Generating Inner Ear Organoids from Mouse Embryonic Stem Cells

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Abstract

This protocol describes a three-dimensional culture method for generating inner ear sensory epithelia, which comprises sensory hair cells and a concurrently arising neuronal population. Mouse embryonic stem cells are initially plated in 96-well plates with differentiation media; following aggregation, Matrigel is added in order to promote epithelialization. A series of small molecule applications is then used over the first 14 days of culture to guide differentiation towards an otic lineage. After 16–20 days, vesicles containing inner ear sensory hair cells and supporting cells arise from the cultured aggregates. Aggregates may be analyzed using immunohistochemistry and electrophysiology techniques. This system serves as a simple and relatively inexpensive in vitro model of inner ear development.

Keywords: Cell differentiation, Inner ear, Hair cell, Vestibular, Neurogenesis, Cell culture techniques, Three-dimensional cell culture, Stem cell

1 Introduction

During development, formation of the cranial sensory ganglia occurs as a result of a series of signaling cues that guide definitive ectoderm to the formation of non-neural ectoderm and a subsequent pre-placodal epithelium. This pre-placodal region has the capacity to give rise to six neurogenic placodes, from which many structures of the peripheral nervous system are derived. The placode of particular interest here is the otic placode, from which the entire inner ear develops. The otic placode is derived from a region common with the epibranchial placode known as the oticepibranchial placode domain (OEPD). After induction, the otic placode invaginates to form the otic pit. This pit eventually pinches off from the overlying ectoderm to form the otic vesicle, or otocyst.

The protocol described here aims to illustrate these aspects of inner ear development in vitro, from the induction of non-neural and pre-placodal ectoderm to the formation of the otic placode and subsequent derivation of otic vesicles containing inner ear sensory epithelia (Fig. [1](#page-1-0)). Mouse pluripotent stem cells are employed in a three-dimensional culture system to recapitulate this differentiation process.

Fig. 1 Schematic of inner ear development, highlighting key signaling mechanisms. This protocol takes advantage of key signaling mechanisms in order to guide definitive ectoderm to an inner ear-like sensory fate. A TGF-β inhibitor blocks formation of mesoderm/endoderm and promotes induction of definitive ectoderm. BMP signaling is used to induce non-neural ectoderm. BMP inhibition and FGF activation are required for pre-placodal ectoderm induction. Subsequent FGF signaling and endogenous Wnt signaling guides further development of otic placodes, otic vesicles and inner ear sensory epithelia

Three-dimensional cell culture systems have been previously used to effectively generate complex epithelia, including the generation of the optic cup, mouse and human cortical tissue, and intestinal tissue $(1–7)$ $(1–7)$ $(1–7)$ $(1–7)$. In traditional monolayer $(2D)$ culture, cell growth is restricted to the culture plate, which ultimately affects the shape and development of the cell population. Three-dimensional or "floating" cell culture systems offer the advantage of freedom of growth; this promotes cellular interactions that allow for selforganization that more closely recapitulates an in vivo environment. This is particularly useful in pluripotent stem cell culture, wherein an aggregate of cells may be manipulated with signaling molecules in order to guide differentiation.

In this protocol, mouse embryonic stem cells are initially aggregated in U-bottom 96-well plates (Fig. [2](#page-2-0)). Matrigel, which contains extracellular matrix proteins, is applied on day 1 of the culture protocol in order to stimulate the development of a basement membrane around the surface of each aggregate. Shortly after Matrigel addition, the surface layer of cells organizes into an epithelium reminiscent of the definitive ectoderm in the embryo.

Small molecule treatments are then applied on day 3 and 4.5 in order to activate or inhibit several key signaling pathways. Day 3 treatment modulates BMP and TGF-β signaling. BMP signaling has been shown to play an important role in the specification of ectoderm $(8-13)$ $(8-13)$ $(8-13)$ $(8-13)$ $(8-13)$. Here, BMP signaling is activated in order to promote induction of non-neural ectoderm. Since TGF-β signaling has been shown to promote the induction of mesoderm and endoderm $(14–16)$, SB-431542, a TGF-β inhibitor, is applied to block mesoderm and endoderm formation.

It is important to note that BMP signaling, while essential for non-neural ectoderm induction, needs to be attenuated in order to

Fig. 2 Schematic overview of the inner ear organoid protocol. Small molecule application and culture conditions are highlighted here. Cells are initially plated in a 96-well plate in Ectodermal differentiation medium. Matrigel and small molecule application proceeds over day 1–4. Transfer to 24-well plate in Maturation medium occurs on day 8, with subsequent half-media changes every other day starting on day 10

guide induction of pre-placodal epithelia [\(12,](#page-14-0) [17](#page-14-0)–[20](#page-14-0)). In this system, LDN-193189 serves as a BMP inhibitor. FGF signaling has been shown to be critical for pre-placodal induction ([12,](#page-14-0) [18](#page-14-0)–[20](#page-14-0)). The co-application of FGF and LDN-193189 on day 4.5 promotes induction of pre-placodal epithelia. FGF signaling further plays a role in specification of the otic-epibranchial placode domain [\(21](#page-14-0), [22\)](#page-14-0).

On day 8, cultured aggregates are transferred from 96-well to 24-well plates. From here, endogenous Wnt signaling guides induction of the otic placode, and subsequent formation of the otic vesicle [\(23–25](#page-14-0)). Morphological cues can be used to track the progression of the aggregates (Fig. [3\)](#page-3-0). From day 6 to 8, aggregates typically display a thickening of the outer epithelium, indicative of OEPD formation. From day 8 to 11, the surface of each aggregate appears to "smooth," as the cells in the interior of the aggregate migrate out to the surface where they surround the outer epithelium. The first sign of vesicle formation should be apparent on day 12. Typically, vesicles are visible along the outer edges of the aggregates, or towards the interior. These vesicles may stay embedded in the aggregate, or may breach the surface epithelium and protrude from the aggregate (days 14–30). It is within these otic vesicles that the sensory hair cells develop. We designate these hair cell-containing vesicles as inner ear organoids ([26\)](#page-15-0).

Interestingly, we have observed the development of a neuronal population in the culture coinciding with inner ear organoid development (26) . Our previous evidence suggests that these neurons

Fig. 3 Aggregate morphology during inner ear organoid culture. DIC images captured from ESC otic differentiation cultures highlight the morphological progression. (a–f), Early morphology from day 1 to 10. (g–h) Later morphology; day 14 aggregate, arrowhead indicating vesicle formation. (i) Day 18 vesicle; site of inner ear sensory epithelia formation. Scale bars, 100 μm

form synapse-like structures with sensory hair cells in the derived inner ear epithelia. Further analysis, however, is necessary to confirm the identity of these sensory-like neurons and whether the synapses are functional.

Aggregates may be fixed and analyzed at any point during the culture period. It may be helpful to fix and analyze aggregates at early time-points to ensure that differentiation is taking place along the desired lineage. We suggest performing immunohistochemical

OEPD-like Epithelium

Fig. 4 Immunohistochemistry of OEPD-like epithelium on day 6/8 and inner ear organoids on day 20. (a–c) Whole-mount staining for Pax8 and AP2 on day 6 reveals patches of Pax8⁺ AP2⁺ cells (*dotted outline*) reminiscent of placodes. Individual Pax8⁺ AP2⁺ (arrowhead) cells were observed throughout the epithelium. Panel c contains a z-projection through a representative Pax8⁺ AP2⁺ patch. (d–f) Representative Pax8⁺ E-cadherin⁺ epithelium on day 8. (g-i) Protruding inner ear organoids with Sox2+ supporting cells (sc) and Sox2+ Myo7a + hair cells (hc) on day 20. A hair bundle (hb) extends from the apical end of the hair cell in panel i. Mesenchymal and neural cells surround the inner ear organoids (mes/ne). Scale bars, 100 μ m (a, g), 50 μm (b, c, h), 25 μm (d–f), 10 μm (i)

analysis using antibodies for markers of the OEPD and inner ear sensory epithelia to characterize the derived tissue (Fig. 4).

In summary, this protocol presents an in vitro model for the derivation of inner ear sensory epithelia. Protein and small

molecule treatments are used to guide mouse embryonic stem cell differentiation towards an otic lineage. The resulting tissue contains vestibular hair cells as well as a neuronal population that has been shown to innervate the derived epithelia (26) (26) .

2 Materials

- 19. PD-0325901 in solution (Stemgent, cat. no. 04-0006-02).
- 20. CHIR99021 in solution (Stemgent, cat. no. 04-0004-02).
- 21. 0.1 % Gelatin (STEMCELL Technologies, cat. no. 07903).
- 22. 0.25 % Trypsin–EDTA (Gibco, cat. no. 25200–072).
- 23. Phosphate Buffered Saline (PBS; Gibco, cat. no. 10010–023).
- 24. ESGRO® Leukemia Inhibitory Factor (LIF; Millipore, cat. no. ESG1106).
- 25. Dimethyl sulfoxide (DMSO; Sigma, cat. no. D8418).
- 26. Paraformaldehyde (PFA, Electron Microscopy Sciences, cat. no. 15710).
- 27. Vacuum grease (Fisher Scientific, cat. no. S41718).
- 28. Normal goat serum (Vector laboratories, cat. no. S-1000).
- 29. Urea (Sigma, cat. no. U5378).
- 30. Glycerol (Sigma, cat. no. G5516).
- 31. Triton X-100 (Sigma, cat. no. T8787).
- 32. Antibodies.

2.2 Equipment 1. Cell culture dish $(60 \text{ mm}; \text{BD Falcon}, \text{cat. no. } 353002)$.

- 2. Bacterial dish (100 mm; Fisher Scientific, cat. no. 0875712).
- 3. U-bottom 96-well plate (Lipidure-Coat; Gel Company, cat. no. LCU96).
- 4. 24-well plate (Lipidure-Coat; Gel Company, cat. no. LCMD24).
- 5. Safe-Lock centrifuge tubes (1.5 and 2 mL; Eppendorf, cat. no. 022363204, 022363352).
- 6. Transfer pipets (Fisherbrand, cat. no. 13-711-7M).
- 7. Polystyrene round bottom centrifuge test tubes with cell strainer tops (5 mL; BD Falcon, cat. no. 352235)
- 8. Reagent Reservoirs (VistaLab, cat. no. 21-381-27F).
- 9. Tissue-Tek Cryomolds (Electron Microscopy Sciences, cat. no. 62534-10).
- 10. Olympus FV1000 multiphoton microscope or equivalent inverted confocal microscope equipped with a long-working distance objective $(20-25\times)$.
- 11. Cover glasses (24 \times 50-1 and 25 \times 25 or equivalent; Fisher Scientific, cat. no. 12-544-14 and 12-548-C).
- 12. 15 mm diameter round cover glasses (thickness no. 0; Assistant, cat. no. 01105509).
- 13. Biosafety cabinet.
- 14. $CO₂$ incubator.
- 15. Hot plate.
- 16. Water bath.
- 17. Desiccator.
- 18. Cryostat.

2.3 Preparation of Small Molecules

- 1. Human recombinant BMP4 stock solution (100 ng/μL): 10 μg of BMP in 100 μL of sterile 4 mM HCl. Vortex and spin down the solution in a tabletop centrifuge. Aliquot BMP4 solution at 5 μL per tube. Aliquots can be stored at -20 °C for 6 months or at -80 °C for 1 year.
- 2. Human recombinant FGF-2 stock solution (200 ng/ μ L): 50 μ g of FGF-2 in 250 μ L of sterile PBS or 5 mM Tris (pH 7.6). Vortex and spin down the solution in a tabletop centrifuge. Aliquot at 6 μL per tube. Aliquots can be store at -20 °C for 6 months or at -80 °C for 1 year.
- 2.4 Preparation of Media 1. LIF-2i ES cell maintenance medium: For 100 mL basal LIF-2i medium, combine 48 mL Advanced DMEM/F12, 48 mL Neurobasal medium, 2 mL B27 supplement, 1 mL N2 supplement, and 1 mL GlutaMAX in a sterile 250 mL bottle. Basal LIF-2i medium can be used for 3–4 weeks. Immediately before use in culture, prepare complete LIF-2i medium by adding 100 μL Penicillin–Streptomycin, 10 μL LIF, 1 μL PD-0325901, and 3 μL CHIR99021 to 10 mL of basal LIF-2i medium. Complete LIF-2i medium can be used for up to 1 week. It is important to note that B27 should not contain vitamin A when used in LIF-2i preparation for ES cell culture (see Note 1).
	- 2. Ectodermal differentiation medium: For 100 mL ectodermal differentiation medium, combine 95.5 mL GMEM, 1.5 mL KSR, 1 mL sodium pyruvate, 1 mL nonessential amino acids, 1 mL Penicillin–Streptomycin, and 180 μL 2-Mercaptoethanol in a sterile 250 mL bottle. Complete ectodermal differentiation medium can be used for the duration of one experiment or up to 1 week. Adjust the volume of the medium as needed for the number of 96-well plates being prepared.
	- 3. Maturation medium: For 100 mL maturation medium, combine 97.9 mL Advanced DMEM/F12, 1 mL N2 supplement, 1 mL GlutaMAX, and 100 μL Normocin in a sterile 250 mL bottle. Complete maturation medium can be used for up to 2 weeks (see Note 2).
	- 4. ScaleA2 solution: For 1 L of scaleA2 solution, dissolve 240.24 g (4 M final concentration) of urea powder in 750 mL of Milli-Q water. Add 1 mL of Triton X-100 (0.1 % vol/vol final concentration) and 100 g of glycerol (10 % wt/vol final concentration). Add Milli-Q water to a final of volume of 1 L. The solution can be stored at room temperature for at least 1 year.

- 7. To a cell-strainer-top test tube, forcefully pipet 1 mL fresh ectodermal differentiation medium. This will prime the strainer. Then pipet 1 mL ES cell suspension into the cell strainer, followed by 1 mL fresh ectodermal differentiation medium, for a total of 3 mL in the tube (see Note 6).
- 8. With a P1000 tip, pipet the cell suspension to mix. Use a hemacytometer to determine cell concentration.
- 9. For two 96-well plates, dilute the appropriate volume of cell suspension in 22 mL fresh ectodermal differentiation medium. The desired final concentration is 30,000 cells per mL. Invert to mix (see **Note** 7).
- 10. Transfer the cell suspension to a reservoir. Using a multichannel pipette, dispense 100 μL cell suspension per well into two 96-well plates.
- 11. Centrifuge the plates at RT for 5 min at 800 rpm.
- 12. Store the plates in a 37 °C incubator with 5.0 % $CO₂$.
- 3.3 Day 1: Addition of Matrigel 1. Add 440 μL Matrigel to 10.56 mL ectodermal differentiation medium for a total of 11 mL complete medium. It is important to keep the Matrigel on ice or at 4° C immediately prior to mixing, and to add Matrigel to ice-cold medium, as Matrigel will become gelatinous at temperatures above $15 \degree C$. After mixing, hold the medium up to a light source to confirm that the Matrigel has been fully incorporated.
	- 2. Warm ectodermal differentiation medium with Matrigel in 37 °C water bath.
	- 3. Remove 50 μL of medium from each well using a multichannel pipette, making sure to hold the pipette at an angle so as not to disturb the cell aggregate at the bottom of each well.
	- 4. To each well, add 50 μL of ectodermal differentiation medium plus Matrigel and pipette four to six times to mix (see Note 8).
	- 1. For each experimental condition, prepare an appropriate amount of ectodermal differentiation medium. For two 96 well plates, 6 mL of medium is typically adequate.
	- 2. For 6 mL medium, add 3 μL BMP4 and 3 μL SB-431542 (0.5 μ L per 1 mL). This results in a $5\times$ concentration of BMP4 and SB.
	- 3. To each well, add 25 μL of ectodermal differentiation medium plus BMP/SB. Note there is a final volume of 125 μL and a final concentration of 10 ng/mL BMP4 and 1 μ M SB-431542 per well (see Note 9).

3.4 Day 3: Addition of BMP4 and SB-431542

3.5 Day 4.5: Addition of FGF and LDN-193189 1. For each experimental condition, prepare an appropriate amount of ectodermal differentiation medium. For two 96-well plates, 6 mL of medium is typically adequate. 2. For 6 mL, add 4.5 μL of FGF-2 (0.75 μL per 1 mL) and 3.6 μL of LDN-193189 (0.6 μL per 1 mL). This results in FGF-2 and LDN-193189 at a $6 \times$ concentration. 3. To each well, add 25 μL of ectodermal differentiation medium

plus FGF/LDN. Note there is a final volume of $150 \mu L$ and a final concentration of 25 ng/mL FGF-2 and 1 μ M LDN-193189 per well (see Note 10).

3.6 Day 8: Transfer to Long-Term Culture 1. Cut the end of a P1000 pipette tip and transfer the aggregates from each well into a 15 mL conical tube (see Note 11). Separate different experimental conditions into different 15 mL conical tubes if necessary.

- 2. Let the aggregates settle to the bottom of the tube; then aspirate the media, taking care not to disturb the aggregates.
- 3. Wash the aggregates in 5 mL DMEM/F12 (pre-warmed to $37 \degree$ C).
- 4. Repeat steps 2 and 3 at least three times.
- 5. Remove any excess DMEM/F12 and then resuspend the aggregates in maturation medium containing 1 % Matrigel.
- 6. Using a wide-mouth P1000, transfer the aggregates to a 100 mm bacterial dish. Suspend in a sufficient amount of maturation medium to account for medium spreading out across the surface of the place.
- 7. Pipet 1–3 aggregates in 1 mL medium into the wells of a 24-well plate. Alternatively, single aggregates may be transferred to a new 96-well plate (suspend in 150–200 μL maturation medium containing Matrigel). By this time point, aggregates in the bacterial plate should be visible without use of a microscope.
- 8. Beginning on day 10 and continuing every other day (day 12, 14, 16, etc.), replace half of the medium in each well with maturation medium that does not contain Matrigel. For aggregates plated in 96-well plates, replace half of the medium every day beginning on day 9. Aggregates can be incubated for up to 22 days in 24-well plates, or 12 days in 96-well plates. This results in a total optimal culture period of 30 days (in 24-well plates) or 20 days (in 96-well plates). Aggregates can be fixed at any point for imaging as a cryosection or as a whole mount. After the prescribed durations, further culture will likely require changes in culture medium or format.

3.7 Preparation of Aggregates for Immunohistochemistry

- 1. Using a P1000 tip (for collection days 1–6) or a wide-mouth P1000 tip (for collection after day 6), pipet aggregates into a 2 mL tube.
- 2. Aspirate the medium and add 4 % PFA (vol/vol) in PBS to the tube (see Note 12).
- 3. Incubate the aggregates in 4 % PFA to fix the tissue. For aggregates collected day 1–8, incubate for 20 min at RT. For day 9–30 aggregates, incubate overnight at 4° C.
- 4. Remove PFA and wash aggregates at least three times with PBS. Fixed aggregates can be stored in PBS at 4° C for several months (see Note 13).
- 5. Incubate the aggregates in a series of sucrose–PBS solutions of increasing sucrose concentration (i.e., 10, 20, 30 % (wt/vol) sucrose). Incubate in each concentration for 30 min while rocking. Sucrose treated aggregates can be stored at $4 \degree$ C for up to 1 week.
- 6. Using a wide-mouth pipette, transfer the aggregates into a cryomold and carefully remove the sucrose solution using a P20 pipette. Gently position the aggregates in the center of the cryomold.
- 7. Slowly add tissue-freezing medium along the outer walls of the cryomold, taking care to make sure the aggregates do not float away from the bottom of the cryomold.
- 8. Place the cryomolds in a vacuum desiccator for 30 min. This will remove bubbles from the tissue-freezing medium.
- 9. Embedded aggregates should be placed on dry ice for 30 min, or until the tissue-freezing medium becomes opaque. Place frozen tissue blocks in a sealed container or zip-lock bag and store at -80 °C. Frozen tissue blocks can be stored for several years.
- 10. Using a cryostat, cryosection tissue blocks into sections of 10–15 μM in thickness.
- 11. Cryosections may now be analyzed using a standard immunohistochemistry protocol (see Note 14).
	- 1. Collect and fix the tissue, as described in steps 1–4 of Section 3.7.
- 2. Add PBS containing 10 % (vol/vol) normal goat serum and 0.1 % (vol/vol) Triton X-100 to block the fixed aggregates. Shake overnight at RT. Note that BSA or normal horse serum can be used in place of goat serum, depending on the type of antibody being used.
- 3. Remove the blocking solution and apply primary antibody solution: PBS containing 3 % (vol/vol) normal goat serum,

3.8 Preparation of Aggregates for Whole-Mount Staining 0.1 % (vol/vol) Triton X-100, plus primary antibodies. Shake for 2–3 days at RT.

- 4. Remove primary antibody solution and suspend aggregates in PBS containing 0.1 % (vol/vol) Triton X-100 to wash. Shake for 1 h at RT. Repeat three times.
- 5. Apply secondary antibody solution: PBS containing 3 % (vol/ vol) normal goat serum, 0.1 % (vol/vol) Triton X-100, plus secondary antibodies. Shake for 2–3 days at RT (see Note 15).
- 6. Repeat step 4.
- 7. Apply scaleA2 solution to aggregates for 4–5 days prior to imaging (see **Note 16**).
- 8. To image, transfer ~250–500 μL of scaleA2 solution containing an aggregate to an imaging chamber. The volume of solution needed will be determined by the size of the imaging chamber used.
- 9. Affix the coverslip slowly; note that a small amount of liquid may escape. If an air bubble should form, it will likely not interfere with imaging.
- 10. Flip the chamber while imaging in order to view the specimen from multiple orientations.

4 Notes

- 1. It is important that the LIF-2i maintenance medium is free of vitamin A. Vitamin A is capable of converting into retinoic acid, which can cause spontaneous differentiation in culture. When adapting ES cells to culture in LIF-2i medium, serial passaging can eliminate any undesirable differentiation that may arise.
- 2. Note that during the maturation phase of culture, penicillin– streptomycin (a component of ectodermal differentiation medium) is replaced with normocin. Streptomycin is an aminoglycoside, which can be toxic to inner ear hair cells ([27\)](#page-15-0). Normocin does not contain aminoglycosides. Alternative choice is Ampicillin, which is also devoid of aminoglycosides.
- 3. Coating the plate with gelatin prior to plating promotes adherence of cells to the surface of the plate. If ES cells do not attach to the plate, it may be due to insufficient gelatin coating. Re-plate the cells on a new plate with fresh gelatin coating.
- 4. If there is an issue with cell attachment or growth, the cells may not be adapted to growth in LIF-2i medium. In this case, we recommend passaging the cells several times before use.
- 5. Take care to wash thoroughly with PBS, as residual LIF-2i medium can affect differentiation.
- 6. This step is important for ensuring that the cells are completely dissociated into single cells. Take care to pipet forcefully through the cell-top strainer.
- 7. For example, if the cell suspension contains 1×10^6 cells, dilute 0.66 mL of cell suspension in 21.34 mL ectodermal differentiation medium.
- 8. Matrigel is critical for the formation of an epithelium on the surface of the aggregates. If an epithelium does not form or thicken over time, Matrigel may not have been properly incorporated into the ectodermal differentiation medium. It is essential to add Matrigel to cold medium and mix immediately for complete incorporation.
- 9. Non-neural ectoderm is induced via the application of BMP4. Simultaneous application of SB-431542, a TGF-β inhibitor, serves to block the formation of mesoderm.
- 10. FGF-2 and LDN application are necessary for induction of preplacodal ectoderm. LDN serves to attenuate BMP signaling.
- 11. Wide-mouth P1000 tips are most effective in the transfer of day 8 aggregates. To prepare, use scissors to cut approximately 2 mm off the end of a tip. A whole box of tips may be prepared in this manner, and autoclaved prior to use.
- 12. It is important to note that PFA is toxic. Apply and remove PFA in a fume hood.
- 13. For long-term storage, suspend aggregates in PBS containing 0.02 % (wt/vol) sodium azide. This will suppress bacterial growth.
- 14. A table of antibodies for markers of placodal and otic development may be found in Koehler et al. [\(28\)](#page-15-0).
- 15. Exposure to light may cause photo-bleaching of the fluorophores. To protect samples, wrap samples in foil during this and subsequent steps.
- 16. Note that scaleA2 medium may cause slight enlargement of the tissue.

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