

# Naturally Arising CD25<sup>+</sup>CD4<sup>+</sup> Regulatory T Cells in Tumor Immunity

T. Nomura · S. Sakaguchi (✉)

Department of Experimental Pathology, Institute for Frontier Medical Sciences, Kyoto University, 53 Shogoin-Kawahara-Cho, Sakyo-Ku, Kyoto 606–8507, Japan  
shimon@frontier.kyoto-u.ac.jp

1	<b>Introduction</b> . . . . .	287
2	<b>Immunological Characteristics of Natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells</b> . . . . .	289
2.1	Suppressive Activity of CD25 <sup>+</sup> CD4 <sup>+</sup> T <sub>R</sub> Cells . . . . .	289
2.2	Functional and Phenotypic Stability of Natural CD25 <sup>+</sup> CD4 <sup>+</sup> T <sub>R</sub> Cells . . . . .	291
2.3	Control of CD25 <sup>+</sup> CD4 <sup>+</sup> T <sub>R</sub> Cell Development by <i>Foxp3</i> . . . . .	291
3	<b>CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells in Tumor Immunity</b> . . . . .	292
3.1	Induction of Tumor Immunity by Reducing Natural CD25 <sup>+</sup> CD4 <sup>+</sup> T <sub>R</sub> Cells . . . . .	294
3.2	Attenuation of Immune Suppressive Activity of CD25 <sup>+</sup> CD4 <sup>+</sup> T <sub>R</sub> Cells Can Evoke Tumor Immunity . . . . .	295
3.3	CD25 <sup>+</sup> CD4 <sup>+</sup> T <sub>R</sub> Cells and Tumor Immunity in Humans . . . . .	296
4	<b>Autoimmunity and Tumor Immunity</b> . . . . .	297
5	<b>Conclusion and Perspective</b> . . . . .	297
	<b>References</b> . . . . .	299

**Abstract** Naturally arising regulatory T (T<sub>R</sub>) cells, represented by CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells, play an essential role in maintaining immunological self-tolerance. This T cell-mediated dominant control of the immune response not only inhibits the development of autoimmune disease, but also impedes effective immunosurveillance against autologous tumor cells. Attenuation of T<sub>R</sub> cell-mediated immune suppression can therefore evoke effective tumor immunity in otherwise nonresponsive animals. This common regulatory mechanism for autoimmunity and tumor immunity can be exploited when devising a novel immunotherapy for cancer.

## 1 Introduction

There is substantial evidence from both animals and humans that the immune system controls cancer development; that is, a cancer immunosurveillance

mechanism exists in normal individuals (Dunn et al. 2004). Recent studies have also shown that many cancer patients develop cytotoxic T lymphocytes (CTL) that can recognize tumor-associated antigens of autologous tumor cells, although they are not sufficiently strong to eradicate tumors in the majority of patients (Boon et al. 1994; Houghton 1994). A key issue in tumor immunology is therefore to understand the cellular and molecular basis of immunosurveillance against cancer, why cancer immunosurveillance is apparently not so effective in preventing cancer, and how it can be strengthened to prevent or treat cancer. A clue to these issues is the finding that many tumor antigens recognized by autologous CTLs are antigenically normal self-constituents. This indicates that a normal individual bears a T cell repertoire for tumor antigens as well as self antigens; i.e., tumor immunity is, in part, an autoimmunity. It also implies that the mechanisms that maintain immunologic tolerance to self-constituents may impede immunity against autologous tumor cells, and that manipulation of the immune system to break immunologic self-tolerance may provoke effective immune responses to autologous tumor cells.

T cells play key roles in mediating autoimmune disease as well as destroying tumor cells. It is now well established that, in addition to clonal deletion in the thymus or anergy induction in the periphery, there exists a T cell-mediated dominant mechanism of controlling self-reactive T cells; that is, a population of T cells actively suppresses the activation and expansion of self-reactive T cells (Sakaguchi 2004). Indeed, there are accumulating demonstrations that various autoimmune diseases can be produced in normal rodents by simply removing a particular CD4<sup>+</sup> T cell subpopulation defined by expression levels of certain cell surface molecules, and that reconstitution of the eliminated population can prevent autoimmune disease. CD25 is to date the most specific cell surface marker for such naturally occurring T<sub>R</sub> cells that engage in the maintenance of natural self-tolerance. CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells are unique in that the majority of them are naturally produced by the normal thymus as a functionally distinct and mature T cell subpopulation and persist in the periphery with stable regulatory functions (Asano et al. 1996; Itoh et al. 1999; Suri-Payer et al. 1998). Furthermore, recent studies have shown that the *Foxp3* gene, which encodes a transcription factor, specifically controls their development and function (Fontenot et al. 2003; Hori et al. 2003; Khattry et al. 2003).

T<sub>R</sub> cells are heterogeneous in phenotype, function, and the way of generation. Some develop in the thymus as endogenous or natural T<sub>R</sub> cells, which are represented by CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells. Others are adaptive T<sub>R</sub> cells that are induced in the periphery from mature T cells under particular in vivo or in vitro conditions for antigenic stimulation (Bluestone and Abbas 2003).

In this review, we focus on naturally arising CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells because there is now substantial evidence that they play key roles in the control

of autoimmunity and tumor immunity. We shall review the immunological properties of natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells and their roles in immunologic self-tolerance and immunosurveillance against tumor cells. We also discuss how they can be exploited to provoke effective tumor immunity by breaching natural self-tolerance.

## 2

### Immunological Characteristics of Natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells

#### 2.1

##### Suppressive Activity of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells

Upon *in vitro* T cell receptor (TCR) stimulation, CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells from normal naive mice exert potent suppression on the activation/proliferation of other T cells (both CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells) in an antigen-nonspecific manner; i.e., once they are activated by a specific antigen, they suppress the proliferation of not only T cells with the same antigen specificity as the T<sub>R</sub> cells, but also those specific for irrelevant antigens presented by the same antigen-presenting cells (APCs) (Takahashi et al. 1998; Thornton and Shevach 1998). This suppression, directly or indirectly, results in inhibition of IL-2 production by the T cells under suppression. In contrast with other regulatory T cells secreting immunoregulatory cytokines such as IL-10 and TGF- $\beta$ , the CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cell-mediated suppression is not mediated by far-reaching or long-lasting humoral factors, such as IL-4, IL-10, or TGF- $\beta$ , but is dependent, at least *in vitro*, on a cell-to-cell interaction among T<sub>R</sub> cells, effector T cells, and APCs. This suppression is highly sensitive to antigenic stimulation. For example, when CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells and CD25<sup>-</sup>CD4<sup>+</sup> T cells are prepared from a TCR-transgenic mouse and stimulated with a specific peptide, the antigen concentration required for stimulating the former to exert suppression is much lower than that required for triggering the latter to proliferate. This high antigen sensitivity of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells is suited for the maintenance of self-tolerance but potentially a hindrance to provoking effective tumor immunity.

CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells constitutively express CTLA-4 as an essential co-stimulatory molecule for their activation (Read et al. 2000; Takahashi et al. 2000). In an *in vitro* proliferation assay, blocking CTLA-4 with a Fab fragment of anti-CTLA-4 monoclonal antibody (mAb) abrogated the suppression by CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells. In addition, CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells from normal mice suppressed the activation of CD25<sup>-</sup>CD4<sup>+</sup> T cells from CTLA-4 deficient mice *in vitro*, and Fab anti-CTLA-4 mAb abrogated this suppression. These data

suggest that engagement of CTLA-4 on CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells transduces a co-stimulatory signal for activating them; failure to activate CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells by blocking CTLA-4 expressed on them, therefore, results in attenuated suppression on self-reactive T cells. Indeed, administration of anti-CTLA-4 mAb in normal mice elicited autoimmune disease similar to the one produced by depleting natural T<sub>R</sub> cells. Interestingly, CD25<sup>+</sup>CD4<sup>+</sup> T cells from CTLA-4-deficient mice can also suppress other T cells *in vitro*. This is presumably because CTLA-4-deficient CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells are somehow intrinsically activated already, and hence can exert suppression. It is also well substantiated that activated T cells in general express CTLA-4 and interaction with B7 molecules transduces a negative signal to activated T cells. Blockade of CTLA-4 on activated T cells therefore sustains their activated state and effector activity. Taken together, it is likely that CTLA-4 possesses two roles in immunoregulation: one is to transduce a braking signal to activated effector T cells, the other to activate CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells. The outcome of these two events is the same, i.e., attenuation of immune responses. Blockade of the two events simultaneously therefore enhances immune responses synergistically.

CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells also predominantly express glucocorticoid-induced tumor necrosis factor-related gene (GITR) (McHugh et al. 2002; Shimizu et al. 2002), which encodes a member of the tumor necrosis factor (TNF) receptor superfamily. Every T cell also expresses GITR at a low level, and T-cell activation upregulates the expression. Interestingly, addition of a monoclonal or polyclonal antibody to GITR abrogates CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cell-mediated suppression *in vitro*. Whole Ig molecules of agonistic anti-GITR mAb abrogated *in vitro* CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cell-mediated suppression, whereas Fab anti-GITR did not. Furthermore, administration of anti-GITR mAb produced autoimmune disease similar to the one produced by anti-CTLA-4 treatment (Shimizu et al. 2002). These results, taken together, indicate that ligation of the GITR molecule expressed on CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells transduces a signal that attenuates their suppressive activity. Alternatively, ligation of GITR on activated T cells and not T<sub>R</sub> cells renders them resistant to suppression (Stephens et al. 2004). It remains to be determined how GITR ligand physiologically transduces a signal to GITR-expressing T<sub>R</sub> cells or non-T<sub>R</sub> cells, or both.

Thus, the attenuation of the suppressive function of natural T<sub>R</sub> cells with anti-CTLA-4 or anti-GITR mAb not only induces autoimmunity but also may enhance immune responses to autologous tumor cells in otherwise unresponsive individuals.

## 2.2

### Functional and Phenotypic Stability of Natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells

Another unique property of naturally arising CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells is their anergy to TCR stimulation. Purified CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells from normal mice hardly proliferate in response to in vitro antigenic stimulation, and fail to transcribe the IL-2 gene, which is the hallmark of T cell anergy. Importantly, this anergic state is tightly coupled with their suppressive activity. For example, when CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells are stimulated by antigen in the presence of high-dose exogenous IL-2 or agonistic anti-CD28 mAb, they can proliferate and at the same time lose their suppressive activity; upon removal of IL-2 or anti-CD28 mAb, they spontaneously revert to the original anergic state and reacquire suppressive activity (Kuniyasu et al. 2000; Takahashi et al. 1998). This indicates that the anergic and suppressive state is the basal and default condition for CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells, at least in vitro. It also suggests that a functional breach of their anergic and suppressive state may elicit autoimmunity and also enhance tumor immunity.

Phenotypically, natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells show an “activated” or “antigen-primed” phenotype already in the thymus and this phenotype is stably maintained in the periphery; e.g., they are CD25<sup>+</sup>, CD45RB<sup>low</sup>, CD44<sup>high</sup>, and CD5<sup>high</sup>. This suggests that the majority of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells could be inherently reactive with self-antigens and continuously activated by them in the normal internal environment.

## 2.3

### Control of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cell Development by *Foxp3*

Another feature of natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells is that their generation is in part developmentally and genetically controlled. Recent studies showed that *Foxp3*, a gene encoding a transcription factor of the forkhead/winged-helix family, plays a key role in their development and function. *Foxp3* was originally identified as the disease gene of fatal autoimmune/inflammatory disease of scurfy mice (Brunkow et al. 2001). Subsequently, mutations in *FOXP3* (the human ortholog of murine *Foxp3*) were found in patients with immune dysregulation, polyendocrinopathy, enteropathy, X-linked (IPEX) syndrome, which phenotypically and pathologically resembles autoimmune/inflammatory diseases that develop in rodents following the removal of natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells (Bennett et al. 2001; Chatila et al. 2000; Wildin et al. 2001). It was indeed shown that CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells in the thymus and periphery predominantly expressed *Foxp3* mRNA, whereas B cells, CD8<sup>+</sup> T cells, CD4<sup>+</sup>CD8<sup>+</sup>, or CD4<sup>-</sup>CD8<sup>+</sup> thymocytes did not (Hori et al. 2003; Khattry et al. 2003). The *Foxp3* expression levels in CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells were approximately 100-fold

higher than that in CD25<sup>-</sup>CD4<sup>+</sup> T cells. Activation of CD25<sup>-</sup>CD4<sup>+</sup> T cells, Th1, or Th2 cells failed to induce *Foxp3* expression, in contrast with their expression of CD25, CTLA-4, and GITR, which are generally expressed on any activated T cells (Hori et al. 2003). Importantly, retroviral transduction of *Foxp3*/*FOXP3* into CD25<sup>-</sup>CD4<sup>+</sup> T cells converted them to CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub>-like cells (Hori et al. 2003, Yagi et al. 2004). Such *Foxp3*-transduced T cells showed hypoproliferation and low production of cytokines in response to in vitro antigenic stimulation, and suppressed the activation of co-cultured CD25<sup>-</sup>CD4<sup>+</sup> naive T cells in a similar manner to natural T<sub>R</sub> cells. *Foxp3*-transduced T cells were also able to negatively control self-reactive T cells in vivo; for example, co-transfer of *Foxp3*-transduced T cells inhibited the development of inflammatory bowel disease and autoimmune gastritis that can be induced in SCID mice by the transfer of CD25<sup>-</sup>CD45RB<sup>high</sup>CD4<sup>+</sup> T cells from normal mice. *Foxp3* is also indispensable for the development of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells, as bone marrow cells from *Foxp3*-deficient mice failed to give rise to CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells (Fontenot et al. 2003).

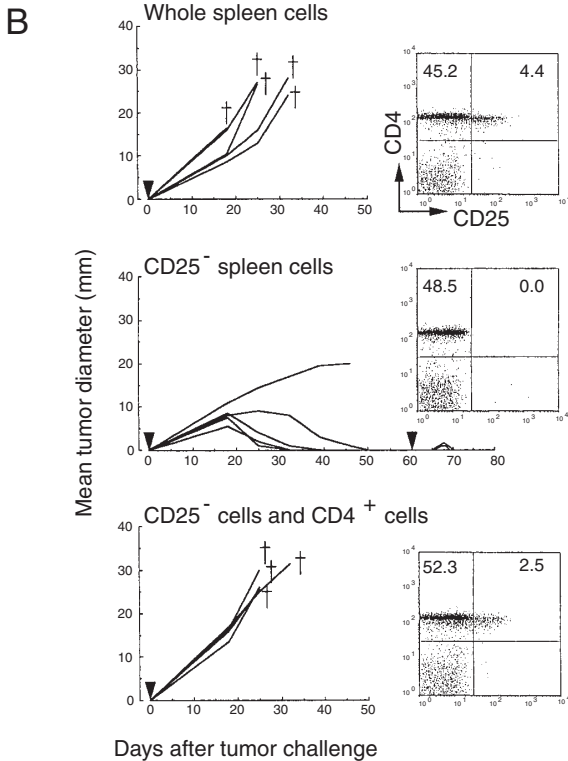
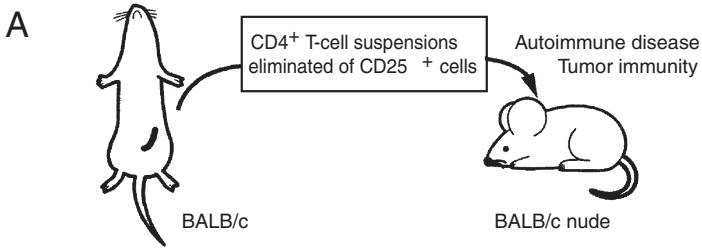
These results taken together indicate that *FOXP3*/*Foxp3* is a master control gene for the development and function of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells. Furthermore, *FOXP3*/*Foxp3* is a highly specific marker for natural T<sub>R</sub> cells.

### 3 CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells in Tumor Immunity

The findings on self-tolerance and autoimmunity controlled by CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells indicate that elimination of this regulatory population may provoke specific immune responses to syngeneic tumors as a “quasi-autoimmune” response. To examine this possibility, we transferred to BALB/c athymic nude mice splenic cell suspensions depleted of CD25<sup>+</sup> cells and subsequently

**Fig. 1A, B** Induction of autoimmune disease and tumor immunity in T cell-deficient mice. **A** Transfer of T cell suspensions depleted of CD25<sup>+</sup> cells induces autoimmune diseases and also tumor immunity in the recipient a nude mice, without deliberate immunization. **B** Tumor growth was monitored for BALB/c nude mice subcutaneously transplanted with  $1.5 \times 10^5$  RLmale1 cells (arrow) immediately after intravenous transfer of  $3 \times 10^7$  whole spleen cells (upper panel), or  $3 \times 10^7$  CD25<sup>-</sup> spleen cells (middle panel), or mixture of CD25<sup>-</sup> spleen cells ( $3 \times 10^7$ ) and CD4<sup>+</sup> spleen cells ( $1 \times 10^7$ ) (lower panel). The CD25<sup>-</sup> spleen cell-transferred nude mice having rejected the tumors were re-challenged on day 60 (arrow) with a ten times larger dose ( $1.5 \times 10^6$ ) of RLmale1 cells (middle panel). Insets show staining of each cell inoculum with CD4 (ordinate) and CD25 (abscissa), and percentages of cells in each quadrant

transplanted BALB/c-derived RLmale1 leukemia cells (Shimizu et al. 1999) (Fig. 1A). In the majority of mice, the tumors first grew and then regressed within a month, allowing the hosts to survive more than 80 days after tumor inoculation (Fig. 1B, middle panel), whereas all the nude mice transferred with nondepleted spleen cells (Fig. 1B, upper panel) or the mixture of an

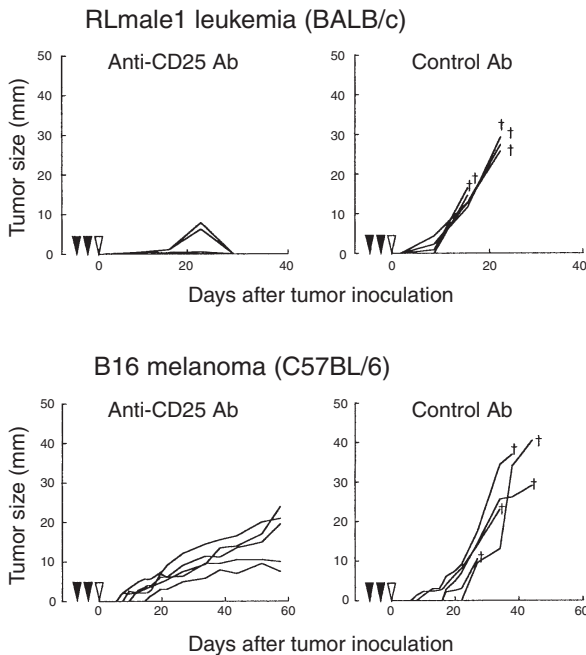


equal number of CD25<sup>-</sup> cells and CD4<sup>+</sup> T cells died of tumor progression (Fig. 1B, lower panel). Upon re-challenge with a larger dose of RLmale1, the CD25<sup>-</sup> cell-transferred nude mice rejected the tumor cells more rapidly and vigorously than the primary rejection, indicating that they had become immune to the tumor cells (Fig. 1B, middle panel). The results indicate that tumor immunity can be evoked by reducing the number of natural T<sub>R</sub> cells or by attenuating their suppressive activity.

### 3.1

#### Induction of Tumor Immunity by Reducing Natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells

Transient elimination of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells from normal mice by administering anti-CD25 mAb can also elicit immunity to syngeneic tumors (Shimizu et al. 1999). When anti-CD25 mAb (PC61) were administered twice (on 4 and 2 days before tumor inoculation) to BALB/c or C57BL/6 mice, the number of



**Fig. 2** Induction of tumor immunity by depleting CD25<sup>+</sup> cells in normal mice in vivo. Eight-week-old BALB/c or C57BL/6 mice were each injected with 1 mg of purified PC61 (anti-CD25 depleting mAb) intravenously on 4 and 2 days (filled arrows) before subcutaneous inoculation of  $1 \times 10^5$  Rlmale1 or B16 cells (open arrow), respectively. Tumor growth was monitored for individual mice



peripheral CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells reduced to a quarter of control mice for nearly 1 month. In the majority of PC61-treated BALB/c mice, the subsequently inoculated RLmale1 cells first grew and then regressed within 1 month, whereas all the BALB/c mice treated with normal rat immunoglobulin as a control died of tumor progression within 1 month (Fig. 2, upper panels). Likewise, PC61 treatment of C57BL/6 mice significantly suppressed the growth of B16 melanoma cells when compared with control C57BL/6 mice treated with normal rat IgG, allowing the former to survive longer (>60 days) compared with the latter (<40 days) (Fig. 2, lower panels). This anti-CD25 treatment was also effective in eradicating a variety of tumors in other mouse strains (Onizuka et al. 1999).

Tumor effector cells can also be generated in vitro from normal spleen cells by simply eliminating CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells. During this in vitro induction of tumor immunity, CD25<sup>-</sup>CD4<sup>+</sup> T cells responding to self-peptides/class II MHC molecules expressed on syngeneic APCs spontaneously proliferated following removal of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells. A large amount of IL-2 produced by such CD4<sup>+</sup> self-reactive T cells generated natural killer-like tumor effector cells as lymphokine-activated killer (LAK) cells that were capable of indiscriminately killing various tumor cells (Shimizu et al. 1999).

### 3.2

#### **Attenuation of Immune Suppressive Activity of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells Can Evoke Tumor Immunity**

The finding that blockade of CTLA-4 or signaling through GITR can attenuate CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cell-mediated suppression indicates that these treatments may also enhance tumor immunity (Shimizu et al. 2002). When DTA-1 anti-GITR mAb, which is nondepleting, was administered after the inoculation of Meth-A, a methylcholanthrene-induced sarcoma of BALB/c origin, the growth of tumor cells was significantly inhibited even when the treatment was commenced after tumor grew to a visible mass (Ko et al., manuscript in preparation). Interestingly, examination of *Foxp3* expression in tumor masses revealed that the number of *Foxp3*-expressing cells was decreased to a larger degree compared with other tumor infiltrating T cells in the DTA-1 treated mice. This indicates that DTA-1 treatment enhanced the activation and proliferation of tumor effector cells by abrogating T<sub>R</sub> cell-mediated suppression, inhibited infiltration of T<sub>R</sub> cells to the tumor mass, or both.

In vivo administration of anti-CTLA-4 antibody also enhances tumor immunity (Leach et al. 1996). This effect has been attributed to the possible hindrance of CTLA-4-induced negative signals to activated effector T cells mediating anti-tumor immune responses (for a recent review see Chen 2004).

Another possibility, which is not mutually exclusive, is the blockade of CTLA-4 molecules expressed on CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells and consequent interference with T cell-mediated immunoregulation, as in the case of induction of autoimmunity by anti-CTLA-4 antibody treatment (Luhder et al. 1998; Perrin et al. 1996).

Taken together, reduction of natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells or attenuation of immunosuppressive function of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells can break immunological unresponsiveness to syngeneic tumors both in vivo and in vitro, leading to spontaneous development of tumor-specific as well as tumor-nonspecific effector cells.

### 3.3

#### CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> Cells and Tumor Immunity in Humans

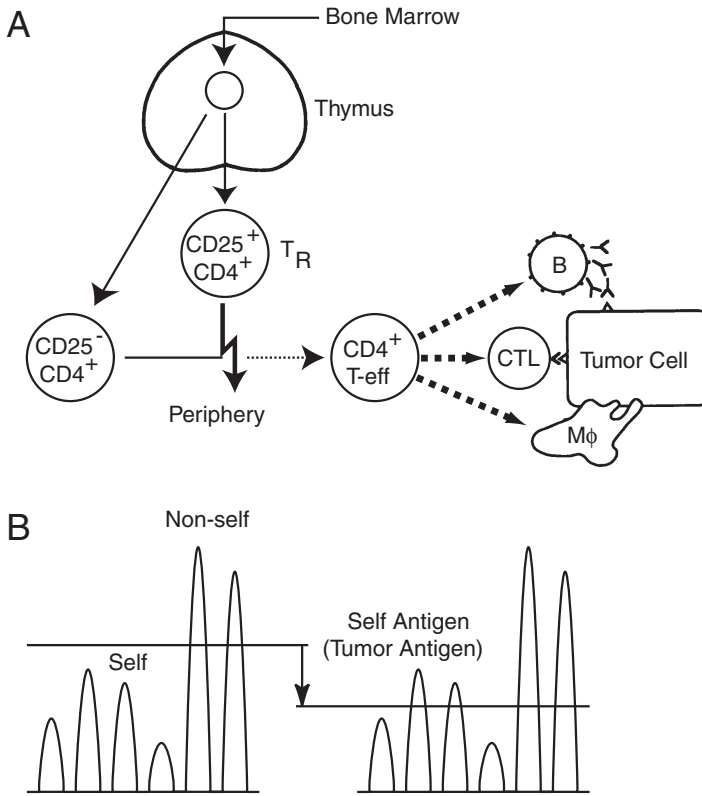
T cells reactive with normal self-constituents or tumor-associated antigens are present in the peripheral blood of normal individuals. For example, peripheral blood CD4<sup>+</sup> T cells show in vitro proliferative responses to self-antigens such as human heat shock protein-60 (hHSP60) and myelin oligodendrocyte glycoprotein (MOG) when CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells are removed before culture (Taams et al. 2002; Wing et al. 2003). Direct visualization of self-reactive T cells in healthy individuals was achieved by using class II tetramers loaded with the diabetes-associated antigen glutamic acid decarboxylase (GAD) 65, the vitiligo and melanoma-associated antigen tyrosinase, or the cancer/testis antigen NY-ESO-1 (Danke et al. 2004). Following removal of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells and stimulation with antigens, tetramer positive T cells became easily detected in vitro. T cells specific for tumor-associated antigens, most of which are normal self-constituents, can also be detected in the peripheral blood, within tumors, and in draining lymph nodes of cancer patients (Boon et al. 1994; Houghton, 1994). Despite the presence of such tumor-reactive T cells, it is rare to observe spontaneous regression of cancers. Although it remains to be determined whether cancer cells may somehow escape immune attack, or the immune system protects cancers from the attack, it is likely that naturally present CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells play a role in suppressing the development of effective tumor immunity. A recent clinical study indeed showed that ovarian or gastric carcinomas with intra-tumor accumulation of CD25<sup>+</sup>CD4<sup>+</sup>FOXP3<sup>+</sup> T cells, supposedly CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells, were associated with poor prognosis (Curiel et al. 2004; Sasada et al. 2003). Further study is needed to determine the role of natural T<sub>R</sub> cells in tumor immunity in humans.

## 4 Autoimmunity and Tumor Immunity

Removal of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells may elicit autoimmunity in addition to provoking tumor immunity. This raises the issue of how tumor immunity can be evoked without autoimmunity by manipulating natural T<sub>R</sub> cells. It is of note in this regard that the intensity and the range of autoimmune responses (i.e., the severity, the incidence, and the spectrum of autoimmune diseases) elicited by removal of T<sub>R</sub> cells depend on the degree and duration of depleting CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells, and, more importantly, the genetic background of the hosts (Sakaguchi et al. 1995, 1996). For example, in genetically autoimmune-prone BALB/c mice, generation of effective tumor immunity can be achieved without deleterious autoimmunity by limiting the period of depleting CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells, whereas, in genetically autoimmune-resistant C57BL/6 mice, complete depletion of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells leads to tumor rejection without producing autoimmune disease (S. Yamazaki et al., unpublished results). Thus, autoimmunity and tumor immunity evoked by abrogation of the T<sub>R</sub>-mediated immunoregulation can be differentiated by the duration or degree of T<sub>R</sub> cell-depletion required for induction of autoimmunity or tumor immunity, and by host genetic factors that determine susceptibility or resistance to autoimmune disease. In addition, effector T cells involved in autoimmunity and tumor immunity may be different; for example, CD8<sup>+</sup> CTLs may play a more important role in tumor immunity than autoimmunity.

## 5 Conclusion and Perspective

It has been postulated since the 1970s that one of the elements that impedes the generation of effective tumor immunity in tumor-bearing hosts may be concomitant development of a T cell population suppressing the generation or action of tumor-killing effector cells. Although some of such suppressor T cells were previously shown to be CD4<sup>+</sup>, they eluded further characterization and manipulation because of the lack of reliable markers specific for them (Awwad and North 1988). There is now accumulating evidence that such suppressive T cells, at least in part, can be naturally present CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells (Fig. 3). The CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells, however, bear several characteristics distinct from the suppressor T cells concomitantly induced by sensitization to tumor antigens. First, natural T<sub>R</sub> cells are present before the appearance of tumor cells; that is, removal of CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells before tumor development is effective in evoking specific tumor immunity. This means that they are physiologically



**Fig. 3A, B** Dominant suppression of tumor immunity by CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells. **A** Although highly self-reactive T cells are eliminated during their thymic generation, the normal thymus continuously produces potentially pathogenic self-reactive CD4<sup>+</sup> T cells that persist in a CD25<sup>-</sup> quiescent state in the periphery. The normal thymus also continuously produces naturally anergic and suppressive CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells that dominantly suppress the activation and expansion of CD4<sup>+</sup> self-reactive effector T cells from their CD25<sup>-</sup> dormant state. When CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells are reduced in number or functionally impaired, CD25<sup>-</sup> self-reactive T cells become activated, expand, and differentiate to CD25<sup>+</sup>-activated effector T cells (*dotted thin arrow*), which help B cells to form antibodies, conduct cell-mediated tumor immunity by recruiting inflammatory cells, including activated macrophages (Mφ), and help activation and expansion of CD8<sup>+</sup> cytotoxic lymphocytes (CTLs) (*dotted thick arrows*). **B** Immune responsiveness to self and non-self depicted as a continuum. The *upper horizontal line* indicates the level of immunoregulation by T<sub>R</sub> cells. The *peaks above the line* represent overt immune responses to non-self antigens. When the level goes down, immune responses to certain self-antigens (including tumor antigens) become apparent. The peaks representing immune responses to self-antigens are depicted as being lower than those to non-self-antigens, because T cells bearing high-avidity T cell receptors for the self antigens are suppressed to be deleted in the thymus

impeding natural immunosurveillance and depletion/reduction of this population can augment immunosurveillance against cancer. Second, they are engaged in the maintenance of natural self-tolerance; therefore their removal can elicit not only tumor immunity but also autoimmunity. Third, natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells are continuously produced by the normal thymus, constantly replenishing a fraction of the T-cell compartment (Itoh et al. 1999). This means that elimination of T<sub>R</sub> cells for induction of tumor immunity may not impair immune function for a long period of time, and recovery of T<sub>R</sub> cells may prevent the development of serious autoimmune disease.

Manipulation of natural CD25<sup>+</sup>CD4<sup>+</sup> T<sub>R</sub> cells is thus instrumental for cancer immunotherapy. For example, administration of anti-CD25, anti-CTLA-4, or anti-GITR antibody, or their combination, to cancer-bearing hosts for a limited period may evoke or enhance tumor immunity. Removal of T<sub>R</sub> cells prior to in vitro culture of lymphocytes from cancer patients with high-dose IL-2 may lead to production of more potent or larger numbers of cytotoxic cells, including CTLs and NK cells (Rosenberg and Lotze 1986). Furthermore, monitoring FoxP3 expression in tumor tissue may be informative in assessing local tumor immunity.

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