REVIEW ARTICLE

Human interstitial cellular model in therapeutics of heart valve calcifcation

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Abstract Calcific aortic valve disease is a common, severe heart condition that is currently with no proven, effective drug treatment and requires a surgical valve replacement or an entire heart explanation. Thus, developing novel, targeted therapeutic approaches becomes a major goal for cardiovascular disease research. To achieve this goal, isolated heart valve interstitial cells could be an advanced model to explore molecular mechanisms and measure drug efficacy. Based on this progress, molecular mechanisms that harbor components of infammation and fbrosis coupled with proteins, for example, BMP-2, TLRs, RANKL, Osteoprotegerin, have been proposed. Small molecules or antibodies targeting these proteins have shown promising effcacy for either reversing or slowing down calcifcation development in vitro. In this review, we summarize these potential therapeutics with some highlights of interstitial cellular models.

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Introduction

Heart valve diseases are the main cause of cardiovascular disease-related deaths (Mozaffarian et al. [2016\)](#page-14-0). Heart valve calcifcation was recognized as a degenerative disease but a reversibility for this event has been realized recently (Wu et al. [2016](#page-16-0); Schoen and Gotlieb [2016](#page-15-0)). Calcifc aortic valve disease (CAVD) starts from the accumulation of mineralized nodules on the valve cusps and results in stenosis of the valve in general (Gohlke-Bärwolf et al. [2013;](#page-13-0) Iung and Vahanian [2011\)](#page-14-1). Stenosis of the valve has very poor prognosis, the only clinical available therapy for severe disease conditions is surgical valve replacement. Compared to surgery treatment, pharmaceutical intervention is much more durable with low

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risk. Thus, efficient drug treatment for this clinical setting is needed and elaboration of molecular mechanisms will pave the way to develop novel treatment tools.

Stenosis and regurgitation of heart valves can be considered direct consequences of valvular cell and molecular changes, triggered by chemical and mechanical stresses. Mechanical stimuli to valve cells or tissues in culture have demonstrated that valvular degenerative processes can be triggered in short time spans and mimic cell transformation in pathological processes (Balachandran et al. [2011](#page-12-0)). The morphogenesis of atrioventricular and semilunar valves is a complex process associated with changes in cardiac morphology and hemodynamics. Early embryonic heart is surrounded by primary myocardium of single tube endocardial cells. In the process of circulation, the primary myocardial secretion of hyaluronic acid-rich gel-like matrix, known as the heart of jelly, projects into the room, depending on the levels of the swelling junction and outfow (Zhao and Rivkees [2000\)](#page-16-1).

Thus, cells are useful for investigating the molecular mechanisms as traditional in vitro models. Several efforts have been contributed to develop the cell models since unlike cancer cell in cancer research, heart valve cells are very limited. Two distinct cellular phenotypes including interstitial and endothelial cells are found within the valve. The former covers the surface of the cusps and the latter forms a network within the extracellular matrix within the body of the cusp. Valve interstitial cells have distinct embryonic origins in the endocardium and cardiac neural crest cells. Heart valve interstitial cells play a critical role in the onset and progression of valvular pathological processes and are closely connected to heart valve tissue remodeling and repair (Masjedi et al. [2016\)](#page-14-2). These cells express certain characteristics of both fbroblasts and skeletal myocytes. Interstitial cells from other tissues have been shown to contract and to express sarcomeric (muscle) genes. In addition, these cells express certain regulatory (transcription factor) genes. The unique alignment of these cells may, at least in part if not complete, be controlled by tissue polarity signals transmitted by members of the frizzled family of vertebrate tissue polarity genes. Interstitial cells from all four valves have been successfully isolated and cultured of recipient hearts obtained during transplantation. Interstitial cells express a number of genes which have been confrmed to display profound physiological functions for heart valves. These include members of the contractile elements such as MHC and troponins (Roy et al. [2000\)](#page-15-1). The presence of members of the frizzled family, which specifcally orients cell polarization, implies that interstitial cells are arranged in the valve tissue based on its undiscovered regulatory patterns. Therefore, the fnding of a number of functionally important genes in isolated interstitial cells from the human heart valves suggests their role in particular physiological functions (Roy et al. [2000\)](#page-15-1).

Valve interstitial cells are known to exist and function within the highly dynamic valve tissue environment, including very high physiological loading rates (Ayoub et al. [2016](#page-12-1)). The mechanical function of these cells has been investigated recently using computational continuum mechanics model and incorporate realistic stress-fber geometries, force–length relations via Hill model. This model can force contraction to clarify alpha-smooth muscle actin and F-actin expression levels and strain rate (Sakamoto et al. [2016](#page-15-2); Sakamoto et al. [2017](#page-15-3)). Both F-actin and α-SMA contributed substantially to stress fber force generation, exerting a great role in valvular interstitial stress fber function and the potential for strain rate-dependent effects in pathological states (Sakamoto et al. [2017](#page-15-3)). High levels of α-SMA expression are related to the potential for strain rate-dependent effects in pathological states, indicating that α-SMA has a unique effect on the valvular cellular in vivo microenvironment (Sakamoto et al. [2017\)](#page-15-3). Strain is a newly defned factor associated with heart valve calcifcation. Strain modifes tension in the monolayer, resulting in cell contacts, migration, apoptosis, and mineralization to infuence nodule formation at different points. Interestingly, TGF-β1, one of important growth factors, increases tension in the monolayer in parallel with α -smooth muscle actin (αSMA) expression. Continual exposure to strain accelerates aggregation of calcifed mature nodules surrounded by an apoptotic ring with a necrotic core (Fisher et al. [2013\)](#page-13-1).

Moreover, radiation generated by a cesium-137 irradiator for 10 Gy can induce the osteogenesis in human aortic valve interstitial cells with osteogenesis markers for bone morphogenetic protein 2, osteopontin, alkaline phosphatase, and Runx2 (Nadlonek et al. [2012](#page-14-3)). Unexpectedly, Sun et al. reported that more calcium deposition and higher alkaline phosphatase activity in human mitral valve interstitial cells than human aortic valve interstitial cells after treating both cells with mineralization medium, indicating that human mitral valve interstitial cells are more suscepti-ble to in vitro calcification (Sun et al. [2013\)](#page-15-4).

Valve cusps interstitial cells have cuboidal and spindleshaped features with swirling pattern (Brand et al. [2006](#page-13-2)). These cells have been characterized with cardiac muscle and troponin complex with the feature of machinery for contractile responses (Johnson et al. [1987](#page-14-4)). In another hands, these cells can communicate with each other via the extracellular matrix, and to respond to their environment, allowing heart valves to function in an optimal and effcient way (Taylor et al. [2003](#page-16-2)). These cells express genes encoding components of the *wnt/β*-*catenin* signaling pathway, indicating the role of this pathway in the embryonic development of the valves (Butcher and Markwald [2007](#page-13-3)). These cells make important matrix components including

collagen, elastin, proteoglycans, glycoproteins, growth factors, cytokines and chemokines, as well as matrix remodeling enzymes, the matrix metalloproteinases (MMPs) and their tissue inhibitors. Functionally, VICs have the dual ability to secrete matrix components and to maintain valvular contractile function (Chester and Taylor [2007](#page-13-4)). Meaningfully, cellular shape regulates valve contractile function independent of phenotype (Tandon et al. [2016\)](#page-16-3).

It has been found that VICs are located inside of heart valves with a heterogeneous cell population. Unexpectedly, greatest amount of the calcifc markers has been found in VICs isolated from the noncoronary cusp as compared to these isolated in the coronary cusps. Also, noncoronary VICs have the highest collagen content (Masjedi et al. [2016](#page-14-2)). Interestingly, there is a signifcant difference of calcifcation potential among four valves with a greatest predisposition to calcifcation in aortic valves (Masjedi et al. [2016](#page-14-2)).

Valvular interstitial cells can demonstrate a pericyte-like phenotype to regulate valve endothelial cell (VEC) organization. VICs controlled early VEC network organization, and then guided later VEC network contraction through chemoattraction. Invasive spheroids with 3D angiogeniclike sprouts were formed in valve cellular culture systems (Arevalos et al. [2016\)](#page-12-2). The persistence of activation was observed in a high-throughput culture system with cultured collagen-coated polyacrylamide substrates of predefned stiffness, allowing the formation of very low substrate stiffness level to "deactivate" them (Quinlan and Billiar [2012](#page-15-5)). VICs is highly sensitive to substrate stiffness, demonstrating the importance of the mechanical characteristics of materials used for valve repair or for engineering valve tissue (Quinlan and Billiar [2012\)](#page-15-5).

The cells isolated from both calcifed and non-calcifed human aortic valve specimens were used to defne cellular origin of valve calcifcation. The results showed that the levels of CD34 expression are key player for this calcifcation procedure in mesenchymal stem-like conditions (Nomura et al. [2013\)](#page-15-6). Compared with CD34-positive cells, CD34-negative mesenchymal stem-like cells were signifcantly more sensitive to high inorganic phosphate, calcifying easily in response to these culture conditions (Nomura et al. [2013\)](#page-15-6). Furthermore, the results obtained from immunohistochemical staining showed that mesenchymal stemlike cells with higher population of CD34-negative compared with CD34-positive were localized in calcifed aortic valve specimens. These data suggest that CD34-negative mesenchymal stem-like cells are important components for calcifcation of the aortic valve (Nomura et al. [2013](#page-15-6)). Importantly, it has been raised that cell density is a robust factor affecting several key proteins, including β-catenin, *N*-cadherin, coflin, α-smooth muscle actin, transforming growth factor β and nuclear pSmad2/3 (Xu et al. [2012](#page-16-4)). The roles of sphingosine-1-phosphate and expression of relevant receptors in valve tissue and in valvular interstitial cells have been determined. They serve essential functions in maintenance of valvular structure, associating with the function of contraction and regulating the tissue tension signaling via RhoA and ROCK (Witt et al. [2012](#page-16-5)).

Mineralization medium generally causes the increase of the expression of osteogenic markers and the decrease of the expression of myofbroblastic markers (Monzack and Masters [2011\)](#page-14-5). VICs displayed distinct difference of expression levels and patterns of these markers than the osteoblastic cell types (Monzack and Masters [2011\)](#page-14-5). Addition of mineralization medium to VICs resulted in the lack of alpha-SMA increases, implying that it is unnecessary for these cells progress through a myofbroblastic stage before reaching the feature of an osteoblast-like gene. Only the osteogenic cell types proved a comprehensible increase in osteocalcin (Monzack and Masters [2011\)](#page-14-5).

Downregulation of the proteins α-SMA, Vimentin, and Calponin has been observed in pathological stretch and pressure which inhibits the contractile (Thayer et al. [2011](#page-16-6)). Calponin downregulation implies depolymerization of actin flaments and possible conversion to a more synthetic phenotype in aortic valve interstitial cell phenotype (Thayer et al. [2011](#page-16-6)).

Thus, a gene program of development in aortic valve disease is reactivated, contributing to the molecular mechanisms underlying valve calcifcation in disease. Collectively, this valve interstitial cell model is a valuable tool to explore the functional and molecular mechanisms of heart valve calcifcation and to verify novel targets for therapeutic intervention. In summary, the central role of interstitial cell on heart valve calcifcation is depicted in Fig. [1](#page-3-0).

Pathways of heart valve calcifcation based on interstitial cellular model

During heart valve calcifcation, valvular interstitial cells from mineralized valves activate molecular and cellular pathways related to valve development and bone differentiation (Rajamannan et al. [2003;](#page-15-7) Wirrig et al. [2011](#page-16-7)). Osteoblast and bone markers such as osteopontin, bone sialoprotein, osteocalcin, alkaline phosphatase, and the osteoblast-specifc transcription factor Runx2 determined by RT-PCR revealed increased mRNA levels of these genes in the calcifed valves. Interestingly, there was no change in alkaline phosphatase mRNA level but an increase in the protein expression in the diseased valves, indicating the presence of post-transcription modifcation (Rajamannan et al. [2003](#page-15-7)). Furthermore, VIC activation, ECM disorganization, and markers of valve mesenchymal and skeletal chondrogenic progenitor cells were determined in **Fig. 1** The central role of interstitial cell on heart valve calcifcation. Monocytes, mastocyte and T cell are the cells which initiate the early events of calcifcation-associated infammation but interstitial cells play a central role on mineralization as infammation effectors

both pediatric and adult tissues (Wirrig et al. [2011\)](#page-16-7). Activated BMP signaling, increased expression of cartilage and bone-type collagens the osteogenic marker Runx2 were observed in adult diseased aortic heart valve in comparison with control valves (Wirrig et al. [2011](#page-16-7)). It has been reported that other pathways related to bone and cartilage formation, including bone morphogenetic protein (BMP), Notch, and Wnt signaling, are involved in valve calcifcation (Garg et al. [2005](#page-13-5); Rajamannan [2011;](#page-15-8) Xu and Gotlieb [2013](#page-16-8); Yang et al. [2009a](#page-16-9)). It has been demonstrated that Notch1 regulates matrix gla protein and calcifcation gene networks such as atherosclerosis-related gene connexin 40 and matrix gla protein. Sequestering bone morphogenetic proteins (BMPs) can to inhibit soft tissue calcifcation (White et al. [2015](#page-16-10)). Notch 1 mediates the pro-osteogenic response to toll-like receptor 4 stimulation in human aortic interstitial cells, leading the calcifcation via modulation of ERK1/2 and nuclear factor-kB activation (Zeng et al. [2013](#page-16-11)). Notch 1 may express the inhibitory role in calcifc aortic valve disease via direct targets of the transcription factor Sox9 (Acharya et al. [2011](#page-12-3)). Sox9 is a well-recognized transcription factor, binding the DNA and activating the transcription (Ng et al. [1997](#page-15-9)). Calcifc lesions in heart valve leaflets were observed in $Sox9(f1/+);Col2a1-cre$ mice, correlated with, increased expression of bone-related genes and activation of infammation and matrix remodeling processes. Specifc knockdown of Sox9 in heart valves in vitro caused ectopic calcifcation, confrming the critical role of Sox9 in valvular calcifcation (Peacock et al. [2010](#page-15-10)). Recent evidence demonstrated that valve endothelial cellderived Tgfβ1 signaling promotes nuclear localization of Sox9, associated with alleviated calcifcation. Reduced Sox9 expression and nuclear localization precedes the onset of calcifcation in valve interstitial cells. Interestingly, valve endothelial cells can prevent Sox9 nuclear export and calcifc nodule formation i. In contrast, removal of Tgfβ1 in the endothelium leads to decreased Sox9 expression and calcifc aortic valve disease (Huk et al. [2015](#page-14-6)). Sox9 nuclear localization has been observed in cultured chicken embryo aortic valves (Fang et al. [2014](#page-13-6)). Nodular cells strongly express nuclear Sox9 and its downstream extracellular matrix genes, including Aggrecan, Col2a1 and Col10a1, which is associated with the Wnt/β-catenin signaling pathway (Fang et al. [2014\)](#page-13-6).

Notch 1 mutation leads to valvular calcifcation through enhanced myofbroblast mechano-transduction, resulting in dystrophic—but not osteogenic—calcifcation (Chen et al. [2015](#page-13-7)). A knockdown of LncRNA H19 increased the expression of Notch1 and decreased the levels of Runx1 and BMP2. LncRNA H19 silenced Notch1 by preventing the recruitment of its promoter. Rescue experiments demonstrated that the transfection of a vector encoding for the active Notch intracellular domain prevented LncRNA H19-induced calcifcation of valve interstitial cells. Deregulation of DNA methylation in the promoter of H19 during calcifc aortic valve disease is associated with a higher expression of LncRNA H19, which promotes an osteogenic procedure by interrupting the expression of NOTCH1, confrming the role of NOTCH1 (Hadji et al. [2016\)](#page-13-8). Similarly, Notch signaling pathway increases bone morphogenetic protein-2 to induce osteogenic differentiation and mineralization in vascular smooth muscle cells (Shimizu et al. [2011](#page-15-11)). Based on the data collected from transgenic animal model, BMP signaling has shown a crystal clear effect on aortic valve calcifcation (Gomez-Stallons et al. [2016](#page-13-9)).

Recently, a novel mechanism regarding the role of non-canonical Wnts signaling pathway has been proposed (Albanese et al. [2016\)](#page-12-4). Signifcant correlation between WNT5b and WNT11 overall staining and presence of calcifcation, lipid score, fbrosis, and microvessels has seen in human aortic valve calcifcation. Abundant immunostaining for WNT5b and WNT11 was observed in fbrosis, infammatory cells, and activated myofbroblasts in areas of calcifed foci, which further confrmed by either Western blot or RT-PCR in stenotic aortic valves, particularly in bicuspid valves. Incubation of HAVICs isolated from non-calcifed valves with the non-canonical Wnts signifcantly enhanced cell apoptosis and calcifcation. Mitogen-activated protein kinase 38β and GSK3β inhibitors signifcantly reduced the mineralization of HAVICs, demonstrating the involvement of both MAPK 38 and GSK3β signaling. On the other hand, Raman spectroscopy confrmed the presence of hydroxyapatite, one form of the inorganic phosphate deposits. Furthermore, in response to WNT5a and WNT11, signifcant increase in hydroxyapatite deposition was detected in HAVICs. These deposits could be observed in both HAVICs treated with Wnts and calcifed human aortic valves (Albanese et al. [2016](#page-12-4)). The condense data collectively convinced the production of hydroxyapatite deposition in heart valve calcifcation.

Rho signaling pathway is involved in regulating normal smooth muscle and endothelial cell function. Increased Rho A and Rho kinase (ROCK) activity in valvular interstitial cells is correlated to increased nodule formation in vitro (Gu and Masters [2011\)](#page-13-10). Rho/ROCK may be a potential powerful therapeutic target for treating heart valve calcifcation. Sung et al. revealed that cadherin-11 overexpression increases the expression of RhoA and Sox9, causing calcifcation and extensive pathogenic extracellular matrix remodeling (Sung et al. [2016](#page-16-12)). Administration of a Rho-associated protein kinase inhibitor alleviated nodule formation, supporting the role of the small GTPase Rho/ Rho-associated protein kinase signaling pathway (Sung et al. [2016](#page-16-12)).

Contractility of interstitial cells mediates internal stress state and organization of extracellular matrix of aortic heart valve. Osteogenesis disrupts mechanical phenotype of interstitial cells and drives disorganization, nodule formation, and pro-calcifc signaling via a RhoA-dependent mechanism (Farrar et al. [2016](#page-13-11)). A ROCK-dependent manner has been observed during the event of regulation of VICs on the early VEC network. Typical angiogenic-like phenotypes are dependent on ROCK activation. These results suggest that exposure of ectopic sustained angiogenic environment during the early stages of valve disease enhances activities infuenced by both VECs and VICs, contributing to neovessel formation and the progression of CAVD (Arevalos et al. [2016\)](#page-12-2).

Furthermore, other mechanisms, including matrix remodeling, lipid accumulation in the valve, and dysfunction of the renin–angiotensin system have been proposed to detail the procedure of heart valve calcifcation (Rajamannan et al. [2007\)](#page-15-12). Ang II might act on the Ang II receptor on valvular interstitial cells and lead to activation of the Wnt/β-catenin pathway. Thus, angiotensin II induces the activation, differentiation and proliferation of myofbroblasts, that is, heart valve interstitial cells, and fnally, osteoblast-like phenotype transformation, leading to calcifcation of heart valves (Xie et al. [2016\)](#page-16-13). Active investigation in clinical trials has been conducted in angiotensin receptor blockers (ARB)s and angiotensin convertase enzyme inhibitors (ACEI)s to treat heart valve calcifcation, but has been proven to be unsuccessful in slowing the progression of calcifc aortic valve disease (Peltonen et al. [2017\)](#page-15-13).Vasoactive factors are involved in the progression of calcifc aortic valve disease. Thus, it has been proposed that endothelin and renin–angiotensin systems seem to be the most prominent targets for therapeutic interventions in the view of valvular pathogenesis. Circulating vasoactive factors may provide targets for diagnostic tools of calcifed aortic valve disease. An early observation disclosed that ARBs but not ACEs were found to abolish the increased risk of mortality associated with hypertension (Capoulade et al. [2013\)](#page-13-12). Ang II stimulation signifcantly induced vascular calcifcation through activation of RANKL. Furthermore, RANKL activated renin–angiotensin II system, especially angiotensin II-converting enzyme and Ang II type 1 receptor. Cross-talk between renin–angiotensin II system and RANKL system might work as a vicious cycle to accelerate vascular calcifcation in atherosclerosis (Osako et al. [2013\)](#page-15-14). Fibroblast growth factor 2 formulation can modulate the phenotype and function of human VICs (Latif et al. [2015](#page-14-7)). Principally, it comes from an early observation that fbroblast growth factor-2 enhances in vitro heart valve interstitial cell repair via Akt1 pathway (Han and Gotlieb [2012](#page-13-13)).

Mature heart valves have complicated structures consisting of three layers of very well-organized extracellular matrix, mainly composed of collagens, proteoglycans and elastin. In contrast to healthy valves, myxomatous valve disease is the most common cause of mitral valve prolapse in the human population and is characterized by an abnormal abundance of proteoglycans (Barnette et al. [2013](#page-12-5)). Independently, Osman et al. found that binding of LDL to proteoglycans by transforming growth factor-β1 in aortic valve interstitial cells enhanced the movement to the calcifcation, serving as an early event associated with Smad2 dependent glycosaminoglycan elongation (Osman et al. [2013](#page-15-15)).

Scleraxis (Scx) is a basic helix-loop-helix transcription factor, which is required for establishing heart valve structure during remodeling stages of valvulogenesis. Restructuring heart valves from Scx null mice express decreased levels of proteoglycans, particularly chondroitin sulfate proteoglycans, while overexpression of Scx in embryonic avian valve precursor cells and adult porcine valve interstitial cells increases chondroitin sulfate proteoglycans, identifying that Scx is positively regulated by canonical Tgfβ2 signaling during this process and this procedure is attenuated by MAPK activity (Barnette et al. [2013](#page-12-5)). Scx is increased in myxomatous valves evidenced from both human patients and mouse models, and overexpression of Scx in human mitral valve interstitial cells modestly increases proteoglycan expression consistent with myxomatous mitral valve phenotypes (Barnette et al. [2013](#page-12-5)). Higher levels of TRAIL were detected in calcifc aortic valves and in sera from the same patients compared to controls (Galeone et al. [2013](#page-13-14)). Figure [2](#page-5-0) describes the pathways of Notch, BMP and Angiotension-II that induce increase of calcifcation under osteogenic conditions.

Infammatory mechanisms verifed via interstitial cell models

Both adaptive and innate immune systems play a critical role on cardiovascular diseases (Mathieu et al. [2015](#page-14-8)). Several studies have demonstrated the correlation between infammation and aortic valve calcifcation (Helske et al. [2007](#page-14-9)). Infammation markers, including macrophages, T lymphocytes, and pro-infammatory mediators such as interleukin-1, transforming growth factor-beta, and tumor necrosis factor-alpha are present in calcifed human heart valves (Rajamannan et al. [2007](#page-15-12)).

We revealed that human AVICs express functional toll-like receptor TLR2 and TLR4, important mediators of the innate immune response and infammation (Meng et al. [2008](#page-14-10)). The similar observation has been consistently reported with viral and bacterial patterns (López et al.

Fig. 2 Osteogenic conditions enhance the signaling pathways of either Notch or BMP which induce the activation of Smad and upregulation of Runx2 or RhoA/ROCK/Sox9, thus resulting in the increase of calcifcation biofactors including osteopontin and osteocalcin. Angiotensin II-activated ARB and ACE which gives other potential targets for treating heart valve calcifcation

[2012](#page-14-11)). TLR4 and TLR2 ligands induced an early activation of NF-κB and p38 MAPK activation in aortic valve interstitial cells (López et al. [2012](#page-14-11)).

Furthermore, differential TLR expression and differential response to TLR agonists distinguish AVICs from PVICs and are correlated to a pro-osteogenic phenotype. In the meantime, we examined that human aortic and pulmonary valve, both tissue and isolated interstitial cells, express different levels of TLR2 and TLR4 (Yang et al. [2009b\)](#page-16-14). Stimulation of TLR2 and TLR4 signaling pathways results in differential expression of pro-infammatory and pro-osteogenic factors in AVICs and PVICs. In contrast, silencing TLR2 and TLR4 blocks the proosteogenic response in AVICs. We observed that BMP-2 is related to TLR2 and TLR4 to osteogenic phenotypic changes. TLR2, TLR4, and BMP-2 expression differ in AVICs isolated from normal versus stenotic valves (Yang et al. [2009b\)](#page-16-14). In comparison of adult and pediatric patient aortic heart valve interstitial cells, adult AVICs exhibit greater infammatory and osteogenic responses to TLR4 stimulation than pediatric AVICs (Deng et al. [2015\)](#page-13-15). Inhibition of Stat3 enhanced p-38 MAPK and NF-κβ phosphorylation in pediatric AVICs after TLR4 stimulation. The enhanced responses in adult AVICs are at least partly due to lower levels of Stat3 activation in response to TLR4 stimulation relative to pediatric cells. Stat3 functions as a negative regulator of the TLR4 responses in human AVICs (Deng et al. [2015\)](#page-13-15). These data described above confrm that these important infammation-associated markers exist consistently in heart valves both in human tissues and isolated cells.

On the other hand, AVICs stimulated with TLR agonists upregulate BMP-2 and runt-related transcription factor 2 (Runx2) (Meng et al. [2008](#page-14-10); Babu et al. [2008](#page-12-6)), giving crucial functional features of these interstitial cells. Consistently, BMP-2 and Runx-2 have both been detected in calcifed valve leafets (Rajamannan et al. [2003;](#page-15-7) Mohler et al. [2001](#page-14-12)). The changes in Runx2 and osteopontin levels were preceded by phosphorylation of Smad1 and extracellular signal-regulated kinase 1/2 but not p38 mitogen-activated protein kinase. Decreasing Smad1 by silencing approach reduced Runx2 and osteopontin levels, whereas inhibition of extracellular signal-regulated kinase 1/2 reduced osteopontin expression without infuencing Runx2 expression (Yang et al. [2009a](#page-16-9)). In addition, AVICs stimulated with BMP-2 upregulate alkaline phosphatase (ALP) (Osman et al. [2006\)](#page-15-16), and formation of calcifed nodules in VICs is dependent on ALP activity (Mathieu et al. [2005\)](#page-14-13). Another novel observation is that TLR4-mediated ICAM-1 expression in human aortic valve interstitial cells is related to facilitation of microflaments (Song et al. [2011\)](#page-15-17). All data highlighted the important role of infammation and its relevant pathways on heart valve calcifcation. Interleukin 18 (IL-18), one of the important infammation factors, is expressed in stenosis aortic valves and is positively related with the clinical severity of aortic stenosis. IL-18 significantly enhanced alpha-smooth muscle actin gene and protein expression. IL-18 treatment also promoted the expression of osteopontin and Runx2 mRNA. IL-18 could induce ALP activity in the presence of conditioning medium. IL-18 markedly enhanced NF-κB p65 phosphorylation in VICs (Zhou et al. [2016](#page-16-15)). Clinical evidence has shown that coronary artery calcifcation is associated with rheumatoid arthritis-induced infammation (Wahlin et al. [2016\)](#page-16-16).

TNF-α accelerated the calcifcation and ALP activity of HAVICs from calcifc aortic valve stenosis. Gene expressions of ALP, BMP2, and distal-less homeobox 5 (Dlx5) were significantly increased as well (Yu et al. [2011\)](#page-16-17).

High-mobility group box-1 protein (HMGB1), another critical biomarker of infammation, induces production of pro-infammatory cytokines, accelerates the osteoblastic differentiation and promotes osteogenic phenotype changes including calcifcation in VICs (Wang et al. [2016](#page-16-18)). Conversely, osteopontin, one of the important osteogenic phenotypic markers, regulates the HMGB1 expression (Passmore et al. [2015](#page-15-18)). It has been observed that HMGB1 mediates high-glucose-induced calcifcation as well (Wang et al. [2016](#page-16-18)). Clinic-related observation has shown that HMGB1 remained independent predictors of the non-calcifed plaque burden with a high positive predictive value for the presence of non-calcifed and remodeled plaque (Andrassy et al. [2012\)](#page-12-7).

Autotaxin (ATX) transforms lysophosphatidylcholine into lysophosphatidic acid. Bouchareb et al. observed high levels of ATX in mineralized aortic valves collected from patients. Furthermore, ATX colocalized with oxidized phospholipids and apolipoprotein(a) and valve interstitial cells also expressed ATX. Mechanistically, ATXlysophosphatidic acid accelerates the mineralization of the aortic valve through a nuclear factor κB/interleukin 6/ bone morphogenetic protein pathway. A mouse model has model revealed that when ATX is overexpressed, lysophosphatidic acid increases a strong deposition of hydroxyapatite of calcium in aortic valve leafets and accelerates the development of CAVD (Bouchareb et al. [2015\)](#page-12-8). Cytokines, including IL-1β, can induce the formation of IL-6 and IL-8, and activate NF-kB pathway (Sun et al. [2015](#page-16-19)). On the other hand, neutralization of BMP-2 or TGF-β1 attenuates the expression of ALP, osteopontin, and Runx2 in cells (Song et al. [2015](#page-15-19)). However, neutralization of both BMP-2 and TGF-β1 decreases the expression of these osteogenic biomarkers and calcium deposition (Song et al. [2015\)](#page-15-19). Expression of phosphorylated Smad1 and Smad3 has been found in cells exposed to biglycan, and knockdown of Smad1 or Smad3 attenuates the effect of biglycan on the expression of osteogenic biomarkers. Further evidence confrmed that the Smad 1/3 pathways are involved in the mechanism of AVIC pro-osteogenic reprogramming (Song et al. [2015](#page-15-19)). In addition, myofbroblasts with enhanced protein expressions of β-catenin, TGF-β1, Wnt3A, and phosphorylated Smad2/3 are found in the fbrosa fed with atherogenic diet, indicating the correlation among β-catenin, TGF-β1, Smad pathways (Chen et al. [2011](#page-13-16)).

Fernández-Pisonero et al. demonstrated the synergy between bioactive lipid sphingosine 1-phosphate and lipopolysaccharide (Fernandez-Pisonero et al. [2014\)](#page-13-17). This observation is very important since it explains the hallmarks of lipid accumulation and infammation in the stenosisrelated aortic calcifcation. Co-administration of sphingosine 1-phosphate and LPS induce synergistic pro-infammatory responses including the upregulation of IL-6, IL-8, COX-2 and ICAM-1. Profoundly, these effects are more dramatic in aortic valve interstitial cells from stenotic than control valves. The authors demonstrated the involvement of sphingosine 1-phosphate receptors 1/3 and Toll-like receptor-4, and downstream signaling such as p38/MAPK, protein kinase C, and NF-κB (Fernandez-Pisonero et al. [2014](#page-13-17)). Furthermore, sphingosine 1-phosphate caused calcium deposition, increased the expression of tBMP-2 and ALP, and enhanced the effect of LPS, an effect that was partially blocked by

inhibition of sphingosine 1-phosphate receptors 3/2 signaling (Fernandez-Pisonero et al. [2014\)](#page-13-17). Both innate and adaptive immunity infuencing aortic valve calcifcation has been recently proposed due to the facts including production of leukotrienes, existence of oxidized lipid species, activation of innate immune responses and trigger of adaptive immune responses during cardiovascular calcifcation (Mathieu et al. [2015\)](#page-14-8). Human CAVD tissues are infltrated by lipids (Meredith et al. [2013](#page-14-14)). Oxidized LDL upregulated phosphate inorganic transporter 1, a sodium-phosphate ion cotransporter in human aortic valve interstitial cells, may explain the effect of oxidized LD on induction of osteogenic changes (Nadlonek et al. [2013a\)](#page-15-20). Highly expressed lipoprotein-associated phospholipase A2 has been found in calcifc aortic valve. In vitro, lysophosphatidylcholine, the product of Lp-PLA2 activation increased the expression of ALP, the ectonucleotide pyrophosphatase/phosphodiesterase 1 enzyme, sodium-dependent phosphate cotransporter 1 (encoded by the SLC20A1 gene), and osteopontin. Lysophosphatidylcholine-induced mineralization involved ectonucleotidase enzyme as well as apoptosis through a protein kinase A-dependent pathway has been demonstrated (Mahmut et al. [2014](#page-14-15)). Independently, Suzuki et al. discovered that an increased expression of osteogenic molecules is associated with the expression of groups IIE and V phospholipase A2 (Suzuki et al. [2014\)](#page-16-20). Furthermore, the degree of immunoreactivity and gene expression levels of PLA2 s-IIE and -V signifcantly correlated with those of BMP-2, osteopontin and ALP. In addition, immunoreactivity for cyclooxygenase (COX)-1, COX-2 and 5-lipoxygenase, downstream enzymes of PLA2 in the arachidonic acid cascade, was colocalized with that for PLA2 s-IIE and -V in cells expressing α-smooth muscle actin and macrophages expressing CD68 (Suzuki et al. [2014\)](#page-16-20). Epigenetic regulation of 5-lipoxygenase in the phenotypic plasticity of valvular interstitial cells has been observed in aortic valve stenosis. Calcifed tissue exhibited decreased DNA methylation in the promoter of the gene encoding the pro-infammatory enzyme 5-lipoxygenase, accompanied by increased mRNA levels of 5-lipoxygenase (Nagy and Bäck [2012](#page-15-21)). The typical mesenchymal-type cell–cell adherens junctions (AJs) connecting VICs appear as normal *N*-cadherin based puncta adhaerentia (Barth et al. [2012\)](#page-12-9). Plakophilin-2, known as a major cytoplasmic plaque component of epithelial desmosomes, is recruited to and integrated in the plaques of VIC adherens junctions as a major component under growth conditions with enhanced proliferation, i.e., in fetal heart valves and in cell cultures (Nagy and Bäck [2012\)](#page-15-21). Plakophilin-2 has recently also been detected in adherens junctions of cardiac myxomata (Rickelt et al. [2010](#page-15-22)).

Nucleotide P2Y2 receptor (P2Y2R) is a newly defned protein which contributes to vascular infammation and dysfunction. Direct evidence has shown that P2Y2R is involved in neointimal hyperplasia (Agca et al. [2016](#page-12-10)).

Global deficiency of this receptor slows down the formation of vascular calcifcation (Qian et al. [2017](#page-15-23)). Mechanistically, P2Y2R may bind to integrin to promote Wnt3aand EGF-induced epithelial tubular formation (Ibuka et al. [2015](#page-14-16)). P2Y2R shows the ability to repress IL-6 expression via Akt. P2Y2R and Akt modulate the NF-κB pathway and its downstream target IL-6, a strong promoter of the mineralization of VICs (El Husseini et al. [2014](#page-13-18)). MAPK activation can be induced by TGF-beta1, promoting collagen synthesis, nodule formation, redox stress and cellular senescence (Das et al. [2013](#page-13-19)).

Reactive oxygen species (ROS) generated by hydrogen peroxide induced relocalization of phosphorylated γH2AX, MRE11, and XRCC1 proteins with expression of osteogenic signaling molecule RUNX2 via AKT, implying the accumulation of ROS and remodeling of the microstructure of the cusp characterize aortic valve sclerosis, the early phase of calcifc aortic valve disease (Branchetti et al. [2013](#page-12-11)). Figure [3](#page-8-0) highlights the critical role of ERK/Akt on either infammatory factors-triggered Smad pathway or Integrin-induced Wnt pathway for calcifcation although latter may go through β-Catenin/alkaline phosphatase.

Fibrosis‑related calcifcation based on interstitial cell results

Calcifc aortic stenosis involves fbro-calcifc remodeling of the aortic valve that causes restriction of blood flow (Lindman et al. [2016\)](#page-14-17). Accumulation of fbrotic collagen leads to thickened and stiffened valve leafets and a deterioration in function, which is the hallmark of calcifcation initiation (Adiguzel et al. [2009](#page-12-12)). The association between collagen accumulation and calcifcation in cardiovascular diseases is reminiscent of features of atherosclerosis, in which a collagen-rich fbrotic cap encapsulates an underlying calcifcation (Adiguzel et al. [2009](#page-12-12)). Principally, after an atherosclerotic lesion develops, collagen accumulation is desirable to stabilize the plaque and minimize the potential for rupture and thrombosis (Libby [2013\)](#page-14-18). Stability has historically been quantifed by the thickness of collagen in the fbrotic cap (Libby and Sasiela [2006\)](#page-14-19). Interestingly, biomechanical analyses indicate that underlying calcifcations might further stabilize the plaque, indicating that calcifcation accelerates the formation of plaque. Surprisingly, clinical evidence showed that statins do not decrease the prevalence of vascular calcifcation, implying that neither inhibiting HMG-CoA reductase nor lowering cholesterol levels blocks the development of vascular calcifcation (Saremi et al. [2012;](#page-15-24) Houslay et al. [2006\)](#page-14-20). Thus, cholesterol may not be a critical factor infuencing progress of vascular calcifcation. In contrast, ACE inhibitors reduce left ventricular hypertrophy beyond their effects on blood pressure

with positive effects on myocardial fibrosis, diastolic function and clinical outcomes (Brilla et al. [2000;](#page-13-20) López et al. [2001](#page-14-21)).

The relationship between calcifcation and OPG/ RANKL/TRAIL pathway

Osteoporosis is related to the increase of incidence of aortic valve stenosis and rapid development of disease progression, reserving a close relationship to the cycle of bone lose and formation with the calcifcation (Persy and D'Haese [2009](#page-15-25); Aksoy et al. [2005\)](#page-12-13). Serum levels of osteopontin, osteoprotegerin and RANKL are useful as biomarkers for estimating the degree of calcifcation in human carotid atheroma (Higgins et al. [2015](#page-14-22)). Comparably, Runx2 has been found essential to an osteochondrogenic phenotype and subsequent calcifcation, which may be independent of systemic lipid metabolism, RANKL expression and macrophage infltration. Runx2 deletion in smooth muscle cells inhibits vascular osteochondrogenesis and calcifcation but not atherosclerotic lesion formation (Lin et al. [2016](#page-14-23)). In contrast, twistrelated protein 1 negatively regulated osteoblastic transdifferentiation of human aortic valve interstitial cells via directly inhibiting Runx2 expression (Zhang et al. [2014](#page-16-21)). Also, low level of Twist1 has been observed in calcifed aortic valves and overexpression of Twist1 inhibits the trans-differentiation of VICs into osteoblasts and its downstream osteoblastic markers (Zhang et al. [2014\)](#page-16-21).

An early observation has shown that osteoprotegerin defciency develops early onset osteoporosis and arterial calcifcation, predicting the role of osteoprotegerin in calcifcation (Bucay et al. [1998\)](#page-13-21). Overexpression of RANKL during calcifc aortic stenosis might have an important role in the pathogenesis, since secreted RANKL activates vascular interstitial cells to produce extracellular matrix (Kaden et al. [2004;](#page-14-24) Weiss et al. [2013](#page-16-22)). In contrast, it has been shown that RANKL promotes vascular calcifcation while osteoprotegerin (OPG) acts as a RANKL decoy receptor to block this effect (Harper et al. [2016](#page-13-22)). Figure [4](#page-9-0) explains the effect of OPG/RANKL/TRAIL pathway on heart valve calcifcation by comparing the differences of healthy and calcifed valve.

Development of therapeutic strategies

Increased COX2 expression in heart valve calcifcation has been found and pharmacological inhibition of COX2 by celecoxib reduces calcifcation and blocks osteogenic

OPG acts as a RANKL decoy receptor to block promotion of vascular calcification.

Over expression of RANKL thereby leading to production of extracellular matrix

Fig. 4 The role of OPG/RANKL/TRAIL pathway on heart valve calcifcation. In calcifed valve, endothelial cells released higher levels of RANKL which binds to the RANKL receptor and activates the

event of extracellular matrix, compared to healthy valve. Activated RANKL pathway released more extracellular matrix, accelerating the process of calcifcation

gene expression, suggesting that targeting infammation is an effcient approach to treat heart valve calcifcation (Wirrig et al. [2015\)](#page-16-23).

The nodule formation could be blocked by specifc inhibitors including H1152 and Y27632 (Gu and Masters [2011](#page-13-10)). Thus, Rho/ROCK is a potential therapeutic target for treating heart valve calcifcation. Impressively, Witt et al. demonstrated that polyunsaturated fatty acids, including several active components such as docosahexaenoic acid and arachidonic acid can reverse activation of valve interstitial cells into contractile myofbroblasts via decreasing the activity of RhoA and enhanced the ratio of G/F-actin (Witt et al. [2014](#page-16-24)).

In addition, Fasudil, an inhibitor of the Rho kinase pathway, can also selectively inhibit nodule formation via inhibition of Smad2 phosphorylation, Erk1/2 phosphorylation and p38 MAPK phosphorylation, thus confrming the potential clinical signifcance of inhibiting the Rho kinase pathway (Das et al. [2013](#page-13-19)).

Either docosahexaenoic acid or arachidonic acid can decrease G-actin-regulated nuclear translocation of myocardin-related transcription factors, co-activators of serum response factor. C3 transferase can directly block the RhoA as well (Das et al. [2013](#page-13-19)). Thus, diets with high ratio of polyunsaturated fatty acids may be a useful administration approach to slow down the progress of heart valve calcifcation.

Dynamically, biological hydrogels could improve the valve replacement situation via the printed trileafet valve conduits (Duan et al. [2014\)](#page-13-23). 3-D printable formulations of hybrid hydrogels are developed based on methacrylated hyaluronic acid and methacrylated gelatin, and used to bioprint heart valve conduits containing encapsulated human aortic HAVICs. HAVIC encapsulated within bioprinted heart valves maintained high viability, and remodeled the initial matrix by depositing collagen and glycosaminoglycans, implying that HAVIC could be used as the building blocks for preparing the artifcial heart valves in near future (Duan et al. [2014](#page-13-23)). Furthermore, a clickable chemical reaction by reacting an 8-arm poly(ethylene glycol) alkyne with an azidefunctionalized photodegradable crosslinker, photodegradable hydrogel substrate allows to precisely control substrate elasticity and topography in situ (Kirschner et al. [2014](#page-14-25)). Reducing surface modulus could partially reverse VIC activation on stiff surfaces and anisotropic topographies could subsequently re-activate it. These dynamic substrates provide unique opportunities to decipher the complicated role of matrix cues on the plasticity of VIC activation (Kirschner et al. [2014\)](#page-14-25). Preservation of the quiescent fbroblast phenotype of VICs by soft hydrogels displays much better performance than stiff plastic plates (Wang et al. [2013\)](#page-16-25).

The role of stiffness and adhesivity of hydrogels on VIC behavior has been explored using synthesized methacrylated hyaluronic acid and oxidized methacrylated hyaluronic acid (Duan et al. [2013\)](#page-13-24). Adding methacrylated-gel in methacrylated hyaluronic acid enhanced VIC migration, cell spreading and proliferation from encapsulated spheroids and better maintained the VIC fbroblastic phenotype (Duan et al. [2013\)](#page-13-24). Fine tuning the blends of fast-degrading poly(glycerol sebacate) (PGS) and slowly degrading polycaprolactone (PCL) to prepare the hybrid polyester scaffolds which is used to explore the effect of in vitro degradation and ECM secretion on the mechanical properties. Higher ECM protein secretion was observed in VICs seeded on PGS–PCL scaffolds compared with VICs seeded on PCL (Sant et al. [2013\)](#page-15-26). Faster-degrading PGS component of PGS–PCL scaffolds increased the degradation rate. On the other hand, VICs could restructure the synthetic scaffold, depositing novel matrix proteins and maintaining the mechanical properties of the scaffolds (Sant et al. [2013\)](#page-15-26). Furthermore, VICs can be cultivated on anisotropic poly(glycerol sebacate) scaffolds to generate biomimetic in vitro models with clinically relevant cells (Masoumi et al. [2013\)](#page-14-26).

Osteoprotegerin pathways related to RANKL, OPG and RANK are the useful molecular basis for developing the approaches for treating vascular diseases (Dawson and Lawrie [2017](#page-13-25)). Further, osteopontin protects VICs against in vitro calcifcation due to its interaction with CD44, demonstrated by proximity ligation assay (Poggio et al. [2014\)](#page-15-27).

Nodule formation was inhibited by various pathway inhibitors. For instance, SB431542, the inhibitor of the Smad pathway, SB203580, the inhibitor of the P38 MAPK pathway, and U0126, the inhibitor of the Mekl/2/Erk1/2 pathway can slow down the calcifcation (Das et al. [2013](#page-13-19)). Furthermore, small-interfering RNA for knock-downing cadherin-11 abrogated calcifc nodule formation, implying that robust cell–cell connections are necessary in generating tension for calcifc nodule morphogenesis, which is consistently associated with TGF-beta1 adminstration (Hutcheson et al. [2013\)](#page-14-27).

We revealed that Noggin, a protein blocking BMP-2, inhibits the calcifcation in human heart valve interstitial cells (Yang et al. [2009b\)](#page-16-14). This fnding is consistently supported by recent evidence that Noggin alleviates the osteogenic activation and osteoblast differentiation has been released as well. Osteoblastic differentiation and cell calcifcation of adamantinomatous craniopharyngioma are induced by bone morphogenetic protein-2 (Poggio et al. [2013](#page-15-28)). In meantime, broadly blocking BMP-2 pathway with inhibiting Smad1 and ERK1/2 could reduce the events of heart valve calcifcation (Yang et al. [2009a](#page-16-9)).

Clinical evidence demonstrated that metformin administration was independently associated with a lower below-the-knee arterial calcifcation score, contributing

to metformin's recently defned vascular protective effect (Mary et al. [2017\)](#page-14-28). In contrast, retinoic acid treatment in mature heart valves enhanced calcifc processes in vitro, which can be attenuated by Sox9 overexpression (Peacock et al. [2010](#page-15-10)).

One of non-glucocorticoid steroids,21-aminosteroid (U-74389G), could serve as an antioxidant to inhibit peroxidation of lipids via entering cell membranes. This small molecule shows a clinic potential to defend ischemia/reperfusion injury of the central nervous and liver (Alhan et al. [2006](#page-12-14); Chang et al. [2011](#page-13-26)). Inhibition of anti-infammatory NF-kB may mediate these anti-infammatory effects of this drug (Okada et al. [2000;](#page-15-29) Reeves et al. [2013\)](#page-15-30). Recently, the NF-kB inhibitory activity of two 21-aminosteroids, anecortave and VBP15, were found to be dependent on binding to the glucocorticoid receptor, contrary to previous models of the mechanism of action of this class of drugs (Reeves et al. [2013](#page-15-30); Baudy et al. [2012](#page-12-15); Heier et al. [2013\)](#page-14-29). Sun et al. demonstrated that NF-kB pathway is involved in the suppression of U-74389G on osteoblastic differentiation in AVICs. The negative effects of U-74389G on osteogenic gene expression and mineralization of AVICs was blocked by glucocorticoid receptor antagonist mifepristone and the NF-kB inhibitor Bay 11-7082 (Sun et al. [2015](#page-16-19)).

Raloxifene belongs to the second generation of selective estrogen receptor modulators, which exhibits estrogen-like effects on cardiovascular and bone tissues and antiestrogen effects on uterine and breast tissues with signifcant tissue selectivity (Barrett-Connor et al. [2006\)](#page-12-16). Raloxifene induces cell death associated with autophagy; the mechanism was mediated by the activation of AMP-activated protein kinase (AMPK) pathway via decreases in intracellular ATP in cancer cells. The overactivation of autophagy leading to cell death maybe one of the important mechanisms of the therapy effect of Raloxifene (Kim et al. [2015](#page-14-30)).Thus, the effects of Raloxifene on the proliferation and apoptosis of human aortic valve interstitial cells were determined, showing that Raloxifene reduced the ratio of the S stage and the cell apoptosis rate of AVICs. Furthermore, Raloxifene decreased the mRNA and protein expressions of caspase-3 and caspase-8, indicating the effect of Raloxifene on apoptosis cell signaling pathway (Fu et al. [2016\)](#page-13-27).

Small interfering RNA, c-Jun MAPK and NF-kB inhibitors can slow down the progression of heart valve calcifcation process (Wang et al. [2016\)](#page-16-18). Inhibition of NF-kB but not ERK1/2 could prevent interleukin-1βinduced infammatory phenotype in human AVICs, leading to the prevention of the interleukin-1β-amplifed osteogenic changes (Nadlonek et al. [2013b\)](#page-15-31). This observation implies that NF-kB may play an important role in the process of interleukin-1β-induced heart valve calcifcation (Nadlonek et al. [2013b\)](#page-15-31). In contrast, inhibition of either NF-kB or ERK1/2 can reduce lipopolysaccharide-induced

Fig. 5 The effect of various therapeutic candidates targeting BMP, Smad, RhoA, ROCK, ACE, ERK/Akt, NF-κB, etc., on attenuating cellular calcifcation has been examined. The strategy targeting either P2Y2R/Integrin or β-catenin is under investigation

bone morphogenetic protein-2 and alkaline phosphatase expression (Zeng et al. [2013](#page-16-11)).

Delivery of antioxidant enzymes may be an efficient approach to reverse the calcifcation, as antioxidant enzymes block ROS-induced DNA damage (Miller et al. [2011\)](#page-14-31). Rush et al. provided the evidence that surface chemistry modulates VIC phenotype and calcifed tissue deposition independent of osteoblastic-inducing media additives (Rush et al. [2015](#page-15-32)).

Users of angiotensin receptor blockers showed a lower remodeling score of stenotic aortic valves from a clinical observation (Côté et al. [2011\)](#page-13-28). An earlier observation reports the evidence of lower events of progression of coronary artery calcifcation (Maahs et al. [2007](#page-14-32)).

Targeting NF-kappa B signaling pathway using Exenatide, an inhibitor of agonist of GLP-1, can inhibit calcifcation (Zhan et al. [2014](#page-16-26)). Blocking angiotensin receptor can reduce fbrosis and the IL-6 level in aortic valve calcifcation (Côté et al. [2013](#page-13-29)).

5-HT-induced activation of extracellular signal-regulated kinase (ERK) 1/2, an initiator of cellular proliferation and activity, was blocked by terguride in valvular interstitial cells. The stimulatory effect of $5-HT$ on $[{}^{3}H]$ proline incorporation, index of extracellular matrix collagen, was blocked by terguride as well (Kekewska et al. [2012\)](#page-14-33).

Dorsomorphin, an inhibitor of Smads1/5/8 phosphorylation, signifcantly inhibited the enhancement of TNFα-induced calcifcation, ALP activity, Smad phosphorylation, and Dlx5 gene expression of HAVICs from calcifc aortic valve stenosis. These results indicate that inhibition of BMP2-Dlx5 pathway may slow down the heart valve calcifcation (Yu et al. [2011\)](#page-16-17). Figure [5](#page-11-0) summarizes the fndings of several therapeutic candidates that target BMP, Smad, RhoA, ROCK, ACE, ERK/Akt, and NF-κB on calcifcation.

Future prospects

All together, calcifcation is a controllable, interventable and targetable degenerative process. Isolated interstitial cells are an ideal in vitro model to explore molecular mechanisms and validate the druggable targets associated with heart valve calcifcation.

Although we focus on human interstitial cells in this present review, porcine heart valve interstitial cells are becoming an alternative model. The growth of the heart in swine from birth to four months is parallel to that in humans from birth to mid-teens (Swindle et al. [2012\)](#page-16-27) and remodeling caused by atherosclerosis in minipigs closely resembles that in humans (De Smet et al. [1998](#page-13-30)). Swine can also develop spontaneous

valvular atherosclerotic lesions, a precursor to calcifcation (Guerraty and Mohler [2007;](#page-13-31) Simmons et al. [2005](#page-15-33)). Isolated porcine AVICs appear more homogenous than murine or leporine VICs and have a high recovery rate after being frozen, resulting in a more extensive use in in vitro studies (Johnson et al. [1987\)](#page-14-4).

Since mice are easy to handle, affordable to administrate, and available to genetic mutants, mice have been another popular models of heart valve calcifcation. Murine AVICs could be harvested from a variety of genetically altered models such as ApoE−/−, Notch1+/−, and LDLr−/− (Guerraty and Mohler [2007;](#page-13-31) Awan et al. [2011\)](#page-12-17). However, murine valvular structure is signifcantly different from that of human: human valve has a trilaminar structure, whereas murine valve is dilaminar, a fbrosa and a spongiosa (Treuting and Dintzis [2011](#page-16-28)).

In summary, isolated VICs are useful cellular models to explore the molecular mechanism and potential therapeutics to treat heart valve calcifcation. Although a lot of progress have been made, the most obviously challenges are the physiological difference between the cell culture system and in vivo heart valve calcifcation. Thus, the approaches recently developed using the synthetic biodegradable polymer to restructure the 3-D model culture in VICs should be a promising future direction. We anticipate that with the concerted efforts of scientists, clinicians, and available drugs an effective treatment of heart valve calcifcation will emerge soon.

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Compliance with ethical standards

Confict of interest The authors declare that they have no confict of interest.

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