Integration of CNT-Based Chemical Sensors and Biosensors in Microfluidic Systems

Pornpimol Sritongkham, Anurat Wisitsoraat, Adisorn Tuantranont, and Mithran Somasundrum

Abstract We describe and discuss the different components necessary for the construction of a microfluidic system including micropump, microvalve, micromixer and detection system. For the microfluidic detector, we focus on carbon nanotube (CNTs) based electrochemical sensors. The properties, structure and nomenclature of CNTs are briefly reviewed. CNT modification and the use of CNTs in conjunction with electrochemical microfluidic detection are then extensively discussed.

Keywords Biosensors, Carbon nanotubes, Chemical sensors, Electrochemical sensor, Microfluidic electrochemical system

Contents

P. Sritongkham (\boxtimes)

A. Wisitsoraat and A. Tuantranont

National Electronics and Computer Technology Center, National Science and Technology Development Agency, Pathumthani, Thailand

M. Somasundrum

National Center for Genetic Engineering and Biotechnology, National Science and Technology Development Agency, Pathumthani, Thailand

A. Tuantranont (ed.), Applications of Nanomaterials in Sensors and Diagnostics, Springer Series on Chemical Sensors and Biosensors (2013) 14: 59–102 DOI 10.1007/5346_2012_42, © Springer-Verlag Berlin Heidelberg 2012, Published online: 8 December 2012

Department of Biomedical Engineering, Mahidol University, Nakornpathom, Thailand e-mail: pornpimol.srt@mahidol.ac.th

1 Introduction

In recent years there has been great interest in miniaturized analysis systems for chemical and biological sensing applications. These systems and devices, also well known as lab-on-a-chip (LOC), offer several advantages over conventional scale analytical methods, including low sample/reagent consumption, fast analysis, high throughput and automation capability $[1-16]$ $[1-16]$. In this chapter, microfluidic systems and the various microfluidic components are concisely described and discussed. Finally, we discuss the properties which make carbon nanotubes (CNTs) ideal modifiers for improving the sensitivity and/or selectivity of electrochemical detectors, and describe how such detectors can be integrated into microfluidic systems.

2 Microfluidic System

2.1 Classes of Microfluidic Systems

Microfluidic systems can generally be divided into two main classes, continuous-flow and droplet-based [\[17–19](#page-29-0)]. Continuous-flow is based on the manipulation of a continuous flow of fluid in micron-sized channels, which may be driven by mechanical fluid pressure [[20](#page-29-0), [21](#page-29-0)] or by capillary forces and electrokinetic actuation [\[22,](#page-29-0) [23\]](#page-29-0). In a typical continuous flow system, fluids including carrier fluid, buffer and analytes from reservoirs are driven into nanoport inlets by either external pumps or integrated onchip micropumps through microchannels at controlled flow rates [\[24\]](#page-29-0). Fluid manipulations such as mixing and focusing are then conducted using microvalves, micromixers and other microfluid manipulators depending on the application [\[25\]](#page-29-0). In some specific applications such as the polymerase chain reaction, fluid will be confined in reaction microchambers that include special-purpose components such as a microheater and microsensors [\[26\]](#page-29-0). Processed fluids will be then analyzed by either on-chip or off-chip detectors [\[27\]](#page-29-0). In advanced biochemical applications, fluids may be separated along a microcolumn by methods including capillary electrophoresis and liquid chromatography using a specially treated microcolumn and microelectrodes [\[28,](#page-30-0) [29](#page-30-0)]. Finally, analyzed fluids will exit outlets and be collected at waste sinks.

Continuous microfluidic operation is a common technique that is easy to implement, suitable for definite and uncomplicated biochemical applications and is necessary for particular flow-based functions such as separation. However, it suffers from several limitations including relatively high sample/analyte consumption, limited flexibility/reconfigurability, poor fault tolerance capability and poor scalability because of the permanent closed-channel configuration and flow-component-system interdependency. Droplet-based microfluidics has recently been developed to overcome these shortcomings. In these systems, droplets of samples/reagent are formed instead of a continuous stream, which results in lower sample/reagent consumption.

There are two main types of droplet-based systems, namely continuous and discrete [\[30](#page-30-0)]. In the continuous type, droplets are generated and transported along microfluidic channels by flowing sample/reagent into an immiscible carrier fluid that separates and encapsulates the continuous solution stream into microdroplets. This system can be considered an extension of the continuous flow scheme and hence it is essentially the continuous flow systems that include a special mixer specially designed to generate a stream of micro-droplets. The main benefit of this method is very high throughput and lower sample/reagent consumption. However, it also requires additional carrier fluids and it still suffers from similar shortcoming to a continuous flow system, particularly complicated fluid manipulation, limited flexibility/reconfigurability, poor fault tolerance capability, and poor scalability.

In the discrete droplet-based approach, samples/reagent are formed, manipulated and analyzed as isolated microdroplets with no need of carrier and microchannel [\[19](#page-29-0), [30,](#page-30-0) [31\]](#page-30-0). The use of discrete droplets can greatly reduce sample/reagent consumption when compared to continuous systems. Due to the architectural similarities with digital microelectronic systems, droplet-based systems are often referred to as "digital microfluidics". In typical digital systems, individual droplets are generated, moved, merged, split and mixed by a system of structures operated based on various droplet actuation mechanisms including electrowetting-on-dielectric (EWOD), surface acoustic wave (SAW), dielectrophoresis, thermocapillary forces and magnetic forces. These techniques allow parallel processing ability, high architectural flexibility, scalability and dynamic reconfigurability because the force driving the droplets may be controlled by software-driven electronics and the droplets can be freely manipulated in an open platform. In addition, the fabrication of the digital systems is relatively simple and lower priced because complex microchannels and mechanical components are eliminated. Thus, digital microfluidic systems have increasingly gained interest in various applications. Nevertheless, droplet-based systems also have some limitations. For instance, they cannot provide some important functions such as chemical separation, which is very important for biochemical sensing applications. In addition, integration of detection components in the system requires further technological development. Therefore, we will focus here on continuous flow microfluidic systems as they are still more widely used in biochemical sensing applications.

2.2 Microfluidic Components

The key microfluidic components for a general integrated microfluidic system are concisely discussed below.

2.2.1 Micropump

A micropump is a miniaturized pumping device that can be integrated into a microfluidic system for driving fluid at a desired flow rate. Micropumps can be divided into two main classes, mechanical or non-mechanical [[32\]](#page-30-0).

Mechanical Micropump

Mechanical micropump operation is based on mechanical moving parts such as membranes or diaphragms and check valves, which are periodically actuated by one or more physical mechanisms to generate fluid flow. Major types of mechanical micropumps include reciprocating diaphragm, peristaltic, syringe and rotary structures [[20](#page-29-0)]. A reciprocating diaphragm micropump typically contains a pumping chamber, flexible actuating diaphragm, mechanical actuator, inlet valve and outlet valve as illustrated in Fig. [1a.](#page-4-0) Fluid flow is generated by the periodic movement of the diaphragm, which draws in fluid through the inlet valve when the diaphragm retracts (under pressure state) and drives it out when diaphragm extends (over pressure state) [\[33](#page-30-0)]. The actuators move the diaphragm back and forth between the two states, causing a volume change called the stroke volume, which is proportional to the generated pumping pressure and pumping rate. The actuation must go against the remaining dead volume of fluid in the chamber and thus the pumping efficiency is proportional to the ratio of stroke to dead volume, called the compression ratio (ε) .

Passive inlet and outlet check valves [\[34](#page-30-0)], allowing flow only in one direction, are normally used to dictate the flow direction as shown in Fig. [1a.](#page-4-0) These check valves may be replaced by nozzle/diffuser elements to yield valveless micropumps as illustrated in Fig. [1b.](#page-4-0) These elements are taper pipes that allow more fluid to enter via the inlet than to leave at the outlet during the under pressure state and vice versa during over pressure state [\[35](#page-30-0)]. The main advantage of a valveless structure is simpler fabrication, while the key disadvantage is relatively lower efficiency due to some backward flow.

A peristaltic micropump [[36,](#page-30-0) [37\]](#page-30-0) is a valveless bi-directional micropump containing three actuating diaphragms arranged in series as illustrated in Fig. [1c](#page-4-0). Sequential peristaltic movement of diaphragms can be programmed to transfer the fluid from one port to the other with no valve or diffuser/nozzle element and the flow direction can be inverted by reversing the order of diaphragm movement [\[33](#page-30-0), [38](#page-30-0)]. In contrast, syringe micropumps utilize actuators located in a reservoir

Fig. 1 Structures of (a) basic reciprocating, (b) valveless reciprocating, (c) peristaltic, (d) syringe and (e) rotary micropumps

chamber to drive the fluid into a nozzle as shown in Fig. 1d. The key feature of syringe micropump is ability to provide accurate, steady and non-turbulent flow control [[39,](#page-30-0) [40\]](#page-30-0). Rotary micropumps employ a rotating microgear motor to transfer fluid from inlet to outlet, which may employ nozzle/diffuser elements, as illustrated in Fig. 1e. Micromotor is typically driven by either electromagnetic or electrostatic actuation [[41\]](#page-30-0). A rotary micropump can provide a large pumping rate, however its fabrication involves a complicated micromachining process.

The mechanical actuator is the most critical part of a mechanical micropump because it primarily dictates the pumping performance. Important actuation mechanisms employed in mechanical micropumps include piezoelectric, shape memory alloy (SMA), bimorph, ionic conductive polymer film (ICPF), electrostatic, electromagnetic, pneumatic, thermopneumatic and phase change [[26,](#page-29-0) [32\]](#page-30-0). Table [1](#page-6-0) summarizes the main structures, advantages and disadvantages of mechanical micropumps. These mechanical actuators can be further divided into two groups according to application method.

In the first group, comprising piezoelectric, SMA, bimorph and ICPF, the actuator is employed in the micropump by direct attachment of the whole actuator body to the diaphragm. A piezoelectric actuator comprises a piezoelectric layer sandwiched between two metallic films, which are deformed due to strain induced in the piezoelectric crystals under high applied voltage [[42–44\]](#page-30-0). An SMA actuator consists of a microheater and a layer of special metal alloy that has shape memory effect, such as Au/Cu, In/Ti, and Ni/Ti [[45,](#page-30-0) [46](#page-30-0)]. With this effect, the SMA structure is deformed and reformed between two states as a result of phase transformation between the austenite phase at high temperature and martensitic phase at low temperature. An SMA structure that is mechanically constrained by a diaphragm will exert a large actuation force and displacement by heating and cooling. A bimorph actuator contains a microheater and a bilayer of two dissimilar materials. The bilayer structure will expand or contract upon heating or cooling due to the difference in the thermal expansion coefficients of the two materials [[47\]](#page-30-0). An ICPF actuator is a polyelectrolyte film with both sides chemically plated with platinum and can be actuated by a stress gradient due to ionic movement under an applied electric field [[48\]](#page-30-0). During ionic movement, cations attached to polymer molecules move and simultaneously take solvent shell water molecules to the negative electrode (cathode), causing cathode expansion and anode shrinkage.

In the second group of micropumps, the diaphragm of the micropump is a part of the actuator system. Electrostatic actuators are used in micropumps by making the diaphragm the movable electrode of an electrostatic capacitor. The movable electrode is separated from a fixed plate by a micron-sized air gap and is deflected by Coulomb attraction forces under high applied voltage between the two electrodes [\[49](#page-30-0), [50](#page-30-0)]. Similarly, electromagnetic actuation can be used for micropumping by bonding a permanent magnet to the diaphragm. The magnetic diaphragm is then actuated by an electromagnetic field induced by applying current to coils around soft magnetic cores [[51,](#page-30-0) [52](#page-31-0)]. Pneumatic micropump utilizes a compliant diaphragm that is a wall of actuation chamber and is expanded or contracted by air/vacuum pressure, which is manipulated by external solenoid-valve-controlled oil-less diaphragm vacuum pump/compressors [[53,](#page-31-0) [54](#page-31-0)]. Typically, PDMS membrane, an elastomer with low Young's modulus and high reversible strain, is employed as diaphragm for pneumatic actuation. PDMS provides large stroke, low leakage performance in close position and excellent adherence to glass/silicon substrate. The use of an external air/vacuum system makes the overall system become large. Thermopneumatic principle that uses thermally-induced volume change of air in the sealed chamber has been utilized to replace the external air/vacuum part with

Type	Structure	Advantages	Disadvantages
Piezoelectric	Electrodes Piezoelectric layer Diaphragms	Large actuation force, fast response	Difficult fabrication, high actuation voltage and small actuation stroke
SMA	Heater SMA layer Diaphragms	Large actuation force/stroke, simple and small	High power consumption and slow response
Bimorph	Heater $Bimorph_{\blacksquare}$ layers' Diaphragms	Large actuation force, simple and small	High power consumption, slow response, small actuation stroke
ICPF	Electrodes Water Ions ICPF Diaphragms	Large deflection and low voltage/power consumption	Low actuation force, complex fabrication process
Electrostatic	Electrodes -Spacers Air gap Diaphragms	Low power consumption and fast response	High actuation voltage and small actuation stroke
Electromagnetic	Driving coil ரிற Permanent magnet Diaphragms	Large actuation force/stroke, fast response	High power consumption and difficult and expensive fabrication
Pneumatic	Air in/out Air chamber Diaphragms -	Large stroke, fast response	External pump/air flow system required

Table 1 Summary of structure, advantages and disadvantages of mechanical micropumps

(continued)

Type	Structure	Advantages	Disadvantages
Thermo- pneumatic	Heater \geq Air chamber Diaphragms	Large induced pressure and large stroke	High power consumption and slow response
Phase change	Heater Liquid chamber Diaphragms	Large actuation force	High power consumption, slow response, small stroke

Table 1 (continued)

integrated microheater/refrigerator [[55,](#page-31-0) [56\]](#page-31-0). Thermopneumatic system is thus better in term of system integration. Phase-change actuation is similar to thermopneumatic actuation except that it uses a liquid-phase fluid and an external heater (outside actuation chamber). The diaphragm is expanded and contracted by vaporization and condensation of the working fluid [\[57](#page-31-0), [58\]](#page-31-0).

From Table [1](#page-6-0), it can be seen that actuation mechanisms which require heating, including SMA, bimorph, thermopneumatic and phase change will require high power and give a slow response but can produce a large actuation stroke. Electromagnetic actuation is a special category in that it has high power consumption due to high current but offers a fast response. In contrary, actuation mechanisms that are based on electric fields, including electrostatic, piezoelectric and ICPF have low power consumption and provide a fast response but have a small actuation stroke. The choice of mechanical micropump depends on flow rate, pumping fluid force, power consumption, operating frequency and fabrication/cost requirements.

Non-Mechanical Micropump

Non-mechanical micropumps are based on micro-scale phenomena that convert non-mechanical energy to kinetic fluidic energy. Geometry design and fabrication techniques for these kinds of pump are simpler due to the absence of moving parts. Non-mechanical phenomena used in micropumps include magnetohydrodynamic (MHD), ferrofluidic, electrohydrodynamic (EHD), electroosmotic, electrowetting, thermo bubble, flexural planar wave (FPW), electrochemical and evaporation [\[26,](#page-29-0) [32\]](#page-30-0). The structure, advantages and disadvantages of non-mechanical micropumps are summarized in Table [2.](#page-8-0)

MHD actuation is based on the Lorentz force acting on electrically conductive fluids (conductivity >1 s/m) under magnetic and electrical fields [[59,](#page-31-0) [60\]](#page-31-0). A typical MHD micropump comprises of a rectangular microchannel with two opposite walls being electrodes for applying an electric field and the other two walls being

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permanent magnets of opposite polarity for providing the magnetic field. Ferrofluid magnetic actuation utilizes the movement of ferrofluid plug, which is a carrier fluid such as water, hydrocarbons or fluorocarbons with suspended ferromagnetic nanoparticles. The ferrofluid movement is induced by moving magnetic field mechanically using motor controlled magnet [\[61](#page-31-0)].

EHD actuation, an electrokinetic effect, relies on Coulombic force acting on electric-field-induced charges in a low conductivity or dielectric fluid [[62](#page-31-0), [63\]](#page-31-0). Since charges must be induced, the pumping liquid is directly affected by EHD actuation. In an EHD micropump, ions in the fluid move between two permeable electrodes (emitters and collectors directly in contact with fluid), resulting in an EHD pressure gradient. Electroosmosis is another electrokinetic effect, in which ionic liquid is moved by viscous force as a result of boundary ion movement relative to the stationary charged surfaces of a microchannel under an applied electric field [\[64](#page-31-0), [65](#page-31-0)]. Stationary negative charges are induced due to interaction between an ionic solution and a microchannel surface such as fused silica and PDMS. The induced charged surface attracts the positively charged ions to form electric double layers, which comprise a fixed-charge Stern layer and cation-rich Guoy–Chapman boundary layer, in which ions can move under an electric field. The movement of these ions leads to viscous motion of neutral fluid in the channel (Table [2\)](#page-8-0). In contrast, electrowetting provides fluid movement through a change in surface tension under applied electric potential via the dielectric layer. The change in electrical potential results in a change in interfacial energy between the liquid and dielectric interface [\[66](#page-31-0), [67\]](#page-31-0). A continuous electrowetting micropump utilizes the electrowetting effect to manipulate two immiscible liquids such as liquid-phase mercury droplet/electrolyte The surface tension difference between left and right droplet surfaces, due to potential drop across the electric double layer, pushes the droplet from left and right (Table [2\)](#page-8-0). The droplet movement in electrolyte is then used to actuate a micropump diaphragm.

Thermo bubble is the generation and expansion of a bubble by heating under a fluid [\[68](#page-31-0)]. The bubble expansion creates a large pressure and actuation force that can be used to drive fluid in a micropump. It can be used to form a diaphragm less and valveless micropump when used along with nozzle/diffuser element (see Table [2\)](#page-8-0). A net flow is generated from nozzle to diffuser by bubble expansion and extinction periodically controlled by heating voltage. Electrochemical reactions such as the electrolysis of water can be used instead to generate gas bubbles to provide the fluid driving force [\[40,](#page-30-0) [69\]](#page-31-0). In an electrochemical micropump, an electrode containing water in an actuation chamber is used to generate bubbles that drive the diaphragm to pump fluid into the main chamber (Table [2\)](#page-8-0).

The FPW micropump utilizes ultrasonically driven acoustic streaming to initiate fluid flow. FPW produced by an array of piezoelectric or SAW transducers propagate along a thin wall of microchannel to transfer its momentum to fluid [[70](#page-31-0), [71](#page-31-0)]. Lastly, evaporation-based micropumps exploit controlled liquid evaporation through a membrane into a gas space containing a sorption agent and flow-induced capillary forces, which are generated as a result of evaporation [[72\]](#page-31-0). The vapor pressure in the gas chamber is kept below saturation by gas absorber and evaporated liquid is continuously replaced by the flow of liquid through the microfluidic system.

All non-mechanical micropumps share the common advantages of no moving parts making design and fabrication relatively simple, while there are different pros/cons for each type of micropump. From Table [2](#page-8-0), it can be seen that mechanisms involving the application of an electrical potential, including MHD, ferrofluidic, EHD, electroosmosis, electrowetting and electrochemical, provide fast responses, low power consumption and are simple to fabricate but are limited to conducting fluids. Thermo-bubble requires high power consumption and gives a slow response but can produce a large actuation stroke. FPW is a unique method that requires low operating power and can work with any fluid but suffers from a low actuation force and has a complex fabrication process. Evaporation is a simple and novel method that requires no external energy but is limited to suction operation. The choice of non-mechanical micropump depends on type of application and other operational parameters such as flow rate, pumping fluid, power consumption, operating frequency and cost. For example, an electroosmosis pump is essential for capillary electrophoresis.

2.2.2 Microvalves

A microvalve is a miniaturized switching device that can be integrated into microfluidic systems for valving fluid flow direction, and is an important element of mechanical micropumps as well as fully integrated microfluidic chips. Microvalves can be divided into two main classes, passive and active microvalves and each class may be further subdivided into mechanical or non-mechanical types. They are summarized in Table [3](#page-13-0) and discussed below.

Passive Microvalves

Passive microvalves, which are often used in mechanical micropumps, do not employ any kind of external actuation. Most common passive microvalves are mechanical flap valves with various structures including cantilever, disc and spherical ball (Table [3](#page-13-0)) [\[58](#page-31-0), [73\]](#page-31-0). Disc and ball structures are more preferred for low leakage during closing operation. In addition, valve seat having a mesa pit structure may be used in these structures to reduce any pressure-drop during opening operation by diminishing the structural stiction on the valve anchor. They use a pressure difference between the inlet and outlet of the valve to overcome spring force and control the valve opening. In contrast, passive plug (PP) mechanical microvalve, consisting of snug and airtight stub and stem components, utilizes stub weight and flow control elevation mechanism inside the access port to control fluid flow [[74\]](#page-31-0). The fluid flow is controlled by relative input/output pressure, height of elevation and stub weight. In addition, tight seal (fully close) operation may be attained manually using the snug fit and additional weight above the PP stub.

Type	Diagram	Advantages	Disadvantages
Passive flap	Cantilever Disk Ball Inlet Valve seat Stopper	Simple operation, efficient, low leakage	Complex fabrication process, slow response
Passive plug	Plug Inlet \rightarrow Elevation	Simple operation, efficient, low leakage, mechanically robust	Low degree of automation, slow response, complex fabrication process
Passive in-line polymerized gel	Polymerized gel Inlet	Simple structure, simple operation, low leakage	Non-reversible operation, limited to a group of suitable fluids
Passive hydrophobic	Hydrophilic channel Inlet Hydrophobic patches	Simple fabrication, low cost	High leakage, low fluid pressure, poor stability, limited to a group of suitable fluids
Active diaphragm based mechanical	Diaphragm Actuator Inlet Raised channel	low leakage	Simple and effective, High fabrication cost
Active phase- change non- mechanical	Solidified Plug Inlet- TE refrigerator/heater	very low leakage	Simple and effective, High power consumption, low speed

Table 3 Summary of diagram, advantages and disadvantages of various types of microvalves

In-line polymerized gel microvalve is a mechanical passive valve that utilizes gel photopolymerization by a thermally induced pressure difference to create local gel plugs to prevent bulk liquid flow [\[75](#page-31-0), [76\]](#page-32-0). The microfluidic gel valve is typically fabricated from a mixture of Tris–HCl, acrylamide/bic and 1-hydroxyl-cyclohexylphenylketone (HCPK) photoinitiator. Polymerization will occur when passing fluid provides a suitable temperature and pH to the gel. The leakage characteristic of the gel plug mainly depends on the degree of gel cross-linking, which can be optimized to yield minimal leakage at high hydrostatic pressure. Hydrophobic microvalve is a non-mechanical passive valve that utilizes hydrophobic patches

in otherwise hydrophilic microchannels to confine fluid within hydrophilic regions by surface tension force [[77\]](#page-32-0). Hydrophobic patches can be formed by coating the regions selectively with a hydrophobic substance such as Teflon and EGC-1700. For instance, passive stop valves can be made by coating access ports with a hydrophobic film. The hydrophobic microvalve is easy to fabricate but it seriously suffers from poor stability due to possible desorption of the hydrophobic film, or reaction with the working fluid.

Active Microvalves

Active microvalves are operated by actuating force and offer higher performance than passive ones but they also require more complexity and fabrication cost. The majority of active microvalves are mechanical valves that employ a sealing diaphragm actuated by various mechanical mechanisms to interpose between the two ports of microchannel as illustrated in Table [3.](#page-13-0) When the diaphragm is not actuated, fluid flows normally under a driving pressure between inlet and outlet ports. Under actuation, the diaphragm is pressed onto the valve seat and stops fluid flow. Mechanical actuation mechanisms utilized in micropumps such as electrostatic, electromagnetic, piezoelectric, SMA and thermopneumatic can all be used in microvalves [\[78–82](#page-32-0)]. Diaphragm based mechanical microvalve offers simple and effective operation with low leakage in close mode and low resistance in open mode but they require relatively high fabrication cost. The speed and power consumption are dependent on actuation mechanisms, which can be selected and optimized according to application requirements.

Another important group of active microvalves is non-mechanical phase change type operated based on solid–liquid phase transition effects [\[83](#page-32-0)]. The phase-change microvalves typically consist of a microchannel, a cavity, a phase change plug material and a thermoelectric (TE) microheater/refrigerator as depicted in Table. [3](#page-13-0). In operation, phase change material including hydrogel, sol–gel, paraffin and ice are thermally actuated to transform their phase from liquid to solid and vice versa to stop and pass fluid flow. The advantages of this type of microvalves include very low leakage, simple fabrication and ease of large-scale integration. However, they suffer from high power consumption and slow response.

A stimuli-responsive, or smart, hydrogel is an effective phase change material that can change its volume reversibly and reproducibly by more than one order of magnitude from a very small change of input parameters such as pH, glucose, temperature, electric field, light, carbohydrates or antigen [\[84](#page-32-0)]. At temperatures above the hydrogel critical temperature T_c (32 \degree C), the hydrogel is unexpanded and the microchannel is open. When the temperature is decreased below T_c by a thermoelectric (TE) refrigerator, the hydrogel swells and blocks the flow. Hydrogel plugs offer perfect sealing, relatively high pressure tolerance and self-actuated open-loop control abilities. Pluronics sol–gel is another promising phase change material [[85\]](#page-32-0). The pluronic polymer forms a cubic liquid crystalline solid gel plug

that stop fluid flow at room temperature. When cooled below the pluronics gel transition point $(5^{\circ}C)$, the gel is liquefied, allowing fluid flow. The advantages of pluronics gel include good sealing and simple implementation by one-shot injection.

Paraffin is another attractive phase change material due to low cost. In paraffin microvalve, the paraffin plug is liquefied by thermal heating, then moved in the microchannel to a fluid port by upstream fluid pressure or external pneumatic air/ vacuum actuation and conformally solidified on the port wall, forming a leak-proof solid seal [\[86](#page-32-0), [87](#page-32-0)]. Heating can be done globally or locally by isothermal or spatial gradient actuation, respectively. Local heating allows much shorter actuation time and lower power consumption than global heating. For reversible close–open operation, external pneumatic air/vacuum actuation is required to move the molten paraffin between fluid ports, making the system fairly complicated. Lastly, water can be used as phase transformation material. Ice plugs can be formed by TE cooling below water freezing point $(0^{\circ}C)$ to non-invasively close aqueous solution flow, and ice melting by heating can restore the flow [[88\]](#page-32-0). Ice valves are advantageous for bio/chemical microfluidic systems due to biocompatibility and contamination-less property, but require high power consumption and have long response times. These may be reduced by pre-cooling at the expense of power consumption.

2.2.3 Micromixer

A micromixer is a miniaturized merging device that can be integrated in microfluidic systems for mixing two or more fluid flow. Fluid mixing in microchannels is generally difficult due to the low Reynolds number laminar flow effects of fluids in micron-sized conduits [\[23](#page-29-0), [89](#page-32-0)]. Thus, various strategies have been developed to achieve effective micromixing in fully integrated microfluidic chips. Micromixers can be divided into two main classes, passive and active [\[26](#page-29-0)].

Passive Micromixers

The mixing process of passive micromixers mainly relies on chaotic diffusion and convection, which may be achieved by a properly designed microchannel's geometry and surface topography [[90\]](#page-32-0). The Y/T-type flow configurations are the simplest mixing structures that combine two or more Y and T mixing junctions to induce chaotic diffusion [[91–93\]](#page-32-0). For instance, four T-type and one Y-type micromixer combination have been shown to provide high mixing efficiency. However, large combinations of Y–T junctions are not desirable due to size, complexity and cost.

To avoid using large Y/T-type micromixers, a single Y or T mixing junction may be used in combination with other passive micromixing strategies including droplet formation and movement with recirculation flow [[94–96\]](#page-32-0). Droplet formation from two or more fluids to be mixed increases the fluid interface between them, while

droplet movement generates an internal flow field inside the turning and elongated droplet, resulting in internal mixing and enhanced mixing efficiency. For successful recirculation, multi-phase droplets must move as one with non-slip boundary conditions. Transient adsorption of droplets to the microchannel walls should be prevented by the use of a suitable surfactant. Droplets can be generated by pressuredriven mixing of multiple immiscible phases with large differences in surface tension, such as an aqueous solution and oil in a microchannel or by fluid mixing driven by capillary effects including thermocapillary or electrocapillary (electrowetting) that employ temperature difference or electric field to bring two or more fluids to mix at a junction. After droplet formation, thermocapillaries or electrocapillaries will then be used again to move droplets around the microchannel to induce recirculation mixing. Another effective droplet mixing strategy is to use the shear force between an additional immiscible carrier liquid and the sample droplet to accelerate the mixing process.

Active Micromixers

Active micromixers employ some external agitating energy to create turbulent mixing and are considerably more effective than passive mixers, but high cost and complexity make them less attractive for practical microfluidic systems. Common actuation mechanisms employed in an active micromixer include electrokinetic, acoustic, MHD and mechanical actuation by micropumps/microvalves. Electrokinetically-driven micromixing provides significant diffusion enhancement from local circulation zones and stretching/folding buck flow induced by a fluctuating applied electric potential that results in a variation of zeta potential on the microchannel walls [[97,](#page-32-0) [98\]](#page-32-0). The electrokinetic method offers very high mixing speed but it requires a high operating voltage. Acoustic agitation or ultrasonication is a well-known and effective fluid mixing technique that utilizes an acoustic field to induce frictional forces at air/liquid interface of an air bubble in a liquid medium, resulting in bulk fluid flow called cavitation or acoustic microstreaming [\[99](#page-32-0)]. The bubble-induced streaming will be most effective if bubbles are excited near their resonance frequency, which depends mainly on bubble size and distribution. Acoustic fields can be induced by an integrated bulk wave or SAW actuator. Acoustic microstreaming offers many advantages including fast operation, simple apparatus, ease of implementation, low power consumption $\left(\sim 2 \text{ mW}\right)$ and low cost.

MHD micromixing use Lorentz force to roll and fold electrolyte solutions in a mixing chamber [[100\]](#page-32-0). In contrast to a MHD micropump, MHD electrode arrays are deposited on the microchannel's surface in the transverse direction, instead of parallel to the microchannel walls. In addition, complex flow fields such as cellular motion, which provide enhanced fluid mixing interface, can be induced under applied AC potential differences across pairs of electrodes with appropriately designed patterns. Mechanical actuation by integrated microvalves/micropumps can also provide highly effective micromixing [[54\]](#page-31-0). Various type of actuation mechanisms have been reported for micromixing. For example, a pneumatic

peristaltic rotary micropump has been used for fixed volume as well as continuousflow on-chip mixing. In fixed volume mixing, fluid injected into the chamber are circulated and quickly mixed with the rotary pump. In a circular loop, different fluids are moving at different velocities with the parabolic profile of the Poiseuille flow and their interfaces will stretch into long and thin streams and finally wrap around into a complete mix. In continuous-flow mixing, the mixing efficiency increases as the overall fluid flow rate decreases and the rotary mixer loop increases.

2.2.4 Detection System

Detection system is an analysis apparatus that may be applied to and/or integrated in microfluidic systems for chemical and biosensing. It is a very important part of micro total analysis system. Sensors or detectors in microfluidic systems must be much more sensitive than conventional methods because of small sample volume, short sampling time and low analyte concentration. The most widely used detection strategies are electrochemical, optical and mass spectroscopic [\[101](#page-33-0), [102](#page-33-0)].

Electrochemical detections including potentiometric [\[103](#page-33-0), [104\]](#page-33-0), voltametric [\[105–107](#page-33-0)], amperometric [\[108–110](#page-33-0)], coulometric [[111\]](#page-33-0) and AC impedance [\[112–114](#page-33-0)] techniques utilize potential, current or charge signals from reducing and/or oxidizing reaction at electrodes, which can be either two-electrode system that comprises working and counter electrodes or three-electrode system that includes an additional reference electrode. Electrochemical detectors are the easiest to integrate into microfluidic devices, due to the fact that the technology for the fabrication of microelectrodes and the placement of microelectrodes within or at the outlets of microchannels is now well established $[115-118]$. Additionally, electrochemical detection can provide relatively low limits of detection without requiring expensive transduction methods [\[119](#page-33-0)]. A number of microfluidic systems have been integrated with on-chip micro-electrochemical sensors using different working electrode materials, including gold, platinum, polymer, CNTs and other nanocomposites. Conventional metal thin film electrodes tend to suffer from insufficient sensitivity and poor limit of detection. The limit of detection for electrochemical measurement can often be improved by modifying the electrode surface with a catalyst of some kind. The improvement can be due to either increasing the rate of the electrode reaction, or by lowering the working potential and thus lowering the background current. The electrode surface can also be modified by a biological recognition element, which can be used to improve the selectivity of detection and/or extend detection to electro-inactive analytes when used in conjunction with an electrochemical label (for DNA or antibody-based detection). As outlined in the following sections, CNTs are ideally suited both to use as electrocatalysts and as nano-dimensional supports for the construction of electrochemical labels. As will be detailed below, both the CNT modification of electrodes and the covalent and non-covalent modification of CNTs by chemical or biological catalysts, have been successfully reported. Another type of electrochemical sensor, which is relatively less commonly used, is ion-sensitive field effect transistor (ISFET). It is relatively difficult to be integrated in microfluidic system due to relatively complicated fabrication process. Nevertheless, its integration in microfluidic systems has been successfully demonstrated [[120–](#page-33-0)[122\]](#page-34-0).

Optical detections including fluorescence [[123–127\]](#page-34-0), chemiluminescence [\[128–131](#page-34-0)], electrochemiluminescence [[132,](#page-34-0) [133\]](#page-34-0), bioluminescence [[134–136\]](#page-34-0), surface plasmon resonance (SPR) [\[137](#page-34-0)[–145](#page-35-0)], surface enhanced Raman scattering (SERS) [\[146–150](#page-35-0)], absorbance [\[151](#page-35-0)], transmittance [[152\]](#page-35-0) and other microscopic imaging methods [[153,](#page-35-0) [154](#page-35-0)] have widely been applied for biochemical sensing in microfluidic systems [[155\]](#page-35-0). Typical optical detection system consists of laser, lens/ mirror system and photodetectors. In general, optical components are normally located off-chip but may be assembled or attached to a chip. However, they have relatively large size and may not be fabricated directly on microfluidic chips. The integration still has not been widely attainable and optical-based microfluidic systems remain relatively expensive and bulky. In addition to miniaturization issue, optical signal amplification for sensitivity and limit of detection improvement are also challenging for optical microfluidic based systems [[123,](#page-34-0) [156](#page-35-0), [157\]](#page-35-0).

Mass spectroscopic (MS) detection is a promising alternative due to its high detection capability. Typically, MS system comprises ionization chamber, quadruple mass selector and ion detectors. Similar to optical methods, its integration with microfluidic systems is difficult because it is challenging to miniaturize and integrate MS components with microfluidic system. Nevertheless, there have been several microfluidic systems with MS detection $[158–163]$ $[158–163]$. In addition to these common methods, many other sensors and detection methods have been demonstrated in microfluidic systems. For instance, Microfluidic chip calorimeter has been developed based on catalytic enzyme reaction detected by calorimetry [\[164](#page-36-0), [165](#page-36-0)]. In addition, nanomechanical resonant sensors has also recently been integrated within microfluidic channels [\[166,](#page-36-0) [167\]](#page-36-0). Capacitively-coupled contactless conductivity detection is another new scheme recently developed in microfluidic systems [\[168](#page-36-0), [169\]](#page-36-0). Nuclear magnetic resonance [\[170\]](#page-36-0) as well as acoustic [\[171\]](#page-36-0) based sensors have also been recently employed and integrated microfluidic platforms. Furthermore, multiple detection strategies, which combine more than one detection methods such as optical and electrochemical methods for selective and multiplexed detections, have also been widely studied [[172–175\]](#page-36-0).

2.3 Fabrication of Microfluidic System

Fabrication of microfluidic systems may be mainly divided into traditional processes based on microelectromechanical system (MEMS) or other alternative processes. Traditional MEMS processes include thick/thin deposition by physical vapor deposition (PVD) such as sputtering and evaporation or chemical vapor deposition (CVD) such as low-pressure and plasma enhanced CVD, photolithographic patterning, wet chemical etching, dry etching such as reactive ion etching (RIE) and bonding [[176\]](#page-36-0). These processes are mainly used for fabrication of silicon- and glass-based continuous or digital microfluidic chip. Although siliconbased microfluidic devices offer full functional capability, their high fabrication/ material cost and poor biocompatibility makes them less attractive for chemical and biosensing applications. Glass, polymer and paper are much more attractive materials for microfluidics due to low price, biocompatility and low cost fabrication. Fabrication of microfluidic chip based on these material involve the combination of some standard technology such as photolithography and other alternative processes including solution processing, replication by casting, embossing or injection molding, oxygen-plasma-assisted bonding, adhesive bonding, tape grafting, and inkjet or offset printing. The fabrication process for glass/polymer-based [\[37](#page-30-0), [56,](#page-31-0) [177,](#page-36-0) [178\]](#page-36-0) and paper-based devices [[179–181\]](#page-36-0) has been rapidly developed to realize cheap, portable and high throughput microfluidic chips. However, most of these microfluidic systems still cannot be implemented with full functionality due to low-temperature, low-structural-complexity and other fabrication limitations. Thus, new fabrication approaches and hybrid technologies are still being developed to achieve low-cost and fully functional integrated microfluidic devices.

3 Carbon Nanotubes

3.1 Introduction

Since the first report of their synthesis by Iijima [\[182](#page-36-0), [183](#page-36-0)], CNTs have generated much interest as electrode surface modifiers in the construction of bio and chemical sensors. This interest comes from the fact that they have a high tensile strength, a high value of Young's modulus (a measure of stiffness), often good electrical conductivity, exhibit electrocatalytic properties to a number of analytes, can undergo chemical fictionalization, and can be used as carriers for redox mediators, metal nanomaterials or biological recognition elements. CNTs can be made by arc discharge [[182\]](#page-36-0), laser ablation [[184\]](#page-36-0) or CVD [[185\]](#page-36-0). The later technique provides lower yields than the two former, but has the advantage of both producing high quality CNTs and allowing control of CNT position and alignment.

Structurally, the CNTs is a graphene sheet rolled into a cylinder. Hence, the carbon atoms in the nanotube are all sp^2 hybridized. Iijima initially reported the synthesis of structures consisting of tens of concentric graphitic cylinders [[182\]](#page-36-0), referred to as multi-walled carbon nanotubes (MWNTs). These typically have an internal cylinder spacing of 0.3–0.4 nm and external diameters of 2–500 nm. Iijima and Ichihashi [[183\]](#page-36-0) and Bethune et al. [[186\]](#page-36-0) later synthesized (single-walled carbon nanotubes (SWNTs), consisting of individual graphitic cylinders. More recently, structures consisting of two cylinders, double-walled carbon nanotubes (DWNTs), have been reported [\[187](#page-36-0)]. Recent reviews can be found for both the general properties of CNTs [[188–](#page-36-0)[192\]](#page-37-0) and their use in sensors [\[193–196](#page-37-0)].

Fig. 2 Use of vector notation to describe CNT structure. The graphene sheet is rolled such that the two end points of the vector C are superimposed. All angles of C lying between zig-zag and armchair give rise to chiral CNTs

3.2 Structure of CNTs

As noted above, if a single graphene sheet is rolled into a cylinder the product is a CNTs. Although this is not physically how CNTs are made, as shown in Fig. 2, the process can be imagined as a means to understanding the different possible CNT structures. These are:

- 1. Zig-zag carbon nanotubes: These are produced by rolling up the graphene sheet parallel to the horizontal vector a_1 . The resulting nanotube has a "zig-zag"shaped edge.
- 2. Armchair carbon nanotubes: In this case the graphene sheet is rolled on an axis 30° to a_1 . The result is that the edge of the nanotube consists of the sides of one row of six-membered rings.
- 3. Chiral carbon nanotubes: These are produced by rolling the graphene sheet at an angle θ to a_1 such that $0^\circ < \theta < 30^\circ$. A line drawn parallel to a_1 would then spiral upwards around the tube. Hence there are two enantiomeric forms of any given chiral CNTs.

The easiest and most common way to describe the structure of a given nanotube is by means of vector notation. As shown in Fig. 2, we can specify a vector C which will join two equivalent points on the graphene plane, *i.e.* when the graphene plane is rolled into the cylinder the two end-points of C will be superimposed. The structure of the resulting nanotube is then described by the direction and length of C , expressed as:

$$
C = na_1 + ma_2 \tag{1}
$$

where a_1 and a_2 are the unit vectors shown in Fig. 2. As illustrated in Fig. [3,](#page-21-0) the integer pairs (n, m) correspond to points on the graphene lattice, following the notation of Dresselhaus and co-workers $[197]$ $[197]$. Hence, in Fig. 2 a vector C drawn to

Fig. 3 Graphene sheet with atoms labeled according to the (n, m) notation of Dresselhaus and coworkers [\[197](#page-37-0)]

any (n, m) coordinate represents a particular nanotube structure. All nanotubes of the form $(n,0)$ must be zig-zag, while all nanotubes where $n = m$ must be armchair. All other (n, m) coordinates will be chiral. Based on the C–C bond lengths in graphene $a_1 = a_2 = 0.246$ nm. From which the dimensions of the nanotube can be calculated using:

nanotube circumference (nm) = 0.246
$$
\sqrt{n^2 + nm + m^2}
$$
 (2)

nanotube diameter (nm) =
$$
(0.246/\pi) \sqrt{n^2 + nm + m^2}
$$
 (3)

chirality angle
$$
\theta
$$
 (°) = sin⁻¹ $\left[\frac{\sqrt{3m}}{2\sqrt{n^2 + nm + m^2}} \right]$ (4)

All armchair SWNTs are metallic conductors, while for zig-zag and chiral SWNTs, approximately one-third of the possible structures are metallic and the other two thirds are semi-conducting.

3.3 Properties of Carbon Nanotubes

3.3.1 Inherent Electrode Properties

Due to the fact that CNTs conduct, a CNT film on an electrode will increase the effective area available to the analyte, and hence the sensitivity of the response can be expected to increase. For example, comparative cyclic voltammograms with

 $\text{Fe(CN}_6)^3$ showed that modification of a glassy carbon electrode with SWNTs increased the electrode area by a factor of approximately 1.8 [[198\]](#page-37-0). In addition to this, CNTs have been shown to have an electrocatalytic effect to the oxidation of many analytically-important substances, including hydrogen peroxide [\[199\]](#page-37-0), NADH [\[200\]](#page-37-0), dopamine [[201\]](#page-37-0), ascorbic acid [[201](#page-37-0), [202\]](#page-37-0), uric acid [[202](#page-37-0)] and norepinephrine [\[203\]](#page-37-0). Crompton and co-workers have concluded this catalytic effect occurs via reaction at the ends of the CNTs. This is based on the fact that edge-plane pyrolytic graphite electrodes (pyrolytic graphite cut so that the graphite layers are perpendicular to the electrode surface) show similar electrochemistry and catalytic effects to CNTs, where as basal plane graphite (pyrolytic graphite cut so that the graphite layers are parallel to the surface) shows quite different properties, but can be made to behave like edge-plane electrodes if coated with a CNT film [\[204\]](#page-37-0).

Another useful inherent property of CNTs is that they can promote direct electron transfer between a redox protein and an electrode surface. This has been reported for peroxidases [[205\]](#page-37-0), cytochrome c [\[206](#page-37-0)], myoglobin [\[207](#page-37-0)], catalase [\[208](#page-37-0)] and glucose oxidase [[209\]](#page-37-0). The last case is exceptional as the $FAD/FADH₂$ redox couple is buried deep within the enzyme shell, and therefore direct communication with an electrode is usually difficult to achieve. The realization of electron transfer was probably assisted by the fact that the nanotube arrays were vertically aligned on the electrode surface, as Gooding et al. have shown in the case of peroxidases that direct electrochemistry came predominantly from the enzyme immobilized at the ends of the nanotubes, and that the electron transfer rates were independent of nanotube length [\[205](#page-37-0)].

3.3.2 Properties Through Modification

As described below, CNTs can be modified to improve dispersion in a solvent, to impart redox properties, and to allow binding to a particular biological recognition element such as an enzyme, antibody or DNA sequence.

Noncovalent Modification

Various ionic and non-ionic polymers can be "wrapped" around CNTs due to a combination of Van der Waals forces and hydrophobic interactions. Typically the polymer has a recurring functional group which interacts with the wall of the CNT, causing the wrapping to occur. Examples of such polymers include $poly(p$ phenylenevinylene) $[210]$ $[210]$, poly $\{(m\text{-phenylene} \text{})\text{-}co-[2,5\text{-diocty} \text{boxy}-(-p\text{-}O)]\}$ phenylenevinylene]} [[211\]](#page-37-0) and biopolymers such as amylose [\[191](#page-37-0)]. Essentially, the forces of attraction which occur between the CNTs, causing bundle formation, are replaced by forces of attraction to the polymer. Hence, the wrapping process solubilised the nanotubes. This is extremely useful if the nanotubes are to be deposited on an electrode in an uniform and reproducible manner. If the solubilisation is performed by surfactant molecules such as sodium dodecyl sulphate (SDS) [\[212](#page-37-0)] or sodium dodecyl benzene sulphate (SDBS) [[213\]](#page-37-0) then the nanotubes can be dispersed in aqueous solutions. In the case of Nafion-solublisation of CNTs, it was shown that the presence of the Nafion did not prevent the CNTs catalytic effect on the redox of hydrogen peroxide [[199\]](#page-37-0).

Redox behavior can be imparted to CNTs by the adsorption of aromatic compounds. Due to consisting of sp^2 hybridized carbon atoms, a CNT will possess an extended system of delocalized π electrons and this can interact with the π -system of an aromatic molecule. However, the molecule needs to be larger than a single benzene ring for adsorption to occur. If the molecule possesses redox properties then these will hence be imparted to the nanotube conjugate. For example, methylene blue (MB) has been strongly adsorbed onto CNTs purely by sonication [[214\]](#page-37-0), and the resulting structures showed a fast rate of electron transfer when adsorbed on glassy carbon electrodes [[214–](#page-37-0)[216\]](#page-38-0). Acridine orange (the MB molecule with the sulphur atom replaced by carbon) has also been adsorbed onto CNTs by the same method [[216\]](#page-38-0).

Covalent Modification

The covalent modification of CNTs is a widely researched field and a detailed review of all the methods of covalent nanotube attachment is beyond the scope of this chapter. Some comprehensive reviews are given in refs [\[217–219](#page-38-0)]. When nanotubes are treated with strong acids [[220\]](#page-38-0), or strong acids mixed with an oxidizing agent $[221]$ $[221]$, for purification and opening, the nanotube ends and defects become functionalized by carboxyl groups. These groups can then undergo further reaction [\[222–225](#page-38-0)].

In contrast to tube-end modification, reaction with the side walls of CNTs proceeds by fictionalization of "pristine", i.e. unoxidised, tubes. Highly reactive reagents are usually necessary. Nanotubes with smaller diameters are likely to be more amenable to reaction, due to their greater curvature causing a greater distortion of the π -electron cloud, thus presenting a richer π -electron surface. Methods of fictionalization include fluorination $[226]$ $[226]$, addition reactions with carbenes, such as dipyridyl imidazolium carbene [[227\]](#page-38-0), or with nitrenes [[228\]](#page-38-0), reaction with ylides [\[229](#page-38-0)], solution phase ozonolysis [[230\]](#page-38-0) or silylation [\[231](#page-38-0)]. Electrochemistry can also be used as a means of fictionalization, either by performing the electrode reaction of a compound (e.g. a diazonium salt [\[232](#page-38-0)]) which then reacts with the nanotube, or by electrooxidation of the nanotubes themselves. All of these methods can in principle be used to attach an appropriately modified redox molecule to the nanotube, and hence there is huge scope for modifying nanotube redox behavior.

Biological Modification

The biological modification of CNTs covers both covalent and noncovalent methods. The first such modifications were performed in the mid to late 1990s [\[233](#page-38-0), [234](#page-38-0)] and since then a large amount of research has been performed in this field. Some recent reviews are given in ref [[235,](#page-38-0) [236](#page-38-0)]. In the case of modification by enzymes, both covalent and non-covalent attachment are possible, although noncovalent attachment is thought to cause less change to the enzyme confirmation [\[237](#page-38-0)], and is thus more likely to retain enzyme activity. The simplest form of noncovalent attachment is direct adsorption to the nanotube. The forces responsible for the attachment can be a combination of hydrophobic interactions and $\pi-\pi$ stacking between the delocalized π -system of the nanotube and residues on the enzyme containing aromatic groups (tryptophan, phenylalanine etc.) [\[237](#page-38-0)]. Electrostatic attraction can also promote direct adsorption [[238](#page-38-0)] in cases where a nanotube has been carboxylated, provided the protons of the carboxylic acids are dissociated and the pH is below the enzyme isoelectric point, causing it to have a positive charge. Carboxylation of CNTS can also promote direct adsorption via hydrogen bonding [\[239](#page-38-0)]. Note that although structural changes upon adsorption can be expected to be less than with covalent attachment, they still occur. For example, horseradish peroxidase has been shown to lose about 35% of the helical content of its secondary structure when adsorbed on SWNTs [[240\]](#page-38-0).

Alternative to direct adsorption, the CNTs can first be modified by polymers or surfactants as described in Sect. 3.3.2.1. This has the advantage of imparting good aqueous dispersibility to the nanotubes and thus allowing them to be well mixed with the enzymes to be immobilized. The enzymes are taken up mainly through electrostatic attractions [\[241–243](#page-39-0)]. In some cases, such as the adsorption of glucose oxidase onto polyaniline-coated MWNTs, this method has enabled direct electrochemistry [\[242\]](#page-39-0). Surfactants which have been used for this purpose include SDS and Eastman AQ (for HRP) $[242]$ $[242]$ and Triton X-100 (for biliverdin IX β reductase) [\[244\]](#page-39-0).

A popular method of modifying surfaces with polymers is the layer-by-layer (l-b-l) technique first described by Decher and co-workers [[245\]](#page-39-0). This involves the deposition of alternating layers of oppositely charged polyelectrolytes. The adsorption of each layer causes a charge over-compensation to occur, making it possible to then adsorb a layer of the opposite charge [[246\]](#page-39-0). The method can be adapted to the deposition of enzymes, provided the pH used is not equal to the enzymes' isoelectric point, i.e. provided the enzyme has an overall charge. Based on this method sensitive glucose sensors were developed using the immobilization of glucose oxidase (GOx) on SWNTs [\[247](#page-39-0)] as well as sensitive immunoassays using HRP with chemiluminescence detection [\[248](#page-39-0)], and alkaline phosphatase (ALP) with electrochemical detection [\[249](#page-39-0)].

In terms of covalent attachment of enzymes to nanotubes, this can be performed either by directly attaching the enzyme, usually by forming an amide bond between enzyme amine groups and carboxyl groups on the CNT sidewalls [\[250](#page-39-0)], or by using a linking molecule. The linking molecule is adsorbed to the CNT through hydrophobic and $\pi-\pi$ interactions, and can then be bound to the enzyme through amino groups $[251]$ $[251]$ or reaction with succinimidy ester groups $[252]$ $[252]$, for example.

Since antibodies are also proteins, much of the above discussion for the enzyme modification of CNTs can also be applied to modification by antibodies. One of the simplest methods of antibody attachment is direct adsorption [[253–255\]](#page-39-0). This is thought to proceed by hydrophobic interactions [\[256](#page-39-0)]. Probably due to the

similarity in hydrophobicities, CNTs coated by aromatic redox compounds, such as methylene blue, can also take up antibodies by direct adsorption. This enables the modified CNTs to act as immunoassay redox labels. Not all of the CNTs communicate with the electrode in such a configuration, but when a solution phase mediator is added, to carry charge from CNT to electrode, fg mL^{-1} concentrations can be detected [[257\]](#page-39-0). Alternatively, antibodies can be coated onto CNTs by the l-b-l method [\[258\]](#page-39-0) or by using a succinimidyl link [[259,](#page-39-0) [260](#page-39-0)].

A simple demonstration of DNA immobilization on CNTs can be performed by sonicating bundles of CNTs in water in the presence of single strand DNA (ssDNA). The result is that the CNTs are dispersed, due to the helical wrapping of the ssDNA around the nanotubes. The bases are attracted to the nanotube sidewalls by $\pi-\pi$ interactions, and so the ionized sugar-phosphate backbone points outwards, imparting solubility in aqueous media [\[261](#page-39-0)]. This type of immobilization can be used to form sensors, based on the fact that metal ions induce a structural change in the DNA, which can be detected as a change in IR spectra [[262\]](#page-40-0). A spectral change is also associated with hybridization, and hence the complementary DNA strand can be detected [\[263](#page-40-0)]. CNTs can also be covalently attached to DNA. Acid treatment can be used to produce carboxylic acid groups on CNT sidewalls and these can be reacted with amine-tagged DNA to form amide bonds [\[264](#page-40-0)]. If the CNTs are modified by a redox couple then the DNA hybridization can be detected, as has been demonstrated using ferrocene carboxaldehyde [[265\]](#page-40-0). Alternatively, streptavidin can be adsorbed onto the CNTs and then attached to DNA bearing a biotin tag [\[266](#page-40-0)]. In this case hybridization detection came from the fact that the CNT was also functionalized by ALP. Thus, enzyme immobilization on a nanotube can be combined with either antibody or DNA immobilization, to produce a highly sensitive electrochemical label.

3.4 Carbon Nanotube Modification of Electrodes

If CNTs are dispersed in solution by one of the coating methods described above, then they can be cast directly onto the electrode. The advantage of this procedure is its simplicity, the disadvantage is the lack of uniformity that will occur over the electrode surface and the degree of variation from one electrode to the next. Casting can also be used to deposit composites of nanotubes mixed with other electroactive materials. A thorough review of this is given by Agui et al. [[267\]](#page-40-0). The most commonly used materials for composite production are conducting polymers and metal nanoparticles. In the case of conducting polymers, the main purpose if to provide the CNTs with good electrode adhesion within a conducting matrix. If the conducting polymer is electrochemically deposited onto the CNT layer, then the polymer quantity can be fairly accurately regulated by controlling the charge passed during the deposition. Analyte reaction can possibly occur at the polymer as well as at the CNTs, depending on the potential and polymer used. Examples of composites of this kind include polyaniline/ MWNT films on Au for nitrite oxidation [[268](#page-40-0)], polypyrrole/SWNT films on glassy

carbon for ascorbic acid, dopamine and uric acid [\[269](#page-40-0)], and poly3-methylthiophene/ MWNT composites for NADH oxidation [\[270](#page-40-0)].

The construction of nanoparticle (NP)/CNTs composites is mainly performed to increase electrocatalytic activity to a particular analyte. After casting a nanotube film, metal nanoparticles can be electrochemically deposited onto the film, as has been demonstrated for Pt-NP/MWNT coatings for estrogen detection [\[271](#page-40-0)]. Alternatively, the metal nanoparticles can be synthesised in the presence of CNTs, which results in adsorption onto the nanotube surface. Examples of this include FeCo-NP/ MWNT composites for cathodic hydrogen peroxide detection [\[272](#page-40-0)] and Ag/MWNT composites for thiocyanate detection [\[273](#page-40-0)]. Nanotube electrode coatings bearing multiple species of nanoparticle are also possible [\[274](#page-40-0)]. Finally, after a nanoparticle–CNT composite has been synthesised and deposited on an electrode, a conducting polymer can be electropolymerised over the film. This has been demonstrated for the electropolymerisation of polythionine onto a Au-NP/MWNT coating for an electrode detecting DNA by guanine and adenine oxidation [[275\]](#page-40-0).

Another relatively simple electrode modification is to mix the nanotubes with mineral oil and pack then into a cavity above an electrical contact [[276\]](#page-40-0), analogous to the way carbon paste electrodes are made. This has been done using unmodified nanotubes for the detection of drugs such as pentoxifylline [[277\]](#page-40-0), urapidil [[278\]](#page-40-0), sulfamethoxazole [\[279](#page-40-0)], and clinically important analytes such as theophylline [\[280](#page-40-0)] and homocysteine [[281\]](#page-40-0). Nanotubes have also been mixed with ionic liquids [\[282](#page-40-0)] and with a number of different mediators, which act as redox catalysts for an analyte. These have included hydroquinone [[283\]](#page-41-0) and a number of different metal complexes [\[284–289](#page-41-0)]. The combination in the paste of redox mediator, nanotube and enzyme has also been used to demonstrate biosensors for glucose [\[290](#page-41-0)] and lactate [[291\]](#page-41-0). Nanotube pastes have also been mixed with a metal chelator for stripping analysis [\[292](#page-41-0)] and with Ag nanoparticles for electrocatalytic oxidation [\[293](#page-41-0)]. It has been found that if the metallic impurities on the nanotubes are removed prior to forming the paste, then the electrodes have better between batch precision [\[294](#page-41-0)]. This is due to the active role of the impurities in many electrochemical reactions, and the fact that the quantity of impurities can change from batch to batch. However, variations can still occur regarding the electrode surface, and similarly to carbon paste electrodes, we can expect a large amount of time will be required smoothing the electrode over a flat surface before use, to ensure reproducibility. An easier way to achieve reproducibility from roughly the same nanotube matrix is to use the CNTs to form an ink which can be screen printed [\[295](#page-41-0)].

A greater level of reproducibility can be achieved by modifying the electrodes with vertically aligned nanotubes. This has the advantage of presenting the highly catalytic end groups for reaction, and as noted in Sect. [3.3.1](#page-21-0), can allow direct electrochemistry from enzymes. Alignment can be achieved by first generating carboxylic acid groups at the ends of the CNTs [\[296](#page-41-0)] and then reacting these to form functionalities that can be attached to an electrode surface. Examples of this include thiol-tagging for alignment on Au [\[297](#page-41-0)], metal ions as bridging agents between end groups and a modified surface [\[296](#page-41-0)], alignment to a modified surface by electrostatic attraction [\[298](#page-41-0)], and alignment through complexation [\[299](#page-41-0)]. Alternatively, aligned nanotubes can be grown onto a surface by photolithography [[300\]](#page-41-0).

3.5 Carbon Nanotube-Modified Electrodes in Microfluidics

CNTs have been used in microfluidic systems for the construction of both chemical and biosensors. The field has been reviewed relatively recently by Chen [[301\]](#page-41-0). The simplest method of introducing CNTs to a microfluidic system is to deposit a CNT dispersion onto a working electrode that can be fitted into a microchip-based detector. CNT dispersions in Nafion have been deposited onto screen printed electrodes to form a chemical sensor for the detection, after separation, of hydrazine, phenol, purine and some amino acids [\[302](#page-41-0)], and deposited onto a glassy carbon electrode for use as an immunosensor. In the latter case the HRP label on an antibody specific to prostate specific antigen (PSA) was detected via the oxidation and then re-reduction at the electrode of 4-tert-butylcatechol [\[303](#page-42-0)]. Other electrodes modified by CNT deposition include indium tin oxide (ITO)-coated glass for dopamine measurement (CNTs dispersed in SDS and then spin coated onto the electrode) [[304\]](#page-42-0), Au electrodes for the oxidation of antibiotics [[305\]](#page-42-0), phenols [\[306](#page-42-0)], and catecholamines and their metabolites [\[307](#page-42-0)].

The use of CNT-composite electrodes has also been popular with microfluidic detectors. These have included CNTs mixed with Teflon [\[200](#page-37-0)], epoxy (thiols) [\[308](#page-42-0)], copper (carbohydrates) [[309\]](#page-42-0), dihydropyran (insulin) [\[310](#page-42-0), [311\]](#page-42-0), polystyrene (rutin) [\[311](#page-42-0)], and the polymer EpoTek H77A (free chlorine) [[312\]](#page-42-0). The CNT composite can be cast onto a glassy carbon electrode surface [\[310](#page-42-0), [311\]](#page-42-0), but is more usually fitted into a cavity above an electrical contact. The same packing in a cavity procedure is used when CNT/carbon paste electrodes, made by mixing CNTs with mineral oil, are used in microfluidics [[313\]](#page-42-0). Alternatively, covalent immobilization of an enzyme onto CNTs which are then formed into a specific microscale shape can be used to form a bioreactor which can then be fitted into a microfluidic device, as shown in Fig. [4](#page-28-0) for co-immobilized glucose oxidase and HRP [\[314](#page-42-0)].

As noted in Sect. [3.1](#page-19-0), CVD production of CNTs can allow control of position and alignment, and this has been used to grow CNTs directly on the sensing portion of the microchip [[315–317](#page-42-0)]. Interest in this method stems from the fact that it is thought to provide a higher CNT density, better alignment and stronger substrate adhesion than casting CNT dispersions or forming CNT pastes. The technique has been applied to biosensor construction by immobilizing cholesterol oxidase (ChOx) onto the aligned nanotubes and measuring the oxidation of the redox mediator Fe $(CN)_6^4$ ⁻ [\[315](#page-42-0)]. The CNTs were grown on a Au film that had been sputter-coated in the form of a strip across the microchannel of the device. ChOx was immobilized on the nanotubes by using the microchannel to deliver a $ChOx/Fe(CN)_6^{4-}/poly(viny)$ alcohol) solution to the working electrode. A similar CNT deposition method, onto a Au strip sputter-coated across a microchannel, was used to construct a microfluidic device to measure salbutamol by its irreversible oxidation at the nanotubes [[316\]](#page-42-0). As well as direct growth onto sputtered Au electrodes, CVD can also be used to form CNTs within the nanopores of a preformed layer of Al oxide. When used to detect iodide this method was found to have better signal to noise characteristics that that of aligned CNTs alone [[317\]](#page-42-0).

4 Concluding Remarks

The use of microfluidic-based analytical devices has a number of advantages over analysis performed on a conventional scale. These include: only a low volume of samples and reagents are needed, reducing the cost of the analysis and the amount of waste generated; the large surface-to-volume ratio of the fluids used enhances mass and heat transfer, thus shortening analysis time; the portability of the device allows on-site analysis; multiple samples can be analyzed in parallel, allowing a high throughput. Of the detection systems used with microfluidics, electrochemistry is attractive due to providing relatively high sensitivities at relatively low cost. Also, where needed, microelectrode fabrication techniques are now well established. As described in this chapter, CNTs can be used to modify electrodes and can improve the response to particular analytes. This can be by: increasing the effective electrode area; catalyzing the electrode reaction of an analyte; enabling direct electron transfer from an enzyme that reacts with a particular analyte; acting as a conductive support for a redox mediator which can react with the analyte; forming the base of an electrochemical label to provide detection of an antibody-antigen or a DNA targetprobe binding event. The well-characterized methods of chemical and adsorptive CNT modification mean that there is a wide scope for the further improvement of microfluidic capabilities by the use of CNTs in electrochemical detectors.

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