Leukemia (PH Wiernik, Section Editor)



Current Status of CAR T Cell Therapy for Leukemias

Katherine Harris, MD^{1,3} James L. LaBelle, MD, PhD^{1,3} Michael R. Bishop, MD^{2,3,*}

Address

¹Department of Pediatrics, University of Chicago, 5841 S. Maryland Avenue, MC2115, Chicago, IL, 60637, USA

²Department of Medicine, University of Chicago, 5841 S. Maryland Avenue, MC2115, Chicago, IL, 60637, USA

*,³The David and Etta Jonas Center for Cellular Therapy, University of Chicago, 5841 S. Maryland Avenue, MC2115, Chicago, IL, 60637, USA
Email: mbishop@medicine.bsd.uchicago.edu

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Opinion statement

Chimeric antigen receptor (CAR) T-cell therapy has become the standard of care for children and young adults with relapsed and refractory B-cell acute lymphoblastic leukemia (B-ALL), and it is a highly promising therapy under investigation for adults with relapsed disease. Despite having potentially life-threatening toxicities, such as cytokine release syndrome and immune effector cell-associated neurotoxicity syndrome, the benefits of CAR T-cell therapy far outweigh these risks, particularly as increased experience and improved supportive care measures are mitigating these toxicities. CART cells can result in complete remission for significant proportion of patients with relapsed and refractory B-ALL and permit them to proceed to potentially curative allogeneic hematopoietic stem cell transplantation (allo-HSCT). CAR T cells may also be curative by themselves. Herein lie the greatest challenges and questions for clinical investigators, specifically, how are CAR T cells best employed and how do we overcome mechanisms of resistance to them? The primary clinical question is the timing and even the necessity of allo-HSCT. Relative to resistance, we know that target antigen loss, specifically CD19, is a major contributor to resistance. However, current investigations of alternative targets, such CD22, and CAR T cells expressing dual targeting antigen receptors have demonstrated encouraging initial results and provide a high degree of optimism that the efficacy and the broader application of CAR T-cell therapy will gradually increase in B-ALL. That optimism is not as high and the challenges are increased for the application of CART cells in T-cell leukemias and acute myeloid leukemia due to the relative lack of suitable leukemia surface targets that are not also expressed on normal hematopoietic progenitors. Despite these significant challenges, considerable research is being conducted into the development of CAR T cells for these diseases utilizing unique technologies, which may be applicable to other diseases.

Introduction

Leukemia is the most common oncologic diagnosis in pediatric patients and remains a significant cause of mortality in adult patients, particularly within the young adult population [1]. Although overall survival rates for acute lymphoblastic leukemia (ALL) and acute myeloid leukemia (AML) have surpassed 90% and 70%, respectively, even with the use of risk-stratified chemotherapy regimens, children with relapsed or refractory disease continue to have poor outcomes [2, 3]. Similarly, the survival rates of adults with leukemia are suboptimal, ranging from 40 to 50%, with increasingly dismal outcomes for those patients with relapsed disease [4, 5].

Over the past several years, the urgent need for novel treatments in these high-risk populations has led to the development of immunotherapies including chimeric antigen receptor (CAR) T-cell therapy. Anti-CD19 CAR T cells have revolutionized the treatment of B-cell malignancies, and ongoing studies seek to expand the application of CAR T-cell therapy by identifying new targets, improving efficacy, and reducing toxicity. We aimed to review the current status of therapeutic CAR T-cell options for both pediatric and adult patients with leukemia and identify treatment challenges associated with manufacturing and toxicities.

CAR T-cell therapy for acute lymphoblastic leukemia

Early clinical trials of anti-CD19 CAR T-cell therapy in B-cell ALL (B-ALL) demonstrated outstanding response rates, with complete remissions noted in up to 90% of patients and 6-month event-free survival up to 70% [6–9]. These studies were among the first to comprehensively report the efficacy of second-generation CAR T cells manufactured with co-stimulatory domains from either the 4-1BB [6••, 8] or CD28 [7, 9••]. These studies were also the first to define diagnostic criteria for post-CAR T-cell infusion toxicities, including cytokine release syndrome (CRS) and immune effector cell-associated neurotoxicity syndrome (ICANS). The efforts of these studies, and in particular the ELIANA and JULIET trials which evaluated the efficacy and safety profile of anti-CD19 CAR T-cell therapy in children and young adults with relapsed or refractory (r/r) B-ALL and in adults with r/r diffuse large B-cell lymphoma (DLBCL), respectively, led to the first FDA-approved CAR T-cell product, tisagenlecleucel [10].

Since US Food and Drug Administration (FDA) approval of tisagenlecleucel in August 2017 for patients up to 25 years of age with B-ALL that is refractory or in second or later relapse, the Center for International Blood and Marrow Transplant Research and others have evaluated its "real-world" safety and efficacy in patients compared to those treated on clinical trials. Over 500 patients have been treated with the FDA-approved product for both B-ALL and r/r DLBCL, and data show that response rates and CRS and ICANS incidences are equivalent to patients treated on study. Notably, real-world use has expanded tisagenlecleucel access to pediatric patients less than 3 years of age, raised the median adult age by nearly 10 years, and led to less restrictive use of

CART-cell therapy with regard to those with decreased organ function or lack of prior hematopoietic stem cell transplantation (HSCT) [11–13, 14•]. Additionally, more patients have been treated with tisagenlecleucel considered to be out of specification (OOS) per clinical trial standards due to lower viability, total nucleated cell count, or time from collection to infusion, and studies indicate that both safety and efficacy remain largely unaffected by OOS use [14•, 15]. Such conclusions have recently been extended by the Pediatric Real World Consortium to include evaluation of 38 patients who received tisagenlecleucel via the Managed Access Program, which provides tisagenlecleucel to patients with an initial product that is OOS and for whom leukapheresis is not feasible, as well as patients who received it as a single-patient Investigational New Drug application [15]. Neither the efficacy nor incidences of CRS or ICANS in these patients were different than those who received an in-specification product.

While the FDA approval of tisagenlecleucel has made CAR T-cell therapy more widely available to patients with B-ALL, ongoing clinical trials continue to investigate different variables affecting outcomes, including CAR T cell construct, T cell origins, other target antigens, and presence or site of disease burden (Table 1). Studies have demonstrated that CAR constructs with 4-1BB costimulatory domains lead to improved persistence of CAR T cells, while constructs with CD28 co-stimulation result in rapid proliferation and early antileukemia effects post-infusion [16, 17]. Additionally, a recent meta-analysis of clinical trials utilizing anti-CD19 CART cells suggests that products with 4-1BB co-stimulatory constructs may lead to improved minimal residual disease (MRD) negativity when compared to products with CD28 co-stimulation, but that progression-free survival rates at 1 year do not differ between constructs [18]. This analysis also noted superior CR rates in patients treated with autologous CAR T cells compared to those who received CAR T-cell products made from allogeneic T cells. However, the relatively low number of studies utilizing allogeneic CAR T cells makes it difficult to draw definitive conclusions with regard to efficacy. While commercialization has allowed for the delivery of tisagenlecleucel without disease-specific clinical study limitations, it remains unclear if the amount of disease or the site of disease affects overall efficacy. A retrospective analysis of 200 patients who received tisagenlecleucel off-study suggests that patients with documented high disease burden (> 5% bone marrow lymphoblasts, peripheral blood lymphoblasts, CNS3 status, or non-CNS extramedullary disease) have lower CR rates early post-CART infusion and lower overall survival at 6 and 12 months compared to those patients with low disease burden [19]. Additional studies are currently underway to determine how the anatomical site, molecular characteristics of disease, and timing of CAR T-cell infusion during upfront treatment impact survival following anti-CD19 CAR T-cell treatment (Table 1).

Despite the outstanding response rates in B-ALL patients treated with anti-CD19 CAR T-cell therapy, relapses can still occur in over 60% of patients within the first 12 months post-infusion [9, 20]. Up to 40% of these relapses are CD19-negative with associated immune evasion due to antigen loss or decreased antigen expression post-infusion [7–9, 21–23]. Whether this is from escape variants of CD19-negative cells with other oncogenic mutations (e.g., *TP53*), outgrowth of preexisting CD19-negative clones, or from induced CD19 acquired mutations is an area of active investigation. This clinical scenario has led to the pursuit of alternate targets, such as CD22, as well as bivalent CAR T

Table 1. Currently recruiting or not-yet-recruiting clinical trials using CAR T-cells for lymphoid leukemias (as of February 2021)

Study title	NCT number	Condition treated	CAR tarqet	Eligible aqe	Institution/sponsor	Status
Evaluation of CD19-specific CAR engineered autologous T-cells for treatment of relapsed/refractory CD19+ acute lymphoblastic leukemia	NCT03573700	B-ALL	CD19	≤ 21 years	St. Jude Children's Research Hospital	Recruiting
Activated T-cells expressing 2nd or 3rd generation CD19-specific CAR, advanced B-cell NHL, ALL, and CLL (SAGAN)	NCT01853631	B-ALL, CLL	CD19	< 75 years	Baylor College of Medicine	Recruiting
Administration of autologous CAR-T CD19 antigen with inducible safety switch in patients with relapsed/refractory B-ALL	NCT03016377	B-ALL	CD19	3–70 years	University of North Carolina, Bellicum Pharmaceuticals	Recruiting
Iomab-ACT: a pilot study of 131-I apamistamab followed by CD19-targeted CAR T-cell therapy for patients with relapsed or refractory B-cell acute lymphoblastic leukemia or diffuse large B-cell lymphoma	NCT04512716	B-ALL	CD19	≥ 18 years	Memorial Sloan Kettering Cancer Center, Actinium Pharmaceuticals	Recruiting
CD19 chimeric antigen receptor (CAR) T cells for adults with recurrent or refractory B cell malignancies	NCT04214886	B-ALL	CD19	≥ 18 years	Loyola University, Leukemia Research Foundation	Recruiting
Cellular immunotherapy in treating patients with high-risk acute lymphoblastic leukemia	NCT02146924	B-ALL	CD19	≥ 18 years	City of Hope Medical Center, National Cancer Institute	Recruiting
Human anti-CD19 chimeric antigen receptor T cells for relapsed or refractory lymphoid malignancies	NCT04732845	B-ALL, CLL	CD19	≥ 18 years	Case Comprehensive Cancer Center	Not yet recruiting
huJCAR014 CAR-T cells in treating adult patients with relapsed or refractory B-cell non-Hodgkin lymphoma or acute lymphoblastic leukemia	NCT03103971	B-ALL	CD19	≥ 18 years	Fred Hutchinson Cancer Research Center, National Cancer Institute, Juno Therapeutics, Inc.	Recruiting
A trial of "Armored" CAR T cells targeting CD19 for patients with relapsed CD19+ hematologic malignancies	NCT03085173	B-ALL, CLL	CD19	≥ 18 years	Memorial Sloan Kettering Cancer Center, Juno Therapeutics, Inc.	Recruiting
In vitro expanded allogeneic Epstein-Barr virus specific cytotoxic T-lymphocytes (EBV-CTLs) genetically targeted to the CD19 antigen in B-cell malignancies	NCT01430390	B-ALL	CD19	Any	Memorial Sloan Kettering Cancer Center	Recruiting
A phase 1 trial of donor-derived 19-28z CAR T cells following allogeneic transplant for the treatment of CD19 malignancies	NCT04556266	B-ALL, CLL	CD19	18-60 years	Memorial Sloan Kettering Cancer Center	Recruiting
Administration of anti-CD19-chimeric-antigen-receptor-transduced T cells from the original transplant donor to patients with recurrent or persistent B-cell malignancies after allogeneic stem cell transplantation	NCT01087294	B-ALL, CLL	CD19	18–75 years	National Cancer Institute	Recruiting
A study of CD19-targeted CAR T cell therapy in adult patients with relapsed or refractory B cell acute lymphoblastic leukemia (ALL)	NCT04404660	B-ALL	CD19	≥ 18 years	Autolus Limited	Recruiting
CD19-specific T cells post allo-SCT	NCT03579888	B-ALL, CLL	CD19	18–70 years	M.D. Anderson Cancer Center, Ziopharm Oncology	Recruiting

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Study title	NCT	Condition	CAR	Eligible	Institution/sponsor	Status
huCART 19-IL18 in NHL/CLL patients	NCT04684563		CD19	≥ 18 years	University of Pennsylvania	Not yet recruiting
CD19-specific CAR-T cells in CLL/SLL and DLBCL	NCT03960840	B-ALL, CLL	CD19	≥ 18 years	Novartis Pharmaceuticals	Recruiting
Study of huCART19 for very high-risk (VHR) subsets of pediatric B-ALL	NCT03792633	B-ALL	CD19	1–29 years	University of Pennsylvania	Recruiting
19(T2)28z 1xx chimeric antigen receptor (CAR) T cells in people with B-cell cancers	NCT04464200	CLL	CD19	≥ 18 years	Memorial Sloan Kettering Cancer Center, Takeda	Recruiting
Cellular immunotherapy following chemotherapy in treating patients with recurrent non-Hodgkin lymphomas, chronic lymphocytic leukemia or B-cell prolymphocytic leukemia	NCT02153580	B-ALL, CLL	CD19	≥ 18 years	City of Hope Medical Center, National Cancer Institute	Recruiting
Dose-escalation study of safety of PBCAR0191 in patients with r/r NHL and r/r B-cell ALL	NCT03666000	B-ALL	CD19	≥ 18 years	Precision BioSciences, Inc.	Recruiting
Phase 2 trial of CD19 redirected autologous T cells	NCT04276870	B-ALL	CD19	≤ 29 years	University of Pennsylvania	Recruiting
Study evaluating brexucabtagene autoleucel (KTE-X19) in pediatric and adolescent participants with relapsed/refractory B-precursor acute lymphoblastic leukemia or relapsed/refractory B-cell non-Hodgkin lymphoma	NCT02625480	B-ALL	CD19	≤ 21 years	Kite, Gilead Sciences	Recruiting
A study to evaluate the safety and efficacy of JCAR017 in pediatric subjects with relapsed/refractory (r/r) B-cell acute lymphoblastic leukemia (B-ALL) and B-cell non-Hodgkin lymphoma (B-NHL)	NCT03743246	B-ALL	CD19	< 25 years	Celgene	Recruiting
Study of efficacy and safety of tisagenlecleucel in HR B-ALL EOC MRD positive patients	NCT03876769	B-ALL	CD19	1–25 years	Novartis Pharmaceuticals, Children's Oncology Group	Recruiting
CD19 CAR-multiVSTs for patients with CD19+ B-ALL or NHL undergoing related allogeneic HSCT	NCT03768310	B-ALL	CD19	1–75 years	Baylor College of Medicine	Not yet recruiting
Study of efficacy and safety of reinfusion of tisagenlecteucel in pediatric and young adult patients with acute lymphoblastic leukemia (ALL)	NCT04225676	B-ALL	CD19	≤ 25 years	Novartis Pharmaceuticals	Recruiting
Modified immune cells (CD19/CD20 CAR-T Cells) in treating patients with recurrent or refractory B-cell lymphoma or chronic lymphocytic leukemia	NCT04007029	CLL	CD19, CD20	18-70 years	UCLA	Recruiting
CAR-20/19-T cells in pediatric and young adult patients with relapsed/refractory B cell ALL	NCT04049383	B-ALL	CD19, CD20	1–39 years	Medical College of Wisconsin	Recruiting
Modified immune cells (CD19/CD22 CAR T cells) in treating patients with recurrent or refractory CD19 positive, CD22 positive leukemia or lymphoma	NCT04029038	B-ALL, CLL	CD19, CD22	6 months-70 years	M.D. Anderson Cancer Center, National Cancer Institute	Not yet recruiting
CD19/CD22 chimeric antigen receptor (CAR) T cells in children and young adults with recurrent or refractory CD19/CD22-expressing B cell malignancies	NCT03448393	B-ALL	CD19, CD22	3–35 years	National Cancer Institute	Recruiting

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Table 1. (Continued)	Ę.		4	11000	T
Study title	NCT number	Condition treated	CAR target	Eligible age	Institution/sponsor
CD19/CD22 chimeric antigen receptor (CAR) T cells in adults with recurrent/refractory B cell malignancies	NCT03233854	B-ALL	CD19, CD22	≥ 18 years	Stanford University
Phase 1 dose escalation study of CD19/CD22 chimeric antigen receptor (CAR) T cells in children and young adults with recurrent or refractory B cell malignancies	NCT03241940	B-ALL	CD19, CD22	1–30 years	Stanford University
A feasibility and safety study of dual specificity CD19 and CD22 CAR-T cell immunotherapy for CD19+CD22+ leukemia	NCT03330691	B-ALL	CD19, CD22	≤ 30 years	Seattle Children's Hospital
CD22-CAR T cells in children and young adults with B cell malignancies	NCT04088864	B-ALL	CD22	1–30 years	Stanford University
CD22 redirected autologous T cells for ALL	NCT02650414	B-ALL	CD22	1–24 years	University of Pennsylvania
Phase 1 study of UCART22 in patients with relapsed or refractory CD22+ B-cell acute lymphoblastic leukemia (BALLI-01)	NCT04150497	B-ALL	CD22	18-70 years	Cellectis S.A.
Cell therapy for high risk T-cell malignancies using CD7-specific CAR expressed on autologous T cells	NCT03690011	T-ALL	CD7	< 75 years	Baylor College of Medicine
Autologous T-cells expressing a second-generation CAR for treatment of T-cell malignancies expressing CD5 antigen	NCT03081910	T-ALL	CD5	< 75 years	Baylor College of Medicine

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cells. As with CD19, the majority of B-cell lymphoblasts express CD22, making it a promising target [24]. A recent phase 1 study of children and young adults treated with a CD22-targeted CAR T-cell product resulted in potent antileukemic effects in patients with CD19^{dim} or CD19⁻ relapse, even though the majority had already been treated with previous anti-CD19 CAR T-cell therapy [25]. Complete remissions were seen in 70% of patients, and the median relapse-free survival was 6 months [25, 26]. However, relapses post-CD22-CAR T cells were associated with decreased CD22 expression, again raising concerns for immune evasion and long-term efficacy of monovalent CAR therapy. Recent studies have used dual expressing CAR T cells targeting both CD19 and CD22, hypothesizing that a bivalent product could reduce relapses in which antigen downregulation or loss occurs. Anti-leukemic activity and CR rates with this construct have been comparable to monovalent CAR T-cell therapy, and patients experiencing relapse have blasts that retain antigen positivity, indicating that poor CART cell persistence, rather than immune evasion, may be the cause of disease recurrence in these patients [27, 28]. Similar studies using bispecific CAR T-cell therapy against B-ALL are ongoing and will require long-term follow-up to determine the efficacy of these products as compared to monovalent CAR T cells.

T-cell leukemias, while not as common as B-cell leukemias, are seen in both pediatric and adult populations and have limited treatment options for relapsed disease [29, 30]. The urgent need for novel therapeutics for these diseases has raised the question of translating CART-cell therapy to a treatment modality for r/r T-cell malignancies. However, many challenges arose during pre-clinical studies. Selecting an antigen with minimal off-target expression remains a limiting factor in the development of immunotherapies for this disease entity, as many T-lymphoblast antigens are also found on healthy T cells, making prevention of long-term T-cell lymphopenia challenging [31]. Sparing normal T cells is essential, as a resulting T-cell aplasia would be detrimental to full immune reconstitution and prevention of infections, leading to lifethreatening immune deficiency. Additionally, CAR T cells and normal T cells share common antigens, which can lead to product contamination with leukemic cells, as well as CAR T fratricide [32, 33]. Early phase trials extended from patients with T-cell lymphomas are targeting antigens expressed predominantly on malignant cells, including CD30, TRBC1, and CCR4 [34-37]. Other open trials are evaluating outcomes in patients treated with CAR T cells directed at pan-T-cell antigens, such as CD5 and CD7. Pre-clinical studies have shown that anti-CD5 CAR T cells can downregulate their own CD5 expression, thus limiting fratricide, with off-target toxicity that is restricted to a minor population of immune cells including thymocytes and peripheral T cells [38]. Anti-CD7 CAR T cells can be engineered to prevent self-destruction by genomic disruption of the CD7 gene, thus allowing for robust expansion. Although CD7 is expressed on healthy T cells, the CAR T cells themselves appear to retain antiviral activity [39]. Other such examples are increasingly being tested such as CAR T cells directed to CD1a, which is restricted to developing cortical thymocytes along with T-ALL blasts, have shown promising pre-clinical results against patientderived primary T-ALL blasts and because CD1a is not expressed on mature T cells, appear to be fratricide resistant [33]. Lastly, donor-derived T cells would represent an ideal T cell source for CAR T-cell therapy, such as those from patients following allogeneic HSCT (allo-HSCT) or through the use of "off

the shelf" allogeneic-tolerant cells. Preliminary results have shown potential using genetically edited fratricide-resistant allogeneic CAR T cells directed against human T-ALL [40, 41]. Results of these phase 1 clinical trials and long-term follow-up of patients will be critical for determining outcomes and the effects on T-cell-mediated immunity.

CAR T-cell therapy for acute myeloid leukemia

Relapsed and refractory AML remains a difficult clinical scenario. Allo-HSCT, which preferentially requires that patients are in remission, is the standard of care and only potentially curative option for this group of patients, highlighting the need for additional therapeutics. The development of CAR T-cell therapy for use in AML faces many of the same challenges as T-ALL, if not more, particularly due to the lack of an AMLspecific targetable antigen not expressed on normal myeloid progenitors. Currently, there are several clinical trials studying the safety and efficacy of CAR T cells targeting CD33, CLL-1, or CD123 antigens expressed on most myeloblasts. CD33 has proved an effective target for immunotherapy against AML, perhaps highlighted best with the FDA approval gemtuzumab ozogamicin, an anti-CD33 antibody-drug conjugate [42]. Propelled by these results, pre-clinical studies have showed potent antileukemic effects of 3 different anti-CD33 CAR T cells using differing constructs [43]. Early reports have shown responses in 2 patients, one of whom had a CR with the use of a dual anti-CD33/CLL-1 CAR T-cell product prior to proceeding to transplant [44, 45]. Another potential AML-targeted antigen, CD123, while expressed by normal hematopoietic cells and endothelial cells, is also overexpressed on leukemic myeloblasts in comparison to healthy myeloid cells. Pre-clinical data supporting in vivo anti-leukemic activity of anti-CD123 CAR T cells led to a first-in-human clinical trial using second-generation CAR T-cells with a CD28 co-stimulatory domain [46]. Early results showed upfront responses in 5 out of 6 patients with refractory AML following allo-HSCT, 3 of which experienced CR [47]. In an effort to mitigate longterm severe myelosuppression, another trial utilized "biodegradable" anti-CD123 CAR T-cells that were manufactured using T cells that were electroporated with anti-CD123 CAR mRNA and administered as multiple infusions in patients with r/r AML. While the off-target myelosuppressive effects were minimal, the lack of product expansion provided a poor anti-leukemic effect, and the trial was halted due to lack of efficacy [48]. However, the positive safety profile of this product supported the development of a more traditional lentiviral transduction approaches using anti-CD123 CAR T cells with either 4-1BB or CD28 costimulatory domains [49]. These and additional clinical studies using CD33 and CD123-specific CAR T cells are ongoing (Table 2).

In the race to manufacture an effective and minimally toxic CAR T-cell therapy for AML, the primary limiting factor remains lack of a leukemia-specific antigen. Unlike anti-CD19 CAR-T therapy, which results in a relatively benign and manageable toxicity of B-cell aplasia, the destruction of healthy myeloid precursors could lead to profound

neutropenia, anemia, and thrombocytopenia. One strategy to mitigate these potential toxicities, while still allowing for expansion and an antileukemic effect, is to incorporate a "safety switch." An example of this is a current phase 1 study is using anti-CD19 CAR T cells that co-express EGFRt, which can be targeted with the EGFR-specific monoclonal antibody, cetuximab [50]. Other approaches that have been used in CAR T cells targeting B-cell antigens include the use of suicide genes such as iCasp9, HSV-TK, and TMPK, but this technology has yet to be translated over to anti-AML CAR T cells [51, 52]. Despite these mechanisms for reducing off-target toxicity and other barriers that limit the use of CAR T cells against AML such as its inherent heterogeneity and immunosuppressive microenvironment, a continued search for tumor-specific antigens remains of utmost importance.

Treatment challenges

An expanding myriad of challenges have emerged regarding the use of CAR Tcell therapies against leukemias as the use of CAR T cells against B-ALL has expanded through clinical studies and real-world experiences. We highlight some of these challenges and current exploration of solutions to address them below.

Challenges in manufacturing CAR T cells

Collection of adequate T cells from heavily pre-treated patients continues to be a barrier to the production of CART cells. The exact number of peripheral lymphocytes (absolute lymphocyte count; ALC) and CD3⁺ T cells needed for in-specification expansion remains unclear, as most patients have an ALC that is skewed towards the normal range [53]. Experience of Shah and colleagues at the National Cancer Institute suggests that collection of patients with CD3⁺ cell counts as low as 150 cells/μL is feasible for generating CAR Tcell products [26]. Expanding CAR T cells has also proven difficult from certain patients. Chemotherapies commonly used to treat leukemias, such as clofarabine, doxorubicin, cyclophosphamide, and cytarabine, appear to lead to poor-quality CART cells and selective reduction of early lineage T cells in the product [54, 55]. In fact, the optimal ratio of CD4⁺ and CD8⁺ T cells and their developmental lineage remain questions that are currently under investigation. Expansion protocols, timing, and cytokines used for production also appear to alter the potency of anti-leukemic CAR T cells. For instance, early work found that anti-CD19 CAR T cells made from patients with CD19⁺ malignancies were preferentially expanded using a combination of IL-7 and IL-15 rather than IL-2 [56]. This and other work has also shown that anti-CD19-CAR T cells derived from long-lived, self-renewing, multipotent T memory stem cells (T_{SCM}) mediate superior anti-leukemic responses compared to those generated from more terminally differentiated T cells [57, 58•]. Continual optimization of tisagenlecleucel production from clinical trials to real-world experiences highlights the importance of these issues and how such production challenges are likely to be different and must be tailored for CAR T cells directed at dissimilar leukemic targets [59].

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Table 2. Currently recruiting or not-yet-recruiting clinical trials using CAR T-cells for myeloid leukemias (as of February 2021)	ruiting clinical tri	ials using CAR T	-cells for m	yeloid leukemias (as of February 2021)	
Study title	NCT number	Condition treated	CAR	Eligible age	Institution/sponsor	Status
CD123-directed autologous T-cell therapy for acute myelogenous leukemia (CATCHAML)	NCT04318678	AML	CD123	≤ 21 years	St. Jude Children's Research Hospital	Recruiting
Chimeric antigen receptor T-cells for the treatment of AML expressing CLL-1 antigen	NCT04219163	AML	CLL-1	< 74 years	Baylor College of Medicine	Recruiting
Study of anti-CD33 chimeric antigen receptor-expressing T cells (CD33CART) in children and young adults with relapsed/refractory acute myeloid leukemia	NCT03971799	AML	CD33	1–35 years	CIBMTR/NMDP, St. Baldrick's, Children's Hospital of Philadelphia, Children's Hospital of LA, National Cancer Institute	Recruiting
Study evaluating the safety, tolerability, and efficacy of FLT3 CAR-T AMG 553 in FLT3-positive relapsed/refractory AML recruiting	NCT03904069	AML	FLT3	≥ 12 years	Amgen	Not yet
Genetically modified T-cell immunotherapy in treating patients with relapsed/refractory acute myeloid leukemia and persistent/recurrent blastic plasmacytoid dendritic cell neoplasm	NCT02159495	AML	CD123	≥ 12 years	City of Hope, National Cancer Institute, Mustang Bio, Inc.	Recruiting
Study evaluating safety and efficacy of UCART123 in patients with relapsed/refractory acute myeloid leukemia	NCT03190278	AML	CD123	18–65 years	Cellectis S.A.	Recruiting
CD123 redirected T cells for AML in pediatric subjects	NCT04678336	AML	CD123	1–29 years	University of Pennsylvania	Recruiting

Mechanisms of resistance to CAR T-cell therapy

Most data regarding CAR T-cell resistance come from patients treated with anti-CD19 CAR T cells against B-ALL and r/r DLBCL. There are two patterns of post-CAR T-cell relapse, antigen positive (i.e., CD19⁺) or antigen negative (i.e., CD19⁻). The key mechanisms leading to antigen positive leukemic relapse lies in poor in vivo persistence and limited potency of CAR T cells. There are many putative mechanisms for such impotent CAR T-cell products, some of which have been discussed above. They range from the co-stimulatory domain used, with that from 4-1BB showing greater persistence than those from CD28, and starting T cell phenotype and exhaustion characteristics [16, 17, 60•]. Long-term follow-up analysis of patients treated with anti-CD19 CART cells for B-ALL also suggests that children and young adults have longer event-free survival than adult patients, implying that T cell age may play a role [20]. There are now a number of pre-clinical and early phase clinical trials testing the ex vivo addition of small molecules targeting T cell signal transduction pathways, such as BTK and PI3K, to alter differentiation, exhaustion, and metabolic status of CAR T cells against ALL and AML [61–63].

Approximately 10-20% of patients with B-ALL will experience CD19-negative relapse following anti-CD19 CAR T treatment [64]. There are various known mechanisms responsible for B-ALL antigen loss following CAR T-cell therapy including, most commonly, CD19 gene mutation and RNA splice variants [23, 65]. Interestingly, in contrast to CD19, downregulation of CD22 appears to be a major mechanism of escape following anti-CD22 CAR T-cell therapy [25]. As detailed above, in an effort to overcome such antigen loss, dual expressing anti-CD19/CD22 CART cells have been developed against B-ALL. However, recent data suggest that anti-CD22 CAR T cells induce both CD19 and CD22 downregulation and that a method to combat such generalized immune evasion may be through concomitant treatment with epigenetic modifying agents [66]. Heterogeneity of CD19 and CD22 expression on leukemic cell surface exists pre-CAR therapy as well and likely impacts responses to such targeted therapies and is responsible for outgrowth of antigen dim/loss minor leukemic populations [67]. Lastly, genetic instability from leukemic driver mutations also leads to antigen downregulation following mono- or dual-specific CAR T-cell treatment, as was recently detected in TP53-mutated B-ALL in children treated with anti-CD19 CAR T cells followed by either allo-HSCT or anti-CD22 CAR T cells [68]. It is all but certain that we will discover additional mechanisms of resistance in the future following CAR T-cell therapy against different leukemic targets given what we have learned regarding those responsible for anti-CD19 and anti-CD22 CAR T-cell failure.

Toxicities associated with CAR T-cell therapy

A number of significant toxicities have been associated with CAR T-cell therapy for leukemias. Early toxicities include CRS, ICANS, and hemophagocytic lymphohistic ytosis and toxicities directly associated with lymphodepleting chemotherapy [69]. Later toxicities include prolonged cytopenias and hypogammaglobulinemia. The incidence, onset, severity, and duration of these toxicities are dependent on the target antigen, the CAR construct, the specific disease

being treated, and disease burden. The incidence and severity of both CRS and ICANS have been higher in anti-CD19 CAR T-cell therapy for B-ALL, as compared with other diseases.

CRS is the most common toxicity reported with CAR T-cell trials for leukemia. Pathophysiologically, CRS results from high levels of inflammatory cytokines (e.g., IL-6 and IFN-γ) following T-cell activation and proliferation. Clinically, it is manifested by development of fever, headaches, myalgias, hypotension, and hypoxia. The reported overall and ≥ Grade 3 incidences of CRS in the ELIANA trial were 77% and 47%, respectively [9••]. In adult B-ALL trials, the incidences of overall and \geq Grade 3 CRS have been 85–93% and 26–93%, respectively [20, 70]. A high leukemic burden, higher doses of CAR T cells, and CAR constructs containing a CD28 co-stimulatory domain have been associated with an increased risk and severity of CRS. In early CAR T-cell trials, CRS was primarily managed with tocilizumab, as corticosteroids were generally avoided over concerns that they may impede CAR T-cell efficacy. However, subsequent studies demonstrated that these concerns were relatively unwarranted, and corticosteroids are utilized earlier in the course of CRS, particularly if there is lack of early response to tocilizumab. There is generally complete resolution of CRS symptoms, and it is rare for CRS symptoms to persist beyond the first month after CAR T-cell infusion.

The second most common complication of CAR T-cell therapy for leukemia is ICANS, which presents clinically as confusion, delirium, expressive aphasia, weakness, tremor, headache, seizures, altered level of consciousness, and the most serious manifestation, cerebral edema. Cerebral edema can occur relatively suddenly and has been lethal in most cases. ICANS generally does not occur without CRS preceding it, and increased severity of CRS correlates with the risk of developing ICANS. Although generally occurring shortly after CRS and resolving in most cases within 2–4 weeks, ICANS can occur beyond a month after infusion and can persist for several weeks to months. Corticosteroids have been successfully used for the management of ICANS.

Early and late infections have been observed in a significant proportion of leukemia patients treated with CAR T-cell therapy. In the ELIANA trial alone, 43% of patients experienced an infection including 24% experiencing ≥ Grade 3 infections. Early infections can be partially attributed to the immuno- and myelosuppressive effects of lymphodepleting chemotherapy given prior to CAR T-cell infusion, resulting primarily in bacterial infections. Late infections, primarily viral and including CMV, have been attributed to delayed T- and B-cell recovery. The latter is a result of ongoing effects against cells expressing CD19, resulting in clinically significant hypogammaglobulinemia. Bacterial, fungal, and viral prophylaxis has become standard, and intravenous immunoglobulins are commonly employed in patients with hypogammaglobulinemia and recurrent infections. With growing experience, the toxicities associated with CAR T-cell therapy have increasingly become manageable; however, they can be life-threatening and require careful monitoring, adequate supportive care measures, and clinical expertise.

A bridge to transplant or stand-alone therapy?

Despite relatively high remission rates in patients with r/r B-ALL following anti-CD19 CAR T-cell therapy, relapses remain common. In fact, up to 50% of patients will eventually relapse, most within the first 12 months following infusion [9.0, 20]. This begs the question if long-term survival of patients with leukemia would be improved with post-CAR consolidation with allo-HSCT or followed by treatment with alternatively specific CAR T cells. While allo-HSCT is the only established curative treatment for aggressive leukemias to date, there is no consensus on its role following CAR T-cell therapy, and its use as a consolidative treatment remains institutionally specific and may differ between pediatric and adult patients and dependent upon the CAR T-cell product. Ten percent of patients with negative MRD in the initial phase 1 clinical trial of the anti-CD19/4-1BB CAR T product underwent allo-HSCT, and in the extended ELIANA trial, this rose to 14% [9., 71]. However, in another phase 1 study using a different anti-CD19/4-1BB product, median duration of B-cell aplasia was shorter, and 28% of patients underwent allo-HSCT [53]. Consistent with CD28-based anti-CD19 CAR T cells, two phase 1 studies using such products found relatively shorter periods of B-cell aplasia and thereby a larger percentage of patients underwent allo-HSCT, 75% and 83%, respectively [8, 72, 73]. Published phase 1 data in adults is somewhat similar with 39% of patients infused with an anti-CD19/CD28 product and 45% of those infused with an anti-CD19/4-1BB product having undergone allo-HSCT following CAR T-cell infusion [20, 74]. Not surprisingly, one observation from these trials is that patients with shorter periods of B-cell aplasia (~3-6 months) generally do better following allo-HSCT than those who do not undergo transplant. Because shorter periods of B-cell aplasia are found following CD28-based anti-CD19 CAR T-cells, some investigators have proposed that such products should be used to place patients in deep remission prior to allo-HSCT. Conversely, there exists some controversy on what to do following infusion of 4-1BB-based anti-CD19 CAR T-cells and when to "pull the trigger" on allo-HSCT based on surveillance bone marrow detection of hematogones or peripheral B-cell recovery. There currently are no risk stratifications or timeline to B-cell recovery guidelines for pediatric or adult patients who may benefit from allo-HSCT. Until these are determined, the decision to use CAR T cells as a bridge to transplant will remain patient specific and institutional. Regardless of CAR Tcell product, risk stratification should be based upon if patients have a prior history of allo-HSCT, the biology of their disease, their age, and if future CAR Tcell products that target different leukemic antigens show efficacy post-initial CAR T cell failure. Firm establishment of disease risk factors and outcomes of

ongoing clinical trials and evidence provided by real-world data will be key to

Declarations

Conflict of Interest

Katherine Harris declares that she has no conflict of interest. James L. LaBelle declares that he has no conflict of interest. Michael R. Bishop has received research funding from Novartis, Kite Pharma/Gilead, and CRISPR Therapeutics and has received compensation for service as a consultant from Novartis, Kite Pharma/Gilead, Bristol-Myers Squibb/Juno Therapeutics, and Autolus Therapeutics.

answering these questions moving forward.

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