation compared with untreated uncharged surfaces.

Tailoring the surface chemistry of material and scaffold surfaces has emerged as another strategy to regulate protein adsorption and conformation in order to better control the biological activity of adsorbed adhesive proteins [47]. Using self-assembled monolayers (SAMs) of functionalized alkanethiols on gold to present well-defined chemistries, biomaterial-dependent differences in the total amount and conformation of adsorbed FN have been identified [28, 48]. These differences in FN conformation in turn affect integrin receptor binding [49–51]. Osteoblast-like cells bound selectively with  $\alpha_s\beta_1$  to OH- and NH<sub>2</sub>-presenting SAMs, but with both  $\alpha_s\beta_1$  and  $\alpha_v\beta_3$  to COOH-presenting surfaces [47]. This regulation of  $\alpha_s\beta_1$  vs.  $\alpha_v\beta_3$  binding was found to directly modulate osteoblast adhesion, signaling, proliferation, and differentiation, as well as to influence myoblast proliferation and myogenic differentiation [29, 52]. Aside from demonstrating surface chemistry-dependent effects on integrin specificity, these data also underscore the importance of engaging specific integrins to achieve a directed cellular response.

Nano-scale and micro-scale surface roughness also regulates integrin-mediated cell interactions. Human osteoblasts and bone marrow stromal cells exhibit distinct expression profiles of  $\alpha_3$ ,  $\alpha_5$ , and  $\alpha_6$  when cultured on either rough or smooth titanium substrates, ultimately influencing relative levels of adhesion and tissue-specific gene and protein expression [43]. Furthermore, MG63 human osteoblast-like cells exhibit an increase in  $\alpha_2$ ,  $\alpha_3$ ,  $\alpha_5$ ,  $\beta_1$ , and  $\beta_3$  integrin subunits on micro-scale rougher surfaces compared with smooth titanium, resulting in enhanced integrin-mediated spreading and adhesion [53]. Micro-scale surface roughness modulates  $\alpha_5\beta_1$  binding, correlating to a boost in FAK activation, local growth factor production, and osteoblast-specific bone markers [54–56].

# 7.4. Modulating Cellular Response to Biomaterial Surfaces Through ECM-Mimetic Surface Modification Strategies

# 7.4.1. General ECM Surface Modifications to Regulate Integrin-Mediated Cell Function

Cell adhesion to ECM components or ECM-derived ligands on engineered surfaces governs the host response to implanted devices, the degree of integration of biomedical prostheses and tissue-engineered constructs, and the performance of biotechnological supports [38]. While typically easy to implement, most physiochemical surface strategies alone lack the ability to consistently generate selective integrin binding and direct robust integrin-mediated



**Figure 7.5.** Surfaces mimicking the natural ECM to direct integrin specificity and modulate cell response. (a) Major ligand surface modification schemes utilizing full and modified ECM ligands to design integrin-selective interfaces. (b) Substrates that do not discriminate between integrin binding and activation often may produce antagonistic signaling pathways. Integrin-specific surfaces facilitate single integrin-mediated adhesive and signaling pathways to produce a more directed and robust cell response.

cell responses, especially for in vivo applications. Advances in understanding the role of specific ECM biomolecules in regulating integrin expression, cell adhesion, differentiation, and tissue remodeling have led to the investigation of targeted biochemical methods of surface modification. Recent biomimetic strategies have focused on the immobilization of selected ECM matrix components, including native structural proteins, peptide sequences, or synthetic derivatives based on matrix molecules [57]. The goal of these surface strategies is to modulate integrin–matrix interactions and promote general integrin binding to direct a specific cell/tissue response. Many of these ECM-derived surface ligand modifications and their integrin-specific effect on cellular functions will be discussed in further detail in the following sections of this chapter; a summary is given in Figure 7.5.

The coating of various biomaterial substrates with full-length ECM proteins modulates integrin-mediated cell function to varying degrees. For instance, FN coatings on polystyrene increase osteoblast expression of  $\alpha_3$  and  $\alpha_5$  and reduce expression of  $\alpha_2$ ,  $\alpha_6$ , and  $\alpha_5$  subunits compared with uncoated polystyrene [42]. Stromal cell, calvarial osteoblast, and osteoblastlike cells exhibit enhanced  $\beta_1$ -mediated adhesion, proliferation, and differentiation on FN-coated and collagen type I-coated surfaces compared with uncoated glass, polystyrene, or titanium surfaces [58]. It has been postulated that plasma FN-coated implants enhanced early bone formation due to a chemotactic attraction of osteoprogenitors near the ECMcoated implant surface [59]. Although there are conflicting data regarding the functional effects of collagen coating on polystyrene and titanium for various cell types, there is evidence of cell type-specific distinct integrin expression profiles on collagen vs. non-collagencoated surfaces [60, 61]. Osteoblasts upregulate  $\alpha_3$  expression over  $\alpha_6$  on collagen type I-coated polystyrene, whereas collagen type IV coatings mediate greater  $\alpha_1$ ,  $\alpha_2$ ,  $\alpha_3$ , and  $\beta_1$ expression and activation [42]. Other bone-specific matrix proteins, including bone sialoprotein (BSP) and osteopontin, have also been explored as bioactive surface coatings to control  $\beta_{2}$ -mediated binding and signaling for human osteoblasts and stromal cells. BSP is an acidic, noncollagenous glycoprotein abundantly expressed in mineralized tissues. BSP bound to

collagen type I was found to orient in a bioactive orientation that augments  $\beta_3$  binding and subsequent osteoblast adhesion and differentiation over unmodified interfaces [62]. Implants coated with BSP were found to be fairly osteoconductive yet supported only minimal functional integration and mechanical fixation [63]. Vitronectin is another ECM protein that dominates serum-exposed adsorption to polystyrene [39]. Interestingly, coating vitronectin on polystyrene enhances mouse osteoblast expression of  $\alpha_v\beta_3$ , but also has been shown to weaken adhesion of murine cells compared with uncoated polystyrene [19]. However, for human osteoblasts, adhesion to vitronectin was found to be primarily  $\alpha_v\beta_5$ -mediated and more robust than adhesion to uncoated surfaces [64]. These studies highlight cell typedependent effects on integrin binding and cell function that surface modifications using natural ECM proteins may elicit.

Although promoting cell-specific functions, the functionalization of biomaterials with natural matrix proteins has several drawbacks. Since many full-length matrix proteins contain multiple integrin and other biomolecule binding sites, it is likely that these proteins may induce significant binding of more than one integrin, and hence, do not truly support an "integrin-specific" surface. Moreover, immunogenic and pathogen transmission concerns across species limit widespread use of these ligands as bioactive coatings for implants in humans. Furthermore, processing issues including scale-up difficulties and long-term stability may reduce the widespread application of these matrix functionalized surfaces.

#### 7.4.2. Small Biomimetic Peptide Surface Strategies

Synthetic biomimetic strategies to promote cell adhesion have primarily focused on presenting short bioadhesive motifs derived from ECM components onto biomaterial or implant surfaces [65]. A number of adhesion motifs from ECM components have been identified that can be subsequently incorporated in a small synthetic peptide. These motifs consist of a short linear sequence of amino acids, typically no more than a dozen amino acids in length, that one or more integrin receptors can recognize and bind [66]. These short sequences can be easily incorporated into adhesive oligopeptides that can be strategically immobilized in numerous ways on a biomaterial support to promote integrin-mediated adhesive and functional responses. These immobilization schemes include covalent tethering directly onto a biomaterial substrate, using plasma treatment to increase the functional groups on the substrate, or tethering onto polymer coatings functionalized on an underlying substrate. Nonfouling supports (polyethylene glycol or alginate) are often used to better isolate the activity of these motifs by utilizing a background with minimal nonspecific protein adsorption [67].

Many of these adhesive sequences are specifically associated with ECM components from a particular tissue environment. For example, BSP- and collagen-derived sequences have been identified that remain functional only with bone-associated cell types. Multiple integrin-binding sequences have also been identified on single ECM proteins. For instance, the EILDV and REDV sequences on FN mediate  $\alpha_4\beta_1$ -binding of endothelial cells, while the RGD and PHSRN sequences, when presented together correctly, promote  $\alpha_5\beta_1$ -mediated osteogenic differentiation [68, 69]. The adhesion motifs DGEA and GFOGER from collagen type I both mediate  $\alpha_2\beta_1$ -mediated function—although in separate cell systems, i.e., neurite migration for DGEA and osteoblast differentiation for GFOGER [70, 71]. Other ECMspecific integrin-binding sequences identified include the IDAPS sequence in osteopontin, which promotes  $\alpha_4\beta_1$ -mediated adhesion of lymphocytes, and the KQAGD sequence in fibrinogen, which controls  $\alpha_{10}\beta_3$ -adhesion of osteoclasts [72, 73]. Hydrogels functionalized

with adhesive peptides incorporating IKLLI, IKVAV, LRE, PDSGR, RGD, or YIGSR, and the collagen type I sequence, DGEA, differentially regulated pancreatic cell survival [74]. Many of these synthetic oligopeptide-based strategies have been successfully used in vivo for tissue repair and regeneration. For example, GFOGER-coated implants promote extensive bone formation and implant integration in orthopedic applications [31].

The most common oligopeptide strategy to control integrin binding relies on the surface presentation of the arginine-glycine-aspartic acid (RGD) adhesive sequence, which mediates cell attachment to several matrix proteins, including FN, vitronectin, osteopontin, and BSP [75]. Since the RGD sequence is a ubiquitous adhesive motif in most ECM components, biomaterial substrates and tissue-engineered constructs coated with RGD peptides have been employed to control in vitro adhesion, migration, and differentiation in numerous cellular systems, including neural, endothelial, and bone cells [76]. For example, synthetic ECM proteins incorporating the GRGDSP cell-binding domain as well as elastin-like repeats (for more robust mechanical strength) enhance adhesion and spreading of endothelial cells over similar adhesive peptides [77]. The density and presentation of RGD peptides can have a profound effect on their overall influence on cell function for certain cell types. The degree of osteoblast proliferation, bone-specific gene expression, and differentiation varies directly with RGD ligand density [78]. However, relatively high RGD densities can also negatively affect neurite extension and outgrowth in three-dimensional (3-D) gel scaffolds [79]. Although RGD-immobilized peptides typically mediate osteoblast cell function through the  $\alpha_{\mu}\beta_{3}$  integrin, altering the structural presentation of this motif can mediate other cell type functions via non- $\alpha_v$  and/or  $\beta_3$  integrins [80]. For example, immobilized synthetic alkyl amphiphiles of RGD promote  $\alpha_{3}\beta_{1}$ -mediated adhesion and migration of melanoma cells [81]. Grafting implant materials with either cyclic or oligomeric peptides presenting multiple RGD arms increases human osteoblast adhesion and spreading in a primarily  $\alpha_{\mu}\beta_{s}$ -dependent mechanism, depending on alterations to the RGD structure and the exact flanking sequence surrounding the tripeptide [82, 83]. Although it has been shown that RGD presented in cyclic, or "constrained," conformations exhibit enhanced integrin affinity to many  $\alpha_{i}$  or  $\beta_{i}$ integrins compared with linear RGD, due to the conformation of RGD and its flanking regions, these peptides still retain minimal  $\alpha_{5}\beta_{1}$  selectivity [80, 84].

Nonetheless, while many studies have demonstrated that RGD-functionalized materials support integrin-mediated adhesion, proliferation, and differentiation in vitro, mounting evidence suggests that this biomimetic surface strategy does not enhance biomedical implant integration in more rigorous animal models. A number of studies have concluded that RGDimmobilized titanium implant coatings do not improve peri-implant new bone formation and yield only marginal increases in implant integration and mechanical fixation [85–89]; in contrast, very few studies demonstrate a significant in vivo enhancement in osseointegration [90, 91]. Furthermore, when RGD peptides were immobilized onto hydroxyapatite discs in conjunction with serum proteins such as FN and vitronectin, there was a detrimental effect on mesenchymal stem cell survival as well as new bone formation [85]. Even the benefits of this biomimetic surface treatment in vitro are unclear. Osteoblasts cultured on RGD functionalized poly(L-lysine)-poly(ethylene) glycol (PLL-g-PEG) surfaces exhibit reduced bonespecific markers and osteogenic differentiation compared with unmodified surfaces [92]. Even RGD peptides of varying flanking sequences tethered on SAMs all displayed substandard adhesive capacity compared with full-length FN surfaces [93]. Although the stability, relative cost-effectiveness, ease of immobilization, and reduced immunogenicity are all advantages of using these small adhesive motifs, several limitations reduce their efficacy for more directed tissue repair and regeneration. First, the biological activity of these peptides is

substantially lower than that of the whole protein due to the absence of modulatory integrinbinding domains. Second, this lack of essential modulatory domains limits surface selectivity for integrins. Because RGD is recognized by a large number of integrins in numerous cell types, this lack of integrin specificity may result in nondiscriminatory attachment of cells to the RGD-coated surfaces. For example, in order to achieve high affinity  $\alpha_{s}\beta_{1}$ -binding, both the RGD sequence in the tenth type III repeat of FN as well as its synergy site, the PHSRN sequence in the ninth type III repeat, are required to be presented together [94]. Since  $\alpha_{s}\beta_{1}$ is especially critical for induction of various osteoblastic signaling pathways and activities, this lack of integrin binding may be detrimental for orthopedic applications. Third, these small peptides may lack the ability to bind specific receptors due to conformational differences among adhesive sequences compared with the native ECM ligand. As a consequence of these collective limitations, newer generations of bio-inspired surfaces have focused on more effectively mimicking the structure and make-up of natural ECM integrin-binding epitopes.

## 7.4.3. Multiple-Motif Integrin-Specific Ligands

An advanced biomimetic surface strategy that has been recently explored to obtain more directed cell/tissue response is the engineering of surfaces to engage specific integrin receptors among RGD-binding integrins [10]. Recent studies suggest that the marginal healing responses of RGD-functionalized implants might arise from the lack of selectivity of this adhesive ligand for specific integrin receptors [31, 95]. Since activation and signaling by more than one type of integrin receptor on the same cell may induce antagonistic cellular responses, as evidenced by the aforementioned effect of  $\alpha_5\beta_1$  vs.  $\alpha_{\nu}\beta_3$  binding on osteoblast function, a more selective integrin binding surface may achieve a more controlled cellular response [52]. Unfortunately, full-length matrix proteins possess multiple integrin binding sites, whereas short RGD peptides can also bind multiple integrins without a high degree of specificity. Therefore, several recent approaches have synthesized ligands presenting this RGD motif with additional modulatory domains to selectively target particular integrin receptors, while excluding other nonessential biological domains.

Although cyclic-RGD peptides improve ligand specificity for several integrins, including  $\alpha_{\mu}\beta_{\lambda}$  and  $\alpha_{\lambda}\beta_{\mu}$  the ability of these constrained peptides to achieve levels of high affinity  $\alpha_{s}\beta_{1}$  binding comparable to full-length FN is limited. As previously mentioned, RGD and its PHSRN synergy sequence in FN individually contribute little to high affinity  $\alpha_{s}\beta_{1}$  binding, but, when presented together, promote  $\alpha_{s}\beta_{1}$ -mediated cell adhesion [94]. The synergistic effects of the RGD and PHSRN sites is strongly dependent on the molecular structure as slight alterations in the nano-scale spacing (30–40 nm), relative angle, and flanking sequences between these two sites result in significant losses in biological activity and integrin binding behavior [76, 96, 97]. Because of this tight dependence of receptor binding on the structural context of the ligand, the ability to mimic the integrin binding and functional abilities of the native ligand is especially challenging with single RGD peptides. FN-mimetic peptideamphiphiles and multi-motifed peptides presenting both the RGD and PHSRN site have been engineered to address some of these structural limitations and to study at different molecular levels the ligand binding properties of  $\alpha_s \beta_1$  [98]. Surfaces of PEG molecules attached to phospholipids presenting the GRGDSP and PHSRN sites were used to demonstrate that  $\alpha_{\alpha\beta}$ . binding to peptide-amphiphiles is dependent on membrane composition, temperature, and density [99]. Bioartificial membranes constructed from GRDGSP and PHSRN have led to insights on binding/unbinding events with  $\alpha_s \beta_1$  down to a single-molecule level. The results

of research with these FN-mimetic peptide-amphiphiles suggest that accessibility and relative spatial orientation is crucial for FN-like robust  $\alpha_5\beta_1$  binding [100]. An RGD–PHSRN amphiphile that presented the RGD motif in structurally distinct variations exhibited enhanced  $\alpha_y\beta_3$  specificity when the RGD was looped rather than linear [101]. Another RGD–PHSRN amphiphile consisting of the two adhesive motifs, a spacer, and a linker (designed to mimic the distance and hydrophobicity of the two motifs in FN) was reported to enhance endothelial cell adhesion over FN, although a direct comparison of the two surfaces on an equimolar basis was not performed [102, 103]. Moreover, another similar RGD–PHSRN amphiphile that was connected by a linker recapitulating the native spacing of FN enhanced osteoblast differentiation over surfaces immobilized with RGD alone [104]. Linear and cyclic lipid-linked RGD ligands also seem to enhance integrin-mediated adhesion, even at low surface densities [105].

Although several studies have indicated that FN-mimetic peptide-amphiphiles enhance integrin binding and cell function over RGD alone, the relative biological activity of these second-generation peptides, compared with the native protein and even simple RGD peptides, remains poorly characterized. Recently, a study in which both RGD and an RGD–PSRHN peptide, mimicking the natural spacing of FN, were tethered on a mixed SAM at equimolar levels revealed no significant differences in adhesion or integrin binding specificity between the two ligands [106]. Comprehensive analyses, including antibody blocking, varying ligand surface densities, and signaling evaluations are necessary to more fully establish the adhesive and functional potential of these engineered interfaces. Hence, although these adhesive interfaces do promote integrin-mediated adhesion, mimicking the full biological activity of the native protein (FN) using these synthetic short adhesive motifs remains challenging.

### 7.4.4. FN-Derived Highly Selective Integrin Ligands

As an alternative strategy, the engineering of high molecular weight ligands recapitulating the primary, secondary, and tertiary structure of the native protein to reconstitute full biological activity and convey integrin binding specificity has been pursued. In particular, recombinant fragments of FN incorporating either just the tenth type III repeat or both the tenth type III repeat (RGD) and the ninth type III repeat (PHSRN) have been recently engineered. These fragments present the aforementioned adhesive motifs and flanking sequences in the correct structural conformation and spatial orientation as native FN. These recombinant FN fragments were prepared using DNA recombinant technology, which affords flexibility in designing unique ligand characteristics to study structure/function, control immobilization and orientation, and enhance bioactivity. Using fragments of FN also limits antigenicity (compared with full-length FN) and eliminates other modulatory domains, which may either interfere with specific integrin binding or elicit undesired inflammatory responses. FN10, a FN fragment comprising the tenth type III FN repeat and engineered to present a modified RGDWXE motif, exhibited more robust binding to human  $\alpha_{i}\beta_{3}$  compared with normal RGDcontaining FN10 fragments [107]. This finding highlights the utility of using recombinant protein technology to correlate structural adhesive motif characteristics with receptor binding activity and cell function. Specific binding to  $\alpha_{a}\beta_{1}$  has been linked to an alternatively spliced V (residues 1-25 of the IIICS) region of FN distant from the central cell-binding domain (V25/CS-1) [108]. FNIII(del1–7), a recombinant FN ligand that incorporates this V25/CS-1 region and the tetrapeptide Arg–Glu–Asp–Val (REDV) motif (recognized by  $\alpha_{a}\beta_{1}$ ), display  $\alpha_{4}\beta_{1}$ -mediated function, including adhesion and matrix assembly [108].

A larger recombinant FN fragment (FNIII<sub>7-10</sub>) presenting the seventh through tenth type III repeats of FN was functionalized on nonadhesive supports to effectively mimic the  $\alpha_{s}\beta_{1}$ -specific binding region of FN. These biomimetic surfaces supported  $\alpha_{s}\beta_{1}$ -mediated osteoblast adhesion and spreading at levels comparable to full-length FN [109]. This fragment was tethered onto model, nonfouling mixed SAM surfaces in order to compare the adhesive activity and integrin binding specificity on an equimolar basis with two RGD-based linear ligands: specifically, (1) a linear GRDGSPC peptide, and (2) the RGD–PHSRN peptide that recapitulates the normal spacing of these two motifs in FN. Importantly, biointerfaces presenting FNIII7-10 exhibited significantly higher adhesion strength, FAK activation, and proliferation rate than substrates presenting an equivalent molar density of either RGD or RGD-PHSRN [106]. Moreover, FNIII7-10-functionalized surfaces displayed specificity for  $\alpha_{s}\beta_{1}$  integrin, while mixed SAMs presenting either RGD or RGD–PHSRN were mediated by  $\alpha_{\nu}\beta_{3}$ . For controlled in vivo analysis, a clinically relevant, robust polymer coating was grafted onto clinical-grade titanium (the gold standard for orthopedic implant materials), which afforded controlled ligand tethering and direct comparison of FNIII<sub>7-10</sub> to RGD in vitro and in vivo (Figure 7.6a) [110]. In vitro evaluation of these biointerfaces was performed



**Figure 7.6.** FNIII<sub>7-10</sub>-functionalized implant coatings direct integrin specificity in vivo to enhance implant osseointegration. (**a**) FNIII<sub>7-10</sub>, containing the RGD and PHSRN epitopes presented in the correct structural conformation and orientation for high-affinity  $\alpha_s\beta_1$  binding, was tethered onto stable, nonfouling poly(OEGMA) brushes grafted onto clinical titanium substrates. (**b**) Integrin-subunit-blocking antibodies demonstrate that adhesive interactions on FNIII<sub>7-10</sub> surfaces are mediated mainly by  $\alpha_s\beta_1$ , whereas RGD-functionalized surfaces were primarily  $\alpha_v\beta_3$  mediated\* vs. no antibody control (Ti-serum: p < 0.01; RGD: p < 0.01; FNIII<sub>7-10</sub>: p < 0.005). FNIII<sub>7-10</sub>-functionalized brush implant coatings enhanced (**c**) bone–implant contact area (bone = *orange*, implant = *black*; scale bar is 0.5 mm) and (**d**) functional integration and mechanical fixation as measured by pull-out testing compared with RGD-functionalized, unmodified brushes and on clinical-grade titanium. \*FNIII<sub>7-10</sub> vs. RGD (p < 0.009), Ti (p < 0.05), OEGMA (p < 0.001), \*\*Ti vs. RGD (p < 0.01).

using rat primary bone marrow stromal cells; this heterogeneous cell population contains osteoprogenitors and is relevant to human clinical cell-based applications. FNIII<sub>7-10</sub>-tethered brushes conferred  $\alpha_{s}\beta_{1}$  binding specificity and enhanced cell adhesion, signaling, osteoblastspecific gene expression, and matrix mineralization compared with equimolar RGD-tethered brushes (Figure 7.6b). Importantly, integrin-specific FNIII<sub>7-10</sub>-functionalized implants significantly enhanced in vivo implant integration and mechanical fixation compared with the current clinical standard (unmodified Ti) and RGD-based surface treatments in a rat tibial model (Figure 7.6c, d) [87]. Remarkably, simple dip-coating of FNIII<sub>7-10</sub> onto titanium supports also promoted enhanced in vitro osteoblastic signaling, gene expression, and differentiation over adsorbed plasma FN and RGD peptides. This simple, point-of-application coating of FNIII<sub>7-10</sub> enhanced implant integration and fixation almost threefold compared with unmodified Ti and 80% over plasma FN-coated Ti implants [111]. Importantly, this facile, single-step implant coating procedure can be conducted under physiological conditions immediately prior to implantation, reducing chance of infection, cytotoxicity concerns from other immobilization schemes, and biomaterial surface variability. Collectively, these studies suggest that conferring integrin specificity on bioadhesive interfaces may be a clinically applicable surface strategy to obtain a directed tissue healing response, and, moreover, may be a facile approach for more robust tissue integration of other biomedical devices.

# 7.4.5. Collagen-Mimetic Integrin-Specific Ligands

Although much surface-engineering work has centered around RGD-binding receptors, other integrin receptors play critical roles in cell and tissue responses. For example,  $\alpha_1\beta_1$ and  $\alpha_{\beta}\beta_{1}$  integrins are the major collagen-binding integrins, with  $\alpha_{\beta}\beta_{1}$  dominating osteoblast integrin-mediated adhesion to type I collagen, the major ECM constituent of bone [5]. The  $\alpha_{3}\beta_{1}$ -collagen interaction promotes osteoblast-specific signaling, gene expression, and differentiation, even in multipotent bone marrow stromal cells [30, 112]. Adhesion sequences have been identified that regulate collagen-integrin interactions, including the collagenbinding motif DGEA and the hexapeptide sequence GFOGER (residues 502–507 of the alpha1[I] chain in type I collagen) [71, 113]. However, linear peptides using these sequences lack the full binding specificity for  $\alpha_{\beta}\beta_{1}$  in vitro compared with full-length collagen in multiple cell types [114]. Not surprisingly, molecular binding studies found that full  $\alpha_{2}\beta_{1}$  recognition and high affinity binding of this GFOGER sequence is critically dependent on the tertiary structure of collagen, which resembles a triple helix [115, 116]. To engineer a stable, biomimetic ligand that reconstitutes this crucial tertiary collagen structure, a 4-kDa peptide was engineered that incorporates this  $\alpha_{\beta}\beta_{1}$ -specific GFOGER sequence surrounded by GPP triplet repeats that provide structural motifs for the formation of a stable, right-handed triplehelical structure mimicking native collagen [117]. When GFOGER was adsorbed on a polystyrene surface, this peptide specifically targeted the  $\alpha_{\beta}\beta_{1}$  integrin receptor on osteoblasts, and supported FAK activation, osteoblast-specific gene expression, and matrix mineralization at levels comparable to those obtained on surfaces with adsorbed collagen type I [70]. Integrin-subunit blocking-antibody studies confirmed  $\alpha_{2}\beta_{1}$ -mediated adhesion for GFOGER coatings on orthopedic-relevant titanium substrates. In addition, studies using rat bone marrow stromal cells verified that GFOGER-coated titanium surfaces induced higher levels of osteoblast-specific gene expression, enzyme activity, and matrix calcification compared with serum-exposed titanium substrates [31]. Notably, GFOGER peptide coatings also significantly improved peri-implant new bone formation, implant integration, and functional osseointegration compared with the current clinical standard, unmodified titanium [31].

Given the ubiquitous role of collagen in other tissue types, these studies may point toward a significant clinical role for this GFOGER biomolecular strategy to control even nonorthopedic implant-tissue responses.

In fact, similar triple-helical GFOGER peptides have indeed been employed fairly successfully in other tissue systems to promote in vitro  $\alpha_{2}\beta_{1}$ -mediated adhesion and function [118]. Peptides incorporating slight alterations in the flanking sequence to GFOGER, resulting in variable differences in helix stability, mediated liver cell and mouse fibroblast adhesion and spreading to varying degrees [119–121]. The collagen-mimetic peptides, which demonstrated greater relative stability than other peptides, afforded higher levels of adhesion for these cell types. Mixed ligand surfaces presenting this triple-helical GFOGER peptide with other ECM-derived adhesion motifs on the same surface have also been explored in various tissue systems. A triple-helical peptide utilizing the collagen residues 496-507 (incorporating the GFOGER motif as well as six other amino acids) presented with a second ligand, an endothelial proliferating motif from the ECM protein SPARC, mediated  $\alpha_{3}\beta_{1}$ -dependent activation of endothelial cells, although presentation with the second ligand had no significant effect compared with the GFOGER peptide alone [122, 123]. Interestingly, compared with single ligands, incorporation of this triple-helical GFOGER peptide in an amphiphile, which also incorporated this SPARC motif as well as a pseudolipid (monoalkyl hydrocarbon chain) for flexible interaction, showed the greatest activity in the activation and adhesion of endothelial cells [124]. These conflicting results may be explained by differences in ligand density as well as presentation of the two motifs to modulate optimal cell interactions.

Finally, nonfouling surfaces presenting both this  $\alpha_2\beta_1$ -specific triple-helical GFOGER peptide as well as the  $\alpha_s\beta_1$ -specific FNIII<sub>7-10</sub> were engineered in order to evaluate the effects of integrin crosstalk on adhesive responses. Mixed ligand surfaces synergistically enhanced cell adhesion strength, focal adhesion assembly, FAK activation, and proliferation rate compared with single FN and COL-I mimetic ligand surfaces [125]. Given the crucial and overlapping roles multiple integrins play in various cell signaling and functional pathways, engineering interfaces to present multiple integrin-specific ligands may be a successful strategy to achieve more robust and/or complex, directed cell/tissue responses. Overall, biointerfaces presenting engineered ligands that recapitulate the primary, secondary, and tertiary structure of the native matrix protein, including FN and type I collagen, have exhibited great potential in directing specific adhesive, signaling, and differentiation in targeted cell populations. The improved integrin selectivity of these surfaces points to a major clinical role of this biomolecular engineering strategy for biomedical and biotechnological devices.

# 7.4.6. FN-Derived Integrin Ligands to Direct Matrix Assembly

A key property of the ECM environment is its tightly regulated, supramolecular 3-D structure that provides positional and environmental information essential for tissue function. In particular, the fibrillar architecture of FN is a major ECM network that modulates cell cycle progression, migration, differentiation, and even assembly of other matrix proteins in tissues at all stages of development [126–128]. FN matrix assembly is a multistep process that involves integrin interactions with specific regions of FN that, in coordination with the actin cytoskeleton, expose "self-association" sites on FN (initiation) and mediate subsequent fibril assembly steps [129]. In addition, these specific integrin–FN interactions regulate cell-mediated FN secretion that is integral in normal matrix assembly and remodeling [128]. Unfortunately, although cells will organize assembled matrices on biomaterials, most synthetic materials do not directly recapitulate this essential function of the ECM, limiting the

use of these materials in tissue engineering and regenerative medicine. Development of FN-derived ligands that interact with specific integrin receptors have afforded more precise control over FN matrix assembly on biointerfaces. FN10, a recombinant fragment of FN incorporating the adhesive RGD motif, is an essential requirement for initiation of  $\alpha_s \beta_i$ mediated FN matrix assembly. Presentation of FN10 with FN9, incorporating the synergy site PHSRN of  $\alpha_s \beta_1$ , augmented assembly over FN10 alone [130]. Interestingly, when mice were mutated so that the RGD motif became RGE on all cellular FN, the FN matrix assembly was not compromised, although embryonic development was stunted [131]. Studies using other recombinant fragments of FN containing various deletions of type III repeats verified that the RGD sequence is essential for the initiation step, but fibrils can form independently of the  $FNIII_{1,7}$  modules [132]. It is noteworthy that deletion of the first through seventh type III repeats did alter the rate of FN assembly, suggesting a role for nonessential epitopes such as these to modulate different stages of matrix formation. Although the RGD-dependent  $\alpha_s \beta_1$ mediated assembly pathway is perhaps the most studied, other integrins and FN regions have also been identified that are actively involved in matrix assembly. FNIII(del1-7), a recombinant FN ligand that incorporates the V25/CS-1 region and the tetrapeptide Arg-Glu-Asp-Val (REDV) motif recognized by  $\alpha_4\beta_1$ , was found to promote  $\alpha_4\beta_1$ -mediated FN matrix assembly, although the actin filament morphology was altered compared with  $\alpha_s \beta_s$ ,-mediated assembly, and the cell proliferation rate was unaffected [133].

A 13-amino acid sequence localized between the type II2 and I7 repeats of FN, the self-assembly domain, was found to induce the assembly of fibrillar ECM; this sequence also exhibits collagen binding activity in tumorigenic cells [126]. Applying this knowledge, a synthetic oligopeptide FN13 (KGGGAHEEICTTNEGVM) incorporating this sequence was covalently tethered to a nonfouling mixed SAM surface to nucleate the assembly of fibrillar FN matrix networks [134]. A specific surface threshold of tethered FN13 not only nucleated robust FN fibril matrices, but also served as a template for collagen fibril assembly, along with increasing osteoblast cell proliferation rate over scrambled FN13, RGD-tethered, and unmodified surfaces. This synthetic matrix-nucleating ligand offers the distinct advantage of spatial control over matrix assembly, although reproduction of these results in a 3-D system may be more challenging. These synthetic matrix assembly-directing ligands may be of practical use in bottom-up organ building and other longer-term in vivo biotechnological applications, as well as fundamental studies on cell-matrix interactions.

# 7.5. Advanced ECM-Mimetic Surface Strategies: Multivalent, Clustered Integrin Ligands

After integrin binding to a ligand, clustering of integrins facilitates assembly of multiple cytoplasmic regulatory and structural proteins into important supramolecular structures, termed "focal adhesions." These structures activate various intracellular signaling pathways that regulate gene and protein expression, migration, and differentiation and mediate strong adhesive forces (Figure 7.7) [135]. Multivalent integrin-binding ECM ligands have been developed to promote integrin aggregation by presenting nano-scale clusters of adhesion ligands, in particular, RGD peptide-based motifs. These ligands have been immobilized on either two-dimensional (2-D) surfaces or beads to study the effect of integrin aggregation/ clustering on cell responses. Key multi-clustered integrin ligands and the underlying bases of ligand clustering are shown schematically in Figure 7.7. For example, the adhesion ligand GRGDSPK was presented in nano-scale synthetic polymer clusters of varying size on



**Figure 7.7.** Integrin-specific ligand clustering may augment integrin-mediated cell functions. (a) Schematic of various clustered ligand schemes that have been developed recently, including: (1) nano-spaced ligands covalently tethered to micro-scale beads, (2) ligands functionalized on "star polymer" systems on substrate surfaces, (3) ligands tethered to the backbone of functional polymer gels and coatings in either two or three dimensions, and (4) "multi-headed" ligands that present individual integrin ligands with nano-scale spacing between them. (b) Various cell functions that have been demonstrated to be modulated by ligand clustering are also listed.

nonfouling substrates [136]. At higher cluster sizes (>3.6 ligands/cluster) an adhesion strengthening response was observed in which greater fractions of cells remained adherent as the detachment force was increased up to the force threshold. A similar polymeric RGDdendrimer system correlated larger cluster sizes with an increase in cell migration behavior [137]. Alpha-helical coiled coil peptides fused with an RGD-containing fragment were more than 100-fold more efficient than linear RGD peptides in blocking the  $\alpha_{\beta}$ ,-mediated adhesion and, once immobilized on a material surface, significantly more efficient in promoting cell adhesion and spreading [138]. Taking advantage of the robust recognition of  $\alpha_{\beta}$ , for the RGD sequence, template-assembled cyclopeptides of RGD were used to successfully target in vitro  $\alpha_{\beta}$ -expressing cells for drug delivery and detection applications [139, 140]. Possible explanations for the augmented efficacy of  $\alpha_{\alpha}\beta_{\alpha}$  selectivity and related adhesive activities that these multivalent RGD ligands exhibit over single RGD peptides may be the relatively close RGD spacing, higher localized density, and constrained tripeptide and flanking sequence conformations. More rigorous studies must be conducted to ascertain the effect of these multimeric RGD ligands on integrin clustering and higher-order cell functions compared with native matrix proteins and single ECM-mimetic ligands.

However, given the lack of integrin selectivity of RGD peptides for one specific integrin, such as  $\alpha_{5}\beta_{1}$ , multimeric ligands presenting more integrin-specific components may be useful in examining functional effects of single integrin clustering. Moreover, these clustered ligand schemes rely mainly on "statistical averages" for valency values, rather than absolute ligand cluster sizes. Multimers presenting 1, 2, 3, and 5 heads of FNIII<sub>7-10</sub>, an  $\alpha_{5}\beta_{1}$ -specific FN-mimetic ligand, have been developed to investigate the role of  $\alpha_{5}\beta_{1}$  clustering on integrin–cytoskeleton interactions in fibroblasts [141]. Beads of these FNIII<sub>7-10</sub> multimers localized to actin filaments; the higher valency (N > 3) multimer beads translocated along the cell periphery on actin highways, indicating a link between ligand clustering and cytoskeletal

pathways. The overall efficacy of these multimeric integrin-specific ligands in coordinating a variety of cell adhesive responses allude to the potential of these next-generation ligands for use on biointerfaces for more controlled cell responses and for therapeutic detection applications.

# 7.6. Summary

As we continue to accumulate greater understanding of how integrins regulate robust cell functions in distinct pathways and, in turn, how biointerfaces regulate integrin-mediated activities, new biomaterial surface modification strategies geared toward engineering integrin selectivity have been recently explored to take advantage of integrin function. Since integrins direct signaling pathways, cytoskeletal arrangements, and phenotype, and are major mediators of how cells detect and respond to their outside environment, it has become apparent that the better we control material–integrin interactions, the more directed cell and tissue response we might be able to achieve. These integrin-specific strategies utilize a multidisciplinary approach, incorporating synthetic and organic chemistry, material science, knowledge of biological pathways, and genetic engineering, to design ligands functionalized on biointerfaces that direct selective integrin binding and activation.

Although by no means inclusive, this chapter sought to highlight the major ligand engineering designs that implement this integrin-specific strategy, and also to detail the varying levels of success that these designs have achieved. Promising future approaches include targeting spatial, temporal, and multi-integrin components of integrin binding and signaling. These strategies include engineering multi-clustered integrin ligands, mixed integrin ligands geared to synergistically utilize multiple integrins for a directed functional effect, and, alternatively, reversible ligand presentation schemes to control temporal integrin activation.

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# 8

# Ligand-Functionalized Biomaterial Surfaces: Controlled Regulation of Signaling Pathways to Direct Stem Cell Differentiation

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Appropriate ligand-receptor interactions are critical in triggering signal transduction pathways in cells. This, among other functions, can direct stem cell differentiation into specific lineages. Although many of these ligands act as soluble agents, a significant number are present on surfaces of neighboring cells or as bound components on the extracellular matrix. Recent research has focused on identifying such interactions, quantitatively characterizing them, and incorporating them in synthetic engineered systems to efficiently and intentionally direct differentiation of cells to certain pathways. This chapter presents current research that focuses on directing stem cell differentiation by presenting cell-signaling ligands on biomaterial surfaces. Ligand-directed activation of the Notch signaling pathway is discussed in detail. Additional work in activating the Sonic hedgehog pathway and RhoA signaling are also discussed.

# Abbreviations

ALP	alkaline phosphatase
BMP	bone morphogenetic protein
CAM	cell adhesion molecule
CoA	coactivator
CoR	corepressor
CSL	CBF1, Suppressor of Hairless, LAG-1
DL1, DLL1, Delta1	Delta-like ligand 1
DL4, DLL4, Delta4	Delta-like ligand 4
DN	double negative (CD4- CD8-)
DP	double positive (CD4 + CD8+)
DSL	Delta, Serrate/Jagged, Lag-2

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ECM	extracellular matrix
ESC	embryonic stem cell
FTOC	fetal thymic organ culture
HES	Hairy Enhancer of Split
hMSC	human mesenchymal stem cell
HSC	hematopoietic stem cell
HSPC	hematopoietic stem cell/progenitor cell
IPN	interpenetrating polymer network
NK	natural killer
Notch IC/ICN	Notch intracellular domain
OP9-DL1	Delta-like ligand 1-transfected OP9 stromal cell
PTCH-1	Patched-1
REEC	rat esophageal epithelial cell
Shh	Sonic hedgehog
SP	single positive (CD4+ CD8- or CD4- CD8+)
VLA	very late antigen

# 8.1. Introduction

Cell–cell and cell–matrix signaling is essential in directing cell differentiation and thus determining cell fate. Many of these signaling events occur through ligand–receptor interactions between neighboring cells or through ligands that are bound to extracellular matrix (ECM) components. We are only beginning to understand the quantitative implications of these interactions within the stem cell niche, especially in terms of (a) ligand to cell ratios, (b) ligand densities, (c) spatial patterning and ligand gradients, and (d) kinetics of ligand interactions. Designing synthetic cell microenvironments that can mimic such ligand–stem cell interactions *in vitro* is not only critical to understand the fundamental biology of these signaling mechanisms under native-like conditions but also necessary to efficiently direct stem cell differentiation along a desired pathway for cell and tissue engineering applications. One way to achieve such engineered stem cell niches is to present these ligands through two- or three-dimensional (2D or 3D, respectively) biomaterial surfaces in a controllable and quantitative manner. Here we present several examples of current work to present cell-signaling ligands on such surfaces and study directed stem cell differentiation.

# 8.2. Notch Signaling Pathway

Notch signaling is a cell–cell signaling pathway that is essential during embryonic development and in adult self-renewal systems. The molecules involved in the Notch pathway are highly conserved across species and are vital in developmental cell fate decisions such as neural development, epithelial-to-mesenchymal transitions, vascular development, keratinocyte differentiation, as well as hematopoietic and T-cell differentiation [1–5]. Since it is involved in such numerous cell fate decisions, the Notch signaling pathway is an attractive system that can be mimicked in vitro to study and intentionally control cell fate decisions.

The Notch receptor is a single-pass transmembrane protein that is a heterodimer of two major subunits. The first subunit consists of a large extracellular segment with epi-

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dermal growth factor repeats – a common amino acid repeat found in growth factors and ECM proteins. The second subunit consists of a short extracellular domain, a transmembrane domain, and an intracellular domain [6]. Notch is activated by cell surface ligands of the DSL family (Delta, Serrate/Jagged, Lag-2) [7]. Physiologically, ligand binding to Notch initiates proteolytic cleavage of the extracellular and intracellular regions, mediated by action of presenilin-dependent  $\gamma$ -secretase activity [6]. The cleaved extracellular segment is endocytosed by the ligand-presenting cell. The Notch intracellular domain (Notch IC/ICN), containing nuclear localization signals, undergoes nuclear translocation and interacts with a transcriptional coactivator (CoA). CoA, in turn, displaces a corepressor complex (CoR) from its interaction with DNA-binding transcription factor CSL (*CBF1* in humans, *Suppressor* of Hairless in Drosophila, *LAG-1* in *Caenorhabditis elegans*) [7, 8]. The Notch effector CSL, once activated, enhances consequent lineage-specific gene expression. A schematic of the Notch signaling pathway in T-cell and B-cell development is provided in Figure 8.1.

In the past few years, studies have focused on mimicking the cell–cell communication involved in Notch signaling for controlling cell fate for biomedical as well as cell and tissue engineering applications. This has been largely done by innovating ways to present various Notch ligands to cells expressing surface Notch receptors, and to initiate the Notch/CSL signaling pathway.

# 8.2.1. Biological Strategy for Inducing Notch Signaling *In Vitro*: Notch Ligand-Transfected Stromal Cells for T-Cell Differentiation

Hematopoietic stem cells (HSCs) originating from the bone marrow migrate to the thymus and develop into T-cells capable of recognizing nonself antigens. T-cell development and maturation involve complex signaling interactions within the thymic microenvironment that transform CD4– CD8– (double negative [DN]) thymocytes into CD4+ CD8+ (double positive [DP]) cells, and eventually into CD4+ CD8– and CD4– CD8+ (single positive [SP]) mature T-cells [9]. Generation of mature and functional T-cells from HSCs or embryonic stem cells (ESCs) would be a significant breakthrough in cell therapy, especially in adoptive T-cell immunotherapy for cancers and allergic diseases [10, 11]. However, the difficulty of creating synthetic microenvironments for HSCs to efficiently differentiate into T-cells has been a major challenge. Fetal thymic organ cultures (FTOCs) were developed to create an explanted thymic environment for T-cell development, but such systems suffer from low cell yield and seeding efficiency, and are technically challenging for cell or tissue engineering applications [12].

Recent findings demonstrating that Notch signaling in HSCs is required for T-cell lineage commitment led to the development of model systems for T-cell generation from both ESCs and HSCs [5, 13, 14]. Schmitt and Zúñiga-Pflücker developed a coculture system for T-cell differentiation involving stem cells mixed with a mouse bone marrow stromal cell line – OP9 cells – that had been retrovirally transfected to express the Notch ligand, Deltalike ligand 1 (OP9-DL1 cells) [13]. Without Delta-like ligand 1 (DL1, Delta1, DLL1) transfection, OP9 bone marrow stromal cells, in the presence of lymphopoietic cytokines, induce differentiation of HSCs into the B-cell lineage [15, 16]. However, it was found that, when cocultured with the OP9-DL1 cells, ESCs or HSCs can be efficiently driven toward the T-cell lineage. HSCs isolated from mice and cocultured with OP9-DL1 cells were able to generate CD4+ CD8+ double-positive thymocytes after 12 days in culture [13]. Thymocyte development was also demonstrated directly from ESCs [17]. Figure 8.2 shows the flow



Figure 8.1. The Notch signaling pathway in T-cell development. (Adapted by permission from Macmillan [8]).

cytometry plots of ESCs and HSCs cocultured with either naive OP9 cells or OP9-DL1 cells, respectively. The data show expression of several lymphoid-specific cell surface markers. Early T lineage-committed cells were identified by high CD25 expression. CD4 and CD8 are not present in these early T-cells but are both expressed at later stages of T-cell development.

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**Figure 8.2.** T-cell differentiation from (**a**) embryonic stem cells (ESCs) and (**b**) bone marrow-derived HSCs by coculture with OP9-control cells and Delta1-transfected OP9 (OP9-DL1) cells. Nonadherent hematopoietic cells were collected at days 8, 14, and 20, stained for various markers, and analyzed by flow cytometry (Adapted by permission from Macmillan [17]).

Both HSCs and ESCs developed a high percentage of SP cells after 20 days of culture, while the controls did not produce any CD4+ or CD8+ cells. The stains for CD19 (a B-cell marker) showed that these control cells developed instead into the B-cell lineage. The researchers also derived T lineage progenitors from the coculture system and seeded them onto FTOCs. Within the FTOCs, these progenitors were capable of developing into mature T-cells *in vitro*. Surprisingly, these FTOCs were able to function *in vivo* as well. Immunodeficient mice transplanted with the reconstituted FTOCs were able to successfully mount an antigen-specific immune response to a viral infection [17].

More recently, T-cell precursors generated from HSCs on the OP9-DL1 system have been adoptively transferred into lethally irradiated allogeneic mice together with purified HSCs [18]. These transplanted precursors successfully grafted into the host and generated CD4+ CD8- and CD4- CD8+ cells with a normal diverse T-cell receptor repertoire, cytokine response, and proliferative response to foreign antigen. Compared with mice with only HSC transplantation, mice having T-cell precursor transfer showed enhanced resistance to bacterial pathogens. The recipients expressed high graft-versus-tumor activity, and no graft-versus-host disease. These results indicate that the transplanted cells underwent normal positive and negative selection within the thymus to eliminate cells that are alloreactive and maintain cells that respond to tumor-associated antigens.

The Zúñiga-Pflücker group also expanded this work and showed that T-cell development was also possible from human cord blood CD34+ progenitor cells using the same OP9-DL1 system [19]. Additionally, Plum and coworkers were able to take human bone marrow CD34+ progenitor cells and mature them into T lymphocytes [20].

These studies were able to successfully design and test a simple *in vitro* system to develop T-cells. By identifying a specific ligand required for T-cell commitment – Notch ligand Delta1 - they were able to replace a complex FTOC with a simple coculture system with a stromal cell line expressing that specific ligand. The coculture system was able to develop mature T-cells starting from both HSCs and ESCs, and confirmed the potential of using such stem cells for generating lineage-specific cells for therapeutic use. The *in vivo* experiments started with an FTOC system, and expanded to allogeneic HSC transplantation, both of which demonstrated that cells generated from the coculture system are fully compatible with the host and can potentially generate mature, potentially functional T-cells.

The role of Notch signaling in natural killer (NK) cell development is also being explored by using the Notch ligand-transfected OP9 system. Bevan and coworkers discovered that Jagged1-transfected OP9 cells, as well as Delta1-transfected OP9 cells, have the capability of inhibiting B-cell differentiation [21]. Only Delta1-mediated signaling could induce further proliferation and maturation of T-cell progenitors into mature T-cells, while Jagged1-mediated signaling, instead, directed the differentiation into NK cells expressing the NK marker NK1.1. NK cell development was also possible when Pax5– pro-B cells were provided with transient, not constitutive, Notch signaling through OP9-DL1 stromal cells [22, 23].

# 8.2.2. Ligand Presentation Through the Cell Surface Is Not Necessary for Notch Signaling: Immobilization of Notch Ligand on Synthetic Surfaces for Notch Signal Activation

The first attempt to design a stromal cell-free system to direct Notch signaling was by Varnum-Finney et al., who studied the effect of surface-immobilized Notch ligand Delta1 on C2C12 myoblast differentiation and Hairy Enhancer of Split (HES)-1 transcription factor activation in U20S cells [24]. Notch activation in C2C12 cells had been previously reported to inhibit myotube formation *in vitro* either through the presence of constitutively active Notch IC/ICN or in coculture with Notch ligand-expressing cells [24, 25]. Notch has also been known to activate the HES-1 gene [26]. HES-related genes are the best-characterized Notch target genes [6]. In their study, Varnum-Finney et al. presented the Notch ligand Delta1 without a cell expressing the ligand. They discovered that immobilization of Delta1 was necessary for Notch signal activation for both C2C12 cell myotube inhibition and HES-1 activation.

C2C12 myoblasts were incubated with either surface-immobilized or soluble Delta1, and stained for myosin heavy chains – a muscle differentiation marker [27]. Surprisingly, 75–80% less differentiated cells (indicating efficient Notch signaling and myotube inhibition) were observed in cultures incubated with immobilized Delta1, in comparison with those with soluble Delta1 (Figure 8.3b and a, respectively). In the case of HES-1 activation, a sixfold increase in HES-1 promoter activity was observed (Figure 8.3c). This outcome is comparable to a normal eightfold to tenfold increase in HES-1 promoter activity in cells cocultured with Notch ligand-expressing cells. It was also found that soluble forms of Delta1 had an inhibitory effect on Notch signaling in C2C12 differentiation in cultures incubated with immobilized Delta1 (data not shown), suggesting that soluble Delta1 still has the capability of binding to Notch receptors but fails to activate the Notch signaling pathway.



**Figure 8.3.** Effect of (**a**) soluble and (**b**) immobilized Delta1 at various concentrations (*x*-axis) on C2 cell differentiation. *Filled circle* denotes experimental group (with Delta1) and *filled square* denotes control group (IgG, instead of Delta1). The *y* axis indicates myosin heavy chain levels as a percentage of expression in control cells. Effect of (*a*) immobilized (*b*) and nonimmobilized Delta1 on HES-1 activation is shown in (**c**) (*black bars*). *White bars* show control groups with (*a*) immobilized human IgG or (*b*) soluble human IgG. (Reproduced/adapted with permission from The Company of Biologists [24]).

Varnum-Finney's studies concluded that nonimmobilized forms of Delta1 failed to induce Notch signaling, whereas Delta1 immobilized on a plastic surface was able to activate Notch. It was shown that the role of the signaling cell in presenting the Notch ligand can be replaced by the immobilization of the ligand extracellular domain to a plastic surface [24]. Although Varnum-Finney's research was on just two types of cells, it suggests that other cell signaling interactions may also require that the ligand be mechanically immobilized for the signal to be activated. In terms of biomedical research, this information brings up the possibility of replacing cell-cell interactions of ligand-receptor binding with biomaterials expressing the ligands on their surfaces.

Recently, Giachelli and coworkers confirmed the effect of ligand immobilization for Notch signaling using a different ligand, Jagged1, in epithelial differentiation [7]. Jagged1 was immobilized onto polystyrene surfaces. Incubation of rat esophageal epithelial cell (REEC) with either immobilized or soluble Jagged1 resulted in a drastic increase in Notch activation confirmed by gene expression studies. A CBF-1 luciferase assay on REEC incubated with Jagged1 bound to polystyrene surfaces indicated that bound, compared with unbound, Jagged1 yielded more than a ninefold increase in luciferase activity (Figure 8.4a). Notch signaling was also measured by RNA level of genes caspase 3 and occludin - genes upregulated in response to Notch signaling. RNA levels increased by threefold to fourfold with immobilized Jagged1 (Figure 8.4b). Furthermore, differentiation was assayed by expression levels of proteins that are markers for epithelial cell differentiation. Western blots demonstrated that cells incubated with bound Jagged1 had a strong expression of involucrin, CK10, and filaggrin (intermediate and late stage differentiation proteins) compared with soluble Jagged1 (Figure 8.4c). These studies [7] expanded the idea of artificial Notch signaling through a surface to epithelial cells, and suggested its usage in engineering organs that require epithelial barriers.

# 8.2.3. Method to Scale-Up Notch Signaling and Mimic Cell–Cell Interactions: Microbead-Based Notch Signaling for T-Cell Differentiation

The OP9-DL1 system effectively generates T-cells *in vitro* using a coculture of stem cells with ligand-transfected stromal cells. However, if these cells were to be used therapeutically in the future, a system without mixed coculture of cells that can effectively generate a large, pure population of such cells is necessary, especially since presence of any retrovirally transfected stromal cells is a serious regulatory concern even after separation of the differentiated T-cells from the coculture. In addition, the OP9-DL1/stem cell mixed coculture system is hard to scale-up; it remains difficult to quantify and reproducibly control the amount of ligands expressed on the stromal cells [28].

Although the Varnum-Finney [24] approach described in Sect. 8.2.2 addresses the coculture issue, it is essentially a 2D culture method; scale-up for large cell production is difficult. Further, HSCs and lymphocytes are nonadherent cells and thus more suitable for suspension cultures. In order to address these limitations and better mimic either the HSC or ESC interactions with the Notch ligand, Roy and coworkers developed a microbead-based Notch signaling system [28]. The system replaces the Notch ligand-transfected stromal cells or ligand-coated tissue culture plates with ligand-conjugated magnetic microbeads. These microbeads directly interact with the stem cells and trigger Notch signaling. The magnetic nature of the microbeads allows easy separation of bead-attached cells at various stages for biological assays and better understanding of the kinetic nature of the signaling pathway in T-cell development. This aspect also permits elimination or at least physical separation of the stromal cell line from the developing T-cells thus decreasing chances of contamination with retrovirally transfected cells. Such a system also allows (a) quantitative manipulation of cellto-bead ratios (i.e., ligand-stem cell ratio), (b) easy control of ligand density on the bead surface, and (c) ready removal of bead (i.e., the ligand) from the culture during various stages, allowing investigation of signaling kinetics on differentiation.

In these studies [28], a different Notch ligand, Delta-like ligand 4 (DL4, Delta4, DLL4), was conjugated onto magnetic microbeads via streptavidin-biotin binding. DLL4 is



**Figure 8.4.** Notch signaling in rat esophageal epithelial cells (REECs) assayed by (**a**) luciferase activity, (**b**) quantitative real-time polymerase chain reaction (PCR), and (**c**) Western blot. In (**a**), white bars are the negative control groups with either bound or soluble Fc, and black bars indicate the experimental groups with bound or soluble jag-ged-1/Fc. In (**b**), white bars are the negative control groups with bound Fc, gray bars indicate plates treated with neither Fc nor jagged-1/Fc, and black bars indicate experimental groups with bound jagged-1/Fc. In (**c**), Western blots were performed on REECs incubated with soluble Fc (*sFc*), soluble jagged-1/Fc (*sJag*), bound Fc (*bFc*), bound jagged-1/Fc (*bJag*), and not-treated plates (*NT*). Asterisk indicates statistically significant (p < 0.05) difference from the respective control. (Reprinted with permission of Wiley [7]).

also expressed on thymic stromal cells [29, 30], and is known to serve a function similar to that of Delta-like ligand 1 (DLL1) in Notch signaling [31]. The capability of these DLL4-coated microbeads to trigger Notch signaling was tested with C2C12 cells, as discussed in Sect. 8.2.2. DLL4-conjugated microbeads inhibited myotube formation in C2C12 cells, indicating that effective Notch signaling was present. When these beads were added to an OP9

coculture system of HSCs – a system that would normally induce B-cell differentiation – a significant population of cells positive for T-cell marker was observed, indicating efficient Notch pathway induction by the beads. The strength of this system was that T-cell differentiation was possible even when OP9 cells were physically separated from the stem cells using an insert system. When HSCs were allowed to be in contact with the easily removable microbeads, direct contact with OP9 cells was not necessary for T-cell development, and soluble factors secreted by the stromal cells were enough to support hematopoietic differentiation. HSCs were cultured with DLL4-coated or uncoated beads in either insert culture or in mixed culture. OP9 cells were seeded in Transwell<sup>™</sup> inserts for the insert culture or directly on top of HSCs for the mixed culture. Figure 8.5 shows the cell staining results analyzed by flow cytometry for insert culture (Figure 8.5a, b) and for mixed culture (Figure 8.5c, d). Thy 1.2, an early T-cell marker, appeared for cells cocultured with DLL4-coated beads in both mixed and insert cultures. The uncoated bead system yielded mostly CD19+ B-cells. Some B-cell differentiation was still present with the DLL4-coated beads, but a sizeable amount of Thy1.2+ cells were observed for both insert and mixed cultures. A drawback of this system is that the microbeads tend to aggregate, providing nonuniform signaling to cells, which might cause some B-cell development. However, this system explored the potential of a scalable method more plausible for *in vitro* generation of therapeutic T-cells [28].

In addition, using microbeads instead of cells, one can easily test the effect of different Notch-HSC ligand ratios and Notch ligand density on cell differentiation and



**Figure 8.5.** T-cell development with delta4 (DLL4)-coated beads from bone marrow-derived HSCs in insert cultures (**a**, **b**) and mixed cultures (**c**, **d**) with OP9 cells. (**a**, **b**) Comparison of the percentage of cells expressing T-cell marker (Thy1.2) and B-cell marker (CD19). (**c**, **d**) Flow cytometry dot plots of cultures stained for Thy 1.2 and CD 19. *Asterisk* indicates statistically significant (p < 0.05) difference from DLL4-coated beads. (Reprinted with permission of Wiley [28]).
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optimize a method for efficient T-cell generation. The microbead system is yet to be tested either with ESCs or for *in vivo* transplantation. However, the biomaterial-based Notch signaling, instead of a cell-mediated signaling, brings this system closer to therapeutic use since the possibility of implanting retrovirally transfected stromal cells together with therapeutic T-cells is eliminated. The microbead system took a step further into developing a synthetic biomaterial-based system for presenting ligands to direct cell fate. It also proved to be an improvement from the simple 2D immobilization to a 3D ligand presentation that more closely resembles the biological cell–cell contact and allows for a larger-scale cell development system.

# 8.3. Other Signal Transduction Pathways

# 8.3.1. Sonic Hedgehog Signaling

Sonic hedgehog (Shh) signaling is a well-known cell-signaling pathway conserved in many mammals. Shh is one of the best-studied ligands that regulates proliferation and differentiation in many cell types [32]. Shh, upon binding to the Patched-1 (PTCH1) receptor, initiates a cascade of molecular signaling involving another molecule, Smoothened . The cascade regulates PTCH1 transcription and also transcriptional effectors of the Gli family [33].

Healy and coworkers [32] sought to apply this signal transduction pathway to a biomaterial-based system for osteoblast differentiation. The signaling domain of Shh was conjugated onto an interpenetrating polymer network (IPN). Culture of rat bone marrow-derived mesenchymal stem cells on Shh-immobilized surfaces directed osteoblast differentiation into the bone lineage when supplemented with bone morphogenetic protein (BMP)-2 and BMP-4. The extent of differentiation, as measured by alkaline phosphatase (ALP) activity, was enhanced with immobilized Shh, in comparison with soluble Shh. RGD conjugation onto the IPN was also necessary for cell attachment. Figure 8.6 shows the ALP activity reported in this study for various experimental conditions. IPN with immobilized RGD and Shh (IPN/RGD/Shh in Figure 8.6a) showed the highest ALP activity among all groups at all



**Figure 8.6.** Effect of Sonic hedgehog (Shh) signaling on MSC differentiation measured by alkaline phosphatase (ALP) activity. (**a**) ALP activity of MSCs on interpenetrating network (IPN) with immobilized RGD (IPN/RGD), Shh (IPN/Shh), or both (IPN/RGD/Shh). (**b**) ALP activity of MSCs on IPN with immobilized RGD and soluble Shh. *TCPS* denotes the control surface without IPN. Groups not designated by the same letter are significantly different. (Reprinted with permission from Wiley [32]).

time points tested. This ALP activity was higher than either on IPN with immobilized RGD and soluble Shh (IPN/RGD in Figure 8.6b), or on IPN with immobilized RGD alone (IPN/RGD in Figure 8.6a) or immobilized Shh alone (IPN/Shh in Figure 8.6a). This signaling system, an analog of the previously mentioned Varnum-Finney's [24] and Giachelli's [7] system, demonstrated its potential for usage in mesenchymal stem cells in the field of tissue-engineered implants. Edwards and coworkers had developed Shh-expressing cells that enhanced bone regeneration when implanted within a matrix into a rabbit *in vivo* [34]. If such simple immobilization of Shh is enough to enhance bone regeneration, Shh-functionalized biomaterial surfaces could eventually be used *in vivo* for bone regeneration and integration of bone implants. Such an *in vivo* system would be a step further into developing a biomimetic system for peri-implant bone formation and implant fixation [32].

# 8.3.2. Fibronectin–Immobilized Biomaterial Surface to Induce Mesenchymal Stem Cell Differentiation and HSC Expansion

Fibronectin and the integrin-binding peptide domain of fibronectin – RGD – have been extensively used to promote cell adhesion to material surfaces. However, very few studies have explored in detail their role in triggering specific cell-signaling pathways that could lead to specific cell phenotypes.

Chen and coworkers performed a study on the effect of cell shape on commitment of human mesenchymal stem cells (hMSCs) [35]. The effect of cell shape on cell differentiation had been known, but the molecular basis of this process was unclear [36]. Based on these studies, Chen and coworkers proposed that cell shape directs hMSC differentiation through RhoA signaling. hMSCs were induced to take on either round or spread-out shapes by fibronectin-patterned material surfaces. Fibronectin was microcontact printed onto polydimethylsiloxane surfaces in order to create round-shaped, or spread out "islands" for cell attachment. The cells on the round islands underwent adipogenesis but those on spread-out islands underwent osteogenesis. When the stem cells were assayed for RhoA, it was found that high levels of RhoA were associated with osteogenesis and low levels of RhoA with adipogenesis. When the effect of RhoA alone on differentiation was tested, the results showed that RhoA activity could determine either osteogenic or adipogenic commitment of hMSCs. Furthermore, studies with cell shape revealed that without a specific cell shape, RhoA activity alone could not direct differentiation into a select lineage. In other words, even with full RhoA activity, hMSCs could not differentiate into the osteogenic lineage if the cells were in round shapes. Figure 8.7 shows the effect of cell shape on the kinase activity of ROCK, a RhoA effector. ROCK activity was higher in spread-out cells than in round cells, without treatment with Y-27632, a ROCK inhibitor. In the presence of Y-27632, ROCK activity was minimal. This result demonstrated that cell shape, as a mechanical cue, directed stem cell commitment through RhoA signaling. In terms of biomedical research, this approach is an effective tool to direct cell differentiation into a specific lineage. In the Chen and coworkers study, the fibronectin-immobilized surface was utilized to direct cells to attach and acquire specific shapes. Although direct association of fibronectin binding to RhoA signaling is not known, modification of the ligand-immobilized surface directed cell development in a desired way by controlling cell shape.

Additionally, fibronectin immobilized on material surfaces has been shown to induce not only differentiation but also expansion of stem cells. In an effort to mimic the niche in which hematopoietic stem cell/progenitor cells (HSPCs) grow – bone marrow – Mao and coworkers conjugated fibronectin onto 3D polyethylene terephthalate scaffolds, which were



**Figure 8.7.** Effect of hMSC cell shape on RhoA signaling measured by Western blots. MYPT1 phosphorylation by ROCK kinase was quantified in the presence or absence of ROCK inhibitor Y-27632. (Reprinted with permission from Elsevier [35]).

then used to culture human umbilical cord blood CD34+ cells [37]. After 10 days of culture, the fibronectin-conjugated scaffold yielded a CD34+ expansion of up to 100-fold, compared with less than tenfold expansion in scaffolds with soluble fibronectin. The 3D geometry also enhanced expansion of CD34+ cells. Expansion of CD34+ cells was also possible on scaffolds with immobilized adhesion peptides, such as the RGD and CS-1 binding motifs [38]. Fibronectin and the connecting segments of fibronectin are known to bind to cell adhesion molecules (CAMs) such as very late antigen (VLA)-4 and VLA-5. Although the exact cell signaling mechanism is unknown, binding of fibronectin to either VLA-4 or VLA-5 in HSPCs helps maintain long-term regenerative capacity, support proliferation, and enhance stimulatory growth factor signals in HSPCs [39–41]. The studies with immobilized fibronectin with CAMs to trigger cell signals that control HSPC expansion. The exact pathway by which this occurs is still unknown but these results give engineers a tool to create synthetic, biomimetic environments to control stem cell expansion.

# 8.4. Conclusions

The work by the Varnum-Finney [24], Giachelli [7], and Roy [28] groups demonstrated that cell-to-cell communication present in Notch signaling can be efficiently mimicked by material surfaces presenting the Notch ligand, thereby inducing ligand-directed stem cell signaling and differentiation. In addition, soluble stromal factors, if necessary for differentiation, can be effectively provided by physically separating stem cells from stromal cells. Not only are these systems cell-free, but they are also highly potent because only small effective amounts of ligands are required on a surface compared with the exogenous amounts needed in solution. These systems allow easy manipulation of ligand–cell ratio and ligand densities providing means, not only to study detailed quantitative effects of ligand-directed cell signaling, but to also create optimal *in vitro* conditions for therapeutic cell generation. Similar studies

inducing Shh and RhoA signaling show the versatility of such *in vitro*, surface-directed cellsignaling methods. Taken together, the studies discussed in this chapter provide evidence that surface modification of either a 2D or 3D biomaterial is no longer limited to improving cell attachment or biocompatibility but can also be used to trigger specific cell-signaling pathways and direct cell fate.

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Growth factors act on cells via endocrine, paracrine, autocrine, intracrine, juxtacrine, and matricrine mechanisms. Four of these mechanisms are diffusible, and two are nondiffusible. Signal transduction of the diffusible growth factors is significantly different from that of the nondiffusible growth factors. It is important to design growth factors for tissue engineering, regenerative medicine, and cell culture systems by considering the mechanisms of their action at the cellular and molecular level. The action mechanism and the utilization of growth factors are discussed.

# Abbreviations

bFGF	Basic fibroblast growth factor
BMP	Bone morphogenic protein
CBD	Collagen-binding domain
CBEGF	Collagen-binding EGF
CB-FGF	Collagen-binding FGF
СНО	Chinese ovary cell
CSF-1	Colony stimulating factor-1
EGF	Epidermal growth factor
ELP	Elastin-like peptide
HB-EGF	Heparin-binding epidermal growth factor
HGF	Hepatocyte growth factor
HUVEC	Human umbilical vein endothelial cell
IL-1ra	Interleukin-1 receptor antagonist
LPS	Lipopolysaccharide
MAPK	Mitogen-activated protein kinase
NGF	Nerve growth factor
PC12	Rat adrenal pheochromocytoma cell line

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RGD	Arg–Gly–Asp, a cell adhesive peptide sequence
RGDS	Arg–Gly–Asp-Ser, a cell adhesive peptide sequence
TGF-β	Transforming growth factor-β
THP-1	A monocytic cell line
TMD7	A human leukemia cell line established from blast cells
TNF	Tumor necrosis factor
TrkA	Tyrosine kinase A
UT-7/Epo	A cell line established from the bone marrow; growth is supported by
	erythropoietin
VEGF	Vascular endothelial growth factor

# 9.1. Introduction

Growth factors play an important role in regenerative medicine. In addition to cell materials (either synthetic substrates or naturally occurring matrices), growth factors are now recognized as a fundamental requirement in the field of tissue engineering (Figure 9.1) [1]. The mechanisms of action and the combination of growth factors with materials are reviewed in this chapter.

# 9.2. Mechanisms of Action of Growth Factors on Cells

The mechanisms of action of growth factors on cells are shown schematically in Figure 9.2. Diffusible interactions, such as endocrine, paracrine, autocrine, and intracrine, and nondiffusible interactions, such as juxtacrine and matricrine interactions, are known to occur. It is also known that each growth factor does not necessarily have a single mechanism of action at the cellular level.

Figure 9.3 illustrates schematically the diffusible and nondiffusible interaction mechanisms of growth factors with cells. First, the growth factor interacts with the cognate receptor on the cell membrane, and forms a complex. Second, these complexes aggregate on the cell membrane. At the same time, this interaction induces phosphorylation of the intracellular



Fusion Immobilization of growth factors in and on scaffolds

**Figure 9.1.** The principle aspects of tissue engineering. The present chapter focuses on fusion, i.e., immobilization of growth factors on a scaffold. Reprinted with permission from Soft Matter 2008;4:46-56. Copyright 2008 Royal Society of Chemistry.



Figure 9.2. Schematic illustration of the mechanisms of action of growth factors on cells.



Figure 9.3. Schematic illustration of the interaction of cells with soluble and immobilized growth factors. Reprinted with permission from Soft Matter 2008;4:46–56. Copyright 2008 Royal Society of Chemistry.

domain of the receptor, and triggers signal transduction in the cell. In the case of diffusible interactions, aggregates of the formed complexes are internalized through either a clathrindependent or a clathrin-independent mechanism. The internalized complexes are partially decomposed by lysosomes, and are partially recycled back to the cell membrane. Although pertinent mechanisms are not fully understood at the present time, the receptor is considered to be located inside the cell and not on the cell membrane [2–4]. With the exception of an intracrine mechanism, the number of receptors on the cell membrane determines the sensitivity of the cell in diffusible cases. Internalization of the receptors following complex formation reduces the number of receptors on the cell membrane. This is a downregulation mechanism that induces desensitization by reducing excessive response and overstimulation. The nondiffusible juxtacrine mechanism was elucidated by the discovery of cell membrane-bound growth factor in the 1990s [5, 6]. Heparin-binding epidermal growth factor (HB-EGF), transforming growth factor- $\beta$  (TGF- $\beta$ ), tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), colony-stimulating factor-1 (CSF-1), and the c-kit ligand are known growth factors that work by a juxtacrine mechanism.

# 9.3. Immobilized Growth Factors

In the 1990s, chemically immobilized growth factors were devised and investigated by our group and other researchers. The effect of immobilized growth factors has been investigated in the cases of artificial juxtacrine and matricrine mechanisms [1]. Table 9.1 shows the immobilized growth factors reported to date [7–117]. A summary of the evidence of direct interactions between immobilized growth factors and cells follows.

- 1. In the case of immobilization of biosignal molecules on solid surfaces, achieving sta bility and strength of bonding is very important to prevent release and/or loss of the bioactive molecules. For this reason, the amount of immobilized growth factor must be measured carefully using, for example, radioisotope labeling [7]. Radioisotope labeling is useful to detect small amounts of growth factors on small surface areas. Successful immobilization of growth factors on substrates allowed investigation of their effect on cells in vitro; cells were cultured and the effect was investigated. In the 1960s, the effect of insulin (immobilized on beads) on cells was attempted, but, because of the instability of the immobilized chemical stimulus, the study was stopped. Recently, numerous investigations into immobilized growth factors have been carried out. The efficacy of the respective results, however, has not been established.
- 2. In order to demonstrate bioactivity of growth factors bound on cell membranes in biology, cells expressing growth factors on their membranes were first chemically fixed using formalin [5, 6], and then other cells were cultured on the chemically fixed cells. Regulation of the function of cells cultured on the fixed cells provided evidence that the cell membrane-binding growth factor was bioactive; in other words, release of the growth factor into the supernatant medium was not necessary for bioactive action. Iwamoto and Mekada [6] discussed the juxtacrine mechanism of HB-EGF. They fixed a stable transfectant of mouse L cells expressing the precursor of HB-EGF (proHB-EGF) with formalin and thus prevented the release of soluble HB-EGF (sHB-EGF); these fixed donor cells were then cultured with EP170.7 cells (an epidermal growth factor [EGF] receptor-ligand-dependent cell line). Under these conditions, EP170.7 cell proliferation was stimulated. Moreover, EP170.7 cell growth depended on the amount of proHB-EGF expressed by the donor cells (6).
- 3. Specific interactions of immobilized growth factor with a cognate receptor were examined using antibodies against the immobilized growth factor. Inhibition of the growth factor by the antibody tested ascertained a specific interaction. This method has been employed by many researchers. Alternatively, direct interaction with immobilized growth factors can be demonstrated by blocking the cellular receptors using inhibitors. Figure 9.4 shows that adsorption of antibodies against immobilized vascular endothelial growth factor (VEGF) reduced the effect of immobilized VEGF on cell proliferation [79].

Growth factor	Reference
Insulin	[7–38]
Epidermal growth factor (EGF)	[39–57]
Nerve growth factor (NGF)	[40, 58–64]
Bone morphogenic protein (BMP)	[65-74]
Vascular endothelial growth factor (VEGF)	[75-81]
Fibroblast growth factor (FGF)	[51, 82–90]
Insulin growth factor-1 (IGF-1)	[84]
Transforming growth factor-β1 (TGF-β1)	[91–95]
Hepatocyte growth factor (HGF)	[96, 97]
Leukemia inhibitory factor (LIF)	[98, 99]
Stem cell growth factor (SCF)	[100]
Interleukin-2	[101]
Interleukin-1	[102]
Tumor necrosis factor- $\alpha$ (TNF- $\alpha$ )	[103]
Erythropoietin	[104]
Neurotrophin-3	[41]
Transferrin	[105]
E-cadherin	[106]
Osteopontin	[107, 108]
P-selectin	[109]
CXCR3 ligand	[110]
Notch ligand	[111–114]
Sonic hedgehog	[115]
Ephrin-B2	[116]
Osteotropic peptide parathyroid hormone (1–34)	[117]

Table 9.1. Growth factors that hav3e been chemically immobilized on materials.

- 4. Evidence that growth factors remain bioactive even after repetitive use has been reported in the literature [12, 104]. Figure 9.5 shows the culture of cells on a cytokine immobilized on a micropatterned surface. After removal of the cells, the biomolecule immobilized on the micropatterned surface retained its bioactivity and affected the functions of a fresh batch of cells subsequently cultured on the same surface; the biological activity of the surface was not maintained when the growth factor was released from the surface because of incomplete immobilization. Repeated utilization of immobilized, bioactive molecules (such as enzymes and proteins) is a desirable aspect of bioreactors used to propagate and culture large numbers of cells.
- 5. Culture of cells far from the immobilized growth factor provides further evidence of the bioactivity of the immobilized biomolecules. Transwells<sup>™</sup>, which have a semipermeable membrane at one side, have been used for this purpose with media containing nutrients that are permeable but growth factors that are impermeable; the effects of the released growth factor can be investigated in this case. If proliferation of cells cultured on the semipermeable membrane is not enhanced, but the proliferation of cells on a surface containing immobilized growth factors is enhanced, this result provides evidence that the immobilized growth factor is active without being released.



**Figure 9.4.** HUVEC proliferation on tissue culture polystyrene containing immobilized VEGF in the absence and presence of anti-VEGF antibody. Reprinted with permission from J Biomed Mater Res 2005;74:659–665. Copyright 2005 John Wiley.



Figure 9.5. UT-7/Epo cultured on immobilized erythropoietin. Reprinted with permission from Biomaterials 2004;25:2293–2298. Copyright 2004 Elsevier.

- 6. As a modification of the method described in the preceding paragraph (v), visualization of signal transduction and spatial regulation of cell functions has been performed using growth factors immobilized on micropatterned surfaces [34, 45, 46]. In such cases, cell differentiation is enhanced only on areas where the biosignal molecule is immobilized. The immobilized biomolecules influence cell functions, including proliferation and differentiation, without enhancing cell adhesion. Figures 9.6 and 9.7 show that a human leukemia cell line established from blast cells (TMD7) cells and Chinese ovary (CHO) cells overexpressed insulin receptors when cultured on Notch ligand and insulin immobilized on micropatterned surfaces in vitro, respectively. The cells proliferated on the regions that contained immobilized Notch ligand or insulin.
- 7. To further investigate the interaction of immobilized growth factors, CHO cells overexpressing the cognate receptors were cultured on substrate surfaces modified with narrow (smaller than the cell size) stripes containing immobilized growth factor [46]. The contact area between the cells (stripe width = 2  $\mu$ m) and the immobilized growth factor were stained using anti-phosphotyrosine antibody (Figure 9.8). Since free lateral diffusion and internalization of the bound growth factor and the receptor complex were prohibited by the immobilization of the growth factor, only the signal proteins in the interaction regions were activated. This finding also indicates that the biological signal was transduced only by cells that interacted with the immobilized growth factor. Utilization of microbeads with immobilized growth factors is an approach that has been used to probe the interaction of cellular receptors with immobilized growth factors.



**Figure 9.6.** TMD7 cultured on a surface containing immobilized notch ligand patterns. Reprinted with permission from Inflamm Regen 2005;25:426–430. Copyright 2005 The Japanese Society of Inflammation and Regeneration.



Figure 9.7. CHO cells overexpress insulin receptors when cultured on a surface modified with micropatterns containing insulin. Reprinted with permission from FEBS Lett 1997;403:159–162. Copyright 1997 Elsevier.

- 8. The effect of immobilized proteins has been either categorized or compared with the effect of extracellular matrix adhesion proteins such as gelatin, collagen, fibronectin, albumin, and immunoglobulins [9]. Recently, microarray systems have been employed by some researchers to investigate the effect of immobilized molecules such as growth factors [41, 84, 118, 119] and provided evidence of the efficacy of these approaches as well as for the stimulation of cell functions under these conditions.
- 9. Recently, the interaction between immobilized growth factors and cellular receptors has been investigated at the molecular level. For example, the surface density of



Figure 9.8. CHO cells overexpress EGF receptors when cultured on a surface containing immobilized EGF. Reprinted with permission from Bioconjug Chem 1998;9:277–282. Copyright 1998 American Chemical Society.

immobilized growth factor has been quantitatively investigated [40]. Cellular response decreased markedly when the surface density of the immobilized growth factor was only slightly lower than that of the receptor dimers. The receptor molecules bound to the immobilized growth factor were prevented from lateral diffusion and internalization, and thus remained at their initial positions. In the case of nerve growth factor (NGF)-receptor complexes, it was discovered that they have two distinct diffusive states: one mobile and one immobile [58]. Transition between these two diffusive states occurs reversibly with duration times determined by a single rate-limiting process. Abrupt transition to the immobile phase often occurs simultaneously with clustering of the NGF-receptor complexes. Immobilization depends on phosphorylation of the tyrosine kinase A (TrkA) NGF receptor. Using dual color imaging, it was demonstrated that membrane recruitment of the intercellular signaling protein occurs with NGF-receptor complexes in the immobile phase; this result indicates that signal transduction occurs during this phase. These results provided evidence that NGF signaling is performed through a repetitive random process that induces formation of signaling complexes.

# 9.4. Effects of Immobilized Growth Factors on Cell Function

The cellular effects of diffusible and nondiffusible delivery of growth factors should be taken into consideration in the design of materials containing growth factors that will be used as scaffolds for cells for tissue engineering applications.



Amount of growth factor

**Figure 9.9.** Comparison of the mitogenic effect of immobilized growth factor with that of nonimmobilized (soluble) growth factor. The immobilized growth factor exhibits a greater mitogenic effect than does the nonimmobilized growth factor. Even in small amounts, the immobilized growth factor affects cell function because of multivalency and high local concentration (as discussed in Sect. 9.3 (items 1 and 3), respectively). Enhancement of the mitogenic effect is caused by inhibition of downregulation and other aspects (as discussed in Sect. 9.3 (items 2 and 3), respectively). Reprinted with permission from Soft Matter 2008;4:46-56. Copyright 2008 Royal Society of Chemistry.

Stimulation of cells requires smaller amounts of an immobilized growth factor than a soluble growth factor (Figure 9.9). The higher and/or different effect of immobilized (versus soluble) growth factors results from multiple interactions and not only from the formation of a ligand–receptor complex. These effects of an immobilized growth factor are considered to result from the mechanisms presented in Sect. 9.4.1 [1].

#### 9.4.1. High Local Concentration of Growth Factors and Multivalency

The local concentration of immobilized biosignal molecules on a substrate is extremely high (Figure 9.10). In addition, the importance of the multivalency of the immobilized biosignal molecules has been addressed by many researchers. Recently, Kiessling et al. considered synthetic multivalent ligands as probes for signal transduction [120]. Multivalent ligands can bind avidly to multiple receptors on the cell membrane, a process that is facilitated in the fluid lipid bilayer by the two-dimensional diffusion of receptors. The multivalent ligands can activate signaling pathways if they can cluster signaling receptors (Figure 9.11). Kiessling et al. discussed the three major concepts that are critical for the application of multivalent ligands as probes of signal transduction [120]. (1) Since signal transduction cascades are mediated by receptor-receptor interactions, promoting a receptor assembly is critical for signaling. (2) Multivalent ligands can interact with the target receptors through multiple binding modes. (3) The structure of a multivalent ligand determines the favored binding modes. Thus, the structure of growth factor-modified surfaces can be optimized to elicit the desired biological response. Recently, Baker's group reported on the synthesis of a polyamideamine dendrimer-EGF conjugate, which acted as a superagonist by stimulating cell proliferation to a greater degree than free EGF [121].



**Figure 9.10.** Immobilization of a growth factor on the surface of a substrate provides high local concentration foe subsequent cell interactions. Reprinted with permission from Soft Matter 2008;4:46–56. Copyright 2008 Royal Society of Chemistry.



**Figure 9.11.** Interactions of a multivalent ligand with a cell. The multivalent ligand enhances the formation of a ligand–receptor complex; an interaction of the activated ligand–receptor complexes occurs because of the high local concentration of the ligand. In addition, the complexes formed are stabilized by the multivalent ligands. Reprinted with permission from Soft Matter 2008;4:46–56. Copyright 2008 Royal Society of Chemistry.



Figure 9.12. (a) Multivalent ligands inhibit diffusion of the ligand-receptor complexes. (b) Ligand-receptor complexes diffuse in a cell membrane.

In addition to a high local concentration and multivalency, prevention of lateral diffusion of the activated receptor and/or the receptor–ligand complex in the plane of the cell membrane must be taken into consideration (Figure 9.12). Clustering is needed for activation of certain types of receptors, and prevention of lateral diffusion entails stabilization of aggregates of the complexes, and thus leads to a long-lasting effect.

# 9.4.2. Inhibition of Growth Factor Downregulation

Inhibition of the internalization of growth factors should also be taken into consideration (Figure 9.3). In general, cells decompose biosignal molecules in order to reduce their stimulation, using a process known as downregulation. Immobilization of growth factors inhibits downregulation and, as a result, the stimulation continues for a long period of time without attenuation.

To investigate the aforementioned aspect, activation of cell signaling proteins, insulin receptor  $\beta$ -subunit, or the mitogen-activated protein kinase (MAPK) in the cells was measured in the presence of either immobilized insulin or immobilized EGF [12, 42]. Native insulin and EGF rapidly activated the respective insulin and EGF receptors; this activation, however, was transient. On the other hand, activation by the immobilized insulin and EGF continued to increase up to 12 h; a time lag was needed for the cells to adhere on the surface containing immobilized insulin and EGF. These sustained activations of signaling proteins by the immobilized insulin and EGF explains the high mitogenic effect of the immobilized growth factors.

Sustained activation of the immobilized biosignal molecules had another effect [49]. It is well known that while proliferation of the rat pheochromocytoma cell line PC12 is stimulated by EGF, differentiation of these cells is stimulated by NGF. Immobilized EGF stimulated PC12 differentiation [49]. Immobilized EGF induced long-lasting stimulation of



100 m

**Figure 9.13.** PC12 cells cultured on a surface with micropatterns containing immobilized EGF. The immobilized EGF induced differentiation of the PC12 cells. Reprinted with permission from J Biochem 2001;129:733–737. Copyright 2001 Japanese Society of Biochemistry.

MAPK and of a subfamily of the MAPK superfamily in the cells, as did diffusible NGF. This switching between growth stimulation and differentiation is considered to be the result of the duration of exposure of cells to the mitogenic stimulus [49]. Figure 9.13 shows PC12 cells cultured on a micropatterned surface modified with immobilized EGF; in this case, cell differentiation was induced only on the regions containing the immobilized EGF. Figure 9.14 shows the result of this process.

# 9.4.3. Other Pertinent Mechanisms

The location of the stimulation site, specifically, the cell-medium interface and the cell-matrix interface, should also be taken into consideration (Figure 9.15). Polarity, with receptors presented on either the dorsal or the ventral side, can affect various cell functions.

Immobilization of growth factors may induce a secondary effect on cell function. Kuhl and Griffith-Cima [39] reported on the rounding responses of primary rat hepatocytes on a surface containing immobilized EGF; cells responded differently on surfaces with tethered growth factor compared with cells exposed to nonimmobilized/soluble EGF. Ogiwara et al. [54] reported that A431 cells adhering to surfaces with immobilized EGF-Fc formed filopodia, whereas cells adhering to collagen in the presence of soluble EGF formed lamellipodia. In addition, Ogiwara et al. [55] found that the interaction between photo-immobilized EGF and the receptors on the cell membrane was independent of the Mg<sup>2+</sup> ion concentration; in contrast, integrin-mediated cell adhesion to natural extracellular matrix depended on the Mg<sup>2+</sup> ion concentration. Phosphorylation of EGF receptors in A431 cells was induced by immobilized EGF; this process was similar to the process induced by soluble EGF. The DNA uptake decreased when hepatocytes interacted with immobilized EGF but increased in the presence of soluble EGF. Liver-specific functions of hepatocytes on immobilized EGF were maintained for a period of 3 days, but they were not maintained in the presence of soluble



**Figure 9.14.** Schematic drawing of the time course of activation of signal proteins in cells by immobilized and soluble growth factors. While diffusible EGF and NGF induced PC12 cell proliferation and differentiation, respectively, immobilized EGF induced only cell differentiation.



**Figure 9.15.** An immobilized growth factor is different from a soluble growth factor and provides a different environment for interaction with cells.

EGF; this result indicated that different signal transduction pathways are involved in cells on immobilized EGF than those in the presence of soluble EGF. These differences in the effects of immobilized versus soluble growth factors are due to the complex structure of interfaces surrounding cultured cells.

Reddy et al. [122] developed an approach derived from an understanding of how the attenuation mechanisms, including growth factor depletion and receptor downregulation, arise from ligand-receptor trafficking processes. A recombinant EGF mutant with reduced receptor-binding affinity is a more potent mitogenic stimulus for fibroblasts than natural EGF altered trafficking properties. Optimization of ligand binding parameters requires a systemic integration of processes from the initial binding event to the final cellular response. The experimental data of Reddy et al. [122] showed that consideration of cellular trafficking processes is essential for optimizing the desired cellular response. Immobilized growth factors may have similar effects.

# 9.5. Biomaterial Design Using Immobilized Growth Factors

Various strategies to incorporate immobilized biosignal molecules in the design of biomaterials have been developed (Figure 9.16). Pertinent aspects are summarized in the sections that follow.

# 9.5.1. Methods for Growth Factor Immobilization

Immobilization of proteins on material surfaces has been reviewed recently [123, 124]. From the chemistry perspective, these immobilization methods are classified into covalent and noncovalent bonding categories. Noncovalent bonding includes physical adsorption, ionic binding, self-assembly, and biochemical affinity, and does not uphold the immobilization effect for a long period of time. Slow release of proteins from the material surface reduces subsequent biological effects. On the other hand, covalent bonding prolongs the biological effect of proteins for a long period of time.



**Figure 9.16.** Material designs using immobilized growth factors. (a) A flexible spacer chain makes the immobilized growth factor mobile. (b) Cells interact on the micropatterns containing immobilized growth factors. (c) Coimmobilization of different types of ligands (growth factors) induces crosstalk between receptors on the cell membrane. (d) Stimuli-responsive polymers add functions pertinent to cells to the immobilized growth factors. Reprinted with permission from Soft Matter 2008;4:46–56. Copyright 2008 Royal Society of Chemistry.

Recently, a novel immobilization method was reported by Mori et al. [88] These researchers immobilized basic fibroblast growth factor (bFGF) onto cubic proteinous microcrystals (*Bombyx mori cypovirus polyhedra*), which are insoluble in a physiological cellular environment.

#### 9.5.2. Spacer Insertion and Surface Stiffness

After cell receptors form complexes with their respective ligands, these complexes are generally considered to aggregate in the cell membrane and to transmit signals to the nuclei (Figure 9.2). In this case, insertion of a spacer between the material surface and the biosignal molecule may enhance diffusion of the complex in the cell membrane (Figure 9.16a). Several studies used spacer chains and reported increased bioactivity [17, 20–23, 39]. Limitations of this approach include steric hindrance in the spacing of the growth factor from the substrate, and the possible impact on the growth factor binding to the cell surface receptor. For example, conjugation with a polyethylene glycol spacer reduces the biological activity of insulin [18].

Insertion of a spacer arm is also related to the surface stiffness. As revealed by recent experiments using soft elastic substrates, cells sense and react to the extracellular matrix stiffness [125, 126]. Therefore, protein immobilization has been performed using polymeric materials with different water contents, and the effect of immobilized growth factor has been examined. Increased flexibility of an immobilized growth factor increased its biological activity.

Iwamoto and Mekada [6] addressed the flexibility of a membrane-anchored growth factor, specifically HB-EGF, in the context of the juxtacrine mechanism. In that study, fixation using formalin perturbed aggregation of the ligand–receptor complexes in the cell membrane; this event led to different biological stimulation of the cells.

## 9.5.3. Micropatterning

Micropatterning of biomaterials (Figure 9.16b) has been used to regulate cell function such as proliferation and differentiation subsequent to cell adhesion [127–137]. Cells adhering onto micropatterned substrates conform their shape to the underlying adhesion region. This change in morphology is concomitant to changes in the cytoskeleton and affects critical cell functions such as apoptosis and proliferation [138]. Cell shape can also control stem cell differentiation [140]. Gene upregulation and protein synthesis are also altered following changes of the shape of the nucleus [139]. Controlling the cellular microenvironment through micropatterning may be used to modulate cell function pertinent to tissue engineering applications.

Because cells lie in contact and/or in close proximity to other cell types in the tightly controlled structure of tissues inside the body [130], tissue-engineering constructs, which aim at reproducing the structure of biologic tissues, will benefit from incorporating control of cell–cell interactions [141]. Patterned cocultures are a useful tool for tissue-engineering constructs and for studying cell–cell interactions in vitro because they can be used to control the degree of homotypic and heterotypic cell–cell contact. Pioneering work in this area was performed by studying the interaction of hepatocytes and nonparenchymal fibroblasts in cocultures [142]. Recently developed pertinent methods utilize thermally reversible polymers [143], layer-by-layer deposition of ionic polymers [144], microfluidic deposition [145], and molding of hydrogels [146].



**Figure 9.17.** HUVECs cultured on glass plates modified with micropatterns containing immobilized VEGF. The numbers (microns) in the photographs indicate (a) the width of the immobilized regions and (b) the width of the lattice gap. (a/b) is indicated in each micrograph. The surface density of both gelatin and VEGF was 21.2 ng/mm<sup>2</sup>. Reprinted with permission from J Biomed Mater Res 2005;74:659–665. Copyright 2008 John Wiley.

As mentioned in Sect. 9.3 (items 6 and 7), micropatterning is also useful for investigating the effect of immobilized growth factors of cell responses. If no signal transduction is observed in the presence of nonimmobilized (soluble) growth factor, then it is possible to conclude that released/soluble growth factor does not affect cells and their function.

In addition, micropatterning has been utilized to regulate cell morphology and tissue formation. Ito et al. [79] used micropatterned substrates and endothelial cells to investigate formation of blood vessels (Figure 9.17). Gomez et al. [64] reported axon extension in neurons on a surface containing covalently immobilized NGF; microtopography was introduced in the form of microchannels. When the two surface stimuli were combined, a synergistic increase in axon length was detected; this response could be the result of faster polarization triggered by the substrate topography and was enhanced by the NGF stimulus.

# 9.5.4. Coimmobilization

Other macromolecules have been coimmobilized with growth factors to enhance select cell functions (Figure 9.16c). The mitogenic effect of immobilized growth factors on cell function has been reported by various research groups [24–31, 36, 37]. In order to enhance cell adhesion, adhesive extracellular matrix proteins such as collagen, fibronectin, gelatin, and Arg–Gly–Asp–Ser (RGDS) peptide (which is a cell adhesive domain in many

extracellular matrix proteins), have been coimmobilized; both cell adhesion and subsequent cell proliferation were remarkably enhanced on the substrate surface containing coimmobilized moieties. Coimmobilization with either other adhesion proteins or different growth factors provides new and unexplored possibilities to regulate cell functions using biomaterials. Cationic polymers, such as poly(allyl amine) and polylysine, have been employed for the physiochemical enhancement of cell adhesion.

In addition, various stimuli-responsive materials have been developed recently and have been used to modulate function of cells interacting with these materials [147–150]. Chen et al. [35] immobilized insulin using a thermoresponsive polymer, poly(*N*-isopropyl-acrylamide) and reported enhanced cell proliferation in the case of immobilized insulin. Recently, coimmobilization of insulin and a cell adhesive peptide sequence (RGDS) was reported by Hatakeyama et al. [36–38].

#### 9.5.5. Engineering of Proteins for Immobilization

Various gene-engineered proteins have been designed and synthesized and immobilized on substrates (Table 9.2). Nishi et al. [51] constructed fusion proteins consisting of a growth factor moiety and the collagen-binding domain (CBD) of collagenase, which acted as an anchor for the collagen fibrils. They chose EGF and bFGF as parts of the fusion proteins (collagenbinding EGF [CBEGF], collagen-binding bFGF [CB-FGF]). When CBEGF was injected subcutaneously into hairless mice, it remained at the sites of injection for a period of up to 10 days, whereas EGF was not detectable 24 h after injection. Although CBEGF did not exhibit a growth-promoting effect in vivo, CBEGF (but not bFGF), strongly stimulated DNA synthesis in stromal cells at 5 and 7 days after injection. These results indicate that CBD may be used as an anchoring unit to produce fusion proteins that are nondiffusible and long lasting in vivo.

Hayashi et al. [52] developed a recombinant technology to confer a mitogenic activity to type III collagen by fusing it with EGF at the N terminus of collagen. The fusion protein maintained the triple-helical structure of collagen as well as the mitogenic activity of EGF. Furthermore, the chimeric protein could be immobilized in tissue culture dishes in a fibrous form and in collagen fibrils without losing the original mitogenic activity of EGF.

Collagen-binding and fibrin-binding growth factors consisting of EGF, hepatocyte growth factor (HGF), and VEGF and of the binding domains in fibronectin have been reported (Figure 9.18) [53, 96]. The fusion protein bound to gelatin and fibrillar collagen sponges and stimulated substantially cell proliferation after binding to collagen-coated culture plates; in contrast, EGF and HGF alone had no effect. This result indicated that this fusion protein acted as a collagen-associated growth factor. On the other hand, Elloumi et al. [56]

Growth factor	Added peptide	Source of peptide motif	References
BMP, FGF, TGF-β	Collagen-binding domain	von Willebrand factor	[71, 82, 91]
EGF, bFGF	Collagen-binding domain	Collagenase	[51, 89]
EGF, HGF	Collagen-binding domain	Fibronectin	[53]
EGF	Collagen	Collagen	[52, 96, 97]
VEGF, NGF, BMP, ephrin-B2	$a_2 PI_{1-8}$	8-Amino acid sequence from a, plasmin	[63, 67, 76–78, 116]
EGF	RGD	Adhesion factor	[56]

Table 9.2. Gene-engineered growth factors.



**Figure 9.18.** Gene-engineered growth factors (e.g., EGF, VEGF, and HGF) containing the collagen-binding domain present in fibronectin. Reprinted with permission from Soft Matter 2008;4:46–56. Copyright 2008 Royal Society of Chemistry.

reported a novel protein consisting of a cell adhesive peptide sequence (Arg–Gly–Asp [RGD]), EGF (a mitogen), and a hydrophobic sequence (an efficient assembler) in a single molecule. This protein was coated on the unmodified hydrophobic surface of a cell culture plate (through the hydrophobic moiety) and retained both cell adhesive activity (through the RGD sequence) and cell growth activity (through the EGF moiety).

Zisch and Hubbell's group engineered fibrin-based hydrogels that were covalently modified with growth factors, including VEGF, NGF, ephrin-B2, and bone morphogenic protein (BMP). They developed a method that allowed the covalent incorporation of exogenous bioactive peptides by the transglutaminase activity of factor XIIIa into fibrin during coagulation. The ability of factor XIIIa to crosslink additional proteins within fibrin was employed to covalently incorporate growth factors.

Recently, Kim et al. [102] formulated a fusion protein of recombinant human interleukin-1 receptor antagonist (IL-1ra) and elastin-like peptide (ELP), and found that immobilized IL-1ra-ELP modulated the inflammatory profile of lipopolysaccharide (LPS)-stimulated human monocytes in vitro. In particular, LPS-stimulated THP-1 monocytes exposed to either soluble or immobilized IL-1ra-ELP did not differentiate; these cells exhibited attenuated expression of pro-inflammatory cytokines but increased expression of anti-inflammatory and wound-healing cytokines. The extent of signaling by either the immobilized or the soluble fusion protein was similar in magnitude, indicating roughly equivalent bioactivity; moreover, signaling in monocytes in vitro is affected by immobilized IL-1ra-ELP.

Other binding methods, such as fusion with the immunoglobulin G Fc region [54], *p*-azido phenylalanine [55], histidine tag [57], cysteine-containing tag [80], and a cellulosebinding domain [100], have been employed. These gene-engineering methods resulted in oriented immobilization of biosignal molecules for efficient interaction with cell receptors to induce signal transduction in cells.

Protein-engineered growth factors can be used to modify the surface of three-dimensional scaffolds. Difficulties encountered with these methods include formation of inclusion bodies and/or denaturation during mass production of the engineered proteins. Further progress in protein engineering is needed before the efficacious use of the pertinent methodologies in tissue engineering is feasible.

# 9.6. Conclusions

The field of tissue engineering needs biomaterials that provide biofunctional and structural support for living cells outside of the body. Most of the commonly used biomaterials in tissue engineering are designed based on their physicochemical properties, thus providing precise control over mechanical strength, compliance, porosity, and degradation kinetics. Various types of biofunctional signals have been discovered, and new mechanisms of action have been revealed. By tethering, immobilizing, and supplementing biofunctional macromolecules, such as growth factors, directly to a scaffold material, communication between cells on the engineered scaffolds and their extracellular environment can be regulated. For the purpose of surface functionalization, immobilization of the growth factor is a powerful tool for constructing elaborate intelligent biofunctional materials.

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# 10

# Cell and Tissue Interactions with Materials: The Role of Growth Factors

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Realization and appreciation that growth factors are essential in tissue development, regeneration, and maintenance as well as crucial mediators/regulators of pertinent cellular- and molecularlevel events has motivated new directions in bioengineering research. These endeavors have the potential of seminal contributions in implant biomaterials, tissue engineering, and regenerative medicine.

This chapter summarizes the current knowledge of the role of growth factors in the biology/physiology of two tissues, specifically, vascular tissue and bone. It also provides an overview of research endeavors directed at transferring and applying pertinent growth factor knowledge to biomaterials; delivery of the appropriate type, concentration, and timely sequence of bioactive growth factors, which promote interactions and functions of cells pertinent to neotissue formation, will enhance the long-term performance of implants, including tissue-engineering constructs. Future directions for research and development in these areas are outlined.

# Abbreviations

ACS	absorbable collagen sponge
aFGF	acidic fibroblast growth factor (equivalent to FGF-1)
ALK1	activin receptor-like kinase 1
AMD	age-related macular degeneration
AP	alkaline phosphatase
bFGF	basic fibroblast growth factor (equivalent to FGF-2)
BMC	bone marrow cell
BMP	bone morphogenetic protein
ECM	extracellular matrix
FDA	US Food and Drug Administration
FGF	fibroblast growth factor
FGFR1	fibroblast growth factor receptor 1

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FGFR2	fibroblast growth factor receptor 2
FGF-1	fibroblast growth factor-1 (equivalent to aFGF)
FGF-2	fibroblast growth factor-2 (equivalent to bFGF)
HSC	hematopoietic stem cell(s)
hBMSC	human bone-marrow stromal-cell
HA	hydroxyapatite
HIF-1α	hypoxia-inducible factor-1a
HUVEC	human umbilical vein endothelial cell
IGF	insulin-like growth factor
IGFBP	insulin-like growth factor binding protein
MMP	matrix metalloproteinase
mRNA	messenger ribonucleic acid
Flt-1	fms-related tyrosine kinase-1 (equivalent to VEGFR-1)
Flk-1	kinase insert domain receptor (equivalent to VEGFR-2)
NO	nitric oxide
PDGF	platelet-derived growth factor
PDGFR	platelet-derived growth factor receptor
PDGFR-α	platelet-derived growth factor receptor- $\alpha$
PDGFR-β	platelet-derived growth factor receptor-β
PDLLA	poly (D,L-lactide)
PLA	poly(lactic acid)
PLGA	poly(lactic-co-glycolic acid)
PEG	polyethylene glycol
rhBMP-2	recombinant human bone morphogenetic protein-2
SCID	severe combined immunodeficiency
SS-PEG-SS	disuccinimidyldiscuccinatepolyethyleneglycol
TGF	transforming growth factor
TGF-β	transforming growth factor-β
TGFβRI	transforming growth factor-β receptor-I
TGFβRII	transforming growth factor-β receptor-II
VEGF	vascular endothelial growth factor
VEGFR	vascular endothelial growth factor receptor

# 10.1. Introduction

Development and homeostasis of tissues and organs depend on a fascinating, but complex, interplay and function of their constituent cells with their microenvironment. To date, details in the underlying mechanisms of how these cells are directed to specific locations and function in modes characteristic to particular tissues and organs remain unknown but are areas of intensive and promising research.

Advances in developmental, molecular and cell biology, biochemistry, and medicine have identified various chemical compounds such as growth factors, cytokines, and chemokines that are produced by cells; these agents act in autocrine and paracrine fashions in their respective microenvironments, provide essential cues, and regulate crucial events at the cellular molecular levels that are necessary for tissue development, repair, and regeneration. Such contributions are elucidating fundamental aspects of biology and physiology in both health and disease; research in relevant fields is continuing and breakthrough developments are forthcoming.

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At the same time, biomedical engineers are seeking to incorporate pertinent discoveries of the aforementioned basic sciences into applications, some of which have focused on mimicking natural processes and aspire to achieve tissue healing, repair, and regeneration. In the case of tissue engineering, for example, these endeavors initially brought together relevant cells and biomaterial matrices. The necessity of growth factors, however, has been recognized and is now considered an integral part of the "triad" of what are unequivocally considered fundamental components/constituents of tissue engineering. Undoubtedly, efficacious use of growth factors in tissue engineering requires complete knowledge of the role of growth factors pertinent to each tissue during development and healing.

Since discussion of all mammalian tissues and all pertinent growth factors is not possible in one single manuscript, in the present chapter we chose to focus on two respective representatives of soft and hard tissues: vascular tissue and bone. In addition to reviewing current knowledge of the role of growth factors in the development, healing, and repair of these two tissues, this chapter includes examples of applications of such information in the design and formulation of the next generations of biomaterials that make available growth factors in order to enhance the long-term performance of implants including tissue-engineering constructs. In addition, cutting-edge research in these fields is highlighted, and future directions for research and development in these areas are outlined.

# 10.2. Growth Factors in Vascular Network Formation and Repair

Expansion of the vascular system during embryological development, tissue growth, and wound healing in adult mammals is guided in part by the actions of specific growth factors. Growth factors act on endothelial cells and their progenitors, as well as on vascular smooth muscle cells and supportive cells of the stroma, and play the key role in guiding the processes required for new blood vessel formation and growth. Understanding the biological effects of these growth factors as a function of their physiological concentrations, bioactivity, timing of release, and synergism in health and disease is needed in order to advance therapeutic use of growth factors in conjunction with biomaterial implants and engineered constructs for the development of new vasculature in tissues and organs.

# 10.2.1. Vasculogenesis and Angiogenesis

Formation and expansion of the peripheral vasculature involves two processes: vasculogenesis (the development of new vascular plexus from endothelial progenitors, the angioblast), and angiogenesis (the development of new vessels by budding, sprouting, and anastomoses of existing vessels). Embryological vascular development consists of both vasculogenesis and angiogenesis, while postnatal tissue growth and wound repair primarily consists of angiogenesis.

In humans, "vasculogenesis," the formation of the vascular system, begins during the third week of development. The first step in vasculogenesis is the formation of blood islands in the extraembryonic mesoderm by aggregating angioblasts, which differentiate into endothelial-like cells [1, 2]. Mouse models have demonstrated that proliferation and flattening of the endothelial-like cells (which make up the blood islands) result in the formation of a lumen [3]. As embryo development progresses, the primitive vascular network matures by further differentiation of the endothelial cells. Primitive arteries and veins are formed in the aforementioned fashion, while capillaries are formed by angiogenesis.

Angiogenesis is responsible for the formation of capillary networks that permeate tissues and organs and provide the functional surface for transport phenomena, specifically, supply of oxygen and nutrients and removal of metabolic waste. Angiogenesis is also responsible for the rebuilding or remodeling of capillary networks in adults during wound healing. Angiogenesis is characterized by an endothelial tip cell, which emerges from an established vessel and guides capillary growth [4]. The tip cell migrates without proliferating until a connection is made with another blood vessel [4]. Following the tip cell are one to two supporting stalk cells, which may proliferate as the blood vessel extends [4]. After anastomosis, the blood vessel forms a lumen by cord hollowing and intracellular vacuole formation and fusion [5]. Maturation of the blood vessel requires subsequent processes including recruitment of mural cells and guided apoptosis of redundant vessels [6].

Different combinations of various cell populations (specifically, endothelial cells, smooth muscle cells, fibroblasts, and pericytes) are involved in blood vessel formation and characterize the types (i.e., capillaries, arteries, and veins) of blood vessels formed. Consequently, the composition of the extracellular matrix of the various blood vessels differs. Remodeling of the vascular network occurs in response to pertinent physiological demands, which include biochemical and biomechanical stimuli [7].

# 10.2.2. Vascular Endothelial Growth Factor (VEGF)

VEGF, the most widely studied stimulator of endothelial cell migration, proliferation, and differentiation, plays a role in nearly every phase of vascular tissue development and maintenance. The VEGF family (a subset of the platelet-derived growth factor [PDGF] superfamily) includes VEGF-A, VEGF-B, VEGF-C, VEGF-D, and placental growth factor. VEGF-A is the primary regulator of vasculogenesis and angiogenesis. There are three primary isoforms of VEGF-A in humans: the 121-, 165-, and 189-amino acid forms. VEGF-A165, the most common subtype, mediates most of the physiological effects of VEGF. VEGF-A121, the shortest subtype, diffuses into serum from its site of release without attachment to nearby extracellular matrix (ECM) proteins. VEGF-A165 has mild affinity for neuropilin-1 and heparin, but VEGF-A189 has significant binding affinity for heparin and is bound to ECM when it is released [8]. Binding of VEGF-A165 to the extracellular matrix results in VEGF gradients in the tissue surrounding the release site of the growth factor [8].

The effect of VEGF on cells is conveyed by its interaction with pertinent receptors on the cell membrane. There are two important VEGF-A receptors (VEGFR) expressed on endothelial cells during angiogenesis: VEGFR-1 (Flt-1) and VEGFR-2 (Flk-1). Compared with VEGFR2, VEGFR1 has an order of magnitude greater affinity for VEGF-A. However, the tyrosine kinase activity of VEGFR-2 is nearly ten times that of VEGFR-1 [8].

Formation of blood islands during development is regulated by VEGF-A and VEGFR-2 [9]. Knockout mice for either of these proteins (even a heterozygous mutation) exhibit a fatal lack of blood island formation and vasculogenesis during early embryogenesis; this result underlines the critical requirement for a minimum VEGF level for normal blood vessel formation [10–12]. Although knockout VEGFR-1 mice also exhibit a lethal phenotype, they form blood vessels that are disorganized and dysfunctional [13]. It has been hypothesized that the high affinity of VEGFR-1 for VEGF-A is a mechanism to regulate the concentration of VEGF-A in order to inhibit overstimulation of VEGFR-2 [14]. Once blood islands have formed, VEGF-A promotes migration and proliferation of newly formed endothelial cells in the island wall, leading to enlargement and coalescence of the primitive blood vessels [15, 16].

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Studies in the mouse retina (an established model for angiogenesis) provided evidence that an extracellular VEGF-A gradient guides the extension and migration of endothelial tip cells [4, 17]. VEGFR-2, which is highly expressed on tip cell filopodia, guides migration of endothelial cells in the direction of the highest VEGF-A concentration [4]. Proliferation of the endothelial stalk cells is also mediated by VEGF-A via VEGFR-2 receptors; in this case, however, cell proliferation depends on the local concentration, and not on the concentration gradient, of VEGF-A [4]. In vitro, VEGF-A165 induces bovine microvascular endothelial cells to form capillary-like structures in collagen gels in a dose-dependent manner; in this case, a 100 ng/mL bolus of VEGF-A165 induced maximum such tubule formation [18].

In the human adult, the low levels of VEGF-A expressed in most vascularized tissues play a role in the maintenance of a healthy vasculature [19, 20], while high levels of VEGF-A in adult tissue lead to formation of leaky, hemorrhagic vessels [21–23]. VEGF-A prevents apoptosis in cultured, primary, human umbilical vein endothelial cells (HUVECs) subjected to serum starvation [24, 25]. VEGF-A production, induced by hypoxia in many human cell types such as myocytes, is increased both in surrounding tissues and in blood serum [19, 26, 27]. The mechanism of such VEGF-A upregulation involves increased hypoxia-inducible factor-1 $\alpha$  (HIF-1 $\alpha$ ) [19]. In mice, Flt-1 receptors on endothelial cells are upregulated by hypoxia [28]; this condition promotes angiogenesis and leads to increased perfusion of the hypoxic tissue [28]. The role of VEGF-A in new blood vessel formation in hypoxic tissues is crucial in both health and disease; in the latter case, it is a target of tumor-suppression therapy research [29].

VEGF increases capillary permeability, an important feature of inflammation; the underlying mechanism involves induction of nitric oxide (NO) synthase, which leads to increased NO production and relaxation of vascular smooth muscle cells in the subendothelial layers of vascular tissue [30]. A consequence of increased vascular permeability is deposition of plasma proteins (such as fibrinogen) in the vascular wall tissue; specifically, fibrinogen subsequently facilitates angiogenic sprouting [31]. VEGF also induces expression of extracellular matrix metalloproteinase (MMP); select MMPs degrade the basement membrane, facilitating sprouting angiogenesis [32].

VEGF plays an important role in the recruitment, activation, and differentiation of endothelial progenitor and progenitor cells of the stroma. VEGF receptors are present on hematopoietic stem cells (HSCs); moreover, serum VEGF is chemotactic for HSC from the bone marrow [26, 33]. HSCs, which are recruited by VEGF, have been implicated in angiogenesis [26].

In summary, VEGF is involved in the organization of primitive blood vessel development, guidance of capillary extension, proliferation of endothelial cells, recruitment and commitment of endothelial cell precursors, wound healing, and maintenance of healthy blood vessels. Because VEGF critically affects almost every stage of vascular tissue development, repair, and expansion, it is the most important candidate among growth factors for the development of vascular tissue and of vascularized, engineered constructs of other tissues and organs. VEGF alone, even in high doses, is unlikely to lead to functional blood vessel formation: VEGF must be used in conjunction with other important factors.

## 10.2.3. Fibroblast Growth Factor (FGF)

FGFs are secreted by many cells, especially macrophages and tumor cells [34]. There are more than 20 FGFs, but most pertinent to the vasculature are the acidic fibroblast growth factor (aFGF or FGF-1) and basic fibroblast growth factor (bFGF or FGF-2) [34].

These growth factors act by activating the tyrosine kinase receptors FGFR1 and FGFR2 on target cell membranes.

Mesodermal aggregation during embryonic development is directed by bFGF [1]. In vitro, physiological concentrations of 1–50 ng/mL bFGF induce endothelial cell proliferation in a dose-dependent manner [18]. Moreover, bFGF promotes migration and proliferation of newly formed endothelial cells in blood islands and causes a primitive vascular network to form as the cavities enlarge and coalesce [15, 16]. bFGF is important in maintaining the newly developed vasculature [16].

FGF affects angiogenesis through both direct and indirect pathways that involve upregulation of receptors specific to other important angiogenic factors such as VEGF. bFGF stimulates expression of VEGF in endothelial cells and stromal cells [35–37]. When combined with VEGF, bFGF acts synergistically to increase endothelial cell migration and proliferation [18, 38].

# 10.2.4. Platelet-Derived Growth Factor (PDGF)

PDGFs, members of the same superfamily as VEGF, are potent mediators of smooth muscle cell and pericyte proliferation, migration, and recruitment [37, 39–41]. There are five PDGFs: PDGF-AA, PDGF-AB, PDGF-BB, PDGF-C, and PDGF-D. The PDGFs act via two receptors, platelet-derived growth factor receptor- $\alpha$  (PDGFR- $\alpha$ ) and platelet-derived growth factor receptor- $\beta$  (PDGFR- $\beta$ ), located in cell membranes. The most prevalent in vivo interaction of PDGFs and PDGFRs pertinent to the vascular system is that of PDGF-BB and PDGFR- $\beta$  [41].

PDGF regulation of smooth muscle cells and pericytes is critical to the formation of blood vessels, as these cell types form the supportive mural layer around mature vessels (capillaries, however, lack a layer of vascular smooth muscle cells in their walls). PDGF-BB expression by the tip cells of forming capillaries is hypothesized to recruit progenitors of smooth muscle cells and pericytes that express PDGFR- $\beta$ ; the supportive nature of the mural cells is critical to the stability of new blood vessels [41].

In addition to direct effects on cell function, PDGFs interact with other growth factors. In angiogenesis, the effect of bFGF (which alone causes moderate levels of recruitment and proliferation of smooth muscle cells and pericytes) is enhanced when combined with PDGF-BB [37, 39, 40]. Moreover, the synergistic effect of PDGF-BB and bFGF on smooth muscle cells is thought to lead to maturation and stabilization of the blood vessel stroma [37, 39]. The synergy between these growth factors is due to crosstalk between receptors; bFGF causes FGFR-1 transactivation of the PDGFR of smooth muscle cells and pericytes, inducing their maturation [40].

# **10.2.5.** Transforming Growth Factor- $\beta$ (TGF- $\beta$ )

TGF- $\beta$  is an important regulator of early vascular development and angiogenesis [42]. The TGF- $\beta$  superfamily consists of nearly 30 proteins including the bone morphogenetic proteins (BMPs). There are two types of TGF- $\beta$  receptors on cells, both of which are serine-threonine kinases; type-II receptors (like TGF $\beta$ RII) bind the growth factors and then phosphorylate type-I receptors (such as activin receptor-like kinase 1 [ALK1]), which activate intracellular signaling cascades [31]. Of all the growth factors and receptors in the TGF- $\beta$  family, TGF- $\beta$ 1 interacting with TGF $\beta$ RII and ALK1 are the most pertinent ones to vascular tissue [31].
TGF- $\beta$ 1 is expressed by various cell types including endothelial cells and other vascular tissue cells (such as pericytes), and promotes synthesis and deposition of extracellular matrix by these cells [43]. TGF- $\beta$ 1 induces smooth muscle cell differentiation and recruitment from surrounding mesenchymal cells [31, 44–47]. The effects of TGF- $\beta$ 1 on endothelial cells and smooth muscle cells are dose dependent. Upregulation of angiogenic proteins and proteinases by low (0.2–0.5 ng/mL) doses of TGF- $\beta$ 1 leads to increased blood vessel turnover and fosters blood vessel growth. At higher doses, however, TGF- $\beta$  inhibits endothelial cell proliferation and promotes increased extracellular matrix deposition by endothelial and smooth muscle cells; this contributes to the maturation and strengthening of the blood vessel wall tissue [31, 44–47]. Mutations in either TGF- $\beta$  or its receptors (TGF $\beta$ RI and TGF $\beta$ RII) result in a disorganized vasculature and in frail blood vessels in the mouse embryo [48–50].

Compared with the aforementioned in vivo effects, the in vitro effects of TGF- $\beta$  are different; proliferation of cultured endothelial cells is inhibited with TGF- $\beta$  in the range of 10 pg/mL to 10 ng/mL [31, 47, 51]. The differences between in vivo and in vitro effects of TGF- $\beta$  suggest that the biphasic effects in vivo may be due to TGF- $\beta$  interaction with other growth factors or growth factor receptors. For example, since TGF- $\beta$  upregulates the expression of VEGF messenger RNA (mRNA) in mouse fibroblasts as well as in human endothelial cells, VEGF expression (due to TGF- $\beta$ ) may be the driving force for endothelial cell proliferation in vivo [51]. The presence or absence as well as the concentration of growth factors, specifically of TGF- $\beta$  [52] and VEGF [53], drive cell apoptosis, which is part of the remodeling process of the vascular network.

#### 10.2.6. Growth Factors in the Wound-Healing Process of Vascular Tissue

Vascular infiltration into injured tissue is a requirement for healing, and occurs by the mechanisms of angiogenesis discussed previously in this chapter (Sect. 10.2.1). Infiltrating vessels bud from uninjured capillaries in and around the site of the injury, and this intimately depends on intricate expression of growth factors. VEGF is expressed by many of the cell types involved in the healing response, including endothelial cells, fibroblasts, smooth muscle cells, platelets, macrophages, and neutrophils [54]. VEGF induces vasodilation, degradation of basement membrane proteins, endothelial cell migration, and endothelial cell proliferation [54]. Immediately after injury, during the inflammatory phase of healing, local VEGF levels are increased due to release from activated platelets and inflammatory cells. VEGF secreted by endothelial cells and vascular smooth muscle cells in blood vessels in and around the injured tissue is upregulated within 1 day after injury and is responsible for the growth of capillaries into the site as early as 3 days after injury [19, 54, 55]. VEGF release and diffusion establishes a gradient that guides angiogenesis toward hypoxic tissue [54]. VEGF is critical after the inflammatory phase as well; VEGF expression peaks during the proliferative phase between 2 and 7 days [56]. bFGF is also important in wound healing of vascular tissue. bFGF levels have an initial peak immediately after vascular injury lasting until the proliferative phase at about 3 days. After a period of low expression, bFGF levels increase to their highest point after angiogenesis is complete at about 8 days [54]. It is hypothesized that preformed bFGF in the tissue released after injury accounts for the initial bFGF peak, and is responsible for upregulation of VEGF [54]. The second bFGF peak results from synthesis and release of endothelial cells in the newly formed capillaries; bFGF then regulates lumen formation and basement membrane development [54].

# 10.2.7. Growth Factors in Select Pathological Conditions Pertinent to Vascularization

Blood vessel formation and degeneration play a critical role in various pathologic conditions. The aberrant function of blood vessels in these conditions relates to the expression of various growth factors. Examples of diseases and syndromes in which growth factors affect the vascular network, and are recognized key aspects of such conditions, include many malignancies, age-related macular degeneration, proliferative retinopathy, rheumatoid arthritis, brain edema, atherosclerosis, and pulmonary hypertension [24, 41].

The most prominent example of the role of vascular growth factors in pathological conditions is in malignancy. Most solid tumor cells secrete abnormally high levels of VEGF; this is the mechanism by which the tumor promotes formation of the vascular network required for its survival and growth [24]. In addition, the cells of the supportive stroma of tumors secrete abnormally high levels of VEGF [24, 57–60]. The crucial role of VEGF in the growth of tumors has been supported by the clinical use of VEGF-neutralizing molecules and VEGFR antagonists, which inhibit formation and maintenance of the vascular network, and arrest tumor growth in some types of cancer [8]. bFGF and TGF- $\beta$  have been implicated in the angiogenesis of various rodent and human tumors as well [34, 45, 61]. TGF- $\beta$  is highly excreted in some tumors, and stabilizes newly formed tumor vessels and suppresses the immune response [45]. bFGF specifically increases endothelial cell proliferation, migration, and adhesion in tumor angiogenesis, all critical steps in the formation of new vasculature, making bFGF and its receptors a target of anti-cancer therapy [34]. In fact, administration of anti-bFGF antibodies either slowed or halted the growth of some cancers by inhibiting angiogenesis [62].

## 10.3. Growth Factors in Bone Development and Repair

Development of new bone and the process of bone growth and repair are guided by an intricate interplay of growth factors and their respective receptors on cell membranes. Growth factors have been implicated in the recruitment of osteoprogenitor cells, differentiation along the osteoblastic pathway, preosteoblast proliferation, and other osteoblast functions (pertinent to new tissue formation), as well as formation of both the organic and inorganic (mineral) phases of bone.

Because the role of growth factors in bone development and repair is complex, an understanding of these processes and events is mandatory in order to succeed in utilizing pertinent growth factors in therapeutic applications in the orthopedic and dental fields. In this respect, the growth factor aspects of critical importance include availability in physiologic and pathologic conditions, localization, concentration, bioactivity, expression and/or activation of their respective receptors on cell membranes, timing of appearance as well as interplay and synergism among various growth factors.

#### 10.3.1. Bone Development

Bone develops in one of two ways: by endochondral formation or intramembranous formation. Endochondral formation is characteristic of long bones (such as the femur), while intramembranous formation is characteristic of flat bones (such as the cranium).

Long bone development, known as "endochondral formation," begins with the interactions of epithelial and mesenchymal cells that result in limb buds [63]. At that point, unknown (to date) signals promote formation of mesenchymal islands in the bud [64]. The cells at the center of these islands differentiate into cartilage-like tissue; they are surrounded by a

layer of undifferentiated cells, which later on differentiate into perichondrium and then periosteum [63].

Angiogenesis, and the growth factors regulating it (discussed in Sect. 10.2 of this chapter), is critical to the development of bone; new blood vessels mark a transition from cartilage-like tissue to bone. VEGF gradients guide new blood vessels into the cartilage tissue, thus facilitating bone growth [63]. Simultaneous with invasion by blood vessels, the cartilage is ossified, and a marrow cavity begins to form [63]. Several studies have demonstrated that, by blocking angiogenesis in the developing skeleton, bone formation does not occur [65, 66]. Angiogenesis in the developing skeleton facilitates the breakdown of cartilage; this event allows for subsequent ossification of the newly formed tissue [63]. Osteoprogenitor cells, including osteoclast precursors, travel with newly formed capillaries in developing bone and degrade calcified cartilage, and thus contribute to the initiation of new bone formation at the site of blood vessel invasion and growth [67]. VEGF also regulates the differentiation of osteoblasts via direct cell-cell communication between endothelial and osteoprogenitor cells present in blood flowing through the newly formed capillaries of the developing skeleton [63]. In summary, angiogenesis is a crucial and necessary aspect of new bone formation.

Intramembranous bone formation is characteristic of flat bones such as those found in the skull, and does not have a cartilaginous phase. Initially, mesenchymal stem cells aggregate to form mesenchymal islands in the area of bone development, and subsequently differentiate into osteoprogenitor cells, which secrete collagen type-I and differentiate into osteoblasts. Blood vessels surrounding the islands are incorporated into the newly formed osseous tissue and provide the subsequent vascular supply to bone. As osteoblasts migrate and proliferate, they secrete components of the ECM and form osseous trabeculae, which fuse together to form spongy or cancellous bone. As the trabeculae merge, remodeling of the layer of bone near the periphery leads to formation of the cortical layers that surround a central core of cancellous bone.

The growth factors that are involved in various stages of bone development are reviewed in the sections that follow.

#### 10.3.2. Bone Morphogenetic Protein

The BMPs, consisting of more than 20 isoforms, are members of the TGF superfamily. BMPs are powerful stimulators of bone formation and effectors of mesenchymal cell differentiation to bone cells [68]. BMPs are primarily secreted by osteoblasts [69, 70]. There are two types of BMP receptors in cell membranes, both of which are serine-threonine kinases. BMP binding to the type-II receptor leads to dimerization of that receptor and a type-I receptor, and phosphorylation of the type-I receptor, which then activates downstream signaling [31].

BMP-2, BMP-4, BMP-6, BMP-7, and BMP-9 are the most important BMPs in promoting the differentiation of pluripotent mesenchymal cells to osteoblasts, and lead to increased bone formation [71–73]. Both in vitro and in vivo, BMPs promote the fusion of mononuclear hematopoietic cells of the macrophage-granulocyte lineage; this process results in osteoclast formation and activation, leading to increased bone turnover and remodeling in the late stages of bone repair and development [74]. Details of these processes are still unknown; moreover, some evidence is contradictory. Resolution of such controversies might be provided by a biphasic dose-response of BMPs on various bone cells, as has been recently shown with BMP-5 and BMP-6 in vitro [74, 75]. Specifically, at doses above 300 ng/mL, BMP-5 and BMP-6 inhibited osteoclast formation and function, but at lower doses (0.1–10 ng/mL), osteoclastogenesis was stimulated [75].

#### 10.3.3. Fibroblast Growth Factor (FGF)

In vitro, FGF1 and FGF2 induce proliferation of progenitor cells and osteoblasts as well as osteoblast proliferation, alkaline phosphatase (AP) activity, and collagen type-I production [76–78]. The mitogenic effect of FGF-2 is about ten times that of FGF-1 [79]. FGF-2 inhibits osteoblastic differentiation of murine progenitor cells in a dose-dependent manner [78, 80].

#### 10.3.4. Insulin-Like Growth Factor (IGF)

Two IGFs, namely IGF-1 and IGF-2, play an important role in bone. IGF-2 is present in higher levels in bone, but IGF-1 is more potent [81]. IGF-2 and especially IGF-1 induce increased osteoblast proliferation and enhance other osteoblast functions [82], including chemotaxis [83]. IGFs act in both a paracrine and an autocrine manner when secreted by osteoblasts [84, 85]. Their bioactivity is regulated by a variety of IGF binding proteins (IGFBPs), which sequester excess IGF and, thus, reduce activation of pertinent cell receptors. In addition to being primarily inhibitory regulators, certain IGFBPs can also stimulate and/ or enhance IGF signaling [86, 87]. IGF acts synergistically with other growth factors such as TGF- $\beta$ , PDGF-BB, and BMP-2 to form healed bone [88–90].

#### 10.3.5. Platelet-Derived Growth Factor (PDGF)

Although osteoblasts express only the PDGF-A isoform, PDGF-BB has the greatest biological activity on these cells [91]: it promotes osteoblast proliferation weakly, but it is a potent recruiter of mesenchymal cells [92, 93]. Both osteoblasts and osteoprogenitor cells migrate in response to PDGF [92, 93].

### 10.3.6. Transforming Growth Factor- $\beta$ (TGF- $\beta$ )

There are five isoforms of TGF- $\beta$ , all part of the TGF superfamily that includes BMPs. TGF- $\beta$ s are important regulators of cell proliferation, differentiation, synthesis of extracellular matrix proteins, and apoptosis [94]. TGF- $\beta$ , a ubiquitous growth factor in the body, is present in high levels in bone and cartilage [82]. TGF- $\beta$  is secreted by osteoblasts and stored in the extracellular matrix of bone [76].

In vitro, TGFs promote increased proliferation of osteoprogenitor cells, which subsequently differentiate into osteoblasts [95, 96]. TGFs also inhibit differentiation of osteoprogenitor cells into osteoblasts during the late stages of bone formation and repair [97]. These contrary effects of TGF on either osteoblasts or their precursors are concentration dependent [82]. High (10 ng/mL bolus or 1 ng/mL delivered four times a week) doses of TGF-β1 induced decreased osteoblast function, but low (1 ng/mL weekly) doses promoted osteoblast function and new bone formation in dogs [98]. TGF-β1 also plays a role in stimulating the migration and organization of cells in the limb buds [94]. TGF-β1 has a protective effect on osteocytes by decreasing their apoptosis [99]. Moreover, TGF-β1 induces increased synthesis of important osteogenic glycosaminoglycans such as chondroitin sulfate and decorin in neonatal rat calvaria and in MC3T3-E1 cell culture [100, 101].

#### 10.3.7. Growth Factors in the Wound-Healing Process of Bone

Growth factors play an important role in the wound-healing process of bone. For example, BMPs act in various combinations and time sequences during healing bone fractures and promote various stages of the bone repair process [102]. BMP-2 is at its highest expression level in mouse bone fracture models 1 day after bone injury [102]. BMP-2 also can induce the differentiation pathway of some myoblasts to the osteoblast lineage [103]. Furthermore, it is the most important factor in the differentiation of osteoprogenitor cells to osteoblasts in the early phases of bone development and repair. BMP-3, BMP-7, and BMP-8 are expressed at high concentrations during resorption of cartilage and osteoblast recruitment (days 14-21 in the murine model) [102]; other studies, however, reported enhanced expression of BMP-7 during the early stages of fracture healing in rats [104, 105]. BMP-5 and BMP-6 are expressed during all phases of bone repair, but not immediately after bone injury [102]. During bone repair in vivo, FGFs are synthesized by several cell types, including macrophages, mesenchymal cells, osteoblasts, and chondroblasts. FGFs have been identified during the early stages of fracture healing in a mouse model [106]. IGFs have been found in human granulation tissue and fracture callus; IGF-2 mRNA is expressed by endothelial and mesenchymal cells and both IGF-1 and IGF-2 are expressed by osteoblasts and chondrocytes [106, 107]. During the hemostatic process following bone fracture, platelets are activated and release PDGFs. PDGFs are also synthesized by macrophages, endothelial cells, and osteoblasts, and exert their effects by both autocrine as well as paracrine mechanisms [108]. During the earliest phase of fracture repair, PDGF was detected in macrophages near the periosteum [106, 109]. In tissue biopsied from human fractures, PDGF was expressed by endothelial and mesenchymal cells in the granulation tissue, and later it was found in osteoblasts, chondrocytes, and osteoclasts [109]. During fracture healing, initial increases in TGF- $\beta$  levels are accounted for by release from platelets during hematoma formation [110]. This growth factor is subsequently produced by chondrocytes and osteoblasts during endochondral bone formation in mice [106]. TGF- $\beta$ 2 and TGF- $\beta$ 3 are maximally expressed during mouse fracture repair at day 7, an event that coincides with the peak of cartilage formation [102]. TGF- $\beta$ 1 is expressed throughout all phases of bone fracture repair, with peak expression just after the initial bone injury in mice [102].

#### 10.3.8. Growth Factors in Pathological Conditions of Bone

Abnormal expression of growth factors or growth factor receptors has been associated with a variety of pathological conditions of bone, including osteoporosis, skeletal malformations, malignancy, and in the formation of osteophytes (bone spurs). For example, progressive diaphyseal dysplasia, an autosomal dominant condition that leads to muscular dystrophy-like symptoms along with thickening of the cortex in the diaphysis of long bones as well as the skull and pelvis, was traced to a mutation in the TGF- $\beta$ 1 gene [111]. Another example of the importance of growth factors in bone is that mutations in FGFRs lead to abnormal bone formation during development and result in achondroplasia in humans [82, 112]. Osteoporosis has been associated with a variety of growth factor abnormalities; BMP, FGF, and IGFs are involved in the pathogenesis of this disease. BMPs promote and regulate differentiation of osteoporosis [113]. Mouse models deficient in BMPs demonstrate an osteoporosis-like condition due to a decrease

in the number of osteoblasts and decreased differentiation of osteoprogenitors [113]. In addition, decreased levels of IGF-1 predispose to osteoporosis in mice due to abnormal osteoprogenitor differentiation, and there is a strong correlation between IGF-I levels and bone mineral density in women [114, 115]. FGF also plays a role in osteoporosis; treatment of ovariectomized rats (a model of osteoporosis) with FGF demonstrated a decrease in bone loss due to increases in osteoblast recruitment and ECM component secretion [116–118]. While growth factors are critical in the pathogenesis of a variety of conditions, these specific examples highlight the crucial importance of understanding their roles in both health and disease.

# 10.4. Future Directions in Growth Factor Research

Development and homeostasis of both the vascular network and of bone depend on an intricate and complex interplay among cells and on interactions of cells with their extracellular milieu including matrices and chemical (such as growth factors) and biophysical (such as mechanical) cues and stimuli. Past research has identified key components and elucidated aspects of important events/steps in fundamental biologic/physiologic processes such as tissue/organ development, function, healing, and repair. Details of the underlying mechanisms (including signaling pathways) as well as complete knowledge of all pertinent aspects are either not known or, at best, partially understood. Ongoing research endeavors, especially regarding the molecular processes involved in tissue formation, have great (but until recently, untapped) potential for seminal contributions to current, dynamic, and cutting-edge fields such as regenerative medicine.

# 10.5. Applications of Growth Factors to Biomaterials

Despite the fact that growth factors are an integral part of normal (and abnormal) human tissue formation, healing, and regeneration (as discussed briefly in Sects. 10.2 and 10.3), historically they had remained outside the scope and range of research activities pertinent to implant biomaterials and devices. For a long time, research in those areas dealt with biocompatibility issues and focused on producing materials that were not rejected but simply tolerated by the recipient host. Availability and action of growth factors were left at the mercy of the host milieu.

The advent of new biomedical fields, specifically of tissue engineering and regenerative medicine, expanded the requirements for successful outcomes to include promotion of neotissue formation and emphasized the need for directing and controlling availability and function of growth factors. Consequently, considerable research has been devoted to combining various growth factors with biomaterials in order to promote cell functions pertinent to new tissue formation both in vitro and in vivo. These studies improved the outcome in some biomedical applications, but proved limited in their efficacy. In retrospect, such results were inevitable since these studies were based on dated information (and, therefore, limited/ incomplete knowledge) about the pertinent physiological systems, specifically, various aspects of the processes of wound healing and neotissue formation.

It should be noted that, in in vitro studies, growth factors (of unknown types and concentrations) were available because they are present in the serum supplements of cell culture media. Later on, select exogenous growth factors were added (usually one at a time either as a bolus or at a sustained-dose level) in the supernatant media in vitro and were

either immobilized or incorporated on, and subsequently released from, biomaterials both in vitro and in vivo.

These developments still fell short of simulating the complex tissue healing and regeneration processes in vivo because availability and action of a growth factor was only one aspect of the pertinent processes. Recent advances in the biology and biochemistry of growth factors have revealed that more than one growth factor (as well as their respective receptors on cell membranes) is expressed in preordained sequences at specific time points and concentrations. Following injury, for example, growth factors specific to a tissue are upregulated and delivered at different times during the tissue-healing process; apparently, such timely presence and bioactivity of each growth factor are requisites for the successful outcome of tissue healing and/or regeneration.

Current research strategies and approaches in bioengineering are motivated by advances in biology and physiology (as summarized in Sects. 10.2–10.3 of this chapter) and seek to apply this knowledge in designing and fabricating implant biomaterials capable of delivering specific concentrations of multiple, but select, bioactive molecules in a timely fashion. Such approaches will provide the next generation of "proactive" biomaterials for implant devices and tissue-engineering scaffolds. Undoubtedly, successful outcomes will require continuous research endeavors to achieve delivery of different growth factors at various doses, rates, release profiles, and durations that, at least, simulate (if not enhance) the natural milieu of wound healing and neotissue formation around implants.

## 10.5.1. Modes of Growth Factor Delivery from Biomaterials

In the physiological milieu, growth factors are excreted from cells and remain soluble in biological fluids, are membrane bound, or bind to various extracellular matrix proteins. For example, certain isoforms of VEGF-A (such as VEGF-A189), as well as the FGFs, attach to extracellular matrix proteins but maintain their bioactivity [8]. A common mechanism for this immobilization is electrostatic interaction between cationic domains of the growth factor and anionic matrix biomolecules, such as heparin sulfate proteoglycans.

Delivery of growth factors from biomaterials has developed based on observations of pertinent events in vivo. In this respect, not only the type and concentration but also the mode of delivery of the growth factor determines its efficacy. Among potential strategies, bolus delivery of growth factors tends to be less successful because of the discrepancy between the duration of such growth factor availability (due to the short plasma half-life of many growth factors) and the time course of, and pertinent requirements for, tissue formation. Alternative strategies have focused on developing methodologies to either immobilize bioactive biomolecules on, or to render them releasable from, implant biomaterials and tissue-engineering scaffolds in patterns of availability and for periods of time necessary to achieve the desirable biological outcome.

Various techniques of immobilization and/or release of bioactive chemical compounds (initially single but, more frequently now, at least two) have been explored, developed, and proven successful in biomedical applications.

#### Growth Factor Immobilization

Methodologies to immobilize growth factors (typically a single factor per application) on material substrates utilize binding of affinity sites via simple adsorption as well as covalent bonding. An important criterion for the success of immobilization of growth factors on biomaterials is subsequent maintenance of the activity of the biomolecules. This objective is achieved by limiting the potential of conformational changes that affect the bioactive site of the bound growth factor. For example, mouse epidermal growth factor immobilized in one conformation and orientation (namely, by the N terminus) on a substrate surface is bioactive and it promotes enhanced cell proliferation [119]. Retention of the growth factor bioactivity during the immobilization procedures has been a major concern of the various methodologies explored and developed to bind bioactive chemical compounds on various biomaterials (some of which were presented in Chap. 9 of this book).

In addition to utilizing the natural affinity of growth factors for components of the extracellular matrix (for example, the affinity of VEGF and FGF for heparin), other chemical immobilization methods were also explored and developed. For example, recombinant human BMP (rhBMP-2) covalently bound on hydroxyapatite (HA) (via either silanization or mediation by strong calcium-chelating agents [120]) promoted enhanced AP secretion (an index of the osteoblastic differentiation of C2C12 mouse myoblasts in vitro); compared with the results obtained from the same amount of rhBMP-2 adsorbed onto the HA surface, this results was 2.5-times higher when the growth factor was immobilized [120]. In another study, and compared with results obtained in the absence of the growth factor, VEGF covalently immobilized on collagen matrices (using disuccinimidyldiscuccinatepolyethyleneglycol [SS-PEG-SS] as a linker), promoted significant increase in the proliferation of HUVECs; increased (but not significantly) cell proliferation was observed on collagen matrices with nonimmobilized VEGF [121].

In summary, the most important aspect of all successful covalent immobilization techniques is retention of the bioactivity of the immobilized growth factor [120–123]. Other advantages of this mode of growth factor delivery include the requirement for relatively small amounts of these expensive chemical compounds to obtain equal, if not greater, bioactivity than the same growth factor in solution, presumably because of a locally higher effective concentration [120, 121].

#### Growth Factor Release

Release of single, bioactive, chemical compounds has been an area of both intense research and of major successes in controlled drug delivery. This field has established the physicochemical parameters, such as loading (homogeneous versus heterogeneous, admixed versus entrapped), concentration, and kinetics of release, time of release, mode of material degradation (i.e., bulk versus surface erosion), etc., that govern drug release. Such accomplishments have served as a starting point and "blueprint" for research on growth factor release from materials for other biomedical applications [70, 90, 124–146]. The foremost consideration in these applications was retention of the bioactivity of the released biomolecules. In fact, among the growth factors that affect vascular network formation, VEGF, FGF, PDGF, and TGF are all bioactive in soluble form, as opposed to matrix or membrane bound [50, 54]. In the case of growth factors pertinent to bone, BMP, FGF, IGF, PDGF, and TGF-β retain their bioactivity in solution [147–149].

A number of studies addressed the bioactivity of released growth factors in solution and developed delivery systems to promote pertinent neotissue formation. In the case of new vascular network formation, VEGF was incorporated into various hydrogels, including alginate, chitosan–alginate, and heparin-coated chitosan–alginate [128]. In vitro release of VEGF from alginate and chitosan–alginate hydrogels was diffusion limited during 5 days of monitoring. A heparin coating on the surface of the alginate hydrogel slowed diffusion of

VEGF and resulted in nearly zero-order release kinetics. This study demonstrated that natural materials can be used to deliver growth factors in a controlled fashion. In another in vivo study, FGF-1 and FGF-2 (which are growth factors pertinent to new blood vessel formation) were photocrosslinked into chitosan hydrogels [129] and implanted subcutaneously in the backs of mice. Either FGF-1 or FGF-2 was released from the implants over 7–14 days (the result of chitosan hydrogel degradation by proteinase activity), and promoted significantly (p < 0.001) more neovascularization than was observed in response to hydrogels without the growth factors or when FGF alone was injected [129]. In another study, the angiogenic response of VEGF was examined in the chick chorioallantoic membrane and in mice. In this case, cells infiltrating a fibrin matrix in which VEGF-A was covalently immobilized induced activation of matrix metalioproteinases whose proteolytic action in turn released the growth factor; continuous exposure to low amounts of this angiogenic growth factor resulted in numerous new blood vessels that exhibited normal morphology and physiology [150, 151].

Other studies focused on improving new bone formation, and developed various release systems, some of which are already in clinical use. rhBMP-2 released from absorbable collagen sponges (ACSs) was approved by the US Food and Drug Administration (FDA) for use in certain orthopedic (such as spinal fusion and healing complex, open tibia fractures) and dental and oral maxillofacial (sinus augmentation and alveolar ridge augmentation) procedures. BMP-2 treatment improved healing of critical-size bone defects compared with either no treatment or with ACS without rhBMP-2 [152, 153]. A stated advantage of this system is the capability to fine-tune the rhBMP-2 release by varying the amount of growth factor uptake onto the scaffold, buffer pH, collagen crosslinking, and rhBMP-2 isoform chosen for this application [137, 138]. In an effort to improve upon the clinically available growth factor delivery systems, a polymer–ceramic composite delivery system was developed [140]. Fully interconnected porous calcium HA was filled with a 51:49 molar ratio of poly(lactic acid):polyethylene glycol (PEG) and rhBMP-2 dissolved in acetone. Evaporation of the acetone resulted in a homogeneously loaded rhBMP-2 polymer-composite scaffold. Eight weeks after implantation into radial defects in rabbits, the defects repaired with the rhBMP-2-containing constructs exhibited complete healing; in contrast, defects either filled with scaffold material alone or unfilled defects revealed incomplete healing [140].

In summary, the trend established by past successes, and that is the preferred current approach in either vascular network repair or bone healing, is to apply the latest information from advances in biology, physiology, biochemistry, pathology, etc., and imitate the type, relative concentration, sequence of appearance, and action of growth factors that are involved in healing, while avoiding conditions that characterize pertinent pathologies of specific tissues. Harnessing the great potential of these powerful biomolecules to direct and control the outcome of cell interactions with, and leading to neotissue formation around, implant materials may be not only envisioned but also achieved.

#### 10.5.2. Combined Delivery of Growth Factors

The realization that, in vivo, many growth factors act in synergism to either enhance or inhibit their effects on cells and tissues has prompted research on combining at least two growth factors for biomedical applications pertinent to new tissue formation. For this purpose, growth factors may be released simultaneously, in an alternating fashion, or in various other ways that simulate appropriate natural processes, such as wound healing. Although the mechanism(s) underlying the synergism of growth factor action are not well understood, research so far has provided strong evidence that this approach is a development of great promise. The number of literature reports of both in vitro and in vivo studies examining the effect of multiple growth factors on the formation of various mammalian tissues has been increasing. Because detailed review of this literature is outside the scope of the present chapter, only a few examples will be used to illustrate some pertinent aspects.

In the case of bone-related applications, combined delivery of IGF-1 and PDGF-BB has stimulated bone repair in periodontal defects [154, 155]. The synergism between IGF-1 and TGF- $\beta$ 1 proved osteoinductive in a series of in vitro [156] and in vivo [132–134] studies. In this case, when IGF-1 (5% w/w) and TGF-B1 (1% w/w) were incorporated in poly(D,L-lactide) (PDLLA) films (10-um thick) on titanium wires (1.0-mm diameter) and then released (approximately 50% of total within the first 48 h, the remaining in a sustained manner), they induced enhanced primary human, osteoblast-like cell proliferation, total protein, and procollagen I synthesis (an index of collagen I synthesis) [156]. Continuous release of these two growth factors, that is, both IGF-1 (5% w/w) and TGF- $\beta$ 1 (1% w/w) (but not of either growth factor tested alone) following incorporation in PDLLA and implantation in rats (midshaft fracture of tibia model) for 28 days resulted in increased remodeling of the fracture callus and more mineralized tissue; most importantly, the new bone formed in the presence of the two growth factors exhibited higher maximum load and torsional stiffness [132–134]. A synergistic effect on bone formation in primates was obtained using implants containing both BMP-2/OP-1 and TGF- $\beta$ 1 [157]. Bone formation was enhanced by combined delivery of BMP-2 and TGF- $\beta$ 3 in the presence of transplanted mesenchymal cells at concentrations an order of magnitude lower than those previously known to be effective [158]. Localized delivery of IGF-I and TGF-B accelerated fracture and osteotomy healing [89, 133]. It should be noted, however, that not all studies using combined growth factor delivery had positive results. For example, a dose-dependent inhibition of bone formation was reported when PDGF-BB was delivered with osteogenic BMP-3 [159]. Undoubtedly, further research is needed not only to resolve discrepancies in the results of various studies but also to elucidate definitively relevant processes and pertinent mechanisms.

In the case of neoangiogenesis, a 3:1 ratio of bFGF and VEGF exhibited angiogenic synergy in a modified murine Matrigel chamber implanted in the neck of mice [160]. Subcutaneous injection of plugs containing two angiogenic growth factors, namely, PDGF-BB and FGF-2 in rat and rabbit ischemic hind limb models (but not either VEGF-A or FGF-2 alone), synergistically induced vascular networks that remained stable for more than a year, even after depletion of the angiogenic factors [125]; these results provided evidence that the two growth factors tested are needed simultaneously for the establishment of the vascular network but not for its long-term maintenance. Furthermore, the role of PDGF-B signaling in the synergistically promoted neoangiogenic effects of VEGF-A and FGF-2 (in vivo using the Matrigel plug assay in mice) was also investigated [124]. This study exemplifies new trends in the research regarding various aspects of the role of growth factors in neotissue formation: investigations of pertinent molecular aspects and signaling mechanisms.

One of the first successful strategies to provide delivery of two growth factors utilized release of VEGF-165 (an angiogenesis-inducing biomolecule) and PDGF-BB (known to induce maturation, and thus stabilization, of the newly formed blood vessels) incorporated in poly(lactide-co-glycolide), a hydrophobic degradable polymer scaffold. VEGF, which was present on the surface of the scaffold, was released quickly (within days). PDGF, which was preincorporated into microparticles before their incorporation into the polymer scaffold, was released more slowly (over weeks). Implantation of the dual-release scaffolds in subcutaneous pockets in rats resulted in formation of numerous, larger, and more mature blood vessels 2 and 4 weeks after implantation [161].

A study pertinent to bone tissue-engineering applications combined delivery of BMP-4 (either directly or using a genetically engineered approach), VEGF (via sustained and localized release), and human bone marrow stromal cells from poly(lactic-co-glycolic acid) (PLGA) scaffolds implanted subcutaneously in mice for a period of 15 weeks [162]. Synergism between the osteogenic and angiogenic growth factors enhanced the function of the bone-forming cells and resulted in the greatest quality and quantity of new bone [162]. This study expanded the scope of previous studies by the same group of researchers [161] to deliver either proteins or plasmid DNA; the novel methodology has potential (untapped to date) for both therapeutic clinical applications and engineering other complex tissues [162].

## 10.5.3. Combined Angiogenic/Osteogenic Growth Factor Delivery

All tissues (with the exception of a few, such as cartilage) and organs are vascularized; most importantly, they depend on requisite blood supply (that is, supply of oxygen and nutrients and removal of carbon dioxide and metabolic waste) in order to survive as well as to maintain their integrity and homeostasis. Due to diffusion limitations, in vivo, most cells (the constituents of tissue and organs) do not survive more than a few hundred micrometers from the nearest blood capillary [7]. For these reasons, development, and especially optimal growth/regeneration and healing, of vascularized tissues (such as bone) and organogenesis require active blood vessel networks to survive; in the case of tissue-engineered constructs, the vascularized network is also essential for the neotissue to integrate with existing host tissue [163].

Realization and appreciation of the aforementioned requirements has motivated exploration and development of methods for vascularizing bioengineered tissues and organs in vitro and in vivo. These approaches are benefiting from advances in many pertinent scientific areas, including developmental biology, cellular physiology, molecular biology and biochemistry, biomedical engineering, biomaterials, etc., and reflect cutting-edge endeavors in these fields; detailed descriptions can be found in excellent recent reviews of the field [7, 163]. As an illustration of this approach, enhanced formation of both blood vessels and bone, the two tissues that have been the focus of the present chapter, will be briefly discussed in the remainder this section.

The strategies to achieve tissue regeneration in bone, a highly vascularized tissue, utilize matrices/scaffolds, cells, and pertinent growth factors judiciously chosen to promote both angiogenesis and osteogenesis in the new tissue. For example, combining the angiogenic properties of bFGF with osteoinduction by BMP-2 enhanced bone formation in rats [90]. Calcium content (an index of the mineralized extracellular matrix) in fibrous glass membrane implants containing bFGF was three times greater than those without the angiogenic agent; moreover, type II collagen (an index of the cartilaginous tissue), was reduced. These results provided evidence that the presence of bFGF elicited faster invasion of capillaries into the implants; this development promoted accelerated osteoinduction induced by BMP-2.

In another study [164], VEGF (an essential mediator between vascular networks and bone [165]) was incorporated by conventional adsorption onto PLGA scaffolds while BMP-4 was expressed by human bone marrow stromal cells (hBMSCs) following uptake and incorporation of pertinent plasmid DNA. Enhanced BMP-4 expression by the hBMSCs (containing the plasmid), along with the increased vascular network formation induced by VEGF, contributed to the increased new bone formation observed following subcutaneous implantation of these constructs in severe combined immunodeficiency (SCID) mice. Moreover, the elastic modulus of the newly formed bone increased in the presence of the angiogenic and osteogenic growth factors [162].

The time-dependent effects of a combination of VEGF (12  $\mu$ g) and/or BMP-2 (2  $\mu$ g) released from gelatin microspheres incorporated into poly(propylene fumarate) scaffolds was investigated in a rat critical-sized calvarial defect model [166]. Compared with results obtained from using the blank and single growth factor scaffolds, the dual growth factor delivery stimulated significantly greater amounts of bone (but similar blood vessel formation) 4 weeks after implantation. At 12 weeks, both the dual growth factor and BMP-2-only animal groups exhibited significantly greater bone content [166].

The aforementioned studies established the importance of multiple growth factor delivery for neotissue formation and they exemplify research activities in a topical biomaterialsrelated scientific frontier. The insights that research in this area will reveal in the coming years will be of eminent importance for tissue-engineering applications.

#### 10.5.4. Sequential Delivery of Growth Factors

Although simultaneous release of growth factors is technically simpler than sequential delivery, the approach does not appropriately mimic the complex, time-dependent cascades of biomolecule expression that occur during formation of vascular and bone tissues (discussed in Sects. 10.2 and 10.3). In contrast to numerous studies that have explored delivery of growth factor combinations (discussed in Sect. 10.5.2), sequential release of growth factors for biomedical applications has not yet attracted the research attention it deserves.

The first study that investigated the effects of temporal variation of growth factors delivered from biomaterials on bone cell responses used BMP-2 and IGF-1 systematically loaded in two layers of gelatin [167]. The gelatin layers were unloaded, loaded with either BMP-2 or IGF-1, or loaded with BMP-2 and IGF-1. Each gel layer contained between 1.25 and 2.5 µg BMP-2 and/or 50 and 100 ng IGF-1. Growth factors were released in a biphasic fashion; the growth factor loaded in the top gel layer released substantially (maximum 250 ng) during the first day and subsequently decreased to near zero by day 6, while the growth factor in the bottom layer initiated release at day 4, and peaked at day 6 (maximum 175 ng), before trailing off by day 10. Using these materials, profiles were designed for simultaneous, sequential, or sequential release of both growth factors. Osteoblastic responses of either mouse pluripotent C3H10T1/2 (C3H) cells or rat bone marrow cells (BMCs) were monitored in vitro. Results showed that the AP activity of C3H cells differed depending on the sequence of delivery. BMP-2, but not IGF-1, stimulated osteoblast differentiation and proliferation. Importantly, however, IGF-1 modified the effect of BMP-2 on the cells tested; treatment of BMP-2 at day 1 and IGF-1 with BMP-2 release starting on day 4 induced significant increases in DNA content and AP activity. In this case, the presence of BMP may upregulate expression of IGF receptors on CH3 cells. When this regime of delivery of two growth factors was tested on BMCs, treatment with IGF-1 followed by BMP-2 induced increased proliferation and activity of the stromal cells. Treatment with either BMP-2 followed by treatment with IGF-1 or with IGF-1 plus BMP-2 induced the greatest increase in cell proliferation and function. These results clearly demonstrated the importance of sequential delivery of growth factors to induce cell functions pertinent to new tissue formation. Most importantly, this study demonstrated the efficacy of a biomaterials-related strategy that has great potential for mimicking physiologically relevant growth factor delivery profiles.

#### 10.6. State of the Art Summary and Future Directions

Stimulating the body's natural processes for healing using growth factors has great potential for enhancing tissue regeneration in a variety of biomaterials applications. These powerful molecules can be delivered to the interface between cells and tissues with a biomaterial by attachment, either physical or chemical, or by controlled release from the substrate. Encouraging results pertinent to enhanced regeneration of both vascular and bone tissues have been reported from research that explored delivery of two growth factors (for example, one angiogenic and one osteogenic in the case of bone) judiciously selected from the recognized key players in the formation of a specific tissue.

Undoubtedly, these endeavors reflect new directions in the bioengineering field and have the potential for seminal contributions in implant biomaterials, tissue engineering, and regenerative medicine. Elucidation of the underlying mechanisms of action (at the molecular and signal transduction levels) and of the long-term impact of growth factors in health and in disease will provide most valuable insights and facilitate the task of biomaterials scientists and biomedical engineers. A major challenge for the field of growth factor delivery presently, and in the near future, is to "translate" recent and future advancements and contributions in pertinent scientific fields (such as developmental biology, cellular biology, molecular biology and physiology, biochemistry, biomedical engineering, biomaterials, etc.) and, most importantly, to incorporate these findings into functional applications in pertinent biomedical fields. Future successes will, therefore, require innovative, unique, and creative approaches in transferring and incorporating relevant knowledge from physiology (and perhaps even from select pathologies) in the design and fabrication of the next generation of biomaterials and biomaterials-related technologies.

Although accomplishments to date have established the importance of parameters such as the type, concentration, release kinetics, and bioactivity of growth factors in cell functions pertinent to neotissue formation, further research is needed to elucidate the underlying mechanisms. The importance of delivering sequences of more than one biomolecule is increasingly acknowledged as an improved and very promising model for the process of neotissue formation; this area of great excitement and potential requires intensive research and extensive development. In addition to combinations of select biomolecules, their interaction with and/or dependence on other components (such as proteins of the extracellular milieu and cytokines of the relevant microenvironment) that affect the bioactivity of released and/or immobilized growth factors must be examined.

Challenges for future development include choice of proper biomolecule(s) and appropriate modes of delivery of the bioactive agents to cells. To avoid complications arising from the pleiotropic nature of growth factors, judicious choices between endogenous and recombinant formulations must be made. In addition to the release and immobilization modes used thus far, alternative modes of growth factor availability (using gene-related methodologies) must be explored. The complex, time-dependent interplay of multiple biomolecules has not yet been appropriately exploited. Additional research is needed to elucidate key aspects of the local (microenvironmental) and systemic effects of the sequential release of biomolecule cascades in vivo; this knowledge must be subsequently integrated in in vitro studies and systems. In addition to studying differentiated cells of a particular lineage, the effects of growth factors on their progenitors and on pluripotent stem cells for biomaterials-related applications must also be determined. From the biomaterials perspective, development of methods for controlling the orientation/presentation of the immobilized biomolecule so that the receptor-binding domains on the ligand are revealed and/or activated for maximal interaction with cells will be useful.

Undoubtedly, this is the beginning of growth factor applications in biomaterials; the future, however, holds great promise because of the high, but still untapped, potential of this field. The approaches outlined in this section and discussed in this chapter will provide new and important basic science information that will be useful in designing the next generations of biomaterials to deliver growth factors and promote neotissue formation pertinent to various bioengineering applications.

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# 11

# In Vitro and In Vivo Monocyte, Macrophage, Foreign Body Giant Cell, and Lymphocyte Interactions with Biomaterials

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This chapter focuses on recent developments in our understanding of in vitro and in vivo monocyte, macrophage, foreign body giant cell (FBGC), and lymphocyte interactions with biomaterials in the context of inflammatory and wound-healing responses following implantation of biomaterials, medical devices, and prostheses. Quantitative studies identify the significance of biomaterial surface chemistry in modulating inflammatory cell behaviors such as adhesion, apoptosis, anoikis, fusion, and cytokine secretion. Utilizing genomic and proteomic techniques, cell-cell (juxtacrine) and cytokine-mediated (paracrine) responses between cells have been identified. Consequences of the persistence of the foreign body reaction, i.e., macrophages and FBGCs, at the tissue-material interface are presented. Given the current and future use of new approaches, such as nanotechnology and tissue engineering, the continuing development of a mechanistic understanding of inflammatory cell interactions with biomaterials is necessary.

# Abbreviations

DC-STAMP	dendritic cell-specific transmembrane protein
ECM	extracellular matrix
ERK	extracellular signal-regulated kinase
FBGC	foreign body giant cell
FAK	focal adhesion kinase
G-CSF	granulocyte colony-stimulating factor
GM-CSF	granulocyte macrophage colony-stimulating factor
GRO/KC	growth-related oncogene/keratinocyte chemoattractant
ICAM	intercellular adhesion molecule
IFN	interferon
IL	interleukin
IL-1RA	interleukin-1 receptor antagonist

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LFA	lymphocyte function-associated antigen
LPS	lipopolysaccharide
LT	leukotriene
MCP	monocyte chemoattractant protein
MDC	macrophage-derived chemokine
MIP	macrophage inhibitory protein
MIPs	macrophage inflammatory proteins
MMP	matrix metalloproteinase
mRNA	messenger RNA
NK	natural killer cells
NKT	natural killer T cells
PDGF	platelet-derived growth factor
PEU	polyurethane
PF4	platelet factor 4
RANTES	regulated upon activation, normal T-cell expressed and secreted
RT-PCR	real-time polymerase chain reaction
TCR	T-cell receptor
TGF	transforming growth factor
TIMP	tissue inhibitor of metalloproteinase
TNF	tumor necrosis factor
VLA	very late antigen receptor

# 11.1. Introduction

Following implantation of biomaterials, a series of biological responses that affect the implanted material and surrounding tissue ensues, including injury, blood-material interactions, provisional matrix formation, acute inflammation, chronic inflammation, granulation tissue development, foreign body reaction, and the development of a fibrous capsule (Figure 11.1) [1–4]. Upon introduction into the physiologic environment, blood-material interactions occur immediately, with serum proteins adsorbing to the surface of the material. Furthermore, vascular injury results in thrombosis on and around the implanted material that coincides with activation of the extrinsic and intrinsic coagulation systems, the complement system, the fibrinolytic system, the kinin-generating system, and platelets. These activation pathways are involved in the protein adsorption and desorption phenomena on material surfaces known as the Vroman Effect [5]. Blood protein deposition on a biomaterial surface may be viewed as the formation of a provisional matrix, which provides structural, biochemical, and cellular components to the processes of wound healing and foreign body reaction. In addition to initiation of thrombus formation, injury that occurs because of the implantation process leads to initiation of inflammatory responses (innate immunity), ultimately resulting in the presence of mitogens, chemoattractants, cytokines, growth factors, and other bioactive agents within the provisional matrix. This provides a rich milieu of activating and inhibiting substances capable of modulating macrophage activity and proliferation and activation of other cell populations in the inflammatory and wound-healing responses. In this regard, the provisional matrix is a biodegradable sustained release system releasing bioactive agents that coordinate the sustained responses to the implanted material.



**Figure 11.1.** Sequence of events involved in inflammatory and wound-healing responses leading to foreign body giant cell formation. This shows the potential importance of mast cells in the acute inflammatory phase and Th2 lymphocytes in the transient chronic inflammatory phase with the production of IL-4 and IL-13, which can induce monocyte/macrophage fusion to form foreign body giant cells.

During, and continuing beyond, the initial blood-material interactions and formation of the provisional matrix, an acute inflammatory response ensues, and eventually gives way to chronic inflammation. Several aspects dictate the extent or degree of acute and chronic inflammation, including the extent of injury due to the implantation procedure, the tissue or organ into which the device is implanted, and the extent of provisional matrix formation. The acute inflammatory response is characterized by infiltration of neutrophils (polymorphonuclear leukocytes) to the implant site as well as mast cell degranulation. Mast cell degranulation releases histamine, which, along with fibrinogen adsorption, mediates the acute inflammatory responses to implanted biomaterials [6, 7]. During degranulation, mast cells also release interleukin (IL)-4 and IL-13, which play roles in determining the extent and degree of the subsequent foreign body reaction [8, 9]. Notably, histamine-mediated phagocyte recruitment and phagocyte adhesion to implant surfaces facilitated by adsorbed fibrinogen and/or complement may modulate inflammatory and wound-healing responses. The acute inflammatory response associated with implanted biomaterials resolves within 1 week after implantation; the extent and timing of resolution is dependent on the extent of injury resulting from implantation.

Chronic inflammation is characterized by the presence of mononuclear cells, such as monocytes and lymphocytes, at the implant site. Chronic inflammation describes a range of cellular responses that is less histologically uniform than acute inflammation, and includes the presence of lymphocytes, plasma cells, monocytes, macrophages, and foreign body giant cells (FBGC). This chronic inflammatory response to implanted biomaterials is usually of short duration (no longer than 2 weeks with biocompatible materials) and is confined to the implant site. Failure of quick resolution of chronic inflammation, granulation tissue becomes apparent, being characterized by the presence of macrophages, infiltrating fibroblasts, and neovascularization in the new healing tissue. Granulation tissue is separated from the implanted material by the cellular components of the foreign body reaction: a one- to two-cell layer of monocytes, macrophages, and FBGC. Also, the granulation tissue acts as a precursor to the fibrous capsule, which eventually isolates the implant from the surrounding tissue.

## 11.2. Monocytes, Macrophages, and FBGCs

#### 11.2.1. Protein Adsorption on Biomaterial Surfaces

Immediately upon introduction of biomaterials and medical devices into the body, a layer of host proteins adsorbs to the surface, mediating further interactions with host cells. It is therefore likely that the types, levels, and surface conformations of adsorbed proteins are critical determinants of the tissue reaction to implanted devices/materials [10]. Furthermore, the physical and chemical surface properties of the implanted material dictate the types, concentrations, and conformations of surface-adsorbed proteins, which consequently control adhesion and survival of cells, especially monocytes, macrophages, and FBGCs, on proteincoated surfaces. Therefore, the interaction of adhesion receptors on inflammatory cell surfaces with adsorbed proteins constitutes the major cellular recognition system for implantable synthetic materials and medical devices and remains a target for potential control of host reactions to implanted materials. Hence, adsorption of proteins, such as albumin, complement, fibronectin, fibrinogen,  $\gamma$ -globulin, vitronectin, and others, may modulate inflammatory cell interactions and adhesion and are linked to the subsequent inflammatory and wound-healing responses [11-14]. It should be noted that adsorbed proteins may also desorb rapidly, leading to time-dependent variations in the types and levels of proteins that cells may encounter at the surface of the material in the in vivo environment [15].

Complement is a group of serum proteins that act to clear pathogens through a series of enzymatic reactions. In terms of implanted biomaterials, complement activation has been associated with adverse side effects on implanted devices, including hemodialyzers, oxygenators, catheters, prostheses, stents, vascular grafts, and others.

Cross-talk between different blood protein cascades and leukocytes and platelets has been well documented. For example, regarding biomaterial surfaces, complement and leukocytes are involved in biomaterial-associated thrombosis, as well as the more commonly identified coagulation factors and platelets. Therefore, the effect of a biomaterial surface on blood components can be identified only when whole blood is used [16, 17].

#### 11.2.2. Monocyte/Macrophage Migration and Adhesion

Monocytes/macrophages are central to the host response to implanted materials, as the progression of events requires their extravasation and migration to the site of the implant. Appropriately, chemokines and other chemoattractants are key factors in guiding the

movement of monocytes/macrophages to the site of the implant. Four families of chemokines exist based on the spacing between the first two terminal cysteine residues: CC, CXC, C, and CX<sub>3</sub>C [18]. In addition to orchestrating cellular migration and the host response to implanted materials, chemokines also play roles in angiogenesis, hematopoiesis, lymphocyte differentiation, lymphocyte migration, and tumor metastasis [18–20].

The interactions between blood and implanted biomaterials result in chemoattractants being released from platelets and the formed thrombus. These factors attract macrophages to the site of the implant and include CXCL4 (platelet factor 4 [PF4]), IL-1, leukotriene B4 (LTB4), platelet-derived growth factor (PDGF), and transforming growth factor (TGF)- $\beta$ [21]. Mast cell degranulation and consequent release of histamine play an integral role in recruiting phagocytes, especially macrophages, to the site of the implant [7]. Once at the site of the implanted material, macrophages release additional chemoattractants, including granulocyte colony-stimulating factor (G-CSF), granulocyte macrophage colony-stimulating factor (GM-CSF), IL-6, PDGF, and tumor necrosis factor (TNF)-a [21]. These factors further recruit additional macrophages to the area, acting as a positive feedback mechanism. In fact, CCL2 (monocyte chemoattractant protein [MCP]-1) is expressed by macrophages present in exudates surrounding implanted polyethylene materials [22]. Further studies have shown that CCL2 (MCP-1), CCL4 (macrophage inhibitory protein [MIP]-1β), CCL13 (MCP-4), and CCL22 (macrophage-derived chemokine [MDC]) are released by biomaterial-adherent macrophages [23]. CCL2 (MCP-1) and CCL5 (regulated upon activation, normal T-cell expressed and secreted [RANTES]), CCL3 (MIP-1a), CCL4 (MIP-1b), CCL7 (MCP-3), CCL8 (MCP-2), and CCL13 (MCP-4) have been shown to attract monocytes/macrophages [18, 24]. CCL2 (MCP-1) does not appear to influence the recruitment of monocytes to subcutaneous implant sites [25]. Once at the implant site or biomaterial surface, the macrophages can then adhere and engage in the subsequent events of the foreign body reaction (Figure 11.2). Importantly, as the inflammatory response resolves, the levels of chemoattractants (IL-8 and MIP-1 $\beta$ ) being released by material-adherent macrophages decrease, indicating that upon the resolution of inflammation, no further recruitment of macrophages occurs [23].

Once at the site of the implant, the macrophages recognize the adsorbed blood proteinmodified material surface as the substrate of adhesion through macrophage surface integrin receptors. Integrins are cell surface receptors that mediate cell-extracellular matrix (ECM) and intercellular interactions, thereby promoting cell migration through the ECM and mediating cellular responses [26, 27]. Integrins are comprised of different  $\alpha$  and  $\beta$  subunits through which partnering of different subunit chains conveys specificity and function of the heterodimer [28]. Monocytes/macrophages express integrins with three different  $\beta$  chains,



**Figure 11.2.** In vivo transition from blood-borne monocyte to biomaterial-adherent monocyte/macrophage to body giant cell at the tissue-biomaterial interface.

 $\beta$ 1,  $\beta$ 2, and  $\beta$ 3. Pairing of  $\beta$ 1 integrin includes  $\alpha$ 4/ $\beta$ 1 and  $\alpha$ 5/ $\beta$ 1, which bind fibronectin, and  $\alpha$ 6/ $\beta$ 1, which binds laminin. Of the  $\beta$ 2 integrins, there are  $\alpha$ L/ $\beta$ 2,  $\alpha$ M/ $\beta$ 2, and  $\alpha$ D/ $\beta$ 2, each specific for binding to intercellular adhesion molecules (ICAMs); and  $\alpha$ X/ $\beta$ 2, which binds the inactive form of the third complement component fragment (C3bi) and fibrinogen. In addition to binding to ICAMs,  $\alpha$ M/ $\beta$ 2 also interacts with fibrinogen, C3bi, and Factor X. Monocytes/macrophages also express  $\alpha$ V/ $\beta$ 3 of the  $\beta$ 3 integrins, which binds to vitronectin and other extracellular proteins that contain arginine-glycine-aspartic acid [28].

Initial monocyte adhesion is achieved through  $\beta 2$  integrins, by binding to various adsorbed protein ligands, including fibrinogen, fibronectin, IgG, and C3bi, while  $\beta 1$  integrins have been determined to play a role in the subsequent adhesion and fusion to form FBGC [12, 29]. The switch is time dependent since  $\beta 1$  integrins are not detected on adherent monocytes early but appear later during macrophage development, being strongly expressed on macrophages during fusion and on FBGC [30]. In fact, fused macrophages are characterized by the expression of  $\alpha M/\beta 2$ ,  $\alpha X/\beta 2$ ,  $\alpha 5/\beta 1$ ,  $\alpha 5/\beta 1$ ,  $\alpha 2/\beta 1$ , and  $\alpha 3/\beta 1$ , indicating the potential interactions with C3b fragments, factor X, fibrin, fibronectin, fibrinogen, and vitronectin at sites of biomaterial implantation [31].

In addition to mediating adhesion, integrin binding to the material-adsorbed protein layer provides intracellular signaling that modulates macrophage behavior through downstream transduction pathways. These pathways affect cytoskeletal rearrangements and formation of adhesion structures that allow spreading of the macrophages across the surface of the material [27, 32]. Macrophage adhesive structures are called "podosomes." Podosomes form early following adhesion, and consist of punctate F-actin on plasma membrane extensions. Podosomes are characterized by a central core of actin with a surrounding ring of vinculin, talin,  $\alpha$ -actinin, and paxillin. Other proteins that regulate actin polymerization, such as gelsolin, are also present [33–35].  $\beta$ 2 integrins are actively recruited to developing podosomes in macrophages, indicating their potential role in podosome formation [35]. Furthermore, podosomes are present in actively fusing macrophages to form FBGC [36], in which  $\alpha$ M colocalizes with  $\beta$ 2 [31]. In turn,  $\alpha$ M/ $\beta$ 2 integrin podosomes colocalize with paxillin, talin, and vinculin.  $\beta$ 2 integrin ligation results in intracellular signaling via a proline-rich tyrosine kinase 2, which is a member of the focal adhesion kinase (FAK) family [37].

Within podosomes there is extensive interplay between intracellular signaling molecules (such as FAK, src-family kinases, and extracellular signal-regulated kinase [ERK]-1/2) and cytoskeletal proteins (such as vinculin, talin, paxillin, and actin) [38, 39]. FAK regulates cytoskeletal dynamics and assembly/disassembly of focal adhesions following integrin binding and subsequent tyrosine phosphorylation [40]. FAK activation leads to the activation of other protein tyrosine kinases, such as src. Cytoskeletal proteins, such as paxillin, bind FAK and mediate the interactions between the cytoplasmic domains of integrin receptors and other cytoskeletal proteins such as vinculin [41]. ERK signaling is also influenced by integrin signaling, ultimately resulting in the phosphorylation of transcription factors that regulate the cell cycle [42]. Variations in implanted material surface properties may therefore influence the profile of protein adsorption and subsequent integrin interactions and signaling [43–46], including differences in phosphorylation of FAK and ERK [47, 48] and differences in recruitment of talin,  $\alpha$ -actinin, and paxillin [49].

In addition to their roles in mediating cell adhesion and cell signaling, integrin interactions are also responsible for influencing the cell cycle and cell death, which are necessary for cell detachment and tissue remodeling [50]. "Anoikis" is a term describing apoptosis induced by cell detachment from a supportive matrix [51]. Proper adhesion to a surface results in FAK-mediated survival signaling, however, disruption of adhesion signals promotes anoikis [52]. Monocytes may strongly adhere to most surfaces initially, but fail to maintain adhesion over extended periods of time [30]. Possibly through influencing variations in protein adsorption profiles, biomaterial surface chemistry dictates apoptosis of adherent macrophages both in vitro and in vivo [12, 53–55]. As a result of shear stress, biomaterial-adherent neutrophils undergo apoptosis (and subsequent detachment) through a caspase-3-mediated mechanism [56]. Accordingly, caspases have been shown to be involved in cleaving gelsolin, disrupting adhesion and leading to anoikis [52]. Therefore, material surface chemistry can promote anoikis by failing to promote adhesion.

#### 11.2.3. Macrophage Fusion/FBGC Formation

The mechanism of cell-cell fusion of macrophages into multinucleated FBGC involves a series of complex, highly orchestrated events [57]. Although the exact molecular mechanisms that lead to macrophage fusion have not been fully elucidated, several potential molecules and pathways have been proposed. For example, IL-4 and IL-13 have been shown to be potent factors for initiating the fusion of macrophages adherent to biomaterial surfaces, as neutralizing IL-4 antibodies ameliorate fusion [58-60]. IL-4 and IL-13 upregulate the expression of mannose receptors on fusing macrophages with localization of the receptors at cellcell fusion interfaces [59]. Furthermore, inhibition of mannose receptor activity prevents or reduces macrophage fusion [61]. Interestingly, mannose receptors are expressed on macrophages and dendritic cells and mediate endocytosis and phagocytosis, indicating that fusion processes may be related to those observed in phagocytosis [62]. This has been further confirmed since FBGC formation exhibits several features of phagocytosis, such as the presence of the endoplasmic reticulum proteins, calnexin and calregulin, colocalized with actin at fusion interfaces [63]. However, the processes of fusion and phagocytosis do display molecular differences since inhibition of rac1 activation attenuates fusion but not phagocytotic abilities of the macrophages [64]. It should be noted that  $\alpha$ -tocopherol (vitamin E) induces the fusion of macrophages through the activation of diacylglycerol kinase [65].

CD44 and CD47 expression are upregulated on macrophage surfaces at the onset of fusion and have been shown to promote fusion and multinucleation, respectively [66, 67]. The presence of dendritic cell-specific transmembrane protein (DC-STAMP) on at least one fusing cell is necessary for fusion in the formation of FBGCs [68]. Although the DC-STAMP ligand is currently unknown, because of its involvement in FBGC formation, CCL2 is a potential candidate [69]. On the other hand, osteopontin, an ECM protein that is upregulated at inflammatory sites, may play an inhibitory role in FBGC formation [70]. Additional molecules that are involved in macrophage fusion are summarized in Table 11.1.

Cell surface molecules induced by IL-4 are needed on both fusing partners in order for fusion to occur [71]. It is believed that in order for fusion to occur, the macrophages must be phenotypically altered by a fusion-inducing stimulus such as IL-4 or IL-13. Due to the necessary monocyte adhesion and macrophage development steps to support fusion, it is not surprising that macrophage fusion on biomaterial surfaces is material dependent [55]. To this end, surfaces that favor vitronectin and fibronectin adsorption favor FBGC formation [72, 73]. FBGC formation is therefore dependent on two main criteria: (1) the presence of fusion-inducing stimuli and (2) material surfaces that promote the adhesion of appropriate proteins in the appropriate conformation.

#### 11.2.4. FBGC Phenotype

FBGC are formed from the fusion of monocyte-derived macrophages, as their phenotype would suggest [74]. FBGC in tissue retrieved from human implant surgeries have been

	FB	FBGC		
	In vitro	In vivo		
Soluble mediators				
IL-4 [58]	Х	Х		
IL-13 [60]	Х	Х		
MCP-1 [24, 146]	Х	Х		
α-Tocopherol [65]	Х	Х		
Plasma fibronectin [73]	Х			
Osteopontin [70]	Х			
Receptors				
Mannose receptor [60, 61]	Х	Х		
β1 and β2 Integrins [30]	Х	Х		
SIRPa [147]	Х			
CD44 [148]				
CD47 [149]	Х	Х		
DC-STAMP [68]	Х			
Tetraspanins [150]	Х	Х		
Signal transductors				
Diacylglycerol kinase [65]	Х	Х		
Rac 1 [64]	Х			
V-type ATPase [63, 151]	Х			
iPLA2 [63]	Х			

 Table 11.1. Molecular mediators involved in macrophage fusion.<sup>a</sup>

<sup>a</sup>Adapted from Themis Kyriakides, private communications

shown to express CD45 (leukocyte common antigen), CD13, CD14, CD15A (Hapten X), CD37, CD39, CD43, and HLA-DR; receptors including CD16 (FcRIII), CD31 (FcRII), CD35 (C3b receptor), and CD71 (transferrin receptor); and adhesion molecules that include CD11a,b,c, CD18 (leukocyte function-associated antigen [LFA] family), CD54 (ICAM-1), and CD44; while CD68 was strongly stained in the cytoplasm of FBGCs [74–77]. Also, the vitronectin receptor (CD51/CD61), very late antigen receptor (VLA-2, CDw49b/CD29), and VLA-4 receptor (CDw49d/CD29) are present on FBGC [78]. FBGC found in tissue surrounding total joint arthroplasties express the osteoclast markers tartrate-resistant acid phosphatase and vitronectin receptor [79].

FBGC derived from human arthroplasties also express cytokine receptors, gp130, IL-1R type 1, IL-2R $\alpha$ , IL-2R $\gamma$ , IL-6R, TNF receptor, M-CSFR, and stem cell factor receptor, with weak expression of receptors for IL-4 and GM-CSF [74, 80]. In a murine model, injection of nitrocellulose particles results in production of IL-1 $\alpha$  and TNF- $\alpha$  by FBGC during the first month of the foreign body reaction, with TGF- $\beta$  being expressed later. However, the production of macrophage inflammatory proteins (MIPs) was not detected [81].

It should be noted that the aforementioned phenotypic characteristics describe those common to FBGC responses to particulate materials. Obviously, materials implanted into varying types of tissues would be expected to evoke varying responses.

#### 11.2.5. Consequences of FBGC Formation on Biomaterial Surfaces

The material-tissue interface between the macrophage/FBGC cell membrane and the surface of the biomaterial is a privileged microenvironment. Within this privileged zone, macrophages and FBGC undergo frustrated phagocytosis, involving the release of potent

degradative products, such as reactive oxygen intermediates, degradative enzymes, and acid, in a manner such that these mediators cannot be immediately buffered or inhibited [82, 83]. The contents of phagolysosomes can be introduced into the microenvironment, bringing the pH down to 4, creating an acidic environment [84]. These degradative products will interact with the surface of the implanted material, and the chemistry of the biomaterial surface will dictate its susceptibility to biodegradation. Therefore, medical devices and prostheses may incorporate antioxidants into a surface coating in order to inhibit oxidative processes initiated through the products released by surface-adherent macrophages and FBGC. Other materials are dependent on degradation and hence macrophage/FBGC activity. Enzymatic degradation has been implicated in the degradation of polyester biomaterials, such as resorbable sutures [85]. Polyesters such as polyethylene terephthalate (Dacron<sup>®</sup>) exhibit degradation at long implant times.

Upon adhesion to a biomaterial surface and subsequent activation, macrophages undergo a respiratory burst that leaves the adherent cell exhausted and unable to perform bactericidal activities. Therefore, cells at the material-tissue interface may not carry sufficient antimicrobial capacity. In addition, apoptosis of material-adherent leukocytes prevents these cells from attacking foreign organisms that may be adherent to the biomaterial, further increasing the possibility of infection [53].

Adhesion of macrophages and fusion into FBGC ultimately results in the degradation of biomaterials, leading to clinical device failure (Figure 11.3). The adverse effects of adherent macrophages and FBGC on implanted devices are well established. For example,



Adhesive Events at Implanted Biomaterial Surface

**Figure 11.3.** Scanning electron microscopy images of an Elasthane 80A PEU surface from an in vivo cage study showing the morphological progression of the foreign body reaction. The sequence of events at the PEU surface includes (a) monocyte adhesion (0 days), (b) monocyte-to-macrophage development (3 days), (c) ongoing macrophage/macrophage fusion (7 days), and (d) FBGCs (14 days).

macrophages and FBGC have been shown to be responsible for the in vivo cracking of Pellethane 2363–80A, a material used for pacemaker lead insulation [86, 87] Degradation of Pellethane 2363–80A is a result of oxidative polymer chain cleavage that is facilitated by the adsorption of  $\alpha$ 2-macroglobulin onto the polyurethane (PEU) surface.  $\alpha$ 2-Macroglobulin catalyzes the oxidation and chain cleavage of the polyether soft segments by reactive oxygen species and/or hydroxyl radicals [88, 89]. Degradation of PEU by macrophage-derived enzymes has been demonstrated in other studies [90–95].

The oxidation process at the surface of implanted materials is persistent and present for the lifetime of the implant. In general, physical damage may accompany chemical degradation. In the case of pacemaker leads, as chemical degradation proceeds, the polymer surface becomes brittle and more susceptible to physical damage, and as physical damage proceeds, cracks open on the surface and into the bulk of the material, exposing new surfaces to oxidants released by macrophages and FBGC. This suggests that a synergism occurs between chemical degradation and physical stress, leading to device failure.

# 11.3. Paracrine Interactions Between Macrophages/FBGCs and Inflammatory/Wound-Healing Cells

### 11.3.1. Macrophage/FBGC and Cytokines

Following activation, macrophages secrete a variety of molecules that drive inflammation and wound healing. Included are cytokines such as IL-1, IL-6, IL-10, IL-12, IL-18, TNF- $\alpha$ , TGF- $\beta$ , IL-8, MCP-1, and MIP-1 $\alpha/\beta$  [96]. Upon adhesion to biomaterial surfaces, monocytes/macrophages become activated in an attempt to phagocytose the biomaterial and direct the inflammatory and wound-healing response to the biomaterial. Therefore, when describing the foreign body response to implanted materials, cytokines can be classified as being either proinflammatory or prowound healing, depending upon which of these events they promote (Figure 11.4) [97]. For example, IL-2, IL-6, IL-8, and TNF- $\alpha$  may be termed proinflammatory/antiwound-healing cytokines because of their inflammation-promoting properties accomplished through cellular activation and chemotaxis of inflammatory cells.



Figure 11.4. Classification of cytokines according to their roles in the foreign body response. Reprinted with permission from [115].

Conversely, cytokines that inhibit the inflammatory response and promote wound healing, such as IL-1 receptor antagonist (IL-1RA), IL-4, IL-13, and TGF- $\beta$ , are considered antiin-flammatory/prowound healing. IL-1 $\beta$  and IL-10 are two unique cytokines in this classification scheme since they represent extremes of the responses. IL-1 $\beta$  is considered a proinflammatory/prowound-healing cytokine because of its ability to activate both inflammatory cells (lymphocytes and monocytes) and wound-healing cells (fibroblasts), while IL-10 acts in the opposite fashion by downregulating the activity of these cell types and suppressing further cytokine production, leading to an antiinflammatory/antiwound-healing effect.

Relatively early studies used IL-1 production from macrophages cultured on biomaterials to assess the reactivity of the polymers as a measure of biocompatibility [98, 99]. Subsequently, IL-1 secretion was found to be dependent on surface characteristics and the proteins adsorbed on the surface [100]. In addition to IL-1, macrophage secretion of IL-6 and TNF- $\alpha$  was found to be dependent on the surface of the biomedical polymers [101]. Secretion of proinflammatory cytokines, such as IL-1 $\beta$ , IL-6, and TNF- $\alpha$  [102–105], from in vitro adherent macrophages on a wide range of materials has been studied extensively [105–113]. Each of these studies has repeatedly shown that surface properties, such as material surface chemistry and surface topography, can dictate macrophage activation [114]. Furthermore, surfaces that inhibit monocyte adhesion and IL-4-mediated macrophage fusion influence different cytokine expression profiles than surfaces that promote fusion [96, 115]. It should be noted that these studies relied mainly on real-time polymerase chain reaction (RT-PCR) analysis, and messenger RNA (mRNA) expression may not reflect the secreted and/or functional level of the cytokines. At the proteomic level, it has been shown that macrophages on a biomaterial surface that does not promote fusion secrete higher levels of proinflammatory cytokines, IL-1 $\beta$  and IL-6, per cell. The same studies demonstrated that biomaterial-adherent macrophages/FBGC undergo a phenotypic switch from a classic activation state to an alternative activation state [23].

Interferon (IFN)- $\gamma$  and exposure to microbial products, such as lipopolysaccharide (LPS), induce classic macrophage activation [116], which results in killing of intracellular pathogens, upregulation of proinflammatory cytokines, inhibition of antiinflammatory cytokines, and production of nitric oxide. In contrast, exposure to either IL-4 or IL-13 stimulates the development of alternatively activated macrophages, which results in production of glucocorticoids, inhibition of proinflammatory cytokine production, promotion of antiinflammatory cytokine production, and upregulation of mannose receptor expression [117, 118]. Macrophages that have been alternatively activated are also known to play a role in allergic responses, parasite elimination, and matrix remodeling [119]. IL-4-induced alternative activation leads to upregulation of mannose receptors [117], which has been described previously as necessary for the formation of FBGC. Therefore, alternative macrophage activation may be a necessary step prior to fusion [61]. However, the biomaterial-adherent macrophages express classically activated chemokines, such as RANTES and MCP-1. Therefore, biomaterial-adherent macrophages/FBGCs display a different cytokine profile than either classically or alternatively activated macrophages, suggesting that biomaterial activation may be a unique pathway in macrophage activation that leads to the development of a unique phenotype (Table 11.2) [23].

Because of the extensive characterization of cytokine profiles being released from biomaterial-adherent macrophages/FBGC, in vitro proteomic testing of cytokine profiles can now be used as an initial means of assaying biocompatibility [120]. However, due to potential confounding results that may be introduced by contaminating adherent endotoxin (LPS), proper sterilization and processing prior to evaluating adherent macrophage cytokine secretion is necessary.

Parameter	Classic	Alternative		Biomaterial effects (Day 3/Day 10)			
	LPS & IFN-γ	IL-4 & IL-13	IL-10	Hydrophobic	Hydrophilic & neutral	Hydrophilic & anionic	Hydrophilic & cationic
Cytokines							
IL-1	1	$\downarrow$	$\downarrow$	^/↓	^/↓	<u>↑</u> /↓	1/↓
IL-6	<b>↑</b>	$\downarrow$	$\downarrow$	$\uparrow/\downarrow$	$\uparrow/\downarrow$	^/↓	1/↓
IL-10	$\downarrow$	1		↑/↑	1/↑	$\uparrow/\uparrow$	1/↑
IL-12	<b>↑</b>	$\downarrow$		$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$
TNF	1	$\downarrow$	$\downarrow$	ND	ND	ND	ND
Chemokines							
IL-8	1		$\downarrow$	1/↓	1∕↓	1∕↓	1∕↓
MIP-1β	1	$\downarrow$	Ļ	$\downarrow/\downarrow$	↓/↓	1/↓	$\downarrow/\downarrow$
MDC	$\downarrow$	↑		↑/↑	1/↑	$\leftrightarrow/\uparrow$	$\leftrightarrow/\uparrow$
TARC	$\downarrow$	<b>↑</b>		$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$
Mig	↑	$\downarrow$	$\downarrow$	$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$
RANTES	<b>↑</b>	$\downarrow$	$\downarrow$	↑/↑	1/↑	$\uparrow/\uparrow$	1/↑
IP-10	<b>↑</b>	$\downarrow$	$\downarrow$	$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$
ENA-78	↑			<u></u> ↑/↔	<u></u> ↑/↔	$\leftrightarrow$	$\leftrightarrow$
MCP-1	1			↑/↑	1/↑	1/↑	↑/↑
MIP-1a	<b>↑</b>	$\downarrow$	$\downarrow$	ND	ND	ND	ND
Eotaxin	↑			$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$
Eotaxin-2	$\downarrow$	1		$\uparrow/\uparrow$	1/↑	$\leftrightarrow/\uparrow$	$\leftrightarrow/\uparrow$
GRO	1			$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$	$\leftrightarrow$
MMP/TIMP							
MMP-9		$\downarrow$		↑/↑	↑/↑	↑/↑	1/↑
TIMP-1			<b>↑</b>	<u>↑</u> /↑	1/↑	↑/↑	1/↑
TIMP-2				↑/↑	↑/↑	↑/↑	1/↑

Table 11.2. A comparison of alternatively activated and classically activated macrophages.

**Bold notation:** measured by enzyme-linked immunosorbent assay (ELISA) and cytokine array; otherwise, measured only by cytokine array

" $\uparrow$ ", " $\downarrow$ ", and " $\leftrightarrow$ ": level of production increased, decreased, or did not change, respectively *ND* not determined. Adapted from [116, 118, 119, 144–150]

This potential confounding factor has been demonstrated in studies showing that removal of adherent endotoxin on orthopedic wear particles almost completely eliminated IL-1 $\beta$ , IL-6, and TNF- $\alpha$  production from human monocytes [121], indicating that the presence of LPS may falsely indicate a macrophage classic phenotype and incorrectly predict biomaterial biocompatibility.

Biomaterial-adherent macrophages/FBGCs may greatly influence the behavior of other leukocytes (i.e., neutrophils, monocytes, and lymphocytes) and wound-healing cells (i.e., fibroblasts and keratinocytes) through the secretion of soluble mediators and hence orchestrate the cells' response to implanted materials. In turn, soluble mediators secreted by other inflammatory/wound-healing cells can influence macrophage responses to implanted materials. For example, TNF- $\alpha$  may be secreted by cells surrounding the implant and induce apoptosis of the biomaterial-adherent macrophage [122]. Cytokine expression profiles determined by semiquantitative RT-PCR of exudate leukocytes and biomaterial-adherent macrophages at biomaterial implant sites have demonstrated that the surface chemistry of biomaterials affects

cytokine expression profiles of both adherent and surrounding cells [96, 115]. Furthermore, studies at the proteomic level have shown that IL-4, IL-13, IL-10, and growth-related oncogene (GRO)/keratinocyte chemoattractant (KC) secretion are upregulated at the implant site in the presence of biomaterials, while IL-6 and TNF- $\alpha$  are upregulated specifically upon the implantation of PEU and silicone rubber [122].

Proliferation of fibroblasts and angiogenesis are regulated by soluble factors released by biomaterial-adherent macrophages [123]. Fibronectin and other factors are released by alternatively activated macrophages and are believed to be involved in tissue remodeling during wound healing [124]. Alternatively activated macrophages also induce the secretion of profibrogenic factors that enhance fibrogenesis from fibroblasts [125]. Accordingly, the fibrotic response is associated with fibroblast stimulatory potential [126, 127]. Therefore, macrophages adherent to the surface of an implanted biomaterial can coordinate the fibrotic response leading to fibrous capsule formation through release of soluble mediators.

Matrix metalloproteinases (MMPs) are proteolytic proteins that dissolve the ECM through hydrolytic reactions. In this regard, MMPs can control the release of soluble media-tors that are "trapped" in the matrix on and surrounding implanted materials. In this regard, MMPs can directly influence the composition of the ECM, as well as cell movement, growth, differentiation, and survival [128]. MMP activity can be inhibited by tissue inhibitors of metalloproteinases (TIMPs) in a 1:1 ratio, dictating the level of MMP activity [129].

Macrophages and FBGC adherent to biomaterial surfaces produce MMP-9, TIMP-1, and TIMP-2 in vitro. Interestingly, MMP-9 concentration increases over time, whereas TIMP concentrations remain constant, indicating a late override by MMP-9 that may result in matrix remodeling. Pharmacological inhibition of MMP-1, -8, -13, and -18 does not affect adhesion but does reduce fusion of macrophages [129]. Therefore, biomaterial-adherent macrophages/FBGCs modulate ECM remodeling and fibrosis, having an impact on implant survival and performance.

# 11.3.2. Lymphocyte/Macrophage Interactions

IL-4 and IL-13 have been implicated in macrophage fusion to form FBGC on the surface of implanted materials [58, 60]. The presence of lymphocytes surrounding the implant indicates that these cells may be the source driving the fusion and may play a critical role in the foreign body reaction. Furthermore, lymphocytes adhere to biomaterial surfaces in vitro [130, 131] and associate with biomaterial-adherent macrophages and FBGC [132, 133].

Through paracrine-mediated mechanisms, lymphocytes enhance macrophage adhesion and fusion, while conversely, the presence of macrophages may stimulate lymphocyte proliferation [133]. Whereas prolonged direct contact between biomaterial-adherent macrophages and lymphocytes results in enhancement of proinflammatory cytokines, such as TNF- $\alpha$ , IL-6, and IL-8, prevention of such direct interactions results in attenuation of proinflammatory cytokine production through soluble mediators [134]. It is therefore believed that early interactions through soluble mediators may be necessary to initiate the adherent macrophage phenotypic switch, which is later maintained through direct cell-cell (juxtacrine) interactions [134]. Notably, lymphocyte cytokine expression is influenced through surface molecule interactions and can involve T-cell receptor (TCR)-dependent and -independent interactions, such as membrane TNF- $\alpha$ , CD69, CD40, and LFA-1 [135–137]. For example, TCR leads to lymphocyte secretion of TNF- $\alpha$  and IL-10, whereas lymphocytes activated by cytokines such as IL-6, TNF- $\alpha$ , IL-2, or IL-15 induce TNF- $\alpha$  but not IL-10 [135, 136, 138]. Along this line, due to high levels of TNF- $\alpha$  and not IL-10 measured at the sites of biomaterial implants, studies have suggested that the biomaterial interactions are through cytokines [134]. Moreover, the interactions between lymphocytes and biomaterial-adherent macrophages and FBGC and their subsequent responses are differentially influenced by material surface chemistry [139].

However, lymphokines such as IL-2 and IFN- $\gamma$  are not present during lymphocyte/ macrophage interactions, indicating a lack of classic T lymphocyte activation, and macrophage fusion and formation of FBGC still occurs in the absence of lymphocytes, thus indicating that soluble fusion mediators derive from a separate source [140]. Natural killer (NK) cells, natural killer T (NKT) cells, mast cells, eosinophils, and basophils may be the source of IL-4 or IL-13 [141, 142], and lymphocytes may act to promote IL-4/IL-13 secretion by these other cells. It has recently been hypothesized that early activation to the alternatively activated macrophage phenotype may be through the mast cells, with CD4+ T cells promoting long-term phenotype determination at the site of the implant. Regardless of the mechanisms involved, the production of cytokines, chemokines, and ECM proteins remains dependent on biomaterial surface chemistry [143].

## 11.4. Conclusions and Perspectives

During the past three decades, our knowledge of in vitro and in vivo monocyte, macrophage, FBGC, and lymphocyte interactions with biomaterials has greatly expanded. This area of biomaterials science has moved dramatically from one of description and subjectivity to more quantitative approaches in understanding complex cell-material interactions in the foreign body reaction. Quantitative studies clearly have identified the significance of biomaterial surface chemistry in modulating inflammatory cell behaviors such as adhesion, apoptosis, anoikis, fusion, and cytokine secretion. In addition to juxtacrine or cell-cell interactions, cytokine-mediated paracrine responses between cells have been identified utilizing genomic and proteomic techniques. As biomaterial science advances and new, novel biomaterials, biomedical devices, and tissue-engineered constructs are developed, there will be a continuing need for appreciation and understanding of the inflammatory cell and foreign body reactions with these systems. It must be remembered that inflammatory cell interactions and development of the foreign body reaction is an initial host response to the implantation of any biomaterial, medical device, prosthesis, or tissue-engineered construct. As such, these interactions will continue to define the biocompatibility of new systems, and the continued development of a mechanistic understanding of these interactions is clearly warranted. Simply put, understanding of the early host response to biomaterials, medical devices, prostheses, and tissue-engineered constructs must evolve if we are to adequately engineer these systems such that they perform appropriately in their intended applications.

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# 12

# Development and Differentiation of Neural Stem and Progenitor Cells on Synthetic and Biologically Based Surfaces

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The response of stem and progenitor cells to material surfaces is of particular interest to the fields of biomedical engineering and regenerative medicine for a number of reasons. It is thought that stem and progenitor cells may represent a new treatment option for diseases of large-scale cell loss or malfunction, particularly in the central nervous system, where the environment is not permissive of tissue regeneration. Before treatments with specific outcomes can be reliably planned, however, the interactions between stem and progenitor cells and their environment must be better understood. This chapter discusses the function of neural stem and progenitor cells, as well as their responses to nonbiodegradable and biodegradable polymers, and to biologically derived proteins, which are used both as coatings on material surfaces and as scaffolds.

# Abbreviations

AEMA	aminoethyl methacrylate
AHPC	adult hippocampal progenitor cell
AL	alginate lyase
AMF	aligned microfiber
ANF	aligned nanofiber
C17.2	immortalized neural stem cell line from murine postnatal cerebellum
CE3	murine embryonic stem cell line expressing green fluorescent protein
CNPase	oligodendrocyte marker
CNS	central nervous system
Dex-MA	methacrylated dextran

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EB	embryoid body
ECM	extracellular matrix
EVAL	poly(ethylene-co-vinyl alcohol)
FMCC	fetal mouse cortical cells
GFAP	glial fibrillary acidic protein
GP	glycerophosphate salt
HiB5	rat hippocampal progenitor cell line
IKVAV	peptide sequence isoleucine-lysine-valine-alanine-valine
K14	keratin-14, a long $\alpha$ -helical peptide
LAS	lysine-alanine sequential polymer
LG3	a globular domain of the laminin $\alpha$ 3 chain
LG3K14	a polypeptide composed of keratin-14 fused to the LG3 domain
MC	methacrylamide chitosan
MTT	colorimetric mitochondrial metabolic activity assay
NeuN	mature neuron marker
NGF	nerve growth factor
NPC	neural progenitor cell
NSPC	neural stem and progenitor cell
NT-3	neurotrophin-3
PAA-azido	N-4-(azidobenzoyloxy)succinimide conjugated to polyallylamine
PC12	rat cancer cell line derived from a pheochromocytoma of the adrenal
	medulla
PDL	poly(D-lysine)
PEG	poly(ethylene glycol)
PLA	poly(lactic acid)
PLCL	poly(L-lactide-co- $\epsilon$ -caprolactone)
PLGA	poly(lactic-co-glycolic acid)
PLL	poly(L-lysine)
PLLA	poly(L-lactic acid)
PPy	polypyrrole
PVA	poly(vinyl alcohol)
RA	retinoic acid
RGD	peptide sequence arginine-glycine-aspartate
RMF	random microfiber
RNF	random nanofiber
RW4	murine embryonic stem cell line
SEM	scanning electron microscope
TERA2.cl.SP12	human pluripotent embryonic carcinoma cells
TUJ1	class III β-tubulin
TUNEL	terminal deoxynucleotidyl transferase dUTP nick end labeling
YIGSR	peptide sequence tyrosine-isoleucine-glycine-serine-arginine

# 12.1. Introduction

The response of stem and progenitor cells to surfaces is of particular interest to the fields of biomedical engineering and regenerative medicine for a number of reasons. Much attention has recently been given to the unique properties of stem and progenitor cells,

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specifically their capability to self-renew and to differentiate into other types of cells. It is thought that stem and progenitor cells may represent a new treatment option for diseases of large-scale cell loss or malfunction, particularly in the central nervous system (CNS), where the environment is not permissive of tissue regeneration. Before treatments with specific outcomes can be reliably planned, however, the interactions between stem and progenitor cells and their environment must be better understood. Both soluble and contact-mediated extracellular signals that regulate the cell differentiation fate have been identified. This chapter will examine the interactions between neural stem and progenitor cells (NSPCs) and material surfaces.

# 12.2. Neural Stem and Progenitor Cells

NSPCs, which are multipotential progenitors of neurons and glia, are capable of selfrenewal and have been isolated from the developing and adult CNS [1–4] (Figure 12.1). In addition, they have been produced in vitro from embryonic stem cells and from induced pluripotent stem cells by differentiation toward a neuroepithelial fate [5–8]. Under appropriate conditions, neural stem cells can give rise to a complement of more specialized cells found in the CNS. NSPCs possess several characteristics that make them ideal vectors for CNS repair. Novel therapeutic strategies are being developed to take advantage of the ability of NSPCs to proliferate in culture and to survive following transplantation into the brain, spinal cord, and retina, where they may integrate and stably express foreign genes, or repopulate the damaged or diseased nervous system. NSPCs can be clonally expanded in culture in order to provide a renewable supply of cellular material for transplantation. In addition, they may be engineered to express exogenous genes for neurotrophic growth factors that may facilitate neuronal survival and regeneration. Thus, NSPCs may be capable of functionally integrating into the host neural circuitry where they may serve as cellular sources supplying trophic, or other, factors to facilitate cell survival and neuroprotection, as well as to stimulate regenerative events.

NSPCs have been isolated from various regions of the CNS, such as the hippocampus, subventricular zone, spinal cord ependyma, and retina [4, 9–12]; in vitro studies show that NSPCs can adopt a variety of cellular fates. The discovery of NSPCs in the adult brain and retina has encouraged research into their role during neurogenesis in the healthy mature brain and after injury.

Multiple studies suggest that adult bone marrow-derived stem cells possess the ability, under some circumstances, to transdifferentiate into neurons following transplantation into rodents [13–15]. This potentially extraordinary ability to generate other lineages is not without controversy. Other studies have suggested that some of these findings may perhaps result from cell fusion events [16]. Nevertheless, the multipotent nature of marrow stem cells makes them attractive candidates for cell-based therapies using autologous transplantation. In addition, stem-like cells have been isolated from other nonneural tissue sources including but not limited to skin, muscle, fat, and dental pulp; these sources may have the potential to produce neural cell types as well [17–20]. While it may seem most appropriate to use NSPCs derived from the same region of the brain that will be targeted for transplantation, it is imperative to support exploration of multiple stem/progenitor cell types as potential therapeutic vectors for repair strategies.

Recent studies have shown that a variety of signals, including the molecular microenvironment (substrate, humoral, and contact-mediated signals), influence the proliferation,



**Figure 12.1.** Stem cell hierarchy and multipotency of neural stem cells. A blastocyst, at approximately 5 days of development, contains a small cluster of cells referred to as the "inner cell mass" that are pluripotent stem cells. These pluripotent stem cells produce other tissue-specific stem cells and progenitors. This schematic illustration depicts the generation of differentiated cell types from multipotent neural stem cells. Different specialized multipotent stem cells are produced from pluripotent embryonic stem cells. Multipotent neural stem cells produce the three lineages found in the CNS: neurons, oligodendrocytes, and astrocytes. In this schematic illustration, the *curved arrows* represent self-renewing ability and the *dashed lines/arrows* represent putative cellular reprogramming events. As additional research is conducted and understanding of the true potential of stem cells and progenitor cells is improved, modifications of this illustration will be necessary. Illustration by D.S. Sakaguchi.

differentiation, and survival of NSPCs and their progeny. Neural progenitor cells (NPCs) have been cultured and transplanted into various CNS regions. When grafted into regions where neurogenesis is known to occur, these cells can differentiate into neurons. A provocative scenario is that, when exposed to optimal microenvironmental conditions, NSPCs will differentiate in a fashion appropriate to that brain region. However, there is limited understanding of the regulation of stem cell behavior in the healthy or diseased/damaged brain. Thus, by gaining a better understanding of environmental cues, including substrate composition and topography, we will be in a much better position to direct NSPC differentiation and integration. Understanding how microenvironmental factors influence NSPCs will be essential for the development of safe and effective stem cell-based therapies to repair and regenerate the damaged and diseased CNS.

### 12.3. Synthetic Material Surfaces

Much of what we know about the proliferation and differentiation potential of NSPCs comes from in vitro experiments where cells are cultured on synthetic surfaces such as polystyrene. It is imperative to understand how cells react to these synthetic surfaces and what differences arise because cells are cultured in vitro instead of existing in the in vivo environment.

#### 12.3.1. Nonbiodegradable Substrates

For longer than 30 years, tissue culture-treated polystyrene has been used to culture cells. Polystyrene surfaces are exposed to high-energy oxygen ions, making the hydrophobic polystyrene surface hydrophilic and negatively charged [21]. Polystyrene can then be coated with cell adhesive proteins such as poly(L-lysine) (PLL), laminin, or fibronectin to further enhance cell adhesion and subsequent functions. This substrate is convenient and inexpensive, but the homogeneity of the surface restricts exploration of its effects on stem and progenitor cell proliferation and differentiation. Although very different from the complex in vivo milieu, polystyrene is nevertheless an important tool in the in vitro study of all types of cells. By culturing cells on surfaces that possess some of the same cell adhesive properties as tissue culture-treated polystyrene, the effects of specific surface chemistry on stem cell proliferation and differentiation can be explored.

Young and Hung [22] cultured neural stem cells on poly(vinyl alcohol) (PVA) and poly(ethylene-co-vinyl alcohol) (EVAL) to compare cell function on different synthetic surfaces. PVA is a very hydrophilic polymer, while polyethylene is more hydrophobic. The EVAL substrate contains regions of both PVA and ethylene. Neural stem cells in the form of neurospheres were cultured at varying cell densities on either PLL-coated glass, PVA, or EVAL substrates under either growth or differentiation conditions. Neurospheres seeded on glass attached, spread, and differentiated in a manner consistent with previously published results [23]. On PVA substrates, cells did not adhere, but aggregated and died whether they were seeded as whole neurospheres or had been dissociated before seeding. Primary neurons had similar growth on EVAL substrates as reported in a previous study [24]. Dissociated nestin-positive progenitors at a broad range of cell densities, on the other hand, adhered and survived on the EVAL substrate. Cell function was consistent across the entire substrate and was not due to localization on either the philic or phobic domains, most likely due to the fact that the scale of the philic and phobic domains was smaller than the cell body. After 4 days, the cells had not extended neurites; cell count analysis revealed that the number of cells on the substrate had not changed from any of the original seeding densities, whether basic fibroblast growth factor (FGF)-2 was present or not. Neurospheres behaved differently when plated at low and high densities; at low seeding density, the neurospheres attached, dissociated, and extended neurites. At high seeding density, the neurospheres did not attach, but instead the number of neurospheres increased, tripling in 4 days of culture. These differences were further supported by immunocytochemical evidence, with the dissociated cells expressing astrocyte-specific glial fibrillary acidic protein (GFAP) and neuron-specific enclase, while the high-density neurosphere cells predominantly expressed nestin. Thus, in this study, dissociated neural stem cells entered a stasis state, low-density neurospheres differentiated, and high-density neurospheres multiplied [22]. Young and Hung concluded that the EVAL substrate could control cell-substrate and cell-cell interactions [22].

In addition to chemical modification of the substrate surface, the effects of topography changes have been explored. Substrate topography and the interaction between contact guidance and chemical cues [25] as well as the effect of micropattern scale on cell outgrowth [26, 27] have been investigated. Recknor showed that topographical changes combined with astrocyte coculture could also change growth and differentiation of NPCs [28]. In experiments by Recknor et al., rat adult hippocampal progenitor cells (AHPCs) were cultured on micropatterned polystyrene grooves with dimensions on the same order of magnitude as the cell body: 13- $\mu$ m wide and 4- $\mu$ m deep, spaced 16- $\mu$ m apart. The substrates used in that study were gravity-cast from a toluene solution on etched silicon wafers and made with an internal smooth control zone. More than 75% of AHPCs and astrocytes grew along, and aligned to within 10° of the three-dimensional (3D) pattern [29]. When AHPCs and astrocytes were both present, neuronal differentiation (as assessed by immunoreactivity for class III  $\beta$ -tubulin [TUJ1 antibody labeling] expression) was significantly increased on the patterned side but not on the smooth side of the substrates tested [28]. Recknor et al. concluded that the synergistic effects of the astrocytes and patterning on the substrate surface contributed to the increased neuronal differentiation [28].

Cells on patterned substrates (which have some topographical changes) still grow in a monolayer culture. True 3D culture can be achieved through the use of porous scaffolds. One method for making a 3D scaffold is a high internal phase emulsion. In this technique, an aqueous phase is added drop-wise to an organic phase, while constantly stirring, and the resulting emulsion is molded and baked at 60°C for 5 h, resulting in a styrene foam block with large numbers of interconnecting pores [30]. This technique is well known, but generally results in pores too small for cell culture. By adding a small amount of water-miscible tetrahydrofuran to the emulsion, Hayman et al. [31] were able to increase the mean void diameter from 5-20 to 50-100  $\mu$ m (Figure 12.2) [31]. In order to increase cell adhesion and



**Figure 12.2.** Scanning electron micrograph of a polyHIPE foam. Large numbers of interconnecting pores are formed during the manufacturing process, providing increased surface area and greater opportunity for cell function in a 3D environment. Scale bar: 50 µm. Reproduced with permission from Elsevier [31].

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embryonic carcinoma cells (TERA2.cl.SP12) were seeded on these scaffolds. PLL and laminin were used both separately and together as scaffold coatings to enhance cell adhesion and neurite outgrowth. Small cell aggregates entered the pores of the scaffolds, but large aggregates (300–500  $\mu$ m) remained on the surface where they were easily visualized. Scaffolds coated with PLL had up to 40% more adherent cells than scaffolds coated with laminin only; best adhesion was achieved with both PLL and laminin present. Average neurite extension increased by a factor of four from 25 to 100  $\mu$ m, with a maximum observed length of 500  $\mu$ m on substrates with both coatings [31]. Hayman et al. concluded that these durable and easily manufactured scaffolds could prove useful for in vitro study of 3D cultures of NPCs [31].

In the nervous system specifically, another factor that may influence cell proliferation and differentiation is electrical activity. Polypyrrole (PPy) is a biocompatible, electrically conductive polymer that has been used in several biological applications including neural prosthetics [32] and substrates for nerve growth [33]. While bioactive molecules have been incorporated into PPy as dopants, low loading and decreased conductivity limit the effectiveness of these methods [34]. An alternative is to tether molecules to the surface of a polymer. Gomez et al. used an arylazido-containing compound, which reacts with UV light to create singlet nitrenes that insert into C-H, N-H, and other bonds to decorate PPy with nerve growth factor (NGF) [35]. PPy films were deposited on a working electrode from an aqueous solution of pyrrole monomer and sodium salt of poly(styrene sulfonate). NGF was conjugated with fluoroisothiocyanate for fluorescent visualization, then immobilized on the PPy substrate by preparing N-4-(azidobenzoyloxy)succinimide conjugated to polyallylamine (PAA-azido), casting PAA-azido and NGF on a glass microscope slide, and exposing to UV light. Approximately 5% of the cast protein was tethered to the surface of the slide through this procedure. A surface concentration of approximately 0.98 ng protein/mm<sup>2</sup> induced neurite extension from PC12 cells comparable to 50 ng/mL soluble NGF. The conductivity of PPy was reduced by 30% after the surface modification, a nonsignificant difference comparable to other reported conductivity changes. Cell adhesion and neurite outgrowth were increased on NGF-tethered surfaces compared with PAA-azido only controls. Neurite outgrowth from PC12 cells was maintained at the same level on PPy with tethered NGF and PPy plus soluble NGF for 2 days; after 10 days, however, fewer cells had neurites on the tethered substrates. Gomez [35] attributed this result to the restriction of endocytosis-dependent pathways. When current was passed through PPy-NGF slides at 100 mV for 2 h, the neurite length measured 24 h later was significantly increased on PPy-NGF that had been exposed to current compared with PPy-NGF with no stimulation. Gomez suggested that this result shows a synergistic effect between chemical and electrical stimuli [35].

#### 12.3.2. Biodegradable Polymer Substrates

As mentioned previously in Sect. 12.3.1, polystyrene is commonly used for in vitro cell culture experiments. However, in most cases it is unsuitable for in vivo implantation, where degradable polymers are more desirable. For these cases, biodegradable polymers offer several advantages, including tailored material substrates, degradation rates, and the opportunity for synchronized tissue remodeling to occur. Several biodegradable polymers have been approved for specific clinical applications and are attractive candidates for stem cell applications. Bhang tested the interaction of a hippocampal progenitor cell line with several common biodegradable polymers; these studies used various materials as culture surfaces and used their degradation products as media additives [36]. The polymers chosen were

poly(lactic-co-glycolic acid) (PLGA), poly(L-lactide-co- $\varepsilon$ -caprolactone) (PLCL), and poly (L-lactic acid) (PLLA) due to their extensive use as biological scaffolds. HiB5 cells, a hippocampal progenitor line, were assayed for cell viability, mitochondrial metabolic activity, apoptotic activity, proliferation, and differentiation. In all assays, PLGA performed best. PLCL and PLLA were significantly different from PLGA at the same time point, with PLLA supporting the lowest cell viability and mitochondrial metabolic activity, and the highest apoptotic activity. In terms of the cell proliferation assay, PLGA was not significantly different from the positive control glass substrates. PLCL and PLLA, however, supported significantly lower cell proliferation than either glass or PLGA, but were not significantly different from each other. Cell differentiation was assessed on all three substrates at 7 days by immunoreactivity for neurofilament and class III  $\beta$ -tubulin. Again, PLGA performed best both in percent of cells expressing neuronal proteins and number of neurites extending more than two cell bodies per cell. From these results, Bhang concluded that PLGA is the most suitable scaffold material for NPCs [36].

Solvent casting with salt leaching is a well-known method for creating biodegradable scaffolds [37, 38]. Levenberg prepared biodegradable scaffolds using a salt-leaching method and examined the growth of embryonic stem cells under neuronal differentiation conditions [39]. Scaffolds prepared from a 50% PLA/poly(glycolic acid) mixture with pore sizes from 200 to 250 µm degraded in a time scale commensurate with the growth rate of the H9 clone cells tested and supported ingrowth of dissociated either 4- or 9-day-old H9 clone embryoid bodies (EBs) [40]. Neural rosettes were formed during 2 weeks of culture in all media tested, but significantly more and better defined rosettes were formed when neurotrophins were present in the media. Four-day-old EB had the largest increase in rosette numbers from NGF and neurotrophin (NT)-3, but NT-3 alone and NT-3 plus retinoic acid (RA) induced the most rosettes in 9-day-old EB. Nine-day-old EB cultures that received NT-3 and RA in combination with either NGF or NT-3 had significantly enhanced neuronal differentiation over control medium conditions (as measured by class III β-tubulin immunoreactivity), but no increased differentiation after 4 days of EB culture [39]. Levenberg concluded that the observed differential response emphasized the importance of cell age, timing in signaling, and cell differentiation [39].

Salt leaching creates a porous sponge-like architecture, which may be desirable in some situations. In other cases, a more directed architecture may be preferred. In the latter cases, electrospun scaffolds may provide a better alternative substrate. Briefly, to create electrospun scaffolds, a PLLA solution was ejected from a syringe fitted with an 18-gauge needle. A 12-kV voltage was applied to create the polymer jet. A rotating disc was used to collect aligned nanofibers and a stationary disc was used to collect random fibers [41]. Solution concentration had the greatest effect on fiber morphology. The average fiber diameter was 300 nm for a 2% and 1.5 µm for a 5% solution. These two average fiber diameters were denoted as "aligned nanofiber" (ANF) and "aligned microfiber" (AMF) and used for cell growth studies. Aligned fibers had a smaller diameter than random fibers from the same solution concentration; Yang [42] attributed this result to stretching caused by the tangential forces exerted by the high- speed rotation of the collection plate. Since the purpose of the study was to examine cell response to nanoscale surface topography, the C17.2 neuronal precursor cell line was selected. C17.2 cells can differentiate without surface protein molecules, which would affect fiber topography. Cells seeded on ANF and AMF substrates exhibited bipolar morphology with approximately 90% of neurites extending parallel to the aligned fibers (Figure 12.3) [42]. This result was significantly different from results obtained on random nanofibers (RNF) and random microfibers (RMF), where cells exhibited multipolar



**Figure 12.3.** Phase contrast light micrographs showing neural stem cell attachment on electrospun fibrous PLLA (a) aligned nanofibers, (b) aligned microfibers, and (c) random nanofibers, after 1 day of culture. Reproduced with permission from Elsevier [42].

processes and randomly oriented neurites. Average neurite length was significantly longer on ANF than on AMF, RMF, or RNF, which were all similar to each other. Neuronal differentiation assessment by neurofilament immunocytochemistry and morphology showed that 80% of cells differentiated on ANF and RNF, while only 40% differentiated on AMF and RMF. The interpretation of Yang of this result was that the scale of the fibers, rather than their alignment, stimulated cell differentiation [42].

#### 12.4. Biologically Derived Surfaces

Up to this point, the discussion in this chapter has revolved around synthetic surfaces that may or may not have been modified with proteins, but several biologically derived molecules can be prepared into scaffolding surfaces as well. Amino acid polymers, blood clotting proteins, extracellular matrix (ECM) molecules, and other biologically derived molecules can form 3D hydrogels that are able to support adhesion and various other functions of cells.

#### 12.4.1. Poly(L-lysine)-Based Substrates

PLL is often used to increase cell adhesion. Where PLL is a homopolymer, lysinealanine sequential polymer (LAS) is a polymer with alternating lysine and alanine residues. Under serum-free conditions, LAS promoted increased hippocampal neuron survival and axon formation more than PLL [43]. Wang and coworkers [44] tested the response of neural stem cell neurospheres to this polymer substrate. When neurospheres in serum-free media were plated at low density, the cells did not migrate but instead sent out long, straight neurites, forming a network within 4 days of culture [44]. Neurospheres seeded on LAS substrates had significantly longer neurites than those on PLL substrates, confirming LAS as the superior substrate for neurite outgrowth. LAS was used for subsequent experiments. At higher neurosphere density in serum-free media, rather than elaborating neurites, the cells migrated out and the neurosphere dissociated. When serum was added to the media, low-density neurospheres changed their response: cells migrated away from the neurosphere and did not form a neurite network. A mitochondrial metabolic activity assay (MTT colorimetric assay) showed increased viability and also enhanced differentiation outcomes in the presence of serum. Wang [44] concluded that the neurospheres were changing their communication strategy based on the density and presence of serum proteins. A minimum threshold concentration of soluble growth factors such as hormones and cytokines appeared to be necessary before cells began migrating away from the neurospheres [44].

Through incorporation of cell adhesive molecules such as PLL, the range of materials used in scaffolds can be expanded. Royce Hynes [45] developed a photopolymerized hydrogel system that included poly(ethylene glycol) (PEG) and PLL. The main advantage of this hydrogel system over prefabricated biodegradable scaffolds is the ability to polymerize in situ. To form the hydrogel, macromers composed of monacrylated PEG chains covalently bound to a PLL backbone by 1,1'-carbonyldiimidazole chemistry were photopolymerized using Irgacure 2959 photoinitiator and 4-10 min of UV exposure. The brief UV exposure had no significant effect on neural stem cell survival. While the photoinitiator in solution caused a significant decrease in cell survival, cells encapsulated in PEG/PLL hydrogels that employed the photoinitiator showed excellent cell survival. Royce Hynes et al. [45] attributed this result to the rapid utilization of the photoinitiator-free radicals during the polymerization process. Cell differentiation was assessed by immunoreactivity for nestin, neurofilament, and GFAP. Nestin indicates undifferentiated neural progenitors, while neurofilaments and GFAP are expressed by mature neurons and astrocytes, respectively. The cells initially expressed nestin. After 7 and 17 days, approximately 50% of the cells expressed neurofilaments while the rest continued to express nestin [45]. Since the PEG/PLL scaffold tested is nontoxic, can be polymerized in situ, and allows cells to survive and differentiate to neural cell fates, it is an attractive substrate for stem cell delivery.

#### 12.4.2. Laminin-Based Substrates

Along similar lines as the PEG/PLL hydrogel, Nakaji-Hirabayashi designed a selfassembling keratin-based hydrogel with the intent of protecting stem cells, transplanted into the brain, from inflammatory responses [46]. The protein designed contained keratin-14 (K14), a long  $\alpha$ -helical peptide, fused to a globular domain of the laminin  $\alpha$ 3 chain (LG3). The resulting polypeptide could integrate with native keratin chains through coiled-coil interactions and coordinate with integrins through the laminin domain. Proteins with, and without, the laminin domain were expressed in *Escherichia coli*, purified, and combined with keratins extracted from human hair to form hydrogels. Synthetic proteins with the laminin domain were designated LG3K14, and those without the laminin domain were designated K14. Neural stem cell (NSC) adhesion was increased by a factor of three on LG3K14, the hydrogel incorporating the laminin domain, over both native keratin and keratin–K14 hydrogel. After 10 days in culture, NSC proliferation was also significantly increased on the LG3K14

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hydrogel compared with results obtained on the K14 hydrogel and native keratin. The majority of cells expressed nestin after 10 days on all three types of hydrogels tested. Nakaji-Hirabayashi concluded that incorporation of the laminin LG3 domain significantly increased NSC adhesion and proliferation, and that similar molecules designed from the ground up could provide tuned biomaterials for the promotion of NSC survival after transplantation [46]. This method shows potential for 3D scaffolds, but current fabrication techniques do not allow for encapsulation of living cells during scaffold formation. Further modifications to design polypeptide scaffolds and fabrication protocols could potentially overcome this limitation.

The peptide sequence isoleucine–lysine–valine–alanine–valine (IKVAV) from the laminin molecule is known to be a bioactive site that promotes neurite sprouting and directs neurite outgrowth [47]. Silva [48] designed an amphiphilic molecule that self-assembles into a nanofibrous scaffold when added to cell suspensions. The chemical structure of the peptide amphiphile includes the IKVAV sequence, a Glu residue (which gives the molecule a net-negative charge at pH 7.4), four Ala residues, three Gly residues, and an alkyl tail of 16 carbons (Figure 12.4.). A control amphiphile that contained a nonphysiological sequence instead of IKVAV was also synthesized. When electrolytes in cell media screened the electrostatic repulsions caused by the Glu residue, the molecules self-assembled into nanofibers. The IKVAV sequences were presented along the outside of the nanofibers. When NPCs were added to a 1 wt% solution of the amphiphile, a clear gel formed within seconds; encapsulated cells survived for the entire 22 days of the study [48]. The scaffolds contain 99.5% water, allowing diffusion of nutrients and metabolic waste for large numbers of cells. Cell migration



**Figure 12.4.** (a) Molecular graphics illustration of an IKVAV-containing peptide amphiphile molecule and its selfassembly into nanofibers. (b) Scanning electron micrograph of an IKVAV nanofiber network formed by adding cell medium to a peptide amphiphile aqueous solution. The sample in the image was obtained by network dehydration and critical-point drying of samples caged in a metal grid (to prevent network collapse); this sample was sputtered with gold-palladium films and imaged at 10 kV. (c and d) Micrographs of the gel formed by adding to IKVAV peptide amphiphile solutions (c) cell culture media and (d) cerebral spinal fluid. (e) Micrograph of an IKVAV nanofiber gel surgically extracted from an enucleated rat eye after intraocular injection of the peptide amphiphile solution. Reproduced with permission from [48].

out of the neurospheres and length of neurite outgrowth were significantly higher on the IKVAV scaffolds than on the control scaffolds. Cells on IKVAV scaffolds rapidly differentiated into neurons, with 35% of the cells expressing class III  $\beta$ -tubulin after only 1 day in culture. Compared with NPCs cultured on laminin-coated substrates, neuronal differentiation was higher and astrocytic differentiation was lower after 1 and 7 days of culture in self-assembled hydrogels. Self-assembled IKVAV molecular sheets on two-dimensional (2D) surfaces had the same effect on cell differentiation, while soluble nonassembled IKVAV had no effect. Silva interpreted this result as indicating that the density of the epitope, rather than its presentation, led to the high cell differentiation rates [48]. The ability of the amphiphile solution to self-assemble upon contact with tissue makes the amphiphilic hydrogel an excellent candidate for NPC delivery in vivo.

# 12.4.3. Fibrin and Collagen

Fibrin, a protein involved in the clotting of blood that forms a mesh structure when fibrinogen and thrombin are mixed, provides a permissive environment for cell growth, but is most effective when the scaffold properties are tailored for specific cell types. Optimization has been achieved for chick dorsal root ganglia [49], fibroblasts [50], and mesenchymal stem cells [51]. Willerth optimized the concentration of fibrinogen, thrombin, and aprotinin for the culture of EB for neural differentiation [52]. Two murine embryonic cell lines, RW4 and CE3 (which are similar except that CE3 expresses green fluorescent protein) were induced to form EB by RA treatment. Whole or dissociated EBs were then seeded in or on the fibrin scaffolds. Saturated fibrinogen solutions made the longest lasting fibrin scaffolds. Varied thrombin concentration in the starting solutions did not affect the degradation rate of the fibrin scaffold. High levels of aprotinin preserved the scaffold structure for longer than twice the time required for complete degradation without aprotinin. The more cells seeded on the scaffold, the more quickly the scaffold degraded. Dissociated cells formed networks on the surface of the scaffold but did not penetrate and colonize the bulk of the structure; this result allowed for easy visualization of cells but did not produce the desired 3D structure for tissue-engineering applications. In contrast, whole EBs exhibited much more differentiation and migration throughout the bulk of the scaffold when embedded into the scaffolds than when placed on the scaffold surface. Immunocytochemical analysis revealed differentiation into neurons (as measured by class III  $\beta$ -tubulin) and astrocytes (as measured by GFAP). Stained cells exhibited the expected morphology for their respective cell types. Willerth concluded that the optimized fibrin scaffolds represented a promising potential vector for tissue-engineering applications utilizing embryonic stem cells directed to a neural lineage [52].

Collagen is another biologically derived protein that has been tested for use as a scaffolding material. Watanabe determined optimal cell adhesion and proliferation conditions for NSPCs in collagen gels over a range of collagen concentrations and NSPC seeding densities [53]. Parameters examined for optimization purposes included cell viability and migration distance. Seeding cells at densities that were too low or high caused reduced cell viability. Watanabe attributed this result to lack of cell-to-cell interactions at low density and diffusional limitations at high densities [53]. Cell and neurite outgrowth decreased as collagen concentration increased; this observation was consistent with previously published reports [54]. Immunocytochemical differentiation assay revealed that, shortly after seeding, nearly all the cells expressed nestin, but after seven divisions these cells had differentiated to neurons (class III  $\beta$ -tubulin), astrocytes (GFAP), and oligodendrocytes (CNPase) in proportions that were similar to those observed in 2D culture. In addition, after 14 divisions, NeuN-expressing cells were observed, indicating the presence of mature neurons. Watanabe concluded that collagen gels at the appropriate concentration and NSPC seeding density provided a stable environment in which cells could remain viable, migrate, and differentiate [53].

Brannvall et al. produced gels from a mixture of collagen and hyaluronate [55]. Hyaluronan is an ECM component of the developing brain, and has been studied for its effects on neurite outgrowth [56]. A 50% volume mixture of collagen-1 and hyaluronate solution formed a gel at 37°C. NSPCs from the subventricular zone of embryonic, postnatal, and adult mice were dissociated and seeded in the collagen-hyaluronate gel or on a glass coverslip, for comparison with 2D culture. While embryonic cells displayed the most proliferation (as assayed by bromodeoxyuridine incorporation), they also had the highest rates of apoptosis (as measured by a TUNEL assay, which detects nicked DNA). When growth factors were removed from the media, cell morphology changed in all three donor ages tested. Initially all cells were immunopositive for nestin. After 6 days without growth factors, differentiation was assessed. In 3D culture, postnatal NSPCs displayed the most differentiation, with only 10% of cells continuing to express nestin. Embryonic NSPCs had 47% nestin expression, and adult NSPCS had 80% nestin expression. Neuronal differentiation, as measured by class III  $\beta$ -tubulin immunostaining, was 26% for embryonic but only 9% for adult cells. In postnatal cells, however, the proportion of cells differentiating to neurons was 70%. This result is much higher than the result obtained with cells from either embryonic or adult source cells and much higher than the same postnatal cells on 2D culture; in the latter case, only 14% of cells expressed class III  $\beta$ -tubulin. Follow-up studies indicated that, after 11 days, postnatal neurons expressed both gamma-aminobutyric acid and synapsin I, as well as the mature neuronal marker neurofilament-H and the neurotransmitter glutamate. Brannvall highlighted the differential regulation observed at different cell donor ages and concluded that, despite the low growth rate of postnatal cells, the neurogenesis observed made postnatal cells the best choice for generating neurons in the collagen-hyaluronan matrix [55].

#### 12.4.4. Chitosan

Chitosan, formed from the deacetylation of chitin (which is extracted from the shells of crustaceans and exoskeletons of arthropods), is biocompatible, cell adhesive, and enzyme degradable, but only soluble in dilute acid. Yu synthesized a novel water-soluble methacry-lamide chitosan (MC) by reacting approximately 23% of the chitosan amine groups with methacrylic anhydride [57]. The MC formed a transparent gel by crosslinking the reactive double bonds of the methacryl groups (Figure 12.5). Scaffolds were thiolated to add peptides containing the bioactive cell-adhesion and neurite-outgrowth sequences tyrosine-isoleucine-glycine-serine-arginine (YIGSR) and IKVAV through the thiol-maleimide coupling reaction. Addition of these sequences to the hydrogel improved primary neuron adhesion and neurite outgrowth. Neurites were able to penetrate the gels formed with 3 wt% crosslinking agent, but not the gels formed with 7 wt% crosslinking agent. Yu attributed this result to the smaller pore size found in the more tightly crosslinked 7% scaffolds [57].

By adding a polyol salt such as glycerophosphate salt (GP) to chitosan solution at low temperatures, a pH-neutral solution may be formed [58]. A macroporous hydrogel is then formed upon temperature increase to 37°C. To improve neuronal compatibility, Crompton covalently bonded poly(D-lysine) (PDL) to the chitosan surface through a photoreactive species [59]. *N*-(3-dimethylaminopropyl)-*N'*-ethylcarbodiimide hydrochloride and 4-azidoaniline were reacted with PDL to form a photoreactive molecule that could be conjugated to chitosan through UV exposure [59]. Fetal mouse cortical cells (FMCC) were suspended within the



**Figure 12.5.** Scanning electron microscopy (SEM) revealed large (**a**) and smaller (**b**) pores when MC was crosslinked with 3 and 7 wt% APS/SMBS, respectively. Reproduced with permission from Wiley [57].

chitosan/GP solution prior to gelation of the scaffold. Two-dimensional chitosan/GP films with biological levels of osmolarity promoted high adhesion of FMCC. Cells cultured on PDL-modified chitosan did not exhibit changes in attachment and survival, but did show significantly decreased neurite extensions. Polylysine is known to be cytotoxic at high concentrations due to surface charge effects, but in this case Crompton et al. [59] did not attribute the observed decrease in neurite extension to cell damage since there was no observed effect on cell survival. Instead, these researchers proposed that polylysine has a mechanism for inhibiting neurite outgrowth that is unrelated to surface charge-based cytotoxicity [59]. Chitosan/GP hydrogels with 0-100% PDL-modified chitosan were manufactured. In 3D gel culture, cell survival and the number of cells with neurites were greatest on 0.1% PDL; in contrast, gels with concentrations greater than 10% supported lower cell numbers and neurites per cell than control chitosan/GP without PDL. Compared with results obtained with 2D cultures, cell survival and neurite outgrowth decreased in 3D cultures. Crompton et al. attributed this result to the greater number of PDL interactions when cells were completely surrounded by chitosan/GP in the 3D cultures [59].

#### 12.4.5. Polysaccharides from Other Sources

Ashton et al. [60] utilized alginate hydrogels for hippocampal NPC encapsulation. Alginate, a polysaccharide found in brown seaweed that can be produced by bacteria [61], is compatible with CNS tissue [62], can encapsulate cells under mild conditions [63], and can be crosslinked to form a hydrogel by the addition of divalent cations [64]. Since alginate cannot be enzymatically degraded in mammals, high molecular weight alginate may persist for months in vivo [65]. The strategy of Ashton et al. was to include biodegradable poly(lactide-co-glycolide) (PLGA) microspheres loaded with alginate lyase (AL) in the scaffolds, giving tunable control over substrate degradation [60]. By varying the AL loading

and concentration of microspheres, degradation rates could be tuned from 0% to 70% in 7 days. When NPCs were encapsulated, a 30-fold increase in cell number was observed in 1% alginate hydrogels containing 10  $\mu$ g microspheres with 1:10 w/w ratio of AL to PLGA. This result is similar to the rate of cell proliferation observed when cells were cultured without any restriction on spreading, as in 2D cultures. As the rate of scaffold degradation decreased, so did the rate of cell proliferation, down to only a twofold increase in hydrogels containing only control PLGA microspheres without AL. Ashton et al. [60] attributed this increase in proliferation to the less-constrained growth possible in partially degraded hydrogels. No negative impact on NPC proliferation rates was observed at the presence of even 500  $\mu$ g/mg microspheres and 50 mU/mL AL; these concentrations were much higher than those used to determine cell growth to scaffold degradation relationships. This result led Ashton to conclude that the microspheres tested are compatible with the NPC culture, and that the alginate hydrogel system shows promise for in vivo stem and progenitor cell localization [60].

Dextran is a bacterial polysaccharide generally produced by certain strains of Leuconostoc or Streptococcus. Due to its resistance to protein adsorption and cell adhesion, dextran has been used in chromatography applications (Sephadex<sup>®</sup>) [66, 67] and for microcarrier cell culture (Cytodex<sup>®</sup>) [68]. Lévesque synthesized dextran scaffolds by exploiting the immiscibility of methacrylated dextran (Dex-MA) and PEG solutions during polymerization [69]. The scaffolds thus obtained appeared promising as a 3D cell culture substrate due to their morphology, but did not deliver due to poor cell adhesion. By copolymerizing Dex-MA with aminoethyl methacrylate (AEMA), primary amine groups were introduced to immobilize cell-adhesion moieties while preserving the bioactivity of the peptide sequence [70]. Either porous scaffolds or hydrogels could be made by polymerization with or without PEG, respectively. By adding increasing amounts of AEMA, the number of amine sites was increased up to approximately 36 µmol/cm<sup>3</sup> in a 0.5 wt% AEMA gel or scaffold. Peptides incorporating either the bioactive arginine-glycine-aspartate (RGD) sequence of fibronectin or the YIGSR and IKVAV sequences of laminin were added to these hydrogels and scaffolds. Dex-MA-co-AEMA scaffolds greatly increased cell adhesion compared with the Dex-MA-only scaffolds. When dorsal root ganglia were seeded on the copolymer scaffolds, cell bodies were found up to 600 µm below the surface of the construct. The average number of cells was significantly increased on both RGD and YIGSR/IKVAV over the results obtained on Dex-MA-co-AEMA, but neurite outgrowth was only significantly increased on the YIGSR/IKVAV peptide. When cells were preincubated with soluble RGD and YIGSR/IKVAV peptides (to test the specificity of the interaction), cell adhesion and neurite outgrowth were both markedly decreased [70]. Lévesque and Shoichet concluded that this novel cell-adhesive dextran showed promise for neural tissue-engineering applications [70].

# 12.5. Conclusion

From 2D to 3D substrates, and from synthetic to naturally derived biomaterials, the response of NSPCs is complex and, in many cases, depends on cell age and seeding density as well as material surface chemistry and topography. By elucidating stem and progenitor cell responses and function on various natural and synthetic surfaces, the current knowledge base is expanded and the goal of directed growth and differentiation of stem and progenitor cells comes closer to fruition.

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# 13

# Toward Osteogenic Differentiation of Marrow Stromal Cells and In Vitro Production of Mineralized Extracellular Matrix onto Natural Scaffolds

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Tissue engineering has emerged as a new interdisciplinary field for the repair of various tissues, restoring their functions by using scaffolds, cells, and/or bioactive factors. A temporary scaffold acts as an extracellular matrix analog to culture cells and guide the development of new tissue. In this chapter, we discuss the preparation of naturally derived scaffolds of polysaccharide origin, the osteogenic differentiation of mesenchymal stem cells cultured on biomimetic calcium phosphate coatings, and the delivery of biomolecules associated with extracellular matrix mineralization.

# Abbreviations

BMP	bone morphogenetic protein
BMP-2	bone morphogenetic protein-2
BMSC	bone marrow stromal cell
BMSSC	bone marrow stromal stem cell
CaP	calcium phosphate
ECM	extracellular matrix
FGF-1	fibroblast growth factor-1
FGF-2	fibroblast growth factor-2
IGF-2	insulin-like growth factor-2
MSC	mesenchymal stem cell
DOD	

RGD arginine–glycine–aspartic acid

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SBF	simulated body fluid
SPCL	blend of starch and poly(ε-caprolactone)
TGF-β	transforming growth factor-β
TGF-β1	transforming growth factor-β1

### 13.1. Introduction

Bone is a dynamic, highly vascularized tissue with a unique capacity to heal and remodel without leaving a scar. It is the structural framework of the body and is composed of an inorganic mineral phase of hydroxyapatite and an organic phase of mainly type I collagen. Bone continuously resorbs and reforms in a remodeling process that is carried out by two types of bone cells: the bone-building osteoblasts and the bone-resorbing osteoclasts. Slowly and insidiously, bone deteriorates, losing minerals and structure. Bone injuries produced as a result of disease and/or trauma present a major health concern. A fracture, usually of the hip, wrist, or a vertebra, is often the first indication that osteoporosis has been weakening the bones of a patient for years [1]. Treatment options include transplantation, surgical repair, prostheses, mechanical devices, and drug therapy [2]. However, major damage to a tissue or organ can neither be repaired nor long-term recovery effected in a truly satisfactory way using these methods.

In this context, an emerging field of science termed "tissue engineering," defined as an "interdisciplinary field that applies the principles of engineering and life sciences toward the development of biological substitutes that restore, maintain, or improve tissue function" [3] has been gaining significant recognition. Tissue engineering often uses stem cells, progenitor cells and/or organ-specific cells for seeding a scaffold ex vivo, however it may also involve the implantation of an acellular construct for guided tissue regeneration [4]. Indeed, a wide range of strategies exists for tissue engineering in general, and bone tissue engineering specifically.

Bone tissue engineering is a rapidly expanding field, full of innovative ideas for treating bone trauma and pathologies. Selection of the most appropriate material to produce a scaffold in bone-related applications is a very important step toward the construction of a tissue engineered construct. There is an increasing interest in the production of novel scaffolds from renewable resources. Natural polymers are an attractive alternative to synthetic polymers for various clinical applications partly due to their biocompatibility and also because they are typically biodegraded by "normal" and/or enzymatic hydrolysis (carried out, in the majority of cases, by specific enzymes also present in the human body). Some of the advantages associated with naturally derived biomaterials are their cost effectiveness as well as the wide range of properties and structures attainable with these materials. A large number of different naturally derived biomaterials have been studied and proposed for bone tissueengineering applications, namely polysaccharides (chitosan, starch, alginate, hyaluronic acid, and cellulose, among others) and proteins (soy, collagen, and fibrin). Polysaccharides, in particular, have some attractive properties, such as nontoxicity (pertinent monomer residues are not hazardous to health), high swelling ability, and stability over a range of pH values.

For successful bone replacement, the ideal scaffold should be biocompatible [5–8] with the surrounding biological fluids and tissues to avoid any detrimental tissue response. The scaffolding material should degrade into nontoxic residues that can be easily removed from the body through normal excretion processes [5, 6, 8, 9]. The scaffolds serve as temporary substrates for living cells as well as physical supports for tissue regeneration [10]. Adequate

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surface area and appropriate surface energy are also needed to permit cell adhesion, promote cell proliferation, and allow retention of differentiated cell functions [5–8, 10]. In addition, sufficient mechanical stability of the scaffold material is necessary to maintain the desired shape and structure during cell culture in vitro and transplantation in vivo. Control of scaffold pore morphology is critical for controlling cell colonization rates and maintaining transport of oxygen, nutrients, and metabolic waste, as well as for supporting organization of the engineered tissue. Furthermore, angiogenesis, a requirement for the survival and success of vascularized tissues, can be affected by the porosity of the scaffold. Pore morphology can also be expected to significantly affect scaffold degradation kinetics and the mechanical properties of the developing tissue [6, 11].

The scaffolds used for tissue engineering purposes mimic the extracellular matrix (ECM) of the regenerating bone environment. Thus, in addition to serving as a mechanical support, a tissue engineering scaffold may also be "informative" to the cells. An ideal three-dimensional (3D) construct for bone tissue engineering, above all other pertinent characteristics, should be simultaneously osteoinductive (capable of recruiting osteoprogenitor cells and stimulating their differentiation along the bone-forming cell lineage), osteoconductive (capable of supporting the formation of bone at the surface of the scaffold), and also resorbable and amenable to gradual replacement by newly formed bone [12]. In the medical field, consideration of biodegradation is a priority on the list of safety standards when choosing polymers as potential biomaterials for tissue engineering applications. Naturally derived materials have recently gained interest, as they are structurally similar to the native ECM of many tissues; exhibit excellent biocompatibility; and induce minimal inflammatory response and tissue damage. Natural polymers may present a biologically active environment to the cells, since they usually contain domains that provide cues and can send important signals to guide cells at various stages of development [10].

A method to potentially increase the biological activity of a bone tissue engineering scaffold is to coat the surface of the scaffold with calcium phosphate (CaP). One of the main goals of using CaP coatings on bone tissue engineering scaffolds is to promote osteoconduction by enhancing adhesion of osteogenic cells and ingrowth of bone into porous biomaterials [13]. New technologies have been developed to promote osteogenic activity of bone tissue engineering scaffolds. These approaches tend to integrate into the coatings osteoinductive or bioactive agents (e.g., enzymes and antibiotics), to immobilize constitutional elements of bone (e.g., growth factors, including bone morphogenetic proteins (BMPs) and other members of the transforming growth factor (TGF)- $\beta$  superfamily), adhesion proteins (e.g., collagen, fibronectin, laminin, and vitronectin) and peptides (e.g., the arginine-glycine-aspartic acid (RGD) sequence) on the surface of biomaterials. Immobilization and/or delivery of bioactive molecules at specific sites have been exploited to enhance cell adhesion, differentiation, and other cell functions as well as to promote mineralization of the ECM of the tissue-engineered bone constructs.

# 13.2. Scaffolds of Natural Origin – Polysaccharides

A large number of natural polymers, including polysaccharides, have been suggested as candidates for the production of scaffolds for bone tissue engineering purposes. Polysaccharides are relatively complex carbohydrates. They are high molecular weight polymers having one or more monosaccharide repeating-units joined together by glycosidic bonds. Polysaccharides tend to be amorphous and insoluble in water. Some of the main advantages associated with this class of polymers are wide availability, cost effectiveness, good hemocompatibility (probably because of their similarities with heparin), nontoxicity, and a wide range of properties and structures suitable for biomedical applications. These polymers have been proposed as scaffolds for bone tissue engineering applications as well as carriers for cells and bioactive molecules (e.g., proteins, enzymes, and growth factors) for controlled-release systems.

Chitosan, starch, and alginate, three examples of polysaccharide materials, will be described in detail in the sections that follow.

## 13.2.1. Chitosan

Chitosan, a naturally derived polymer, is a partially deacetylated derivative of chitin found in crustacea exoskeletons (e.g., shrimp, crab, and lobster), cell walls of fungi, and cuticles of insects [14, 15]. Depending on the source and preparation procedure, the molecular weight of chitosan may range from 300 to more than 1,000 kDa [11]. Chitosan is a suitable functional biomaterial because it is biocompatible, biodegradable, minimally immunogenic, nontoxic, and hydrophilic. Moreover, it has adsorption properties with remarkable affinity for proteins, and is inexpensive [16–21]. Some studies report that chitosan is a hemostatic agent [11, 16] with antithrombogenic properties [27]. It has proved to be a useful excipient in various drug delivery systems due to its nontoxicity, high cohesive and hydrophilic properties, and polycationic character resulting from primary amine groups, which provide a high charge density in acidic solutions (pH < 6.5) [18, 28]. It is soluble in aqueous solutions above pH 6.5.

Chitosan is a binary polyheterosaccharide of N-acetylglucosamine and glucosamine with a  $\beta 1 \rightarrow 4$  linkage. The superior tissue compatibility of chitosan can be partially attributed to its structural similarity to glycosaminoglycans, which are major components of the ECM of bone and cartilage [15, 29]. Chitosan is easily hydrolyzed by various chitosanases [30], which are completely absent in mammals, and is biodegraded in the presence of lysozyme in aqueous media in vitro [17, 31–35]; this degradation process depends on the degree of deacetylation [31], which represents the proportion of N-acetyl-D-glucosamine units with respect to the total number of units [30]. Chitosan degradation kinetics are inversely related to the degree of deacetylation [31, 32]. In vitro and in vivo, chitosan is degraded by enzymatic hydrolysis; the primary agent of this process is lysozyme, which targets acetylated residues [36]. Chitosan and glucosamine, its biodegradation product, are not toxic in vivo [37]. Lysozyme, or muramidase, is an enzyme that catalyzes the hydrolysis of the peptidoglycan layer of bacterial cell walls [38]. This enzyme is active over a broad pH range (from 3 to 8) and hydrolyzes its substrates both inside and outside cells. Lysozyme is widely distributed in the human body [39]. It is found in the nose, bronchus, bronchiole, middle ear, lacrimal gland, bone marrow, and digestive tract [16], and in lymphocytes; lysozyme is also secreted by monocytes, macrophages, and granulocytes, which are the largest source of the enzyme [40, 41]. Monocytes and macrophages are the primary contributors to the lysozyme content in human serum [41]; the concentration in serum is in the range of 7-13 mg/L [39]. The susceptibility of chitosan to degradation induced by lysozyme make the protein an attractive target for incorporation into this biodegradable material [29, 42–44].

Incorporation of active biomolecules, such as growth factors, has been used as a highly beneficial strategy for improving bone regeneration in tissue engineering applications.

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The biological activity of chitosan on bone regeneration has been confirmed in many studies [18, 45]. Chitosan can be easily fabricated into bulk porous scaffolds, films, microparticles, sponges, and beads. The feasibility of forming porous scaffolds permits wide application of this polymer in tissue engineering. This is mainly true for bone tissue engineering applications because chitosan supports osteoblast proliferation and phenotypic expression [15]. Chitosan fiber meshes with appropriate mechanical properties, developed by Tuzlakoglu et al. [46], exhibited bioactivity; this is a very important aspect for biomaterials used as bone tissue engineering scaffolds. Martins et al. [35] proposed the development of chitosan-based scaffolds with the capability of forming porous structures in situ following attack by specific enzymes (namely,  $\alpha$ -amylase and lysozyme) present in the human body. In addition to the capability of forming pores in situ, other advantages these scaffolds have when compared with other conventional materials are their suitable mechanical properties and lack of toxicity. Coutinho et al. [47] studied the function of an osteoblastic-like cell line (SaOs-2) on chitosan blends with synthetic biodegradable polymers, and reported enhanced osteoblastic activity. Costa-Pinto et al. [48] formulated scaffolds based on blends of chitosan and synthetic polyesters, and provided evidence that these scaffolds are cytocompatible. Furthermore, chitosan-based scaffolds promoted the attachment and proliferation of mouse mesenchymal stem cells (MSCs) [48], which exhibited high levels of alkaline phosphatase activity and produced a mineralized ECM [48].

# 13.2.2. Starch

Starch is one of the most abundant naturally occurring polymers with properties that make it attractive for several biomedical applications. Starch is found as insoluble granules of  $\alpha$ -amylose (20–30%) and amylopectin (70–80%) [49]. Amylopectin polymers are highly branched structures containing  $(1\rightarrow 4)-\alpha$ -D-glucose and  $(1\rightarrow 6)-\alpha$ -D-glucose linkages, whereas amylose is much more linear with long stretches of  $(1\rightarrow 4)-\alpha$ -D-glucose-linked monomer units. Starch is extremely difficult to process and is brittle when used without the addition of a plasticizer [49]. Over the years, several other materials have been blended with starch to improve its processability, including several synthetic [50–54] and natural polymers, such as polysaccharides [35, 55] and proteins [56]. Reis and coworkers [35, 57–70] have proposed use of starch-based scaffolds for biomedical applications. Starch exhibits low toxicity [35, 64], biodegradability [35, 70–72], and biocompatibility [73–75], which are excellent characteristics for bone tissue engineering applications. Compared with other biodegradable polymers available, starch is inexpensive, and above all, reusable. Specific enzymes present in the human body, namely  $\alpha$ -amylase in the blood plasma, can easily degrade starch. The main enzymes involved in starch degradation are  $\alpha$ -amylases,  $\beta$ -amylases,  $\alpha$ -glucosidases, and other debranching enzymes.

An important consideration of biodegradable materials of natural origin being considered for use in the biomedical field is the host response to the degradation products. Starch degradation products are oligosaccharides that can be metabolized to produce energy. Due to their degradation by  $\alpha$ -amylases, this constitutes another strategy to control and tailor the degradation of starch-based scaffolds. Martins et al. [35] developed a novel biodegradable matrix based on chitosan and starch, with the capability of forming a porous structure in situ following attack by specific enzymes (namely  $\alpha$ -amylase and lysozyme) present in the human body. These researchers showed that pore size and distribution in the chitosan matrix is controlled by the location of the "sacrificial" phase (i.e., native starch) that is enzymatically degraded [35]. This same study reported an interesting approach for the control of matrix degradation in situ and consequent pore formation, which could result in scaffolds with mechanical properties appropriate for the initial stage of implantation [35]. Martins et al. [76] also studied the influence of  $\alpha$ -amylase on the degradation of fiber-mesh scaffolds based on a blend of starch and poly( $\varepsilon$ -caprolactone) (SPCL) and demonstrated enhanced scaffold porosity and pore size and decreased average fiber diameter with time. Furthermore, culture of rat marrow stromal cells on SPCL fiber meshes (in medium supplemented with  $\alpha$ -amylase) resulted in enhanced cell proliferation [76].

#### 13.2.3. Alginate

Alginate (alginic acid or algin) is a linear polyuronate containing D-mannuronic acid and L-guluronic acid that is abundant in the cell walls of brown algae. Due to the biocompatibility and gelation of alginate with certain divalent cations, it is widely used for cell immobilization and encapsulation. Alginate is soluble in aqueous solutions at room temperature and forms stable gels in the presence of calcium, barium, and strontium without chemical crosslinking agents [77]; for this reason, the viability and biological activity of entrapped cells and biochemical agents are maintained in alginate gels. As a biomaterial, alginate has a number of advantages including biocompatibility and nonimmunogenicity, which are related to its hydrophilicity [78, 79].

Several studies examined alginate sponges as scaffolds for tissue engineering applications [78] and reported that their structural and morphological properties are appropriate for cell culture and proliferation as well as for neovascularization [78]. Other studies reported that alginate supports synthesis of pertinent ECM components by various cell types, and provides an amenable environment for cell encapsulation, drug delivery, and gene delivery [80]. Alginate also permits cotransplantation of multiple cell types and appropriate growth stimuli to promote, for example, the osteogenic phenotype [81]. Encapsulated bone marrow stromal cells (BMSCs) were studied for the purpose of healing bone defects in orthopedics [82]. Studies with gels containing MSCs and alginate beads loaded with vancomycin (a treatment for bone infections), reported that bone marrow-derived MSCs proliferated and expressed alkaline phosphatase, osteopontin, and collagen 1A1 genes [83]. Cai et al. [84] reported expression of bone-specific ECM markers when they examined the ectopic boneforming ability of BMSCs in combination with scaffolds made from alginate gel and implanted subcutaneously in nude mice for 8 weeks. Moreover, hydrogels such as alginate are effective substrates for both two-dimensional [85] and 3D [78, 85] cell cultures, indicating the suitability of alginate for tissue engineering applications.

### 13.3. CaP Biomimetic Coatings

Ideally, tissue engineering scaffolds should mimic, to the greatest degree possible, the properties of the native target tissue in an effort to promote, direct, and control regeneration of a specific, desired type of tissue. The term "biomimetics" is used to describe a branch of science that seeks to produce such "bioinspired" materials for a variety of applications.

Compared with other biomaterials, CaPs have a unique characteristic for bone mimicry and substitution. Their composition resembles that of bone mineral; most importantly, they can induce a biological response similar to that generated during bone remodeling, which involves resorption and formation of new bone tissue [86]. Osteoclasts are responsible for bone mineral degradation, resulting in bone resorption [86]. During bone resorption,

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the degradation products of CaP (calcium and phosphate ions) are naturally metabolized but do not cause abnormally increased calcium and phosphate levels in urine, serum, or organs [87]. It should be noted that osteoclasts degrade CaP in a similar fashion as they degrade natural bone [88–90].

In 1972 Hench et al. [91] showed that "Bioglass" (that is, glass in the Na<sub>2</sub>O–CaO– $SiO_2-P_2O_5$  system), spontaneously bonded to living bone without formation of surrounding fibrous tissue. In the early 1990s, Kokubo and coworkers [92, 93] proposed that the essential requirement for a biomaterial to bond to living bone is the formation of bone-like apatite on the surface of the biomaterial when implanted in vivo. This in vivo apatite formation can be reproduced in vitro using simulated body fluid (SBF), which is a solution containing inorganic ion concentrations similar to those of human extracellular fluids but without any cells or proteins [94]. Under such in vitro conditions, the formed layer consists of carbonate apatite with small crystallites and low crystallinity [94]. This apatite is referred to as "bone-like apatite" due to its similarity to apatite present in natural bone.

Biomimetic methodology for coating biomaterials with a bone-like apatite layer has been described in several publications [92, 95–98]. This technique mimics the natural biomineralization processes, which involve controlled crystal phase nucleation and growth. The main advantage of the biomimetic methodology is the use of physiological conditions (pH 7.4 at 37°C) simulating the conditions under which apatite is formed in bone. Moreover, this technique allows incorporation of proteins and bioactive agents into CaP coatings without compromising bioactivity of the organic compounds [96, 98–101]. In 1997, Reis et al. [95] adapted the methodology developed by Kokubo and used bioactive glass as a precursor to nucleation and growth of CaP films on starchbased polymers. Briefly, for the preparation of biomimetic CaP coatings based on the methodology previously developed by Abe et al. [92] and Kokubo [93] and adapted by Reis et al. [95], the materials under consideration were first impregnated with bioactive glass, and were then immersed in SBF solution for several days at 37°C; this phase is known as the "nucleation stage" and allows formation of CaP nuclei. In order to accelerate apatite formation, the biomaterials were subsequently immersed at 37°C in simulated body fluid solution (1.5 SBF) with an ionic concentration 1.5-fold greater than physiological levels; this condition enhances CaP nuclei growth. The CaP biomimetic coatings, which are thus formed, exhibit osteoconductive properties that will be discussed later in this chapter.

#### 13.3.1. Osteoconductivity

Scaffolds for bone tissue engineering should be osteoconductive; that is, able to support formation of bone within and/or upon the scaffold. Osteoconductivity has been observed when porous structures were implanted into or adjacent to bone. In such cases, osteoprogenitor cells migrated into pores and filled the porous structure with newly formed bone. This process is characterized by an initial ingrowth of fibrovascular tissue that invades the porous structure followed by later development of new bone directly within it [102]. Hydroxyapatitebased materials are osteoconductive, provided that fully differentiated osteogenic cells are available at the site of implantation [12]. Adsorption of growth factors from the local milieu and from the blood circulation contributes to the osteoconductivity of hydroxyapatite by creating suitable conditions for bone formation when implanted in an osseous environment in vivo. Many relatively insoluble CaP materials are osteoconductive, and, in some cases, may induce extraskeletal new bone formation (i.e., they are osteoinductive).

#### 13.3.2. Osteoinductivity

Osteoinduction is the process by which stem and osteoprogenitor cells are recruited to the bone-healing site and stimulated to undergo osteogenic differentiation [103]. Osteoinductivity implies the ability of chemical compounds to induce osteogenic differentiation of uncommitted progenitor cells [12]. It has been proposed that biomaterials do not have an osteoinductive character in the absence of appropriate osteoinductive agents, such as certain BMPs and other bioactive molecules [104]. However, several studies have reported that some CaP biomaterials [105–107], namely CaP coatings [107, 108], may be osteoinductive. These CaP biomaterials may induce bone formation at extraskeletal sites without addition of osteogenic cells or bioactive agents. Hydroxyapatite is not osteoinductive because it cannot induce osteogenic differentiation of progenitor cells when implanted in a nonosseous environment, such as skin and muscle [12].

#### 13.3.3. Incorporation of Biomolecules into CaP Biomimetic Coatings

Numerous attempts have been made to improve the osteoconductivity of biomaterials. Coatings of CaP expedite osteoconduction and bone ingrowth at the surface of bone substitutes and, therefore, are useful strategies in tissue engineering endeavors for the regeneration of bone tissue. However, a methodology that enables regeneration of bone tissue should not only expedite osteoconduction, but also osteoinduction through biochemical pathways [109–112]. It is known that BMPs can be incorporated into CaP implants (with adequate 3D geometry) to promote osteogenesis [112, 113]; the surface of such implants, however, will be rapidly conditioned by several highly concentrated molecules [114]. For this reason, other types of delivery-specific approaches have been investigated as alternatives that further functionalize and enhance the potential of CaP coatings. Specifically, the CaP biomimetic coatings have been used as a carrier of various molecules, including osteoinductive agents such as BMPs [115–117], other proteins [101, 118–120], enzymes [96, 98, 101], and antibiotics [13, 121].

Biomimetic CaP coatings, produced as described in earlier parts of this chapter, are deposited onto surfaces under physiological temperature and pH [110], enabling coprecipitation and consequent incorporation of biologically active molecules [99]. This approach circumvents difficulties common to plasma spraying techniques. By using low temperatures, biomimetic processes can be applied not only to highly resistant materials (e.g., metallic alloys) but also to polymeric and naturally derived materials (e.g., chitosan, starch, and collagen) for implantation [122].

The major objective of CaP coatings is to provide appropriate biological composition and to improve the quality of the surfaces of various materials used for orthopedic applications. The conditions under which such a coating is prepared affect conformational stability of incorporated biomolecules, and thus the bioactivity and shelf-life of the final product. Such coatings, which are structurally and chemically comparable to the mineral component of bone, can possesses favorable bioactive properties that may facilitate outcomes in cases of critical clinical need [13, 123].

This alternative coating technique may be used to produce systems with several advantages, such as reduction of burst release of incorporated molecules into the biological milieu. In this case, biomolecules incorporated in the inorganic phase are gradually released as the latticework undergoes degradation. The advent of the slow degradation of the coating modulates delivery of bioactive agents. Slow release of these chemical compounds may improve the osteoinductive capacity of the implant material [100, 124].

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One of the potential applications of CaP coatings pertains to the incorporation of bioactive agents and proteins. Azevedo et al. [101] used a biomimetic technique and successfully incorporated bovine serum albumin and  $\alpha$ -amylase into a CaP coating on the surface of a starch-based polymer. In that study, the properties of the resultant biomaterial were tailored by judicious choice of specific enzymes and their incorporation at different compositions and combinations into CaP coatings that retained their bioactivity [101]. Efficient incorporation of active  $\alpha$ -amylase into biomimetic coatings controlled the degradation rate of starch-based biomaterials. Similar results and applications were achieved with chitosan scaffolds after incorporation of lysozyme [96, 98]. Martins et al. [96, 98] incorporated lysozyme into CaP coatings on the surface of chitosan scaffolds in order to control the degradation rate of chitosan and subsequent formation of pores. Furthermore, since lysozyme has antibacterial properties, these coatings may be used as a carrier for its sustained release, potentially mitigating infection at the implantation site. Several studies reported in the literature addressed incorporation of BMPs into biomimetic CaP layers [110, 116, 123, 125]. These studies indicated that CaP coatings have the potential for sustained delivery of many other bioactive agents. Liu and coworkers [99] demonstrated that BMP-2 retained its osteoinductivity when delivered from biomimetic systems and that the osteoconductivity of implant material surfaces was affected by BMP-2 and its delivery mode [123].

In summary, the results discussed in this section support the strategy of adding osteoinductive signaling molecules into CaP biomimetic coatings for the purpose of inducing bone growth.

# 13.4. Osteogenic Differentiation of Marrow Stromal Cells and Mineralized ECM Production In Vitro

Biomaterials and scaffolds considered for bone tissue engineering are often evaluated in vitro for their ability to support adhesion, proliferation, and differentiation of progenitor cells along the osteogenic pathway prior to being evaluated in vivo. In vitro cell–scaffold interactions are determined using osteoblasts, osteosarcoma cell lines, and osteoprogenitor cells. The scaffolds used for this purpose mimic the ECM of bone and play a crucial role in supporting cell functions and differentiation, but may also be used to deliver biomolecules.

Osteoblastic differentiation of MSCs comprises cell proliferation, cell maturation, and matrix mineralization. During these phases, cells synthesize and secrete alkaline phosphatase, type I collagen, and other noncollagenous ECM proteins, such as osteocalcin, osteopontin, osteonectin, and bone sialoprotein. Mineralization occurs through accumulation of calcium and phosphorous in the ECM.

#### 13.4.1. BMSCs Versus MSCs

The osteoprogenitor cells used for bone tissue engineering purposes are derived from various tissue sources. Bone marrow stroma consists of a heterogeneous cell population that provides structural and physiological support for hematopoietic cells [126]. Bone marrow contains three main cell types: endothelial cells, hematopoietic cells, and stromal cells. Friedenstein [127, 128] was the first to identify in bone marrow cell populations with strong osteogenic potential. When marrow cells are plated at low cell densities, BMSCs form colonies known as "colony-forming unit fibroblasts"; this term indicates that each colony derives from

a single proliferating progenitor [129]. The term "BMSCs" is applied to isolated bone marrow cells with potential to form connective tissues [129].

Due to their high proliferation potential, BMSCs can be expanded in culture to obtain large numbers of cells starting from a small sample of bone marrow aspirate. The BMSC population contains precursor cells capable of extensive proliferation and differentiation into several phenotypes. Furthermore, BMSCs maintain their multipotential capacity during prolonged culture and multiple passages in vitro. Among these BMSCs there is a subpopulation of undifferentiated multipotent cells able to generate "mesenchyme," the mass of tissue that develops from the mesoderm of an embryo. This cell population is present in all postnatal tissues and is referred to as "MSCs" [130, 131]. In the past, researchers working with cells from the bone marrow used different names to refer to the same cells. This practice lead to nomenclature confusion; for example, BMSCs have been referred to as multipotent cells [132]. What is presently known is that, if appropriately induced, these cells can also differentiate along pathways different from those associated with the cells' tissues of origin [133].

Stem cells are able to provide replacements for various differentiated cell types. The use of MSCs has several advantages, as they have unique biological properties, are capable of extensive replication in culture in an undifferentiated state, and can differentiate along multiple pathways to form various cells from a number of tissues, including bone, cartilage, and fat [4]. Identification of stem cells using surface markers has not been definitive either, because similar markers are also present on nonstem cells, or because a particular marker may only be temporarily expressed on a stem cell at a certain stage or under specific conditions.

#### 13.4.2. Osteogenic Differentiation

In addition to being osteoconductive and osteoinductive, an ideal scaffold for bone tissue engineering applications should also be osteogenic that is, containing living cells capable of differentiation into osteoblasts. Differentiation of MSCs along the osteoblastic lineage in vitro starts with a period of cell proliferation followed by synthesis and deposition of ECM components by the cells; accumulation of calcium finally leads to mineralization of the ECM. To induce osteogenic differentiation in MSCs, the culture medium is usually supplemented with osteogenic agents such as dexamethasone,  $\beta$ -glycerophosphate, and ascorbic acid.

Dexamethasone, a synthetic glucocorticoid, stimulates MSC proliferation and supports osteogenic lineage differentiation [134–136]. Organic phosphates, such as  $\beta$ -glycerophosphate, also support osteogenesis by contributing to mineralization of the ECM and modulating osteoblast function [136–138]. Free phosphates can also induce expression of osteogenic protein markers, such as osteopontin [136, 139]. Other supplements, such as ascorbic acid, enhance collagen synthesis and upregulate alkaline phosphatase expression in bone cells. Ascorbic acid stimulates marrow stromal cells to differentiate along the osteoblast lineage [139–141]. Furthermore, ascorbic acid promotes osteogenic induction evidenced by increased alkaline phosphatase activity and production of osteocalcin in osteogenic cultures [142].

Martins et al. [76] used marrow stromal cells cultured on starch-poly( $\varepsilon$ -caprolactone) blend scaffolds in static cultures and reported that the enzyme lipase enhanced osteogenic differentiation and promoted deposition of a mineralized ECM. The BMP family of growth factors is frequently used for osteoinduction. BMP-2 increases calcium-containing nodule formation and the calcium content of osteogenic cultures in vitro [136]. The TGF- $\beta$  superfamily contains a large number of growth factors with different functions, many of which regulate cell proliferation and ECM production. Fibroblast growth factors (FGFs), namely

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FGF-1 and FGF-2, are produced by oseoblasts and are constituents of the bone matrix. Insulin-like growth factors (IGF) stimulate osteogenesis; IGF-2 is the most abundant growth factor found in bone matrix. Gomes et al. [143] demonstrated that an in vitro generated bone-like ECM produced by marrow stromal cells contains bioactive growth factors including TGF- $\beta$ 1, FGF-2, vascular endothelial growth factor, and BMP-2. Pham et al. [144] reported that the gene expression profiles of various bone-related growth factors and ECM proteins in MSCs cultured in osteogenic media were upregulated; these chemical compounds are present in native bone tissue. Costa-Pinto et al. [48] studied the osteogenic differentiation of a mouse MSC line (BMC9) cultured on novel melt-based chitosan/polyester scaffolds and reported high levels of alkaline phosphatase activity and formation of a calcified ECM; these results are evidence of differentiation of the cells along the osteogenic pathway.

Expression of osteoblast phenotype markers in culture defines three different phases of bone-related activities: cell proliferation, ECM maturation, and ECM mineralization. During active cell proliferation, growth-related genes are expressed, and minimal levels of type I collagen are observed [145]. Following this phase, a period of matrix maturation occurs when alkaline phosphatase is maximally expressed. Finally, the ECM becomes mineralized, the third period of the bone developmental sequence [145]. There are two transition periods between the aforementioned developmental periods: the first occurs at the end of the proliferative period and the second when expression of osteoblastic phenotype markers (such as osteocalcin and osteopontin) becomes significantly elevated with the onset of mineralization [145].

Alkaline phosphatase activity, an early marker of the osteoblastic phenotype, is upregulated at the onset of cell differentiation but subsequently decreases as cell differentiation progresses. Another marker of bone formation is calcium-containing mineral deposits in the ECM. To detect mineral deposition, tetracycline-HCl, a fluorochrome-labeling agent for bone tissues [146], is added to the osteogenic culture media [147]. Tetracycline accumulates at sites of bone formation and fluoresces brightly when activated with appropriate fluorescent light. Qualitative (or semiquantitative) analysis of calcium-containing mineral deposits in bone cell cultures uses the von Kossa, alizarin red, and methylene blue/basic fuchsin staining methods [147, 148]. An important artifact, which should be kept in mind when using these analyses, is that the ECM uptakes calcium independently from cell-mediated mineral deposition. For this reason, confirmation of the results obtained using the aforementioned staining methods should be complemented with data from either diffraction or spectroscopy methods such as thin-film X-ray diffraction and Fourier-transformed infrared spectroscopy [76, 148, 149].

Expression of osteopontin occurs during the mid- to late-stages of osteogenic differentiation of MSCs [150]. Osteopontin is an extracellular protein secreted by differentiating osteoblasts that is upregulated both during cell proliferation and at the onset of ECM mineralization. Osteocalcin, another late-stage marker of osteoblastic differentiation, can be assessed using commercially available immunoassays. Immunohistochemistry using specific antibodies to detect the presence of growth factors, bone- and ECM-related proteins, and enzymes is well established and widely used. Real-time reverse transcriptase polymerase chain reaction is used to determine expression of bone-related genes, such as osteoblast marker genes, growth factors, and ECM biomolecules, in MSCs [144].

### 13.4.3. Bone-Specific Matrix Proteins

The bone matrix is not only composed of a mineralized phase, but also of an organic phase containing collagenous and noncollagenous proteins, matrix metalloproteinases, proteoglycans, and glycoproteins. Bone formation involves regulated secretion, deposition, and removal of a complex array of these matrix proteins, which appear in a defined temporal and spatial sequence [12]. Mineralization also dictates the spatial orientation of matrix deposition [12]. Most proteins originally thought to be unique to the bone ECM were subsequently proven to be expressed in many other tissues of the body. Osteocalcin is the only protein still considered to be bone-specific in bone mineralization [12].

As discussed previously, alkaline phosphatase is considered an early-stage marker of osteoblastic differentiation [145] and is expressed during the postcell proliferative period of ECM deposition. Type I collagen, the major ECM protein of bone, provides a template for subsequent mineralization [151]. Alkaline phosphatase, collagen, and osteonectin are expressed at high levels near the end of cell proliferation and during the period of ECM deposition and maturation [139].

Osteopontin and bone sialoprotein, N-linked glycoproteins containing integrin-binding RGD motifs, are involved in cell-matrix interactions. Osteopontin is widely distributed in different tissues, whereas bone sialoprotein is highly enriched in bone and skeletal cartilage [152]. Osteopontin, a phosphorylated glycoprotein associated with the early stages of osteogenesis that precede mineralization, is secreted by osteoblasts into the mineralizing ECM during bone development [139, 153]. In bone, bone sialoprotein is expressed by fully mature osteogenic cells capable of depositing mineralized matrix [152]. Extracellular bone sialoprotein localizes to newly formed, mineralized bone matrix; its distribution coincides with that of mineral deposits [154]. Bone sialoprotein, a protein expressed during the early phases of bone deposition, controls both mineral formation and cell-matrix interactions [155]. This protein is used as a marker of initial bone formation [155]. The function of bone sialoprotein in bone, which has not been completely elucidated yet, may be related to the regulation of physiological mineralization of skeletal ECMs [154, 156]. Osteocalcin is another marker of late-term osteogenic differentiation associated with osteoblast-mediated matrix deposition and mineralization [157, 158]. Expression of osteopontin, osteocalcin, and bone sialoprotein occurs later during the third period of ECM mineralization.

# 13.5. Summary

Surface modification of biomaterials uses methods that mimic biomineralization and enable incorporation of bioactive molecules and agents; such treatments can improve both in vitro and in vivo osteogenic differentiation. The main objective of CaP coatings is osteoconduction and enhanced adhesion of osteogenic cells onto biomaterial surfaces. Because CaP coatings have structures and chemical properties similar to those of native bone, they have great potential and promise to increase bone ingrowth in areas of clinical need.

Because they lack essential properties, such as bioactivity and osteoinductivity, most currently available polymers present limitations for bone-related biomedical applications. In this respect then, the biomimetic coating technique discussed in the present chapter has the potential to impart these essential properties to biomaterials. Since CaP layers can be applied on 3D scaffolds, the biomimetic-coating approach has been receiving increased attention in the bone tissue engineering field.

Moreover, CaP coatings have been considered as a potential carrier for the delivery of various biomolecules, chosen for their physicochemical and biological properties as well as for their osteoconductivity. Complementing the CaP biomimetic coating approach, incorporation of biomolecules provides osteoinductive properties to biomaterials. Since this method is carried out under physiological conditions, proteins, enzymes, and other bioactive agents

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can be incorporated into CaP layers without loss of their bioactivity. A major advantage is the fact that the biomaterial CaP coating biomolecule can simultaneously exhibit osteoinductive and osteoconductive properties, because it can act as a carrier system for the controlled release of multiple biologically active proteins. Incorporation of enzymes into CaP layers coated on the surface of scaffolds (using the biomimetic-coating technique) can be also used to control the degradation rate of the material substrate in vivo. An integrated approach combining a material scaffold, CaP coatings, bioactive molecules and/or enzymes, and in vitro cell cultures may provide an optimal environment for cell adhesion and osteogenic differentiation as well as to generate a mineralized ECM containing select bioactive molecules.

Incorporation of bioactive molecules into CaP coatings on scaffolds for tissue engineering applications has the potential to provide advanced, tissue-specific constructs to promote improved alternative treatment of bone pathologies and trauma. The present chapter summarized the results of studies that used biomolecules important to bone tissue engineering. Further research is needed to elucidate important aspects such as details of the release profiles of entrapped bioactive molecules, retention of their bioactivity, etc. Establishment and further development of nature-inspired techniques to design and formulate novel biomaterials could provide the next generation of effective scaffolds for bone tissue engineering.

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# 14

# Biomimetic Nanophase Materials to Promote New Tissue Formation for Tissue-Engineering Applications

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One important aspect of tissue engineering is the development of new biomaterials to facilitate cell-material interactions, which can be achieved by mimicking certain advantageous features of natural extracellular matrix (ECM). Biomimetic nanoscale materials mimic the natural ECM and can be used as scaffolds to provide a better environment for new tissue formation. This chapter focuses on biomimetic nanoscale materials for tissue engineering. First, several techniques are introduced for the fabrication of nanophase scaffolds, which mimic the physical architecture of natural ECM. Second, the role of surface modification in mimicking the chemical composition of natural ECM is discussed. Two novel surface-modification techniques are presented to illustrate the process of fabricating biomimetic scaffolds that mimic both the physical architecture and chemical composition of natural collagen type I. Finally, the biological effects of the nanoarchitecture of scaffolds, such as protein interaction and cell function, including cell attachment, proliferation, and differentiation, are discussed.

# Abbreviations

2D	two-dimensional
3D	three-dimensional
BSP	bone sialoprotein
CaP	calcium phosphates
ECM	extracellular matrix
HA	hydroxyapatite
NF-PLLA	nanofibrous poly(L-lactic acid)
PDAC	poly(diallyldimethylammonium chloride)
PHB	poly(3-hydroxybutyrate)
PLA	poly(lactic acid)
PLGA	poly(lactic-co-glycolic acid)
PLLA	poly(L-lactic acid)
RGD	Arg–Gly–Asp

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SBF	simulated body fluid
THF	tetrahydrofuran
TIPS	thermally induced phase separation
TRITC	tetramethyl rhodamine iso-thiocyanate

## 14.1. Introduction

Tissue engineering is an interdisciplinary field that applies the principles of engineering and life sciences toward the development of biological substitutes that restore, maintain, or improve organ or tissue function [1]. Since the concept of tissue engineering emerged two decades ago, scientific advances in biomaterials, biology, and medicine have created unique opportunities to fabricate tissues in the laboratory by combining scaffolds (artificial extracellular matrices), cells, and biologically active molecules. In an ideal situation, scaffolds would incorporate the functions of natural extracellular matrix (ECM), specifically, they would provide support for cell attachment and proliferation, deliver and retain biochemical factors, enable diffusion of nutrients for cells, and exert suitable mechanical and other stimuli for cell function. For these reasons, scaffolds should mimic the natural ECM in order to provide the optimal physiological environment for cells [2, 3].

Two approaches are generally employed to fabricate biomimetic scaffolds: mimicking the physical architecture of ECM and mimicking the chemical composition of ECM. For example, collagen (type I) is the most abundant ECM component of many tissues and is composed of a nanoscale fibrillar structure in vivo. This structure has been determined to be important for cell attachment, proliferation, and differentiation [4, 5]. With the development of nanobiotechnology, the ability to mimic collagen and form a similar nanofibrous matrix has emerged. A number of synthetic and natural polymers have been employed to mimic the fibrillar structure of collagen [6]. On the other hand, many natural ECM molecules possess biological recognition cues within their molecular chains, which facilitate the interaction between cells and ECM. While synthetic materials possess many advantages such as batch-to-batch consistency, controlled mechanical properties, and no risk of pathogen transmission, they do not have the same biological cues within their molecular chains. Therefore, considerable efforts are ongoing for synthetic materials to mimic the chemical composition of ECM.

# 14.2. Fabrication of Biomimetic Scaffolds with Nanoscale Architecture

The design of a biomimetic scaffold leads to a need for nanoscale components. Biomimetic scaffolds should integrate a nanoarchitecture similar to that of the natural ECM into the highly porous scaffold structure aiming to better regulate cell function [7, 8]. The scaffold must provide a surface that promotes cell attachment, proliferation, and differentiation, as well as a highly porous network to promote tissue regeneration in three dimensions. High interconnectivity between pores is desirable for uniform cell seeding, distribution, as well as for oxygen and nutrient diffusion [3, 9]. The scaffold must also have the mechanical properties necessary to provide structural support until new tissue formation is complete. Additionally, the scaffold must be biocompatible, at implantation as well as during its degradation. The scaffold must promote a suitable biological response, and must degrade at a rate matching that of the new tissue formation. Scaffolds for tissue engineering tend to fall into three broad material categories: polymer scaffolds, ceramic scaffolds, and composite scaffolds.

### 14.2.1. Nanofibrous Polymeric Scaffolds

The nanofibrous structure of the ECM is mimicked in scaffold design, because this physical feature may play an important role in regulating cell function [7, 8]. For example, during bone tissue formation, collagen fibers on the scale of between 50 and 500 nm in diameter are deposited and form the basis of the ECM, which then acts as the substrate where apatite crystals are deposited to form woven bone [10]. Nanofibrous polymer scaffolds are commonly fabricated using electrospinning, thermally induced phase separation (TIPS), or molecular self-assembly.

Molecular self-assembly is a technique where noncovalent interactions between biomolecules are utilized to arrange them into well-defined structures, such as nanofibers [11, 12]. However, these nanofiber networks are not easily arranged into macroporous structures.

The oldest, and currently the most commonly used, technique for forming nanofibers is electrospinning. Electrospinning is a technique that originated in the early 1900s; in this case, a polymer is drawn to a target by using an electrical field [13]. This method results in fibers with diameters from micron to nanometer range, which can be spun into fiber "mats" of varying density. While it is an effective method for creating individual nanofibers on the scale needed to mimic the ECM (a few hundred nanometers in diameter), the resulting fiber network lacks significant thickness and is roughly two-dimensional (2D) in structure. To address this aspect, new techniques that introduce three-dimensional (3D) aspects to electrospun nanofiber networks, including the stacking of individual nanofiber sheets into 3D constructs [14], as well as spinning fibers directly onto a 3D printed scaffold template have been employed [15]. However, these 3D constructs lack a suitable cohesive interconnected macroporous structure and further refinement is necessary.

To better incorporate a 3D interconnected macroporous network into nanofibrous scaffold design, our group has developed a novel technique for incorporating nanoscale fiber dimensions, similar to those of collagen fibers, into a highly porous, interconnected scaffold network, using a TIPS technique [7]. TIPS creates polymer-rich and solvent-rich phases out of a polymer solution and then removes the solvent through sublimation under low pressure. This method yields a continuous network of nanoscale polymer fibers. Macropore size and degree of interconnectivity are further tailored using a series of molding techniques (Figure 14.1) [16–18].



**Figure 14.1.** Scanning electron micrographs of a 3D nanofibrous PLLA scaffold fabricated using the TIPS process: (a) overall pore structure at low magnification; (b) the pore-wall structure in (a) at a higher magnification. From Liu et al. [19], reprinted with permission of the American Scientific Publishers.

### 14.2.2. Nanophase Ceramic Scaffolds

Ceramic materials including calcium phosphates (CaP), alumina (Al<sub>2</sub>O<sub>3</sub>), and Zirconia (ZrO<sub>2</sub>) have been investigated for use in hard tissue-engineering applications. CaP materials, especially hydroxyapatite (HA; Ca<sub>10</sub>[PO<sub>4</sub>]<sub>6</sub>[OH]<sub>2</sub>), are obvious candidates due to their chemical similarity to the naturally occurring bone mineral, their high level of biocompatibility, and good interaction with bone-forming cells in vitro and in vivo. However, ceramics as candidates for tissue-engineering scaffolds present a set of inherent limitations that cannot be ignored. Although they are often strong in compression, ceramics are not very tough, are very brittle, and are prone to fracture under complex loading conditions [20]. This brittleness is made worse in the case of the highly porous preparations of ceramic materials, needed and used as tissue-engineering scaffolds.

Compared with the performance of polymer scaffolds in the biological environment, ceramic materials are good candidates for bone tissue engineering because of their favorable biological response in vitro and in vivo. Nanoscale crystalline HA is a biocompatible material with a minimal inflammatory response [21, 22], but not without potential cytotoxicity [21]. Recent research in ceramic materials for tissue engineering has focused on developing a scaffold structure similar to that of natural cancellous bone, in order to promote bone regeneration in vitro and in vivo [23].

Several studies have been conducted using dense ceramic substrates with easily controlled grain sizes, designed specifically for use in cell culture [24–26]. This work has yielded extensive in vitro cell response data as a function of ceramic grain size down to the nanometer scale. These data are useful to study the link between the two, but they do not take into account the need for a porous architecture in tissue-engineering scaffolds.

The data supplied for cells on a bioinert ceramic like  $Al_2O_3$  corroborate the hypothesis that improved cell attachment can be attributed to increased physical surface irregularities that further promote cell fixation [27]. Fixation also likely plays a role in improved cell attachment on nanograined HA, but this cell function may also occur due to other factors, including protein adsorption. This aspect is discussed in Sect. 14.4. of this chapter.

Techniques for fabricating highly porous ceramic scaffolds include foaming and sintering [28], porogen casting [29], and 3D printing [30]. Examples of scaffolds fabricated using these techniques are shown in Figure 14.2. While these techniques provide scaffolds with interconnected networks of pores, potential porosity is limited to ~70%, compared with >90% of polymer and composite scaffolds. In addition, the level of control over the crystalline grain size during sintering is limited, and special techniques, including microwave heating, are required to reduce the scale of the sintered grains [31].

### 14.2.3. Nanocomposite Scaffolds

One method used to avoid the pitfalls associated with fabricating porous ceramic scaffolds while maintaining some of their inherent advantages, is to use ceramic/polymer composite scaffolds. HA has been combined with several natural and synthetic polymers, most commonly poly(lactic acid) (PLA) [32–37], poly(lactic-co-glycolic acid) (PLGA) [38, 39], gelatin [40], and collagen [32, 41, 42] to produce such scaffolds. These combinations retain many of the benefits of HA, while offering improved control of porosity (as high as 90%, vs. 70% for pure ceramic), degradability, and mechanical properties when compared with pure ceramic scaffolds [28, 34]. Inclusion of nanocrystalline HA in natural polymer



**Figure 14.2.** HA scaffolds, fabricated using (a) foaming and sintering [29] (reprinted with permission by the Dove Press), (b) porogen casting [30] (reprinted with permission by Trans Tech Publications), and (c) 3D printing [31] (reprinted with permission by Wiley).

scaffolds led to improved mechanical properties versus those of pure polymers. In addition, the presence of HA in vivo may potentially reduce some negative effects arising from the degradation of some polymers. The presence of HA may reduce cell death by enhancing protein adsorption [43] and under certain circumstances by alleviating the acidity of the surrounding milieu [44, 45].



**Figure 14.3.** PLLA/nano HA composite scaffold fabricated using the TIPS process, followed by incubation in a SBF. (a) Low magnification, (b) high magnification. [47] (reprinted with permission by John Wiley and Sons).

In one successful example, nanocrystalline HA was combined with poly(L-lactic acid) (PLLA) and TIPS was then used to fabricate composite scaffolds with porosities between 89% and 95% (Figure 14.3) [34]. Inclusion of nanoscale crystals resulted in a more regular pore network of the scaffolds compared with that of scaffolds containing micron-scale crystals, since nanoscale crystals do not significantly alter the pore formation process of PLLA solution during phase separation.

Currently, the most commonly used method of incorporating a ceramic component into a fibrous polymer scaffold system is by direct growth onto an already existing scaffold [37, 39]. By soaking the porous scaffold, or nanofibrous network, in simulated body fluid (SBF), apatite crystals are formed on the scaffold surface. This method is different from the incorporation of crystals during scaffold processing, which, while somewhat effective, often leads to a breakdown of the scaffold architecture with increased volume fraction of HA. Since the scaffolds constructed by this method contain much of the HA away from the pore surfaces, HA is not available for subsequent biological interactions. When the apatite content is concentrated on the pore surface, the biologic interactions may be enhanced.

The SBF technique used to grow apatite crystals on scaffold surfaces is straightforward and requires no special equipment. Such polymer scaffolds are fabricated in similar fashion to those used for pure polymer scaffolds. TIPS has been developed to fabricate 3D nanofibrous scaffolds [37, 39]. By varying the solvent and polymer concentration during processing, porosity and pore morphology are optimized to allow apatite deposition throughout the 3D scaffold.

The structure and material properties, such as inclusion of functional groups (such as COOH and OH) [37], variations in polymer crystallinity, hydrophobicity/hydrophilicity of the surface [39], and architectural features (such as pore size, shape, and interconnectivity), affect apatite formation and distribution.

# 14.3. Surface Modification of Nanofibrous Scaffolds

In tissue engineering, the interactions between cells and scaffolds take place on the scaffold surface. Therefore, the nature of the scaffold surface can directly affect cellular response, ultimately influencing the rate and quality of new tissue formation. As mentioned earlier (Sect. 14.1.), natural ECM components possess biological recognition moieties within

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their molecule chains. For example, the Arg–Gly–Asp (RGD) sequence, which is the bestknown peptide sequence for promoting cell adhesion, is a cell recognition motif found in many ECM proteins. In contrast, synthetic biodegradable materials do not contain biological recognition cites in their molecular chains. Therefore, one important strategy in preparing biomimetic scaffolds is to modify the scaffold surface and incorporate bioactive molecules to promote cell–scaffold interaction.

## 14.3.1. Surface-Modification Methods for Scaffolds

Several methods have been developed to modify the scaffold surface. Surface hydrolysis of poly(glycolic acid) scaffolds under strong alkaline conditions has been used to increase cell-seeding density and improve cell-biomaterial interactions [47]. This method is limited because it is technique sensitive and is difficult to preserve the surface topography and mechanical properties of the original scaffold.

Plasma exposure (i.e., a gas discharge process) is an effective procedure for specific surface etching. Low-pressure ammonia plasma treatment has been utilized for the modification of thin films of poly(3-hydroxybutyrate) (PHB) [48]. Amine functions were introduced in order to permit subsequent protein immobilization reactions needed for adjustment of the biointerfacial properties of PHB. Such plasma treatment of PHB induced a durable conversion of a hydrophobic into a hydrophilic material but did not cause significant changes in the topography of the analyzed thin films. Besides PHB, other materials have also been treated with this technique in order to enhance cell–material interactions. For example, PLA films and porous scaffolds have been modified with NH<sub>3</sub> plasma treatment, followed by attachment of poly(L-lysine) and RGD peptides [49]. Because of the limitation of plasma penetration, this method can only be used for 2D films and for very thin 3D scaffolds.

Another strategy for surface modification is to directly incorporate functional groups or peptides into the polymer chains by copolymerization or graft polymerization. For example, poly(L-lactic acid-co-L-lysine) with the peptide sequence RGD chemically attached to the lysine residue was synthesized [50, 51]. This approach combines advantages of both natural and synthetic materials. Since these poly(alpha-hydroxy acid)-associated copolymers can have a variety of functional groups, they can be further modified by chemical attachment of various biologically active molecules. However, bulk chemical modification usually results in changes of the degradation behavior and of the mechanical properties of polymers; such changes are often undesirable.

Surface modification is advantageous for biomaterials, but, to date, it is focused on 2D constructs and very thin 3D constructs. True 3D scaffolding surface modification, especially the surface modification of nanofibrous scaffolds, is still a challenge. In our laboratory, several effective techniques, including self-assembly and molecular entrapment, have recently been developed for 3D surface modification of nanofibrous scaffolds [19, 52].

# 14.3.2. Surface Engineering of Nanofibrous Scaffolds Using Self-Assembly Techniques

Electrostatic layer-by-layer self-assembly, which is based on alternating adsorption of cationic and anionic species, is a novel and promising technique to prepare well-defined surfaces [53, 54]. This new layer-by-layer deposition process provides the means to create polycation–polyanion complexes one molecular layer at a time, thereby allowing an unprecedented level of control over the composition and surface functionality of materials.

Nanofibrous PLLA (NF-PLLA) scaffolds have been fabricated to mimic the physical architecture of natural collagen matrix at the nanoscale level [7]. To further mimic the chemical composition of collagen matrix, gelatin (derived from collagen by hydrolysis), was incorporated onto the surface of NF-PLLA scaffolds by the electrostatic layer-by-layer self-assembly technique. The pretreated NF-PLLA scaffolds were first activated in an aqueous poly(diallyldimethylammonium chloride) (PDAC) solution (to obtain stable positively charged surfaces). After washing the scaffolds with water, the scaffolds were dipped into gelatin solution and then washed again with water. Further growth of the PDAC/gelatin bilayers was accomplished by repeating these procedures.

In order to visualize the attachment of gelatin on the scaffold surface, tetramethyl rhodamine iso-thiocyanate (TRITC)-labeled gelatin was added in the self-assembly solution. Development of color on the scaffold after the self-assembly process indicated that the gelatin was successfully incorporated on the scaffold surface (Figure 14.4). Confocal images provided further evidence that gelatin was distributed evenly throughout the entire (both outer and inner) scaffold surfaces (Figure 14.5).



**Figure 14.4.** Photographs of NF-PLLA scaffolds. (a) Before surface modification; (b) after surface modified with TRITC-labeled gelatin.



**Figure 14.5.** Confocal images of NF-PLLA scaffolds after surface modification with TRITC-labeled gelatin. (a) Exterior surface; (b) center of the scaffold.



**Figure 14.6.** Scanning electron micrographs of NF-PLLA matrices (**a**) before and (**b**) after surface modification with gelatin using the electrostatic layer-by-layer self-assembly technique.

Quantitative analysis by X-ray photoelectron spectroscopy showed that the amount of gelatin adsorbed on the NF-PLLA surface was controlled by the number of self-assembled bilayers. After the first two bilayers, the adsorbed amount of elemental nitrogen on the NF-PLLA surface increased roughly linearly with the bilayer numbers [18]. A nitrogen elemental content as high as 9.4% was reached as the surface of NF-PLLA was deposited with eight bilayers of PDAC/gelatin polyelectrolytes. This self-assembly method does not affect the material topography and its mechanical properties; such effects are often inevitable when using other surface-modification methods such as plasma exposure or alkaline/acidic etching. As shown in Figure 14.6, the surface-modified NF-PLLA scaffolds maintained similar nanofibrous pore-wall structure as that of unmodified controls. After gelatin surface modification, the diameters of the nanofibers still ranged from 50 to 500 nm, which are dimensions similar to natural collagen fibers. The surface-modified NF-PLLA scaffold combines the advantages of both natural ECM and synthetic polymer materials. Since gelatin is denatured collagen, its use also circumvents concerns of pathogen transmission and immunorejection associated with collagen from animal and cadaver sources.

This self-assembly technique is effective for biomaterial surface modification. Advantages include the high degree of molecular control over surface chemistry, coating thickness, and maintenance of the 3D scaffold architecture. Such a technique also allows incorporation of proteins and other biomolecules into the layers without loss of bioactivity. Furthermore, this process uses an aqueous solution, is easy to carry out, and is universally applicable to any 3D geometry as long as the scaffold pores are interconnected.

### 14.3.3. Porogen-Induced Surface Modification for Nanofibrous Scaffolds

In this strategy, a surface entrapment method was integrated into a scaffold fabrication process (the TIPS technique) to prepare surface-modified NF-PLLA scaffolds in a single step.

Gelatin spheres (which acted both as a porogen and a surface-modification agent) were fabricated using a surfactant-free emulsification method. Gelatin particles were first dissolved in distilled water. The gelatin solution was then added to mineral oil. The mixture was vigorously stirred and was quickly transferred into an ice–salt bath. Cold acetone was poured into the stirred suspension. After stopping the stirring, the gelatin spheres settled on the bottom of the mixture and were washed with anhydrous acetone (to remove residual mineral oil), soaked in 1,4-dioxane (to facilitate solvent exchange), freeze-dried, and sifted (to separate them into different size ranges). To fabricate porogen-induced surface-modified NF-PLLA scaffolds, the gelatin spheres were added to Teflon molds, which were then heat-treated in a saturated water vapor atmosphere for designated times. PLLA solution (in  $H_2O$ /tetrahydrofuran [THF] solvent mixture) was cast onto each newly pretreated gelatin sphere assembly. After the solution evenly penetrated the entire gelatin sphere assembly, the mold was quickly transferred into a freezer to allow phase separation and entrapment of the gelatin. The scaffolds were then immersed in distilled water (to leach out the gelatin), frozen at  $-18^{\circ}$ C, and freeze-dried.

The use of a solvent mixture was crucial to the surface entrapment of gelatin. Introduction of the solvent mixture ( $H_2O/THF$ ) in the PLLA solution ensured that gelatin is entrapped onto the surface of the PLLA scaffolds. Water is a good solvent for gelatin, but THF is a poor solvent for gelatin. When gelatin spheres were in contact with the PLLA solution, the surface of the gelatin spheres swelled. PLLA and gelatin molecules could diffuse into each other and become entangled. After leaching the gelatin spheres, the entangled gelatin molecules were entrapped on the pore surface of the polymer scaffolds, and remained stable when soaked in water at 40°C (a temperature above the gelation temperature of gelatin).

In this one-step process, gelatin spheres acted as both porogen and surface-modification agent. As porogen, the gelatin spheres controlled the pore size and shape of the scaffold. As surface-modification agents, some gelatin molecules were entrapped onto the surface of the scaffold during the fabrication process.

There are several advantages for using this porogen-induced surface-modification method. First, fabrication and surface modification of the scaffold proceed at the same time, so that only one, instead of two steps (scaffold fabrication and subsequent surface modification of the scaffold), is needed. Second, the surface-entrapment procedure is simple and effective; the entrapped agents are stable on the modified surface for longer than 2 months. No functional groups in the polymer chains are needed for this surface-modification method. Any scaffold can be modified using this entrapment method as long as a suitable solvent mixture is employed. Meanwhile, in contrast to the method of incorporating functional groups by copolymerization, the gelatin entrapment method maintains the bulk properties of the modified materials.

# 14.4. Effects of the Nanoarchitecture of Scaffolds on Cell Function and New Tissue Formation

### 14.4.1. Protein Adsorption

The natural ECM contains several proteins, including collagen, elastin, fibronectin, vitronectin, and laminin, which aid in cell adhesion through integrin–ligand interactions. For this reason, adsorption of ECM proteins onto the surfaces of synthetic scaffolds plays a crucial role in tissue-engineering applications. Scaffolds that mimic the natural ECM promote adsorption of ECM proteins and subsequent cell functions.

One way to engineer better biomimetic polymer, ceramic, and composite scaffolds that exhibit improved protein adsorption is to incorporate nanoscale components into biomaterials. For example, our group has shown that adsorption of key proteins on nanofibrous PLLA scaffolds (fabricated using TIPS in combination with porogen leaching techniques) increased more than 300% over that on solid-walled scaffolds [35]. In this study, scaffolds were wetted

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and immersed into solutions of fibronectin, vitronectin, albumin, and laminin for a period of 4 h and then washed; the adsorbed proteins were collected and assayed. The nanofibrous scaffolds adsorbed significantly higher levels of each protein tested [35].

Additional improvement in protein adsorption is possible by decreasing the diameter of the nanofibers. Ko et al. reported in their study of PLGA electrospun nanofibrous mats that albumin adsorption increased exponentially with decreased nanofiber diameter; fibers <100 nm in diameter exhibited the greatest adsorption levels [55]. It was theorized that this trend was due to the increased surface area of the mats consisting of thinner fibers.

Protein adsorption is also enhanced on nanocrystalline HA [56]. Recent research has focused on better understanding the underlying mechanism [57], as well as on ways, including functionalization of the nano-HA substrate, to improve protein adsorption [58]. Inclusion of nanoscale HA particles in solid-walled PLLA scaffolds led to increased adsorption of fetal bovine serum proteins over PLLA scaffolds containing no HA, as well as over scaffolds containing micron-scale HA [34].

### 14.4.2. Cell Attachment

The biological effect of the nanofibrous architecture was investigated by comparing nanofibrous scaffolds with solid-walled scaffolds (those with smooth pore walls). After 24 h, cell (MC3T3-E1) attachment on the nanofibrous scaffolds was 70% higher than that obtained on the solid-walled scaffolds [35]. Meanwhile, the morphology of cells adhering onto nanofibrous scaffolds was different from that on the solid-walled scaffolds. Mouse calvarial cells cultured on solid-walled scaffolds were flat and exhibited relatively smooth cell surfaces with few cell processes. In contrast, cells on the nanofibrous scaffolds formed many cell processes [59]. These results suggest that the nanofibrous architecture provides better substrates for cells to attach.

## 14.4.3. Cell Differentiation and Tissue Formation

The effect of the synthetic nanofibrous matrix on the osteoblastic gene expression was investigated using reverse transcription polymerase chain reaction. In this case, the level of runx2, a major regulator of the osteoblast phenotype, was consistently higher in the cells cultured on the nanofibrous than on solid-walled scaffolds [59]. At day 7, expression of the osteocalcin gene was much higher in cells cultured on nanofibrous scaffolds than in cells cultured on solid-walled scaffolds. The most dramatic difference between nanofibrous and solid-walled scaffolds was observed with bone sialoprotein (BSP) expression; cells on nanofibrous scaffolds expressed much higher levels of BSP than cells cultured on solidwalled scaffolds. Histology with von Kossa staining after 2 weeks of culture revealed that there was mineral deposition throughout the nanofibrous scaffolds, while there was little observable mineral content in the solid-walled scaffolds. Calcium content analysis revealed 13-fold greater amount of calcium in the nanofibrous scaffolds than that in the solid-walled scaffolds. Transmission electron microscopy observation also showed no mineral deposition on osteoblast-seeded solid-walled scaffolds, while large amounts of small globular mineral deposits attached to the nanofibers. These results suggest that, compared with the outcome obtained on solid-walled scaffolds, neonatal murine calvarial cells cultured on nanofibrous scaffolds exhibited early and enhanced expression of the osteoblast phenotype as well as enhanced calcium-containing mineral deposits in the ECM.

### 14.5. Conclusion

The design, fabrication, and implementation of biomimetic scaffolds for tissue engineering are at the cutting edge of the field. Inclusion of nanophase design aspects in these scaffolds is one way to better mimic the ECM. These approaches lead to more effective polymer, ceramic, and composite scaffold design and new and useful methods of surface modification, which result in improved protein adsorption and cell responses in vitro and in vivo. Nanoscale biomimetic scaffold design continues to be an area of great interest; ongoing research activities aim at improving the current state of this scientific field, whose potential and promise are great but yet is untapped for biotechnology and tissue-engineering applications.

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# 15

# Photofunctionalization of Materials to Promote Protein and Cell Interactions for Tissue-Engineering Applications

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Photofunctionalization has been utilized extensively for cell and tissue-engineering research, most commonly in the form of photopolymerization and photografting. Photopolymerization can be performed in vivo, in a minimally invasive manner, and with spatial and temporal control permitting the fabrication of complex scaffolds. A number of natural as well as synthetic polymers have been photofunctionalized to engineer tissues such as bone, cartilage, and skin. In this chapter, we describe the basic mechanism of photofunctionalization and different photoinitiators utilized in the biomedical field. The chapter also focuses on the different photofunctionalization strategies including photopolymerization, photografting, and some advanced techniques, and how these techniques have been explored to study cell, protein, and scaffold interactions. Some of the applications of photofunctionalization in the field of neural, bone, and cartilage tissue engineering are also discussed.

# Abbreviations

BDNF	brain-derived neurotrophic factor
CaM	calmodulin
CQ	camphorquinone
CS	chondroitin sulphate
CTNF	ciliary neurotrophic factor
DMPA	2,2-dimethoxy-2-phenylacetophenone
DTC	dithiocarbamate
ECM	extracellular matrix
GAG	glycosaminoglycans
HA	hyaluronic acid
НАр	hydroxyapatite
12959	irgacure 2959
IPN	interpenetrating polymeric network
ITX	isopropyl-thioxanthone
LRP	living radical polymerization

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MSC	mesenchymal stem cells
NGF	nerve growth factor
NT-3	neurotrophin-3
PAA	polyallylamine
PEG	poly(ethylene glycol)
PGA	poly(glycolic acid)
PI	photoinitiator
PLA	poly(lactic acid)
PM(PMA-ala)	poly(methacrylated pyromellitylimidoalanine)
RGD	arginine-glycine-aspartic acid tripeptide
TED	tetra-ethylthiuram disulfide
TGF	transforming growth factor

## 15.1. Introduction

Photofunctionalized materials have been explored extensively in tissue engineering in an attempt to restore, replace, and enhance either tissue or organ function. Photofunctionalization offers a unique way to fabricate complex three-dimensional (3D) scaffolds with precisely defined geometry and patterns by controlling the crosslinking mechanism and radiation exposure. Photofunctionalization offers rapid conversion (within a few minutes) of a liquid hydrogel precursor solution into a crosslinked polymeric network with spatial and temporal control, thus decreasing the potential invasiveness of implantation procedures.

The fabrication parameters and conditions of photofunctionalized materials make them attractive for tissue-engineering applications. Photoinitiated materials have been researched in many tissue-engineering fields including ocular [1, 2], neural [3–5], dermal [6], cardiovascular [7, 8], dental [9, 10], and cartilage- and bone-related applications [11–14]. Further, photoinitiated systems have also been employed extensively to modulate surface and bulk properties of biomaterials to control cell and protein interactions. More recently, photofunctionalization has been utilized to encapsulate cells for the purpose of immunoisolation [15].

The present chapter details the mechanisms, different strategies, and some of the applications of photofunctionalization in the field of biomedical engineering.

## 15.2. Mechanisms of Photofunctionalization

Photochemical processes utilize electromagnetic radiation to initiate a chemical reaction [16, 17]. Either ultraviolet (UV) light (~200 to 400 nm) or visible light (~400 to 800 nm) is employed to excite a photoinitiator (PI), thus creating initiation species, such as free radicals or cations, which in turn initiate the desired photochemical reaction. These reactions include polymerization of monomers or oligomers (photopolymerization), crosslinking of functional unsaturated moieties on macromolecules to create a 3D network (photocrosslinking), covalent attachment of functional additives to either the surface or bulk of an already existing polymer matrix (photografting), and degradation of a compound (photodegradation) [17] (see Table 15.1).

Photodegradation is not a commonly used technique in the biomedical field and is, thus, beyond the scope of the present chapter. The present chapter primarily focuses on photopolymerization and photografting, since these are the major photochemical techniques employed in the field of tissue engineering to specifically control scaffold shape and surface properties for guiding protein and cell interactions.

Technique	Definition (electromagnetic radiation used for)	Examples in biomedical applications	References
Photopolymerization <sup>a</sup>	Polymerization of mono- mers or oligomers	Fabrication of 3D hydrogel scaffolds, cell encapsula- tion, drug delivery carriers, stimuli-responsive materials	[11, 32, 33, 36]
Photocrosslinking <sup>a</sup>	Crosslinking of functional unsaturated moieties on macromolecules to cre- ate a 3D network	Fabrication of 3D hydrogels networks, drug delivery carriers, stimuli responsive hydrogels	[13, 22, 75]
Photografting	Covalent attachment of functional additives to either the surface or bulk of an already existing polymer matrix	Attachment of cell adhesive moieties, nonfouling sur- faces, photografted antibod- ies for antigen detection	[42-45]

 Table 15.1. Techniques of photofunctionalization pertinent to biomedical applications.

<sup>a</sup> Photopolymerization is often used in a broad sense that includes photocrosslinking.

### 15.2.1. Photoinitiators

A PI is the small chromophore-containing compound that absorbs light and undergoes excitation to create either reactive radicals or ionic species, which then initiate or propagate a reaction. Radiation excites the PI chromophore to a higher energy level (PI\*) followed by cleavage and formation of active species (radical PI, ion pair PI<sup>+</sup>/PI<sup>-</sup>) (Scheme 15.1a). The absorption maximum ( $\lambda_{max}$ ) of the PI chromophore should be in the same range as the emission spectrum of the incident light to achieve significant absorption. Absorption can further be increased by selecting a PI with a higher molar extinction coefficient ( $\varepsilon$ ), which dictates how strongly the PI will absorb radiation at a particular wavelength. The  $\varepsilon$  is constant for a fixed wavelength. The absorbed light intensity ( $I_a$ ) can be calculated using the following equation:

$$I_{a} = \varepsilon C l, \tag{1}$$

where C and l represent the concentration of PI and path length, respectively [16, 18]. Thus, the rate of a photoinitiation reaction is dependent on parameters such as the molar extinction coefficient of PI, concentration of PI, presence of quenching agents such as oxygen, and initiation efficiency of either free radical or ionic species.

Oxygen inhibits the polymerization reaction by quenching the excited PI and by scavenging free radicals. The effect of oxygen scavenging is more pronounced in thin layers of materials because oxygen can easily diffuse in the hydrogels or hydrogel films; however, in thick samples (e.g., 3D hydrogels) the effect of scavenging is negligible. To minimize the scavenging effect, photopolymerization can be performed either in a vacuum or in the presence of inert gases such as argon or nitrogen [18].

Possible basic mechanisms of photoinitiation include free radical-induced photoinitiation, photoinitiation by hydrogen abstraction, and cationic photoinitiation [16]. A number of PIs such as Irgacure 2959 (I2959), Irgacure 651 (I651), camphorquinone (CQ), and fluorenone have been investigated for their potential application in the biomedical field during the past decade [9, 19–22]. The criteria for selecting a PI for tissue-engineering applications are not limited to cytocompatibility but also include water solubility, hydrophilicity, shelf life, and light absorption characteristics.



**Scheme 15.1.** (a) Schematic showing the excitation of photoinitiators (PI) and generation of photoinitiating species (PI or  $PI^+/PI_-$ ). Photoinitiating species then react with the monomer or macromolecule (M) and grow the polymer chain via photopolymerization, (b) example of free radical photopolymerization. The PI, upon exposure to radiation, undergoes photolysis and generates free radicals, which initiate the polymerization process, (c) radical photopolymerization by hydrogen abstraction. The PI abstracts a hydrogen atom from the donor molecule (DH) and generates free radicals.

Radical-induced photoinitiation involves cleavage between C–C, C–X (where X is a halogen), C–O, and C–S bonds to generate free radicals. These PIs function primarily by absorbing radiation selectively in the UV wavelength range (Scheme 15.1b). Some examples of this category of PIs are benzoin ethers, hydroxyl alkyl phenyl ketones (I2959) [20, 21, 23], benzyl dimethyl ketal (I651) [9, 23], benzyl cyclohexanol (Irgacure 184) [23], methyl thio phenyl morpholino (Irgacure 907), dialkoxy acetophenones, and sulfonyl ketones [16].

Examples of PIs that function by hydrogen abstraction are benzophenones, thioxanthones, and quinones. These PIs react by abstracting a hydrogen from a donor (DH) to generate a ketyl radical and a donor radical (D) (Scheme 15.1c) [16, 18]. Some of the members of this category are CQ and 9-fluorenone, both of which have been investigated for biomedical applications [22].

Cationic photoinitiation is different from radical photopolymerization, as it requires radiation in the initiation step to generate cationic species, rather than for propagation [24]. The most commonly used cationic PIs are diazonium salts, onium salts, and organometallic complexes. PIs in this category react by ring opening of an oxirane group. Cationic PIs have been used for dental applications to cure resins with minimal shrinkage. For example, Tilbrook et al. photocured epoxy-polyoyl matrix using onium/CQ initiators [10]. However,

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cationic PIs are not as commonly used in other biomedical engineering applications because of the harsh reaction conditions, such as acid formation, toxicity, and high temperature.

### 15.2.2. Photosensitizers

Photosensitizers are added sometimes in conjunction to PIs since photosensitizers assist and/or accelerate the chemical reaction by absorbing radiation and transferring the radiation to the PI [18]. Some examples of photosensitizers are isopropyl thioxanthone (ITX) and 1-phenyl-1,2-propanedione [25]. For example, ITX has been employed as a photosensitizer with the PI CQ [20].

# 15.3. Photoinitiators in Biomaterials and Tissue Engineering

Several critical issues must be taken into consideration prior to selecting a PI for the photofunctionalization of biomaterials. The reactivity of the PI with other active species in the system, toxicity of initiator intermediates, effect of radiation on acellular and cellular components, and the solubility of the PI are all important factors that determine the applicability of a PI. Among different types of PIs, free radical PIs are most widely used in the biomedical and tissue-engineering fields. A detailed list of UV and visible light-activated PIs commonly utilized to polymerize biomaterials is provided in Table 15.2 (adapted from [20]).

Several studies have exclusively explored the adverse effects of different PIs in conjunction with UV and visible radiation on cell compatibility [22, 26]. Such studies have shown that, by altering the irradiation time and intensity, one can achieve improved cell viability and function. Exploration of cytocompatible PIs initially began for dentistry applications and laid the foundation for soft tissue-engineering applications [22, 27]. One of the preliminary studies conducted by Atsumi et al. evaluated the sensitivity of two visible-light PIs, CQ and 9-fluorenone on human submandibular gland cells and reported that increasing concentrations of PI resulted in elevated levels of reactive oxygen species and decreased cell survival [22]. Williams et al. compared the combined effect of different UV irradiation times and PI concentrations on cell viability [23]. Three different UV light PIs – I2959 (1-[4-(2-hydroxyethoxy)-phenyl]-2-hydroxy-2-methyl-1-propane-1-one), I651 (2,2-dimethoxy-1,2-diphenylethan-1-one), and Irgacure 184 (I184; 1-hydroxy-cyclohexyl-phenyl-ketone) (see Table 15.2 for additional information) [20] – and six cell lines were compared; this study reported that I2959 was the least cytotoxic PI [23]. In addition, depending on the cell type, the concentration tolerated by the cells varied from 0.03 to 0.1% [23], although cell proliferation was affected. Another study by Bryant et al. compared different UV and visible PIs, and found that I2959 at ≤0.05% (concentration, w/w) with ~6 mW/cm<sup>2</sup> of ~365 nm UV light and CQ at  $\leq 0.01\%$  (w/w) with ~60 mW/  $cm^2$  of ~470 to 490 nm visible light were most cytocompatible to NIH/3T3 fibroblasts [20]. To further support their findings, the authors demonstrated excellent viability of chondrocytes when these cells were photoencapsulated in acrylated poly(vinyl alcohol) hydrogels with 0.05% I2959 and 10 min UV (~365 nm) exposure.

Photoinitiated systems are intriguing for in situ polymerization since the prepolymer solution can be injected in vivo at the tissue defect site and can be polymerized by either direct or indirect exposure to light. Long-wave UV light (>365 nm) and visible light used in most of the photopolymerizable systems are not damaging to cells and tissues and can penetrate human skin. Langer, Elisseeff, and colleagues polymerized a monomer solution of poly(ethylene oxide)



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dimethacrylate in a minimally invasive manner by transdermal illumination following subcutaneous injection in mice [28]. This approach not only has the advantage of creating complex scaffolds that conform to the defect site, but also allows the scaffolds to establish close contacts with surrounding cells and tissues, and thus facilitates cell-cell and cell-material interactions.

In addition to commonly used PIs, thermal radical initiators such as peroxides and azides have also been exploited as PIs since they can be decomposed photochemically. However, these PIs are associated with some disadvantages such as hydrophobicity, low photo-absorption, and low polymerization efficiency and thus are not very commonly employed for biomedical applications. Examples of thermal radical initiators successfully exploited for biomaterials applications include hydroperoxide [29] and *N*-4-(azidobenzoyloxy)succinimide (contains a phenylazido group) [4, 30].

In summary, since, compared with conventional polymerization techniques, photopolymerization can be performed at physiological temperature and pH, is fast, uses low levels of organic crosslinkers and solvents, does not harm cells and tissues, and can be performed with minimally invasive techniques, photopolymerization is an attractive methodology for in vivo applications.

# 15.4. Strategies to Fabricate Photofunctionalized Materials for Biomedical Applications

Photofunctionalized materials have been used in the development of commercial applications such as electronic and optical materials, membranes, battery electrodes, adhesives and sealants, coatings, and for material surface modifications [16]. In the biomedical field, photofunctionalization of materials is achieved by: (1) photopolymerizing hydrogels and scaffolds; (2) photografting bioactive molecules on the surface and/or bulk of polymer matrices; and (3) using advanced techniques to obtain "smart scaffolds."

## 15.4.1. Photopolymerized Biomaterial Scaffolds

Hydrogels represent an important class of photopolymerized biomaterial scaffolds, which are not only used for clinical tissue-engineering applications, but are also used in vitro to study different phenomena such as cell function in 3D environments, drug release from hydrogels, and the effects of stimuli-responsive hydrogels. Hydrogels are attractive materials because of their tissue-like hydration properties, which are characterized by a high swelling ratio and high water content present in their crosslinked network without undergoing dissolution. The hydrophilic nature and high swelling ratio also make hydrogels permeable to oxygen, nutrients, metabolites, and waste products. A number of materials and crosslinking techniques have been explored to design hydrogels with varying properties such as pore size, mechanical strength, and degradation rate.

Photopolymerization involves the use of either hydrophilic monomers that possess unsaturated moieties, or monomers that have been functionalized with unsaturated groups (e.g., vinyl, [meth]acrylate) and water-soluble PIs. Photopolymerized hydrogels are advantageous for tissue-engineering applications because liquid monomers can be converted into solid hydrogels by first injecting the solution in vivo and then polymerizing it at the defect site under physiological conditions. Furthermore, cells have been incorporated into liquid monomer solutions and photopolymerization performed under cytocompatible conditions so as to maintain excellent cell survival and cell function.

Considerable effort has been devoted to modifying synthetic materials as well as natural polymers such as polysaccharides to render them photocrosslinkable. Among synthetic materials,

a great deal of research has been conducted on poly(ethylene glycol) (PEG) hydrogels. PEG is inert, nonimmunogenic, non-cell adhesive, FDA approved, and can be modified easily by incorporation of different groups to target specific applications [31]. For example, various celladhesive peptide sequences have been incorporated into PEG gels to promote cell adhesion, proliferation, and differentiation. Photocrosslinking of PEG can be achieved by attaching different unsaturated groups (the most common being the acrylates and methacrylates) to create PEG mono-, PEG di-, and PEG multi-meth(acrylate). These unsaturated moieties can be activated by PIs to initiate crosslinking. Different molecular weight PEG-*n*-meth(acrylates) (where *n* represents the number of meth[acrylates] per PEG molecule) have been crosslinked at different concentrations resulting in hydrogels of varying pore sizes and mechanical strengths. The factors that contribute to crosslinking density and mechanical strength of PEG hydrogels are the concentration of monomer, number of unsaturated groups per PEG chain, and molecular weight of monomer in the hydrogel precursor solution. Other than methacrylates and acrylates, PEG hydrogels have also been modified with photolabile groups that do not require the use of PIs such as the cinnamylidene acetyl group [32] and the thiol-ene group [33].

A number of studies have provided evidence supporting the advantages of PEG hydrogels for various applications; however, native PEG hydrogel is nondegradable. For this reason, different modification strategies have been devised to render PEG biodegradable by adding degradable functional groups such as poly(lactic acid) (PLA), poly(glycolic acid) (PGA) [34], poly propylene fumarate [11], poly(ɛ-caprolactone), and poly phosphoester [35] to the PEG backbone chain; the ratio of the degradable group in the backbone can be tailored to fine-tune the degradation rate.

In addition to the modification of synthetic polymers, modification of natural polymers to render them photocrosslinkable has also been extensively reported. Some pertinent examples include hyaluronic acid (HA) [36], dextran [37], chondroitin sulphate (CS) [38], alginate [39], chitosan [40], and heparin [41]. Natural polymers such as HA, CS, and heparin are native components of body tissues and are cytocompatible, biodegradable, and play vital roles in complex cell signaling events and other biological mechanisms. Studies have shown that the degradation products of HA promote angiogenesis [42]. Leach et al. modified HA with glycidyl methacrylate and made photocrosslinkable HA hydrogels that were degradable by hyaluronidase (a mammalian enzyme secreted primarily by fibroblasts, macrophages, and endothelial cells in the body to remodel HA [8]). When the photocrosslinked HA hydrogels were implanted subcutaneously in rats, the hydrogels supported angiogenesis comparable to fibrin positive controls [36].

Much attention has focused on the incorporation of functional additives to photopolymerizable blends. Cell-adhesive proteins and peptides such as collagen, fibronectin, laminin, and arginine-glycine-aspartic acid (RGD) tripeptide sequences have been incorporated into hydrogels, which promote cell adhesion and infiltration. Acrylation of peptides and proteins was successfully performed by different research groups; in these studies the peptides were either crosslinked throughout the bulk of the hydrogel [25, 43] or in complex 3D patterns with spatial control to guide cellular adhesion and migration. Hubbell and colleagues [43] took a step forward and designed photopolymerizable PEG hydrogels with an engineered protein containing the cell-adhesive RGD peptide, the heparin-binding site, and a plasmindegradation site. This hydrogel supported infiltration and migration of fibroblasts because of the presence of the RGD peptide and plasmin-degradation site, which resulted in serine protease-mediated matrix degradation favoring cell migration (Figure 15.1a, b). Hahn et al. [44] created internal, complex, 3D patterns of acrylated RGD peptide by two-photon absorption photolithography. 3D patterns were created by soaking the preswelled PEG-diacrylate hydrogels with acrylated, low molecular weight PEG-peptide monomer solution followed by crosslinking



**Figure 15.1.** Cell migration confined to the RGDS-patterned channels of degradable PEG hydrogels. (a) Threedimensional human fibroblast migration in PEG (6,000 MW) hydrogel grafted with recombinant protein at 1, 3, 4, 5, 6, and 8 days (scale bar = 400  $\mu$ m). The recombinant protein had an RGD-binding site to promote cell adhesion and a plasmin-degradation site to facilitate matrix degradation. Reproduced from [42] with permission of the American Chemical Society, (b) three-dimensional human fibroblast migration at high magnification in the hydrogel described for (a) (scale bar = 100  $\mu$ m). Reproduced from [42] with permission of the American chemical society, (c) similar study demonstrating cell migration confined to ACRL–PEG–RGDS-patterned regions of collagenasedegradable PEG hydrogels. Confocal cross-sectional image into the hydrogel, illustrating the confinement of migrating HT-1080 cells (cytoplasm: *orange*; nuclei: *blue*) to the fluorescently labeled ACRL–PEG–RGDS-patterned channels (*green*); scale bar = 100  $\mu$ m (*left*). Side view of a 3D OsiriX volume rendering of a confocal image series (z-stack) of an ACRL-PEG-RGDS (*green*)-patterned, collagenase-degradable hydrogel into which HT-1080 cell clusters (*orange*) had migrated; scale bar = 550  $\mu$ m (*right*). Reproduced from [43] with permission of Wiley.

with selective exposure to the desired sections; the result was patterned RGD peptide immobilized in the hydrogel. Cell infiltration in this hydrogels was observed when HT-1080 human fibrosarcoma cells were seeded on top of the gels, but was confined to the immobilized RGD domains after 4 weeks in vitro (Figure 15.1c).

### 15.4.2. Photografting

Tissue structural organization and cell functionalities can be significantly modulated with select polymer surface properties. For more than a decade, various surface modification strategies have been exploited for derivatization of polymer matrix surfaces with either biological or synthetic macromolecules; however, use of photografting for surface and bulk modification of preformed biomedical scaffolds and devices had not been explored until recently. Devices and scaffolds have been modified via covalent chemical modification techniques, e.g., via modification with self-assembled monolayers. This modification strategy resulted in high surface density of the desired macromolecules with improved retention of the photoinitiating moieties (photoiniferters) compared with the more commonly used noncovalent modification techniques. Photografting techniques, like atom-transfer radical polymerization and living radical polymerization (LRP) [45], can further improve the modification process by reducing the time required to achieve surface modification, enhancing graft stability, and also reducing biomolecule desorption [46, 47]. Other advantages of photografting include mild reaction conditions and the ability to pattern surfaces across userdefined regions of interest [44]. Matsuda et al. developed surface microprocessing technology and exploited phenylazido photochemistry to spatially pattern different polymers to precisely control cell function including cell adhesion, morphology, and migration kinetics [48-51]. Since then, many researchers have expanded the field by utilizing the concept developed by Otsu and Yoshida [52], called quasi-LRP, to spatially graft UV-reactive vinyl species on polymeric matrices. These studies involve use of dithiocarbamate (DTC)-based photoiniferters and phenylazido-based photoiniferters. Use of other PIs such as benzophenone [53] and 2,2-dimethoxy-2-phenylacetophenone (DMPA) [47] has also been reported.

By the late 1990s and early 2000s, Anseth and colleagues [47] broadened the possibilities of LRP chemistry to obtain novel constructs for biomedical applications. One of their early publications described improved detection of antigens using photografted antibodies on the surface of polymers [47]. Acrylated antibodies against IgG were first prepared using monoacrylated PEG-hydroxysuccinimide (ACRL-PEG-NHS) and photografted on polymer substrates prepared using urethane diacrylate and triethylene glycol diacrylate mixed with dithiocarbamide-based tetraethylthiuram disulfide (TED) and DMPA initiator (Figure 15.2a). Patterned photografting with either a single type of antibody or multiple antibodies (tagged with fluorescent moieties of various excitation wavelengths) was achieved using the LRP-based scheme and



**Figure 15.2.** Photografting the antibody on a polymer surface using living radical photopolymerization chemistry, (a) antibody grafting scheme using controlled living radical photopolymerization chemistry to covalently graft antibodycontaining polymer chains from a dithiocarbamate (DTC)-incorporated polymer surface, (b) multiple antibodies grafted simultaneously, each labeled with separate fluorophores. One antibody was labeled with AlexaFluor 488 and the other with AlexaFluor 594. A confocal micrograph of the surface square grafted (a) using a 488 nm FITC filter, (b) using a 594 nm Texas Red filter, (c) using both filters simultaneously at 488 nm and 594 nm, and (d) using a nonacrylated antibody. Reproduced from [46] with permission of the American chemical society.

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standard photolithography techniques. The design facilitated control over numerous parameters including protein conformation and chain mobility, and nonspecific protein interactions, resulting in enhanced interaction between antigen and antibody (Figure 15.2b) [47].

The adaptability of the photografting procedure was further established with recent studies demonstrating precise control over spatial and temporal tethering of macromolecules. The surfaces of DTC-based polymer substrates were sequentially modified by photografting PEG, collagen type I, and a fluorogenic molecule (carboxyfluorescein diacetate) using TED/DMPA and LRP [46]. The objectives behind these approaches were first to prevent nonspecific binding of cells to the polymer substrate surface (by modifying the surface with PEG) and second to enhance cell-polymer surface interaction (by grafting cell adhesion-promoting collagen type I on the material substrate).

Regenerative tissue engineering utilizes both surface photografting of biomolecules and bulk modification of polymer scaffolds. Recent advancements in the field have shown immense potential in fabricating biochemical cues in 3D biocompatible platforms to promote cell functions such as adhesion, differentiation, and tissue regeneration. Luo and Shoichet fabricated a photolabile matrix for 3D photografting of an adhesive fibronectin peptide fragment that facilitated the guided orientation and migration of neurites in 3D [54]. Briefly, a photolabile agarose gel was obtained by modifying agarose with a cysteine-containing compound using a carbonyldiimidazole activation process [54]. When exposed to UV light, the preformed hydrogel scaffolds generated photolabile sulfhydryl moieties that further reacted with sulfhydrylreactive peptide fragments upon exposure to a focused laser beam. This photografted matrix resulted in improved in vitro neurite guidance and orientation in 3D scaffolds.

Gomez et al. [30] patterned poly(dimethyl siloxane) (PDMS) surfaces with various extracellular matrix (ECM) molecules and physical cues to study the effect of these factors on axon initiation and elongation from neurons. For this reason, nerve growth factor (NGF) was immobilized on the surface of PDMS scaffolds using a polyallylamine-modified phenylazido group (PAA-azido) [30]. The PAA-azido was cast onto PDMS scaffolds thus creating photoinitiating moieties on the polymer scaffold to which NGF was later photo-immobilized using UV light. The effect of immobilized NGF on axonal initiation and elongation in hippocampal neurons was studied in the presence or absence of surface microtopography as a physical guidance cue. Further possibilities were explored by the same research group to tether NGF on the surface of polypyrrole to construct a biomimetic, electrically conducting polymer substrate for enhanced neurite outgrowth in PC12 cells [55].

Use of photografting has also been extended to microdevices and sensors. Spatial patterning can be used to modulate the properties of polymer matrices to respond to environmental factors such as temperature and pH [56]. Sebra et al. [45] developed an optically active, pH-sensitive PEG-tethered microfluidic device. These fluorescence-patterned devices, which were constructed using LRP onto DTC-functionalized polymer substrates, responded to pH changes by switching between fluorescent and nonfluorescent states; such constructs can be used as rapid pH sensors [45].

### 15.4.3. Advanced Methods

Photopolymerized hydrogels offer many advantages over hydrogels crosslinked using other techniques; among such advantages, temporal and spatial control are the most attractive properties. Further, photografting is often employed to graft the surface and bulk of polymer matrices with functional moieties in order to either promote cell functions such as cell adhesion [46] or reduce protein and cell interactions by creating, for example, antithrombotic and nonfouling surfaces [57]. In addition to traditional photopolymerization of hydrogels and photografting of surfaces and bulk materials, photofunctionalization can also be employed to design "smart materials" including stimuli-responsive materials and dual-crosslinked hydrogels. Stimuli-responsive materials respond to stimuli from their environment and act in an "intelligent" or "predetermined" manner. Photoinitiating systems can be used to create stimuliresponsive materials, which will sense and respond to a change in their microenvironment (such as pH, temperature, solvent type, and bioactive molecules).

As one example, Ehrick et al. [58] synthesized a stimuli-responsive hydrogel by conjugating a genetically engineered protein to the hydrogel substrate. Briefly, genetically engineered calmodulin (CaM) was photofunctionalized with allylamine and was photopolymerized using free radical polymerization by mixing CaM with the acrylamide hydrogel precursor solution. CaM exhibits different conformations in the presence of calcium, some peptides, and phenothiazine (antipsychotic) drugs. In the presence of these ligands, photocrosslinked CaM inside the hydrogel network underwent a conformation change that induced differential hydrogel swelling and thus biomolecule release (Figure 15.3). These kinds of stimuli-responsive hydrogels have potential applications in the field of drug delivery, microfluidics, and BioMEMS devices.



**Figure 15.3.** Schematic illustration of a stimuli-responsive hydrogel containing genetically engineered (CaM). CaM can have three different conformations: (a) dumbbell (spheres represent four bound  $Ca^{2+}$  ions), (b) phenothiazine-bound ( $Ca^{2+}$  and ball-and-stick structure for phenothiazine), and (c) native conformation in the absence of  $Ca^{2+}$ ; (d) hydrogel swelling mechanism in response to EGTA. Original stage corresponds to CaM bound to phenothiazine. In the presence of EGTA,  $Ca^{2+}$  is removed from its binding sites in CaM and the noncovalent crosslinking is broken, creating expansion of the hydrogel network. Reproduced from [59] with permission of the Nature publishing group.

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In another approach, Asoh et al. [59] used photopolymerization to fabricate stimuliresponsive hydrogels in which the hydrogel changed either its shape or volume when triggered by an external stimulus (i.e., temperature change). In this case, poly(*N*-isopropylacrylamide) hydrogels were formed by embedding silica particles in a photopolymerizable hydrogel precursor solution. Nanogradients of silica particles, or pores created by dissolving silica particles, were established in the hydrogel using electrophoresis and subsequent photopolymerization. These gradient hydrogels responded to environmental triggers, specifically, a temperature change, by changes in the hydrogel curvature and swelling behavior. The degree of curvature or bending of a hydrogel was a function of the gradient of silica particles or nanopores. The hydrogels acted as soft actuators and underwent stretching or bending in response to a temperature change.

Recently, some research groups have used photocrosslinking and other crosslinking methods to produce dual-crosslinked hydrogels known as "interpenetrating polymeric networks" (IPNs). This strategy usually involves creating two or more polymers that are crosslinked either simultaneously or sequentially by two different crosslinking methods; the result is the formation of two networks entangled within each other. Dual-crosslinked hydrogels have advantages over single-component gels because they exhibit properties of both polymers. Furthermore, properties of IPNs (such as degradation rate, tensile strength, and porosity) can be modulated by choosing different individual polymer networks [60]. IPN synthesis also results in strong and reinforced resultant scaffolds because of the presence of highly entangled networks. For example, Desai et al. [61] investigated the encapsulation of Islets of Langerhan cells in IPNs of alginate and PEG. Alginate was ionically crosslinked followed by PEG photocrosslinking resulting in the formation of dual-crosslinked gels, which were mechanically and chemically stable under physiological conditions.

Very recently, Schmidt and colleagues synthesized novel dual-crosslinked HA hydrogel scaffolds with photopatterned anisotropic swelling [62]. Dual-crosslinked hydrogels were obtained by a combination of chemical crosslinks and patterned photocrosslinks within a single hydrogel. The resulting dual-crosslinked hydrogel swelled anisotropically because of differential crosslink densities between the photopatterned and nonphotopatterned regions, thus permitting the hydrogel to contort and evolve a shape different from that of the unswollen hydrogel. Anisotropic swelling resulted in zonal distributions of crosslink density, water content, and viscoelasticity at the macro- and micro-scales in the hydrogel scaffold [62]. This dual-crosslinking technique represents a platform to fabricate tissue-engineering scaffolds exhibiting heterogeneity in structural and biomechanical properties.

# 15.5. Photofunctionalized Materials to Promote Cell Interactions for Tissue-Engineering Applications

Photofunctionalization has been used for a wide range of applications such as bone and cartilage regeneration [28], drug delivery devices [63, 64], blood vessel adhesives [65], adhesion prevention barriers [66–68], and cell encapsulation [69, 70]. Hubbell and colleagues were among the first to develop photopolymerized bioerodible hydrogels based on PEG diacrylate macromers that could be used for burn dressings, surgical adhesives, and as tissue barriers to improve healing response by preventing scar tissue formation [34]. Hubbell and colleagues further developed acrylated RGD peptide-functionalized hydrogels [71] using photoinitiated systems to render nonadhesive hydrogel surfaces cell adhesive for tissue resurfacing. Since then, a number of strategies have been adopted to create photofunctionalized hydrogels and scaffolds for numerous biomedical applications.



**Figure 15.4.** Schematic illustration of cell microencapsulation: (a) nutrients, oxygen, and stimuli diffuse across the membrane, whereas antibodies and immune cells are excluded, (b) prevascularized solid support system to facilitate optimal nutrition of the enclosed cells. Reproduced from [73] with permission of Nature publishing group.

Tissue adhesives offer an attractive alternative to conventional repair methods such as sutures for corneal perforations. Recently, Miki et al. developed a novel photopolymerized sealant based on HA for corneal lacerations [72], thus further extending the possibilities for the use of photopolymerized biomaterials in tissue engineering.

Vast opportunities for these photopolymerized biomaterials in tissue engineering can be envisioned by considering the latest developments using stem cells for tissue reconstruction. For instance, Elisseeff and colleagues developed a photopolymerizable poly(ethylene oxide) diacrylate hydrogel for bone marrow-derived mesenchymal stem cell (MSC) implantation using a transdermal photopolymerization technique for in vivo cartilage regeneration. The study successfully showed differentiation of MSCs into the chondrogenic lineage [19].

Cells can also be encapsulated in photocrosslinked microcapsules of polymer, which allows diffusion of cell-secreted biomolecules in the vicinity but isolates the cells from the host tissue and thus prevents immunorejection (Figure 15.4) [73]. In one study, Hubbell and colleagues fabricated microcapsules by photocrosslinking PEG to protect pancreatic islets cells from immunorejection [74].

### 15.5.1. Bone and Cartilage Tissue Engineering

In 2005, more than 500,000 patients received bone grafts in the United States; the number was over 2 million worldwide [75]. Autografts have been considered the "gold standard" clinically but are associated with complications such as a limited supply and the need for additional surgery, as well as pain and inflammation at the donor site. Allografts were proposed as alternatives to autografts, but these were also associated with limitations such as immune rejection and potential viral transmission [75]. Metal rods and screws have been widely used as bone implants for almost two decades but are also associated with several disadvantages. Metals provide immediate mechanical support but they do not integrate with the regenerating tissue, can cause loosening, and can be associated with fatigue loading, infection, and corrosion [76]. Ceramic-based bone grafts have also been used clinically. Since ceramics, however, are brittle and have low tensile loading, they are not suitable for implant material applications under bending or stress conditions [76].

Because of the inherent limitations associated with autografts, allografts, and traditionally used metal and ceramic implants, tissue-engineered bone substitutes have been

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investigated to meet the increasing clinical demand for bone implants. Bioresorbable PLGA screws and rods are now being used clinically as an alternative to metal implants [77, 78], but these polymers have some drawbacks such as relatively low mechanical strength (which limits their use to low load-bearing applications only), and frequent loss of stability during bone regeneration [79]. Although a number of strategies have been tried and different materials have been investigated to develop scaffolds for bone tissue regeneration, an ideal construct meeting all the requirements for an engineered bone scaffold is still not a reality.

Photopolymerized scaffolds have also been extensively researched for regeneration and restoration of bone and cartilage tissues [28, 80]. Photocrosslinking can result in strong crosslinked networks of polymeric chains imparting appropriate mechanical strength to orthopedic implants similar to that of natural, healthy bone [81, 82], as well as offering the possibility to entrap cell and protein components inside scaffolds. Recent studies using photopolymerized materials have shown tremendous potential in controlling the degradation rate of the implant and simultaneously maintaining mechanical integrity [83]. Since bone can regenerate on its own after injury, it is essential to create a resorbable scaffold that degrades at a rate synchronous with that of bone healing [84]. If the degradation rate is too slow, then the scaffold might hinder the growth of tissue or may obstruct cell–cell signaling; if the degradation rate is too fast, then the growing tissue might not be able to bear mechanical loads [14].

Photopolymerizable scaffolds, blends and fillers, and hydrogels have been researched for bone, cartilage, and anterior cruciate ligament reconstruction in animal models [12]. Photocrosslinked polyanhydrides were used to fabricate tailor-made bone constructs [14]. Compared with either traditional polyesters like poly( $\varepsilon$ -caprolactone) or poly( $\alpha$ -hydroxy acids) and several permanent synthetic polymers [14], these biodegradable constructs demonstrated tunable biodegradation and improved mechanical strength because degradation by surface erosion preserved the polymer molecular weight. One such popular biomaterial is methacrylated sebacic acid, which has an elastic modulus similar to that of bone [14, 80]. Despite these efforts, mimicking actual bone integrity, complexity, mechanical properties, and chemical milieu is far from realization.

Several attempts have been made to incorporate native bone constituents such as hydroxyapatite (HAp), which can further improve the mechanical integrity of bone constructs and cell-tissue interactions [13, 85]. Li et al. [13] investigated the effect of incorporating HAp in poly(methacrylated pyromellitylimidoalanine) (PM[PMA-ala]). In this case, needle-shaped nanoconstructs were synthesized by photopolymerization of HAp with PM(PMA-ala). Incorporation of HAp by photocrosslinking with the PM(PMA-ala) blend resulted in significant improvement of the mechanical strength of the composite over that of PM(PMA-ala) alone. In addition, recent studies by Anseth's group showed that the mechanical strength of polyanhydrides can be improved by using fully functionalized tricarballylic acid, instead of sebacic acid, to increase the crosslinking density of the polyanhydrides, as well as using stiffer monomers to form these polymer photocrosslinked networks [14]. Alternatively, the uncontrolled degradation characteristics of polyesters can be overcome by using enzymatically cleavable acrylamide-based crosslinkers. The materials thus obtained are promising for various orthopedic applications, but detailed and specific application-based studies are needed.

Another major application of photopolymerized polymers is in cartilage tissue engineering. Articular cartilage in humans lacks blood vessels, a complex lymphatic system, and functional nerve endings [20, 86, 87]. Failure of native cartilage to repair itself after injury has made it one of the most widely researched tissue-engineering areas. Mimicking the complex cartilage infrastructure using synthetic scaffolds imposes a major challenge. During the 1990s, several research groups at Harvard and the Massachusetts institute of technology, led by Vacanti and colleagues [88], Langer and colleagues [89, 90], and Vunjak-Novakovic and colleagues [91], extensively explored the use of PGA- and PLA-based systems for developing 3D cartilage tissues. Chondrocytes, the cartilage cells, were cultured on PLA and PGA biomaterial constructs for 6 weeks in vitro and for 6 months in vivo. Survival and proliferation of chondrocytes was assessed at regular time intervals along with cartilage matrix production. Although cells cultured on PGA scaffolds produced sulfated glycosaminoglycans (GAG) and collagen II, this approach, however, had limitations since the cells were seeded on the top of the scaffold but were not dispersed in the 3D structure of the scaffold. In addition, PGA, which degrades by bulk erosion, released acidic degradation products causing inflammation and loss of the mechanical strength of the scaffold. Cells seeded on PLA (a hydrophobic material) produced minimal levels of sulfated GAG and collagen II; this outcome did support cartilage regeneration. Photopolymerized hydrogels of natural, as well as synthetic, materials, have emerged as potential candidates to overcome this limitation and have been successful in encapsulating chondrocytes, as well as maintaining cell viability, phenotypic characteristics, and protein-glycosaminoglycan secretion for several weeks to months [20, 92].

In situ fabrication of biopolymers using photopolymerization involves crosslinking of acrylated monomers in the presence of a PI exposed to UV light. Anseth et al. developed photopolymerizable, surface-erodible polyanhydride-based methacrylate monomers, using visible and UV light PIs, suitable for various orthopedic applications [28, 84, 93]. Further studies by this research group demonstrated the efficacy and biocompatibility of these methacrylated polyanhydride derivatives through in vivo studies performed by photopolymerizing the monomers in bone defects in tibia of mice and by subcutaneous scaffold implantations [94]. The cell inflammatory response and the thickness of fibrous capsule varied depending on the degradation rate and composition of the polymer scaffolds [94]. Langer and colleagues showed that a liquefied polymer mixture can be photopolymerized in situ by exposure to either UV or visible light transdermally [28]. In this case, photopolymerization was performed using an injectable poly(ethylene oxide)dimethacrylate prepolymer solution and chondrocyte mixture, administered subcutaneously in swine. The results provided evidence of development of neocartilage including ECM components such as GAG and collagen II. Transdermal photopolymerization is advantageous for cartilage tissue engineering since the liquid monomer solution was injected in vivo in a minimally invasive manner, photocrosslinked in situ acquiring the shape of the tissue defect, and permitted the cell-matrix integration. Hoshikawa et al. [95] used a photopolymerizable gelatin-based biomaterial scaffold and cultured chondrocytes in these hydrogels. Under these conditions, chondrocytes remained viable and retained their phenotypic characteristics [95]. Bowman and colleagues [96] developed photopolymerizable macromers based on PEG and poly(vinyl alcohol). Biodegradable hydrogel crosslinks were created using these multifunctional molecules for cartilage tissue-engineering applications. Chondrocytes were combined with the desired macromer/initiator solution, which was subsequently polymerized to form a hydrogel. The cells (encapsulated in the biodegradable hydrogel) produced cartilageneous matrix as evidenced by GAG production. The production of neocartilage was further enhanced by adding PLGA microparticles loaded with transforming growth factor (TGF)- $\beta$  and insulin-like growth factor in the hydrogel [96].

Application of photoencapsulation of cells is not restricted to chondrocytes. Regeneration of cartilage tissue from MSCs offers an alternative and versatile tool for cartilage and bone tissue engineering [97, 98]. These cells can be differentiated into specific cell types. MSCs could potentially differentiate into chondrocytes in the presence of growth factors such as TGF- $\beta$  [19]. Sharma et al. [19] developed an injectable photocrosslinkable PEG-based hydrogel encapsulating MSCs for cartilage regeneration. These researchers tested two groups of hydrogels, one with HA and TGF- $\beta$ , and another with TGF- $\beta$  only. Hydrogels with HA and TGF- $\beta$ 

showed the highest expression of cartilage-specific genes such as collagen II and aggrecan. Histological staining also revealed the enhanced production of GAG and collagen II in the hydrogels containing HA and TGF- $\beta$  [19].

Alhadlaq et al. [99] formulated articular condyles of the synovial joints using MSCs. Rat bone marrow-derived MSCs were encapsulated in a PEG-based photopolymerizable hydrogel to form an osteochondral assembly for total joint replacements. The rationale behind this study was that both chondrocytes and osteoblasts have the same progenitor parent stem cell (i.e., the adult MSC) and thus differentiation of MSCs into either osteoblasts or chondrocytes should lead to an articular condyle containing both cell types. For this purpose, two stratified, but integrated layers of hydrogels containing encapsulated MSCs were photopolymerized to form an osteochondral construct. After implantation, these osteochondral constructs retained their shape, produced cartilage-specific GAG and collagen II, and exhibited stratified osteogenesis and chondrogenesis [99].

# 15.5.2. Neural Tissue Engineering

Following nerve injury, major complications in the regeneration of the peripheral and central nervous systems include: axon orientation and guidance across injury sites; restoration of functional synaptic connections and remyelination; and, in the central nervous system, formation of a hostile microenvironment that includes formation of a glial scar, impeding axonal regeneration [36, 100]. Axonal guidance to target cells is important for the reestablishment of functional synaptic connections; a number of physical, chemical, and biological cues, which play important roles by interacting synergistically or individually with the cells, have been identified. Bioengineers and neuroscientists have made significant attempts to design tissue-engineered scaffolds that can mimic the intricate in vivo environment of the nervous system and, thus, study the interactions between different cues and neuronal cell function and neural tissue regeneration. A number of photofunctionalized materials including fibers [101], films [4], patterned surfaces [3, 30, 55], hollow conduits, matrix-filled conduits, and hydrogel scaffolds [102] have been explored as potential substrates to interact with neurons.

Photopolymerized hydrogels as axonal guidance matrices have been studied extensively in vitro for their ability to be fabricated with varying degrees of mechanical stiffness. For example, Gunn et al. [103] synthesized photopolymerized PEG hydrogels with varying degrees of mechanical stiffness and incorporated different types of cell-adhesive ligands for peripheral nerve regeneration applications. The study provided evidence that PC12 cells extended neurites both on RGD-immobilized and peptide sequence isoleucine–lysine– valine–alanine–valine-immobilized hydrogels, but the length of neurites was longer in RGDimmobilized hydrogels. Neurite length was also affected by the mechanical properties of the hydrogel; greater neurite extension was observed on the more flexible hydrogels [103].

Neurotrophic factors such as NGF, brain-derived neurotrophic factor (BDNF), ciliary neurotrophic factor (CTNF), neurotrophin (NT)-3, and fibroblast growth factor influence different neuronal cell functions including cell survival, differentiation, neurite orientation, and growth. Such growth factors were studied alone or in conjunction with other physical, chemical, and biological cues to promote neural cell response/function. Photoirradiation was used to immobilize growth factors on the surfaces of materials [30]; in addition, a photopolymerizable hydrogel was fabricated with encapsulated growth factors [26]. Langer and colleagues formulated unique photopolymerized biodegradable hydrogels and used them as delivery vehicles to release multiple neurotrophic factors such as CTNF, BDNF, and NT-3 [26]. The release kinetics of such growth factors was tailored by altering the crosslinking density, which
in turn controlled the diffusion of molecules through the hydrogel network. In a following study [104], these researchers injected prepolymer solution with NT-3 into rat spinal cords and conducted photopolymerization in situ at the defect site. The hydrogels with the growth factor induced enhanced responses at both the functional level (improved recovery) and anatomical level (more axonal growth) [104]. Photocrosslinkable tubes of gelatinous fibers were produced and coated with laminin, fibronectin, and NGF to produce nerve conduits [101]. The extent of axonal regeneration in these tubes was comparable to that obtained on matrigel-coated tubes, suggesting their potential application as nerve guidance conduits.

More recently, fabrication of neural cell-encapsulated 3D hydrogel matrices have attracted attention from different research groups because such constructs mimic the native cellular environment and enable the encapsulated cells to secrete ECM components (such as collagen, HA, laminin, and fibronectin) and thus augment tissue regeneration. To this end, Mahoney and Anseth [105] encapsulated neural stem/progenitor cells in photopolymerizable PEG hydrogels for nerve regeneration and demonstrated that the rate of cell differentiation and cell spreading inside the hydrogel can be fine-tuned by controlling the hydrogel degradation rate. Furthermore, the hydrogel system tested supported stem cell survival and proliferation, and promoted the differentiation of the stem cells into glial cells and neurons.

Photofunctionalization has also been applied to materials beyond hydrogels. Polymer surfaces have been modified with growth factors using photoirradiation to promote neural cells growth. Gomez and Schmidt [4] combined chemical cues with electrical cues to stimulate neural cell functions. These researchers photografted NGF on the surface of polypyrrole, which is an electrically conducting polymer, and studied the synergistic influence of chemical and electrical cues on neural hippocampal cell polarization and axon elongation [4]. In another study, they studied the effect of electrical and topographical cues on neural cell polarization and neurite elongation and orientation [106]. To this purpose, these researchers fabricated microchannels on a polypyrrole surface, and further modified the polymer by photografting NGF [106]. Since these cues, individually or in combination, affected neural cell functions such as cell differentiation, adhesion, and growth, they could be advantageous in neural tissue-engineering applications aiming at improving axonal regeneration.

#### 15.6. Conclusions

Photofunctionalization has been used in a number of biomedical studies for a variety of applications, mostly in photopolymerized hydrogels. Hydrogels can be photopolymerized in situ at the defect site, under spatial and temporal control; these conditions result in fabrication of complex scaffolds in a minimally invasive manner and allow scaffolds to conform to the shape of the tissue defect. The photocrosslinking density can be altered to fabricate scaffolds with different mechanical stiffnesses to match those of the tissues of interest. Photofunctionalization has also been widely used to modify, by grafting cell adhesive peptides, the surface properties of scaffolds so as to render them adhesive to cells, to make them non-biofouling by resisting protein and cell adhesion, and to graft bioactive molecules that promote specific cell functions a platform to study cellular mechanisms and tissue formation in a tissue-mimicking 3D micro-environment. Given the variety of modification strategies provided by photoinitiated systems, the biomaterials fabricated using these techniques will continue to be used and further developed as "designer scaffolds" in tissue-engineering applications.

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## 16

### Hydrogel Nanocomposites in Biology and Medicine: Applications and Interactions

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Hydrogel nanocomposites are a new class of biomaterials that have recently attracted a lot of attention for applications in medical and pharmaceutical areas. The nanocomposites may consist of various types of nanoparticles, such as clay, ceramic, metallic, or metal oxides dispersed in a hydrogel matrix. The hydrogel nanocomposites have been investigated for various biological applications including drug delivery, tissue engineering, antimicrobial materials, and thermal therapy. In particular, different techniques to control the drug release rate from the nanocomposite matrix have been highlighted. In this chapter, various tissue-engineering areas are discussed, including bone, articular cartilage, and cornea repair. Biological interactions with nanocomposites, including cell adhesion and pertinent cytotoxicity studies, are also discussed.

#### Abbreviations

ALP	alkaline phosphate
AMF	alternating magnetic field
DC	direct current
HA	hydroxyapatite
HEMA	hydroxyethylmethacrylate
HepG2	human hepatoma cells
pHEMA	poly(hydroxyethylmethacrylate)
IR	infrared
LCST	lower critical solution temperature
MTT	3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide
n-HAp	nanohydroxyapatite
PNIPAAm	poly(N-isopropylacrylamide)
PVA	poly(vinyl alcohol)
RC	remote controlled
RGR	relative growth rate

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SPH	super porous hydrogel
SPHC	super porous hydrogel composite
TCP	tricalcium phosphate

#### 16.1. Introduction

Hydrogels are three-dimensional polymeric networks with the ability to swell several times their dry weight by absorption of water and other biological fluids. Hydrogels are currently considered for numerous biomedical and pharmaceutical applications including drugdelivery devices, contact lenses, tissue-engineering scaffolds, biosensors, sutures, and components of microfluidic devices [1–4]. Responsive hydrogels are a class of hydrogels with swelling properties dependent on environmental factors like pH, temperature, ionic strength, and presence of a particular molecule [5–7]. Temperature- and pH-responsive hydrogels have been widely investigated for drug delivery, sensors, and actuator types of applications [8–11]. For example, poly(*N*-isopropylacrylamide) (PNIPAAm) is a negative temperature-responsive hydrogel with a lower critical solution temperature (LCST) of 34°C [12]. PNIPAAm is in swollen state below LCST and is collapsed (less swollen) above LCST. Appropriate choice of the PNIPAAm hydrogel composition allows tuning the LCST close to body temperature to dictate when collapse will occur [13]. This aspect has allowed for PNIPAAm systems to be used for temperature-triggered drug release and in microfluidic devices in other temperature regimes [14, 15].

Hydrogel nanocomposites are obtained by incorporating different types of nanoparticles, such as metallic, clay, and ceramics, into a hydrogel matrix. The particulate material can be incorporated in hydrogels either by mixing the particles in monomer solution followed by polymerization, or particles can be precipitated in the hydrogel matrix after polymerization [16]. Hydrogel nanocomposites have unique properties such as improved mechanical strength, stimuli-responsive behavior, biological interactions, optical properties, and ability of remote actuation [17–19]. For example, high water content and elasticity of hydrogels sometimes leads to inferior mechanical performance and limits their applications. Incorporation of particulate material like nanophase hydroxyapatite (HA) has improved the mechanical properties and made the nanocomposites attractive materials for tissue-engineering applications [20]. In addition to mechanical properties, drug release, and stimuli-responsive behavior, hydrogels can also be altered by nanoparticles for specific applications [21–23]. Additionally, hydrogels can be made responsive to external stimuli such as either magnetic field or light by incorporation of stimuli-specific nanoparticulates in the hydrogel network [24–26].

In this chapter, we primarily focus on biological applications of matrix-type hydrogel composites consisting of inorganic nanoparticulate materials. Applications of hydrogel nanocomposites in drug delivery, tissue engineering, and other therapeutic areas are discussed. Here, we have highlighted various nanocomposites based on magnetic iron oxide [27], clays [28, 29], gold, silver [30], HA [31–37], and tricalcium phosphate (TCP) [21, 35, 38]. Applications of various nanocomposite systems with selected references are summarized in Table 16.1. In the final section of this chapter, biological interactions of hydrogel nanocomposites are discussed with emphasis on cytotoxicity studies [39]. Hydrogel-polymer nanocomposites and hydrogel nanocomposites in particle form are not within the scope of this chapter, and thus, readers are directed to other literature references for more information [30, 40].

#### Hydrogel Nanocomposites in Biology and Medicine

General application	Specific application	Particulate	Polymer	References
Drug release	Remote control	Iron oxide $(Fe_3O_4)$	Poly( <i>N</i> -isopropylacrylamide), gelatin, poly(vinyl alcohol)	[24, 41–46]
		Gold nanoshells	Poly( <i>N</i> -isopropylacrylamide)- co-poly(acrylamide)	[25, 47, 48]
	Enhanced drug-release profile	Hydrotalcite clay	Poly(acrylic acid-co- poly[ethylene glycol] methyl ether acrylate)	[49]
		Mica anionic clay Hydroxyapatite	Poly( <i>N</i> -isopropylacrylamide) Acrylamide	[50] [32]
Tissue engineering	Bone tissue repair	Hydroxyapatite	Poly(vinyl alcohol), poly(vinyl alcohol)/collagen, bacte- rial cellulose, HYAFF 11, poly(vinyl alcohol)/gelatin	[31, 33, 35, 36]
		Tricalcium phosphate	Oxidized alginate/gelatin, alginate, HYAFF 11	[21, 38, 35]
		Biphasic calcium phosphate	Si-hydroxypropylmethylcellulose	[51]
	Articular carti-	Bioglass	Poly(vinyl alcohol)	[20]
	lage repair	Hydroxyapatite	Poly(vinyl alcohol)	[37]
	Cornea repair	Hydroxyapatite	Poly(vinyl alcohol)/collagen	[34]
		Clay	Poly(N-isopropylacrylamide)	[52]
	Cell adhesion	Fumed silica	Poly(hydroxyethylmethacrylate)	[53]
	applications	Silver	Acrylic acid	[54]
Other therapeutic applications	Antimicrobial applications	Silver	Poly( <i>N</i> -isopropylacrylamide)- co-poly(sodium acrylate), poly(vinyl pyrrolidone)- acrylamide IPN, poly (acrylamide-co-acrylic acid)	[55–58]
	Thermal therapy	Iron oxide $(Fe_3O_4)$	Poly( <i>N</i> -isopropylacrylamide), bis(ethylhexyl) sodium sulfo- succinate, poly(vinyl alcohol)	[24, 39, 59–62]

Table 16.1. Summary of applications of various nanocomposite systems with selected references.

#### 16.2. Hydrogel Nanocomposites for Drug-Delivery Applications

The field of controlled drug delivery continues to be one of the key areas of current research in pharmaceutics and medicine. Due to unique and tailorable properties, hydrogels have been extensively studied as materials for drug-delivery applications [3, 11, 63]. For example, the hydrophilicity and porosity of the hydrogel network can be controlled by the choice of the monomer(s) and the crosslinker. Manipulation of network design allows for the development of drug-delivery systems with a desired release profile for a given drug [64]. Incorporation of nano- and micro-scale materials in the hydrogel matrix allows additional control on the network properties (e.g., potential for remote actuation). Various types of hydrogel nanocomposites have been developed in the past few years, and their swelling and drug-release properties have been extensively studied. Here, we review selected key drug-delivery applications of hydrogel nanocomposites.

#### 16.2.1. Hydrogel Nanocomposites for Remote-Controlled Drug Release

In many applications, drug-delivery systems are designed to release a drug at a constant rate for long periods of time. In other situations, therapeutics such as peptides and hormones often require pulsatile release to match the natural release profile of such chemical compounds in the body. In the design of pulsatile drug-delivery systems, devices have been created that are preprogrammed, self-regulating depending on the presence of a specific molecule, and externally actuated with specific stimuli [48, 65–67]. The design of externally actuated pulsatile drug-delivery systems can be tailored by the choice of nanoparticulates, the hydrogel matrix, and the external stimulus. Inherent advantage of these systems over other approaches is that the drug-release profile can be altered after implanting the device in the body.

The idea of remotely actuating polymer composites was first pursued by Langer and coworkers [68, 69]. Magnetic steel beads were embedded in an ethylene-vinyl polymer matrix; release of macromolecules was regulated by application of a low-frequency oscillating magnetic field. A magnetic polymer composite containing insulin was implanted subcutaneously in diabetic rats, and effective control of glucose levels was demonstrated with an oscillating magnetic field [70]. Remote control of drug release has attracted a lot of attention, and hydrogel nanocomposites responsive to various stimuli like alternating magnetic field (AMF) [59], direct current (DC) magnetic fields [46], and light [47] have been investigated. Some of the studies on remote-controlled (RC) release are highlighted in the sections that follow.

#### Modulation of Drug Release with AMF

Magnetic fields are attractive in RC medical applications because they can be transmitted through biological tissues for a range of frequencies and intensities; for this reason, AMF-responsive systems are attracting much attention. For example, Satarkar and Hilt incorporated 20–30 nm Fe<sub>3</sub>O<sub>4</sub> particles in a temperature-responsive PNIPAAm hydrogel matrix [59]. Application of AMF at 300 kHz heated the magnetic particles (due to Neel and Brownian relaxations), in turn, heating the entire nanocomposite matrix [71]. The effect of AMF on different particle loadings was examined; it was observed that the temperature of the hydrogel matrix could be remotely increased above LCST, leading to collapse. This phenomenon was used to obtain pulsatile release of chemical compounds from hydrogel discs on application of on–off cycles of AMF, as shown in Figure 16.1a [24]. Pulsatile drug release was demonstrated for methylene blue, pyrocatechol violet, and vitamin B<sub>12</sub> as model drug molecules. Figure 16.1b shows the release rate and cumulative release profile of vitamin B<sub>12</sub> in response to on–off AMF pulses [24].

In another study,  $Fe_3O_4$  nanoparticles were incorporated in a gelatin hydrogel matrix, and the pulsed release of vitamin  $B_{12}$  was observed on application of a high-frequency magnetic field [42]. The effect of magnetic particle size (10–250 nm) was also studied to obtain maximum pulse effect [42]. It was speculated that pulsed release was obtained due to heating of the magnetic particles leading to heating, and resultant shrinking, of gelatin network. The underlying mechanism for this phenomenon in ferrogels is not completely understood.

#### Modulation with DC Magnetic Field

Magnetic hydrogels have also been synthesized by mixing  $Fe_3O_4$  particles of different sizes in a poly(vinyl alcohol) (PVA) matrix using a freeze-thaw method [44, 46]. Chen and colleagues showed that application of a DC magnetic field to a PVA nanocomposite resulted in accumulation of drug around the ferrogel; this situation was designated as the "closed" configuration of pores.



**Figure 16.1.** (a) Schematic showing the effect of on-off cycles of AMF on the release of chemical compounds from magnetic nanocomposites of PNIPAAm, (b) vitamin  $B_{12}$  release from magnetic nanocomposites of PNIPAAm on pulsed application of AMF. The symbol "%" represents particle loading by weight. *F* represents application of AMF.  $M_i$  represents cumulative mass released at time *t*.  $M_{inf}$  represents cumulative mass released over 48 h. Reprinted with permission from [24].

When the field was switched off, the pores opened and the drug was released, as shown in Figure 16.2a [46]. Studies with different sized particles showed that hydrogels with larger sized particles exhibited better actuation profiles due to stronger saturation magnetization and smaller coercive forces. Overall, the release profiles showed reduced drug release on application of AMF. Further studies with the system tested composites with various particle loadings in an attempt to achieve the optimum magnetic-responsive behavior. Various system parameters like permeability coefficient, partition coefficient, space restriction, and magnetization were investigated [45]. A similar effect with a DC magnetic field was observed on drug release from magnetic nanocomposites of gelatin hydrogels [41]. In another study, nanocomposites were fabricated by in situ synthesis of magnetic particles using a coprecipitation method [43]. Vitamin  $B_{12}$  was used as a model drug for the release study; reduced drug release was obtained by application of the magnetic field, as shown in Figure 16.2b.

#### Modulation of Drug Release with Light

Near-infrared (near-IR) light is an alternative method to achieve remote actuation of materials and devices. Of particular interest is near-IR light with wavelengths between 800 and 1,200 nm, which can be transmitted through tissue for short (e.g., a few centimeters)



**Figure 16.2.** (a) Schematic illustration of the mechanism of the "closed" configuration of ferrogels due to aggregation of Fe<sub>3</sub>O<sub>4</sub> nanoparticles under "on" magnetic fields, a condition that causes the porosity of ferrogels to decrease, (b) vitamin  $B_{12}$  release profiles with and without applying a magnetic field. Reprinted with permission from [43, 46].

distances with very little attenuation. Nanoshells have been developed to obtain selective absorbance of light in the near-IR region with potential applications for contrast agents, drug delivery, photothermal ablation, and immunoassays [72]. For example, gold nanoshells consisting of optically active nanoparticles with a dielectric core surrounded by a thin layer of gold were fabricated. The optical absorbance properties of these nanoparticles can be tuned by appropriate choice of the geometry and composition of the nanoshells. West and coworkers incorporated nanoshells in PNIPAAm-co-acrylamide hydrogels and subjected the composite to near-IR light. The nanoshells selectively absorbed the near-IR light and generated heat, which led to heating of the composite. The generated heat increased the composite temperature above the LCST, leading to hydrogel collapse. The extent of such a collapse could be tailored by varying the nanoshell concentration and the strength of the laser light. The results of this study (Figure 16.3) showed release of insulin and lysozyme from SiO<sub>2</sub>–gold composite hydrogels on irradiation by a laser of wavelength 808 nm [47]. This approach demonstrated RC drug delivery with different drugs and RC activation of valves in a microfluidic device [25, 47, 73].



**Figure 16.3.** Release of (a) insulin and (b) lysozyme from PNIPAAM-co-acrylamide hydrogels as a function of time; mg/g dry weight represents milligrams of drug released per gram of polymer dry weight. Reprinted with permission from [47].

#### 16.2.2. Hydrogel–Clay Nanocomposites for Enhanced Drug-Release Profile

In addition to remote actuation, nanoparticles can also be utilized to manipulate transport properties of hydrogel networks. Clay is one of the most widely studied filler materials that affect the hydrophilicity of hydrogel networks in order to modulate drug release. Haraguchi and co-workers synthesized nanocomposite hydrogels with water-swellable inorganic clay [74]. Clay nanoparticles acted as active components of the network structure and allowed additional control of the crosslink density as well as of the inter-crosslinking molecular weight independently. Incorporation of clay into hydrogel matrices resulted in composites with unique properties including high mechanical strength, better optical properties, and controlled response to stimuli [29, 75–78]. Hectorite, hydrotalcite, montmorillonite, and synthetic mica are some of the examples of clay incorporated in hydrogels. The mechanism of formation of clay–PNIPAAm composites was studied in order to investigate the reasons for the unique nanocomposite properties [79]. These studies revealed that polymerization proceeded on the clay particles, which act as multifunctional crosslinking agents.

Lee and Chen prepared nanocomposites of poly(acrylic acid-*co*-poly[ethylene glycol] methyl ether acrylate) hydrogels with hydrotalcite clay [49]. The results showed that clay incorporation affected slightly the pH swelling response of the hydrogels; moreover, the gels became more hydrophilic with increased clay content (Figure 16.4a). Hydrotalcite clay has a positive charge on its surface, while acrylic acid networks have a negative charge. Hence, incorporation of various amounts of clay could control the charge of the nanocomposite. "Drug"-release studies were conducted using model chemical compounds with different charge properties to study the effects of the "drug"–composite interaction. Figure 16.4b



**Figure 16.4.** (a) Swelling ratio of acrylic acid-based hydrogels with time for different hydrotalcite clay loadings at  $25^{\circ}$ C in saline solution, (b) time course of crystal violet release profiles from a nanocomposite in saline solution at  $32^{\circ}$ C. "*p*" indicates wt% of hydrotalcite clay in the hydrogel tested. Reprinted with permission from [49].

shows that the release profile of crystal violet, a cationic model chemical compound, can be altered significantly by clay loading [49].

In another study, the charge properties of PNIPAAm were adjusted by using anionic clay (mica) and/or a cationic monomer (trimethyl [acrylamido propyl] ammonium iodide). Various properties for the resultant nanocomposite, including temperature-responsive swelling and drug-release behavior, were studied. In that case, "drug"-release behavior depended on the charge properties of the clay and the chemical compounds tested [50].

#### 16.3. Hydrogel Nanocomposites for Tissue-Engineering Applications

Composite hydrogels and their application in tissue engineering is a relatively new research area with extensive growth in the last few years. The objective of tissue engineering is to repair or replace damaged and diseased tissue, thus increasing tissue and organ function and enhancing the quality of life for the patient [23]. Usually, tissue-engineering platforms use a synthetic material as the scaffold, which directs molecular signals and native cells to carry out the desired tissue regeneration. These scaffolds must provide the mechanical support necessary for the intended application and direct cell function pertinent to new tissue formation, usually through the incorporation of growth factors. Composite hydrogels with properties tailored for specific applications can be synthesized. The following sections highlight the recent research endeavors and achievements in this field.

#### 16.3.1. Hydrogel Nanocomposites for Bone Tissue Engineering

Large bone segments can be lost or damaged through injury, infection, and tumor removal; the most reliable forms of treatment currently available have high success rates but many disadvantages [80]. The most common technique used is autografting, which involves removing bone from another anatomical site and placing it into the damaged site [81]. Though successful, this method has its limitations in the amount of bone that can be extracted and the morbidity associated with the donor site. If either a human cadaver or animal donor are used, the issue of immune response becomes an additional concern [80, 81]. It is important to note that natural bone has an inherent nanocomposite structure containing an organic component (primarily, type I collagen), and an inorganic component, HA (Figure 16.5) [81, 82]. Hydrogel nanocomposites have been designed to meet some of the specifications of natural bone and have been tested for tissue-engineering applications.

#### HA Composite Applications

The most important criterion for success of tissue-engineered bone implants is the ability to induce new bone formation and provide a tight bond between the implant and the new bone. For this reason, bioactive or osteoconductive components have been incorporated into the hydrogel. For example, composites have been formulated that contain calcium phosphates [83], such as HA ( $Ca_{10}[PO_4]_6[OH]_2$ ) which is found intrinsically in bone [81, 84]. Incorporation of HA promotes the osteoconductivity of the composite and may also result in mechanical properties close to those of bone. Demirtas and others incorporated 25-45 µm HA into a super porous hydrogel (SPH) and formulated a SPH composite (SPHC) with an HA concentration of 1,000 mg HA per 1,000 µL monomeric mixture (Figure 16.6) [32].



**Figure 16.5.** Hierarchical organization of bone over different length scales. Bone has a strong calcified outer compact layer (**a**), which encloses many cylindrical Haversian systems, or osteons (**b**). Bone cells express various cell membrane receptors with which they adhere to specific binding sites (**c**) of the well-defined nanoarchitecture of the surrounding extracellular matrix (**d**). Reprinted with permission from [82].

These hydrogel composites underwent swelling studies to determine the optimum HA concentration at which the pores of the construct remained open for nutrient and metabolic waste transport. Incorporation of HA significantly increased the mechanical properties of the construct: the compressive moduli increased from  $0.63 \pm 0.04$  N/mm<sup>2</sup> for the SPH to  $6.59 \pm 0.35$  N/mm<sup>2</sup> for the SPHC. The cytocompatibility of SPHC was confirmed using fibroblasts in vitro and SPHC did not release cytotoxic compounds. Other research groups formulated composites in order to enhance the material strength of composites such as hydrogels. Degirmenbasi et al. incorporated nanohydroxyapatite (n-HAp) into either PVA, collagen, or PVA/collagen composites [31]. The viscoelastic properties of these constructs were significantly increased by the incorporation of the n-HAp, and were further enhanced through cryogenic treatments.

The Hutchens group explored using polymers as a means of simply arranging the HA to mimic that found in natural bone and to induce new tissue formation [33]. Bacterial cellulose



**Figure 16.6.** Scanning electron micrographs of: (a) the SPH surface (original magnification:  $\times 60$ ), (b) SPH cross-sections (original magnification:  $\times 60$ ), (c) SPHC surface (original magnification:  $\times 250$ ), and (d) SPHC cross-section (original magnification:  $\times 100$ ). Reprinted with permission from [32].

was used because it is biocompatible and has a degradation rate that could be altered chemically. This research group chose to use calcium-deficient HA because it would both promote bone growth and degrade over time as new bone tissue was formed. The results of this study provided evidence that the system tested promoted new bone formation. Other researchers incorporated HA into HYAFF 11 hydrogel networks (which are composed mainly of hyaluronan) and reported increased mechanical properties pertinent to application in bone tissue engineering [35].

#### **TCP** Composite Applications

TCP is used to increase the osteoconductivity of in bone tissue-engineering constructs [84]. The Cai group formulated a novel hydrogel composite of oxidized alginate, gelatin, and TCP and studied its properties in vitro [21]. Because this gel exhibited controllable degradation properties (based on the degree of oxidation of the alginate), this substrate is suitable for tissue engineering and drug-release applications. As evidenced by cell viability (Figure 16.7a) and alkaline phosphatase activity (Figure 16.7b), these gels were cytocompatible.

Other composites were formulated using TCP and growth factors that are osteoinductive stimuli [38]. The Luginbuehl group used a composite of alginate gel and TCP containing poly(lactic-co-glycolic acid) microspheres, which released the insulin-like growth factor (IGF)-I. These composites exhibited increased stiffness and decreased gelling times with



**Figure 16.7.** (a) Formazan absorbance was used as an index of viability of osteoblasts (using the MTT assay) cultured either on control substrates or encapsulated into alginate hydrogel composites of different oxidation degrees indicated as percentage (n = 6), (b) Alkaline phosphatase activity of osteoblasts cultured either on substrates or encapsulated into the alginate hydrogel composite of different oxidation degrees (n = 6). The hydrogel composites of 20% oxidized sodium alginate solution/15% gelatin solution and TCP in the presence of 0.1 M borax. The weight ratio of the three components correspond to the ratio 4/3/1. Reprinted with permission from [21].

increasing TCP content as well as cytocompatibility. The Sanginario group incorporated TCP into HYAFF 11 hydrogels and reported increased mechanical properties [35].

The Trojani group fabricated nanocomposites using biphasic calcium phosphate particles (a combination of HA and TCP) in a Si-hydroxypropylmethylcellulose matrix [51]. Incorporation of bone marrow stromal cells on these substrates promoted new bone formation in vivo. These constructs were implanted beneath the dorsal skin and intramuscularly in the hind leg of mice. After 8 weeks of implantation, new bone had fully filled seven of the ten original implants; the remaining implants had significant bone growth. The seven implants with new bone had an average of  $30.2 \pm 5.2$  multinucleated cells/mm<sup>2</sup> and  $18.2 \pm 3.5$  vessels/mm<sup>2</sup>, indicating that they induced bone growth. Such constructs have potential for bone-engineering applications.

#### 16.3.2. Hydrogel Nanocomposites for Articular Cartilage Tissue Engineering

Adult cartilage defects and damage have become an ever-increasing problem as the human population ages and as individuals live longer and more active lives. There are several forms of cartilage in the human body; the focus of most engineering research, however, has been on articular cartilage because of patient needs and the potential of providing the most benefits to patient care [85]. Articular cartilage is a form of hyaline cartilage that is present in diarthroidial joints, covering the areas of two bones that come in contact during daily activity; for normal function in the body, cartilage must be able to withstand both compressive and tensile forces. Natural articular cartilage is composed of type II collagen fibers and a high concentration of proteoglycans, giving it the needed mechanical integrity [86]. Cartilage can be damaged by injury as well as by several degenerative and rheumatic diseases [86]. These problems are further compounded by the inability of the cartilage tissue to recover and repair itself [85, 86].

Due to the fact that cartilage is attached to areas of bone contact, it is important that the engineered tissue bind tightly to bone. To aid in this effort, many composite materials include HA because of its osteoconductive properties. Wang and others fabricated a composite hydrogel from HA, PVA, and gelatin [36]. This research group found the system to be very porous and water-swellable, thus aiding in both the nutrient/waste transport and the dampening of vibrations. After immersion in simulated body fluid, a mineral (similar to that of bone apatite) was deposited on the surface and pore walls of the composite hydrogel; this result indicated that the composite could be osteoconductive.

Bioglass has been used extensively in tissue engineering because of its good bioactivity [20]. In addition, bioglass degradation products promote upregulation of seven families of genes, thus affecting subsequent cell responses to the construct [87]. Xu and others worked specifically with a PVA/bioglass composite for articular cartilage repair in order to increase the mechanical strength of the implant [20] and reported that the bioglass percent content in the gel was directly correlated to the elastic compression modulus of the material (Figure 16.8).



Figure 16.8. Effect of Bioglass content on the elastic compression modulus of 25 wt% PVA composite hydrogels. Reprinted with permission from [20].

#### 16.3.3. Hydrogel Nanocomposites for Cornea Applications

Corneal disease, which may result in blindness, can be the end result of injury or disease of the eye. Artificial corneas have been developed to restore vision to affected patients; the success rate of these interventions, however, is low due to undesirable binding between the host tissue and the keratoprosthesis [34, 88]. Nanocomposite hydrogels are designed and synthesized to have the desired mechanical and bioactive properties to meet the requirements of being an artificial cornea fringe. Several research groups have used HA in test constructs (because of its bioactivity) and enhanced the bond between the construct and biological tissue [34, 37, 89]. Xu and others formulated a hydrogel of PVA with incorporated n-HAp [37]. Incorporation of HA increased the mechanical properties up to the point to 10 wt% n-HAp loading (Table 16.2). Increased HA content further increased the compressive strength, but the tensile strength and elongation of the composite decreased. To determine the ability to bind to cells, the researchers conducted cell attachment and proliferation assays. Compared with pertinent results obtained on the nanocomposite, rabbit corneal fibroblast adhesion was greater on the composite fringe; this result indicated an advantage of using the bioactive composite.

Earlier work by Kobayashi et al. used a system with collagen immobilized on the PVA surface [34]. Although not a nanocomposite (the dimensions of the HA used ranged from 0.3 to 4  $\mu$ m), the degradation rate could be controlled by the degree of crystallinity of the HA. Chick embryo keratocyte-like cells adhered strongly, demonstrating that this composite had potential for strong adhesion to the natural tissue (Figure 16.9); this composite, therefore, has potential as a biomaterial for this tissue-engineering application [34].

#### 16.3.4. Hydrogel Nanocomposites for Cell Adhesion Applications

Adhesion of anchorage-dependent cells and subsequent functions (such as proliferation, etc.) on material surfaces is very important for many tissue-engineering applications. Haraguchi and others developed a clay nanocomposite that allows the culture of cells on the composite surface and later removal of cell sheets by simply changing the temperature [52]. These researchers created PNIPAAm/clay composites and reported that incorporation of clay improved the mechanical and swelling properties compared with the pertinent properties of PNIPAAm gels alone. In addition, human hepatoma cells (HepG2), fibroblasts, and human umbilical vein endothelial cells proliferated only on the surfaces of gels of intermediate clay concentrations. The nanocomposite gels also exhibited temperature sensitivity that allowed HepG2 and fibroblast cell sheet removal without the addition of trypsin; by simply lowering the medium temperature from 37°C (a hydrophobic domain) to 10–20°C (a hydrophilic domain),

Construct (10 wt% PVA)	Tensile strength (kPa)	Elongation-at-break $(\%, \times 10^{-2})$	Compressive strength (kPa)
n-HA/PVA (0 wt% n-HA)	$1.05\pm0.06$	$170 \pm 14$	$0.12\pm0.01$
n-HA/PVA (5 wt% n-HA)	$1.17\pm0.09$	$120 \pm 9$	$0.16\pm0.02$
n-HA/PVA (10 wt% n-HA)	$1.70\pm0.10$	$210 \pm 18$	$0.30\pm0.02$
n-HA/PVA (20 wt% n-HA)	$1.21\pm0.08$	$195\pm16$	$0.41\pm0.04$

**Table 16.2.** Summary of the mechanical properties of PVA and n-HAp/PVA materials (n = 5).

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Figure 16.9. Scanning electron micrographs of keratocyte-like cells adhering on PVA–collagen–hydroxyapatite 7 days after cell seeding. (a) keratocyte-like cells fully covered the surface of the composite. Original magnification:  $\times 100$ , (b) keratocyte-like cells were well-spread on the composite surface. Original magnification:  $\times 800$ . Reprinted with permission from [34].

the cell sheets were easily detached from the gel surface [52]. The properties imparted to the hydrogels tested (as a result of the incorporation of clay) make this composite system of potential interest for a variety of applications in biomedicine.

In another interesting study, Schiraldi and others formulated a composite of hydroxyethylmethacrylate (HEMA) with incorporated fumed silica nanoparticles as filler [53] and reported that increased percentage of silica decreased the swelling behavior, but increased the mechanical



**Figure 16.10.** Phase contrast micrographs of human osteoblasts cultured on pHEMA (**a**), on pHEMA + 10% fumed silica (**b**), and pHEMA + 23% fumed silica (**c**) for 24 h. Original magnification:  $\times$ 100. Reprinted with permission from [53].

properties, of the constructs. Most importantly, incorporation of silica in the poly(hydroxyethyl methacrylate) (pHEMA) gels increased the adhesion of human osteoblasts from 5% (on plain pHEMA) to 70% (on the composite) of the polystyrene control (Figure 16.10).

#### 16.4. Hydrogel Nanocomposites for Other Therapeutic Applications

In addition to drug delivery and tissue engineering, hydrogel nanocomposites are also attractive for various other therapeutic applications, such as antimicrobial materials and thermal therapy. For example, antimicrobial activity of hydrogels can arise from the incorporation of silver nanoparticles. Thermal therapy for cancer treatment is based on the concept of heating magnetic nanoparticles remotely by magnetic fields. This section briefly addresses the aforementioned two applications.

#### 16.4.1. Antimicrobial Applications

Metallic nanoparticles are toxic to microorganisms. Silver nanoparticles exhibit antimicrobial effects by binding to microbial DNA, preventing bacterial replication, and also causing inactivation of bacteria function [58, 90]. Different methods of incorporating silver nanoparticles in hydrogels have been reported in the literature. Nanocomposites can be synthesized by incorporation of particles prior to polymerization, during polymerization, or after polymerization of hydrogels [30, 91]. Incorporation of nanoparticles after polymerization often involves synthesis of hydrogel systems, swelling gels in a silver salt, followed by reduction to form nanoparticles in the matrix (Figure 16.11a). This method has been adopted to synthesize nanocomposites of various types of hydrogel systems, including poly(acrylamideco-acrylic acid), poly(NIPAAm-co-sodium acrylate), and poly(vinyl pyrrolidone) interpenetrated with poly(acrylamide) [55–58]. The resultant hydrogel nanocomposites demonstrated excellent antibacterial effects when tested using *Escherichia coli* [55, 57]. In fact, the



**Figure 16.11.** (a) Schematic illustration of the formation of silver nanoparticles in a swollen acrylamide-coacrylic acid hydrogel network. Note: Ag + (aq.) represents aqueous solution of silver ions

antibacterial activity of these composites was enhanced by reducing the nanoparticle size and increasing the nanoparticle loading [58].

Lee and Tsao first synthesized silver nanoparticles, mixed them with an acrylic acidbased monomer solution, and then obtained nanocomposite films by photopolymerization [54]. The effect of particle concentration on various properties including swelling kinetics, gel strength, electrical conductivity, and antimicrobial activity was studied. Increased nanoparticle concentration resulted in increased antimicrobial activity of the construct (Figure 16.11b) [54].



**Figure 16.11.** (continued) (b) initial rate of bacterial inactivation  $(-\log[N/N_0]/t \times 10^2)$  as a function of the silver content in the acrylic acid-based hydrogels. Reprinted with permission from [54, 58].

#### 16.4.2. Thermal Therapy Applications

In the last few years, hyperthermia, which uses heat as a therapy, has attracted much interest in the treatment of cancer cells. It is interesting to note that hyperthermia is actually one of the oldest cancer therapies known [92]. Recent advances in thermal therapy systems (e.g., those based on nanoparticle systems) allow better control of the spatial and temporal delivery of thermal energy. As a result, there has been renewed interest in investigating the effect of hyperthermia in combination with radiation, chemotherapy, immunotherapy, and drug-delivery modalities [93–95].

Hilt and coworkers incorporated superparamagnetic  $\text{Fe}_3\text{O}_4$  nanoparticles in PNIPAAm hydrogels and applied an AMF. Heating of the magnetic particles led to heating the hydrogel matrix [24, 39, 59]. The particle loading in the hydrogel matrix was varied to examine the resultant heating effect. Figure 16.12 shows the surface temperatures of dry PNIPAAm discs in response to 297 kHz frequency and 2.98 kA m<sup>-1</sup> strength [59]. An increase in particle loadings increased the heating effect; the resulting temperature profile was also governed by heat transfer in the material. This system can potentially be useful for hyperthermia treatment [24, 39, 59].

In other studies, iron oxide particles of different sizes were incorporated in different hydrogel systems and an AMF was applied to achieve remote heating. The effect of variation of the magnetic field strength and particle loadings on the resultant heating was also studied [60–62]. When a magnetic organogel was subjected to the AMF, the specific absorption rate increased linearly with increasing ferrite content in the composite [61]. On the other hand, studies with PNIPAAm-based magnetic composites showed that increasing the AMF strength increased the rate of heating as well as the resultant temperatures [60].



**Figure 16.12.** Temperature increase of nanocomposites with varying particle loadings subjected to AMF. The symbol "%" represents particle loading by weight in the PNIPAAm-based nanocomposite. Reprinted with permission from [59].

#### 16.5. Hydrogel Nanocomposites and Biological Interactions

Hydrogel nanocomposites resemble soft tissue and typically are known for their good biocompatibility. Hydrogels are currently used in various biomedical applications such as contact lenses, drug-delivery devices, and implants for tissue regeneration [2, 96]. Nanoparticulates in their raw form, however, exhibit toxicity in certain situations [97–99]. For applications of hydrogel nanocomposites in contact with biological systems (e.g., as biomedical implants), it is essential to test the effects of such synthetic formulations on surrounding body tissues. Typically, evaluation of the biocompatibility of materials includes both in vitro and in vivo tests. In vitro analysis consists of a number of techniques including direct and indirect contact testing.

Direct contact testing exposes cells to the composite material and evaluates subsequent cell function (including death). Superporous hydrogel composites formulated by the Demirtas group were tested by direct contact with fibroblasts in vitro [32]. After 8 h of contact with the acrylamide-HA-based gels, there was neither cell death nor morphological changes in the fibroblasts tested. For this reason, these researchers concluded that the system was cytocompatible [32]. Meenach et al. [39] conducted cytotoxicity tests on magnetic particles and magnetic–NIPAAm composites using NIH 3T3 murine fibroblasts (Figure 16.13). Fibroblast viability in contact with the magnetic nanoparticles was approximately 75%. Cell viability on nanocomposites with 3 wt% magnetic particles and various crosslinking densities was about 90%. It appeared that the nanocomposite hydrogel matrix shielded the nanoparticles and retained cell viability.

To test the cytocompatibility of the HA/PVA/gelatin composite, Wang et al. evaluated the relative growth rate (RGR) in the extraction fluid (medium that had been in contact with the composite for 24 h) and the toxicity grade of the composite using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) analysis [36]. The high RGR value indicated that the composite was cell compatible, and the toxicity grade result of 1 demonstrated that the composite was nontoxic. Xu et al. also used the MTT assay to determine that their n-HAp/PVA composite did not adversely affect cells [37]. Montmorillonite clay–chitosan



**Figure 16.13.** Percent viability of fibroblasts exposed to nanoparticles (at 50, 250, and 500  $\mu$ g/ml), in magnetic hydrogel composites at varying crosslinking and control materials (polystyrene). Note: The numbers *80, 90*, and *95* indicate mol% of NIPAAm in NIPAAm-tetra (ethylene glycol) dimethacrylate hydrogels. *M* indicates the presence of 3 wt% Fe<sub>3</sub>O<sub>4</sub> particles. Reprinted with permission from [39].

composite films were evaluated by Wang et al. for drug release and biocompatibility; MTT analysis showed no apparent cytotoxicity [100]. The Schiraldi group also determined the viability of cells on pHEMA-fumed silica gels [53] and reported that their systems were nontoxic for the murine fibroblasts and Raji cells tested.

Other cell function studies investigated cell proliferation on scaffold material. Kobayashi et al. reported that the PVA/HA/collagen composites supported strong cell adhesion [34]. The Xu group used a MTT assay to demonstrate that, compared with PVA alone, the n-HAp/ PVA composite supported cell proliferation [37].

The Luginbuehl group determined alkaline phosphate (ALP) activity and reported that alginate/TCP/IGF-I composites induced bone growth in in vitro experiments [38]. The Cai group also used the ALP assay to demonstrate that their composite promoted enhanced bone formation [21]. The Wang group examined the compatibility of their HA/PVA/gelatin composite in rats; they reported an initial inflammatory response and fibrous capsule formation, which, after 12 weeks, grew into the pores of the implant [36].

In this section, biological interactions with hydrogel nanocomposites were reviewed. To date, the cytotoxicity of hydrogel nanocomposites has been studied in vitro; most of the studies indicated cytocompatibility of the nanocomposites. However, in vivo studies in animal models, which are a prerequisite for clinical studies, are yet to be investigated in detail.

#### 16.6. Concluding Remarks

In this chapter, the new and rapidly emerging field of hydrogel nanocomposites was introduced. Hydrogel nanocomposites containing different types of nanoparticulates including iron oxide, clay, silver, gold, HA, and TCP were highlighted. The enhanced and unique

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properties of these nanocomposite biomaterials were emphasized along with some of the methods used for their preparation. The primary focus of this chapter was on the biological applications of hydrogel nanocomposites containing inorganic nanoparticulate materials.

Applications of hydrogel nanocomposites in drug delivery, tissue engineering, antimicrobial materials, and thermal therapy were discussed. In particular, the drug-delivery section discussed modulation of drug release from nanocomposites induced by different external stimuli such as AMF, DC magnetic fields, and near-IR light. The tissue-engineering section focused on applications of hydrogel nanocomposites in bone, articular cartilage, and cornea regeneration. These novel materials have the potential to greatly impact the biomedical field.

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# 17

### Protein and Cell Interactions with Nanophase Biomaterials

#### Courtney M. Creecy, David A. Puleo, and Rena Bizios

This chapter provides an overview of current knowledge regarding protein and cell interactions with nanophase materials, that is, materials with feature sizes of less than 100 nm in (at least) one dimension. Nanophase biomaterials promote select and specific interactions with biomolecules and, subsequently, support enhanced mammalian cell functions pertinent to new tissue formation. Although some advances have been made in elucidating aspects of these processes, many questions regarding fundamental processes controlling protein and cell interactions with nanophase biomaterials remain unanswered. Advantages and limitations of these material formulations are highlighted in this chapter; challenges and needs for further research that will elucidate the cellular and molecular processes, as well as pertinent underlying mechanisms, are outlined. These issues must be addressed and resolved before the full potential and promise of these novel biomaterial formulations can be realized.

#### Abbreviations

CO,	carbon dioxide
DMEM	Dulbecco's modified Eagle medium
FBS	fetal bovine serum
HA	hydroxyapatite
PBS	phosphate-buffered saline
PLA	poly(L-lactic acid)
PMMA	poly(methyl methacrylate)
RGD	arginine-glycine-aspartic acid

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#### 17.1. Introduction

Cells of mammalian tissues are sensitive to their surrounding milieu: they exist and function by responding to cues from extracellular spatial domains and structures as well as from biochemical (such as chemical composition of their surroundings and soluble, diffusible factors) and biophysical (such as mechanical) stimuli. In the past, research provided important information regarding pertinent phenomena but was limited regarding the level or scale at which these investigations were conducted, specifically, macro- and microlevels. In comparison, the relevant feature size in physiological tissues (such as bone) and of biomolecules are on the order of nanometers. For example, the soluble plasma protein fibrinogen has a length of 40–50 nm and a width of 4–10 nm, while collagen fibers in the extracellular matrix are approximately 60 nm in diameter. For a long time, such scale could not be reproducibly duplicated in vitro.

The advent of nanotechnology made available nanophase biomaterials with surface features in the nanometer level, that is, on the order of those present in the physiological environment. These developments inspired new technologies over a broad spectrum of biomedical applications [1]. In the case of biomaterials for implant devices, where success is often determined by integration into surrounding tissues and formation of new functional tissue, pertinent research sought to elucidate interactions on nanophase biomaterials at the cellular/molecular level.

This chapter provides an overview of current knowledge regarding protein and cell interactions with nanophase materials, which by definition have feature sizes with (at least) one dimension of less than 100 nm [2]. The advantages and limitations of these material formulations are highlighted; challenges and needs for further research that will elucidate the cellular and molecular processes, as well as pertinent underlying mechanisms of critical importance at the tissue/implant interface are outlined in the sections that follow.

#### 17.2. Protein Interactions with Nanophase Materials

Since proteins are the first components of the biological milieu to rapidly interact with biomaterials that come in contact with body fluids and tissues [3], the presence and function of macromolecules and the subsequent cell/tissue interactions they mediate at the surfaces of devices play crucial roles in the long-term performance and fate of implants. Recognition of this fundamental aspect of events at tissue/biomaterial interfaces has motivated extensive studies of protein type, structure, and function on biomaterial surfaces. Reviews of current knowledge of the experimental and theoretical aspects of the behavior of proteins at solid/ liquid interfaces are provided in other chapters (Chaps. 1–4) in this book as well as in numerous reports in the scientific literature (e.g., Ref. [3]).

Because of previously exclusive availability of conventional materials, it was inevitable that past studies addressed, and elucidated, various aspects of protein interactions with those surfaces. The broad scope of potential applications (such as functional nanomaterials, biosensing, drug delivery, and imaging) for nanophase materials in the emerging field of nanobiotechnology has prompted examination of protein interactions on such substrates; Chap. 5 of this book and recent reviews [4, 5] provide details appropriate to those applications. The present chapter will focus on protein interactions on nanophase materials that are pertinent to implant materials.

#### 17.2.1. Protein Adsorption

Compared with events observed on planar, conventional material surfaces, adsorption, the first stage of interaction between a protein and a solid biomaterial surface, is different on planar nanophase materials of the same chemical composition. The earliest such evidence was provided by seminal observations and results from in vitro studies. The total amount ( $\mu g/cm^2$ ) of protein adsorbed from a supernatant solution of 10% fetal bovine serum (FBS; which contains often unknown amounts of various proteins) in phosphate-buffered saline (PBS; pH 7.4) on nanophase alumina (24-nm grain size) and on nanophase hydroxyapatite (HA) (67-nm grain size) in a 37°C, humidified, 5% CO<sub>3</sub>/95% air environment for 4 h was significantly (p < 0.01) higher than that obtained on conventional alumina and HA (167- and 179-nm grain size, respectively) under the same experimental conditions [6]. Adsorption of individual proteins (from 5  $\mu$ g each single-component solutions in PBS) in a 37°C, humidified, 5% CO<sub>3</sub>/95% air environment for 4 h was selective: while adsorption of denatured collagen (285 kDa) and vitronectin (70 kDa) was significantly (p < 0.01) enhanced on nanophase alumina and HA (24- and 67-nm grain size, respectively), albumin (66 kDa) and fibronectin (440 kDa) adsorption was similar on these nanophase and their respective conventional ceramics (167- and 179-nm grain size, respectively); in contrast, adsorption of laminin (900 kDa) was lower (p < 0.01) on nanophase than on the respective conventional alumina and HA [6]. Preferential adsorption of vitronectin (65-78 kDa), but not of albumin (66 kDa), immunoglobulin G (heavy and light chain, 110 and 52 kDa, respectively),  $\alpha_1$ -antitrypsin (50 kDa), inter- $\alpha$ -trypsin inhibitor family heavy chain-related protein (120 kDa), and immunoglobulin G (162 kDa), was observed on nanophase versus conventional (grain sizes 24 and 167 nm, respectively) alumina in a 37°C, pH 7.4, humidified, 5% CO<sub>3</sub>/95% air environment for 4 h [7].

In summary, these in vitro studies provided evidence that the nanophase features (and not the chemistry) of the ceramic substrates tested modulated the observed interaction of biomolecules; most importantly, planar nanophase ceramics promoted adsorption of select proteins (but not of a specific molecular weight). Although various hypotheses (including selective deposition of proteins at surface discontinuities [8] and conformational changes of the adsorbed protein molecules [7]) have been proposed, the underlying mechanisms of protein interactions with nanophase materials remain unknown.

#### Surface Properties of Nanophase Materials

In addition to the properties of adsorbing proteins, the properties of the planar surface modulate and control biomolecule interactions at the tissue/implant interface.

A number of other material surface properties, some of which are similar to those of conventional substrates but others are unique to nanophase materials, may affect protein adsorption: (1) chemistry [9]; (2) increased surface area [9]; (3) wettability [9]; (4) more grain boundary area [10]; (5) higher proportion of edge sites [10]; (6) altered topography (roughness) [9]; and (7) modified charge [11].

To date, the number of studies that addressed the aforementioned aspects of nanomaterials has been small; in addition, the scope of such studies largely has been limited to phenomenological investigations of cell interactions but not the details of the underlying mechanisms of the observed events. Correlation with surface roughness (which was proposed by several researchers as the material property responsible for subsequent interactions and activity/functions of components of the biological milieu) is not the fundamental aspect that dictates protein interactions with nanophase materials. Undoubtedly, further research is needed to investigate, for example, energetics at the grain boundaries [12], determine the kinetics of protein adsorption and strength of protein binding on nanomaterials, establish the priority of importance of pertinent physicochemical aspects (such as hydrophobic, electrostatic, van der Waals, and other surface energy forces) in these events, as well as elucidate the mechanisms that govern protein interactions on nanophase biomaterials. These endeavors need coordinated theoretical and experimental studies whose results will establish the credentials of this promising field of biomaterials.

#### **Protein Conformation**

Adsorption of proteins on conventional solid substrates is accompanied by changes in the structure of these biomolecules. Unfolding to accommodate further bonding with the substrate surface leads to conformational changes, which may promote either enhanced or attenuated bioactivity (including protein denaturation). Undoubtedly, this aspect of protein interaction with solid material surfaces is instrumental in subsequent responses of surrounding cells and tissues with implant biomaterials and devices.

The earliest study to explore the role of protein conformation on planar nanophase biomaterials focused on vitronectin. In a competitive environment, this protein, which is known for its specific mediation of cell adhesion on solids, adsorbed in the highest concentration on nanophase (23-nm grain size) alumina [7]. Vitronectin adsorption on the nanophase alumina tested was correlated to calcium-mediated mechanisms. Surface-enhanced Raman scattering revealed a different unfolding pattern, which enhanced the bioactivity of vitronectin, on the nanophase substrate. The underlying mechanism of this result involved exposure of cell-adhesive sequences, primarily, arginine-glycine-aspartic acid (RGD), in the protein [7].

The aforementioned results provided the first, but admittedly very interesting, insight into the mechanisms underlying the interactions of proteins (and subsequently of cells) on nanophase substrates that are pertinent to biomedical implant applications. Additional theoretical and experimental studies are needed, however, in order to definitively determine and, thus, establish the mechanisms of protein interactions with nanophase biomaterials.

#### Protein Interactions with Nanoparticles and Carbon Nanotubes

The interactions of proteins and biomolecules with nanophase substrates have been the focus of recent nanobiotechnological developments aimed at applications in medical imaging, biosensors, and drug delivery [4, 5]. Although these developments are not directly related to biomaterials designed, fabricated, and used in implantable devices, they represent important basic science studies that may provide insights, and thus contribute, to current understanding of fundamental aspects of planar nanophase materials with grain sizes and/or features of similar dimensions.

Pertinent in vitro studies used special formulations of nanophase materials (such as nanoparticles and carbon nanotubes) in suspension and addressed the role of specific dimensions, geometries, and material surface properties on modulating and controlling the structure, stability, and bioactivity of interacting proteins. These studies provided evidence that the curvature of nanosurfaces affects the adsorbed protein structure, stability, and activity. Specifically, high surface curvature of small (4 nm in diameter) silica nanoparticles promoted retention of the native structure and function of adsorbed enzymes, specifically chicken egg lysozyme (14.6 kDa) [13] and human carbonic anhydrase [14]. In contrast, adsorption of

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these enzymes on larger (100 nm) diameter particles affected the secondary structure and correlated with greater loss in the  $\alpha$ -helix content of the biomolecule [13, 14]. Similar results regarding retention of the secondary structure and activity were obtained when these enzymes were adsorbed onto single-walled carbon nanotubes [15].

Furthermore, the type and structure of the adsorbing protein are affected by the chemistry and curvature of the substrate nanoparticles. In this respect, bovine serum albumin retained its native structure but bovine serum fibrinogen denatured to a greater extent on similar small (radii less than 30 nm) silica spheres; both proteins tested were more denatured on hydrophobic than on hydrophilic surfaces [16]. Control of chymotrypsin structure and function was achieved by judiciously tailoring the surface chemistry of cadmium selenide nanoparticles and ranged from no binding, to inhibition with denaturation, to inhibition with retention of structure [17]. Surface-functionalized gold nanoparticles were designed and used to selectively bind either cytochrome c or cytochrome c peroxidase but to inhibit cytochrome c peroxidase activity and thus disrupt protein–protein interactions [18]. Enhanced protein stability in harsh environments (i.e., high temperature) was also achieved when the biomolecules were adsorbed on single-walled carbon nanotubes [19]; this is a desirable property for achieving not only interaction of specific proteins with nanomaterials but also maintaining stability and selectivity of function and bioactivity.

In summary, the aforementioned studies regarding protein interactions with nanoparticles and carbon nanotubes in suspension provide a roadmap for similar studies that need to be conducted in order to establish the fundamental scientific principles of protein interactions with nanophase implant materials.

In the case of planar materials, one study addressed the extent of surface coverage by nanoparticles and of the nanoparticle diameters on the amount, type, distribution, conformation, and bioactivity (related to subsequent adhesion of mammalian cells) of adsorbed proteins. For this purpose, native oxide-coated silicon surfaces were decorated with silica nanoparticles of either 4-, 20-, or 100-nm diameter and up to 100% surface coverage by the respective particles [20]. Adsorption of vitronectin and fibronectin increased with increased particle diameter on surfaces with 80% coverage by particles. In these cases, the secondary structure of fibronectin was similar on the 4- and 20-nm-diameter particles but exhibited decreased  $\beta$  sheet content and increased unordered structure on the 100-nm-diameter particles. The structure of vitronectin exhibited similar extent of structure loss on all particle sizes tested. These aspects of the adsorbed adhesive proteins were correlated to the patterns of osteoblast and fibroblast adhesion (in serum-free media) on these specially decorated surfaces preadsorbed with either vitronectin or fibronectin. Osteoblast adhesion on the 4- and 20-nm, but not on the 100-nm, diameter particles was enhanced when fibronectin, but not when vitronectin, was the preadsorbed protein [20]. In summary, this study brought attention to the importance of controlling the substrate material properties (such as nanoscale feature size and uniformity as well as distribution on, and surface coverage of, planar substrates) to promote protein interactions that induce subsequent cell functions.

#### 17.3. Cell Interactions with Nanophase Materials

The advent of methods to reproducibly fabricate nanostructured materials has provided substrates with nanometer topography similar to that of native, physiological tissues. The unexplored potential of these novel materials formulations to control, direct, and/or modulate the type and extent of molecular and cellular interactions at the tissue/implant interface has motivated research endeavors that sought to examine biological responses to nanophase materials as an index of their cytocompatibility, capability of integration in surrounding tissues, and promotion of tissue regeneration around implants.

#### 17.3.1. Adhesion of Bone Cells on Nanophase Materials

The biocompatibility of conventional ceramic materials and their strong bonding to bone following implantation in the body is well established [21–25]. This outcome is the result of the excellent cytocompatibility of these biomaterials: osteoblasts (the bone-forming cells) adhere to and function exceptionally well on conventional ceramics [9].

The first in vitro study to explore bone cell adhesion on nanophase and conventional ceramics investigated rat calvarial osteoblasts cultured in Dulbecco's modified Eagle medium (DMEM) supplemented with 10% FBS in a 37°C, humidified, 5% CO,/95% air environment for durations ranging from 0.5 to 4 h. It revealed significantly (p < 0.05) greater osteoblast adhesion on nanophase alumina (49- and 23-nm grain size) and titania (97- and 32-nm grain size) than on their respective conventional counterparts (177-nm and 2,120-nm grain sizes for alumina and titania, respectively) for all time intervals tested [9]. Osteoblast adhesion on alumina for 4 h increased significantly (p < 0.05) as the grain size of the substrate decreased (from 49 to 23 nm for alumina and from 32 to 20 nm for titania); maximal (p < 0.01) adhesion was observed on the 20-nm grain size alumina [9]. Compared with results obtained on conventional (177-nm grain size) HA, osteoblast adhesion (under the aforementioned experimental conditions) was significantly (p < 0.01) increased on the nanophase (67-nm grain size) HA substrates [6]. These results provided evidence that nanophase characteristics (specifically the grain size), but not the chemistry, of the ceramic substrates tested were the key parameters in the observed adhesion of osteoblasts. Moreover, a threshold grain size (between 49 and 67 nm for alumina and between 32 and 56 nm for titania) was associated with the observed preferential adhesion of osteoblasts on the nanophase substrates tested [9]. The trend of increased osteoblast adhesion with decreasing ceramic grain size established a criterion that can be used to design and fabricate biomaterials with predetermined enhanced cytocompatibility for orthopedic/dental applications.

The aforementioned and continuation studies revealed a unique characteristic of nanophase ceramics that is unrepresented in their conventional counterparts: selectivity. In contrast to the enhanced adhesion of rat calvarial osteoblasts on nanophase alumina (45- and 24-nm grain size), titania (39-nm grain size), and HA (67-nm grain size), adhesion of rat skin fibroblasts (ubiquitous mammalian cells primarily associated with soft tissues) decreased with decreasing grain size on all substrates tested. Furthermore, while bovine arterial endothelial cell (cells on the innermost layer of blood vessel networks present in vascularized tissues) adhesion decreased with decreasing grain size on alumina and titania, it was unaffected on HA [6]. It should be noted that, compared with results obtained with osteoblasts, adhesion of fibroblasts was lower on all alumina and titania and on nanophase HA, while adhesion of endothelial cells was far less on all ceramic substrates tested. Maximal adhesion of fibroblasts was observed on the conventional (179-nm grain size) HA [6].

Similar trends of enhanced and selective adhesion of rat calvarial osteoblasts were observed on composites of nanophase ceramics (alumina, titania, and HA) with polymers, specifically poly(L-lactic acid) (PLA) and poly(methyl methacrylate) (PMMA) [26]. In this study, osteoblast adhesion to the 50/50 (weight percent) nanophase alumina/PLA substrates (which exhibited significantly [p < 0.05] greater bending moduli than either the brittle ceramic alone or the composites with similar loading of conventional alumina) was similar

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to that observed on the 100% nanophase ceramic substrate; in contrast, rat skin fibroblast adhesion to the nanophase composites was either comparable to, or lower than, that observed on the PLA and PMMA composites with all conventional ceramics tested. Similar trends of cell adhesion were observed on composites of the other ceramics and polymers tested in that study [26]. The important contribution of this study was the evidence that, on composites containing above 50/50 (weight percent) loading, the nanoceramic content mediated select and enhanced adhesion of the bone-forming cells that was similar to that observed on the respective 100% ceramics. Maintenance of the select and specific protein and cell interactions obtained on 100% nanoceramics combined with improvement of mechanical properties of the composites constitute attractive characteristics of these novel material formulations [26]. Further studies are needed, however, to optimize pertinent material and mechanical parameters of nanomaterials and their composites with polymers.

In addition to contributions in aspects of cellular biology, the cell adhesion findings on nanophase biomaterials are important in that they identified a novel approach to obtain proactive, implant biomaterials, that is, materials designed and formulated to promote select, specific, and timely responses for surrounding cells and tissues in the complex and competitive physiological milieu. Because adhesion is the first and, for this reason, the most crucial function for the survival (and a prerequisite for subsequent functions) of anchorage-dependent cells, which are the constituents of connective tissue, this aspect remains the greatest promise and potential of nanophase biomaterials used as implants in humans and animals. It should be stated, however, that the long-term in vivo success of implant materials and devices requires other cell functions pertinent to new tissue formation that follow the extremely important, but relatively short-term, cell adhesion process; these aspects are discussed in Sects. 17.3.3 and 17.3.4 of this chapter.

#### 17.3.2. Mechanism of Cell Adhesion on Nanophase Materials

A major clue regarding the mechanism underlying the aforementioned enhanced, but selective, adhesion of osteoblasts on nanophase ceramics (Sect. 17.3.1) was provided by the results of in vitro cell adhesion experiments *in the absence of FBS* in a 37°C, humidified, 5%  $CO_2/95\%$  air environment for 4 h [6]. Without serum, cell adhesion was minimal and independent of the type of cell (namely, rat calvarial osteoblasts, rat skin fibroblasts, and bovine arterial endothelial cells), substrate chemistry (i.e., alumina, titania, and HA), and the substrate material phase (i.e., conventional and nanophase) tested [6]. These results were in stark contrast to those obtained under similar experimental conditions but in the presence of 10% FBS as described in Sect. 17.3.1.

Serum, a standard supplement in cell culture media, contains proteins whose identity and concentrations are usually not disclosed by the commercial vendors of these supplements. Some vendors market certified varieties of sera that have been biochemically analyzed, but even then, only select biomolecules have been measured; generally such analyses do not include the important adhesive proteins. Since serum is necessary for the survival and function of cultured cells, its use (at 5–15 vol%) has become standard practice. In the case of cell adhesion (and because proteins mediate and modulate adhesion of anchorage-dependent cells on substrates), the contents of the serum supplement play a crucial role in the results obtained on nanophase materials.

Further investigation provided evidence that, compared with results obtained on conventional (167- and 179-nm grain size) substrates, the respective nanophase alumina (24-nm grain size) and HA (67-nm grain size) adsorbed significantly (p < 0.01) higher amounts from
the protein "cocktail" contained in 10% FBS [6]. Individual proteins (5  $\mu$ g protein in PBS) exhibited different adsorption trends: albumin and fibronectin adsorption was similar on all substrates tested, while laminin adsorbed preferentially on conventional substrates and was maximal on conventional alumina. In contrast, greater amounts of denatured collagen and vitronectin adsorbed on nanophase alumina and HA. Unequivocal evidence that these proteins mediated the observed cell adhesion was provided by further examination of osteoblast adhesion (in DMEM *without serum* in a 37°C, humidified, 5% CO<sub>2</sub>/95% air environment for 4 h) on nanophase (24-nm grain size) alumina on which various individual proteins had been preadsorbed; in this case, enhanced osteoblast adhesion was observed on substrates pretreated with 0.5 or 5  $\mu$ g/mL of either vitronectin or fibronectin [6].

In addition to establishing the role of proteins in osteoblast adhesion on nanophase ceramics, these results identified the proteins that are the major mediators in this cell function, and provided an explanation for the observed enhanced and selective adhesion of osteoblasts on these substrates. Vitronectin and collagen, which adsorbed preferentially and mostly on the nanophase substrates tested, are known mediators of osteoblast adhesion [27–30].

In addition to the type and concentration of specific proteins, the underlying mechanism in the process of cell adhesion involves appropriate conformation of the mediating biomolecules. In this respect, adsorption of vitronectin on nanophase (24-nm grain size) alumina induced increased calcium-mediated unfolding of these molecules to expose celladhesive epitopes, such as RGD sequences, which are the ligands of receptors on cell membranes of osteoblasts and other cells [7].

These in vitro studies were the first to elucidate key aspects of the underlying mechanisms of adhesion, a most important requirement for anchorage-dependent cell survival and a prerequisite for subsequent cell functions on nanophase materials.

#### 17.3.3. Other Functions of Bone Cells on Nanophase Materials

In addition to adhesion (a short-term cell function on the order of 2 to 4 h), other longterm (i.e., on the order of days to weeks) cell functions pertinent to the formation of tissue were investigated. Compared with results obtained on the respective conventional formulations, rat calvarial osteoblast proliferation was significantly (p < 0.01) increased on nanophase alumina (24-nm grain size), titania (39-nm grain size), and HA (67-nm grain size) after both 3 and 5 days of culture [31]. Alkaline phosphatase activity, which is considered a marker for the osteoblastic phenotype, was significantly (p < 0.01) enhanced on the nanophase substrates tested at 21 and 28 days. During these longer time intervals, accumulation of calcium, an index for the inorganic, mineral phase of bone, also increased for osteoblasts cultured on all nanophase substrates tested [31]. Since calcium accumulates on and in collagen, an index of the organic phase of bone, in the extracellular matrix produced by osteoblasts, this result is indirect evidence of enhanced collagen deposition by the cells cultured on the nanophase ceramics.

These in vitro studies provided evidence that, compared with their conventional counterparts, nanophase ceramics promote interactions and support functions of osteoblasts that are pertinent to new bone tissue formation.

#### 17.3.4. Adhesion and Function of Other Cells on Nanophase Materials

The seminal in vitro studies discussed in Sects. 17.3.1–17.3.3 were followed by numerous, but similar, investigations of chondrocyte [32], endothelial cell [33], fibroblast [34], neural cell [35], and human mesenchymal stem cell [36] interactions (primarily adhesion

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and proliferation) with various nanophase substrates, including ceramics [37], metals [38], polymers [34], carbon nanofibers [39], and composites [32].

Unquestionably, the later studies expanded the repertoire of cell type and material substrate tested. Taken collectively, these in vitro studies confirmed the conclusions of the pioneering investigations; specifically, the importance of the nanoscale grain/feature size in the observed cell interactions pertinent to new tissue formation. These reports, however, did not provide further insights into the underlying mechanism(s). It is possible that either the same type of adhesive proteins adsorb on various nanophase materials or that the induced conformational changes of the protein molecules reveal binding sites recognized by many types of cells. This explanation is supported by the fact that not only do biomolecules have many, and different, bioactive domains, but that such ligands are recognized by various receptors on the membranes on many types of cells.

The similarity in adhesion trends reported for cells from various species, anatomical locations, tissues, and types requires careful review and appropriate resolution. The cases of results that at first glance appeared contradictory were settled when the identity and role of the mediating adhesive proteins were taken into consideration [40]. A most important aspect of the performance of nanophase materials was specificity, for example, enhanced adhesion of osteoblasts but decreased adhesion of fibroblasts with decreasing grain size of the materials substrate [6]. Loss of such discriminating capability among cells of the same tissue eliminates one of the most attractive and promising aspects of nanophase biomaterials for orthopedic/dental applications. In contrast, the report that adhesion of *Staphylococcus epidermidis* bacteria on nanophase zinc oxide and titania substrates is attenuated [41] implies potential control, if not prevention, of infection at implants sites and represents another very attractive aspect of these biomaterial formulations for clinical applications.

#### 17.4. Concluding Remarks

Nanotechnology has provided novel material formulations whose surfaces promote select and specific interactions with biomolecules as well as functions of mammalian cells pertinent to new tissue formation. Although significant advances have been made in elucidating some aspects of these processes, the field is at an early stage of development; many questions regarding fundamental processes controlling protein and cell interactions with nanophase biomaterials remain unanswered, and their resolution is needed before the full potential and promise of these novel biomaterial formulations can be realized. These include, for example, unambiguous identification of the material surface properties that control and drive adsorption of protein molecule assemblies over time scales from seconds through hours and days, and determination of the details of underlying biological/molecular mechanisms responsible for cell responses, including receptor-ligand interactions and subsequent signal transduction pathways within the cells. Theoretical analyses and development of pertinent models that correlate to, expand, and predict the bio-related but (so far) exclusively experimental studies using nanophase material are needed to establish and extend this novel field of biomaterials. Last, but not least, the in vivo performance of nanophase materials must be determined. It remains unknown whether the interesting findings from the in vitro cell culture models discussed in this chapter will be manifested at the tissue level in the complex physiological milieu in vivo; moreover, the biocompatibility of nanophase materials, specifically addressing potential adverse effects (e.g., "nanotoxicity"), needs to be established.

Undoubtedly, nanophase materials have the potential to make seminal contributions to current and future developments of biomaterials, which could revolutionize medical diagnostics and therapeutic methodologies as well as have enormous impact on medical implant devices and tissue-engineering applications.

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## 18

## Inflammatory Response to Implanted Nanostructured Materials

#### Kristy M. Ainslie, Rahul G. Thakar, Daniel A. Bernards, and Tejal A. Desai

Nanostructured materials are implanted for dynamic application in therapies such as drug delivery, tissue engineering, biosensing, and imaging. The interaction between nanostructured materials and the tissues of the body can be used to alter cellular attachment and motility, detect analytes in vivo, and simulate tissue organization. These interactions may also lead to a variety of adverse immune responses, such as acute inflammation and fibrous encapsulation. Nanostructured surfaces have been shown to attenuate the acute inflammatory response of immune cells to a material, as well as change the normal encapsulation response that generally results in implants being quarantined by a wall of cells. Additionally, many of these novel materials improve the time course of wound healing in vivo. In general, nanostructured materials are equally or less immunogenic than a planar surface of the same material. However, much like the basis of material biocompatibility, further studies need to be completed on a per material basis to properly evaluate the inflammation potential of novel nanomaterials.

#### Abbreviations

CX3CL1	chemokine ligand 1
CXCL2	chemokine ligand 2
CXCL3	chemokine ligand 3
CXCL10	chemokine ligand 10
EBL	electron beam lithography
ECM	extracellular matrix
GM-CSF	granulocyte-macrophage colony-stimulating factor
IL-6	interleukin six
IL-8	interleukin eight
MIP-1a	macrophage inflammatory protein 1 alpha
MIP-1β	macrophage inflammatory protein 1 beta

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MCP-1	monocyte chemotactic protein-1
MSC	marrow stromal cells
PCL	poly(caprolactone)
PDMS	poly(dimethylsiloxane)
PHBV	poly(3-hydroxybutyrate-co-3-valerate)
PLGA	poly(lactide-co-glycolide)
PMMA	poly(methylmethacrylate)
PTFE	poly(tetrafluoroethylene)
RANTES	regulated upon activation, normal T-cell expressed and secreted
ROS	reactive oxygen species
TNF-α	tumor necrosis factor alpha
TGF-β	transforming growth factor-beta

#### 18.1. Introduction

Cells exist in a universe unseen by the unaided eye. This universe operates on the microscale with critical events affecting cellular behavior transpiring at the nanoscale. Because of the cellular world's dependency on nanoscale events, application of nanotechnology to the biomedical arena has tremendous potential for development of new therapeutic modalities. Besides cell signaling through chemical cytokines, signal transduction is also mediated by cellular interactions with the extracellular matrix (ECM). The ECM is the defining feature of connective tissue in animals and is composed of polysaccharides and proteins, such as collagen, laminin, and fibronectin [1]. The elements of the ECM are nanometer in scale, further highlighting the importance of nanotechnology and cellular interaction.

The impact of nanostructured materials can be observed in the orthopedic, neural, urinary and cardiovascular systems. Adhesion of bone and bone precursor cells on orthopedic implants is of importance. More than 30,000 orthopedic implant surgeries are revised each year [2]; these repeated operations could be reduced with increased implant fixation and cellular adherence. Bone and cartilage precursor cells exhibited increased adhesion on nanomaterials [3]. Marrow stromal cells (MSC) cultured on nanoporous alumina membranes displayed increased adhesion, as well as increased ECM formation [3]. When MSCs were cultured on nanostructured titanium nanotubes, a similar phenomenon was observed. Osteoblasts cultured on silica nanowires also displayed improved proliferation, adhesion, and matrix formation [4]. Additionally, chondrocytes cultured on nanoporous poly(lactideco-glycolide) (PLGA) scaffolds displayed enhanced cellular function [5]. Besides orthopedic implants, nanostructured materials have shown importance in neuronal cell growth. Axon guidance formation is significant in the tissue engineering of nerve cells. PC12 (rat neural cells) displayed similar cellular adhesion and proliferation on nanostructured alumina membranes as on flat tissue culture polystyrene, displaying the ability of these sensitive cells to be maintained on such material surfaces. Aligned, patterned nanofibrous scaffolds provide both physical and biochemical cues to induce, enhance, and guide neurite outgrowth and skin cell migration [6]; in addition, these materials are capable of guiding morphogenesis of tissues with anisotropic structure, such as cardiac muscle, blood vessel, tendon, and ligament [7]. The high incidence of bladder cancer and urinary incontinence results in the need for tissue engineered bladders. On PLGA and poly(urethane) nano-roughened surfaces, bladder smooth muscle cell adhesion increased [8]. Cellular alignment is of high importance in the tightlyorganized vascular wall. Vascular endothelial cells aligned on nanostructured titanium surfaces [9].

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The aforementioned examples illustrate that cells respond to the contact guidance cues presented by nanostructured materials.

As nanostructured devices are increasingly designed and proposed for in vivo applications, the inflammatory response of these materials must be evaluated in conjunction with the classical definition of biocompatibility: the ability of a device to perform a specific application given an appropriate host response [10, 11]. Oftentimes the biocompatibility of a synthetic material is determined without an inflammatory response. Measurement of non-immune cell viability, proliferation, and/or morphology misrepresents the entire picture of biocompatibility because the inflammatory response to the target material is completely neglected. To date, a limited number of studies report the inflammatory response to nanostructured materials. Understanding the construction of nanostructured materials, as well as the inflammatory response, will aid in applications of nanotechnology to the biomedical arena.

#### 18.2. Fabrication Techniques

A variety of techniques exist to fabricate material surfaces with nanostructures. Nanostructured materials are developed through several fabrication techniques that allow for elements such as fibers, pores, and through-channels, which are on the size scale of elements of the ECM. Because of the unique properties of nanostructured surfaces, the techniques used to form non-particle nanostructures will first be reviewed.

#### 18.2.1. Nanofibers

Polymer fibers can be produced that are less than 100 nm in diameter, through techniques like electrospinning and jet-blowing. Electrospinning is accomplished by applying a potential between a metallic needle and a conducting collection plate and can be tailored to produce from micro- to nano-scale fiber diameters depending on the collection plate. Using electrospun collagen nanofibers is an efficient and inexpensive approach, which has been successfully applied to tissue engineering [12]. Electrospinning for tissue engineering, however, is not limited to collagen nanofibers. Biocompatible polymers with therapeutic potential for implant applications, such as poly(L-lactide) or PLGA, can also form nanofibers via electrospinning [13]. High molecular weight polymers, such as poytetrafluoroethylene (PTFE), can be jet-blown into fibers at high pressures with inert gases such as argon and nitrogen (Figure 18.1a) [14]. In general, nanofibers mimic ECM fibrils in scale and provide structure to guide tissue morphogenesis and remodeling.

#### 18.2.2. Electrochemical Methods

Electrochemistry, the injection or removal of electronic charge to induce chemical reactions, is a popular approach to achieve structured surfaces in inorganic materials. Through relatively simple methods, it is possible to create surfaces with a variety of micro- and nano-structures, such as titanium nanotubes [15] (Figure 18.1b), nanoporous silicon [16] and metal alloy nanowires [17–20]. The majority of these structures result from an interplay between growth and etch rates at the reactive surface, which depend on the composition of the reaction bath and applied electrochemical currents. Electrochemistry underlies several fabrication techniques, including electropolishing, anodization, and electrodeposition.



**Figure 18.1.** (a) Nanofibrous poly(tetrafluoroethylene) jet-blown onto a glass coverslip [14], (b) titanium nanotubes fabricated through electrochemical anodization [68], (c) silicon nanoporous membrane developed through micromachining methods including photolithography and chemical etching [81], (d) polycaprolactone (PCL) nanowires produced by micromolding of hot PCL into an aluminum membrane [21].

In the process of anodization the native oxide of a material is increased by electrochemical deposition; this approach can be used to generate structured surfaces. The surface of interest is typically attached to an electrode and placed in an acid solution with a counter electrode. The formulation of the reaction solution influences the rate of oxidation and specific dissolution of the oxide layer, as well as the type of structures formed. This process can be used to make nanoporous alumina with 10–150 nm diameter pores [16] and titanium nanotubes with diameters on the order of 60 nm [15]. The depth of these nano-features varies, but the typical range is 10–100 microns. These micro- and nano-structured materials can then be used as molds for a method like electrodepostion.

Electrodeposition occurs when a galvanic cell is used in reverse, with the plated surface as the cathode and the metal to be plated as the anode. With a potential applied between the two electrodes, metal ions from solution are reduced and deposited on the target surface. For example, this procedure can be used to create nanowires when an aluminum nanoporous membrane is used as the active substrate. Metal ions from solution are deposited within the membrane and fill the pores when given sufficient growth time. When the anodized membrane is filled, it can be subsequently etched, resulting in metal nanowires [18, 20]. Electrochemically processed micro- and nano-structured surfaces have been used as templates for further microstructures, such as nanowires [18, 20, 21].

#### 18.2.3. Lithographic Techniques

Lithographic techniques for patterning at the micro- and nano-scale have predominantly been developed by the semiconductor processing field and have become increasingly popular

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for use in the biological sciences. Photolithography, the predominant micropatterning technique used industrially, is easily adapted for patterning features comparable to cell size. In this process, a photoactive polymer is selectively exposed to light through a mask, leaving a pattern in the polymer that can be developed and used in further processing. Projection photolithography is the current standard for high resolution lithography and can be used to obtain features down to 50 nm in high quality systems (Figure 18.1c). Unfortunately, due to the equipment and mask fabrication costs, nanoscale patterning is limited to high throughput manufacturing and is not conducive to the study of biological systems.

In addition to photolithography, electron beam lithography (EBL) has been used to obtain high resolution patterning. EBL scans a highly focused electron beam across an electron sensitive polymer (typically poly(methylmethacrylate) (PMMA)) to define patterns. Research-level EBL systems reproducibly resolve features of 20 nm; however, this technique requires serial exposure of patterns and operation under high vacuum, leading to low throughput. In general, nanoscale lithography is typically not used in biological applications because of its complexity and expense, as well as the wide range of ordered nanostructured materials available using other processing techniques [22–27].

More recently the use of nanoscale colloids was demonstrated as another technique to obtain nanoscale features. This approach uses the ability of colloids to form ordered patterns, which can then be etched to define highly ordered nanoscale patterns. Instead of using a photopatterned polymer, films of self-assembled colloids are used as an etch mask. This approach achieved features down to 20 nm but is limited to self-assembled structures of colloids on surfaces [28].

#### 18.2.4. Molding and Embossing

Similar to how electrochemical deposition is used to fill nanoscale templates, molds can be used to transfer patterns to materials that are otherwise difficult to structure at the desired size scale. For example, beeswax micromolding has been carried out since the time of the Egyptians [29]. Inplace of natural polymers, synthetic polymers, such as poly(dimethylsiloxane) (PDMS), are used to transfer patterns from a master mold. The initial master substrate can be fabricated using a variety of methods, including electrochemical fabrication and lithography. Roughing the master is sometimes required to promote adhesion of the mold polymer when planar features are less than 20 nm [29]. A master pattern can be replicated through techniques like injection molding, hot embossing, and melt or solution casting. Plastics casting is commonly used for microfabricated implants. By casting a bio-friendly polymer, like PDMS, patterns can be subsequently transferred to a secondary polymer, such as biodegradable PLGA or poly(caprolactone) (PCL). For PDMS, feature sizes on the order of several hundred nanometers have been reported [30]. Micro- and nano-structured thin films of PDMS, PLGA, and PCL have been used for tissue engineering applications in a variety of tissues [31–34].

Molding can also be accomplished with electrochemically fabricated surfaces. Tao et al. [21] used commercially available aluminum oxide membranes to mold PCL nanowires (Figure 18.1d). PCL was melt-processed to fill alumina membranes, which were then removed by etching with sodium hydroxide. By varying the contact time (up to 60 min at 130°C) of the molten polymer with the alumina membrane, nanowire lengths of 2.5–27.0 microns were fabricated. Nanowire diameter did not vary with contact time but did vary with temperature, from 168 nm at 65°C to 196 nm at 130°C. The nanowires did degrade over a period of 7 weeks, as measured by scanning electron microscopy and release of a fluorescent molecule [21].

The techniques briefly reviewed in this section can be used to develop a variety of nanostructured devices for applications in the biomedical sciences. The interaction of these devices with cells and tissues allow for dynamic treatments or measurements for therapeutic applications. To properly function in vivo, a device fundamentally needs to fulfill its design parameters but must also avoid a significant immune response. The immune response to several nanostructured materials is presented in Sect. 1–3.

#### 18.3. Immune Response to Implanted Nanostructured Materials

Nanostructured materials are used in vivo for dynamic therapies, such as drug delivery, tissue engineering, biosensing, and imaging. Nanowires and other non-particulate planar nanostructured materials have been proposed to alter cellular attachment and motility [35–38] detect analytes in vivo [39, 40] simulate tissue organization [7, 41–43] and serve as an alternative stent topography [14]. The interaction between nanostructured materials and elements of the body can be beneficial but also lead to a variety of adverse immune responses ranging from bacterial infection to tumorigenesis. A primary concern with increased use of nanomaterials is safety, as it relates to possible toxicity [44–47]. Numerous studies have linked inhaled nanoparticles to airway injury or disease such as coronary disease [44, 48–50]. The reported toxicity of nanoparticles brings into question the immunogenicity of non-particulate nanomaterials. Numerous studies have focused on the inflammation response to nanoparticles and carbon nanotubes, but little attention has focused on the immune response to nanostructured materials, such as nanowires, nanoporous membranes, and nanotubular surfaces. Recently, an increasing number of studies have characterized the inflammatory response of nanostructured materials both in vitro and in vivo. To understand the immune response to nanostructured materials, first the response to flat and nano-particulate materials will be reviewed.

#### 18.3.1. Inflammatory Response to Biomaterials

The innate immune system is considered the primary response to a sterile foreign implanted material. In contrast to the adaptive immune system that responds to pathogen fragments presented on the surface of antigen presenting cells, the innate immune system responds through specific signal (or pattern) recognition [51-53]. The cells of the innate and adaptive immune system function cooperatively: one system can initiate the response to the other [51-53]. For the purposes of this chapter, however, innate functions will be highlighted since cells of that system are fundamental to the body's response to implants.

The immune system response to implanted biomaterials is depicted by the flow chart in Figure 18.2. Phagocytic cells, such as macrophages and neutrophils, comprise the primary response to the innate immune system [10, 54]. Upon implantation, proteins from the existing ECM and blood immediately adhere to the surface of the implant [11]. Inherent tissue damage caused by surgical implantation as well as protein adsorption and conformations at the material surface can lead to further immune response [10, 54, 55]. Tissue damage activates an immune response through release of "danger signals". Danger signals are proteins (released by cells that die through necrosis, viral infection, or stress), which are biochemical alarms that activate the immune system. According to the danger model, apoptotic cells do not release danger signals and do not promote an immune response [56]. Danger signals activate immune cells and promote immune cell chemotaxis (directed cellular migration induced by a cytokine concentration gradient), increased cell numbers at the site of implantation, and



**Figure 18.2.** Schematic of potential immune responses to implanted planar and nanoparticulate materials. A cascade of possible immunological responses are depicted as initiated by material implantation and protein adsorption and are represented in the middle of the flow chart [10, 44, 55]. Most arrows indicate responses that have been well characterized; an incomplete arrow () represents a tentative immune response that is not yet well established.

activation of immune cells. Chemotaxis and activation of immune cells result in the body's inflammation response to implanted biomaterials.

Several cell types have functional roles in the inflammatory response, as listed in Table 18.1. Damage to fibroblasts, endothelial cells, and mast cells results in the release of danger signals initiating an inflammatory response. These signals can cue other cells to migrate to the area of implantation through chemotaxis or activate immune cells to further propagate the signal.

Immune cell chemotaxis primarily involves phagocytic cells. Initially neutrophils migrate to the site of inflammation, and as the short-lived cells die off, they are replaced by monocytes that can differentiate into macrophages or antigen-presenting dendritic cells. Dendritic cells stimulate T-cells by presenting antigens as part of the adaptive immune response. Cytokine signals from neutrophils and macrophages up-regulate adhesion molecules at the endothelial cell surface. These adhesion molecules (I-CAM for phagocytes and selectins for endothelial cell surfaces) facilitate the extravasation of additional phagocytes to the implant site. Once the phagocytes arrive at the implant site, they adhere to the material surface [51, 53]. For objects larger than a few microns, phagocytes are incapable of engulfing them and undergo "frustrated phagocytosis" [10, 54]. Frustrated phagocytosis is the result of the phagocyte inability to engulf a foreign object larger than itself [57]. Because the phagocytes cannot remove the foreign object by engulfment, they attempt to degrade the material surface [58], and the subsequent response leads to formation of a capsule that separates the implant from the tissue surrounding it. In order to form a continuous capsule, phagocytic

Cell: Role	Cytokines	Affected cell: result
Fibroblasts: part of the danger- signal cascade in response to implantation	MCP-1 CXCL10, MIP-1α IL-8	Macrophage: activation Monocyte: chemoattractant Neutrophil: activation and chemoat- tractant
Macrophages: phagocytic cells that form giant cells and release material degrading species	MCP-1, TNF-α IL-6, GM-CSF MIP-1α & β IL-8	Macrophages: activation Macrophages: multi-nucleated cell formation Monocytes: chemoattractant Neutrophils: activation
Mast cells: part of the danger- signal cascade in response to implantation	TNF-α MIP-1α	Macrophages: activation Endothelial cells: upregulation of ICAM Monocytes: chemoattractant
Monocytes: differentiate into either macrophages or dendritic cells upon chemical stimulation	CX3CL1 IL-6 MCP-1, TGF-β CXCL10	Endothelial cells: upregulation of leukocyte adhesion molecules Macrophages: multi-nucleated cell formation Macrophages: activation and IL-1 production Monocytes: activation
Neutrophils: phagocytes, first responders to implanted material and marker of acute inflammation	MIP-1β	Monocytes: chemoattractant
Vascular endothelial cells: part of the danger-signal cascade in response to implantation	CX3CL1 CXCL10, MIP-1β, Eotaxin, RANTES Fractalkine RANTES	Endothelial cells: upregulation of leukocyte adhesion molecules Monocytes: chemoattractant Monocytes: promote chronic inflammation
	IL-8, CXCL1, CXCL2, CXCL3	Neutrophils: activation and chemoattractant

 Table 18.1.
 Role of immune cells in the acute inflammation and encapsulation response to implanted materials [51, 53, 80].

cells fuse into multinucleated giant cells. These cells combine with ECM components and fibroblasts to form a cellular capsule [10, 54]. Within a month after implantation, a cell capsule can encase the implant, with a thickness that ranges from tens to hundreds of microns [59]. Once the implant is successfully surrounded, the capsule generally reaches a quiescent phase [10].

The wound healing response is characterized by three steps: inflammation, proliferation, and remodeling [10]. Inflammation brings monocytes and other phagotcytic cells to the implant site in an attempt to dilute and clear damaged tissues and cells. Once the area is clear of such debris, the body can begin to repair itself through cell proliferation and tissue remodeling. Proliferation of endothelial cells promotes vascularization at the implant site to augment damaged capillaries. For tissue surrounding the implant that cannot be correctly reinstated, fibroblastic tissue can turn into scar tissue. Multinucleated giant cells, formed as a result of frustrated phagocytosis, become surrounded by a fibrous capsule that isolates

the implant [10, 54]. The fibrous capsule contains ECM components such as collagen, proteoglycans, and fibroblasts [54].

The body's inflammatory response to biomaterials has an acute short-term phase and a chronic long-term phase [10, 54]. Initially, acute inflammation is observed when phagocytic cells adhere to the foreign surface and become activated. Neutrophils migrate to the material surface in response to the release of danger signals associated with tissue damage [54]. These short-lived cells then induce trafficking (chemotaxis) of other monocytes to the surface. Monocytes can then differentiate into macrophages or dendritic cells [51, 53, 54]. Activation of macrophages through denatured protein or cytokine-signaling characterizes the acute response of the innate system to an implanted material surface [55]. Histological observations, such as edema and redness of tissue, are seen clinically with acute inflammation. Without excision of the implanted biomaterial, acute inflammation may progress to chronic inflammation [51].

Chronic inflammation takes many forms (Figure 18.2) and has been observed with both non-structured surfaces and nano-particles, such as metal particles [44, 47, 60, 61] and carbon nanotubes [46]. The toxicity of nanoparticles and carbon nanotubes has been linked to activation of phagocytic cells and resulting nanoparticle engulfment. Concentrations of nanoparticles of 1 mg/mL or greater can adversely affect tissues [62, 63]. When exposed to toxic levels of nanoparticles, phagocytic cells produce reactive oxygen species (ROS) that may cause either cell death or tumorigenesis. While nanoparticles can be engulfed by phagocytic cells, planar materials induce frustrated phagocytosis [10, 54]. With frustrated phagocytosis, cells initiate an encapsulation response, by which the implant is walled-off from surrounding tissue. Additionally, activated macrophages release products, such as ROS, in an attempt to degrade the material surface [58]. Macrophages then fuse together to wall off the implant from the surrounding tissue [10, 54, 64]. An encapsulation response rarely results in tumorigenesis [10, 65].

In addition to the encapsulation response, some of the immune responses depicted in Figure 18.2 are less common than acute inflammation but can still occur at the implant surface. A link between nanoparticle feature size and complement (C3b) binding has been reported, indicating the potential importance of C3b in nanostructured implants. Another critical immune response is tumorigensis. This response was observed in cases of chronic nanoparticle inhalation and mammoplasty. With concentrated chronic nanoparticle inhalation, oxidative stress overwhelms the cells the nanoparticles are in contact with; the resulting DNA damage can lead to tumorgenic cell formation, similar to clinical examples following asbestos exposure and mesothelioma formation [10].

### 18.3.2. Acute Inflammation and Encapsulation in Response to Nanostructured Biomaterials

A nanostructured device is defined as a planar-based material with at least one feature less than 100 nm in dimension. Materials such as nanowires, nanoporous metal oxides, nanotubular surfaces, and some microfabricated surfaces are all nanostructured surfaces. Nanoparticles fail to satisfy this definition since they lack a planar base and are purely spherical in nature. Additionally, the biocompatibility of nanoparticles has been thoroughly reviewed [44, 46, 47, 60, 61].

#### In Vitro Studies

The inflammatory response studied in vitro typically investigates the interaction of a single cell type (Table 18.1) with the nanostructured surface. Analysis of various inflammatory, connective tissue, and vascular cell responses, such as release of cytokines, morphology,

and proliferation, may be indicative of an inflammatory response the material surface might generate in vivo. There is considerable evidence both in vitro and in vivo (presented in Tables18.2 and 18.3) that nanostructures can alter the inflammatory response compared to

Material	Dimensions	Conclusion	Reference
Short PCL	196 nm diameter,	The short nanowire PCL surface induced	[68]
nanowires	2.6 µm length	decreased cytokine expression compared to conventional PCL, but the overall inflam- mation response was not significantly less	
Long PCL nanowires	196 nm diameter, 27 μm length	The long PCL nanowire surface was signifi- cantly less inflammatory than the conven- tional PCL	
Titania nanotubes	79 nm diameter, 0.4 μm length	The nanotubular surface was significantly less inflammatory than the conventional titanium surface	
Short silicon oxide nanowires	40 nm diameter, 6–8 μm length	The short silicon oxide nanowires were signifi- cantly less inflammatory than the conven- tional glass surface	
Long silicon oxide nanowires	40 nm diameter, 30–40 μm length	The long silicon oxide nanowires induced a similar inflammatory response as the conventional glass surface.	
Nanoporous silicon	2–50 nm diameter pores	The nanoporous silicon surface induced a similar inflammatory response as the conventional silicon surface.	[66]
Nanochanneled silicon	100 nm channels	The nanochanneled silicon surfaces were equally inflammatory as the conventional silicon surface.	
Nanofibrous PTFE	20–30 nm width, 3–4 mm length	The nanofibrous PTFE surface was not immu- nogenic and might attenuate foreign body giant cell formation.	[14]
Ni-Co-Fe nanowire	75 nm diameter, 10 μm length	Compared to cell responses on conventional surface of the same material, macrophages, fibroblasts and endothelial cells on the nanowire surface, were smaller and less viable. The nanowire surface was more inflammatory.	[74]
Nanopitted PMMA Nanocolumnar	120 nm diameter, 100 nm depth 120 nm diameter,	The chemokines and complement activation involved in inflammation were downregu- lated on the nanostructured surfaces compared	[71]
PMMA PHBV with hydroxyapatite PHBV with cal- cined hydroxya- patite	100 nm high $60 \times 20 \text{ nm}^2$ crystals $80 \times 25 \text{ nm}^2$ crystals	to conventional PMMA. Hydroxyapatite crystals in PHBV induced the lowest expression of pro-inflammatory sign- aling compared to all surfaces tested, including the non-nanostructured PHBV control. PHBV with calcined hydroxyapatite crystals	[70]
PHBV with b-tri- calcium phos- phate	100–400 nm in diameter crystals	<ul><li>induced lower pro-inflammatory signaling than PHBV.</li><li>PHBV with b-tricalcium phosphate crystals induced lower pro-inflammatory signaling than PHBV.</li></ul>	

 Table 18.2. In vitro acute and chronic inflammation response to nanomaterials.

(continued)

Material	Dimensions	Conclusion	Reference
Nanoporous	20–200 nm in	Nanoporous membranes with collagen I	[67]
alumina	diameter	fibrinogen, or blood serum proteins had lim-	[0,]
		Higher initial ROS levels were induced on the new sected 20 pm pero size membrane	
		compared to results obtained on the 200 nm membrane. On the 200 nm membrane, phagocyte activation time was longer ROS started decreasing later.	
3-Hydroxybutyrate- co-3- hydroxyvalerate nanopits	100 nm depth, 120 nm diameter	Nanopits and nanocylinders induced decreased pro-inflammatory cytokine release com- pared to conventional surfaces of the same polymer.	[69]
PCL nanocylinders	160 nm height, 100 nm diameter		
Polystyrene- co-poly(4- bromo-styrene) Nanohills	95 nm in height	No differences were noted in the inflammation response observed on the nanohills and con- ventional controls.	[73]
Silicon nanogroves	2 and 10 μm width, 30–282 nm deep	Macrophages on nanochannels exhibited increased phagocytic activity.	[76]

 Table 18.2.
 (Continued)

**Table 18.3.** In vivo acute and chronic inflammation response to nanomaterials. The in vivo studies reported here were performed by subcutaneous implantation in the murine models.

Material	Dimensions	Conclusion	Reference
Titania nanoparticles in gelatin	20–60 nm diameter	TNF- $\alpha$ and IL-6 serum levels were similar to control at day 7 and 14 post implantation.	[77]
		nanostructured matrix at 12 days post implan- tation was superior to that of the control.	
		Complete healing was observed only in the case of the nanostructured matrix at day 18 post implantation.	
Titania nanotubes	79 nm diameter, 0.4 μm length	Lack of fibrous scar formation after 4 weeks post implantation.	[42]
Nanopits of 3-hydroxybu- tyrate-co-3- hydroxyvalerate	100 nm depth, 120 nm diameter	Nanopits induced increased fibrous capsule for- mation compared to PCL nanocylinders. The capsule, however, was not significantly differ- ent from that formed around the conventional polymer surface.	[69]
PCL nanocylinders	160 nm height, 100 nm diameter	Compared to nanopits, nanocylinders induced increased cellularity of the fibrous capsule and vascular density.	
Nanoporous titania	150 nm	After 7 and 12 days post implantation, the fibroblast layers were significantly fewer on the nanoporous implant surface than on con- ventional titanium.	[78]

conventional material surfaces. Most of the research regarding the inflammatory response to nanostructured materials concludes that structured surfaces are equally [14, 66–68] or less [68–70] inflammatory than a conventional surface of the same material, with one study of toxic nanowires finding increased inflammation [19].

Titania nanotubes significantly reduced the amount of inflammatory cytokines released from human monocytes adhered to the material surface. The nanotube surface was significantly less inflammatory, resulting in an increased rate of apoptosis of adherent monocytes due to lack of activation [68]. In the same study, long (27 microns in length) PCL nanowires and short (6–8  $\mu$ m in length) silica nanowires were significantly less inflammatory than their conventional counterparts. Both nanostructured materials induced significantly down-regulated inflammatory cytokine expression from adherent human monocytes compared to a conventional surface of the same material [68]. In the Ainslie et al. [68] study, short PCL and long silica nanowires were also studied. Interestingly, the length of the nanowires led to different results for the two different materials, silicon oxide and PCL: the short nanowires were least inflammatory in the silicon oxide series (compared to the long nanowires) and vice versa for the PCL substrates. This disparity indicated that the inflammatory response in vitro is independent of the aspect ratio. Compared to nanowires, a reduced inflammatory response was also reported for several nanostructured materials with decreased aspect ratios. While the aforementioned nanowires had an aspect ratios on the order of 100, PMMA [71] and PCL [69] nanocolumns (cylinders) had aspect ratios on the order of 1. The inflammatory response to PMMA and PCL nanocolumns for the nanostructured surface was less than the conventional control. For a surface with nanopits of the same aspect ratio, the inflammatory response was also reduced compared to that in the case of the non-structured control [69, 71]. Furthermore, when low-aspect ratio crystals were embedded in a matrix to form a composite, reduced inflammatory response was observed [70]. Nanosized crystals of three different materials (hydroxyapatite, calcined hydroxyapatite, and tricalcium phosphate) embedded in poly(3-hydroxybutyrate-co-3-valerate) (PHBV) induced reduced inflammatory signaling compared to neat PHBV [70].

The independence of the inflammatory response from the aspect ratio of the nanostructured material would indicate that material properties (e.g., surface energy and surface charge) play a role in the inflammatory response. Indeed, it has been hypothesized that increased hydrophilicity, as a result of increased surface roughness [72], leads to decreased protein adsorption on Ni–Co–Fe nanowires [19]. By altering protein adsorption, subsequent cell adherence is certainly modulated and thus the cell-based inflammatory response is influenced. Additionally, surface charge may play a role. Among nanoparticles, cationic particles are more likely to induce inflammatory reactions than anionic particles and neutral species [61]. However, due to limitations in measuring surface charge of nanostructured materials, no data are available for the charge effects on these nanostructured surfaces.

A smaller subset of nanostructured materials induces an inflammatory response that is similar to that of the respective conventional material. A comparison of nanoporous silicon [66] and alumina [67] to their respective conventional surfaces reported that the activation of immune cells was similar. Similarly, the immune response to nanochanneled silicon was similar to that induced by conventional silicon [66]. The inflammatory response induced by short PCL and long silicon oxide nanowires was similar to that observed on conventional PCL and silicon, respectively [68]. Additionally, nanohills of polystyrene-co-poly(4-bromostyrene) induced a similar inflammatory response compared to a conventional surface of the same co-polymer [73]. Macrophages did not significantly upregulate their inflammatory response when chemically inert and biocompatible PTFE was investigated as a nanofibrous mat [14].

#### Inflammatory Response to Implanted Nanostructured Materials

The results presented so far in this chapter provide evidence that nanostructured materials have the attractive property of being equal or less inflammatory than their respective conventional counterparts.

In contrast to the aforementioned studies that show equivalent or decreased inflammatory response to nanostructured materials at least one study found that nanostructures led to increased inflammation [74]. Nanowires of magnetostrictive and cytotoxic Ni–Co–Fe proved to be more inflammatory than a conventional surface of the same material [74]. Two of the three alloy metals, nickel and colbalt, are considered cytotoxic [75]. In contrast to nanostructures created from relatively inert materials, nanostructures of these toxic elements (Ni and Co), led to an increased inflammatory response.

Evaluation of the phagocytic activity alone is inconclusive for increased macrophage activation, but it can be indicative of an increased inflammatory response. Increased phagocytic activity can be induced by the topography of material surfaces [76]. Inert silicon was used to form nanogrooves that induced an increased phagocytic activity in macrophages. Nanostructures fabricated using typically non-inflammatory materials produce non-inflammatory surfaces; in contrast when toxic elements are used to generate nanostructured materials, the inflammatory response increases. Increased interfacial surface area may result in increased release of toxic ions, such as Co and Ni, which induce elevated activation of inflammatory cells.

#### In Vivo Studies

Of the few in vivo studies performed on the inflammatory and wound healing response to nanomaterial implants, most report the thickness of the fibrotic capsule to indicate degree of immune activation (Table 18.3) [42, 69, 77]. Similar to observations made in the in vitro studies, the in vivo studies reported that nanostructures led to a decreased inflammatory response compared to the respective conventional surfaces. Murine peritoneal implantation of a nanotubular titania surface lacked fibrous scar formation at the implant site [42]. When nanoporous titania was implanted subcutaneously in a murine model, the number of fibroblast layers that was observed around the nanostructured implant (an indication of capsule thickness) was significantly less compared to results obtained on conventional titanium [78]. When nanocylindrical PCL, was implanted subcutaneously in a murine model, increased number of fibroblasts and increased vascular density were observed. PCL nanopits induced increased fibrous capsule formation but the inflammatory response was similar to that observed with conventional PCL. The wound healing response was enhanced with PCL nanocylinders compared to that observed with the inverted nanopit structures [69]. Improved wound healing response in a subcutaneous murine model was also observed when a composite material of titania nanoparticles in gelatin was used. Accelerated wound healing was induced by the nanostructured composite compared to that observed with the a conventional control of the same material [77].

In summary, in vivo studies indicated that not only was the inflammatory response attenuated in the presences of nanostructured materials, but that the wound healing process was accelerated. For applications such as biosensing, drug delivery, and tissue engineering, which require close proximity of the vasculature for analyte sensing, therapeutics delivery, and delivery of nutrients to newly formed tissue, accelerated wound healing and angiogenesis are most beneficial.

Nanostructured surfaces induce an immune response distinct from that of nanoparticles. Champion *et al.* concluded that, when the particle volume is greater than a typical cell (with a characteristic dimension of around 15 microns) macrophages do not engulf such particles [57, 79]. The largest nanostructured dimensions of the materials listed in Tables 18.2 and 18.3 are well under 15 microns, but since cells can not engulf the continuous material, frustrated phagocytosis results. In addition, nanoparticles with a volume larger than the typical cell dimension induce macrophage spreading [57, 79]. In contrast, other studies reported that, instead of macrophage spreading on nanostructured surfaces, these cells reduce in area [14, 66, 68, 74]. Besides phagocytosis of foreign materials and cell spreading, activated macrophages also generate ROS when exposed to concentrated nanoparticles [44]. ROS formation, however, was not significant when monocytes were incubated with nanostructured materials [44].

Ainslie *et al.* reported that monocytes in contact with a variety of nanostructured materials did not produce either ROS or superoxides [66, 68]. Lack of engulfment, cell spreading, and ROS formation indicates that, like conventional biomaterials, nanostructured materials, induce frustrated phagocytosis in vitro. In vivo data (Table 18.3) provides additional evidence that nanostructured materials, like conventional materials, induce frustrated phagocytosis that can result in limited fibrous capsule formation. Both in vitro and in vivo research has indicated that nanostructured materials do not provoke an immune response similar to that induced by nanoparticles, but rather induce a frustrated phagocytosis response similar to that associated with conventional implant biomaterials.

#### 18.4. Concluding Remarks

Nanotechnology is becoming intricately linked with the study of the cell in its microenvironment. Nanomaterials, like nanofibers and self-assembled peptides, are emerging as promising alternatives for three-dimensional in vivo-like microenvironments. Surfaces with nanostructured features, like wires, tubes and pits, provide contact guidance and enable design and fabrication of novel implantable tissue engineered scaffolds. Such technologies pave the way for future discoveries as well as the continually merging of medicine, biology, and engineering.

Nanostructured surfaces both attenuate the acute inflammation response of immune cells to implanted materials, and affect the encapsulation response. Some general conclusions can be ascertained from the studies reported in the literature:

- The inflammatory response around nanostructured materials is primarily an innate system immune response.
- The immune response is independent of the nanostructure aspect ratio.
- Nanostructures induce decreased inflammation, perhaps due to their increased surface energy affecting protein adsorption and, therefore, subsequent cell adhesion.
- Nanomaterials that release toxic molecules interact adversely with surrounding tissue in vivo.
- The time course of wound healing is decreased in the presence of nanostructures.
- Whereas nanoparticles may induce toxicity, nanostructured materials induce "frustrated phagocytosis" responses by macrophages. This response can lead to an altered encapsulation response.

Like other aspects of biocompatibility, further studies are needed on a per-material-basis to properly evaluate the inflammation potential of nanomaterials. In addition to understanding how nanostructured materials interact with the human body, insight into these materials and their interactions with the immune system may aid in developments like novel vaccines and tolerance therapies.

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# 19

### Collagen I-Coated Titanium Surfaces for Bone Implantation

#### Marco Morra, Clara Cassinelli, Giovanna Cascardo, and Daniele Bollati

Biological interactions at the tissue/implant material interface can be modulated by surfacelinked cell-signalling biological molecules. Collagen type I, the main extracellular matrix protein of bone tissue, has been widely investigated in biomolecular surface modification of bonecontacting titanium implant devices. Literature reports on the biological effects of collagenbased coatings are, however, often contradictory. From a biomolecular surface-engineering perspective, a possible explanation is that the definition "collagen-coated surface" encompasses widely different molecular and supramolecular structures: adsorbed collagen, covalently linked collagen, crosslinked collagen, fibrillar versus monomeric collagen, and many other variation of this theme. Relevant details are not always described and proper surface characterization is often lacking. This chapter attempts to build up a rational frame of reference to describe surface modification of implant devices by collagen type I from a surface chemistry point of view, as well as to discuss relevant implications for process design.

#### Abbreviations

AFM	atomic force microscopy
Arg–Gly–Asp	arginine-glycine-aspartic acid
BMTiS	biochemical modification of titanium surfaces
Co	cobalt
DAE	double acid etched
ECM	extracellular matrix
EDC	1-ethyl-3-(3-dimethylaminopropyl)-carbodiimide
NHS	N-hydroxysuccinimide
OC	osteocalcin
OP	osteopontin
PBS	phosphate-buffered saline
PDGF	platelet-derived growth factor

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PDL	periodontal ligament
PEG	poly(ethylene glycol)
RGD	arginine-glycine-aspartic acid
RT-PCR	real-time polymerase chain reaction
Ti	titanium
Ti6Al4V	titanium/aluminum/vanadium alloy
ToF-SIMS	time-of-flight static secondary ion mass spectroscopy
UHV	ultra-high vacuum
XPS	X-ray photoelectron spectroscopy

#### 19.1. Introduction

Titanium has gained wide acceptance for load-bearing, bone-contacting devices since the pioneering work of Branenmark. Nowadays, Ti implant devices are used for a variety of applications; most of the techniques in use are evidence-based and predictable. Because interactions at the bone-implant interface are recognized as the key to osteointegration and the literature on titanium surfaces and interfaces is extensive [1-4], numerous approaches focusing on the surface modification of titanium to further improve clinical results and extend the spectrum of biomedical applications have been developed. Despite its significant success as a biomaterial. Ti and its surface are still actively investigated for applications such as dental implantology, where the need exists to address difficult clinical settings, e.g., an intended implant site compromised because of poor bone quality. Examples of poor bone quality include, for instance, low bone density in the case of highly cancellous bone and insufficient quantity of bone (in the case of the width of the alveolar ridge). In the case of artificial vertebral discs, Cunningham recently suggested that the most important and challenging aspect for the success of orthopaedic implants is to achieve osseointegration at the bone-metal interface while preserving the necessary biomechanical properties of motion [5]. In both dental implantology and orthopaedic applications, increased life expectancy of human subjects poses new challenges: novel surface treatment of implant devices are needed to improve bone density locally, to accelerate healing, and to perform with dependability during integration even in old or pathologic bone for long periods of time.

Traditionally, the approach to surface modification of titanium has been based on the control of surface topography [3], on physicochemical [6] and inorganic approaches, and on the use of ceramic coatings [7]. Presently, a significant research effort is aimed at the biochemical modification of titanium surfaces (BMTiS); these strategies were described by Puleo and Nanci [8] as follows: "Biochemical surface modification endeavours to utilize current understanding of the biology and biochemistry of cellular function and differentiation. Much has been learned about the mechanisms by which cells adhere to substrates, and major advances have been made in understanding the role of biomolecules in regulating differentiation and remodelling of cells and tissues, respectively. The goal of biochemical surface modification is to immobilize proteins, enzymes, or peptides on biomaterials for the purpose of inducing specific cell and tissue responses or, in other words, to control the tissue implant interface with molecules delivered directly to the interface.... In contrast to calcium phosphate coatings, biochemical surface modification utilizes critical organic components of bone to affect tissue response."

Among the organic components of bone, collagen is most important and of special interest: the extracellular matrix (ECM) of bone contains approximately 85% type I collagen.

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Cell interactions with ECM components (such as adhesive proteins and growth factors) are crucial in the regulation of the osteoblast phenotype. Through the amino acid sequence Arg–Gly–Asp (RGD), collagen mediates adhesion of cells of direct relevance to orthopaedic applications [9]. Collagen also plays an important role in the osteoblastic differentiation of bone marrow cells and controls various aspects of their progression along the osteogenic pathway [10–12]. Collagen also interacts with other biomolecules and growth factors, providing the cooperative signalling described by Sampath and Reddi in their report on the bioactivity of the bone morphogenetic proteins: "Combining the extract with the collagenous matrix rendered the recombined matrix osteoinductive... this allows to enunciate the concept of a collaboration between a soluble signal and the insoluble ECM substratum to initiate new bone formation" [13]. Collagen also exhibits a strong procoagulant (hemostatic) activity and activates platelets in a unique way [14]; this aspect is of special interest because of the importance of blood-implant interactions in the early stages of bone healing [15–17]. For the aforementioned reasons, collagen is used in dental and orthopaedic surgery as osteogenic and bone-filling material [18, 19] to promote regeneration of bone defects. In the spirit of BMTiS [8], implant devices covered with a surface layer of collagen could make the properties of this interesting biomolecule available directly at the site of implantation. Indeed, as reviewed in Sect. 19.2, the in vitro and in vivo response to collagen-coated, bone-contacting materials has been addressed in a number of studies. Some of the literature reports are conflicting and even in vitro results are sometime contradictory. Improvements were observed in some but not in other studies. This situation has been referred to as "the grand challenge of molecular surface chemistry" [20]. As for any other surface-modification process involving immobilization of biomolecules, the general definition "collagen-coated surface" encompasses many possible surface structures: relevant details concerning molecular interactions, such as surface

density, stability in aqueous media, resistance to hydrolysis and degradation, conformational freedom, presentation of active epitopes, and supramolecular assembly, are directly related to the way the biomolecules are linked to the surface, that is, to the specific surface-engineering process used.

This chapter tries to establish a rationale for the description of structure and properties of collagen-coated Ti surfaces by focusing on some of the most important surface parameters involved. The chapter includes an initial short review of existing data on the subject. Then, several key aspects of surface modification of Ti implants by collagen type I are described; relevant topics (such as the respective merits of monomeric and fibrillar collagen, how much collagen should be present on the surface, how to detect it, and whether it should be crosslinked, covalently bonded, or simply adsorbed), are discussed. The final section summarizes the main points presented in the chapter.

#### 19.2. Literature Reports Regarding Collagen-Coated Ti Surfaces

#### 19.2.1. In Vitro Studies of Collagen-Coated Ti Surfaces

Collagen coatings, applied by simple adsorption on material surfaces, have long been used in cell culture studies. Jikko and coworkers [10] addressed the role of collagen and its adhesive peptide epitopes on osteoblast differentiation. Osteogenic precursor cells adhere to collagencoated Ti surfaces. The underlying mechanisms involve cell responses to cues from their extracellular environment such as adhesive proteins and diffusible molecules (growth factors). Early papers published in the scientific literature on surface modification of Ti by proteins were mostly concerned with improving adhesion of soft tissues on implants in order to achieve stable seals and avoid bacterial invasion at the bone-contacting regions. For this purpose, Lowenberg and coworkers [21] coated porous titanium/aluminum/vanadium alloy (Ti6Al4V) discs with either collagen or collagen containing platelet-derived growth factor (PDGF). Compared with respective controls, these constructs promoted significantly higher attachment and orientation indices of gingival fibroblasts in vitro; the orientation index was further enhanced on the PDGF-containing collagen coatings. It was concluded that attachment and orientation in clinical implantology. Matsumura and coworkers developed and applied their methodology for surface immobilization of collagen on Ti implants [22–24]. Briefly, collagen was linked to poly(ethylene-co-vinyl alcohol) coatings on Ti implants. Human periodontal ligament (PDL) cells adhered on this "hybrid" material; these results suggested that these materials could promote PDL regeneration on dental implants.

Geissler and coworkers [25] investigated adhesion of rat calvarial osteoblasts to uncoated and collagen type I-coated titanium over a period of 24 h. Collagen was passively adsorbed, with and without fibrillogenesis, on Ti6Al4V disks. In the presence of fetal calf serum, the collagen type I coatings accelerated initial adhesion of osteoblasts; cell adhesion, however, was similar on all surfaces tested 1 h after cell seeding. Investigation of the underlying mechanisms using soluble peptides indicated that osteoblasts adhered to collagen type I-coated materials via integrin β1 but did interact with the RGD domain; in contrast, osteoblast adhesion to the uncoated titanium alloy was mediated by RGD sequences but not via integrin  $\beta$ 1. This result deserves some further consideration and reflection. It is sometimes claimed that one of the objectives of coating implant devices with ECM proteins is to provide a surface more suitable for cell adhesion. This claim is not necessarily the case: like many other rigid, high-energy materials, unmodified Ti surface, in general, is a very good substrate for cell adhesion [26]. A variable extent of surface contamination of Ti, in particular from low-energy hydrocarbons [27], is often the reason behind conflicting reports of cell adhesion results observed on coated versus noncoated Ti. Cell adhesion to the ECM is coupled to signal transduction; in fact, most adhesion receptors function as signalling molecules. Engagement of different receptors leads to a wide variety of intracellular signals, often acting synergistically with signals derived from activation of growth factor receptors. Thus, material coatings that mimic the ECM are not simply a scaffold for cell adhesion, but may also provide cues that regulate cell responses such as differentiation and various cell functions pertinent to new tissue formation. An example is shown in Figure 19.1. Figure 19.1 shows a fluorescence micrograph illustrating SaOS-2 cell adhesion onto machined Ti and double acid etched (DAE) Ti, with and without a covalently linked layer of fibrillar collagen type I, at a surface density of less than 1  $\mu$ g/cm<sup>2</sup> [28]. Compared with results obtained on uncoated surfaces, the collagen coating did not affect significantly the cell density. Specifically, reduced cell proliferation and impairment of cell spreading were observed on rough DAE surfaces [29]. The flat phenotype and the high cell proliferation rate on machined Ti is associated with lower differentiation of osteoblast cells; this in vitro observation provides an explanation for the superior clinical performances of DAE (compared with machined) surfaces [29]. As illustrated in Figure 19.1, both cell density and morphology were similar on the collagen-coated surfaces. While, at least in the present case, cell number and morphology is apparently controlled solely by surface topography (and not by surface chemistry), specific markers such as alkaline phosphatase activity was enhanced on the two collagen-coated surfaces tested [28]. Moreover, in vivo tests in rabbits confirmed an acceleration of the osteointegration process of collagen-coated (versus uncoated) DAE Ti implants. These results provided evidence that ECM-based signalling at the biomaterial interface can lead to enhanced cell function.



**Figure 19.1.** Fluorescence micrographs of SaOS-2 osteoblast cells after 84 h of culture on: (a) machined Ti; (b) collagen-coated, machined Ti; (c) double acid-etched (DAE) Ti; and (d) collagen-coated DAE Ti. The collagen type I coating was obtained by covalent linking of adsorbed fibrillar collagen onto Ti aminated by deposition from allylamine plasma. Original magnification,  $\times 200$ .

The effect of collagen coating on titanium on the initial attachment of human gingival fibroblasts was investigated by Nagai and coworkers [30]. Scanning electron microscopy was used to investigate the morphological changes of cultured human gingival fibroblasts on four different surfaces, i.e., noncoated, mirror-polished titanium, collagen-coated titanium, noncoated tissue culture polystyrene, and collagen-coated polystyrene. Collagen coating of titanium effectively promoted initial cell attachment, thus improving subsequent function of human gingival fibroblasts.

Roehlecke and coworkers [31] investigated the function (including cell attachment, spreading, cytoskeletal organization, focal contact formation, proliferation, and expression of a differentiated phenotype) of primary osteoblasts cultured on both fibrillar collagen-coated and tropocollagen-coated Ti6A14V. In comparison with results obtained on uncoated titanium alloy, collagen-coated alloy enhanced spreading and resulted in rapid formation of focal adhesions and their associated stress fibers. Osteoblast proliferation was enhanced and the intracellular expression of osteopontin was upregulated on collagen-coated samples. In contrast, Becker and coworkers [32], who evaluated proliferation, differentiation, and mineralization of osteoblasts on type I collagen-coated Ti6Al4V, reported no extensive effect on cell proliferation, the activity of alkaline phosphatase activity, collagen synthesis, calcium accumulation in the ECM, and upregulation of the messenger RNA levels for collagen I alpha1, osteopontin, osteocalcin, matrix metalloproteinase, and tissue inhibitor of matrix metalloproteinase. In that study, adsorption of collagen was performed at 25°C for 15 min in phosphate

buffer at pH 7, yielding a surface density of  $3-6 \ \mu g/cm^2$ . The results obtained in the Becker and coworkers study [32] suggest that collagen coating alone is not sufficient to accelerate differentiation of rat calvarial osteoblasts on Ti6Al4V.

Similarly, Van den Dolder and coworkers [33] reported lack of significant effects of various protein coatings on biomaterials. The objective of that study was to evaluate the effects of fibronectin and collagen I coatings on titanium fiber mesh on the proliferation and osteogenic differentiation of rat bone marrow cells. Three treatment groups were investigated and compared with uncoated titanium fiber meshes: Ti meshes were coated with (1) fibronectin, (2) with collagen I, and (3) first with collagen I and subsequently with fibronectin. Rat bone marrow cells were cultured for 1, 4, 8, and 16 days on the coated titanium fiber meshes and uncoated control meshes. DNA quantification analysis revealed similar cell proliferation on all surfaces tested. When antibodies against fibronectin and collagen I integrins were used, significant reduction in cell proliferation was observed on the uncoated titanium meshes, as well as on meshes coated with collagen, and meshes coated with collagen and fibronectin. The different coatings also did not affect the alkaline phosphatase activity of the cells seeded on the coated meshes. Altogether, these results provided evidence that neither a fibronectin nor a collagen I coating stimulated the differentiation of rat bone marrow cells seeded on titanium fiber meshes.

Bierbaum and coworkers [34, 35] used coatings of adsorbed collagen I, collagen III, and fibronectin and investigated the effect of fibrillogenesis and fibril morphology on adsorption. Increasing the collagen type III density (between 40 and 60  $\mu$ g/cm<sup>2</sup>) resulted in decreased fibril diameter, but in no significant changes in adsorption. Interestingly, the amount of fibronectin bound to the heterotypic fibrils depended on fibrillogenesis parameters such as ionic strength and concentration of phosphate, and varied with the percentage of integrated type III collagen. A second paper by the same research group addressed responses of primary osteoblastic cells from rat calvariae [35]. Differences in alkaline phosphatase activity and collagen synthesis were observed when cells were cultured on the various collagen coatings tested. In addition, cell shape and morphology was affected by the thickness and nature of the collagen layer.

Kim and coworkers investigated the stability of collagen I coatings (obtained by adsorption), and the role of fibrillogenesis and of crosslinking on osteoblast (MG63 cell line) function [36]. The degree of assembly varied with the incubation time; the differently assembled collagen was coated on Ti. Some samples were crosslinked by carbodiimide. In that study, both fibrillar assembly and crosslinking improved the stability of collagen. Cell responses improved significantly when collagen fibrils were used and their assembly degree was increased. These researchers proposed that some of the conflicting results that had been reported in the literature regarding in vitro tests of adsorbed collagen could be accounted by differences in the degree of the assembly of collagen.

Müller and coworkers [37, 38] investigated the covalent bonding of fibrillar collagen to Ti and Co alloys using surface analytical approaches. Silane chemistry was used to introduce different densities of amino groups to electrochemically oxidized alloy surfaces. Type I calf skin collagen fibrils were either adsorbed to oxidized (but nonsilanized) metal surfaces, or covalently linked to aminated surfaces (via its aspartic and glutamic acid residues) and 1-ethyl-3-(3-dimethylaminopropyl)-carbodiimide (EDC)/N-hydroxysuccinimide (NHS) chemistry. Using the Sirius Red method, the amount of collagen detected on the material surface ranged from 0.36 to 1.9  $\mu$ g/cm<sup>2</sup>. Stability testing in collagenase and MG-63 cell adhesion and proliferation experiments provided evidence of enhanced cell functions on the coated, over the native, metal surfaces.

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Recently, Douglas and coworkers expanded the biomimicry strategy by binding the small leucine-rich proteoglycans decorin and biglycan (which are chemical compounds expressed in bone together with collagen) to fibrils during fibrillogenesis in vitro [39–41]. These researchers reported that collagen type II bound significantly more biglycan and decorin than the other collagens tested. Therefore, osteoblast (from rat calvaria and from the human knee) functions on titanium surfaces coated with collagen fibrils with or without decorin and biglycan (either adsorbed or crosslinked) were examined in vitro. The fibrils were adsorbed to Ti and crosslinked. The results showed that the small proteoglycans bound to collagen II fibrils on the titanium surfaces promoted proliferation of, and collagen synthesis by, primary osteoblasts [39–41].

#### 19.2.2. In Vivo Studies on Collagen-Coated Ti Surfaces

Reports on in vivo performance of collagen-coated Ti implants have been published since 2002 [42]. Rammelt and coworkers [43] conducted a study involving  $3-6 \ \mu g/cm^2$  type I collagen coatings on titanium rods. Coated and uncoated pins were inserted into the tibia of adult rats and histology and immunohistochemistry were performed at 1, 2, 4, 7, 14, and 28 days. At day 4, higher numbers of cathepsin D-positive mononucleated cells in granulation tissue were observed at the interface with collagen-coated (compared with the uncoated) implants. Osteoblast numbers increased around the collagen-coated pins at days 4 and 7. Increased early bone remodelling around titanium pins on the collagen coatings was observed. However, the results of direct bone contact and newly formed bone present around the collagen-coated and uncoated pins were similar 28 days postimplantation [43].

The first literature report providing in vivo evidence of enhanced osteointegration by surface modification of Ti implants by collagen was published in 2003 [44]. In this case, type I collagen, not reconstituted in fibrils, was covalently linked to a layer of polyacrylic acid grafted on Ti surfaces; the substrate samples were sterilized by exposure to ethylene oxide. Compared with results obtained on the control Ti implants, significant increase of bone growth and bone-to-implant contact was observed on the collagen-coated Ti 4 weeks postimplantation in the femurs of rabbits. The histomorphometric results were later supported by additional findings from the same in vivo model, of significant improvement of mechanical parameters such as peri-implant bone microhardness [45], and push-out force [46]. While the aforementioned data were obtained on "machined" Ti surfaces, a more recent publication by the same group of researchers reported the advantages of collagen coatings over more topographically sophisticated titanium surfaces. The combination of topography and biochemical cues is indeed an interesting development for modifying the materials used in implant devices. In one study, collagen type I coatings were applied to titanium implants nanoporous surface topography that had been treated with galvanostatic anodization [47]. Compared with respective controls, improved bone-to-implant contact and bone in-growth (the latter having a p < 0.056 value) was observed 4 weeks postimplantation when these materials were implanted in trabecular (cancellous) bone at the epiphyses of rabbit distal femurs. Figure 19.2 compares histological sections from control and collagen-coated implant interfaces with the surrounding biological tissues; these figures illustrate the very low density that is typical of trabecular bone but, most importantly, the more abundant bone regeneration on the collagen-coated Ti. The large interconnected pores between the struts and sheets of trabecular bone tissue were filled by marrow that provided mesenchymal cells for bone regeneration. Cell differentiation was induced by biochemical cues, both soluble and insoluble, in the cell microenvironment. Insoluble cues resulted in cell adhesion to ECM proteins, such as collagen [2].



**Figure 19.2.** Histology examples of sections obtained from implants in the rabbit femur trabecular bone 4 weeks postimplantation. The implant materials were: (a) nanoporous Ti; and (b) collagen-coated nanoporous Ti. The surface-modification process used was described in reference [47]. Stains: fast green and acid fuchsin; original magnification,  $\times$ 10. The histology was performed by Drs. Milena Fini, Gianluca Giavaresi, and Roberto Giardino, Istituti Ortopedici Rizzoli, Bologna, Italy.

Another study [28] compared the response of rabbit bone to Ti implants roughened by double acid etching, with and without a covalently linked surface layer of type I collagen fibrils (surface density about 1  $\mu$ g/cm<sup>2</sup>). Osteointegration of collagen-coated implants was significantly enhanced 2 weeks postimplantation but was similar to that observed on the uncoated controls 4 weeks postimplantation; at that time, the osteointegration process was complete.

Schliephake and coworkers [48] compared Ti with Ti coated with collagen type I (containing two different concentrations of immobilized RGD) implanted in the mandible of foxhounds. The collagen layer was crosslinked and had a surface density of 44  $\mu$ g/cm<sup>2</sup>. After 1 month, and compared with uncoated implants, the volume density of new bone was significantly higher around all implants with collagen and collagen plus RGD coatings. Both new bone volume density and bone implant contact on collagen-coated and collagen plus RGDcoated implants were similar at 1 month postimplantation, but compared with TI alone surfaces, they were significantly higher at 3 months postimplantation.

Bernhardt and coworkers [49] reported differences in the responses to collagen I versus collagen III, the latter inducing faster bone apposition in the less dense trabecular bone. That research group attributed the observed difference to the different functions induced by the two collagen types. Specifically, collagen I is critical in the signalling cascade that leads to the expression of the mature osteoblast phenotype and to mineralization of the ECM; this type of collagen is particularly effective in settings of high tissue and cell density. Collagen type III, on the other hand, affects early phenomena, such as cell proliferation and matrix deposition; these aspects are of critical importance in cases of low bone and cell density.

Several recent publications by the aforementioned groups of investigators [50–54] addressed the in vivo effects of collagen type I and other biomolecule coatings. Collagen in fibrillar form, at a surface density in the range of  $15-50 \mu g/cm^2$ , was used in one of those studies. Quoting from one of these publications [50]: "The addition of ECM components significantly enhances bone remodelling in the early stages of bone healing around Ti implants, eventually leading to increased new bone formation at the implant surface after 4 weeks."

Svehla and coworkers [55] used a skeletally mature bicortical, bilateral ovine tibia model, but, in contrast to previous findings, observed no effect on bone in-growth on fibrillar atelopeptide and poly(ethylene glycol) (PEG) crosslinked collagen coatings layered directly

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onto porous, sintered beads. The implants tested were either injected with 60 mg/mL bovine skin fibrillar collagen, 60 mg/mL bovine skin fibrillar collagen (crosslinked with 0.5% disuccinimidylglutarate PEG), or left without collagen. At 4 weeks, woven bone was present within the pores and remodelled with time. Although bone in-growth into the implants increased with time, the results were similar on all substrates tested.

#### 19.3. Design of Collagen-Coated Biomaterial Surfaces

Interest in collagen as a biomimetic coating on biomaterials has generated an extensive literature describing in vitro and in vivo studies of collagen-coated bone-contacting implant devices. Most of these results support the hypothesis that the material surfaces that contain ECM motifs affect bone tissue response at those interfaces and improve host response; to date, however, it is difficult to define precisely and quantitatively the advantages of such approaches. In this respect, the results of studies that no significant improvements were obtained under pertinent conditions need to be reconciled.

Undoubtedly, the intrinsic complexity of collagen(s) [56, 57] and of its(their) biochemical behavior plays a role in the differences documented in the scientific literature. To date, the published results do not assist the surface bioengineer, who is confronted with the task to design suitable processes and seeks answers to even simple questions such as: "how much collagen should be coated on an implant material surface to improve bone response?" In the studies mentioned so far in the present chapter, the surface density of collagen ranged from 0.36 to 80  $\mu$ g/cm<sup>2</sup>. What do these values mean from the point of view of material surface properties? What does this information mean for the mechanisms controlling interfacial responses at the cell and tissue levels? To date, there are no definitive answers to such questions.

Besides collagen surface density, a number of other aspects are pertinent; the most important among them are the following:

- the role of supramolecular arrangement of collagen (specifically, "monomeric" versus "fibrillar");
- characterization of the collagen-coated surfaces; and
- collagen surface chemistry (specifically, the role of crosslinking and of covalent bonding versus simple adsorption).

The rest of this chapter is written from a practical surface-engineering perspective and highlights the most important critical aspects that should be addressed in the design and fabrication of collagen-based coatings for biomaterials. This discussion will be centred on collagen type I (henceforth, referred to as "collagen") not only because it is by far the most investigated compound of this chemical family, but also because of its practical importance (since it is the most readily available type in the human body) and of its impact on implant devices.

#### 19.3.1. Collagen Coatings on Ti Implants: Relevant Parameters

Strategies for surface modification of implant devices must deal with the supramolecular hierarchy of the class of proteins known as "collagens" [57]. The molecules of most collagens self-associate to form a higher-order structure, such as fibrils and networks; such supramolecular structures are responsible for the mechanical and binding properties that are characteristic of, and critical to, the function of these biomolecules. The collagen molecule comprises three polypeptide chains ( $\alpha$ -chains), which form a unique triple-helical structure.

In collagen type I, two of the three  $\alpha$  chains are identical, thus type I collagen is designated  $[\alpha 1(I)]_2 \alpha 2(I)$ . For the three chains to wind into a triple helix, they must have a glycine (the smallest amino acid) at every third residue along each chain. Each of the three chains, therefore, has the repeating structure "Gly–Xaa–Yaa," in which Xaa and Yaa can be any amino acid but are frequently either proline or hydroxyproline.

For most studies, collagen is dissolved in an acidic aqueous solution and, then, reconstituted in fibrils. The fibril-forming collagen molecules consist of an uninterrupted triple helix of approximately 300 nm in length and 1.5 nm in diameter, which contains about 1,000 residues and is flanked by short extrahelical telopeptides [57, 58]. The telopeptides, which do not have a repeating "Gly–Xaa–Yaa" structure and do not adopt a triple-helical conformation, account for 2% of the molecule and are critical for fibril formation. The 300-nm-long collagen molecule is often (even if somehow improperly) called "monomeric" collagen, to distinguish it from the assembled fibrillar form. Even if assembly does not involve any polymerization, the term "monomeric" is commonly used to refer to the unassembled collagen molecules. Unassembled, monomeric porcine collagen, applied to a mica surface from a diluted aqueous solution, is shown in the atomic force microscopy (AFM) image of Figure 19.3. The calculated length of the monomers in Figure 19.3 is  $308 \pm 8$  nm; this result is in good agreement with published X-ray results [59, 60].

Collagen molecules spontaneously self-assemble into fibrils, a higher-order structure. To quote Yamauchi, this phenomenon "is mainly an entropy-driven process through the loss of solvent molecules from the surface.... This implies that all information necessary to initiate the fibrillogenesis is intrinsic to the collagen molecules themselves" [61]. From the perspective of molecular function, Birk and Bruckner state: "Collagen assembly yields highly multimeric suprastructural aggregates, thereby converting protomeric, mainly inactive/nonfunctional, molecules into their active/functional state" [62]. In nature, the collagen fibrils are stabilized by covalent crosslinking, a process initiated via oxidative deamination of specific lysine and hydroxylysine residues by lysyl oxidase. Fibrillogenesis in the lab is usually obtained by



**Figure 19.3.** AFM image of porcine type I collagen "monomers" on mica in air. The length of the molecules is about 300 nm; the width is greater than the expected 1.5 nm, due to artefactual enlargement by the cantilever tip (see also Ref. [60]). This image was obtained in the vibrational mode of AFM.

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neutralizing the acidic monomeric collagen solution (usually at acetic pH) by either phosphate or similar buffers. Ionic strength, the specific nature of ions in solution, and the presence of other biomolecules are parameters that can affect the kinetics of fibril formation, size, and function. A number of published reports described cofibrillation of collagen with other extracellular components [39–41, 50–52].

Further assembly results in the characteristic D-periodic cross–striated fibrils (where  $D \approx 67$  nm, is the characteristic axial periodicity of collagen, explained by the classic gapoverlaps model [56–58]). AFM images of collagen fibrils on mica are shown in Figure 19.4. The exquisite precision of the nature-driven self-assembling processes is exemplified by the three-dimensional view of a collagen fibril (about 1-µm long), shown in Figure 19.5.



**Figure 19.4.** AFM image of porcine type I collagen fibrils on mica in air. The measured length of the D-periodicity is  $66 \pm 4$  nm. This image was obtained in the vibrational mode of AFM.



**Figure 19.5.** Three-dimensional AFM view of porcine type I collagen fibrils on mica in air. The image shows the periodic structure due to gap and overlaps of the assembled collagen molecules.

The calculated periodicity from this, and similar images, is  $66 \pm 4$  nm; this result is in good agreement with values reported in the literature. It should be noted that it is within the gap (holes) or the fibrillar structure that the mineral crystals of bone first appear.

Like most proteins, collagen irreversibly adsorbs at aqueous-solid interfaces; this characteristic can be used to modify surfaces of implant materials. AFM images of monomeric and fibrillar collagen adsorbed to mica surfaces are shown in Figure 19.6. In the case of



**Figure 19.6.** AFM images of (a) monomeric collagen adsorbed onto mica; and (b) fibrillar collagen adsorbed onto mica. In both cases the surface density of collagen was less than  $1 \text{ mg/cm}^2$ .

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Collagen sample	0	С	Ν	Other (<1%)
Adsorbed, monomeric	18.0	68.8	13.2	Na, Cl, Mg, Si
Adsorbed, fibrillar	18.3	68.3	13.4	Si, Cl, Na
Powder (reference)	17.9	68.9	13.2	Si, Cl, Na

 Table 19.1.
 Surface composition of the monomeric and fibrillar collagen samples (shown in Figure 19.6) as determined by XPS. The results are expressed as atomic %.

monomeric collagen, the overlayer was dense and fully packed, with maximum heights of a few nanometers over the atomically flat mica surface. In the case of fibrillar collagen, the overlayer contained fibrils with the typical collagen periodicity (the vertical scale in this case was in tens of nanometers). In both cases, X-ray photoelectron spectroscopy (XPS) analysis (Table 19.1) revealed the typical stoichiometry of collagen, confirming that:

- In the case of monomeric collagen, homogeneity in the vertical direction indicated that the adsorbed collagen layer was thicker than the XPS sampling depth (about 8 nm). This, in turn, means that fully packed collagen molecules were not adsorbed "side on" (as they were obtained under high-dilution conditions in Figure 19.3) on the substrate surface.
- In the case of fibrillar collagen, homogeneity in the lateral direction indicated that even the regions of the substrate surface that were not covered by fibrils were coated by adsorbed either monomeric collagen or small fibrils of collagen.

Consideration of the identical stoichiometry of the monomeric and fibrillar collagen (Table 19.1) and of the different nanostructures of these collagen forms (Figure 19.6) underscores that supramolecular arguments must be taken into account in the description of collagen-coated surfaces.

Another interesting point for consideration is that literature reports stated collagen surface concentrations ranging from 0.36 to  $80 \text{ }\mu\text{g/cm}^2$ . How does this range of values agree with the scenario of Figure 19.6? Considering the size of monomeric collagen molecules, theoretical calculations predict a fully packed monolayer a few hundredths of a microgram to a few micrograms per square centimeter. The lower limit of this range is for a hypothetical side-on adsorption (with the 300-nm long-axis parallel to the substrate surface) of collagen molecules, while the upper limit is for a hypothetical end-on adsorption (with 300-nm longaxis normal to the substrate surface); an average molecular weight of 100 Da for about 1,000 residues of the collagen molecule was assumed. In this respect, Horbett indicated that, regardless of the initial concentration of the protein in solution and the duration of the adsorption reaction, the amount of collagen present in a monolayer on the surface of a substrate is in the  $0.1-0.5 \,\mu\text{g/cm}^2$  range [63]. The wide range of reported collagen densities on material surfaces and the several tens of micrograms per square centimeter mentioned in most literature reports underline a very significant aspect of surface modification by collagen: to date, surfacemodification approaches occur in two different modes, specifically, "adsorption" and "coating." While the term "adsorbed collagen" is often used to refer to collagen densities up to a few tens of micrograms, "true" collagen adsorption, as illustrated in Figure 19.6, occurs because of protein-surface interactions. In order to work in the adsorption regime, the collagen solution must be displaced from the substrate surface at the end of the process, by dilution displacement, which washes away unbound or loosely bound protein while avoiding exposure of the surface to air [64]. In fact, it is possible in this case to avoid transfer of surfaceactive protein at the solid-air interface when extracting the sample from the protein solution.

On the other hand, the same phenomenon can be purposely exploited, as in common dipcoating procedures, working in the coating regime and increasing the amount of collagen on the substrate surface up to several tens of micrograms per square centimeter. These two modes are well defined in some of the aforementioned publications: Müller and coworkers [38] described a carefully characterized process and reported that "adsorptive binding to oxidized titanium surfaces resulted in 0.36  $\mu$ g/cm<sup>2</sup> (0.26–0.44) surface bound collagen." Schliephake and coworkers states: "Afterwards, the collagen layer thickness was increased by dip-coating... leading to a layer density of 44 ± 5  $\mu$ g/cm<sup>2</sup> on the implant surface" [48].

Examples of results obtained starting from the same collagen solution but applying either the adsorption or the coating methods are shown in Figure 19.7. Since the fibril density on the adsorbed sample (Figure 19.7a) is much lower, approaching cells will encounter significantly different nanotopography, mechanical properties, and surface-induced signalling. These conditions affect both the structure of, and the biological events that take place at, the tissue-implant interface.

The amount of collagen present on material surfaces has been measured using various methods. The most widely used analytical technique for quantification of collagen on implant materials is ultraviolet-visible spectroscopy. The widely used Sirius Red approach [36, 38, 65] exposes the collagen-coated substrate surfaces to a 0.1% dye solution in saturated picric acid at room temperature in the dark for 1 h. After rinsing with 1 mL of 0.01 N HCl (until the effluent is colorless), the substrates are treated with 0.1 N NaOH (to elute the red dye). Quantitative results are obtained by reading the light absorbance at 540 nm, and converting that data to collagen concentrations using a pertinent standard curve.

The limit of detection and limit of quantification of the Sirius Red method are in the range of 1  $\mu$ g/mL [66]. Taking into consideration the typical size of the substrate samples and the experimental procedure, this value translates into about 1  $\mu$ g collagen per cm<sup>2</sup> substrate surface area. This evaluation approach can be used for collagen-coated surfaces, where the surface density is above that expected for monolayer assemblies. On the other hand, the collagen densities obtained on material surfaces in the adsorption regime are at the border line of the sensitivity range of this approach. Collagen detection following adsorption requires material surface-sensitive techniques such as XPS.

In addition to rendering significantly different surface structures that are crucial for subsequent biological interactions, adsorption and coating affect differently the stability of proteins because they are engendered by intermolecular forces. Adsorbed proteins are held at the material surfaces by interfacial forces. While protein adsorption is virtually irreversible in aqueous solutions, adsorbed proteins can be exchanged or displaced in protein-containing fluids. Since the thick protein layer obtained by coating substrates is more loosely held in situ, it is less stable in aqueous solutions. The publication by Kim and coworkers presented an interesting discussion of the stability of thick collagen coating in cell coculture medium [36].

In principle, the stability of collagen coatings can be improved by either crosslinking or covalent bonding to the material surface. Carboxyl and amino groups are the moieties most often used in pertinent crosslinking reactions to promote bonding to functionalized surfaces. In this respect, -COOH and  $-NH_2$  coupling reactions promoted by water-soluble carbodiimide (EDC) and NHS are the most commonly used strategy. Due to the presence of both functionalized material surfaces; in fact, it is difficult to determine definitively whether covalent bonding to the surface occurred.

Crosslinking of collagen with EDC/NHS is well known in the biomedical devices industry, where it is widely used to prepare gels and scaffolds. It is known that both size and



**Figure 19.7.** AFM images of the results of the classical dilution-displacement method.(a) fibrillar collagen adsorption onto mica The collagen surface density was less than 1  $\mu$ g/cm<sup>2</sup>. (b) in this case the substrate sample was removed from the collagen solution without dilution-displacement, washed and dried. In this case, the surface density of collagen was several  $\mu$ g/cm<sup>2</sup>

chemistry of collagen constructs is affected by crosslinking procedures. In the case of surfaceadsorbed and surface-coated collagen, it must be emphasized that, depending on the crosslinker concentration, the size and length of the collagen fibrils are affected. As an example, the effect of increasing EDC concentration on fibrillar collagen adsorbed onto aminated mica is
shown in Figure 19.8. The size and height of the fibrils are affected by the process, as reported in Table 19.2; the resultant major modification of the surface structure could have implications on subsequent function of the surrounding cells and tissues. Another interesting aspect is illustrated by Figure 19.9. Crosslinking led to the loss of a significant amount of surface-coated collagen. Such loss decreased with decreasing surface density; in this case, protein was in the adsorption regime, and the molecules were strongly held in situ.

The surface stoichiometry of the material samples of Figure 19.8 was analyzed by XPS and found to be identical. This result indicated that the uppermost 5–8 nm was coated by



**Figure 19.8.** AFM images of the results of EDC-NHS crosslinking of collagen fibrils adsorbed onto mica. The collagen tested was as follows: (a) untreated; (b) 0.011 M EDC, 0.013 M NHS; (c) 0.023 M EDC, 0.026 M NHS; and (d) 0.036 M EDC, 0.043 M NHS. The measurements of fibril length and height are reported in Table 19.2.

**Table 19.2.** Typical size of collagen fibrils of noncrosslinked and crosslinked collagen on mica. These measurements (maximum–minimum of 20 random measurements) were made on the samples shown in Figure 19.8.

Sample	Length (µm)	Height (nm)	Diameter (nm)
a (uncrosslinked)	3–10	20-40	150-250
b	2–5	10-25	80-160
c	0.5–4	10-18	60-100
<u>d</u>	0.5–2	2-8	<60



**Figure 19.9.** Surface amount of collagen before (*blue bars*) and after (*red bars*) crosslinking with EDC-NHS. The collagen coating was applied using solutions with different collagen concentrations. The amount of collagen on the substrate surface was determined from the weight increase of each sample using a microbalance ( $1 \times 10^{-6}$  g sensitivity). The nominal surface area of each disk was about 1.5 cm<sup>2</sup>.

stoichiometric collagen. Modification of the relative amount and of the nature of the present functional groups can be determined by either deconvolution of the high-resolution C1s peak [45] or by the application of UHV techniques, such as time-of-flight static secondary ion mass spectroscopy (ToF-SIMS) [67–70], which are more sensitive to molecular details.

Discussion of the stability of collagen-coated implant devices is not complete without consideration of its resistance to collagenase, an enzyme present in wounds, which is expected to be present in the peri-implant microenvironment. Both Kim and coworkers [36] and Müller and coworkers [38] address the stability of collagen coatings (with and without EDC/NHS crosslinking and covalent bonding) onto the material surface to the collagenase challenge. In these cases, noncrosslinked collagen proved sensitive to the enzymatic attack. Crosslinking greatly enhanced collagen resistance to enzymatic degradation; moreover, covalent linking of the adsorbed collagen onto an aminated substrate further improved the collagen resistance [38]. Results from our group showed that crosslinking, even at low EDC/NHS concentration, was necessary to preserve the collagen surface layer. Figure 19.10 illustrates the underlying mica substrate surface (on which fibrillar collagen had been adsorbed) before and after treatment with a 2.5 U/mL collagenase solution at 37°C for 3 h.

#### 19.3.2. Collagen Coating of Ti Implants: Summary

A number of molecular and supramolecular parameters of collagen-coated implant devices were identified and discussed because they affect the structure of material surfaces and, thus, may modulate subsequent biological responses at the tissue–implant interface. Is it possible to derive guiding principles for the design of material surfaces from those parameters and the results reported so far in the scientific literature?

Most publications addressing the biological role of fibrillar versus monomeric collagen come from medical settings. While very informative regarding cell biology, they do not provide sufficient details pertinent to material surface characteristics. As an example, Fassett and coworkers provided evidence that various aspects of hepatocyte responses depended on whether the type I collagen was in fibrillar or monomeric form: hepatocytes adherent to monomeric



**Figure 19.10.** AFM images illustrating the results of exposing collagen adsorbed onto mica to the enzymatic activity of a collagenase solution. (a) Collagen adsorbed, before exposure to collagenase; (b) collagen adsorbed, after exposure to collagenase; (c) crosslinked collagen, before exposure to collagenase; and (d) crosslinked collagen, after exposure to collagenase. These experiments were performed using a 2.5 U/mL collagenase solution at  $37^{\circ}$ C for 3 h.

collagen spread and proliferated, whereas those adherent to fibrillar collagen remained rounded and growth arrested [71]. The substrate surfaces used in this study were prepared by coating from aqueous solutions; however, no information regarding the surface density of the protein was given. Monomeric and fibrillar collagen are referred to as "film" and "gels," respectively; such descriptions suggest the possibility of widely different pertinent mechanical properties. Henriet and coworkers showed that human M24met melanoma cells remained responsive to proliferation-regulatory signals that resulted from contact with type I collagen and that the effect on cell proliferation depended on the physical structure of the collagen used: on fibrillar collagen, M24met cells were growth arrested, while on nonfibrillar collagen, the cells entered the cell cycle [72]. A possible explanation for this result is that these cell proliferation-regulatory effects involve contact between type I collagen and the collagen-binding integrin  $\alpha 2\beta 1$  on the cell membrane; this integrin was restricted in the presence of fibrillar collagen. Other details of the experimental procedures may have contributed to this outcome; for example, 1 mg/mL fibrillar collagen in phosphate-buffered saline (PBS) was used to form a thick gel in tissue culture dishes at 37°C for at least 1 h before the cells were plated. Nonfibrillar collagen was prepared using a 1 mg/mL solution in tissue culture dishes at 37°C overnight. All collagen preparations

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were washed twice with PBS before the addition of cells. These descriptions do not provide important details regarding collagen surface density; in many such studies the surface concentration of collagen (in milligrams per milliliter) is given with reference to the concentration of the coating solution. Considering how rinsing, for example, may affect the interfacial environment (Figure 19.6), this detail is not really informative. Most importantly, thick gels of fibrillar collagen could affect cell responses not just by supramolecular assembly, but also via their mechanical properties. Compared with the morphology acquired by cells plated on rigid substrates, cells on gels often do not spread; this aspect was addressed satisfactorily by Bierbaum and coworkers [35, 73, 74].

In the publication by Kim and coworkers, adhesion and proliferation of MG-63 osteoblast-like cells was studied on unassembled and assembled, with and without crosslinking collagen-coated Ti (40–80  $\mu$ g/cm<sup>2</sup>) [36]. In this case, the fibrillar assembly of collagen promoted enhanced cell attachment and proliferation. Crosslinking had a significant effect on cell function only in the case of the unassembled collagen coating.

Our research group evaluated the effect of adsorbed monomeric, adsorbed fibrillar (surface density  $< 1 \ \mu g/cm^2$ ), and coated fibrillar (surface density  $> 10 \ \mu g/cm^2$ ) collagen on glass on the differentiation of human mesenchymal cells, with and without EDC/NHS crosslinking [75]. The cells were cultured in basal medium (i.e., in the absence of osteogenic differentiation chemical stimuli such as dexamethasone, glycerolphosphate, and ascorbic acid) [76] in order to evaluate the effect of insoluble cues and interfacial interactions on cell differentiation. In this study, the effect of collagen crosslinking proved more important than either the surface density or the supramolecular assembly of collagen. Figure 19.11 illustrates



**Figure 19.11.** Light micrographs of human mesenchymal cells on the following substrates: (a) and (c) monomeric collagen adsorbed onto glass; (b) and (d) monomeric collagen adsorbed onto glass and crosslinked (0.023 M EDC, 0.026 M NHS). Micrographs (a) and (b) were taken after 24 h while micrographs (c) and (d) were taken after 16 days of cell culture. Original magnification,  $\times 100$ .

the shape of cells on monomeric collagen with and without crosslinking after 24 h and 16 days of culture. The morphology of cells was similar on all substrates tested at 24 h. After 16 days of culture, however, the typical morphology of nondifferentiated mesenchymal cells was still observed only on monomeric, noncrosslinked collagen [76]. The hallmark of osteogenic differentiation, specifically, transition from spindle-like to cuboidal morphology and a reduced proliferation rate, was observed on crosslinked collagen. This result was confirmed by gene expression analysis using real-time polymerase chain reaction (RT-PCR) determination of osteocalcin (OC) and osteopontin (OP) gene expression after 24 days of culture (Figure 19.12). In agreement with other reports, OC was neither significantly different nor upregulated on the various substrate tested [77, 78]. In contrast, and compared with results obtained on the noncrosslinked substrates, OP was significantly upregulated on the crosslinked, adsorbed, monomeric collagen monolayer. Compared with the respective noncrosslinked pair, the results on every crosslinked collagen tested were enhanced; the values measured on the adsorbed fibrillar, not crosslinked, collagen layer were similar to those for monomeric collagen (data not shown). Even if these results were obtained on collagencoated glass, it is of interest to notice that the similar upregulation of OP, without significant increase of OC, was detected by RT-PCR analysis of human alveolar bone-derived cells cultured on Ti surfaces coated with a covalently linked layer of monomeric collagen [78]. In addition to emphasizing the importance of stabilization of the collagen surface layer, Figure 19.12 suggests a possible positive effect of surface density (or of three-dimensional structures) with increasing concentrations of collagen on substrate surfaces.

What are, then, the guiding principles for surface engineering of implant devices by collagen [79]. Based on the results of the lastly mentioned study alone, crosslinking is the



**Figure 19.12.** RT-PCR results showing expression of osteocalcin and osteopontin genes by human mesenchymal cells cultured in basal medium without proosteogenic-soluble chemical stimuli for 24 days. These cells were cultured on glass coated with adsorbed monomeric collagen, adsorbed fibrillar collagen (both at a surface density of less than 1 mg/cm<sup>2</sup>) and coated with fibrillar collagen (surface density greater than 10 mg/cm<sup>2</sup>), both not crosslinked and EDC/NHS crosslinked.

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most important parameter to guide protein coatings of implant materials. On the other hand, the prolonged presence of a full-density collagen layer, assembled or not, is the minimum affecter of mesenchymal cell function. This conclusion is based on in vivo results of studies by our research group [28, 44–47], and it is in agreement with the Schliephake and coworkers results [48]. The comparatively high surface density of collagen (even in the absence of crosslinking) reported by Rammelt and coworkers [50] and Berhardt and coworkers [49] could provide interfacial collagen long enough to affect the wound-healing mechanisms. On the other hand, the low (3–6  $\mu$ g/cm<sup>2</sup>) surface density of uncrosslinked collagen used in the first reports by Rammelt and coworkers could possibly be enough to promote enhanced bone remodelling, without, however, achieving significantly increased bone volume [42, 43]. It should be noted that this is only a speculation, since there is no direct in vivo comparison to determine (all other parameters being the same) whether assembly or increased surface density can further improve the results obtained with the crosslinked collagen monolayers; a similar comment is applicable to all other aspects discussed in the present chapter.

# 19.4. Conclusions

Coating titanium surfaces with ECM molecules, in particular with collagen, accelerates bone healing and increases new bone formation in vivo. Adhesion of mesenchymal cells on select ECM molecules promotes their differentiation along the osteogenic pathway ([12]; Figures 19.11 and 19.12). Despite conflicting literature reports, many studies observed, and reported, enhanced osteointegration in various animal models [44–54].

Details of the mechanisms of interfacial interactions leading to improved tissue responses on collagen-coated Ti surfaces need to be further elucidated. A key aspect in elucidating biological interactions on materials surfaces is an improved understanding and thorough characterization of materials surfaces. This aspect is very important in the case of biochemical surface modifications [80], whose aim is to introduce defined chemical structures that are ligands of their corresponding cell membrane receptors. Since supramolecular assembly of biological molecules is strictly related to protein function, this aspect adds another level of complexity to material surface characterization. Because the cost of research endeavours required to reveal the subtleties of biological responses to bioengineered implant surfaces rises exponentially, special attention should be paid to critical aspects of pertinent experimental methodology.

The research activities discussed in this chapter may lead to establishing guiding principles for the design of surface-engineering approaches for collagen-coated implant devices. It is, however, clear that questions still outnumber answers and that a significant, concerted effort is still needed to achieve satisfactory understanding the chemistry and application of surfaces modified with type I collagen.

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# 20

# Prevention of Postsurgical Adhesions: A Biomaterials Perspective

# John M. Medley and Thomas D. Dziubla

One of the most common complications following abdominal surgery is the formation of postsurgical adhesions (PSAs). While often asymptomatic, these formations can result in numerous complications, including pain, infertility, and bowel obstructions, and can increase the difficulty of future surgeries. Various strategies have been developed to reduce the incidence of these adhesions, yet the most successful to date have been the use of physical barriers composed of biocompatible materials. Yet, despite the success of these materials, PSAs remain a significant clinical challenge.

This chapter provides a summary of the field from a biomaterials perspective, an overview of the mechanism of PSA formation and a review of the technologies developed in attempting to reduce their occurrences, including the limitations that exist with each of these strategies. At the end of this chapter, a summary of the analytical methods used in assessing adhesion barrier performance and their limitations, and a call for more quantitative analytical materials performance characterization are presented.

# Abbreviations

CMC	carboxymethylcellulose
ePTFE	expanded poly(tetrafluoroethylene)
FDA	US Food and Drug Administration
FGM	fibrin gel matrix
HA	hyaluronic acid
IP	intraperitoneal
MW	molecular weight
ORC	oxidized regenerated cellulose
PEG	poly(ethylene) glycol
PLG	poly(L-glutamate)
PLL	poly(L-lysine)
PSA	postsurgical adhesion
PTFE	poly(tetrafluoroethylene)
OCM-D	quartz crystal microbalance with dissipation

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**Figure 20.1.** An example of intestinal postsurgical adhesion (PSA) formation. In a rat model, sections of cecum and ileum were abraded using dry gauze until hemorrhage formed. Fourteen days after surgery, adhesion formation was visualized. Figure reproduced with permission from Kutlay et al. [3].

# 20.1. Introduction

Each year in the United States, millions of people submit themselves to abdominal surgery for a variety of reasons, including gynecological reconstruction, tumor removal, and Cesarean sections [1, 2]. While the success rate and recovery times for the initial surgeries are continually improving, complications frequently occur. One major complication of abdominal surgery, occurring in 65–97% of patients, is the formation of tissue adhesion. This acellular, collagenrich tissue often forms when an organ is damaged due to inadvertent desiccation or trauma during surgery. During healing, this damaged tissue often becomes permanently attached to adjacent tissues by the formation of a fibrous scar, as shown in Figure 20.1. While the nearly ubiquitous formation of adhesions is not generally problematic, numerous problems can arise that require subsequent physician care. Many patients experience abdominal or pelvic pain, intestinal obstructions, infertility, and increased difficulty in subsequent surgical procedures. In addition to the immeasurable costs in patient pain and suffering, an estimated 440,000 adhesiolysis procedures are performed in the United States each year [4, 5].

#### 20.2. Postsurgical Adhesion (PSA) Formation

The mechanism of PSA formations has been shown to follow the same basic pathway as intraperitoneal wound healing. The cells, proteins, and tissues involved in this mechanism, which have been described in numerous review articles, are shown graphically in Figure 20.2 and can be summarized as a sequence of eight steps, as stated in Figure 20.3 [7–9]. When this process initiates on an open surface, typical wound healing is observed, including the associated scar formation. If an opposing surface is bridged by the fibrin gel matrix (FGM) (see Figure 20.3, step 6), the resulting scar tissue can permanently connect these tissues, resulting in the formation of PSAs.



**Figure 20.2.** Stages and time course of the wound-healing process. Initially, a high concentration of *fibrin* is observed in the peritoneal fluid. Polymorphonuclear leukocytes (*PMNs*) are observed within approximately 2 days after tissue trauma, followed by *macrophages*. Reperitonealization occurs with the appearance of *mesothelial cells* within the first 5 days, and vascularization begins within 1 week following tissue damage. Adapted from [6].

- 1. Damage to the peritoneal mesothelium exposes an acellular, denuded surface, known as the "basement membrane", which consists primarily of type I collagen, type II collagen, fibronactin, and laminin [1, 2].
- 2. As the vasculature constricts, homestasis is obtained and the coagulation cascade begins with the deposition of fibrin [1].
- 3. The quantities of fluid and plasma proteins increase near the site of injury and inflammatory exudate develops with the peritoneal fluid [7].
- 4. The composition of this exudate, initially consisting primarily of neutrophils, changes. If there is no infection, it becomes rich in macrophages over the course of 24 hours [1, 7].
- 5. Ephthelial cells are deposited on the surface of the injury by a process called "Island implantation" and re-epithelialization of the peritoneal surface proceeds [7].
- 6. The fibrin gel matrix (FGM), considered the "principal player in adhesion formation", consists of fibronectin, hyaluronic acid, gluco-saminoglycans and proteoglycans, and forms 72–108 hours after surgery [1, 7].
- 7. The FGM is remodeled and strengthened, for approximately 1 month [1, 8].
- The FGM is slowly replaced by fibrous collagen molecules and vascularized in a process controlled, at least partially, by macrophages [1].

Figure 20.3. Timeline of events occurring during postsurgical tissue adhesion formation.

When such adhesions form within the body, numerous complications are possible. If the adhesions affect the intestines, bowel obstructions can result [10–12]. In female patients, adhesions can obstruct the fallopian tubes and result in reduced fertility [10, 13, 14]. Following surgery, many patients experience abdominal pain, which is believed to be a result of reduced mobility of the organs within the abdominal cavity [10, 13, 15, 16]. Finally, subsequent surgeries can be complicated as tissue adhesions may interfere with the surgeon's access to organs [17, 18].

The costs associated with PSA in the USA are substantial. Approximately 300,000 hospital readmissions annually are either directly or indirectly related to the formation of PSA; the annual financial expenditure for pertinent treatment costs exceeds \$1.3 billion [4, 7]. Based on the significant financial costs and the immeasurable cost in terms of patient discomfort, the need to either eliminate or reduce the incidence and severity of PSA is apparent.

## 20.3. Methods of PSA Prevention and Control

Based on the well-characterized PSA formation mechanism, researchers and physicians have developed numerous approaches to prevent their formation. These approaches can be classified into four general categories: modification of surgical technique, pharmaceutical approaches, liquid instillates, and adhesion barriers. While none of these techniques can eliminate the incidence of PSA completely, each approach has demonstrated encouraging results, with research continuing along all four directions.

#### 20.3.1. Modification of Surgical Technique

Since PSAs are known to form as the result of trauma to tissue, it is logical that the number of, and severity of, PSAs can be reduced by reducing the trauma to tissues during surgery. Simple changes, such as implementing the use of nonpowdered surgical gloves, can reduce desiccation of the peritoneum and have a positive impact. During open abdominal surgery, the peritoneum is often sutured closed to aid healing. This practice increases the length of surgery and, since the peritoneum is known to heal rapidly via island implantation, it has recently been questioned [19–21]. Several studies have recently been conducted to assess the necessity of suturing the peritoneum and its affect on the formation of PSA; the results have been mixed [1, 2, 14, 19–21]. The presence of suture materials can induce an exacerbated wound-healing response, due to the foreign-body reaction, and promote PSA formation [22].

Another common surgical procedure, installation of prophylactic drainage tubes following abdominal surgeries, has also been subject of investigation [23]. Often performed as an effort either to remove excess serum and blood (to reduce infection) or to provide an early warning of surgical complications, the necessity of this technique has been questioned [24–27]. In fact, the presence of drainage tubes can increase the likelihood of infection following abdominal surgery and has been shown to increase the incidence of PSA [26].

Recent investigations suggest that increasing the oxygenation of tissues in the abdominal cavity may affect the biochemistry of the wound-healing process. Reduced oxygen levels in tissue (e.g., due to decreased blood flow) can reduce the ratio of tissue plasminogen activator to plasminogen activator inhibitor-1 present in that tissue [28]. Since plasmin is necessary to break down the FGM (see Figure 20.3, step 6), this reduced oxygen level may contribute to increased PSA formation. Oxygenating tissues during surgery has demonstrated some success at reducing the impact of PSA [28].

#### Prevention of Postsurgical Adhesions

Since PSA is a result of trauma to the internal organ surfaces, reductions in the incision size, shortening the time of surgery, and reducing the overall invasiveness of the procedure should result in a reduction of PSA. Indeed, laparoscopic surgical methods have resulted in a major reduction in the incidence and severity of PSA [29–31]. Unfortunately, not all surgeries, such as gynecological reconstruction or emergency procedures, are amendable to laparoscopic methods. In addition, even though the incidence of PSA is reduced, laparoscopy can result in some tissue trauma, with PSAs still a likely outcome. Implementation of improved surgical procedures, while effective at reducing the incidence and severity of adhesions, does not eliminate the risk of PSA formation. A significant clinical need still exists for alternative interventions to inhibit PSA formation.

#### 20.3.2. Pharmaceutical Interventions

Since PSA formation is a product of uncontrolled wound healing, by pharmacologically intervening in this process, it may be possible to reduce the effect of pathways leading to tissue adhesions. However, implementation of these techniques has been frustrated by the complex biochemical nature of the wound-healing process. For example, while it may be desirable to modify the healing process at the site of basement membrane exposure, biological approaches can potentially disrupt the beneficial healing throughout the body, resulting in more severe postsurgical complications.

Initial attempts to employ pharmaceutical agents focused on the reduction of tissue trauma. Local application of antiinflammatory medications (i.e., ibuprofen, steroids, antihistamines, etc.) has been used to reduce inflammation at the surgical site. Interestingly, these therapies have demonstrated some efficacy during preclinical trials at reducing the formation of PSA [32, 33]. This result is likely due to the known link between excessive inflammation and fibrosis [34].

Similarly, attempts at mitigating oxidative stress at the wound site have also been employed to suppress the formation of PSA. While generation of oxygen radicals (typically from the leukocyte respiratory burst) [35, 36] is a necessary part of the wound-healing cascade, an excessive amount is known to activate collagen-producing cells, resulting in exaggerated levels of fibrosis [37, 38]. It is logical to expect, then, that administration of antioxidant molecules would suppress formation of collagen-rich tissues [39]. Melatonin, vitamin E, and catalase have all shown some promise in reducing the severity of PSA formation [39–42].

Heparin, a naturally occurring anticoagulant, interrupts various steps of the coagulation cascade and inactivates thrombin. Used to treat numerous pathologies and to create biologically passivated surfaces, heparin has been investigated as an agent to reduce PSA formation. The results of these investigations, however, have been disappointing [43].

The most beneficial pharmaceutical interventions have employed fibrinolytic agents to reduce PSA formation. These enzymes, occurring naturally in the body, are important in the degradation of blood clots. As a result of trauma caused by surgery, production of these enzymes is suppressed [44, 45]. It was proposed that formation of PSA can be prevented by accelerating the degradation of fibrin deposits with locally delivered fibrinolytic agents to break down the FGM. This adhesive FGM is responsible for the formation of the initial deleterious union of adjacent tissue surfaces. Early investigations involved treatment with bacterially derived streptokinase, a protein that catalyzes formation of plasmin, which, in turn, breaks down the fibrin mesh of blood clots [46]. Increased plasmin activation proved beneficial in both animals and in humans and resulted in the commercialization of "Varidase" in the 1970s [47–49]. Additional investigations used the plasminogen activator enzyme, urokinase, and

plasmin directly via intraperitoneal injection; in these cases, mixed results and potentially immunogenic responses were observed [50, 51]. Despite these inconsistencies, direct management of fibrin, the primary adhesive protein, represents an attractive PSA-prevention strategy. Recent studies, focusing on the use of recombinant tissue plasminogen activator demonstrated significant potential to successfully address PSA formation [45].

Oral delivery of drugs to reduce PSA formation has recently been investigated [52]. Chymases, naturally occurring proteases, stimulate accumulation of neutrophils and other inflammatory cells at the trauma site; these enzymes cleave procollagen into collagen fibrils, a primary step in the formation of the collagen-rich tissue bridge. It was hypothesized that, by inhibiting/slowing the formation of collagen fibrils, the FGM could break down before PSA formation can occur. A recent study employed oral delivery of NK3201, a novel chymase inhibitor, and showed significant reduction in chymase activity and, thereby, suppressed PSA formation in a hamster model [52].

#### 20.3.3. Liquid Instillates

During surgery, saline solution is typically instilled into the abdominal cavity to accomplish a number of goals. In addition to maintaining cleanliness (by removing blood and other biological debris), this solution also maintains hydration of exposed tissues. In an effort to reduce PSA formation, several alternate liquid instillates have been investigated.

Hyaluronic acid (HA), whose chemical structure is shown in Table 20.1, is a naturally occurring biological polymer consisting of a long chain of disaccharide units with a molecular weight that can exceed 20 million daltons. HA is a principal component of the extracellular matrix of tissues throughout the human body. HA can readily be broken down into its principle sugar molecules and be metabolized within the body; these degradation units, both monomeric and oligomeric, are potent signals for macrophage and cell recruitment, angiogenesis, and the presumed nonscarring, fetal-like, wound-healing response [53–56]. Because of these properties, the use of HA has been investigated as a means to reduce PSA formation. If instilled prior to surgery, HA can effectively coat the organs in the abdominal cavity and provide protection against surgical trauma and tissue desiccation [57, 58]. HA reduces the tissue adhesion score to  $0.9 \pm 1.1$  versus  $2.0 \pm 0.8$  obtained from the controls in a mouse model and has been approved for use by the US Food and Drug Administration (FDA) [57].

Several chemical modifications of HA have been formulated in order to improve its in vivo performance. By slowing HA degradation kinetics, it is believed that additional protection against PSA formation can be obtained. HA crosslinked with ferric ion reduced adhesion scores by 59% in clinical trials and led to the commercial product "Intergel" [59, 60]. This product was withdrawn from the market after reports of additional complications, including pain and a foreign-body response attributed to high iron content [43, 61]. By esterifying the hydroxyl groups on one HA chain with the carboxyl groups on another HA chain, it is possible to form an autocrosslinked HA derivative (HAx). This material forms a hydrogel and provides surface tissue protection for a longer duration. Tests in a rabbit model demonstrated the reduction in the adhesion score from 3.0 for controls to 0.5 in the treatment groups [62]. Clinical trials have also demonstrated reductions in adhesion scores of approximately 60% versus controls [63, 64]. In addition, it is not clear whether these esterified HA monomers possess the same degree of chemotacticity as native HA and, thereby, alter the rate of cellular infiltration and wound healing at the surgery site [65].

The most effective HA-derived liquid instillate employs crosslinked HA with another biologically derived polymer, carboxymethylcellulose (CMC). CMC, whose structure is

(a) Hyaluronic Acid (HA)	
(b) Carboxymethyl Cellulose (CMC)	
(c) Phospholipid	
(d) "Adept" Icodextrin	
(e) Polyethylene Glycol (PEG)	HO to h
(f) Poly (L-Lysine)	$\left( \begin{array}{c} & & \\ & $
(g) Poly (L-Glutamate)	
(h) Polyethylene (PE)	нн +¢-¢ <del>,</del>
(i) Poly (Tetrafluoroethylene) (PTFE)	(F F) (F C − C ) F F / m
(j) Cellulose	
(k) "SprayGel" System	$ \begin{array}{c} \begin{array}{c} \begin{array}{c} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \end{array} \\ \begin{array}{c} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \begin{array}{c} \\ \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \\ \end{array} \\ $

Table 20.1. Structures of chemical compounds used for the prevention of PSA.

shown in Table 20.1, is a nontoxic material, used as a thickening agent in many food and drug products. CMC is not degraded in the body as rapidly as HA [62, 66, 67]. After partial oxidation, HA can be chemically crosslinked with CMC; this chemical combination of HA with CMC, which is commercially available as "Sepracoat," results in an instillate with a residence time in the abdominal cavity of approximately 7 days [59, 68–70]. This material has demonstrated significant protection against PSA formation in animal models but failed to convince the FDA panel of its clinical effectiveness against preventing adhesions in human patients [71].

Another category of liquid instillates is based on the chemistry of phospholipids. These materials, whose general chemical structure is shown in Table 20.1, are amphiphilic: they have a polar, hydrophilic head group and a hydrophobic tail. This amphiphilicity accounts for the surfactant properties exhibited by these materials; they adhere to hydrophilic surfaces and form a protective boundary–lubricating layer with their hydrophobic tails extending from the surface [72]. Several amphiphilic lipids (phospholipids, sphingolipids, and galactolipids), have been tested to reduce PSA formation and demonstrated significant potential to reduce PSA formation [73–75]. In a rabbit model, use of phospholipids reduced the area of adhesion formation from 691 to 191 mm<sup>2</sup> [73].

Another class of solutions has been designed to provide protection in the abdominal cavity without pretreatment via hydroflotation. The saline solutions typically used for irrigation during surgical procedures fall into this category. "Adept," a commercial product based on icodextrin, a polymeric starch, whose chemical structure is shown in Table 20.1, has been used for irrigation and rinsing during surgery [76]. After surgery, the polymeric starch is absorbed into the lymphatic system very slowly due to its high molecular weight [77]. Because of its high concentration, this material increases the osmotic pressure in the abdominal cavity and maintains an increased level of fluid [78]. The presence of this excess fluid results in tissue separation and has been shown to decrease PSA formation [77, 79–82]. In the rabbit dual uterine horn model, "Adept" increased the number of adhesion-free sites to 50% versus the 5% obtained for the untreated controls [77].

Another material that has been employed in efforts to reduce PSA formation is poly(ethylene) glycol (PEG). This material, often referred to as polyethylene oxide, was proven biocompatible in a number of applications and is under investigation for a number of additional uses [83]. PEG, whose chemical structure is shown in Table 20.1, consists of a series of repeating ether units with either hydroxyl or methoxy terminations at both ends. This structure renders PEG amphoteric and resistant to protein adsorption. Soluble in many organic solvents, PEG is highly hydrophilic and can form a hydrated layer with a large excluded volume and high steric stabilization [83, 84]. PEG surfaces present few binding sites for protein interactions; for this reason, adsorption of proteins, and subsequent adhesion of cells, is strongly inhibited. Injection of PEG into the peritoneal cavity has been moderately successful in preventing PSA formation [5]. Yet, because of their antiadhesive nature, free PEG chains poorly adhere to surfaces. Attempts to increase the protective ability of PEG by crosslinking with CMC into a viscous gel have achieved a 42% reduction in the American Fertility Society adhesion score versus the relevant controls [85].

A recent attempt to prevent PSA formation employed sequential use of solutions containing charged polypeptides [86]. A solution containing poly(L-lysine) (PLL) was instilled into the peritoneal cavity followed by a solution of poly(L-glutamate) (PLG) 5 min later. Positively charged PLL, whose chemical structure is shown in Table 20.1, adhered to damaged tissues. Negatively charged PLG, whose chemical structure is also shown in Table 20.1, associated with the positively charged PLL on the tissue surface and formed an insoluble film at the site of injury. In animal studies employing a mouse model, this system reduced the incidence of PSAs from 49.5% in the control animals to 8.81% in the treated animals [86, 87]. Further implementation of these materials/solutions may be hampered because of toxicity concerns associated with the highly charged polyamines employed [86].

#### 20.3.4. Adhesion Barriers

The most effective methods that reduce the incidence and severity of PSA formation provide physical separation of wounded from surrounding tissues. By isolating damaged or

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The first adhesion barrier system investigated consisted of grafts of peritoneal tissue aimed at providing protection to areas of damaged peritoneum. The presence of necrotic graft material, however, promoted, rather than inhibited, PSA formation in animal trials [43]. Other attempts to protect tissues by stretching the nearby peritoneal membrane also proved ineffective [43]. Decreased blood flow in this distorted tissue resulted in decreased plasmin activation and enhanced the formation of the FGM [43].

Another material that has been investigated for use as an adhesion barrier is poly(tetrafluoroethylene) (PTFE) [88]. Because this material is known to resist adhesion to most substances, PTFE is a natural candidate for use as a PSA barrier. PTFE, whose structure is shown in Table 20.1, consists of a straight chain of carbon atoms onto which fluorine atoms are fully substituted. The fluorine atoms present an inert, electron-rich surface that prevents strong interactions with other materials. PTFE is readily available as an expanded mesh, commonly referred to as ePTFE, under the trade name "Gore-Tex Surgical Membrane" [89, 90]. The presence of PFTE between damaged tissue surfaces prevents the FGM from bridging these tissues and, thus, prevents PSA formation [4, 91–94]. In animal tests employing a porcine model, PTFE reduced the adhesion score to  $0.14 \pm 0.12$  versus the observed  $1.33 \pm 0.41$  for controls [94].

The major drawbacks of PTFE result from its high degree of inertness. Since PTFE is so effective at preventing interactions with biological tissues, it typically must be sutured into place in the body [95]. In addition, PTFE is not biodegradable. Ideal for permanent prosthetic applications, the use of PTFE as an adhesion barrier can be problematic [92]. After the body has healed from the trauma induced by surgery, typically within about 2 weeks, the presence of the PTFE membrane at the site of trauma is undesirable. A second surgery, then, is typically necessary to remove this barrier material and ensure that unwanted complications are prevented [93].

Several other barrier membranes have been investigated that overcome this limitation of PTFE. Designed to be readily biodegradable, such membranes often do not need suturing into position and, thus, subsequent removal. After the desired protection has been rendered, these membranes break down and are metabolized by the body. Numerous biodegradable materials have been investigated for use as adhesion barriers, including cellulose derivatives, HA derivatives, and PEG-based materials [95–100].

A barrier composed of oxidized regenerated cellulose (ORC) was successfully commercialized under the trade name "Interceed." Cellulose, a naturally occurring polysaccharide, whose structure is shown in Table 20.1, is partially oxidized to improve aqueous solubility. This biodegradable material has a gauze-like consistency and can be applied directly to damaged tissues in order to prevent PSA. When properly applied, this material has shown a high degree of efficacy in reducing PSA formation in surgical procedures. There are, however, several limitations to the clinical use of "Interceed" [95, 100]. Because it is thrombogenic, contact with blood greatly increases the likelihood of subsequent surrounding tissue adhesion; because of this property, complete homeostasis must be achieved prior to in situ application of "Interceed." In addition, application must be limited to a single layer of material in all areas; multiple layers may promote adhesions [43]. These difficult handling requirements render "Interceed" unsuitable for laparoscopic procedures and limit its general applicability to more invasive laparotomic procedures.

Barrier membranes based on HA crosslinked with CMC are available under the trade name "Seprafilm." This material is applied as rigid sheets that, once hydrated, form a protective

gel on the abdominal tissue surface and prevent PSA formation. With a chemical composition nearly identical to "Sepragel," this material is readily biodegraded in vivo within about 1 week. Provided that a surgeon has knowledge and access to all areas of tissue damage, "Seprafilm" can be very effective at preventing PSA formation [95-97]. In animal studies employing a rat model, the total adhesion score was reduced to  $4.15 \pm 0.58$  from  $7.21 \pm 0.52$  obtained for the respective controls [70]. A meta-analysis of clinical data also demonstrated "Seprafilm" to be effective at lowering the incidence of PSAs in abdominal surgeries [101]. While this study mistakenly included a non-"Sepracoat" HA/CMC material in its analysis, it reported that patients receiving the "Sepracoat" control group (p < 0.01) [101]. While the rigid structure of "Seprafilm" has traditionally prevented its use in laparoscopic surgery, newer techniques involving the use of rolled films has enabled limited laparoscopic use [102].

Since the number of procedures performed by laparoscopic surgery is continually increasing, the ability to apply adhesion barriers via this method is increasingly important. A material recently developed to address this clinical need is the two-component system commercially available as "Spraygel." This system consists of a double-barrel syringe used to apply the contents to damaged tissue via laparoscopy. Each barrel contains a reactive PEG precursor solution. Upon mixing, an amine group from one component reacts with *N*-hydroxylsuccinimide ester in the other component to form a crosslinked hydrogel, as shown in Table 20.1. This crosslinked material degrades in vivo into PEG units that are rapidly removed from the body by renal clearance [98, 99]. Since "SprayGel" is readily applicable in laparoscopic procedures, the major limitation for its use in PSA is the surgeon's awareness of, and access to, damaged tissues. In clinical trials, this material showed significant efficacy because it reduced the mean adhesion tenacity score by 64.7% versus pertinent values obtained for the untreated controls [103].

The aforementioned adhesion barriers have proven efficacious in reducing PSA formation in patients; for this reason, these commercially available products are enjoying success in the marketplace. Even with these methods, however, PSA formation is still occurring in many patients. For instance, in a 2007 meta-analysis of "Seprafilm" efficacy, of the 371 patients in the adhesion barrier treatment group (combined over several studies), 196 still had developed a PSA [101]. With a prevention rate of only ~48%, multiple hypotheses have emerged to explain the persistent occurrence of PSA. If the surgeon is unaware of damaged tissue or if the damaged site is inaccessible, current barrier methods may not be effective and tissue adhesion formation remains a likely outcome. To overcome these deficiencies, many new strategies for the prevention of PSA are currently being investigated. Some of these investigations focus on combinations of techniques that have demonstrated success in the past. For example, various hydrogels have been loaded with either antiinflammatory, antibiotic, or fibrinolytic agents, including budesonide, paclitaxel, and streptokinase [33, 41, 104–106]. In addition, changes to pertinent surgical techniques are under investigation [26, 28, 52]. A brief summary of the most widely investigated PSA-prevention methods is given in Table 20.2.

# 20.4. PSA Evaluation Methods

Perhaps one of the biggest impediments to the rapid development of PSA-prevention strategies, especially to the testing of barrier materials, is the lack of a standard and widely used method to evaluate and compare pertinent performance. The situation is complicated because various animal models are used and each clinical trial is conducted independently. Due to the

	Technology	Application method	Biodegra- dability	Level of tunable properties	Level of success	References
Modification of surgical technique	Nonsuturing of damaged peritoneum	N/A	N/A	N/A	Significant decrease in PSA forma- tion, but adoption of this practice by surgeons problematic	[1, 2, 14, 19–21]
- 	Use of laparoscopic procedures	A/A	N/A	N/A	Significant decrease in PSA formation, but: Application of technique is limited to certain surgeries Precludes use of many other adhe- sion-reduction techniques	[29–31]
	Other technique changes (nonpowdered gloves, nonuse of drainage tubes, increased tissue oxygenation)	N/A	N/A	N/A	Significant decrease in PSA forma- tion, but adoption of this practice by surgeons is problematic	[1, 2, 26, 28]
Pharmaceutical interventions	Antiinflammatories	IP injection	Yes	Dose, timing, and selec- tion of the therapeu- tic agent	Moderate success because of the associated risk of side effects	[32, 33]
	Antioxidants	IP injection	Yes	Dose can be altered	Very successful Vitamin E interrupts several parts of the adhesion formation mechanism	[40, 41]
	Fibrinolytic agents	IP injection	Yes	Dose can be altered	Moderately successful but has potential for immunogenic res- ponse and reduced hemostasis	[10, 44, 45, 47-49]
	Chymase inhibitors	Oral delivery	Yes	Dose and timing of the therapeutic agent can be altered	Moderately successful	[52]
						(continued)

Table 20.2. Summary of PSA-prevention methodologies.

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	Technology	Application method	Biodegra- dability	Level of tunable properties	Level of success	References
Peritoneal instillates	HA and its derivatives	IP injection	Yes	MW and dose of HA can be optimized	Moderately successful	[57-64, 69, 70]
	Phospholipids	IP injection	Yes	Dose can be optimized	Very effective The zwitterionic nature of the phospholipids allows them to bind onto the epithelial cell mem- branes and provide lubrication	[72–75]
	Hydroflotation initiators (''adept'')	IP injection	Yes	MW and dose of the starch molecules can be optimized	Moderately successful	[76-82]
	Poly(ethylene glycol)	IP injection	Yes	MW and concentration of PEG solution can be optimized	Moderately successful: Significant decrease in number and collagen content of PSAs	[5, 83, 84]
Adhesion barriers	PTFE ("Gortex Surgical Membrane," "Preclude")	Film placed directly on the damaged tissue	No	Physical properties of the mesh can be controlled	Moderately successful: Nondegradable; it remains in site and must be removed with another surgical procedure Requires suture fixation Incompatible with laparoscopy	[88, 92–95]
	ORC ("Interceed")	Film placed directly on the damaged tissue	Yes	MW, degree of oxida- tion, and the physical properties of the film can be controlled	Moderately successful: Thrombogenic Difficult to handle Incompatible with laparoscopy	[43, 95, 100]

Table 20.2. (continued)

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[95-97]	[98, 99, 103]	
Very successful: Adheres to the peritoneum Degrades Is not procoagulant But causes: Severe inflammation Abscess formation	Must be placed directly on the damaged tissue Very effective; can be employed with laparoscopic procedures anerated cellulose	
MW and degree of the crosslinking can be optimized	MW and degree of polymerization can be optimized uronic acid; ORC oxidized rege	
Yes	Yes HA hyalu	
Film placed directlyon the damaged tissue	In vivo spray polymeriza- tion olecular weight; <i>E</i>	
Crosslinked HA gel ("Seprafilm")	In vivo polymerization of PEG ("Spray Gel") W/ not applicable; <i>IP</i> intraperitoneal; <i>MW</i> mc	

Tissue(s) involved	Animal model	Pros	Cons	References
Abdominal wall	Mouse	Measurements of both extent and type of adhesion	Semiquantitative scoring	[28]
	Rat	Quantitative analysis of the adhesion area	C	[86, 87]
	Rabbit	Surgical damage carefully controlled	Semiquantitative scoring	[73, 74]
Intestinal wall	Rat		Semiquantitative scoring	[104, 105]
Intestine/ abdominal wall	Rabbit	Surgical damage carefully controlled		[75]
	Rabbit		Semiquantitative scoring	[33, 62, 106, 112]
Uterus	Hamster		Semiquantitative scoring	[52]
	Pig	Internal control possible by treating two uterine horns separately	Semiquantitative scoring	[98]
	Rabbit	Internal control possible	Semiquantitative scoring	[33, 99]
	Rat	Internal control possible Quantitative analysis of the adhesion area		[41, 82, 93]
Uterus reformation	Mouse	Multiple adhesion	Semiquantitative scoring	[57]

Table 20.3. Summary of the animal models used in PSA testing.

complex interplay of the many facets of the wound-healing process, inflammatory cascades, and anatomical aspects, in vivo studies are an integral part of PSA evaluation. By its nature, however, animal testing is very complex, time consuming, and limited in its ability to provide useful data comparisons among studies, which use different species. In addition, large-scale screening of materials is not typically possible because of the associated high cost, time requirements, and ethical issues. Furthermore, in most animal models, failure of PSA treatment strategy does not always provide useful information regarding the underlying mechanism of failure. Methods of assessment have been primarily based on semiquantitative animal models, including mouse, rat uterine horn, rabbit, and pig; these models are summarized in Table 20.3. The results of such studies are typically scored based on visual observations (e.g., no adhesion, filmy avascular adhesion, vascularized adhesion, collagen-rich adhesion) in an attempt to provide meaningful comparisons. Because of the large variability in the test methods and in data analyses, it is generally not possible to conduct meaningful comparisons between independent investigations. For these reasons, the results of material performance are often either confounded or obscured by the differences in the models and scoring systems employed.

Furthermore, there has been significant lack of translational relevance from in vivo PSA treatment models to clinical application and success. A strong need exists to revisit the fundamental aspects of tissue adhesion formation and obtain more information regarding the underlying mechanisms for both the success and failure of each treatment. Recent attempts to address these issues have focused on standardizing the methods of testing and quantifying tissue adhesion formation. A grading system, described in Table 20.4, was developed to

Score	Extent of adhesion	Severity	Degree
0	None	No adhesions	No adhesions
1	1-25%	Filmy, avascular	Adherent tissue separation with gentle traction
2	26-50%	Vascular and/or opaque	Tissue layer separation requires moderate traction
3	51-75%	Cohesive attachment	Tissue layer separation requires sharp dissection
4	76–100%		

evaluate three characteristics (specifically, extent, severity, and degree) of adhesion formation; application of these three measures assigns a total adhesion score [107]. While still semiquantitative, this grading system provides some quantitative information and allows comparisons to be made between the results of various studies.

Most recently, complete quantitative investigations and in vitro models are being developed to allow for a rational optimization of potential treatments prior to large-scale animal tests. Investigators have reported preliminary results indicating that tissue adhesions can be reproducibly formed in a porcine model and analyzed using a tensile test system [108]. This tensile strength analysis method provides bulk modulus data of the formed scar tissue, allowing direct quantitative assessment of the quality and maturity of the adhesion and does not rely alone upon the physical appearance of the tissue [108].

Finally, in vitro methods are being developed that address-specific aspects of the tissue adhesion events, providing rapid evaluation of chemophysical methods in preventing PSA. For example, for treatments that attempt to inhibit the initial adhesion between damaged tissue surfaces, a quartz crystal microbalance with dissipation (QCM-D) method has been described [109]. This system allows the sequential flow of molecules across a model surface, allowing for the evaluation of solution-applied barriers. The substrate resonates at a characteristic frequency, typically 5 MHz. As molecules from the solution interact with this substrate, the resonance frequency decreases by a small amount (about 17.7 ng/cm<sup>2</sup>) [110, 111]. Using a surface, which mimics the FGM, it is possible to monitor the interactions of soluble, self-assembled barrier materials with the tested substrates (e.g., fibrin, hyaluronan, collagen I, laminin) and relate pertinent aspects (e.g., strength of adhesion, durability of material, viscoelasticity) to in vivo phenomena such as wound-healing rate and tissue adhesion formation. By monitoring the change in resonant frequency and energy loss exhibited as the substrate and solution are allowed to interact, the QCM-D method allows rapid, quantitative analysis of these assembling interactions and resistance of subsequent adhesion events with these surfaces. Since adsorption of proteins to surfaces is a known prerequisite for subsequent cellular attachment and function, it is anticipated that this technology will allow rapid investigation of many adhesion-prevention systems. As shown in Figure 20.4, very small amounts (specifically, nanograms per square centimeter) of barrier polymer, diblock copolymer poly(ethylene glycol)-b-poly(acrylic acid) adsorbing to surfaces can be detected and the kinetics of these interactions can be readily investigated. In addition, by simultaneously monitoring the energy loss, or dissipation, of the model system, the adsorption phenomena mechanism (e.g., rigid, tight binding vs. fully extended viscoelastic gels) can be studied. While very preliminary, this technique holds great potential for the rapid development and screening of self-assembled materials for use in the prevention of PSAs. The ability to quantitatively



**Figure 20.4.** Representative quartz crystal microbalance with dissipation (QCM-D) curves for adsorption of adhesion-resistant polymer and subsequent protein adsorption. (a) Raw data of the time course of the frequency response ( $\Delta f$ ). (b) Mass adsorption based on the Sauerbrey model, which assumes a linear fit between frequency response and adsorbed protein and polymer mass [111]. (c) Fit of the protein adsorption kinetics to a model substrate after preadsorption of an adhesion-resistant polymer. [SA]<sub>max</sub> = 152.1 ng/cm<sup>2</sup> and t<sub>y</sub> = 20.9 s. (d) Kinetic model fit of protein desorption from surface. [SA]<sub>0</sub> = 21.9 ng/cm<sup>2</sup> and t<sub>y</sub> = 27.8 s.

compare interactions of proteins, cells, and tissues with materials and to identify the underlying mechanisms is essential for the logical design of the next generation of PSA barriers.

#### 20.5. Conclusion

PSAs represent a significant clinical complication that affects a large patient population. To address this multifaceted problem, a range of methods was developed. Although use of physical material barriers provides the best results, no single method has proven to be effective in all instances, to date. This failure is most likely due to the complexity of PSA formation, the uniqueness of each surgical procedure and patient, and lack of understanding of the underlying mechanism of PSA etiology and successful prevention. PSA remains a serious clinical problem. New methodologies to improve material/device performance at a mechanistic level are a necessity for the success of PSA barriers in the future. In addition, novel materials must be designed and formulated to address all pertinent aspects of the PSA formation (e.g., physical, chemical, inflammatory, oxidative, and wound healing) in order to maximize the potential for clinical success. In this regard, biomaterial engineers could make crucial contributions toward eventual elimination of PSA formation.

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