Inorganic Fluorescent Nanomaterials

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Abstract Optical imaging is a noninvasive imaging technology to visualize the specific biological processes by detecting the emissive photons under external energy excitation. In particular, inorganic nanomaterials have attracted great attention as exogenous fluorescent probes for optical imaging due to their superiority in imaging sensitivity, systemic circulation, target specificity, and versatility in chemical design for theranostic purposes. This book chapter comprehensively summarizes the recent advances in inorganic fluorescent nanomaterials, including quantum dots, upconversion, metal nanoclusters, and carbon-based and silicon-based nanomaterials. It will be reviewed in detail the fluorescence mechanism of the

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nanomaterials based on their optical excitations, the current utility in high-resolution (preclinical) in vivo imaging, and the underlying issues for future clinical translations.

Keywords Fluorescence, In vivo, Molecular imaging, Nanomaterials, Optical imaging, Quantum dots

1 Overview

Most clinical optical imaging agents are organic fluorescent dyes (e.g., cyanine, rhodamine, oxazine dyes). However, these suffer from several drawbacks such as photo-bleaching and short blood circulation, which limit their repeated use for longterm imaging of cellular and molecular processes in living systems. In the last two decades, many efforts have been devoted to developing inorganic (metal-containing) nanoparticles as targetable optical probes with superior photostability. In this chapter, we will discuss several types of inorganic nanoparticles that use fluorescence. We will also introduce some recent studies to validate their interesting features as contrast agents in preclinical in vivo imaging. Finally, we will address the potential issues for each type of fluorescent nanomaterials to attain better sensitivity and lower toxicity for potential clinical translations.

2 Quantum Dots

Quantum dots (QDs; semiconductor nanoparticles) are composed of II–VI, III–V, and IV–VI group elements of the periodic table and are representative inorganic fluorescent nanomaterials (CdSe, CdS, CdTe, ZnS, InP, InAs, etc.). Their fluorescence is induced from the quantum confinement effect, which occurs when the QD radius is smaller than the exciton Bohr radius (5.3 nm) of the original material [[1\]](#page-19-1).

QDs have many photo-physical advantages. QDs display narrower emission bands than the traditional organic fluorophores. QDs have high photostability that preclude the fast quenching of emissive light after repeated, high-intensity light excitations. Therefore, these highly bright and photostable QDs offer fluorescence imaging of live cells and in vivo animal imaging for long time periods [[2\]](#page-19-2). QDs have multiplexed imaging for simultaneous detection of multiple distinctive biological species due to their unique size-dependent light emission [\[3](#page-19-3)]. This is because QDs follow the quantum behaviors of a particle in a box (the smaller the box is, the larger is the separation between energy levels); for example, while the larger CdSe QDs (5–6 nm) emit red light (relatively long wavelength), smaller CdSe QDs (2–3 nm) have blue-shifted (short) emission (higher photon energies)

Fig. 1 Schematic illustration of OD probes for in vivo cancer targeting and imaging. (a) Multilayered structure of QDs, consisting of the capping ligand trioctylphosphine oxide (TOPO), encapsulating polymer layer, tumor-targeting ligand (e.g., peptides, antibodies, or small molecules), and polyethylene glycol (PEG). (b) Tumor targeting by enhanced permeation and retention (EPR) of QD probes via leaky tumor vasculatures (passive tumor targeting; left) or high affinity binding of QD-antibody conjugates to tumor antigens (active tumor targeting; right). (c) In vivo fluorescence images using QD probes with three different surface coatings with carboxylic acid groups (QD-COOH; left), PEG groups (QD-PEG; middle), and PSMA antibody conjugates (QD-PSMA; right). For all three QDs, a color image (top), two fluorescence spectra from QD and animal skin (middle), and a wavelength-resolved spectral image (bottom) were obtained from the live mouse bearing C4-2 human prostate tumors (0.5–1.0 cm in diameter) after systemic intravenous administrations of each QD. Adapted from Gao et al. [\[5](#page-20-1)] with permission

[\[4](#page-20-0)]. Remarkably, both of these systems can still utilize the same \sim 400 nm excitation.

Consequently, by capitalizing on the striking optical features of QDs (e.g., stale and sharp emission, spectral nature of emitted photons), Nie and coworkers reported the first study of QDs for targeting and spectral optical imaging in animal models [\[5](#page-20-1)]. In this study, ZnS-capped CdSe QDs were synthesized and subsequently conjugated with targeting ligands for tumor antigen recognition and polyethylene glycol (PEG) molecules for improved blood circulation (Fig. [1a](#page-2-0)). Here, the experimental groups included three different QDs with carboxylic acid groups (QD-COOH), PEG groups (QD-PEG), and prostate-specific membrane antigen (QD-PSMA). Next, each QD was intravenously injected into mice bearing human C4-2 prostate cancer xenografts (0.5–1.0 cm in diameter), and the in vivo fluorescence imaging was performed with wavelength-resolved spectral imaging. The fluorescence spectrum of the QD and the animal skin is shown in Fig. [1c](#page-2-0). The autofluorescence spanned a broad range of wavelengths (580–700 nm), but the as-prepared QDs had a characteristic sharp emission band near 640 nm.

The authors also found that the surface-modified QD probes can be accumulated at tumors either by the enhanced permeability and retention (EPR) via leaky tumor vasculatures (passive targeting) [\[6](#page-20-2), [7\]](#page-20-3) or by antibody binding to cancer-specific cell

surface biomarkers (active targeting) (Fig. [1b](#page-2-0)) [[8\]](#page-20-4). Figure [1c](#page-2-0) (bottom) shows no tumor signals detected with QD-COOH (no specific targeting), and the only weak signals were observed for QD-PEG (passive targeting); however, very intense signals were detected for QD-PSMA (active targeting). These results indicate the active tumor targeting is more efficient than passive targeting [[5\]](#page-20-1).

Since this groundbreaking work, there have been studies to show the surfacemodified QDs with a variety of biological targeting moieties (e.g., small molecule [\[9](#page-20-5)], peptide $[10, 11]$ $[10, 11]$ $[10, 11]$, aptamer $[12]$ $[12]$) allowed successful identification with high resolutions for tumor cells in vivo. Further recent studies for QDs for optical imaging have been particularly focused on improving the imaging sensitivity with use of near-infrared (NIR)-emitting QDs or decreasing the toxicity by using Cd-free QDs.

QDs that emit in the near-infrared (NIR) region (700–900 nm) can minimize the problems of endogenous fluorescence of tissues (autofluorescence) and increase tissue penetration, which is particularly suitable for in vivo animal imaging [\[14](#page-20-9), [15\]](#page-20-10). In a pioneering study, Bawendi and coworkers first reported core/shell (CdTe/CdSe) QDs with fluorescence emission at 840–860 nm while preserving the absorption cross section (Fig. [2a, b\)](#page-4-0) [[13\]](#page-20-11). These NIR-emitting ODs were then rendered soluble and stable in serum by polydentate phosphine coating and used for to identify cancer cells in lymph nodes during surgery (sentinel lymph node mapping). As shown in Fig. [2c,](#page-4-0) when these QDs (10 pmol) were intradermally injected to the mouse, they entered the lymphatics and migrated within minutes to an axillary sentinel lymph node (SLN) that could be detected using intraoperative NIR fluorescence imaging system. Furthermore, even in a large animals (pigs), the authors found NIR fluorescence from intradermally injected ODs (400 pmol) was sensitive enough for imaging SLN 1 cm deep in real time and ensuring complete resection of the SLN under optical image guidance (Fig. [2d\)](#page-4-0) [[13\]](#page-20-11).

Second near-infrared (NIR-II) window is nearly biologically transparent due to its much less optical scattering from endogenous molecules (e.g., hemoglobin, melanin, lipids), and thus NIR-II imaging can afford deeper anatomical penetration at high spatial resolution, compared to NIR-I imaging [[17\]](#page-20-12). Hence, in 2010, the Dai group has developed single-walled carbon nanotubes (SWCNTs) as sensitive NIR-II fluorescent probes for whole-body imaging as well as real-time intravital small vessel imaging. Here, SWCNTs were emitted in the NIR-II region (1,000–1,400 nm) upon excitation by a 785 nm laser, with large Stokes shift up to \sim 400 nm (Fig. [3a\)](#page-5-1) and thus allowed for high spatial (\sim 30 mm) and temporal \approx (\lt 200 ms per frame) resolution for small-vessel imaging at 1–3 mm deep in the hind limb (Fig. [3b\)](#page-5-1) [\[16](#page-20-13)]. Also, these NIR-II-emitting SWCNTs have permitted the high through-skull fluorescence imaging of mouse cerebral vasculature to a depth of >2 mm in mouse brain with sub-10-µm resolution [[18\]](#page-20-14). However, the optical cross section of SWCNT is a bit limited, and thus Ag₂S QDs have been developed with 5.6 times higher photoluminescence quantum yield than SWCNT for emission in the NIR-II region. These probes also have negligible cytotoxicity [[19\]](#page-20-15) and the potential for deep tissue imaging (with theoretical penetration depth of 5 cm) $[20]$ $[20]$. Ag₂S ODs can be used to study angiogenesis mediated by a tiny tumor (2–3 mm in diameter) [\[21](#page-20-17)]. More recently, Bawendi and coworkers introduced InAs-based, core/shell QDs

Fig. 2 NIR-emitting QDs for sentinel lymph node (SLN) mapping in the mouse and pigs. (a) TEM image of NIR QDs. (b) Molar extinction coefficient (solid curve) and photoluminescence intensity (dashed curve) of NIR QDs. (c) Images of mouse intradermally injected with NIR QDs (10 pmol) to the left paw; preinjection (autofluorescence), 5 min postinjection color video image, 5 min postinjection NIR fluorescence image. The putative axillary sentinel lymph node (SLN) is indicated by a white arrow. (d) Images of the surgical procedures in the pig intradermally injected with NIR QDs (400 pmol) at different time points; preinjection (autofluorescence), 30 s postinjection, 4 min postinjection, and during image-guided resection. Adapted from Kim et al. [\[13\]](#page-20-11) with permission

Fig. 3 In vivo mouse imaging in the NIR-II region. (a) The absorption spectrum of SWCNT-IRDye-800 conjugates (black dashed line), the emission spectrum of IRDye-800 dye (NIR-I) (green line), and SWCNTs (NIR-II) (red line). (b) NIR-I and NIR-II fluorescence images of a mouse injected with the SWCNT-IRDye-800 conjugates. This led to clearer vasculature imaging in the NIR-II region. Adapted from Hong et al. [\[16\]](#page-20-13) with permission

(e.g., InAs/CdSe or InAs/CdSe/ZnSe) leading to a dramatically higher quantum yield (10 times to Ag_2Se ODs) and size-tunable emission in NIR-II region. In this study, they demonstrated that these QDs functionalized via three distinct surface coatings (e.g., triglyceride-rich lipoproteins, phospholipid micelles, PEG2000 PE) can allow for functional imaging to measure metabolic rates of lipoproteins in several organs and heartbeat/breathing rates as well as to quantify the blood flow of mouse brain vasculature [[22\]](#page-20-18).

Despite all of these photo-physical advantages of QDs, a substantial challenge for conventional Cd-containing QDs is their inherent cytotoxicity [[23\]](#page-20-19). For example, CdSe QDs were found to induce cell death due to the liberated free Cd^{2+} from the CdSe lattice. Therefore, many studies have been performed to develop Cd-free QDs (e.g., InP, InAs, Ag) with comparable or even better performance than existing Cd-containing QDs [\[24](#page-21-0)]. Surface passivation via an additional inorganic shell (e.g., ZnS capping of CdSe QDs) is another way of reducing the oxidation-mediated cytotoxicity of Cd-QDs; here, PL improvement also appears owing to the effective passivation of surface non-radiative recombination of excitons [[25\]](#page-21-1). Nevertheless, besides the aforementioned composition controls, toxicity issues can be circumvented by size control of QDs to make them renally clearable. In a pioneering study using QDs as a model inorganic nanoparticle, Frangioni and coworkers proposed the design considerations to reduce metal-induced toxicity [[26\]](#page-21-2). In this study, it was revealed that nanoparticles of hydrodynamic diameter <5.5 nm could be efficiently excreted in urine via systemic intravenously injections.

3 Anti-Stokes Shift Luminescent Nanoparticles

Anti-Stokes shift luminescence is a special optical process of converting (low energy) long wavelength of light to (higher-energy) short-wavelength radiation, which can permit the deeper tissue penetration with minimal photo-bleaching

Fig. 4 Multiphoton fluorescence imaging with manganese-doped ZnS ODs (ZnS:Mn ODs). (a) A Jablonski diagram comparing one-, two-, and three-photon fluorescence of QDs. While the normal fluorescence emission from ZnS QDs is near 430 nm, ZnS:Mn QDs redshifts the emission to 580 nm reducing tissue absorbance and scattering of emitted light. Adapted from Zagorovsky et al. [[28](#page-21-14)] with permission. (b) Comparison between a multiphoton micrograph (i) and a one-photon confocal laser-scanning micrograph (ii), which were acquired from spectral fluorescence of the tumor vasculature targeted by ZnS:Mn QDs-RGD-FITC conjugates (top). Comparison between three-photon luminescence of ZnS:Mn QDs (i) and two-photon luminescence of FITC (ii), which were acquired from spectral unmixing of the tumor vasculature targeted by ZnS:Mn QDs-RGD-FITC conjugates (bottom). Adapted from Yu et al. [\[29\]](#page-21-4) with permission

[\[27](#page-21-3)]. Among the various anti-Stokes optical processes, both multiphoton absorption and upconversion mechanisms have been given much attention in recent years.

Transition metal-doped semiconductor nanoparticles can exhibit high multiphoton light absorption. In particular, three-photon imaging can effectively reduce the out-of-focus excitation and background autofluorescence; thus, in a recent study by Hyeon and coworkers, manganese-doped ZnS QDs (ZnS:Mn QDs) were developed to exhibit a large three-photon cross section $(1.3 \ (\pm 0.5) \times 10^{-79} \ \text{cm}^6 \text{ s}^2)$ photon^{-2}) [\[29](#page-21-4)]. Interestingly, in this study, manganese doping redshifted the emission wavelength of ZnS QDs from 430 to 580 nm to attain more efficient light path through tissue (Fig. [4a](#page-6-0)). Therefore, upon NIR excitation with a deep-penetrating 920 nm laser, three-photon optical imaging with ZnS:Mn QDs exhibited better resolution compared to two-photon imaging with fluorescein isothiocyanate (FITC) (Fig. [4b\)](#page-6-0). This also allowed highly resolved imaging of tumor vasculatures with an experimental penetration depth of \sim 3 mm [[29\]](#page-21-4). These ODs also have a large two-photon absorption cross section under irradiation of NIR-II light (1,050–1,310 nm) and improved the penetration depth and imaging quality [\[30](#page-21-5)].

Lanthanide ion-doped nanoparticles are a new generation of luminescent probes to achieve photon upconversion. Typical upconversion nanoparticles (UCNPs) consist of Yb^{3+} ion as a sensitizer and Er^{3+} ion as an emitter to generate the visible green emission upon excitation at 980 nm [\[33](#page-21-6), [34](#page-21-7)]. Similar to ZnS:Mn QDs, NIR light absorbing, UCNPs can allow the imaging of deeper tissue penetration than conventional QDs (Fig. [5a\)](#page-7-0) [[31\]](#page-21-8). In addition, UCNPs can be used for multicolor multiplexed imaging [[32\]](#page-21-9) because they can exhibit tunable emission (blue, green, to red) by varying the lanthanide dopant ions (Fig. [5b\)](#page-7-0) [[35,](#page-21-10) [36](#page-21-11)]. The UCNPs offer sequential photon absorption via real intermediate, long-lived, electronic states of dopant ions, while the metal-doped semiconductors have multiphoton absorption based on virtual intermediate states [[37](#page-21-12), [38\]](#page-21-13). Consequently, UCNPs do not need

Fig. 5 (a) In vivo imaging of rat subcutaneously injected to abdominal skin with green-emitting QDs (CdTe) under UV excitation (left) and green-emitting UCNPs of PEI/NaYF4:Yb,Er under NIR excitation (right). Adapted from Chatterjee et al. [\[31\]](#page-21-8) with permission. (b) Multicolor imaging of a mouse using NIR-to-blue UCNPs of $NaY_{0.78}Yb_{0.2}Tm_{0.02}F_4$, NIR-to-green UCNPs of $NaY_{0.78}Yb_{0.2}Er_{0.02}F_4$, and NIR-to-red UCNPs of $NaY_{0.78}Yb_{0.3}Er_{0.01}F_4$: three colors of UCNPs were clearly differentiated after spectral unmixing. Adapted from Cheng et al. with permission [\[32\]](#page-21-9)

expensive high-power, femtosecond pulsed laser [\[39](#page-21-15)] and can be excited by continuous-wave (CW) diode lasers operating at low power (1 W cm^{-2}) [\[40](#page-21-16)] this can facilitate fast imaging using a wide-field microscopy. In summary, NIR light-absorbing, real-time imaging UCNPs offer broad applications as real-time, long-term tracker for cell imaging [\[41](#page-21-17)] as well as sensitive contrast agent with high-contrast resolutions for whole-body optical imaging [\[42](#page-21-18)].

However, one limitation for the conventional Yb^{3+} -doped UCNPs [[42\]](#page-21-18) is the heating effect that is generated by water molecules under 980 nm laser excitation. Therefore, in recent years, considerable effort has been made to control the excitation wavelength because this is where water has lower absorption. In one study, Andersson-Engels and coworkers utilized $NaYbF₄:Tm;Er$ and $NaYbF₄:Tm;Ho$ nanoparticles under 915 nm excitation $[43]$ $[43]$. Nd³⁺ was introduced to the conventional Yb^{3+} -doped UCNPs as a new sensitizer to be excited at 800 nm [\[44](#page-21-20)]. These nanoparticles showed a larger absorption cross section and deeper image penetration depth than those with 980 nm excitation. It is also very desirable to construct UCNPs with both excitation and emission in the NIR range (NIR_{in} -NIR_{out} UCNPs) to further improve the imaging contrast. Therefore, Prasad and coworkers reported core/shell $(\alpha$ -NaYbF₄:Tm³⁺)/CaF₂ nanoparticles with excitation at \sim 980 nm and PL emission at 800 nm. In this study, the authors found that these nanoparticles allowed tenfold higher signal-to-background ratio (SBR) than previously reported UCNPs for in vivo imaging enabling deep-penetration imaging through 3.2 cm pork tissue [[45\]](#page-22-0).

4 Carbon Dots, Porous Silicon Nanoparticles, and Au **Nanoclusters**

Quantum-sized carbon- and silicon-based optical imaging probes have recently been developed as benign alternatives to conventional semiconductor QDs. Although these nanomaterials lack a classical bandgap structures of QDs, they can achieve fluorescence emission from the surface passivation-created defects (surface energy traps [[46\]](#page-22-1)). Here, surface passivation stabilize the surface defects and facilitate more effective radiative recombination of surface-confined excitons [[47,](#page-22-2) [48\]](#page-22-3).

In a pioneering study, Sun et al. [[49](#page-22-4)] prepared 5 nm carbon dots (C-Dots) via laser ablation of graphite powder and cement. The surface of the C-Dots was then effectively passivated with organic moieties (diamine-terminated oligomeric PEG; PEG1500N) resulting in strong photoluminescence with no blinking as well as tunable emissions from visible to NIR under the argon ion laser excitation (458 nm) [\[49](#page-22-4)]. They also found that these C-Dots capped with poly- (propionylethylenimine-co-ethylenimine) (PEI-EI) were two-photon active with pulsed laser excitation in the NIR region (800 nm). The two-photon absorption cross sections of the C-Dots were comparable with the best-performing semiconductor QDs. Next, upon incubation to the human breast cancer cells, the authors demonstrated the potential of C-Dots for cell imaging with two-photon luminescence microscopy [\[50](#page-22-5)]. Indeed, recent studies have included the careful selection of carbon source as well as surface modifier for C-dots with enhanced photoluminescence [\[51](#page-22-6)] resulting in C-Dots with a quantum yield 2–2.5-fold that of CdSe/ZnS QDs [\[52](#page-22-7), [53](#page-22-8)]. In particular, C-dots can offer significant advantages in terms of potential translatability and applicability because they exhibit very low toxicity and great availability in scale-up production through various inexpensive renewable resources [\[54](#page-22-9)–[56](#page-22-10)].

Quantum-sized, porous silicon nanoparticles prepared by electrochemical etching of silicon wafer have subsequent luminescence arising in the 600–1,000 nm range from a combination of a quantum confinement effect and surface defect localized at the $Si-SiO₂$ interface [\[59](#page-22-11)]. Porous silicon has become one of the most powerful nanomaterials for optical in vivo imaging with respect to its adaptability, biodegradability, and capability for background-free imaging. Porous silicon nanoparticles are highly adaptable to load large volumes of various drugs (e.g., small molecules, nucleic acid, protein drugs) or additional imaging agents (e.g., Gd complex, magnetic particles) within their size-tunable pores [[60\]](#page-22-12). Porous silicon nanoparticles can biodegrade into benign orthosilicic acid $(Si(OH)_4)$; the element silicon itself is an endogenous substance (Fig. $6a$) followed by excretion as urine [[57\]](#page-22-13). The intravenously administered porous silicon nanoparticles were completely degraded in 4 weeks without any measurable in vivo toxicity over $1-12$ months (Fig. [6b, c\)](#page-10-0). In addition, porous silicon nanoparticles enable autofluorescence-free and time-gated fluorescence (TGF) imaging of tissue in vivo because they can provide the unusual long emission lifetime (5–13 ms) compared to nanosecond lifetimes of typical fluorescent organic molecules or QDs [\[58](#page-22-14)]. Thus, in time-gated fluorescence (TGF) imaging (images are captured at a delayed time after excitation), the signal could be effectively eliminated from the shorter-lived emission signals.

Figure [6d](#page-10-0) shows a nude mouse injected subcutaneously with PEGylated luminescent porous silicon nanoparticles (PEG-LPSiNPs). Here, the TGF imaging revealed intensive signals in the PEG-LPSiNP injection (T1) with negligible signals from the Cy3.5 injection (T2) or from the background tissue autofluorescence (T3). The fluorescent signals appeared in all three spots under the continuous-wave (CW) imaging (steady-state conditions; no time gating). Therefore, as an alternative to cytotoxic QDs, there has been much progress in the use of porous silicon nanoparticles for multimodal bio-imaging [[61\]](#page-22-15) and targeted therapy [\[62](#page-22-16)]. However, considerable future research still remains to overcome the limitations of luminescent porous silicon nanoparticles such as low quantum yield and difficulty in sizecontrolled mass production.

Gold nanoparticles (10–100 nm in size) are an efficient light scattering and absorbing center known to generate visible luminescence and heat upon excitation at λ_{SPR} based on its surface resonant oscillation of electrons [\[63](#page-22-17)]. In contrast, gold nanoclusters (AuNCs) consisting of several tens of atoms (<2 nm in size) have molecular-like, discrete electronic states due to the spatial confinement of free electrons [\[64](#page-23-0)]. Therefore, gold nanoclusters can feature all unique optical properties that semiconductor QDs have. In the past decade, there have been many investigations of synthetic methods for fine control of the number of gold atoms in a cluster.

Generally, gold nanoclusters (AuNCs) are synthesized by the chemical reduction of gold precursors in the presence of strong stabilizer. Owing to a strong affinity of thiols to the Au surface, thiol-containing small molecules (e.g., glutathione [[66,](#page-23-1) [67\]](#page-23-2), dodecanethiol [\[68](#page-23-3)]) have been extensively used as a stabilizing template for gold clusters [[69](#page-23-4)]. As a simple, green synthetic route, macromolecules (e.g., protein [[70\]](#page-23-5), DNA [[71\]](#page-23-6), dendrimer [\[64](#page-23-0)]) have also been also employed as a surface template to direct the formation of Au clusters with a substantial quantum yield (e.g., bovine

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serum albumin (BSA)-protected Au₂₅: \sim 6% QY). In particular, Jin and coworkers reported that surface ligands with many electron-rich atoms (e.g., N, O) or groups (e.g., $-COOH$, $NH₂$) can promote the fluorescence of gold clusters either by charge transfer through the Au-S bonds or by direct donation of delocalized electrons to the metal core [\[72](#page-23-7)].

Besides the aforementioned route ("Au atoms to Au clusters"), there is alternative route to prepare gold nanoclusters by etching the surface atoms of gold nanoparticles by appropriate ligands. For example, gold nanoclusters capped with dihydrolipoic acid (AuNC@DHLA) with a quantum yield of around 1–3% were synthesized. Upon etching and ligand exchanging with DHLA, the original gold nanoparticles stabilized with didodecyldimethylammonium bromide (AuNP@DDAB) (~5.6 nm) becoming smaller. These water-soluble gold clusters (<2 nm) have red photoluminescence under UV excitation (Fig. [7](#page-12-0)) [\[65](#page-23-8)]. As for the etchant, hyperbranched polymers were also applied to induce the gold nanoclusters with a quantum yield of 10–20% [[73\]](#page-23-9).

The photoluminescence quantum yield of gold clusters is still lower than the organic fluorophore or QDs. However, they are ultra-small and exceptionally biocompatible nanoparticles with reduced photo-blinking behavior. Therefore, in a recent study by Hung-I Yeh and coworkers, gold nanoclusters have been exploited as a fluorescent biomarker for live cell tracking in vivo using hind-limb ischemic mice. Here, the Au clusters showed nonspecific incorporation into living endothelial progenitor cells (EPC) with no acute cytotoxicity. Thus, after intramuscular injection of Au-labelled human EPC, the cells preserved angiogenic potentials and exhibited detectable fluorescent signals for up to 21 days [\[74](#page-23-10)].

In another example to demonstrate utility in the early diagnosis for cancers, mice with MDA-MB-45 and HeLa tumor xenografts were treated with ultra-small NIR-emitting Au nanoclusters (BSA-capped gold cluster). These clusters accumulated in the tumors and showed tumor-to-background signals of \sim 15 for 6 h postinjection [[75\]](#page-23-11). Most importantly, gold nanocluster can also have good clearance after administration through the kidneys due to its renal cutoff size $(<5.5 \text{ nm})$ (this is below the kidney filtration threshold (7–8 nm). Zheng et al. recently demonstrated renal-clearable, NIR-emitting, gold nanoclusters (zwitterionic thiolated gold clusters) enabling the real-time fluorescence visualization of kidney clearance kinetics with a 50-fold increase of contrast to conventional organic dyes. This is a useful and sensitive tool for early staging of kidney dysfunctions [[76\]](#page-23-12).

5 Nano-diamond and Persistent Luminescent Nanoparticles

Nano-diamonds (ND) mainly consist of $sp³$ carbon and are optically transparent, biologically inert, and chemically modifiable. When these materials are irradiated by high-energy ion beam, followed by thermal annealing, they can be immobilized with a high concentration of point defects (e.g., nitrogen-vacancy (NV^-) complexes) in the sp³ carbon lattice (Fig. [8a\)](#page-13-0) [\[77](#page-23-13)]. These point defects can form a photoluminescent

Fig. 7 Strategy to synthesize water-soluble fluorescent Au nanoclusters (AuNC) via ligandassisted etching of gold nanoparticles (AuNP). (a, b) Gold nanoparticles stabilized with didodecyldimethylammonium bromide (AuNP@DDAB) (5.6 nm) are etched by the addition of Au precursors (HAuCl₄ or AuCl₃) to smaller nanoclusters (AuNC@DDAB) (3.2 nm). They become water-soluble upon ligand exchange with dihydrolipoic acid (DHLA). (c, d) Only the AuNC@DHLA solution (<2 nm) shows the red photoluminescence under UV excitation. Adapted from Lin et al. [\[65\]](#page-23-8) with permission

center to produce a broad light absorption at 550 nm and emission at 700 nm. There are many unique optical properties that are not shown in conventional florescence dyes. This fluorescent nanoparticle is exceptionally photostable with no photobleaching under continuous high intensity of light excitation [[78,](#page-23-14) [79](#page-23-15)]. The fluorescence lifetime is much longer (five- to sevenfold) than that of biological tissue, which can facilitate background, autofluorescence-free imaging (Fig. [8b](#page-13-0)) [\[80](#page-23-16)]. Therefore, nano-diamonds have been extensively exploited as cellular bio-markers for long-term in vitro and in vivo imaging applications [\[81](#page-23-17)].

Nano-diamonds can be used with super-resolution microscopy to track single molecules or image subcellular structures on the nanometer scale. In a pioneering study, stimulated emission depletion (STED) microscopy was used to overcome the diffraction limit of light: Chang et al. showed that single fluorescent nano-diamond (30 nm BSA coated nano-diamonds) can be distinguished in cells with a sub-diffraction spatial resolution of approximately 40 nm [\[83](#page-24-0)]. Typical confocal

 \mathbf{R}_2 8 (a) Structure of fluorescent nano-diamond (ND). (b) Comparison between the fluorescence lifetimes of NDs in water (red) and endogenous fluorophores in cells (green). The background-free detection can be facilitated by time-gated imaging at 10 ns. Adapted from Hsiao et al. [82] with permission. (c) Confocal and STED imaging of HeLa cells labelled with BSA-conjugated NDs by electroporation. Adapted from Tzeng et al. [83] with permission. (d) Intraneuronal ransport monitoring by ND tracking assay. Bright-field (BF) images of the neuronal branches were merged with the fluorescence (FL) channel images, showing the movement of NDs within dendrites (yellow arrows). More specifically, the two ND-containing endosomes moved toward the cell soma (labelled 1 and 2 on mages). Adapted from Haziza et al. [84] with permission. (e, f) ND-labelled lung stem cells (LSCs) in lung-injured mice. (e) Immunostaining analysis indicated hat the bronchiolar epithelium of the mice injected with ND-labelled LSCs was observed with repopulation of CCSP⁺ cells (brown) at day 7. These materials ad a higher regenerative capacity with rapid restoration of lung epithelium. (f) Representative fluorescence lifetime imaging microscopy (FLIM; top) and IGF/H&E staining images (bottom) from the same lung tissue sections show that ND-labelled LSCs (white and black arrows, respectively) were located to the Fig. 8 (a) Structure of fluorescent nano-diamond (ND). (b) Comparison between the fluorescence lifetimes of NDs in water (red) and endogenous fluorophores in cells (green). The background-free detection can be facilitated by time-gated imaging at 10 ns. Adapted from Hsiao et al. [[82\]](#page-23-18) with permission. (c) Confocal and STED imaging of HeLa cells labelled with BSA-conjugated NDs by electroporation. Adapted from Tzeng et al. [[83](#page-24-0)] with permission. (d) Intraneuronal transport monitoring by ND tracking assay. Bright-field (BF) images of the neuronal branches were merged with the fluorescence (FL) channel images, showing the movement of NDs within dendrites (yellow arrows). More specifically, the two ND-containing endosomes moved toward the cell soma (labelled 1 and 2 on eft images). The movement of two NDs was also determined by particle tracking (1 in yellow; 2 in green) with a persistence of 10 s at different time points (right left images). The movement of two NDs was also determined by particle tracking (1 in yellow; 2 in green) with a persistence of 10 s at different time points (right images). Adapted from Haziza et al. [\[84](#page-24-1)] with permission. (e, f) ND-labelled lung stem cells (LSCs) in lung-injured mice. (e) Immunostaining analysis indicated that the bronchiolar epithelium of the mice injected with ND-labelled LSCs was observed with repopulation of CCSP+ cells (brown) at day 7. These materials had a higher regenerative capacity with rapid restoration of lung epithelium. (f) Representative fluorescence lifetime imaging microscopy (FLIM; top) and TGF/H&E staining images (bottom) from the same lung tissue sections show that ND-labelled LSCs (white and black arrows, respectively) were located to the erminal bronchioles of the lungs. Adapted from Wu et al. [85] with permission terminal bronchioles of the lungs. Adapted from Wu et al. [[85](#page-24-2)] with permission

microscopy cannot resolve whether the particles are internalized or well-dispersed/ aggregated due to the diffraction-limited image resolutions; however, STED microscopy images successfully identified the individual nano-diamond in the cytoplasm (Fig. [8c](#page-13-0)). This not only identifies the cellular process, but the nano-diamonds (ND) can also provide further information on cellular function in disease diagnostics.

For example, a ND-based tracking assay was recently developed to observe intraneuronal transport abnormalities with a spatial resolution of 12 nm and a temporal resolution of 50 ms. [[84\]](#page-24-1) Figure [8d](#page-13-0) shows that when NDs were internalized to primary hippocampal neuron cells, they could be tracked in real time using pseudo-total internal reflection fluorescence video microscopy (pseudo-TIRF). Here, the overlay images (BF and FL) can display the precise localization of ND overall trajectories and movement throughout the microtubules. Therefore, using the primary hippocampal neurons treated with amyloid- β_{1-42} peptide, the authors successfully found the decreased transport velocities of ND – this indicates abnormal intraneuronal transport in Alzheimer's disease.

In addition, exceptionally biocompatible and photostable, fluorescent nanodiamonds (NDs) can allow the monitoring of the long-term fate of stem cells in vivo. In a recent study, Wu et al. delivered ND-labelled lung stem cells (LSCs) by intravenous injection and observed their engraftment and regenerative capabilities with single-cell resolution through time-gated fluorescence (TGF) imaging and immunostaining [\[85](#page-24-2)]. Here, the authors first demonstrated that fluorescent nanodiamond labelling did not impair the lung stem cells' self-renewal and differentiation into type I and type II pneumocytes. Since the regenerative capacity of LSCs could be activated after tissue injury, using naphthalene-injured mice, they found that the transplanted LSCs migrated and integrated into bronchiolar epithelium of the murine lungs to successfully regenerate the damaged epithelial linings (Fig. [8e, f\)](#page-13-0). However, this still required a sufficiently large number of photoluminescent nitrogen-vacancy (NV) centers to increase the optical cross sections for fluorescent nano-diamonds. Unfortunately, the use of nano-diamonds is still limited in multiplexed imaging.

Persistent luminescent nanoparticles store energy by pre-charging with UV excitations and gradually releasing the photon energies. The emission is steady for several hours or days with no additional input of energies. Therefore, there is no need for external continuous excitation – this approach can lead to sensitive imaging without background autofluorescence [[86\]](#page-24-3). Scherman and coworkers prepared silicate crystals doped with Eu^{2+} , Dy^{3+} , and Mn^{2+} ions via a sol-gel process followed by successive high temperature calcination. These nanoparticles possess energy traps where the excited lights can be non-radiatively captured to induce persistent luminescence. They found that these particles can successfully emit light at 700 nm with a long-lasting luminescence for more than 1 h upon excitation ex vivo by UV light (6 W UV lamp, <5 min). The authors have also shown that when such particles were pre-excited and implanted to BALB/c mice, the sensitive fluorescent signals could be easily detected in real time using a photon counting system [[87\]](#page-24-4). However, these probes could only be excited ex vivo by UV lights, which prevent long-term imaging in vivo.

One possible strategy is to develop a new class of nanoparticles whose persistent luminescence can be renewable in vivo through living tissues. In 2014, Scherman and coworkers synthesized 80 nm Cr^{3+} -doped zinc gallium oxide (ZGO) nanoparticles and observed whether the persistent luminescence can be activated in situ whenever required with no time limit [\[88](#page-24-5)]. The particles have several excitation peaks with one within the tissue transparency window (rectangle with hatching) (Fig. [9a\)](#page-16-0) resulting in a NIR = persistent luminescence by a low-powered, orange/red light-emitting diode (LED) illumination (Fig. [9b](#page-16-0)). Simple illumination through living tissues with visible light was sufficient to activate persistent luminescence of ZGO-OH nanoparticles – intense signals were shown from the reticuloendothelial system (RES) organs (e.g., liver) within the deep tissues (Fig. $9c$). As for the applications, the authors assessed the ability of as-prepared nanoparticles for in vivo imaging for vasculature imaging, tumor detection, and longitudinal cell tracking in a mouse model. With additional surface coating (amino, carboxy, or PEG), these nanoparticles become very colloidal stable and long circulating after intravenous injections; therefore, they successfully showed these persistent luminescent nanoparticles could be used to image the tumors via passive targeting (PEG coating) (Fig. [9d](#page-16-0)). Furthermore, the amino-coated probes could label macrophage cells for visualization in vivo (Fig. $9e$). Additionally, the pathway of nanoparticles could be detected in the gastrointestinal tract after oral administration.

6 Dye-Doped Inorganic Nanoparticles (Calcium Phosphate, Silica)

Biologically resorbable and optically transparent inorganic materials (e.g., calcium phosphate, silica) can encapsulate dyes into their well-defined, large-surfaced, nanoporous structures and are an effective way of enhancing the photostability of organic fluorophores. These dye-doped nanoparticles can minimize their fluorescence quenching or enzymatic degradation. However, to achieve high sensitivity and specificity of the fluorescence signals, it is critically important to select appropriate dye molecules and increase the loading capacity with no change in particle size and morphology.

Calcium phosphate is found in endogenous biominerals including bone and teeth. It can easily form colloidally stable nanoparticles by reverse microemulsion synthesis [\[90](#page-24-6)]. In the first such study, Adir et al. successfully synthesized and investigated the potentials of NIR-emitting calcium phosphate nanoparticles (CPNPs) by entrapping indocyanine green (ICG) [\[91](#page-24-7)]. In this study, they prepared the welldispersed, ICG dye-doped CPNP (ICG-CPNP) (Fig. [10a](#page-17-0)), and found that the photostability is 500% longer relative to the free dye (Fig. [10b](#page-17-0)). PEGylated ICG dye-doped CPNPs exhibited much longer blood circulation than free ICG (free ICG in physiological environments experience the rapid aggregation and clearance from the body) and passively accumulated to xenografted breast

with the photon counting system. The inset shows a persistent luminescence decay curve from the liver. (d) The biodistribution of persistent luminescence Fig. 9 (a) PL excitation (black line) and emission (red line) spectra of $C³⁺$ -doped zinc gallium oxide (ZGO). (b) Persistent luminescence decay curves from $C³$ ⁺-doped ZGO obtained at 2 min excitations either by UV light or LED array source. (c) The detection of persistent luminescence nanoparticles after in vivo activation. Here, the animals intravenously injected with ZGO-OH were irradiated with an orange/red LED source for 2 min, and images were acquired for 3 min nanoparticles in a tumor-bearing mouse. Images were acquired 4 h after the injection of ZGO-PEG nanoparticles following visible activation of persistent uminescence with orange/red LED illuminations, which clearly showed the enhanced tumor uptakes as well as the accumulation kinetics. (e) ZGO-NH₂ Fig. 9 (a) PL excitation (black line) and emission (red line) spectra of Cr^{3+} -doped zinc gallium oxide (ZGO). (b) Persistent luminescence decay curves from Cr^{3} +-doped ZGO obtained at 2 min excitations either by UV light or LED array source. (c) The detection of persistent luminescence nanoparticles after in vivo activation. Here, the animals intravenously injected with ZGO-OH were irradiated with an orange/red LED source for 2 min, and images were acquired for 3 min with the photon counting system. The inset shows a persistent luminescence decay curve from the liver. (d) The biodistribution of persistent luminescence nanoparticles in a tumor-bearing mouse. Images were acquired 4 h after the injection of ZGO-PEG nanoparticles following visible activation of persistent luminescence with orange/red LED illuminations, which clearly showed the enhanced tumor uptakes as well as the accumulation kinetics. (e) ZGO-NH2 persistent luminescence NPs used for labelling of RAW cells in vitro (left images) and cells tracking in vivo (right images). Adapted from Maldiney et al. [88] persistent luminescence NPs used for labelling of RAW cells in vitro (left images) and cells tracking in vivo (right images). Adapted from Maldiney et al. [[88](#page-24-5)] with permission with permission

adenocarcinoma – the fluorescence signals lasted >96 h post-systemic injection (Fig. $10c$) [\[89](#page-24-8)]. In the next study, they further modified these nanoparticles with active targeting moieties of human holotransferrin, anti-CD71 antibody, and short gastrin peptides. They validated the systemic in vivo targeting to breast and pancreatic cancer lesions, respectively [[92\]](#page-24-9).

Elemental silicon itself is an endogenous substance, and it has been used extensively to fabricate (porous) silica nanostructures with a well-defined size and morphology via simple sol-gel synthesis [[61\]](#page-22-15). Fluorescent dye molecules can be physically entrapped into the porous nano-channels of silica matrix [[93\]](#page-24-10). The fluorescence remained unquenched up to very high concentrations of dye molecules. In 2011, Igor Sokolov and coworkers described small silica particles (ranging from 20 to 50 nm) with a high dye loading capacity (0.8–9.3 mg rhodamin6G (R6G dye) per g particles) using several organotriethoxysilanes (MTMS, ETES, or PTES) for the co-precursors of silica. They found the relative brightness from the fluorescent dye-doped silica particles has 30–770 times a QY that is higher than non-dimerized R6G dye molecules and 1.5–39 times of CdSe/ZnS QDs [[94\]](#page-24-11). Importantly, some fluorescent silica nanoparticles (e.g., Cornell dots; core-shell type of dye-rich core surrounded by denser silica network [[95\]](#page-24-12)) have exceptional biocompatibility and were approved for the first human clinical trials for cancer diagnosis [[96\]](#page-24-13). These 6–7 nm-sized Cornell dots (containing the dye, Cy5) attached with cyclic arginineglycine-aspartic acid (cRGDY) peptides that target integrin $\alpha_{\nu}\beta_3$ and 124 I radiotracer for positron emission tomography (PET) imaging have been administered to five patients with metastatic melanoma [\[97](#page-24-14)]. Their favorable PK/biodistribution profiles and safety assessment showed the potential for clinical translation of these cancertargeted, renally excreted inorganic nanoparticles. In addition to the visible light dyes (R6G, Cy5, FITC), NIR-emitting ICG dyes have also been encapsulated to the nanostructures of dense silica [\[98](#page-24-15)], mesoporous silica [\[99](#page-25-0), [100\]](#page-25-1), and porous silicon [\[101](#page-25-2)] and successfully utilized as for NIR optical imaging as well as for photoacoustic imaging in recent years.

7 Conclusion

Innovative nanotechnology has enabled the development of several new inorganic fluorescent nanomaterials to realize sensitive, high-resolution, optical imaging. QDs have been extensively investigated to overcome the limitations of organic fluorescent dyes with its superior photo-physical properties such as size-tunable photoluminescence, narrow emission, and low photo-bleaching. Chemical modifications with additional organic layers (e.g., PEG, targeting ligands) on QD surfaces can improve the blood circulation and diffusion of QD for sentinel lymph node (SLN) mapping, vasculature imaging, or more complex targeted imaging of tumor cells in vivo. Subsequently, further research has focused more on NIR-emitting QDs (NIR-I or NIR-II) (e.g., core/shell CdSe/CdTe QDs, Ag_2S QDs) to improve the imaging sensitivity of the conventional, visible luminescent QDs.

Based on the anti-Stokes shift luminescence mechanism and NIR light absorption, transition metal-doped semiconductor nanoparticles and lanthanide ion-doped nanoparticles (upconversion nanoparticles) offer high-resolution whole-body imaging with deep tissue penetrations (up to several \sim cm). Interestingly, persistent luminescent nanoparticles were found to be excited (either by ex vivo or in situ) with no input energy during in vivo imaging resulting in minimal tissue autofluorescence. Nano-diamonds can also facilitate background-free imaging by time gating due to the longer emission lifetime than that of biological tissue. Additionally, some optically transparent inorganic nanomaterials (e.g., calcium phosphate, silica) have been used as a host matrix to encapsulate organic fluorophores to improve their physiological stability for longer in vivo imaging despite the fact they do not possess the intrinsic luminescence.

However, despite all of these considerable advances in inorganic fluorescent nanomaterials, there are still several challenging issues that need to be resolved. The unique optical properties of inorganic nanomaterials are generally dependent on their size, shape, and compositions, and thus large-scale synthesis is needed to maintain the uniformity of the nanoparticles between batches. In addition, due to the metal-induced toxicity, the potential safety issues of inorganic nanoparticles should be addressed for further clinical trials. An effective strategy is to make nanomaterials biodegradable into nontoxic byproducts (e.g., porous silicon nanoparticles) or nanomaterials that are solely composed of benign elements (e.g., silicon, silver, gold, calcium phosphate, carbon analogue) to exert less systemic toxicities. Renal clearance through urine can minimize the exposure of body to nanomaterials; likewise Au nanoclusters $(2 nm)$ or ODs with renal cutoff size $(<5.5$ nm) were found to be easily filtered by the kidneys. However, these changes can lead to trade-offs for the intended applications, and it is critical to tailor nanomaterials to balance between safety concerns, scale-up synthesis, and sensitivity/resolution that needs to fulfill the specific medical goal.

Compliance with Ethical Standards

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