

Castration-Recurrent Prostate Cancer Is Not Androgen-Independent

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Significance

In the USA in 2006, an estimated 234,460 new cases of prostate cancer (PC) will be diagnosed and 27,350 men will die from PC (1). Despite the increased use of digital rectal examination and serum prostate-specific antigen (PSA) measurement for early detection, ~30% of men treated with curative intent suffer PC recurrence. These men and those who present with locally advanced or metastatic PC can be palliated by androgen deprivation therapy (ADT), a treatment that remains unimproved since its discovery more than 60 years ago (2). Over 80% of men with disseminated PC demonstrate clinical or biochemical response that is associated with a mean life expectancy of ~3.5 years in contrast to nonresponders or untreated patients who live an average of 9 months. Regardless of the androgen responsiveness of incurable PC, almost all patients succumb to castration-recurrent PC because it responds poorly to all known therapies.

AR Protein Expression in Castration-Recurrent CaP

Androgen receptor (AR) immunostaining of 19 specimens of castration-recurrent PC [% positive nuclei, 83.7 ± 11.6 , and mean optical density (MOD), 0.284 ± 0.115] was similar to 16 specimens of benign prostate (% positive nuclei, 77.3 ± 13.0 , and MOD, 0.315 ± 0.044) ($p = 0.25$ for % positive nuclei and 0.48 for MOD) (Fig. 1) (3). These findings, measured using an AR monoclonal antibody and automated image analysis, were similar to earlier reports that used qualitative methods (4, 5). High levels of AR expression in castration-recurrent PC in the absence of testicular androgens provides the potential for enhanced AR sensitivity to available androgens or alternate mechanisms of activation that would allow AR to remain central to growth regulation of castration-recurrent PC (6–9). The central question becomes “*How is AR activated after medical or surgical castration?*”

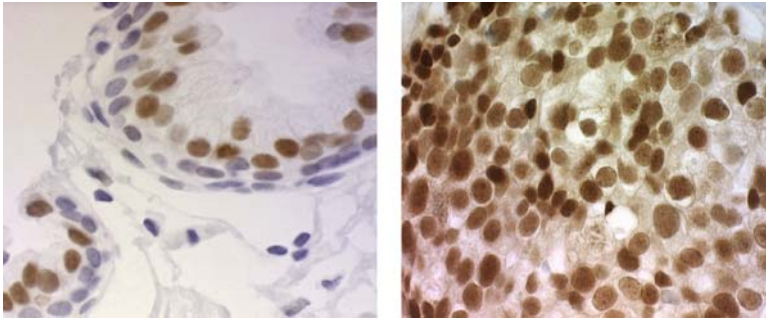


Fig. 1 AR protein expression is similar in androgen-stimulated benign prostate (*left*) and castration-recurrent PC (*right*)

AR Mutations in Castration-Recurrent Prostate Cancer

At the molecular level, AR mutations have been reported with frequencies ranging from 0 (10) to 44% (11) in androgen-stimulated PC, and 0 (12) to 50% (13) in castration-recurrent PC. Most investigators use a single method to search for mutations and since evaluation of exon A is technically difficult, investigators evaluate only exons B-H, although exon A may harbor many mutations (11). Specimens of castration-recurrent PC from 25 men were used to test whether the AR mutation frequency variation in castration-recurrent PC resulted from methodological differences. Mutation analysis used denaturing gradient gel electrophoresis (DGGE) of all exons except the first fragment of exon A [4 PCR products span exon A (A1–4)], single-strand conformational polymorphism (SSCP), and direct sequencing of all exons. The three mutational analysis methods were similar in sensitivity; i.e., the frequency of LNCaP mutation was 10% by DGGE and direct sequencing, and 20% by SSCP (14). A silent mutation was found in exon F (800C→T). A second patient had two changes: the LNCaP mutation (877T→A) in exon H and a CAG repeat deletion from 25 in genomic DNA to 10. The mutation was confirmed by cloning. Neither mutation was present in peripheral blood mononuclear cells nor in the original androgen-stimulated PC. A third patient had CAG repeat expansion from 21 to 26 and GGN repeat deletion from 23 to 10 in castration-recurrent PC compared with his original PC. SSCP suggested mutations (1 in fragment A3 and 4 in exon E) not confirmed by direct sequencing. A consensus has developed that AR mutations are infrequent (6, 7), although in bone metastases, they may occur with a frequency as high as 30% when ADT includes antiandrogens (15), mutagenesis rates are high in general. When characterized functionally, most of the mutant ARs retain transcriptional activity in response to androgens and some have altered steroid-binding specificity that changes the spectrum of ligands capable of activating AR (13, 16–19).

AR Amplification in Castration-Recurrent Prostate Cancer

Chen et al. used in vitro and in vivo models to suggest that castration-recurrent PC results from increased expression of AR protein through AR gene amplification that allows expression of androgen-regulated genes despite castrate levels of serum androgens (20). This hypothesis was tested clinically using a tissue microarray constructed from 24 samples of castration-recurrent PC and six samples of benign prostate (21). Eight (33%) castration-recurrent PCs exhibited AR gene amplification, a frequency similar to that reported by others. AR was immunostained more intensely in PC with amplified AR (MOD 0.36 ± 0.07) than nonamplified AR (MOD 0.24 ± 0.09) ($p < 0.01$) but AR immunostaining intensity was unrelated to the degree of AR amplification. A single laboratory has reported on AR gene amplification and survival; a survival advantage was found for amplified patients in their first two reports but not in their most recent publication (22). We found that AR gene amplification was unrelated to duration of survival after ADT.

Ligand-Independent AR Activation

AR is activated by IL-6 (23). Phosphorylation of the coactivator SRC-1 is regulated by IL-6 causing protein interaction between the N-terminal domain of AR and SRC-1 (24). Growth factor kinase signaling pathways may activate AR directly or sensitize AR by regulation of coactivator interaction with AR (25–29). Evidence is strong for HER-2, but HER-2 receptor levels are low in castration-recurrent PC at the protein and mRNA levels; however, HER-2 amplification was not detected in any of 39 androgen-stimulated or castration-recurrent PC specimens tested (44). “Ligand-independent” AR activation may occur when AR is sensitized to low androgen levels by growth factors, change in AR coregulator profiles, or microenvironmental hypoxia. For example, the neuropeptide growth factor bombesin synergizes with 10 pmol dihydrotestosterone (DHT) to activate AR in PC-3 cells that overexpress transfected AR (30).

AR Activating Levels of Androgens in Castration-Recurrent Prostate Cancer

A group of 21 patients aged 57–86 years demonstrated clinical evidence of castration-recurrent PC (3) (Fig. 2 and Table 1). All underwent transurethral prostatectomy for urinary retention from local recurrence that occurred from 7–92 months after medical (10 men) or surgical (11 men) ADT. Histologic examination revealed poorly differentiated carcinoma (Gleason sum 8–10) that represented an

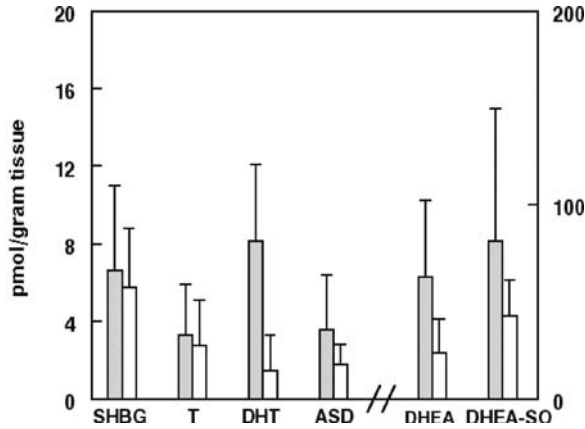


Fig. 2 Tissue androgen levels in castration-recurrent PC (*open bars*) vs. androgen-stimulated benign prostate

Table 1 Androgen levels in castration-recurrent PC

| LC/MS/MS | | | RIA | | |
|---------------------|------|------|------------------------|------|------|
| Titus 2005 | | | Page 2006 | | |
| | T | DHT | | T | DHT |
| AS-BP (n = 18) | 2.75 | 13.7 | AS-BP (n = 4) | 1.84 | 9.26 |
| RCaP (n = 18, 3–6m) | 3.75 | 1.25 | LHRH+T (n = 4, 1m) | 1.38 | 6.8 |
| Nishiyama 2004 | | | LHRH (n=4, 1m) | 0.56 | 1.94 |
| | T | DHT | Mohler 2004 | | |
| AS-BP (n = 30) | - | 18.7 | | T | DHT |
| CaP (n = 30, 3–6m) | - | 4.65 | AS-BP (n = 30) | 3.26 | 8.13 |
| Mizokami 2004 | | | RCaP (n = 15, 37m) | 2.78 | 1.45 |
| | T | DHT | Labrie 1989 | | |
| AS-BP (n = 15) | - | 8.53 | | T | DHT |
| CaP (n = 15, 3–6m) | - | 2.13 | Human CaP (n = ?) | - | 18.6 |
| | | | Orch (n = 5, 2–12m) | - | 9.29 |
| | | | Orch + flu (n = 4, 2m) | - | ND |
| | | | Rat prostate | - | 14.6 |
| | | | Orch, orch ± flu | - | ND |
| | | | Guinea pig prostate | - | 32.4 |
| | | | Orch, orch ± flu | - | ND |
| | | | Geller 1979 | | |
| | | | | T | DHT |
| | | | AS-BP (n = 17) | - | 17.6 |
| | | | CaP orch ± DES (n=9) | - | 4.47 |
| | | | CaP DES 1 mg (n = 6) | - | 12.4 |

average of 92% (range 72–99%) of the cross-sectional area of the tissue sections. To compare these tissues to androgen-stimulated prostate tissue, frozen specimens of benign prostate tissue were obtained from radical prostatectomy specimens. The frozen tissues were assayed for total levels of T, DHT, androstenedione (ASD),

dehydroepiandrosterone (DHEA), DHEA-sulfate (DHEA-SO₄), estradiol, sex hormone-binding globulin (SHBG), and PSA. Although tissue levels of DHT, DHEA, and ASD were lower in castration-recurrent PC from men undergoing ADT than in benign prostate from untreated men ($p < 0.01$), DHT tissue levels averaged 1.45 nM in castration-recurrent PC and 8.14 nM in benign prostate. Tissue levels of testosterone (T) were similar in castration-recurrent PC (2.78 nM) and benign prostate (3.27 nM) ($p = 0.21$). Tissue levels of PSA in castration-recurrent PC were approximately 1/10 the level measured in benign prostate ($p < 0.000001$). Castration-recurrent PC tissue levels of androgens, estradiol, SHBG, and PSA did not differ between three patients who received flutamide and 12 patients who did not. In particular, tissue levels of DHT were similar ($p = 0.29$) in both groups (flutamide, 3.75 ± 3.58 pmol/g tissue, range 0.40–7.53 pmol/g tissue; no flutamide, 0.87 ± 0.53 pmol/g tissue, range 0.37–2.17 pmol/g tissue).

These results obtained using radioimmunoassay (RIA) were surprising. Therefore, the data were confirmed using mass spectrometry (MS) (31). A prostate tissue homogenization and androgen extraction protocol and a liquid chromatography (LC)/electrospray ionization (ESI)/MS analytic method were developed in collaboration with Dr. K. Tomer, Director, NIEHS MS Facility. T levels were similar in castration-recurrent PC (3.75 pmol/g tissue) and benign prostate (2.75 pmol/g tissue, $p = 0.30$). DHT levels in castration-recurrent PC (1.25 pmol/g tissue) were less than in benign prostate (13.7 pmol/g tissue, $p < 0.0001$), although, in most specimens of castration-recurrent PC, DHT levels were sufficient for AR activation. DHT levels in castration-recurrent PC compared with benign prostate decreased 91% by MS and 82% by RIA.

Are Tissue Androgen Levels Really Elevated During ADT?

Dr. Labrie et al. gained widespread recognition for their work on tissue androgen levels during ADT measured by RIA. PC tissue DHT levels decreased from 5.24 ng/g tissue in noncastrated men 55–68 years of age to 2.7 ng/g tissue in five men who castrated 2–12 months before radical prostatectomy (32). Among four castrated men receiving flutamide, 250 mg three times daily for 2 months prior to prostatectomy, tissue DHT was undetectable. It was postulated that flutamide, competing for high affinity DHT binding to AR, decreased prostate DHT levels by increasing its degradation. These data led to the use of “total androgen blockade” where tissue DHT was eliminated using antiandrogens (33). However, a metaanalysis of clinical trials comparing LH-RH agonists and anti-androgens vs. LH-RH agonists alone (34) and a study comparing orchiectomy and anti-androgens vs. orchiectomy alone (35) demonstrated no survival benefit to combination therapy. Careful review of older literature and recent findings cast further doubt on Labrie’s hypothesis.

In 1979, Geller et al. published an analysis of tissue androgen levels in prostate and non-androgen target tissues with a specific emphasis upon tissue steroid levels as markers of tumor differentiation and adequacy of anti-androgen therapy (36).

Tissues procured by transurethral resection of the prostate were assayed by RIA. They reported that 1 mg of DES did not adequately suppress tissue DHT levels since the levels remained intermediate between androgen-stimulated benign prostate and prostate tissue procured from castrated men. They concluded that their findings “support the long suspected theoretical role of adrenal cortical androgens as biologically important sources of DHT in relapse of PC.” The clinical importance of their findings were obscured by Labrie’s assertion that coadministration of anti-androgens cured PC by reducing tissue DHT levels to 0, a finding that was based upon experimental data in a total of four men. Interest and attention on Geller’s original hypothesis has been rekindled by our RIA and MS data from men with castration-recurrent PC. MS findings are supported by two recent reports. Mizokami et al. (37) showed that average tissue DHT levels measured by LC/MS/MS decreased 75% in prostatectomy specimens obtained after 3–6 months of ADT, and Nishiyama et al. (38) found tissue DHT concentration decreased 75% in prostate tissue from 30 men receiving ADT for 6 months. Recently, Page et al. (39) reported that tissue levels of RIA testicular androgens in benign prostate may be sufficient for AR activation as early as 1 month after castration! Twelve men underwent prostate biopsies on day 28, four men received placebos, a long acting LHRH antagonist, acyline, or acyline and T. In four men who received acyline, T, and DHT, prostate tissue levels decreased by 70 and 80%, respectively. Despite this decrease in prostate tissue levels of androgens, IHC revealed no detectable differences among the three groups in cellular proliferation, apoptosis, and PSA or AR expression. This report is especially important for two reasons. First, it suggests that benign prostate recovers the ability to produce testicular androgens as soon as 1 month after institution of ADT. Second, normal tissue homeostasis was recovered 1 month after ADT. Yet, in benign prostate, prostate volume remains reduced forever; ADT cures benign prostate enlargement. In contrast, PC cells must develop the ability to use these tissue androgens to recur as castration recurrent PC to kill the patient.

Clinical Relevance of AR Activating Levels of Tissue Androgens

Are levels of ~3 nM T and DHT measured in castration-recurrent PC tissues sufficient to activate AR? Simard et al. (40) were the first to suggest that residual DHT in prostatic tissue after castration was androgenic. On the basis of traditional transient transfection experiments in PC cell lines, 1 nM T efficiently activates most androgen-regulated reporter genes. We (41) and others (42) have shown that the “supersensitive” AR is activated in castration-recurrent PC cell lines by pM DHT. The presence of PSA in these specimens of castration-recurrent PC and in serum of patients is consistent with the presence of an activated AR, although PSA levels in castration-recurrent CaP tissue were only 7.6% of levels in benign tissue. Stege et al. (43) reported a PSA level of 4,973 $\mu\text{g/g}$ tissue (assuming 1 mg DNA per gram tissue) in aspirated benign prostate, which was similar to the level we found in benign prostate (3,198 μg per gram tissue). They reported a tissue PSA level of 458 μg per gram tissue in PC from noncastrated

patients that were similar to the level we measured for castration-recurrent PC (297 μg per gram tissue). In transurethral resection specimens, Yang et al. (44) reported tissue PSA levels of 1952.27 $\mu\text{g}/\text{g}$ protein in benign prostate, and 583.75 $\mu\text{g}/\text{g}$ protein in PC from noncastrated patients. Since we and others obtained similar PSA levels in androgen-stimulated benign prostate, the similar PSA levels measured by us in castration-recurrent PC and those of others in androgen-stimulated PC and benign prostate suggest that the AR is activated in all tissues despite the castrate serum levels of androgens.

Adrenal Androgens may be the Source of Prostate Tissue DHT

Belanger et al. (32) suggested that persistent levels of prostatic DHT after castration alone resulted from metabolism of adrenal-derived DHEA, DHEA- SO_4 , and ASD in prostate tissue. Serum DHEA- SO_4 levels can be 300–500 times the concentration of DHEA, and the sulfatase present in human prostate converts DHEA- SO_4 to DHEA (45). In the only report of tissue levels of DHEA, nonhyperplastic tissue specimens obtained by open prostatectomy contained 90 pmol mg^{-1} DNA (equivalent to 90 nM DHEA assuming 1 mg DNA per gram tissue) (45). These levels of DHEA cause detectable activation of AR in cotransfection assays (46). Moreover, small amounts of DHT have been reported to be formed from DHEA and DHEA- SO_4 in benign prostate (47).

Some preliminary data support the possibility that conversion of DHEA and DHEA- SO_4 to DHT in castration-recurrent PC contributes to AR activation. Thirty-six tissue homogenates were made from 12 samples each of frozen operative specimens of benign prostate, androgen-stimulated PC, and castration-recurrent PC. [^3H]-ASD appeared as [^3H]-DHT in all three tissue types (thin layer chromatography, data not shown) suggesting that the androgen metabolic enzymes present in androgen-stimulated benign prostate and PC remain in castration-recurrent PC. The androgen metabolism pathway from adrenal androgens to DHT appears present in the CWR-R1 cell line that was generated from a castration-recurrent CWR22 human xenograft tumor. An average of 5% of [^{14}C]-DHEA appeared as [^{14}C]-DHT in three experiments (Fig. 3).

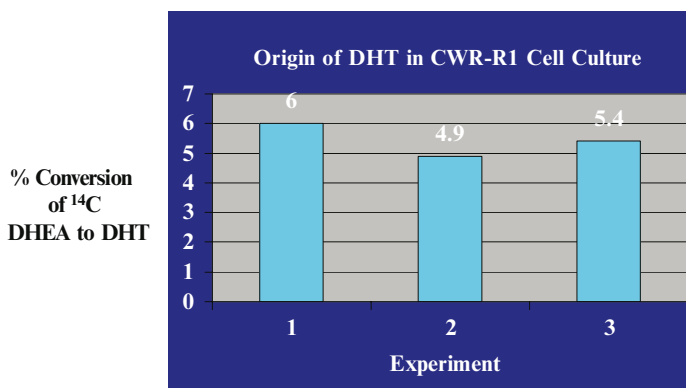


Fig. 3 % Conversion of [^{14}C]-DHEA to DHT in three individual experiments

These observations are consistent with recent reports of upregulation of androgen metabolism enzymes (45, 47) during ADT that allow T formation from adrenal androgens or androgen metabolites.

Model of Castration-Recurrent Prostate Cancer

The benign and malignant prostate is stimulated by circulating and tissue levels of androgens from puberty through adulthood. Both benign and malignant prostate epithelium grows slowly; rates of apoptosis and cellular proliferation are similar. Circulating T is reduced to DHT, the preferred AR ligand. Castration reduces circulating T and DHT to castrate levels that remain so indefinitely. Both benign and malignant prostate respond to this insult with a massive wave of apoptotic cell death, which peaks on day two (29) after castration (48). Both castration-recurrent PC (3, 31) and benign prostate (39) demonstrate tissue androgen levels sufficient for AR activation soon after castration. When PC recurs clinically after castration, PSA begins to rise in patients and xenograft models (48) and, for unknown reasons, castration-recurrent PC begins to grow again whereas benign prostate hyperplasia remains permanently dormant (Fig. 4).

Conclusion

AR remains active in growth signaling despite castrate levels of circulating androgens (49). AR protein and AR-regulated proteins are expressed in PC that recurs during ADT in both primary (3, 4, 50, 51) and bone metastases (52, 53). The substrates and metabolic pathways (54) responsible for maintenance of functional tissue levels of T and DHT in castration-recurrent PC remain to be clarified. New therapies that target AR directly (8) and prevent the formation of androgens within PC tissue (55) may offer novel approaches to prolong remission or induce rerecession of castration-recurrent PC.

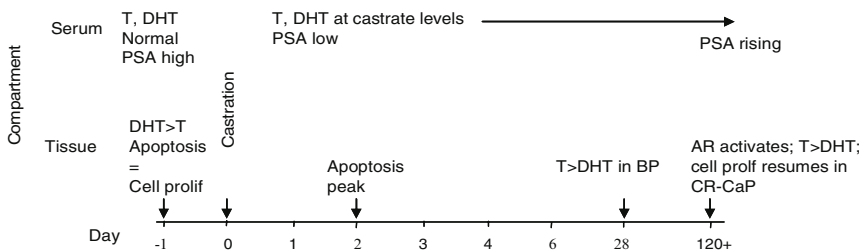


Fig. 4 Model of castration-recurrent prostate cancer

Summary

An American man is diagnosed with prostate cancer (PC) every 3 min and dies from the disease every 17 min. Although androgen receptor (AR) expression is diminished following androgen deprivation therapy (ADT) that induces clinical remission in most patients, castration-recurrent PC expresses levels of AR protein similar to those found in androgen-stimulated PC and benign prostate. This observation suggests that the AR may be as important for growth regulation in castration-recurrent PC, as it is in androgen-stimulated PC and benign hyperplasia. Neither ligand-independence, point mutations, glutamine and/or glycine repeat expansion nor amplification have explained AR activation in most cases of castration-recurrent PC. Castration-recurrent PC tissue has levels of testosterone (T) similar to androgen-stimulated benign prostate and levels of dihydrotestosterone (DHT), the most active androgen for AR activation that are approximately 10% of androgen-stimulated benign prostate. These levels of tissue androgens appear capable of activating the AR since prostate-specific antigen (PSA), the classic androgen-regulated gene, is expressed at similar tissue levels in castration-recurrent and androgen-stimulated PC. These startling findings suggest a paradigm shift; *PC that recurs during ADT is not androgen-independent.*

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