



# Mathematical Models of Stem Cell Differentiation and Dedifferentiation

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## Abstract

**Purpose of Review** To maintain and repair adult tissues, a balance must be maintained between stem cell proliferation and generation of differentiated offspring. This review explores recent mathematical and computational models that address stem cell fate decisions in adult tissues in the context of normal tissue regulation and cancer development.

**Recent Findings** Quantitative models suggest that upregulation of stem cell self-renewal has a crucial impact on the dynamics of differentiated cells and plays an important role in cancer progression. Assuming cancer stem cells are the primary cause of drug resistance, models have estimated how different treatments may influence the prognosis of the disease. Recent evidence of phenotype switching and plasticity in cancer cell populations complicates the cancer stem cell hypothesis of unidirectional differentiation.

**Summary** Mathematical models of stem cell dynamics can make counterintuitive predictions about cancer initiation, metastasis, and treatment response. By challenging current paradigms, they can shape future research in stem cell biology.

**Keywords** Stem cells · Cell fate determination · Tissue homeostasis · Cancer stem cells · Phenotypic plasticity · Mathematical modeling

## Introduction

Stem cells are unspecialized cells that are characterized by two properties, the ability to self-renew, and the ability to differentiate into more specialized cell types. The ability to self-renew is what is thought to set stem cells apart from their more differentiated offspring, which are produced from less specialized cell types. Each daughter produced when a stem cell divides can either remain a stem cell or go on to become terminally differentiated. In many cases, the daughter that opts for terminal differentiation undergoes additional cell divisions before terminal differentiation.

To achieve homeostasis, stem cells in adult tissues must maintain a balance between self-renewal and differentiation. This, naturally, raises two important questions. (1) How do

stem cells regulate the balance between self-renewal (stem cell proliferation) and differentiation? (2) How do cell fate decisions in stem and progenitor cells become subverted in the emergence diseased states such as cancer? This review focuses on the use of quantitative models to study these questions.

## Distinguishing Between Stem and Non-stem Cells

The cells of tissues can be roughly grouped into three classes: stem cells, transit-amplifying progenitor cells, and fully differentiated cells [1]. Experimental discrimination of stem cells from more differentiated cells has traditionally been difficult, and efforts have focused on identifying stem cell-specific molecular markers in different tissues [2, 3]. Unfortunately, these markers are not always clearly linked to cellular function. Historically, label-retaining assays involved the incorporation of DNA analogs such as BrdU or transgenically induced GFP-tagged histone 2B in the epidermis [4], intestinal tissues [5], and the bone marrow [6]. Methods reliant on immunohistochemistry provide a one-time “snapshot” that provides limited information on stem cell dynamics. Recent experimental

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techniques such as lineage tracing have allowed quantification of dynamics of stem cells and their progeny over time [7, 8]. Mathematical modeling of stem cells has often assumed them to be *quiescent*; i.e., stem cells have much slower division rate relative to more differentiated cells [9]. However, recent experimental studies based on inducible genetic labeling of rapidly cycling adult tissues, such as epidermis, gut, and male germline, have argued that stem cells can actually undergo divisions as frequently as other cell types [10–14]. Stem cells of those tissue types are now thought to be highly dynamic, with rapid turnover of cells over an organism's lifetime. However, other adult stem cells, such as hematopoietic and neuronal stem cells, are still considered to be mainly quiescent, slow-cycling populations during homeostatic conditions [6, 15, 16]. The environmental signals that enable these cells to leave the quiescent stage in order to repopulate the population are not well understood.

Over the last decade, many lineage studies have challenged the model that stem cells typically divide asymmetrically, producing one stem and one more differentiated cell [17–19]. These studies suggested that, in many tissue types, stem cell divisions are mainly symmetric, producing either two stem cells or two progenitor cells, depending on the surrounding cell types [12–14]. These studies support the idea that, in many adult tissues, division decisions and stem cell fate are usually strongly influenced by extrinsic factors associated with the cell's microenvironment, the so-called stem cell niche [20, 21].

### Multi-Compartment Models of Hierarchical Tissues

The labeling of cells at different stages of differentiation as stem cells, progenitor cells, and fully differentiated cells naturally leads to multi-compartment ODE (ordinary differential equation) models, which track the numbers of cells transitioning between compartments during division [1, 22–25]. The number of compartments differs between the models, since the exact number of different stages of differentiation is ambiguous and may not exactly correspond to mitotic events, as cells may undergo more than one division in each compartment stage. Typically, these models have multiple steady states, and stability analysis has been performed for some simplified variants [26, 27]. Maturity-structured PDE (partial differential equation) models, where age of progenitor cells is a continuous variable, have also been considered [22, 28, 29, 30]. The dynamics of multistage cell lineage models, such as the effect of feedbacks on oscillatory approaches toward steady state, continues to be an active topic of research [31, 32]. Coupling diffusive signals to this feedback architecture allows the emergence of self-organized patterns, such as tissue stratification and fingering [33, 34, 35].

Many of these models have focused on the potential feedback mechanisms that enable robust homeostasis (keeping a constant number of cells) for a range of parameter values and provide efficient repopulation if the tissue needs to regenerate after injury [1, 24]. Feedback architecture in which both positive and negative signals act on stem and/or progenitor cells leads to the appearance of bistable or bi-modal growth behaviors [35]. Modeling has also suggested that the loss of homeostasis and initiation of tumorigenesis occur when one of the feedback loops controlling self-renewal is affected and the rate of symmetric versus asymmetric division of the stem cells is altered [36, 37]. An imbalance between self-renewal and differentiation will result in clonal immortalization and cancer development [38]. Cancer cells tend to divide more symmetrically than their healthy counterparts, and increased symmetric divisions are initiated when tumor suppressors are inactivated in a variety of cell types, including hematopoietic stem cells, neuronal stem cells, and mammary stem cells [39]. DNA damage in hematopoietic and mammary stem cells initiates symmetric self-renewing divisions, which allows the stem cell population to expand [40, 41]. Across several cancer types, asymmetric stem cell fate choice correlates with less advanced, more differentiated tumors, while symmetric stem cell divisions are correlated with more advanced cancers.

### Stem Cells, Differentiation, and Cancer

The accumulation of mutations and the mutational extinction time are both influenced by tissues' hierarchical structure, where a small population of stem cells maintains a transient population of differentiating cells. The *waiting time to cancer* is defined as the time when a particular number of mutation events have occurred in at least one cell. The calculation of these times typically utilizes the theory of birth-death processes. Mathematical modeling suggests that having a hierarchical tissue structure may slow the accumulation of mutations and delay the emergence of cancer [42–45]. Cell division patterns are frequently deregulated in cancerous tissues [46], and several mathematical models have been developed to study accumulation of mutations treating the proportion of symmetric versus asymmetric stem cell divisions as a control variable [23, 30, 47–49]. Stochastic modeling has shown that more symmetric divisions in the stem cell pool compared with the progenitor pool may slow down the accumulation of mutations, delaying carcinogenesis [50, 51]. The rationale is that symmetric divisions producing transient progenitor cells flushes out mutations from the stem cell lineage provided that the progenitor turnover is fast. Spatial modeling, focusing on dynamics in the colon crypt, suggests that location in the tissue where the cells are dividing rather

than mode of division is the limiting factor for how fast mutations can be flushed away [49, 52, 53].

There is a body of evidence that the driving forces behind tumor growth and invasion are “cancer stem cells,” defined as cells within a tumor that can self-renew indefinitely and “differentiate” into different cell types present in the tumor. The cancer stem cell (CSC) hypothesis states that long-term self-renewal is confined to a discrete subpopulation of malignant cells, which alone has the ability to propagate tumors through metastasis [54]. The first evidence for the existence of CSCs came from acute myeloid leukemia (AML) in which a rare subset comprising only 0.01–1% of the total cancer cell population could induce leukemia when transplanted into immunodeficient mice [55]. A similar phenomenon is observed in mice when epithelial tumor cells are implanted into a new host (reviewed in [54]). The frequency of CSCs in solid tumors is highly variable. For example, CSC population in colorectal carcinomas ranges between 1.8–24.5% [56]. While cells in benign tumors mirror the clonal hierarchy organization of normal tissue, malignant tumors contain many more stem-like cells [57]. These studies suggest that cancers gradually lose their tissue-like hierarchical organization as they evolve from benign to malignant. Whether these cancer stem cells originate from stem cells that escape homeostasis or from dedifferentiated transit-amplifying cells that have acquired infinite proliferating potential and have dedifferentiated to a stem cell–like state remains an open question [46, 58]. For example, in the colonic crypt, a stem cell or a transit-amplifying cell may become a cancer stem cell, dependent on which cell type first circumvents inhibitory feedbacks [59]. By estimating whether the cancer cell of origin is more likely to be a stem cell or dedifferentiated progenitor cell, modeling can suggest whether differentiation cancer therapies (reviewed in [60]) can be effective.

Certain aspects of the cancer stem cell hypothesis have been addressed using mathematical models. Models have shown that cancer stem cells are not necessarily rare; the proportion of cancer stem cells in tumors can be arbitrarily large [61, 62, 63]. Estimates of a fraction of cancer stem cells based on individual patient data was done in [64]. Quiescent or slow-cycling cancer stem cells are thought to be more resistant to chemotherapy, which targets rapidly dividing cells [65]. Stem cell–like gene expression signature is predictive of patient outcome in acute myeloid leukemia [66, 67]. High leukemic stem cell self-renewal rate is an indicator of poor prognosis [68]. An early deterministic model by Michor et al. [69] found that for chronic myeloid leukemia (CML), imatinib can inhibit the production of differentiated leukemic cells, but does not deplete leukemic stem cells, leading to development of imatinib resistance. In general, to be successful, therapy must eradicate cancer stem cells [70]. Counterintuitively,

increasing the rate of cell death due to cancer treatment reduces tumor size in the short term, but results ultimately in accelerated long-term growth (the so-called tumor growth paradox) [62, 71]. Furthermore, the model predicts that the proportion of cancer stem cells in a tumor will increase over time. Assuming stem cell enrichment is the primary cause of drug resistance, negative feedback from differentiated cells to stem cells, which is required for homeostasis in normal tissue, leads to a worse outcome when it comes to treatment of hierarchically structured cancers [72]. All of these results arise from the fact that radiation or chemotherapy mainly targets the differentiated cells in the bulk of the tumor, thus freeing the cancer stem cells from having to compete with tumor progenitor cells. To be effective, therapy must target cancer stem cells [73]. Combining differentiation therapy that targets cancer stem cells together with radiation or chemotherapy can eradicate tumors, even if each therapy applied individually would not be successful [74, 75].

### Modeling Plasticity Between Stem and Non-stem Cell Populations

Traditionally, the conversion dynamics between stem cells and non-stem cells have been assumed rigidly unidirectional, wherein a stem cell can differentiate into a non-stem cell, but the reverse transition cannot occur. It is now believed that non-stem cells are capable of dedifferentiating, thus complicating the cancer stem cell paradigm [76, 77]. The Nobel Prize winning work of Takahashi and Yamanaka [78] demonstrated that a non-stem cell becoming a stem cell was possible upon the introduction of four transcription factors. Later, spontaneous dedifferentiation to a stem cell–like state has been observed in cultures of non-stem mammary cancer cells [79, 80]. The idea that the microenvironment can induce cells to switch from non-CSC cancer cell into a more aggressive CSC phenotype was demonstrated by Medema and Vermeulen [81]. Dedifferentiation rates seem to be higher when cancer cells are under stress. For example, dedifferentiation of non-stem cells has been reported to occur in hypoxic regions of a tumor at higher frequencies compared with normoxic regions [82].

Experiments and modeling of this phenotypic switching in melanoma cells suggest that reducing the proportion of CSCs below a threshold causes the cells to switch. This suggests both that there is a regulatory network governing the switching response and that a therapeutic strategy based on CSC eradication alone is unlikely to succeed [83]. Others have argued that imperfect cancer stem cell markers rather than phenotypic switching can explain the experimental results [84]. The biological factors regulating this conversion process are still not fully clear. There are

several recent phenomenological models of phenotype switching and plasticity in cancer cell populations [85, 86•, 87•, 88]. Rhodes and Hillen fit the experimental data to an ODE (ordinary differential equation) model of hierarchical tissue and suggest that dedifferentiation may be the cause of emerging resistance to radiation therapy [86•]. While generally, dedifferentiation results in greater likelihood of tumor initiation [30•], Wodarz argues that the presence of dedifferentiation can actually lower the rates of tumor initiation and progression [88]. A stochastic model, focusing on small cell populations, also showed that in some cases, the plasticity between stem and non-stem cell populations may reduce the survival probability of the cancer cell population [87•]. The effect of combination therapy on reducing CSC population in the presence of phenotypic transitions was computationally tested in [89••]

The dedifferentiation of non-CSCs into CSCs may be driven by the epithelial to mesenchymal transition (EMT), a cellular transdifferentiation program where epithelial cells adopt mesenchymal features that allows stationary epithelial cells to gain the ability to migrate and metastasize [90]. Recent quantitative studies have focused on modeling the feedback loops in the transcription factor network that regulates the epithelial-mesenchymal transition in the context of cancer development [91, 92, 93•].

## Conclusion

Accurately identifying stem cells and cancer stem cells in tissues remains an open question due to imperfect stem cell markers. This makes model-based estimation of key parameters, such as rates of stem cell self-renewal, differentiation, dedifferentiation, and death, an important step in understanding stem cell dynamics in normal and diseased tissues. Such modeling should be performed in tandem with biological experiments.

Theoretical insights obtained from mathematical models of hierarchical stem cell dynamics have already influenced our understanding of cancer initiation, metastasis, and treatment response. The idea that cancer stem cells form a rare subpopulation has been challenged by modeling and confirmed by experiments. Modeling suggests that the proportion of cancer stem cells at time of treatment may influence prognosis of the disease. Furthermore, modeling argues treatment needs to selectively target cancer stem cells in order to be effective. Otherwise, it may actually speed and the probability of tumor survival. Recent insights from experimental studies of cell plasticity have challenged the hierarchical theory of tissue structure, but the exact molecular nature underlying dedifferentiation is still unclear. Existing mathematical models will need to be adapted to integrate new experimental data as it becomes available.

## Compliance with Ethical Standards

**Conflict of Interest** Alexandra Jilkine declares that she has no conflict of interest.

**Human and Animal Rights and Informed Consent** This article does not contain any studies with human or animal subjects performed by any of the authors.

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