#### **RESEARCH ARTICLE**



# **Quantifying H&E staining results, grading and predicting IDH mutation status of gliomas using hybrid multi‑dimensional MRI**

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## **Abstract**

**Objective** To assess the performance of hybrid multi-dimensional magnetic resonance imaging (HM-MRI) in quantifying hematoxylin and eosin (H&E) staining results, grading and predicting isocitrate dehydrogenase (IDH) mutation status of gliomas.

**Materials and methods** Included were 71 glioma patients (mean age, 50.17±13.38 years; 35 men). HM-MRI images were collected at five different echo times (80–200 ms) with seven *b*-values (0–3000 s/mm<sup>2</sup>). A modified three-compartment model with very-slow, slow and fast difusion components was applied to calculate HM-MRI metrics, including fractions, difusion coefficients and T2 values of each component. Pearson correlation analysis was performed between HM-MRI derived fractions and H&E staining derived percentages. HM-MRI metrics were compared between high-grade and low-grade gliomas, and between IDH-wild and IDH-mutant gliomas. Using receiver operational characteristic (ROC) analysis, the diagnostic performance of HM-MRI in grading and genotyping was compared with mono-exponential models.

**Results** HM-MRI metrics  $F_{Dvery-slow}$  and  $F_{Dslow}$  demonstrated a significant correlation with the H&E staining results ( $p < .05$ ). Besides,  $F_{Dvery-slow}$  showed the highest area under ROC curve (AUC=0.854) for grading, while *D*slow showed the highest AUC (0.845) for genotyping. Furthermore, a combination of HM-MRI metrics  $F_{Dverx-slow}$  and  $T2_{Dslow}$  improved the diagnostic performance for grading  $(AUC=0.876)$ .

**Discussion** HM-MRI can aid in non-invasive diagnosis of gliomas.

Keywords Hybrid multi-dimensional MRI · Gliomas · Diffusion · IDH · Histologic

## **Abbreviations**



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# **Introduction**

Glioma is the most common and malignant tumor in the central nervous system (CNS) [[1\]](#page-10-0). The diagnosis of gliomas is based on an integrated morphological and molecular analysis [\[2](#page-10-1)]. The morphological analysis mainly relies on hematoxylin and eosin (H&E) staining, which is the base for histological grading. The molecular analysis is dependent on key molecular biomarkers, among which the isocitrate dehydrogenase (IDH-1 and IDH-2) gene mutations play the most important role [\[3\]](#page-10-2). According to the 2021 World Health Organization (WHO) classification, despite the absence of high-grade histopathologic features, an IDH-wild glioma might be also diagnosed as grade 4 due to its highly aggressive pattern of growth [[4\]](#page-10-3). However, above integrated pathological diagnosis needs invasive procedures, including surgery or needle biopsy [[5](#page-10-4)]. Therefore, developing noninvasive diagnosis tools is essential.

Magnetic resonance imaging (MRI) is a useful imaging tool for the non-invasive diagnosis of gliomas [\[6](#page-10-5)]. Difusion and relaxation are two basic concepts of MRI [[7\]](#page-10-6). Difusion weighted imaging (DWI), which characterizes the random walk of water molecules within the tumor microenvironment [\[8](#page-10-7)], has been shown to be effective in grading and genotyping of gliomas [[9–](#page-10-8)[11](#page-10-9)]. For instance, the most commonly used DWI metric apparent diffusion coefficient (ADC) can be used to grade gliomas [\[9](#page-10-8), [10\]](#page-10-10) and detect IDH mutation status [\[10](#page-10-10), [11\]](#page-10-9). Relaxation MRI, which provides quantitative transverse (T2) and longitudinal (T1 and T1ρ) relaxation maps, has also been applied for the diagnosis of gliomas [[12–](#page-10-11)[17\]](#page-11-0). Among these maps, T2 map has been used for grading gliomas [\[12\]](#page-10-11) and genotyping [[13](#page-10-12)], and is thought to be benefcial for identifying regions of infltration in the clinic. However, despite the usefulness of above difusion and relaxation MRI metrics, they only provided the voxelaveraged information. Thus, it is difficult to directly correlate these difusion and relaxation metrics with the microstructure or compositions of tumor tissues at a sub-voxel scale. Furthermore, because DWI images are both difusion and T2 weighted, variations in T2 relaxation time always cause some difficulty in explaining the changes of the diffusion signal [\[18\]](#page-11-1). Typically, the "T2-shine-through" (due to T2 prolongation) and "T2-blackout" (due to T2 shortening and susceptibility) effects remain pitfalls when using DWI for clinical diagnosis [\[19](#page-11-2)]. As a result, it is critical to quantify and resolve difusion and relaxation properties at the subvoxel level, which might provide substantial benefts in the clinic.

Recently, hybrid multi-dimensional MRI (HM-MRI), a novel sub-voxel imaging tool, has showed potential in diagnosing prostate cancer [[20\]](#page-11-3). HM-MRI simultaneously measures changes in ADC and T2 values as a function of echo time (TE) and difusion weighting (*b*-value), respectively, and uses these changes to depict tissue compositions inside a voxel by assuming three diferent components (lumen, stroma and epithelium) [[20\]](#page-11-3). It was found that fractions of multiple components measured by HM-MRI were strongly related to histological percentages of diferent prostate cancer tissues [[21](#page-11-4)]. Besides, HM-MRI measured fractions and quantitative histological evaluations had equivalent performance for diferentiating and locating malignant lesions [\[21](#page-11-4)]. Moreover, HM-MRI has been suggested to have advantages over multi-parametric MRI  $(T2 + ADC)$  in diagnosing prostate cancer [[22](#page-11-5)]. However, to date, HM-MRI has not been applied in evaluating gliomas. Diferent from prostate cancer studies, challenge emerges when identifying boundaries between tumor cells and stroma cells in glioma tissues. Thus, the clinical value of HM-MRI in diagnosing gliomas requires further validation.

Due to the ability to image at sub-voxel scale, we hypothesized that HM-MRI might aid in the non-invasive detection of histological features of gliomas tissues. We also expected that HM-MRI might help in locating tumor lesions by separating the T2 efect in DWI. Besides, HM-MRI might improve the diagnostic performance of gliomas beyond the use of mono-exponential T2 or difusion models or their combination. Thus, the objective of this study is to fnd the correlation between HM-MRI metrics with quantitative H&E staining results in glioma tissues, and to evaluate the diagnostic performance of HM-MRI metrics in grading and predicting IDH mutation status of gliomas, by comparing it with mono-exponential T2 and diffusion models.

### **Materials and methods**

This prospective study was approved by the Institutional Review Board of our hospital (Ethics number 2020109), and informed consent was obtained from all enrolled subjects. From October 2020 to February 2023, a total of 153 individuals were recruited from the neurosurgery department. The inclusion criteria were as follows: (1) age between 18 and 80 years old; (2) suspected to have intracranial tumors; (3)

absence of MRI contraindications; (4) no relevant treatment history, including surgery, chemotherapy, or radiotherapy; (5) scheduled to receive surgical treatment within a week after the HM-MRI. The exclusion criteria were as follows: (1) inadequate image quality due to signifcant motion or magnetic susceptibility artifacts  $(n=1)$ ; (2) pathological confirmation of non-glioma tumor type  $(n=81)$ . Please refer to Fig. [1](#page-2-0) for the patient selection process fowchart.

## **MRI protocol**

All MRI examinations were conducted using a clinical 3.0 T scanner (uMR 790, United Imaging Healthcare) equipped with a 24-channel phased-array head-neck coil. HM-MRI was acquired through a single-shot echo-planar imaging sequence with a 180° refocusing pulse and the following parameters: field of view  $(FOV) = 200 \times 230$ mm<sup>2</sup> , repetition time (TR)=2000 ms, TE=80, 100, 120, 150, 200 ms, slice thickness = 5 mm, slice number = 7, acceleration = 3.0, gap = 0, flip angle  $(FA)$  = 90°, resolution in plane =  $1.44 \times 1.44$  mm<sup>2</sup>, matrix =  $139 \times 160$ , interpolation for reconstruction = 2, and 7 *b*-values  $(0<sub>1</sub>, 100<sub>1</sub>)$ ,  $200_1$ ,  $400_1$ ,  $800_2$ ,  $1500_3$ ,  $3000_6$  s/mm<sup>2</sup>, while the subscript of *b*-values indicated the number of average times at the

corresponding  $b$ -value), total acquisition time= $8$ min20sec (for each TE, acquisition time  $= 1$ min40sec). Other routine MRI protocols included a 3D T1-weighted gradient echo (T1w-GRE) sequence (TR/TE=7.2/3.1 ms,  $FA = 10^{\circ}$ , resolution = 1 mm isotropic, matrix =  $240 \times 256 \times 256$ , a 3D T2-weighted fuid-attenuated inversion recovery (T2w-FLAIR) sequence  $(TR/TE=6000/430 \text{ ms}, TI=2420 \text{ ms},$ resolution = 1 mm isotropic, matrix =  $240 \times 256 \times 256$ ), and a 2D T2-weighted fast spin echo sequence (T2w-FSE)  $(FOV = 200 \times 230$  mm<sup>2</sup>, TR/TE = 5385/95 ms, slice thick $ness = 5$  mm, slice number = 23, gap = 20%, resolution in plane =  $0.45 \times 0.45$  mm<sup>2</sup>, matrix =  $445 \times 512$ ), followed by a contrast-enhanced T1w-GRE scan.

#### **Data ftting algorithms**

All HM-MRI data were analyzed using an in-house program developed in MATLAB (2023a, MathWorks). T2 maps were calculated from multi-echo T2-weighted images using a mono-exponential signal decay model, which was based on images acquired at *b*-values of 0 s/ mm<sup>2</sup> at all TEs (80, 100, 120, 150, and 200 ms).



<span id="page-2-0"></span>**Fig. 1** The fowchart from initial retrieval to fnal study cohort and the algorithm of the glioma classifcation utilized in our study. The algorithm is based on the WHO CNS5 2021 classifcation of gliomas. \*ATRX lost is enough for the diagnosis of IDH-mutant astrocytoma,

and the detection of 1p/19q is not necessary. \*\*IDH-wild gliomas without molecular features of a glioblastoma and sufficient data for other classifcation

where *S* is the signal at each TE and  $S_0$  is the extrapolated signal  $TE=0$  ms.

The ADC maps were calculated from diffusion data acquired at  $TE = 80$  ms using mono-exponential signal decay:

 $S = S_0 * \exp(-b * ADC)$ 

where  $S_0$  is the signal intensity without diffusion  $(b\text{-value} = 0 \text{ s/mm}^2)$ , *S* is the signal intensity at a certain *b*-value.

We modeled the signal attention of the HM-MRI data from three components: *D*very-slow, *D*slow and *D*fast. The "*D*very-slow" component is considered to represent water molecules strictly limited in cells with a "zero-ADC" [\[23,](#page-11-6) [24\]](#page-11-7). Then, the modifed three-component model is expressed as follows:

<sup>+</sup> *FD*slow exp (  $-b$   $*$  *Dsl* 

 $F_{Dslow} + F_{Dslow} + F_{Dfast}$ 

<span id="page-3-0"></span>**Table 1** The clinic pathological characteristics and molecular features of patient cohort

where  $F_{Dvery-slow}$ ,  $F_{Dslow}$ , and  $F_{Dfast}$  are the volume fractions of each component within a voxel, T2*D*very-slow, T2*D*slow, and T2*D*fast are the T2 values for each component, while *D*slow and *D*fast are the diffusion coefficients for the slow and fast components. *S* is the signal intensity at each combination of TEs and  $b$ -values; and  $\delta$  is the extrapolated signal intensity at  $TE=0$  ms calculated with the above mono-exponential T2 model. All metrics were obtained from voxel-by voxel ftting using the Nonlinear Least Squares (*lsqnonlin*) method of the *Optimization Toolbox*. Before the HM-MRI ftting, some initial values and constraints should be set. In this study, the lower and upper limits for  $F_{Dvery\text{-slow}}$  is [0, 0.33], for  $F_{Dslow}$ is [0, 1], and for  $F_{D\text{fast}}$  is [0, 1], while the initial values for  $F_{D \text{very-slow}}$ ,  $F_{D \text{slow}}$ , and  $F_{D \text{fast}}$  are 0.1, 0.7, 0.2, respectively. It

should also be noted that the ftting included the constraint  $F<sub>I</sub>$ . The lower and upper limit for *D*slow is [0.00001 mm<sup>2</sup>/s, 3.0 mm<sup>2</sup>/s], for *D*fast is  $[1.0 \text{ mm}^2/\text{s}, 20 \text{ mm}^2/\text{s}]$ , and the initial values for *D*slow and *D*fast is  $1.0 \text{ mm}^2/\text{s}$  and  $5.0 \text{ mm}^2/\text{s}$ , respectively. The overlap  $[1.0 \text{ mm}^2/\text{s}, 3.0 \text{ mm}^2/\text{s}]$  of the range for *D*slow and *D*fast is necessary in our study, since we considered an exchange of the water molecules between the extravascular extracellular space (EES) and vessels may exist due to damaged brain-blood barrier (BBB) in gliomas. As for T2<sub>*D*very-slow</sub>, T2<sub>*D*slow</sub>, and T2<sub>*Dfast*</sub>, the lower and upper limit is [0 ms, 2500 ms], and the initial values are 50 ms, 100 ms and 500 ms, respectively. To explore the possible T2 of diferent component, especially for the "zero-ADC" component, here we use the same lower and upper T2 limit for all components. The ftting code of this study can be downloaded at<https://github.com/sysunwenbo/HM-MRI>.

and enhanced 11-weighted images) to cover solid parts of<br>gliomas and exclude obvious vessels, hemorrhage, necro-With the open-resource tool ITK-SNAP [[25\]](#page-11-8), regions of interest (ROIs) were delineated on  $b = 800$  s/mm<sup>2</sup> images by referencing routine MRI images (T2w-FSE, T2w-FLAIR, and enhanced T1-weighted images) to cover solid parts of sis, cystic, and edema areas. Two radiologists (with fve and ten years of clinical experience) were asked to draw ROIs blinded to pathological diagnosis and reach a consensus. Only one ROI was used for analysis for each subject.

#### **Pathological examination**

For H&E staining, glioma samples were fxed in 4% paraformaldehyde, embedded into paraffin and sliced into 4-μm-thick histological sections. For the IDH (including IDH-1 and IDH-2) gene mutation status, Sanger sequencing was performed. Other important molecular biomarkers were identifed by immune-histochemical (IHC) analysis or Sanger sequencing. The classifcation of gliomas was performed by an experienced neuropathologist with 10 years of clinical experience following the latest WHO 2021 guidance for CNS tumors. The grading and classifcation results are presented in Table [1.](#page-3-0)



IDH, isocitrate dehydrogenase;

a IDH-wild gliomas without molecular features of a glioblastoma and enough molecular information for other classifcation, especially for pediatric-type difuse gliomas in young adults

<sup>b</sup>In the dataset, the other cohort were graded as 2 or 3 based on the histologic features

It is important to highlight that the quantitative analysis and interpreting for H&E staining in our study signifcantly difer from previous study in prostate cancer [[20](#page-11-3)]. To quantify the H&E staining results, an automated extraction method was applied: this involved utilizing a multi-channel RGB threshold tool in ImageJ to separate tissues, enabling visual extraction of three distinct areas, including cell nuclear area, a combination of cytoplasm and extracellular matrix areas, as well as background area (containing fuid in EES and vessel areas). This defnition arises due to the difference between glioma tissues and prostate cancer tissues. It is challenging to distinguish between the stroma and tumor cells within glioma tissues using H&E staining, as well as to separate the extracellular matrix area from the cytoplasm area. Hence, the cytoplasm and extracellular matrix areas were considered as one compartment. To quantify the H&E staining results, the following steps were followed:

**Step1**: choose a representative H&E staining image and an ROI.

**Step2**: using the "*Split Channel*" function in the ImageJ.

**Step3**: using the "*Threshold*" function for red channel in the ImageJ to calculate the percentage of cell nuclear area (f1).

**Step4**: using the "*Threshold*" function for green channel in the ImageJ to calculate the percentage of a combination of cell nuclear area (f1) and cytoplasm and extracellular matrix areas (f2).

**Step5**: the percentage of background area f3 equals to 1-f1-f2.

**Step6**: repeat the preceding steps three times for three ROIs to obtain the average value of f1, f2, and f3.

#### **Statistical analysis**

All parameters were presented in the text as mean  $\pm$  standard deviation (SD). The Mann–Whitney U test was used to compare all metrics between high-grade and low-grade gliomas, and between IDH-wild and IDH-mutant gliomas. The normal distribution of all parameters was confrmed using the Kolmogorov–Smirnov test. Receiver operating characteristic (ROC) analysis was performed for all imaging metrics and their combinations, and the area under the ROC curve (AUC) for grading gliomas and predicting IDH mutation status was computed. The optimal cutoff points were determined using the highest Youden index to achieve the best sensitivity–specifcity balance. A forward binary logistic regression (LR) analysis was utilized to identify the best set of predictors with default entry and removal criteria of 0.05 and 0.10. The Pearson correlation analysis was performed between the fractions derived from HM-MRI as well as ADC and the percentages derived from quantitative H&E staining results. Statistical analysis was conducted using SPSS v24.0 (Chicago, IL) and the R package v4.2.0 (R Core Team, 2022). A *p*-value of<.05 indicated statistical significance.

# **Results**

Table [1](#page-3-0) indicates that the study included a total of 71 subjects (35 males and 36 females; age range 19–78 years, mean age  $50.17 \pm 13.38$  years), consisting of 18 low-grade gliomas and 53 high-grade gliomas (19 IDH-mutant cases and 52 IDH-wild cases). Figure [2a](#page-5-0), b illustrates the routine clinical and difusion images of a low-grade IDH-mutant case and a high-grade IDH-wild case, respectively. It was obvious that compared to the high-grade IDH-wild case, the low-grade IDH-mutant example exhibited a lower  $F_{Dverv-slow}$ and a higher  $F_{Dslow}$ . Figure [2](#page-5-0) also indicates that HM-MRI was more effective in locating tumor lesions than the monoexponential DWI. For the IDH-mutant case in Fig. [2](#page-5-0)a**,** if we didn't look at the T2 image, it is quite easy to identify the high signal intensity part (white arrow) at the b800 images as a restricted difusion region. Nevertheless, by looking at HM-MRI metrics T2<sub>Dvery-slow</sub> and T2<sub>Dslow</sub>, it is quite easy to confrm it is a typical "T2-shine-through" case**.** For the IDH-wild high grade case in Fig. [2](#page-5-0)b, when we looking at the b800 images, it was obvious that there is a low signal intensity part (white arrow) at the b800 images which might be regarded as edema region with slightly increased ADC. However, when we reference the HM-MRI metrics  $F_{Dvery-slow}$ and  $F_{Dslow}$ , we found no significant difference between this low intensity part and other parts of the tumors. Through verification using the HM-MRI metrics  $T2<sub>Dveryslow</sub>$  and T2<sub>Dslow</sub>, this area was identified as a "T2-blackout" region.

#### **Correlation of metrics with quantitative H&E results**

Figure [3](#page-6-0) shows an example of segmented H&E staining images used for quantitative histologic evaluations of the two glioma cases mentioned above. As shown in Table [2,](#page-6-1) we found signifcant correlations between HM-MRI metric  $F_{Dvery-slow}$  with the percentage of cell nuclear area  $(rho=0.270, p<.05)$  and the combination of cytoplasm and extracellular matrix areas (rho=−0.289, *p*<.05). Besides, the HM-MRI metric  $F_{Dslow}$  showed significant correlation with the percentage of cell nuclear area (rho =  $-0.305$ , *p*<.01) and the combination of cytoplasm and extracellular matrix areas (rho=0.344,  $p < .01$ ).

The Bland–Altman and linear regression plots both suggested a good correlation between  $F_{Dvery-slow}$  and the percentage of the cell nuclear area and  $F_{Dslow}$  with the combination of cytoplasm and extracellular matrix areas, as shown in Fig. [4](#page-7-0). However, as shown in Table [2](#page-6-1), no signifcant correlation between the quantifed H&E fndings with the ADC,



<span id="page-5-0"></span>**Fig. 2 a** Images obtained from a 45-year-old male with an isocitrate dehydrogenase 1 (IDH-1) mutant astrocytoma of WHO grade 2. Regions of interest (red circle) are marked on parametric maps and co-registered to the  $b = 800 \text{ s/mm}^2$  map. The T2-shine-through region was shown in T2w-FSE and b800 images (the white arrow), with a higher signal intensity than the normal brain tissues. **b** Images obtained from a 56-year-old male with glioblastoma, WHO grade 4. Regions of interest (red circle) are marked on parametric maps and

and the percentage of background areas with the  $F_{D<sub>fast</sub>}$  was found.

#### **Comparison of metrics for grading gliomas**

As shown in Table [3,](#page-7-1) a signifcant diference in the combination of cytoplasm and extracellular matrix areas was found between high-grade and low-grade gliomas (*p*<.05). In Table [4](#page-8-0), except for the HM-MRI metrics  $F_{D\text{fast}}$ , *D*fast and T2<sub>Dfast</sub>, all metrics significantly differentiate high-grade gliomas and low-grade gliomas. High-grade gliomas had significantly higher  $F_{Dvery-slow}$  compared to low-grade gliomas, while  $F_{Dslow}$ , *Dslow*, T2<sub>*Dvery-slow*</sub>, T2<sub>*Dslow*</sub>, and global T2 and ADC derived from mono-exponential models, were all significantly lower in high-grade gliomas  $(p < .05)$ . Moreover, Table [5](#page-8-1) highlights that  $F_{Dvery-slow}$  achieved the highest AUC (0.854) for grading gliomas. Using the LR analysis, we discovered that the combination of HM-MRI metrics  $F_{Dvery-slow}$  and  $T2_{Dslow}$  enhanced the AUC to 0.876.

co-registered to the  $b = 800 \text{ s/mm}^2$  map. Obvious vessels, necrosis, and edema areas were marked as blue regions and removed during the statistical analysis. The T2-blackout region is shown in T2w-FSE and b800 images (the white arrow), with a lower signal intensity than the other part of the tumors. The unit for parameters ADC, *D*slow, and *D*fast are  $\times 10^{-3}$  mm<sup>2</sup>/s, while the unit for global T2, T2<sub>*Dvery-slow*,</sub>  $T2_{Dslow}$ ,  $T2_{Dfast}$  are milliseconds (ms). The  $F_{Dvery-slow}$ ,  $F_{Dslow}$  and  $F_{Dfast}$ are unitless

Figure [5a](#page-9-0), b displays the ROC curves for grading gliomas using diferent metrics.

# **Comparison of metrics for predicting IDH mutation status**

As shown in Table [3,](#page-7-1) no signifcant diference in quantitative H&E staining results was found between IDH-mutant and IDH-wild groups. However, in Table [4](#page-8-0), it is evident that all metrics, except for the HM-MRI metrics  $F_{D<sub>fast</sub>}$  and *D*fast, were able to signifcantly diferentiate IDH-mutant gliomas from IDH-wild gliomas. Specifcally, the IDH-wild gliomas had signifcantly higher F*D*very-slow value compared to the IDH-mutant gliomas, while  $F_{Dslow}$ , *Dslow*,  $T2_{Dvery-slow}$ , T2<sub>Dslow</sub>, T2<sub>Dfast</sub>, global T2 and ADC were all significantly lower in IDH-wild gliomas ( $p < .05$ ). By performing the LR analysis, the *D*slow alone still showed the highest AUC (0.845) for predicting IDH mutation status. Figure [5c](#page-9-0), d displays the ROC curves for predicting IDH mutation status using diferent metrics.



<span id="page-6-0"></span>**Fig. 3** Representative H&E staining images (resolution 400x) for quantitative histologic evaluation in which tissue was segmented into cell nuclei area (f1), a combination of cell nuclei area, cytoplasm and extracellular matrix areas  $(f1+f2)$ , and background area  $(f3)$  for two patients shown in Fig. [2,](#page-5-0) respectively. The tissue composition estimated using hybrid multidimensional MRI and quantitative histologic evaluation showed good agreement for both IDH mutant case (HM-

MRI vs histology: cell nuclei area, 6.41% vs 11.54%; cytoplasm and extracellular matrix areas, 84.23% vs 72.10%; and background area, 9.35% vs 16.36%) and IDH wild case (cell nuclei area, 9.80% vs 17.29%; cytoplasm and extracellular matrix areas, 77.63% vs 66.67%; and background area, 12.58% vs 16.04%). H&E=hematoxylin and eosin

<span id="page-6-1"></span>**Table 2** Pearson rho values between the ADC and HM-MRI derived fractions with percentages of diferent H&E staining areas among all subjects



\*Correlation was found be significant  $(p < .05)$ 

\*\*Correlation was found be signifcant (*p*<.01)

# **Discussion**

The objective of this study was to evaluate the efficacy of HM-MRI in quantifying H&E staining results, grading and predicting IDH mutation status. Our results revealed  $F_{D \text{very-slow}}$  and  $F_{D \text{slow}}$  had modest correlation with the quantitative H&E staining results. Besides, we found that HM-MRI metric  $F_{Dvery\text{-slow}}$  exhibited the highest AUC for grading gliomas, and HM-MRI metric *D*slow exhibited the highest AUC for genotyping, outperforming the monoexponential T2 or difusion models, or their combination. Furthermore, integrating the HM-MRI metrics  $F_{D \text{very-slow}}$ and T2<sub>Dslow</sub> resulted in improvement of the AUC for grading gliomas. Altogether, these fndings suggest that HM-MRI could potentially be used as a valuable tool for diagnosing gliomas in clinical settings.

In this study, a modified three-compartment model with the "zero-ADC" assumption was utilized to ft the HM-MRI data, which distinguished itself from the general three-compartment model used in prior HM-MRI studies [[20](#page-11-3)][\[21\]](#page-11-4). Our decision to use this modifed model and the "zero-ADC" assumption was inspired by two difusion studies conducted on normal brain tissue and gliomas [[23](#page-11-6), [24](#page-11-7)]. Zeng et al. [23] demonstrated that the modified three-compartment model provides better fts for difusion data compared to the original three-compartments model in white matter. Cao et al. [[24](#page-11-7)] suggested that the "zero-ADC" component may be linked to the expression of aquaporin-4 (AQP4) and changes in membrane permeability in tumor cells of gliomas. However, both Zeng et al. and Cao et al. did not perform correlation analysis with histologic fndings.

In our study, we investigated the correlations between HM-MRI metrics and quantitative H&E evaluations. We did observe a positive correlation between the HM-MRI metric  $F_{Dvery-slow}$  with the percentage of cell nuclear area in H&E staining images. Our fndings suggested that the "zero-ADC"



<span id="page-7-0"></span>**Fig. 4** Bland–Altman plots of diferences in histologic measurements (*y*-axis) against the HM-MRI measurements (x-axis), with a mean absolute diference (bias) (red dashed lines) and 95% confdence

intervals of the mean diference (limits of agreement, LOA) (black dashed lines) (**a1**, **b1**, **c1**), and the corresponding linear regression plots (**a2**, **b2**, **c2**)

<span id="page-7-1"></span>**Table 3** Mean values  $\pm$  SD of percentages of diferent H&E staining areas between the HGGs and LGGs group, and between the IDH mutant and the IDH wild group



*HGGs* high grade gliomas, *LGGs* low grade gliomas, *IDH* isocitrate dehydrogenase,*IDH-WILD* IDH wild type gliomas, *IDH-MUT* IDH mutant type gliomas,

\*Significant difference was found  $(p < .05)$ 

component might represent the highly restricted water molecules within tumor cells, predominantly located in the cell nuclei, rather than the changes in membrane permeability suggested by Cao et al. [[24\]](#page-11-7). A previous pathological study showed that the fraction of cell nuclear area exhibited positive correlation with glioma grades [\[26](#page-11-9)], which could support our finding in F<sub>Dvery-slow</sub>. Additionally, we discovered a higher value of T2<sub>*Dvery-slow* than T2<sub>*Dslow*</sub>, which may confirm</sub> our idea about the "zero-ADC" component, as water molecules positioned in cell nucleus may not also have a very short T2. Regarding the "*D*slow" component, it was found that high-grade gliomas had a signifcantly smaller combination of cytoplasm and extracellular matrix regions than low-grade gliomas, and that  $F_{Dslow}$  and the cytoplasm and extracellular matrix areas correlated the most (rho $=0.344$ ). Although  $F_{Dslow}$  was suggested to be related with the fraction of the EES in pervious difusion studies [\[24](#page-11-7), [27](#page-11-10)], the range of *D*slow and T2<sub>*D*slow</sub> together in this HM-MRI study indicated the F<sub>Dslow</sub> might be more correlated with the percentage of stroma areas, which was consistent with the previous prostate cancer studies [\[20–](#page-11-3)[22\]](#page-11-5). Given the higher level of  $F_{Dverv-slow}$ , the much smaller stroma areas in high-grade gliomas compared to low-grade gliomas could be attributed to increased intracellular space of tumor cells, high interstitial fluid pressure, and angiogenesis. The  $F_{D<sup>f</sup>ast}$  showed no signifcant diference across groups, which could be attributed to the fact that we selected a lower limit of  $1.0 \text{ mm}^2/\text{s}$  for this component during the HM-MRI ftting. Thus, the "*D*fast"

<span id="page-8-0"></span>Table 4 Mean values  $\pm$  SD of each MRI-derived parameters of different models between HGGs group and LGGs group, and between IDHmutant group and IDH-wild group

Model	Metrics	HGGs	LGGs	$p$ -value	<b>IDH-WT</b>	<b>IDH-MUT</b>	$p$ -value
Mono-exp	ADC.	$0.42 + 0.11$	$0.59 + 0.18$	$.000***$	$0.41 + 0.10$	$0.60 + 0.18$	$.000***$
	$T2_{\text{global}}$	$110.29 + 25.09$	$136.72 + 24.08$	$.000***$	$109.88 + 23.92$	$136.45 + 26.84$	$.000***$
HM-MRI	$F_{D}$ very-slow	$10.27 \pm 2.65$	$6.87 + 2.04$	$.000***$	$10.26 + 2.64$	$7.06 + 2.27$	$.000***$
	$F_{Dslow}$	$77.30 + 5.06$	$81.07 + 5.18$	$.010*$	$77.28 + 5.36$	$80.92 + 4.27$	$.014*$
	$F_{D\text{fast}}$	$12.43 + 4.89$	$12.07 + 4.25$	.781	$12.46 + 4.98$	$12.02 + 3.98$	.969
	<b>D</b> slow	$1.20 + 0.23$	$1.54 + 0.31$	$.000***$	$1.18 + 0.22$	$1.56 + 0.30$	$.000***$
	<b>D</b> fast	$8.01 \pm 1.71$	$8.10 + 2.89$	.781	$8.24 + 2.06$	$7.48 + 1.96$	.253
	$T2_{Dvery\text{-slow}}$	$213.77 \pm 79.25$	$320.06 + 165.32$	$.008**$	$211.45 + 74.53$	$320.81 \pm 165.54$	$.004**$
	$\text{T2}_{D\text{slow}}$	$107.39 \pm 21.74$	$132.45 \pm 22.95$	$.000***$	$107.27 + 19.94$	$131.47 \pm 27.43$	$.001**$
	$T2_{D\text{fast}}$	$946.51 \pm 177.29$	$1018.41 + 216.08$	.178	$932.66 \pm 181.13$	$1052.54 \pm 186.25$	$.019*$

The parameters ADC,  $D_{slow}$ , and  $D_{fast}$  are measured in units of  $\times 10^{-3}$  mm<sup>2</sup>/s,  $F_{Dvery-slow}$ ,  $F_{Dslow}$  and  $F_{Dfast}$  are measured in percentages (%), while  $\text{T2}_{\text{global}}, \text{T2}_{\text{Dvery-slow}}, \text{T2}_{\text{Dslow}}, \text{T2}_{\text{Dfast}}$  are measured in milliseconds (ms)

*Mono-exp* mono-exponential, *HM-MRI* hybrid multidimensional, *HGGs* high grade gliomas, *LGGs* low grade gliomas, *IDH* isocitrate dehydrogenase, *IDH-WILD* IDH wild type gliomas, *IDH-MUT* IDH mutant type gliomas, *ADC* apparent diffusion coefficient, T2global global mean T2 value



\*\*\**p*<.001

<span id="page-8-1"></span>**Table 5** ROC analysis of each MRI-derived metric and their combinations in grading and predicting IDH mutation status of gliomas



*Mono-exp* mono-exponential, *HM-MRI* hybrid multi-dimensional MRI, *Combination* a combination of HM-MRI metrics, *ADC* apparent diffusion coefficient,  $T2_{global}$  global mean T2 value

<span id="page-9-0"></span>**Fig. 5** Graph shows the ROC curves of each parameter for grading gliomas (**a**, **b**) and discrimination between the IDH-wild group and the IDHmutant group (**c**, **d**). The highest AUC in grading was observed with the  $F_{Dvery\text{-slow}}$ , while the highest AUC in predicting IDH mutation status was observed with the *D*slow. AUC, area under curve



component could capture fuid in both EES and vessels and corresponded to the background area in the H&E staining. And  $F<sub>Dfast</sub>$ 's low specificity may restrict its diagnostic performance. By correlating HM-MRI metrics with quantitative H&E results, our study provided a pathological perspective of the fraction metrics, which has not been reported in previous three-compartment difusion studies [\[24](#page-11-7), [27](#page-11-10)].

Mono-exponential model metrics, such as ADC and T2 map, have been extensively studied for their potential in clinic. Several studies have already used ADC or T2 map alone for grading and predicting IDH mutation status, and showed modest to good performance for ADC [[9–](#page-10-8)[11](#page-10-9)] and T2 [[12,](#page-10-11) [13](#page-10-12)]. However, both ADC and T2 are complex refections of the heterogeneity of tumor tissues within a voxel, which may limit their diagnostic performance. Compared with ADC alone, T2 alone or their combination, this study manifested that HM-MRI metric  $F_{D \text{very-slow}}$  achieved a higher AUC in grading gliomas. This might be due to that  $F_{D\text{very-slow}}$ is a sub-voxel metric, which is correlated with the histologic features within a voxel. This study also found that the HM-MRI metric *D*slow had a greater AUC than the ADC in diagnosing IDH mutation status. *D*slow's superior performance could be attributed to the fact that it refected the difusion coefficient of stromal areas, and the extracellular matrix of the tumor microenvironment in IDH-mutant and IDH-wild gliomas could difer signifcantly. Furthermore, in this study, the LR analysis revealed that the combination of HM-MRI

metrics  $F_{D \text{very-slow}}$  and  $T2_{D \text{slow}}$  further improved the performance in grading gliomas. This improvement might be due to that the HM-MRI provides not only difusion information, but also fraction and T2 information at the sub-voxel level.

More specifcally, by combining HM-MRI with the modifed three-compartment model, this study showed that HM-MRI was able to resolve microenvironments that possess comparable ADC but diferent T2 values or similar T2 values but diferent ADC. Therefore, it was able to solve the drawbacks of DWI in detecting tumor lesions with T2-shine-through and T2-blackout effects, as shown in Fig. [2.](#page-5-0) Besides, our HM-MRI approach revealed that T2*D*very-slow, T2*D*slow and T2*D*fast were all signifcantly lower in IDH-wild gliomas than in IDH-mutant gliomas. Our observations in T2*D*very-slow, T2*D*slow and T2*D*fast could be attributed to diferences in the compositions of the microenvironment within the intracellular space, EES, and intravascular space between IDH-wild and IDH-mutant gliomas. It is possible that more severe disruption of the BBB in IDH-wild gliomas compared to IDH-mutant gliomas allows for more leakage of plasma substances into the EES [[28\]](#page-11-11). Additionally, cytokines, chemokines, and metabolites secreted within tumor microenvironment could be diferent between IDH-wild and IDH-mutant gliomas, which may also contribute to the observed diferences in T2 values. For instance, IDH mutation might lead to the production of the 2-hydroxyglutarate (2-HG) and increased levels of nicotinamide adenine dinucleotide phosphate (NADPH) [[29\]](#page-11-12). As a result, our fndings indicate the potential value of HM-MRI in the clinic by refecting some information relating to the compositions across diferent compartments within the tumor microenvironment via T2 values, in addition to the microstructure features of gliomas tissues via fractions and diffusion coefficients.

Several limitations of this study should be acknowledged. First, HM-MRI in this study had a small coverage (only 7 slices) and long scanning time (8min20sec). This acquisition limitation could be addressed using more efficient strategies, such as simultaneous multi-slice (SMS) [\[30\]](#page-11-13) and ZEBRA acceleration [[31\]](#page-11-14). Second, the ROI-based method used in this study was operator-dependent and may have introduced some bias. Third, despite a simple semi-quantitative method was employed for histologic evaluations, we still faced challenges in distinguishing boundaries between glioma cells and stroma cells through H&E staining. In the future, quantitative methods may be needed to analyze H&E staining or IHC results and to fnd more correlations between histologic fndings with the HM-MRI metrics. Besides, it should be highlighted that all HM-MRI metrics were based on a whole tumor analysis, while histology evaluations were performed on a certain sample. Although we did found some correlation, further biopsy studies under MRI-guided navigation and a voxel-matched comparison is necessary. Finally, while we conducted this work at 3.0 T, it is worth noting that this HM-MRI approach is equally applicable at 1.5 T. Because biological tissues at 1.5 T have a longer T2 and fewer susceptibility artifacts than at 3.0 T, this HM-MRI approach may have some advantage at 1.5 T over 3.0 T, particularly for detecting bleeding lesions with short T2. Further research at 1.5 T is required to corroborate our idea.

In conclusion, our study highlights the promise of HM-MRI as a valuable non-invasive diagnostic tool in the management of gliomas, by correlating HM-MRI metrics with quantitative H&E staining results, grading and predicting the IDH mutation status.

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**Data availability** For ethical considerations, the data supporting the study's conclusions are not publicly available; however, they are available from the corresponding author upon appropriate request.

## **Declarations**

**Conflict of interest** The authors declare no confict of interest.

**Ethical statement** All enrolled subjects provided informed consent, and the ethics committee of our hospital approved this prospective study (Ethics number 2020109).

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