RESEARCH ARTICLE



Quantifying H&E staining results, grading and predicting IDH mutation status of gliomas using hybrid multi-dimensional MRI

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Abstract

Objective To assess the performance of hybrid multi-dimensional magnetic resonance imaging (HM-MRI) in quantifying hematoxylin and eosin (H&E) staining results, grading and predicting isocitrate dehydrogenase (IDH) mutation status of gliomas.

Materials and methods Included were 71 glioma patients (mean age, 50.17 ± 13.38 years; 35 men). HM-MRI images were collected at five different echo times (80–200 ms) with seven *b*-values (0–3000 s/mm²). A modified three-compartment model with very-slow, slow and fast diffusion components was applied to calculate HM-MRI metrics, including fractions, diffusion coefficients and T2 values of each component. Pearson correlation analysis was performed between HM-MRI derived fractions and H&E staining derived percentages. HM-MRI metrics were compared between high-grade and low-grade gliomas, and between IDH-wild and IDH-mutant gliomas. Using receiver operational characteristic (ROC) analysis, the diagnostic performance of HM-MRI in grading and genotyping was compared with mono-exponential models.

Results HM-MRI metrics $F_{Dvery-slow}$ and F_{Dslow} demonstrated a significant correlation with the H&E staining results (p < .05). Besides, $F_{Dvery-slow}$ showed the highest area under ROC curve (AUC = 0.854) for grading, while *D*slow showed the highest AUC (0.845) for genotyping. Furthermore, a combination of HM-MRI metrics $F_{Dvery-slow}$ and T2_{*D*slow} improved the diagnostic performance for grading (AUC = 0.876).

Discussion HM-MRI can aid in non-invasive diagnosis of gliomas.

Keywords Hybrid multi-dimensional MRI \cdot Gliomas \cdot Diffusion \cdot IDH \cdot Histologic

Abbreviations

| CNS | Central nervous system |
|-----|--------------------------------|
| DWI | Diffusion weighted imaging |
| IDH | Isocitrate dehydrogenase |
| ADC | Apparent diffusion coefficient |
| LGG | Low-grade glioma |
| HGG | High-grade glioma |
| | |

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| IDH-MUT | IDH-mutant glioma |
|----------|-------------------------------------|
| IDH-WILD | IDH-wild glioma |
| HM-MRI | Hybrid multi-dimensional MRI |
| GRE | Gradient echo |
| TR | Repetition time |
| TE | Echo time |
| FOV | Field of view |
| FSE | Fast spin echo |
| FLAIR | Fluid-attenuated inversion recovery |

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| EES | Extravascular extracellular space |
|------|---|
| BBB | Brain-blood barrier |
| ROI | Regions of interest |
| IHC | Immune-histochemical |
| ROC | Receiver operating characteristic |
| AUC | Area under the receiver operating character |
| | istic curve |
| LR | Logistic regression |
| WHO | World Health Organization |
| H&E | Hematoxylin and eosin |
| AQP4 | aquaporin-4 |
| | |

Introduction

Glioma is the most common and malignant tumor in the central nervous system (CNS) [1]. The diagnosis of gliomas is based on an integrated morphological and molecular analysis [2]. The morphological analysis mainly relies on hematoxylin and eosin (H&E) staining, which is the base for histological grading. The molecular analysis is dependent on key molecular biomarkers, among which the isocitrate dehydrogenase (IDH-1 and IDH-2) gene mutations play the most important role [3]. According to the 2021 World Health Organization (WHO) classification, despite the absence of high-grade histopathologic features, an IDH-wild glioma might be also diagnosed as grade 4 due to its highly aggressive pattern of growth [4]. However, above integrated pathological diagnosis needs invasive procedures, including surgery or needle biopsy [5]. Therefore, developing noninvasive diagnosis tools is essential.

Magnetic resonance imaging (MRI) is a useful imaging tool for the non-invasive diagnosis of gliomas [6]. Diffusion and relaxation are two basic concepts of MRI [7]. Diffusion weighted imaging (DWI), which characterizes the random walk of water molecules within the tumor microenvironment [8], has been shown to be effective in grading and genotyping of gliomas [9-11]. For instance, the most commonly used DWI metric apparent diffusion coefficient (ADC) can be used to grade gliomas [9, 10] and detect IDH mutation status [10, 11]. Relaxation MRI, which provides quantitative transverse (T2) and longitudinal (T1 and T1 ρ) relaxation maps, has also been applied for the diagnosis of gliomas [12–17]. Among these maps, T2 map has been used for grading gliomas [12] and genotyping [13], and is thought to be beneficial for identifying regions of infiltration in the clinic. However, despite the usefulness of above diffusion and relaxation MRI metrics, they only provided the voxelaveraged information. Thus, it is difficult to directly correlate these diffusion and relaxation metrics with the microstructure or compositions of tumor tissues at a sub-voxel scale. Furthermore, because DWI images are both diffusion and T2 weighted, variations in T2 relaxation time always cause some difficulty in explaining the changes of the diffusion signal [18]. Typically, the "T2-shine-through" (due to T2 prolongation) and "T2-blackout" (due to T2 shortening and susceptibility) effects remain pitfalls when using DWI for clinical diagnosis [19]. As a result, it is critical to quantify and resolve diffusion and relaxation properties at the subvoxel level, which might provide substantial benefits in the clinic.

Recently, hybrid multi-dimensional MRI (HM-MRI), a novel sub-voxel imaging tool, has showed potential in diagnosing prostate cancer [20]. HM-MRI simultaneously measures changes in ADC and T2 values as a function of echo time (TE) and diffusion weighting (b-value), respectively, and uses these changes to depict tissue compositions inside a voxel by assuming three different components (lumen, stroma and epithelium) [20]. It was found that fractions of multiple components measured by HM-MRI were strongly related to histological percentages of different prostate cancer tissues [21]. Besides, HM-MRI measured fractions and quantitative histological evaluations had equivalent performance for differentiating and locating malignant lesions [21]. Moreover, HM-MRI has been suggested to have advantages over multi-parametric MRI (T2+ADC) in diagnosing prostate cancer [22]. However, to date, HM-MRI has not been applied in evaluating gliomas. Different from prostate cancer studies, challenge emerges when identifying boundaries between tumor cells and stroma cells in glioma tissues. Thus, the clinical value of HM-MRI in diagnosing gliomas requires further validation.

Due to the ability to image at sub-voxel scale, we hypothesized that HM-MRI might aid in the non-invasive detection of histological features of gliomas tissues. We also expected that HM-MRI might help in locating tumor lesions by separating the T2 effect in DWI. Besides, HM-MRI might improve the diagnostic performance of gliomas beyond the use of mono-exponential T2 or diffusion models or their combination. Thus, the objective of this study is to find the correlation between HM-MRI metrics with quantitative H&E staining results in glioma tissues, and to evaluate the diagnostic performance of HM-MRI metrics in grading and predicting IDH mutation status of gliomas, by comparing it with mono-exponential T2 and diffusion models.

Materials and methods

This prospective study was approved by the Institutional Review Board of our hospital (Ethics number 2020109), and informed consent was obtained from all enrolled subjects. From October 2020 to February 2023, a total of 153 individuals were recruited from the neurosurgery department. The inclusion criteria were as follows: (1) age between 18 and 80 years old; (2) suspected to have intracranial tumors; (3)

absence of MRI contraindications; (4) no relevant treatment history, including surgery, chemotherapy, or radiotherapy; (5) scheduled to receive surgical treatment within a week after the HM-MRI. The exclusion criteria were as follows: (1) inadequate image quality due to significant motion or magnetic susceptibility artifacts (n=1); (2) pathological confirmation of non-glioma tumor type (n=81). Please refer to Fig. 1 for the patient selection process flowchart.

MRI protocol

All MRI examinations were conducted using a clinical 3.0 T scanner (uMR 790, United Imaging Healthcare) equipped with a 24-channel phased-array head-neck coil. HM-MRI was acquired through a single-shot echo-planar imaging sequence with a 180° refocusing pulse and the following parameters: field of view (FOV) = 200×230 mm², repetition time (TR) = 2000 ms, TE = 80, 100, 120, 150, 200 ms, slice thickness = 5 mm, slice number = 7, acceleration = 3.0, gap = 0, flip angle (FA) = 90° , resolution in plane = 1.44×1.44 mm², matrix = 139×160 , interpolation for reconstruction = 2, and 7 *b*-values (0_1 , 100₁, 200₁, 400₁, 800₂, 1500₃, 3000₆ s/mm², while the subscript of *b*-values indicated the number of average times at the

corresponding *b*-value), total acquisition time = 8min20sec (for each TE, acquisition time = 1min40sec). Other routine MRI protocols included a 3D T1-weighted gradient echo (T1w-GRE) sequence (TR/TE = 7.2/3.1 ms, FA = 10°, resolution = 1 mm isotropic, matrix = 240 × 256 × 256), a 3D T2-weighted fluid-attenuated inversion recovery (T2w-FLAIR) sequence (TR/TE = 6000/430 ms, TI = 2420 ms, resolution = 1 mm isotropic, matrix = 240 × 256 × 256), and a 2D T2-weighted fast spin echo sequence (T2w-FSE) (FOV = 200 × 230 mm², TR/TE = 5385/95 ms, slice thickness = 5 mm, slice number = 23, gap = 20%, resolution in plane = 0.45×0.45 mm², matrix = 445 × 512), followed by a contrast-enhanced T1w-GRE scan.

Data fitting algorithms

All HM-MRI data were analyzed using an in-house program developed in MATLAB (2023a, MathWorks). T2 maps were calculated from multi-echo T2-weighted images using a mono-exponential signal decay model, which was based on images acquired at *b*-values of 0 s/ mm^2 at all TEs (80, 100, 120, 150, and 200 ms).



Fig. 1 The flowchart from initial retrieval to final study cohort and the algorithm of the glioma classification utilized in our study. The algorithm is based on the WHO CNS5 2021 classification of gliomas. *ATRX lost is enough for the diagnosis of IDH-mutant astrocytoma,

and the detection of 1p/19q is not necessary. **IDH-wild gliomas without molecular features of a glioblastoma and sufficient data for other classification

where S is the signal at each TE and S_0 is the extrapolated signal TE = 0 ms.

The ADC maps were calculated from diffusion data acquired at TE = 80 ms using mono-exponential signal decay:

 $S = S_0 * \exp(-b * ADC)$

where S_0 is the signal intensity without diffusion $(b\text{-value}=0 \text{ s/mm}^2)$, S is the signal intensity at a certain b-value.

We modeled the signal attention of the HM-MRI data from three components: *Dvery-slow*, *Dslow* and *D*fast. The "*Dvery-slow*" component is considered to represent water molecules strictly limited in cells with a "zero-ADC" [23, 24]. Then, the modified three-component model is expressed as follows:

-b * Dsl

 $_{\rm ery-slow} + F_{Dslow} + F_{Dfast} =$

 Table 1
 The clinic pathological characteristics and molecular features of patient cohort

where $F_{Dvery-slow}$, F_{Dslow} , and F_{Dfast} are the volume fractions of each component within a voxel, T2_{Dvery-slow}, T2_{Dslow}, and T2_{Dfast} are the T2 values for each component, while Dslow and Dfast are the diffusion coefficients for the slow and fast components. S is the signal intensity at each combination of TEs and b-values; and ς is the extrapolated signal intensity at TE = 0 ms calculated with the above mono-exponential T2 model. All metrics were obtained from voxel-by voxel fitting using the Nonlinear Least Squares (*lsqnonlin*) method of the *Optimization Toolbox*. Before the HM-MRI fitting, some initial values and constraints should be set. In this study, the lower and upper limits for $F_{Dvery-slow}$ is [0, 0.33], for F_{Dslow} is [0, 1], and for F_{Dfast} is [0, 1], while the initial values for $F_{Dvery-slow}$, F_{Dslow} , and F_{Dfast} are 0.1, 0.7, 0.2, respectively. It should also be noted that the fitting included the constraint $F_{\rm r}$. The lower and upper limit for Dslow is [0.00001 mm²/s, $3.0 \text{ mm}^2/\text{s}$, for D fast is [1.0 mm²/s, 20 mm²/s], and the initial values for Dslow and Dfast is 1.0 mm²/s and 5.0 mm²/s, respectively. The overlap [1.0 mm²/s, 3.0 mm²/s] of the range for Dslow and Dfast is necessary in our study, since we considered an exchange of the water molecules between the extravascular extracellular space (EES) and vessels may exist due to damaged brain-blood barrier (BBB) in gliomas. As for $T2_{Dverv-slow}$, $T2_{Dslow}$, and $T2_{Dfast}$, the lower and upper limit is [0 ms, 2500 ms], and the initial values are 50 ms, 100 ms and 500 ms, respectively. To explore the possible T2 of different component, especially for the "zero-ADC" component, here we use the same lower and upper T2 limit for all components. The fitting code of this study can be downloaded at https://github.com/sysunwenbo/HM-MRI.

With the open-resource tool ITK-SNAP [25], regions of interest (ROIs) were delineated on b = 800 s/mm² images by referencing routine MRI images (T2w-FSE, T2w-FLAIR, and enhanced T1-weighted images) to cover solid parts of gliomas and exclude obvious vessels, hemorrhage, necrosis, cystic, and edema areas. Two radiologists (with five and ten years of clinical experience) were asked to draw ROIs blinded to pathological diagnosis and reach a consensus. Only one ROI was used for analysis for each subject.

Pathological examination

For H&E staining, glioma samples were fixed in 4% paraformaldehyde, embedded into paraffin and sliced into 4- μ m-thick histological sections. For the IDH (including IDH-1 and IDH-2) gene mutation status, Sanger sequencing was performed. Other important molecular biomarkers were identified by immune-histochemical (IHC) analysis or Sanger sequencing. The classification of gliomas was performed by an experienced neuropathologist with 10 years of clinical experience following the latest WHO 2021 guidance for CNS tumors. The grading and classification results are presented in Table 1.

| Tumor type and grade | Age (years) | Gender | | |
|---|-------------------|--------|--------|--|
| | | Male | Female | |
| Astrocytoma, grade 2 or 3, IDH-mutant | 42.73 ± 11.96 | 5 | 6 | |
| Astrocytoma, grade 4, IDH-mutant | 47.5 ± 12.02 | 1 | 1 | |
| Oligodendroglioma, grade 2 or 3, IDH-mutant | 40.00 ± 10.45 | 2 | 4 | |
| Glioblastoma, grade 4, IDH-wild | 55.36 ± 12.61 | 22 | 20 | |
| Other ^a , grade 2 or 3 ^b , IDH-wild | 43.2 ± 10.73 | 5 | 5 | |

IDH, isocitrate dehydrogenase;

^aIDH-wild gliomas without molecular features of a glioblastoma and enough molecular information for other classification, especially for pediatric-type diffuse gliomas in young adults

^bIn the dataset, the other cohort were graded as 2 or 3 based on the histologic features

It is important to highlight that the quantitative analysis and interpreting for H&E staining in our study significantly differ from previous study in prostate cancer [20]. To quantify the H&E staining results, an automated extraction method was applied: this involved utilizing a multi-channel RGB threshold tool in ImageJ to separate tissues, enabling visual extraction of three distinct areas, including cell nuclear area, a combination of cytoplasm and extracellular matrix areas, as well as background area (containing fluid in EES and vessel areas). This definition arises due to the difference between glioma tissues and prostate cancer tissues. It is challenging to distinguish between the stroma and tumor cells within glioma tissues using H&E staining, as well as to separate the extracellular matrix area from the cytoplasm area. Hence, the cytoplasm and extracellular matrix areas were considered as one compartment. To quantify the H&E staining results, the following steps were followed:

Step1: choose a representative H&E staining image and an ROI.

Step2: using the "Split Channel" function in the ImageJ.

Step3: using the "*Threshold*" function for red channel in the ImageJ to calculate the percentage of cell nuclear area (f1).

Step4: using the "*Threshold*" function for green channel in the ImageJ to calculate the percentage of a combination of cell nuclear area (f1) and cytoplasm and extracellular matrix areas (f2).

Step5: the percentage of background area f3 equals to 1-f1-f2.

Step6: repeat the preceding steps three times for three ROIs to obtain the average value of f1, f2, and f3.

Statistical analysis

All parameters were presented in the text as mean ± standard deviation (SD). The Mann-Whitney U test was used to compare all metrics between high-grade and low-grade gliomas, and between IDH-wild and IDH-mutant gliomas. The normal distribution of all parameters was confirmed using the Kolmogorov-Smirnov test. Receiver operating characteristic (ROC) analysis was performed for all imaging metrics and their combinations, and the area under the ROC curve (AUC) for grading gliomas and predicting IDH mutation status was computed. The optimal cutoff points were determined using the highest Youden index to achieve the best sensitivity-specificity balance. A forward binary logistic regression (LR) analysis was utilized to identify the best set of predictors with default entry and removal criteria of 0.05 and 0.10. The Pearson correlation analysis was performed between the fractions derived from HM-MRI as well as ADC and the percentages derived from quantitative H&E staining results. Statistical analysis was conducted using SPSS v24.0 (Chicago, IL) and the R package v4.2.0 (R Core Team, 2022). A *p*-value of < .05 indicated statistical significance.

Results

Table 1 indicates that the study included a total of 71 subjects (35 males and 36 females; age range 19-78 years, mean age 50.17 ± 13.38 years), consisting of 18 low-grade gliomas and 53 high-grade gliomas (19 IDH-mutant cases and 52 IDH-wild cases). Figure 2a, b illustrates the routine clinical and diffusion images of a low-grade IDH-mutant case and a high-grade IDH-wild case, respectively. It was obvious that compared to the high-grade IDH-wild case, the low-grade IDH-mutant example exhibited a lower $F_{Dverv-slow}$ and a higher F_{Dslow} . Figure 2 also indicates that HM-MRI was more effective in locating tumor lesions than the monoexponential DWI. For the IDH-mutant case in Fig. 2a, if we didn't look at the T2 image, it is quite easy to identify the high signal intensity part (white arrow) at the b800 images as a restricted diffusion region. Nevertheless, by looking at HM-MRI metrics $T2_{Dvery-slow}$ and $T2_{Dslow}$, it is quite easy to confirm it is a typical "T2-shine-through" case. For the IDH-wild high grade case in Fig. 2b, when we looking at the b800 images, it was obvious that there is a low signal intensity part (white arrow) at the b800 images which might be regarded as edema region with slightly increased ADC. However, when we reference the HM-MRI metrics $F_{Dvery-slow}$ and F_{Dslow} , we found no significant difference between this low intensity part and other parts of the tumors. Through verification using the HM-MRI metrics T2_{Dverv-slow} and $T2_{Dslow}$, this area was identified as a "T2-blackout" region.

Correlation of metrics with quantitative H&E results

Figure 3 shows an example of segmented H&E staining images used for quantitative histologic evaluations of the two glioma cases mentioned above. As shown in Table 2, we found significant correlations between HM-MRI metric $F_{Dvery-slow}$ with the percentage of cell nuclear area (rho=0.270, p < .05) and the combination of cytoplasm and extracellular matrix areas (rho=-0.289, p < .05). Besides, the HM-MRI metric F_{Dslow} showed significant correlation with the percentage of cell nuclear area (rho=-0.305, p < .01) and the combination of cytoplasm and extracellular matrix areas (rho=0.304, p < .01).

The Bland–Altman and linear regression plots both suggested a good correlation between $F_{Dvery-slow}$ and the percentage of the cell nuclear area and F_{Dslow} with the combination of cytoplasm and extracellular matrix areas, as shown in Fig. 4. However, as shown in Table 2, no significant correlation between the quantified H&E findings with the ADC,



Fig. 2 a Images obtained from a 45-year-old male with an isocitrate dehydrogenase 1 (IDH-1) mutant astrocytoma of WHO grade 2. Regions of interest (red circle) are marked on parametric maps and co-registered to the b=800 s/mm² map. The T2-shine-through region was shown in T2w-FSE and b800 images (the white arrow), with a higher signal intensity than the normal brain tissues. **b** Images obtained from a 56-year-old male with glioblastoma, WHO grade 4. Regions of interest (red circle) are marked on parametric maps and

and the percentage of background areas with the F_{Dfast} was found.

Comparison of metrics for grading gliomas

As shown in Table 3, a significant difference in the combination of cytoplasm and extracellular matrix areas was found between high-grade and low-grade gliomas (p < .05). In Table 4, except for the HM-MRI metrics F_{Dfast} , *D*fast and T2_{*D*fast}, all metrics significantly differentiate high-grade gliomas and low-grade gliomas. High-grade gliomas had significantly higher $F_{Dvery-slow}$ compared to low-grade gliomas, while F_{Dslow} , *D*slow, T2_{*D*very-slow}, T2_{*D*slow}, and global T2 and ADC derived from mono-exponential models, were all significantly lower in high-grade gliomas (p < .05). Moreover, Table 5 highlights that $F_{Dvery-slow}$ achieved the highest AUC (0.854) for grading gliomas. Using the LR analysis, we discovered that the combination of HM-MRI metrics $F_{Dvery-slow}$ and T2_{*D*slow} enhanced the AUC to 0.876.

co-registered to the $b = 800 \text{ s/mm}^2$ map. Obvious vessels, necrosis, and edema areas were marked as blue regions and removed during the statistical analysis. The T2-blackout region is shown in T2w-FSE and b800 images (the white arrow), with a lower signal intensity than the other part of the tumors. The unit for parameters ADC, *D*slow, and *D*fast are ×10⁻³ mm²/s, while the unit for global T2, T2_{*D*very-slow}, T2_{*D*slow}, T2_{*D*slaw} are milliseconds (ms). The *F*_{*D*very-slow}, *F*_{*D*slow} and *F*_{*D*fast} are unitless

Figure 5a, b displays the ROC curves for grading gliomas using different metrics.

Comparison of metrics for predicting IDH mutation status

As shown in Table 3, no significant difference in quantitative H&E staining results was found between IDH-mutant and IDH-wild groups. However, in Table 4, it is evident that all metrics, except for the HM-MRI metrics F_{Dfast} and *D*fast, were able to significantly differentiate IDH-mutant gliomas from IDH-wild gliomas. Specifically, the IDH-wild gliomas had significantly higher $F_{Dvery-slow}$ value compared to the IDH-mutant gliomas, while F_{Dslow} , *D*slow, T2_{*Dvery-slow*}, T2_{*Dslow*}, T2_{*Dfast*}, global T2 and ADC were all significantly lower in IDH-wild gliomas (p < .05). By performing the LR analysis, the *D*slow alone still showed the highest AUC (0.845) for predicting IDH mutation status. Figure 5c, d displays the ROC curves for predicting IDH mutation status using different metrics.



Fig. 3 Representative H&E staining images (resolution 400x) for quantitative histologic evaluation in which tissue was segmented into cell nuclei area (f1), a combination of cell nuclei area, cytoplasm and extracellular matrix areas (f1 + f2), and background area (f3) for two patients shown in Fig. 2, respectively. The tissue composition estimated using hybrid multidimensional MRI and quantitative histologic evaluation showed good agreement for both IDH mutant case (HM-

MRI vs histology: cell nuclei area, 6.41% vs 11.54%; cytoplasm and extracellular matrix areas, 84.23% vs 72.10%; and background area, 9.35% vs 16.36%) and IDH wild case (cell nuclei area, 9.80% vs 17.29%; cytoplasm and extracellular matrix areas, 77.63% vs 66.67%; and background area, 12.58% vs 16.04%). H&E=hematoxylin and eosin

Table 2Pearson rho valuesbetween the ADC andHM-MRI derived fractionswith percentages of differentH&E staining areas among allsubjects

| Metrics | Cell nuclear area, f1 (%) | Cytoplasm and extracellular matrix areas, f2 (%) | Background area, f3 (%) |
|-------------------------|---------------------------|--|-------------------------|
| ADC | -0.151 | 0.144 | -0.035 |
| F _{Dvery-slow} | 0.270* | -0.289* | 0.111 |
| F_{Dslow} | -0.305** | 0.344** | -0.152 |
| F _{Dfast} | 0.177 | -0.210 | 0.104 |

*Correlation was found be significant (p < .05)

**Correlation was found be significant (p < .01)

Discussion

The objective of this study was to evaluate the efficacy of HM-MRI in quantifying H&E staining results, grading and predicting IDH mutation status. Our results revealed $F_{Dvery-slow}$ and F_{Dslow} had modest correlation with the quantitative H&E staining results. Besides, we found that HM-MRI metric $F_{Dvery-slow}$ exhibited the highest AUC for grading gliomas, and HM-MRI metric Dslow exhibited the highest AUC for genotyping, outperforming the monoexponential T2 or diffusion models, or their combination. Furthermore, integrating the HM-MRI metrics $F_{Dvery-slow}$ and T2_{Dslow} resulted in improvement of the AUC for grading gliomas. Altogether, these findings suggest that HM-MRI could potentially be used as a valuable tool for diagnosing gliomas in clinical settings.

In this study, a modified three-compartment model with the "zero-ADC" assumption was utilized to fit the

HM-MRI data, which distinguished itself from the general three-compartment model used in prior HM-MRI studies [20][21]. Our decision to use this modified model and the "zero-ADC" assumption was inspired by two diffusion studies conducted on normal brain tissue and gliomas [23, 24]. Zeng et al. [23] demonstrated that the modified three-compartment model provides better fits for diffusion data compared to the original three-compartments model in white matter. Cao et al. [24] suggested that the "zero-ADC" component may be linked to the expression of aquaporin-4 (AQP4) and changes in membrane permeability in tumor cells of gliomas. However, both Zeng et al. and Cao et al. did not perform correlation analysis with histologic findings.

In our study, we investigated the correlations between HM-MRI metrics and quantitative H&E evaluations. We did observe a positive correlation between the HM-MRI metric $F_{Dvery-slow}$ with the percentage of cell nuclear area in H&E staining images. Our findings suggested that the "zero-ADC"



Fig. 4 Bland–Altman plots of differences in histologic measurements (y-axis) against the HM-MRI measurements (x-axis), with a mean absolute difference (bias) (red dashed lines) and 95% confidence

intervals of the mean difference (limits of agreement, LOA) (black dashed lines) (**a1**, **b1**, **c1**), and the corresponding linear regression plots (**a2**, **b2**, **c2**)

Table 3Mean values ± SD ofpercentages of different H&Estaining areas between theHGGs and LGGs group, andbetween the IDH mutant andthe IDH wild group

| H&E results | HGGs | LGGs | <i>p</i> -value | IDH-WT | IDH-MUT | p-value |
|--|------------------|------------------|-----------------|------------------|------------------|---------|
| Cell nuclear area, f1 (%) | 17.17±7.36 | 14.07±6.39 | .128 | 16.76 ± 7.20 | 15.33 ± 7.30 | .467 |
| Cytoplasm and extracel- lular matrix areas, f2 (%) | 64.09±8.64 | 70.19 ± 8.46 | .011* | 64.94±9.08 | 67.53 ± 8.49 | .296 |
| Background area, f3 (%) | 18.74 ± 5.23 | 15.73 ± 6.79 | .050 | 18.29 ± 5.68 | 17.13 ± 6.05 | .459 |
| | | | | | | |

HGGs high grade gliomas, *LGGs* low grade gliomas, *IDH* isocitrate dehydrogenase,*IDH-WILD* IDH wild type gliomas, *IDH-MUT* IDH mutant type gliomas,

*Significant difference was found (p < .05)

component might represent the highly restricted water molecules within tumor cells, predominantly located in the cell nuclei, rather than the changes in membrane permeability suggested by Cao et al. [24]. A previous pathological study showed that the fraction of cell nuclear area exhibited positive correlation with glioma grades [26], which could support our finding in $F_{Dvery-slow}$. Additionally, we discovered a higher value of $T2_{Dvery-slow}$ than $T2_{Dslow}$, which may confirm our idea about the "zero-ADC" component, as water molecules positioned in cell nucleus may not also have a very short T2. Regarding the "Dslow" component, it was found that high-grade gliomas had a significantly smaller combination of cytoplasm and extracellular matrix regions than low-grade gliomas, and that F_{Dslow} and the cytoplasm and extracellular matrix areas correlated the most (rho = 0.344). Although F_{Dslow} was suggested to be related with the fraction of the EES in pervious diffusion studies [24, 27], the range of Dslow and T2_{Dslow} together in this HM-MRI study indicated the F_{Dslow} might be more correlated with the percentage of stroma areas, which was consistent with the previous prostate cancer studies [20–22]. Given the higher level of $F_{Dvery-slow}$, the much smaller stroma areas in high-grade gliomas compared to low-grade gliomas could be attributed to increased intracellular space of tumor cells, high interstitial fluid pressure, and angiogenesis. The F_{Dfast} showed no significant difference across groups, which could be attributed to the fact that we selected a lower limit of 1.0 mm²/s for this component during the HM-MRI fitting. Thus, the "Dfast"

| Table 4 | Mean | values \pm SD | of each | MRI-derived | parameters | of | different | models | between | HGGs | group | and | LGGs | group, | and | between | IDH- |
|----------|---------|-----------------|---------|-------------|------------|----|-----------|--------|---------|------|-------|-----|------|--------|-----|---------|------|
| mutant g | group a | and IDH-wild | i group | | | | | | | | | | | | | | |

| Model | Metrics | HGGs | LGGs | <i>p</i> -value | IDH-WT | IDH-MUT | <i>p</i> -value |
|----------|--------------------------|---------------------|----------------------|-----------------|---------------------|----------------------|-----------------|
| Mono-exp | ADC | 0.42 ± 0.11 | 0.59 ± 0.18 | .000*** | 0.41 ± 0.10 | 0.60 ± 0.18 | .000*** |
| | $T2_{global}$ | 110.29 ± 25.09 | 136.72 ± 24.08 | .000*** | 109.88 ± 23.92 | 136.45 ± 26.84 | .000*** |
| HM-MRI | $F_{Dverv-slow}$ | 10.27 ± 2.65 | 6.87 ± 2.04 | .000*** | 10.26 ± 2.64 | 7.06 ± 2.27 | .000*** |
| | F_{Dslow} | 77.30 ± 5.06 | 81.07 ± 5.18 | .010* | 77.28 ± 5.36 | 80.92 ± 4.27 | .014* |
| | F _{Dfast} | 12.43 ± 4.89 | 12.07 ± 4.25 | .781 | 12.46 ± 4.98 | 12.02 ± 3.98 | .969 |
| | Dslow | 1.20 ± 0.23 | 1.54 ± 0.31 | .000*** | 1.18 ± 0.22 | 1.56 ± 0.30 | .000*** |
| | Dfast | 8.01 ± 1.71 | 8.10 ± 2.89 | .781 | 8.24 ± 2.06 | 7.48 ± 1.96 | .253 |
| | T2 _{Dvery-slow} | 213.77 ± 79.25 | 320.06 ± 165.32 | .008** | 211.45 ± 74.53 | 320.81 ± 165.54 | .004** |
| | $T2_{Dslow}$ | 107.39 ± 21.74 | 132.45 ± 22.95 | .000*** | 107.27 ± 19.94 | 131.47 ± 27.43 | .001** |
| | $T2_{Dfast}$ | 946.51 ± 177.29 | 1018.41 ± 216.08 | .178 | 932.66 ± 181.13 | 1052.54 ± 186.25 | .019* |

The parameters ADC, D_{slow} , and D_{fast} are measured in units of $\times 10^{-3}$ mm²/s, $F_{D\text{very-slow}}$, $F_{D\text{slow}}$ and $F_{D\text{fast}}$ are measured in percentages (%), while T2_{global}, T2_{Dvery-slow}, T2_{Dslow}, T2_{Dfast} are measured in milliseconds (ms)

Mono-exp mono-exponential, *HM-MRI* hybrid multidimensional, *HGGs* high grade gliomas, *LGGs* low grade gliomas, *IDH* isocitrate dehydrogenase, *IDH-WILD* IDH wild type gliomas, *IDH-MUT* IDH mutant type gliomas, *ADC* apparent diffusion coefficient, T2global global mean T2 value

| * <i>p</i> < .05 | |
|------------------|--|
| ** p < .01 | |

*****p* <.001

Table 5ROC analysis of eachMRI-derived metric and theircombinations in grading andpredicting IDH mutation statusof gliomas

| Model | Metrics | AUC value | Cut-off value | 95% CI | Sensitivity (%) | Specificity (%) |
|--------------|--------------------------|--------------|---------------|-------------|-----------------|-----------------|
| Grading gli | omas | | | | | |
| Mono-exp | ADC | 0.808 | 0.468 | 0.688-0.928 | 77.8 | 77.4 |
| | $T2_{\rm global}$ | 0.784 | 123.311 | 0.664-0.904 | 77.8 | 79.2 |
| | $ADC + T2_{global}$ | 0.808 | 0.220 | 0.688-0.928 | 77.8 | 77.4 |
| HM-MRI | F _{Dvery-slow} | 0.854 | 7.4 | 0.740-0.969 | 86.8 | 83.3 |
| | F_{Dslow} | 0.705 | 79.8 | 0.564–0.847 | 72.2 | 64.2 |
| | Dslow | 0.816 | 1.446 | 0.686-0.945 | 66.7 | 90.6 |
| | T2 _{Dvery-slow} | 0.711 | 294.458 | 0.562-0.859 | 55.6 | 88.7 |
| | $T2_{Dslow}$ | 0.790 | 120.441 | 0.671-0.910 | 77.8 | 81.1 |
| | $T2_{Dfast}$ | 0.607 | 961.394 | 0.451-0.763 | 66.7 | 58.5 |
| | Combination | 0.876 | 0.323 | 0.774–0.979 | 77.8 | 92.5 |
| Predicting I | DH mutation state | us | | | | |
| Mono-exp | ADC | 0.819 | 0.507 | 0.691-0.947 | 73.7 | 86.5 |
| | $T2_{\rm global}$ | 0.778 | 127.524 | 0.647-0.910 | 73.7 | 84.6 |
| | $ADC + T2_{global}$ | 0.819 | 0.304 | 0.691-0.947 | 73.7 | 86.5 |
| HM-MRI | F _{Dvery-slow} | 0.821 | 8.0 | 0.692-0.950 | 78.9 | 80.8 |
| | F_{Dslow} | 0.691 | 79.8 | 0.560-0.823 | 68.4 | 63.5 |
| | Dslow | 0.845 | 1.396 | 0.727-0.963 | 73.7 | 90.4 |
| | T2 _{Dvery-slow} | 0.723 | 294.458 | 0.587-0.859 | 52.6 | 88.5 |
| | $T2_{Dslow}$ | 0.763 | 120.441 | 0.615-0.911 | 78.9 | 82.7 |
| | $T2_{Dfast}$ | 0.682 | 961.394 | 0.538-0.827 | 73.7 | 61.5 |
| | Combination | 0.845 | 0.318 | 0.727-0.963 | 73.7 | 90.4 |

Mono-exp mono-exponential, *HM-MRI* hybrid multi-dimensional MRI, *Combination* a combination of HM-MRI metrics, *ADC* apparent diffusion coefficient, $T2_{global}$ global mean T2 value

Fig. 5 Graph shows the ROC curves of each parameter for grading gliomas (**a**, **b**) and discrimination between the IDH-wild group and the IDH-mutant group (**c**, **d**). The highest AUC in grading was observed with the $F_{Dvery-slow}$, while the highest AUC in predicting IDH mutation status was observed with the *D*slow. AUC, area under curve



component could capture fluid in both EES and vessels and corresponded to the background area in the H&E staining. And F_{Dfast} 's low specificity may restrict its diagnostic performance. By correlating HM-MRI metrics with quantitative H&E results, our study provided a pathological perspective of the fraction metrics, which has not been reported in previous three-compartment diffusion studies [24, 27].

Mono-exponential model metrics, such as ADC and T2 map, have been extensively studied for their potential in clinic. Several studies have already used ADC or T2 map alone for grading and predicting IDH mutation status, and showed modest to good performance for ADC [9-11] and T2 [12, 13]. However, both ADC and T2 are complex reflections of the heterogeneity of tumor tissues within a voxel, which may limit their diagnostic performance. Compared with ADC alone, T2 alone or their combination, this study manifested that HM-MRI metric $F_{Dvery-slow}$ achieved a higher AUC in grading gliomas. This might be due to that $F_{Dvery-slow}$ is a sub-voxel metric, which is correlated with the histologic features within a voxel. This study also found that the HM-MRI metric Dslow had a greater AUC than the ADC in diagnosing IDH mutation status. Dslow's superior performance could be attributed to the fact that it reflected the diffusion coefficient of stromal areas, and the extracellular matrix of the tumor microenvironment in IDH-mutant and IDH-wild gliomas could differ significantly. Furthermore, in this study, the LR analysis revealed that the combination of HM-MRI

metrics $F_{Dvery-slow}$ and $T2_{Dslow}$ further improved the performance in grading gliomas. This improvement might be due to that the HM-MRI provides not only diffusion information, but also fraction and T2 information at the sub-voxel level.

More specifically, by combining HM-MRI with the modified three-compartment model, this study showed that HM-MRI was able to resolve microenvironments that possess comparable ADC but different T2 values or similar T2 values but different ADC. Therefore, it was able to solve the drawbacks of DWI in detecting tumor lesions with T2-shine-through and T2-blackout effects, as shown in Fig. 2. Besides, our HM-MRI approach revealed that $T2_{Dvery-slow}$, $T2_{Dslow}$ and $T2_{Dfast}$ were all significantly lower in IDH-wild gliomas than in IDH-mutant gliomas. Our observations in $T2_{Dvery-slow}$, $T2_{Dslow}$ and $T2_{Dfast}$ could be attributed to differences in the compositions of the microenvironment within the intracellular space, EES, and intravascular space between IDH-wild and IDH-mutant gliomas. It is possible that more severe disruption of the BBB in IDH-wild gliomas compared to IDH-mutant gliomas allows for more leakage of plasma substances into the EES [28]. Additionally, cytokines, chemokines, and metabolites secreted within tumor microenvironment could be different between IDH-wild and IDH-mutant gliomas, which may also contribute to the observed differences in T2 values. For instance, IDH mutation might lead to the production of the 2-hydroxyglutarate (2-HG) and increased levels of nicotinamide adenine dinucleotide phosphate (NADPH) [29]. As a result, our findings indicate the potential value of HM-MRI in the clinic by reflecting some information relating to the compositions across different compartments within the tumor microenvironment via T2 values, in addition to the microstructure features of gliomas tissues via fractions and diffusion coefficients.

Several limitations of this study should be acknowledged. First, HM-MRI in this study had a small coverage (only 7 slices) and long scanning time (8min20sec). This acquisition limitation could be addressed using more efficient strategies, such as simultaneous multi-slice (SMS) [30] and ZEBRA acceleration [31]. Second, the ROI-based method used in this study was operator-dependent and may have introduced some bias. Third, despite a simple semi-quantitative method was employed for histologic evaluations, we still faced challenges in distinguishing boundaries between glioma cells and stroma cells through H&E staining. In the future, quantitative methods may be needed to analyze H&E staining or IHC results and to find more correlations between histologic findings with the HM-MRI metrics. Besides, it should be highlighted that all HM-MRI metrics were based on a whole tumor analysis, while histology evaluations were performed on a certain sample. Although we did found some correlation, further biopsy studies under MRI-guided navigation and a voxel-matched comparison is necessary. Finally, while we conducted this work at 3.0 T, it is worth noting that this HM-MRI approach is equally applicable at 1.5 T. Because biological tissues at 1.5 T have a longer T2 and fewer susceptibility artifacts than at 3.0 T, this HM-MRI approach may have some advantage at 1.5 T over 3.0 T, particularly for detecting bleeding lesions with short T2. Further research at 1.5 T is required to corroborate our idea.

In conclusion, our study highlights the promise of HM-MRI as a valuable non-invasive diagnostic tool in the management of gliomas, by correlating HM-MRI metrics with quantitative H&E staining results, grading and predicting the IDH mutation status.

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Author contributions Wenbo Sun: investigation; data curation; validation; writing—original draft; visualization; formal analysis. Dan Xu: investigation; data curation; validation; writing—original draft; visualization; formal analysis. Huan Li: data curation; project administration. Sirui Li: investigation; methodology. QingJia Bao: writing—review & editing; resources. Xiaopeng Song: software; resources. Daniel Topgaard: supervision; conceptualization; funding acquisition; writingreview & editing. Haibo Xu: supervision; conceptualization; funding acquisition; writing—review & editing. **Data availability** For ethical considerations, the data supporting the study's conclusions are not publicly available; however, they are available from the corresponding author upon appropriate request.

Declarations

Conflict of interest The authors declare no conflict of interest.

Ethical statement All enrolled subjects provided informed consent, and the ethics committee of our hospital approved this prospective study (Ethics number 2020109).

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