Emerging Therapeutic Potential of Short Mitochondrial‑produced Peptides for Anabolic Osteogenesis

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Abstract

Older women can develop osteoporosis caused by increasing osteoclast (OC) activity more than by the osteoblast (OB) activity that leads to bone fractures. Mitochondria can play an important role in energy production, calcium (Ca^{2+}) sequestration and signaling, oxidative stress, apoptosis, and metabolism. Mitochondrial produced peptides (MPPs) include Mitochondrialderived peptides (MDPs) and OB-activating peptide. MDPs which are secreted by mitochondria, have diferent roles and include humanin, and the novel mitochondrial open reading frame of the 12S rRNA-c, which is utilized to study insulin sensitivity. OB-activating peptide have been detected in the stomach, kidneys and ovaries and previously have shown a marked efect on elevating the expression of alkaline phosphatase and osteocalcin, which are considered OB diferentiation markers. Many researchers have studied diferent mechanisms to induce osteogenesis, such as the Forkhead transcription factors of the O-class family, which maintain mature OBs through their antioxidant activities. Another approach involves the receptor activator molecules of the nuclear factor-κB ligand/osteoprotegerin (OPG) pathway, which depends on increasing the production of OPG to decrease OC activity. More research is needed to investigate the diferent pathways of MPPs in osteogenesis and their relationship to each other in treating various diseases.

Keywords Mitochondrial peptides · Osteogenesis · Osteoblast · Humanin · OBAP

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Introduction

Osteoporosis (OP) is a common pathological condition characterized by a reduction in bone mass, demineralization, and alteration of the bone micro-architecture. OP is usually becoming worse with increasing the age and can lead to bone fractures, particularly in the wrist, femur, and spine. This condition has resulted from the reduction in bone mass either by an increase in resorption or by a decrease in ossifcation. During childhood, bone formation exceeds resorption. As the aging process occurs, resorption exceeds formation.

More than 9 million OP fractures occur per year globally, representing severe social, economic, public health, and clinical problems (Richards et al. [2012\)](#page-14-0). The mortality rate due to hip fractures is currently estimated to be \sim 30% in the developed countries during the frst year after fracture and \sim 40% in the second year (Downey et al. [2019\)](#page-12-0). Moreover, fragility fractures are a leading cause of disability and mortality globally (Veronese et al. [2020\)](#page-15-0).

Bone remodeling, which continues throughout the life span, is mediated by the activities of osteoclasts (OCs) and osteoblasts (OBs) (Feng and McDonald [2011\)](#page-12-1). During this process, the imbalance between formation and resorption of bone leads to the loss of bone, which adversely afects bone architecture and strength (Song et al. [2015](#page-14-1)). Recent research has referred to the key role of the osteoprotegerin/receptor activator molecules of the nuclear factor-κB ligand (OPG/ RANKL) (Pacifico et al. [2018\)](#page-14-2) in the bone-remodeling process. At present, OPG/RANKL is considered a pivotal coupling factor between OC and OB. The main function of OPG and RANKL, which are produced from OBs and stromal cells of the bone marrow, is to prevent OC diferentiation and, in turn, inhibit bone resorption activity.

An advanced study (Ikeda and Takeshita [2014\)](#page-13-0) has posited that the complement component 3a (C3a) and collagen triple helix repeat containing 1 (Cthrc1) act as a channel between OC and OB. C3a is secreted from the mature OCs (mOCs) and activates the process of osteoblastogenesis. However, Cthrc1 is derived from active mOCs during bone resorption and activates OBs' diferentiation. Further research has demonstrated the regulating role of diferent novel transcription factors (TCFs) such as nuclear factor I-C (Lee et al. [2014](#page-13-1)), netrin-4 (Enoki et al. [2014\)](#page-12-2), and omentin-1 (Yin et al. [2017](#page-15-1)) in diferentiation and proliferation of OBs. Interestingly, these novel TCFs and regulators can be used in the therapeutic approach to OP.

In general, OP's therapeutic approach is based on the inhibition of the occurrence of fragility fractures by stimulating new bone formation or reducing the rate of bone resorption. Anti-OP drugs can be used with careful supplementation with Ca^{2+} or vitamin D to increase their effectiveness in preventing fractures (Delmas et al. [1997;](#page-12-3) Diab and Watts [2014](#page-12-4)). Therefore, clinicians face the challenge of prescribing the best treatment option from those available and of choosing the "best drug" for everyone with OP.

OCs and Bone Resorption

Myeloid progenitor cells are the precursors of red blood cells, platelets, granulocytes (polymorphonuclear leukocytes [PMNs]: neutrophils, eosinophils, and basophils), monocytemacrophages, dendritic cells (DCs), and mast cells and osteoclasts (Molawi and Sieweke [2013](#page-14-3)). OCs are multinucleated cells formed via fusion of the precursors of hematopoietic myeloid in the bone marrow near the bone surface. OCs can be identifed in sections stained routinely with hematoxylin and eosin, as well as in the immunohistochemical sections stained for tartrate-resistant acid phosphatase (TRAP). Note that normal bone resorption is not related to TRAP expression, whereas TRAP levels in serum have shown a positive correlation with the bone resorption levels (Wang et al. [2019](#page-15-2)). The diferentiation of OC from OC precursor to fully activated multinucleated OC depends primarily on RANKL, the permissive role of macrophage-colony stimulating factor

(M-CSF), and a member of the tumor necrosis factor (TNF) family (Rachner et al. [2011\)](#page-14-4).

OC precursors are derived in the bone marrow and then move into blood circulation via sphingosine-1 phosphate (S1P) (Meshcheryakova et al. [2017\)](#page-13-2). S1P is secreted from red blood cells by large amounts and moves to the resorption lacunae of the bone marrow by RANKL (Boyce [2013](#page-11-0)), which is produced from OB and immune cells. Moreover, RANKL is produced in bone multicellular units in the bone marrow through OB and stromal cells (Sims and Martin [2015](#page-14-5)), T-lymphocytes (Boyce [2013](#page-11-0)), and osteocytes (Xiong et al. [2015\)](#page-15-3). After RANKL induces RANK activation, several enzymes and key regulatory TCFs are generated to promote OCs' proliferation, diferentiation, multinucleation, activation, and survival (Rachner et al. [2011\)](#page-14-4), resulting in the resorption of bone.

Osteocytes are the most abundant cell type in bone, which act as matrix-forming OBs to form bone surfaces. Normally when OBs complete the matrix-forming task, most undergo apoptosis (Blair et al. [2017\)](#page-11-1), some become embedded within osteoid (the uncalcifed matrix), and the remaining stay on the bone surface. When osteoid mineralization begins, the embedded OBs remains "trapped" and form osteocytes that are released in the following remodeling cycle. These sequenced events allow osteocytes to detect areas of damaged bone that need removal (Dallas et al. [2013\)](#page-12-5).

OCs can produce the secreted form of RANKL; this osteocyte-derived RANKL is needed for the normal remodeling process of bone in adults (Xiong et al. [2015](#page-15-3)). Moreover, M-CSF stimulates OC activities and provides them a long survival (lifespan=∼30 days) within the resorption lacunae. Interestingly, humans and transgenic mice with a loss of RANKL, RANK, or M-CSF have a defciency in mOCs (Nagy and Penninger [2015\)](#page-14-6) and then develop OP (Boyce [2013\)](#page-11-0) due to failure to clear the mineralized matrix from the medulla of the vertebrae and the long bones during the embryonic life. The osteoporotic bones are more fragile compared with normal bones; their sclerotic picture (Teti and Econs [2017\)](#page-14-7) is due to the nature of being composed of weaker woven rather than of strong lamellar bone.

OPG is a natural RANKL antagonist (Schieferdecker et al. [2014\)](#page-14-8) and is characterized by its jellyfsh-like shape and adhesion molecules such as integrins. OCs adhere to the bone surface to form a sealing zone and provide a highly acidic enriched microenvironment (Rachner et al. [2011](#page-14-4)).

OBs and Bone Formation

OBs, the bone-forming cells, are cuboidal cells that are embedded along the surface of the bone, representing 4%–6% of the total number of resident bone cells (Capulli et al. [2014](#page-11-2)). OBs, which originate from mesenchymal stem cells, secrete both Type I collagen (constituting 90% of the protein in bone) and bone morphogenetic proteins (BMPs) that form the initial osteoid bone (Henry and Bordoni [2020](#page-13-3)). These BMPs contain Ca^{2+} -binding proteins such as osteonectin (ON) and osteocalcin (OCN), thrombospondins, multi-adhesive glycoproteins such as bone sialoproteins (BSP-1 [osteopontin; OPN] and BSP-2), alkaline phosphatase (ALP), and diferent proteoglycans. Serum levels of OCN and ALP can be used as a marker for OB activity (Szulc and Bauer [2013](#page-14-9)).

Bone formation rate can estimate a thorough evaluation of the speed and efectiveness of cell precursors from their diferentiation to mature OBs (mOBs) (Rachner et al. [2011](#page-14-4)). These processes are stimulated by intermittent pulses of parathyroid hormone (PTH) and vitamin D (Rachner et al. [2011\)](#page-14-4). OB diferentiation requires the expression of specifc genes in programmed events such as members of the Wingless (Wnt) pathways, BMPs (Houschyar et al. [2019](#page-13-4)), distal-less homeobox 5 (Dlx5), runt-related TCF 2 (Runx2), and osterix (Osx) (Capulli et al. [2014\)](#page-11-2). Moreover, Runx2 plays a pivotal role in the upregulation of OB-related genes, such as ColIA1, ALP, BSP, BGLAP, and OCN (Fakhry et al. [2013](#page-12-6)).

The establishment of Runx2 and ColIA1 expression during OB diferentiation begins the proliferating phase during which OB progenitors stimulate ALP activity and act as pre-OBs (Capulli et al. [2014](#page-11-2)). Following this, pre-OBs mature to OBs, becoming large and cuboidal, and begin to secret BMPs such as OCN, BSP I/II, and collagen Type I (Capulli et al. [2014](#page-11-2)). Recent investigations have stated that fbroblast growth factor (FGF), microRNAs, and connexin 43 have a major role in OB diferentiation (Buo and Stains [2014](#page-11-3)). Mice with a deletion of FGF-2 showed reduced bone mass and an abundance of adipocytes within the bone marrow (Gupta et al. [2010](#page-12-7)). Moreover, microRNAs can contribute to gene expression and diferentiation of OBs (Hassan et al. [2012](#page-12-8)). Several miRNAs have been found to limit osteoblast diferentiation, which is important for bone remodeling regulation. This physiological regulation elicited by miRNAs could be crucial for balancing the processes of bone production and resorption (Vimalraj and Selvamurugan [2013](#page-15-4)). The expression of miR-206, for example, is correlated to osteoblast diferentiation. However, Runx2, a bone-specifc transcription factor, controls the expression of numerous genes and is necessary for osteoblast development. On the other hands, there are miRNAs that control osteoblast differentiation in a positive way, for example, by suppressing ERB1 (TOB1) and sclerostin (SOST), miR-218 has been found to help osteoblasts diferentiate into the fnal stage of generating mineralized tissue (Li et al. [2009](#page-13-5)). Furthermore, one study (Flenniken et al. [2005\)](#page-12-9) has stated that mutation in the connexin 43 encoding gene impairs OB diferentiation.

The production of the bone matrix from OBs takes place in two steps: (1) organic matrix deposition, wherein the OBs

produce collagen proteins (predominantly Type I collagen), non-collagen proteins (BSP II, OCN, OPN, and ON), and proteoglycan (decorin and biglycan); and (2) mineralization, which occurs through the fbrillar and vesicular phases (Yoshiko et al. [2007\)](#page-15-5). The vesicular phase is characterized by the release of matrix vesicles from the domain of OBs' apical membrane to the newly formed bone matrix (Bottini et al. [2018](#page-11-4)), whereas the fbrillar phase is characterized by over aggregation of phosphate and Ca^{2+} ions within the matrix vesicles, resulting in rupture (Hasegawa et al. [2017](#page-12-10)).

In contrast, bone formation can be repressed by supplementing exogenous glucocorticoids or being less activated in some elderly individuals. Moreover, OBs can produce several non-collagenous proteins, such as ON, OPN, OCN, and an extracellular matrix containing Type-1 collagen at the resorption lacunae sites (Rachner et al. [2011](#page-14-4)).

Common Mechanisms in the Possible OP Treatment

FoxO, Oxidative Stress, and Aging

Both aging and estrogen defciency up-regulates the generation of reactive oxygen species (ROS) (Manolagas [2008](#page-13-6)). Continuous generation of ROS during metabolism can result in lipid peroxidation, with subsequent DNA and protein damage. Moreover, a low concentration of ROS can act as signaling molecules for the diferentiation and proliferation of cells (Giorgio et al. [2007](#page-12-11)). Research has shown the relationship between ROS generation and age- or gonadectomyassociated bone loss (Almeida et al. [2010](#page-11-5)). Furthermore, in murine models, osteoporotic features were related to premature aging and oxidative damage (Tyner et al. [2002](#page-15-6)).

Likewise, antioxidants can attenuate osteoclastogenesis, apoptosis of osteocytes and OBs, and gonadectomy-related bone loss (Almeida et al. [2010\)](#page-11-5). In general, cells exhibit several defense mechanisms against ROS, among them the mechanism associated with the Forkhead TCFs of the O class (FoxO) family of TCFs (including four members in mammals: FoxO1/FKHR, FoxO3/FKHRL1, FoxO4/AFX, and FoxO6) (Tzivion et al. 2011). Where, FoxO1, -3, and -4 have been expressed in adults and developing tissues, FoxO6 is specifc to the developing brain. Akt-mediated phosphorylation can play a role in the prevention of FoxO-mediated transcription (Lin et al. [2020\)](#page-13-7).

In contrast, ROS can activate FoxO transcription via promotion of FoxO post-translational modifcations, including phosphorylation of the amino-acid residues remaining after Akt phosphorylated acetylation and ubiquitylation (Calnan and Brunet [2008\)](#page-11-6). This fact suggests the FoxO major protective role against ROS. The FoxO defense mechanism could be exerted via regulation of the transcription of antioxidant enzymes such as catalase and MnSOD, in addition to the regulation of genes contributing to DNA repair and the cell cycle (Salih and Brunet [2008\)](#page-14-10).

Interestingly, a recent study on mice with combined deletion of FoxO1, -3, and -4 or deletion of FoxO3 has demonstrated the antioxidant activity of FoxO through its indispensable role in the survival of hematopoietic stem cell and erythropoiesis due to the attenuation of ROS (Marinkovic et al. [2007](#page-13-8)). Moreover, ß-catenin, a factor essential for the diferentiation of OB (Saidak et al. [2015\)](#page-14-11), is required for ROS-activated FoxO (Ma et al. [2020\)](#page-13-9). In a trial conducted on the OB cell line, ROS stimulated β-catenin−FoxO association and activation of FoxO-induced transcription instead of β-catenin/T-cell specifc TCF-induced transcription and diferentiation of OB (Almeida et al. [2010\)](#page-11-5) (Fig. [1](#page-3-0)).

Moreover, FoxO can inactivate the transcription of PPARγ, which acts as a strong inactivator for osteoblastogenesis (Ma et al. [2020](#page-13-9)). In general, these fndings strongly suggest the role of FoxO physiologic maintenance of mOBs through its antioxidant activities. Furthermore, FoxO can regulate the production of new OBs via modulation of their diferentiation or proliferation by modulating β-catenin or PPARγ.

Calcium‑Sensing Receptor (CaSR) and Bone Homeostasis

Bone remodeling, a physiological process important for skeletal integrity maintenance and Ca^{2+} homeostasis, occurs within BMUs and is controlled by OBs that produce the extracellular matrix and OCs that resorbs old bone (Owen and Reilly [2018\)](#page-14-12). Within the BMU, the extracellular Ca^{2+} $({[Ca²⁺}e)$ should be organized around 0.5–1.5 mm during bone production and mineralization of the extracellular matrix (Lin et al. [2020\)](#page-13-7) and increased up to 2 mm or more during bone resorption (Berger et al. [2001](#page-11-7)). Several in vitro studies have stated that OBs respond to alteration in $(Ca^{2+})e$ (Dvorak and Riccardi [2004\)](#page-12-12). Increased concentrations of $(Ca^{2+})e$ can affect many differentiation stages of OBs and enhance their maturation, proliferation, cell chemotaxis, gene expression, and mineralization of the extracel-lular matrix (Tang et al. [2019](#page-14-13)); therefore, $(Ca^{2+})e$ can control the remodeling process.

The CaSR is a G protein-coupled receptor that responds to fluctuation in $(Ca^{2+})e$ (Young et al. [2015\)](#page-15-8). The CaSR has an important physiological role in kidney cells and the parathyroid gland, regulating the excretion of Ca^{2+} and secretion of PTH (Kallay [2018\)](#page-13-10). Several trials on mice with deletion of the full-length CaSR gene have confrmed the role of the kidney and parathyroid CaSRs in the homeostasis of Ca^{2+} (Hendy and Canaff 2016). Recent studies have provided strong proof that CaSR is expressed in mOCs, OC precursors, OBs (Dvorak et al. [2004](#page-12-13)), and OB lineage (Dvorak et al. [2004\)](#page-12-13), and it also contributes to OB survival and differentiation and to promoting bone formation and mineralization (Dvorak-Ewell et al. [2011\)](#page-12-14). Moreover, CaSR plays a pivotal role in osteoclastogenesis; however, high Ca^{2+} concentrations prevent OC stimulation, resulting in their

Fig. 1 Role of FoxO in osteoprogenitor cells. Reactive oxygen species (ROS) stimulates FoxO-mediated transcription and binding to β-catenin, which convert the limited β-catenin from TCF to FoxO-mediated transcription, resulting in osteoblastogenesis. However, FoxO1 enhances the transcription of runt-related transcription factor2 (Runx2) or alkaline phosphatase (ALP), leading to increased osteoblastogenesis

apoptosis (Sharan et al. [2008](#page-14-14)). In general, this evidence has suggested the role of CaSR in skeletal homeostasis via sensing alterations of Ca^{2+} in the skeletal microenvironment (Al‐Dujaili et al. [2016\)](#page-11-8) (Fig. [2](#page-4-0)).

OPG/RANKL System and Bone

calcium ion

The OPG/RANKL system consists of three components: a ligand, RANKL, a cellular receptor; RANK, a soluble decoy receptor; and OPG. RANKL binding to RANK is required to diferentiate OC precursors to mature cells, for the survival of OCs, and for the activation of mOCs to initiate bone resorption (Park et al. [2017\)](#page-14-15). OPG, produced by the OBs and marrow stromal cells, binds to RANKL, blocking its biological activity by preventing its association with RANK. As a result, OPG inhibits RANKL-induced bone resorption (Infante et al. [2019](#page-13-12)).

Osteocytes and accessory bone marrow cells produce RANKL; this production attracts OC precursors from the bloodstream side toward the resorption lacunae (Arai et al. [2012\)](#page-11-9). Moreover, other TCFs such as PU.1 and microphthalmia-induced TCF (Kawakami and Fisher [2017](#page-13-13)), Wnt5a (Maeda et al. [2012](#page-13-14)), IL-34 (Chen et al. [2011](#page-11-10)), and TNF (Boyce [2013\)](#page-11-0) induce the expression of RANK by OC precursors.

OPG is also produced from the bone marrow accessory cells; its primary function is to limit OC formation with subsequent bone destruction. The concentration of OPG can determine the bone resorption level (Boyce [2013](#page-11-0)). Interestingly, the U.S. Food and Drug Administration has approved the human monoclonal antibody to RANKL to treat various osteolytic disorders such as OP and multiple myeloma (Cos-man [2018](#page-12-15)).

In contrast, RANK is produced from bone marrow immune cells and an increased number of cell types such as

dendritic cells, which are stimulated by RANKL produced from mammary gland cells and T-cells (Nagy and Penninger [2015](#page-14-6)). Moreover, RANK is produced from human prostate and breast cancers (Nagy and Penninger [2015](#page-14-6)), and it is thought that RANKL/RANK are responsible for the metastasis of breast cancer to the bones (Sobacchi et al. [2013\)](#page-14-16). In humans, the RANK encoding gene (TNFRSF11A) mutation is related to juvenile Paget's disease and familial expansile osteolysis with an increased risk of fractures (Coudert et al. [2015](#page-12-16)).

Vital Functions of Mitochondria

Mitochondria have been considered the cell's powerhouse because they produce most of the cellular ATP. The Krebs cycle happens within the mitochondria, causing an electrochemical gradient utilized in ATP production (Salway [2004](#page-14-17)). Furthermore, mitochondria have a vital role in apoptosis, oxidative stress, and Ca^{2+} signaling and sequestration (Drago et al. [2011](#page-12-17)).

Mitochondria are pivotal in the intrinsic apoptotic pathway, which is stimulated by the cellular damage of some cells and relayed on the mitochondria (Kantari and Walczak [2011](#page-13-15)). Furthermore, apoptosis is activated directly by many nucleus-encoded mitochondrial proteins when they are sent out from the mitochondria into the nucleus or cytosol. Moreover, mitochondria are the biggest dynamo of free radicals in cells (Balaban et al. [2005](#page-11-11)).

In cells, the primary source of oxidative stress is free radicals, which can damage and oxidize DNA, lipids, and proteins. In addition to the physiological role of some free radicals, elevated oxidative stress can be accompanied by various diseases, although an advantageous infuence of temporary oxidative stress has been found (Ristow and Zarse [2010](#page-14-18); Ristow et al. [2009](#page-14-19)).

Mitochondria have a comprehensive organization for simplifying the transport of Ca^{2+} through their inner membrane, which has an important role in hormone metabolism, ATP production, and cytoplasmic Ca^{2+} signaling. Derestriction of the mitochondrial Ca^{2+} homeostasis can deactivate the function of intra-mitochondrial enzymes and cause cell mortality. Mitochondrial Ca^{2+} release and uptake vary from other membrane-bound organelles in that this Ca^{2+} release utilizes gated channels and H^+/Ca^{2+} or Na⁺ exchangers, and Ca^{2+} uptake is not conditional on ATP (Drago et al. [2011](#page-12-17)).

Mitochondria has a pivotal role in the keeping of osteoclast activity (Zhang et al. [2018](#page-15-9)). The ATP supply from the mitochondria are important for osteoclast maturation and diferentiation (Aoki et al. [2020](#page-11-12)). ATP molecules are generated mainly by mitochondria but they produce ROS as well as an access product of ATP generation, which are damaging to cells (Liemburg-Apers et al. [2015](#page-13-16)). The activation of osteoclasts is by the interaction of RANKL with RANK receptor which is expressed on osteoclast precursors. This operation also produces oxidative stress through ROS (Lee et al. [2005](#page-13-17)). Oxidative stress might enhance the osteoclast diferentiation ROS (Lee et al. [2005\)](#page-13-17), extra cumulation of intracellular ROS enhances cell death by oxidation of intracellular DNA, lipids, and proteins (Liemburg-Apers et al. [2015](#page-13-16)), and in the late stages of osteoclast maturation, some results revealed a signifcant lowering in mitochondrial membrane potential diferentiation (Aoki et al. [2020\)](#page-11-12).

The theories of bone loss with age pathogenesis are elevating endogenous glucocorticoids secretion (Chiodini et al. [2007](#page-11-13); O'brien et al. [2004\)](#page-14-20) and lowering of sex hormones levels (Aitken et al. [1972;](#page-11-14) Baran et al. [1978;](#page-11-15) Fink et al. [2006;](#page-12-18) Lindsay et al. [1976\)](#page-13-18). Intracellular alterations which develop with age such as, accumulating mitochondrial DNA (mtDNA) mutations, has a marked role in the declining BMD levels due to failure of bone homeostasis. The only DNA polymerase detected in mitochondria is mtDNA polymerase gamma (Polg) which is responsible for repair and replication and of mtDNA inside all cell types (Hance et al. [2005\)](#page-12-19). Another proof for mitochondrial dysfunction as a possible player in osteoporosis pathogenesis is revealed in mice with a mitochondrial transcription factor A (TFAM) knockout specifc to osteoclasts, the result is elevated resorption in comparison to normal osteoclasts (Miyazaki et al. [2012](#page-13-19)). The knockdown of superoxide dismutase (Sod2), an enzyme which prevents mitochondrial oxidative stress, make osteoporosis (Kobayashi et al. [2015](#page-13-20)). During aging process, the accumulation of somatic mtDNA mutations is in post mitotic and mitotic tissue, and somatic stem cell precursors (Taylor and Turnbull [2005\)](#page-14-21). An investigation has revealed that the accumulation of mitochondrial defects in osteoclast at a hurried rate in PolgAmut/mut mice more than aged wild mice (Dobson et al. [2020\)](#page-12-20).

During osteoblastogenesis, intracellular ATP content and oxygen consumption rate are markedly upregulated suggesting inclusion of mitochondria in lineage specifcation of MSCs (Shares et al. [2018\)](#page-14-22). For more details about the mechanisms of modulation of osteogenic diferentiation of MSCs by mitochondrial bioenergetics, researchers have detected the enhancement of canonical Wnt/β-catenin pathway which is a main organizer of bone formation by mitochondria (Scholtysek et al. [2013;](#page-14-23) Shares et al. [2018](#page-14-22)). For protection against endogenous ROS accumulation, MSCs differentiate to activate a highly efficient antioxidant defense system (Chen et al. [2008](#page-11-16)). In the mitochondria of MSCs, there is manganese superoxide dismutase (MnSOD or SOD2) which is the main antioxidant defense system. In MSCs, the MnSOD knockdown leads to impaired osteogenic diferentiation (Gao et al. [2018](#page-12-21)), and it was reported osteoporosis in mice have mesenchymal conditional defciency of MnSOD (Treiber et al. [2011](#page-15-10)).

At the ultrastructural level, the mitochondria morphological change is the main feature of osteogenic diferentiation, which are characterized by mitochondrial elongation and enlargement, activation-related network formation and volume elevation (Forni et al. [2016;](#page-12-22) Palomäki et al. [2013](#page-14-24); Shum et al. [2016\)](#page-14-25). It was reported the increasing of Mitofilin through MSC-mediated osteoblastogenesis (Lv et al. [2018](#page-13-21)). In MSCs, investigations have suggested the enhancement of mitochondrial biogenesis during osteoblastogenesis with elevated protein subunits of the respiratory enzymes, increased mtDNA copy number, and upregulated crucial genes like TFAM (An et al. [2010](#page-11-17); Chen et al. [2008\)](#page-11-16). Furthermore, enhancement of MSCs osteoblastogenesis by TFAM overexpression, while MSC osteogenesis has been inhibited by treatment with mitochondrial biogenesis suppressor such as, zidovudine (An et al. [2010\)](#page-11-17). Moreover, the abundance of β-catenin has been upregulated by elevated mitochondrial biogenesis, so, enhancing of Wnt-mediated osteogenic differentiation of MSCs (An et al. [2010\)](#page-11-17). Further investigations are required to reveal the possible inclusion of mitochondrial mitophagy and fssion to increase the knowledge about the mitochondrial organizing mechanisms related to MSC-mediated osteoblastogenesis.

In HSC-derived osteoclastogenesis, the mitochondrial signifcance has been gradually increased. Mature osteoclasts have many mitochondria and powerful mitochondrial respiratory activity at the end of osteoclast diferentiation (Baba et al. [2018;](#page-11-18) Nishikawa et al. [2015](#page-14-26); Zeng et al. [2015](#page-15-11)). Moreover, deletion of mitochondrial complex I subunit Ndufs4 leading to mitochondrial respiration dysfunction which inhibits osteoclastogenesis resulting in osteopetrosis (Jin et al. [2014\)](#page-13-22). Suppression of mTOR signaling by genetic deletion of mTOR or Torin1 markedly inhibits osteoclastogenesis, indicating that mTOR signaling enhances the osteoclasts formation (Indo et al. [2013\)](#page-13-23). Furthermore, AMPK activation blocks osteoclastogenesis, suggesting a negative role of AMPK in formation of osteoclast (Indo et al. [2013\)](#page-13-23). Further studies are needed to determine the participation of mitochondria in downstream signaling of AMPK and mTOR in osteoclastogenesis.

Mitochondria share in lineage specifcation and stem cell pluripotency based on signaling and metabolic modulations (Shadel and Horvath [2015](#page-14-27)). This organization is signifcant and prominent in the skeletal system of HSCs and MSCs, which has a pivotal role the homeostatic maintenance, development, and regenerative repair of bone (Hsu et al. [2016](#page-13-24); Snoeck [2017](#page-14-28)). Therefore, the therapeutic handlings of mitochondria are studied to oppose bone pathologies and aging and to assist in bone healing (Coleman et al. [2018;](#page-12-23) Lv et al. [2018\)](#page-13-21). Some key matters still to be studied in related to general identifcations of disease-associated and health-associated and mitochondria-targeted intervention in translational investigations are highly required. Interestingly, nanoparticles designed for mitochondria-targeted drug delivery systems, gene editing technologies for mitochondria containing mitochondrially targeted zinc-fnger nucleases (mtZFN) and mitochondrial-targeted transcription activator-like efector nucleases (mitoTALEN) have supplied high therapeutic trends (Bacman et al. [2018;](#page-11-19) Gammage et al. [2018](#page-12-24); Wongrakpanich et al. [2014\)](#page-15-12).

Short Anabolic Peptides Used in OP Treatment

Osteoporosis is an age-related skeletal condition that causes bone fragility and an increased frequency of fractures, both of which are associated with high expenses and signifcant morbidity and mortality. The majority of osteoporosis drugs work by lowering osteoclastic activity and hence lowering bone resorption. The focus has recently shifted to boneanabolic agents. Such substances can boost bone mass and strength, potentially reversing structural damage. Because of their high target binding specifcity, which translates to powerful activity with few side effects, short peptides are an important alternative for the development of novel boneanabolic drugs (Fig. [3\)](#page-7-0).

OB‑Activating Peptide (OBAP)

OBAP, a new 24-amino-acid peptide (Fig. [4](#page-7-1)) that forms a tight hairpin structure, with one leg being an alpha helix, has no Cys, so it is not forming disulfde bonds. OBAP has only fve hydrophobic amino acids that are dispersed (Fig. [1\)](#page-3-0) and induces an increase in many OB diferentiation markers, such as OCN and ALP, as reported by Fukushima et al. ([2010\)](#page-12-25) in Sprague–Dawley rats. Furthermore, the recovery rate against OP caused by gastrectomy was markedly elevated by OBAP supplementation (Fukushima et al. [2010](#page-12-25)). The sequence of amino acids of OBAP encodes the C-terminal side domain of NADH dehydrogenase (ubiquinone) favoprotein 3 (Ndufv3) transcript variant 2, which is localized at the mitochondrial membrane and has been indicated to be a preprotein of OBAP (de Coo et al. [1997](#page-12-26); Kitahara et al. [1996](#page-13-25); Pilkington and Walker [1989;](#page-14-29) Runswick et al. [1989\)](#page-14-30).

The function of Ndufv3 is unknown, but OBAP has been found to be efficient in curing OP stimulated by gastrectomy. Therefore, OBAP is considered a strong candidate against OP (Fukushima et al. [2010\)](#page-12-25). OBAP has been found to be distributed in the parietal cells of the rat stomach (Noreldin et al. [2016\)](#page-14-31). OP is stimulated by gastrectomy in young females and males or ovariectomy in adult females (Andersson et al. [2002\)](#page-11-20). A lack of estrogen explains the infuence of ovariectomy. However, the mechanism by which gastroectomy stimulates OP is still unknown.

Fig. 4 OBAP is composed of 24 amino acids

Parietal cells have been found to secrete estrogen, which has a pivotal role in OP (Ueyama et al. [2002\)](#page-15-13). Gastrin induces parietal cells to secret hydrochloric acid (Kidd et al. [2007](#page-13-26)), and OP happens in mice defective in the gastrin receptor due to the negative infuence on acid secreted by the parietal cells (Schinke et al. [2009](#page-14-32)). One study has mentioned that gastrin stimulates a hypocalcemic agent from the rat stomach, creating the possibility that it might be OBAP (Persson et al. [1989](#page-14-33)). Fukushima et al. [\(2010](#page-12-25)) have reported that OBAP was efficient against OP in a gastroectomized model. Moreover, OBAP is secreted by the parietal cells (Noreldin et al. [2016\)](#page-14-31). Therefore, parietal cells can have a vital role in maintaining a normal level of Ca^{2+} balance in the blood, which might be a cause for OP from gastrectomy.

OBAP is localized at the distal convoluted tubule (DCT) and connecting tubule (CT) (Noreldin et al. [2018\)](#page-14-34); calbindin 28 kDa transports Ca^{2+} actively in these sites (Bindels et al. [1991\)](#page-11-21) under the efects of parathyroid and calcitonin hormones (Hemmingsen [2000](#page-12-27)). This fnding suggests the role of OBAP in Ca^{2+} transportation. Therefore, OBAP can be a sharing factor in the passage of Ca^{2+} into the cells of the CT and DCT, where active Ca^{2+} reabsorption occurs through the transcellular route.

The CaSR is highly expressed in the basolateral membrane and apical surface of the Henle loop (HL) and DCT of the nephrons (Graca et al. [2016\)](#page-12-28) (Fig. [5](#page-8-0)) and in the kidney organizes (Ca^{2+}) e concentrations and regulates Ca^{2+} reabsorption (Vezzoli et al. [2009\)](#page-15-14). Moreover, increased $(Ca^{2+})e$ levels stimulate the CaSR of the DCT, which induce (calcitonin and gastrin) and decrease secretion (parathyroid and insulin hormones) (Riccardi [1999](#page-14-35)). Furthermore, CaSR is expressed in the mOB precursors and OBs (Dvorak et al. [2004](#page-12-13)) and is required to improve bone mineralization and formation (Chattopadhyay et al. [2004](#page-11-22)). Fukushima et al. [\(2010](#page-12-25)) have mentioned OBAP's stimulation and elevation in OB diferentiation, and we have detected the distribution of OBAP in the HL and DCT overlapping areas where CaSR previously has been shown to be expressed (Graca et al. [2016\)](#page-12-28), indicating a possible direct role of OBAP in Ca^{2+} regulation.

The ovarian interstitial endocrine cells (IC) revealed the highest distribution of OBAP, followed by the oocytes of mature Graafan follicles (MGF) and the mature corpus luteum. There was a powerful negative correlation between OBAP and aromatase. Strong positive correlations with receptor activator of nuclear factor-κB (except IC), 3β-hydroxysteroid dehydrogenase (except MGF), and calmodulin (except MGF and IC) were detected. Moreover, OBAP revealed a partial positive correlation between estrogen receptor and progesterone receptor in the corpus

luteum and with IC and calbindin in the MGF (Noreldin et al. [2021\)](#page-14-36).

OBAP could have other advantages as well. More studies of the OBAP receptor types localized at the OB and the distribution of OBAP receptors in all organs are necessary to understand further the diferent mechanisms of OBAP, which can help determine new applications and roles.

Humanin

The frst discovered MDP, humanin (HN), found by Hashimoto et al. (2001) (2001) (2001) , is interesting. HN was revealed by screening protective proteins against amyloid-β, which is a potential cause of Alzheimer's disease, and recently has been shown to have both the capability to connect IGF binding protein 3 (IGFBP3) and an anti-apoptotic infuence (Ikonen et al. [2003\)](#page-13-27), and its analogs can infuence metabolism, such as lowering visceral fat and body weight gain and elevating glucose-induced insulin release (Gong et al. [2015](#page-12-30); Kim et al. [2017](#page-13-28)).

HN is a small amino-acid peptide (NH2-Met-Ala-Pro-Arg-Gly-Phe-Ser-Cys-Leu-Leu-Leu-Leu-Thr-Ser-Glu-Ile-Asp-Leu-Pro-Val-Lys-Arg-Arg-Ala-COOH) (Fig. [6\)](#page-8-1) encoded from a 75- bp ORF sequence within the 1567 bp cDNA, which yields either a 21- or 24-amino-acid polypeptide depending on the location of the translation machinery (Gong et al. [2014](#page-12-31)). HN's biological activities can act as a signal peptide and do not require a signal peptide for secretion (Yamagishi et al. [2003](#page-15-15)). HN is the first novel peptide detected within the mitochondrial genome since 1981 (Anderson et al. [1981](#page-11-23)).

HN relieved renal microvascular remodeling, apoptosis, and infammation in the early stage of kidney disease in hypercholesterolemic mice. This peptide can act as a new

Fig. 6 Humanin is composed of 24 amino acids

treatment to attenuate kidney damage at the beginning of atherosclerosis (Zhang et al. [2012](#page-15-16)).

Kang et al. ([2019\)](#page-13-29) have shown that HN suppresses RANKL-stimulated OC formation and decreases the expression of the genes included in osteoclastogenesis, involving OC-associated receptor, nuclear factor of activated T-cells cytoplasmic 1, TRAP, and cathepsin K. Furthermore, HN elevated the levels of phosphorylated adenosine 5'-monophosphate (AMP)-activated protein kinase (AMPK); compound C, an AMPK inhibitor, recovered HN-stimulated OC diferentiation. In addition, Kang et al. [\(2019\)](#page-13-29) have determined that HN markedly lowers the levels of RANKL-stimulated ROS in BMMs. Therefore, in osteoclastogenesis, HN acts as a suppressor of bone disorders by AMPK activation. An association among life span, HN levels, and growth hormone/IGF-1 (GH/IGF axis) has been detected utilizing diferent mouse models having mutations in the GH/IGF axis (Gong et al. [2014](#page-12-31)).

HN is distributed within all stages of maturation in the rat testis (Moretti et al. [2010](#page-14-37)) and interacts with insulin-like growth factor 1 (IGF-1) to stimulate DNA synthesis that refects on the steroidogenesis and enhanced Leydig cells' survival in culture. This result suggests HN's role as a novel testicular anti-apoptotic factor (Colon et al. [2006\)](#page-12-32).

HN has neuroprotective infuences; it is located in many tissues having an elevated metabolic rate, and its expression lowers with age. In physiological conditions of the brain, HN has been detected in the glial cells. Zárate et al. ([2019](#page-15-17)) have mentioned that surgical menopause stimulates hippocampal mitochondrial dysfunction that imitates an aging phenotype. Humanin expression was lower in the hippocampus of ovariectomized rats and its immunoreactivity colocalized with astroglial markers. Moreover, ovarian hormones increased HN's intracellular content in the astrocytes. Therefore, the relationship between ovarian hormones and HN can provide cues for understanding its role in the aging process.

Many studies have accepted the positive infuences of HN in various domains. Thummasorn et al. have affirmed that HN therapy can treat ischemia–reperfusion injury and indicated that this might be because of a reduction in ROS

generation (Thummasorn et al. [2016](#page-14-38)). Two other articles have revealed the signifcance of HN in neurocognition by revealing that it can avert diazepam-induced memory dysfunction and acts as an anxiolytic agent (Murakami et al. [2017](#page-14-39)). Gidlund et al. [\(2016](#page-12-33)) have detected elevated muscle HN levels during strength training as compared with aerobic exercise (Nordic walking) and control, but circulating levels were not infuenced, concluding that this change could be because of HN's role in glucose metabolism. Recently, for the frst time, von Walden et al. [\(2021](#page-15-18)) discovered that acute endurance exercise (EE) signifcantly increased circulation levels of HN but not resistance exercise (RE); nonetheless, MOTS-C levels showed a trend to rise after EE. These fndings suggest that whereas plasma MDP levels are unrelated to ftness, acute EE is. In addition, the fndings of Woodhead et al. [\(2020](#page-15-19)) revealed that humanin is an exercise-sensitive mitochondrial peptide, that acute exercise-induced humanin responses in muscle are non-transcriptionally controlled, and that this may partially explain the observed increase in plasma concentrations. As the frst MDP detected, HN has been the most inclusively studied, and both functional and structural features have been revealed. Its function as an anti-apoptotic peptide has been thoroughly studied, but its function in cognition is still being investigated.

MOTS‑c

The detection of a short open reading frame (sORF) in the mitochondrial DNA (mtDNA) that encodes a signaling peptide, HN, indicates the possible existence of further sORFs in the mtDNA (Lee et al. [2015\)](#page-13-30). Another sORF within the mitochondrial 12S rRNA encoding a 16-amino-acid peptide (NH2-Met-Arg-Trp-Gln-Glu-Met-Gly-Tyr-Ile-Phe-Tyr-Pro-Arg-Lys-Leu-Arg-COOH) (Fig. [7](#page-9-0)) nominated MOTS-c (mitochondrial open reading frame of the 12S rRNA-c) has been discovered (Lee et al. [2016\)](#page-13-31).

Moreover, MOTS-c has been shown to enhance glucose metabolism via the skeletal muscle and has important functions in organizing obesity and diabetes, representing a novel mitochondrial-signaling mechanism to regulate the

Fig. 7 Mitochondrial open reading frame of the 12S rRNA-c (MOTS-c) is composed of 16 amino acids

metabolism between and within cells (Kim et al. [2017;](#page-13-28) Lee et al. [2016](#page-13-31)). MOTS-c organizes both metabolic homeostasis and insulin sensitivity via AMPK, stimulates AMPK in HEK293 cells, and elevates 5-aminoimidazole-4-carboxamide ribonucleotide levels. Lowering this AMPK stimulation by siRNA or chemical compounds cancels the induced glucose-stimulated glycolytic response. In vivo MOTS-c injection markedly elevated insulin-stimulated glucosediscarding rate and glucose disposal in clamp studies and a glucose tolerance test. Furthermore, MOTS‐c prohibits insulin resistance and high-fat diet (HFD)-stimulated obesity in CD-1 mice and prohibited HFD-stimulated obesity independent of caloric intake in C57BL/6 J mice (Lee et al. [2016](#page-13-31)).

More investigations on whether MDPs modify mitochondrial uncoupling will provide a greater understanding of the reasons for this elevation in oxygen-consuming rate. Because mitochondrial oxygen consuming is linked to ATP production, the elevation in energy production and its TCA cycle metabolites can improve mitochondrial metabolism. The circulating levels of MOTS-c decline with age, similar to HN (Lee et al. [2016](#page-13-31)), suggesting that they are possible aging organizers. As these peptides are derived from the mitochondrial genome, they are included in metabolism and apoptosis; however, there is some overlapping function. Clearly, each MDP also has a unique signaling signature resulting in an individual response. For instance, Kumagai et al. ([2021\)](#page-13-32) proposed that MOTS-c could be a possible therapeutic for insulin resistance-induced skeletal muscular atrophy as well as other muscle wasting phenotypes such as sarcopenia by lowering myostatin expression. MOTS-c impact on myostatin expression is mediated by the CK2- PTEN-mTORC2-AKT-FOXO1 pathways. However, (Kong et al. [2021](#page-13-33)) found that MOTS-c alleviated the development of hyperglycemia and reduced islet-infltrating immune cells by modulating TCR/mTOR complex 1 (mTORC1) signaling. Future investigations are needed to determine these signaling pathways.

MOTS-c signifcantly suppressed RANKL-stimulated OC diferentiation (Ming et al. [2016\)](#page-13-34). Moreover, MOTSc can suppress OP via the AMPK-dependent suppression of osteoclastogenesis (Ming et al. [2016\)](#page-13-34). Yan et al. ([2019](#page-15-20)) have studied the infuences of MOTS-c on bone metabolism and immune cells, revealing in an ultra-high molecular weight polyethylene (UHMWPE) particle-stimulated osteolysis mouse model that MOTS-c treated infammation and bone erosion. MOTS-c elevated the OPG/RANKL ratio in osteocytes, resulting in the suppression of osteoclastogenesis (Fig. [8](#page-10-0)). In primary bone marrow macrophages (BMMs), MOTS-c alleviated NF-κB and STAT1 phosphorylation stimulated by UHMWPE particles. Enhancing ROS production or suppressing peroxisome proliferator-activated receptor γ (PPARγ) coactivator-1α (PGC-1α) by AMPK repression prevented these anti-infammatory infuences. Therefore, MOTS-c can suppress osteoclastogenesis by organizing osteocyte OPG/RANKL secretion and inhibit

infammation by limiting the STAT1 and NF-κB pathways. Furthermore, MOTS-c infuences on NF-κB activation are dependent on the AMPK – PGC-1 α – ROS axis, indicating its possible use for osteolysis. To understand the fundamental mechanism for the impact of MOTS-c on STAT1, Yan et al. [\(2019](#page-15-20)) studied the expression of its upstream proteins, IFN-γ and JAK1, in macrophages. MOTS-c treatment resulted in a drop in JAK1 levels, as well as a considerable downregulation of IFN- mRNA and protein levels, implying that STAT1 suppression is linked to the efects of MOTS-c on IFN- and JAK1(Fig. 8).

Conclusion

OP remains a challenge for older adults in developed countries. MPPs such as HN, MOTS-c, and OBAP can enhance OB activity and build and remodel bones. These peptides hold promise for novel therapeutic candidates for OP treatment. More investigations are needed to understand their mechanisms of action in OP and value for the treatment of other bone-related diseases.

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