# Applications of the Neonatal Quinpirole Model to Psychosis and Convergence upon the Dopamine D<sub>2</sub> Receptor

**Russell W. Brown and Daniel J. Peterson** 

Abstract This mini review focuses on the importance of the dopamine  $D_2$ -like receptor family and its importance in psychosis. Past findings from this laboratory along with collaborators have been that neonatal quinpirole (a dopamine  $D_2$ -like receptor agonist) results in increases in dopamine  $D_2$  receptor sensitivity that persists throughout the animal's lifetime. Findings from this model have been shown to have particular application and validity to schizophrenia, but may have broader implications toward other psychoses, which is reviewed in the present manuscript. In the present review, we also highlight other models of psychoses that have been centered on the subchronic administration of quinpirole to rats in order to model findings. This review highlights the importance of the combination of behavioral findings and neurobiological mechanisms focusing on neural plasticity in discovering underlying pathologies in these disorders that may lead to treatment discoveries, as well as the value of animal models across all psychoses.

**Keywords** Dopamine  $D_2$  receptor  $\cdot$  Neonatal  $\cdot$  Quinpirole  $\cdot$   $D_2$  receptor supersensitivity  $\cdot$  Psychosis

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R.W. Brown (🖂)

D.J. Peterson Department of Psychology, East Tennessee State University, Johnson City, TN 37614-1702, USA

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Department of Biomedical Science, James H. Quillen College of Medicine, East Tennessee State University, Johnson City, TN 37614-1702, USA e-mail: brown1@mail.etsu.edu

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#### 1 Introduction

Approximately 25 years ago, Dr. Richard Kostrzewa and colleagues demonstrated that neonatal treatment of rats with quinpirole, a dopamine  $D_2/D_3$  agonist, produces an increase in dopamine  $D_2$ -like receptor sensitivity (Kostrzewa and Brus 1991), and later demonstrated this change persisted throughout the animal's lifetime (Kostrzewa 1995). This increase in dopamine  $D_2$  receptor sensitivity is consistent with increases in D<sub>2</sub> receptor sensitivity in schizophrenia (Seeman et al. 2006), and over the past decade or so, our laboratory has utilized this model in studies aimed at elucidating mechanisms of substance abuse comorbidity in schizophrenia. First and foremost, however, the animal model we use must be valid. As stated by Monteiro and Feng (2015) in a recent review in *Biological Psychiatry*, animal models of neuropsychiatric disorders should exhibit at least one of the following characteristics: atypical behaviors that resemble human symptoms (face validity); shared biological grounds with human conditions, such as mutation of a specific gene (construct validity); or successful response to the same therapeutic agents prescribed to patients, allowing outcome predictability (predictive validity). Findings from the neonatal quippirole model have attained all three types of validity, in cognitive impairment and prepulse inhibition deficits (Brown et al. 2002; Maple et al. 2015), significant decreases of neurotrophic factors (Thacker et al. 2006; Brown et al. 2008) as well as decreases in expression of the regulator of G-protein signaling, RGS9 (Maple et al. 2007), and finally, olanzapine treatment alleviated cognitive impairment and decreases of neurotrophic factor protein (Thacker et al. 2006)—consistent with findings in schizophrenics (Cuesta et al. 2009; Rizos et al. 2010). This mini review will be directed toward the changes in the dopamine system that exist across several different psychoses including schizophrenia, and how these changes may have relevance to not only schizophrenia, but also other psychopathological disorders related to dysfunction in the dopamine D<sub>2</sub> receptor family. Finally, we will discuss animal models of each disorder and the possible applications from these findings toward the discovery of underlying neurobiological mechanisms that may lead to future treatments.

#### 2 Schizophrenia

Patients suffering from schizophrenia exhibit an exceedingly broad behavioral syndrome that includes abnormal ideation, thought disorders, altered perception, sensory dysfunction, and often flattened affect (Picchioni and Murray 2007). A neural hallmark of the syndrome is generally proposed to be dopamine hyperactivity, specifically increases in dopamine D<sub>2</sub> receptor function although it is well established that serotonergic dysfunction (Selvaraj et al. 2014) and hypofunction at the glutamatergic N-methyl p-aspartate (NMDA) receptor (Cohen et al. 2015) are also present. The problem with modeling this disorder in rodents is that there are so many alterations in neural communication present as well as neuropathology, and there is no way to model all of these changes in one system. There have been several rodent models of schizophrenia that use acute administrations of pharmacological agents that produce robust increases in dopamine release and/or NMDA receptor hypofunction, such as amphetamine or phencyclidine (PCP; Robinson and Becker 1986; Janhunen et al. 2015). The primary issue with such a model is that there are not long-term changes in neurotransmission or plasticity that are known to be present in schizophrenia. The most prevalent rodent model of schizophrenia involves inducing neonatal hippocampal lesions to rats at postnatal day (P)7, which was developed by Barbara Lipska and Daniel Weinberger at NIMH (2002). As with many other models, this has yielded accurate and important behavioral data relative to both social and cognitive sequelae of the disorder (Sams-Dodd et al. 1997; Lyon et al. 2012). The primary weakness with the hippocampal lesion model is that there is no evidence of cell death in the hippocampus of human schizophrenics (Harrison 1999).

Regardless, increased activation of the dopamine D<sub>2</sub> receptor has been shown to play a major role in abnormal behaviors observed in schizophrenia (Nikam and Awasthi 2008). Additionally, all effective antipsychotic drugs are  $D_2$ -like receptor antagonists (Julien et al. 2015). Our laboratory and a collaborating laboratory have demonstrated that neonatal treatment with quinpirole, a dopamine  $D_2/D_3$  agonist, administered to rats from postnatal days (P)1-11, 1-21, or 21-35 produces an increase in sensitivity of the D<sub>2</sub> receptor that is persistent through adulthood, and this is independent of a change in D<sub>2</sub> receptor number. Findings from our laboratory have shown that neonatal quinpirole alters the cholinergic system (ChAT), nerve growth factor (NGF), and brain-derived neurotrophic factor (BDNF) as well as genetic expression of these three proteins along with changes in expression of RGS9-2 in dopaminergic terminal areas of the brain (Maple et al. 2007). This suggests that hyperactivity of the dopamine system ultimately modulates other neurobiological systems that may also play a role in the disorder. All of these above effects are consistent with the known neuropathology of schizophrenia, which were reviewed recently in a special issue of Developmental Neuroscience (Brown et al. 2012, see Table 1).

Interestingly, one possible inconsistency is reflected in data from collaborators that demonstrated significant upregulation of  $\alpha$ 7 nicotinic receptors (nAChRs) in

the striatum and hippocampus in early adolescence (Tizabi et al. 1999). In this study, Tizabi and colleagues administered quinpirole HCl (1 mg/kg) or saline from (P)1-21 in male and female rats, identical to the treatment regimen used in our previous work. Animals were raised to (P)30, and brain tissue was harvested for analyses of nAChR binding. Frontal cortex, striatum, hippocampus, and cerebellum were obtained and analyzed. Regarding  $\alpha 4\beta 2$  nAChRs, neonatal quinpirole treatment elevated [<sup>3</sup>H]cvtisine binding only in cerebellum. No significant effects were detected in any other area examined. Regarding a7 nAChR binding, neonatal quinpirole treatment resulted in elevated  $[^{125}\Pi\alpha$ -bungarotoxin binding in hippocampus (65 % compared to neonatal saline-treated animals) and striatum (94 % compared to neonatal saline-treated animals). No significant effect was detected in any other brain area. Critically, this finding demonstrates that neonatal quippirole produces a significant 94 % increase in striatal a7 nAChRs without producing a change in  $\alpha 4\beta 2$  nAChRs in this same brain area. The striatum is a dopaminergic terminal area and is important in nicotine sensitization and the rewarding effects of nicotine (Mao and McGehee 2010).

One issue with the above findings is that the increase in hippocampal  $\alpha$ 7 nAChR is inconsistent with postmortem findings in hippocampus in schizophrenics (Freedman et al. 2000). However, it is not known whether nAChRs are changed at earlier time points of the life span in schizophrenia. What we hypothesize as particularly important is that an increase in striatal a7 nAChR availability in adolescence is especially critical to the susceptibility of smoking in schizophrenia. The striatum is known to play a role in the reinforcing and rewarding effects of addictive drugs, along with the nucleus accumbens. Based on the fact that the striatum and NAcc are both heavily innervated by the dopamine system and the inputs to both regions are primarily from dopaminergic cell bodies of the midbrain, we suspect that the  $\alpha$ 7 nAChR upregulation that is occurring in the striatum in adolescent rats treated neonatally with quinpirole is also occurring in the NAcc in these animals. However, this has not yet been analyzed. We suspect that the increase in  $\alpha$ 7 nAChR availability may play an important role in smoking behavior in schizophrenia, but may also affect dopaminergic plasticity in these brain regions, especially based on the fact the dopamine system is going through rapid development during the adolescent period (see Andersen and Teicher 2000).

Related to this issue,  $\alpha$ 7 nAChRs have been primarily identified as calcium (Ca<sup>+2</sup>) channels. Calcium is known to play an important role in neurotransmitter release through its entry into presynaptic terminals due to the arrival of the action potential, its binding to calmodulin and the synaptic vesicle containing neurotransmitter, and transport of the vesicle to the terminal membrane for attachment and release. Important to brain plasticity and synaptic strength,  $\alpha$ 7 nAChRs have been shown to be localized on glutamatergic terminals in both the ventral tegmental area (VTA) and striatum. The mechanism that has been identified through which  $\alpha$ 7 nAChRs affects dopamine release in both the VTA and striatum is through its effects on glutamate. Kaiser and Wonnacott (2000) have shown that nicotine's agonist action at the  $\alpha$ 7 receptor increases glutamate release, which in turn excites dopamine terminals, stimulating dopamine release. Further support for this model

has shown glutamate stimulates the release of  $[^{3}H]$ dopamine from rat striatal slices (Jones et al. 1993) and this effect appears to be mediated by both AMPA/kainate and *N*-methyl-D-aspartate (NMDA) receptors present on dopaminergic nerve terminals (Kendrick et al. 1996; Smolders et al. 1996). Therefore, drugs acting on  $\alpha$ 7 nAChRs (e.g., nicotine) or changing glutamatergic function may influence plasticity in this region, which may have an important impact during development.

#### **3** Plasticity Mechanisms

Developmental models always have the advantage of modeling a neurological disorder because of their long-term and persistent changes on the rewiring of the central nervous system. Important players in brain plasticity are neurotrophic factors, and one neurotrophic factor of particular interest in our work has been BDNF. BDNF is present in appreciable amounts throughout the CNS and is known to play an important role in the survival, differentiation, and maintenance of developing and mature neurons, and in the formation of synaptic circuitry in the brain (Huang and Reichardt 2001). BDNF is especially important in the modification of synaptic transmission (Binder and Scharfman 2004). Among postmortem tissue studies, BDNF levels are decreased in adult hippocampus of schizophrenics (Durany et al. 2001). We have also shown a decrease of hippocampal BDNF due to neonatal quinpirole treatment in the neonatal quinpirole model (Thacker et al. 2006). Possibly, even more important are the "downstream" changes produced by changes in BDNF. BDNF binds to the membranous tyrosine kinase B receptor and is released from both neurons and glial cells (Cowansage et al. 2010). Of interest is mammalian (or mechanistic) target of rapamycin (mTOR) and its corresponding complexes mTORC1 and mTORC2. It has been established that increases in mTOR can lead to the transcription of glutamatergic AMPA receptors (Wang et al. 2006) as well as influences on downstream targets such as ribosomal protein S6 which is directly involved in cell growth (Magnuson et al. 2012). Therefore, mTOR can have direct influence on both synaptic strength and synaptic growth. There has been interest in targeting mTOR in psychosis, and although it has yet to be established that there are changes in mTOR in different psychoses, all data appear to point to involvement of this important complex in neural plasticity.

# 4 The Dopamine D<sub>2</sub> Receptor as a Focal Point of Psychopathology

There are many disorders in which changes in dopamine  $D_2$  receptor function have been shown, including bipolar (Salvadore et al. 2010), obsessive–compulsive disorder (OCD) (Nikolaus et al. 2010), and attention-deficit hyperactivity disorder (Ford 2014). The changes in the  $D_2$  receptor and its function will be reviewed for 392

each of these disorders below. This is not to say that increases in dopamine  $D_2$ receptor sensitivity may be relevant to all of these disorders, but it does appear that a change in dopamine  $D_2$ -like receptor functioning is a point at which psychopathology converges. Like the dopamine  $D_1$  receptor family, dopamine  $D_2$ receptors are metabotropic G-protein-coupled receptors. The dopamine D<sub>2</sub>-like receptor family was first identified on the basis of its high affinity for antipsychotic drugs. Unlike the dopamine  $D_1$  receptor family, dopamine  $D_2$  receptors are known for their ability to inhibit adenylyl cyclase (Kebabian and Calne 1979). The highest density of D<sub>2</sub> receptors in the brain are in the striatum, nucleus accumbens, substantia nigra, and olfactory tubercle as well as the olfactory bulbs. In addition, unlike dopamine D<sub>1</sub> receptors, dopamine D<sub>2</sub> receptors are located both pre- and postsynaptically, with the presynaptic subtype essentially serving as an autoreceptor inhibiting dopamine release. Several drugs of abuse, including amphetamine and nicotine, have been shown to desensitize the D<sub>2</sub> autoreceptor in addition to increasing dopamine release (Seutin et al. 1991; Schmitz et al. 2001). This action has been hypothesized to be the basis of the reinforcing properties of these drugs.

Dr. Phillip Seeman has published several reviews over the past decade on the importance of the dopamine  $D_2$  receptor in psychosis. Interestingly, although early work revealed that there was a significant increase of the dopamine  $D_2$  receptor in postmortem analyses of striatum in schizophrenics, more recent work has indicated that dopamine  $D_2$  receptors are only slightly elevated in schizophrenia. However, there have been reports that demonstrate increased dopamine responding to drugs of abuse, such as amphetamine (Laruelle et al. 1999) or enhanced psychotic responding to amphetamine (Thompson et al. 2013). Regardless, what is known is that all antipsychotic drugs block the dopamine  $D_2$  receptor with some affinity and are especially effective at alleviating positive symptoms of the disorder (Tollefson 1996).

In addition, there have been several reports of changes in RGS in schizophrenia. RGS proteins activate the breakdown of guanosine triphosphate (GTP) that is transiently attached to the Gi and Gq subunits of G-protein and effectively act as GTPase activators to shorten or terminate the action of an agonist (Neubig and Siderovski 2002; Neubig 2002). Regulation of GTPase activity, for example, by regulation of RGS protein expression or localization, is an effective cellular strategy formulating the sensitivity of GPCRs to agonist stimulation (Hollinger and Hepler 2002). Specifically, RGS9-2 has been identified as being colocalized with dopamine  $D_2$  class dopamine receptors located on medium spiny neurons of the striatum and accelerates the termination of D<sub>2</sub>-triggered events (Kovoor et al. 2005). Further, this same group has shown that RGS9-2 regulates D<sub>2</sub> cellular functions and inhibits dopamine-mediated internalization of dopamine D<sub>2</sub> receptors (Celver et al. 2010). One study has shown decreases of RGS9-2 in postmortem analyses of schizophrenics (Seeman et al. 2006), although others have failed to report this change (Greenbaum et al. 2010; Okahisa et al. 2011). Importantly, the gene for RGS9 is located in the identical chromosomal region that contains at least one other marker linked to schizophrenia (Cardno et al. 2001). We have also reported that neonatal quinpirole treatment results in significant decreases of RGS9-2 expression

in the frontal cortex, striatum, and nucleus accumbens of adult male rats (Maple et al. 2007). The decreases of RGS9 were robust in all three regions, consistent with persistent dopamine  $D_2$  receptor supersensitivity.

#### 5 Bipolar Disorder

As mentioned, currently available antipsychotic drugs all antagonize the dopamine D<sub>2</sub> receptor with some affinity. Although antipsychotic drugs have been used in the treatment of schizophrenia, many typical and more recently atypical antipsychotic drugs have been utilized to treat bipolar disorder, suggesting that a neurobiological mechanism of this disorder is related to changes in the dopamine  $D_2$  receptor. Several genetic polymorphisms in bipolar disorder are related to the dopamine system, and these include alterations in the genes that code for the dopamine  $D_2$ receptor (Beaulieu and Gainetdinov 2011) as well as the dopamine transporter (DAT; Pinsonneault et al. 2011). However, without a defined neurobiological mechanism, bipolar disorder has traditionally been difficult to model in a rodent. Interestingly, there is a quinpirole model of bipolar disorder that has been published, in which quippirole is administered to adult rats and the biphasic locomotor response to acute quippirole treatment was alleviated by common treatments for bipolar disorder, including valproate and carbamazepine (Shaldubina et al. 2002). The problem with the analysis of only locomotor activity is limited, because assessment of purely locomotor activity provides only limited information regarding the etiology of a complex disorder such as bipolar disorder. Therefore, a number of manipulations have been studied in relation to mania, including sleep deprivation (Szabo et al. 2009) and social defeat stress (Einat 2007b). Such manipulations, while causing hyperactivity, also lead to other symptoms such as increased aggression and changes in sexual activity, as well as molecular alterations in systems that are affected by mood stabilizers such as the glycogen synthase kinase-3 gene (for reviews see Beaulieu et al. 2011). As with manic depressive disorder, genetic studies have been performed to assess mania (Chen et al. 2010; Einat 2007a; Malkesman et al. 2009; Saul et al. 2012), many of which take the form of assessing strain differences or disrupting circadian rhythms (Roybal et al. 2007). Ultimately, utilization of a variety of approaches will be required to gain better insight into the underlying pathophysiology of bipolar disorder.

#### 6 Obsessive–Compulsive Disorder (OCD)

OCD is an anxiety disorder that affects approximately 2–3 % of the population and causes an impairment in social and occupational functioning (Ruscio et al. 2010). The disorder is characterized by distress- and anxiety-provoking obsessions (repetitive intrusive thoughts) and compulsions (repetitive ritualistic behavior),

which are performed to diminish anxiety (American Psychiatric Association 2013). One of the most prevalent and replicated findings in OCD is the disruption of cortico-striato-thalamocortical circuitry. Essentially, what has been discovered is that there are hyperactive circuitry communications within subregions of these anatomical areas that are manifested in the behavioral disruptions observed in OCD (for review, see Monteiro and Feng 2015). Of course, both serotonin (5-HT) and dopamine are known to play major roles in this communication (along with glutamate), and much of the research focus and treatment have centered on these neurotransmitter systems.

Treatment for OCD often involves the class of drugs known as selective serotonin reuptake inhibitors (SSRIs), which are also a common pharmacotherapy for depression (Denys et al. 2004a, b; Aouizerate et al. 2005). This treatment suggests the involvement of the serotoninergic system, and neuroimaging studies have strengthened the notion of serotonergic dysfunction in OCD by providing evidence for reduced availability of 5-HT transporters (SERTs) in the midbrain, thalamus, and brainstem; and reduced availability of 5-HT<sub>2A</sub> receptors in prefrontal, parietal, and temporal brain regions (Hesse et al. 2005; Perani et al. 2008). However, an estimated 50–60 % of patients do not respond to this treatment and require additional treatment with atypical antipsychotics, most of which work on both the dopamine and serotoninergic systems (Denys et al. 2004a; Denys 2006; Fineberg et al. 2005). Abnormalities in the dopamine system have also been observed in OCD patients, such as increased DAT levels in the striatum and reduced availability of the D<sub>1</sub> and D<sub>2</sub> receptors in striatum (Kim et al. 2003; Denys et al. 2004b; van der Wee et al. 2004; Olver et al. 2009).

There are relatively few animal models that exist for OCD, but there is support for the current hypothesis that manipulations in 5-HT (Andersen et al. 2010; Schilman et al. 2010) or dopamine neurotransmission (Einat and Szechtman 1995; Hoffman and Rueda Morales 2012) are effective models with some behavioral validity. There are a number of genetic models in the mouse, including the Sapap3 knockout. Sapap3 is a scaffolding protein normally enriched at corticostriatal glutamatergic synapses, and deletion of this gene results in selective synaptic dysfunction in the striatum (Wan et al. 2014). This model has shown enhanced anxiety on a number of behavioral assays as well as compulsive, self-injurious grooming (Welch et al. 2007). However, in the more behaviorally adept rat, one of the more common OCD models in existence is the quinpirole sensitization model developed by Eilam, Szechtman, and colleagues (Eilam et al. 2006). This model involves behaviorally testing rats after subchronic administration of quinpirole (0.125-0.25 mg/kg) to adult rats and has shown compulsive checking behavior typically measured in an open field. This behavioral effect in rats is alleviated by 5-HT agonists (Tucci et al. 2014). The weakness with this model is primarily that increases in D<sub>2</sub> receptor function are not observed in OCD, but there is reduced availability in D<sub>2</sub> receptors. Regardless, this model appears to have some behavioral validity and suggests that increases in D<sub>2</sub> receptor function may be relevant to analyzing behavioral effects in an OCD rodent model.

## 7 Attention-Deficit Hyperactive Disorder (ADHD)

Similar to OCD at the neurobiological level, there is evidence suggesting that ADHD is the result of abnormal dopamine and 5-HT functioning (Sagvolden et al. 2005; Zeeb et al. 2009). Though the effects of dopamine on prefrontal functioning are quite complicated, the general consensus is that dopamine exerts a strong regulatory effect on prefrontal neuronal activity (Sagvolden et al. 2005). The effect of dopamine depends on the state of the prefrontal cells (e.g., hyperpolarized non-firing or depolarized firing state). Dopamine is postulated to mediate the value of delayed rewards (Wade et al. 2000). When comparing patients who have had injuries or diseases of the prefrontal cortex with individuals clinically diagnosed with ADHD, there are similarities in attention deficiencies and distractibility (Winstanley et al. 2006). Additionally, there are data from functional magnetic resonance imaging (fMRI) that show atypical fronto-striatal activity during go/no-go tasks with ADHD (Tripp and Wickens 2009). Whereas several studies have shown genetic abnormalities across the dopamine system, the role of the dopamine  $D_2$  receptor consistently presents mixed results (Volkow et al. 2009). However, D<sub>2</sub> polymorphisms have been implicated in some of the behavioral deficits associated with ADHD, such as reward and motivation (Haenlein and Caul 1987: Johansen et al. 2009).

According to the American Psychiatric Association (2002), treatment for ADHD often involves the administration of stimulants including dextroamphetamine (d-AMP) or methylphenidate (MPH). These stimulants inhibit the dopamine transporter (DAT) and the norepinephrine transporter, ultimately inhibiting dopamine and norepinephrine reuptake and producing an increase of the neurotransmitters' presence at postsynaptic receptors (Russell et al. 2005; Sharma and Couture 2014). Interestingly enough, imaging studies have shown a similar neurobiology between ADHD and substance abusers, along with stimulant treatment reducing both ADHD and substance abuse symptomatology (Frodl 2010). However, it should be noted that long-term use of stimulants remains a topic of controversy. Both MPH and d-AMP are known to cause physical harm and dependence, though this does not seem to occur when taken as prescribed and may ultimately reduce the risk of substance abuse when administered at a clinically relevant dose (Nutt et al. 2007; Sharma and Couture 2014).

Currently, there are several animal models of ADHD. These rodent models range from various strains, social isolation rearing, pollutant exposure, hippocampal X-irradiation during infancy, and neurotoxic brain lesions (Sagvolden 2000). While these models are able to effectively model some of the behavioral deficits associated with ADHD, they often fail to model the genetic abnormalities or are inconsistent with the etiology of ADHD in the clinical population. Genetic models include a DAT knockout mouse, Naples High/Low Excitability rats, and the most prevalently used model, the spontaneously hypertensive rat (SHR) (Sagvolden 2000). Numerous studies have demonstrated that SHRs display behavioral characteristics analogous to the behaviors of individuals diagnosed with ADHD (Russell et al. 2005). Research assessing the validity of the SHR across measures of sustained attention (Aase and Sagvolden 2006), increased motor activity and behavioral variability (Wultz and Sagvolden 1992; Mook et al. 1993; Saldana and Neuringer 1998), as well as impulsiveness (Hand et al. 2009) has shown that SHRs demonstrate behavior analogous to that of individuals with ADHD. The dopamine system has also been shown to be disturbed in the SHR. More specifically, dopamine turnover is lower in the substantia nigra, VTA, and frontal cortex of adult SHRs which suggests that dopamine release may be decreased and impaired (Russell et al. 2005). Binding studies have also shown that D<sub>2</sub> receptor density increased the striatum of the SHR (Chiu et al. 1982). An analysis of the role of the D<sub>2</sub> receptor in psychostimulant treatment in a developmental model, as ADHD has been reclassified as a developmental disorder, will likely provide insight toward the role of dopamine in ADHD.

#### 8 Substance Abuse

In a previous review, we discussed substance abuse comorbidity in schizophrenia and the consequences of substance abuse in this population along with the underlying neurobiological mechanisms. We focused much of this review toward nicotine, because the majority (70–90 %) of the schizophrenic population smokes cigarettes and smokes them heavily (McCreadie and Kelly 2000). However, when it comes to psychosis, increased substance abuse is not unique to the schizophrenic population, because there is a substantial increase in alcohol and psychostimulant use across many behavioral disorders (Mueser and Gingerich 2013). Not surprisingly across all disorders, symptoms are worsened when drugs are abused, with the costs of care being dramatically increased (Dixon 1999).

A more recent focus at the National Institute on Drug Abuse (NIDA) has been on the increased use of cannabis in psychotic populations. With the exception of alcohol, cannabis is the most commonly abused substance worldwide, with estimates at approximately 5 million daily users. In the USA, it was also the most commonly used illicit drug by children 12–17 years (7.9 %) in 2011(Schneider and Koch 2003). Cannabis contains more than 70 different cannabinoids, and the main psychoactive ingredient of cannabis is delta-9-tetrahydrocannabinol (THC). Substantial epidemiological evidence suggests a link between cannabis use and the risk of schizophrenia (Andréasson et al. 1987; Johnston et al. 2012), and individuals diagnosed with schizophrenia are 10 times more likely to use cannabis than the general population (Henquet et al. 2005). There is also a strong relationship between cannabis exposure and symptoms of psychosis (Iritani 2007). Risk of psychosis has been positively associated with the frequency of cannabis use (50– 200 % in the most frequent users; Harrison 1999), and earlier age of onset of psychotic symptoms has been associated with earlier initiation of cannabis use. Surprisingly, there are relatively few studies on substance abuse comorbidity in animal models of psychosis. However, it has been shown that there is enhanced sensitivity to the behavioral response to other substances. For example, the neonatal ventral hippocampal lesion (NVHL) model of schizophrenia has been shown to demonstrate enhanced nicotine and cocaine sensitization as well as enhanced sensitivity to alcohol (Conroy et al. 2007; Berg and Chambers 2008; Chambers et al. 2013). Likewise, have several reports in our model also demonstrate enhanced dopamine release to both amphetamine (Cope et al. 2010) and nicotine (Brown et al. 2012). The consequences of these changes are yet to be determined, which may lead to unique treatments of substance abuse comorbidity in psychosis.

#### 9 Conclusions

In summary, it is clear that the dopamine  $D_2$  receptor system plays an important role in several psychoses. Moreover, the  $D_2$  receptor has been the target for antipsychotic drugs since the mid-1950s. As with any neurotransmitter system, changes in dopamine  $D_2$  receptor function lead to a number of other changes in brain involving other neurotransmitter systems, brain plasticity, and genetic expression. It is in these neurobiological plasticity changes that mechanisms will likely be discovered and in the future possibly lead to pharmacological targets for the development of treatments for these devastating disorders.

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