MINI - REVIEW

18F‑FMISO PET imaging: insights over MRI in patients with glioma

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Abstract

Purpose Hypoxic tumors have been demonstrated to be associated with amplifed resistance to radiotherapy, chemo-resistance and less favorable outcome after surgery. Non-invasive identifcation and quantifcation of hypoxia in humans afected by glioma can be achieved using PET/CT and MRI techniques, although their use is still limited to the research setting. The objective of this review is to present an update of the literature about the potential clinical utility of FMISO PET imaging for the evaluation of hypoxia in patients with glioma, in comparison with advanced MRI techniques, when available.

Methods A comprehensive search strategy was used based on SCOPUS and PubMed databases using the following terms: "FMISO"/"Fluoromisonidazole" AND "brain tumor"/"glioma" AND "PET"/"Positron Emission Tomography". From all studies published in English, we selected—for this review—the most relevant articles of the last 20 years, evaluating the use of FMISO PET in glioma patients, and comparing PET fndings with MRI imaging (when available).

Results The use of PET/CT with hypoxia radiotracers in glioma is still limited due to fragmentary data and scarce number of clinical trials in this setting. The most used PET radiotracer for the quantification of hypoxia brain tumor is 18 F-FMISO and advanced MRI techniques may provide additional value, especially to couple perfusion information to hypoxia data obtained by PET. As example, relative cerebral blood volume maps could be integrated with PET imaging results for more precise and integrated evaluation of hypoxia, neo-angiogenesis and necrotic areas.

Conclusion Hypoxia PET imaging has demonstrated potential benefts for grading, diagnostic and prognostic purposes, despite the lack of tangible results able to introduce such method in a wide clinical setting. MRI remains the gold standard in the morphologic evaluation of glioma, but the integration of results provided by 18 F-FMISO PET imaging concerning hypoxia might provide new crucial information in patients with glioma.

Keywords PET · Glioma · Hypoxia · FMISO · MRI

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Introduction

Hypoxia is defined as an insufficient oxygen concentration to allow the normal execution of biological functions [[1,](#page-6-0) [2](#page-6-1)]. Hypoxia is one of the most detrimental factors for the outcome of patients with glioma, and particularly highgrade types [[3\]](#page-6-2). Tumor hypoxia mainly occurs due to the altered blood fow, impaired by structural and/or functional disturbances of tumor circulation, coupled with the rapid tumor growth, leading to an increased oxygen demand with unsatisfactory oxygen supply [[4\]](#page-6-3). The assessment of tumor hypoxia is important from a biological and clinical point of view, since hypoxic tumors have been demonstrated to be associated with amplifed resistance to radiotherapy, chemo-resistance and less favorable outcome after surgery [[5,](#page-6-4) [6](#page-6-5)]. Along with hypoxia, the main histological features of high-grade glioma (with grade IV glioma being the most lethal brain tumor, formerly known as glioblastoma multiforme—GBM), include cellular and nuclear atypia, increased cellular proliferation, reduced apoptosis, perilesional oedema, microvascular proliferation and necrosis [\[7](#page-6-6)].

Imaging and measuring oxygen concentration within a tissue can rely on direct or indirect strategies. The frst approach consists of measurements adjusted to a $pO₂$ value, whereas indirect strategies are based on measurements of a surrogate of oxygen, like the hemoglobin saturation's level [\[8\]](#page-6-7). Examples of direct imaging methods include oxygensensing probes and phosphorescence imaging, both currently and mainly employed in the preclinical setting [[8,](#page-6-7) [9\]](#page-6-8). At present, non-invasive identifcation and measurement of hypoxia in humans can be more practically achieved by the use of Positron Emission Tomography (PET) and Magnetic Resonance Imaging (MRI), although their use is still limited to the research setting [[9,](#page-6-8) [10\]](#page-7-0).

The development of PET tracers for hypoxia has been conducted for decades. The frst radiotracer was 14C-misonidazole as a beta-emitting tracer in 1981 [\[11\]](#page-7-1), followed by $18F$ -Fluoromisonidazole ($18F$ -FMISO) [\[12\]](#page-7-2). To date, although other radiotracers have been examined [[10\]](#page-7-0) and few limitations are present (i.e., slow tracer accumulation and slow plasma clearance $[13]$ ¹⁸F-FMISO remains the most widely used radiotracer for imaging hypoxia in patients with brain tumors.

Currently, most MRI techniques have been developed in the effort of mapping and quantifying hypoxic regions, with the goal of providing an indirect measurement of the oxygen level. However, for the majority of these MRI techniques, oxygen measurement could be infuenced by external confounding factors [\[13](#page-7-3), [14](#page-7-4)]. Although MRI techniques are becoming increasingly attractive for the evaluation of hypoxia as a practical alternative, PET imaging represents a precise imaging modality for the quantifcation of hypoxia in gliomas, with a wide range of available radiotracers.

The aim of this paper was to present the most relevant ¹⁸F-FMISO PET clinical studies, published in the last 20 years, concerning the evaluation of hypoxia in patients with glioma and to offer a comparison, with advanced MRI techniques, when available.

18F‑FMISO

 18 F-FMISO is a lipophilic molecule belonging to the 2-nitroimidazole-based class of compounds, molecules, which passively difuse into cells with diferent kinetics depending on their lipophilicity. ${}^{18}F$ -FMISO is able to pass the blood–brain barrier (BBB) and slightly accumulates in normal brain tissue; it is excreted through the hepatobiliary system and thus accumulated in the liver and gastrointestinal tract, limiting the analysis of hypoxic conditions in these organs $[15]$ $[15]$. At present, 18 F-FMISO remains the most widely used radiotracer for imaging hypoxia in patients with brain tumors, including gliomas, although other radiotracers are being investigated with promising results [[10\]](#page-7-0). After intravenous injection, FMISO is distributed via the blood flow to the cells, where it captures electrons with a mitochondrial electron transfer system. In hypoxic tissues, due to the lack of oxygen, FMISO keeps extra electrons, form reactive radicals, being irreversibly bound to high-weight molecules [[4,](#page-6-3) [16,](#page-7-6) [17](#page-7-7)]. Conversely, in non-hypoxic tissues, oxygen molecules remove the FMISO electron as a strong oxidant, so that FMISO freely exit from the cells. Masaki et al. described an alternative/complementary mechanism of FMISO accumulation [[18\]](#page-7-8). Beyond binding to high-weight molecules, in hypoxic conditions also the glutathione conjugate of amino-FMISO could be related to its accumulation. Tables [1,](#page-2-0) [2](#page-3-0) provide a summary of the main fndings and technical aspects of the relevant clinical studies included in the present review.

Methods

Search strategy

A comprehensive literature search of the Scopus and PubMed databases was conducted using the following terms: "FMISO"/"Fluoromisonidazole" AND "brain tumor"/"glioma" AND "PET"/"Positron Emission Tomography". From all studies published during the last 20 years (01.01.2000–01.09.2019), we selected—for this review the most relevant articles (in cohort of at least 10 subjects), evaluating the use of FMISO PET in patients with glioma, in comparison with MRI imaging (when available). Only articles in the English language were selected. To enlarge our research, references of the retrieved articles were also screened for searching additional papers.

Study selection

Studies or subsets in studies investigating the value of ¹⁸F-FMISO PET or PET/CT in patients with glioma were eligible for inclusion. Instead, exclusion criteria were: (a) articles not in the feld of interest; (b) review articles, metaanalyses, letters, conference proceedings, editorials, and (c) case reports or small case series (less than 10 patients). Two researchers (RD and DA) independently reviewed the titles and abstracts of the articles, applying the above-mentioned inclusion and exclusion criteria and the same two researchers then independently reviewed the full-text version of the papers to evaluate their suitability.

Table 1 Main findings of selected ¹⁸F-FMISO PET clinical studies included in the review

First author [refer- ences]	Year	Study design	Mean age (range)	Number of M:F patients		Type of glioma	Main findings	Standard of reference
Cher et al. $[20]$	2006	Retrospective	49 years (23-76)	17	11:6	Grade I: 1 Grade II: 3 Grade III: 3 Grade IV: 7 Other 3	FMISO uptake correlated with glioma grading, with 18F-FDG uptake and tumor markers of hypoxia, proliferation and angiogenesis Prognostic role of FMISO PET	Histopathology \pm MRI
Spence et al. [32]	2008	Retrospective	$56*$ years $(41-77)$	22	13:9	Grade IV: 22	Prognostic role of FMISO T/B ratio	$Historathology \pm MRI$
Swanson et al. [33]	2009	Retrospective	54.8 years (37-76)	24	16:8	Grade IV: 24	Complementary role between MRI and 18F-FMISO PET Prognostic role of FMISO T/B ratio	Histopathology \pm MRI
Kawai et al. [27]	2011	Prospective	57.8 years (27–72)	10	7:3	Grade IV: 10	Correlation with tumor markers of hypoxia and angio- genesis and aggres- siveness measured by MET PET	Histopathology \pm MRI
Hirata et al. [21]	2012	Prospective	57 years (31–82)	23	10:13	Grade II: 4 Grade III: 5 Grade IV: 14	FMISO uptake cor- related with glioma grading	Histopathology \pm MRI
Gerstner et al. [29]	2016	Prospective	59* years (29-77)	42	27:15	Grade IV: 42	Prognostic role of FMISO T/B ratio and SUVpeak	Histopathology \pm MRI
Kanoto et al. [19]	2016	Retrospective	57.1 years (N/A)	48	25:23	Grade I: 3 Grade II: 12 Grade III: 8 Grade IV: 25	T/N max and T/N mean in FMISO PET have a positive correlation with primary brain tumor grading	Histopathology
Yamaguchi et al. [34]	2016	Retrospective	63.5 years (27–76)	18	8:10	Grade IV: 18	Evaluation of treat- ment response after Bevacizumab Prognostic role of FMISO uptake and T/N ratio	Histopathology \pm MRI
Toyonaga et al. [31]	2016	Prospective	$N/A (30-85)$	59	33:26	Grade III: 24 Grade IV: 22 Other: 13	Correlation between qualitative and semiquantitative FMISO PET with necrosis features	Histopathology \pm MRI
Bekaert et al. [22]	2017	Prospective	58 years (28-80)	33	24:9	Grade II: 6 Grade III: 3 Grade IV: 24	Correlation with tumor markers of hypoxia and angio- genesis	

M male, *F* female, *N/A* not available, *T/B* tumot-to-blood ratio, *hMTV* hypoxic metabolic tumor volume, *MET* 11C-methionine, *T/N* tumor-tonormal brain tissue

*Age expressed as median value

Data abstraction

For each included study, data were collected concerning the basic study features (author names, year of publication, study design), the main clinical patients features, technical variables (PET device used, radiotracer injected dose, image analysis), number of patients evaluated and the main findings. The main findings of the articles included in this review are reported in the "Results" section.

First author [refer- ences]	Device	Mean injected dose (MBq)	Acquisition time (min post injec- tion)	Image analysis	Semiquantitative parameters	MRI/other imaging modality
Cher et al. $[20]$	PET	18.5/kg	120	Visual and semiquan- SUV max titative		MRI: T1, T2 and gadolinium contrast enhancement
Spence et al. [32]	PET	3.7/kg	120	Visual and semiquan- T/B ratio titative		MRI: T1 with gadolinium contrast enhancement and T2
Swanson et al. [33]	PET	3.7 / kg	120	Visual and semiquan- T/B ratio titative		MRI: T1 with gadolinium contrast enhancement and T2
Kawai et al. [27]	PET	308	$120 - 140$	titative	Visual and semiquan- SUVmax; SUVmean; MRI: T1 with T/B ratio	gadolinium contrast enhancement ¹¹ C-MET PET/CT: 308 MBq injected, uptake time 10 min
Hirata et al. [21]	PET/CT	400	240	Visual and semiquan- SUVmax titative		MRI: FLAIR images ¹⁸ F-FDG PET/CT: 400 MBq injected, uptake time 60 min
Gerstner et al. [29]	PET/CT	3.7/kg	110	Visual and semiquan- SUVmax, SUVpeak, titative	T/B ratio	MRI: DCE, DSC, T1, diffusion and FLAIR images
Kanoto et al. [19]	PET/CT	439.6	240	Visual and semiquan- SUVmax, SUV titative	mean, T/N max and T/N mean	N/A
Yamaguchi et al. [34] PET/CT		400	240	Visual and semiquan- SUVmax, T/N ratio titative		MRI: T1 with and without gadolinium contrast enhance- ment, T2 and FLAIR images
Toyonaga et al. [31]	PET; PET/CT 400		240	Visual and semiquan- T/N ratio titative		MRI: T1 with and without gadolinium contrast enhance- ment, T ₂ and FLAIR images
Bekaert et al. [22]	PET/CT	5/kg	120	Visual and semiquan- SUVmax, T/B ratio titative		MRI: T1 with and without gadolinium contrast enhance- ment, T ₂ and FLAIR images

Table 2 Main technical aspects of ¹⁸F-FMISO PET clinical studies included in the review

N/A not available, MBq megabecquerel, *T/B* tumot-to-blood, *T/N* tumor-to-normal brain tissue, *DCE* dynamic contrast-enhanced, *DSC* dynamic susceptibility contrast, *hMTV* hypoxic metabolic tumor volume, *hTLG* hypoxic total lesion glycolysis, *HMF* hypermetabolic fraction of hypoxic volume, *MET* 11C-methionine, *FLAIR* fuid-attenuated inversion recovery

Results

The comprehensive computer literature search from the Scopus and PubMed databases revealed 46 articles collected. Reviewing titles and abstracts, 36 studies were excluded because reported data were not inside inclusion criteria. Lastly, 10 papers were selected and screened in the full-text version [\[19–](#page-7-15)[22,](#page-7-18) [27](#page-7-12), [29](#page-7-14), [31–](#page-7-17)[34](#page-7-16)]. The main features of the included studies are summarized in Tables [1,](#page-2-0)

[2](#page-3-0).

Grading

Hypoxia severity and grading demonstrate a positive correlation in primary brain tumors $[19]$ $[19]$ and 18 F-FMISO PET could be used as a non-invasively method to predict tumor grading in newly diagnosed gliomas. Several studies were conducted to evaluate the utility of 18 F-FMISO PET in this setting. Firstly, Cher et al. [[20\]](#page-7-9) investigated ¹⁸F-FMISO PET in a group of 17 patients undergoing also 18 F-FDG PET, MRI (using T1 and T2 imaging and gadolinium

contrast-enhancement) and immunohistochemistry. They reported that only grade IV gliomas presented gadolinium enhancement, high 18 F-FMISO and 18 F-FDG uptake, with only one case (1 out of 3 patients) of stage III glioma showing low 18 F-FMISO uptake and either 18 F-FDG uptake or MRI gadolinium enhancement. Interestingly, FMISO uptake was not completely restricted to the tumor rim or areas of gadolinium enhancement, or determined by the integrity of BBB and did not match the intensity of ^{18}F -FDG uptake. It follows that 18 F-FMISO uptake cannot be predicted by visual assessment of MRI gadolinium enhancement or 18F-FDG uptake. Similarly, Hirata et al. [\[21](#page-7-13)] showed a signifcantly higher 18F-FMISO uptake in stage IV glioma, despite a slight 18 F-FMISO uptake in lower-grade gliomas (Fig. [1](#page-4-0)). Moreover, the authors performed both 18 F-FMISO and 18 F-FDG PET/CT scans in 23 patients with histological diagnosis of glioma (grade II=4, grade III=5, grade IV=14) and 18F-FMISO PET images were evaluated by visual and semi-quantitative assessment (SUV, lesion–normal tissue ratio and FMISO uptake volume); these analyses demonstrated that 18F-FMISO PET could help to discriminate stage IV glioma from less malignant glioma. Namely, using visual assessment score (low, intermediate and strong) for FMISO PET images, histological diagnosis of glioblastoma was related to a strong ¹⁸F-FMISO uptake with sensitivity, specificity and accuracy of 100% ; whereas, ¹⁸F-FDG PET showed a sensitivity and specificity of 100% and 66%, respectively. In MRI images, gadolinium enhancement was clearly evident in all GBM cases, while it was variable in lower-grade glioma (strong in 3 grade III gliomas; weak in one grade III and two grade II gliomas; absent in one grade III glioma and two grade II gliomas). However, as a major technical diference of this study from the study of Cher et al. $[20]$ $[20]$, the ¹⁸F-FMISO PET/computed tomography (CT) scans were acquired 2 h after the radiotracer injection; while Hirata et al. $[21]$ carried out the scans 4 h after ¹⁸F-FMISO injection. This diferent uptake time could explain the low and intermediate uptake found in some low-grade gliomas. Additionally, subsequent papers [\[17,](#page-7-7) [21,](#page-7-13) [22\]](#page-7-18) confrmed the high 18 F-FMISO uptake in grade IV gliomas. Namely, Bekaert et al. [[22\]](#page-7-18), analyzing 33 patients undergoing both PET and MRI, confirmed that ${}^{18}F$ -FMISO uptake was significantly higher in stage IV gliomas $(n=24)$ compared to lower-grade tumors (grade $III = 3$, $II = 6$). Furthermore, the authors found a higher level of relative cerebral blood volume (rCBV, $p = 0.006$) in the ¹⁸F-FMISO uptake group

Fig. 1 A representative case of glioblastoma (grade IV) localized at the left temporal lobe detected by fuid-attenuated inversion recovery MRI scan (**a**) with moderate FDG uptake (**b**) and increased FMISO uptake (**c**). Another example of a lesion in the right frontal lobe

recognized by MRI (**d**), with high FDG uptake (**e**) but not FMISO uptake (**f**): the fnal diagnosis was gangliocytoma (grade I). (adapted with the permission of Hirata et al. [[21](#page-7-13)])

than in the "no-uptake" group, thus documenting a correlation between the degree of hypoxia (measured in terms of hypoxic volume—HV—and standardized uptake value— SUV—max) and rCBV. Chakhoyan et al. [\[23\]](#page-7-19) confrmed the increased rCBV obtained from the perfusion-weighted imaging (PWI) in GBMs, compared to non-GBM tumors $(1.4 \pm 0.2 \text{ vs. } 0.8 \pm 0.4; p < 0.001)$. In addition, absolute maps of p_tO_2 tissue obtained from ¹⁸F-FMISO PET images revealed low values in GBM $(4.8 \pm 1.9 \text{ mmHg})$. Furthermore, signifcant inverse correlations were found: a) between ¹⁸F-FMISO uptake (in terms of tumor-background ratio-T/B ratio) and affined p_tO2 across tumoral, normal appearing gray matter (NAGM) and normal appearing white matter (NAWM areas) $(R^2 = 0.58)$; b) between rCBV and ptO2 $(R^2=0.56)$ in the same areas; c) between ptO2and lactate/ lipid concentrations $(R^2=0.66)$.

Characterization of tumoral microenvironment features (hypoxia, perfusion, necrosis)

It is well known that gliomas, and particularly GBM, are cerebral neoplasm characterized by hypoxic tissue and necrotic areas. The complex tumoral microenvironment is infuenced by the hypoxic signaling cascade [\[24\]](#page-7-20). Hypoxia activates the transcription of many genes through the hypoxia-inducible factor 1 (HIF-1), including angiogenic factors, as the vascular endothelial growth factor (VEGF), able to induce vascular proliferation, promoting cell survival, invasiveness and aggressiveness. There is large evidence in the literature regarding the link between hypoxia, necrosis and angiogenesis. This relationship could be considered paradoxical because angiogenesis should lead to a more vascularized tumor with higher oxygen supply and, therefore, less hypoxia and necrosis. However, during the tumor growth in GBM, angiogenesis-derived blood vessels are functionally and structurally abnormal, leading to inefective perfusion [\[25\]](#page-7-21), being associated with both poor prognosis and resistance to several therapies [\[25](#page-7-21), [26](#page-7-22)].

¹⁸F-FMISO uptake correlates with the angiogenic expression of VEGF-receptor 1 (VEGF-R1) factor, as demonstrated by Cher et al. in a study including 14 of 17 patient with suspected glioma, who performed also cerebral ¹⁸F-FDG PET/CT and gadolinium contrast-enhancement MRI [[20\]](#page-7-9). A significant correlation between tumor markers of hypoxia, proliferation and angiogenesis (Ki67 and VEGF-R1, respectively) and ^{18}F -FMISO or ^{18}F -FDG uptake was found $(p < 0.005)$.

With the purpose to clarify the biological link between hypoxia, tumor-induced neovascularization and aggressiveness, Kawai et al. [[27\]](#page-7-12) analyzed spatial and volumetric information of viable tissue assessed by ${}^{18}F$ -FMISO PET relative to neovascularization in T1-weighted gadolinium-enhanced MRI and tumor aggressiveness assessed by ${}^{11}C$ -methionine (MET) PET in 10 patients with newly diagnosed GBM. The volumetric analysis demonstrated that the viable hypoxic tissue, assessed by ¹⁸F-FMISO PET, is related to the neovascularization in MRI and to the tumor aggressiveness evaluated by MET PET. The spatial analysis showed that the metabolically active tumor may be substantially underestimated by gadolinium-enhanced MRI (77% of the mean metabolically active volume as shown by a MET uptake index > 1.3).

More recently, Bekaert et al. [\[22](#page-7-18)] found a strong correlation between 18F-FMISO uptake and molecular expression of HIF and VGF. They performed 18F-FMISO PET and MRI including rCBV. The authors found correlations between the degree of hypoxia (hypoxic volume and SUVmax) and the rCBV and the level of expression of molecular markers (HIF, carbonic anhydrase—CAIX, angiopoietin-2—Ang2, and VEGF). This evidence was in line with the results of subsequent papers [[28,](#page-7-23) [29](#page-7-14)], which evaluated GBM patients quantifying and localizing hypoxia by means of $18F$ -FMISO PET, correlating hypoxia with MRI markers of angiogenesis. Lately, Gerstner et al., in a study of 50 GBM patients, found a strong correlation (R^2 =0.5, p <0.001) between HV and normalized cerebral blood flow (nCBF) to the mean of the region of interest (ROI) in NAWM. In a subsequent study, in a cohort of 17 patients, the same group of researchers found, conversely, a lack of association between metabolic markers, measured by MRI Spectroscopy (MRSI), hypoxia (measured by 18 F-FMISO PET), and tumor perfusion markers (e.g., nCBF and median K^{trans}) [[30](#page-7-24)]. All these data highlight the complex metabolic microenvironment of GBM.

The relationship between the amount of tissue necrosis and 18F-FMISO uptake was investigated by the study of Toy-onaga et al. [\[31](#page-7-17)]; it should be remembered that 18 F-FMISO accumulates in viable tissues but not in necrotic tissue core. Conversely, wide-ranging necrosis can be clearly detected by conventional MRI. The authors studied 59 patients with brain tumors, including 45 gliomas. In the visual analysis, 26 of the 27^{18} F-FMISO-positive patients presented necrosis; whereas, 28 of the $32^{18}F$ -FMISO-negative patients showed no necrosis. Using a cut-off for the tumor–normal tissue ratio of 1.67, the authors showed that the occurrence of necrosis could be predicted with a sensitivity of 96.7%, specificity of 93.1%, and accuracy of 94.9%. This finding suggests that ¹⁸F-FMISO uptake can reveal small clusters of hypoxic tissue even within necrotic areas.

Prognostic value

¹⁸F-FMISO PET imaging holds also the potential to predict the prognosis in patients with glioma, as demonstrated by several studies in literature [\[20](#page-7-9), [22,](#page-7-18) [29,](#page-7-14) [31–](#page-7-17)[34\]](#page-7-16). In this scenario, Cher et al. [[20\]](#page-7-9) demonstrated that positive 18 F-FMISO PET was associated with poor outcome in a subset of 14 patients with suspected glioma, followed up until death or, if alive, for a median follow-up of 68 months (range: 58–83); out of the 8 patients who died, 7 subjects had positive 18 F-FMISO uptake and one presented equivocal uptake. Conversely, among the 6 alive patients, ¹⁸F-FMISO uptake was negative or equivocal.

Beyond the qualitative analysis, also the semi-quantitative analysis of 18F-FMISO PET images and MRI-derived parameters seemed to correlate with outcome. Maximum tumor–blood ratio (T/Bmax), HV, the surface area of HV and surface area of T1-gadolinium showed to be associated with worst survival in 11 cases of preoperative glioblastoma [[33](#page-7-11)]. Similarly, in another study, HV and T/Bmax correlated with survival and time to progression (TTP); whereas, T1-gadolinium volume correlated only with survival in 22 glioblastoma patients before radiotherapy [[32](#page-7-10)].

In 2016, a prospective clinical trial involving 11 centers [\[29\]](#page-7-14), included 42 patients with GBM, who performed baseline MRI and 18F-FMISO PET/CT scan. Their analysis showed that a high 18 F-FMISO uptake (expressed as SUVpeak, SUVmax and T/B ratio) signifcantly correlated with shorter OS and PFS at 1 year along with increased tumor perfusion, vascular volume and vascular permeability measured by MRI. In contrast, Bekaert et al. [[22](#page-7-18)], in 33 patients with glioma of diferent grades prospectively recruited, demonstrated no relationship between 18 F-FMISO visual-semiquantitative parameters and outcome survival (in terms of progression-free survival— PFS, and overall survival—OS—). At univariate analysis, 18 F-FMISO uptake (positive vs. negative) correlated with PFS and OS, but at multivariate analysis including grade, extent of resection, age and performance status, no signifcant correlation was confrmed.

Only one study evaluated the potential role of ¹⁸F-FMISO PET/CT in the evaluation of treatment response after immunotherapy with Bevacizumab [\[34\]](#page-7-16), a recombinant humanized monoclonal antibody that blocks angiogenesis by inhibiting the VEGF-A [\[35\]](#page-7-25), commonly used for therapy of recurrent GBM. The authors reviewed MRI and ¹⁸F-FMISO PET/CT scans before and after 3-4 courses of Bevacizumab in 18 patients with recurrent high-grade glioma. MRI revealed partial response in 14 patients, 9 of which demonstrating decreased ¹⁸F-FMISO uptake ("MRI-FMISO double responders"); 5 patients with partial response at MRI but stable or increased ¹⁸F-FMISO uptake ("MRI-only responders") and 4 without MRI and PET/CT response ("non-responders"). "MRI-FMISO double responders" showed signifcantly longer OS than the other two groups (median 12.4 months vs. 5.7 months; $p < 0.001$), whereas there was no survival diference between the "MRI-only responders" and the "non-responders" groups (median OS, 5.7 and 4.8 months; $p=0.58$). Considering the main pre-treatment clinical and radiological/metabolic variables, high 18 F-FMISO T/N ratio was the only signifcant prognostic factor for OS.

Conclusion

Despite the need of larger cohort, prospective and multicenter study in the clinical scenario of glioma patients, FMISO imaging PET has demonstrated its potential benefts for grading, diagnostic and prognostic purposes. MRI remains the gold standard in the evaluation of high-grade gliomas but the integration of MRI results with PET imaging of hypoxia might provide new crucial information.

Author contributions Laudicella R, Quartuccio N: literature search, literature review, manuscript writing, manuscript editing, content planning; Alongi P, Albano D, Gazzilli M, Durmo R: literature search, literature review, manuscript writing; Baldari S, Bertagna F: manuscript editing, content planning.

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Compliance with ethical standards

Conflict of interest Laudicella Riccardo, Quartuccio Natale, Alongi Pierpaolo, Albano Domenico, Gazzilli Maria, Durmo Rexhep, Bertagna Francesco and Baldari Sergio declare no confict of interest related to this work.

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